

# Electroencephalography Biomarkers of $\alpha 5$ -GABA Positive Allosteric Modulators in Rodents

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## ABSTRACT

**BACKGROUND:** Reduced cortical inhibition mediated by GABA (gamma-aminobutyric acid) is reported in depression, anxiety disorders, and aging. A novel positive allosteric modulator that specifically targets the  $\alpha 5$ -GABA<sub>A</sub> receptor subunit ( $\alpha 5$ -PAM), ligand GL-II-73 shows anxiolytic, antidepressant, and procognitive effects without the common side effects associated with nonspecific modulation by benzodiazepines such as diazepam, thus suggesting novel therapeutic potential. However, it is unknown whether  $\alpha 5$ -PAM has detectable signatures in clinically relevant brain electroencephalography (EEG).

**METHODS:** We analyzed EEG in 10 freely moving rats at baseline and following injections of  $\alpha 5$ -PAM (GL-II-73) and diazepam.

**RESULTS:** We showed that  $\alpha 5$ -PAM specifically decreased theta peak power, whereas diazepam shifted peak power from high to low theta while increasing beta and gamma power. EEG decomposition showed that these effects were periodic and corresponded to changes in theta oscillation event duration.

**CONCLUSIONS:** Thus, our study shows that  $\alpha 5$ -PAM has robust and distinct EEG biomarkers in rodents, indicating that EEG could enable noninvasive monitoring of  $\alpha 5$ -PAM treatment efficacy.

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Cortical inhibition mediated by GABA (gamma-aminobutyric acid) is reduced in depression (1,2), anxiety disorders (3), aging (4), and neurodegenerative disorders (5). Accordingly, nonspecific GABA<sub>A</sub> receptor positive allosteric modulators (PAMs) in the benzodiazepine drug class, such as diazepam (DZP), have been used as common pharmacological treatments (6). However, nonspecific potentiation by DZP leads to side effects, such as amnesia and sedation, thereby limiting their therapeutic potential (7). In contrast, studies of chronically stressed rats, which exhibit many symptoms of depression, showed that a novel  $\alpha 5$ -GABA<sub>A</sub> receptor subunit PAM ( $\alpha 5$ -PAM), ligand GL-II-73, has anxiolytic, antidepressant, and procognitive effects without the common side effects associated with DZP, thus suggesting novel therapeutic potential for depression and aging (8–13). The anxiolytic potential of GL-II-73 and other  $\alpha 5$ -PAMs has also been shown in nonstress conditions (8) in nonstressed old mice (13) and nonstressed transgenic mice (11). However, quantitative in vivo measures of drug effects are needed for both development and clinical translation. Electroencephalography (EEG) offers a noninvasive and cost-effective method to monitor brain activity and treatment response, but it remains unknown whether  $\alpha 5$ -PAM effects exhibit distinct EEG biomarkers.

GABA<sub>A</sub> receptors are a key component by which GABA exerts its inhibitory effect, whereby subunit composition determines channel localization and properties (14–16). Whereas the  $\alpha 1$  subunit is widely distributed across neuron and

interneuron types and throughout the brain (17–19),  $\alpha 5$  subunits are primarily expressed in the apical dendrites of pyramidal neurons and mainly in the hippocampus (20,21) and neocortex (16).  $\alpha 5$ -GABA<sub>A</sub> receptors mediate lateral inhibition to pyramidal neurons by somatostatin (SST)-expressing interneurons that target the apical dendrites (18,22,23). Reduced  $\alpha 5$ -GABA<sub>A</sub> receptors may underlie deficits in GABAergic and SST signaling, which have been identified as contributors to preclinical models of depression and cognitive impairment (24,25) and supported by computational models (26,27).  $\alpha 5$  Subunit knockout mice exhibit altered phasic and tonic currents, as well as cognitive changes including altered memory, executive function, and fear conditioning (28–30). Relatedly, silencing SST interneuron inhibition leads to depression symptoms in preclinical rodent models (31), which are reversed by  $\alpha 5$ -GABA<sub>A</sub> receptor PAMs (8,31).

$\alpha 5$ -PAMs may have clear and distinct signatures in EEG due to their strong inhibitory modulation of the apical dendrites of L2/3 and L5 pyramidal neurons, which are the main contributors of the EEG dipole, thus offering a powerful tool for noninvasive treatment monitoring (32). Previous studies with rodents have extensively characterized the effects of benzodiazepines, which predominantly reduced cortical theta (4–8 Hz) and increased beta (12–30 Hz) oscillation frequency in a behavior-dependent manner without affecting total cortical or hippocampal theta power (33). Previous rat task studies have shown that EEG beta and gamma (30–50 Hz) power are

uniquely elevated by GABA<sub>A</sub> receptor  $\alpha$ 2/3-potentiating drugs, such as benzodiazepines (33). It remains to be determined whether  $\alpha$ 5-PAM displays EEG signatures that are distinct from those of DZP, such as involving power in theta band. Studies have shown that hippocampal SST interneuron stimulation slows theta oscillations in rodents (34), and reduced SST inhibition decreases theta power in computational studies of detailed human cortical microcircuits (27). Furthermore,  $\alpha$ 5 subunit knockout mice show reduced hippocampal-dependent fear-associated learning specifically during theta stimulation, which are oscillations that are modulated by SST interneurons (35–38).

In this study, we measured EEG in freely moving rats that were administered  $\alpha$ 5-PAM ligand GL-II-73, henceforth referred to as  $\alpha$ 5-PAM, which had previously been shown to have antidepressant, procognitive, and anxiolytic effects in chronically stressed mice (8). We compared the EEG effect with both vehicle and DZP and analyzed features of the EEG as putative biomarkers of  $\alpha$ 5-PAM compared with DZP. Then we decomposed the power spectral density (PSD) into aperiodic and periodic components to further differentiate EEG features following  $\alpha$ 5-PAM and DZP application. Finally, we compared the EEG features across different doses of each drug compared with doses that had previously been identified as optimal in preclinical mouse experiments (8).

## METHODS AND MATERIALS

### Animals

Sprague Dawley rats were provided by Charles River Laboratories ( $N = 10$ , age  $7.3 \pm 0.6$  weeks, all male). The animal experiments, including EEG recordings, were performed at Charles River Laboratories. Eight rats were used at any given session of the study because 2 rats were substituted with rats of similar age due to tail lesions that were found during weeks 4 and 6 of the study. Rats were group housed in polycarbonate cages (2–3 per cage) and acclimated for at least 4 days in a 12-hour light/dark cycle with consistent room temperature ( $22 \pm 2$  °C), 50% humidity, food and water ad libitum, as well as a nylon bone (Bio-Serv, K3580) and tunnel retreat (Bio-Serv, K3245) for enrichment. Surgery was performed to implant electrodes for EEG recording (see below). All baseline and postinjection EEG recordings that were analyzed were taken during the light phase. Rat age was  $10.1 \pm 0.2$  weeks when EEG recordings started. All experiments were conducted in accordance with protocols approved by the Institutional Animal Care and Use Committee of Charles River Laboratories SSF.

### Surgery

EEG/electromyography (EMG) subcutaneous transmitters (model number: HD-S02) were obtained from Data Sciences International. Rats were anesthetized with isoflurane (2%, 800 mL/min O<sub>2</sub>). Local anesthesia was provided with bupivacaine, and postoperative analgesia was provided with carprofen. The EEG transmitter was inserted into a pocket made close to the dorsal flank. Positive and negative leads were tunneled subcutaneously toward the head. The positive lead was placed 2 mm anterior from the bregma and 2 mm lateral from the

midline (left frontal cortex). The negative lead was placed 2 mm anterior to the lambda and 2 mm lateral from the midline (right parietal cortex). To record EMG activity, the positive lead and negative leads were sutured on the left and right musculus cervicoauricularis. Following surgery, rats were individually housed in cages. They were provided food and water ad libitum, as well as a nylon bone (Bio-Serv, K3580) and paper towel for enrichment. Rats received a 5-day course of antibiotics immediately following surgery. Pain was managed for 3 days. EEG recording began after a minimum of 10 days of recovery following surgery.

### Injected Ligands

Rats were tested with 1 of 6 injected ligands from 3 groups: control vehicle;  $\alpha$ 5-PAM (GL-II-73) of either 1, 3, or 10 mg/kg dose; and DZP of either 0.5 or 1 mg/kg dose (supplied by Sigma, Lot #105F0451, purity >99%). All ligands were held at room temperature. Ligands were formulated on days of use in a vehicle solution of 85% distilled H<sub>2</sub>O, 14% propylene glycol, and 1% Tween-80 for vehicle and  $\alpha$ 5-PAM or 50% distilled H<sub>2</sub>O, 40% propylene glycol, and 10% alcohol for DZP. The route of administration for all ligands was through intravenous tail vein.

### Experimental Design

Rats were injected with 1 of 6 test ligands in a standard Latin-square design. Rats were placed on RPC-1 receivers the night prior to recording for acclimation. Rats were recorded weekly (at least 5 days between each session). Baseline recording began at approximately 9 AM. After approximately 1 hour, rats were injected with a test ligand. Recording continued for an additional 24 hours following injection. All rats were euthanized via CO<sub>2</sub> asphyxiation following experiment completion (week 6). Video was recorded during the entirety of baseline and treatment.

### EEG Preprocessing

EEG and EMG data were downsampled to 140 Hz and visually inspected for artifacts. Active periods for each rat were identified after at least 3 seconds of continuous high-amplitude EMG data, excluding a 2-second buffer between active and other states (such as sleep). The continuous segments were treated as epoched data for PSD computation to ensure that there were no concatenation artifacts. Sixty minutes of baseline EEG and 50 to 70 minutes of postinjection data were included in the analysis because the rodent incidence of sleep increased 80 minutes post-DZP injection. There was no significant difference between conditions in the length of EEG data of active periods 50 to 70 minutes postinjection. In 6 of the 48 sessions, where no high-quality active-state EEG was found during this window, the window of inclusion was expanded to 30 to 70 minutes. The overall postprocessed EEG length used in the analysis was 15.2 minutes (95% CI, 1.8–43.2) for baseline and 4.6 minutes (95% CI, 0.1–14.0) for the postinjection EEG window. There was no significant difference in postinjection EEG length between conditions ( $p > .23$  for all). In 4 of 48 sessions, the EEG length was <1 minute, but it was sufficient to calculate the features of interest, and it did not deviate from the group statistics.

## EEG Analyses

EEG PSD was calculated using Welch's method, with a 3-second Hanning window, median average, and 30% window overlap. We decomposed EEG PSDs into periodic and aperiodic components using FOOOF (39). The aperiodic component of the PSD was a  $1/f$  function defined by a vertical offset and exponent parameter. After removing the aperiodic component from the PSDs, we derived the periodic components (representing putative oscillations) from the flattened spectrum using gaussians, which were defined by center frequency (mean), bandwidth (variance), and power (height). Power spectra were fit across the frequency range 1 to 70 Hz with a resolution of 0.33 Hz. Fitting algorithm settings were as follows: width limits = (1.5, 8); maximum number of peaks = 5; minimum peak height = 0.3; peak threshold = 3; and aperiodic mode = "fixed," where the aperiodic component was fit as a straight line to the PSD. Model fits were evaluated using FOOOF's built-in least squares evaluation method. Bootstrapped mean model fit error for all conditions were  $<0.2$  for  $<30$  Hz frequencies and did not differ significantly between models that were fit with or without a knee. Canonical EEG bands were identified as delta (1–4 Hz), theta (4–8 Hz), alpha (8–12 Hz), beta (12–30 Hz), and gamma (30–50 Hz). Groupwise differences across PSD curves were included in the analysis if a significant change in power was detected over a continuous span of 0.66 Hz.

## EEG Theta Event Analysis

We analyzed characteristics of events of large amplitude in low theta (4–6 Hz) and high theta (6–8 Hz) to identify which aspect of EEG waveforms contributed to overall power changes in periodic theta. For each rodent, the threshold for a large-amplitude event was calculated by averaging the instantaneous envelope power (Hilbert transform) of baseline recordings. We calculated maximum envelope power and duration at sections for large-amplitude events. Event frequency was calculated as number of events per second. The same methodology was applied to 50- to 70-minute postinjection EEG, using the threshold established in the baseline EEG.

## EEG Cycle-by-Cycle Analysis

We analyzed neural oscillations on a cycle-by-cycle basis using the python package *bicycle* (40). Using *bicycle*'s standard analysis workflow, EEG time series were first low bandpass filtered at 30 Hz to limit high-frequency noise. Next, data were bandpass filtered for theta (3–9 Hz) to estimate zero-crossings as well as peaks and troughs corresponding to theta oscillations. Finally, midpoints between peaks and zero crossings were identified. Burst detection threshold parameters were as follows: amp\_fraction (minimum relative amplitude) = 0.1, amp\_consistency (relative difference between cycle rise and decay amplitude) = 0.5, period\_consistency (relative distance between adjacent periods) = 0.5, monotonicity (consistency of rise and decay phases) = 0.6, and min\_n\_cycles (minimum number of consecutive cycles) = 3.

## Inclusion/Exclusion Criteria

Two of the 48 recording sessions were removed from analysis because the EEG exhibited outlier behavior using the standard

$Q3 + 1.5 \times$  interquartile range method referencing peak theta power.

## Statistical Tests

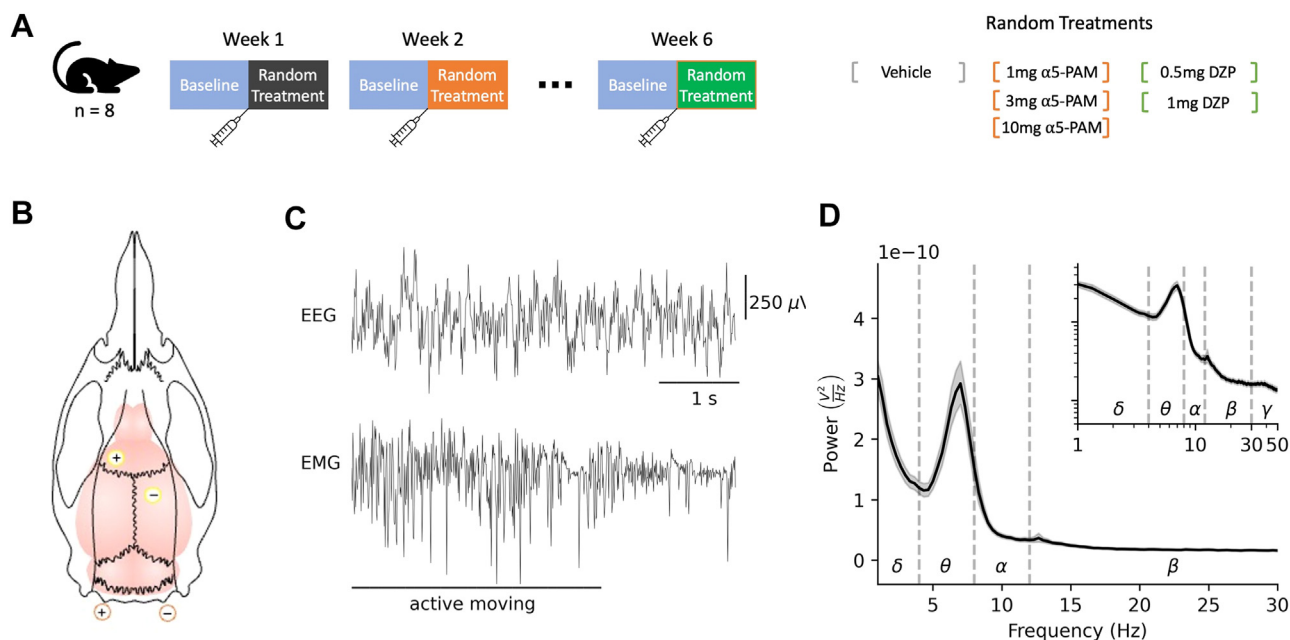
To provide a more robust estimate of group differences despite the small sample size, a significant difference between 2 groups was determined by a 2-tailed test of their bootstrapped difference being different than 0 (10,000 bootstrap iterations). Between-group comparisons were achieved using the same method, and the Bonferroni method was used to correct for multiple comparisons.

## RESULTS

Male Sprague Dawley rats ( $n = 8$ ) were injected with either vehicle,  $\alpha$ 5-PAM GL-II-73, or DZP in a random Latin-square design, with at least 1 week between injections (Figure 1A). EEG and EMG were recorded at baseline and following intravenous injection using surgically implanted single-channel subcutaneous EEG and EMG sensors (Figure 1B, C). We analyzed active-state EEG by calculating the PSD. All baseline EEGs displayed a prominent theta peak (at  $7.1 \pm 0.4$  Hz) and  $1/f$  slope characteristic of wakefulness (41) (Figure 1D), with no presentation of characteristic of non-rapid eye movement or rapid eye movement sleep such as elevated delta or solely high theta (42).

We compared baseline and postinjection EEG for rats injected with vehicle, 3 mg/kg  $\alpha$ 5-PAM, and 1 mg/kg DZP. Whereas EEG did not change significantly postinjection of vehicle ( $p > .05$ ) (Figure 2A), injection of  $\alpha$ 5-PAM decreased theta power around 7 Hz in the raw averaged PSD ( $-57\%$ ,  $p < .05$ ,  $d = -3.7$ ) (Figure 2B) and did not affect power in other averaged frequency bands (all  $ps > .05$ ). In contrast, DZP injection shifted the theta peak from high theta to low theta (increasing power in 4.3–5.0 Hz and decreasing power in 6.0–9.3 Hz). DZP also increased beta power in 14 to 30 Hz ( $+121\%$ ,  $p = .002$ ,  $d = 1.7$ ) and increased gamma power in 30 to 44 Hz ( $+86\%$ ,  $p = .002$ ,  $d = 1.7$ ) (Figure 2C). The window of 50 to 70 minutes postinjection was chosen for analysis because it exhibited the largest and most consistent change in EEG spectrogram compared with baseline in all injections (Figure 2G–I).

To better differentiate EEG changes due to  $\alpha$ 5-PAM versus DZP, we decomposed the PSD into aperiodic and periodic components and compared changes in periodic theta features (peak power, bandwidth, center frequency).  $\alpha$ 5-PAM injection decreased periodic theta power ( $-24\%$ ,  $p = .026$ ,  $d = -1.1$ ) (Figure 2E) and slightly decreased the center frequency ( $-9\%$ ,  $p = .002$ ,  $d = -1.8$ ). In contrast, DZP did not significantly change periodic theta power ( $-6\%$ ,  $p > .05$ ) (Figure 2F), but rather decreased bandwidth ( $-29\%$ ,  $p < .001$ ,  $d = -2.9$ ) and decreased center frequency ( $-18\%$ ,  $p = .001$ ,  $d = -2.0$ ), both to a larger extent than  $\alpha$ 5-PAM (bandwidth:  $-33\%$ ,  $p = .003$ ,  $d = 2.4$ ; center frequency:  $+14\%$ ,  $p = .015$ ,  $d = -1.4$ ). There were no significant changes in aperiodic component parameters, offset, or exponent for any conditions (all  $ps > .05$ ) except for DZP, where injection reduced the aperiodic exponent ( $-15\%$ ,  $p = .026$ ,  $d = 1.2$ ). Vehicle injection did not affect periodic theta power, bandwidth, or center frequency (all  $ps > .05$ ) (Figure 2D).



**Figure 1.** Testing  $\alpha 5$ -PAM and EEG recording in freely moving rats. **(A)** Experimental protocol, where EEG and EMG were recorded for 60 minutes at baseline (pre-injection) and 60 minutes following injection of a random intravenous treatment, either vehicle, 1 mg/kg  $\alpha 5$ -PAM, 3 mg/kg  $\alpha 5$ -PAM, 10 mg/kg  $\alpha 5$ -PAM, 0.5 mg/kg DZP, or 1 mg/kg DZP. Rats were freely moving during the session. A week interval separated each injection session so that at the end of 6 weeks, all types of injections had been administered. **(B)** Schematic showing subdural EEG electrode lead placement (yellow) and EMG electrode lead placement (orange). **(C)** Example of simultaneously recorded EEG and EMG while the rats were in active state. **(D)** Power spectral density plot of active-state EEG for baseline condition ( $n = 8$  rats, bootstrapped mean and 95% CIs). Inset: same power spectral density plot shown on log-log scale.  $\alpha 5$ -PAM,  $\alpha 5$ -GABA<sub>A</sub> receptor subunit positive allosteric modulator; DZP, diazepam; EEG, electroencephalography; EMG, electromyography.

To characterize the dose-response effect of  $\alpha 5$ -PAM and DZP on EEG, we analyzed additional doses of each drug (1 and 10 mg/kg  $\alpha 5$ -PAM, as well as 0.5 mg/kg DZP). The low and high doses of  $\alpha 5$ -PAM did not significantly affect the PSD, in contrast to the 3 mg/kg  $\alpha 5$ -PAM dose (all  $ps > .05$ ) (Figure 3A, B, E, G), except that the 1 mg/kg dose of  $\alpha 5$ -PAM tended to increase bandwidth similarly to the 3 mg/kg dose (+13%,  $p = .05$ ,  $d = 1$ ) (Figure 3C). The lower dose of DZP showed a similar trend to 1 mg/kg DZP, although to a smaller extent, by decreasing theta bandwidth (−22%,  $p = .043$ ,  $d = 1$ ), a negligible decrease in center frequency (−7%,  $p = .1$ ,  $d = 0.9$ ), and no change in peak power ( $p > .05$ ).

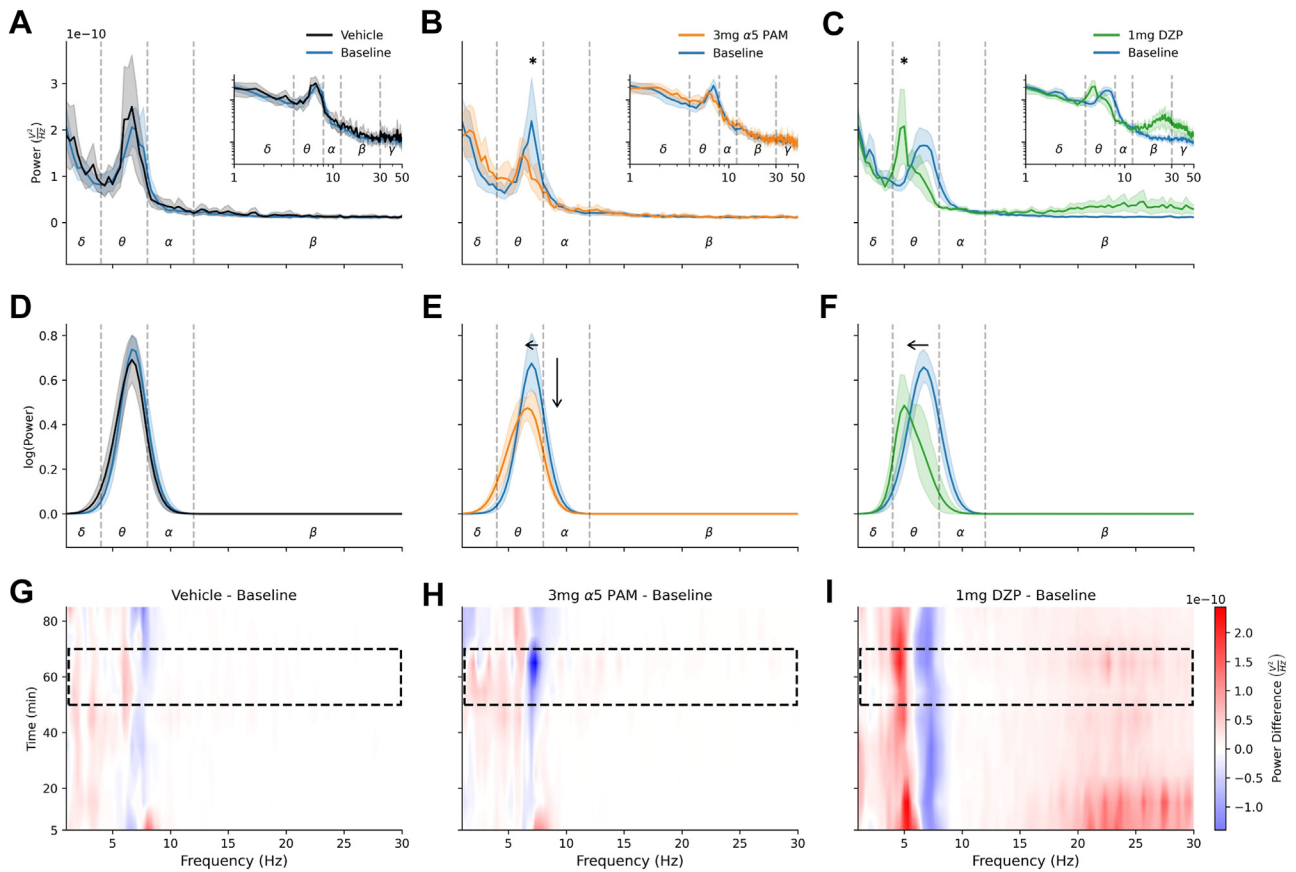
To determine the aspects of the EEG signal underlying the theta power modulation by the compounds, we detected low theta (4–6 Hz) and high theta (6–8 Hz) oscillatory events and compared their amplitude, frequency (events per second), and duration in rats at baseline and postinjection.  $\alpha 5$ -PAM decreased high-theta event duration compared with baseline (−12%,  $p = .01$ ,  $d = -1.4$ ) (Figure 4C) and increased event frequency (9%,  $p = .15$ ,  $d = 1.3$ ). DZP similarly decreased high theta event duration (−14%,  $p < .001$ ,  $d = 1.8$ ), but increased low theta event duration to a larger extent (28%,  $p < .001$ ,  $d = 2.6$ ). DZP also decreased low theta event frequency (−19%,  $p = .001$ ,  $d = -3.7$ ) (Figure 4D) and high theta event amplitude (−16%,  $p = .006$ ,  $d = 1.4$ ). Vehicle did not affect any of the EEG waveform components. Finally, we performed a complementary oscillatory cycle-by-cycle analysis of theta to limit a priori assumptions of bandwidth and possible narrowband filtering.

$\alpha 5$ -PAM reduced theta burstiness (−22%,  $p < .001$ ,  $d = -2.3$ ) (Figure 4G), whereas DZP increased theta oscillation amplitude (29%,  $p = .013$ ,  $d = 1.7$ ) (Figure 4E). DZP injection increased theta period (14%,  $p < .001$ ,  $d = 2.4$ ) (Figure 4F), which only slightly increased following  $\alpha 5$ -PAM injection (7%,  $p < .001$ ,  $d = -2.2$ ). Vehicle did not affect theta oscillations except for a slight increase in period (5%,  $p = .001$ ,  $d = 1.8$ ).

## DISCUSSION

In this work, we identified in freely moving rats the EEG signatures of  $\alpha 5$ -PAM using GL-II-73, a ligand that has been shown to have therapeutic effects in chronically stressed mice in terms of mood and cognitive symptoms. We showed that  $\alpha 5$ -PAM had a distinct effect of decreasing peak theta power, whereas nonspecific modulation by DZP shifted peak power from high theta to low theta. EEG decomposition and event analysis showed that these effects were seen more strongly in the periodic component of the decomposed PSD, modulated by theta event amplitude and duration in DZP as opposed to specifically reduced high theta event duration in the  $\alpha 5$ -PAM. We characterized the dose-response effect of  $\alpha 5$ -PAM on EEG and found that the dose of 3 mg/kg had the largest specific effect on peak EEG power in the theta frequency band. Thus, our study demonstrates that subunit-specific potentiation of the  $\alpha 5$ -GABA<sub>A</sub> receptor has distinct signatures in rodent EEG, suggesting candidate biomarkers for efficacy and monitoring of  $\alpha 5$ -PAM treatment for depression in human subjects.

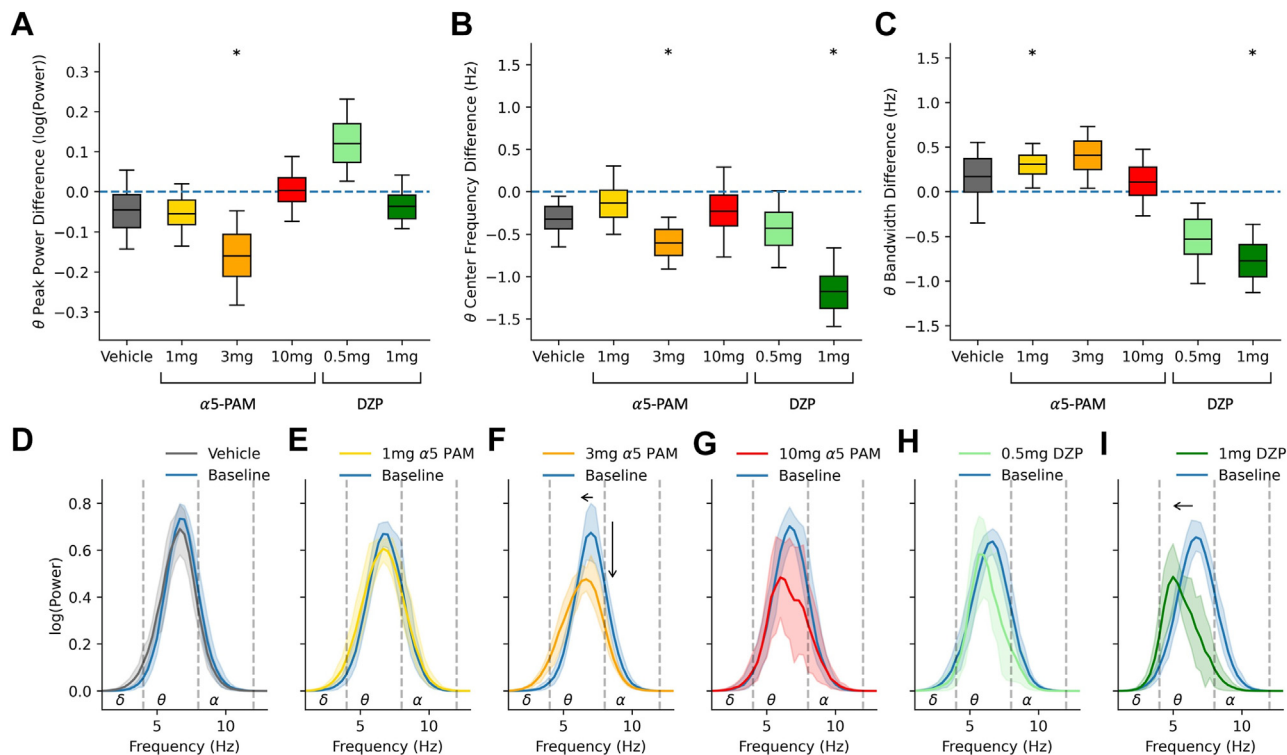
EEG Biomarkers of  $\alpha 5$ -PAM



**Figure 2.** EEG signatures of  $\alpha 5$ -PAM in absolute and periodic component of PSD are specific from DZP. **(A)** PSD for active-state EEG recordings pre-injection (baseline, blue) and 50 to 70 minutes postinjection of vehicle [black, **(A)**], showing bootstrapped mean and 95% CIs. Inset: same PSD data shown on log-log scale. **(B)** PSD in the case of 3 mg/kg  $\alpha 5$ -PAM injection (orange) reduced peak theta power compared with baseline (blue). **(C)** PSD in the case of 1 mg/kg DZP injection (green) did not reduce the peak theta power but primarily left-shifted the peak and increased beta peak power. **(D)** Fitted periodic component for vehicle injection (black) and baseline (blue). **(E)** Fitted periodic component for 3 mg/kg  $\alpha 5$ -PAM injection (orange) and baseline (blue). **(F)** Fitted periodic component for 1 mg/kg DZP injection (green) compared with baseline (blue). **(G–I)** Spectrogram of difference from baseline in active-state EEG recordings 5 to 85 minutes postinjection of vehicle **(G)**, 3 mg/kg  $\alpha 5$ -PAM **(H)**, or 1 mg/kg DZP **(I)**. Dotted rectangle shows the window of 50 to 70 minutes used in postinjection PSD analysis for panels **(A–F)**.  $\alpha 5$ -PAM,  $\alpha 5$ -GABA<sub>A</sub> receptor subunit positive allosteric modulator; DZP, diazepam; EEG, electroencephalography; PSD, power spectral density.

The  $\alpha 5$ -PAM ligand GL-II-73, which was previously shown to have anxiolytic, antidepressant, and procognitive effects (8), primarily decreased EEG theta power in this study. This is consistent with the increased resting-state theta power that is often seen in patients with depression and that is correlated with depression severity (43,44). Increased theta power is also correlated with first-line treatment resistance and with second-line treatment response (43,45–50), especially with second-line treatments that target frontal cortical inhibition and decrease theta power following treatment (49,51–54). Increased theta power has also been associated with cognitive impairment (55), and increased theta coherence is associated with anxiety (56). The decreased theta effect by the  $\alpha 5$ -PAM ligand reported in this study suggests that the inhibitory mechanisms that it targets may underlie the EEG effects described above. This is supported by previous studies that have indicated that reduced SST interneuron inhibition [which targets  $\alpha 5$ -GABA<sub>A</sub> receptor (31)] in frontal regions is central to depression etiology

(57–59) and studies that have shown that SST interneurons provide rhythmic theta inhibition (60). The link between reduced SST interneuron inhibition and theta power is further supported by detailed simulations of depression microcircuits showing that reduced SST interneuron inhibition primarily modulated theta power (27); by in vivo studies in the cortex and the hippocampus showing that theta oscillations are directly modulated by optogenetic stimulation of SST interneurons (34); and by optogenetic studies showing that inhibition of prefrontal SST interneurons affected local oscillations and long-range theta-mediated prefrontal-hippocampal synchrony (61). GL-II-73 reduced theta oscillations well within the canonical rodent theta frequency range (3–10 Hz) rather than higher frequencies (62,63). While SST inhibition may underlie theta changes in humans (27) and theta oscillations in rodents (64,65), future work should differentiate SST's role in modulating dominant alpha in humans versus dominant theta in rodents (62,63). Together, these previous studies and our current results



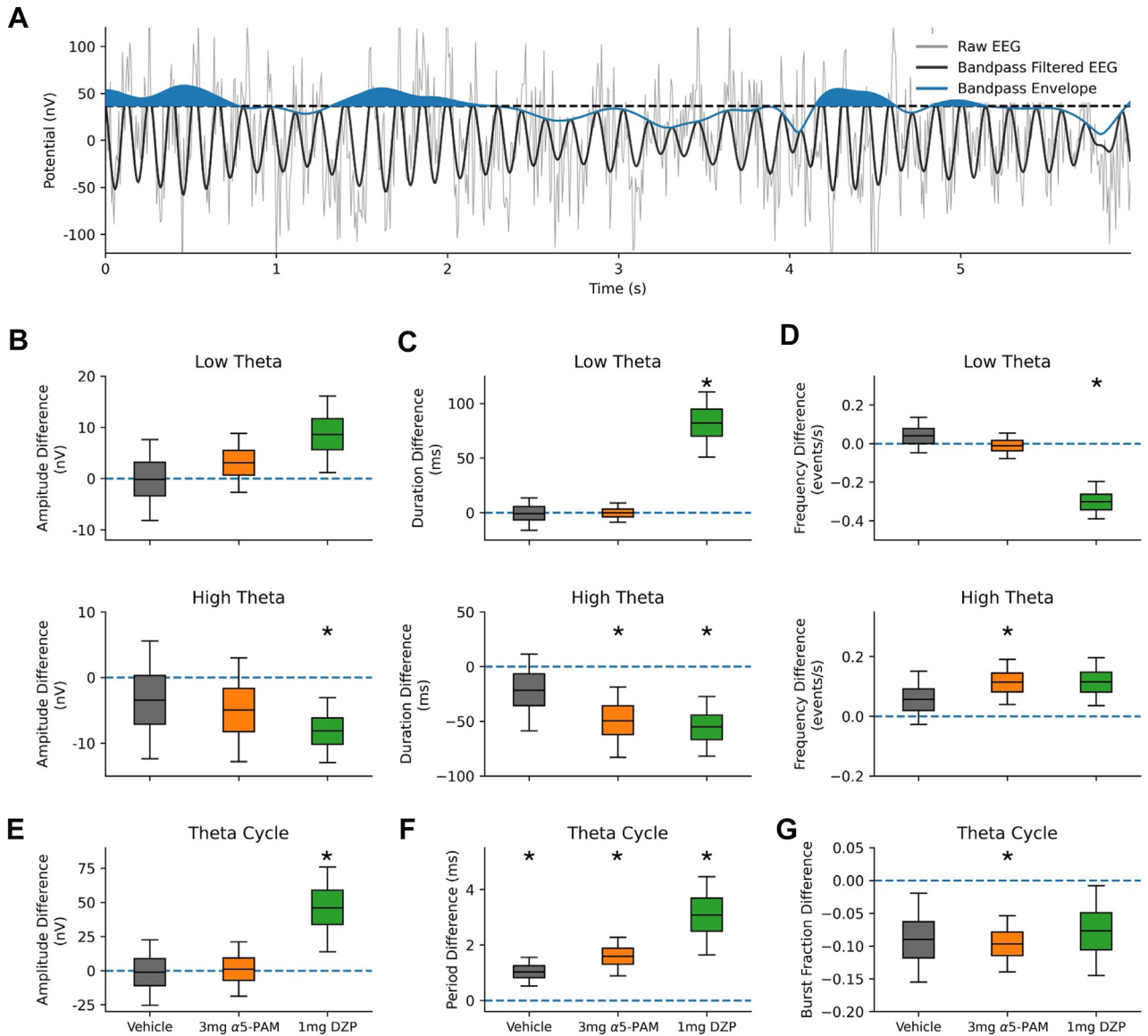
**Figure 3.** Electroencephalography signatures of different  $\alpha 5$ -PAM and DZP doses. **(A)** Periodic theta peak power (bootstrapped mean difference from baseline and 95% CI) for the different conditions. Asterisk shows significant difference between baseline and injection. **(B)** Same as panel **(A)** but for periodic theta center frequency. **(C)** Same as panel **(A)** but for periodic theta peak bandwidth. **(D–I)** Fitted periodic component of power spectral density preinjection for baseline (blue) and 50 to 70 minutes postinjection of **(D)** vehicle, **(E)** 1 mg/kg  $\alpha 5$ -PAM, **(F)** 3 mg/kg  $\alpha 5$ -PAM, **(G)** 10 mg/kg  $\alpha 5$ -PAM, **(H)** 0.5 mg/kg DZP, and **(I)** 1 mg/kg DZP. Showing bootstrapped mean and 95% CIs. The vertical arrow shows significant difference in theta power peak, and horizontal arrows show significant difference in theta power center frequency.  $\alpha 5$ -PAM,  $\alpha 5$ -GABA<sub>A</sub> receptor subunit positive allosteric modulator; DZP, diazepam.

indicate that the theta modulation that is relevant to depression and treatment is likely mediated through  $\alpha 5$ -GABA<sub>A</sub> receptor innervation by SST interneurons.

Although our study is the first to identify EEG biomarkers of  $\alpha 5$ -positive modulation, previous studies have identified EEG biomarkers of other GABA<sub>A</sub> receptors. For example, GABA  $\alpha 2/3$  subunit potentiation has been shown to increase beta and gamma power, consistent with benzodiazepine changes seen in previous studies (66) and consistent with the DZP effects that we observed. Relatedly, zolpidem, which is a potentiator of  $\alpha 1$ , was shown to modulate cortical and hippocampal delta power (33). Specific  $\alpha 1$  potentiation also increased delta and beta power in active rodents (67). Together, our findings further support that specific GABA<sub>A</sub> receptor subunit potentiation has signatures that are detectable in EEG. The robust EEG signatures of  $\alpha 5$ -GABA<sub>A</sub> receptor potentiation at the 3 mg/kg dose are likely due to  $\alpha 5$  subunit mediating inhibition onto layer 2/3 and 5/6 pyramidal neurons, which are the primary contributors to EEG, and more specifically due to the location of  $\alpha 5$ -GABA<sub>A</sub> receptors on the apical dendrites, which strongly affect the EEG dipole (25,36). This is also supported by the U-shaped dose-response of the  $\alpha 5$ -PAM whereby the 1 mg/kg dose may not activate  $\alpha 5$ -GABA<sub>A</sub> receptors strongly enough, whereas the 10 mg/kg dose may lead to spillover potentiation of GABA  $\alpha 2/3$  subunits (8), as indicated by an increase in beta power

characteristic of benzodiazepine and GABA  $\alpha 2/3$  subunit potentiation (66) that may also counter the reduced theta effect of the moderate  $\alpha 5$ -PAM dose.

We identified global changes in theta power as a biomarker of  $\alpha 5$ -PAM GL-II-73, which constitute promising preclinical EEG correlates for treatment monitoring. Because a bipolar montage was used, where the positive electrode was placed on top of the left frontal cortex and the negative reference electrode on top of the right parietal cortex, our results reflect changes in relative activity and thus potential between these 2 regions (68). Thus, the changes may reflect local increased frontal theta activity as seen in depression (46); altered communication between frontal and hippocampal regions, which is key for working memory (64,65); or a combination of the two. These possibilities are consistent with  $\alpha 5$  subunits being abundantly expressed in rodent frontal and hippocampal regions, where they mediate SST interneuron inhibition (15). Future studies should include higher-density EEG recordings to identify location-specific changes and thus enhance the translation to human EEG. Relatedly, work to identify changes in theta power in other brain states will provide additional important biomarkers of  $\alpha 5$  potentiation because SST interneuron inhibition has been shown to play a role at rest (69), during task (70), and during slow-wave sleep (71). Previous in vivo (34,38) and in silico (27) work showing that SST



**Figure 4.** Signatures of  $\alpha 5$ -PAM and DZP in EEG waveform events. **(A)** Example trace of raw EEG waveform (gray), its high theta bandpass transformation (black), and instantaneous envelope (blue). The shaded blue area represents periods of theta events (elevated high-theta amplitude). The horizontal dotted line is the threshold for a large-amplitude event. **(B)** Event amplitude in different conditions for low-theta (top) and high-theta (bottom) bandpass-filtered EEG. **(C)** Same as panel **(B)** but for event duration. **(D)** Same as panel **(B)** but for event frequency. **(E–G)** Cycle-by-cycle difference in theta (3–9 Hz) amplitude **(E)**, period **(F)**, or burst fraction **(G)**. Error bars show the bootstrapped mean difference from baseline and 95% CI.  $\alpha 5$ -PAM,  $\alpha 5$ -GABA<sub>A</sub> receptor subunit positive allosteric modulator; DZP, diazepam; EEG, electroencephalography.

interneurons modulate theta power during both task and at rest support the possibility of  $\alpha 5$ -PAM EEG signatures for additional states. Future investigations may benefit from larger sample size to improve the characterization of  $\alpha 5$ -PAM effects, e.g., to investigate whether a slight increase in alpha power that was seen in a single rat in our study indicates a possible alpha power increase or sharper theta oscillation. Relatedly, a larger sample size will allow for further state-specific signatures of  $\alpha 5$ -PAM in EEG. Future studies should also include exposure data to better characterize GL-II-73 and EEG changes, such as associated brain and plasma levels and receptor occupancy. Finally, future work should characterize the

EEG signatures of  $\alpha 5$ -PAM in stressed rats to relate the antidepressant effects of  $\alpha 5$ -PAM to EEG biomarkers.

**Conclusions**

To our knowledge, this is the first study to identify EEG signatures of  $\alpha 5$ -PAM ligand GL-II-73, which has previously been shown to have antidepressant, procognitive, and anxiolytic effects in preclinical tests in chronically stressed rodents (8). The EEG signatures can serve as biomarkers for noninvasive monitoring of  $\alpha 5$ -PAM treatment in preclinical testing to facilitate translation of the pharmacology to human trials. The similarity to EEG changes in depression indicate that the EEG

biomarkers that we characterized will be also relevant to monitoring pharmacology efficacy in humans.

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FM was responsible for analysis of the data. FM, AG-M, TDP, TV, ES, and EH were responsible for interpretation of the data. FM and EH were responsible for manuscript drafting. FM, EH, TDP, and ES were responsible for manuscript revisions critically for important intellectual content. FM, EH, TDP, and ES were responsible for manuscript final approval. FM and EH were responsible for work accountability.

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ES and TDP are listed inventors on patents covering syntheses and use of  $\alpha$ 5-PAM compounds (Title: Treatment of Cognitive and mood systems in Neurodegenerative and Neuropsychiatric disorders with alpha 5—containing GABA<sub>A</sub> selective agonist, U.S., Canada, EU, JP, Australia, 62/310,409; Title: Compositions And Methods Relating To Use Of Agonists Of Alpha5- Containing GABA<sub>A</sub> Receptors, U.S., Canada, EU, JP, Australia, 62/805,009; Title: Imidazobenzodiazepines for treatment of cognitive and mood symptoms, U.S., Canada, EU, JP, Australia, PCT/US2022/042832). EH, ES, and TDP are listed inventors, and AG-M, FM, and TV are listed as collaborators on a patent covering in silico EEG biomarkers for monitoring  $\alpha$ 5-PAM treatment efficacy (Title: EEG biomarkers for Alpha5-PAM therapy, United States, 63/382,577). ES is the Founder and Board Member and TDP is the Director of Operations of Damona Pharmaceuticals, a biopharma dedicated to bringing  $\alpha$ 5-PAM compounds to the clinic.

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