

RESEARCH ARTICLE



Clinical characteristics in immune thrombocytopenia patients after COVID-19 vaccination

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ABSTRACT

It is well documented that COVID-19 vaccines greatly reduce the severity and complications of SARS-CoV-2 infection. However, it has been reported that COVID-19 related vaccines may induce or exacerbate auto-immune hematological disorders, for example, a decrease in platelet numbers characteristic of immune thrombocytopenia (ITP). To investigate this, we retrospectively reported, for the first time, the clinical characteristics of 42 ITP patients after COVID-19 vaccination in southwest China. Of the 42 patients, 28 patients were historically diagnosed ITP, and their platelet counts (PC) decrease mainly occurred after the first-dose vaccinations. The average PC after vaccination was $39.5 \times 10^9/L$ and recovered to an average of $80.6 \times 10^9/L$ after treatment. Efficacy of treatment was 90%, and only 10% maintained low PC at the third month of treatment. More interestingly, of the 42 patients, 14 were newly diagnosed ITP following vaccination. Of these 14 patients, 6 patients (43%) were found PC deterioration after the first vaccine dose, and 7 patients (50%) after the second dose. Fortunately, the peripheral PC of all 14 patients recovered significantly after treatment, and the average PC was $139.4 \times 10^9/L$, including 8 CRs (complete response) and 6 PRs (partial response). Notably, 9 of the 14 cases were found to have abnormal immune indices when thrombocytopenia diagnosed. No severe organ hemorrhage was found in either subgroup. These results are reassuring the vaccine safety for ITP patients, in that the risks of aggravating thrombocytopenia by COVID-19 vaccination do exist, but it was transient and can be effectively controlled through intensive clinical monitoring and management.

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Introduction

The COVID-19 epidemic has swept the world now for over two years. With the development and clinical application of COVID-19 related vaccines, healthy populations have less chance of being affected by this disease and, if affected, have much less severity of clinical manifestations.¹ More than 100 kinds of vaccines have been developed against SARS-CoV-2 according to the World Health Organization (WHO).² In China, there are predominantly three kinds of vaccines being used, including adenovirus vaccine (one dose to complete a full vaccination), inactivated virus vaccine (two dose) and recombinant protein vaccine (three dose), with the latter two types of vaccines representing the most widely used in Chongqing, the largest city in southwest China. Inactivated-virus vaccines consist of the whole components of a virus but it lacks the ability to infect cells and to replicate itself, while the protein-based vaccine is made of a fragments of virus proteins or polysaccharides from recombinant protein, virus-infected cells, or virus-like particles.³ Although full vaccination with any of these types of vaccines can effectively reduce complications from infection with SARS-CoV-2 substantially, such as pneumonia, hospitalization, and death, these vaccines

may be associated with certain types of adverse events (AEs) depending on different designs of the vaccines.

The most common AEs are mild and include injection site reactions, fever, chills, fatigue, headache, and muscle and joint aches.^{4,5} However, there are also reports of some rare complications, such as interstitial pneumonia⁶ and immune thrombotic thrombocytopenia.⁷ It has been reported that the SARS-CoV-2 virus can cause thrombocytopenia,⁸ however, it is unclear if COVID-19 related vaccines may also cause or exacerbate thrombocytopenia, in healthy people and in ITP patients, respectively. Here, we report the characteristics of both ITP patients and healthy individuals diagnosed with thrombocytopenia at our hospital in Chongqing City, China, after COVID-19 vaccination.

Data and methods

Patient data

Data was collected and analyzed from admitted thrombocytopenia patients after vaccinated with a COVID-19 related vaccine, who visited our outpatient department before 31 October 2021. This study was approved by the ethics committees of Xinqiao Hospital.

Diagnostic criteria

ITP is diagnosed according to the following criteria: (1) platelet counts (PC) $< 100 \times 10^9/L$ by routine blood test at least twice, without abnormal morphology of blood cells; (2) With or without clinical manifestations such as skin hemorrhage and ecchymosis, and (or) mucosal hemorrhage and visceral hemorrhage; (3) usually no spleen enlargement; (4) Exclusion of other secondary thrombocytopenia, such as hypoplastic leukemia, aplastic anemia with thrombocytopenia as the primary hematologic abnormality, hereditary thrombocytopenia, secondary to other immune diseases or infection.^{9,10}

Classification criteria

Newly diagnosed ITP refers to patients within 3 months of diagnosis. Persistent ITP describes patients with ITP lasting between 3 and 12 months from diagnosis. This category includes patients not achieving spontaneous remission or those unable to maintain the therapeutic effect after stopping treatment for 3 to 12 months from diagnosis. Chronic ITP describes patients with ITP lasting for more than 12 months.⁹

Bleeding severity scoring

Bleeding scoring is carried out in accordance with the Chinese ITP diagnosis and treatment guidelines.^{9,10}

Treatment methods and efficacy evaluation

When patients included in this analysis met the criteria to receive treatment, their treatment was conducted based on the relevant ITP guidelines of China⁹ and the experience of our center,^{11–13} including traditional Chinese medicine (TCM), corticosteroids (dexamethasone and prednisone), TPO receptor agonists (TPO-RAs), cyclosporine, rapamycin (sirolimus), IVIg, etc.

Efficacy evaluation

Complete response (CR) indicates platelet count higher than $100 \times 10^9/L$ and absence of bleeding was achieved following treatment. Partial response (PR) indicates PC between $30 \times 10^9/L$ and $100 \times 10^9/L$, at least doubling of the baseline count, and absence of bleeding. Stable disease (SD) indicates platelet count higher than $30 \times 10^9/L$ and absence of bleeding, but less than doubling of the baseline count. No response (NR) indicates a platelet count lower than $30 \times 10^9/L$.¹⁰

Statistical analysis

Statistical analysis was performed using SPSS 22.0 and GraphPad Prism 6. The enumeration data is expressed as percentage (%), and the measurement data is expressed as ($\times \pm s$). ANOVA (normal distribution) or nonparametric test (non-normal distribution) for continuous variables and the Chi-square test was used to analyze the clinical features of patients. $P < .05$ was statistically significant.

Results

Patient data

Among the 42 ITP patients, 32 (76%) were female, and 10 (24%) were male. The age span was 14–87 years old with a median age of 50 years old. There were 28 patients (67%) with ITP diagnosed prior to COVID-19 vaccination, while 14 patients (33%) were newly diagnosed ITP patients claiming normal PC before vaccination. Notably, only 2 of the 14 patients were able to provide pre-vaccination platelet test results, while the other 12 patients were unable to confirm normal platelet count prior to vaccination. For those with preexisting ITP (persistent and chronic ITP), their duration from the first historical ITP diagnosis to the observation end time (until October 31st, 2021) was as follows: 1 patient experienced three months of ITP, 1 patient five months, 3 patients nine months, and the rest of the 23 patients (23/28, 82%) had ITP more than one year, with the longest having a history of ITP for 23 years.

The effect of COVID-19 vaccination on patients with historically diagnosed ITP

Among the 28 ITP patients with previously diagnosed ITP, 26 patients exhibited a further reduction of platelet counts, albeit to different extents, following vaccination. Compared with the platelet number before vaccination (with the most recent laboratory results ranging from 7 to 30 days prior to vaccination), 11 patients (39%) exhibited a PC further decreasing by more than 60%; 6 patients (22%) exhibited a PC further decreasing by 40–60%; 5 patients (18%) exhibited a PC further decreasing by 20–40%; 4 patients (14%) exhibited a PC decline of less than 20% (Figure 1A). There were two exceptions, one refractory ITP patient had PC as low as $7 \times 10^9/L$ both before and after vaccination. The other ITP patient who was under rapamycin administration showed PC recovery from $86 \times 10^9/L$ to $127 \times 10^9/L$ after vaccination, and the vaccination did not disturb the therapeutic effect of rapamycin. Prior to vaccination, 17 patients did not receive medication to treat their ITP, while 5 were treated with TCM, 3 with prednisone, 1 with Eltrombopag, and 2 with rapamycin. As for impact of vaccination on organ bleeding, severe organ bleeding was not found in any patient; 6 people (22%) had mild bleeding, and all of their bleeding scores were less than 3 (Table 1).

Of the 28 patients, 26 patients were vaccinated with inactivated virus vaccine (two doses) and two were vaccinated with recombinant protein vaccine (three doses). PC of 16 patients (62%, 16/26) were found to decrease after the first dose, while PC of 9 patients (35%, 9/26) were found to have decreased after the second dose, and only one patient (3%) exhibited platelet deterioration after the third dose (Figure 1B).

In the 28 patients, the average PC before vaccination was $86.4 \times 10^9/L$, decreased to $39.5 \times 10^9/L$ post-vaccination, and recovered to $80.6 \times 10^9/L$ after treatment (Figure 1C). After the identification of PC drop and subsequent intervention, the total efficacy of intervention was about 90%, while 10% of patients with ITP still exhibited reduced PC at the end of three-month treatment (Figure 1D).

Table 1. The effect of COVID-19 vaccination on patients with historically diagnosed ITP.

Pts	Gender	Age (years)	The ITP course (months, till to 2021/10/31)	PC before the first dose vaccine ($\times 10^9/L$)	PC after vaccination ($\times 10^9/L$) (1,2,3 dose)	Organ bleeding	Bleeding score	Therapy after vaccination	Previous therapeutic regimens	PC after treatment at 3M ($\times 10^9/L$)	Efficacy after evaluation after 3M
1	Male	61	36	70	65 (2)	Skin petechia	1	TCM	Chinese patent drug (SXXB, xuemeian capsule)	65	SD
2	Female	36	60	94	86 (1)	None	0	None	Chinese patent drug (SXXB)	117	CR
3	Female	55	72	90	77 (1)	None	0	leucogen	/	77	SD
4	Male	87	120	26	22 (2)	None	0	TCM	Chinese patent drug (SXXB), Rapamycin	11	NR
5	Female	50	9	97	74 (2)	None	0	TCM	Chinese patent drug (SXXB)	99	PR
6	Female	44	12	50	38 (2)	None	0	Rapamycin	rhIL-11, rhTPO, Chinese patent drug (SXXB), dexamethasone	83	PR
7	Female	58	21	80	60 (1)	None	0	None	/	104	CR
8	Female	26	36	57	40 (1)	None	0	TCM	Chinese patent drug (SXXB)	92	PR
9	Female	64	5	55	34(1)	None	0	TCM	Prednisone, Rapamycin, MMF	50	SD
10	Female	83	120	69	41(1)	Skin petechia	3	None	/	91	PR
11	Female	51	24	70	41 (2)	Fundus, urinary tract	3	TCM	Rapamycin	58	SD
12	Female	67	15	111	55 (1)	None	0	Rapamycin	Chinese patent drug (SXXB), dexamethasone	82	PR
13	Male	31	12	89	39 (2)	None	0	None	/	105	CR
14	Male	41	156	55	24 (1)	None	0	cyclosporine A	Prednisone, Rapamycin, Hetrombopag, dexamethasone	20	NR
15	Female	38	12	100	41 (1)	None	0	None	Rapamycin	75	PR
16	Female	73	9	20	7 (2)	Skin petechia	2	Eltrombopag +Rapamycin	rhTPO	23	NR
17	Male	14	40	206	68 (2)	None	0	Eltrombopag	Prednisone, Cyclosporine A,	153	CR
18	Female	69	36	100	30 (1)	None	0	TCM	Chinese patent drug (SXXB)	84	PR
19	Female	20	12	256	64 (1)	None	0	Rapamycin	Rapamycin	193	CR
20	Female	59	18	105	25 (1)	None	0	None	/	67	PR
21	Female	29	9	67	13 (1)	None	0	Prednisone	Prednisone	57	PR
22	Female	47	72	40	6 (2)	Skin petechia	1	Eltrombopag + Rapamycin	Dexamethasone, rhTPO	71	PR
23	Female	46	3	100	9 (1)	None	0	Hetrombopag	Prednisone, rhTPO, Rapamycin	68	PR
24	Female	67	12	70	6 (1)	None	0	Rapamycin	dexamethasone	105	CR
25	Female	58	115	200	8 (1)	None	0	Tacrolimus	Prednisone, IVIG, Eltrombopag, Rituximab, rhTPO	38	PR
26	Female	57	276	50	0 (3)	Oral blood blister	2	Azathioprine +Prednisone	Prednisone	55	PR
27	Male	73	24	86	127 (NA)	None	0	Rapamycin	Eltrombopag	107	CR
28	Female	55	180	7	7 (NA)	None	0	Rapamycin	dexamethasone	108	CR

Note: Abbreviations: PC, platelet counts; TCM, traditional Chinese medicine; SXXB, shengxuexiaoban capsule; rhIL-11, recombinant human interleukin-11; rhTPO, recombinant human thrombopoietin; MMF, mycophenolate mofetil; IVIG, intravenous immunoglobulin; CR, complete response; PR, partial response; NR, no response; NA, not applicable.

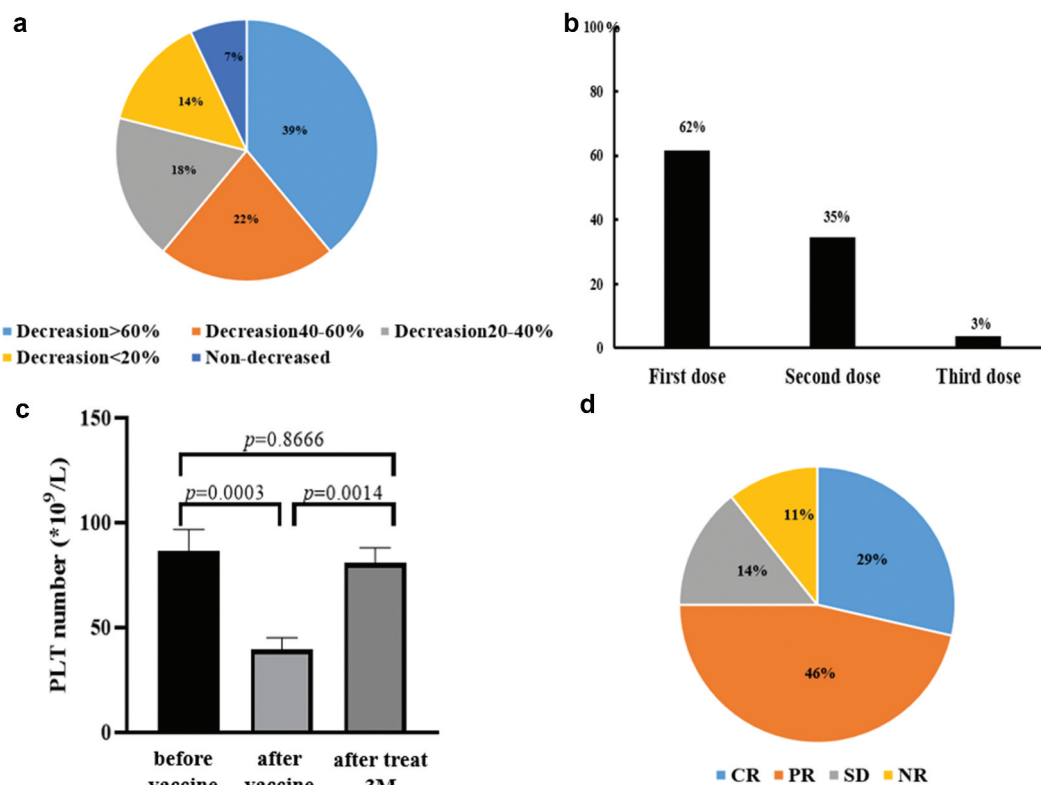


Figure 1. The effect of COVID-19 vaccination on patients with historically diagnosed ITP. a: Analysis of the degree of platelet decline in ITP patients after vaccination, compared with the platelet base level before vaccination. b: Proportion of ITP patients with platelet deterioration after the first, second and third dose. c and d: Response to therapy in ITP patients with PC decline after vaccination.

The effect of COVID-19 vaccination on newly diagnosed ITP patients claiming previous normal platelet counts

Of the 42 patients, 14 had never been diagnosed with ITP and claimed that their platelet counts were normal; however only 2/14 could provide laboratory results confirming normal PC. Because the actual number of platelets before vaccination could not be provided, but they had not been yet diagnosed with ITP prior to vaccination, for this analysis we assume the PC count to higher than $100 \times 10^9/L$. Of these 14 individuals, all had thrombocytopenia after vaccination, with a mean PC $38.07 \times 10^9/L$. After 3 months of treatment, the platelets of all patients recovered significantly, and the average PC was

$139.4 \times 10^9/L$, including 8 CRs and 6 PRs (Figure 2(A,B)), while the lowest PC recovered to $51 \times 10^9/L$.

Among the 14 patients, 10 were vaccinated with inactivated virus vaccine (two doses) and four with recombinant protein vaccine (three doses). Six patients (43%) exhibited PC decrease after the first dose vaccine, 7 patients (50%) were found to have decrease of PC after the second vaccine, and one patient (7%) platelet deteriorated even after the third-dose vaccine (Figure 2C). Likewise, no severe organ hemorrhage was found. There were five people (5/14, 36%) had mild bleeding, with all the bleeding scores less than 3 (Table 2). It is worth noting that 9 of the 14 cases were found to have abnormal immune status at the time when thrombocytopenia diagnosed.

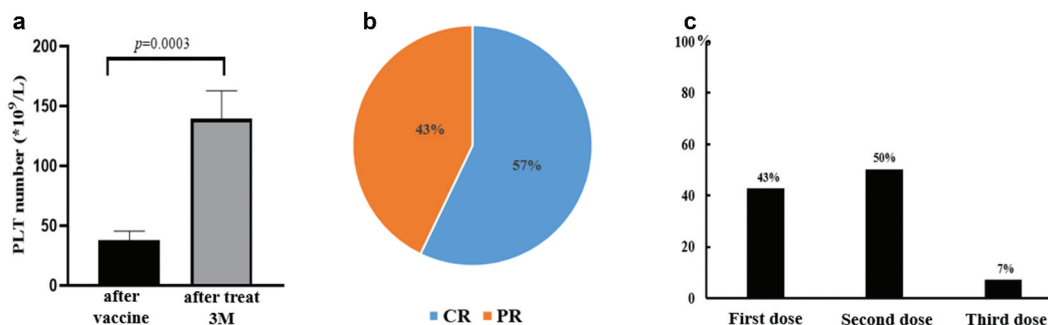


Figure 2. The effect of COVID-19 vaccination on new diagnosed ITP patients claiming previous normal PC. a: After 3 months of treatment, the platelets of all patients recovered significantly to $139.4 \times 10^9/L$. b: Response to therapy in ITP patients with PC decline after vaccination. ORR (CR+PR) is 100%. c: Proportion of ITP patients with platelet deterioration after the first, second and third dose.

Table 2. The effect of COVID-19 vaccination on newly diagnosed ITP patients claiming previous normal platelet counts.

Pts	Gender	Age (years)	PC before vaccination ($\times 10^9/L$)	PC after vaccination ($\times 10^9/L$) (1,2,3 dose)	Organ bleeding	Bleeding score	Abnormal indexes detected	ITP therapy	Therapeutic effect	PC after treat 3 M ($\times 10^9/L$)	Efficacy evaluation after 3 M
1	Female	34	Normal	10 (2)	Skin petechia	1	anti-SSA+, FT4 ↓, T4 ↓, TSH ↑	Dexamethasone + rapamycin	After 2 weeks of treatment, PC returned to normal	266	CR
2	Male	26	Normal	58 (2)	none	0	anti-nRNP/Sm+, anti-SSA+	leucogen	PC returned to normal	101	CR
3	Female	46	334	37 (2)	hematuria	3	anti-ACA++, anti-SSA+, ANA1:320 positive	Prednisone + cyclosporine A	After 20 days of treatment, PC recovered to $125 \times 10^9/L$	169	CR
4	Female	40	Normal	65 (2)	none	0	anti-nRNP/Sm+, anti-AHA+	Avatrombopag	One week of treatment got normal PC, but decreased after drug discontinuation, resumed treatment and resumed CR	288	CR
5	Female	48	Normal	12 (1)	Vaginal bleeding	3	anti-PM-Scl+, anti-AnuA+, anti-AHA+++	Dexamethasone + rapamycin	Self-discontinuation after one month of treatment	86	PR
6	Female	58	Normal	50 (2)	none	0	Hypothyroidism	Untreated	Without medication, PC returned to normal on its own	113	CR
7	Male	46	Normal	20 (2)	none	0	β Thalassemia mild	Dexamethasone + rapamycin	After 2 weeks of treatment, PC recovered to $61 \times 10^9/L$	65	PR
8	Male	64	Normal	59 (1)	none	0	HBsAg+, Rheumatoid factor+	Untreated	Without medication, PC returned to normal on its own	184	CR
9	Male	82	120	80 (1)	none	0	/	Untreated	Without medication, PC returned to normal on its own	116	CR
10	Female	41	Normal	19 (1)	Skin petechia	1	/	rhTPO	PC returned to normal after 1 month	50	PR
11	Female	57	Normal	42 (2)	none	0	anti-SSA+++, anti-SS-B+++, ANA1:320 positive	rhTPO+rapamycin	PC returned to normal after 2 weeks	83	PR
12	Female	35	Normal	1 (3)	Skin petechia	1	anti-SSA+, ANA1:100 positive	IVIg+rhTPO +methylprednisolone	PC returned to normal after 2 weeks	297	CR
13	Female	30	Normal	78 (1)	none	0	/	Untreated	Without medication, PC returned to normal on its own	83	PR
14	Female	66	Normal	2 (1)	none	0	/	Dexamethasone	Glucocorticoid therapy is effective	51	PR

Abbreviations: PC, platelet counts; TCM, traditional Chinese medicine; rhIL-11, recombinant human interleukin-11; rhTPO, recombinant human thrombopoietin; MMF, mycophenolate mofetil; IVIG, intravenous immunoglobulin; CR, complete response; PR, partial response; SD, stable disease; NR, no response; anti-SSA, anti-Sjogren's-syndrome-related antigen a autoantibodies; FT4, free thyroxine; T4, total thyroxine; TSH, thyroid-stimulating hormone; anti-nRNP/Sm, antinuclear antibody; ACA, Anti-centromere antibodies; ANA, antinuclear antibody; HBsAg, Hepatitis B virus surface antigen.

Among them, seven had abnormal antinuclear antibody spectrum, two had abnormal thyroid function, and 1 had hepatitis B antigen positive (Table 2).

Discussions

The administration of COVID-19 related vaccines has greatly reduced the spread and severe outcomes associated with infection with the SARS-CoV-2 virus. The precise platelet dynamics in previously diagnosed ITP patients and “healthy” individuals diagnosed with ITP after COVID-19 vaccination is currently unknown. Although there have been a handful of case reports of thrombocytopenia after COVID-19 vaccination,^{14–16} our article describes the characteristics of platelet counting in these ITP populations for the first time in southwest China. To date, this is the largest number of case report of COVID-19 vaccine-induced platelet deterioration.

COVID-19 vaccines are a major concern for ITP patients who fear that vaccination might exacerbate their thrombocytopenia. Among the 28 ITP patients in this study, 26/28 patients exhibited platelet count decreased to different degrees, which fortunately, responded well to platelet-specific treatment. After 3-months of treatment, the ORR (CR+PR+SD) was 89%, and only about 11% were non-responders. After vaccination, 29% (8/28) of patients had PC less than $20 \times 10^9/L$, 21% (6/28) of patients had slight organ hemorrhage, and no severe bleeding events were found.

Therefore, we suggest that ITP patients, especially during a period of active disease, need to be vaccinated with careful caution or postpone the vaccination. Once inoculated, it is necessary to increase frequency and intensity of patient management, including closely monitoring routine blood tests, and actively intervening once platelet reduction getting worse. In our center, some ITP patients received no treatment after vaccination and their platelets recovered on their own, while other patients with chronic ITP did not experience platelet deterioration after receiving the COVID-19 vaccines. Taken together, we cannot simply say that all ITP patients must or must not be vaccinated against COVID-19 vaccines. We do suggest, however, that ITP patients receive enhanced disease monitoring after vaccination.

As a reminder, all 28 patients who visited our clinic were from southwest area of China. We do not have the data of the total ITP population vaccinated and the extent of platelet exacerbation in all ITP patients after vaccination. As one of the largest hematological disease centers in southwest China, based on an annual incidence rate of 5 ITP cases per 100,000 adults, using data from the Chongqing Region (population 30,000,000 inhabitants), we roughly estimate that COVID-19 vaccines worsened ITP would only occur in 1.8% of the population, which is consistent with the 1.5–3.0% reported internationally.¹⁷

Of note in this study, we observed 14 cases of ITP diagnosed post-vaccine in self-declared “healthy” people. However, we found that 9 of the 14 cases were found to have an abnormal immune index when thrombocytopenia was diagnosed (Table 2). It is possible that the vaccine led to this immune response or, more likely, that these patients’ abnormal immune condition possibly made them more prone to COVID-19 vaccine-related thrombocytopenia. In the latter case, they would not be considered truly

“healthy” at the time of vaccination, but rather may have had undiagnosed thrombocytopenia. In addition, limitation exists in our paper. All 14 patients claimed that the platelets were normal before receiving the vaccine, but they had not undergone routine blood tests, so the actual PC before vaccination was not evidenced. It is possible that these individuals did have thrombocytopenia to a certain extent, but they have not undergone regular physical examinations to be diagnosed earlier. After three months of treatment, the PC of all the 14 patients were able to recover to more than $50 \times 10^9/L$ successfully. As a result, the authors suggest that, for healthy people, there is less concern about the occurrence of thrombocytopenia after the administration of COVID-19 related vaccines. Our second suggestion is that platelets and immune indicators (antinuclear antibody spectrum, thyroid function, etc.) should be closely monitored and managed after vaccination, for the population at higher risk of developing immune-mediated disease.

Another feature of this study is that we observed and compared the incidence of thrombocytopenia after receiving the first, second and third dose of COVID-19 vaccines. For the historically diagnosed ITP population, platelet decline after the first dose of the vaccine, accounted for 62%, and receiving the second dose for 35%. It hints that ITP should be actively managed as early as the first injection. In “healthy” people, the morbidity of platelet deterioration after the first dose and the second dose were 43% and 50% respectively, with no significant difference (Figure 2B). It is suggested that close observation is required after each dose vaccine. On the other hand, assuming that 30 million people in Chongqing all received 2 doses of inactivated vaccine, then the incidence of ITP after vaccination was 0.7 per million doses (42 patients/60 million doses), which is lower than the reporting rate of immune thrombocytopenia after receipt of mRNA COVID-19 vaccines,¹⁸ but needs more clinical data to confirm.

A recent report summarized a series of case reports of ITP patients after COVID-19 vaccination,¹⁹ including 22 patients in total, and most patients experienced ITP or thrombocytopenia after first-dose COVID-19 vaccination. Platelets of the 21 patients were improved after treatment with glucocorticoid and IVIG, except one case, which is consistent with our report that thrombocytopenia caused by COVID-19 vaccination has a relatively good response rate. Our report further subgrouped ITP population into two parts, pointing out that preexisting ITP patients are more prone to platelet deterioration after the first dose, while de novo ITP patients may develop thrombocytopenia both after the first and the second dose of vaccines. Compared with other case reports, the 42 patients in our report had low bleeding scores, and organ bleeding was mostly manifested in skin or mucosa. In addition, we found that the treatment response rate of preexisting ITP patients was not as good as that of newly diagnosed ITP patients (ORR 89% vs 100%). Finally, as mentioned above, for de novo ITP patients after COVID-19 vaccination, we must comprehensively check their antinuclear antibody spectrum, thyroid function and other immune indicators. It may be that the patients themselves have immune abnormalities (not found before), and vaccination is just a triggering event, evoking the occurrence of ITP, which is also an unexpected discovery of this study.

Because the incidence of SARS-CoV-2 vaccine-related ITP is low, the clinical characteristics and treatment outcomes for this

kind of ITP, comparing with non-vaccine induced ITP, remains inconclusive. Based on our observations of these 42 cases and other reports in the literature, we believe that SARS-CoV-2 vaccine-related ITP are expectedly responsive to the standard or modified treatment of ITP. Clinical bleeding tendency is not high, and recovery is generally good. In 10 of 42 patients, platelets recovered on their own even without treatment (Table 1, Table 2). Of course, more clinical evidence is needed to validate our conclusions. Notably, it is suggested that rituximab is best preferentially avoided in the initial treatment regimen since it may take up to 6~8 weeks to produce a response and may also impair the protective effect of the COVID-19 vaccine.²⁰

In conclusion, COVID-19 vaccination may have a significant effect on platelet count in preexisting ITP patients and certain individuals with previously undiagnosed ITP. Our results demonstrate that close monitoring of platelet count after COVID-19 vaccination is important for patients historically diagnosed with ITP, especially after the first dose. The results are very reassuring for ITP patients that the risks of aggravated thrombocytopenia specifically due to getting COVID-19 vaccine are small but non-negligible. Decreases in platelet count following vaccine administration did occur, but the disease could be successfully managed and most decreases were transient and responded well to treatment.

Author contributions

Yimei Feng contributed to the design and conceptualization of the research, design of data analyses, interpretation of data, collection of data, and writing of the manuscript. YQ contributed collection of data. KC, ZZ, YG and XZ edited this report. Xi Zhang and Yimei Feng funded the work. All authors contributed to the article and approved the submitted version.

Disclosure statement

Author Kaniel Cassady is now employed by Regeneron Pharmaceuticals. All authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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