1 2 3 4 5	<i>Schistosoma mansoni</i> antigen induced innate immune memory features mitochondrial biogenesis and can be inhibited by ovarian produced hormones
6	Juan Marcos Oviedo ¹ , Diana Cortes-Selva ¹ , Marco Marchetti ² , Lauren Gordon ³ , Lisa Gibbs ¹ , J.
7	Alan Maschek ^{6,7} , James Cox ^{4,6} , Seth Frietze ⁵ , Eyal Amiel ⁵ , Keke C. <u>Fairfax</u> ^{1,8}
8	
9	¹ Department of Pathology, Division of Microbiology and Immunology,
10	University of Utah, Salt Lake City UT, 84112
11	² Department of Human Genetics, Utah Center for Genetic Discovery, University of Utah, Salt
12	Lake City, UT, 84112, USA
13	³ Meharry Medical College, Nashville TN, 37208
14	⁴ Department of Biochemistry, University of Utah, Salt Lake City UT, 84112
15	⁵ Department of Biomedical and Health Sciences, University of Vermont, Burlington, VT 05405
16	⁶ Metabolomics, Proteomics and Mass Spectrometry Cores, University of Utah, Salt Lake City, UT,
17	84112
18	⁷ Department of Nutrition and Integrative Physiology and the Diabetes and Metabolism
19	Research Center, University of Utah, Salt Lake City, UT 84112
20	
21	
22	⁸ Corresponding author
23	Keke Fairfax
24	Department of Pathology

- 25 Division of Microbiology and Immunology
- 26 University of Utah
- 27 JMRB 2200B
- 28 15 N Medical Drive East
- 29 Salt Lake City, UT 84112
- 30 Email: <u>keke.fairfax@path.utah.edu</u>
- 31 <u>ORCID: https://orcid.org/0000-0002-8382-2960</u>
- 32 801-581-5980 (office)
- 33

34 Abstract

- 35
- 36 We have previously identified that *S. mansoni* infection induces a unique form of myeloid
- 37 training that protects male but not female mice from high fat diet induced disease. Here we
- 38 demonstrate that ovarian derived hormones account for this sex specific difference. Ovariectomy
- 39 of females prior to infection permits metabolic reprogramming of the myeloid lineage, with

40	BMDM exhibiting carbon source flexibility for cellular respiration, and mice protected from
41	systemic metabolic disease. The innate training phenotype of infection can be replicated by in
42	vivo injection of SEA, and by exposure of bone marrow to SEA in culture prior to macrophage
43	differentiation (Day 0). This protective phenotype is linked to increased chromatin accessibility
44	of lipid and mitochondrial pathways in BMDM including Nrf1 and Tfam, as well as
45	mitochondrial biogenesis. This work provides evidence that S. mansoni antigens induce a unique
46	form of innate training inhibited by ovarian-derived hormones in females.
47 48 49	Keywords: Myeloid lineage, macrophage metabolism, <i>Schistosoma mansoni</i> , biological sex, metabolic disease, innate training
50	Introduction
51	
52	Cardiovascular disease (CVD) is the leading worldwide cause of mortality (Hinton et al., 2018;
53	Roth et al., 2017). 65% of adults in the United States are diagnosed with diabetes have elevated
54	LDL cholesterol levels or take cholesterol lowering medications, and death rates from
55	atherosclerotic CVD are \sim 1.7 times higher in this population as compared to non-diabetic adults
56	(Emerging Risk Factors et al., 2010). It is well established that in the diabetic population,
57	obesity, and dyslipidemia are risk factors underlying these increases in mortality, while
58	hyperglycemia is an independent risk factor (Marks and Raskin, 2000; Wong et al., 2016).
59	Underlying conditions such as diabetes and atherosclerosis contribute to the burden of CVD in
60	both females and males. While the incidence of CVD is markedly higher in men than in age-
61	matched women (Opotowsky et al., 2007; Tan et al., 2010), the risk of developing CVD while
62	diabetic is much greater in women than men (Humphries et al., 2017; Peters et al., 2014). In non-
63	diabetic patients, females exhibit increased insulin sensitivity in comparison to males, as well as

64	reduced prevalence of dysglycemia and enhanced muscle glucose uptake (Cnop et al., 2003; Kim
65	and Reaven, 2013; Moran et al., 2008; Willeit et al., 1997), suggesting sex-dependent
66	modulations in whole body metabolism. Recent studies suggest gut microbiota contributes to sex
67	differences in lipid metabolism (Baars et al., 2018), but the mechanisms underlying sexual
68	dimorphism in metabolic syndrome remain poorly understood.
69	
70	Previous studies have uncovered an association between a history of helminth infection and
71	reduced prevalence of metabolic disease in humans and rodents ((Doenhoff et al., 2002; Stanley
72	et al., 2009; Wiria et al., 2015). Specifically, infection by Schistosomes reduces cholesterol and
73	atherosclerotic plaques (Doenhoff et al., 2002; Stanley et al., 2009), this effect has been
74	attributed, in part, to an anti-inflammatory phenotype in macrophages (Wolfs et al., 2014) and
75	transcriptional reprogramming of phospholipid and glucose metabolism related genes in hepatic
76	macrophages (Cortes-Selva et al., 2018b). Moreover, it has been postulated that schistosomes
77	have the potential to affect long term glucose metabolism in T cells (Chen et al., 2013).
78	Accumulating evidence suggests that biological sex affects disease progression; yet the effect of
79	Schistosomiasis on metabolic-protection in females and males it is not well understood, as most
80	studies have been conducted only in males or no sex differentiation has been made during data
81	analysis ((Sanya et al., 2019; Shen et al., 2015; Wolde et al., 2019)).
82	
83	Schistosomiasis induces Th2 polarization and alternative activation of macrophages, essential for
84	host survival (Barron and Wynn, 2011; Fairfax et al., 2013; Herbert et al., 2004). IL-4 induced

85 alternative activation of macrophages relies on oxidative phosphorylation (OXPHOS) and fatty

86 acid oxidation for energy production and is dependent on cell intrinsic lysosomal lipolysis

87 (Huang et al., 2014; Vats et al., 2006). Macrophage metabolism follows a dysmorphic pattern, as 88 sex-related differences affect the processes involved in cholesterol and lipid metabolism in 89 macrophages as well as inflammatory cytokine production in adipose tissue (Griffin et al., 2016; 90 Ng et al., 2001). Moreover, in rats, phagocytes from females had increased ROS generation than 91 males (Rudyk et al., 2018). Our lab recently published that S. mansoni infection of male mice 92 induces a form of innate immune memory that modulates myeloid lipid and mitochondrial 93 metabolism, while also protecting from all aspects of high fat diet induced metabolic disease. 94 Neither this whole-body protection, nor modulation of mitochondrial metabolism occurs in 95 schistosome infected females. Such differences have often been attributed to the role of sex 96 hormones in gene expression and immune cell function (Rubinow, 2018; Taneja, 2018; Winn et 97 al., 2019), but a clear understanding of the effects of sex on the regulation of macrophage 98 metabolism, as well as how sex modulates the effects of Schistosomiasis in the protection from 99 metabolic disease is lacking.

100

101 In the present study, we sought to determine the genetic and hormonal mechanisms of sex-102 dependent schistosome driven innate immune memory. We found profound biological sex driven 103 differences in the transcriptional control of glucose and lipid metabolism, independent of 104 infection status along with differential regulation of key genes in both glycolysis and 105 mitochondrial metabolism by infection in males and females. Surprisingly, we found that while 106 testes produced hormones are not necessary for infection induced protection from metabolic 107 disease in males, elimination of ovarian derived hormones in females allows for schistosome 108 infection to both protect from systemic metabolic disease and induce myeloid metabolic 109 plasticity and innate immune memory. We established that schistosome egg antigens are

110	sufficient to induce protective innate immune training and developed an in vitro method for
111	inducing metabolically protective innate immune training that enabled the finding that bone
112	marrow from intact females can be trained in vitro without hormones with SEA the same way tht
113	male bone marrow can be . Overall, these data present the first evidence that ovarian produced
114	hormones block metabolically protective schistosome induced innate immune memory and
115	provide a more complete understanding of how schistosome induced innate training may confer
116	metabolic protection at the cellular level.
117	Results
118	S. mansoni infection modulates the myeloid transcriptome in a sex-specific manner
119	
120	We previously documented significant sex dependent shifts in functional metabolism in BMDM
121	from male and female S. mansoni infected mice(Cortes-Selva et al., 2021), we sought to
122	determine if differential transcriptional modulation underlies these shifts. In order to investigate
123	the genes and respective pathways that were associated with specific conditions and the ones that
124	were differentially regulated by sex we performed mRNAseq on unstimulated BMDM derived
125	from male and female ApoE ^{-/-} mice at 10-weeks post S. mansoni or mock infection. Comparing
126	uninfected males to uninfected females we identified 3926 genes with adj p<0.05 suggesting that
127	there are significant differences in the myeloid compartment of males and females under HFD
128	induced metabolic conditions. Surprisingly, multiple metabolic genes that we identified in our
129	previous publication (Cortes-Selva et al., 2021) as upregulated in males by S. mansoni infection
130	are actually downregulated during metabolic disease in uninfected males compared to
131	uninfected females, including Hk3 (hexokinase 3), Mgll (monoglyceride lipase), Ptges
132	(prostaglandin E synthase), and Slc1a3 (solute carrier family 1 (high affinity glutamate

133 transporter), member 3) (Figure 1A). Specifically comparing BMDM from infected males versus 134 infected females we find that many of these genes that are more highly expressed in females than 135 males during metabolic disease in the absence of infection, are flipped in infected animals, such 136 that Fabp4 (fatty acid binding protein 4), Mgll, Hk3, and Slc1a3 are upregulated in infected 137 males as compared to infected females. Female ApoE^{-/-} mice of reproductive age are similar to 138 female humans in that they do not get as obese or insulin resistant on HFD as male ApoE^{-/-}. 139 These data suggest that the regulatory response to infection in the myeloid lineage in males and 140 females is opposite, with males upregulating genes that may be involved in reducing the severity 141 of disease in females, while infection in females downregulates those genes. Critically, our 142 previous work (Cortes-Selva et al., 2021) identified that Mgll activity was needed for increased 143 mitochondrial respiration in BMDM from infected males, as inhibition eliminated the increases 144 in both basal and maximal respiration. We identified different subsets of genes that were 145 preferentially upregulated in males (p<0.05, Supplementary Figure 1A). Among 1444 genes 146 upregulated in males regardless of infection status with a p value <0.05, we identified histone 147 and chromatin remodeling pathways as significantly regulated, suggesting a differential potential 148 for epigenetic regulation in males versus females. A large subset of the 1444 genes (238 genes) 149 were associated to metabolic functions. Of these 238 genes involved in metabolism we identified 150 hexokinase 1 (*Hk1*), citrate synthase (*Cs*), apolipoprotein A2 (*Apoa2*), aldehyde dehydrogenase 3 151 family member A2 (Aldh3a2), lipoyltransferase (Lipt1), solute carrier family 19 member 1 152 (Slc19a1), LDL receptor related protein 1 (Lrp1), many of these are involved in lipoprotein and 153 cholesterol metabolism. These data suggest that myeloid metabolism is differentially regulated 154 by sex, at least in the context of HFD induced inflammatory environment. In addition, we found 155 216 genes involved in immunity. Among genes with immune function, we identified interleukin

156 10 (Il-10), Toll like receptor 5 (Tlr5), NLR family pyrin domain containing 3 (Nlrp3), inducible 157 T cell costimulatory (*Icos*), which have diverse pro and anti-inflammatory function in the 158 immune system. Next, we surveyed the genes that are differentially regulated in males and 159 females following S. mansoni infection. We found 67 genes involved in metabolism (fatty acid 160 and ceramide), hemostasis, the adaptive immune system, cellular migration and activation. 161 Following the genes with known function, a large fraction of differentially regulated genes have 162 documented roles in metabolism. Among these, we identified type II iodothyronine deiodinase 163 (*Dio2*), which has implicated in the regulation of diet induced obesity (Kurylowicz et al., 2015; 164 Vernia et al., 2013). Moreover, we found hexokinase 3 (HkIII), fatty acid binding protein 4 165 (Fabp4), sphingomyelin synthase 2 (sgms2), solute carrier family 6 member 8 (Slc6a8), and 166 *Pfkb3* (6-phosphofructo-2-kinase/fructose-2,6-biphosphatase 3) were all upregulated in male and 167 downregulated in female BMDM following S. mansoni infection (Figure 1C). PFKFB3 protects 168 against diet-induced adipose tissue inflammatory responses and systemic insulin resistance in 169 mice (Huo et al., 2012), and increased expression of *PFKFB3* is essential for suppressing 170 adipocyte proinflammatory response by metformin (Qi et al., 2017). Importantly, lower PFKFB3 171 expression in subcutaneous adipose tissue has been associated with insulin resistance in women 172 (Arner et al., 2016). HKIII is not as well studied as HKII, but hexokinase two and three are 173 thought to have some overlapping metabolic functions (Wilson, 2003). HKII overexpression has 174 been shown to increase ATP levels and preserve mitochondrial membrane potential, while also 175 being associated with higher levels of transcription factors that regulate mitochondrial 176 biogenesis, and greater total mitochondrial DNA content (Wyatt et al., 2010). We subsequently 177 performed ATAC-seq analysis on macrophages differentiated from males and females as above. 178 The overall read quality of the uninfected and infected groups was similar across males and

179	females (Supplementary Figure 1B). Focusing on differentially accessible regions that are
180	located around transcription start sites (TSSs), infection in males increases overall accessibility,
181	while infection in females decreases accessibility (Figure 1D), supporting the hypothesis that
182	females, in contrast to males, have an inherently different epigenetic response to schistosomes
183	that likely underlies the lack of a developing a protective metabolic reprograming in response to
184	schistosome infection.
185	
186	S. mansoni-increases fatty acid oxidation in male but not female ApoE- ^{/-} mice on HFD
187	
188	To determine whether infection-induced protection from weight gain and insulin intolerance in
189	males but not females was accompanied by sex specific differential macrophage metabolic
190	regulation, we cultured bone marrow cells from 10 week infected or uninfected control male and
191	female mice for 7 days to generate BMDM. The Oxygen consumption rate (OCR) was measured
192	in real time in basal conditions and following the addition of mitochondrial inhibitors in
193	unstimulated BMDM from both infected and uninfected male and female ApoE-/- animals.
194	Consistent with what we have previously published (Cortes-Selva et al., 2021), BMDM from
195	infected males exhibited increased basal OCR and spare respiratory capacity compared to
196	uninfected male controls (Figure 2A, 2B, 2C). However, basal OCR and spare respiratory
197	capacity of BMDM from infected females remained unaltered in comparison to BMDM from
198	uninfected females (Figure 2A, 2B, 2C). Moreover, side by side OCR analysis in females and
199	males with palmitate as a substrate (glucose limiting conditions) showed that BMDM from
200	infected male, but not from infected females had an increased ability to oxidize exogenous
201	palmitate (Figure 2D). In addition, BMDM from infected males but not females had significantly

202 increased palmitate basal OCR and palmitate spare respiratory capacity, suggesting exogenous 203 free fatty usage as a carbon source for OXPHOS (Figure 2E, 2F). Similar to the male only data, 204 we observed no differences in macrophage bulk neutral lipid content in either group, suggesting 205 that global lipolysis may not underlie OCR and spare respiratory capacity in our model (Figure 206 2G). Additionally, analysis of mitochondrial mass via mitotracker in females and males showed 207 BMDM from male infected mice, but not females have a significantly higher Mitotracker MFI. 208 These data suggest that S. mansoni infection induces mitochondrial biogenesis in males, but not 209 females. Again, suggesting differential regulation of macrophage metabolism based on 210 biological sex. 211 212 S. mansoni infection differentially alters the cellular lipid profile in female and male mice 213 214 To understand the sex-specific modulations induced by Schistosomiasis in macrophage lipid 215 metabolism, we isolated cellular lipids from unstimulated BMDM and conducted untargeted 216 lipidomics on cells from both male and female mice. Using partial least squares discriminant 217 analysis (PLS-DA), we discerned distinct lipid profiles associated with S. mansoni infection in a 218 sex-specific manner (Figure 3A). PLS-DA is relevant as it enhances group separation by 219 maximizing variance explained by the lipidomic data, highlighting significant differences 220 between infected and uninfected samples. Further analysis revealed that total cholesteryl esters 221 (CE), identified as a variable importance in projection (VIP) species in males in our previous publication (Cortes-Selva et al., 2021) decreased in cells from infected male mice but increased 222 223 in BMDM from infected female mice (Figure 3B). This indicates profound sex-specific 224 metabolic reprogramming in response to infection. Infection in females, similar to males, induces

225	a unique lipid signature (Figure 3C). Notably, plasmanyl-phosphatidylethanolamine (plasmanyl-
226	PE), plasmanyl-phosphatidylcholine (plasmanyl-PC), bis(monoacylglycerol)phosphate (BMP),
227	and CE species were the main drivers of the altered lipid profile in infected females (Figure 3D).
228	Interestingly, BMP abundance remained unchanged by infection in males but increased
229	significantly in females (Figure 3E), suggesting differential regulation of lipid and cholesterol
230	metabolism pathways based on biological sex. Consistent with our previous findings, infection in
231	males increased cellular free fatty acids, while levels remained unchanged in females. These data
232	support the hypothesis that S. mansoni infection differentially modulates cellular metabolism in
233	BMDM, with distinct metabolic adaptations in males and females.
234	
235	Elimination of Ovarian hormones allows female to undergo schistosome induced innate
236	training.
237	Considering the strong sex differences in both myeloid transcriptome and metabolic capacity we
238	asked if testes derived hormones are required for protective innate immune training in male, or if
239	ovarian derived hormones in females block schistosome induced innate training. Female ApoE-/-
240	were ovariectomized and males were castrated at 5-6 weeks of age, followed by feeding of high
241	fat diet and infection/mock infection with S. mansoni. Ovariectomized uninfected control mice
242	had significantly higher glucose area under the curve and body weight than intact uninfected
243	controls, phenocopying what often occurs after menopause or hysterectomy (Laughlin-Tommaso
244	et al., 2018; Stachowiak et al., 2015). Surprisingly, infected ovariectomized mice had
245	significantly lower glucose AUC than ovariectomized uninfected, intact infected and intact
246	uninfected control females, as well as lower body weight than uninfected ovariectomized mice

248 testosterone on muscle mass (Antonio et al., 1999) but does not eliminate infection induced 249 reductions in glucose area under the curve that reflects better glucose tolerance (Figure 4B). To 250 determine if ovariectomy allowed the same reprogramming of myeloid metabolism as seen in 251 males, we assayed metabolic fuel source flexibility of individual carbon sources (Figure 4C). 252 For the single-carbon substrate extracellular flux assays, data is calculated as the difference 253 between total respiration, and respiration when the specific pathways of interest are inhibited (2-254 deoxyglucose for glucose, 6-diazo-5-oxo-L-norleucine for glutamine, and etomoxir for 255 palmitate) which reflects a fraction of the total respiration levels observed from BMDM in 256 complete media from ovariectomized infected females. The data demonstrate ovariectomy prior 257 to schistosome infection leads to a significantly greater ability to use all three substrates 258 (glucose, palmitate and glutamine) for cellular respiration, indicating metabolic plasticity similar 259 to what we have published is induced by innate training in males (Cortes-Selva et al., 2021). 260

Egg antigen injection is sufficient to induce trained myeloid immunity and protection from metabolic disease in males

263 Schistosome infection induces dramatic changes to both the systemic cytokine environment and 264 the adaptive immune compartment along with tissue damage that could alter both systemic 265 metabolism and the bone marrow microenvironment. To validate that schistosome egg antigens 266 (SEA) alone can recapitulate the infection induced metabolic protection we have seen in males, 267 we placed male ApoE^{-/-} mice on HFD for 4.5 weeks (to mimic the pre-egg laying period of our 268 infection model) and then began bi-weekly injections of SEA or PBS as a vehicle control. Over 269 the course of 5 weeks of injection, SEA slowed the HFD induced weight gain and after 5 weeks 270 on SEA, treated mice had a 40% reduction in body fat and a 20% increase in lean mass (as

271	measured by NMR, Figure 5A) as well as a significantly lower glucose AUC (Figure 5B). We
272	then assessed whether the myeloid compartment of these mice had undergone training similar to
273	what we have demonstrated for infection by generating BMDM with MCSF in a 7-day culture.
274	BMDM from SEA injected ApoE ^{-/-} males have higher OCR area under the curve (Figure 5C) and
275	maximal respiration (Figure 5 D) with palmitate as a carbon source than BMDM generated from
276	control PBS injected mice. These data demonstrate that schistosome egg antigens alone can both
277	modulate whole-body metabolism and induce a unique training of the myeloid linage that
278	features an increase in fatty acid oxidation.
279	
280	In vitro training of bone marrow progenitors from males and females generates
281	macrophages with metabolic profiles like <i>in vivo</i> infection trained cells.
282	Whole body hormonal addback experiments are challenging to use for experiments focused on
283	cellular mechanisms, so we sought to develop a method for inducing schistosome trained
284	immunity in vitro. Culture of bone marrow progenitors with SEA prior to macrophage
285	differentiation with MCSF (Day 0) leads to an increase in both basal and maximal respiration
286	that can be further increased in fully differentiated mature macrophages (day 7 of a 7-day
287	culture) with a 24-hour stimulation (SEA d0+24hrs) (Figure 6A, B). Our data in females strongly
288	suggested that ovarian derived hormones may directly block schistosome induced metabolically
289	protective innate training, but it is unclear if this is a chronic or acute effect of the hormones. So
290	we asked if female bone marrow myeloid progenitors could be trained by SEA in culture
291	conditions without hormones. Similar to the male data, female bone marrow trained with SEA in
292	vitro prior to macrophage differentiation has a significantly basal (Figure 6 C) and maximal
293	(Figure 6 D) OCR as compared to control untrained cells.

294

SEA innate immune training increases chromatin accessibility of mitochondrial replication and metabolic pathways in male BMDM

297 Since we can replicate the most salient features of schistosome trained immunity with SEA 298 exposure while removing the influence of systemic inflammation, we performed ATAC-seq on 299 *in vitro* SEA trained BMDM. SEA training prior to macrophage differentiation significantly 300 alters the chromatin accessibility landscape, with lipid metabolic processes being one of the top 301 more accessible pathways (Figure 7A). We identified *Tfam* and *Ffar2* as two genes that have 302 increased chromatin accessibility within the lipid pathways. QPCR analysis showed both genes 303 have increased expression in SEA trained versus control BMDM (Figure 7B). Ffar2 was also 304 identified in our transcriptomic analysis of BMDM from infected males (Figure 2 and (Cortes-305 Selva et al., 2021). Ffar2 recognizes short chain fatty acids such as butyrate and has previously 306 been shown to decrease histone deacetylation levels fitting with our data that demonstrates that 307 schistosome trained immunity induces a unique epigenetic profile. Tfam is a nuclear expressed 308 mitochondrial DNA binding protein that has been shown to regulate mitochondrial membrane 309 potential, metabolism (glucose and oxidative phosphorylation, (Koh et al., 2021)) as well as 310 mitochondrial biogenesis in multiple cell types. Using TOBIAS (Bentsen et al., 2020), we 311 performed digital footprinting analysis on ATAC-seq data comparing SEA- and vehicle control 312 trained -macrophages to identify transcription factors with altered accessibility. This analysis 313 (Figure 7C) revealed significant enrichment of TFs involved in mitochondrial biogenesis, 314 metabolic regulation, and immune signaling in SEA-treated cells. Notably, Nrf1, a regulator of 315 Tfam and a key driver of mitochondrial biogenesis (Zhao et al., 2023), exhibited increased 316 accessibility in SEA-treated macrophages, supporting its role in the metabolic reprogramming

317 observed in schistosome-trained immunity. Additional TFs with increased accessibility included 318 MLX and MLXIPL (Mejhert et al., 2020), which are involved in lipid and carbohydrate 319 metabolism, as well as members of the E2F family, such as E2F3 and E2F4, known to regulate 320 cell cycle and mitochondrial function (Benevolenskaya and Frolov, 2015). We then compared 321 the TF footprint of infection in females to that of *in vitro* SEA trained male cells. Looking at the 322 most divergent motifs between SEA trained males and infected females, we find the transcription 323 factors we identified in males that regulated mitochondria and cell cycle in Figure 7 C such as 324 *NRF-1* and *E2F4* are uniquely enriched in SEA trained males and not infected females. Motifs 325 that are uniquely enriched for binding in infected females include *Hnf4a*, which can regulate 326 lipid and carbohydrate metabolism (Huck et al., 2021), and HOXA3 which has been shown to 327 regulated macrophage polarization (Al Sadoun et al., 2016). MLX and MLXIPL are enriched in 328 both groups compared to their respective controls indicating that they are likely a response to 329 schistosome egg antigens that is unrelated to the metabolic phenotype of enhance mitochondrial 330 respiration. These findings suggest that SEA exposure prior to male macrophage differentiation 331 induces a coordinated epigenetic and transcriptional program to enhance mitochondrial 332 biogenesis and metabolic flexibility.

333 Schistosome trained immunity increases mitochondrial number in males.

Our previous publication that defined schistosome induced innate immune training demonstrated a consistent increase in mitotracker MFI in BMDM from infected males but not females (Figure 2H and (Cortes-Selva et al., 2021)), suggesting that this form of innate immune training may induce mitochondrial biogenesis. To formally evaluate this possibility, we performed electron microscopy (EM) of BMDM generated form the bone marrow of infected and uninfected male and female ApoE^{-/-} mice on HFD. BMDM generated from infected males have a greater number

340	of mitochondria per μ m ² than control BMDM generated from uninfected males (Figure 8 A, B).
341	Similar to the transcriptional and lipidomic data, schistosome infected females have the opposite
342	phenotype, with fewer mitochondria per μm^2 than control BMDM from uninfected females.
343	Since our data demonstrated that both in vivo SEA injection and in vitro SEA training induces a
344	similar metabolic phenotype, we performed EM of BMDM generated from males injected with
345	SEA for 5 weeks and trained in vitro in our culture method. Both BMDM generated from SEA
346	injected males (Figure 8E, F) in vitro trained BMDM (Figure 8G, H) and have significantly more
347	mitochondria per μ m ² than control BMDM. Definitively demonstrating that schistosome training
348	of the myeloid lineage involves increases in mitochondrial number and activity.
349	
350	Discussion
351	Helminth infections in general and Schistosomiasis in specific have been known to
	remining incertons in general, and Senistosonnasis in specific, have been known to
352	inversely correlate with obesity and glucose intolerance for over a decade, a phenomenon
352 353	inversely correlate with obesity and glucose intolerance for over a decade, a phenomenon thought to be associated with Type 2 polarization of macrophages and T cells. A cohort in China
352353354	inversely correlate with obesity and glucose intolerance for over a decade, a phenomenon thought to be associated with Type 2 polarization of macrophages and T cells. A cohort in China where Schistosomiasis was recently eradicated, demonstrated that a historical <i>Schistosoma</i>
 352 353 354 355 	inversely correlate with obesity and glucose intolerance for over a decade, a phenomenon thought to be associated with Type 2 polarization of macrophages and T cells. A cohort in China where Schistosomiasis was recently eradicated, demonstrated that a historical <i>Schistosoma</i> <i>japonicum</i> infection is associated with lower prevalence of metabolic syndrome and diabetes
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 352 353 354 355 356 357 	inversely correlate with obesity and glucose intolerance for over a decade, a phenomenon thought to be associated with Type 2 polarization of macrophages and T cells. A cohort in China where Schistosomiasis was recently eradicated, demonstrated that a historical <i>Schistosoma</i> <i>japonicum</i> infection is associated with lower prevalence of metabolic syndrome and diabetes (Chen et al., 2013; Shen et al., 2015). There, HbA1c and insulin resistance, as well as triglyceride and LDL levels, were inversely associated with previous <i>Schistosome</i> infection,
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 352 353 354 355 356 357 358 359 360 	inversely correlate with obesity and glucose intolerance for over a decade, a phenomenon thought to be associated with Type 2 polarization of macrophages and T cells. A cohort in China where Schistosomiasis was recently eradicated, demonstrated that a historical <i>Schistosoma</i> <i>japonicum</i> infection is associated with lower prevalence of metabolic syndrome and diabetes (Chen et al., 2013; Shen et al., 2015). There, HbA1c and insulin resistance, as well as triglyceride and LDL levels, were inversely associated with previous <i>Schistosome</i> infection, suggesting that not only does active helminth infection modulate metabolic disease, but helminths may induce long-term protection from systemic metabolic disease. Much of the published work of helminth infections and metabolism has focused on males. Our recent study

362 training focused on increased mitochondrial fatty acid oxidation, and that biological sex has a 363 clear effect on the ability of the myeloid lineage to be trained *in vivo* (Cortes-Selva et al., 2021). 364 Our previous work established that in males, the hallmark of schistosome induced innate 365 training is the generation of a hybrid macrophage that is neither fully polarized to M1 or M2, 366 with decreased production of IL-6 and chronic mediators of inflammation but enhanced 367 transcription of antimicrobial genes and inos. This unique anti-inflammatory phenotype occurs 368 with increased cellular respiration and metabolic plasticity to use multiple carbon sources for 369 fatty acid oxidation respiration. At the cellular lipid level, the hallmark of these cells is 370 dramatically increased free fatty acids with decreased cholesterol esters, TAGs and DAGs. This 371 phenotype appears to be a unique form of innate immune training, as neither BCG nor β -glucan 372 increase fatty acid oxidation, and the hallmark of those forms of trained immunity in increased 373 inflammation, IL-6 and glycolysis (Arts et al., 2016). The long-lived natures of both BCG and β-374 glucan trained immunity are enforced via epigenetic rewiring of bone marrow progenitors, with 375 BCG and β-glucan inducing enrichment of H3K4me3 at the promoters of IL6 and TNF, and 376 BCG additionally enriching H3K9me3 (Arts et al., 2016). IL-6 production/secretion is enhanced 377 in both BCG and β-glucan innate training neither of which are known to be metabolically 378 protective. Intriguingly, Dnmt1, involved in DNA methylation maintenance (Hervouet et al., 379 2018), is downregulated in males but remains statistically unchanged in females in our 380 transcriptomic analysis following infection. While Dnmt3a, essential for establishing DNA 381 methylation patterns during development and implicated in hematopoietic stem cell clonal 382 expansion (Wang et al., 2024), is upregulated in males but downregulated in females (Figure 1). 383 These data support the hypothesis that sex-specific differences in the regulatory epigenetic 384 landscape underlie the protective metabolic reprogramming observed in males but not females.

385 In our model the most direct comparison for alterations to the chromatin landscape between 386 schistosomes and β -glucan would be the ATACseq data from *in vitro* SEA trained BMDM. A 387 large percentage of the regions with increased accessibility are related to mitochondrial function 388 and cell cycle, which have not been reported for either BCG or β -glucan. Indeed, one of the transcription factors that is enriched from the TOBIAS analysis is Nrf1, which regulates Tfam 389 390 expression and pathways related to mitochondrial respiratory function (Satoh et al., 2013). We 391 validated that *Tfam* transcript is indeed upregulated in these cells (Fig 7). Tfam has been shown 392 to increase hexokinase activity (Koh et al., 2019), so we hypothesize that the combined effects of 393 epigenetically upregulating *Nrf1* and *Tfam* are key components of metabolically protective 394 schistosome induced innate training. Critically, Nrf-1 and E2f family motif enrichment does not 395 occur in infected females (Figure 7 D), which do not have increases in number of mitochondria 396 or in mitochondrial respiration.

397 We have previously hypothesized that schistosome induced training increases 398 mitochondrial respiration in males via mitochondrial biogenesis, but that hypothesis was based only on flowcytometric quantitation of mitotracker staining. In this current study we performed 399 400 electron microscopic imaging of BMDM generated from infected and control males and females 401 and found that BMDM from infected males have increased mitochondria per area compared to 402 control uninfected, while females have fewer mitochondria. Additionally, on the 2000x images it 403 appears that BMDM from infected females may have more small lipid bodies, although we have 404 not formally quantified that, future work will focus on these sex specific ultrastructure 405 differences. Since schistosome infection induces systemic inflammation and increase to many 406 cytokines, we utilized *in vitro* and *in vivo* SEA exposure to determine if the increase in 407 mitochondria in male BMDM were directly driven by schistosome antigens. BMDM from both

408 training conditions demonstrate increased mitochondria, with the most dramatic increases in the 409 culture trained BMDM, definitively indicating that SEA training of the myeloid lineage induces 410 mitochondrial biogenesis.

411 In the current study we report that schistosome infection differentially regulates the 412 transcriptome, chromatin landscape, and mitochondrial metabolism in males and females and 413 that schistosome egg antigens exposure can replicate this unique innate immune training *in vivo* 414 and *in vitro*. Analysis of the BMDM transcriptomes from males and females revealed that over a 415 thousand genes are upregulated in male versus female BMDM regardless of S. mansoni infection state. Hundreds of these are annotated to metabolic pathways, suggesting that there are inherent 416 417 differences in male and female myeloid cellular metabolism. Over five dozen are differentially 418 regulated by infection. Focusing on the genes that are upregulated in BMDM from infected 419 males and downregulated in females, we found more than ten genes with known functions in 420 cellular metabolism. Some of these genes, like PFKFB3, have known regulatory elements for 421 progesterone and estrogen, but some of them, like Fabp4, have no published mechanism of sex 422 hormone regulation. Hexokinase transcripts are elevated in males and either not changed (*Hk1*) 423 or downregulated (Hk3) in females. Estrogen has been documented to regulate hexokinase 424 enzyme activity (but not transcription) in some cell types via activation of the Akt pathway 425 (Brinton, 2008). It is unclear if that occurs during schistosome infection as glycolysis is not 426 significantly increased in infected females. Our previously published data indicates that for 427 males, the upregulation of glycolysis is to generate TCA cycle intermediates and not lactate as an end product (Cortes-Selva et al., 2021), so the regulation induced by infection may be distinct 428 429 from other models. Our data from ovariectomized and castrated mice demonstrate that the sex 430 difference is most likely driven by an inhibitory effect of ovarian derived hormones, as castration

431 of males does not prevent schistosome induced training, but ovariectomy of females renders 432 them permissive to schistosome induced training. Indeed, our culture-based method of inducing 433 schistosome innate training demonstrates that in culture conditions where physiological levels of 434 female hormones are absent, female bone marrow can generate trained BMDM with increased 435 mitochondrial respiration levels similar to males. Combined with our ATAC-seq data showing 436 that infection increases chromatin accessibility in males and decreases it in females (Fig 1), there 437 is strong support for the hypothesis that female hormones inhibit schistosome induced training at 438 the progenitor level.

439 At the whole-body level there are known differences in lipid and glucose metabolism 440 between males and females, with females generally having more body fat (higher subcutaneous 441 and lower visceral) as well as lower muscle mass. The regulation of the distribution of body fat 442 has been attributed to estrogen, as deposition shifts from subcutaneous to visceral after 443 menopause (Svendsen et al., 1995) and deletion of estrogen receptor in mice leads to less 444 subcutaneous adiposity (Lapid et al., 2014). Additionally, women tend to have higher non-445 oxidative free fatty acid clearance via re-esterification than men (Nielsen et al., 2003), suggesting 446 that women tend to store fatty acids from the circulation while men oxidize them. At the myeloid 447 level, males on high fat diet have increased myelopoiesis compared to females, as well as more 448 proinflammatory adipose tissue macrophages (Singer et al., 2014). These differences are 449 hormonally regulated as castration of males in this model reduces adipose monocyte 450 inflammation while ovariectomy of females increased adipose tissue macrophages and bone 451 marrow myeloid colony formation (Varghese et al., 2021). Very few studies have focused on 452 sex differences in myeloid cellular lipid or glycolytic metabolism but comparing the uninfected 453 control male and female lipidomics in figure 3, females have a higher abundance of free fatty

454 acids in addition to multiple PE and PC species than males. While our 2018 publication (Cortes-455 Selva et al., 2018a) did not include females, the liver macrophage transcriptomic data suggested 456 similar shifts in male myeloid cellular metabolism as we have described in BMDM in both this 457 current paper and our 2021 paper (Cortes-Selva et al., 2021). Taking all these data together, the 458 scientific premise that there is a flip in storage versus usage of lipids and free fatty acids in male 459 and female macrophages that is amplified in the context of schistosome induced innate immune 460 training is well supported. Additional studies are needed to determine if our BMDM data is 461 representative of adipose and other tissue macrophage population during metabolic disease in 462 males versus females and if schistosome induced innate training similarly drives fatty acid 463 oxidation in metabolic tissues.

464 There are significant differences in both the susceptibility to disease presentation of 465 diabetes and CVD between males and females, with females having lower rates of diabetes but 466 increased risk of cardiovascular complications once diabetic (Humphries et al., 2017; Peters et 467 al., 2014; Yoshida et al., 2023). Few studies have focused on the role of immunometabolism in 468 this dichotomy. Females of reproductive age are generally protected from severe metabolic 469 disease compared to similarly obese males (Li et al., 2022). This protection goes away post-470 menopause (Heianza et al., 2013), suggesting that ovarian derived hormones are involved. Data 471 from cancer, type 1 diabetes, and reproductive studies indicates that progesterone can modulate 472 whole body and tissue/cellular glucose metabolism (Atif et al., 2019; Picard et al., 2002) with 473 sometimes conflicting results (Lee et al., 2020; Lee et al., 2018). Estradiol can both bind directly 474 to fatty acids and induce a form of lipolysis, while also increasing glucose uptake *in vitro*, and 475 hepatic gluconeogenesis in vivo in some models (Yan et al., 2019). Estradiol replacement therapy 476 in post-menopausal women lowered blood glucose and increased insulin sensitivity in some

477	studies (Friday et al., 2001), while others found an increasing risk of type 2 diabetes with
478	increasing duration of postmenopausal estrogen use (Zhang et al., 2002). Our data suggests clear
479	biological sex differences driven by ovarian derived hormones in both the ability of schistosomes
480	to protect from the development of HFD induced metabolic disease parameters, and the ability of
481	schistosome antigens to train the myeloid lineage towards a protective phenotype via
482	mitochondrial biogenesis and increased respiration. There are limitations to our current model, as
483	SEA contains hundreds of proteins as well as carbohydrates and lipids. Future work will be
484	focused on determining what components of SEA are necessary and sufficient to induce the
485	metabolically protective innate training described in this study. Our current data also indicate a
486	clear need for further studies in both humans and animal models to specifically probe the
487	relationship between biological sex and myeloid metabolism, and how various steroid hormones
488	regulate both cellular and whole-body metabolism.
489	Figure Legends
489 490	Figure Legends Figure 1. <i>S. mansoni</i> infection modulates the myeloid transcriptome in a sex-specific
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489 490 491 492 493 494	Figure LegendsFigure 1. S. mansoni infection modulates the myeloid transcriptome in a sex-specificmannerApoE ^{-/-} mice were fed HFD diet for 10-days before infection/mock infection with S. mansoni.Bone marrow was harvested at 10-weeks post infection, and BMDDM were differentiated with M-CSF. RNA-seq and ATAC-seq was performed on cells from separate cohorts of mice. A)
489 490 491 492 493 494 495	Figure LegendsFigure 1. S. mansoni infection modulates the myeloid transcriptome in a sex-specificmannerApoE ^{-/-} mice were fed HFD diet for 10-days before infection/mock infection with S. mansoni.Bone marrow was harvested at 10-weeks post infection, and BMDDM were differentiated with M-CSF. RNA-seq and ATAC-seq was performed on cells from separate cohorts of mice. A)Volcano plot of Genes upregulated in control uninfected ApoE ^{-/-} males on HFD versus control
489 490 491 492 493 494 495 496	Figure Legends Figure 1. S. mansoni infection modulates the myeloid transcriptome in a sex-specific manner ApoE ^{-/-} mice were fed HFD diet for 10-days before infection/mock infection with S. mansoni. Bone marrow was harvested at 10-weeks post infection, and BMDM were differentiated with M- CSF. RNA-seq and ATAC-seq was performed on cells from separate cohorts of mice. A) Volcano plot of Genes upregulated in control uninfected ApoE ^{-/-} males on HFD versus control uninfected females. B) Volcano plot of Genes upregulated by infection in ApoE ^{-/-} males on HFD
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489 490 491 492 493 494 495 496 497 498	Figure Legends Figure 1. S. mansoni infection modulates the myeloid transcriptome in a sex-specific manner ApoE ^{-/-} mice were fed HFD diet for 10-days before infection/mock infection with S. mansoni. Bone marrow was harvested at 10-weeks post infection, and BMDDM were differentiated with Me CSF. RNA-seq and ATAC-seq was performed on cells from separate cohorts of mice. A) Volcano plot of Genes upregulated in control uninfected ApoE ^{-/-} males on HFD versus control uninfected females. B) Volcano plot of Genes upregulated by infection in ApoE ^{-/-} males on HFD versus infected females. C) Overlap of genes significantly upregulated by S. mansoni infection in males and those downregulated by infection in females (adjusted p-value <0.05) along with
489 490 491 492 493 494 495 496 497 498 499	Figure Legends Figure 1. S. mansoni infection modulates the mycloid transcriptome in a sex-specific manner ApoE ^{-/-} mice were fed HFD diet for 10-days before infection/mock infection with S. mansoni. Bone marrow was harvested at 10-weeks post infection, and BMDM were differentiated with Metors for S. RNA-seq and ATAC-seq was performed on cells from separate cohorts of mice. A) Volcano plot of Genes upregulated in control uninfected ApoE ^{-/-} males on HFD versus control uninfected females. B) Volcano plot of Genes upregulated by infection in ApoE ^{-/-} males on HFD versus infected females. C) Overlap of genes significantly upregulated by S. mansoni infection in males and those downregulated by infection in females (adjusted p-value <0.05) along with

500	Table .1 D) Heatmap of peaks that are significantly altered by infection near transcription start
501	sites from the ATAC-seq data of each sex. RNA Sequencing data are from one experiment with
502	4-5 mice per group, ATAC-seq data are from one experiment of 3-4 mice per group.
503	
504	Figure 2. <i>S. mansoni</i> increases fatty acid oxidation in male but not female ApoE ^{-/-} mice on
505	HFD
506	Male and female ApoE ^{-/-} mice were fed HFD for 10 days before infection with <i>S. mansoni</i> . At
507	10-weeks post infection mice were sacrificed and M ϕ were differentiated from bone marrow
508	with M-CSF. A) SeaHorse assay results for OCR of BMDM from infected and uninfected ApoE-
509	/- males and females in complete media in basal conditions and in response to mitochondrial
510	inhibitors. (B) Quantification (in picomoles/minute) of the basal oxygen consumption of
511	BMDM. (C) Quantification of the spare respiratory capacity of BMDM from A. D) SeaHorse
512	assay results for OCR of BMDM from infected and uninfected ApoE ^{-/-} males and females in
513	media where palmitate is the carbon source in basal conditions and in response to mitochondrial
514	inhibitors. E) Quantification (in picomoles/minute) of the basal oxygen consumption of BMDM
515	from D. F) Quantification of the spare respiratory capacity of BMDM from D. G) Oil Red O
516	relative staining in BMDM. H) MitoTracker Red Deep Stain measured by flow cytometry in
517	BMDM.
518 519	Figure 3. S. mansoni infection differentially alters the cellular lipid profile in female and
520	male mice
521	BM was harvested as above and Møs were differentiated with M-CSF in a 7-day culture. Total
522	cellular lipids were extracted and analyzed via LC-MS based lipidomic analysis. A) PLS-DA
523	derived score from Female and Male HFD Infected BMDM. B) Box whisker plot of normalized

AUC of cholesterol ester species, between female infected and uninfected ApoE^{-/-} mice on HFD. C) PLS-DA derived score from HFD infected and HFD uninfected female BMDM. D) Volcano plot identifying VIP lipids in infected females. E,F) Box whiskers plots (10–90 percentile) of relative abundance of normalized BMPs and all species of free fatty acids, data are normalized to sum and treated with pareto scaling, each dot is a single species. Data are representative of 3 experiments with 4–6 mice per group in each experiment.

530

Figure 4. Elimination of Ovarian hormones allows female to undergo schistosome induced innate training.

533 Male and female ApoE^{-/-} mice were gonadectomized at 5.5 weeks of age and then fed HFD for

534 10 days before infection with S. mansoni controls are left intact. At 10-weeks post infection body

535 weight and glucose tolerance were measured prior to sacrifice (A,B). C) Mø were differentiated

536 from bone marrow from females in the indicated groups with M-CSF. Maximal respiration for

537 individual carbon sources (Glucose, Glutamine, and Palmitate) measured at steady state in single

538 carbon substrate media and specific inhibitors for each pathway. Data are representative of 3

experiments with 5-6 mice per group in each experiment. Statistical significance calculated usingANOVA.

541 Figure 5. Egg antigen injection is sufficient to induce trained myeloid immunity and

542 protection from metabolic disease in males

543 Male ApoE^{-/-} mice were fed HFD for 4 weeks before bi-weekly injections of SEA for 5 weeks.
544 A) Body weight was measured biweekly at the start of SEA administration. B) At 9 weeks post

545 HFD, 5 weeks post SEA- body composition was measured using NMR and a glucose tolerance

546 test was performed. C) SeaHorse assay results for OCR of BMDM from PBS and SEA injected

547	ApoE ^{-/-} males in media where palmitate is the carbon source in basal conditions and in response
548	to mitochondrial inhibitors. Data are representative of 2 experiments with 4-5 mice per group in
549	each experiment. Statistical significance calculated using t- tests.
550	
551	Figure 6. In vitro training of bone marrow progenitors from males and females generates
552	macrophages with metabolic profiles similar to infection trained cells
553	Male and female ApoE ^{-/-} mice were fed HFD for 6 weeks before bone marrow was harvested.
554	Bone marrow was exposed to SEA (SEA d0) or just media (No SEA) prior to differentiation of
555	macrophages with M-CSF. At day 7 of differentiation, cells from SEA d0 were split and
556	stimulated with either media or SEA for 24hr (d0+SEA 24hs). SeaHorse assays were performed
557	in complete media. A, C) Quantification (in picomoles/minute) of the basal oxygen consumption
558	of BMDM. B,D) Quantification (in picomoles/minute) of the maximal oxygen consumption of
559	BMDM. Statistical significance calculated using ANOVA data are representative of at least 3
560	biologically independent experiments.
561 562	Figure 7. SEA innate immune training increases chromatin accessibility of mitochondrial
563	replication and metabolic pathways
564	Male ApoE ^{-/-} mice were fed HFD for 6-8 weeks before bone marrow was harvested. Bone
565	marrow was trained <i>in vitro</i> as described in figure 6 with SEA or PBS control followed BMDM
566	differentiation with MCSF. At day 7 of differentiation nuclei were extracted from cells and
567	ATAC-seq was performed. A) Pathway enrichment analysis of differentially accessible peaks
568	reveals in SEA-trained BMDMs compared to PBS controls. B) Relative transcript abundance of
569	Tfam and Ffar2 quantified by RT-qPCR. Statistical significance was determined using t- tests. C)
570	TOBIAS footprinting analysis of ATAC-seq data identifies TFs with enriched binding activity in

- 571 SEA-trained BMDMs. D) 4-way scatterplot of the most divergent TF motifs between SEA
- trained male cells and infected females.
- 573

574 Figure 8. Schistosome trained immunity increases mitochondrial number in males.

- 575 BMDM were generated as for each condition as described in previous figure. BMDM were
- 576 fixed with 2.5% glutaraldehyde and 1% paraformaldehyde, processed for embedding in resin,
- 577 sectioned and then stained with uranyl acetate. Mitochondria were quantified using ImageJ in
- 578 1000X images that contained 1-3 macrophages per image. Representative images are 2000x. A,
- B) BMDM generated from male control and infected ApoE^{-/-} mice on HFD at 10 weeks post
- 580 infection. C, D) BMDM generated from female control and infected ApoE^{-/-} mice on HFD at 10
- 581 weeks post infection E, F) *In vivo* trained SEA Male ApoE^{-/-} mice were fed HFD for 4 weeks
- 582 before bi-weekly injections of SEA for 5 weeks. G, H) In vitro SEA trained ApoE^{-/-} BMDM as
- 583 described in Fig 6. Statistical significance calculated using t- tests.
- 584

585

586 **Conflict of Interest**

587 The authors declare no competing interests.

588 Acknowledgements

589 KCF and EA conceived of the project; KCF, EA, JEC, JMO, and DCS designed the experiments; 590 KCF, DCS, LG, EA, and JAM, performed the experiments; KCF, DCS, EA, JAM, JEC, and SF 591 analyzed the data; KCF, DCS, and JMO wrote the manuscript. The work was supported by The 592 University of Utah, a Scientist Development Grant from the American Heart Association to KCF 593 (14SDG18230012), 1 R01 AI158710-01 to KCF and EA, an American Heart Association Pre-594 doctoral Award (18PRE34030086) to DCS, and 1R21AI135385-01A1 to EA. B. glabrata snails 595 provided by the NIAID Schistosomiasis Resource Center of the Biomedical Research Institute 596 (Rockville, MD) through NIH-NIAID Contract HHSN272201700014I for distribution through 597 BEI Resources. JEC is supported through U54 DK110858-01, mass spectrometry equipment 598 employed was provided by 1S10OD016232-01, 1S10OD018210-01A1 and 1S10OD021505-01 599 to JEC.

600

601 LEAD CONTACT AND MATERIALS AVAILABILITY

- 602 Further information requests should be directed to and will be fulfilled by the Lead Contact,
- 603 Keke Fairfax (keke.fairfax@path.utah.edu). These studies generated no new reagents.
- 604

605 EXPERIMENTAL MODEL AND SUBJECT DETAILS

606 Ethics statement

- 607 This study was carried out in accordance with the recommendations in the Guide for the Care
- and Use of Laboratory Animals of the National Institutes of Health. The protocols were
- approved by the Institutional Animal Care and Use Committees of the University of Utah (#18–
- 610 09001).
- 611

612 **Parasite and mouse models**

- 613 Snails infected with S. mansoni (strain NMRI, NR-21962) were provided by the Schistosome
- 614 Research Reagent Resource Center for distribution by BEI Resources, NIAID NIH. ApoE^{-/-}
- 615 (B6.129P2-Apoetm1Unc/J) were purchased from the Jackson Laboratories and bred at the
- 616 University of Utah. Castration and Ovariectomy or sham-operation were performed by Jax
- 617 surgical services. 6-8-week-old male mice were housed in pathogen-free conditions and were
- 618 fed standard rodent chow (2019 rodent chow, Harlan Teklad) until 10–14 days before infection
- 619 when they were transitioned to a high-fat diet (HFD: 21% milk fat, 0.15% cholesterol: TD 88137
- 620 Envigo).
- 621
- 622 S. mansoni infection and glucose tolerance test

623	ApoE ^{-/-} male mice of 6 weeks of age were exposed percutaneously to 75–90 cercariae
624	of S. mansoni or were mocked infected (as controls). At five- and ten-weeks post-infection mice
625	were fasted for four hours and baseline blood glucose levels were obtained via lateral tail vein
626	nick. Mice were then administered a single intraperitoneal injection of glucose (2mg/g of body
627	weight, ultrapure glucose, Sigma G7528). Blood glucose levels were obtained at 20, 60, and 90-
628	minutes post injection. Individual data points obtained were analyzed by Area Under Curve
629	(AUC).
630	
631	SEA injections
632	Male or female ApoE ^{-/-} of 6 weeks were on HFD for 4 weeks. After that, mice were injected
633	biweekly with 50 ug of SEA or PBS as negative control and weight variation measured. After 5
634	weeks of injections, an IP glucose tolerance test was performed (Cortes-Selva et al., 2021). Body
635	weight and fat were measured using a Bruker Minispec LF50 device (Bruker, Karlsruhe,
636	Germany). Finally, bones were collected for cultures to generate BMDM.
637	
638	Mouse macrophage culture
639	Mouse bone marrow-derived macrophages (BMDM) were generated as follows: bone marrow
640	cells were isolated by centrifugation of bones at $>10,000 \text{ x}$ g in a microcentrifuge tube for 15
641	seconds as previously described [76]. Cells were differentiated in M-CSF (20ng/mL, Peprotech,
642	Rocky Hill, NJ) in complete macrophage medium (CMM: RPMI1640, 10% FCS, 2mM L-
643	glutamine and 1 IU/mL Pen-Strep for 6 or 7 days. On the last day, cells were harvested in

- 644 Cellstripper cell dissociation reagent (Corning) were washed with CMM and prepared for
- 645 downstream assays. For generation of ex vivo SEA trained macrophages, 5ug/ml of SEA was

646	added to the complete media culture with the bone marrow cells at (d0), for stimulation of
647	mature macrophages, the same amount of SEA was added at d6. When the effect of sexual
648	hormones was tested charcoal stripped Fetal Bovine serum (Gibco, Qualified One shot) and
649	media without phenol red were used.
650	Flow cytometry
651	Staining of BMDM was performed using the following mAb against mouse antigens: F4/80
652	(BM8, Biolegend), Mitotracker DeepRed (ThermoFisher), and Oil RedO (Thermo Fisher) .
653	Samples were acquired using Attune NxT Focusing Flow Cytometer (Thermo Fisher Scientific)
654	and analyzed using Flowjo X 10.10.0 (FlowJo LLC, Inc.).
655	
656	Glycolytic and phospho-oxidative metabolism measurement (seahorse assay)
657	BMDM from different conditions were resuspended at the same concentration in XF assay media
658	supplemented with 5% FCS and 5mM glucose. The day before the assay, the probe plate was
659	calibrated and incubated at 37 C in a non-CO2 incubator. Resuspended cells were seeded at a
660	concentration of 1.5x10 ⁵ cells per well and incubated for 20-60 minutes in the Prep Station
661	incubator (37 C non-CO2 incubator). Following initial incubation, XF Running Media (XF assay
662	media with 5% FCS and 10mM Glucose) were dispensed into each well. OCR and ECAR were
663	measured by an XF96 Seahorse Extracellular Flux Analyzer following the manufacturer's
664	instructions. For the seahorse assay, cells were treated with oligomycin (1uM), FCCP (1.5uM),
665	rotenone (100nM) and antimycin A (1uM). Each condition was performed in 2-3 technical
666	replicates. For determination of palmitate dependent respiration, BSA-conjugated palmitate
667	(BSA: palmitate = 1:6, molar ratio) was prepared according to the Seahorse protocol (Seahorse

669	fatty acid free-BSA (Sigma Aldrich) in 150 mM NaCl solution at 37°C for 1h. Palmitate-BSA
670	was stored in glass vials at -20°C until use. Cells were incubated as above in glucose limited XF
671	media per manufacturer instructions.

672

673

674 **RNA Isolation and q-RT-PCR**

675 BMDM were washed with PBS and then lysed with 350 ul of LBP (Takara). Then, Nucleospin

676 RNA plus kit (Takara) was used to extract RNA following manufacturer instructions. Next,

677 cDNA was synthesized from RNA using Superscript IV VILO (ThermoFisher Scientific) for

678 reverse transcription. qPCR was performed using TaqMan Gene expression assays (mgll, slc1a3,

beta actin, ThermoFisher) on an Applied Biosystems Stepone Plus Real-Time PCR System.

680 Beta-Actin assay number Mm02619580_g1, Tfam assay Mm00447485_m1, Ffar2 assay

Mm02620654_s1. Relative expression was calculated using the 2- $\Delta\Delta$ Ct method (Arocho et al.,

682 2006)**.**

683 RNA Sequencing

684 The sequencing data were first assessed using FastQC (Babraham Bioinformatics) for quality

685 control. Then all sequenced libraries were mapped to the mouse genome (UCSC mm10) using

686 STAR RNA-seq aligner [77] with the following parameter: "—outSAMmapqUnique 60". The

reads distribution across the genome was assessed using bamutils (from ngsutils) [78]. Uniquely

- 688 mapped sequencing reads were assigned to mm10 refGene genes using featureCounts (from
- subread) [79] with the following parameters: "-s 2 –p–Q 10". Quality control of sequencing and
- 690 mapping results was summarized using MultiQC (Ewels et al., 2016). Genes with read count per
- million > 0.5 in more than 2 of the samples were kept. The data was normalized using trimmed

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hy/	mean of M	values method	Differential e	vnression ana	IVSIS WAS	nertormed	115110	едоек
0/2	incun or m	varaes memoa.		Apression und	iyoib wub	periornica	using	cugere

- 693 (Robinson et al., 2010). False discovery rate was computed from p-values using the Benjamini-
- 694 Hochberg procedure. Pathway analysis was performed on log₂-transformed data using
- 695 Bonferroni-corrected *p*-values. The data discussed in this publication have been deposited in
- 696 NCBI's Gene Expression Omnibus (Edgar et al., 2002) and are accessible through GEO Series
- 697 accession number GSE144447
- 698 (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE144447).
- 699
- 700 ATAC-seq
- 701

702 BMDM were treated with lysis buffer with digitonin to extract nuclei. Then, approximately 703 50000 nuclei were used for tagmentation following manufacturer's instructions (Diagenode), 704 DNA purified, and libraries were prepared. After QC, libraries were sequenced using novogene 705 service using NovaSeq 6000. Raw sequencing reads were pre-processed by trimming adapters 706 and removing low-quality reads with TrimGalore (0.6.10) prior to alignment to the mouse 707 genome (GRCm39.113) using BWA (0.7.17). After alignment duplicate reads and mitochondrial 708 reads were removed. Chromatin accessibility peaks were called using MACS2 (2.2.9.1) with a q-709 value cutoff of 0.01. The resulting peaks were processed with BEDTools (2.31.1) to create a 710 consensus set, then annotated to the nearest genes using HOMER (4.11). Peak reads were 711 counted using featureCounts from the Subreads software package (2.0.6), then counts were used 712 for differential accessibility analysis using the R package DESeq2 (1.42.1). For pathway 713 enrichment analysis, genes were first filtered by removing those with discordant associated peaks 714 (*i.e.* genes having both opened and closed peaks). For bias correction and transcription factor

715	footprinting, we applied TOBIAS to the ATAC-seq data (Bentsen et al., 2020). Footprint scores
716	were calculated using TOBIAS ScoreBigwig and differential motif binding was analyzed using
717	TOBIAS BINDetect and JASPAR 2022 motif libraries to estimate TF binding activities. ATAC-
718	seq data will be deposited in GEO, accession number available at publication.
719	
720	Untargeted Lipidomics Workflow
721	Sample extraction from serum or cell pellets
722	Lipids are extracted from serum (50uL) or cell pellets in a combined solution as described in

723 (Matyash et al., 2008). Samples were incubated with 225 µL methanol (MeOH) containing

724 internal standards (IS; Avanti Splash Lipidomix, 10 µL per sample) and 750 µL methyl tert-butyl

725 ether (MTBE). The samples were sonicated for 1 minute, rested on ice for 1 hour with brief

726 vortexing every 15 minutes, followed by the addition of 200 μ L double-distilled water (ddH₂O)

727 to induce phase separation. The samples were then vortexed for 20 seconds, rested at room

728 temperature for 10 minutes, and centrifuged at 14,000 g for 10 minutes at 4°C. The upper

729 organic phase was collected and evaporated to dryness under vacuum. Lipid samples were

730 reconstituted in 200 µL isopropanol (IPA) and transferred to an LC/MS vial with insert for

731 analysis. A process blank sample and a pooled quality control sample (10 μ L per sample) were

732 also prepared.

733

734 *LC-MS Methods*

735 Lipid extracts were separated on a Waters Acquity UPLC CSH C18 1.7 µm 2.1 x 100 mm 736 column maintained at 65°C, connected to an Agilent HiP 1290 Sampler, Agilent 1290 Infinity 737 pump, and Agilent 6530 Accurate Mass Q-TOF dual ESI mass spectrometer. For positive mode,

738	the source gas temperature was set to 225°C, with a gas flow of 11 L/min and a nebulizer
739	pressure of 50 psig. For negative mode, the source gas temperature was set at 325°C, with a
740	drying gas flow of 12 L/min and a nebulizer pressure of 30 psig. Samples were analyzed in a
741	randomized order in both positive and negative ionization modes in separate experiments,
742	acquiring with the scan range m/z 100-1700. Mobile phase A consisted of acetonitrile:water
743	(60:40 v/v) with 10 mM ammonium formate and 0.1% formic acid, and mobile phase B
744	consisted of isopropanol:acetonitrile:water (90:9:1 v/v) with 10 mM ammonium formate and
745	0.1% formic acid. The chromatography gradient started at 15% mobile phase B, increased to
746	30% B over 2.4 minutes, then to 48% from 2.4-3.0 minutes, followed by an increase to 82% B
747	from 3-13.2 minutes, and then to 99% from 13.2-13.8 minutes, where it was held until 15.4
748	minutes before returning to the initial condition and equilibrating for 4 minutes. The flow rate
749	was 0.4 mL/min throughout, with an injection volume of 5 μL for positive mode and 7 μL for
750	negative mode. Tandem mass spectrometry was conducted using the same LC gradient at
751	collision energies of 20 V and 40 V.

752

753 Data Analysis and Pretreatment

Pooled quality control (QC) samples and process blanks were injected throughout the sample queue to ensure the reliability of the acquired lipidomic data. Results from LC-MS experiments were collected using Agilent Mass Hunter (MH) Workstation and analyzed using the software packages MH Qual, MH Quant (Agilent Technologies, Inc.), and LipidMatch (Koelmel et al., 2017) to prepare the data set. The data table exported from MH Quant was evaluated using Excel, where initial lipid targets were parsed based on the following criteria: only lipids with a relative standard deviation (RSD) of less than 30% in QC samples were used for data analysis.

- 761 Additionally, targets identified in blanks or double blanks at significant amounts (area under the
- 762 curve (AUC) target blank/AUC target QC >30%) were removed from analysis.

763

764

765 Electron Microscopy Imaging

766

767 BMDMs were washed with PBS and fixed using Fixatives solutions (Electron Microscopy

768 Sciences) overnight, stored at 4°C in fixative solution and sent to the Electron Microscopy

769 Laboratory at University of Utah for further processing.

After postfixation with 2% osmium tetroxide and prestaining with uranyl acetate, the ventricular

tissue slices were dehydrated in graded ethanol and pure acetone, imbedded with epoxy resin,

and sectioned at 70 nm using an ultramicrotome (Leica). Sections were poststained with acetate

and lead citrate before imaging with JEM-1400Plus or JEM1200-EX (JEOL) transmission

electron microscope with a CCD Gatan camera.

)Samples were then dehydrated using a graded ethanol series and embedded in Embed 812

776 (Electron Microscopy Sciences) using a graded resin and propylene oxide series. The 1-µ

transverse sections were cut with a diamond knife ultramicrotome and imaged using a Jeol 1400-

plus transmission electron microscope (Jeol, Tokyo, Japan) with a high-resolution digital camera

(AMT, Woburn, MA, USA). Images were captured at 1000 and 2000x for counting mitochondria

and for representative images for publication. Mitochondria were counted in ImageJ.

781

782 Statistical Analysis

783 Statistical analyses of data were performed using one-way ANOVA, a non-parametric Mann-784 Whitney test, or unpaired Student's t-test depending on the data distribution. P ≤ 0.05 were 785 considered statistically significant. Analyses and graphing were performed using Prism 786 (GraphPad v10.0) and R-language for statistical computing. 787 788 References 789 790 Al Sadoun, H., M. Burgess, K.E. Hentges, and K.A. Mace. 2016. Enforced Expression of Hoxa3 791 Inhibits Classical and Promotes Alternative Activation of Macrophages In Vitro and In 792 Vivo. J Immunol 197:872-884. 793 Antonio, J., J.D. Wilson, and F.W. George. 1999. Effects of castration and androgen treatment 794 on androgen-receptor levels in rat skeletal muscles. J Appl Physiol (1985) 87:2016-2019. 795 Arner, P., A.S. Sahlqvist, I. Sinha, H. Xu, X. Yao, D. Waterworth, D. Rajpal, A.K. Loomis, J.M. 796 Freudenberg, T. Johnson, A. Thorell, E. Naslund, M. Ryden, and I. Dahlman. 2016. The 797 epigenetic signature of systemic insulin resistance in obese women. Diabetologia 798 59:2393-2405. 799 Arocho, A., B. Chen, M. Ladanyi, and Q. Pan. 2006. Validation of the 2-DeltaDeltaCt calculation 800 as an alternate method of data analysis for quantitative PCR of BCR-ABL P210 801 transcripts. Diagnostic molecular pathology : the American journal of surgical pathology, 802 part B 15:56-61. 803 Arts, R.J.W., A. Carvalho, C. La Rocca, C. Palma, F. Rodrigues, R. Silvestre, J. Kleinnijenhuis, E. 804 Lachmandas, L.G. Goncalves, A. Belinha, C. Cunha, M. Oosting, L.A.B. Joosten, G. 805 Matarese, R. van Crevel, and M.G. Netea. 2016. Immunometabolic Pathways in BCG-806 Induced Trained Immunity. Cell Rep 17:2562-2571. 807 Atif, F., S. Yousuf, C. Espinosa-Garcia, E. Sergeeva, and D.G. Stein. 2019. Progesterone 808 Treatment Attenuates Glycolytic Metabolism and Induces Senescence in Glioblastoma. 809 Sci Rep 9:988. 810 Baars, A., A. Oosting, M. Lohuis, M. Koehorst, S. El Aidy, F. Hugenholtz, H. Smidt, M. Mischke, 811 M.V. Boekschoten, H.J. Verkade, J. Garssen, E.M. van der Beek, J. Knol, P. de Vos, J. van 812 Bergenhenegouwen, and F. Fransen. 2018. Sex differences in lipid metabolism are 813 affected by presence of the gut microbiota. Sci Rep 8:13426. 814 Barron, L., and T.A. Wynn. 2011. Macrophage activation governs schistosomiasis-induced 815 inflammation and fibrosis. European journal of immunology 41:2509-2514. 816 Benevolenskaya, E.V., and M.V. Frolov. 2015. Emerging links between E2F control and 817 mitochondrial function. Cancer research 75:619-623. 818 Bentsen, M., P. Goymann, H. Schultheis, K. Klee, A. Petrova, R. Wiegandt, A. Fust, J. Preussner, 819 C. Kuenne, T. Braun, J. Kim, and M. Looso. 2020. ATAC-seq footprinting unravels kinetics 820 of transcription factor binding during zygotic genome activation. Nat Commun 11:4267.

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