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Clinicopathological and Prognostic Value of Ki-67 Expression in Bladder Cancer: A Systematic Review and Meta-Analysis

Yuejun Tian¹[®], Zhiming Ma¹[®], Zhaohui Chen¹[®], Mingguo Li¹, Zhiping Wu², Mei Hong¹, Hanzhang Wang³, Robert Svatek³, Ronald Rodriguez³, Zhiping Wang¹*

 Institute of Urology, Lanzhou University Second Hospital, Key Laboratory of Gansu Province for Urological Diseases, Clinical Center of Gansu Province for Nephro-urology, Lanzhou University, Lanzhou, China,
 Department Gastroenterology, The Second Hospital of Lanzhou University, Lanzhou University, Lanzhou, China, 3 Department of Urology, University of Texas Health Science Center San Antonio, 7703 Floyd Curl Drive, San Antonio, Texas, United States of America

These authors contributed equally to this work.

Abstract

Background

Ki-67 is an established marker of cell proliferation, and the Ki-67 index correlates with the clinical course of several cancer types, including bladder cancer (BC). However, the clinico-pathological and prognostic significance of Ki-67 in bladder cancer remains unclear. Therefore, we performed a systematic review and meta-analysis to clarify this relationship.

Methods

A comprehensive literature search for relevant studies published up to February 1, 2016, was performed using PubMed, Cochrane Library, Embase and ISI Web of Knowledge. The effects of Ki-67 expression on survival outcome in patients with BC and BC subtypes were evaluated. Furthermore, the relationship between Ki-67 expression and the clinicopathological features of BC were assessed.

Results

Thirty-one studies with 5147 bladder cancer patients were selected for evaluation. Ki-67 expression was significantly associated with shorter recurrence-free (HR 1.69, 95% CI: 1.33–2.14), progression-free (HR 1.89, 95% CI: 1.43–2.51), overall (HR 2.03, 95% CI: 1.31–3.16), and cancer-specific (HR 1.69, 95% CI: 1.47–1.95) survival. Moreover, whereas high expression was more common in high tumor stage, recurrence status, tumor size, there was no correlation between high Ki-67 expression and age, gender, smoking habits, and tumor number. Importantly, analysis of the different subgroups of BC suggested that significant correlations between high Ki-67 expression and survival outcome (recurrence-free/progression-free/overall/cancer-specific survival) are present only in European-American patients.

^{*} erywzp@lzu.edu.com;



design, data collection and analysis, decision to publish, or preparation of the manuscript.

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Conclusion

The present results indicate that over-expression of Ki-67 is distinctly correlated with poor patient survival. Ki-67 may serve as a valuable biomarker for prognosis in BC patients, particularly in non-Asian BC patients. The results suggest no significant association between Ki-67 expression and BC prognosis in Asian patients. Further efforts are needed to fully clarify this relationship.

Introduction

Bladder cancer (BC) is a common cancer of the urinary tract, with an estimated 429,800 new cases of BC and 165,100 deaths annually worldwide [1]. Clinically, bladder tumors are classified as non-muscle invasive bladder cancer (NMIBC)(Ta/T1) and muscle-invasive bladder cancer (MIBC)(T2-T4), NMIBC is also called superficial bladder cancer. Although many factors have been identified as risk factors for BC, such as smoking, age, obesity and diabetes, the pathogenesis of BC remains unclear [2, 3]. Cystoscopy and biopsy are the gold standards for the initial diagnosis of BC but are invasive, uncomfortable, and expensive [4, 5]. Therefore, novel biomarkers for early diagnosis, prognostic evaluation and effective treatment of BC are needed.

Ki-67 is a DNA-binding nuclear protein that is expressed throughout the cell cycle in proliferating but not quiescent (G0) cells [6]. Ki-67 is a predictive factor for tumor development, and its expression has been correlated with poor prognosis in several types of cancer [7-10]. However, the role of Ki-67 in the prognosis of BC remains controversial. Chen et al. [11] confirmed that Ki-67 was an independent predictor of tumor recurrence and progression in a study of 72 cases of NMIBC. Makboul and Gontero et al. [12, 13] demonstrated that Ki-67 was only an independent predictor of progression and not recurrence in NMIBC patients. Tanabe et al. [14] demonstrated that high Ki-67 expression status might facilitate the selection of chemora-diotherapy-based multimodal approaches in terms of prognosis and quality of life as a result of bladder preservation in MIBC patients. Studies have revealed that Ki-67 is not correlated with or an independent predictor of BC recurrence, progression, and death. For example, Acikalin et al. [15] reported that there was no correlation between Ki-67 and tumor recurrence, progression or tumor-related mortality in a study of 68 patients with stage T1 who underwent transurethral resection of the tumor.

The optimal approach to the interpretation and assessment of Ki-67 in clinical practice remains controversial among pathologists. In addition, the roles of Ki-67 expression and clinical significance in BC have not been thoroughly investigated. In this study, we performed a meta-analysis to explore the relationship between Ki-67 expression and its prognostic value in BC. This systematic review and meta-analysis was reported and performed in accordance with PRISMA guidelines (<u>S3 Table</u>) [<u>16</u>].

Materials and Methods

Study strategy

The PubMed, Cochrane, Embase and Web of Knowledge databases were searched systematically for relevant articles published up to February 1, 2016. Because the data in this study were extracted from previous studies, ethical approval from ethics committees was not required.

The search terms were "bladder," "urothelial," "cancer or tumor or neoplasm or carcinoma," "expression," "Ki-67 or Ki67 or MIB-1 or MIB 1", and "prognosis or prognostic or outcome." The criteria for eligibility were as follows: (1) Ki-67 expression evaluated in primary BC tissues; (2) evaluation of the relationship between Ki-67 expression and BC clinicopathological parameters and prognosis; and (3) sufficient information to estimate the hazard ratio (HR) of recurrence-free survival (RFS), progression-free survival (PFS), overall survival (OS), and cancer-specific survival (CSS) and a 95% confidence intervals (CIs). Papers containing any of the following were excluded: (1) duplicate literature or duplicate data presented at conferences; (2) reviews, no available data, or abstract only; (3) studies of cancer cell lines and animal models; and (4) insufficient data to obtain HR and its standard error. For overlapping articles, only the highest-quality and most-recent literature were retained.

Data extraction and methodological assessment

The following information was recorded for each study: the first author's name, publication year, sample source, number of cases, median or mean of patient age, gender, cancer stage, antibody source and dilution, percentage rate of expression, and follow-up period. We pre-ferred to collect multivariate analysis data. If data were not available, data from univariate analyses of survival outcomes were extracted. All data were extracted by two independent observers (ZMM and ZHC). The quality of the selected articles was assessed according to the Newcastle-Ottawa Scale (NOS) criteria [17]. If data could not be obtained from the literature, we regarded the related data as not available.

Statistical analysis

The statistical analysis was conducted using Review Manager 5.3 (Cochrane Collaboration, Oxford, UK) and STATA 14.0 (Stata Corporation, TX). HRs and 95% CIs were used to evaluate the relationships between Ki-67 expression and RFS, PFS, OS, and CSS rates. ORs (odds ratios) and 95% CIs were used to estimate the relationships between Ki-67 expression and clinico-pathological parameters, including age, sex status, tumor stage, recurrence status, tumor number, and tumor size. The statistical significance of the pooled ORs and HRs was evaluated by the Z test. Heterogeneity among the studies was evaluated with Cochran's Q test and I² tests [18]. When the I² statistic results were 0–50%, a fixed-effect model was used to calculate parameters. If the I² statistic results were 50–100%, a random-effects model was considered more appropriate than a fixed-effects model. A p value < 0.05 was considered statistically significant. Funnel plots and Begg's test were used to evaluate potential publication bias [19].

Results

Study characteristics

Our search strategy initially identified 412 articles. Following deduplication (n = 60), the two reviewers independently screened the identified titles and abstracts. After manually screening the titles and abstracts, 22 studies were excluded because they were case reports (n = 2), review articles (n = 6), conference abstracts (n = 4), meta-analysis (n = 2) or studies irrelevant to the human studies (n = 8). Seven articles were ultimately excluded due to overlap with previously reported studies (n = 4). Thus, 31 articles published from 2001 to 2016 were included in the final meta-analysis [20–50] (Fig 1).

The main characteristics of the 31 studies included in our meta-analysis are presented in <u>S1</u> <u>Table</u>. Of the 31 studies, 5 were conducted in America, five in Germany, five in China, three in Greece, three in Spain, three in Korea, two in Italy, two in Japan, and one each in Portugal, Switzerland, and the UK. In 5 of the 31 studies, patients received intravesical BCG therapy. The follow-up period of the studies ranged from 2 months to 124 months. The age of the patients ranged from 21 to 97 years, and the overall proportion of males was 80.33%.

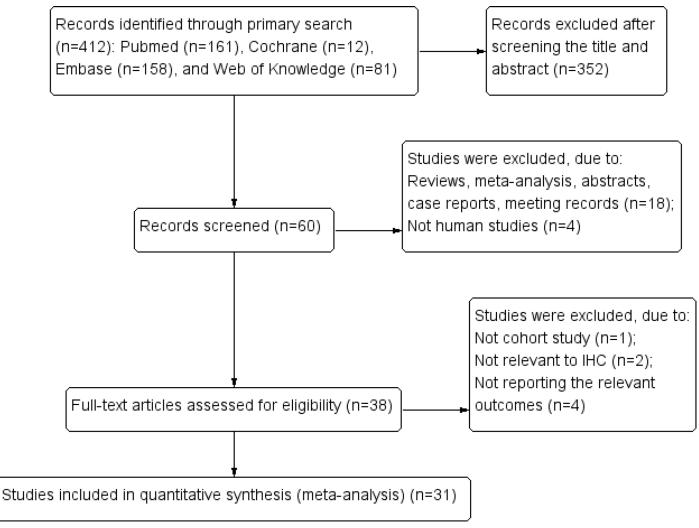


Fig 1. Flow chart shows study selection procedure.

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Positive/high Ki-67 expression was defined by immunohistochemistry (IHC) using different antibodies and cut-off values (range, 5–55%) (<u>S2 Table</u>).

Of the 31 studies, 23 provided HRs and 95% CI values directly. Six papers provided the relative risk (RR), and two articles provided OR values, which we used to estimate HR. Of the 31 studies, a significant association between high Ki-67 expression and poor RFS, PFS, OS and CSS was demonstrated in five [22, 26, 34, 35, 48], five [31, 36, 43, 46, 48], six [20, 24, 28, 29, 31, 42] and seven studies [27, 30, 33, 34, 42, 46, 47], respectively. Of the literature, eleven, five, three and two studies linking Ki-67 expression with poor RFS [21, 25, 37–41, 43–45], PFS[21, 25, 41, 44, 49], OS [23, 32, 41] and CSS [43, 50], respectively, lacked statistical significance.

Correlation of high Ki-67 expression with RFS in bladder cancer

Of the 16 studies investigating the association between Ki-67 expression and RFS, 7 involved Asian patients (n = 2163), and 9 involved non-Asian patients (n = 610). The overall HR for BC patients was 1.69 (95% CI 1.33–2.14, P < 0.0001, n = 2773), with significant heterogeneity (I² = 55%, P = 0.004; Fig.2 and Table 1). Subgroup analyses indicated that the risk was significant in

				Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	Weight	IV, Random, 95% CI Year	IV, Random, 95% Cl
Bi_2012	0.3401	0.1859	10.1%	1.41 [0.98, 2.02]	
Santos_2003	2.2192	0.7163	2.4%	9.20 [2.26, 37.45] 2003	
Krüger_2003	1.0101	0.4153	5.2%	2.75 [1.22, 6.20] 2003	
Theodoropoulos_2005	0.854	0.37	5.9%	2.35 [1.14, 4.85] 2005	· · · · · ·
Mahnken_2005	0.3988	0.3952	5.5%	1.49 [0.69, 3.23] 2005	
Margulis_2009	1.0152	0.1542	10.9%	2.76 [2.04, 3.73] 2009	
Maeng_2010	1.134	0.4668	4.5%	3.11 [1.24, 7.76] 2010	· · · · · · · · · · · · · · · · · · ·
Youssef_2011	0.0862	0.5266	3.8%	1.09 [0.39, 3.06] 2011	
Wosnitzer_2011	0.1906	0.561	3.5%	1.21 [0.40, 3.63] 2011	
Behnsawy_2011	0.2776	0.2517	8.4%	1.32 [0.81, 2.16] 2011	+•
Shan_2012	-0.0726	0.4179	5.2%	0.93 [0.41, 2.11] 2012	
Ruan_2013	-0.3711	0.392	5.6%	0.69 [0.32, 1.49] 2013	
Park_2013	-0.3011	0.478	4.4%	0.74 [0.29, 1.89] 2013	
Otto_2013	0.5128	0.287	7.6%	1.67 [0.95, 2.93] 2013	
Ding_2014	0.7608	0.1986	9.7%	2.14 [1.45, 3.16] 2014	_ _ _
Bertz_2014	0.5596	0.2975	7.4%	1.75 [0.98, 3.14] 2014	
Total (95% Cl)			100.0%	1.69 [1.33, 2.14]	•
Heterogeneity: Tau ² = 0.	11; Chi ² = 33.49, df =	15 (P = 0	0.004); l ² :	= 55%	
Test for overall effect: Z		0.05 0.2 1 5 20			
	(Favours positive Ki-67 Favours negative Ki-67



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non-Asian patients (HR 2.23, 95% CI 1.82–2.73, P < 0.00001) with heterogeneity (I² = 33%, P = 0.16), but not in Asian patients (HR 1.36, 95% CI 0.97–1.90, P = 0.07), with significant heterogeneity (I² = 55%, P = 0.04).

Next, subgroups including tumor stage (six studies for stage T1, six for stages Ta-T1, and four for stages Ta/1-T4) and type of BC (14 studies for urothelial bladder cancer and 1 for squamous cell carcinoma) were analyzed. The analyses indicated that high Ki-67 expression was associated with shorter RFS in stage T1 and stages Ta-T1 patients (HR 1.45, 95% CI 1.09–1.93, P = 0.01; and HR 1.99, 95% CI 1.54–2.57, P < 0.00001, respectively) with heterogeneity ($I^2 = 42\%$, P = 0.13; and $I^2 = 46\%$, P = 0.10, respectively), but no association with shorter RFS was observed in patients in stages Ta/1-T4 (HR 1.56, 95% CI 0.91–2.66, P = 0.11). Moreover, our analyses revealed that Ki-67 expression was associated with shorter RFS in urothelial bladder cancer (HR 1.79, 95% CI 1.40–2.28, P < 0.00001). No significant association was observed between Ki-67 expression and squamous cell carcinoma (HR 1.09, 95% CI 0.39–3.08, P = 0.87). Furthermore, Ki-67 expression was an independent prognostic factor for BC treated with BCG therapy (HR, 1.63; 95% CI, 1.20–2.23; P = 0.002) (Table 1).

Relationships between Ki-67 expression and RFS in bladder cancer using different cut-off values

Subgroup analysis demonstrated that the relationship between Ki-67 expression and RFS was not significant using different Ki-67 cut-off values (10%, 25%, 50%). The pooled HRs and 95% CIs were as follows: 1.56 (95% CI 1.13–2.16) vs. 1.68 (95% CI 1.27–2.21) for a cut-off value of 10%, 1.61(95% CI 1.16–2.22) vs. 1.97 (95% CI 1.48–2.62) for a cut-off value of 25%, and 1.65 (95% CI 1.27–2.15) vs. 1.99 (95% CI 1.14–3.49) for a cut-off value of 50% (S1–S3 Figs and S2 Table).

Correlation between high Ki-67 expression and PFS in bladder cancer

The pooled HR and 95% CI for RFS provided in ten studies was 1.89, 95% CI 1.43–2.51, P < 0.0001, with heterogeneity ($I^2 = 45\%$, P = 0.06; Fig 3 and Table 1). The risk was significant

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	Outcome	Studies (n)	Patients	HR	95%CI	P value	Model	Heterogeneity	
								Chi ² , I ² , P value	
RFS	All study	16	2773	1.69	1.33–2.14	0.000	Random	33.49, 55%, 0.004	
	Asian	7	2163	1.36	0.97–1.90	0.07	Random	13.37, 55%, 0.04	
	Non-Asian	9	610	2.23	1.82-2.73	0.000	Fixed	11.85, 33%, 0.16	
	Stage T1	6	927	1.45	1.09–1.93	0.01	Fixed	8.58, 42%, 0.13	
	Stage Ta-T1	6	774	1.99	1.54-2.57	0.000	Fixed	9.26, 46%, 0.10	
	Stage Ta/1-T4	4	1072	1.56	0.91-2.66	0.11	Random	12.52, 76%, 0.006	
	UBC	14	2560	1.79	1.40-2.28	0.000	Random	28.88, 55%, 0.007	
	SCC	1	152	1.09	0.39–3.08	0.87	Fixed	-	
	BCG	5	522	1.63	1.20-2.23	0.002	Fixed	4.42, 10%, 0.35	
PFS	All study	10	1694	1.89	1.43-2.51	0.000	Fixed	16.34, 45%, 0.06	
	Asian	4	618	1.35	0.48–3.82	0.57	Random	11.41, 74%, 0.01	
	Non-Asian	6	1076	2.05	1.45–2.89	0.000	Fixed	4.33, 0%, 0.50	
	Stage T1	5	799	1.78	1.22-2.60	0.003	Fixed	6.42, 38%, 0.17	
	Stage Ta-T1	4	799	2.80	1.75–4.49	0.000	Fixed	1.04, 0%, 0.79	
	Stage Ta-T4	1	96	0.57	0.22-1.49	0.253	Fixed	-	
os	All study	9	1159	2.03	1.31–3.16	0.002	Random	40.37, 80%, 0.000	
	Asian	2	241	2.97	0.19–47.15	0.44	Random	12.21, 92%, 0.0005	
	Non-Asian	7	918	1.96	1.26-3.06	0.003	Random	27.12, 78%, 0.0001	
	Stage Ta-T1	4	638	2.76	1.81–4.20	0.001	Fixed	1.05, 0%, 0.79	
	Stage T2-T4	1	82	2.33	0.99–5.43	0.05	Fixed	-	
	Stage Ta/1-T4	4	439	1.40	0.82-2.40	0.22	Random	15.33, 80%, 0.002	
CSS	All study	9	2528	1.69	1.47–1.95	0.000	Fixed	10.42, 23%, 0.24	
	Asian	1	103	1.58	0.56–4.47	0.38	Fixed	-	
	Non-Asian	8	2425	1.69	1.47–1.95	0.000	Fixed	10.41, 33%, 0.17	
	Stage T1	3	695	2.86	1.16–7.02	0.02	Random	4.95, 60%, 0.08	
	Stage Ta-T1	1	192	3.46	1.22-9.80	0.01	Fixed	-	
	Stage T2-T4	1	73	4.70	1.14–19.28	0.032	Fixed	-	
	Stage Ta/1-T4	5	1641	1.61	1.39–1.87	0.000	Fixed	0.73, 0%, 0.95	

Table 1. Results of subgroup analysis of the association between Ki-67 expression and RFS/PFS/OS/CSS of bladder cancer.

BCG: bacillus Calmette-Guerin; CSS: cancer-specific survival; Fixed: Fixed, Inverse Variance model; HR: hazard ratio; I²: I-squared; OS: overall survival; PFS: progression-free survival; Random: Random, I-V heterogeneity model; RFS: recurrence-free survival; SCC: squamous cell carcinoma; UBC: urothelial bladder cancer.

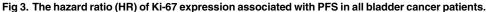
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in non-Asian patients but not in Asian patients, and the combined HRs and 95% CIs were as follows: HR 2.05, 95% CI 1.45–2.89, P < 0.0001; and HR 1.35, 95% CI 0.48–3.82, P = 0.57, respectively. Further subgroup analysis indicated that the risk was higher in the very early stage (stages Ta-T1) compared with stage T1, with the following combined HRs and 95% CIs: HR 2.80, 95% CI 1.75–4.49, P < 0.00001; HR 1.78, 95% CI 1.22–2.60, P = 0.003, respectively. But no significant association with PFS was observed in patients in stages Ta-T4, and the combined HRs and 95% CIs were as follows: HR 0.57, 95% CI 0.22–1.49, P = 0.253.

Correlation of high Ki-67 expression with OS and CSS in bladder cancer

The pooled HR for OS provided in nine studies indicated that Ki-67 expression was associated with worse survival in BC patients (HR = 2.03, 95% CI 1.31–3.16; P = 0.002), with heterogeneity (I² = 80%, P < 0.0001; <u>S4 Fig</u> and <u>Table 1</u>). Subgroup analysis demonstrated that the risk was significant in non-Asian patients but not in Asian patients, and the combined HRs and

				Hazard Ratio				Haza	rd Ratio			
Study or Subgroup	log[Hazard Ratio]	SE	Weight	IV, Fixed, 95% C	Year			IV, Fix	<u>ed, 95%</u>	CI		
Krüger_2003	0.3853	0.571	6.4%	1.47 [0.48, 4.50]	2003							
Mahnken_2005	0.1222	0.416	12.0%	1.13 [0.50, 2.55]	2005				-			
Quintero_2006	1.2179	0.5065	8.1%	3.38 [1.25, 9.12]	2006				—			—
Seo_2010	1.2238	0.6018	5.7%	3.40 [1.05, 11.06]	2010							
Shan_2012	-0.5621	0.4857	8.8%	0.57 [0.22, 1.48]	2012			•	<u> </u>			
Otto_2013	0.7467	0.3725	15.0%	2.11 [1.02, 4.38]	2013					•		
Park_2013	-0.8651	0.8244	3.1%	0.42 [0.08, 2.12]	2013							
Bertz_2014	1.0296	0.3332	18.7%	2.80 [1.46, 5.38]	2014				-			
Ding_2014	1.0886	0.3765	14.7%	2.97 [1.42, 6.21]	2014				-	-		
Poyet_2015	0.5653	0.5266	7.5%	1.76 [0.63, 4.94]	2015							
Total (95% CI)			100.0%	1.89 [1.43, 2.51]								
Heterogeneity: Chi ² =	16.34, df = 9 (P = 0.0	6); l² = 4	5%							+		-+
Test for overall effect:	Z = 4.43 (P < 0.0000)	1)				0.1	0.2 Favours p	0.5 ositive Ki-67	7 Favou	iz irs nega	5 tive Ki-67	10 7



doi:10.1371/journal.pone.0158891.g003

95% CIs were as follows: HR 1.96, 95% CI 1.26–3.06, P = 0.003; and HR 2.97, 95% CI 0.19–47.15, P = 0.44, respectively. Next, subgroups including tumor stage (four studies for stages Ta-T1, one for stages T2-T4, and four for stages Ta/1-T4) were analyzed. The analyses indicated that high Ki-67 expression was associated with shorter OS in stages Ta-T1 patients (HR 2.76, 95% CI 1.81–4.20, P = 0.001) with heterogeneity ($I^2 = 0\%$, P = 0.79), but no association with shorter OS was observed in patients in stages T2-T4 and stages Ta/1-T4 (HR 2.33, 95% CI 0.99–5.43, P = 0.05; and HR 1.40, 95% CI 0.82–2.40, P = 0.22, respectively).

Similarly, the pooled HR for CSS provided in nine studies indicated that Ki-67 expression was associated with worse survival in BC patients (HR = 1.69, 95% CI 1.47–1.95; P < 0.0001), with heterogeneity (I² = 23%, P = 0.24; <u>S5 Fig</u> and <u>Table 1</u>). Subgroup analysis demonstrated the risk was significant in non-Asian patients but not in Asian patients, and the combined HRs and 95% CIs were as follows: HR 1.69, 95% CI 1.47–1.95, P < 0.0001; and HR 1.58, 95% CI 0.56–4.47, P = 0.38, respectively. Next, subgroups including tumor stage (three studies for stage T1, one for stages T2-T4, and five for stages Ta/1-T4) were analyzed. The analyses indicated that high Ki-67 expression was associated with shorter OS in stage T1, stages Ta-T1, stages T2-T4, and stages Ta/1-T4 patients (HR 2.86, 95% CI 1.16–7.02, P = 0.02; HR 3.46, 95% CI 1.22–9.80, P = 0.01; HR 4.70, 95% CI 1.14–19.28, P = 0.032; and HR 1.61, 95% CI 1.39–1.87, P < 0.00001, respectively).

Relationships between Ki-67 expression and clinicopathological parameters

In this meta-analysis, the relationships between clinicopathological characteristics such as age, gender, smoking habits, tumor stage, recurrence status, tumor number, and tumor size and elevated Ki-67 expression were compared on the basis of 31 studies. The results of the meta-analysis revealed significant associations between high Ki-67 expression and higher tumor stage (Ta vs. T1; Ta/1 vs. T2-4), recurrence status, and larger tumor size. The combined ORs and 95% CI swere as follows: OR 0.29, 95% CI 0.19–0.42, P < 0.00001; OR 0.30, 95% CI 0.09–1.02, P = 0.05; OR 0.43, 95% CI 0.20–0.90, P = 0.02; and OR 1.80, 95% CI 1.26–2.56, P = 0.001, respectively. However, significant associations between Ki-67 and age, gender, smoking habits, and tumor number were not observed in BC patients. The combined ORs and 95% CI swere as follows: OR 1.02, 95% CI 0.41–2.54, P = 0.97; OR 1.09, 95% CI 0.83–1.43, P = 0.55; OR 1.28, 95% CI 0.86–1.89, P = 0.22; and OR 1.28, 95% CI 0.60–2.77, P = 0.52, respectively (Table 2).



Outcome of interest	Studies (n)	Patients	OR	95%CI	P value	Model	Heterogeneity Chi ² , I ² , P value	
Age (≥65 vs. <65)	2	293	1.02	0.41–2.54	0.97	Random	2.03, 51%, 0.15	
Gender (Male vs. Female)	6	1551	1.09	0.83–1.43	0.55	Fixed	3.59, 0%, 0.61	
Asian	3	522	0.89	0.56-1.43	0.63	Fixed	1.75, 0%, 0.42	
Non-Asian	3	1029	1.20	0.86-1.68	0.29	Fixed	0.87, 0%, 0.65	
Smoke habits (Smoke vs. Non-smoke)	1	588	1.28	0.86-1.89	0.22	Fixed	-	
Ta vs. T1	4	570	0.29	0.19–0.42	0.000	Fixed	3.20, 6%, 0.36	
Ta-1 vs. T2-4	3	1010	0.30	0.09-1.02	0.05	Random	12.97, 85%, 0.002	
Recurrence vs. No recurrence	6	897	0.43	0.20-0.90	0.02	Random	18.64, 73%, 0.002	
Multiple vs. Single	3	522	1.28	0.60-2.77	0.52	Random	6.28, 68%, 0.04	
Tumor size (<3 vs. ≥3cm)	4	686	1.80	1.26-2.56	0.001	Fixed	3.46, 13%, 0.33	

 Table 2. Results of subgroup analysis of the association between Ki-67 expression and clinicopathological parameters.

Fixed: Fixed, Inverse Variance model; 12: I-squared; OR: odd ratio; Random: Random, I-V heterogeneity model.

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Publication bias

Publication bias was conducted by Begg's test for RFS and PFS of bladder carcinoma, with P values of 0.964 and 0.152, respectively. (Fig 4A and 4C). Quantitative assessment by Egger's test for RFS and PFS suggested that our analyses were stable (P = 0.350, P = 0.195) (Fig 4B and 4D).

Discussion

Increasing evidence indicates that BC genomes exhibiting the most complex alterations are associated with a high Ki-67 proliferation index [51]. Pichu et al. [52] reported that in BC cells, prior exposure to anti-Ki-67 siRNA induces tumor cells to undergo curcumin-induced growth arrest and apoptosis by non-p53 and non-p21-dependent signaling pathways, which may be useful for gene therapy. Wang et al. [53] reported that the combined effects of TP53 and Ki-67 revealed predictive value for NMIBC recurrence. However, the relationship between Ki-67 and outcome remains unclear, and the roles and clinical significance of Ki-67 expression in BC have not been thoroughly investigated [54].

In the present study, the analyses of the pooled data indicated that (1) BC patients with high Ki-67 expression had a lower survival rate; (2) high Ki-67 expression was associated with the more aggressive clinical stage and larger tumor size in BC patients; (3) aberrant Ki-67 expression was higher in recurrent BC than in non-recurrent BC; (4) Ki-67 expression was not strongly associated with age, gender, and tumor number in BC patients; (5) a strong relationship between poor prognostic indicators and Ki-67 expression was established only for European-American patients. The correlation between Ki-67 expression and survival outcome (RFS/PFS/OS/CSS) did not reach statistical significance in Asian patients. Our study provides insights on the results of individual studies focused on the hypothesis that Ki-67 is a prognostic factor for BC and suggests that adjuvant therapy may be helpful in the high-risk subgroup of patients. Although further validation and investigation are needed, these data provide new insights on the biological aggressiveness of BC in Asian versus in non-Asian patients.

The biological mechanism of Ki-67 explains its prognostic significance in BC. Ki-67 is an index of cell proliferation and a measure of cell growth fraction during the G1, S, G2 and M stages of the cell cycle and is widely applied in immunohistochemistry (IHC) to estimate the activities of cell proliferation in many cancers. Some researches investigated the relationships between the Ki-67 and distant metastases [55, 56]. They found that Ki-67 expression was upregulated in the transforming growth factor- β 1 (TGF- β 1) treated tumors, and TGF- β 1 promotes

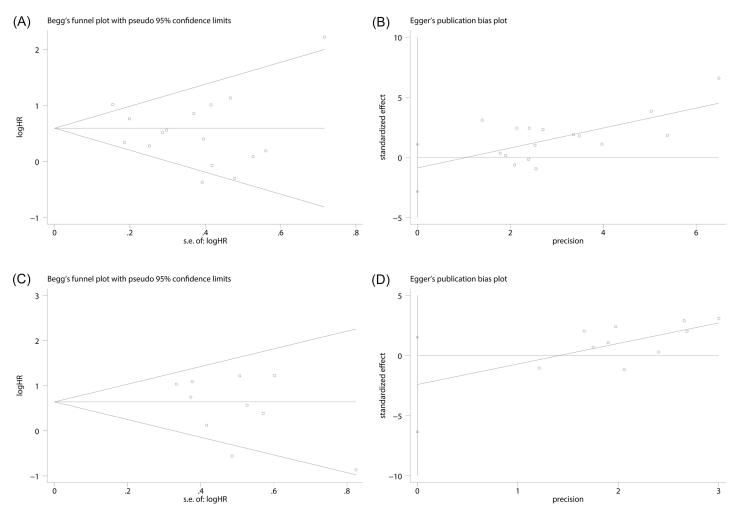


Fig 4. Funnel plots were used to evaluate publication bias on RFS and PFS. (A) Begg's test was not significant intending no significant bias was observed on RFS. (B) Egger's test was not significant intending no significant bias was observed on RFS. (C) It showed no publication bias on PFS in Begg's test, (D) It showed no publication bias on PFS in Egger's test.

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EMT (epithelial-to-mesenchymal transition), migration, and invasion in bladder cancer cells [57]. Furthermore, it was showed that highly Ki-67 may induce EMT by increasing the expression of vimentin, which enhances cancer cell invasion and metastatic [58].

The present meta-analysis is the first study to systematically evaluate the associations between Ki-67 expression and clinicopathological features and prognostic factors in BC. Ki-67 can be considered an oncogene, and its activation may contribute to tumor progression and poor prognosis. Based on this meta-analysis, we suggest that Ki-67 expression in BC tends to indicate a poor prognosis.

Several limitations of this study must be acknowledged. In the included studies, the antibodies used to detect Ki-67 expression were not identical (anti-Ki67 mAb and anti-MIB-1 mAb). The definitions of the cut-off value also differed. Clinical factors such as race, age, and the use of different chemotherapies in each study may also be sources of bias. Non-English studies, unpublished studies, and studies that did not provide sufficient data to calculate HRs were not included in the assessment of the predictive value of Ki-67 for survival. These approaches may have produced errors due to the inclusion of inaccurate readings. Finally, although we included 31 studies comprising 5147 cases in this meta-analysis, few studies were categorized for subgroup analysis, and several survival subgroup analyses data lack. Therefore, more welldesigned and large-scale trials are needed to confirm these findings.

In conclusion, our meta-analysis confirmed the significant associations between Ki-67 expression and clinicopathological features and prognostic factors in BC. Although subgroup analysis indicated no significant association between Ki-67 expression and BC prognosis in Asian patients. Our meta-analysis demonstrates that Ki-67 has a detrimental effect on clinico-pathological features and recurrence status in BC. Therefore, Ki-67 could serve as an independent prognostic factor of RFS, PFS, OS and CSS in European-American patients. Ki-67 may be a novel candidate for BC genotyping and an indicator for predicting the prognosis of BC patients.

Supporting Information

S1 Fig. Cutoff value \geq 10% and cutoff value < 10%. HR of Ki-67 expression associated with RFS in all BC patients subgroup. Abbreviations: HR, hazard ratio; RFS, recurrence-free survival; BC, bladder cancer.

(TIF)

S2 Fig. Cutoff value \geq 25% and cutoff value < 25% . HR of Ki-67 expression associated with RFS in all BC patients subgroup. Abbreviations: HR, hazard ratio; RFS, recurrence-free survival; BC, bladder cancer.

(TIF)

S3 Fig. Cutoff value \geq 50% and cutoff value < 50% . HR of Ki-67 expression associated with RFS in all BC patients subgroup. Abbreviations: HR, hazard ratio; RFS, recurrence-free survival; BC, bladder cancer.

(TIF)

S4 Fig. HR of Ki-67 expression associated with OS in all BC patients. Abbreviations: HR, hazard ratio; OS, overall survival; BC, bladder cancer. (TIF)

S5 Fig. HR of Ki-67 expression associated with CSS in all BC patients. Abbreviations: HR, hazard ratio; CSS, cancer-specific survival; BC, bladder cancer. (TIF)

S1 Table. Summary of the characteristics of enrolled studies. (DOCX)

S2 Table. HR values of RFS of BC subgroups depended on cutoff value. (DOCX)

S3 Table. PRISMA 2009 checklist. (DOC)

S4 Table. The raw data of <u>Fig 4</u>. (RAR)

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Author Contributions

Conceived and designed the experiments: YJT RR Z. Wang. Performed the experiments: YJT MGL Z. Wu MH HZW RS RR. Analyzed the data: ZMM ZHC Z. Wang. Contributed reagents/ materials/analysis tools: YJT ZMM ZHC. Wrote the paper: YJT RR RS Z. Wang.

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