



Efficacy and Safety of Platinum-Based Chemotherapy for Ovarian Cancer During Pregnancy: A Systematic Review and Meta-Analysis

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ABSTRACT

Introduction: Based on the available data on ovarian cancer during pregnancy, we performed a review and meta-analysis to evaluate the efficacy and safety of platinum-based chemotherapy against ovarian cancer during pregnancy.

Methods: We systematically searched three databases including the PubMed, Embase, and Cochrane Library databases for articles published from January 1986 to December 2020 using the following terms: “ovarian tumors OR ovarian carcinoma OR adnexal masses OR ovarian cancer” AND “pregnancy” AND “chemotherapy.” Two authors (Yaping Pei and Yuanfeng Gou) independently searched the literature and extracted data from each eligible study. The outcome measures were overall survival (OS) and progression-free survival (PFS).

The OS and PFS of all patients were estimated by Kaplan–Meier survival curves and log-rank tests.

Results: A total of 43 studies including 55 cases of ovarian cancer during pregnancy were selected. Forty-eight patients were comprehensively staged using the International Federation of Gynecology and Obstetrics (FIGO) staging system. Twenty-six of the 48 patients (54.17%) were diagnosed with early-stage disease, while the remaining had advanced stages (II, III, and IV). The mean age at diagnosis was 29.31 years. The majority of patients in this meta-analysis were diagnosed at a mean gestational age of 16.05 weeks. The mean GA at chemotherapy administration was 17.42 weeks. Overall, 55 women gave birth to 56 newborns, including a pair of twins. At the end of follow-up (median 10 months, range 0–73 months), all the children were healthy, except for one child who died 5 days after delivery due to a congenital abnormality. During 2–204 months of follow-up, there were five cases of recurrence, with no evidence of recurrence in the remaining cases. Unfortunately, one patient died 29 months after diagnosis. Neither median overall survival nor median progression-free survival was obtained.

Conclusion: Platinum-based chemotherapy may be a good choice for pregnant women with ovarian cancer who want to continue their pregnancy.

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Key Summary Points

The incidence of cancer during pregnancy is likely to increase due to the delay in childbearing and application of reproductive technology. Ovarian cancer ranks fifth among the most common malignant tumors diagnosed during pregnancy, with an incidence of 0.2–2% globally.

Based on the available data on ovarian cancer during pregnancy, we performed a review and meta-analysis to evaluate the efficacy and safety of platinum-based chemotherapy against ovarian cancer during pregnancy.

Platinum-based chemotherapy may be a potential approach for patients with early-International Federation of Gynecology and Obstetrics (FIGO)-stage ovarian cancer during pregnancy.

INTRODUCTION

The incidence of cancer during pregnancy is likely to increase due to the delay in childbearing and the application of reproductive technology [1]. The incidence of ovarian cancer has been reported at rates varying from 0.15 to 5.7%. Most ovarian tumors are benign and a few are borderline, while malignant tumors are rare [2]. Ovarian cancer ranks fifth among the most common malignant tumors diagnosed during pregnancy, with an incidence of 0.2–2% globally [3]. Owing to its low incidence and particularity, the diagnosis and treatment process usually needs to comprehensively consider many factors, such as pathological type, stage, gestational age, maternal and fetal prognosis, and the wishes of patients and family members, which increases the difficulty in diagnosis and treatment. Although guidelines based on the

Third International Consensus definitions were developed by the European Society for Medical Oncology in 2019, there are no relevant data from large randomized trials that provide standard treatment for ovarian cancer during pregnancy. The goal for pregnant patients with ovarian cancer is the same as for non-pregnant individuals: to improve progression-free survival and preserve fertility. In addition, maintaining the optimal balance between management of the mother's cancer and preserving fetal health is critical. Therefore, multidisciplinary teams including gynecologists, obstetricians, pathologists, chemotherapists, and pediatricians are needed to provide a comprehensive therapeutic strategy and individualized treatment for patients with ovarian cancer. Standard chemotherapy for ovarian cancer in cases without pregnancy include platinum-based chemotherapy followed by surgery; in particular the combination of carboplatin and paclitaxel is suggested. Systemic chemotherapy and surgery are not administered in the first trimester to avoid affecting fetal outcomes due to the higher risk of spontaneous abortion and congenital malformations. Fetal deformity rates of 14–19% have been reported with exposure to chemotherapy drugs in the early stage of pregnancy, whereas the rate with exposure in the second and third trimesters is similar to that in healthy pregnant women (1–6%) [4]. However, studies have shown that while chemotherapy in the second and third trimesters during pregnancy will not increase fetal mortality and deformity, it may increase the incidence of non-malformation disorders, such as fetal growth restriction, low birth weight, and preterm delivery. In addition, while the maternal disease is under control, the safety of the fetus exposed to chemotherapeutic drugs is unknown. Previous studies have found that although exposure in the second and third trimesters of pregnancy has little effect on teratogenicity, it increases the risk of intrauterine growth retardation, preterm delivery, low birth weight, and bone marrow toxicity [5]. The combination of carboplatin and paclitaxel is suggested for epithelial ovarian cancer (EOC) and malignant sex cord-stromal tumors during pregnancy. Bleomycin-etoposide-cisplatin chemotherapy is

considered a preferred choice for ovarian malignant germ cell tumors. A cisplatin-vinblastine-bleomycin chemotherapy regimen may be used instead of etoposide, which increases the incidence of fetal intrauterine growth restriction and neonatal complications [6].

Although there is growing evidence in the literature for the use of chemotherapy during pregnancy, its safety remains uncertain. Therefore, the aim of this study was to conduct an up-to-date systematic review and meta-analysis to assess the efficacy and safety of chemotherapy and to describe pregnancy and maternal outcomes.

METHODS

Search Strategy

The PubMed, Embase, and Cochrane Library databases were searched for relevant articles published in English from January 1986 to December 2020. The search strategy including the following terms: ovarian tumors OR ovarian carcinoma OR adnexal masses OR ovarian cancer AND pregnancy AND chemotherapy. The references of all relevant reviews retrieved were also examined to prevent the omission of qualified studies. References to related articles were also searched to determine studies that might meet the criteria. The selection of all relevant studies was conducted independently by two authors (Yaping Pei and Yuanfeng Gou), and differences were resolved together.

Inclusion Criteria

The inclusion criteria were as follows: women diagnosed with primary ovarian cancer during pregnancy; all published prospective and retrospective studies and case reports providing patient-relevant information; use of chemotherapy drugs during pregnancy. In the case of duplicates in the literature, the most recent and comprehensive articles were selected.

Exclusion Criteria

Studies were excluded for any of the following reasons: pregnant women without ovarian cancer or metastatic ovarian cancer; studies that were books or reviews; no chemotherapy drugs were given during pregnancy; incomplete data.

Data Extraction

Study information was gathered as follows: first author, publication year, patient age at diagnosis, gestational age (GA) at diagnosis, pathological type, International Federation of Gynecology and Obstetrics (FIGO) stage, grade, GA at chemotherapy administration, chemotherapy regimens during pregnancy and cycles, treatment during pregnancy, adverse events during pregnancy assessed using the National Cancer Institute Common Terminology Criteria for Adverse Events version 5 (CTCAE v5.0) [7], tumor size, GA at delivery, method of delivery, treatment after pregnancy, lymph node status, recurrence, fetal outcome, weight at delivery, follow-up period, overall survival (OS) in months, progression-free survival (PFS) in months, and outcomes for women.

Statistical Analysis

Missing data were not included in the statistical analysis, and the number of missing data were indicated for each evaluation result. The quantitative synthesis of the published articles was divided into two parts. First, for data that were normally distributed, the classification data were described by frequency and percentage and count data (mean and standard deviation), respectively, while non-normally distributed data were described by median and range. Second, the OS and PFS of all cases were estimated by Kaplan–Meier survival curves. The log-rank test was used for the comparison between different subgroups, including chemotherapeutic drugs, FIGO stages, and pathological types. All statistical analyses were performed with GraphPad Prism 5.0 (GraphPad Software, Inc., La Jolla, CA, USA), and a value of $P < 0.05$ was considered indicative of statistical significance.

This article is based on previously conducted studies and does not contain any new studies with human participants or animals performed by any of the authors. Therefore the study complies with ethics guidelines.

RESULTS

A flow chart showing the stages of the search strategy is presented in Fig. 1. Following this strategy, a total of 3022 potential studies were searched and 2744 were excluded because of duplicates or irrelevance (based on titles and abstracts), using EndNote X9 software. Finally, 278 articles met the inclusion criteria. After full-text assessment, 228 articles were excluded because they were reviews, and five articles were excluded because no platinum-based treatment was used. Ultimately, 45 papers remained. However, the full text for two articles could not be found after much effort. As a result, 43 articles including 55 cases were eligible for the present study [8–50].

Characteristics of Patients at Diagnosis

The detailed characteristics of all patients are shown in Table 1. Three patients were of unknown age at diagnosis of ovarian cancer, with a mean age of 29.31 years (SD 9.87, range 18–43). The mean GA at the time of ovarian cancer diagnosis was 16.05 (SD 7.72, range 7–29) weeks. Of the 55 cases, most were diagnosed in the second trimester of pregnancy (77.55%); eight were diagnosed during the first trimester (16.33%) and three during the third trimester (6.12%), while data were missing in six. The FIGO stage at diagnosis during pregnancy was early (stage I) in 54.17% (26 of 48) of women, and the remaining were advanced (stages II, III, IV). Among 52 patients with ovarian cancer during pregnancy, 53.85% were diagnosed with EOC (28 of 52) versus 46.15% (24 of 52) with non-EOC (NEOC), and data in three cases were lost.



Fig. 1 Flow chart of study selection in this meta-analysis

Table 1 Summary studies describing of adjuvant platinum-based chemotherapy for ovarian cancer during pregnancy

Author	Age at diagnosis (years)	GA at diagnosis (weeks)	Pathological type	FIGO Stage	GA at chemotherapy (weeks)	Agent	Treatment during pregnancy	Adverse effects	Response	Way of delivery
Malone [8]	25	25	York sac tumor	IC	27	Cisplatin + vinblastine + bleomycin,2cycles	USO	Nausea,vomiting,alopecia	NA	CD
Christman [9]	29	15	Immature teratoma	IC	19	Cisplatin + vinblastine + bleomycin,1cycles	USO	None	Serum AFP levels decreased significantly	VD
Malfitano [10]	28	16	Serous adenocarcinoma	IIIC	NA	Cyclophosphamide + cisplatin,q21d,7cycles	USO,OME	Nausea,vomiting	NA	VD
King [11]	24	15.5	Serous adenocarcinoma	IIIC	16	Cyclophosphamide + cisplatin,5cycles	USO,OME	Nausea,vomiting, neutrophil count decreased	NA	VD
Buller [12]	21	26	Dysgerminoma	IVB	27	Etoposide + cisplatin,4cycles	USO,OME	NA	Serum CA125,LDHlevels decreased significantly	VD
Henderson [13]	40	17	Serous adenocarcinoma	NA	20	Cyclophosphamide + cisplatin,2 cycles, Carboplatin + Cyclophosphamide	USO	Hearing impaired	NA	CD
Horbelt [14]	18	20	Immature teratoma and York sac tumor	IA	21	Bleomycin + etoposide + cisplatin,q28d,3cycles	USO	None	Serum AFP levels decreased significantly	VD
Koc [15]	41	18	Endometrioid adenocarcinoma	NA	22	Carboplatin,q2,8d,3cycles	USO,OME	None	NA	CD
Elit [16]	26	23	York sac tumor	IIC	25	Bleomycin + etoposide + cisplatin,q21d,1cycles	USO	None	NA	CD
Malhotra [17]	19	15	York sac tumor	IIIC	18	Bleomycin + etoposide + cisplatin,2cycles	None	NA	NA	CD
Ohara [18]	22	16	Serous adenocarcinoma	III	18	Cyclophosphamide + adriamycin + cisplatin,4cycles	USO	None	NA	CD
Ottom [19]	31	16	Serous adenocarcinoma	NA	18	Cisplatin,q21d,4cycles	OCE	Anemia	Serum CA125 levels decreased significantly	CD
Sood [20]	33	27	Serous adenocarcinoma	IIIC	28	Paclitaxel + cisplatin,q21d,3cycles	USO,OME	Neutrophil count decreased,alopecia, nausea,vomiting	Serum CA125 levels decreased significantly	CD
Mendez [21]	30	7.5	Serous adenocarcinoma	IIIC	16	Paclitaxel + carboplatin,q21d,6cycles	USO,OME	None	Serum CA125 levels decreased significantly	CD

Table 1 continued

Author	Age at diagnosis (years)	GA at diagnosis (weeks)	Pathological type	FIGO Stage	GA at chemotherapy (weeks)	Agent	Treatment during pregnancy	Adverse effects	Response	Way of delivery
Picone [22]	43	22	Endometrioid adenocarcinoma	IIIB	27	Carboplatin,q21d,2cycles	USO	None	Serum CA125 levels decreased significantly	CD
Ferrandina [23]	40	15	Serous adenocarcinoma	IIIC	17	Cisplatin,q21d,6cycles	BSO,OME,AE	Neutrophil count decreased,nausea,vomiting	Serum CA125 levels decreased significantly	CD
Han [24]	25	20	York sac tumor	IC	22	Bleomycin + etoposide + cisplatin,5cycles	USO,OME	None	NA	VD
Han [24]	27	26	Immature teratoma	IA	30	Bleomycin + etoposide + cisplatin,2cycles	USO	None	NA	VD
Schmeler [25]	39	7	Mucinous adenocarcinoma	IC	NA	Na	USO	NA	NA	NA
Schmeler [25]	31	7	Endometrioid adenocarcinoma	IC	NA	Na	USO	NA	NA	NA
Schmeler [25]	22	9	Dysgerminoma and endodermal sinus	IA	NA	Na	USO	NA	NA	NA
Hubalek [26]	33	25	Dysgerminoma	IC	25	Paclitaxel + carboplatin,q21d,3cycles	None	Nausea,alopecia	Serum CA125 levels decreased significantly	CD
Machado [27]	22	13	Dysgerminoma	IC	NA	Cisplatin + etoposide,5cycles	USO	NA	NA	NA
Machado [27]	35	18	York sac tumor	IC	NA	Cisplatin + etoposide,5cycles	BSO	NA	NA	NA
Modares [28]	42	20	Serous adenocarcinoma	IIIC	22	Paclitaxel + carboplatin,q21d,4cycles	USO,OME	None	Serum CA125 levels decreased significantly	CD
Moregi [29]	33	18	York sac tumor	IC	19	Cisplatin + vinblastine + bleomycin,3cycles	USO,OME	Platelet count decreased	NA	CD
Robova [30]	34	21	York sac tumor	IC	22	Cisplatin,q21d,4cycles	USO,OME	None	Serum AFP levels decreased significantly	CD
Karimi [31]	26	28	Immature teratoma	IIIC	29	Bleomycin + etoposide + cisplatin,q21d,2cycles	USO,OME	None	NA	CD
Poujade [32]	36	22	Immature teratoma	NA	23	Etoposide + cisplatin,q21d,3cycles	USO	None	NA	CD

Table 1 continued

Author	Age at diagnosis (years)	GA at diagnosis (weeks)	Pathological type	FIGO Stage	GA at chemotherapy (weeks)	Agent	Treatment during pregnancy	Adverse effects	Response	Way of delivery
Tabata [33]	34	18	Undifferentiated carcinoma	IC	21	Carboplatin,q2,1d,4cycles	BSO	None	Serum CA125 levels decreased significantly	CD
Abellar [34]	40	NA	Mucinous adenocarcinoma	NA	24	Cisplatin	NA	Fetal growth retardation	NA	NA
Abellar [34]	37	NA	Clear cell carcinoma	NA	24	Cisplatin	NA	None	NA	NA
Dot [35]	36	15	Mucinous adenocarcinoma	IC	24	Carboplatin + paclitaxel,q14d,5cycles	USO	Fatigue	Serum CA125 levels decreased significantly	CD
Ghaemmaghani [36]	25	21	Immature teratoma	NA	21	Bleomycin + etoposide + cisplatin,3cycles	USO	None	NA	CD
Rouzi [37]	32	20	Serous adenocarcinoma	IIIC	21	Cisplatinum + docetaxel,q21d,4cycles	USO,OME	None	Serum CA125 levels decreased significantly	CD
Benjapibal [38]	23	13	Yolk sac tumor	IC	15	Bleomycin + etoposide + cisplatin,q21d,4cycles	USO,OME	None	Serum AFP levels decreased significantly	CD
Barut [39]	21	22	Mucinous adenocarcinoma	IA	25	Carboplatin,q2,1d,3cycles	USO	NA	NA	VD
Serkies [40]	24	28	Mucinous adenocarcinoma	IV	30	Paclitaxel + cisplatin,q21d,2cycles	BSO,OME,AE	None	NA	CD
Viana [41]	20	14	Yolk sac tumor	IIIC	15	Etoposide + cisplatin,6cycles	USO	None	Serum AFP,LDH levels decreased significantly	CD
Cardonick [42]	NA	7	NA	I	8	Carboplatin + paclitaxel	NA	Fetal growth retardation	NA	NA
Cardonick [42]	NA	16	NA	I	22	Cisplatin + paclitaxel	NA	None	NA	NA
Cardonick [42]	NA	18	NA	I	24	Carboplatin + paclitaxel	NA	None	NA	NA
Dobashi [43]	33	17	Yolk sac tumor	IC	NA	Cisplatin + vincristin + bleomycin,4cycles	USO,OME	NA	NA	CD
Ruiz [44]	42	15	Clear cell carcinoma	III	16	Paclitaxel + carboplatin,q21d,6cycles	USO,AE	NA	Serum CA125, CA199 levels decreased significantly	CD

Table 1 continued

Author	Age at diagnosis (years)	GA at diagnosis (weeks)	Pathological type	FIGO Stage	GA at chemotherapy (weeks)	Agent	Recurrence	Maternal outcomes	OS (months)	PFS (months)	Weight at delivery(g)	Fetal outcome
Smith [45]	36	12	Serous adenocarcinoma	IIIB	14	Carboplatin + paclitaxel,q28d,6cycles	No	NED	> 12	> 12	1900	Healthy at 18 months
Chen [46]	36	14	Endometrioid adenocarcinoma	IC	18	Paclitaxel + carboplatin,q21d,5cycles	No	NED	> 59	> 59	3232	Healthy at 60 months
Hummeida [47]	37	18	Small cells ovarian cancer	IIIC	19	Cyclophosphamide + carboplatin,q28d,6cycles	No	NED	> 19	> 19	3275	Healthy at 19 months
Luh [48]	31	19	Immature teratoma	IC	28	Cisplatin + etoposide + bleomycin,4cycles	No	NED	> 28	> 28	3060	Healthy at 28 months
Luh [48]	24	29	Dysgerminoma	IC	34	Cisplatin + etoposide + bleomycin,4cycles	No	NED	> 12	> 12	2320	Healthy at 9 months
Luh [48]	27	19	York sac tumor	IC	22	Carboplatin + docetaxel,6cycles	No	NED	> 12	> 12	1900	Healthy at 18 months
Moro [49]	29	NA	Serous adenocarcinoma	IC	NA	Na	No	NED	> 12	> 12	1900	Healthy at 18 months
Moro [49]	40	NA	Serous adenocarcinoma	IIIC	NA	Na	No	NED	> 12	> 12	1900	Healthy at 18 months
Moro [49]	42	NA	Endometrioid adenocarcinoma	IIIB	NA	Na	No	NED	> 12	> 12	1900	Healthy at 18 months
Moro [49]	34	NA	Serous adenocarcinoma	IIIA	NA	Na	No	NED	> 12	> 12	1900	Healthy at 18 months
Xu [50]	34	20	Serous adenocarcinoma	IIIC	22	Docetaxel + carboplatin,4cycles	No	NED	> 12	> 12	1900	Healthy at 18 months

Author	GA at delivery (weeks)	Treatment after pregnancy	Lymph nodes status	Recurrence	Maternal outcomes	OS (months)	PFS (months)	Weight at delivery(g)	Fetal outcome
Malone [8]	32	Chemo	Negative	No	NED	> 12	> 12	1900	Healthy at 18 months
Christman [9]	40	HYE,OME,PAL,NE,chemo	Negative	No	NED	> 59	> 59	3232	Healthy at 60 months
Malfitano [10]	37	HYE,BSO	Negative	No	NED	> 19	> 19	3275	Healthy at 19 months
King [11]	36.5	HYE,USO,OME,chemo	Negative	No	NED	> 28	> 28	3060	Healthy at 28 months
Buller [12]	38	None	Positive	No	NED	> 12	> 12	2320	Healthy at 9 months

Table 1 continued

Author	GA at delivery (weeks)	Treatment after pregnancy	Lymph nodes status	Recurrence	Maternal outcomes	OS(months)	PFS (months)	Weight at delivery(g)	Fetal outcome
Henderson [13]	36	HYE,USO,OME,AE,PALNE,chemo	Positive	No	NED	> 20	> 20	3600	Healthy at 12 months
Horbelt [14]	39	None	Negative	No	NED	NA	NA	2769	Healthy at birth
Koc [15]	37	HYE,USO	Negative	NA	NED	NA	NA	3245	Healthy at birth
Elit [16]	28	Chemo	Negative	No	NED	> 17.25	> 17.25	1085	Ventriculomegaly,cerebral atrophy,healthy at 1.7 months
Malhoora [17]	31	NA	NA	NA	DOD	NA	NA	NA	Healthy at birth
Ohara [18]	33	HYE,USO,AE,OME,chemo	Negative	No	NED	> 10	> 10	1896	Healthy at 10 months
Ottom [19]	31	HYE,BSO,OME,PALNE,chemo	Negative	No	NED	> 15.75	> 15.75	1740	Healthy at 12 months
Sood [20]	37	HYE,USO,AE,PALNE,chemo	Negative	YES	DOD	29	6.25	2800	Healthy at 30 months
Mendez [21]	35.5	HYE,USO,AE,PALNE,chemo	Positive	No	NED	> 15	> 15	2500	Healthy at 15 months
Picone [22]	34	HYE,USO,OME,PALNE,AE,chemo	Negative	No	NED	> 18.25	> 18.25	1900	Healthy at 18 months
Ferrandina [23]	36	HYE,chemo	NA	YES	NED	> 50	> 29.25	3000	Healthy at 42 months
Han [24]	40	Chemo	Negative	No	NED	> 72	> 72	2610	Healthy at 72 months
Han [24]	38	PALNE,OME,chemo	Negative	No	NED	> 26	> 26	2970	Intussusception at 7.5 months,healthy at 26months
Schmeler [25]	NA	NA	NA	NA	NED	> 4	> 4	NA	Healthy at birth
Schmeler [25]	NA	NA	NA	NA	NED	> 132	> 132	NA	Healthy at birth
Schmeler [25]	NA	NA	NA	NA	NED	> 156	> 156	NA	Healthy at birth
Hubalek [26]	35	HYE,USO,OME,PALNE,chemo	Negative	No	NED	> 22	> 22	2450	Healthy at 20 months
Machado [27]	NA	USO	NA	No	NED	> 3	> 3	3190	Healthy at 60 months
Machado [27]	NA	NA	NA	No	NED	> 72	> 72	2200	Healthy at 24 months
Modares [28]	35	HYE,USO,OME,chemo	Negative	No	NED	> 12	> 12	2600	Healthy at 6 months
Moregi [29]	31	Chemo	Negative	No	NED	> 65.25	> 65.25	1070	Healthy at birth
Robova [30]	35	PALNE,HYE,USO,chemo	Negative	No	NED	> 28	> 28	1980	Healthy at 24 months
Karimi [31]	39	OME,chemo	Negative	No	NED	> 22.25	> 22.25	3100	Healthy at 18 months
Poujade [32]	39	USO,chemo	Negative	No	NED	> 11.75	> 11.75	3130	Healthy at birth
Tabbara [33]	33	HYE,OME,PALNE,chemo	Negative	No	NED	> 19.5	> 19.5	2222	Healthy at 12 months
Abellar [34]	39	NA	NA	NA	NED	NA	NA	SGA	Healthy at birth

Table 1 continued

Author	GA at delivery (weeks)	Treatment after pregnancy	Lymph nodes status	Recurrence	Maternal outcomes	OS(months)	PFS (months)	Weight at delivery(g)	Fetal outcome
Abdilar [34]	39	NA	NA	NA	NED	NA	NA	AGA	Healthy at birth
Doi [35]	36	OME,PLNE	Negative	No	NED	> 40	> 40	2062	Healthy at 40 months
Ghaemmaghami [36]	36	OME,USO	Negative	No	NED	> 15.75	> 15.75	2000	mild glandular hypospadias, healthy at 8 months
Rouzi [37]	34	USO,HYE,OME,chemo	Negative	No	NED	> 11	> 11	2245	Death 5 days after the delivery(congenital anomalies diagnosed before starting chemotherapy)
Benjapibal [38]	36	None	Negative	No	NED	> 28.75	> 28.75	1560	Healthy at 21 months
Barut [39]	33	HYE,USO,AE,PALNE,chemo	Negative	No	NED	> 7.75	> 7.75	2280	Healthy at 7.75 months
Serkies [40]	34	Chemo	Positive	YES	DOD	35	7	1900	Healthy at 73 months
Viana [41]	35	USO	Negative	NO	NED	> 29.25	> 29.25	2070	Anemia,thrombocytopenia, relative lymphocytosis, healthy at 24 months
Cardonick [42]	36	NA	NA	NA	NED	NA	NA	1886	IUGR
Cardonick [42]	38	NA	NA	NA	NED	> 160	NA	2608;2623	Twin A: normal; Twin B: jaundice; hyperbilirubinemia, Tourette's syndrome, dyslexia, Asperger's syndrome and speech delay
Cardonick [42]	39	NA	NA	NA	NED	> 38	NA	3629	Healthy at 6 months
Dobashi [43]	31	NA	NA	NA	NED	> 36	> 36	NA	Healthy at birth
Ruiz [44]	38	Chemo	Positive	NA	NED	> 7.75	> 7.75	2850	Healthy at 2 months
Smith [45]	37	HYE,USO,chemo	Negative	NA	NED	> 9.5	> 9.5	2126	Birth with bilateralcongenital talipes equinovarus, healthy at7months
Chen [46]	37	NA	Negative	No	NED	> 18	> 18	2888	Healthy at 18 months
Hummeida [47]	38	HYE	Negative	No	NED	> 23	> 23	2900	Healthy at 18 months
Luh [48]	41	HYE,USO,OME,PALNE,AE,chemo	Negative	No	NED	> 10	> 10	2700	Healthy at 2 months
Luh [48]	35	HYE,USO,chemo	Negative	No	NED	> 24	> 24	2105	Healthy at 24 months
Luh [48]	38	HYE,USO,OME,chemo	Negative	No	NED	> 24	> 24	3165	Healthy at 24 months

Table 1 continued

Author	GA at delivery (weeks)	Treatment after pregnancy	Lymph nodes status	Recurrence	Maternal outcomes	OS(months)	PFS (months)	Weight at delivery(g)	Fetal outcome
Moro [49]	38	None	NA	No	NED	> 14	> 14	3650	Healthy at birth
Moro [49]	39	Chemo,surgery(not detailed)	NA	YES	NED	> 204	NA	2980	Healthy at birth
Moro [49]	37	HYE,USO,OME,PLNE	NA	No	NED	> 28	> 28	2200	Healthy at birth
Moro [49]	36	HYE,USO,AE	NA	No	NED	> 24	> 24	2760	Healthy at birth
Xu [50]	35	HYE,PALNE,AE,PSE,OME,chemo	Positive	YES	NED	> 30.25	25.75	2100	Healthy at 33 months

AE appendectomy; BSO bilateral salpingo-oophorectomy; CD cesarean delivery; Chemo chemotherapy; DOD death of disease; GA gestational age; HYE hysterectomy; IUGR intrauterine growth retardation; NA not available; NED no evidence of disease; OCE ovarian cystectomy; OME omentectomy; OS overall survival; PALNE pelvic-aortic lymphadenectomy; PFS profession-free survival; PLNE pelvic lymphadenectomy; PSE partial sigmoidectomy; USO unilateral salpingo-oophorectomy; VD vaginal delivery

Patient Management During Pregnancy

Detailed data on GA at the start of chemotherapy were available for only 44 women. Except for one patient who received chemotherapy at 8 weeks, all patients began treatment in the second or third trimester of pregnancy. The mean GA at chemotherapy administration was 17.42 (SD 9.88, range 8–34) weeks. Nine patients (18.75%) received platinum alone; 39 patients received combination drugs, including paclitaxel (15 patients), etoposide (5), cyclophosphamide (4), bleomycin and etoposide (10), cyclophosphamide and doxorubicin (1), and vincristine with bleomycin (4). Of the 37 women for whom data were available, chemotherapy was well-tolerated by 22 patients during pregnancy. Unfortunately, the remaining 15 patients reported various types of adverse events including anemia, dyspnea, ventricular tachycardia, fatigue, fetal growth retardation, hearing impairment, nausea, alopecia, vomiting, decreased neutrophil count, and decreased platelet count. In addition, intrauterine fetal growth restriction occurred in two patients who started chemotherapy at 8 and 24 weeks of pregnancy [44, 53], respectively. One was diagnosed at 39 weeks of pregnancy, and no relevant information could be found for the other. Most patients underwent surgery during pregnancy, including bilateral salpingo-oophorectomy (BSO; 16.0%), unilateral salpingo-oophorectomy (USO; 78.0%) and ovarian cystectomy (OCE; 2.0%). Two patients did not undergo surgery, and such data were missing in five cases. It is not known whether there were alternative therapies after the operation. The response to chemotherapy is the change in tumor markers in serum, including cancer antigen 125 (CA-125), CA-199, alpha-fetoprotein (AFP), lactate dehydrogenase (LDH), and human epididymis protein 4 (HE4). In this study, these biomarkers decreased significantly in 20 cases.

Patient Delivery

Data on mode of delivery and gestational age were available for 45 and 50 cases, respectively.

Thirty-three women (73.33%) underwent cesarean section, of which 28 were planned. Of the 12 women with vaginal delivery, six were spontaneous. The mean GA at delivery was 32.75 weeks (SD 10.78, range 28–41).

Further Patient Treatment After Delivery and Maternal Outcomes

Information regarding further postpartum treatment was available in 43 cases. In 20 women, parturition and surgery were performed at the same time, and in nine cases surgery was performed following delivery. Hysterectomy was performed in 25 of 43 cases (58.14%), bilateral salpingo-oophorectomy was performed in two cases (4.65%), unilateral salpingo-oophorectomy was performed in 22 cases (51.16%), pelvic–aortic lymph node dissection was performed in 13 cases (30.23%), and pelvic lymph node dissection was performed in two cases. In addition, nine patients underwent appendectomy, and 69.77% underwent further chemotherapy. Four patients received neither surgery nor chemotherapy after delivery. Of the 38 patients for whom lymph node status was available, six showed evidence of positive lymph nodes. Among the available data, there were five cases of recurrence, and no evidence of recurrence was reported in the remaining patients. Unfortunately, one patient died

29 months after diagnosis. Twenty-eight cases reported no gross residual disease at the conclusion of surgery.

Neonatal Outcomes

A total of 56 babies were born, including one set of twins. Forty-nine babies were born completely healthy; the other seven neonates showed the following conditions: ventriculomegaly cerebral atrophy (1); intussusception (1); mild glandular hypospadias (1); jaundice, hyperbilirubinemia, Tourette's syndrome, dyslexia, Asperger's syndrome, and speech delay (1); bilateral congenital talipes equinovarus (1); anemia, thrombocytopenia, and relative lymphocytosis (1); and intrauterine growth retardation (1). The mean weight of newborns at delivery was 2198.77 g (SD 1015.32, range 1070–3650 g), while no relevant data were available for seven newborns. At the end of follow-up (median 10 months, range 0–73 months), all newborns with available data were healthy except one, who died due to congenital abnormalities 5 days after delivery. In the case of twins, one of the babies was born with jaundice and hyperbilirubinemia and was subsequently diagnosed with dyslexia, speech retardation, Asperger's syndrome, and Tourette's syndrome.

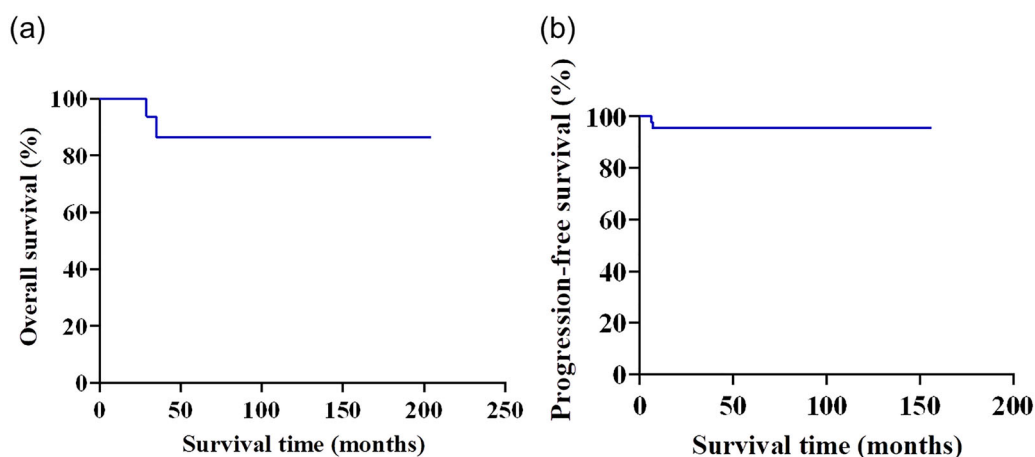


Fig. 2 Kaplan–Meier survival curves. **a** Overall survival, $n = 49$. **b** Progression-free survival, $n = 46$

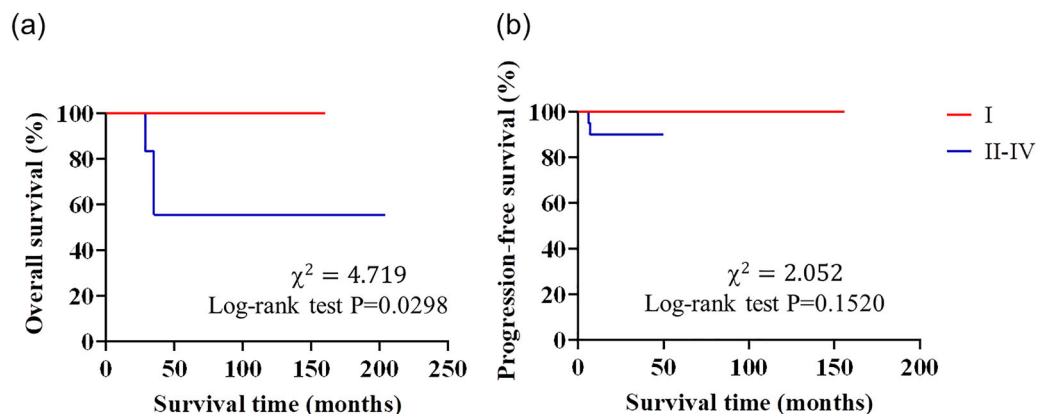


Fig. 3 Kaplan–Meier survival curves by FIGO stage. **a** Overall survival, I, $n = 24$; II–IV, $n = 21$. **b** Progression-free survival, I, $n = 22$; II–IV, $n = 20$

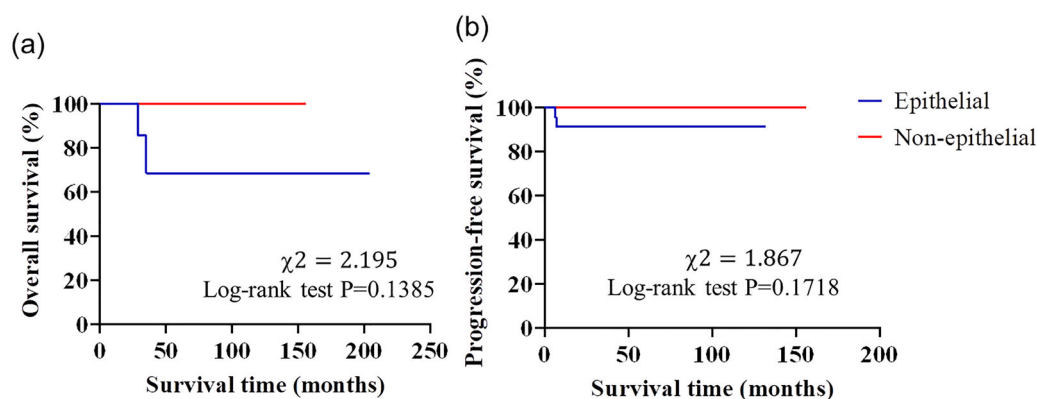


Fig. 4 Kaplan–Meier survival curves by pathological type. **a** Overall survival: epithelial, $n = 25$; non-epithelial, $n = 22$. **b** Progression-free survival: epithelial, $n = 24$; non-epithelial, $n = 22$

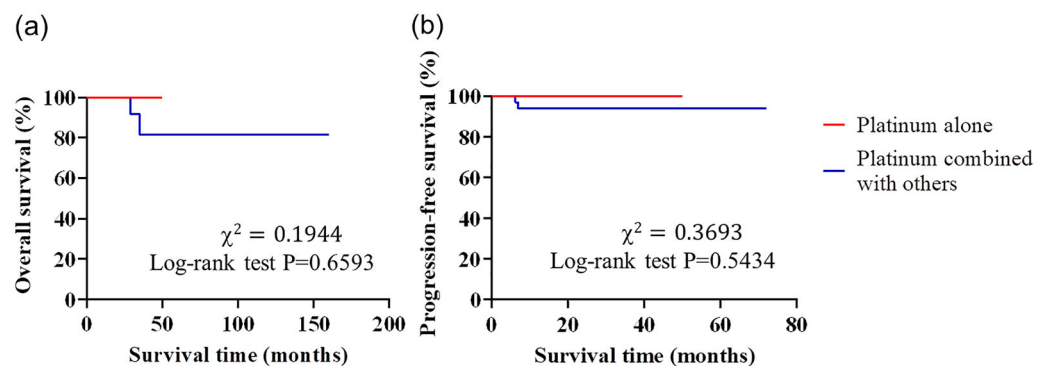


Fig. 5 Kaplan–Meier survival curves by FIGO stage. **a** Overall survival: platinum alone, $n = 6$; platinum combination, $n = 36$. **b** Progression-free survival: platinum alone, $n = 6$; platinum combination, $n = 34$

Survival Analysis

OS and PFS were assessed for all patients after receiving platinum-based chemotherapy during pregnancy. Kaplan–Meier curves for OS and PFS are shown in Fig. 2. Of the 49 women for whom relevant data were obtained, 47 were still alive at the end of follow-up (median 22 months, range 2–204 months). As a result, median OS was not calculated because the cumulative survival rate was greater than 50% (Fig. 2a), and the same was true for PFS (Fig. 2b). Because various chemotherapeutic drugs, different pathological types, and FIGO-stage diagnosis of ovarian cancer may have an impact on OS and PFS, subgroup analysis was further carried out with log-rank tests for FIGO stage, pathological type, and chemotherapy regimen. As shown in Fig. 3, compared with an advanced stage, better prognosis was associated with early-stage disease (OS: log-rank $\chi^2 = 4.719$, $P = 0.0298$; PFS: log-rank $\chi^2 = 2.052$, $P = 0.1520$). However, there was no significant difference between EOC and NEOC in OS and PFS (Fig. 4, OS: log-rank $\chi^2 = 2.195$, $P = 0.1385$; PFS: log-rank $\chi^2 = 1.867$, $P = 0.1718$). Similarly, the log-rank test failed to detect any significant difference in OS or PFS between platinum alone and combination therapy (Fig. 5, OS: log-rank $\chi^2 = 0.1944$, $P = 0.6593$; PFS: log-rank $\chi^2 = 0.3693$, $P = 0.5434$).

DISCUSSION

Ovarian cancer ranks fifth among the most common malignant tumors diagnosed during pregnancy, with reported incidence varying from 0.2 to 2% [3]. According to reported evidence, ovarian cancer ranks sixth in the Asian population [51]. Like ovarian cancer in non-pregnant patients, gestational ovarian cancer is diagnosed by intraoperative or postoperative pathology [52]. Although the proper management of ovarian cancer in pregnant women has been established, its scientific proof is relatively weak. For pregnant women with ovarian cancer who choose to continue pregnancy, treatment includes surgical staging and tumor reduction surgery followed by chemotherapy, timely

delivery, and chemotherapy after surgery. In order to reduce the risk of miscarriage, torsion, rupture, and delayed diagnosis of malignant tumors, surgery should be performed in the second trimester of pregnancy [6]. In the present study, fertility-sparing surgery was performed during pregnancy for six cases during the first trimester, 27 in the second trimester, and one in the third trimester, while eight women underwent BSO, and two underwent no surgery.

As a pregnancy category D drug listed by the Food and Drug Administration (FDA), chemotherapeutic drugs have obvious risks to the fetus. However, several studies have indicated that the use of anticancer agents during pregnancy is feasible, not only in ovarian cancer, but also in leukemia, lymphoma, colon cancer, breast cancer, gastric cancer, cervical cancer, sarcoma, and lung cancer [53–60]. In the present study, at the end of follow-up (median 10 months, range 0–73 months), all newborns with available data were healthy except one who died due to congenital abnormalities 5 days after delivery. Of the twins who were exposed to the same chemotherapy in utero, one developed normally and reportedly did well in school [42].

It is well known that the main factors affecting the prognosis of ovarian cancer are stage and pathological type [61]. In this study, 26 women received chemotherapy in the early stage. Compared with the advanced stage, early-stage treatment obviously had a more favorable prognosis. With regard to the type of ovarian cancer, EOC represents the vast majority of cases in comparison with NEOC [62]. In addition, NEOC, especially malignant germ cell tumors, is more sensitive to chemotherapy [63]. However, prognostic analysis based on pathological type in this study showed that there was no significant difference between EOC and NEOC, and no significant differences in OS and PFS were observed based on log-rank tests in these two stratified analyses. This result may be due to the small number of studies. Therefore, additional studies with larger samples is recommended in the future. In addition to focusing on the effects of drugs on developing fetuses and the long-term effects of intrauterine

exposure on offspring, we also need to pay more attention to the health of pregnant women, including OS and PFS.

Through a retrospective study over 35 years, we found that 55 cases of ovarian cancer diagnosed during pregnancy were treated with platinum-based chemotherapy, and five cases [64–68] were treated with another chemotherapy regimen. With the exception of one patient who received chemotherapy at 8 weeks, all patients began treatment in the second or third trimester of pregnancy. Like non-pregnant patients, various chemotherapy-induced adverse effects were observed in pregnant women, including nausea, vomiting, anemia, dyspnea, ventricular tachycardia, and fatigue. Pregnancy complications including fetal ventriculomegaly, intrauterine growth restriction, and fetal bilateral ventriculomegaly were noted. Analysis of prognosis on the basis of chemotherapy regimen revealed no significant difference between platinum alone and platinum combination. Because the cumulative survival rate was greater than 50%, the median OS and PFS were not reached. These results indicate that platinum-based chemotherapy may be a safe approach in most cases of ovarian cancer in the second and third trimesters of pregnancy.

Most individual studies did not provide detailed data relating to each woman's survival or other basic characteristics (such as the pathological type of cancer or GA at diagnosis and delivery). In addition, the long-term outcomes for these infants are unknown, and the median follow-up time was short. As a result, neither descriptive statistics nor survival analysis could be performed on the included cases, which reduces the reliability of this meta-analysis. Nevertheless, the strength of our study is that the analysis included the largest sample size ever used to assess pregnancy outcomes for ovarian cancer. Therefore, it is strongly recommended that larger population-based studies be conducted in the future. In short, platinum-based chemotherapy may be a good choice for pregnant women with ovarian cancer who want to continue their pregnancy.

CONCLUSION

Taken together, our results suggest that platinum-based chemotherapy may be an appropriate therapy for pregnant women with ovarian cancer in the second and third trimesters. Tumor stage, lymph node metastasis, gestational age, general condition, fetal maturity, and other factors should be considered in the treatment. Currently, there is no standard treatment for gestational ovarian cancer. Most of the treatments are available for non-gestational ovarian cancer. However, the efficacy and effects of related treatment on the prognosis of pregnant women and fetuses are also controversial, and there is no unified conclusion at present. Therefore, there is an urgent need for reliable data from studies with large samples and long-term follow-up to guide clinical treatment to maximize maternal and fetal outcomes.

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Compliance with Ethics Guidelines. This article is based on previously conducted studies and does not contain any new studies with human participants or animals performed by any of the authors.

Data Availability. All data generated or analyzed during this study are included in this published article/as supplementary information files.

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