

## Short Communication

## Effect of prior beliefs and cognitive deficits on learning in first-episode schizophrenia patients

Daniel Núñez<sup>a,b</sup>, Javiera Rodríguez-Delgado<sup>a</sup>, Ramón D. Castillo<sup>a,\*</sup>, José Yupanqui<sup>c</sup>, Heidi Kloos<sup>d</sup>

<sup>a</sup> Centro de Investigación en Ciencias Cognitivas, Facultad de Psicología, Universidad de Talca, Chile

<sup>b</sup> Millennium Nucleus to Improve the Mental Health of Adolescents and Youths, Imhay, Chile

<sup>c</sup> Servicio de Psiquiatría, Hospital de Curicó, Chile

<sup>d</sup> Center for Cognition, Action and Perception, Department of Psychology, University of Cincinnati, OH, USA

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## ABSTRACT

**Introduction:** It is known that cognitive deficits are a core feature of schizophrenia and that in the general population, prior beliefs significantly influence learning and reasoning processes. However, the interaction of prior beliefs with cognitive deficits and their impact on performance in schizophrenia patients is still poorly understood. This study investigates the role of beliefs and cognitive variables (CVs) like working memory, associative learning, and processing speed on learning processes in individuals with schizophrenia. We hypothesize that beliefs will influence the ability to learn correct predictions and that first-episode schizophrenia patients (FEP) will show impaired learning due to cognitive deficits.

**Methods:** We used a predictive-learning task to examine how FEP ( $n = 23$ ) and matched controls ( $n = 23$ ) adjusted their decisional criteria concerning physical properties during the learning process when predicting the sinking behavior of two transparent containers filled with aluminum discs when placed in water.

**Results:** On accuracy, initial differences by group, trial type, and interaction effects of these variables disappeared when CVs were controlled. The differences by conditions, associated with differential beliefs about why the objects sink slower or faster, were seen in patients and controls, despite controlling the CVs' effect.

**Conclusions:** Differences between groups were mainly explained by CVs, proving that they play an important role than what is assumed in this type of task. However, beliefs about physical events were not affected by CVs, and beliefs affect in the same way the decisional criteria of the control or FEP patients' groups.

## 1. Introduction

Beliefs are crucial to predict the future and guide our decisions (Castillo et al., 2015; Valton et al., 2019). Schizophrenia patients present deficits in updating beliefs based on new evidence and changing behaviors in response to negative feedback (Adams et al., 2018; Evans et al., 2015; Frith and Friston, 2013; Serrano-Guerrero et al., 2020). These impairments could lead to inaccurate inferences (Griffin and Fletcher, 2017), biased internal models about the environment (Valton et al., 2019), and have been linked to positive symptoms (Horga et al., 2014; Schmack et al., 2013, 2015; Kaplan et al., 2016; Teufel et al., 2015). However, some scholars propose that the evidence on how schizophrenia patients update their beliefs is inconclusive (Firestone and Scholl, 2016; Teufel and Nanay, 2017; Sterzer et al., 2018).

Predictions based on physical object properties are affected by beliefs, as shown in studies using the sinking objects paradigm (Kloos, 2007), which reveal that beliefs differentially affect predictions, even when object sinking conditions are the same (Castillo et al., 2017). This performance pattern is driven by prior knowledge and beliefs, but cognitive factors like working memory, processing speed, and associative learning also play a role (Brunyé and Taylor, 2008; Copeland and Radvansky, 2004; Kail et al., 2016; Klauer et al., 2000; Tamez et al., 2008).

Concerning cognitive functioning, some studies have found a worse patient's performance in syllogistic reasoning causal and probabilistic learning. In comparison, others have not seen differences and even better patient performance, suggesting that general intelligence and cognitive functions could be potential mechanisms that explain such

\* Corresponding author at: Faculty of Psychology, Avenida Lircay s/n, Talca, Chile.

E-mail address: [racastillo@utalca.cl](mailto:racastillo@utalca.cl) (R.D. Castillo).

**Table 1**  
Demographic and clinical characteristics of patient and control groups — Mean (Standard Deviation).

	Patients	Controls	
N	23	23	p
Gender (m = male; f = female)	13 m, 10 f	13 m, 10 f	
Age (years)	19.83 (6.69)	19.57 (6.43)	0.89
Educational level N			
<12 years	19	18	>0.05
>13 years	4	5	
Average educational level	10.61 (2.59)	11.09 (2.65)	0.57
Duration of illness <sup>a</sup>	9.55 (8.99)		
PANSS positive	15.48 (5.72)		
PANSS negative	19.04 (7.86)		
PANSS general	37.22 (14.40)	33.45 (6.57)	
Processing speed (WAIS, Symbol search)	24.08 (16.93)	21.13 (3.48)	0.020
Associative learning (WAIS, Letter-number sequencing)	45.96 (18.30)	71.00 (12.51)	0.001
Attention, working memory (WAIS, Digit span)	18.34 (5.76)		0.057
Antipsychotic medication			
Chlorpromazine equivalent (mg)	420.22 (674.48)		
Atypical antipsychotics (%)	23 (100)		
Typical antipsychotics (%)	3 (13.04)		
Antidepressants (%)	12 (52.1)		
Anticonvulsants	6 (23.08)		

<sup>a</sup> Number of months between the first admission and the experiment.

contradictory findings (Cardella and Gangemi, 2015). Studies with psychiatric patients have found that processing speed could predict fluid reasoning, but only when working memory was considered (Kim and Park, 2018). Similarly, Randers et al. (2020) found that individuals at ultra-high risk for psychosis often show impaired processing speed, which likely contributes to their overall cognitive difficulties. To explore these cognitive aspects further, we focused on a predictive task encompassing learning, reasoning, and belief-tracking activities. These activities are closely related to cognitive functions like working memory, associative learning, and processing speed, which are strongly connected to reasoning abilities. Given the cognitive impairments found in schizophrenia (Zanelli et al., 2019) and its impact on learning and reasoning (Cardella and Gangemi, 2015; Stuke et al., 2018), we tested the effects of CVs on performance by using the sinking-object paradigm in FEP and matched controls.

## 2. Method

### 2.1. Selection and description of participants

We included 23 FEP and 23 matched controls (Table 1). We excluded control participants exhibiting neurological, psychiatric disorders, or first-degree relatives suffering from schizophrenia spectrum disorders. Participants were recruited at three Chilean hospitals between 2016 and 2017. All participants provided written informed consent, following the

protocol approved by the Universidad de Talca Ethics Committee (IRB, 2016–2019, #1161503).

### 2.2. Materials and procedure

We used a sinking-object task to analyze participants' predictions and learning patterns (Castillo et al., 2015). Participants were asked to predict the behavior of transparent containers filled with aluminum discs when placed in water. Objects were pictures of transparent glass jars of different sizes (large, medium, and small) that could hold various aluminum discs. Five trial types were constituted by 12 unique jar-disc combinations with different sizes and weights (Fig. 1). A full description of this procedure can be obtained from Castillo et al. (2017).

The experiment encompassed three stages. The first and last stages (pre-test and post-test) were identical, each consisting of 60 trials: Participants had to predict which of two objects would sink faster (or slower) depending on the experimental condition. The middle stage (feedback training) asked the participant to predict the sinking behavior of the jars (60 trials randomly repeated twice), but participants received feedback. After each prediction, they were shown an image of a water container in which jars were dropped (Fig. 2B).

### 2.3. Measures

Cognitive variables (CVs) were evaluated by subscales of the Wechsler Intelligence Test (Wechsler, 2012): processing speed (PS; Symbol search), working memory (WM; Digit span) and Associative learning (AL; Letter number sequencing). We assessed psychotic symptoms by the Positive and Negative Syndrome Scale (PANSS, Kay and Opler, 1987).

### 2.4. Statistics

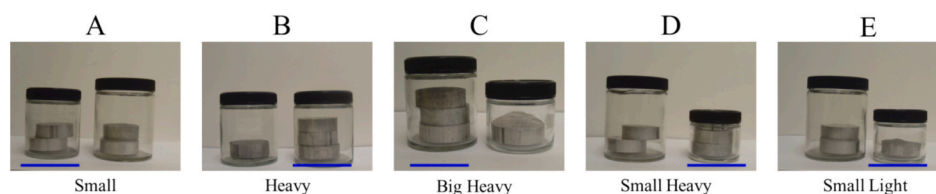
We split the 240-trial experimental session into four segments: pre-test (PET: Trial 1–60), training (T1: Trial 61–120, T2: Trial 121–160), and post-test (POT: Trial 161–180). We performed separate 5-by-2-by-2 ANOVAs for each segment, considering trial types, group (control vs. patients), and conditions (sink-faster vs. sink-slower) as factors (Table 2). Subsequently, we used an ANCOVA to control for the effect of CV and assess the stability of main and interaction effects before and after this control (Table 3). If these effects are still consistent, the CV impact is negligible. Lastly, we conducted a correlation analysis between CV and clinical variables (symptoms, age of illness onset, illness duration, and medication).

## 3. Results

### 3.1. Effect of CVs on performance

ANOVA showed main and interaction effects, with the control group consistently outperforming the FEP group in all experimental conditions.

Across the experiment, the Small-Light trial type consistently displayed lower accuracy compared to other trial types, regardless of group or experimental condition.



**Fig. 1.** Example pairs of objects, one for each different type of pair. The underlined object signifies the object that would sink faster in the pair. A: Small. B: Heavy. C: Big-Heavy. D: Small-Heavy. E: Small-Light trial types.

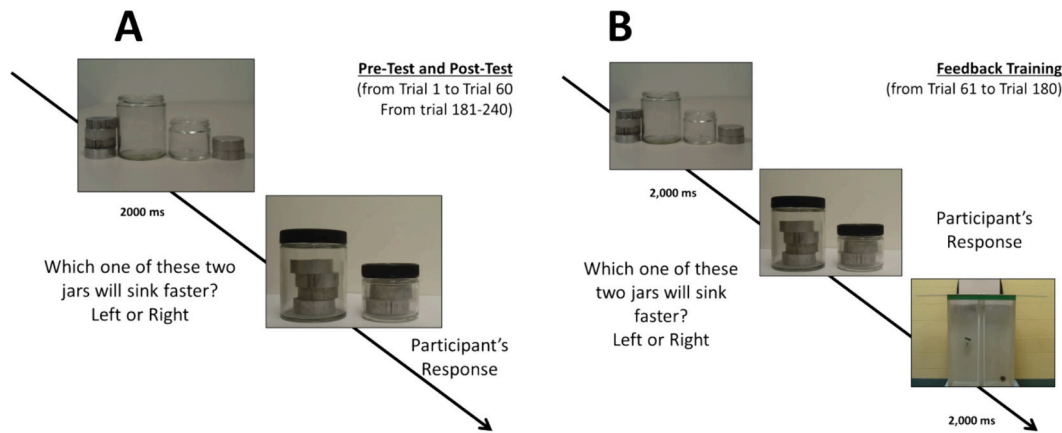


Fig. 2. Schematic representation of prediction trials in Experiments. A: Example trial during pre- or post-test. B: Example trial during feedback training.

**Table 2**  
Performance (% of correct responses), patients and controls.

Group		Controls		Patients	
		Fast	Slow	Fast	Slow
Pretest (PET)	Small (S)	0.81 (0.08)	0.66 (0.11)	0.59 (0.09)	0.58 (0.10)
	Heavy (H)	0.94 (0.04)	0.73 (0.12)	0.93 (0.05)	0.39 (0.13)
	Big-Heavy (BH)	0.93 (0.04)	0.71 (0.11)	0.91 (0.07)	0.43 (0.13)
	Small-Heavy (SH)	0.94 (0.05)	0.74 (0.10)	0.92 (0.04)	0.48 (0.09)
	Small-Light (SL)	0.43 (0.01)	0.41 (0.13)	0.31 (0.09)	0.67 (0.12)
	Small (S)	0.94 (0.03)	0.77 (0.12)	0.66 (0.09)	0.48 (0.08)
	Heavy (H)	0.97 (0.03)	0.70 (0.12)	0.92 (0.05)	0.67 (0.13)
	Big-Heavy (BH)	0.93 (0.04)	0.70 (0.10)	0.93 (0.04)	0.66 (0.14)
	Small-Heavy (SH)	0.99 (0.01)	0.81 (0.12)	0.90 (0.07)	0.72 (0.11)
	Small-Light (SL)	0.64 (0.08)	0.60 (0.08)	0.31 (0.09)	0.41 (0.12)
Training 1 (T1)	Small (S)	0.92 (0.05)	0.80 (0.13)	0.79 (0.06)	0.45 (0.11)
	Heavy (H)	0.97 (0.02)	0.77 (0.13)	0.89 (0.06)	0.64 (0.14)
	Big-Heavy (BH)	0.92 (0.03)	0.69 (0.10)	0.90 (0.04)	0.63 (0.14)
	Small-Heavy (SH)	0.99 (0.01)	0.81 (0.12)	0.89 (0.06)	0.65 (0.14)
	Small-Light (SL)	0.63 (0.08)	0.75 (0.08)	0.45 (0.10)	0.43 (0.14)
	Small (S)	0.95 (0.03)	0.90 (0.09)	0.76 (0.07)	0.35 (0.10)
	Heavy (H)	0.98 (0.02)	0.87 (0.09)	0.92 (0.06)	0.46 (0.16)
	Big-Heavy (BH)	0.92 (0.03)	0.83 (0.09)	0.90 (0.04)	0.48 (0.15)
	Small-Heavy (SH)	0.97 (0.03)	0.89 (0.10)	0.92 (0.05)	0.48 (0.13)
	Small-Light (SL)	0.71 (0.08)	0.76 (0.06)	0.40 (0.10)	0.54 (0.13)
Training 2 (T2)	Small (S)	0.95 (0.03)	0.90 (0.09)	0.76 (0.07)	0.35 (0.10)
	Heavy (H)	0.98 (0.02)	0.87 (0.09)	0.92 (0.06)	0.46 (0.16)
	Big-Heavy (BH)	0.92 (0.03)	0.83 (0.09)	0.90 (0.04)	0.48 (0.15)
	Small-Heavy (SH)	0.97 (0.03)	0.89 (0.10)	0.92 (0.05)	0.48 (0.13)
	Small-Light (SL)	0.71 (0.08)	0.76 (0.06)	0.40 (0.10)	0.54 (0.13)
	Small (S)	0.95 (0.03)	0.90 (0.09)	0.76 (0.07)	0.35 (0.10)
	Heavy (H)	0.98 (0.02)	0.87 (0.09)	0.92 (0.06)	0.46 (0.16)
	Big-Heavy (BH)	0.92 (0.03)	0.83 (0.09)	0.90 (0.04)	0.48 (0.15)
	Small-Heavy (SH)	0.97 (0.03)	0.89 (0.10)	0.92 (0.05)	0.48 (0.13)
	Small-Light (SL)	0.71 (0.08)	0.76 (0.06)	0.40 (0.10)	0.54 (0.13)
Posttest (POT)	Small (S)	0.95 (0.03)	0.90 (0.09)	0.76 (0.07)	0.35 (0.10)
	Heavy (H)	0.98 (0.02)	0.87 (0.09)	0.92 (0.06)	0.46 (0.16)
	Big-Heavy (BH)	0.92 (0.03)	0.83 (0.09)	0.90 (0.04)	0.48 (0.15)
	Small-Heavy (SH)	0.97 (0.03)	0.89 (0.10)	0.92 (0.05)	0.48 (0.13)
	Small-Light (SL)	0.71 (0.08)	0.76 (0.06)	0.40 (0.10)	0.54 (0.13)
	Small (S)	0.95 (0.03)	0.90 (0.09)	0.76 (0.07)	0.35 (0.10)
	Heavy (H)	0.98 (0.02)	0.87 (0.09)	0.92 (0.06)	0.46 (0.16)
	Big-Heavy (BH)	0.92 (0.03)	0.83 (0.09)	0.90 (0.04)	0.48 (0.15)
	Small-Heavy (SH)	0.97 (0.03)	0.89 (0.10)	0.92 (0.05)	0.48 (0.13)
	Small-Light (SL)	0.71 (0.08)	0.76 (0.06)	0.40 (0.10)	0.54 (0.13)

Accuracy was consistently lower in the slow-sinking condition than in the fast-sinking condition, regardless of participant group or trial type. A significant trial type-by-condition interaction effect showed higher accuracy in the Small-Light trial type under the slow-sinking condition. During T1, there was a group-by-trial type interaction effect, showing reduced accuracy for FEP across all trial types and reduced accuracy within the Small-Light trial type for the control group. In POT, an interaction effect between group and condition appeared. The control group showed no notable differences between conditions, while FEP had more correct responses in the fast-sinking condition.

An intricate trial type-by-group-by-condition interaction effect showed the control group performing better across all trial types in the fast-sinking condition and FEP excelling only in the Small-Light trial type under the slow-sinking condition.

Upon controlling for covariates (CVs), the significant differences among trial types across all experimental phases became non-significant. Likewise, the interaction effects involving group and trial type, as well as group and condition during T1 and POT, respectively, lost their statistical significance.

Of the observed between-group differences across the four experimental phases, only the distinction found in POT remained statistically significant. Similarly, among the interactions between trial type and condition across all four experimental phases, only those in PET and POT sustained their significance. Initially seen in PET, the group-by-trial type-condition interaction maintained its significance even after controlling for covariates. Remarkably, the differences related to experimental conditions persisted independently of covariates.

### 3.2. Correlations between clinical variables and CVs

We saw significant negative links between symptoms, associative learning, and working memory. Specifically, associative learning is strongly associated with most negative symptoms, some general symptoms, and one positive symptom. Working memory was correlated with specific negative symptoms and one positive symptom (see Supplementary information Table 4).

However, our study did not reveal any correlations between symptoms and other clinical factors. Additionally, no associations were found between symptoms, illness duration, or medication dosage. It's worth noting that although medication dosage was associated with processing speed, it did not exhibit significant links with symptoms.

## 4. Discussion

We examined first-episode schizophrenia patients and their matched controls in a reasoning-learning task where they predicted the sinking speed of objects based on prior beliefs about their physical properties.

**Table 3**  
Main and interaction effects.

	Effects	Group F(1,41)	Trial Type F(4,164)	Condition F(1,41)	Group * Trial Type F(4,164)	Group * Condition F(1,41)	Trial Type * Condition F(4,164)	Group * Trial Type * Condition F(4,164)
ANOVA	PET	4.79; $p = .03$ ; $\eta^2 = 0.11$	9.17; $p < .001$ ; $\eta^2 = 0.18$	14.54; $p = .00$ ; $\eta^2 = 0.26$	1.29; $p = .27$	0.386; $p = .54$	7.12; $p = .00$ ; $\eta^2 = 0.15$	3.13; $p = .02$ ; $\eta^2 = 0.07$
	T1	5.57; $p = .02$ ; $\eta^2 = 0.12$	9.17; $p < .001$ ; $\eta^2 = 0.19$	8.05; $p = .01$ ; $\eta^2 = 0.16$	2.86; $p = .03$ ; $\eta^2 = 0.07$	0.038; $p = .85$	2.55; $p = .04$ ; $\eta^2 = 0.06$	0.22; $p = .93$
	T2	5.59; $p = .02$ ; $\eta^2 = 0.12$	7.27; $p = .010$ ; $\eta^2 = 0.15$	5.59; $p = .02$ ; $\eta^2 = 0.12$	1.37; $p = .25$	0.60; $p = .44$	2.72; $p = .03$ ; $\eta^2 = 0.06$	0.24; $p = .92$
	POT	18.69; $p = .00$ ; $\eta^2 = 0.31$	10.01; $p = .00$ ; $\eta^2 = 0.20$	10.01; $p = .00$ ; $\eta^2 = 0.20$	1.89; $p = .11$	4.75; $p = .04$ ; $\eta^2 = 0.10$	5.10; $p = .01$ ; $\eta^2 = 0.11$	0.99; $p = .42$
	Effects	Group F(1,37)	Trial Type F(4,148)	Condition F(1,37)	Group * Trial Type F(4,148)	Group * Condition F(1,37)	Trial Type * Condition F(4,148)	Group * Trial Type * Condition F(4,148)
ANCOVA	PET	1.52; $p = .23$	0.06; $p = .99$	16.00; $p = .00$ ; $\eta^2 = 0.30$	0.60; $p = .66$	0.08; $p = .79$	5.84; $p = .00$ ; $\eta^2 = 0.14$	2.48; $p = .05$ ; $\eta^2 = 0.06$
	T1	0.99; $p = .33$	0.57; $p = .69$	6.09; $p = .02$ ; $\eta^2 = 0.14$	1.37; $p = .25$	0.37; $p = .55$	2.29; $p = .06$	0.24; $p = .92$
	T2	1.08; $p = .31$	0.34; $p = .85$	5.45; $p = .03$ ; $\eta^2 = 0.13$	1.15; $p = .34$	0.16; $p = .69$	2.32; $p = .06$	0.18; $p = .95$
	POT	4.52; $p = .04$ ; $\eta^2 = 0.11$	0.25; $p = .91$	7.15; $p = .01$ ; $\eta^2 = 0.16$	1.16; $p = .33$	2.90; $p = .10$	4.76; $p = .01$ ; $\eta^2 = 0.11$	1.88; $p = .12$

After accounting for CVs effects, we found that both patients and controls performed similarly, and their beliefs about sinking objects were independent of CVs. Furthermore, we observed better performance in the faster sinking condition and an interaction between the condition and trial type. This indicates that, regardless of group membership, different beliefs can be activated depending on instructions for predicting object sinking speed, even when the stimuli and task remain the same. Additionally, the interaction effect revealed that participants performed better in the sinking slower condition when working with the Small-Light trial type, as previously reported in healthy undergraduate students (Castillo et al., 2015, 2017).

Our findings suggest that the availability of cognitive resources may explain the lower patient performance, as found in adult schizophrenia patients. Collins et al. (2014) linked impaired performance in a reinforcement learning task to working memory, while Culbreth et al. (2017) attributed deficits in a decision-making task to IQ levels and working memory. Cardella and Gangemi's (2015) review indicated that differences in reasoning tasks between patients and controls could be accounted for by IQ and cognitive abilities. Similarly, Zhu et al. (2021) found reduced cognitive flexibility in schizophrenia and depressive patients aged 18–65, with differences disappearing after controlling for IQ scores. However, caution should be exercised when comparing these findings to ours, considering differences in tasks and participant age ranges.

We observed that in patients, cognitive variables (CVs) were linked to general, positive, and negative symptoms. Therefore, the symptoms of FEP could contribute to deficits in cognitive variables and explain their lower performance compared to the control group. This assumption is based on our study not including symptom measurements in the control group.

This study has limitations. Firstly, the small sample size prevents us from drawing definitive conclusions. Secondly, we did not investigate other CVs, such as executive functioning, inhibitory control, monitoring, and perceptual inference, potentially associated with our task.

Our results indicated that performance in the sinking-object task and the patient-control differences were attributable to cognitive functioning variables. Beliefs about sinking objects remained unaffected by cognitive variables. More research is needed to dissect the specific impacts of cognitive functioning variables in various stages of our predictive task and to determine the extent to which beliefs remain

independent of attentional and perceptual processes.

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.scog.2024.100318>.

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#### CRedit authorship contribution statement

**Daniel Núñez:** Conceptualization, Funding acquisition, Methodology, Project administration, Supervision, Validation, Visualization, Writing – original draft, Writing – review & editing. **Javiera Rodríguez-Delgado:** Investigation, Methodology, Resources, Validation, Visualization, Writing – original draft, Writing – review & editing. **Ramón D. Castillo:** Conceptualization, Formal analysis, Funding acquisition, Investigation, Methodology, Project administration, Software, Supervision, Validation, Visualization, Writing – original draft, Writing – review & editing. **José Yupanqui:** Investigation, Methodology, Project administration, Supervision, Validation, Visualization. **Heidi Kloos:** Conceptualization, Formal analysis, Investigation, Methodology, Validation, Visualization, Writing – original draft, Writing – review & editing.

#### Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Ramon Castillo reports financial support was provided by University of Talca Faculty of Psychology. Ramon D. Castillo reports a relationship with National Agency for Research and Development that includes: funding grants. If there are other authors, they declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Data availability

The data that support the findings of this study are available on request from the corresponding author, RDC. The data are not publicly available due to information that could compromise the privacy of research participants.

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