ORIGINAL ARTICLE



Faecalibacterium prausnitzii-derived microbial anti-inflammatory molecule regulates intestinal integrity in diabetes mellitus mice via modulating tight junction protein expression

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Highlights

- Diabetic conditions induce compositional dysbiosis of the gut microbiota and impair gut barrier integrity.
- Diabetic conditions markedly downregulate the abundance of Faecalibacterium prausnitzii in the gut.
- Under diabetic conditions, microbial anti-inflammatory molecules from Faecalibacterium prausnitzii restore the gut barrier and ZO-1 expression possibly through the tight junction pathway.

Abstract

Background: Impaired intestinal barrier structure and function have been validated as an important pathogenic process in type 2 diabetes mellitus (T2DM). Gut dysbiosis is thought to be the critical factor in diabetic intestinal pathogenesis. As the most abundant commensal bacteria, Faecalibacterium prausnitzii (F. prausnitzii) play important roles in gut homeostasis. The microbial anti-inflammatory molecule (MAM), an F. prausnitzii metabolite, has anti-inflammatory potential in inflammatory bowel disease (IBD). Thus, we aimed to explore the function and mechanism of MAM on the diabetic intestinal epithelium.

Methods: 16S high-throughput sequencing was used to analyze the gut microbiota of db/db mice (T2DM mouse model). We transfected a FLAG-tagged MAM plasmid into human colonic cells to explore the protein-protein interactions and observe cell monolayer permeability. For in vivo experiments, db/db mice were supplemented with recombinant His-tagged MAM protein from E. coli BL21 (DE3).

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Results: The abundance of *F. prausnitzii* was downregulated in the gut microbiota of *db/db* mice. Immunoprecipitation (IP) and mass spectroscopy (MS) analyses revealed that MAM potentially interacts with proteins in the tight junction pathway, including zona occludens 1 (ZO-1). FLAG-tagged MAM plasmid transfection stabilized the cell permeability and increased ZO-1 expression in NCM460, Caco2, and HT-29 cells. The *db/db* mice supplemented with recombinant His-tagged MAM protein showed restored intestinal barrier function and elevated ZO-1 expression.

Conclusions: Our study shows that MAM from *F. prausnitzii* can restore the intestinal barrier structure and function in DM conditions via the regulation of the tight junction pathway and ZO-1 expression.

KEYWORDS

diabetes mellitus, diabetic pathology, Faecalibacterium prausnitzii, gut microbiota, intestinal barrier

1 | BACKGROUND

In past decades, the prevalence of diabetes mellitus (DM) around the globe has continued to grow. DM and its complications have become important global health issues. Previous studies have shown that DM patients and animal models suffer impaired intestinal barrier structure and function.^{1,2} Malfunction of the intestinal barrier promotes the absorption of pathogens and toxins from the lumen, which induces intestinal inflammation and hyperglycemia deterioration.^{3,4} These pathological alterations worsen DM prognosis. Thus, effective strategies to repair barrier structure and function are urgently needed for DM prevention and treatment.

The gut microbiota is a complex biological ecosystem that intensively interacts with the host intestinal epithelium. Increasingly, studies have revealed that gut microbiota play important roles in host health and disease progression.⁵⁻⁹ Recent findings suggest that moderate gut dysbiosis exists in DM patients and animal models.¹⁰⁻¹³ Although the characteristics of the DM gut microbiome are still mired in controversy, gut microbiome studies have hinted at the biological functions or pathogenic roles of gut microbiota in DM progression.¹⁴⁻¹⁶ The differential richness of specific bacteria is potentially correlated with DM development.¹⁷ *Faecalibacterium prausnitzii* (*F. prausnitzii*) are the predominant butyrate-producing bacteria in the gastrointestinal tract. Studies have revealed that *F. prausnitzii* are critical in host health and in many diseases.¹⁸⁻²⁰

Metabolites from *F. prausnitzii* culture supernatant possess beneficial effects in inflammatory bowel disease (IBD).²¹ Recently, a protein produced by *F. prausnitzii* called microbial anti-inflammatory molecule (MAM) was identified.²² In an IBD rat model, supplementation with

MAM effectively relieved gut inflammation and restored the epithelial mucosa. The discovery of MAM broadened the knowledge about the biological regulatory effects of *F. prausnitzii* on the host intestinal epithelium and further implies that MAM from *F. prausnitzii* has a beneficial effect on the intestinal epithelium of DM patients. However, the downstream targets and mechanism remain unknown. The identification of MAM functions and mechanisms will broaden the understanding of the role of gut microbiota in DM development.

Accordingly, the present study focused on the association between gut microbiota dysbiosis and intestinal epithelium barrier impairment under DM conditions. We sought to investigate the interaction between *F. prausnitzii*-derived MAM protein and the intestinal epithelium in DM.

2 | METHODS

2.1 | Mice

The BKS.Cg-Dock7m +/+ Leprdb/JNju (*db/db*) mice and littermate mice (normal control) were purchased from Nanjing Biomedical Research Institute of Nanjing University (Nanjing, China) and maintained under specific pathogen-free conditions. *db/db* mice become hyperglycemic at 6-8 weeks old.

Monitoring. Caudal vein blood was collected to monitor random blood glucose by glucometer biweekly (Johnson & Johnson, New Brunswick, NJ). At the end of the intervention, mice were euthanized and sacrificed. Colon tissues were collected. All animal experiments were carried out in strict accordance with the principles of the Affidavit of Approval of Animal Use Protocol provided by the Institutional Animal Care and Use Committee, Sun Yat-Sen University (approval number: 2016-0112).

2.1.1 | DM mouse gut microbiota sequencing and *F. prausnitzii* quantification

The DM group (db/db mice, n = 6) and control group (littermate mice, n = 6) were monitored from 8 weeks old. Fresh stool samples were collected following blood glucose measurement biweekly (8, 10, and 12 weeks old). The stool genomic DNA was extracted and purified by a QIAamp Fast DNA Stool Mini Kit (QIAGEN, Germantown, MD) according to the manufacturer's instructions.

High-throughput DNA sequencing (double-end 2×100 bp, Illumina HiSeq 2500, Illumina, San Diego, CA) was performed. Quantitative Insights Into Microbial Ecology (QIIME) software was used for the raw data analysis. Uclust was used to select operational taxonomic units (OTUs), ChimeraSlayer was used to eliminate erroneous nucleic acid sequences, and the National Center for Biotechnology Information (NCBI) nucleic acid database was used to identify gut bacteria. Finally, the gut microbiota was analyzed for biodiversity and composition.

The abundance of *F. prausnitzii* in the gut microbiota was quantified by qRT-PCR. The specific *F. prausnitzii* 16S primers were synthesized as previously described (see Table 1).²³ The bacterial 16S rDNA conserved region was used as the internal

Т	A	B	L	Е	1	The primer se	quences	s used	in	qRT	PCF	2
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Gene	5'-3'
Homo-ZO-1 Forward	GCA TGA TGA TCG TCT GTC CTA CCT
Homo-ZO-1 Reverse	CCG CCT TCT GTG TCT GTG TCT T
Homo-B-Actin Forward	CAT GTA CGT TGC TAT CCA GGC
Homo-B-Actin Reverse	CTC CTT AAT GTC ACG CAC GAT
Mus-ZO-1 Forward	GAC TTG TCA GCT CAG CCA GT
Mus-ZO-1 Reverse	GGC TCC TCT CTT GCC AAC TT
Mus-B-Actin Forward	GTC ATC ACT ATT GGC AAC GAG C
Mus-B-Actin Reverse	TAC GGA TGT CAA CGT CAC ACT T
F. prausnitzii 16S-2 Forward	GGA GGA AGA AGG TCT TCG G
F. prausnitzii 16S-645 Reverse	AAT TCC GCC TAC CTC TGC ACT
Universal 16S-926 Forward	AAA CTC AAA KGA ATT GAC GG
Universal 16S-1062 Reverse	CTC ACR RCA CGA GCT GAC
MAM Forward	TCG CCG AAG TTG TTC TTC TCA
MAM Reverse	GAC AGC CCC AAT CTG GAC ACT

reference. The relative abundance of *F. prausnitzii* was calculated by the $\triangle \triangle CT$ (cycle threshold) method.

2.2 | Cell culture

The human colon epithelium NCM460 cell was purchased from INCELL Corporation (San Antonio, TX). Human embryonic kidney 293 T cells, human colon cancer epithelium Caco2, and HT-29 cells were obtained from ATCC (Manasses, VA). Cells were grown in Dulbecco's modified Eagle medium (DMEM) in the presence of 10% fetal bovine serum (FBS) and cultured in 5% CO₂ at 37°C in a humidified environment.

2.3 | FLAG-tagged MAM plasmid construction and cell transfection

We improved Quévrain's method²² to construct a plasmid encoding a full-length MAM sequence. The optimized fulllength MAM sequence (synthesized by Geneary, Shanghai, China) was inserted into the $p3 \times flag$ -cmv-7.1/Empty (empty) vector and subsequently named $p3 \times flag$ -cmv-7.1/ MAM (or FLAG-tagged MAM).

Cells were seeded in 6-well plates overnight to adhere. The empty or FLAG-MAM plasmids were transfected into cells by mixing with Lipofectamine 3000 at an appropriate ratio (Invitrogen, Carlsbad, CA).

2.4 | Immunoprecipitation (IP) and mass spectrometry (MS)²⁴

Briefly, protein A/G plus agarose (Millipore, Burlington, MA) was precleared by modified IP buffer (Thermo Fisher, Waltham, MA). Cells were collected and lysed in modified IP buffer. After centrifugation, samples were collected and separated into two equal volumes for the specific IPs and control IPs (IgG). The supernatant was incubated with rabbit anti-FLAG antibody (14 793, 1:100, Cell Signaling Technology [CST], Danvers, MA) or rabbit IgG (3900, 1:100, CST) overnight at 4°C with gentle rotation. The protein A/G plus agarose was then added and incubated for 2 hours at 4°C with gentle agitation to precipitate the FLAG antibody and interacting proteins. After centrifugation, the pellet was discarded, and the IP complex was washed three times with modified IP buffer and once with ice-cold PBS.

Subsequently, samples were resolved by 10% SDS-PAGE. Following in-gel staining with Coomassie blue, the gel lane of interest was extracted and subjected to MS analysis. MS was performed in profile mode with a range of m/z 380-1600 at a resolution of 60 000 (FMHW, m/z 400). The raw peptide data were queried in the UniProt protein database to verify the bait candidates.

2.5 | Gene ontology analysis

The MS results or the microarray data were subjected to gene ontology analysis using the Database for Annotation, Visualization and Integrated Discovery (DAVID) (https:// david.ncifcrf.gov/) and Kyoto Encyclopedia of Genes and Genomes (KEGG) (http://www.genome.jp/kegg/) with default parameters to search for biological process and signaling pathways, respectively. Differentially immunoprecipitated proteins (or genes) were analyzed. Only the top 10 enriched gene ontology terms of the biological process category and signaling pathways are shown.

2.6 | Measurement of cell permeability

To establish an impaired cell permeability model, cells were treated with 1 g/mL lipopolysaccharide (LPS) for 48 hours.²⁵ Then, they were digested and seeded in the upper chamber of a 0.22 μ m transwell overnight. Each upper chamber was added with 200 μ L of FITC-dextran (Sigma-Aldrich, Natick, MA). After a 1 hour incubation, the FITC-dextran concentration in the lower chamber was detected by a SpectraMax M5 fluorescence spectrophotometer (Molecular Devices Corporation, San Jose, CA; excitation wavelength: 485 nm; emission wavelength: 535 nm).

2.7 | Recombinant MAM protein

The pET-6xHis/TEV/MAM plasmid (or His-tagged MAM) was constructed and transformed into *E. coli* BL21 (DE3). BL21 (DE3) cultures were shaken at 300 rpm and 37°C overnight in LB medium and then induced with 1 mM isopropyl β -D-thiogalactoside (IPTG) at 37°C for another 4 hours. After centrifugation, the pellet was collected, and recombinant protein was extracted using Bugbuster Master Mix (Millipore). Protein purification was performed using the Amicon Pro Purification System (Millipore).

2.8 | In vivo MAM intervention

Previously, 5×10^9 CFU/200 µL of *F. prausnitzii* or engineering bacteria were used for in vivo interventions.²² As an equivalent to the bacterial protein yield, we selected the appropriate concentration and dose (1 µg/µL, 200 µL) of MAM for intervention. Typically, mice were randomly divided into four groups (n = 6): (a) control+PBS: littermate mice treated with 200 µL of PBS; (b) control+MAM: littermate mice treated with 200 µL of His-tagged MAM; (c) DM + PBS: *db/db* mice treated with 200 µL of PBS; and (d) DM + MAM: *db/db* mice treated with 200 µL of His-tagged MAM. Mice were treated once per day. The intervention lasted for 4 weeks.

2.9 | Immunohistochemistry

Colon tissue slides were acquired by fixation and hydration. After antigen retrieval, the slides were blocked with goat serum (Maxim, Fujian, China) and incubated overnight at 4° C with an anti-zona occludens 1 (ZO-1) rabbit mAb (13663S, 1:100, CST). Then, the samples were incubated with a goat anti-rabbit secondary antibody (8114, CST) for 30 minutes at room temperature. After incubation in 3,3'-diaminobenzidine tetrahydrochloride (DAB, Maxim) with 0.05% H₂O₂ for 5 minutes, the nucleus was counterstained with hematoxylin. Stained samples were photographed with a Nikon TE2000-U camera (Nikon, Tokyo, Japan).

2.10 | In vivo measurement of intestinal permeability

LPS could enter the bloodstream via the leaky gut, causing host inflammation. Thus, the serum LPS concentration could indirectly reflect the intestinal permeability in mice. The serum LPS concentration was determined by a Chromogenic End-point TAL kit (Chinese Horseshoe Crab Reagent Manufactory, Fujian, China).

2.11 | Transmission electron microscopy

Transmission electron microscopy (TEM) was used to observe intestinal epithelial tight junctions and evaluate the intestinal integrity, as described previously.²⁶ Observations were made on a JEM-100CX II (JEOL, Tokyo, Japan). The TEM parameters were as follows: acceleration voltage 100 kV, magnification 40 000 \times . A total of three images per mouse were analyzed.

2.12 | RNA isolation and qRT-PCR

Total RNA was extracted by TRIzol reagent (Takara, Shiga, Japan) and reverse-transcribed to cDNA by a PrimeScript RT Reagent kit (Takara). cDNA was amplified and quantified by specific primers (Table 1) and SYBR Premix Ex Taq (Takara) in a CFX-96 system (Bio-Rad, Hercules, CA). β -actin was used as an internal reference, and the $\triangle \triangle CT$ was used for the expression analysis.

2.13 | Western blotting

Samples were lysed in RIPA lysis buffer (Thermo Fisher). The protein concentration was quantified by the BCA assay kit (Thermo Fisher). The expression of proteins of interest was investigated using Western blotting. The dilutions of antibodies were applied as follows: ZO-1 rabbit mAb (13663S, CST) 1:2000; FLAG-tag rabbit mAb (CST) 1:1000; His-tag rabbit mAb (12 698, CST) 1:2000; β -actin

228

-WILEY- Journal of Diabetes 🚮

rabbit mAb (4970, CST) 1:2000; HRP-conjugated antirabbit IgG (7074, CST) 1:2000. Protein bands were visualized by chemiluminescence (ECL) reagent (Millipore). The integrated intensity of the protein was determined by ImageJ (National Institutes of Health, Bethesda, MD), normalized to β -Actin.

2.14 | Statistical analysis

All measurement data in this study were presented as the mean \pm SE (SE). Samples in each experiment were tested at least three times. Data analysis was performed in GraphPad Prism 6 (GraphPad Software, www.graphpad.com). Statistical significance was set at P < 0.05.

3 | RESULTS

3.1 | Impaired intestinal barrier structure and function in DM mice

Our results showed that db/db mice had fivefold higher blood LPS levels than littermate mice (DM: 1.84 ± 0.52 EU/ml vs control: 0.30 ± 0.21 EU/ml), which indicated increased intestinal permeability in db/db mice (Figure 1A; P < 0.05). TEM observation demonstrated that the intercellular gaps of the colonic epithelium of db/db mice were widened and disrupted when compared to those of the littermate mice (Figure 1B).

Tight junctions are important components of the intestinal barrier, and ZO-1 is the key factor. The colons of db/dbmice showed significantly lower levels of ZO-1 mRNA and protein than those of littermate mice (Figures 1C-E; P < 0.05). Immunohistochemistry (IHC) results demonstrated that *db/db* mice had reduced ZO-1 expression in the intestinal epithelium. Unlike the extensive distribution in littermate mice, ZO-1 was mainly localized in epithelial cells near the lumen in *db/db* mice (Figure 1F). Collectively, these results confirm the aberrant intestinal barrier structure and function of *db/db* mice.

3.2 | Gut dysbiosis in DM mice

We analyzed the gut microbiota in *db/db* mice from 8 weeks to 12 weeks old. The estimated biodiversity by both indexes (Chao1 and Shannon index) in *db/db* mice was significantly lower than that in littermate mice (Figure 2A, B, P < 0.05). *Firmicutes* and *Bacteroidetes* comprise up to 90% of the gut microbiota. The *Firmicutes/Bacteroidetes* (F/B) ratio represents the major bacterial composition. The decrease in the F/B ratio in *db/db* mice suggested that the gut microbiota structure was shifted under DM conditions (Figure 2C). For other phyla, the abundance of *Deferribacteres* and *Proteobacteria* in littermate mice was relatively higher than that in *db/db* mice (Figure 2D).

Next, the heatmap at the genus level showed differentiated genus distributions between db/db and littermate mice (Figure 3A). There were eight genera with reduced abundance in the gut microbiota of db/db mice (P < 0.05): *Faecalibacterium*, *Dehalobacterium*, *Oscillospira*, *Ruminococcus*, *Mucispirillum*, *Prevotella*, *Bifidobacterium*, and *Allobaculum*. In contrast, the abundance of four genera was increased in the gut microbiota of db/db mice (P < 0.05):



FIGURE 1 Damaged intestinal barrier structure and function in diabetic mice. (A) The blood LPS concentration in the DM group was markedly elevated in contrast to those in the control group (n = 6, *P < 0.05). (B) The intestinal tight junction ultrastructure (arrows) was disrupted in the DM group compared to the control group (bars = 500 nm). (C-E) Compared to the control group, the expression of ZO-1 mRNA and protein were significantly decreased in the colonic epithelium of the DM group (n = 6, *P < 0.05). (F) IHC indicated the lower intestinal ZO-1 expression in the DM group in contrast to the control group (bar = 20 µm). (DM group: db/db mice, control group: littermate mice)



FIGURE 2 DM-induced gut microbiota dysbiosis. (A, B) The gut microbiota Chao1 and Shannon index in the DM group were significantly lower than those in the control group (*P < 0.05). (C) The *Firmicutes* to *Bacteroidetes* ratio (F/B) in the DM group continuously descended while F/B in the control group kept ascending during the observation (*P < 0.05). (D) The gut microbiota composition of DM and control groups at the phylum level. (DM group: *db/db* mice, control group: littermate mice)

Streptococcus, Candidatus Arthromitus, Anaerofustis, and Helicobacter.

3.3 | Depletion of *F. prausnitzii* in the DM mouse gut

Only one species has been discovered in the Faecalibacterium genus F. prausnitzii, which makes single species research possible. The random blood glucose levels of DM mice were significantly higher than those of the littermate mice (Figure 3B, P < 0.05). In contrast to littermate db/db mice, mice maintained an extremely low F. prausnitzii abundance (Figure 3C, P < 0.05). Consistently, the abundance of MAM mRNA in *db/db* mice was markedly lower than that in littermate mice. Our data indicate that the abundance of F. prausnitzii and MAM are negatively correlated with the random blood glucose level.

Lukovac et al²⁷ established a murine intestinal epithelial organoid model and explored the transcriptional response upon exposure to the supernatant of *Akkermansia muciniphila* or *F. prausnitzii*. We carried out a bioinformatic analysis of their

microarray data (GSE59644). Our results implied that the most significant transcriptional response upon exposure to *F. prausnitzii* supernatant was cell adhesion (Figure S1A). Cell adhesion consists of the interaction between cell-adhesion molecules and cell junction structures. The KEGG analysis suggested one of the signaling pathways that *F. prausnitzii* supernatant potentially modulates is tight junctions (Figure S1B). Our bioinformatic analysis indicated that metabolites from *F. prausnitzii* potentially regulate the intestinal barrier. The depletion of *F. prausnitzii* might critically alter the intestinal barrier in DM.

3.4 | MAM from *F. prausnitzii* interacts with the tight junction pathway in the colonic epithelium

Given that gut bacteria exert biological functions via specific metabolites. MAM is a newly discovered metabolite of *F. prausnitzii* that potentially suppresses intestinal inflammation. Therefore, we sought to explore its functions in the intestinal epithelium. We transfected FLAG-tagged MAM into colonic epithelial cells: NCM460, Caco2, and HT-29. Two



FIGURE 3 *F. prausnitzii* dramatically decreased in DM mice. (A). Heatmap depicted the relative percentage of each bacterial genus in the DM and control groups. (bacterial genus on the Y-axis, sample name on X-axis). (B). The blood glucose in the DM group sustained at a high level (8 weeks: $32.25 \pm 1.46 \text{ mmol/L}$; 10 weeks: $31.50 \pm 1.78 \text{ mmol/L}$; 12 weeks: $31.12 \pm 2.94 \text{ mmol/L}$). By comparison, the blood glucose of control group kept steady at a low level (8 weeks: $7.83 \pm 0.43 \text{ mmol/L}$; 10 weeks: $7.43 \pm 0.55 \text{ mmol/L}$; 12 weeks: $7.83 \pm 0.31 \text{ mmol/L}$). (C) The qRT-PCR indicated the drastically low abundance of *F. prausnitzii* in the DM gut microbiota (**P* < 0.05). (D) The qRT-PCR indicated the markedly low expression of MAM mRNA in the DM gut microbiota (**P* < 0.05). (DM group: *db/db* mice, control group: littermate mice)

transfection concentrations (low: lipofectamine 3.75 µL and plasmid 5 µg; high: lipofectamine 7.5 µL and plasmid 5 µg) were tested. Cells transfected with the FLAG-tagged MAM plasmid, especially at the high concentration, had exponentially increased expression levels of MAM mRNA (Figure 4A, P < 0.05). The data showed that colonic cells successfully expressed MAM, and the high concentration was optimal.

Next, we transfected NCM460 cells with FLAG-tagged MAM and performed an IP and MS to identify target candidates for an in-depth mechanistic study (Figure 4B). 293T cells were used as the transfection positive control. An overall list of 139 single protein sequences was found, and 87 known human protein sequences were identified. The gene ontology analysis revealed groups of candidates involved in specific biological processes (Figure 4C). The most enriched biological process was cell-cell adhesion junction, containing 18 related proteins: ZO-1, DDX3X, ANXA2, FASN, FLNA, FLOT2, HSP90AB1, HSPA1B, JUP, KRT18, MYH9, PRDX1, PUF60, RACK1, RSL1D1, RPL14, RPL24, and YWHAZ. Moreover, the KEGG analysis showed that one of the most enriched pathways was the tight junction pathway (Figure 4D and Figure S2). The downstream effects of the tight junction pathway include tight junction assembly, adherens junction assembly, and paracellular permeability. Our analysis suggested that MAM regulates cell tight junction proteins, which might contribute to the maintenance of the intestinal barrier. ZO-1, a key tight junction protein in cell adhesion, has been found to be drastically downregulated in the intestinal epithelium in DM. Thus, we sought to verify the effect of MAM on ZO-1 and barrier function in the intestine in DM conditions.

3.5 | MAM restores cell permeability in intestinal epithelial cells

The FLAG-tagged MAM or empty vector was transfected into the human colonic epithelial NCM460, Caco2, and

Journal of Diabetes _____WILEY_

231



FIGURE 4 The establishment of MAM in vitro experiment model; the exploration of MAM downstream factors and modulation mechanisms. (A) The MAM expressions were successfully detected after transfection of FLAG-MAM in NCM460, Caco2, and HT-29 (*P < 0.05). (B) MAM-interacted proteins were captured by IP. Prior to the MS analysis, proteins were separated by 10% SDS-PAGE and stained with Coomassie blue. 293 T was taken as the transfection positive control. NCM460-FLAG and 293 T-FLAG: NCM460 and 293 T were incubated with FLAG antibody for IP. NCM460-IgG and 293 T-IgG: NCM460 and 293 T were incubated with nonimmune rabbit IgG polyclonal antibody for IP. (C) Gene ontology analysis on MAM-interacted candidates reveals the potential functions of MAM in regulating intestinal epithelium biological processes. (D) KEGG analysis suggests MAM protein is potentially involved in the modulation of many signaling pathways. The regulation on the tight junctions is one of the most correlated pathways

HT-29 cells to confirm the effect of MAM on intercellular tight junctions. Compared with the empty transfection cells, NCM460 cells transfected with FLAGtagged MAM showed an evidently lower concentration of FITC-dextran. Consistently, Caco2 and HT-29 cells transfected with FLAG-tagged MAM permitted less FITC-dextran to pass through the transwell into the lower chamber than those transfected with the empty vector (Figure 5A, P < 0.05).

In all three colonic cell lines, in contrast to empty vector transfection, FLAG-tagged MAM transfection upregulated ZO-1 mRNA expression (Figure 5B, P < 0.05). Consistent with the mRNA expression data, the ZO-1 protein level was

significantly restored after FLAG-tagged MAM plasmid transfection (Figure 5C, D, P < 0.05). Collectively, our data reveal that MAM protein upregulates ZO-1 expression in intestinal epithelial cells.

3.6 | MAM repairs the disrupted intestinal barrier in DM mice

The recombinant His-tagged MAM protein was synthesized and purified for in vivo interventions (Figure 6A, B). The serum LPS levels in *db/db* mice drastically decreased (Figure 6C, P < 0.05) after His-tagged MAM intervention. Furthermore, the TEM analysis showed no significant changes



FIGURE 5 Transfection of FLAG-tagged MAM protein decreased cell permeability and upregulated ZO-1 expression in different colonic epithelial cells after LPS treatment. (A) NMC460, Caco2, and HT-29 were treated with 1 g/mL LPS for 48 hours to establish the impaired cell permeability model. Meanwhile, cells were transfected with FLAG-tagged MAM or empty vector. FLAG-tagged MAM decreased FITC-D4 permeation in NMC460, Caco2, and HT-29. (B–D) The abundance of ZO-1 mRNA and protein increased after transfection of FLAG-tagged MAM in the impaired cell permeability model (NMC460, Caco2, and HT-29 with LPS treatment) (*P < 0.05)

in intercellular gaps and structures in the colonic epithelium of littermate mice after treatment. Compared with the DM + PBS group, the His-tagged MAM intervention group showed a reduced colonic epithelial intercellular gap (Figure 6D).

Our results show that His-tagged MAM supplementation restored intestinal ZO-1 mRNA and protein expression in the DM + MAM group compared to the DM + PBS group (Figures 7A-C, P < 0.05). Compared with that in the control +PBS group, the mRNA and protein levels of ZO-1 in the control+MAM group was upregulated but not significantly (P > 0.05). IHC suggested that ZO-1 was extensively expressed in the colonic epithelium in the control+PBS and control+MAM mice. ZO-1 expression was upregulated in the colonic epithelium of mice in the DM + MAM group compared to the DM + PBS group (Figure 7D). In total, our data show that MAM supplementation could restore the barrier structure and function of the intestine in DM mice.

4 | **CONCLUSIONS**

Increasingly, observations are revealing an aberrant gut microbiome in DM patients and animal models.^{28,29} Gut dysbiosis is induced by the DM state.¹³ Conversely, the imbalance of gut microbiota plays a critical role in the DM

development.^{30,31} It has been proposed that the disrupted gut microbiota in T2DM conditions may contribute to the disrupted intestinal barrier in T2DM patients.³² Our observations indicate that gut dysbiosis is associated with a damaged intestinal barrier structure and function in DM mice. In the disrupted DM gut microbiota, we found that the abundance *F*. prausnitzii was markedly reduced. F. prausnitzii is well defined as the predominant butyrate producer in the gut microenvironment and accounts for up to 4% of the gut microbiota.^{33,34}Previous studies have shown the beneficial effects of F. prausnitzii on host health.³⁵ Research has shown a decreased butyrate-producing capacity in the gut microbiome of DM patients, which implies the absence of F. prausnitzii.¹⁰ Collectively, our results show that F. prausnitzii could be a promising biomarker and potential therapeutic target for DM.

Mounting evidence suggests that metabolites from *F. prausnitzii* modulate the intestinal epithelium. In a gnotobiotic rodent model, supernatant from *F. prausnitzii* influenced the production of mucosal glycans to maintain the development of colonic goblet cells.³⁶ Moreover, *F. prausnitzii* supernatant can reduce intestinal permeability and ameliorate intestinal inflammation in mice with DSSinduced colitis. The mechanism underlying the effects of



FIGURE 6 The intervention of recombinant His-tagged MAM protein repaired DM mice intestine barrier. (A) Profile of pET-6xHis/TEV/ MAM plasmid encoded the full length of MAM sequence (named His-tagged MAM). (B) Western blot with anti-His antibody for His-tagged MAM protein verification in BL21(DE3) bacterial protein extraction after IPTG induction. (C) His-tagged MAM supplementation reduced the blood LPS concentration in *db/db* mice (DM + MAM vs DM + PBS, **P* < 0.05). (D) Constitutive tight junction and undamaged intercellular gaps (arrows) were observed in both DM + PBS and DM + MAM groups; restored tight junctions and narrower intervals (arrows) were observed among colon epithelium in the DM + MAM group compared to the DM + PBS group (bars = 500 nm)



FIGURE 7 The intervention of recombinant His-MAM protein upregulated ZO-1 expression in DM mice. (A) Intestinal ZO-1 mRNA abundance was upregulated in the DM + MAM group compared to the DM + PBS group (*P < 0.05). (B, C) His-tagged MAM protein intervention increased the colonic epithelial ZO-1 protein expression in the DM + MAM group compared to the DM + PBS group (*P < 0.05). (D) IHC showed the ZO-1 positive cell distributed evenly in colonic epithelium in the DM + MAM group whereas they mainly distributed in epithelial cells near the lumen in the DM + PBS group (bar = 20 μ m)

WILEY Journal of Diabetes

F. prausnitzii may involve the expression of certain tight junction proteins but has not yet been elucidated.^{37,38} A previous study utilized *F. prausnitzii* supernatant to treat mouse intestinal organoids.²⁷ We applied bioinformatic analysis on their microarray data. Interestingly, the results indicated that *F. prausnitzii* supernatant potentially regulates cell-cell adhesion and the tight junction pathway, which are key to the intestinal barrier integrity. MAM, a newly discovered protein product of *F. prausnitzii*, shows anti-inflammatory effects in the intestine in IBD.^{22,39} We questioned whether MAM could act on the intestinal barrier. Our results suggest that MAM potentially modulates numerous biological processes and signaling pathways of the intestinal epithelium. The most abundant biological functions and signaling pathways were cell-cell adhesion and the tight junction pathway, respectively.

One of the MAM-interacting proteins, ZO-1, participates in both cell adhesion and the tight junction pathway. As an important structural protein of tight junctions, ZO-1 maintains the integrity of tight junction complexes primarily by linking claudins, occluding, and cytoskeletal proteins. The aberrant expression of ZO-1 may hinder the formation of intercellular tight junctions and impair the intestinal mechanical barrier, allowing pathogens and bacterial toxins to enter the bloodstream and leading to systematic complications such as intestinal infections, systemic inflammatory response syndrome, and multiple organ failure.^{40,41} In an IBD mouse model, decreased ZO-1 abundance and elevated intestinal permeability were found to occur ahead of obvious colonic inflammation, suggesting a critical role for ZO-1 in the intestinal barrier.42 We observed decreased intestinal ZO-1 expression associated with the depletion of F. prausnitzii in DM mice. MAM from F. prausnitzii potentially interacts with the tight junction pathway. One of the downstream effects of the tight junction pathway is tight junction protein assembly. Therefore, we hypothesized that MAM might activate the tight junction pathway and upregulate ZO-1 expression to enhance intestinal barrier structure and function.

To verify our hypothesis, we assessed the effect of MAM protein in different colonic epithelial cell lines. Interestingly, in vitro experiments indicated that MAM positively regulates ZO-1 expression and further promotes intercellular tight junctions after LPS treatment. Next, we sought to confirm the effect of MAM on the impaired intestinal barrier of DM mice. Recombinant His-tagged MAM protein supplementation increased ZO-1 expression and restored the intestinal barrier function in DM mice. However, the His-tagged MAM intervention induced minor improvements in normal mice (control+MAM vs control+PBS). This differential effect may be partially due to the integrity of the normal mouse gut. The gut microbiome and metabolites participate in the maintenance of the intestinal structure. In normal mice, the gut microbiota and intestinal integrity are sustained in a balance state. Therefore, additional MAM supplementation may not substantially enhance the undamaged intestinal barrier. In total, for the first time, these results indicate that the *F. prausnitzii* metabolite MAM modulates the tight junction pathway to upregulate ZO-1 expression and restore the aberrant intestinal barrier structure and function in DM mice.

In conclusion, we suggest that *F. prausnitzii* is depleted in the DM mouse gut microbiome and it could be used as a biomarker of DM. ZO-1 and the tight junction pathway are direct downstream targets of *F. prausnitzii*-derived MAM. Decreased *F. prausnitzii* abundance and MAM protein production may be one of the causes of disrupted intestinal permeability in DM. The present study informs the mechanistic understanding of the gut microbiota in DM progression and indicated the therapeutic potential of MAM for DM.

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DISCLOSURE

There is no conflict of interest to be declared.

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Journal of Diabetes

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236

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article. **How to cite this article:** Xu J, Liang R, Zhang W, et al. *Faecalibacterium prausnitzii*-derived microbial anti-inflammatory molecule regulates intestinal integrity in diabetes mellitus mice via modulating tight junction protein expression. *Journal of Diabetes*. 2020;12:224–236. <u>https://doi.org/10.1111/1753-0407.12986</u>