

## REVIEW

# Mechanisms of aging-related proteinopathies in *Caenorhabditis elegans*

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Aging is the most important risk factor for human neurodegenerative diseases such as Alzheimer's and Parkinson's diseases. Pathologically, these diseases are characterized by the deposition of specific protein aggregates in neurons and glia, representing the impairment of neuronal proteostasis. However, the mechanism by which aging affects the proteostasis system and promotes protein aggregation remains largely unknown. The short lifespan and ample genetic resources of *Caenorhabditis elegans* (*C. elegans*) have made this species a favorite model organism for aging research, and the development of proteinopathy models in this organism has helped us to understand how aging processes affect protein aggregation and neurodegeneration. Here, we review the recent literature on proteinopathies in *C. elegans* models and discuss the insights we have gained into the mechanisms of how aging processes are integrated into the pathogenesis of various neurodegenerative diseases.

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## INTRODUCTION

The abnormal deposition of protein aggregates in the form of inclusion bodies is a common pathological feature of most neurodegenerative diseases such as Alzheimer's disease (AD), Parkinson's disease (PD), Huntington's disease and amyotrophic lateral sclerosis (ALS). AD is typically characterized by the deposition of two types of protein aggregates; one consists of neuritic plaques containing amyloid- $\beta$  (A $\beta$ ) peptides, and the other consists of neurofibrillary tangles containing hyperphosphorylated tau proteins. In addition, AD brains often contain Lewy bodies, intraneuronal inclusion bodies containing  $\alpha$ -synuclein aggregates. Lewy bodies and the related structures known as Lewy neurites are the pathological hallmarks of PD and dementia with Lewy bodies. Likewise, Huntington's disease is specified by the accumulation of huntingtin aggregates with expanded polyglutamine (polyQ), and ALS is specified by TAR DNA-binding protein 43 (TDP-43) aggregates.

Although polyQ expansion diseases such as Huntington's disease are entirely genetic disorders, most neurodegenerative diseases are sporadic with a few exceptions; ~5–10% of AD and PD cases show familial inheritance. Mapping of causative gene mutations in these rare cases has been the major driver in the research of neurodegenerative diseases and has provided the rationale for the development of genetic animal models for the diseases. Numerous animal model systems have been

established in particular to study the mechanism of protein aggregation and its roles in neurodegeneration. The most widely used *in vivo* models have been constructed in rodents. Although the rodent models have been very useful in recapitulating some of the major features of neurodegenerative diseases, the results obtained in these models have largely been correlative due to limitations associated with the rodent models, including anatomical complexity and difficulties in genetic modification. In addition, a relatively long incubation period in rodents makes it difficult to assess the role of the aging process in disease pathogenesis.

Aging has long been known as the most important risk factor for neurodegenerative diseases. However, the mechanism as to how aging contributes to the onset of these diseases remains largely speculative. Aging affects many aspects of life sustaining processes, such as energy metabolism, proteostasis and cellular redox control. Elucidating the mechanism underlying the interplay between the aging processes and abnormal protein pathology would be of foremost importance in understanding the pathogenic mechanisms of neurodegenerative diseases.

A nematode species, *Caenorhabditis elegans* (*C. elegans*), has been a powerful *in vivo* model system to study the role of aging processes in the development of neurodegenerative proteinopathies. This model organism has several advantages

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in studying aging processes and in genetic manipulations. *C. elegans* has a short lifespan and generation cycle, and its transparent body allows for the visualization of intracellular structures, such as protein aggregates, in real time. In addition, *C. elegans* has a simple neuronal system of 302 neurons, all of which have been anatomically and developmentally mapped.<sup>1</sup> Many of genes in *C. elegans* are homologous to human genes,<sup>2</sup> including the genes involved in neurodegenerative diseases.<sup>3</sup> Importantly, several mutant lines with aging phenotypes are available to investigate the role of particular aging processes in proteinopathies. In this study, we review what we have learned from the *C. elegans* system of the role of aging-related processes in neurodegenerative proteinopathies.

## DEGENERATIVE PROTEINOPATHY MODELS IN NEMATODES

Several transgenic worm models have been developed over the past 20 years. For the modeling of AD, human A $\beta$ 42 was expressed in the body wall muscles by a *unc-54* promoter, and these worms exhibited A $\beta$  deposits and progressive motor defects.<sup>4</sup> Likewise, transgenic worms with pan-neuronal expression of A $\beta$  using the *snb-1* promoter showed the accumulation of A $\beta$  aggregates,<sup>5,6</sup> behavior defects, and shortened lifespan.<sup>6</sup> These phenotypes were modified with aging.<sup>7</sup> Transgenic models expressing wild-type or mutant tau (P301L and V337M) under the *aex-3* promoter, a pan-neuronal expresser, exhibited neuronal degeneration and presynaptic defects induced by the accumulation of insoluble and phosphorylated tau aggregates.<sup>8</sup>

Transgenic animals expressing human wild-type and mutant forms of  $\alpha$ -synuclein in neurons exhibited dopaminergic neuronal loss and motor deficits.<sup>9–11</sup> Recently, a transgenic model for monitoring trans-cellular  $\alpha$ -synuclein aggregate transmission was generated in *C. elegans*. These animals showed an age-dependent increase in aggregate transmission, and the rate of aggregate transmission was delayed with anti-aging treatments.<sup>12</sup>

The first *C. elegans* model for Huntington's disease was generated by expressing a huntingtin fragment containing 150 polyQ repeats in the amphid sensilla of head sensory neurons and resulted in nerve degeneration.<sup>13</sup> Transgenic expression of expanded polyQ protein appeared to disturb protein-folding homeostasis,<sup>14</sup> and the worms were protected from the degenerative phenotypes by inducing autophagy.<sup>15</sup>

Familial ALS models have been generated by expressing human superoxide dismutase 1 (SOD1) wild-type or various mutants in the body wall muscles and neurons. These studies consistently showed that the expression of mutant forms of SOD1, but not the wild-type forms, resulted in the accumulation of insoluble SOD1 aggregates, synaptic dysfunction, and motor defects.<sup>16–19</sup> However, the expression of other ALS-linked genes, wild-type and mutant human TDP-43, and FUS, in neurons using the pan-neuronal *snb-1* promoter, also resulted in protein aggregation, neurodegeneration and abnormal motor behavior.<sup>20–24</sup> Although the expression of the mutants resulted in consistent degenerative phenotypes, effects

of wild-type expression varied depending on the study. In addition, loss of function mutants of *alfa-1*, an orthologue of human *C9ORF72*, resulted in the degeneration of GABAergic motor neurons and age-dependent motor defects.<sup>25</sup> Knockdown of *dnc-1* (the *C. elegans* homolog of human dynactin 1), another ALS-associated gene, accelerated the development of disease phenotypes including axonal degeneration, abnormal motor symptoms, and reduced lifespan.<sup>26</sup>

## HOW AGING PROCESSES AFFECT NEURODEGENERATION

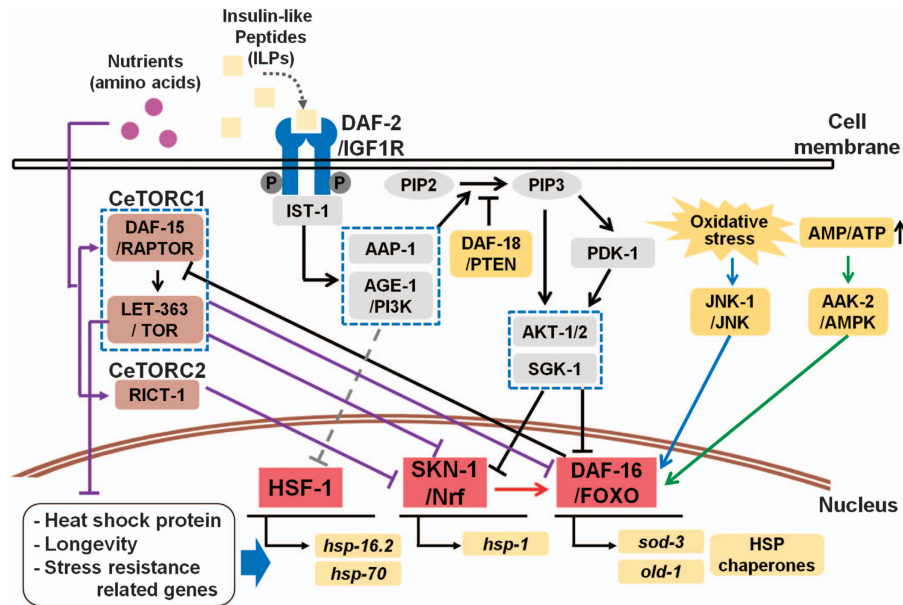
The availability of various mutant *C. elegans* lines with altered aging processes has allowed the investigation of the mechanism underlying the relationship between aging and neurodegenerative diseases. In this section, we review the aging-related signaling pathways that have been associated with neurodegenerative proteinopathies in *C. elegans* models.

### Insulin/IGF-1-like signaling (IIS)

The insulin/IGF-1-like signaling (IIS) pathway is a nutrient-sensing signaling system and is evolutionarily conserved in higher organisms.<sup>27</sup> The downregulation of IIS extends lifespan in yeast, *Drosophila* and mice.<sup>28,29</sup> Among model organisms, *C. elegans* has been a powerful model system for the investigation of aging-associated neurodegenerative diseases by regulating the IIS pathway and the related genes. The IIS pathway regulates stress resistance, aging-related genes and protein homeostasis with aging.<sup>29</sup> The main genetic factors of the *C. elegans* IIS pathway are the *daf-2* gene,<sup>30</sup> encoding an insulin and insulin growth factor (IGF-1) receptor, and the *daf-16* gene, a forkhead (FOXO) transcription factor.<sup>29</sup> Under abundant nutrition conditions such as glucose supplementation, the binding of insulin-like peptides to DAF-2 triggers its self-phosphorylation, subsequently resulting in the activation of phosphatidylinositol-3 kinase (AGE-1).<sup>31</sup> Activated AGE-1 causes the activation of downstream kinases, such as phosphoinositide-dependent kinase 1 (PDK-1) and AKT-1/2 kinase. This signaling cascade promotes the phosphorylation of DAF-16 and inhibits its nuclear localization. The activation of DAF-16 leads to increased longevity, stress resistance and the induction of heat-shock genes such as *old-1*, *sod-3*, and small heat-shock protein chaperones. Therefore, the activation of the IIS pathway, which prevents DAF-16 activation, blocks the expression of target genes involved in longevity, metabolism, autophagy and stress resistance.<sup>32–34</sup> This signaling mechanism explains why mutations in the *daf-2* gene extend lifespan, whereas those in *daf-16* accelerate aging.<sup>35</sup>

In addition to DAF-16, there are two additional transcription factors, heat-shock factor 1 (HSF-1) and SKN-1/Nrf, acting downstream of the IIS pathway, and these factors are also required for lifespan extension (Figure 1).<sup>32,36–39</sup> For example, loss of function mutations of *hsf-1* shortened the lifespan in *daf-2* mutant organisms.<sup>37,38</sup>

In addition to the elevated expression of the downstream genes, proteasome activity was also involved in the promotion



**Figure 1** The pathways interacting with insulin/IGF-1 signaling (IIS) in *C. elegans*. The ILPs, such as INS-1 and INS-7, bind to DAF-2/IGF1R and induce dimerization and phosphorylation, resulting in the recruitment of IST-1, the insulin receptor substrate, to DAF-2, which leads to activation of the phosphoinositide 3-kinases, AGE-1 in neurons and AAP-1 in ubiquitous tissues. Activated AGE-1 leads to the conversion of phosphatidylinositol-4,5-bisphosphate (PIP2) to phosphatidylinositol-3,4,5-trisphosphate (PIP3), subsequently causing a cascade of sequential activation of PDK-1 and AKT-1/AKT-2/SGK-1. These events inhibit the expression of downstream genes that are involved in stress resistance and longevity by inhibiting transcription factors such as DAF-16/FOXO, SKN-1/Nrf and HSF-1. The under abundant nutrients activated CeTORC1 and CeTORC2, which are two different TOR complexes in *C. elegans*, suppress the expression of target genes, whereas the inhibition of *daf-15*/RAPTOR by the *daf-16* gene leads to the induction of the target genes. In particular, CeTORC1 and *ric1-1*/CeTORC2 inhibit the activity of SKN-1, but the expression of the *daf-16* gene is regulated by CeTORC1. However, the increased activity of JNK-1 under oxidative stress and the activation of AMPK by high AMP/ATP ratios promote the expression of downstream genes through the induction of the *daf-16* gene. The different colors of lines represent the distinct signaling pathways.

of longevity in nematodes. Recent results showed that IIS and proteasome activity were intricately connected. One study showed that in *C. elegans*, a reduction in the IIS reduced proteasome activity.<sup>40</sup> However, another study found that IIS reduction increased proteasome activity.<sup>41</sup> More recently, a study showed that the proteostasis-maintaining mechanism is flexible and capable of responding differentially to distinct challenges.<sup>42</sup>

The role of the IIS pathway in neurodegenerative proteinopathies has been extensively investigated in *C. elegans*. Transgenic worms expressing human Aβ42 in the body wall muscles using the *unc-54* promoter showed aggregate-mediated toxicity and age-dependent motor defects.<sup>43</sup> These disease-related phenotypes were ameliorated by reducing the activity of the IIS pathway via *daf-2* mutation<sup>43</sup> or by increasing the expression of heat-shock proteins,<sup>44</sup> whereas downregulation of the transcription factors DAF-16 or HSF-1 increased aggregation-mediated toxicity.<sup>43</sup> Activation of SKN-1 also reduced Aβ aggregation and aggregate-induced paralysis in the transgenic worms.<sup>45</sup> Transgenic worms expressing Aβ42 peptide using the muscle specific *myo-3* promoter exhibited an accumulation of autophagosomes, and this phenotype was alleviated by *daf-2* mutations, suggesting the role of autophagy in age-related proteinopathies.<sup>46</sup>

Studies in other proteinopathy models support that the IIS pathway and downstream transcription factors have general roles in the regulation of proteostasis. Transgenic animals generated by crossing long-lived mutant *age-1* worms with worms expressing expanded polyQ showed a reduction in age-dependent polyQ aggregation and cellular toxicity.<sup>47</sup> The induction of DAF-16 and HSF-1 transcription factors and the knockdown of *daf-2* also alleviated polyQ-associated proteotoxicity.<sup>37,38,47</sup> In familial ALS models, mutation of the *daf-2* gene mitigated the accumulation of insoluble aggregates and abnormal motor symptoms in transgenic worms expressing G85R<sup>48</sup> or G93A<sup>19</sup> SOD1 mutations. Likewise, mutation of the *daf-16* or *hsf-1* gene in transgenic worms overexpressing the truncated form (TDP-C25) or the full-length human TDP-43 using a pan-neuronal *snb-1* promoter resulted in an accumulation of insoluble aggregates and neurotoxicity, whereas *daf-2* mutation reduced protein aggregates and alleviated disease phenotypes.<sup>22</sup>

A recent study in worm models of α-synuclein transgenic expression showed that IIS regulates the rates of aggregate propagation. In this model, α-synuclein aggregate transmission was faster in *daf-16* worms than in the wild-type worms, whereas it was slower in *daf-2* background worms.<sup>12</sup>

### Dietary restriction (DR)

In several model organisms ranging from yeast and flies to rodents and non-human primates, dietary restriction (DR) or caloric restriction resulted in the slowing the aging process.<sup>49</sup> The effects of DR on the aging process have also been well documented in *C. elegans*.<sup>50</sup> Mutations in genes regulating feeding led to defects in pharyngeal muscles in *C. elegans*, thereby causing DR and a significant extension of lifespan.<sup>51</sup>

The mechanism of how DR regulates longevity remains largely unknown; however, several studies point to the role of reduced oxidative damage and elevated protein turnover.<sup>52</sup> The overall activity of the protein quality control system declines with age, and this decline is retarded by caloric restriction, resulting in the extension of lifespan.<sup>53</sup> For example, DR induces autophagy through the inhibition of target of rapamycin (TOR) signaling.<sup>54</sup> The positive effects of DR on the protein quality control system might explain why DR suppresses protein aggregation and proteotoxicity.<sup>55</sup>

The transcription factors PHA-4, SKN-1 and HSF-1 regulate glucose metabolism and are required for DR-induced longevity.<sup>55–57</sup> DR resulted in the activation of these transcription factors and mitigated A $\beta$  toxicity through this activation.<sup>55</sup> DR-induced longevity is considered to have complex relationships with multiple distinctive pathways. DR-induced prolonged lifespan required IRE1, one of the endoplasmic reticulum (ER) stress sensors.<sup>58</sup> In addition, one study showed that loss of *pink-1* (an orthologue of human PINK1/PARK6) and *pdr-1* (an orthologue of human PARKIN/PARK2), PD-linked genes regulating mitophagy, shortened the lifespan of the long-lived mutants, such as *daf-2* and *eat-2* nematodes, whereas these gene deficiencies had no effect on the wild-type worms.<sup>59</sup> These results suggest that maintaining ER and mitochondria homeostasis is important for DR-induced longevity and proteostasis.

### TOR signaling and autophagy

The TOR signaling pathway is evolutionarily well-conserved and is a significant player in cellular metabolism, autophagy and aging.<sup>60–64</sup> Inhibition of the TOR signaling pathway extended the lifespan in *C. elegans*.<sup>65</sup> Deletion of *let-363*/TOR and its binding partner, *daf-15*/RAPTOR, resulted in an arrest at the L3 larvae stage, and the lifespan was more than double the lifespan of the wild-type organism.<sup>66</sup>

Several downstream events in the TOR signaling pathway might play roles in lifespan extension. One of the mechanisms is through the regulation of mRNA translation. Inhibition of the translation initiation factors *ife-2*/eIF4E and *ifg-1*/eIF4G extends lifespan.<sup>67–72</sup> Autophagy is another downstream event in TOR signaling that regulates the aging process. Inhibition of autophagy by mutations in *atg* genes, such as *atg-7*/ATG7, *bec-1*/ATG6 and *atg-18*/ATG18, shortened lifespan in *C. elegans*.<sup>73,74</sup> Upregulation of the transcription factor HLH-30/TFEB induced autophagic activity and thus increased longevity.<sup>75</sup> Interestingly, autophagy activation might be the shared mechanism for longevity that is regulated by the IIS, DR and TOR signaling pathways. Autophagy-related genes

were upregulated in worms under DR conditions.<sup>54</sup> Genes that are essential for autophagy, such as *bec-1* and *vps-34*/VPS34, are required for DR-induced longevity. Additionally, IIS inhibition<sup>76</sup> and TOR inhibition<sup>54</sup> induced the expression of autophagy-related genes and increased longevity.

Several transcription factors, including PHA-4/FoxA,<sup>77</sup> HSF-1,<sup>78</sup> SKN-1<sup>65</sup> and DAF-16,<sup>65,70</sup> mediate increased longevity via the inhibition of TOR signaling. These transcription factors are other focal points at which many aging signaling pathways converge. DR caused inhibition of TOR signaling,<sup>64</sup> which in turn led to activation of autophagy by PHA-4,<sup>54</sup> an essential transcription factor for DR-induced lifespan extension in worms.<sup>56</sup> However, not all of these transcription factors have equal roles in the multiple signaling pathways. Unlike the IIS pathway, DAF-16 is not essential for DR-induced longevity, where PHA-4 is the critical factor.<sup>56</sup>

The TOR signaling pathway is a pivotal regulatory mechanism of autophagy, which is the major defense strategy against accumulation of protein aggregates. The role of autophagy in defense against proteinopathies has been extensively studied in transgenic worms expressing expanded polyQ proteins. Knockdown of *bec-1*, *atg-7* and *atg-18* caused the accumulation of HTT protein aggregates in transgenic worms expressing HTT-Q150 in muscles and sensory neurons.<sup>15</sup> In addition, disease phenotypes, such as motor defects and neuronal degeneration, were exacerbated by the inhibition of autophagy.<sup>15</sup>

### Mitochondrial respiration

Mitochondria, the ATP-producing subcellular organelles, have been associated with aging processes. Reduced expression of mitochondrial genes has been linked to lifespan extension in worms.<sup>29</sup> The mechanisms underlying lifespan extension caused by reduced mitochondrial activity are not fully understood. However, it is likely that the reactive oxygen species produced as byproducts of mitochondrial respiration play important roles. During mitochondrial respiration, the reactive oxygen species are produced by high-energy electrons escaping from the electron transport chain (ETC) and attacking molecular oxygen. Thus, mutations in mitochondrial respiration genes reduced the electron transport in mitochondria and thus dampened reactive oxygen species production. A number of studies have consistently demonstrated that the deficiency of the ETC components increased longevity in *C. elegans*.<sup>79–83</sup> Likewise, mutations in *clk-1*, encoding a mitochondrial protein required for the biosynthesis of ubiquinone, resulted in lifespan extension.<sup>84–86</sup> In addition, RNAi screening also revealed that the knockdown of genes encoding mitochondrial ETC components slowed the aging rate.<sup>87,88</sup> Specifically, RNAi knockdown of the complex I genes resulted in rescue of metabolite-induced dopamine neurodegeneration.<sup>89</sup> In contrast, it has also been reported that mutations in *gas-1* (general anesthetic sensitive), encoding a subunit of complex I of the ETC,<sup>90</sup> led to elevated reactive oxygen species production,<sup>91</sup> and knockdown of the complex II subunit, *mev-1*, resulted in significant neurodegeneration,<sup>89</sup> suggesting that the role of

mitochondrial respiratory function in aging might be context-dependent.

Oxidative stress and mitochondrial dysfunction contribute to the development and progression of many neurodegenerative diseases.<sup>92–95</sup> Recently, synthetic agents protecting mitochondrial function have been developed and have been shown to be beneficial for neurodegenerative diseases.<sup>96,97</sup> For example, in the *C. elegans* AD model, the mitochondrial targeted antioxidant Mito-Q improved the function of the mitochondrial ETC and prolonged lifespan.<sup>96</sup>

Mutant worms expressing truncated PDR-1 protein resulted in an increase in the aggregation of human A53T  $\alpha$ -synuclein and the degeneration of dopaminergic neurons.<sup>98</sup> In this study, it was also shown that overexpression of truncated PDR-1 caused changes in mitochondrial membrane potential, suggesting that mitochondrial function might be a target of the pathogenic actions of disease-causing proteins. Similarly, the worms with *pdr-1* deficiency exhibited increased vulnerability to mitochondrial complex I inhibitors. Mutations in other PD-linked genes, such as  $\alpha$ -synuclein and DJ-1/PARK7, increased mitochondrial vulnerability to PARKIN.<sup>99</sup>

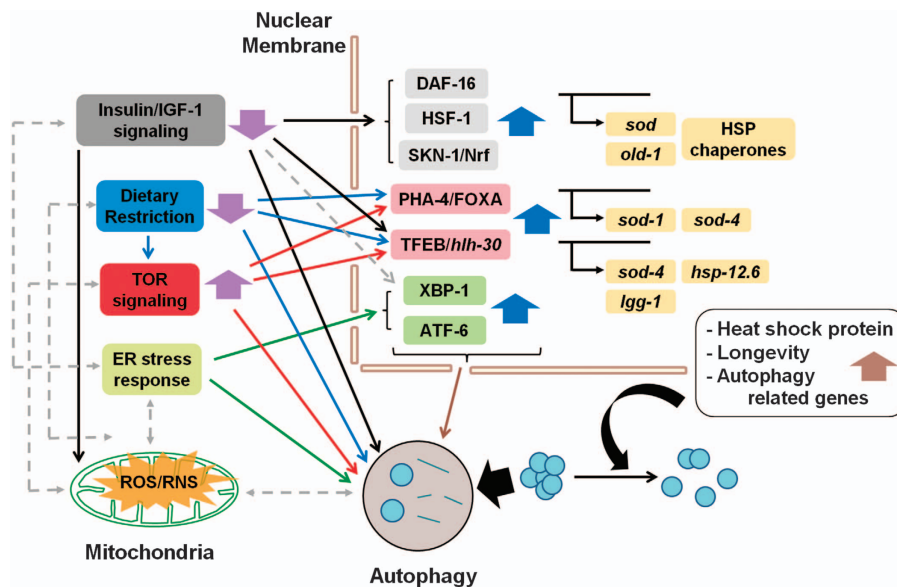
Similar observations have been made with polyQ proteins. Transgenic worms expressing GFP-tagged polyQ proteins (GFP-HTT28Q or GFP-HTT74Q) in body wall muscle using the *unc-45* promoter exhibited increased mitochondrial fragmentation and behavioral defects.<sup>100,101</sup> Knockdown of *drp-1* (dynamin-related protein 1), which regulates mitochondrial fission,<sup>102</sup> by RNAi alleviated the abnormal motor symptoms in animals expressing expanded polyQ proteins.<sup>101</sup>

### Endoplasmic reticulum (ER) protein quality control

Conditions referred to as ‘ER stress’ often increase the load of misfolded proteins in the ER lumen.<sup>103</sup> Collective efforts of cells to maintain protein homeostasis in the ER are known as the ‘ER protein quality control system.’ The expression of various mutant polypeptides or the accumulation of misfolded proteins in the ER triggers an adaptive response, the ER unfolded protein response (UPR), which results in attenuated translation and ER-associated degradation to reduce the unfolded protein load.<sup>104</sup> However, severe stress conditions lead the UPR signaling to induce cell death by activating pro-apoptotic programs.<sup>105,106</sup>

Although the relationship between the ER stress response and longevity remains poorly understood, several studies have shown that genetic modulation of UPR signaling has modifying effects in animal models of neurodegenerative diseases. Inactivation of inositol-requiring enzyme 1 (IRE-1) and spliced X box-binding protein 1 (XBP-1), the stress sensors in the UPR signaling pathways, resulted in shortened lifespan in *C. elegans*.<sup>107,108</sup> However, in another study, inhibition of the *xbp-1* pathway in *C. elegans* also had a protective effect against A $\beta$ ,<sup>109</sup> suggesting that the role of the ER stress response in neurodegenerative diseases is not simply bimodal.

In an ALS mouse model expressing mutant forms of Cu/Zn superoxide dismutase (SOD1), inactivation of BIM, XBP-1, ASK1, PUMA or ATF4 delayed disease onset.<sup>110–112</sup> In *C. elegans* and zebrafish models, pharmacological induction of eIf2 $\alpha$  phosphorylation, representing activation of the protein kinase RNA-like ER kinase (PERK) pathway of the UPR, is protective against TDP-43-induced neurodegeneration.<sup>113</sup>



**Figure 2** Mechanisms of proteinopathies within the context of the aging processes in *C. elegans*. The longevity-regulating pathways in worms, including IIS, DR, TOR signaling, autophagy, ER stress response, and mitochondrial respiration pathways, have important roles in protein aggregation by modulating cellular proteostasis through cascades of signaling events that eventually control the transcriptional activities of relevant genes. The colored lines derived from different mechanisms represent the direct or indirect regulation of transcription factors and other signaling pathways by the respective pathways. The dotted gray lines indicate the pathways between which the relationship is suspected but not well established.

In a PD model, overexpression of XBP-1 had a protective effect against  $\alpha$ -synuclein-induced dopaminergic neuron degeneration in *C. elegans*, whereas neuron-specific RNAi knockdown of *xbp-1* accelerated the neurodegeneration process.<sup>114</sup> Mutations in LRRK2 (*PARK8*) are responsible for the development of PD.<sup>115–117</sup> Loss-of-function mutations in *C. elegans lrk-1*, the orthologue of human LRRK2, caused spontaneous neurodegeneration and hyper-susceptibility to experimental ER stress.<sup>118</sup> However, LRRK2 protected dopaminergic neurons against neurotoxicity induced by either 6-OHDA or human  $\alpha$ -synuclein.<sup>119</sup>

A recent study showed that gain-of-function mutations in *gfat-1*, the key enzyme of the hexosamine pathway, and the metabolites of this pathway, such as N-acetylglucosamine (GlcNAc), induced ER-associated degradation and autophagy, resulting in extended lifespan and protection against a broad spectrum of proteinopathies.<sup>120</sup> More recently, it has been shown that feeding the worms with GlcNAc delayed the propagation of  $\alpha$ -synuclein aggregates and thereby slowed down the development of neurodegenerative phenotypes.<sup>12</sup> Collectively, these genetic studies in worms suggest the close relationships among the ER stress responses, aging and neurodegenerative proteinopathies.

## CONCLUDING REMARKS

Most neurodegenerative diseases are age-related and characterized by proteinopathies. With a short lifespan and well-established genetics, *C. elegans* is an excellent model species to study the relationship between aging and proteinopathies. Figure 2 summarizes the mechanisms of proteinopathy-mediated neurodegeneration unveiled in *C. elegans* models. Several signaling pathways, such as the IIS, TOR signaling and ER stress responses, are involved in the regulation of proteinopathies. All of these pathways have roles in the aging processes, and DR controls aging rates through these signaling pathways. To some extent, these aging mechanisms overlap downstream; however, there are also independent components specific to each pathway. How the aging-control signaling network is operated remains the subject of active investigation.

Perhaps the most important lesson we have learned from the studies in *C. elegans* is that the extent of proteinopathies in disease models is dependent on the organism's aging rate. Genetic modifiers of aging rates change the severity of proteinopathies in such a way that the faster the aging occurs, the more extensive the protein aggregation becomes. Recently, it has been shown that the spread of aggregates was also controlled by aging rates, so that anti-aging treatments can slow the progression of proteinopathies in *C. elegans*. These findings suggest that the general anti-aging drugs or treatments can be both therapeutic and preventive for neurodegenerative diseases. Future studies of aging signaling and its effects on proteinopathies should uncover drug-sensitive targets for anti-aging and anti-neurodegenerative disease therapeutics.

## CONFLICT OF INTEREST

The authors declare no conflict of interest.

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