SCIENTIFIC REPORTS

Received: 05 May 2016 Accepted: 24 October 2016 Published: 14 November 2016

OPEN LbCML38 and LbRH52, two reference genes derived from RNA-Seq data suitable for assessing gene expression in Lycium barbarum L.

Lei Gong^{1,*}, Yajun Yang^{2,*}, Yuchao Chen¹, Jing Shi², Yuxia Song¹ & Hongxia Zhang^{3,4}

For quantitative real-time PCR (qRT-PCR) analysis, the key prerequisite that determines result accuracy is the selection of appropriate reference gene(s). Goji (Lycium barbarum L.) is a multi-branched shrub belonging to the Solanaceae family. To date, no systematic screening or evaluation of reference gene(s) in Goji has been performed. In this work, we identified 18 candidate reference genes from the transcriptomic sequencing data of 14 samples of Goji at different developmental stages and under drought stress condition. The expression stability of these candidate genes was rigorously analyzed using qRT-PCR and four different statistical algorithms: geNorm, BestKeeper, NormFinder and RefFinder. Two novel reference genes LbCML38 and LbRH52 showed the most stable expression, whereas the traditionally used reference genes such as LbGAPDH, LbHSP90 and LbTUB showed unstable expression in the tested samples. Expression of a target gene LbMYB1 was also tested and compared using optimal reference genes LbCML38 and LbRH52, mediocre reference gene LbActin7, and poor reference gene LbHSP90 as normalization standards, respectively. As expected, calculation of the target gene expression by normalization against LbCML38, LbActin7 or LbHSP90 showed significant differences. Our findings suggest that LbCML38 and LbRH52 can be used as reference genes for gene expression analysis in Goji.

Fluorescent quantitative real-time PCR (qRT-PCR) is a fast, accurate method for nucleic acid analysis. Unlike the standard reverse transcription polymerase chain reaction (RT-PCR), which detects the reaction product at the end, qRT-PCR detects and quantifies the amplified target nucleic acid in "real time" by measuring accumulated fluorescent signal during each cycle of polymerization. Therefore, qRT-PCR is more specific, sensitive and reproducible compared with standard RT-PCR¹. However, reference gene is required for qRT-PCR to adjust the initial cDNA levels and transcriptional efficiency to offset the variation in nucleic acid purity and concentration during sample preparation, and to avoid the errors generated during sample treatment². Previous studies demonstrated that very few reference genes were absolutely stable, but were only "relatively" stable under certain conditions in specific types of cells or tissues^{3,4}. To date, some reference genes including those encoding actin, α - and β -tubulin, GAPDH, EF1 α and ubiquitin have been identified. However, expression of these reference genes varied with different treatments and at different developmental stages of plants, which greatly affected the accuracy of target gene expression evaluation^{1,5,6}. Thus, stable reference gene screening and evaluation are essential for functional studies of target genes.

¹Ningxia Key Laboratory for Agrobiotechnology, Agricultural Bio-Technology Center, Ningxia Academy of Agriculture and Forestry Science, 590 Huanghe East Road, Yinchuan, Ningxia Hui Nationality Autonomous Region, 750002 China. ²School of Life Sciences, Ningxia University, 489 Helanshan West Road, Yinchuan, Ningxia Hui Nationality Autonomous Region, 750021 China. ³National Key Laboratory of Plant Molecular Genetics, Shanghai Institute of Plant Physiology and Ecology, Chinese Academy of Sciences, 300 Fenglin Road, Shanghai, 200032 China. ⁴College of Agriculture, Ludong University, 186 Honggizhong Road, Yantai, 264025 China. *These authors contributed equally to this work. Correspondence and requests for materials should be addressed to Y.X.S. (email: songyx666@163.com) or H.X.Z. (email: hxzhang@sippe.ac.cn)

As an importantly dietary and medicinal plant, Goji (*Lycium barbarum* L., 2n = 24) is cultivated in the northwest part of China for over 5 millennia due to its strong resistance to abiotic stresses as well as its economic value⁷. Its roots, leaves, and fruits contribute significant medicinal ingredients such as polysaccharide, betaine, carotene and anthocyanin, which function in improving immunity⁸, anti-oxidative stress⁹ and anti-tumor¹⁰ ability, scavenging free radicals¹¹, as well as promoting sexual function¹². Current researches on Goji are mainly limited in the isolation, extraction and development of active ingredients. Studies related to pharmaceutically active intermediate synthesis and molecular mechanisms underlying plant metabolism, development and stress resistance are still unavailable. Unlike plants from the same Solanaceae family such as tobacco, tomato, pepper and potato, the whole genome data of Goji are still not available. Previously, Liu and co-workers¹³ used *actin* as a reference gene to analyze the expression pattern of genes involved in carotene synthesis in Goji. However, the validity of results is questionable due to the lack of systematic and scientific screening of reference genes.

For plants lacking whole genome information, one of the standard approaches for reference gene identification is to clone gene homologous to the known housekeeping gene identified in other model plants. Alternatively, emerging chip or next-gen sequencing technology provides ample data, which can be used for reliable reference gene screening^{6,14-16}. In *Arabidopsis*, a new approach using ATH1 chip was used to screen the super reference genes¹⁷. They found that a novel reference gene such as *PP2A* showed stable expression at different developmental stages and under different treatments than the classical reference gene such as *actin*. Macrae *et al.* used the spliceosome and proteasome genes from RNA-Seq data to normalize and calibrate target gene expression pattern in human cancer tissues¹⁸. Similarly, based on the RNA-Seq data of sika deer antlers, Liu *et al.* evaluated the stability of 16 standard reference genes and 5 expression-stable genes from the sequencing platforms of different tissues and treatments¹⁹.

In woody plants, screening of stably expressed reference genes using gene expression data from next-generation sequencing platform has been performed in plum¹⁶ (*P. salicina* cv. Lindl.) and wine grape²⁰ (*Vitis vinifera*). But no such kind of research has been done in Goji. Here, the transcriptomic sequencing data from the leaves, flowers and fruits of Goji were systematically assessed, and 8 classical reference genes and 10 stably expressed transcripts with little variation among different tissues and treatments were selected as candidate reference genes. Their expression levels in different organs, at different development stages, and under drought stress condition were investigated by qRT-PCR. The stability of candidate gene expression was evaluated to select the best reference gene, and the newly selected reference gene was tested to normalize and analyze the expression level of a target gene *LbMYB1* under different conditions. Our findings provide a foundation for the functional studies of genes in Goji.

Results

Sequencing data analyses. From the transcriptomic sequencing of 14 sample databases, a total of 8,091,979,192 raw reads were obtained, including751,495,092 clean reads and 67,634,558,280 clean nucleotides after impurity filtration. The average Q20 value was up to 97.6%. We also found 144,250 Unigenes with a total length of 172,036,673 nt after sequence assembly. The average length of Unigene was 1193 nt, and that of N50 was1885 nt.

Candidate reference gene selection. The mean values of raw fragments, coefficient of variance and annotation of the 18 selected candidate references were listed in Table 1. *LbTUB* displayed the maximal coefficient of variance (CV) value (1.005) of raw fragments. On the contrary, *LbEIF4A* showed the minimal CV value (0.079). The CV value variation among different reference genes suggests that these genes have different expression levels in different organs, at developmental stages and under different treatment conditions. Four classical reference genes *LbCYC*, *LbEIF4A*, *LbEF1* β and *LbUBQ* using our screening criteria (CV < 0.3, mean raw fragments > 500) were identified, suggesting the validity of our approach using raw fragment CV as preliminary screening criteria.

qRT-PCR analyses of reference genes. C_T value reflects the abundance of reference gene expression. The higher the C_T value, the lower the expression level, and *vice versa*. The C_T values of the 18 reference genes ranged from 17.18 to 25.02 (Table 2). *LbHIS3* showed the lowest C_T value, whereas *LbSKIP* exhibited the highest C_T value. Compared with *LbActin7* and the newly identified reference genes *LbRH52* and *LbCML38*, reference genes *LbEF1a*, *LbHSP90* and *LbHIS3* manifested a higher expression upon different treatments. In addition, the dispersion level (standard deviation, SD) of C_T values is a schematic indicator of the stability of candidate reference gene expression in all tested samples. Among the 18 candidate reference genes, *LbPP2A* showed the lowest SD value. *LbCML38* and *LbRH52* also showed lower SD values (Table 2). In addition, PCR products of these candidate reference genes were checked on 1% agarose gel, and unique amplicons of expected length without distinct dimmers or non-specific products were observed (Supplementary Fig. 1).

Evaluation of reference gene expression stability. In order to screen the best reference gene or gene combination in different organs, at different developmental stages, and under different treatment conditions, geNorm, NormFinder, BestKeeper and RefFinder were employed to evaluate and rank their expression stability, as shown in Tables S1, S2 and S3.

geNorm analysis. We used geNorm to compare and rank the M value of each candidate reference gene in terms of expression stability. The higher the M value, the lower the stability, and *vice versa*. The default cutoff value of geNorm software is 1.5⁵. All candidate reference genes showed an M value lower than 1.5 (Fig. 1b). Based on the scores obtained from the 14 samples in different organs, at different developmental stages, and after different treatments, *LbCML38* and *LbRH52* were chosen as the best reference genes with an M value of 0.374. In leaves, *LbCML38* and *LbRH52* showed the best expression stability with an M value of 0.273 (Supplementary Table S3). In fruits and flowers, *LbTBP* demonstrated better stability with an M value of 0.249 and 0.142, respectively. Under

Gene ID	Gene abbreviation	Mean raw fragments	Standard Deviation (SD)	Coefficient of variation (CV)	Swissprot annotation		
CL10201.Contig1_All	LbCYP	1142.214286	718.6318388	0.62915676	Peptidyl-prolyl cis-trans isomerase CYP20-2, chloroplastic OS = <i>Arabidopsis thaliana</i> GN = CYP20- PE = 1 SV = 1		
CL1082.Contig3_All	LbTBP	138.5714286	38.5141618	0.27793725	TATA-box-binding protein OS = Solanum tuberosum GN = TBP PE = 2 SV = 1		
Unigene36249_All	LbGAPDH	145.4285714	68.28527748	0.46954513	Glyceraldehyde-3-phosphate dehydrogenase 1, cytosolic OS = $Arabidopsis$ thaliana GN = GAPC1 PE = 1 SV = 2		
CL13903.Contig10_All	LbTUB	57.57142857	57.88412069	1.005431377	Tubulin beta-2 chain $OS = Solanum$ tuberosum GN = TUBB2 PE = 2 SV = 1		
CL2539.Contig4_All	$LbEF1\alpha$	3196.071429	823.6067456	0.257693473	Elongation factor 1-alpha OS = Solanum lycopersicum $PE = 2 SV = 1$		
CL4826.Contig3_All	LbActin7	626.5714286	191.7922411	0.306097968	Actin-7 OS = Arabidopsis thaliana GN = ACT7 PE = 1 SV = 1		
Unigene44516_All	LbHSP90	126.0714286	53.97501457	0.428130427	Heat shock protein $90-2 \text{ OS} = Arabidopsis thaliana$ GN = HSP90-2 PE = 1 SV = 1		
CL13810.Contig1_All	LbHIS3	2307.928571	612.946536	0.265582975	Histone H3.3 OS = Vitis vinifera $PE = 2 SV = 3$		
CL10058.Contig1_All	LbCYC	1009	92.22297394	0.091400371	Cyclin-B1-5 OS = Arabidopsis thaliana GN = CYCB1-5 PE = 2 SV = 3		
Unigene55248_All	LbEIF4A	2087.928571	165.8161467	0.07941658	Eukaryotic initiation factor 4A-3 OS = Nicotiana plumbaginifolia $PE = 2 SV = 1$		
Unigene19346_All	LbPP2A	831.8571429	99.63923937	0.119779268	Serine/threonine-protein phosphatase PP2A catalytic subunit $OS = Nicotiana \ tabacum PE = 2 \ SV = 1$		
CL11175.Contig21_All	LbUBQ	1211.428571	186.5371542	0.153981141	Polyubiquitin 10 OS = Arabidopsis thaliana GN = UBQ10 PE = 1 SV = 2		
Unigene15131_All	LbCML38	695	106.1066227	0.1526714	Calcium-binding protein CML38 OS = $Arabidopsis$ thaliana GN = CML38 PE = 2 SV = 1		
CL7969.Contig1_All	LbLEA	525.7142857	113.3995174	0.215705604	Late embryogenesis abundant protein Lea14-A OS = <i>Gossypium hirsutum</i> GN = LEA14-A PE = 2 SV = 1		
Unigene31075_All	$LbEF1\beta$	5663	1138.411849	0.201026285	Elongation factor 1-beta $OS = Oryza \ sativa \ subsp.$ <i>japonica</i> $GN = Os07g0662500 \ PE = 1 \ SV = 3$		
Unigene26461_All	LbSKIP	612.5	120.2361459	0.196303912	F-box protein SKIP31 OS = Arabidopsis thaliana GN = SKIP31 PE = 1 SV = 1		
Unigene55138_All	LbRH52	950.4285714	113.8816621	0.119821379	DEAD-box ATP-dependent RNA helicase 52 OS = $Arabidopsis$ thaliana GN = RH52 PE = 2 SV = 1		
Unigene59903_All	LbRPL7A	793.6428571	149.1166849	0.187888902	60S ribosomal protein L7-1 OS = Arabidopsis thaliana GN = RPL7A PE = 2 SV = 1		
Unigene59939_All	LbMYB1	2982.571429	697.3143085	0.233796348	Transcription factor MYB1R1 OS = Solanum tuberosum PE = 2 SV = 1		

Table 1. Characteristics of candidate reference genes.

-

drought stress condition, *LbCYC* and *LbCML38* were the most stably expressed genes with an M value of 0.32 (Supplementary Table S2). However, commonly used reference genes such as *LbCYC*, *LbActin7* and *LbHIS3* showed mediocre expression stability. *LbHSP90*, *LbTUB* and *LbGAPDH* showed poor expression stability with the lowest ranking among these tested candidate reference genes (Supplementary Tables S2 and S3).

We also determined the optimal number of reference genes required under a particular condition by analyzing their paring difference value $V_{n/n+1}$. Typically, the threshold was set to 0.15 to select the best reference gene. When the paired value is lower than 0.15, additional (n + 1) reference genes are not necessary. After combining the analyses of all samples in different organs, at different developmental stages and after drought stress treatment together, $V_{2/3}$ (0.139) was lower than the threshold of 0.15, indicating that the optimal number of reference genes needed was 2 (Fig. 2), and no need to introduce a third reference gene for calibration. The best combination of reference genes was *LbCML38* and *LbRH52*. A combination of *LbCYC* and *LbCML38* is optimal to analyze samples in different organs and at different developmental stages (Supplementary Tables S1, S2 and S3).

NormFinder analysis. Similar to geNorm, NormFinder evaluates reference genes by calculating their expression stability. Combined analyses of all samples showed that expression of *LbCML38* and *LbRH52* was the most stable with values of 0.16 and 0.254, respectively (Fig. 3). In different organs, *LbRH52* was the most stably expressed reference gene in leaves (0.079), whereas *LbActin7* was appropriate reference gene in fruits and flowers (Supplementary Table S3). Under drought stress condition, *LbCML38* showed the highest expression stability with a value of 0.16 (Supplementary Table S2). Among the commonly used reference genes, NormFinder analyses confirmed the validity of *LbCYC*, *LbHIS3* and *LbEIF4A*, with a value less than 0.5. On the contrary, *LbHSP90*, *LbGAPDH* and *LbTUB* showed poor expression stability (Fig. 3, Supplementary Table S3), and were not suitable to be used as reference genes.

BestKeeper analysis. Results from BestKeeper analysis is slightly different from that of geNorm and NormFinder analyses. When combining the analyses of all samples in different organs, at different

Gene abbreviation	Forward primer (5'-3')	Reverse primer (5'-3')	TM (°C)	Amplicon size (nt)	PCR efficiency (%)	Correlation coefficient (R ²)	Mean CT	Standard Deviation (SD)	Coefficient of variation (CV)
LbCYP	TCGTTGCGTCTGGCTACTTCA	CTGTCTGCGGCACATCATCAC	61	208	91.3	0.9953	20.19	2.166658889	0.107307139
LbTBP	CGACGAATGGCAGATCAAGGATA	CAAGTTCACCGTTGAGACAATGTT	62	108	101.0	0.9937	24.67	2.140584019	0.086744429
LbGAPDH	CACGGTCAATGGAAGCACAAT	GCAGCAGCCTTGTCTTTATCC	60	179	94.8	0.9775	22.46	2.267361358	0.100925407
LbTUB	GTCCAGAACAAGAACTCGTCCT	CGCCCTCCTCATCATACTCCT	60	325	96.1	0.9747	23.58	2.294896689	0.097316984
$LbEF1\alpha$	TCGTGTGGAGACTGGTGTAATC	TCGCCTGTCAATCTTGGTCAA	60	352	92.2	0.9973	17.43	2.401203192	0.137725035
LbActin7	GGTCCTCTTCCAGCCATCCAT	TGAGCCACCACTGAGCACAA	62	133	90.6	0.9962	20.29	1.841419014	0.090747549
LbHSP90	TCCTGATAGTCCTGCTGAGTTGG	TTCCGTTGATGCTTCTGCTGATG	60	121	97.3	0.9502	18.55	2.043184756	0.110139076
LbHIS3	CACTACAGGTGGTGTGAAGAAG	CACGAACAAGCCTCTGGAAG	61	128	91.9	0.9957	17.18	1.561123661	0.090835934
LbCYC	TTCTTGTCATACTCGGTGTTGTGT	CTGAAGTTGTCTCTGTGCCTGTA	60	119	98.5	0.9977	21.01	1.875417615	0.089258037
LbEIF4A	ACGGAGATATGCCACAGAAGGAG	AGAGCGACCAATGCGATGAATG	60	182	92.2	0.9543	20.79	1.830072065	0.087990277
LbPP2A	GAGATGCTGTGAAGAGATGGTGAA	AGAAGATTACACGAACGCTCATTGA	61	246	105.0	0.9857	21.17	1.30967704	0.061843202
LbUBQ	GGCATTCCTCCAGATCAGCAA	GTGTCCGAACTCTCAACCTCAA	60	291	106.1	0.9993	20.14	2.090803559	0.103768094
LbCML38	CGGTGGTTCTTCTGGTTCATCAA	TCTTCTTGTGCCTCCTCATTAACTC	62	192	105.7	0.9958	21.68	1.708817146	0.078819113
LbLEA	TGTCTGGCTCTCCGATGTCAA	TCTCCAACTTCAATCCTCATCTTCA	61	310	92.6	0.9851	18.37	1.741954661	0.094816225
$LbEF1\beta$	GACGATGACGACGACGACAT	GCGAACAGCCTCCTCAAGT	60	186	94.9	0.9947	18.88	1.674620435	0.088683577
LbSKIP	TGAGGAGGAGGAGGAGGAAGAA	TGAGGATGTGACGGAGCAACT	60	293	102.4	0.9936	25.02	2.10058639	0.083924345
LbRH52	GCAGGCAAGTCAGGATTAGCA	CGCATAACGAGTCAACCATTCAG	62	123	97.5	0.9972	22.02	1.636191649	0.074287127
LbRPL7A	CCTTTACTCTCACCAAGCCAGAA	TCACAACTACGATACACCGAACA	60	162	110.1	0.9536	20.99	1.774507767	0.084515702
LbMYB1	TCCGCCGAAGCAACCTCAAC	CATAGGAACAGGACGAACCAGCAT	60	290	108.2	0.9809	21.11	3.398526812	0.16096409

Table 2. Primer sequences and amplicon characteristics of the 18 reference genes.



Figure 1. Sampling of materials and ranking of candidate reference genes. (a) Samples representing different developmental stages of fruits for sequencing. (b) Comprehensive ranking of candidate reference genes based on their expression stability in all 14 samples calculated by geNorm. Stage 2 represents the flowering stage. Stages 3, 4 and 7 represent samples 18, 31 and 40 days after flowering, respectively. Scale bar = 1 cm. The y-axis represents the expression stability of gene based on normalization M. M_{threshold} < 1.5 for solo calculation.

developmental stages and under drought stress condition together, *LbPP2A* (SD = 1.13) was identified as the best reference gene (Fig. 4). *LbPP2A* was the most stably expressed gene in leaves (SD = 0.85). Whereas *LbEF1* β (SD = 0.77) and *LbHSP90* (SD = 0.11) were respectively selected as the best reference gene in fruits and flowers (Supplementary Table S3). *LbGAPDH* (SD = 1.8) and *LbTUB* (SD = 2.03) were the worst candidate



Figure 2. Comprehensive ranking of candidate reference genes based on their expression stability in all 14 samples calculated by geNorm pairwise. The y-axis represents the expression stability of genes based on normalization M. $M_{threshold} < 0.15$ for pairwise comparison.



Figure 3. Comprehensive ranking of candidate reference genes based on their expression stability in all 14 samples calculated by NormFinder. The y-axis represents the expression stability of genes based on normalization stability values.

reference genes. Under drought stress condition, LbHIS3 (SD = 0.98) was the most stably expressed reference gene (Supplementary Table S2).

RefFinder analysis. Statistical analyses showed that the stability value ranged from 1.57 to 18 among the 18 selected candidate reference genes in the combined analyses of all samples in different organs, at different developmental stages and under drought stress condition evaluated by RefFinder (Fig. 5). *LbCML38* and *LbRH52* were identified as the most stably expressed two reference genes with an average value less than 2. *LbGAPDH*, *LbHSP90* and *LbTUB* were the worst. In addition, RefFinder ranked *LbCML38*, *LbRH52*, *LbHIS3* and *LbCYC* as the top four reference genes, which was consistent with the rankings obtained with geNorm and NormFinder. Collective evidence suggested that *LbCML38* and *LbRH52* were the best reference genes under the tested conditions. Individual factor analysis indicated that *LbCML32* was the best reference gene under drought stress condition (Supplementary Table S2). *LbRH52* and *LbActin7* were identified as the best reference genes for target gene calibration in leaves, fruits and flowers (Supplementary Table S3).

In summary, these four software algorithms yielded various results in selecting the best reference genes in different organs, at different developmental stages, and under different treatment conditions in Goji. *LbCML38* and *LbRH52* showed relatively stable expression (Fig. 6), whereas *LbTUB*, *LbHSP90* and *LbGAPDH* were not so stable (Fig. 7). Specifically, *LbActin7* should be carefully used for calibrating gene expression in fruits and flowers. *LbCML38*, especially combination of *LbCML38* and *LbRH52* performed the best stability under most conditions.



Figure 4. Comprehensive ranking of candidate reference genes based on their expression stability in all 14 samples calculated by BestKeeper. The y-axis represents the expression stability of genes based on STD dev values. SD_{threshold} < 1.0 for BestKeeper analysis.



Figure 5. Comprehensive ranking of candidate reference genes based on their expression stability in all 14 samples calculated by RefFinder. The y-axis represents the expression stability of genes based on normalization stability values.

Target gene expression analyses. To further re-evaluate the validity of selected reference genes, the expression level of LbMYB1 in 14 samples was normalized with LbCML38, LbRH52, LbActin7 and LbHSP90. As illustrated in Fig. 8, no significant difference between LbCML38 and LbRH52 was observed in most of the treatments when they were used for normalization of LbMYB1 (P < 0.01). However, compared with LbCML38, LbActin7 yielded a higher normalization value of LbMYB1 in leaves and lower values in fruits and flowers after some specific treatments (P < 0.01). LbMYB1 normalization against LbHSP90 resulted in higher values in most cases (P < 0.01). These results demonstrate that LbActin7 and LbHSP90 introduced errors when they were used as reference genes. Therefore, it is crucial to select appropriate reference gene(s) for evaluation of gene expression.

Discussion

The acreage of Goji in Ningxia and Qianghai provinces of China is growing rapidly due to its economical and medicinal value. However, the molecular mechanism of fruit development, pharmacologically active ingredient accumulation, and stress resistance of it is largely unknown. Screening and selection of stable reference genes for gene expression study in Goji will provide a foundation for elucidating the molecular mechanism. In the absence of systematic profiling of reference genes, we screened the reference genes suitable for samples in different organs, at developmental stages and under drought stress condition of Goji using transcriptomic sequence database for the first time.



Figure 6. Venn diagram showing the most stable reference genes identified by the geNorm, NormFinder, BestKeeper and RefFinder algorithms. The intersection part shows the most stable genes in common, especifically, *LbCML38*, *LbRH52*, *LbCYC* and *LbHIS3*. Mapping data were derived from Figs 1b, 3, 4 and 5.







Several studies on the screening of reference genes in Solanaceae family plants have been reported. In pepper, $EF1\alpha$ and UEP were found to be the most stably expressed genes in roots, stems, leaves and flowers under different treatment conditions (salicylic acid, gibberellic acid, cold, heat, salt, and drought)²¹. $EF1\alpha$ and APRT were the most stably expressed reference genes among 8 commonly used ones when potato plants were exposed to salt and drought stress, respectively^{22,23}. In tomato (*Solanum lycopersicum*, cv. Suzanne), *RPL2* and *PP2Acs* exhibited as stable expression as *ACT* and *UBI* under nitrogen deficiency, low temperature and different light conditions²⁴. Gantasala and co-workers²⁵ investigated 6 commonly used reference genes (*18sRNA*, *APRT*, *GAPDH*, *CYP*, *Actin* and *RuBP*) in egg plants (*Solanum melongena*) and found that *18sRNA*, *CYP* and *APRT* had the best expression stability.





From the results discussed above, $EF1\alpha$ or Actin showed relative stable expression in some of the Solanaceae family plants. Liu et al. used Actin as a reference gene in fruits of two goji cultivars (Lycium barbarum L. and L. ruthenicum Murr.) for the profiling of genes involved in carotenoid biosynthesis and metabolism¹³. However, our study demonstrated that LbActin7 exhibited moderately stable expression in some of the treatments in flowers and fruits, but introduced significant errors when normalizing the target gene expression level in leaves and fruits at specific developmental stages (Fig. 8). These results suggest that special caution should be paid when using LbActin7 as a reference gene. Besides, commonly used LbGAPDH, LbHSP90, and especially LbTUB, were not suitable to be used as reference genes in Goji (Figs 6 and 7). This was further confirmed in the normalization of LbMYB1 gene expression (Fig. 8). We also tested the expression stability of established reference genes in Solanaceae family plants including LbRPL, LbPP2A and LbEF1 α . Our data suggest that they are not suitable to be used as reference genes in all the tested samples of Goji (Figs 1b, 2, 3, 4, 5 and Supplementary Tables S1, S2 and S3). The expression stability of GAPDH, $EF1\alpha$, Actin and other reference genes has been questioned in some reports^{6,26-28}. The discrepancies between these results tested in Solanaceae materials and our data could be due to the different genetic backgrounds of plant species as well as the different treatment conditions. Therefore, selection of appropriate reference genes is critical in the genomic function study of Goji or a comparative study of different plant lines in the Solanaceae family.

DNA chips and next-generation sequencing provide a novel approach for reference gene screening of non-model organisms that lack whole genome information. Czechowski and co-workers firstly proposed to screen reference genes using *Arabidopsis* whole genome Affymetrix ATH1 chips¹⁷. González-Agüero *et al.* further summarized and refined the analytic process for reference gene screening from RNA-Seq data in grape²⁰. A total number of 19 candidate reference genes were identified from 242 non-differentially expressed genes (NDE) using CV < 0.4 of the total read as the screening threshold. qRT-PCR results showed that *VvAIG1* and *VvTCPB* were the most stably expressed reference genes in 14 grape lines, at 4 developmental stages, and under gibberellic acid treatment condition. Similarly, studies with oil-tea camellia²⁹, *Striga hermonthica*³⁰ and plums¹⁶ corroborated the approach of using RNA-Seq database to screen reference genes. In this study, we adopted even stricter screening threshold (CV < 0.3) to select 10 functional genes from 1272 raw fragments according to the analytic protocol proposed previously²⁰, and three classical reference genes *LbEIF4A*, *LbUBQ* and *LbEF1* α were included with a CV value less than 0.1 (Table 1). They showed better stability than that of *LbTUB*, *LbHSP90* and *LbGAPDH* as confirmed by qRT-PCR (Table 2), all of which had higher CV values of raw fragments and C_T values.

Taken together, our studies confirmed the correlation between the transcriptional expression stability and qRT-PCR results, thus it is appropriate to select the transcripts with smaller CV values as candidate reference genes during preliminary screening with sequencing data. Collective evidence suggests that *LbCML38* and *LbRH52* could be used as the best reference genes for gene expression study in Goji.

Methods

Sample preparation and treatment. Ningxia goji (*Lycium barbarum* L.) Ningqi I was cultivated in field and collected. Plants grown under normal condition were used as control (control, C). Drought stress treatment was performed as described previously³¹ with minor modification: four-year-old adult plants were transplanted

into pots filled with a mixture of fertilizer, sand and loam (1:1:3 v/v). The maximal water holding capacity of soil in field was measured and determined as 18%. Transplanted plants at vegetative growth stage with similar physiological state were selected for drought stress treatment. During the drought stress period, water holding capacity of soil in pots was maintained at 40% to 45% of the maximal field level. The water capacity of soil was measured at a fixed time point every day using soil moisture meter TDR300 (Spectrum, USA), and maintained at a specific level by artificial replenishment. Ten plants were individually cultivated in pots for each treatment. Sequencing samples including equal amounts of leaves (L), flowers (F) and fruits (G) from control and drought-treated plants were collected 18 (developmental stage 3), 31 (developmental stage 4) and 40 (developmental stage 7) days after flowering (Fig. 1a). Control leaves were collected from the same plants at developmental stage 3.

Total RNA isolation and sequencing database establishment. Total RNA was extracted using plant total RNA extraction kit (Tiangen Biotechnology, PRC). Genomic DNA was eliminated by treating each sample with RNase-free DNase I (TAKARA BIO INC., code 2270A) according to the instruction manual. The purity of total RNA extracted was checked using a NanoDrop 2000 spectrophotometer. Samples with an absorbance ratio at OD260/280 between 2.0 and 2.2 were used for further analyses. The concentration and quality of extracted RNA was determined using Agilent 2000 bioanalyzer (Agilent, USA). First-strand cDNA was synthesized from magnetic beads-enriched poly(A)-mRNA using random hexamers, followed by buffer addition to synthesize the complement strand. Synthesized cDNA was mixed with poly(A) tail and sequencing adaptors. Appropriately sized cDNA fragments were selected by agarose electrophoresis and amplified by PCR. The library was sequenced on Illumina HiSeq2000 using *de novo* PE 100 sequencing strategy.

Sequence assembly and annotation of basic bioinformatics. The original imaging data obtained from sequencing were processed into raw reads by base calling, followed by filtration of noises and low quality data to obtain clean reads. The *de novo* assembler program Trinity was used to assemble the short reads into contigs, scaffolds and Unigene, respectively³². Unigene sequences were blasted against that of Nr, SwissProt, GO, KEGG and COG databases (E-value < 0.00001) to obtain homologous proteins with high sequence similarity to the reference protein. When Unigene sequences failed to match sequences in the databases, ESTScan software was used to predict the coding region and sequence orientation³³. Unigene expression level was calculated using FPKM method (Fragments Per kb per Million fragments)³⁴. The RNA-Seq data used in this study is available at the Sequence Read Archive (SRA, http://www.ncbi.nlm.nih.gov/sra) of the National Center for Biotechnology Information (NCBI) with an accession number SRP063577.

Reference gene screening and primer design. Two approaches were used to select reference genes: 1) Excavation of classical reference genes: 8 classical reference genes including *CYP*, *TBP*, *GAPDH*, *TUB*, *EF1* α , *Actin7*, *HSP90* and *HIS3* derived from tomato or *Arabidopsis* were used as template to screen homologous genes from prepared RNA-Seq database of *L. barbarum*; 2) Based on the method described by González-Agüero *et al.*²⁰, 10 stably expressed Unigenes (*LbCYC*, *LbEIF*, *LbPP2A*, *LbUBQ*, *LbCML38*, *LbLEA*, *LbEF1* β , *LbSKIP*, *LbRH52* and *LbRPL7A*) were selected out of 1272 transcripts (raw fragments > 500, and the coefficient of variation < 0.3). Primers were designed using Primer 3 software (http://frodo.wi.mit.edu/primer3/). Data information about the candidate genes and primers are listed in Tables 1 and 2.

qRT-PCR and data analysis. Synthesis of cDNA was performed with $0.5-1\,\mu$ L total RNA (the final content of RNA in the reaction mixture was adjusted to $1\,\mu$ g for all samples) according to the instruction manual of the cDNA synthesis System (TRANSGEN BIOTECH INC., code AU311–02) in a total volume of $20\,\mu$ L. Quantitative RT-PCR analysis of the cDNA of 14 samples was performed using StepOne Real-time PCR Systems (Applied Biosystems, USA). A total amount of $20\,\mu$ l of PCR reaction mix containing $10\,\mu$ l of Power SYBR Green PCR Master Mix, $5\,\mu$ l of diluted cDNA, $0.5\,\mu$ l (10 pmol) each of forward and reverse primers, and ddH₂O was prepared. The thermocycling condition was set as follows: initial denaturation at 95 °C for 10 mins, 40 cycles of denaturation at 95 °C for 15 seconds, annealing at 60–62 °C for 15 seconds, and extension at 72 °C for 25 seconds. Fluorescent signals were collected after each cycle. Each sample was run in triplicate along with a negative control. Amplified products were checked on 1% agarose gel.

The first-strand cDNA was synthesized after six rounds using a five-fold serial dilution. Each PCR reaction was conducted in triplicate using diluted cDNA as template. The C_T values of samples were generated automatically after qRT-PCR. A standard curve was also generated and the melting curve was analyzed to determine the specificity of PCR products. The amplification efficiency (E) of each candidate reference gene was calculated with the slope of the standard curve according to the equation $E = (10^{-1}/\text{slope} - 1) \times 100\%^{17}$.

The stability of candidate reference genes was evaluated by geNorm, NormFinder, BestKeeper and RefFinder using obtained C_T values of the samples. The average expression stability value (M) of each candidate reference gene was calculated by geNorm⁵. The higher the M value, the less stable the gene expression was, and *vice versa*. Meanwhile, paired difference analysis ($V_{n/n+1}$) of candidate reference gene normalization factor was used to determine the optimal number of required reference genes. NormFinder was used to determine the candidate reference gene stability using the combined variances within and between groups³⁵. The lower the stability value, the more stable the reference gene expression was, and *vice versa*. BestKeeper was used to determine the candidate reference genes' standard deviation (SD) and coefficient of variation (CV)³⁶. Reference gene with the smallest $CV \pm SD$ value was considered the most stably expressed one. All reference genes with a SD value less than 1 were established as stably expressed genes. The smaller the SD value, the more stable the reference gene expression was, and *vice versa*. To calculate the geometric mean values and the ranking of each candidate reference gene, results respectively obtained with geNorm, NormFinder, BestKeeper and Delta C_T were integrated

using RefFinder (http://www.leonxie.com/referencegene.php). The lower the ranking index, the more stable the reference gene expression was, and *vice versa*.

Reference gene validation. For confirmation of selected reference gene validity, *LbMYB1* which encodes a MYB transcription factor involved in drought stress response and flavonoid anabolism was selected as a target gene³⁷. The expression levels of *LbMYB1* in difference samples were normalized against those of the most stable reference genes *LbCML38* and *LbRH52*, the moderate stable reference gene *LbActin7*, and the less stable reference gene *LbHSP90*, respectively. Data were compared and analyzed with analysis of variance (ANOVA) and multiple comparisons using the statistical analysis software of SPSS 21. Values of P < 0.01 were considered statistically significant difference.

References

- 1. Huggett, J., Dheda, K., Bustin, S. & Zumla, A. Real-time RT-PCR normalisation; strategies and considerations. *Genes Immun.* 6, 279–284 (2005).
- 2. Schmittgen, T. D. & Livak, K. J. Analyzing real-time PCR data by the comparative C(*T*) method. *Nat. Protoc.* 3, 1101–1108 (2008).
- 3. Shivhare, R. & Lata, C. Selection of suitable reference genes for assessing gene expression in pearl millet under different abiotic stresses and their combinations. *Sci. Rep.* **6**, 23036 (2016).
- 4. Guo, J., Ling, H., Wu, Q., Xu, L. & Que, Y. The choice of reference genes for assessing gene expression in sugarcane under salinity and drought stresses. *Sci. Rep.* 4, 7042 (2014).
- Vandesompele, J. et al. Accurate normalization of real-time quantitative RT-PCR data by geometric averaging of multiple internal control genes. Genome Biol. 3, research0034.0031-research0034.0011 (2002).
- Long, X. Y. et al. Genome-wide identification and evaluation of novel internal control genes for Q-PCR based transcript normalization in wheat. Plant Mol. Biol. 74, 307–311 (2010).
- Amagase, H. & Farnsworth, N. R. A review of botanical characteristics, phytochemistry, clinical relevance in efficacy and safety of Lycium barbarum fruit (Goji). Food Res. Int. 44, 1702–1717 (2011).
- Lin, F. Y. et al. Effects of Lycium barbarum extract on production and immunomodulatory activity of the extracellular polysaccharopeptides from submerged fermentation culture of Coriolus versicolor. Food Chem. 110, 446–453 (2008).
- Ma, M., Liu, G., Yu, Z., Chen, G. & Zhang, X. Effect of the Lycium barbarum polysaccharides administration on blood lipid metabolism and oxidative stress of mice fed high-fat diet in vivo. Food Chem. 113, 872–877 (2009).
- Chao, J. C. et al. Hot water-extracted Lycium barbarum and Rehmannia glutinosa inhibit proliferation and induce apoptosis of hepatocellular carcinoma cells. World J. Gastroenterol. 12, 4478–4484 (2006).
- 11. Qian, J. Y., Liu, D. & Huang, A. G. The efficiency of flavonoids in polar extracts of *Lycium chinense* Mill fruits as free radical scavenger. *Food Chem.* 87, 283–288 (2004).
- Yu, M. S. et al. Neuroprotective effects of anti-aging oriental medicine Lycium barbarum against β-amyloid peptide neurotoxicity. Exp. Gerontol. 40, 716–727 (2005).
- Liu, Y. et al. Comparative analysis of carotenoid accumulation in two goji (Lycium barbarum L. and L. ruthenicum Murr.) fruits. BMC Plant Biol. 14, 269–269 (2014).
- Coker, J. S. & Davies, E. Selection of candidate housekeeping controls in tomato plants using EST data. *Biotechniques* 35, 748–740 (2003).
- 15. Libault, M. *et al.* Identification of Four Soybean Reference Genes for Gene Expression Normalization. *Plant Genome* 1, 44–54 (2008).
- Kim, H. Y. *et al.* RNA-Seq Analysis of Spatiotemporal Gene Expression Patterns During Fruit Development Revealed Reference Genes for Transcript Normalization in Plums. *Plant Mol. Biol. Rep.* 33, 1–16 (2015).
- Tomasz, C., Mark, S., Thomas, A., Udvardi, M. K. & Wolf-Rüdiger, S. Genome-wide identification and testing of superior reference genes for transcript normalization in *Arabidopsis. Plant Physiol.* 139, 5–17 (2005).
- Macrae, T. et al. RNA-Seq Reveals Spliceosome and Proteasome Genes as Most Consistent Transcripts in Human Cancer Cells. Plos One 8, e72884 (2013).
- 19. Liu, M. *et al.* Identification of novel reference genes using sika deer antler transcriptome expression data and their validation for quantitative gene expression analysis. *Genes Genom.* **36**, 573–582 (2014).
- González-Agüero, M. et al. Identification of two putative reference genes from grapevine suitable for gene expression analysis in berry and related tissues derived from RNA-Seq data. BMC Genomics 14, 499–501 (2013).
- Wang, S. B. *et al.* Evaluation of appropriate reference genes for gene expression studies in pepper by quantitative real-time PCR. *Mol. Breed.* 30, 1393–1400 (2012).
- 22. Nicot, N., Hausman, J.-F., Hoffmann, L. & Evers, D. Housekeeping gene selection for real-time RT-PCR normalization in potato during biotic and abiotic stress. J. Exp. Bot. 56, 2907–2914 (2005).
- Lopez-Pardo, R., Galarreta, J. I. R. D. & Ritter, E. Selection of housekeeping genes for qRT-PCR analysis in potato tubers under cold stress. *Mol. Breed.* 31, 39–45 (2013).
- Løvdal, T. & Lillo, C. Reference gene selection for quantitative real-time PCR normalization in tomato subjected to nitrogen, cold, and light stress. Anal. Biochem. 387, 238–242 (2009).
- Gantasala, N. P. et al. Selection and validation of reference genes for quantitative gene expression studies by real-time PCR in eggplant (Solanum melongena L). BMC Research Notes 6, 1–11 (2013).
- Wu, Z. J., Tian, C., Jiang, Q., Li, X. H. & Zhuang, J. Selection of suitable reference genes for qRT-PCR normalization during leaf development and hormonal stimuli in tea plant (*Camellia sinensis*). Sci. Rep. 6, 19748 (2016).
- Tong, Z., Gao, Z., Fei, W., Zhou, J. & Zhen, Z. Selection of reliable reference genes for gene expression studies in peach using realtime PCR. BMC Mol. Biol. 10, 1–13 (2009).
- Galli, V., Messias, R. D. S., Silva, S. D. D. A. E. & Rombaldi, C. V. Selection of reliable reference genes for quantitative real-time polymerase chain reaction studies in maize grains. *Plant Cell Rep.* 32, 1869–1877 (2013).
- Zhou, C. F. et al. Selection of reference genes for quantitative real-time PCR in six oil-tea camellia based on RNA-seq. Mol. Biol. 47, 836–851 (2013).
- Fernández-Aparicio, M. et al. Application of qRT-PCR and RNA-Seq analysis for the identification of housekeeping genes useful for normalization of gene expression values during Striga hermonthica development. Mol. Biol. Rep. 40, 3395–3407 (2012).
- Zhao, J. H. et al. Influence of Drought Stress on Plant Growth and Sugar Accumulation in Fruit of Lycium barbarum L. Plant Physiology Journal (in Chinese: Zhiwu shengli xuebao) 48, 1063–1068 (2012).
- 32. Grabherr, M. G. *et al.* Full-length transcriptome assembly from RNA-Seq data without a reference genome. *Nat. Biotechnol.* **29**, 644–652 (2011).
- 33. Iseli, C., Jongeneel, C. V. & Bucher, P. ESTScan: a program for detecting, evaluating, and reconstructing potential coding regions in EST sequences. Proceedings/... International Conference on Intelligent Systems for Molecular Biology Heidelberg, Germany. CA, USA: AAAI Press (1999).

- Trapnell, C. et al. Transcript assembly and quantification by RNA-Seq reveals unannotated transcripts and isoform switching during cell differentiation. Nat. Biotechnol. 28, 511–515 (2010).
- Andersen, C. L., Jensen, J. L. & Ørntoft, T. F. Normalization of Real-Time Quantitative Reverse Transcription-PCR Data: A Model-Based Variance Estimation Approach to Identify Genes Suited for Normalization, Applied to Bladder and Colon Cancer Data Sets. *Cancer Res.* 64, 5245–5250 (2004).
- Pfaffl, M. W., Tichopad, A., Prgomet, C. & Neuvians, T. P. Determination of stable housekeeping genes, differentially regulated target genes and sample integrity: BestKeeper – Excel-based tool using pair-wise correlations. *Biotechnol. Lett.* 26, 509–515 (2004).
- Shin, D. et al. Expression of StMYB1R-1, a Novel Potato Single MYB-Like Domain Transcription Factor, Increases Drought Tolerance. Plant Physiol. 155, 421–432 (2011).

Acknowledgements

This work has been jointly supported by the following grants: the Natural Science Foundation of Ningxia University (ZR15037), National Natural Science Foundation of China (31371228, 31401444) and Open project of National Key Laboratory of Plant Molecular Genetics (52ZKF2014). We thank Mr. Jiehui Guanzhang (University of Toronto, Canada) for the critical reading and comments on this manuscript.

Author Contributions

H.X.Z. and L.G. initiated and designed the research. L.G. and Y.J.Y. performed the experiments. L.G., Y.J.Y., Y.C.C., J.S., and Y.X.S. analyzed the data. L.G. and H.X.Z. wrote the paper. All of the other authors reviewed and approved the manuscript.

Additional Information

Supplementary information accompanies this paper at http://www.nature.com/srep

Competing financial interests: The authors declare no competing financial interests.

How to cite this article: Gong, L. *et al. LbCML38* and *LbRH52*, two reference genes derived from RNA-Seq data suitable for assessing gene expression in *Lycium barbarum* L. *Sci. Rep.* **6**, 37031; doi: 10.1038/srep37031 (2016).

Publisher's note: Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit http://creativecommons.org/licenses/by/4.0/

© The Author(s) 2016