

Article

Suspended Sediments Quality Assessment in a Coastal River: Identification of Potentially Toxic Elements

Jie Zeng ¹, Guilin Han ^{1,*}, Shitong Zhang ¹ and Qian Zhang ²

¹ Institute of Earth Sciences, China University of Geosciences (Beijing), Beijing 100083, China; zengjie@cugb.edu.cn (J.Z.); stongzhang0103@cugb.edu.cn (S.Z.)

² Institute of Geographic Sciences and Natural Resources Research, Chinese Academy of Sciences, Beijing 100101, China; zhangqian@igsnrr.ac.cn

* Correspondence: hangulin@cugb.edu.cn

Abstract: In coastal rivers with various human and damming activities (reservoir), the cycle and biogeochemistry of environmental pollutants in river systems has been modified. A total of 42 suspended particulate matter (SPM) samples were obtained in Jiulongjiang River, southeast China to investigate the concentration, sources, behavior, and risks of nine potentially toxic elements (PTEs) in SPM. The results of metals concentration showed relatively large variation, major for Mn and minor for Co; Mn > Zn > V > Pb > Cr > Ni > Cu > Cd > Co. Multi-index evaluation reflected that most of the PTEs are minor enrichment/moderately polluted. The Cd is defined as extremely severe enrichment/polluted level, and the Pb and Zn as minor enrichment/moderately polluted levels. Among the selected PTEs, Cd and Zn are identified as the main toxic factors of SPM with a contribution of $57 \pm 18\%$ and $14 \pm 7\%$ to the total toxic risk. The sources identification suggested that human inputs may be the primary potential source of Cd, Zn, Pb, and Co, whereas natural sources (e.g., rock weathering) are likely to be responsible for Cu, Cr, V, and Ni. In contrast, the data suggested that Mn may be attributed to both natural and anthropogenic inputs. The PTEs among dissolved, suspended, and sediment phases reflected the transportation behavior and different potential risk levels. Overall, the PTE geochemistry of river SPM can act as a good indicator of the driving mechanism of PTEs' accumulation and provide a powerful support for controlling riverine PTEs-related pollution in coastal regions.

Keywords: suspended particulate matter (SPM); potentially toxic elements (PTE); pollution source and evaluation; Jiulongjiang River



Citation: Zeng, J.; Han, G.; Zhang, S.; Zhang, Q. Suspended Sediments Quality Assessment in a Coastal River: Identification of Potentially Toxic Elements. *Int. J. Environ. Res. Public Health* **2022**, *19*, 4293. <https://doi.org/10.3390/ijerph19074293>

Academic Editor: Paul B. Tchounwou

Received: 7 March 2022

Accepted: 1 April 2022

Published: 3 April 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

1. Introduction

It is vital to evaluate the contamination level of rivers given the background of the worsening status of the global hydrosphere, and this would be of benefit for the management of water resources [1–3]. Coastal rivers are the most important pathways linking the ocean and land, which influences various biogeochemical processes. There are numerous issues occurring in coastal rivers due to water resources overuse and industrial/agricultural waste discharge [4]. The anthropogenic pollutants impacting coastal river sediments (suspended and bed sediments) are of growing concern [5]. Potentially toxic elements (PTEs) are one of the representative contaminants [6]. The PTEs tend to possess features of non-biodegradability, bio-accumulation, and acute/chronic toxicity [7–10], are harmful to aquatic eco-environment and even pose a threat to human health [11,12]. Both the anthropogenic input (e.g., industrial/domestic wastes) and natural process (e.g., soil erosion and weathering process) are the sources of PTEs in the coastal river water environment [13–15]. Moreover, PTEs exist in rivers in three phases: dissolved loads, bed sedimentary loads, and suspended loads [16].

Suspended particulate matter (SPM or suspended sediment) is an important adsorption carrier for PTEs in coastal river systems, and can efficiently absorb dissolved PTEs due

to its high surface activity [14,17]. There are two origins of fluvial SPM: rainfall-driven soil erosion products and bed sediment re-suspended matter [18,19]. In coastal river systems, the SPM is the most important contributor (about 90%) of the export of terrestrial matters into the sea [20]. Riverine SPM is also a good indicator of basin pollution, indicating the natural inputs and anthropogenic inputs, and reflecting further the potential risk or negative effect on life. Moreover, the SPM-adsorbed PTEs may be re-released into river water again (secondary pollution) if environmental settings change (e.g., salinity, redox potential, pH). Therefore, exploring and clarifying particulate PTEs' pollution and its source are significant, and many studies have reported particulate PTEs all over the world [18,21,22], contributing to the safety assessment and high-efficiency management of river water environments.

As one of the most important coastal rivers in southern Fujian Province (China), Jiulongjiang River basin contributes to the development of various land ecosystems and supports water resources for millions of inhabitant [23,24]. Moreover, Jiulongjiang River is an ideal region for clean hydroelectric production because of the abundant flow and steeply sloping river [24,25], which can strongly support the local economy. The development of hydropower dams, together with other anthropogenic activities (e.g., urban emission and agricultural production), have significantly changed hydrodynamic conditions (e.g., hydraulic residence time, HRT) and further impacted the eco-environmental processes and biogeochemical cycling of the coastal river water [26,27]. In addition, the concentration of PTEs in dissolved phases and sediments has also exhibited obvious spatial variations from upstream to downstream of typical cascade dams [28]. Moreover, the PTE concentrations vary in the river system due to changes in some environmental factors, such as water temperature, pH, redox potential, and rainfall. These environmental factors can realize PTEs; redistribution in the river system by influencing adsorption, precipitation and resuspension processes [12,18].

To date, PTE-related studies of the coastal Jiulongjiang River basin (JRB) have mainly focused on dissolved and sediment phases in estuarial areas and the mainstream [24,29]. These studies reported that the dissolved PTEs in JRB can be defined as dominant ($>100 \mu\text{g L}^{-1}$), moderately abundant ($10\text{--}100 \mu\text{g L}^{-1}$), and less abundant ($<10 \mu\text{g L}^{-1}$) elements according to their concentrations. The major sources of dissolved PTEs were agricultural inputs, natural weathering and urban human activities [29]. In contrast, the distribution pattern of PTEs' contents in river sediment highly matched the reservoir/dam distribution along the JRB. The dominant ecological risks of Cd and Pb in sediments were also observed [24]. However, the status, pollution, risks, and sources of PTEs in suspended sediments (SPM) and their relationship with dissolved PTEs and PTEs in sediments have been rarely reported in the dams distributed along coastal rivers.

This study performed a field sampling in the coastal Jiulongjiang River during July 2017 to improve knowledge of the river's environmental particulate PETs. Forty-two SPM samples were collected and measured for PETs. The major purposes are to: (1) distinguish the particulate PTEs' concentration, pollution, and related risk, (2) explore the PTEs' origins, and (3) clarify the particulate PTEs' behavior among the dissolved, suspended sediments, and the bed sediment. This work supports a data base for the management of coastal river basins and provides significant reference for similar river systems.

2. Materials and Methods

2.1. Regional Background

The Jiulongjiang River is the largest coastal river in the territory of southern Fujian Province, Southeast China (Figure 1). The mainstream originates from the northwest (Longyan city) and runs southeast (Zhangzhou city). Then, the Jiulongjiang River flows into the Xiamen Bay [30]. The Jiulongjiang River basin (JRB) presents a wide area ($\sim 1.47 \times 10^4 \text{ km}^2$) with a mainstream (the Beixi River) and two major tributaries (the Xixi River and the Nanxi River) [29]. The tributaries are relatively short in length. The JRB contains diverse geography and landscapes, and shows a varied altitude ($<50\text{--}1800 \text{ m}$). Mountains, hills, and plains are found in the LRB. Regarding land use, the JRB mainly

has forest land (~63.5%), grass land (~15.7%), cropland (~14.4%), an urban area (~5.4%), water area (~0.9%), and unused land (~0.1%). Red soils are the major soil type within the basin (>90% basin area). The JRB is influenced by a sub-tropical monsoon climate with an annual temperature of 20~21 °C in the whole basin. The annual rainfall varies from 1400 to 1800 mm [31]. The lithology of the JRB is mainly composed of clastic sedimentary and magmatic rocks, with rarely distributed limestones and metamorphic rocks. Mining areas (e.g., Fe mine) are mainly distributed in the northwest basin [32]. The upper reaches are mainly covered by forest and mountain areas, while the lower reaches are affected by different human activities, such as agriculture and industry. Moreover, several reservoirs/dams are distributed within the JRB, such as the Wan'anxi Reservoir, which significantly regulates the fluvial discharge [24].

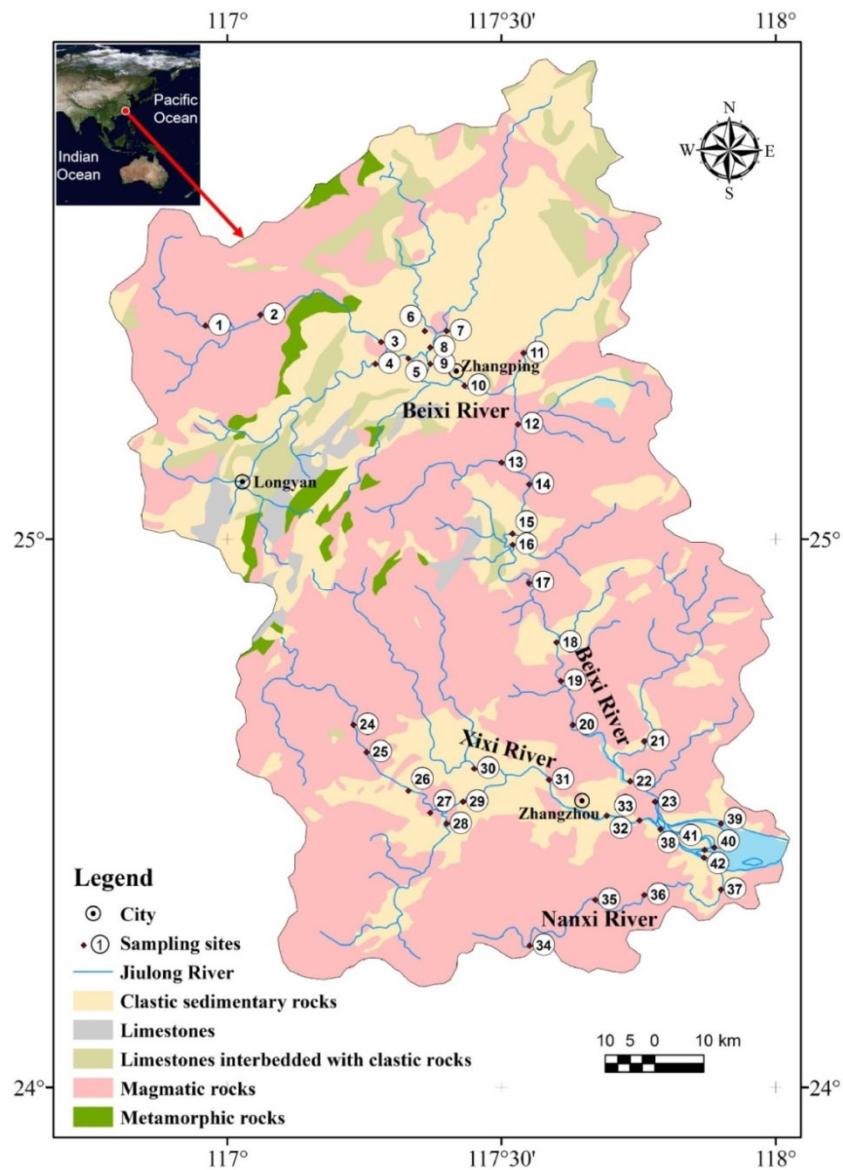


Figure 1. Sample sites' distribution and lithology for JRB.2.2. Sampling and Chemical Analysis.

In the field work, according to the population distribution, land cover, and diverse lithology, 42 sites in the JRB were chosen to conduct sampling in July 2017. Although the samples were only collected in wet season, considering that the object of this study is suspended sediments (SPM) and the river suspended sediments' transport generally occurs in the wet season (~90%), the contribution of the dry season is relative negligible. Therefore, the sampling is representative for the SPM study. Among the sampling sites, site

1~21, 24~33, and 34~37 were distributed in the Beixi River, the Xixi River, and the Nanxi River, respectively. Site 22, 23, and 38~42 were located in the estuary area (Figure 1). In total, 42 riverine water samples were obtained, and the samples were further filtered by the 0.22 µm cellulose acetate membranes to separate SPM samples within 24 h. After field work, the SPM samples were further digested. The detailed digestion process is described in our previous work [31,33]. In brief, the digestion of SPM sample powder (weighted) was conducted in a pre-clean jar via mixed HF/HNO₃ (*v/v* = 1/3) acid under 140 °C. Next, the digested solution was dried and the removal of fluoride was performed by HNO₃ (2 mL, twice). Furthermore, the digested solution was quantitatively dissolved in 2% HNO₃ for final analysis. Double-distilled acid (ultra-pure acid) was applied in the whole digestion process [8]. Nine PTEs of all samples were detected via ICP-MS (Elan DRC-e, PerkinElmer, Waltham, MA, USA). The procedural blank, repeated samples, and standard reference material (SRM, GBW 07447) were used during the measuring procedure. The relative standard deviation of replicate detection was ±5%, and the PTEs' recoveries of SRM > 95%.

2.2. Appraisal Methods

2.2.1. PTEs' Pollution Assessment

The PTEs' concentration of SPM samples are normalized to the environmental conservative element (Al) and further compared with the natural background to assess the PTE enrichment level, i.e., the Enrichment factor (EF) calculation [34,35]. The detailed calculation of EF is as follows. The related classification of the enrichment level is listed in Supplementary Materials (Table S1). The data of Al concentrations are derived from our previous work [31].

$$EF = \frac{(C_i/C_{ref})_{SPM}}{(C_i/C_{ref})_{background}} \quad (1)$$

where C_i is the PTEs concentration (mg kg⁻¹), and C_{ref} is the concentration of the reference element (Al, mg kg⁻¹). The (C_i/C_{ref})_{background} is the ratio of background content values of PTEs and reference element obtained from the upper continental crust (UCC, with the contents of Al = 81,506 mg kg⁻¹, V = 97 mg kg⁻¹, Cr = 92 mg kg⁻¹, Mn = 774.5 mg kg⁻¹, Co = 17.3 mg kg⁻¹, Ni = 47 mg kg⁻¹, Cu = 28 mg kg⁻¹, Zn = 67 mg kg⁻¹, Cd = 0.09 mg kg⁻¹, Pb = 17 mg kg⁻¹).

Furthermore, the particulate PTEs contamination level is assessed via the geo-accumulation index (I_{geo}) as follows [36]:

$$I_{geo} = \log_2 \left(\frac{C_i}{1.5 \times U_i} \right) \quad (2)$$

where C_i is the PTEs content of SPM (mg kg⁻¹), U_i is the corresponding PTEs content of the UCC (mg kg⁻¹), and 1.5 is the correction factor. Accordingly, the I_{geo} can also be classified as 7 classes of pollution level (Table S1).

The pollution load index (PLI) based on contamination factor (CF) is also applied to quantitatively evaluate the total pollution levels of PTEs [37], as follows:

$$CF = C_s/C_b \quad (3)$$

$$PLI = (CF_1 \times CF_2 \times CF_3 \times \dots \times CF_n)^{1/n} \quad (4)$$

Here, C_s/C_b is the ratio of river particulate PTEs content and the upper continental crust PTEs content. If PLI less than 1, the combined contamination is negligible, whereas particulate PTEs' contamination exists when PLI > 1 [38].

2.2.2. PTEs' Risk Assessment

The toxic risk index (TRI) is chosen to assess total toxic risk of particulate PTEs to potential exposed aquatic organisms and/or humans. This index considered both the threshold and the probable effect level (TEL and PEL), confirmed by previous studies [39,40]. The literature-certified TEL and PEL values are adopted to ensure a reliable risk for the

assessment results [41]. The TRI classifications are listed in Table S1 and the calculation process of TRI is as follows [39]:

$$\text{TRI} = \sum_{i=1}^n \text{TRI}_i = \sqrt{\frac{\left(\frac{S_s^i}{S_{TEL}^i}\right)^2 + \left(\frac{S_s^i}{S_{PEL}^i}\right)^2}{2}} \quad (5)$$

where S_s^i represent PTEs' content of SPM (mg kg^{-1}), S_{TEL}^i is the TEL (threshold effect level) value and S_{PEL}^i is the PEL (probable effect level) value of each PTE (mg kg^{-1}).

2.2.3. Particulate PTEs' Transported Percentage

According to previous studies, the migration behavior of riverine PTEs can be indicated by the fraction (f, in %) calculation of particulate PTEs' transported percentage [8], as follows:

$$f = \frac{SPM \times C_p}{SPM \times C_p + C_d} \times 100 \quad (6)$$

where the C_p , C_d , and SPM are the median values of particulate PTE concentration, dissolved PTE concentration, and SPM concentration, respectively. The data of SPM and dissolved PTE concentration were derived from our previous work [31,42].

3. Results and Discussion

3.1. PTEs' Concentrations of Fluvial SPM

Nine PTEs' concentrations of SPM in the whole Jiulongjiang River, Beixi River, Xixi River, Nanxi River, and the estuary are summarized in Table 1. All concentrations (in mg kg^{-1}) varied within a large range including V: 47.0~179.2, Cr: 14.9~271.4, Mn: 577.6~3041.7, Co: 4.5~23.5, Ni: 9.1~91.0, Cu: 6.0~98.5, Zn: 77.0~1111.2, Cd: 7.5~30.8, Pb: 10.3~125.0. In the whole basin, the median PTEs' concentrations are appropriate for comparison. As listed in Table 1, the studied particulate PTEs' concentration presented in the order of Mn > Zn > V > Pb > Cr > Ni > Cu > Cd > Co, which is different from the sequences observed in other Asian and global rivers [14,22,43]. The variations in these sequences could be attributed to diverse lithological settings and the particulate PTEs' abundances [38]. Obviously, the concentrations of the four PTEs (Mn, Zn, V, and Pb) with highest abundance are several to dozens of times higher than those of other PTEs. In addition to V, Cr, Co, Ni, and Cu, the contents of half of the PTEs in SPM in Jiulongjiang River exceed the UCC contents [44]. In particular, the particulate Cd and Zn concentrations are 125 and 5 times those of upper continental crust (UCC) contents, respectively.

The Jiulongjiang River showed different PTEs' concentrations in riverine SPM because of various economic levels and industrial structures within the entire basin. From a global perspective (Table 2), the contents of V, Cr, Co, Ni, and Cu of SPM in Jiulongjiang River basin present a poor level, while the Mn concentration is similar to that of Asian (China) rivers [14,22,43]. In contrast, the typical anthropogenic emission-related PTEs, for example Cd and Zn, which are the important factors leading to river pollution, are higher than that in global rivers (average values) [14]. Among them, particulate Zn and Pb concentrations in the Jiulongjiang River basin are much closer to that in European rivers distributed in many developed countries [14]. The findings suggest that the JRB is influenced by different degrees of anthropogenic disturbances to a certain extent.

3.2. Appraisal of PTEs' Pollution and Risk

3.2.1. EF and I_{geo}

The calculated values of EF and I_{geo} of potentially toxic elements of suspended particulate matter in the Jiulongjiang River basin are plotted in Figure 2. The mean value of EF of each PTE in this study presented the order of Cd (71.1) > Zn (2.9) > Pb (2.3) > Mn (0.9) > V (0.5) > Cu (0.4) ≈ Ni (0.4) ≈ Cr (0.4) ≈ Co (0.4) in the entire basin, reflecting that Cd had an extremely severe enrichment level, followed by minor enrichment of Zn and Pb (Figure 2a

and Table S1). In addition to Cd, approximately half of the samples in the JRB exhibited a relatively high EF value of Zn (>3.0) with a much higher value of up to 15.6 (site 4), which can be defined as moderate enrichment. Although Pb shows a mean EF value of 2.3, three sampling sites present the EF_{Pb} values > 3 and the highest $EF_{Pb} = 5.3$ (site 4), indicating moderate to moderately severe enrichment. In contrast, except for a few sites, the EF values of other PTEs (V, Cr, Mn, Co, Ni, and Cu) in most SPM samples are smaller than 1, i.e., no enrichment. Noteworthy, Cd, Zn, Pb, V, Cr, Co, and Ni consistently observed the highest EF value at site 4, and Cu and Mn also present a relatively high EF value, implying that this site is possibly affected by the strongest anthropogenic disturbances [34]. Regarding most PTEs, the mean values of EF from mainstream (Beixi River), tributaries (Xixi River, Nanxi River) and estuary are similar, while the mean values of EF_{Pb} and EF_{Zn} are highest in Beixi River and lowest in Nanxi River (Figure 2a). Large changes in EF value are observed in several PTEs (e.g., Zn, and Cd) with high standard deviation ($SD = 2.2\text{--}41.1$, Figure 2a), while little changes are presented in Co, Cr, and Cu. These findings suggest the spatial heterogeneity of various possible origins of particulate PTEs (human emission/natural processes) [22]. Compared with a background area with limited anthropogenic disturbance (e.g., Tibetan Plateau region, $EF_{Cd} = 1.4$, $EF_{Pb} = 0.8$, $EF_{Zn} = 0.7$) [38], the enrichment of particulate PTEs of the Jiulongjiang River is much serious. Most particulate PTEs present different levels of EF values in Jiulongjiang River compared to that in the agriculture-controlled basin in the tropical zone, Mun River, with EF values of Cd (17.5), Mn (14.3), Zn (5.8), Cr (1.4), Ni (1.4), Cu (1.0), Pb (0.9), V (0.9) [22], but consistently high EF_{Cd} and EF_{Zn} values were also found. In contrast, compared with the contaminated city riverine system with obviously high EF values of Pb (19.6), Ni (12.5), Cr (11.0), and Cu (10.0) [45], the enrichment level of most PTEs is relatively light in the Jiulongjiang River. These comparisons also reflect the important impact/contribution of economic and sociological level (city or village) and industry structure (industry or agriculture) on various potential PTEs' sources and the further PTEs' accumulation in fluvial SPM.

Table 1. The particulate PTEs' contents in JRB and world rivers (mg kg^{-1}).

River	Parameter	V	Cr	Mn	Co	Ni	Cu	Zn	Cd	Pb
JRB-Entire Basin	Min	47.0	14.9	577.6	4.5	9.1	6.0	77.0	7.5	10.3
	Max	179.2	271.4	3041.7	23.5	91.0	98.5	1111.2	30.8	125.0
	Mean	95.3	60.3	1245.5	11.0	33.0	22.0	338.1	11.2	70.1
	Median	96.2	58.0	1127.1	10.3	31.3	19.3	309.3	10.8	70.0
JRB-Beixi River	Mean	104.1	62.8	1221.6	13.0	39.5	18.8	393.0	12.3	75.3
	Median	106.6	62.2	1085.2	13.9	40.1	18.2	391.7	11.7	76.2
JRB-Xixi River	Mean	76.8	40.3	1122.8	8.4	18.9	25.6	279.9	9.9	74.8
	Median	79.3	37.1	1029.3	8.1	18.5	21.7	258.0	9.8	69.8
JRB-Nanxi River	Mean	86.5	89.3	1671.9	8.4	34.5	33.9	228.6	10.0	48.3
	Median	60.0	35.4	1534.1	6.8	19.0	13.5	202.9	8.3	48.0
JRB-Estuary	Mean	100.1	65.1	1249.0	10.2	32.7	19.8	319.3	10.5	60.1
	Median	98.1	65.6	1311.5	10.5	31.8	20.4	307.3	10.5	61.3
World River	Mean	129	130	1679	22.5	74.5	75.9	208	1.6	61.1
	UCC	97	92	774.5	17.3	47	28	67	0.09	17
	TEL	—	43.4	—	—	22.7	31.6	121	0.99	35.8
	PEL	—	111	—	—	48.6	149	459	4.98	128

Note: PTEs' concentrations of World River are derived from [14]; UCC = upper continental crust [44]; TEL = threshold effect level, PEL = probable effect level [41]; —, data unavailable.

The pollution level of particulate PTEs is also evaluated via the I_{geo} . As shown in Figure 2b, all I_{geo} values of PTEs are normal distribution in JRB via the Kolmogorov-Smirnov (K-S) test. Therefore, the average I_{geo} value of PTE is appropriate to be compared with each other [14,46]. The average I_{geo} value of almost all PTEs (except for Cr and Co) present a similar sequence to the EF values of the corresponding PTEs, namely, Cd $>$ Zn $>$ Pb $>$ Mn $>$ V $>$ Cu $>$ Ni $>$ Co $>$ Cr (b). According to the categories of geo-accumulation index (Table S1), the most contaminated PTE of SPM is Cd with the largest I_{geo} average

value of 6.3, indicating an extremely polluted level. The following PTEs are Zn ($I_{geo} = 1.6$) and Pb ($I_{geo} = 1.4$) which can be defined as a moderately polluted level. The other PTEs (Mn, V, Cu, Ni, Co, and Cr) have the mean I_{geo} values < 0 , revealing an unpolluted level (b). The findings in JRB are similar to rivers under the impact of the mining and smelting industry ($I_{geo} = 7.0, 2.7, 1.5$ for Cd, Zn, Pb) [17], i.e., Cd, Zn, and Pb are three polluted PTEs. However, the average I_{geo} values of PTE in JRB are relatively low [17], reflecting relatively lighter PTEs' pollution of the fluvial SPM in the Jiulongjiang River than that in intensive industry-impacted basins. In contrast, the observed I_{geo} values of Pb, Zn, Cd in JRB are higher than that in an agricultural production influenced riverine basin, such as the Mun River, with heavily polluted Cd ($I_{geo} = 3.7$), moderately polluted Zn ($I_{geo} = 1.4$), and unpolluted Pb ($I_{geo} < 0$) [22]. Overall, the contamination level of particulate PTEs is impacted by various potential pollutant sources and buffered by various landscapes within the entire Jiulongjiang River basin.

Table 2. The PTEs concentrations of SPM between JRB and global rivers (mg kg⁻¹).

Rivers	V	Cr	Mn	Co	Ni	Cu	Zn	Cd	Pb
Jiulongjiang River	96.2	58.0	1127.1	10.3	31.3	19.3	309	10.8	70.0
Zhujiang River	150.5	147.7	1103.6	—	41.6	36.3	139	3.5	38.6
Mun River	109.1	100.1	4616.7	—	51.0	27.6	224	10.7	14.3
Asia (China) river	135.0	117.0	970.0	21.0	68.0	53.0	145	—	64.0
Asia (Russia) river	128.0	260.0	5767.0	30.0	123.0	145.0	300	—	35.0
South American river	131.0	79.0	700.0	16.0	46.0	59.0	184	—	76.0
North American river	188.0	115.0	1430.0	15.0	50.0	34.0	137	—	22.0
Africa river	116.0	130.0	1478.0	23.0	78.0	53.0	130	—	46.0
Europe river	85.0	164.0	1884.0	16.0	66.0	172.0	346	—	71.0
World river	129.0	130.0	1679.0	22.5	74.5	75.9	208	1.6	61.1

Note: Data of PTEs of other rivers are from [14,22,43]; —, data is not available.

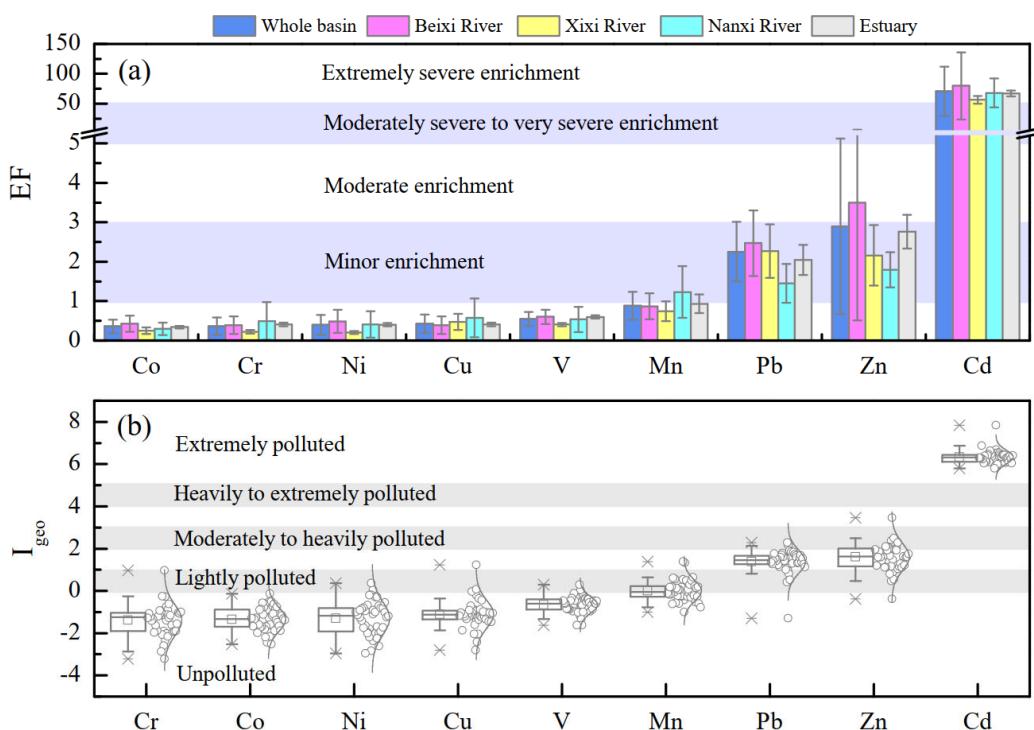


Figure 2. Enrichment factor (a) and geo-accumulation index (b) of particulate PTEs in JRB.

3.2.2. The Pollution Load Index (PLI)

The pollution load index (PLI) of PTEs in SPM was calculated and listed in Table 3. The PLI values varied between 1.0 and 4.2 (2.1 ± 0.6) with all PLI > 1 , indicating the

contamination of the particulate PTEs in this coastal riverine system. The largest observed PLI value was in site 37 in the Nanxi River (PLI = 4.2), followed by site 4 (PLI = 3.7), site 8 (PLI = 2.8), site 7 (PLI = 2.7), and site 9 (PLI = 2.7) in the Beixi River. In detail, site 37 is the last site before the Nanxi River enters the mainstream, while sites 4, 8, 7, and 9 are distributed in the Beixi River near Zhangping city (urban area). Therefore, the main reason for the high PLI values of some sites is that these sites are near the human-influenced region (urban area). It is notable that most of the sites along the Beixi River and estuary area present PLI values greater than 2.0. Overall, the calculated results of PLI suggest the non-negligible comprehensive contamination of the PTEs relative to the background region (e.g., the river in the Himalayan area, PLI > 1.0) [38].

Table 3. The CF and PLI evaluation results of PTEs of the SPM in Jiulongjiang River.

Site	CF								PLI		
	V	Cr	Mn	Co	Ni	Cu	Zn	Cd			
Beixi River	1	0.9	0.6	3.8	0.6	0.7	0.6	4.2	154.3	6.6	2.3
	2	0.8	0.3	1.1	0.3	0.3	0.3	2.7	103.2	3.5	1.2
	3	0.9	0.4	1.2	0.5	0.4	0.5	3.4	109.0	4.0	1.6
	4	1.2	1.2	1.5	1.0	1.6	1.3	16.6	342.0	5.6	3.7
	5	0.9	0.6	1.3	0.8	0.8	0.6	5.9	136.2	4.4	2.2
	6	1.5	1.3	1.0	0.5	1.3	0.7	4.7	125.7	5.4	2.4
	7	1.2	0.8	2.2	1.1	1.2	0.8	8.4	122.7	4.0	2.7
	8	1.2	0.9	2.1	1.0	1.2	0.8	7.7	126.6	4.3	2.8
	9	1.1	0.8	1.2	1.4	1.3	0.8	8.0	139.6	4.4	2.7
	10	1.1	0.7	1.4	0.9	0.9	0.7	6.5	133.4	4.6	2.4
	11	1.2	0.8	2.1	0.5	0.7	0.6	6.4	138.9	3.7	2.2
	12	1.1	0.7	1.3	0.9	0.9	0.7	6.2	130.0	5.4	2.4
	13	0.7	0.2	1.2	0.3	0.2	0.2	2.1	92.7	2.9	1.0
	14	1.4	0.7	1.0	0.7	0.8	0.7	6.1	149.0	5.2	2.3
	15	1.0	0.6	1.7	1.0	0.9	0.6	6.0	121.9	5.0	2.3
	16	0.8	0.4	1.4	0.4	0.4	0.4	2.2	103.0	2.0	1.3
	17	1.1	0.7	1.6	1.0	0.9	0.6	5.8	130.4	4.8	2.4
	18	1.2	0.7	1.4	0.8	0.9	0.7	5.8	133.4	4.8	2.3
	19	1.1	0.6	1.6	0.8	0.8	0.7	5.7	129.7	4.5	2.3
	20	1.1	1.0	1.3	0.7	1.0	0.6	5.7	127.6	4.5	2.3
	21	1.0	0.4	1.9	0.7	0.4	1.2	3.1	129.1	3.3	1.9
Xixi River	24	0.8	0.5	1.0	0.3	0.5	0.6	3.3	103.9	3.8	1.5
	25	0.8	0.3	1.0	0.3	0.3	0.6	3.3	99.8	3.5	1.4
	26	0.8	0.4	1.3	0.4	0.4	0.6	3.2	105.6	3.8	1.6
	27	0.9	0.4	1.6	0.5	0.4	0.7	3.7	115.6	4.2	1.7
	28	0.7	0.5	2.1	0.8	0.5	1.5	7.3	126.2	7.4	2.4
	29	0.8	0.4	1.6	0.6	0.4	0.8	4.5	117.7	4.5	1.8
	30	0.6	0.4	2.3	0.5	0.3	0.7	3.2	98.4	4.0	1.6
	31	0.8	0.4	1.2	0.5	0.4	0.9	4.0	117.1	4.8	1.8
	32	0.8	0.6	1.3	0.5	0.4	1.6	4.6	113.3	4.3	2.0
	33	0.7	0.5	1.0	0.5	0.5	1.1	4.5	102.9	3.8	1.8
Nanxi River	34	0.7	0.6	0.7	0.4	0.6	0.4	1.1	83.8	0.6	1.1
	35	0.5	0.2	1.8	0.3	0.2	0.5	3.5	95.7	3.0	1.2
	36	0.5	0.2	3.9	0.4	0.2	0.4	2.6	89.7	2.7	1.3
	37	1.8	3.0	2.2	0.9	1.9	3.5	6.4	176.6	5.1	4.2
Estuary	22	1.1	0.7	1.4	0.6	0.7	0.8	5.4	124.6	4.3	2.2
	23	1.1	0.6	1.7	0.6	0.8	0.7	5.8	126.8	3.8	2.2
	38	1.0	0.6	2.3	0.7	0.6	0.8	4.5	116.9	4.0	2.1
	39	1.1	0.7	1.7	0.6	0.7	0.7	5.1	118.2	3.3	2.1
	40	1.0	0.8	0.9	0.5	0.7	0.5	3.4	98.6	2.2	1.6
	41	1.0	0.7	1.7	0.6	0.7	0.7	4.6	116.0	3.6	2.1
	42	1.0	0.7	1.7	0.6	0.6	0.7	4.5	113.8	3.6	2.0

3.2.3. Assessment of Toxicity Risk (TRI)

The toxic risk index (TRI) is adopted to evaluate total particulate PTEs' toxic risk (for fluvial aquatic organisms) [39,40], which considers the acute and chronic toxicity of related PTEs. The TRIs of all samples were calculated via available values of PEL and TEL (Table 1) as mentioned in the Methods section. As shown in Figure 3, the TRIs of six potentially toxic elements of fluvial suspended particulate matter were estimated, due to lack of a certified PEL and TEL value for the other PTEs. The TRI values range between 8.3 (site 34) and 36.4 (site 4), with a mean value of 14.3, indicating the moderate toxic risk and considerable toxic risk of the studied PTEs in most SPM samples. Moreover, sites 4 and 37 exhibited very high toxic risk, according to TRI ($TRI > 20$), by PTEs, in line with the assessment of pollution load index before (high PLI values, Table 3). Slightly different from the accumulation indexes (EF or I_{geo}) of PTEs (Figure 2), the TRI values of each PTE are in the sequence Cd (8.2) > Zn (2.0) > Pb (1.4) > Ni (1.13) > Cr (1.06) > Cu (0.5) (Figure 3), which is caused by the different TEL/PEL values of each PTE and the SPM concentrations. Furthermore, the order of TRIs in the Jiulongjiang River is different from that of other Asia rivers, such as the Zhujiang River (large-scale basin), the Beijiang River (industry-influenced basin), and the Mun River (agriculture-controlled basin) [22,34,43]. In particular, the TRI_{Cd} values in Jiulongjiang River were much higher, indicating the heterogeneity of PTEs' toxicity risk in the fluvial system in varied catchment landscapes and/or human activities. For the six TRI-calculated PTEs, the contributions of Cd, Zn, Pb, Ni, Cr, and Cu to the total TRI are $57 \pm 18\%$, $14 \pm 7\%$, $10 \pm 3\%$, $8 \pm 4\%$, $7 \pm 5\%$, and $4 \pm 2\%$ (Figure 3), respectively. These results suggest Cd as the main toxic PTE of SPM in Jiulongjiang River, followed by Zn and Pb, with a contribution exceeding 10%. Therefore, given the potential species-specific toxicity of these three PTEs, for example, the nephrotoxicity and nervous system toxicity of Pb [47], and the hepatotoxicity, nephrotoxicity, and neurotoxicity of Cd [48], more attention is needed for these PTEs in the Jiulongjiang River.

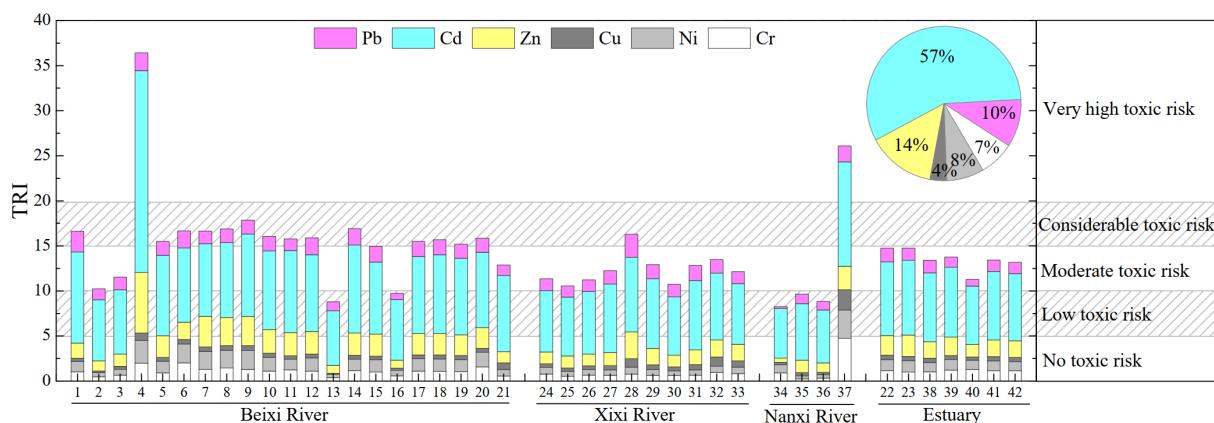


Figure 3. TRI values of particulate PTEs in the Jiulongjiang River.

3.3. Sources' Identification of PTEs

The common multivariate statistical method principal component analysis (PCA) is employed to identify the major sources of PTEs by exploring their relationships and possible sources, decreasing the dataset dimensionality to fewer factors and preserving the associations reflected in the raw data [46]. In this study, the PCA is performed with the varimax rotation method in SPSS 21.0. The test results of Bartlett's sphericity test and Kaiser-Meyer-Olkin test ($p < 0.001$) presented the suitability of the dataset. As shown in Figure 4, three principal components (PCs or components) are distinguished. These three PCs are extracted based on the eigenvalues exceeding 1, which account for 81.5% of the total variances. Among these, PC 1, PC 2 (Cu, Cr, V, Ni), and PC 3 (Mn) explain 36.2%, 32.8%, and 12.5% of total variances. Most of the PTEs show loading values of >0.75 within the corresponding PC, that is, strong loading.

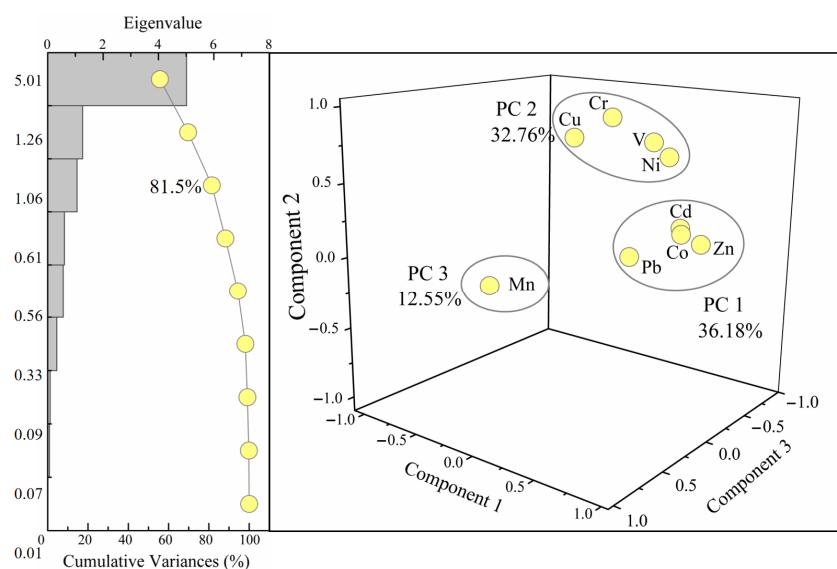


Figure 4. PCA results of factor loadings of PTEs of SPM in Jiulongjiang River.3.4. PTEs' Behavior between Dissolved, Suspended and Sediment Phases.

Four PTEs (Cd, Zn, Pb, Co) exhibited component 1 with high loadings (Figure 4). Given the extremely severe enrichment of Cd ($EF_{Cd} = 71.1$) and relatively enriched Zn ($EF_{Zn} = 2.9$) and Pb ($EF_{Pb} = 2.3$), here we concluded that these PTEs in PC 1 are primarily attributed to the contribution of human inputs within the whole basin. As a potential explanation, the fossil fuel burning (including oil and coal) is of representative human-made Pb origin [49], the combustion behavior-originated sedimentation from the atmosphere is of important Zn origin [50], and Cd is generally observed in automobile tires and further released to the aquatic environment via wearing processes [51], which can be supported via published work [45]. Moreover, the mining activities in the upper reaches are also a potential contributor of Pb and Zn.

As shown in Figures 2 and 4, the PTEs (Cu, Cr, V, Ni) in PC 2 are identified as no enrichment ($EF < 1$) and unpolluted ($I_{geo} < 0$). Although Cu, Cr, V, and Ni have the potential sources of industry wastes (mainly occurred during metal processing) and urban pollution, such as electroplate industry [52], the lower EF and I_{geo} values indicate that the human sources contributed limitary to these PTEs. Consequently, we infer that this PC is originated from natural processes which are mainly influenced by soil erosion and rock weathering processes based on the EF/ I_{geo} values and positive loading of these four PTEs in this PC.

In addition, it is noteworthy that Mn is the sole element that presented high positive loading in PC 3 (Figure 4). Given the relatively higher EF/ I_{geo} values of Mn than that of Cu, Cr, V, and Ni (Figure 2), and the weak loadings of Mn in PC 1 and PC 2, PC 3 is thereby determined as a joint contribution of both natural inputs and artificial contaminant. This can also be supported through the accelerated rock/soil weathering caused by intensive urban development and construction within the river basin, which resulted in the characteristic element (Mn) export to the fluvial system in the particle phase [53].

The particulate PTEs' transported percentages are calculated based on Equation (6). Finally, the fractions of particulate-transported V, Cr, Mn, Co, and Ni are calculated, since the dissolved concentrations of other PTEs are not available. These five PTEs present a proportion order of $f_{Mn} (92.1\%) > f_{Cr} (83.5\%) > f_V (82.8\%) > f_{Co} (81.6\%) > f_{Ni} (54.7\%)$ (Table 4), implying that the fluvial PTEs transportation are dominated by the SPM phase, except for Ni. Generally, the behavior of dissolved PTEs and dissolved major cations (e.g., sodium and potassium) is relatively similar, presenting a declined concentration with increasing river discharge, namely the dilution effect [54,55]. Moreover, the intensity of rainfall-driven soil erosion products' (particulates) export to the riverine ecosystem is relatively large because of the higher rainfall amount in the rainy season [6,13]. Consequently, the fluvial PTEs in

this study are more likely to be transported in particulate phase rather than the dissolved phase during the study period (rainy season). In contrast, the relative contribution of the dry season is limited due less river sediment discharge and the low PTEs' flux.

Table 4. Fraction of particulate PTEs' transportation in the Jiulongjiang River.

Parameters	Unit	V	Cr	Mn	Co	Ni
Suspended phase	mg kg^{-1}	96.2	58.0	1127.1	10.3	31.3
Dissolved phase	$\mu\text{g L}^{-1}$	0.29	0.17	1.42	0.03	0.38
Fraction of particulate		82.8%	83.5%	92.1%	81.6%	54.7%

Although the sediment samples were not collected in this study, here we summarized and compared the recent PTEs of sediment in the Jiulongjiang River from the literature [24]. In both the mainstream and the tributaries, the concentrations of most PTEs in SPM have a wider range of variation than that in sediments (Figure 5). The mean concentration of these PTEs presented the same trend, i.e., the SPM is higher than sediment. The mean values-based PTE concentration ratios of SPM and sediments varied from 1.2 (Cu) to 35.2 (Cd) in mainstream, and from 2.1 (Pb) to 43.2 (Cd) in the tributaries. These findings indicated that the overall level of PTEs in suspended solids is higher, and the corresponding potential risks are also higher relative to sediments. As a possible explanation, SPM showed stronger adsorption capacity for exogenous input PTEs (human inputs) due to a relatively small particle size (compared to sediments) [16,18]. On the other hand, as a vital pre-sink of PTEs in aquatic environment [14,17], High PTEs' content SPM in the Jiulongjiang River is bound to intensify the PTE accumulation in fluvial bed sediment via the deposition process. Moreover, damming activities (hydropower reservoir) will further accelerate this process (deposition) by changing the hydrodynamic condition [25–27], which is adverse to the river eco-environment. Therefore, the PTEs' geochemistry regarding fluvial SPM is a good indicator of the river eco-environment.

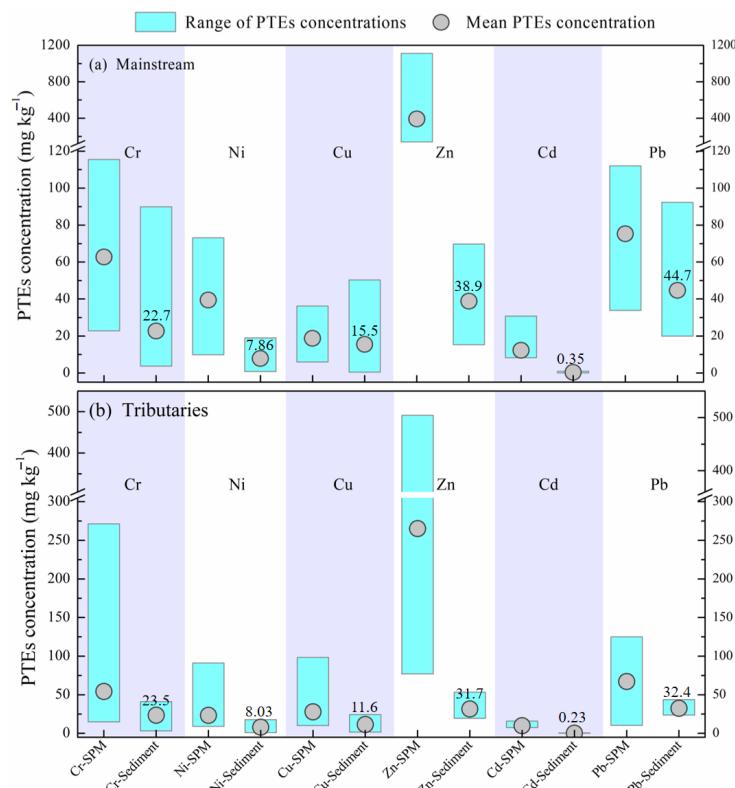


Figure 5. PTEs concentration between SPM and sediment in the Jiulongjiang River, (a) Mainstream (Beixi River), (b) Tributaries (Xixi and Nanxi River). Sediment data are from [24].

4. Conclusions

In conclusion, the PTEs' investigation of suspended sediments in a coastal river (the Jiulongjiang River) was performed. The PTEs' concentrations, contamination status, and risk were assessed, and the potential sources of PTEs and their behavior between different phases were also identified. The main findings revealed that the PTEs' contents were in the order Mn > Zn > V > Pb > Cr > Ni > Cu > Cd > Co. For most PTEs, the EF, I_{geo} , and PLI assessment pointed to no enrichment/unpolluted level, Pb and Zn exhibited minor enrichment/moderately polluted level, and Cd was positioned in the extremely severe enrichment/polluted level. Based on the TRI calculation, Cd and Zn were the two main toxic factors of suspended sediments, which contributed $57 \pm 18\%$ and $14 \pm 7\%$ of the total TRI. Principal component analysis provided some evidence that human input may be the major source of Cd, Zn, Pb, whereas Co, Cu, Cr, V, and Ni are mainly from natural processes (e.g., rock weathering), and Mn is primarily from the contribution of both natural and anthropogenic inputs. The PTEs' behavior between phases indicated that SPM geochemistry can be a potential indicator of basin-scale environmental variations, and further study on PTEs of the suspended sediments would be valuable.

Supplementary Materials: The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/ijerph19074293/s1>, Table S1: Contamination and toxic risk categories based on enrichment factor (EF), geo-accumulation index (I_{geo}) and toxic risk index (TRI).

Author Contributions: Conceptualization, J.Z. and G.H.; methodology, J.Z., G.H. and Q.Z.; software, J.Z.; formal analysis, J.Z. and G.H.; investigation, G.H.; data curation, J.Z. and G.H.; writing—original draft preparation, J.Z., G.H. and S.Z.; writing—review and editing, J.Z. and G.H.; project administration, G.H.; funding acquisition, G.H. All authors have read and agreed to the published version of the manuscript.

Funding: This research was funded by the National Natural Science Foundation of China (No.41661144029 and No.41325010). The first author is funded by the Shanghai Tongji Gao Tingyao Environmental Science & Technology Development Foundation.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: The data presented in this study are available upon request from the corresponding author.

Acknowledgments: The authors gratefully acknowledge Man Liu, Xiaoqiang Li, Kunhua Yang, and Jinke Liu from the China University of Geosciences for their help in sampling and laboratory.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Cai, J.; Varis, O.; Yin, H. China's water resources vulnerability: A spatio-temporal analysis during 2003–2013. *J. Clean. Prod.* **2017**, *142*, 2901–2910. [[CrossRef](#)]
2. Han, R.; Wang, Z.; Shen, Y.; Wu, Q.; Liu, X.; Cao, C.; Gao, S.; Zhang, J. Anthropogenic Gd in urban river water: A case study in Guiyang, SW China. *Elem. Sci. Anthr.* **2021**, *9*, 00147. [[CrossRef](#)]
3. Gao, S.; Wang, Z.; Wu, Q.; Wang, W.; Peng, C.; Zeng, J.; Wang, Y. Urban geochemistry and human-impacted imprint of dissolved trace and rare earth elements in a high-tech industrial city, Suzhou. *Elem. Sci. Anthr.* **2021**, *9*, 00151. [[CrossRef](#)]
4. Wollheim, W.M.; Bernal, S.; Burns, D.A.; Czuba, J.; Driscoll, C.T.; Hansen, A.T.; Hensley, R.; Hosen, J.; Inamdar, S.; Kaushal, S.S.; et al. River network saturation concept: Factors influencing the balance of biogeochemical supply and demand of river networks. *Biogeochemistry* **2018**, *141*, 503–521. [[CrossRef](#)]
5. Wang, A.-j.; Bong, C.W.; Xu, Y.-h.; Hassan, M.H.A.; Ye, X.; Bakar, A.F.A.; Li, Y.-h.; Lai, Z.-k.; Xu, J.; Loh, K.H. Assessment of heavy metal pollution in surficial sediments from a tropical river-estuary-shelf system: A case study of Kelantan River, Malaysia. *Mar. Pollut. Bull.* **2017**, *125*, 492–500. [[CrossRef](#)] [[PubMed](#)]
6. Xu, S.; Lang, Y.; Zhong, J.; Xiao, M.; Ding, H. Coupled controls of climate, lithology and land use on dissolved trace elements in a karst river system. *J. Hydrol.* **2020**, *591*, 125328. [[CrossRef](#)]
7. Zhang, J.; Yang, R.; Li, Y.C.; Peng, Y.; Wen, X.; Ni, X. Distribution, accumulation, and potential risks of heavy metals in soil and tea leaves from geologically different plantations. *Ecotoxicol. Environ. Saf.* **2020**, *195*, 110475. [[CrossRef](#)]

8. Zeng, J.; Han, G. Preliminary copper isotope study on particulate matter in Zhujiang River, southwest China: Application for source identification. *Ecotoxicol. Environ. Saf.* **2020**, *198*, 110663. [[CrossRef](#)]
9. Chen, L.; Wang, J.; Beiyuan, J.; Guo, X.; Wu, H.; Fang, L. Environmental and health risk assessment of potentially toxic trace elements in soils near uranium (U) mines: A global meta-analysis. *Sci. Total Environ.* **2021**, *816*, 151556. [[CrossRef](#)]
10. Wang, J.; Liu, S.; Wei, X.; Beiyuan, J.; Wang, L.; Liu, J.; Sun, H.; Zhang, G.; Xiao, T. Uptake, organ distribution and health risk assessment of potentially toxic elements in crops in abandoned indigenous smelting region. *Chemosphere* **2022**, *292*, 133321. [[CrossRef](#)]
11. Zeng, J.; Han, G. Tracing zinc sources with Zn isotope of fluvial suspended particulate matter in Zhujiang River, Southwest China. *Ecol. Indic.* **2020**, *118*, 106723. [[CrossRef](#)]
12. Zeng, J.; Han, G.; Zhang, S.; Liang, B.; Qu, R.; Liu, M.; Liu, J. Potentially toxic elements in cascade dams-influenced river originated from Tibetan Plateau. *Environ. Res.* **2022**, *208*, 112716. [[CrossRef](#)] [[PubMed](#)]
13. Visser, A.; Kroes, J.; van Vliet, M.; Blenkinsop, S.; Fowler, H.J.; Broers, H.P. Climate change impacts on the leaching of a heavy metal contamination in a small lowland catchment. *J. Contam. Hydrol.* **2012**, *127*, 47–64. [[CrossRef](#)] [[PubMed](#)]
14. Viers, J.; Dupré, B.; Gaillardet, J. Chemical composition of suspended sediments in World Rivers: New insights from a new database. *Sci. Total Environ.* **2009**, *407*, 853–868. [[CrossRef](#)]
15. Han, G.; Tang, Y.; Liu, M.; Van Zwieten, L.; Yang, X.; Yu, C.; Wang, H.; Song, Z. Carbon-nitrogen isotope coupling of soil organic matter in a karst region under land use change, Southwest China. *Agric. Ecosyst. Environ.* **2020**, *301*, 107027. [[CrossRef](#)]
16. Islam, M.S.; Ahmed, M.K.; Raknuzzaman, M.; Habibullah-Al-Mamun, M.; Islam, M.K. Heavy metal pollution in surface water and sediment: A preliminary assessment of an urban river in a developing country. *Ecol. Indic.* **2015**, *48*, 282–291. [[CrossRef](#)]
17. Li, R.; Tang, C.; Cao, Y.; Jiang, T.; Chen, J. The distribution and partitioning of trace metals (Pb, Cd, Cu, and Zn) and metalloid (As) in the Beijiang River. *Environ. Monit. Assess.* **2018**, *190*, 399. [[CrossRef](#)]
18. Liu, C.; Fan, C.; Shen, Q.; Shao, S.; Zhang, L.; Zhou, Q. Effects of riverine suspended particulate matter on post-dredging metal re-contamination across the sediment–water interface. *Chemosphere* **2016**, *144*, 2329–2335. [[CrossRef](#)]
19. Liu, J.; Han, G. Tracing riverine particulate black carbon sources in Xijiang River basin: Insight from stable isotopic composition and Bayesian Mixing Model. *Water Res.* **2021**, *194*, 116932. [[CrossRef](#)]
20. Zhang, W.; Wei, X.; Jinhai, Z.; Yuliang, Z.; Zhang, Y. Estimating suspended sediment loads in the Pearl River Delta region using sediment rating curves. *Cont. Shelf Res.* **2012**, *38*, 35–46. [[CrossRef](#)]
21. Avila-Perez, P.; Zarazua, G.; Carapia-Morales, L.; Tejeda, S.; Diaz-Delgado, C.; Barcelo-Quintal, I. Evaluation of heavy metal and elemental composition of particles in suspended matter of the Upper Course of the Lerma River. *J. Radioanal. Nucl. Chem.* **2007**, *273*, 625–633. [[CrossRef](#)]
22. Zeng, J.; Han, G.; Yang, K. Assessment and sources of heavy metals in suspended particulate matter in a tropical catchment, northeast Thailand. *J. Clean. Prod.* **2020**, *265*, 121898. [[CrossRef](#)]
23. Liu, J.; Han, G. Major ions and $\delta^{34}\text{S}_{\text{SO}_4}$ in Jiulongjiang River water: Investigating the relationships between natural chemical weathering and human perturbations. *Sci. Total Environ.* **2020**, *724*, 138208. [[CrossRef](#)] [[PubMed](#)]
24. Kang, D.; Zheng, G.; Yu, J.; Chen, Q.; Zheng, X.; Zhong, J.; Zhang, Y.; Ding, H.; Zhang, Y. Hydropower reservoirs enhanced the accumulation of heavy metals towards surface sediments and aggravated ecological risks in Jiulong River Basin, China. *J. Soils Sediments* **2021**, *21*, 3479–3492. [[CrossRef](#)]
25. Liu, X.; Han, G.; Zeng, J.; Liu, J.; Li, X.; Boeckx, P. The effects of clean energy production and urbanization on sources and transformation processes of nitrate in a subtropical river system: Insights from the dual isotopes of nitrate and Bayesian model. *J. Clean. Prod.* **2021**, *325*, 129317. [[CrossRef](#)]
26. Maavara, T.; Chen, Q.; Van Meter, K.; Brown, L.E.; Zhang, J.; Ni, J.; Zarfl, C. River dam impacts on biogeochemical cycling. *Nat. Rev. Earth Environ.* **2020**, *1*, 103–116. [[CrossRef](#)]
27. Wang, W.-F.; Li, S.-L.; Zhong, J.; Maberly, S.C.; Li, C.; Wang, F.-S.; Xiao, H.-Y.; Liu, C.-Q. Climatic and anthropogenic regulation of carbon transport and transformation in a karst river-reservoir system. *Sci. Total Environ.* **2020**, *707*, 135628. [[CrossRef](#)]
28. Deng, L.; Liu, S.L.; Zhao, Q.H.; Yang, J.J.; Wang, C.; Liu, Q. Variation and accumulation of sediments and associated heavy metals along cascade dams in the Mekong River, China. *Environ. Eng. Manag. J.* **2017**, *16*, 2075–2087. [[CrossRef](#)]
29. Liang, B.; Han, G.; Liu, M.; Yang, K.; Li, X.; Liu, J. Source Identification and Water-Quality Assessment of Dissolved Heavy Metals in the Jiulongjiang River, Southeast China. *J. Coast. Res.* **2020**, *36*, 403–410. [[CrossRef](#)]
30. Liu, J.; Han, G. Controlling factors of seasonal and spatial variation of riverine CO₂ partial pressure and its implication for riverine carbon flux. *Sci. Total Environ.* **2021**, *786*, 147332. [[CrossRef](#)]
31. Liu, M.; Han, G. Distribution and fractionation of rare earth elements in suspended particulate matter in a coastal river, Southeast China. *PeerJ* **2021**, *9*, e12414. [[CrossRef](#)] [[PubMed](#)]
32. Qu, R.; Han, G.; Liu, M.; Yang, K.; Li, X.; Liu, J. Fe, Rather Than Soil Organic Matter, as a Controlling Factor of Hg Distribution in Subsurface Forest Soil in an Iron Mining Area. *Int. J. Environ. Res. Public Health* **2020**, *17*, 359. [[CrossRef](#)]
33. Li, X.; Han, G.; Liu, M.; Liu, J.; Zhang, Q.; Qu, R. Potassium and its isotope behaviour during chemical weathering in a tropical catchment affected by evaporite dissolution. *Geochim. Cosmochim. Acta* **2022**, *316*, 105–121. [[CrossRef](#)]
34. Li, R.; Tang, C.; Li, X.; Jiang, T.; Shi, Y.; Cao, Y. Reconstructing the historical pollution levels and ecological risks over the past sixty years in sediments of the Beijiang River, South China. *Sci. Total Environ.* **2019**, *649*, 448–460. [[CrossRef](#)] [[PubMed](#)]
35. Taylor, S.R.; McLennan, S.M. The geochemical evolution of the continental-crust. *Rev. Geophys.* **1995**, *33*, 241–265. [[CrossRef](#)]

36. Müller, G. Index of geoaccumulation in sediments of the Rhine River. *Geochem. J.* **1969**, *8*, 108–118.
37. Tomlinson, D.L.; Wilson, J.G.; Harris, C.R.; Jeffrey, D.W. Problems in the assessment of heavy-metal levels in estuaries and the formation of a pollution index. *Helgol. Meeresunters.* **1980**, *33*, 566–575. [[CrossRef](#)]
38. Li, M.; Zhang, Q.; Sun, X.; Karki, K.; Zeng, C.; Pandey, A.; Rawat, B.; Zhang, F. Heavy metals in surface sediments in the trans-Himalayan Koshi River catchment: Distribution, source identification and pollution assessment. *Chemosphere* **2020**, *244*, 125410. [[CrossRef](#)] [[PubMed](#)]
39. Gao, L.; Wang, Z.; Li, S.; Chen, J. Bioavailability and toxicity of trace metals (Cd, Cr, Cu, Ni, and Zn) in sediment cores from the Shima River, South China. *Chemosphere* **2018**, *192*, 31–42. [[CrossRef](#)]
40. Zhang, G.; Bai, J.; Zhao, Q.; Lu, Q.; Jia, J.; Wen, X. Heavy metals in wetland soils along a wetland-forming chrono sequence in the Yellow River Delta of China: Levels, sources and toxic risks. *Ecol. Indic.* **2016**, *69*, 331–339. [[CrossRef](#)]
41. MacDonald, D.D.; Ingersoll, C.G.; Berger, T.A. Development and evaluation of consensus-based sediment quality guidelines for freshwater ecosystems. *Arch. Environ. Contam. Toxicol.* **2000**, *39*, 20–31. [[CrossRef](#)] [[PubMed](#)]
42. Liang, B.; Han, G.; Liu, M.; Yang, K.; Li, X.; Liu, J. Distribution, Sources, and Water Quality Assessment of Dissolved Heavy Metals in the Jiulongjiang River Water, Southeast China. *Int. J. Environ. Res. Public Health* **2018**, *15*, 2752. [[CrossRef](#)] [[PubMed](#)]
43. Zeng, J.; Han, G.; Wu, Q.; Tang, Y. Heavy metals in suspended particulate matter of the Zhujiang River, Southwest China: Contents, sources, and health risks. *Int. J. Environ. Res. Public Health* **2019**, *16*, 1843. [[CrossRef](#)] [[PubMed](#)]
44. Rudnick, R.L.; Gao, S. Composition of the continental crust. In *The Crust; Treatise on Geochemistry*; Rudnick, R.L., Ed.; Elsevier-Pergamon: Oxford, UK, 2004; pp. 1–64. [[CrossRef](#)]
45. Nazeer, S.; Hashmi, M.Z.; Malik, R.N. Heavy metals distribution, risk assessment and water quality characterization by water quality index of the River Soan, Pakistan. *Ecol. Indic.* **2014**, *43*, 262–270. [[CrossRef](#)]
46. Wang, J.; Liu, G.; Liu, H.; Lam, P.K. Multivariate statistical evaluation of dissolved trace elements and a water quality assessment in the middle reaches of Huaihe River, Anhui, China. *Sci. Total Environ.* **2017**, *583*, 421–431. [[CrossRef](#)]
47. Kumar, A.; MMS, C.-P.; Chaturvedi, A.K.; Shabnam, A.A.; Subrahmanyam, G.; Mondal, R.; Gupta, D.K.; Malyan, S.K.; Kumar, S.S.; Khan, S.A.; et al. Lead Toxicity: Health Hazards, Influence on Food Chain, and Sustainable Remediation Approaches. *Int. J. Environ. Res. Public Health* **2020**, *17*, 2179. [[CrossRef](#)]
48. Wang, M.; Chen, Z.; Song, W.; Hong, D.; Huang, L.; Li, Y. A review on Cadmium Exposure in the Population and Intervention Strategies Against Cadmium Toxicity. *Bull. Environ. Contam. Toxicol.* **2021**, *106*, 65–74. [[CrossRef](#)]
49. Zeng, Y.; Bi, C.; Jia, J.; Deng, L.; Chen, Z. Impact of intensive land use on heavy metal concentrations and ecological risks in an urbanized river network of Shanghai. *Ecol. Indic.* **2020**, *116*, 106501. [[CrossRef](#)]
50. Zschau, T.; Getty, S.; Gries, C.; Ameron, Y.; Zambrano, A.; Nash, T.H. Historical and current atmospheric deposition to the epilithic lichen *Xanthoparmelia* in Maricopa County, Arizona. *Environ. Pollut.* **2003**, *125*, 21–30. [[CrossRef](#)]
51. Cai, L.-M.; Jiang, H.-H.; Luo, J. Metals in soils from a typical rapidly developing county, Southern China: Levels, distribution, and source apportionment. *Environ. Sci. Pollut. Res.* **2019**, *26*, 19282–19293. [[CrossRef](#)]
52. Li, Y.; Chen, H.; Teng, Y. Source apportionment and source-oriented risk assessment of heavy metals in the sediments of an urban river-lake system. *Sci. Total Environ.* **2020**, *737*, 140310. [[CrossRef](#)] [[PubMed](#)]
53. Xiao, J.; Wang, L.; Deng, L.; Jin, Z. Characteristics, sources, water quality and health risk assessment of trace elements in river water and well water in the Chinese Loess Plateau. *Sci. Total Environ.* **2019**, *650*, 2004–2012. [[CrossRef](#)] [[PubMed](#)]
54. Li, S.; Zhang, Q. Risk assessment and seasonal variations of dissolved trace elements and heavy metals in the Upper Han River, China. *J. Hazard. Mater.* **2010**, *181*, 1051–1058. [[CrossRef](#)] [[PubMed](#)]
55. Han, G.; Liu, C.-Q. Water geochemistry controlled by carbonate dissolution: A study of the river waters draining karst-dominated terrain, Guizhou Province, China. *Chem. Geol.* **2004**, *204*, 1–21. [[CrossRef](#)]