



Parvalbumin Neurons in Zona Incerta Regulate Itch in Mice

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Pain and itch are intricately entangled at both circuitry and behavioral levels. Emerging evidence indicates that parvalbumin (PV)-expressing neurons in zona incerta (ZI) are critical for promoting nocifensive behaviors. However, the role of these neurons in itch modulation remains elusive. Herein, by combining FOS immunostaining, fiber photometry, and chemogenetic manipulation, we reveal that ZI PV neurons act as an endogenous negative diencephalic modulator for itch processing. Morphological data showed that both histamine and chloroquine stimuli induced FOS expression in ZI PV neurons. The activation of these neurons was further supported by the increased calcium signal upon scratching behavior evoked by acute itch. Behavioral data further indicated that chemogenetic activation of these neurons reduced scratching behaviors related to histaminergic and non-histaminergic acute itch. Similar neural activity and modulatory role of ZI PV neurons were seen in mice with chronic itch induced by atopic dermatitis. Together, our study provides direct evidence for the role of ZI PV neurons in regulating itch, and identifies a potential target for the remedy of chronic itch.

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INTRODUCTION

Itch is an uncomfortable sensation that triggers the desire to scratch (Davidson and Giesler, 2010). While acute itch protects our body from irritants by scratching, chronic itch, often associated with dermatologic, neuropathic, psychogenic, and systemic disorders, leads to the vicious itch-scratch cycle. Chronic itch, affecting nearly 15% of the population, is the most frequent cause of visits to dermatologists and exerts a huge personal and economic burden (Greaves and Khalifa, 2004; Weisshaar and Matterne, 2016). Despite substantial antipruritics available in the clinic, optimal therapeutic effect is hampered by our inadequate understanding of itch pathophysiology (Tey and Yosipovitch, 2011).

It has long been appreciated that pain and itch are intricately entangled at both circuitry and behavioral levels, and prior efforts have been made to distinguish itch circuitry from that of pain at the level of primary afferents and spinal dorsal horn (SDH) (Dong and Dong, 2018; Koch et al., 2018; Chen, 2021). Accumulating imaging data have indicated that the interwoven network involved in itch processing, including primary sensory cortex (S1), limbic system, and thalamus, mimics the "pain matrix" (Treede et al., 1999; Drzezga et al., 2001; Schweinhardt and Bushnell, 2010; Papoiu et al., 2012). Emerging studies aiming at elucidating supraspinal itch circuitry have also identified the role of the ventral tegmental area (Yuan et al., 2018; Su et al., 2019), central amygdala (Sanders et al., 2019; Samineni et al., 2021), and periaqueductal gray (PAG)

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(Gao et al., 2019; Samineni et al., 2019) in itch modulation, all of which are involved in pain regulation (Peters et al., 2021; Tan and Kuner, 2021). Thus, brain mechanisms that signal itch and pain appear remarkably similar.

As an inhibitory subthalamic nucleus, zona incerta (ZI) integrates various sensory modalities and feeds them to a series of downstream areas, including the thalamus, hypothalamus, midbrain, and spinal cord, to modulate behavioral outputs and convey motivational states (Mitrofanis, 2005; Wang et al., 2020b). As yet, ZI has been demonstrated to regulate fear memory (Zhou et al., 2018; Venkataraman et al., 2019), defensive behavior (Chou et al., 2018; Wang et al., 2019), predatory hunting (Zhao et al., 2019), anxiety (Li et al., 2021), and sleep (Liu et al., 2017). Interestingly, ZI is also implicated in pain modulation. Neuropathic pain is related with decreased GABAergic neuronal activity in ZI, and pharmacological activation of ZI improves neuropathic pain behaviors in rats (Masri et al., 2009; Petronilho et al., 2012; Moon et al., 2016; Moon and Park, 2017). Considering that ZI contains heterogeneous groups of cell with diverse functions (Mitrofanis, 2005; Wang et al., 2020b). Wang et al. (2020a) further investigated the role of parvalbumin (PV)expressing neurons, a neuronal subset mainly residing in the ventral ZI (ZIv), in pain modulation, and observed that these neurons promote nocifensive behaviors. Nevertheless, it still remains unknown how ZI PV neurons encode and modify itch processing. Given the similarity in brain circuitry for pain and itch, we propose this neuronal subpopulation may participate in itch modulation.

Herein, we used morphological and optical imaging approaches, as well as chemogenetic manipulations to identify neural dynamics and functional roles of ZI PV neurons during itch processing in mice. The results showed that activation of these neurons inhibited scratching behaviors in mouse models of acute and chronic itch. Our results highlight novel cellular mechanisms of a diencephalic area underlying itch signaling and brain modulation of itch-related scratching behaviors.

MATERIALS AND METHODS

Experimental Animals

All mice used in this study were adult male with a pure C57BL/6J background. C57BL/6J mice were provided by Experimental Animal Center of the Fourth Military Medical University. PV-IRES-Cre (Stock No: 008069) mice were acquired from the Jackson Laboratory and crossed with wild-type C57BL/6J mice. Mice aged 9–10 weeks were used for FOS immunostaining, while those aged 7–8 weeks received virus injection for photometry recordings and chemogenetic manipulations. All tests were performed during the light phase. The experimenters were blinded to the genotype and experimental conditions. All mice were housed under a 12-h light/dark cycle at 22–25°C with *ad libitum* access to food and water under environmentally controlled conditions. All procedures were approved by the Institutional Animal Care and Use Committee of the Fourth Military Medical University and conformed to the Guide for the

Care and Use of Laboratory Animals published by the National Institutes of Health.

Itching Models

For pruritogen-induced acute itch, the mice were shaved on the back of neck and received intradermal injection of histamine (10 μ g/ μ L, Cat#: H7125, Sigma), chloroquine (10 μ g/ μ L, Cat#: C6628, Sigma), or vehicle (saline) into the nape of neck with a total volume of 10 μ L. The scratching behaviors were recorded with a digital camera for 30 min and the scratching bouts were counted in a blind manner.

Tropical application of calcipotriol to mouse skin recapitulated features of atopic dermatitis (AD) and was adopted in the present study as the chronic itch model (Kim et al., 2019). As previously reported (Kim et al., 2013), bilateral ear skin were tropically treated with the calcipotriol scalp solution (1.5 mg/30 mL, 30 μ L per side, LEO Laboratories Limited, Madison, NJ, United States) or vehicle (ethanol) for three consecutive weeks. Scratching behaviors were video recorded for 30 min after the final drug application to verify successful establishment of the model.

Stereotaxic Surgery

Mice were anesthetized with isoflurane (4% for induction and 1.5% for maintenance) and then mounted in a stereotaxic frame (RWD Life Science Inc., Shenzhen, China). The skull was exposed with a small incision and holes were drilled. Injection into ZIv was performed using a microinjection needle with a 10 µL microsyringe (Shanghai Gaoge Industry and Trade Co., Ltd., Shanghai, China) to deliver the virus at a rate of 30 nL/min using a microsyringe pump (Kd Scientific Inc., Holliston, MA., United States). The microsyringe had a glass pipette of 15-25 µm in diameter at the tip to avoid excessive tissue injury. Following injection, the needle was left in place for another 10 min before retraction. According to the Paxinos and Franklin mouse brain atlas (4th edition), the stereotaxic coordinates for virus injection in ZIv were set as follows: anterior posterior (AP), -2.46; medial lateral (ML), 1.50; and dorsal ventral (DV), -4.25 mm. For fiber photometry, fiber implantation (230 µm OD, 0.5 NA, Newdoon) was performed immediately after viral injection, and the dental acrylic and skull-penetrating screws were used to support the ceramic ferrule. The stereotaxic coordinates for implantation in ZIv were as follows: AP, -2.46; ML, 1.50; and DV, -4.23 mm.

For chemogenetic manipulation of ZI PV neurons, a 200 nL mixture of rAAV-EF1 α -DIO-hM3D(Gq)-mCherry-WPREs (titer: 2.36 × 10¹² vg/mL; Cat#: PT-0042, BrainVTA, China) or rAAV-EF1 α -DIO-hM4D(Gi)-mCherry-WPREs (titer: 2.40 × 10¹² vg/mL; Cat#: PT-0043, BrainVTA) was injected bilaterally into the ZI in PV-Cre mice, with rAAV-hSyn-DIO-EGFP-WPRE-hGHpA injected as the control. For recording the activity of ZI PV neurons, 200-nL of rAAV-hSyn-DIO-GCaMP6s-WPREs-pA (titer: 5.40 × 10¹² vg/mL; Cat#: PT-0091, BrainVTA) or rAAV-hSyn-DIO-EGFP-WPRE-hGHpA (titer: 2.31 × 10¹² vg/mL; Cat#: PT-1103, BrainVTA) was injected into the right ZI of PV-Cre mice.

Chemogenetic Manipulations and Behavioral Tests

The mice were allowed to recover for 3 weeks after chemogenetic virus injection before behavioral experiments. The mice were handled and acclimatized to the testing apparatus for at least 3 days prior to performing behavior tests. For acute itch stimuli, the mice were firstly intraperitoneally injected with 80 μ L clozapine N-oxide (CNO, 0.75 mg/mL, dissolved in saline, Cat#: 4936, Tocris, Bristo, United Kingdom). 40 min later, the mice received intradermal injection of histamine or chloroquine, and then were immediately transferred back to the recording cages. Then, the animals were videotaped for at least 30 min. The number of scratching behavior was manually counted. After behavioral tests, the mice were immediately perfused and those with viral expression restricted in the ZI were chosen for statistical analysis. FOS immunostaining was then performed to validate the efficacy of chemogenetics.

For chronic itch stimuli, the establishment of AD model was initiated immediately after viral injection. On the day of behavioral experiments, the mice were treated with CNO, and then placed in the recording cages where the recording started 40 min later and continued for 30 min. Other procedures were the same as those described under the condition of acute itch.

Fiber Photometry

The mice were allowed to recover for 3 weeks after the stereotaxic surgery. The mice were handled and acclimatized to the testing apparatus for at least 3 days prior to experimentation. For acute itch stimuli, the mice received histamine or chloroquine injection and then were immediately transferred back to the recording apparatus on the day of experimentation. For chronic itch stimuli, the establishment of AD model was performed immediately after viral injection. On the day of behavioral test, the mice were placed in the recording apparatus. Fluorescence signals produced by a 473 nm laser (OBIS 488LS; Coherent) was reflected by a dichroic mirror (MD498; Thorlabs, Inc., Newton, MA, United States), focused by a 0.3 NA x10 objective lens (Olympus, Japan), and coupled to an optical commutator (Doris Lenses, Canada). An optical fiber (230 µm OD, 0.5 NA) guided the light between the implanted optical fiber and the commutator. The laser power was adjusted to 0.01-0.02 mW at the tip of the optical fiber for minimizing bleaching of the GCaMP6s probes. The GCaMP6s fluorescence signals were bandpass filtered (MF525-39, Thorlabs, Inc., Newton, MA, United States), and an amplifier was used to convert the CMOS (DCC3240M, Thorlabs, Inc., Newton, MA, United States) current output to a voltage signal. The voltage signal was further filtered through a low-pass filter (40 Hz cutoff, ThinkerTech). The analog voltage signals were digitalized at 50 Hz and recorded by the multichannel fiber photometry recording system (ThinkerTech). The fluorescence signals were recorded continuously during scratching. After behavioral tests, the mice were perfused. Viral injection and fiber implantation were confirmed post doc, and animals with incorrect locations were excluded from final analyses.

For data analysis, fluorescence change (Δ F/F) was represented by (F-F₀)/F₀. F₀ referred to the median of the fluorescence values

in the baseline period, while F referred to the fluorescence values of each time point. The $\Delta F/F$ values of mice in each group were then averaged. To precisely analyze the change in fluorescence values across the scratching train, the baseline period and the post-scratching period were defined as -2 to -1 s relative to the scratching onset and 0-3 s after the onset of scratching behaviors, respectively. The areas under the curve (AUC) of Δ F/F in each time window defined were also adopted to quantify the change of fluorescence values induced by scratching. In addition, permutation tests were performed for analyzing the statistical significance of the event-related fluorescence change (ERF) (Li et al., 2016). Permutation tests with 1000 permutations were used to compare the fluorescence change at each time point of events with the baseline ERF. A series of statistical P-values at each time point were then generated and the statistical results were superimposed on the average ERF curve with red segments indicating statistically significant (P < 0.05) increase. Non-significant changes were shown as black lines.

Immunofluorescent Staining

The mice were anesthetized with overdose of 2% pentobarbital sodium, and perfused transcardially with 20 ml of 0.01 M phosphate buffer saline (PBS, pH 7.4), followed by 100 ml 4% paraformaldehyde (PFA) fixative solution in 0.1 M phosphate buffer (PB, pH 7.4). After perfusion, their brains were removed, placed in 30% sucrose solution for 24 h at 4°C, and then cut into coronal sections at 30 µm thickness with a cryostat (Leica CM 1950, Leica Microsystems Inc., United States). The sections containing ZI were used for immunostaining. Briefly, the sections were incubated in 10% normal donkey serum (NDS) for 40 min at room temperature (RT) to block non-specific immunoreactivity, and then incubated with primary antibodies at 4°C overnight and secondary antibodies at RT for 4 h in sequence. Finally, the sections were air-dried and cover-slipped with a mixture of 0.1% (v/v) DAPI (Cat#: d9564, Sigma), 50% (v/v) glycerol and 2.5% (w/v) triethylenediamine in 0.01 M PBS. Photomicrographs for injection sites were taken using Olympus VS200 microscope $(10\times)$, and confocal images were taken using Olympus FV3000 microscope. Cell counting was carried out manually in a blinded manner.

For examination of FOS expression in the ZI, C57BL/6J mice received intradermal injection of histamine or chloroquine, and then were placed into original rearing cages for 90 min before being perfused. The AD model mice were acclimatized in the rearing cages for 90 min and then sacrificed. The primary antibodies used for double immunofluorescence staining of FOS and PV were mouse anti-PV (1:200, Cat#: p3088, Sigma) and rabbit anti-c-fos (1:500, Cat#: 226008, Synaptic systems). The secondary antibodies were donkey anti-mouse IgG-Alexa 594 (1:500, Cat#: A21203, Invitrogen) and donkey anti-rabbit IgG-Alexa 488 (1:500, Cat#: ab150073, Abcam). For the analysis of FOS expression in different ZI subregions, 10 × confocal images of the ZI area were taken, and the number of FOSimmunoreactive (ir) neurons in the rostral ZI (ZIr), ZIv, the dorsal ZI (ZId), and the caudal ZI (ZIc) was counted from each mouse (three sections for each region per mouse) in different groups. For the analysis of FOS expression in ZI PV

neurons, 20 \times confocal images were taken, and the number of neurons expressing FOS or PV were counted from three sections for each mouse.

For verifying the specificity of GCaMP6s expression in PV neurons, PV immunostaining was performed in the ZI from three sections randomly selected from each mouse (n = 3) transduced with the Cre-dependent GCaMP6s protein. The primary antibody and the second antibody were rabbit anti-PV (1:200, Cat#: ab11427, Abcam) and donkey anti-rabbit IgG-Alexa 594 (1:500, Cat#: A21206, Invitrogen), respectively. 20 × confocal images were taken and the number of neurons expressing GCaMP6s-mCherry or PV was counted.

To determine whether hM3Dq was selectively expressed in PV neurons, PV immunostaining was performed in the ZI from three sections randomly selected from each mouse (n = 3) transduced with the Cre-dependent hM3Dq protein. The primary antibody and the second antibody were rabbit anti-PV and donkey anti-rabbit IgG-Alexa 488, respectively. 20 × confocal images were taken and the number of neurons expressing hM3Dq-mCherry or PV was counted.

For verifying the efficacy of chemogenetics, FOS immunostaining was performed in the ZI from three sections randomly selected from each mouse (n = 3) transduced with the Cre-dependent hM3Dq-mCherry or mCherry alone. The primary antibodies used was rabbit anti-c-fos, and the secondary antibody was donkey anti-rabbit IgG-Alexa 488. 20× confocal images were taken and the number of neurons expressing hM3Dq-mCherry or FOS was counted.

Statistical Analysis

All data were expressed as the mean \pm SEM. Statistical tests were performed using GraphPad Prism 7 and MATLAB 2018b (MathWorks). The normality test were performed using Kolmogorov–Smirnov test. For the analysis of immunofluorescent and behavioral data, one-way ANOVA with a *post hoc* least significant difference (LSD) test, Kruskal–Wallis test and Nemenyi multiple comparisons tests, or an unpaired *t*-test was used. For fiber photometry data, repeated measure ANOVA was firstly performed. If significant main effects were found, a simple effect analysis was performed. P < 0.05 was considered statistically significant.

RESULTS

Increased FOS Expression in the Ventral ZI Neurons Under the Condition of Acute and Chronic Itch Stimuli

FOS is widely utilized as a biomarker of neuronal activation upon external sensory stimuli (Coggeshall, 2005). Herein, we performed FOS immunostaining in brain sections containing the ZI 90 min after acute itch stimuli, or 21 days after the initiation of calcipotriol administration when the mice exhibited robust spontaneous scratching behavior. The successful establishment of acute (**Supplementary Figures 1A,B**) and chronic (**Supplementary Figures 1C,D**) models was verified by recordings of mouse scratching behavior. Since the ZI is a long diencephalic nucleus along the rostro-caudal axis, we counted the number of FOS-ir neurons in the rostral, dorsal, ventral, and caudal parts of ZI in mice among control, histamine and chloroquine groups. Quantification data showed that acute itch stimuli specifically increased the number of FOS-ir neurons in the ZIv (control: 31.17 ± 8.01 , histamine: 69.00 ± 5.68 , and chloroquine: 77.50 ± 2.93 ; P = 0.003) (Figures 1A,B), and no change in the number of FOS-expressing neurons was seen in other subregions. For chronic itch stimuli, a significant increase in FOS-expressing neurons was also seen in the ZIv (control: 27.83 ± 3.44 , AD: 58.67 ± 5.49 ; P = 0.009), but not in other parts of ZI (Figures 1C,D). These results provide evidence for the activation of the ZIv upon both acute and chronic itch stimuli, laying morphological basis for subsequent investigations of ZI PV neurons in itch processing.

Zona Incerta Parvalbumin Neurons Are Activated During Acute Itch Processing

The ZI has a wealthy cluster of neuro-chemically distinct neurons, among which GABAergic PV neurons are mainly located in the ZIv (Mitrofanis, 2005). The modulatory role of ZI PV neurons in nocifensive behavior has been identified (Wang et al., 2020a). For these reasons, we focused on the role of this neuronal subpopulation in itch processing. A combination of PV and FOS immunostaining was firstly performed to test the activation of ZI PV neurons after introduction of acute itch stimuli. As illustrated in **Figures 2A,C**, the majority of these neurons were accumulated in the ZIv, with a few scattered in the ZId. Notably, a higher proportion of ZI PV neurons expressed FOS under the condition of both histamine and chloroquine stimuli, compared with the control group (control: $1.40 \pm 0.72\%$, histamine: $27.12 \pm 7.02\%$, and chloroquine: $24.14 \pm 2.66\%$; P < 0.001).

Next, to quantify physiological activities of these neurons related with acute itch-evoked scratching, we stereotaxically injected rAAVs expressing the Cre-dependent GCaMP6s (AAV-DIO-GCaMP6s) into the ZI of PV-Cre mice, with rAAVs containing only a fluorescent tag served as controls, and implanted an optical fiber with its tip situated in the ZI for long-term recordings of GCaMP6s fluorescence via fiber photometry (Figures 3A-C). GCaMP6s expression in PV neurons was confirmed post doc using PV immunostaining (Figure 3D), and 90.66 \pm 2.38% GCaMP6s-expressing neurons were labeled by PV. Three weeks after virus injection, the mice were injected with histamine. By aligning GCaMP6s signals in time with scratching trains, we observed that the calcium fluorescence of ZI PV neurons of GCaMP6s group was significantly increased, which initiated at 0.10 \pm 2.45 s and continued until 5.13 \pm 1.57 s in the post-onset period, compared with that in control group (Figures 3E-H). To extend above observations to histamine-independent itch, we investigated the effect of chloroquine injection and obtained similar responses in these neurons. This increase occurred from 0.16 ± 0.28 s to 4.08 ± 0.71 s in the post-scratching period (Figures 3I-L). In summary, these data suggest that ZI PV neurons exhibit rapid and strong activation during acute itchinduced scratching.



FIGURE 1 | Acute itch stimuli and Chronic itch stimuli increase FOS expression in the ZIv. (A) Representative images of FOS staining in the ZI after saline (the upper panel), histamine (the middle panel), and chloroquine (the lower panel) injection. Scale bar = 200 μ m. (B) Quantification of FOS-expressing neurons in response to saline, histamine, and chloroquine injection showed both histamine and chloroquine stimuli increased FOS expression in the ZIv instead of other ZI subregions. *n* = 3 mice per group, three sections per mouse. One-way ANOVA with *post hoc* LSD test for multiple comparisons. For the analysis in ZIv, *F*(2,6) = 17.378, *P* = 0.003. (C) Representative images of FOS staining in the ZI in control (the upper panel) and AD (the lower panel) mice. Scale bar = 200 μ m. (D) Quantification of FOS-expressing neurons in control and AD mice showed AD increased FOS expression in the ZIv instead of other ZI subregions. *n* = 3 mice per group, three sections per mouse. Unpaired *T*-test. For the analysis in ZIv, *t* = -4.759, *P* = 0.009. ZIr, the rostral ZI; ZIv, the ventral ZI; ZId, the dorsal ZI; ZIc, caudal ZI; AD, atopic dermatitis. **P* < 0.05, ***P* < 0.01.

Chemogenetic Activation of Zona Incerta Parvalbumin Neurons Attenuates Acute Itch-Induced Scratching

To further characterize the precise role of ZI PV neurons in acute itch processing, chemogenetic manipulations of these neurons were performed. We targeted them by local injection of rAAVs delivering a construct containing excitatory (hM3Dq) or inhibitory (hM4Di) designer receptor fused with EYFP into bilateral ZI of PV-Cre mice. The mice injected with rAAV-DIO-EYFP served as controls (**Figures 4A,B**). Immunostaining results showed that 91.23 \pm 3.78% mCherry-labeled neurons expressed PV in the ZI (**Figure 4C**). In addition, CNO treatment



increased FOS expression in ZI PV neurons of hM3Dq group compared to control group (control: $1.25 \pm 0.31\%$, hM3Dq: $51.14 \pm 1.60\%$; P < 0.001) (Figures 4D,E). These immunostaining data suggest the reliability and efficiency of modulating the activity of ZI PV neurons with chemogenetics. Behavioral data showed that pharmacogenetic activation of ZI PV neurons greatly attenuated mouse scratching behavior induced by histamine (EYFP group: 71.00 ± 5.54 , hM3Dq group: 13.28 ± 4.26 , and hM4Di group: 63.17 ± 6.78 ; P = 0.001) and chloroquine (EYFP group: 154.71 ± 23.13 , hM3Dq group: 29.00 ± 3.73 , and hM4Di group: 171.43 ± 31.82 ; P < 0.001), whereas the inhibition of these neurons exerted no effect on scratching behavior (Figures 4F,G). Given above, ZI PV neurons negatively regulate scratching behaviors evoked by acute itch.

Zona Incerta Parvalbumin Neurons Regulate Chronic Itch-Induced Scratching

To further analyze whether ZI PV neurons are also involved in chronic itch, we established a mouse model of AD induced by calcipotriol. Immunostaining results showed that chronic itch stimuli increased FOS expression in ZI PV neurons (control: $3.77 \pm 2.07\%$, AD: $25.29 \pm 2.25\%$; P = 0.002) (**Figures 2B,D**). We obtained similar results as in acute itch using fiber photometry, indicating that ZI PV neurons displayed a rapid increase in

GCaMP6s fluorescence which closely matched with the onset of each scratching train (from 0.78 ± 0.18 s to 7.36 ± 1.42 s in the post-scratching period) in mice with AD (**Figures 5A-F** and **Supplementary Figure 2A**). As expected, chemogenetic activation of ZI PV neurons induced an apparent decrease in the number of scratching in AD mice, while the inhibition of these neurons did not influence the scratching behavior (EYFP group: 87.00 ± 5.37 , hM3Dq group: 14.25 ± 3.95 , and hM4Di group: 82.83 ± 8.36 ; P < 0.001) (**Figures 5G-I** and **Supplementary Figures 2B-D**). Taken together, ZI PV neurons also negatively regulate scratching behaviors evoked by chronic itch.

DISCUSSION

Our study showed that ZI PV neurons displayed elevated activity related to acute itch-induced scratching. Chemogenetic activation of ZI PV neurons attenuated scratching behavior induced by both histamine and chloroquine. These phenomena were also seen under the condition of AD-induced chronic itch. These results together suggest that ZI PV neurons act as an endogenous negative modulatory center during itch stimuli.

Pain and itch are two opposing sensations. Pain attenuates itch sensation, and the suppression of pain could enhances itch (Ma, 2010; LaMotte et al., 2014). This was originally attributed to distinct neural circuit mechanisms at the spinal level (Davidson and Giesler, 2010). Then, subsequent evidence identified



FIGURE 3 Increased activity of 21 PV neurons during acture itch-induced scratching behavior. (A) The incer photometry setup. (B) Schematic showing the viral targeting of AAV-DIO-GCaMP6s-EYFP and AAV-DIO-EYFP into the ZI of PV-Cre mice. (C) Histological verification of viral expression (green) and optical fiber implantation in the ZI in a representative mouse. (D) Representative photographs showing the expression of PV (red) in GCaMP6s-positive (green) neurons in the ZI of PV-Cre mice. The framed area in d1 was magnified in d2-4. Scale bars represent 100 μ m in d1 and 50 μ m in d2-4. (E) Representative GCaMP6s fluorescence trace (top) and behavioral trace (bottom) recorded simultaneously in ZI PV neurons in response to histamine nijection. (F) Heatmap illustrating GCaMP6s fluorescence aligned to the beginning of individual scratching trains in all the mice in response to histamine stimuli. Each row represents Ca²⁺ signals corresponding to one scratching train. The color scale at the right indicates Δ F/F. (G) Mean fluorescent signal in response to histamine stimuli in all the mice recorded, with shaded areas indicating the SEM. The black and gray lines represent the signals of PV ZI neurons in mice with AAV-GCaMP6s and AAV-EYFP injection, respectively. The red line represents statistically significant increase from the baseline (P < 0.05; multivariate permutation test). The vertical dotted line indicates the scratching bout. (H) Area under the curve showing fluorescence changes of ZI PV neurons in the mice with AAV-GCaMP6s and AAV-EYFP injection in both pre-scratching and post-scratching periods under the condition of histamine stimuli. Repeated ANOVA followed by simple effects analysis. n = 5 mice in EYFP group and 6 mice in GCaMP6s group, F(1,9) = 27.892, P = 0.001. (I–L) Same conventions as (E–H) but for recording in response to chloroquine stimuli. n = 5 mice in EYFP group and 6 mice in GCaMP6s group, F(1,9) = 36.586, P < 0.001. **** P < 0.001. **** P < 0.01. PMT, photomultiplier.

several supra-spinal structures related to this phenomenon. Spinal-projecting neurons in the S1 exert inhibitory effects on itch transmission *via* spinal inhibitory interneurons, but facilitate mechanical allodynia *via* spinal excitatory interneurons during neuropathic pain (Liu et al., 2018; Wu et al., 2021). Pain and itch are also subject to opposing descending modulation. The activation of PAG glutamatergic neurons

suppresses nociception but facilitates itch (Samineni et al., 2017, 2019). This phenomenon may be owing to the dual modulation of downstream 5-HT signaling in itch and pain during the vicious itch-scratching cycle. Scratching could elicit pain, and consequently result in the activation of 5-HT neurons in the RVM. The released 5-HT acts upon two SDH neuronal subpopulations. Those expressing $5-HT_{1A}R$ alone



three sections per mouse. Unpaired *T*-test. t = -14.44, P < 0.001. (F,G) Chemogenetic activation of ZI PV neurons reduces scratching behaviors induced by histamine (F) and chloroquine (G), while inhibition of them exerts no effect on scratching behaviors. One-way ANOVA with *post hoc* LSD test for multiple comparisons. For the analysis of histamine-induced itch, F(2,6) = 10.599, P = 0.001. n = 6 mice in EGFP and hM4Di groups and 7 in hM3Dq group. For the analysis of chloroquine-induced itch, F(2,6) = 13.341, P < 0.001. n = 6 mice in EGFP and hM4Di groups and 7 in hM3Dq group. n = 7 mice in EGFP and hM4Di groups and 8 in hM3Dq group. ***P < 0.001.



AV-DIO-EYFP into the ZI of PV-Cre mice with AD. (B) Histological verification of viral expression (green) and optical fiber implantation in the ZI in a representative mouse. (C) Representative GCaMP6s fluorescence trace (top) and behavioral trace (bottom) recorded simultaneously in ZI PV neurons in response to calcipotriol injection. (D) Heatmap illustrating GCaMP6s fluorescence aligned to the beginning of individual scratching trains in all the mice in response to calcipotriol stimuli. Each row represents Ca^{2+} signals corresponding to one scratching train. (E) Mean fluorescent signal in response to calcipotriol stimuli in all the mice recorded, with shaded areas indicating the SEM. The black and gray line represent the signals of PV ZI neurons in mice with AAV-GCaMP6s and AAV-EYFP injection, respectively. The red line represents statistically significant increase from the baseline (P < 0.05; multivariate permutation test). (F) Area under the curve showing fluorescence changes of ZI PV neurons in mice with AAV-GCaMP6s and AAV-EYFP injection in both pre-scratching and post-scratching periods under the condition of calcipotriol stimuli. Repeated ANOVA followed by simple effects analysis. n = 4 mice in EYFP group and 6 mice in GCaMP6s group, F(1,8) = 14.355, P < 0.01. (G) Schematic illustration of viral injection in mice with AAD for chemogenetic modulation of ZI PV neurons. (H) Histological verification of viral expression within ZI in a representative mouse with AAV-DIO-hM3Dq-mCherry injection. Scale bar = 250 µm. (I) Chemogenetic activation of ZI PV neurons reduces scratching behaviors induced by calcipotriol injection, while the inhibition of them exerts no effect on scratching behaviors. One-way ANOVA with *post hoc* LSD test for multiple comparisons. F(2,6) = 49.27, P < 0.001. n = 7, 8, and 6 in EGFP, hM3Dq, and hM4Di group, respectively. ***P < 0.001, **P < 0.01.

inhibit nociceptive processing, while the others expressing both gastrin releasing peptide receptor and 5-HT_{1A}R facilitate itch transmission (Zhao et al., 2014). Herein, we identify a novel diencephalic area that affects itch and pain in opposing manners, and the activation of ZI PV neurons facilitates nocifensive behaviors (Wang et al., 2020a) but inhibits itch processing as seen in the present study. Distinct downstream neural pathways or postsynaptic neuronal types may mediate these opposing effects.

The unidirectional modulatory effect of ZI PV neurons adds the complexity of neurocircuitry mechanisms underlying itch processing. As shown in the present study, the activation of ZI PV neurons inhibits both histamine and chloroquine induced scratching, however, the inhibition of them fails to enhance scratching behavior. One possible explanation for this phenomenon is that as an exogenous, non-physiological manipulation way during itch stimuli, chemogenetic inhibition of these neurons may recruit other itch-suppressing pathways in a compensatory style, which masked the itch-facilitatory effect induced by decreased ZI PV neuronal activities themselves.

ZI provides massive projections toward various cortical and subcortical regions, including the S1, intra-laminar and higherorder thalamic nuclei, PAG, anterior pretectal nucleus, pontine reticular nucleus, and RVM (Mitrofanis, 2005; Zhao et al., 2019). Among them, the posterior thalamic nucleus (Po) represents a potential target of ZI for pain processing. Incertal neurons participate in a feed forward inhibitory circuit that blocking sensory transmission through Po, and neuropathic pain is associated with reduced ZI activity and consequently increased Po activity (Trageser and Keller, 2004; Masri et al., 2009). In addition, the activation of ZI-Po pathway mediates the analgesic effects of motor cortex stimulation (Cha et al., 2013). Emerging evidence suggest that Po mediates histaminergic itch (Zhu et al., 2020) and ZIv PV neurons send GABAergic projections to Po (Wang et al., 2020a). Thus, incertal projections toward Po might mediate the anti-pruritus effect of ZIv PV neurons. It is worth mentioning that PAG also receives inputs from ZIv PV neurons (Wang et al., 2020a). It is plausible that the descending PAG-RVM-SDH pathway may subserve the distinct roles of ZIv PV neurons in the modulation of itch and pain.

As a highly heterogenous nucleus, ZI possesses diverse neuronal types with capacity to release neurotransmitters including GABA, glutamate, and neuropeptides (Kolmac and Mitrofanis, 1999; Mitrofanis et al., 2004). ZI GABAergic neurons are abundant in number, which could be further divided by the expression of somatostatin, vasopressin, and PV (Watson et al., 2014). Distinct ZI sectors or neuronal types display diverse connectivity patterns and contribute to multiple roles of ZI in various physiological functions (Mitrofanis, 2005). Despite early studies indicating ZI as an integrative hub for global regulation of physiological behaviors, in-depth dissections of contributions of specific subpopulations were not emphasized until in recent researches with state-of-the-art tract tracing and activity manipulation techniques (Mitrofanis, 2005; Wang et al., 2020b). For instance, the activation of ZIr GABAergic neurons reduced defensive behavior via direct projections toward PAG (Chou et al., 2018), which was opposite to that of activating ZIv PV neurons devoid of projections to PAG (Wang et al., 2019). In the domain of pain research, early studies based on nonspecific manipulations of ZI activity suggest the antinociceptive role of ZI (Masri et al., 2009; Petronilho et al., 2012; Moon et al., 2016; Moon and Park, 2017), which might be mediated by ZId/r subpopulations that receive glutamatergic inputs from midcingulate cortex (Hu et al., 2019). However, ZI PV neurons positively control nocifensive behavior via the incerta-thalamic circuit (Wang et al., 2020a). Herein, although the inhibitory role of ZI PV neurons during itch processing was identified, we did not know whether other subpopulations were engaged in itch behaviors. It would be exciting to explore whether and how (including circuit and molecular mechanisms) other subpopulations are involved in itch regulation in the future.

Chronic itch renders a challenging symptom for clinicians to manage. Although many novel treatments including immunomodulators and drugs targeting at the neural system are identified, frustrated voices concerning its efficacy never diminish, owing to the lack of evidence from large-scale controlled trials as well as adverse effects (e.g., somnolence and weight gain) (Yosipovitch et al., 2018). In the absence of ideal antipruritics, neuromodulation emerges as a promising alternative for refractory itch disorders. Emerging neural targets have been identified along pruritic transmission or modulation pathway, including the spinal cord (Hill and Paraiso, 2015) and the sensorimotor cortex (Knotkova et al., 2013; Nakagawa et al., 2016; Thibaut et al., 2019). There is an ever-growing body of efforts, indicating the importance of ZI stimulation in clinical settings. Deep brain stimulation of ZI has been demonstrated to improve akinesia and bradykinesia in patients with Parkinson's disease (Voges et al., 2002), proximal tremor in patients with multiple sclerosis (Nandi et al., 2002), as well as obsessive symptoms in patients with obsessive compulsive disorder (Mallet et al., 2002). Interestingly, Lu et al. (2021) noticed changes of human perception of experimental heat pain in subthalamic DBS patients, supporting ZI as a potential target for pain modulation. Herein, we showed that ZI PV neurons negatively regulate scratching behaviors evoked by chronic itch. These data may lay preclinical basis for the application of ZI stimulation in the treatment of pharmaco-resistant itch.

This study is not without flaws. Firstly, it is unknown whether pain and itch activate the same population of ZI PV neurons. This issue could be addressed by *in vivo* miniscope, miniature two-photon imaging or multi-channel extracellular recordings (de Groot et al., 2020; Zhang et al., 2021), which helps determine whether individual ZI PV neuron responds to both pain and itch stimuli. In addition, the utilization of the targeted recombination in active populations system in Fos-CreER transgenic mice (Sanders et al., 2019) allows to determine whether selective manipulation of itching-responsive ZI neurons influences pain behaviors. Secondly, nocifensive responses induced by scratching may also activate PV neurons in the ZI. To selectively detect neuronal activity by itch stimuli, a neck collar should be used to avoid scratching-induced activation.

CONCLUSION

In summary, our data revealed a novel role of ZI PV neurons in controlling itch signal processing. These knowledge would extend our understanding of central mechanisms underlying itch sensation and provide clues to intervention strategies for chronic itch.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The animal study was reviewed and approved by the Institutional Animal Care and Use Committee of the Fourth Military Medical University.

AUTHOR CONTRIBUTIONS

JH and SW conceived and designed the experiments, conceived the study, analyzed the data, and revised the manuscript. JL, YB, and YL performed the experiments, analyzed the data, and wrote the manuscript. QZ, YWZ, DL, YYZ, and JL assisted with animal studies and histology. JL, JG, and GC performed and interpreted the data and statistical analyses. HT analyzed the data and revised the manuscript. All authors read and approved the final manuscript.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fnmol. 2022.843754/full#supplementary-material

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