

# New genetic findings in schizophrenia: is there still room for the dopamine hypothesis of schizophrenia?

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Marcella Rietschel, Division of Genetic Epidemiology in Psychiatry, Central Institute of Mental Health, J5, 68159 Mannheim, Germany. e-mail: marcella.rietschel@ zi-mannheim.de Schizophrenia is a highly heritable disorder, but the identification of specific genes has proven to be a difficult endeavor. Genes involved in the dopaminergic system are considered to be major candidates since the "dopamine hypothesis" of impairment in dopaminergic neurotransmission is one of the most widely accepted hypotheses of the etiology of schizophrenia. The overall findings from candidate studies do provide some support for the "dopamine hypothesis." However, results from the first systematic genome-wide association (GWA) studies have implicated variants within *ZNF804A*, *NRGN*, *TCF4*, and variants in the MHC region on chromosome 6p22.1. Although these genes may not immediately impact on dopaminergic neurotransmission, it remains possible that downstream impairments in dopaminergic function are caused. Furthermore, only a very small fraction of all truly associated genetic variants have been detected and many more associated variants will be identified in the future by GWA studies and alternative approaches. The results of these studies may allow a more comprehensive re-evaluation of the dopamine hypothesis.

Keywords: schizophrenia, heritability, genetic variants, linkage study, candidate gene, genome-wide association study, CNV, dopamine hypothesis

## **INTRODUCTION**

Schizophrenia is a severe psychiatric disorder with a lifetime prevalence that ranges between 0.5% and 1%. Many aspects of its etiology and pathophysiology remain poorly understood despite extensive research. The considerable contribution made by genetic factors to the vulnerability to schizophrenia is, however, well recognized. The heritability of schizophrenia is around 80%, and a first degree relative has a 5- to 10-fold increase in the risk of developing the disorder compared to the risk for the general population (Cardno and Gottesman, 2000; Sullivan et al., 2003). Beside genetic factors, environmental factors are also involved in the etiology of the disease. We will briefly review the formal genetic evidence available for schizophrenia and then provide an overview of the most significant molecular genetic findings, with an emphasis on how the latest findings obtained using array-based technologies have challenged our understanding of the genetic architecture underlying schizophrenia. We will also discuss how these new approaches may assist in comprehensively re-examining pathophysiological hypotheses such as the dopamine hypothesis of schizophrenia.

## FORMAL GENETIC STUDIES

A large number of studies have demonstrated that schizophrenia runs in families and that the average life time risk for first degree relatives is 10% (compared to a life time prevalence of approximately 1% in the general population). Certain features show particularly high familiality, such as age and mode of onset, the course of the disorder, the degree of impairment during the disorder, premorbid functioning, psychomotor deficiency, disorganization, and manic features (Wickham et al., 2001, 2002). Family studies are able to

demonstrate that a disorder, or a specific symptom of a disorder, runs in families. However, they can not distinguish whether the familial aggregation is due to environmental or genetic factors since family members share some of their genes as well as many elements of their environment. In order to separate environmental from genetic factors, twin and adoption studies are conducted. Twin studies compare the rate of concordance between monozygotic (MZ) twins and dizygotic (DZ) twins. On average, DZ twins share 50% of their genes, as is the case with other non-twin siblings. Both kind of twins normally share a large fraction of their environment, and typically more so than other siblings or relatives. If there is a genetic contribution, the concordance rate for a genetically affected disorder should be higher for MZ than for DZ twins. Almost all of the twin studies of schizophrenia conducted to date have shown a higher concordance rate in MZ twins (40-65%) than in DZ twins (0-28%) which indicates a clear genetic component to its etiology (Cardno et al., 1999; Cardno and Gottesman, 2000; Kringlen, 2000). Further evidence that schizophrenia is genetically transmitted has been obtained from adoption studies which have shown that the biological relatives of schizophrenia patients have a higher risk of developing the disorder (Lowing et al., 1983; Kendler and Gruenberg, 1984; Kety, 1987; Kendler et al., 1994; Kety et al., 1994; Tienari et al., 2000, 2003). However, adoption studies have also demonstrated that the adopted-away children of mothers with schizophrenia only have a higher risk of developing the disorder when other psychological abnormalities are present in the adoptive family (Tienari et al., 2000, 2003; Wynne et al., 2006). Children of healthy biological parents who are adopted by a family with parents affected by schizophrenia do not themselves have an increased risk of developing the disorder. These studies demonstrate the influence of genetic factors on the vulnerability to schizophrenia, but they also clearly demonstrate that environmental factors contribute substantially to the manifestation of the disorder. Individuals with schizophrenia often suffer from other co-morbid psychiatric conditions. Epidemiological studies have revealed an increased prevalence of depression, anxiety disorders, and substance abuse disorders in schizophrenia patients compared to the general population (for review see Buckley et al., 2009). There is also substantial evidence for an overlap between schizophrenia and bipolar disorder. For example, relatives of patients with bipolar disorder have an increased risk of developing schizophrenia and vice versa (Valles et al., 2000; Cardno et al., 2002; Maier et al., 2002; Laursen et al., 2009; Lichtenstein et al., 2009; Van Snellenberg and de Candia, 2009).

### **MOLECULAR GENETIC STUDIES**

Linkage and association studies have been conducted to attempt to identify the genetic factors on a molecular level (Figure 1). In association studies there are two complementary approaches. The first approach is based on candidate genes that are either selected because the chromosomal region harboring the gene has been previously identified, e.g. in systematic linkage analyses (positional candidates), or because the selected gene fits into a specific a priori hypothesis regarding the underlying pathophysiology (functional candidates). The second approach does not depend on any pre-existing hypothesis or knowledge of a specific gene or gene region. Instead, the whole genome is investigated systematically for risk variants (genome-wide association study; GWA study). Until recently, a systematic, genome-wide screen was only possible in linkage studies, which search for a correlation between genetic markers and affection status in families with multiple affected members and which require the genotyping of only a few hundred genetic markers. In the past, association studies focused exclusively on candidate genes, but advances in genotyping technology and progress in understanding the genetic variability of the human genome now permit use of the systematic, genome-wide screen.

The various approaches used to investigate schizophrenia and their results will now be presented and discussed.

#### LINKAGE STUDIES

Linkage studies aim to discover genomic regions that are co-transmitted with the disorder in families with several affected members. Systematic, family based genome-wide linkage studies are extremely successful in detecting rare variants with strong effects on the etiology of the disorder. This approach has been applied effectively to discover genetic factors underlying monogenic Mendelian diseases such as Huntington's disease (Gusella et al., 1983). However, this method is less effective in discovering genes that contribute only moderately to the etiology of a complex, heterogeneous disorder. In complex disorders, the presence of a specific vulnerability gene may not even be necessary. In their landmark paper, Risch and Merikangas (1996) calculated the number of families (affected sib pairs) required to demonstrate linkage. If gene effects are small, a dramatic reduction in the excess allele sharing between affected sibs will result, and very large samples will be necessary to demonstrate linkage. Meta-analyses of linkage scans attempt to overcome limitations in statistical power by combining data from various independent studies. These analyses have provided evidence for loci on 2q, 5q, 8p, 13q, and 22q (Badner and Gershon, 2002; Lewis et al., 2003; Ng et al., 2009).

Interestingly, various genomic loci that are shared between schizophrenia and bipolar affective disorder have been reported. The best supported regions are 13q and 22q (Badner and Gershon, 2002).

### **ASSOCIATION STUDIES – CANDIDATE GENES**

Association studies are usually conducted using a case–control design, and they are performed in order to detect alleles that have an altered frequency in unrelated patients as compared to unrelated control subjects. Association studies have a greater power than linkage studies to detect common risk alleles with small effects (Risch and Merikangas, 1996). In order to conduct a systematic association screen covering the whole genome, it is necessary to genotype hundreds of thousands of polymorphisms. Until recently, systematic association approaches were not possible due to limitations in genotyping technology and limited knowledge of the variability of the human genome, and previous association studies therefore focused exclusively on candidate genes.

The functional candidate gene approach is restricted by our limited knowledge of the biological pathways underlying the etiology of schizophrenia. However, one of the most common and widely accepted hypotheses is the "dopamine hypothesis." This proposes that a dysfunction in the dopaminergic neurotransmitter system, which leads to a reduced dopamine concentration in cortical regions and to an excess of dopamine in striatal areas of the brain, is involved in the pathogenesis of schizophrenia (for review see Howes and Kapur, 2009). Genes involved in dopaminergic neurotransmission such as the dopamine transporter 1 (DAT1), dopamine receptor 1-5 (DRD1-5), and catechol-O-methyltransferase (COMT) are therefore major candidates for genetic association studies. Variants in these genes have been found to be associated with schizophrenia in independent studies (e.g. Sivagnanasundaram et al., 2000; Shifman et al., 2002; Jönsson et al., 2003; Staddon et al., 2005; Shi et al., 2008; Talkowski et al., 2008), although none of these findings have been unequivocally accepted since there has been insufficient evidence across studies (e.g. Jönsson et al., 2001, 2004; Georgieva et al., 2002; Serretti et al., 2004; Okochi et al., 2009).

To facilitate the interpretation of the many association findings in schizophrenia, a regularly updated online database of all published genetic association studies for schizophrenia ("SzGene") has been created (http://www.schizophreniaforum.org/res/sczgene/ default.asp). The group of researchers that set up the database has also performed meta-analyses in at least four independent casecontrol samples for all polymorphisms with available genotype data (Allen et al., 2008). Across 118 meta-analyses, a total of 24 genetic variants in 16 different genes (APOE, COMT, DAO, DRD1, DRD2, DRD4, DTNBP1, GABRB2, GRIN2B, HP, IL1B, MTHFR, PLXNA2, SLC6A4, TP53, and TPH1) showed nominally significant effects with average summary odds ratios of approximately 1.23. Using recently proposed criteria for the assessment of cumulative evidence in genetic association studies, the authors characterized four of the significant results, including DRD1, as showing "strong" epidemiological credibility.



genetic variants underlying monogenic disorders caused by rare variants with large effects. Association studies aim to detect common variants that make only a small contribution to the disorder. The detection of rare variants with only small phenotypic effects is difficult since sequencing of large numbers of patients and controls is necessary and (prohibitively) large samples sizes are required for association testing (adapted from McCarthy et al., 2008). \*SNPs with a minor allele frequency <1% are typically not included in arrays used for genome-wide association studies.

Candidate gene based association studies have also identified susceptibility genes that may increase the risk for both schizophrenia and bipolar disorder. These genes include *DISC1*, *DTNBP1*, *COMT*, *NRG1*, and *DAOA* (*G72/G30*) (for review see Craddock et al., 2005, 2006; Owen et al., 2007). The strongest support for a transcategorical overlap has been reported for *G72/G30*, a gene in the 13q candidate region (Chumakov et al., 2002; Schumacher et al., 2004; Jamra et al., 2006). For some of the loci and genes described above, detailed analysis has shown that the association is due to subgroups of patients who suffer from symptoms that are common to both disorders. An association of *G72/G30* with schizophrenia and bipolar disorder, for example, was found to be mediated mainly by bipolar patients with psychotic symptoms (Schulze et al., 2005).

#### **GENOME-WIDE ASSOCIATION STUDIES**

It is now possible to perform association studies on a genomewide scale [up to 1,000,000 single nucleotide polymorphisms (SNPs)] as a result of improved understanding of the variability

of the human genome (e.g. HapMap Project, International HapMap Consortium, 2003) and advances in array technology for multiplex genotyping. GWA studies identify frequent SNPs that are associated with common complex disorders. Association between diseases and SNPs with low minor allele frequencies usually remain undetected since these SNPs are not well represented on currently available arrays. A major difficulty in evaluating the results of GWA studies is the issue of multiple testing. The testing of up to 1,000,000 SNPs for their association with a disease leads to many false positive findings, and it is necessary to correct for multiple testing to achieve the level of genome-wide significance. The level of genome-wide significance depends on the number of SNPs analyzed, and the threshold is approximately  $5 \times 10^{-8}$ for the GWA-chips that are used currently (660,000-1,000,000 SNPs) (Dudbridge and Gusnanto, 2008; Hoggart et al., 2008; Pe'er et al., 2008). This correction method is very conservative since the association findings of each SNP are considered to be independent, and the haplotype structure of the genome is not taken into account. Although conservative correction for multiple testing reduces the risk of false positive findings, it hampers the detection of true association signals with small effects on the risk for schizophrenia.

Successful GWA studies have been conducted for several common, complex diseases including diabetes type 2, myocardial infarction, breast cancer, and Crohn's disease (for all published studies see http:// www.genome.gov/gwastudies/). The first GWA studies for schizophrenia have now been reported (Mah et al., 2006; Lencz et al., 2007; O'Donovan et al., 2008; Shifman et al., 2008; Sullivan et al., 2008; Kirov et al., 2009b; Need et al., 2009; International Schizophrenia Consortium, 2009; Shi et al., 2009; Stefansson et al., 2009). The results of these studies are shown in **Table 1** and are summarized below.

Three of these studies used pooled DNA samples (Mah et al., 2006; Shifman et al., 2008; Kirov et al., 2009b). This cost-effective method is effective in identifying disease genes (e.g. Liu et al., 2005; Johnson et al., 2006), although it is less sensitive than individual genotyping due to measurement errors in DNA quantification and results in reduced power. A further limitation of this method is that the evaluation of data is limited to the study of (estimated) allele frequencies at the level of individual SNPs. It cannot detect effects of haplotypes, interaction between SNPs, and effects of genotypes that do not show up in allele frequency differences. The best supported variants in these studies did not achieve genome-wide significance (Mah et al., 2006; Shifman et al., 2008; Kirov et al., 2009b) (see Table 1).

The first GWA study of schizophrenia based on individual genotyping used a sample of only 178 cases and 144 controls (Lencz et al., 2007). The best hit was a variant in the vicinity of the colony-stimulating factor-2 receptor alpha (CSF2RA) gene, but this did not reach genome-wide significance (Lencz et al., 2007). The second GWA study based on individual genotyping included a larger sample of 738 patients and 733 controls. This study also failed to find any genome-wide significant association, although a few signals coincided with genomic regions implicated previously in schizophrenia (Sullivan et al., 2008). O'Donovan et al. (2008) performed their initial GWA study using a moderately sized sample of 479 patients. However, they enhanced the statistical power by conducting a follow-up study of 12 markers associated with a *p*-value  $\leq 10^{-5}$  in a much larger sample. Three of these 12 markers showed strong evidence for replication ( $p \le 5 \times 10^{-4}$ ). However, their best supported variant failed to achieve the level of genomewide significance (Table 1). The highest ranking SNP from this study is located in an intron of the zinc finger protein 804A gene (ZNF804A), a putative transcription factor. This had been neither investigated nor implicated in the risk for schizophrenia. The case sample was then extended to include bipolar patients and the pvalue for the total sample of major psychosis patients surpassed the level of genome-wide significance ( $p = 9 \times 10^{-9}$ ). The International Schizophrenia Consortium (2009) has subsequently replicated the association between ZNF804A and schizophrenia, and ZNF804A is therefore a promising true susceptibility gene for schizophrenia. Need et al. (2009) performed an initial GWA study of 871 schizophrenia patients and 863 controls and then followed up their best hits in a replication sample of 1460 cases and 12,995 controls. However, they failed to detect any association signal that could withstand correction for multiple testing.

Three recent multicenter studies may have heralded a breakthrough in GWA studies of schizophrenia. None of the initial findings from these three studies surpassed the level of genomewide significance. However, a meta-analysis of the best hits on European-ancestry data from these three studies and the inbuild replication study by Stefansson et al. identified a cluster of genomewide significant SNPs in substantial LD in the MHC region on chromosome 6p22.1 (International Schizophrenia Consortium, 2009; Shi et al., 2009; Stefansson et al., 2009). These results may implicate the immunological system in the pathogenesis of schizophrenia. Stefansson et al. (2009) also found that a variant upstream of neu*rogranin* (*NRGN*;  $p = 2.4 \times 10^{-9}$ ) and a SNP in *transcription factor* 4 (*TCF4*;  $p = 4.1 \times 10^{-9}$ ) achieved genome-wide significance. These findings demonstrate that the use of large samples can overcome the limitations in the power of GWA studies to detect common risk variants for complex psychiatric disorders.

The International Schizophrenia Consortium study showed that the SNPs which failed to reach genome-wide significance included some true genetic risk factors. Firstly, variations across nominally associated loci were summarized into quantitative scores in a discovery case-control study. Aggregate risk scores for individuals in independent case-control samples were then calculated. Score alleles designated in the discovery sample were significantly enriched among replication cases. The International Schizophrenia Consortium also showed that the same "set of score alleles" distinguished bipolar cases from controls, thus providing support for the hypothesis that there is a genetic overlap between schizophrenia and bipolar disorder. Although these SNPs explained only approximately 3% of the variance in schizophrenia risk, this can be regarded as the first molecular genetic evidence in support of the theory of the polygenic inheritance of schizophrenia (International Schizophrenia Consortium, 2009).

Can the GWA data be used to re-evaluate major pathophysiological hypotheses of schizophrenia such as the dopamine hypothesis? Data obtained from GWA studies offer great opportunities for addressing such key questions. Firstly, to test a certain pathophysiological hypothesis, the relevant data can be extracted (e.g. SNP data from genes involved in dopaminergic neurotransmission) and specifically tested for association with the diagnosis of schizophrenia. The number of statistical tests can be greatly reduced in comparison to genome-wide analyses, reducing the necessary correction factor applied for multiple testing, and this approach thus enables the identification of smaller genetic effects. Secondly, it is possible that dopaminergic dysfunction may emerge as a downstream consequence of genetic variation in the (non-canonical) candidate genes identified in GWA studies, thereby reconciling the seemingly inconsistent findings that genetic associations with dopaminergic pathway genes are rather weak, whereas "higher level" (e.g. neuroimaging) findings linking dopamine to psychosis are robust.

# SMALL CHROMOSOMAL ABERRATIONS

Small chromosomal aberrations (copy number variations, genomic imbalances) may confer a risk for schizophrenia, as with the 22q11.2 Deletion Syndrome (22q11.2 DS). This common microdeletion syndrome presents with congenital and late-onset features including a high risk for neuropsychiatric diseases (up to

Table 1 | Published genome-wide association studies for schizophrenia: all schizophrenia GWA studies published to date are shown. The number of

variants investigated, the best associated SNP(s) found and the gene(s) containing that SNP(s), the corresponding *p*-value(s) and the number of cases and controls in the discovery and the replication/meta-analysis sample are all given.

Study	# SNPs analyzed	Supported variant	Supported gene	<i>p</i> -value discovery	# Samples discovery	<i>p</i> -value combined	# Samples replication/ meta analysis
Mah et al. (2006)	~25,000	rs752016	plexin A2 (PLXNA2)	0.006	320 cases, 325 controls	0.035	200 cases, 230 controls (EA)
Lencz et al. (2007)	~500,000	rs4129148	colony stimulating factor, receptor 2 alpha (CSF2RA)	3.7 × 10 <sup>-7</sup>	178 cases, 144 controls		
Sullivan et al. (2008)	~500,000	rs4846033		$4.4 \times 10^{-6}$	738 cases, 733 controls		
O'Donovan et al. (2008)	~500,000	rs1344706	zink finger protein 804A (ZNF804A)	1.8 × 10 <sup>-6</sup>	479 cases, 2937 controls	1.6 × 10 <sup>-7</sup>	7308 cases, 12834 controls
Shifman et al. (2008)	~500,000	rs7341475	reelin (RELN)	$2.9 \times 10^{-5}$ (in females)	745 cases, 2644 controls	$8.8 \times 10^{-7}$ (in females)	2274 cases, 4401 controls
Kirov et al. (2009b)	~550,000	rs11064768	coiled coiled domain containing 60 (CCDC60)	1.2 × 10 <sup>-6</sup>	574 trios		
Need et al. (2009)	~550,000	rs2135551	ADAMTS like 3 (ADAMTSL3)	1.3 × 10 <sup>-6</sup>	871 cases, 863 controls		1460 cases, 12995 controls
Shi et al. (2009)	~600,000	rs13025591	ArfGAP with GTPase domain, ankyrin repeat and PH domain 1 (AGAP1)	4.6 × 10⁻ <sup>7</sup> (in EA)	2681 cases, 2653 controls (EA); 1286 cases, 973 controls (AA)		
		rs1851196	v-erb-a erythroblastic leukemia viral oncogene homolog 4 (avian) (ERBB4)	2.1 × 10 <sup>-6</sup> (in AA)			
		rs9272219 rs9272535 rs13194053	major histocompatibility complex (MHC) cluster of histone protein genes			6.9 × 10 <sup>-8</sup> 8.9 × 10 <sup>-8</sup> 9.5 × 10 <sup>-9</sup>	8008 cases 19077 controls (EA)
International Schizophrenia Consortium (2009)	~1,000,000	rs5761163	myosin XVIIIB (MYO18B)	3.4 × 10 <sup>-7</sup>	3322 cases, 3587 controls		8008 cases, 19077 controls
		rs13194053	major histocompatibility complex (MHC)			9.5 × 10-⁰	
Stefansson et al. (2009)	~300,000	5 variants	major histocompatibility complex (MHC)		2663 cases, 13498 controls	1.1 × 10 <sup>-9</sup> 1.4 × 10 <sup>-12</sup>	12945 cases, 34591 controls
		rs12807809	neurogranin (NRGN)			2.4 × 10-⁰	
		rs9960767	transcription factor 4 (TCF4)			4.1 × 10-⁰	

Genome-wide significant findings are highlighted in bold.

EA, European Ancestry Individuals; AA, African American Individuals.

a 25% risk for schizophrenia) (Karayiorgou et al., 1995; Bassett et al., 2005). Attempts to correlate the occurrence of schizophrenia with the extent of the deletion in these patients have been unsuccessful. An increase in the susceptibility to schizophrenia may involve the altered expression of several genes within the 22q11.2 region (Meechan et al., 2007; Sivagnanasundaram et al., 2007), and this may explain the lack of replicable results from studies aiming to implicate individual genes from the deletion region as general susceptibility genes for schizophrenia (Glaser et al., 2006).

The availability of new technologies such as comparative genomic hybridization and SNP-arrays in GWA studies has enabled the identification of small chromosomal aberrations on a genome-wide scale. The first such studies of schizophrenia found increased overall rates of aberrations (Walsh et al., 2008; Xu et al., 2008). More recent studies have implicated specific chromosomal regions. These include microdeletions in chromosomal regions 1q21.1, 2p16.3, 15q11.2, and 15q13.3, as well as microduplication in chromosomal region 15q13.1 (International Schizophrenia Consortium, 2008; Kirov et al., 2009a; Need et al., 2009; Rujescu et al., 2009). All of these variants are found more frequently among patients than among controls, although the frequency of each individual variant in schizophrenia patients is low (<1%). Further studies are necessary to determine the penetrance, the mutation rate, and the full phenotypic spectrum associated with these aberrations. Some variants appear to be more frequent in patients with other central nervous system phenotypes such as mental disability, epilepsy, and autism (Mefford et al., 2008; Ben-Shachar et al., 2009; Helbig et al., 2009; Miller et al., 2009). This suggests that these disorders may have common etiological factors.

As illustrated by the difficulties encountered in identifying the causative gene/s in the 22q11.2 region, identification of the causative genes in the newly implicated chromosomal regions may not be straightforward. Perhaps the most promising gene implicated to date is the *neurexin 1* gene (*NRXNA1*), which is located in the deleted region on chromosome 2p16. Smaller chromosomal aberrations that specifically affect this gene have already been identified (Kirov et al., 2008; Vrijenhoek et al., 2008; Rujescu et al., 2009).

## OUTLOOK

It is well established that schizophrenia is a highly heritable, complex disease. Our understanding of its underlying pathophysiology, however, remains limited. Until recently, the systematic genome-wide search for genetic risk factors was only possible through linkage approaches, with the limitation of insufficient power to detect genes with small effects. GWA studies overcome this limitation, and the first GWA studies of schizophrenia have now been published with many more being expected to follow. In addition, large meta-analyses to increase the statistical power are currently under way. The identification of risk genes will provide a vast array of possibilities to be pursued in further research into the underlying causes of schizophrenia. One of the variants highlighted in a GWA study, the SNP in the *ZNF804A* gene, for example, was subsequently investigated using a functional neuroimaging approach. Esslinger et al. (2009) were able to show that risk allele carriers have reduced connectivity in the dorsolateral prefrontal cortex (DLPFC), and an increased connectivity between the DLPFC and the hippocampus formation, as well as between the amygdala and other brain regions. Disturbed interactions between different brain regions have previously been described as endophenotypes underlying schizophrenia (e.g. Meyer-Lindenberg et al., 2005; Stephan et al., 2006). This demonstrates that studies that combine genetic data and intermediate phenotype findings have enormous potential for increasing our understanding of the impact of specific functions of the human brain on the development of disease. Besides functional neuroimaging studies, other promising intermediate phenotypes include structural neuroimaging, gene expression in the post-mortem brain, cognitive function and behavioral and physiological measures (for review see Bray, 2008; Gallinat et al., 2008; Prasad and Keshavan, 2008; Dean et al., 2009).

Another approach that can be applied following the initial identification of a susceptibility gene is reverse phenotyping (Schulze et al., 2005; Rietschel et al., 2008). Reverse phenotyping systematically identifies the phenotypic features that show the strongest association with the genetic risk factor identified in genetic studies. It is of great interest to understand the spectrum (or cluster) of phenotypes that are associated with a specific genetic risk factor since this means that they are causally linked and that shared biological pathways contribute to their development. In the future, the genetic data may also be used to improve the definition of the phenotype in the clinical setting.

The GWA data will be an extremely valuable resource for a variety of future studies. These will include analytical approaches such as gene-based approaches, pathway analysis, and convergent functional genomics which aim to detect additional susceptibility genes with greater power (Le-Niculescu et al., 2009; Treutlein et al., 2009). In particular, pathway-based approaches will allow the systematic re-evaluation of major pathophysiological hypotheses of schizophrenia such as the dopamine hypothesis.

The GWA studies have taught us that common susceptibility variants confer only a small individual risk and are likely to account for only a limited proportion (International Schizophrenia Consortium, 2009) of the overall genetic risk factors underlying schizophrenia. Some of the rare CNVs described recently contribute more strongly to individual risk than the common SNPs that have been found to be associated with schizophrenia. At present, it is only possible to detect novel CNVs spanning at least several thousand base pairs using DNA-microarray-chips. It will be necessary to apply other approaches such as the re-sequencing of candidate regions or whole genome sequencing to detect CNVs involving fewer base pairs (or even all rare single nucleotide substitutions). If the genetic effect of such variants is not very strong, however, very large sample sizes will be required to ensure sufficient statistical power to detect association with disease.

In the light of recent findings, the genetic approach can finally be considered to have started to deliver what it has promised for a number of years. The identification of genes associated with schizophrenia is already beginning to substantially increase our knowledge of its underlying pathophysiology. Is there still room for the dopamine hypothesis of schizophrenia when recent genetic findings are taken into consideration? The performance of GWA studies has led to the identification of previously unknown and largely unexpected genes. It is possible that genetic variants in risk genes identified in GWA studies lead to downstream impairments in dopaminergic function. It is also important to remember that only a very small fraction of all truly associated variants have been detected and that many more associated variants will be identified in the future. These will include already known variants

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