



Review

Mitochondria in acute myocardial infarction and cardioprotection

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ABSTRACT

Acute myocardial infarction (AMI) and the heart failure (HF) that often follows are among the leading causes of death and disability worldwide. As such, new treatments are needed to protect the myocardium against the damaging effects of the acute ischaemia and reperfusion injury (IRI) that occurs in AMI, in order to reduce myocardial infarct (MI) size, preserve cardiac function, and improve patient outcomes. In this regard, cardiac mitochondria play a dual role as arbiters of cell survival and death following AMI. Therefore, preventing mitochondrial dysfunction induced by acute myocardial IRI is an important therapeutic strategy for cardioprotection. In this article, we review the role of mitochondria as key determinants of acute myocardial IRI, and we highlight their roles as therapeutic targets for reducing MI size and preventing HF following AMI. In addition, we discuss the challenges in translating mitoprotective strategies into the clinical setting for improving outcomes in AMI patients.

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1. Introduction

Ischaemic heart disease (IHD) is the leading cause of death worldwide, accounting for 9 million deaths each year [1]. It can present emergently as an acute myocardial infarction (AMI), in which rupture of a coronary atheromatous plaque, causes an acute thrombotic occlusion of the coronary artery, severely restricting or completely blocking blood flow to the myocardium, thereby depriving cardiomyocytes of oxygen and nutrients (termed acute myocardial ischaemia), and resulting in cardiomyocyte death. The treatment of choice for AMI is to remove the thrombotic occlusion and restore coronary blood flow (termed acute myocardial reperfusion) as soon as possible using coronary angioplasty and stenting (termed percutaneous coronary intervention [PCI]), in order to reduce acute ischaemic injury to the heart. Despite timely PCI, AMI patients still experience significant mortality and morbidity, and therefore new treatments are needed to protect the myocardium from the detrimental effects of acute myocardial ischaemia and reperfusion injury (IRI) in order to limit myocardial infarct (MI) size, preserve cardiac function, and prevent the onset of heart

failure (HF), a significant cause of disability, in terms of symptoms, and hospital re-hospitalisation.

Mitochondrial dysfunction during acute IRI is a critical determinant of cell death following AMI, given the crucial role that mitochondria play in generating the 6 kg/day of ATP required to maintain normal heart contractile function, and allow the heart to beat 100,000 times a day [2]. Therefore, preventing mitochondrial dysfunction induced by acute myocardial IRI is an important therapeutic strategy for cardioprotection. In this article, we provide an overview of mitochondria in acute myocardial IRI, and highlight their role as therapeutic targets for reducing MI size and preventing HF following AMI. Recent attempts to translate cardioprotective strategies that target mitochondria, into the clinical setting for the benefit of AMI patients, have been hugely disappointing, and we discuss in this article the challenges facing the clinical translation of mitoprotective therapies, and the potential solutions for overcoming this.

2. The role of mitochondria in acute myocardial ischaemia/reperfusion injury

The deprivation of oxygen and nutrients supply to cardiomyocytes at the onset of acute myocardial ischaemia in AMI patients,

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triggers a series of severe biochemical and metabolic perturbations in the cardiomyocyte, many of which impact adversely on mitochondrial function and ATP production [3]. Cellular metabolism switches from mitochondrial oxidative phosphorylation to anaerobic glycolysis resulting in the intracellular build-up of lactate and accumulation of protons, which lowers intracellular pH to <7.0 during acute myocardial ischaemia (Fig. 1). The build-up of intracellular protons activates the Na^+/H^+ ion exchanger, which in turn extrudes protons from the cell, in exchange for Na^+ entry, and together with a reduction in Na^+/K^+ ATPase activity due to ATP depletion, intracellular Na^+ overload ensues. As a result, the $\text{Na}^+/\text{Ca}^{2+}$ ion exchanger acts in reverse mode in an attempt to remove surplus Na^+ , but this results in intracellular and subsequent mitochondrial Ca^{2+} overload as the cell tries to extrude Na^+ [3].

In the first few minutes of acute myocardial reperfusion, further biochemical and metabolic changes occur that include further mitochondrial Ca^{2+} overload, oxidative stress, rapid pH correction, and opening of the mitochondrial permeability transition pore (MPTP) [3]. These changes compound the detrimental effects induced by acute myocardial ischaemia, and act in concert to induce mitochondrial dysfunction and cardiomyocyte death – a phenomenon which has been termed acute myocardial reperfusion injury and has been shown to contribute to final MI size (Fig. 1) [3]. Reperfusion induces further intracellular and mitochondrial Ca^{2+} overload due to disruption of the plasma membrane, oxidative stress-induced damage to the sarcoplasmic reticulum, and mitochondrial re-energisation, which allows the recovery of the mitochondrial membrane potential to drive the entry of Ca^{2+} into mitochondria via the mitochondrial Ca^{2+} uniporter (MCU). The molecular identification of the MCU [4], and the mitochondrial $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCX), which mediates mitochondrial calcium extrusion [5], may result in the discovery of a new class of specific inhibitors for reducing acute myocardial IRI in AMI.

At the onset of reperfusion, a burst of oxidative stress, is produced by the re-energisation of mitochondria, which induces cardiomyocyte death through a number of different mechanisms including MPTP opening [3]. Experimental and clinical studies have reported mixed results with anti-oxidant therapy administered at the onset of myocardial reperfusion, potential reasons for which include the inability of anti-oxidants to enter the cell and reach mitochondria. In this regard, the discovery of mitochondria-targeting anti-oxidants such as MitoQ which has been shown to reduce MI size following acute myocardial IRI may be a more effective approach to cardioprotection in the clinical setting [6]. MitoQ has been shown to reduce reactive oxygen species (ROS) production at the onset of reperfusion in experimental studies of acute myocardial IRI [7], and to protect the heart during transplantation-induced IRI in a mouse model [8]. In the clinical setting, MitoQ has been shown to have some beneficial effects in patients with hepatitis C, another medical condition characterised by oxidative stress [9]. Experimental studies have reported that the citric acid cycle intermediate, succinate, accumulates during acute myocardial ischaemia, and metabolism of succinate at the onset of reperfusion via reverse transport through mitochondrial complex I, generates ROS, making succinate a potential target for cardioprotection [10]. Interestingly, patients presenting with AMI have been shown to have elevated plasma levels of succinate, confirming the relevance of ischaemic accumulation of succinate in the clinical setting [11]. Chouchani et al. [12] have also shown that mitochondria-selective S-nitrosating agent, MitoSNO, reduced MI size in mice by selective S-nitrosation of Cys39 on the ND3 subunit of mitochondrial complex I, and slowing the reactivation of mitochondrial complex I at the onset of reperfusion, thereby decreasing ROS production.

During acute myocardial ischaemia, intracellular pH decreases to <7.0 , whereas at reperfusion, physiological pH is rapidly restored by the wash-out of lactate and the activation of the Na^+/H^+ exchanger and the $\text{Na}^+/\text{HCO}_3^-$ symporter [3]. The rapid pH correction at

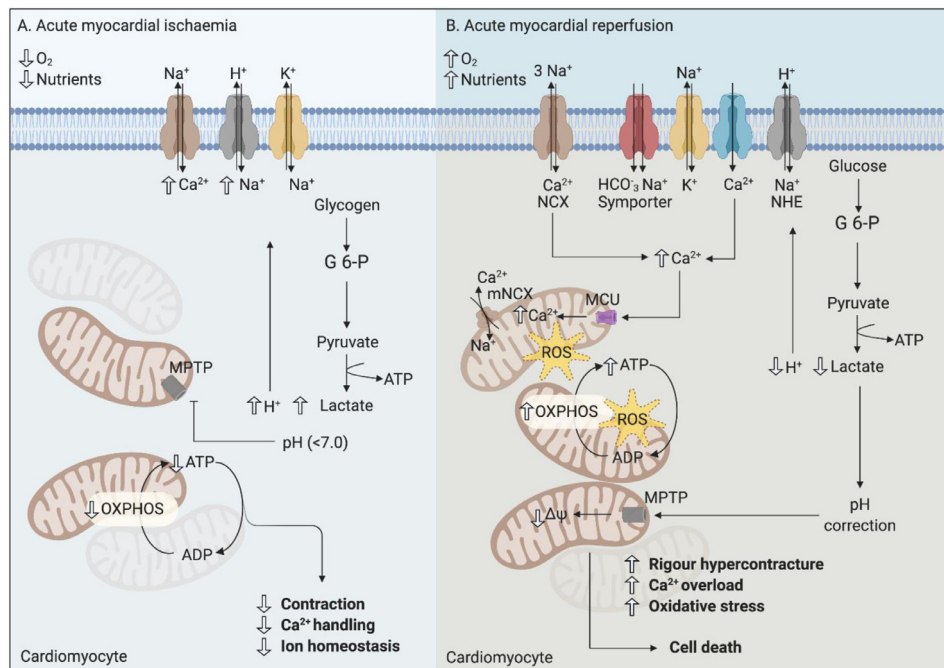


Fig. 1. Biochemical and metabolic perturbations during acute myocardial ischaemia and reperfusion injury (A) During acute myocardial ischaemia, the absence of oxygen and nutrients switches cell metabolism to anaerobic glycolysis which leads to the production of lactate, accumulation of protons, and a fall in pH (which inhibits MPTP opening). This in turn, results in intracellular sodium and calcium overload. (B) At myocardial reperfusion, the availability of oxygen and nutrients allows mitochondrial re-energisation leading to further mitochondrial calcium overload, and production of oxidative stress which together with the rapid correction of pH, induces opening of the MPTP, rigour hypercontracture, and cell death. Glucose 6-phosphate, G 6-P; oxidative phosphorylation, OXPHOS; the sodium-calcium exchanger, NCX; mitochondrial sodium-calcium exchanger, mNCX; Na^+/H^+ exchanger, NHE; mitochondrial permeability transition pore, MPTP; reactive oxygen species, ROS.

reperfusion contributes to the cardiomyocyte death of myocardial reperfusion injury by permitting MPTP opening, and inducing cardiomyocyte rigour hypercontracture in the first few minutes of reperfusion (Fig. 1). The normalisation of physiological pH as a cardioprotective strategy to prevent acute myocardial reperfusion injury can be achieved by reperfusion of ischaemic animal hearts with acidic buffer [13], using pharmacological inhibitors of the Na⁺/H⁺ exchanger [14], or by interrupting myocardial reperfusion with the endogenous cardioprotective strategy of ischaemic postconditioning (see later section) [15].

The presence of factors (such as age) and co-morbidities present in AMI patients (such as obesity, metabolic syndrome and diabetes) are known to affect cardiac mitochondrial function, and impact on both the susceptibility to acute myocardial IRI, and the efficacy of cardioprotective therapies (see later sections) [16]. Importantly, many of the factors responsible for myocardial reperfusion injury such as mitochondrial calcium overload, oxidative stress, ATP depletion and rapid pH correction converge on the MPTP, making the latter a critical target for cardioprotection.

3. Targeting the mitochondrial permeability transition pore for cardioprotection

The MPTP is a large non-selective channel, that on opening at reperfusion, allows ions and solutes of up to 1.5 kDa to cross the inner mitochondrial membrane (IMM), resulting in mitochondrial swelling, mitochondrial membrane depolarisation, uncoupling of oxidative phosphorylation, ATP depletion, and cell death, primarily by necrosis [17]. Current evidence suggests that the F₀F₁ATPase may be directly involved in MPTP formation, with two different models being proposed – one based on the c subunit of F₀F₁ATPase [18], and the other, positing a role for F₀F₁ATPase oligomers and dimers in MPTP formation [19].

In the setting of acute myocardial IRI, the MPTP has been shown to remain closed during ischaemia due to the acidic conditions that prevail in cardiomyocytes at this time. MPTP inhibition by H⁺ appears to be mediated by the highly conserved histidyl residue (H112) of the oligomycin sensitive protein subunit of mitochondrial F₀F₁ATPase [20]. The MPTP only opens in the first few minutes of reperfusion, in response to mitochondrial Ca²⁺ overload, oxidative stress, ATP depletion, and rapid pH correction [17]. Therefore, therapeutic strategies that target these MPTP-inducing factors during acute myocardial IRI can indirectly inhibit MPTP opening at the time of reperfusion and limit MI size. In aged and obese animal models, it has been shown that disturbances in mitochondrial function and increased susceptibility to MPTP opening act to increase MI size following acute myocardial IRI [21,22].

The administration of known pharmacological MPTP inhibitors (such as cyclosporine-A, [CsA] which targets cyclophilin D) at the onset of myocardial reperfusion has been reported in experimental studies to reduce MI size by 40–50% in animal MI models, although not all experimental studies have been positive [17]. Further studies are needed to identify the molecular components of the MPTP, in order that more potent and specific MPTP inhibitors can be discovered and tested as new mitoprotective therapies. In summary, experimental studies support a role for the MPTP as an important therapeutic target for preventing lethal myocardial reperfusion injury. However, although inhibiting MPTP opening using CsA at the time of reperfusion has been tested in AMI patients undergoing PCI, the results have been disappointing (see later section) [23,24]. MPTP opening at reperfusion can also be indirectly inhibited by improving cellular bioenergetics and limiting oxidative stress, by elevating levels of creatine and phosphocreatine levels to increase ATP availability, which has been demonstrated in mice over-expressing creatine transporter within the heart [25].

In addition to MPTP-induced cell death, a number of other mitochondria-dependent cell death pathways have been shown to contribute to cardiomyocyte death during acute myocardial IRI, including apoptosis, mitophagy, necroptosis, pyroptosis and ferroptosis, providing critical targets for cardioprotection (Fig. 2) [26]. Mitochondrial outer membrane permeabilisation (MOMP) at the time of reperfusion results in mitochondrial cytochrome C-mediated apoptotic cell death, which has been shown to occur primarily during reperfusion. Inhibiting mitochondrial cytochrome C release and caspase activation has been shown to limit MI size [26]. Necroptosis, a form of regulated necrotic cell death mediated by the receptor-interacting serine/threonine-protein kinase 3 (RIP3)-phosphoglycerate mutase family member 5 (PGAM5) pathway, contributes to acute myocardial IRI, and mediates cell death through Ca²⁺-calmodulin-dependent protein kinase (CaMKII)-induced MPTP opening [27], and Drp1-dependent mitochondrial fission [28]. Pharmacological inhibition of RIP1 and RIP3 have been shown to be cardioprotective in animal MI models [29]. Pyroptosis is a pro-inflammatory cell death program that occurs in response to the release of damage-associated molecular patterns (DAMPs) such as mitochondrial DNA [30] which results in the assembly of the intracellular NLRP3 inflammasome complex, and contributes to acute myocardial IRI [31]. Inhibition of the NLRP3 inflammasome by pharmacological agents, genetic ablation, and M2 macrophage-derived exosomes, has been shown to reduce MI size in small animal MI models [32,33]. Ferroptosis is a regulated cell death program that occurs in response to accumulation of iron-dependent lipid peroxidation that occurs in response to acute myocardial IRI due to mitochondrial accumulation of iron and oxidative stress, providing a novel mitochondrial target for cardioprotection following AMI [34]. Genetic (cardiac-specific overexpression of a mitochondrial iron export protein) and pharmacological strategies (such as iron chelators and MitoTEMPO) for lowering mitochondrial iron content and oxidative stress have been shown to protect the heart against ferroptosis-induced cell death following acute myocardial IRI [35].

4. Targeting mitochondrial fission and fusion proteins for cardioprotection

Mitochondria are dynamic organelles that continually change their shape, by undergoing fission to generate fragmented disconnected mitochondria (which is required for cell division and for removal of damaged mitochondria by mitophagy), and fusion to generate an elongated interconnected phenotype (which is required to replace damaged DNA and maintain normal mitochondrial respiratory function) [3]. These two opposing processes are coordinated by the mitochondrial fission proteins (dynamin-related protein 1 [Drp1], human fission protein 1 [hFis1], and mitochondrial fission factor [Mff]), and the mitochondrial fusion proteins (Optic Atrophy Protein 1 [OPA1], Mitofusin 1 [Mfn1] and Mitofusin 2 [Mfn2]), respectively. An imbalance in mitochondrial fusion and fission can impact on mitochondrial respiratory function, mitochondrial quality control, and susceptibility to cell death in acute myocardial IRI, positioning the mitochondrial fusion and fission proteins as important targets for cardioprotection [3].

In the adult heart, most cardiac mitochondria are fragmented in morphology and are tightly packed into three intracellular locations that restricts mitochondrial movement: alongside the myofibrils, beneath the sarcolemmal membrane, and adjacent to the nucleus. As such the physiological relevance of mitochondrial morphology and dynamics to the adult heart has been questioned. However, studies have shown that the mitochondrial fission and fusion proteins are expressed in the heart, and genetic ablation of the mitochondrial fission (Drp1, Mff) or fusion proteins (Mfn2, OPA1) induces changes in mitochondrial morphology, impairs mitochondrial respiration, and results in a dilated cardiomyopathy, confirming that these proteins are essential for normal cardiac function [3].

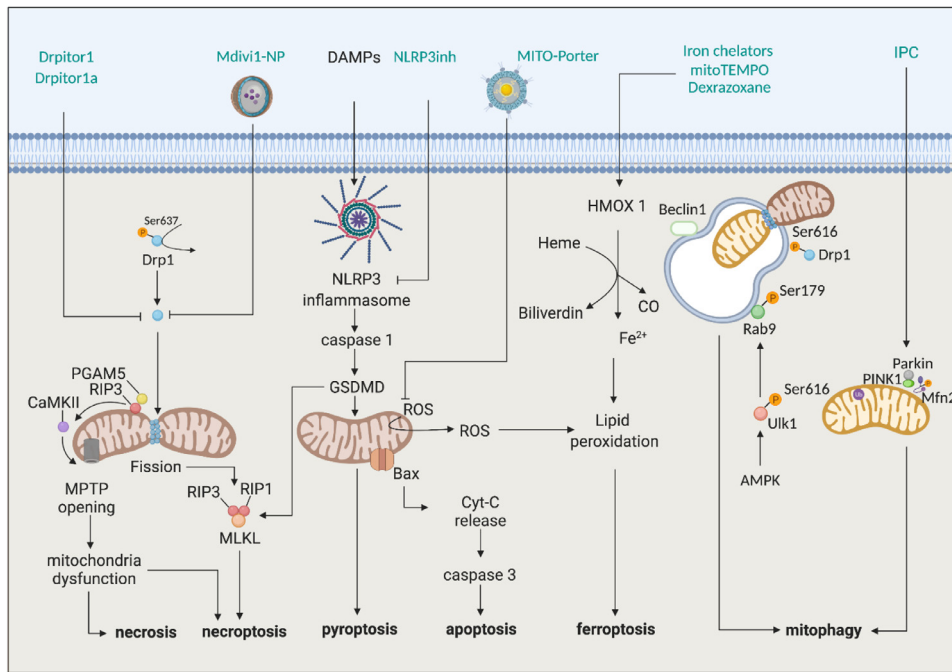


Fig. 2. Targeting mitochondria-dependent cell death pathways for cardioprotection. Scheme showing mitochondria-dependent cell death pathways that contribute to acute myocardial IRI, and therefore provide new targets for cardioprotection. Receptor-interacting serine/threonine-protein kinase 3, RIP3; Receptor-interacting serine/threonine-protein kinase 1, RIP1; serine/threonine-protein phosphatase, PGAM5; cytochrome C, Cyt-C; 5' AMP-activated protein kinase, AMPK; Gasdermin D, GSDMD; nucleotide-binding domain, leucine-rich-repeat containing family, pyrin domain-containing 3, NLRP3; NLRP3 inflammasome inhibitors, NLRP3inh; Unc-51 like autophagy activating kinase 1, Ulk1; Ras-related protein 9, Rab9; PTEN-induced kinase 1, PINK1; mixed lineage kinase domain-like, MLKL; Calcium/calmodulin-dependent protein kinase type II alpha chain, CaMKII; ischaemic preconditioning, IPC; Mitochondrial division inhibitor 1 with nanoparticles, Mdivi1-NP; Dynamin related protein 1, Drp1; mitochondrial permeability transition pore, MPTP; damage-associated molecular patterns DAMPs; Apoptosis regulator BAX, Bax; Mitofusin-2, Mfn2; hemoxygenase-1, HMOX1; mitoTEMPO 2-(2,2,6,6-Tetramethylpiperidin-1-oxyl-4-ylamino)-2-oxoethyl) triphenylphosphonium chloride; carbon monoxide, CO; Ferrous ion, Fe^{2+} .

Experimental studies have demonstrated that cardiac mitochondria undergo fission in response to acute myocardial IRI, and this, in turn, induces mitochondrial dysfunction and results in cardiomyocyte death [36]. The mechanisms underlying IRI-induced mitochondrial fission are unclear, but may relate to calcium overload and the production of oxidative stress, which again results in MPTP opening. Calcium accumulation during acute myocardial ischaemia has been demonstrated to activate calcineurin, which dephosphorylates Drp1, at Ser637, which otherwise prevents the mitochondrial translocation of Drp1 to initiate fission [37]. In support of this mechanism, it has been shown that pharmacological inhibition of calcineurin prevented dephosphorylation of Drp1 at Ser637, inhibited IRI-induced mitochondrial fission, reduced MI size and preserved cardiac function following acute myocardial IRI [38].

Genetic and pharmacological inhibition of Drp1-induced mitochondrial fission during acute IRI have been reported to limit MI size [36], highlighting IRI-induced fission as an important target for cardioprotection. Acute pharmacological inhibition of IRI-induced mitochondrial fission using mitochondrial division inhibitor 1 [mdivi-1] (a putative small molecule Drp1 inhibitor) [36], or P110 (a peptide inhibitor that inhibits the interaction between Drp1 and hFis [39]) has been reported to reduce MI size in rodents [4], but not in the clinically-relevant pig heart model of acute IRI [40]. Interestingly, it has been demonstrated that nanoparticle delivery of mdivi-1 to the ischaemic heart enhanced its cardioprotective effect in terms of MI size reduction in the murine AMI model [41], opening up the possibility of using nanocarriers to improve the bioavailability and delivery of mitoprotective therapies to the ischaemic heart. Recent studies suggest that mdivi-1 has off-target Drp1-independent mitochondrial effects [42], and new, more specific, Drp1 inhibitors are needed. In this regard, Drpitor1 and Drpitor1a, new inhibitors of Drp1, have been discovered which are more potent and specific than mdivi-1 in

terms of inhibiting Drp1 GTPase activity, and have been shown to confer cardioprotection in the rat heart [43]. Although acute inhibition of mitochondrial fission has been shown to be cardioprotective, long-term genetic deletion of cardiac Drp1⁴² has been reported to increase susceptibility to acute myocardial IRI and the development of cardiomyopathy. This has been attributed to the suppression of mitophagy, and the accumulation of damaged mitochondria, findings which again underscore the importance of balancing mitochondrial fusion and fission for normal cardiac function. In contrast with these findings, it has been reported in obese rats (fed high-fat diet) that chronic pharmacological inhibition of mitochondrial fission (over 2 weeks), using mdivi-1, normalised mitochondrial morphology and improved cardiac mitochondrial and contractile function, although the effect on susceptibility to acute myocardial IRI was not tested in this study [22]. Stimulation of the vagus nerve has also been shown to reduce MI size in animal models by inhibiting mitochondrial fission, preservation of mitochondrial function, and suppression of MPTP opening [45]. The presence of diabetes has been shown to induce mitochondrial fission and dysfunction in a mouse model, and increase MI size following acute myocardial IRI, effects which have been linked to reduced myocardial levels of sirtuin 1 and Akt and enhanced expression of Drp1 [46].

In the adult rodent heart, targeting mitofusins as a cardioprotective strategy has produced unexpected effects. This most likely relates to their pleiotropic non-fusion effects, with the mitofusins playing critical roles in mitophagy, autophagy and tethering mitochondria to the sarcoplasmic reticulum (SR) [3]. Cardiomyocyte specific dual ablation of Mfn1 and Mfn2 has been shown to inhibit MPTP opening and reduce cardiomyocyte death following acute myocardial IRI, an unexpected cardioprotective effect that has been attributed to mitochondria and SR no longer being in close proximity (given the tethering role of mitochondria to SR), thereby protecting

mitochondria from calcium overload during acute IRI [47]. Therefore, targeting Mfn2 during acute myocardial IRI to transiently disassociate mitochondria from SR, using newly engineered cell-permeant mini-peptides which either inhibit or activate Mfn2, may provide a novel therapeutic strategy for cardioprotection [48].

In contrast to the mitofusins, genetic ablation of OPA1 has been shown to increase the susceptibility of hearts to acute IRI, suggesting a cardioprotective role of OPA1 [49]. Consistent with this finding, genetic overexpression of OPA1 was also shown to be cardioprotective with preservation of mitochondria cristae, prevention of apoptosis, and improved respiratory function via known non-fusion pleiotropic effects of OPA1. Upregulation of myocardial OPA1 levels by genetic ablation of its protease, OMA1, has also been shown to be cardioprotective [50], providing the opportunity to pharmacologically inhibit OMA1, using newly discovered OMA1 inhibitors (such as epigallocatechin gallate) [51] as a future cardioprotective strategy.

Mitochondrial fusion and fission proteins are also known to impact on mitochondrial quality control by modulating mitophagy and the mitochondrial unfolded protein response (UPR^{mt}). Mitophagy is activated during acute myocardial IRI, where it plays a cardioprotective role to preserve energy substrates, remove damaged mitochondria, and attenuate oxidative stress. Drp1-mediated mitochondrial fission is essential for mitophagy, with mice deficient in cardiomyocyte Drp1 accumulating damaged mitochondria, being more susceptible to acute IRI, and developing a dilated cardiomyopathy [44]. Activation of mitophagy prior to acute myocardial ischaemia, by known cardioprotective strategies such as ischaemic preconditioning [52] has been shown to limit MI size. The mitochondrial fusion protein, Mfn2, has been shown to play a key role in mitophagy by recruiting Parkin to mitochondria to activate the Parkin-PINK1 mitophagy pathway [53]. Mice deficient in Parkin have been shown to accumulate damaged mitochondria and are more susceptible to acute myocardial IRI, with overexpression of Parkin being cardioprotective [54]. Similarly, mice deficient in PINK1 have been shown to sustain small MI size following acute IRI [55], confirming the cardioprotective effects of the PINK-Parkin mitophagy pathway in the setting of acute myocardial IRI. Recently, a novel PINK/Parkin-independent pathway of mitophagy involving a novel Ulk1/Rab9/Rip1/Drp1 mitophagy pathway was shown to protect the heart against acute IRI by preserving mitochondrial function [56].

The UPR^{mt} is a cytoprotective signalling pathway triggered by the mitochondrial accumulation of toxic unfolded proteins under conditions of cellular stress such as acute myocardial IRI that acts to restore mitochondrial proteostasis and respiratory function [57]. Pharmacological induction of the UPR^{mt} using either oligomycin or doxycycline has been reported to reduce MI size in mice [58]. The mitochondrial protease, LonP1, which contributes to mitochondrial proteostasis and regulates adaptive responses to cell stress, has been shown to contribute to the cardioprotection elicited by ischaemic preconditioning [59]. The ubiquitin-proteasome system (UPS) eliminates misfolded or damaged proteins in the heart via selective polyubiquitination and subsequent degradation by the proteasome, and pharmacological inhibition of the proteasome, using MG132, has been shown to protect the isolated perfused rat heart against acute myocardial IRI by preserving myocardial Mfn2 levels, maintaining mitochondrial mass, and inhibiting mitochondrial fission [60].

5. Targeting mitochondria using endogenous ischaemic conditioning strategies

The dual roles of mitochondria as key determinants of cell death induced by acute myocardial IRI, and as key targets for cardioprotection are exemplified by the central role they play in endogenous cardioprotective strategies for limiting MI size such as 'ischaemic conditioning' [3]. Cardiomyocytes can be rendered resistant to IRI-induced cell death by subjecting the heart itself ('ischaemic

conditioning') or an organ or tissue (such as the limb) away from the heart ('remote ischaemic conditioning' or RIC) to brief cycles (usually 1–3 cycles) of non-lethal ischaemia and reperfusion (usually 5 min in duration). The 'conditioning' stimuli can be applied either prior to ('preconditioning') or during ('perconditioning') the lethal episode of acute myocardial ischaemia, or even at the onset of reperfusion ('postconditioning') to limit MI size. The mechanisms through which ischaemic conditioning confers cardioprotection is not clear, although a large number of signalling pathways have been implicated. Mitochondria have been shown to play a central role in both triggering ischaemic conditioning cardioprotection, and acting as a key end-effector of cardioprotection in terms of MPTP inhibition at time of reperfusion (Fig. 3) [61]. The elucidation of the signalling pathways underlying ischaemic conditioning have identified a number of mitochondrial proteins that can be targeted using pharmacological agents to mimic the cardioprotective effects of ischaemic conditioning [3].

Signalling to mitochondria has been shown to play a key role in triggering ischaemic conditioning protection, through the activation of cardioprotective pathways such as mitochondrial PKC- ϵ which opens the mitochondrial K_{ATP} channel (mitoK_{ATP}) and produces mitochondrial signalling ROS, which in turn acts to inhibit MPTP opening [62]. Recently, the molecular identity of the mitoK_{ATP} has been shown to comprise pore-forming (MITOK) and ATP-binding subunits (MITO-SUR) [63], thereby providing novel therapeutic targets for cardioprotection. Pharmacological activation of the 'big' conductance calcium-sensitive (BKCa) channel has also been shown to limit MI size in animal models of acute IRI, through a variety of mitoprotective effects [64]. Interestingly, the MI-limiting effects of IPC, IPost, and limb RIC have all been shown to be abrogated in the presence of a pharmacological BKCa blocker, suggesting that opening of the BKCa channel is also required for ischaemic conditioning cardioprotection [3]. Another mitochondrial channel that has been implicated as a mediator of IPC-cardioprotection is the gap junction protein, connexin-43 (Cx43), which has been shown to regulate mitochondrial oxygen consumption and ATP production [65], mitochondrial Ca²⁺ uptake [66], and MPTP opening, [66] factors which are known to modify mitoprotection [67].

Mitochondria also play a critical role in mediating the cardioprotective effects of ischaemic conditioning through a number of signalling pathways recruited at the time of reperfusion including the Reperfusion Injury Salvage Kinase (RISK, comprising Akt and Erk1/2), Survivor Activator Factor Enhancement (SAFE, comprising TNF- α and STAT3), and the nitric oxide-cGMP-PKG pathways, the activation of which terminate on mitochondria to prevent mitochondrial dysfunction, inhibit MPTP opening and reduce cardiomyocyte death following acute IRI (Fig. 3) [68]. Therefore, these endogenous ischaemic conditioning strategies are able to indirectly confer mitoprotective effects against acute myocardial IRI in animal models and have also been tested in AMI patients.

6. Mitoprotective strategies in AMI patients

The translation of mitoprotective therapeutic strategies into the clinical setting for the benefit of AMI patients has been extremely challenging, and the results have been overwhelmingly disappointing. The most promising mitochondrial target for cardioprotection, had been the MPTP, given the substantial experimental data demonstrating MI size reduction using CsA to target MPTP opening at reperfusion [61]. An initial small proof-of-concept clinical study in AMI patients had demonstrated a significant reduction in MI size (measured by serum cardiac biomarkers and cardiac MRI) with CsA administered at time of PCI compared to control [23]. However, the subsequent large randomised controlled CIRCUS trial, failed to demonstrate any benefit with CsA on either MI size reduction or clinical outcomes in AMI patients [24]. Potential reasons for the failure to

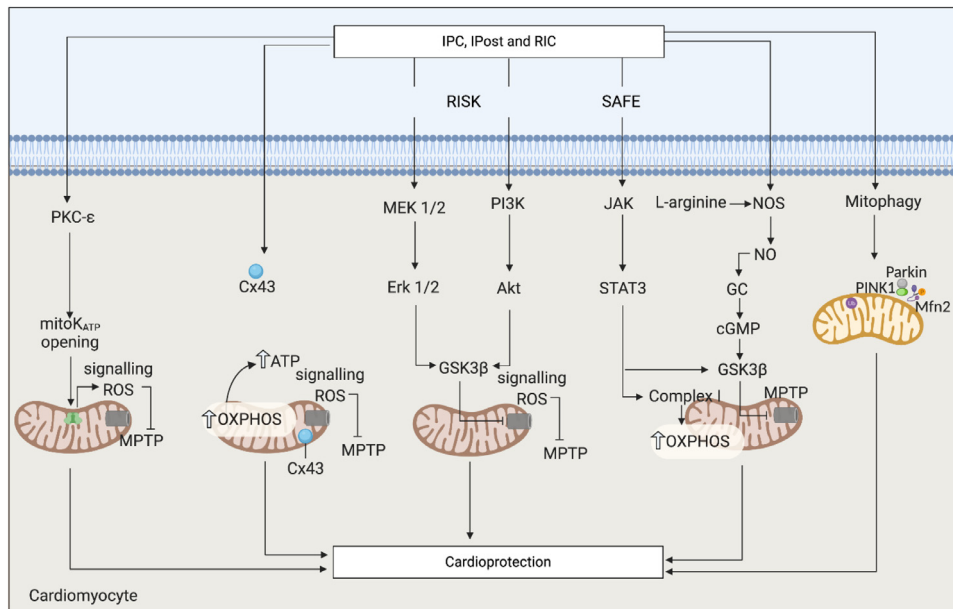


Fig. 3. Targeting mitochondria using endogenous cardioprotective strategies. Scheme showing the recruitment of signalling pathways by ischaemic conditioning that converge on mitochondria to confer cardioprotection. Many of these signaling pathways reduce myocardial infarct size by inhibiting MPTP opening at the onset of reperfusion through the opening of mitochondrial channels (such as mitoK and Cx43), the activation of cytoprotective kinase cascades (MEK1/2-Erk1/2 and PI3K-Akt of the RISK pathway, and JAK-STAT3 of the SAFE pathway), or the release of nitric oxide and activation of cGMP. In addition, the PINK1-Parkin-Mfn2 mitophagy pathway is also activated by these endogenous cardioprotective strategies. Ischaemic preconditioning, IPC; ischaemic postconditioning, IPost, remote ischaemic conditioning, RIC; reperfusion injury salvage kinase, RISK; survival activating factor enhancement, SAFE; phosphatidylinositol 3 kinase, PI3K; nitric oxide synthase, NOS; nitric oxide, NO; protein kinase G, PKG; protein kinase C, PKC; extracellular regulated kinase 1 and 2, Erk 1/2; glycogen synthase kinase 3 β , GSK3 β ; Janus-activated kinase, JAK; signal transducer and activator of transcription, STAT; mitochondrial permeability transition pore, MPTP; oxidative phosphorylation, OXPHOS; connexin 43, Cx43.

translate MPTP inhibition into clinical benefit include: insufficient delivery of CsA to ischaemic cardiomyocytes, and the presence of factors which are known to confound cardioprotection, such as co-morbidities (e.g. age, diabetes), and co-medications (e.g. platelet P2Y12 inhibitors) (see below). In this regard, nanoparticles have been used to improve the bioavailability and delivery of CsA to ischaemic cardiomyocytes and target mitochondria in animal models [69,70], and this approach may have therapeutic potential in future clinical studies. Alternatively, MITO-Porter (a liposome-based carrier system), which promotes both its fusion with the mitochondrial membrane and the release of its cargo into the mitochondrial matrix, may provide mitochondria-targeted delivery of both small and large therapeutic molecules and mitochondrial RNA [71]. It has been used to activate cardiac progenitor cells by delivering resveratrol to mitochondria, and intramyocardial injection of the activated progenitor cells was shown to protect against doxorubicin cardiomyopathy [72]. MITO-Porter could potentially be used to deliver mitoprotective agents such as CsA to cardiac mitochondria in ischaemic cardiomyocytes following AMI. Novel MPTP inhibitors that are more specific and efficacious than CsA may be more successful in translating MPTP inhibition as a cardioprotective strategy in AMI patients [73]. A number of other therapeutic strategies aimed at targeting mitochondria to reduce MI size have also been tried, but these have also failed in AMI patients including elamipretide (a cell-permeable peptide postulated to preserve mitochondrial cardiolipin) [74], and TRO40303 (suggested to inhibit the TSPO) [75].

Of the endogenous cardioprotective strategies which are known to limit MI size in small and large animal models of acute myocardial IRI, IPost and limb RIC have been tested in AMI patients. IPost can be applied in AMI patients during PPCI, by applying serial inflations and deflations (of 30 to 60 s duration) of the coronary angioplasty balloon, immediately following opening of the infarct-related coronary artery, in order to interrupt reperfusion, a manoeuvre which has been shown to reduce MI size in AMI patients in small clinical studies [76],

but not all [77]. Unfortunately, the large 1234 patient DANAMI-3 clinical trial failed to find any improvement in clinical outcomes (death and HF at median follow-up of 38 months) in AMI patients treated by IPost, although this study was underpowered and used a suboptimal IPost protocol [78]. Limb RIC has the advantage over IPost in that it can be applied non-invasively by simply inflating and deflating a pneumatic cuff placed on either the arm or leg to induce three to four-5 min cycles of brief ischaemia and reperfusion to the arm or leg. Again, although small proof-of-concept studies [79,80], but not all [81] reported limitation of MI size in AMI patients treated by either thrombolysis or PPCI, limb RIC failed to improve clinical outcomes (death and HF hospitalisation at one year) in the 5400 patient CONDI-2/ERIC-PPCI trial [82], the reasons for which have been discussed in recent commentaries and are discussed in the next section [83].

Large clinical outcome studies have reported SGLT2 inhibitors such as empagliflozin [84] to reduce cardiovascular death and hospitalisation for heart failure in diabetic patients, although the mechanisms underlying this beneficial effect remain unclear. Interestingly, animal studies have shown that treatment with empagliflozin protected the diabetic rat heart following AMI, as evidenced by less IRI-induced mitochondrial fission, attenuated oxidative stress and enhanced mitophagy, although the effect on MI size and cardiac function was not evaluated [85]. Intriguingly, experimental animal studies have shown that injection of viable mitochondria into the ischaemic heart following AMI, was cardioprotective as evidenced by increased myocardial ATP levels, upregulated proteomic pathways for mitochondrial function, and replaced damaged mitochondrial DNA [86]. In the clinically relevant pig model, it has been demonstrated that intracoronary injection of autologous mitochondria at the onset of myocardial reperfusion (after 30 min of coronary artery ligation) reduced MI size and preserved cardiac function [86], demonstrating potential feasibility for clinical application in AMI patients undergoing myocardial reperfusion by primary PCI. In this regard, a

small feasibility pilot study of 5 paediatric patients (who had sustained significant acute myocardial ischaemic injury during cardiac surgery) reported that intramyocardial injection of autologous mitochondria (harvested from skeletal tissue) was safe and improved cardiac function assessed by echocardiography [87].

7. Challenges in translating mitoprotective strategies into the clinical setting

The failure to translate cardioprotective strategies identified in experimental studies into the clinical setting has been an extensively discussed topic in the literature, and has been attributed to different factors: (1) The majority of animal models employed to test novel cardioprotective therapies have used healthy juvenile animals, that do not recapitulate the typical middle-aged AMI patient with co-morbidities (such as diabetes, hypertension and hyperlipidaemia), the presence of which may confound cardioprotection [16]; (2) Many clinical cardioprotection studies have tested novel cardioprotective therapies which have either failed to demonstrate consistent cardioprotection in animal studies or have not been rigorously tested in animal studies (e.g. not tested in large animal models prior to clinical testing) [88,89]; (3) The design of the clinical study in terms of the patient population (higher risk AMI patients with fully occluded coronary arteries and large infarcts are more likely to benefit from cardioprotection) [90]; (4) Many cardioprotection studies have focused on a single cardioprotective agent directed to a single therapeutic target within the cardiomyocyte, but given the multiple components (mitochondrial dysfunction, calcium overload, oxidative stress) and players (cardiomyocytes, endothelial cells, inflammatory cells, fibroblasts, cardiac innervation) in acute myocardial IRI, a multi-component multi-targeted approach to cardioprotection may be more effective [91]; and (5) To be effective against the mitochondrial dysfunction that occurs in the first few minutes of myocardial reperfusion, the cardioprotective therapy has to be administered prior to the onset of reperfusion, with delayed administration after reperfusion has already taken place, being ineffective [90]. Similarly, some cardioprotective therapies (such as hypothermia, sodium hydrogen exchanger inhibitors, SGLT2 inhibitors, insulin) may only be effective when administered prior to the index acute myocardial ischaemic event, which is not feasible in the clinical setting, where AMI patients present after the onset of acute myocardial ischaemia [90].

In summary, despite there being substantial experimental data supporting the targeting of mitochondria as a therapeutic strategy to reduce MI size, the translation to the clinical setting for patient benefit has been hugely disappointing, and innovative approaches and new therapeutic targets are needed.

8. Conclusions and future perspectives

Given the essential role cardiac mitochondria play in providing the energy requirements for normal cardiac contractile function, preventing mitochondrial dysfunction during AMI is an important therapeutic strategy for cardioprotection. However, a number of pharmacological and endogenous cardioprotective strategies (such as ischaemic conditioning), which have been shown to target mitochondria and reduce MI size in animal models, have failed to be translated into the clinical setting for the benefit of AMI patients. Potential strategies for improving the translation of mitoprotective therapies for the benefit for AMI patients include: (1) More rigorous pre-clinical selection of novel cardioprotective strategies before embarking on clinical trials; (2) The use of combination multi-targeted therapies (aimed at different mitochondrial death pathways, and non-cardiomyocyte cells such as the coronary endothelial and inflammatory cells); (3) Use of nanocarriers to more effectively target mitoprotective therapeutics to the ischaemic heart; (4) Discovery of novel mitochondrial targets for cardioprotection (such as the

mitochondrial fusion and fission proteins); and (5) the discovery of more specific and efficacious MPTP inhibitors.

9. Outstanding questions

The reasons why several mitoprotective therapies have failed to improve clinical outcomes in AMI patients despite demonstrating benefit in animal models of acute myocardial IRI, is not clear. As such, innovative strategies directed to new mitochondrial targets both within and outside the cardiomyocyte are needed to improve the translation of mitoprotective therapies into the clinical setting for the benefit of AMI patients. Cardioprotective efficacy may be improved by targeting mitoprotective therapies to the ischaemic heart using nanoparticles, and mitochondria by chemical modification (such as MitoQ and MitoSNO). Furthermore, the identity of the MPTP and other mitochondrial channels (such as the MCU and NCX) may result in the discovery of novel mitoprotective therapies. Finally, the effect of aging and co-morbidities (such as diabetes, obesity, and left ventricular hypertrophy) on the efficacy of mitoprotective therapies needs to be investigated.

10. Search strategy and selection criteria

Data for this Review were identified by searches of PubMed and references from relevant article using the search terms “Ischemic heart disease”, “Ischemia”, “Reperfusion”, “Infarction” and “Mitochondria”. All impactful studies were considered, irrespective of the published date in order to reflect the progress made in understanding the role of mitochondrial in acute myocardial infarction and cardioprotection.

Author contributions

CJAR, SHR, GEC, YL, and DJH performed the literature search, prepared the figures, and wrote the manuscript.

Declaration of Competing Interest

Author declare no conflicts of interest.

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