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## Natural and induced growth of $VO_2$ (M) on $VO_2$ (B) ultrathin films

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This work examines the synthesis of single phase VO<sub>2</sub> (B) thin films on LaAlO<sub>3</sub> (100) substrates, and the naturally-occurring and induced subsequent growth of VO<sub>2</sub> (M) phase on VO<sub>2</sub> (B) films. First, the thickness (t) dependence of structural, morphological and electrical properties of VO<sub>2</sub> films is investigated, evidencing that the growth of VO<sub>2</sub> (B) phase is progressively replaced by that of VO<sub>2</sub> (M) when  $t > \sim 11$  nm. This change originates from the relaxation of the substrate-induced strain in the VO<sub>2</sub> (B) films, as corroborated by the simultaneous increase of surface roughness and decrease of the c-axis lattice parameter towards that of bulk VO<sub>2</sub> (B) for such films, yielding a complex mixed-phase structure composed of VO<sub>2</sub> (B)/VO<sub>2</sub> (M) phases, accompanied by the emergence of the VO<sub>2</sub> (M) insulatorto-metal phase transition. Second, the possibility of inducing this phase conversion, through a proper surface modification of the VO<sub>2</sub> (B) films via plasma treatment, is demonstrated. These natural and induced VO<sub>2</sub> (M) growths not only provide substantial insights into the competing nature of phases in the complex VO<sub>2</sub> polymorphs system, but can also be further exploited to synthesize VO<sub>2</sub> (M)/VO<sub>2</sub> (B) heterostructures at the micro/nanoscale for advanced electronics and energy applications.

Vanadium dioxide (VO<sub>2</sub>) is a particularly interesting polymorphic material family that exists under several forms including VO<sub>2</sub> (A), VO<sub>2</sub> (B), VO<sub>2</sub> (M<sub>1</sub>), VO<sub>2</sub> (M<sub>2</sub>) and VO<sub>2</sub> (M<sub>3</sub>)<sup>1</sup>. Even though the chemical formula remains the same, VO<sub>2</sub> can assume various crystalline symmetries and electronic structures that exhibit different electronic and optical properties on account of strong correlation<sup>2,3</sup>. This diversity of polymorphs makes VO<sub>2</sub> a promising electronic material and an excellent candidate for technological applications such as batteries, optical and electronic switching devices, IR sensors, smart windows and tunable metamaterials<sup>4–13</sup>. VO<sub>2</sub> (M) and VO<sub>2</sub> (B) are the most desired VO<sub>2</sub> polymorphs as they display large changes in their electrical resistivity with temperature.

VO<sub>2</sub> (M) is stable at room temperature and exhibits a monoclinic structure with the  $P_{2_1/c}$  (14) space group and lattice parameters  $a_M = 5.75$  Å,  $b_M = 4.54$  Å,  $c_M = 5.38$  Å and  $\beta = 122.6^{\circ 14-16}$ . It undergoes a structural first-order reversible insulator-to-metal transition (IMT) at a critical temperature of  $T_{IMT} \approx 68$  °C to a VO<sub>2</sub> (R) rutile structure with the  $P4_2/mmm$  (136) space group and corresponding lattice parameters  $a_R = b_R = 4.55$  Å and  $c_R = 2.85$  Å. This transition is accompanied by sharp changes of both electrical resistivity and infrared reflectivity. The VO<sub>2</sub> (M) phase is characterized by V-V dimerization, and alternatively short (~2.65 Å) and long (~3.12 Å) V-V bonds that result in localization of d orbital electrons to individual ions, which yields an insulating material. In the VO<sub>2</sub> (R) phase, all the V-V bonds are equidistant (~2.87 Å), so that the d orbital electrons are shared by all the vanadium ions along the V-V chain, which leads to a metallic behavior<sup>17</sup>.

The VO<sub>2</sub> (B) metastable phase assumes a monoclinic layered structure similar to that of V<sub>6</sub>O<sub>13</sub> with the *C2/m* (12) space group and lattice parameters  $a_B = 12.03$  Å,  $b_B = 3.69$  Å,  $c_B = 6.42$  Å and  $\beta = 106.6^{\circ 18}$ . Unlike VO<sub>2</sub> (M), the decrease of the VO<sub>2</sub> (B) electrical resistivity across the phase transition occurs gradually over a very broad range of temperatures, decaying by ~4 orders of magnitude when heating from -123 °C to 127 °C. This transition is characterized by a change in the structure from a monoclinic semiconducting phase to another monoclinic semi-metallic phase<sup>1</sup>. While the layered structure is maintained across the transition, the distance between neighboring V<sup>4+</sup> ions slightly decreases, the reduction being larger for the ions in the (*ac*) plane, which represent half of the cations in the VO<sub>2</sub> (B) structure.

Recent experiments have demonstrated the possibility to synthesize textured VO<sub>2</sub> (B) thin films via pulsed laser deposition by lattice matching with SrTiO<sub>3</sub> (001) and LaAlO<sub>3</sub> (100) substrates<sup>10,19</sup>. These results indicate that the thinnest VO<sub>2</sub> (B) films do not contain any VO<sub>2</sub> (M) phase and that the fraction of VO<sub>2</sub> (M) phase increases with the film thickness. However, the mechanism that governs the emergence of the VO<sub>2</sub> (M) phase and its distribution among the VO<sub>2</sub> (B) phase remains unclear. Besides their individual properties, combining the properties of the two phases by co-growing these VO<sub>2</sub> polymorphs or by designing and fabricating VO<sub>2</sub> (M)/VO<sub>2</sub>

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(B) heterostructures could be exploited for future optoelectronic materials with tunable properties suitable in advanced electronic and energy devices.

Herein, we first investigate the structural, morphological and electrical properties of VO<sub>2</sub> thin films of various thickness ( $3 \text{ nm} \le t \le 38 \text{ nm}$ ) grown on LaAlO<sub>3</sub> (100) (LAO) substrates. We demonstrate that the growth of distorded monoclinic VO<sub>2</sub> (B) metastable phase breaks at a critical thickness ( $t_c$ ) between 11 and 25 nm. Beyond that critical thickness, the strain-induced structural change further promotes the growth of the VO<sub>2</sub> (M) phase, which in turn results in the presence of a complex mixed-phase structure composed of VO<sub>2</sub> (B) and VO<sub>2</sub> (M) and in the appearance of the VO<sub>2</sub> (M) insulator-to-metal phase transition. We further exploit this behavior and demonstrate the possibility to tailor the growth of VO<sub>2</sub> polymorphs by modifying the properties of an ultrathin VO<sub>2</sub> (B) film via treatment of the film surface with an argon plasma. This process significantly modifies the vanadium valence state at the VO<sub>2</sub> (B) film surface and further promotes the growth of the VO<sub>2</sub> (M) phase.

#### Results

**Natural growth of VO<sub>2</sub> (M) on VO<sub>2</sub> (B).** The quality of the VO<sub>2</sub>/LAO thin films was evaluated by acquiring XRD diffraction patterns of films with thicknesses ranging from 3 to 38 nm, as shown in Fig. 1(a). An interesting modification of the structure with thickness is observed. A detailed analysis reveals the presence of VO<sub>2</sub> (B) (00 *l*) peaks for film thickness between 3 and 25 nm, which suggests that the films are highly oriented along this



**Figure 2.** Thickness dependent morphological properties of VO<sub>2</sub> films. AFM images of (**a**) 3, (**b**) 5, (**c**) 11, (**d**) 25 and (**e**) 38 nm-thick VO<sub>2</sub> thin films grown on LAO substrates. (**f**) RMS surface roughness as a function of film thickness. The white and black rectangles in (**e**) represent the rough and flat regions, which have a large RMS roughness and a RMS roughness comparable to that of the thinnest VO<sub>2</sub> films (**a**–**c**), respectively.

direction. However, the thickest film (38 nm) behaves differently, with the intensity of the VO<sub>2</sub> (B) (00*l*) peaks being significantly smaller, while two other peaks appear at  $2\theta = 27.8^{\circ}$  and  $42.2^{\circ}$ . These angles correspond to the Bragg angle of the (011) and (210) orientations of the VO<sub>2</sub> (M) phase, respectively. All the other peaks coincide with reflection planes from the LAO substrate. The lower intensity observed for the VO<sub>2</sub> (M) (011) and (210) peaks in the diffractogram of the 38 nm-thick film as compared to those of the VO<sub>2</sub> (B) (00*l*) peaks in the diffractograms of the thinner films (3–25 nm) is due to the difference in both the diffracting planes Miller indices and crystalline structure between VO<sub>2</sub> (M) and VO<sub>2</sub> (B) phases. Accordingly, the structure factor (*F*) associated with each of these phases diffracting planes is different, and so is the diffracted intensity ( $I \propto F^2$ ). For films with thickness below or equal to 25 nm, all peaks located at  $2\theta = 14.4^{\circ}$ , 28.9°, 44 0° and 60.0° (corresponding to the Bragg angle of VO<sub>2</sub> (B) (001), (002), (003) and (004) orientations respectively) show a full width at half maximum (FWHM) that decreases with increasing thickness, while their intensity increases and their position shifts to higher  $2\theta$  values.

The presence of well-defined thickness-interference (Kiessig) fringes in the X-ray reflectivity (XRR) curves of Fig. 1(b) indicates that the film surface is smooth and the film-substrate interface well defined<sup>20</sup>. The film thickness (*t*) can thus be calculated from these XRR curves from equation  $(1)^{21}$ 



Figure 3. Thickness dependent electrical properties of VO<sub>2</sub> films. Temperature-dependent resistivity of 5, 11, 25 and 38-nm thick VO<sub>2</sub> thin films grown on LAO substrates for heating (red curve) and cooling (black curve) segments using a van der Pauw geometry.





$$t = \frac{(m-n)\lambda}{2(\sin\theta_m - \sin\theta_n)} \tag{1}$$

Where *m* and *n* are the orders of interference, and  $\theta_m$  and  $\theta_n$  are the corresponding diffraction angles, respectively. The thickness values obtained from the XRR measurements are consistent with those determined from the cross-section SEM images of a  $VO_2$  test sample. Figure 1(c) shows the c-axis parameter and the FWHM



**Figure 5.** Effect of surface modification by plasma treatment on the structural properties of the VO<sub>2</sub> films. X-ray diffraction  $\theta$ -2 $\theta$  patterns of the untreated (5 nm UT) and plasma-treated (5 nm T) 5 nm-thick VO<sub>2</sub> thin films on LAO substrate and of the 5 nm-thick VO<sub>2</sub> films deposited on the untreated (10 nm UT) and plasma-treated (10 nm T) 5 nm-thick VO<sub>2</sub> thin film surface.



**Figure 6.** Effect of surface modification by plasma treatment on the vanadium valence state content of the VO<sub>2</sub> films. (a) XPS spectra of the V2p<sub>3/2</sub> peak deconvoluted into V<sup>5+</sup>, V<sup>4+</sup>, V<sup>3+</sup> and V<sup>2+</sup> peaks and (b) vanadium valence content of the untreated (5 nm UT) and plasma-treated (5 nm T) 5 nm thick VO<sub>2</sub> thin films on LAO substrate and of the 5 nm-thick VO<sub>2</sub> films deposited on the untreated (10 nm UT) and plasma-treated (10 nm T) 5 nm-thick VO<sub>2</sub> thin film surface.

of the (002) peak. The c-axis parameter gradually decays from 6.63 Å for the 3 nm-thick film to 6.44 Å for the 25 nm-thick film, which closely corresponds to the theoretical value of bulk VO<sub>2</sub> (B) ( $c_B = 6.42$  Å), while its FWHM decreases from 2.14° to 0.39°. The decrease of the c-axis parameter means that the strain in the VO<sub>2</sub> films is gradually released as thickness grows.

The observed thickness-dependent behavior of the VO<sub>2</sub>/LAO system can also be illustrated by observing the film surface topography. The AFM images of Fig. 2(a–e) indicate that the thinnest films (3 to 11 nm) are very smooth. On the other hand, the thicker films (25 and 38 nm) show the presence of some regions with granular morphology along with other regions where the surface remains flat. Accordingly, as depicted in Fig. 2(f), the RMS surface roughness of the films increases with thickness with a more drastic change (from  $\approx 0.7$  to  $\approx 4.5$  nm) between 11 and 25 nm. The presence of distinctive regions characterized by different morphologies on the surface of the 25 and 38 nm-thick films is evidenced in Fig. 2(d–e). More specifically, for the 38 nm-thick film (Fig. 2(e)), the measured RMS roughness increases from 0.81 nm for the flat region (black rectangle), in agreement with the measured values for the thinnest VO<sub>2</sub> (B) films, to 6.94 nm for the rough region (white rectangle). Combining both AFM and XRD analysis strongly suggests that these rough regions are composed of VO<sub>2</sub> (M) phase nano-crystallites that grow at the expense of the VO<sub>2</sub> (B) phase.

Figure 3 shows the electrical resistivity of the  $VO_2$  films with different thicknesses as a function of the temperature for both heating and cooling. The resistivity of the 3 nm-thick film could not be measured as it was beyond the upper detection limit of the system over the available range of temperatures. Such behavior most likely originates from an early stage  $VO_2$  film growth that is driven by Volmer-Weber island-type mechanism<sup>22,23</sup>, which is characterized by the formation of unconnected separated islands. The film discontinuity therefore prevents the formation of a current pathway between the electrical contacts and rules out the possibility to reliably measure the 3 nm-thick VO<sub>2</sub> film resistivity. The monotonous resistivity decrease with increasing temperature for the thinnest films (5 and 11 nm) is accompanied by a small hysteresis at low temperature, in agreement with the typical behavior of VO<sub>2</sub> (B) thin films<sup>24</sup>. On the other hand, for the 38 nm-thick VO<sub>2</sub> film, the temperature-dependent resistivity behaves like that of VO<sub>2</sub> (M) phase<sup>25</sup> as it decreases from 9.14  $\Omega$  cm at T = 20 °C in the insulating state to 0.96 m $\Omega$  cm at T = 105 °C in the metallic state. This provides evidence of the presence of the typical VO<sub>2</sub> (M) insulator-to-metal transition with transition temperatures  $T_{IMT(h)} = 70.6$  °C for the heating cycle and  $T_{IMT(c)} = 63.8$  °C for the cooling cycle, as calculated from the d(log( $\rho$ ))/dT curves. The average transition temperature is therefore  $T_{IMT} = 67.2$  °C, a value similar to that of bulk VO<sub>2</sub> (M) ( $T_{IMT} \approx 68$  °C), while the hysteresis width is 6.8 °C. Finally, the 25 nm-thick film exhibits a monotonous decrease of the resistivity in the temperature range [-90 °C - 55 °C], in agreement with the VO<sub>2</sub> (B) phase behavior. However, at  $T \approx 65$  °C, this film shows an abrupt decrease of its resistivity (from 40 m $\Omega$  cm to 6 m $\Omega$  cm), as observed for the VO<sub>2</sub> (M) phase<sup>14</sup>.

Overall, the thickness dependence of the phase of the VO<sub>2</sub> thin films deposited on LAO substrates clearly indicates that the exclusive growth of VO<sub>2</sub> (B) ceases at some critical thickness where the growth of highly-oriented metastable monoclinic VO<sub>2</sub> (B) films is no longer possible. Beyond that thickness, the monoclinic VO<sub>2</sub> (M) phase appears and the films are then composed of a mixture of VO<sub>2</sub> (B) and VO<sub>2</sub> (M) polymorphs.

The VO<sub>2</sub> (B) monoclinic structure observed for the thinnest VO<sub>2</sub> thin films results from the good lattice matching and from the corresponding consistent strain with the LAO substrate. For films thicker than 11 nm, removing this strain through the creation of dislocations and defects strongly modifies locally and randomly the film surface morphology. Accordingly, the growth of the VO<sub>2</sub> (B) polymorph is prevented, which promotes that of the VO<sub>2</sub> (M) polymorph and leads to the coexistence of both VO<sub>2</sub> (B) and VO<sub>2</sub> (M) phases for films with thickness  $t > t_c$ . These observations therefore indicate that strain significantly influence the competing nature of VO<sub>2</sub> polymorphs growth, so as it does for the ultrafast structural transition dynamics following above-gap photoexcitation<sup>26</sup>. Likewise, they strongly suggest that the surface properties of the VO<sub>2</sub> (B) film, which play a key role in the observed phase growth change from VO<sub>2</sub> (B) to VO<sub>2</sub> (M), should definitely be considered to further control the growth of these polymorphs. Indeed, a local modification of the surface of the VO<sub>2</sub> (B) films, which is very smooth for the thinnest VO<sub>2</sub> films, could locally be induced to promote the growth of the VO<sub>2</sub> (M) phase in specific regions.

**Induced growth of VO<sub>2</sub> (M) on VO<sub>2</sub> (B) ultrathin films.** To explore the possibility of inducing the growth of the VO<sub>2</sub> (M) phase, a 5 nm-thick VO<sub>2</sub>/LAO sample displaying only the VO<sub>2</sub> (B) phase was exposed to an argon plasma to modify its surface. In this experiment, performed at 20 °C, half of the sample surface was covered by a bare LAO substrate and the full sample was further exposed for 30 seconds to an argon plasma at a pressure of 10 mTorr with a substrate bias of 135 V. This experiment, which enables to expose only half of the ultrathin VO<sub>2</sub> film as the other half remains as deposited, also ensures that the properties of the VO<sub>2</sub> film surface are absolutely identical prior to the plasma treatment. After plasma treatment, the bare LAO substrate was removed and another 5 nm of VO<sub>2</sub> was deposited over the whole sample. This yields on one half of the sample a 10 nm-thick untreated VO<sub>2</sub> film and on the other half a mixed 10 nm-thick VO<sub>2</sub> film composed of a 5 nm-thick treated layer.

The morphological (AFM) and structural (XRD) properties of each half of the VO<sub>2</sub> film were characterized prior to and after plasma treatment, and also after the second VO<sub>2</sub> deposition. Figures 4 and 5 show the surface morphology and diffraction patterns of the untreated film (5 nm UT), of the treated film (5 nm T), of the film deposited on the untreated surface (10 nm UT) and of the film deposited on the plasma-treated surface (10 nm T). It is observed that plasma treatment modifies neither the morphology of the 5 nm-thick VO<sub>2</sub> film nor its RMS surface roughness. Indeed, the topography of both 5 nm UT (Fig. 4(a)) and 5 nm T (Fig. 4(b)) is flat and smooth with small RMS roughness values of 0.32 nm and 0.29 nm, respectively. The structural properties are also unaffected by the plasma treatment as the diffractograms of both 5 nm UT and 5 nm T films exclusively display VO<sub>2</sub> (B) (00l) peaks. Nevertheless, a slight intensity reduction is observed for the VO<sub>2</sub> (B) (00l) peaks present in the diffractogram of the 5 nm T film with regards to that of the 5 nm UT film. This small intensity reduction could result from a plasma treatment-induced surface amorphization within the top first few atomic layers of the 5 nm T film. While the surface morphology of the 10 nm UT film (Fig. 4(c)) remains similar to that of the 5 nm UT and the 5 nm T films with only a slightly higher RMS roughness of 0.42 nm, that of the 10 nm T film (Fig. 4(d)) is significantly modified. In this case, the surface is covered with nanograins and its RMS roughness increases to 9.86 nm. In addition, the structural properties of the 10 nm T film are significantly altered as compared to those of the 10 nm UT film. Indeed, as shown in Fig. 5, the intensity of the  $VO_2$  (B) (00 *l*) peaks of the 10 nm T film significantly decreases as compared with that of the three other films while the VO2 (M) (011) peak emerges. Clearly, these effects exclusively result from the plasma treatment of the underlying VO2 ultrathin film, which indicates that this treatment has induced a modification of the growth mechanisms. Interestingly, these effects are also similar to those previously observed when the thickness of the  $VO_2$  films is increased from 11 nm to 38 nm so as to exceed the critical thickness.

**Origin of the induced growth.** To further gain insight in the mechanisms governing the phase growth change induced by plasma treatment, X-ray photoelectron spectroscopy (XPS) was performed on the four samples (5 nm UT, 5 nm T, 10 nm UT and 10 nm T). The  $V2p_{3/2}$  core level binding energy was used to characterize the oxidation state of vanadium<sup>27</sup>. Therefore, the vanadium valence state content of the VO<sub>2</sub> films was determined at each step of the process by deconvoluting the  $V2p_{3/2}$  peak in a combination of  $V^{5+}$ ,  $V^{4+}$ ,  $V^{3+}$  and  $V^{2+}$  Gaussian/ Lorentzian peaks, as depicted in Fig. 6(a). The position of these peaks was ascribed to 517.4 eV, 516.1 eV, 514.1 eV and 512.9 eV, respectively<sup>28</sup> and the spectra were fitted using the CasaXPS software and a Shirley function to

remove the background. The vanadium valence state content of the  $VO_2$  films shown in Fig. 6(b) was calculated from the ratio of the integrated areas of the  $V^{5+}$ ,  $V^{4+} V^{3+}$  and  $V^{2+}$  peaks.

The spectrum of the 5 nm UT film is mainly due to the V<sup>5+</sup> (39.4%) and V<sup>4+</sup> (57.7%) valence states with negligible contribution from V<sup>3+</sup> (2.9%) and none from V<sup>2+</sup> valence states. It is similar to that of the 10 nm UT film, but strongly differs from that of the 5 nm T film. Indeed, the latter film shows a broader XPS spectrum that is shifted to lower binding energies, so that the contribution from the V<sup>5+</sup> valence state is strongly reduced to 11.1% and that of the V<sup>3+</sup> valence state is enhanced from 2.9% to 32.4%, while a small contribution from the V<sup>2+</sup> valence state (2.5%) appears. For the 10 nm T film, the spectrum width shrinks back and returns to higher binding energies, like 5 nm UT and 10 nm UT films. Accordingly, the main contributions comes from the V<sup>5+</sup> (54.6%) and V<sup>4+</sup> (43.1%) valence states while the V<sup>3+</sup> valence state negligibly contributes (2.5%) and the V<sup>2+</sup> not at all. One can therefore conclude that plasma treatment strongly modifies the surface chemical states of the ultrathin VO<sub>2</sub> (B) film, lowering the contribution of the higher valence state (V<sup>5+</sup>) and enhancing that of the lower valence states (V<sup>3+</sup> and V<sup>2+</sup>). This indicates a larger amount of oxygen vacancies at the surface<sup>29-31</sup>, which favors the growth of the VO<sub>2</sub> (M) phase as compared to that of VO<sub>2</sub> (B). Furthermore, even though the stoichiometry and chemical states of the VO<sub>2</sub> (B) film are significantly modified by plasma treatment, the stoichiometry of the subsequently grown VO<sub>2</sub> film is preserved.

The change of phase growth induced by plasma treatment strongly affects the structural and morphological properties of the VO<sub>2</sub> ultrathin film. Indeed, the 2D growth of pseudomorphic metastable VO<sub>2</sub> (B) film exhibiting a flat surface topography switches to a 3D island-type growth of stable VO<sub>2</sub> (M) nanocrystallites with rough surface, forming a VO<sub>2</sub> (B)/VO<sub>2</sub> (M) composite structure. These effects are very similar to those observed when the VO<sub>2</sub> film thickness is increased beyond the critical thickness lying between 11 and 25 nm. However, tailoring the phase growth offers the possibility to spatially control both the size and location of the emerging VO<sub>2</sub> (M) phase regions using for example a patterning method such as lithography. In contrast, natural phase growth results in randomly distributed phase mixtures. Tailoring the phase growth could thus be exploited to control the VO<sub>2</sub> (B) ultrathin film, paving the way to the synthesis of various VO<sub>2</sub> (M)/VO<sub>2</sub> (B) complex heterostructures.

#### Conclusions

In conclusion, by investigating the morphological, structural and electrical properties of VO<sub>2</sub> films grown on LAO substrates with various thickness (3 nm  $\leq t \leq$  38 nm), the growth of single pseudomorphic distorted metastable monoclinic VO<sub>2</sub> (B) phase was shown to change once a critical thickness lying between 11 and 25 nm is reached. This strain-induced change of structural phase growth is accompanied by the increase of surface roughness and by the appearance of the stable VO<sub>2</sub> (M) phase. The thicker films exhibit a complex mixed-phase structure composed of VO<sub>2</sub> (B) and VO<sub>2</sub> (M) polymorphs and undergo the typical VO<sub>2</sub> (M) first-order phase transition at  $T_{\rm IMT} \approx 68$  °C. By modifying the VO<sub>2</sub> (B) ultrathin film using plasma treatment, the possibility to induce this change of phase growth was demonstrated and further related to a strong modification of the vanadium valence state on the VO<sub>2</sub> (B) film surface and to the corresponding creation of oxygen vacancies. Natural or induced phase growth change not only provides a stimulating environment for investigating the fundamental issues related to the complex competing nature of the VO<sub>2</sub> polymorphs, but also presents a strong potential for the fabrication of VO<sub>2</sub> (M)/VO<sub>2</sub> (B) heterostructures at the nanoscale. This opens new opportunities of applications in the field of advanced electronics and energy where nanostructured electronic materials with tunable properties are required, as well as for the design of metamaterials for optoelectronic applications.

#### Methods

**Sample growth.** Reactive pulsed laser deposition (RPLD) was used to fabricate  $VO_2$  thin films by ablating a commercial vanadium metal target (99.95% purity, KJ Lesker). The films were deposited on LaAlO<sub>3</sub> (100) substrates. The growth temperature was 550 °C and the oxygen pressure was kept at 21 mTorr. The detailed growth conditions were reported in a previous study<sup>10</sup>.

**XRD, AFM, XPS and electrical characterization.** The structural properties of the films were examined by X-ray diffraction (XRD) in the  $\theta$ -2 $\theta$  configuration, between 10° and 65°, and in the X-ray reflectivity (XRR) configuration using a PANalytical's X'Pert PRO Materials Research Diffractometer with Cu K $\alpha$  radiation operated at 45 kV and 40 mA. The film thickness was determined by cross-section scanning electron microscopy (SEM, JEOL JSM-7401F) on a test sample and by X-ray reflectivity. The surface morphology of the films was imaged by atomic force microscopy (AFM, DI-EnviroScope, Veeco) while X-ray photoelectron spectroscopy (XPS) measurements were carried out using a VG Escalab 220I-XL system with Al K $\alpha$  ( $h\nu$  = 1486.6 eV) radiation. The resistivity of the films was measured in van der Pauw geometry using a Quantum Design physical properties measurement system (PPMS) and a cryostat. The electrical contacts (100 nm Au/300 nm Cu/5 nm Cr) were deposited at the corners of the samples using e-beam evaporation.

**Surface treatment by argon ions.** Surface treatment was achieved in a cylindrical Inductively Coupled Plasma reactor (ICP) from Oxford instruments (Plasmalab 100, model ICP 380). In this system, the ICP plasma was generated at a frequency of 2 MHz and the power was set at 1 kW. The kinetic energy of the ions was controlled by applying 13.56 MHz RF power on the chuck table, yielding a bias voltage of 135 V. The experiments were carried out in pure Ar and the gas pressure (10 mTorr) was controlled by means of a throttling valve located at the bottom of the processing chamber.

**Data availability.** The data that support the findings of this study are available from the corresponding author on request.

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#### **Author Contributions**

N.É. prepared the VO<sub>2</sub> samples and performed the XRD, XPS and electrical measurements. B.T. performed the AFM measurements. N.É. analysed the data. N.É. and B.T performed the surface treatment of the film. The manuscript was prepared by N.É. with assistance from B.T. and M.C. All the authors discussed the results. M.C. directed the overall project.

#### **Additional Information**

Competing Interests: The authors declare no competing interests.

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