

Borrelia and *Chlamydia* Can Form Mixed Biofilms in Infected Human Skin Tissues

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Our research group has recently shown that *Borrelia burgdorferi*, the Lyme disease bacterium, is capable of forming biofilms in *Borrelia*-infected human skin lesions called *Borrelia* lymphocytoma (BL). Biofilm structures often contain multiple organisms in a symbiotic relationship, with the goal of providing shelter from environmental stressors such as antimicrobial agents. Because multiple co-infections are common in Lyme disease, the main questions of this study were whether BL tissues contained other pathogenic species and/or whether there is any co-existence with *Borrelia* biofilms. Recent reports suggested *Chlamydia*-like organisms in ticks and *Borrelia*-infected human skin tissues; therefore, *Chlamydia*-specific polymerase chain reaction (PCR) analyses were performed in *Borrelia*-positive BL tissues. Analyses of the sequence of the positive PCR bands revealed that *Chlamydia* spp. DNAs are indeed present in these tissues, and their sequences have the best identity match to *Chlamydophila pneumoniae* and *Chlamydia trachomatis*. Fluorescent immunohistochemical and in situ hybridization methods demonstrated the presence of *Chlamydia* antigen and DNA in 84% of *Borrelia* biofilms. Confocal microscopy revealed that *Chlamydia* locates in the center of *Borrelia* biofilms, and together, they form a well-organized mixed pathogenic structure. In summary, our study is the first to show *Borrelia*–*Chlamydia* mixed biofilms in infected human skin tissues, which raises the questions of whether these human pathogens have developed a symbiotic relationship for their mutual survival.

Keywords: Lyme disease, biofilm, *Borrelia* lymphocytoma, alginate, chlamydia, confocal microscopy

Introduction

Lyme disease is a tick-borne illness that is caused by *Borrelia burgdorferi* sensu stricto and sensu lato in the United States and Europe, respectively [1–5]. Lyme disease is estimated to affect 300,000 people a year in the United States and 65,000 people a year in Europe [6]. The most common skin manifestation is a red rash that is observed after a tick bite called erythema migrans (EM) [7, 8]. The other well-studied dermatological conditions of Lyme disease are *Borrelia* lymphocytoma (BL) that appears in the early phase of *Borrelia* infection and acrodermatitis chronica atrophicans (ACA), which is the late onset cutaneous manifestation [9–12]. However, Lyme disease is a multi-systemic disease with manifestations that may also include other several chronic conditions such as Lyme carditis and neuroborreliosis [13–18].

Recently, our research group provided evidence for both the *B. burgdorferi* sensu stricto and the sensu lato groups of *B. burgdorferi* to exist in biofilm form in vitro and in vivo in *Borrelia* lymphocytoma [19–21]. Like other bacterial biofilms, *Borrelia* biofilms have shown increased resistance towards the standard antibiotics that are used to treat Lyme disease [22]. Biofilms are an aggregation of planktonic bacteria that attach on biotic and abiotic surfaces to form a three-dimensional architecture to withstand various environmental stressors [23]. The presence of a protective surface matrix called extracellular polymeric substance (EPS) and persister cells with low metabolic activity helps the survival of community inside the bio-

film [24–30]. Clinically, biofilm infections represent a very significant problem due to the extraordinary resistance to both antimicrobial drugs, as well as host immune systems, which eventually could lead to persistent human infections [29, 31–33]. According to the National Institute of Health (NIH), 80% of all chronic infections have been linked to pathogenic biofilms [33, 34]. Several biofilm-related chronic infections have been reported such as *Pseudomonas aeruginosa* in cystic fibrosis [35], *Escherichia coli* in urinary tract infections, *Staphylococcus aureus* in osteomyelitis and endocarditis, and *Streptococcus pneumoniae* in pulmonary infections [33, 36–38].

Highly diverse in nature, biofilms have been reported to exist in a polymicrobial fashion, where several bacterial species along with fungi, yeast, and viruses reside in a community [39, 40]. The microbial community communicates through quorum sensing, co-operates with each other by developing a symbiotic relationship, protects and fights against antimicrobial treatments [39, 40]. The presence of mixed biofilms has been suggested in oral plaques, gastrointestinal tract, chronic wounds, and lungs, enhancing biofilm formation and increasing the resistance against stress and the host immune responses [41–44].

In Lyme disease, co-infections are common because ticks are well known to carry and transmit several human pathogenic microbes along *Borrelia* such as *Bartonella*, *Ehrlichia*, *Babesia*, *Anaplasma*, and even *Mycoplasma* species [45–49]. Recently, the presence of *Chlamydia*-like organisms was also reported by several studies in a significant fraction of *Ixodes ricinus* ticks [50–52]. Furthermore, the presence of *Chlamydia* DNAs in 68% of the skin biopsies obtained from patients with a suspected tick bite history was found [52]. The follow up

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study from the same research group reported that all *Borrelia* positive granuloma annulare skin conditions were also positive for *Chlamydia* related bacteria [53]. Furthermore, a recent Australian study also confirmed that DNA from ticks contains DNA belonging to the chlamydial order genotype [54] suggesting that *Chlamydia* can be a very frequent co-infection in *Borrelia* infected tissues.

The bacterial order *Chlamydiales* includes intracellular Gram-negative bacteria that follow a biphasic development cycle and are dependent on the host organism for ATP synthesis [55]. The bacteria primarily exist as elementary bodies capable of invading the host cell [56]. Following infection in the host cell, they fuse with the membrane-bound cytoplasmic vacuole, termed inclusion bodies, where they are in a protective environment [56, 57].

There are 3 main *Chlamydia* pathogens responsible for causing human infections. *Chlamydophila pneumoniae* is a respiratory pathogen whose infection leads to extra-pulmonary symptoms such as myocarditis, atherosclerosis, reactive arthritis, and nervous system disorders [58, 59]. *Chlamydia trachomatis* is a bacterium responsible for causing sexually transmitted diseases such as urethritis, cervicitis, and some other infections, such as Reiter's syndrome, reactive arthritis, ocular infections, atypical pneumoniae, or pelvic inflammatory diseases [60]. *Chlamydia psittaci* is a pathogen that affects avians and is known to cause the human infection psittacosis leading to severe pneumonia [61]. Erythema nodosum, an inflamed skin condition with painful, red deep-seated nodules on lower legs, is also observed after chlamydial infection [62]. Several chlamydial infections have similar symptoms, as observed in Lyme patients such as arthritis, atherosclerosis, neurocognitive symptoms, and skin rashes [45, 63].

Chlamydia-related infections have been reported to be developing an emerging resistance to antibiotics in vitro and in clinical samples [64, 65]. There is no direct evidence for the existence of *Chlamydia* in biofilm form; however, studies have reported the existence of chlamydial aggregates due to stressful conditions such as calcium imbalance [66, 67].

Based on these findings, the goal of this study was to investigate the potential presence of *Chlamydia* spp. in BL skin biopsies and their potential relationship to *Borrelia* biofilms reported previously in BL skin biopsies.

Materials and Methods

Human Skin Sections. From the files of our dermatohistopathologic laboratory, paraffin materials from 6 cases of clinically confirmed *Borrelia* lymphocytoma were archived from January 1975 to December 2005. All six cases had positive serology for *Borrelia* IgG and characteristic features of *Borrelia* lymphocytoma with “acral” predilection were found. All six patients were female (average age = 33 years) from endemic areas of borreliosis in Austria with a rate of positive serology in the population between 30–60%. Polymerase chain reaction (PCR) confirmation for all 6 cases was performed independently in 2 different laboratories located in Austria and the US. The archived hematoxylin-and-eosin (H&E)-stained sections were reexamined, and the previous diagnosis also confirmed. Institutional Review Board exemption for this study was obtained from the University of New Haven. The paraffin blocks were sectioned by McClain Laboratories LLC [Smithtown NY] at 4 µm on TRUBOND200 adhesive slides. The sections then were deparaffinized by washing the sections three times in 100% xylene for 5 min each, followed by rehydration in a series of graded alcohols (100%, 90%, and 70%) and washed in 1× phosphate buffered saline (PBS) of pH 7.4 for 5 min. For the

immunohistochemical experiments, the tissues were incubated in 10 mM sodium citrate buffer for 45 min at 95 °C for antibody retrieval.

DNA Extraction. DNA extraction from FFPE samples was performed using the Qiagen Gene Read DNA FFPE Kit (Qiagen, Germantown, MD) according to the manufacturer's handbook with some modifications: 4-µm paraffin-embedded tissue sections were deparaffinized by heating slides for 10 min at 45 °C followed by 3 xylene washes, 5 min each wash. Tissues were then rehydrated in a series of alcohol (100%, 100%, 90%, and 70%) washes for 3 min each. Slides were run under a slow stream of tap water in a container with 70% alcohol for 30 min. Tissue sections were scraped into 1.5-mL tubes using a sterile razor blade; the 56 °C proteinase K digestion step was performed for 72 h; the AW1 and AW2 wash steps were performed three times.

Polymerase Chain Reaction. PCR reactions for *Borrelia burgdorferi* sensu lato were performed on all BL biopsy samples in previous studies by 2 independent laboratories [8, 21], and positive *Borrelia afzelii* DNAs were found on all 6 samples. To detect the specific *Chlamydia* spp. in the skin tissue samples, 2 different previously published PCR methods were used to maximize the probability to amplify *Chlamydia* spp. [68, 69]. Both PCR protocols were designed to detect the Outer Membrane Protein A (OmpA) gene, which was proven to be specific enough to identify the different *Chlamydia* species [68, 69]. Positive control reactions consisted of commercially available DNA samples (not live cultures) from *Chlamydophila pneumoniae* strain CM-1 [ATCC[®] VR-1360[™]] and *Chlamydia trachomatis*, both obtained from American Type Culture Collection (ATCC) (Serovar E *Chlamydiaceae* VR 348BD BOUR strain). As negative controls, reactions with no template DNA and normal healthy human DNA samples were used. The first PCR protocol was slightly modified and included an additional pre-amplification of the OmpA DNA in the BL tissues in a nested PCR reaction. In the first round, primers specific to the outer membrane protein A (OmpA) gene were used: forward 5'-CGCATTGCTGGTTCTGTT-3' and reverse 5'-CCAACGAGATTGAACGCTGT-3' primer sequences (Integrated DNA Technologies). In a 25 µL reaction, 1× PCR buffer (Promega), 1.5 mM MgCl₂, 0.2 mM dNTPs, 0.2 µM forward primer, 0.2 µM reverse primer, 1.25 U of DNA polymerase, and 50 ng of DNA template were added. Reaction conditions were defined by an initial denaturing time of 95 °C for 5 min, followed by 35 cycles of 95 °C/45 s, 53 °C/15 s, 55.4 °C/15 s, 72 °C/45 s, and a final extension of at 72 °C/5 min. Primers for the nested reaction were as follows: forward 5'-CTCCTTACAAGCCTTGCTGTAGGG-3', reverse 5'-GCGATCCCAAATGTTTAAGGC-3'. [68]. A 50 µL nested PCR reaction was prepared by adding 1× Buffer B (Promega, Madison WI), 1.5 mM MgCl₂, 0.2 mM dNTPs, 0.2 µM forward primer, 0.2 µM reverse primer, 1.25 U of DNA polymerase, and 1 µL of a 1:100 dilution of the first reaction product. Reaction conditions were defined by an initial denaturing time of 95 °C for 5 min, followed by 35 cycles of 95 °C/60 s, 53.4 °C/30 s, 72 °C/60 s, and a final extension of at 72 °C/5 min. The 337 bp PCR products were analyzed by standard agarose gel electrophoresis, and the PCR products were purified using a QIAquick PCR purification kit (Qiagen, Germantown, MD) according to the manufacturer's instructions. Samples were eluted twice in 30 µL, and the eluates from each sample were pooled and sequenced in both directions twice (4× coverage) using the same primers that generated the products. All DNA sequencing was performed by Eurofins Genomics (Louisville, KY).

In the second PCR protocol, a different published primer pair spanning the major outer membrane protein (OmpA)

region of the *Chlamydia* species was used (69). Primers were forward 5'-CCTGTGGGGAATCCTGCTGAA-3' and reverse 5'-GTCGAAAACAAAGTCACCATAGTA-3' flanking a 144 bp region of the gene. For the PCR conditions, a final reaction volume of 50 μ L was set with 0.2 mM dNTPs, 2.5 U of Taq DNA polymerase (Invitrogen, Carlsbad CA), 0.2 μ M of each forward and reverse primer, 1.5 mM of MgCl₂, and 1 \times Buffer B (Promega, Madison WI). The temperature profile was set for initial denaturation at 94 °C for 4 min, followed by 40 cycles of denaturation at 94 °C for 1 min, annealing at 53 °C for 1 min, and extension at 72 °C for 2 min, followed by a final extension at 72 °C for 5 min. The PCR products were analyzed by standard agarose gel electrophoresis, and the PCR products were purified using the QIAquick PCR purification kit (Qiagen, Germantown, MD) and sequenced as described above.

All resulting sequences were first analyzed using the Basic Local Alignment Search Tool on the NCBI website (BLAST, <https://blast.ncbi.nlm.nih.gov/Blast.cgi>). The sequences were aligned to reference sequences using the CLUSTEL OMEGA multiple sequence alignment tool (EMBL-EBI, <http://www.ebi.ac.uk/Tools/msa/clustalo/>).

Immunohistochemistry. Before proceeding with immunostaining, the deparaffinized slides were rinsed with 1 \times phosphate buffered saline (PBS, Sigma, St. Louise MO) and distilled water for 2 min each. Slides were pre-incubated with 10% normal goat serum (Thermo Scientific) in PBS–0.5% bovine serum albumin (BSA, Sigma) for 30 min at room temperature (RT) to block the nonspecific binding of the secondary antibody. Slides were then rinsed twice with 1 \times PBS and distilled water for 2 min each at RT. The slides were then treated with a dilution of 1:200 (dilution buffer: PBS pH 7.4 + 0.5% BSA) of monoclonal antibody for *Chlamydia* spp. (Cat# C65815M, Meridian Life Sciences, USA) and incubated overnight in a humidified chamber at 4 °C. The slides then were washed in 1 \times PBS and distilled water five times for 2 min each at RT. The tissue sections were then incubated with a 1:200 dilution of the secondary anti-mouse antibody (dilution buffer: PBS pH 7.4 + 0.5% BSA) with a fluorescent red tag (goat anti-mouse IgG (H+L), DyLight 594 conjugated for an hour at RT in a humidified chamber. The excess solution around the tissue was gently wiped, washed five times as mentioned above with 1 \times PBS, and then, the polyclonal rabbit anti-alginate antibody (generously provided by Dr. Gerald Pier, Harvard Medical School) was diluted in a 1:500 ratio (dilution buffer: PBS pH 7.4 + 0.5% BSA) and added to the slides. The slides were incubated at RT overnight in a humidified chamber. The next day the slides were washed five times with 1 \times PBS for 2 min each. The tissue sections were then treated with a 1:200 dilution (dilution buffer: PBS pH 7.4 + 0.5% BSA) of the secondary anti-rabbit antibody with a fluorescent blue tag (goat anti-rabbit IgG (H+L), DyLight 405 conjugated) and incubated for an hour. This step was followed by the abovementioned washes and then treatment with a 1:50 dilution of a fluorescein isothiocyanate (FITC)-labeled polyclonal rabbit anti-*Borrelia burgdorferi* antibody (PA-1-73005, Thermo scientific), for an hour in a humidified chamber at room temperature. The slide sections were then washed and processed as mentioned above and then counterstained with 0.1% Sudan black (Sigma) for 20 min, washed again, and then mounted with PermaFluor (Thermo Scientific). Images were taken and processed using a Leica DM2500 fluorescence microscope at 200 \times and 400 \times magnification.

As negative controls, commercially available human newborn foreskin tissue sections and healthy human skin sections (Biomax, HuFPT136) were stained following the same

procedure as mentioned above. Additional negative controls such as omitting the primary antibody and the use of non-specific isotype IgG controls (IgG1 Isotype Control, Invitrogen, MA1-10406) were also utilized to confirm the specificity of the antibodies.

Fluorescent in situ Hybridization (FISH). The paraffin-embedded tissue sections were deparaffinized and hydrated in a series of alcohol washes as mentioned above. The tissue sections were then placed in a solution of sodium borohydride for 20 min on ice. Tissues were fixed with 4% paraformaldehyde (PFA, J.T Baker) for 15 min at RT. Next, the sections were washed with 2 \times saline sodium citrate (SSC) buffer for 5 min and digested with 100 μ g/mL of proteinase K (Sigma) at RT for 15 min. The slides were then treated with denaturing solution (70% v/v formamide and 2 \times SSC) and incubated for 5 min at 95 °C and at RT. The slides were fixed again with 4% PFA for 10 min at RT and washed with 2 \times SSC before being again placed in denaturing solution at 60 °C for 2 min. The salmon sperm DNA (2.5 ng, Thermo Fisher Scientific) was prewarmed at 95 °C for 5 min and added to the slides for blocking for an hour at 48 °C. The slides were then incubated with previously validated fluorescent in situ DNA probes [21, 70]: *Borrelia*-specific 16S rDNA probe (FAM-5'-GGATATAGTTAGAGATAATTATCCCCGTTTG-3') and *Chlamydia*-specific 16S rDNA probe (Alexa 568 5'-CCTCCGTATTACCGCAGC-3') after denaturing the probes at 95 °C for 10 min. A coverslip was placed on the slide to ensure that the tissue did not dry out, and the tissue sections were incubated for 16 h overnight at 48 °C. After overnight incubation, the coverslip was removed by placing the slides in 2 \times SSC for 5 min, followed by five-time washes of 0.2 \times SSC buffer for 5 min each at RT in the dark. Sections were then counterstained with 0.1% Sudan black dye (Sigma) for 20 min in the dark at RT. The slides were washed five times with 2 \times SSC for 5 min before mounting the slides with PermaFluor mounting media (Thermo Scientific) and stored at 4 °C. Images were taken using a Leica DM2500 fluorescence microscope at 200 \times and 400 \times magnification.

All FISH steps were repeated with several negative controls such as the following: 1) 100 ng random oligonucleotide, (5'-FAM-GCATAGCTCTATGACTCTATACTGGTACGTAG-3'), 2) 200 ng of unlabeled competing oligonucleotide added before the hybridization step [competing *Borrelia* (5'-CAAACGGGAATAATTATCTCTAACTATATCC-3') and competing *Chlamydia* (5'-CCTCCGTATTACCGCGGC-3')], and 3) a DNase treatment of the sections before the hybridization step to digest all genomic DNA (100 μ g/mL for 60 min at 37 °C).

A combination of immuno and in situ protocols was performed in a similar fashion as described earlier [21]. Briefly, after the 0.2 \times SSC wash in the FISH protocol the sections were blocked with a 1:200 dilution of goat serum (Thermo Scientific) for an hour at RT in a humidified chamber. The slides were washed five times with PBS followed by adding the primary polyclonal anti-alginate antibody for overnight incubation at RT. The next day the slides were tagged with a 1:200 dilution of the secondary anti-rabbit antibody with a fluorescent blue tag (goat anti-rabbit IgG (H+L), DyLight 405 conjugated) and incubated for an hour at RT. This step was then followed by a counterstaining step with 0.1% Sudan black for 20 min, followed by several washes in 0.2 \times SSC and mounting with PermaFluor mounting media (Thermo Scientific) and storing at 4 °C. Images were taken using Leica DM2500 fluorescent microscope at 200 \times and 400 \times magnification.

Confocal Microscopy. The tissue sections were visualized and scanned with a confocal scanning laser microscope (Leica

and E value $2e-19$), and 79% identity to *C. pneumoniae* (DQ358972; in 80% coverage with E value $2e-20$).

Figure 1B shows a multiple sequence alignment obtained from Clustal Omega EMBI/EBI server representing DNA sequences from BL tissue *OmpA* DNA samples mapped against 3 strains of *Chlamydia trachomatis* (JX559522), *Chlamydia psittaci* (HM214490), and *Chlamydia pneumoniae* (DQ358972).

Immunohistochemical (IHC) Staining of Human Biopsy Skin Tissues for *Borrelia* and *Chlamydia*. To further prove the presence of *Chlamydia* species and to determine whether there is a potential co-existence of the previously identified *Borrelia* biofilms found in these BL biopsy tissues [21], IHC staining techniques were used which were specific for *Borrelia*, *Chlamydia*, and alginate (biofilm marker) antigens.

Figure 2 shows that positive immunostaining for *Borrelia* (Figure 2, panels A, F, and K, green arrows,) and for the biofilm-specific marker alginate (Figure 2, panels C, H, and M, blue arrows) is present in all 6 BL biopsy tissues. For some tissue sections, the *Borrelia*-alginate positive aggregates also showed positive co-staining for *Chlamydia* spp. (Figure 2, Panels B and G, red arrows); however, some of the tissue sections only stained positive for *Borrelia* and alginate (Figure 2, panels K and M) but not for *Chlamydia* (Figure 2, panel L). Crucially, there was no immunostaining for *Chlamydia* spp. in the biofilm-free regions of tissues; however, *Borrelia* spirochetes were found frequently in the vicinity of the biofilm structures (Figure 2, panels A, F, and K green arrowheads). As reported previously [21, 22], those spirochetes were all negative for alginate antibody [Figure 2, panels C, H, and M].

All of the IHC experiments included 2 independent negative controls to prove the specificity of antibodies: non-specific IgG antibody and normal human skin samples. No signal

was observed in the BL skin tissues when non-specific antibody was used in the IHC procedure (Figure 2, panels D, I, N, S, and Y). Furthermore, there were no immunostaining on the 20 commercially purchased human foreskin (Figure 2, panels P, Q, R, S, and T) and 20 healthy skin tissue sections (Figure 2, panels V, W, X, Y, and Z) for *Borrelia* and *Chlamydia*, as well as alginate antigens. To demonstrate the structure of the biofilm and how it is embedded in the tissue, the morphology of the BL skin tissues was visualized using a differential interference contrast microscopy method (DIC; Figure 2, panels E, J, O, T, and Z).

All images are taken with relatively low magnification (200 \times) to demonstrate the biofilm surrounding tissues and to show the background signals of the IHC methods.

To further analyze and understand the frequency of co-existence of *Chlamydia* spp. in *Borrelia* biofilms, an additional 150 sections were stained using IHC staining procedures described above. Figure 3 shows representative images of *Borrelia*/alginate and *Chlamydia*-positive staining biofilms; a higher magnification (400 \times) is used than that used in Figure 2 for a better visualization of their structures. *Borrelia*-positive aggregates were seen in all BL skin tissue samples (Figure 3, panels A, E, I, M, and R, green arrows, ref). Those structures were also stained positive for alginate, showing that they are indeed biofilms (Figure 3, panels C, G, K, O, and T, blue arrows). Most *Borrelia* and alginate positive structures stained positive for *Chlamydia* (Figure 3, panels B and F, red arrows). However, not all of those biofilm structures were positive for *Chlamydia* which further shows the specificity of our IHC protocol, (Figure 3, panels J, N, and S). The differential interference images depict the tissue morphology and the structure of the biofilm (Figure 3, panels D, H, L, P, and V).

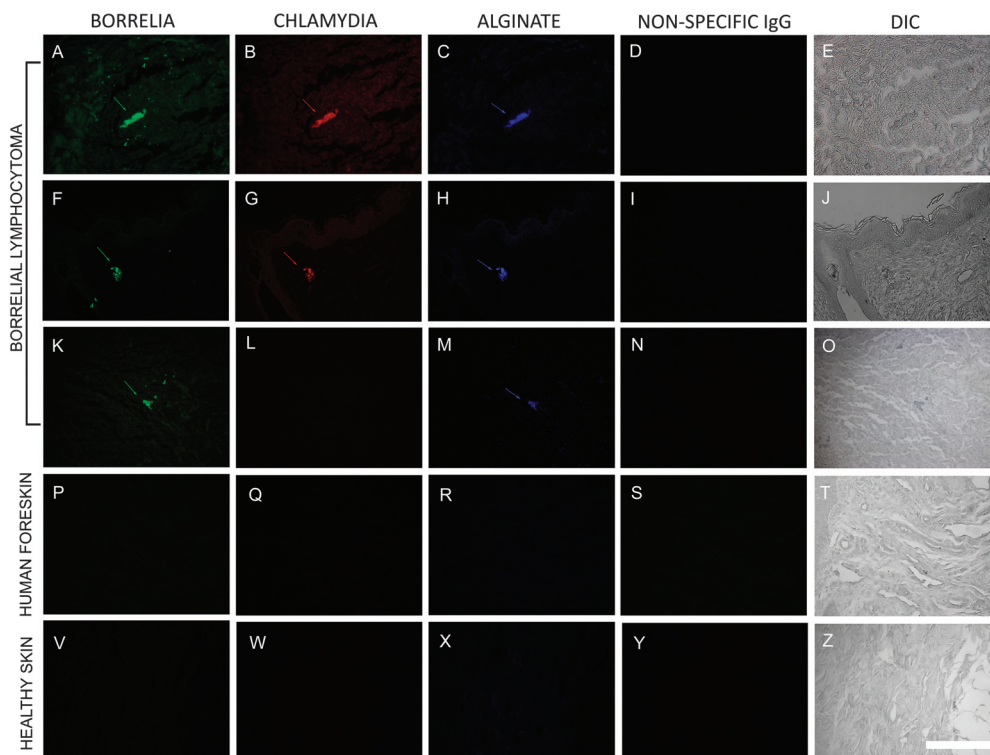


Figure 2. Representative IHC images of *Borrelia*, *Chlamydia*, and alginate staining in *Borrelia*-infected BL skin tissues. Panels A, F, K, P, and V show IHC staining results of skin tissues using a FITC labeled anti-*Borrelia* antibody (green arrows and arrowheads). Panels B, G, L, Q, and W show staining results with anti-chlamydia antibody (red arrows). Panels C, H, M, R, and X show staining of anti-alginate antibody (blue arrows). Panels D, I, N, S, and Y show results of staining with non-specific IgG antibody. Panels E, J, O, T, and Z are the differential interference contrast (DIC) images that show the morphology of the tissues. Panels A–O corresponds to BL skin tissues while panels P–T include negative controls corresponding to skin tissues from healthy human foreskin, and panels V–Z include negative controls corresponding to healthy skin tissues. All images were taken at 200 \times magnification. Scale bar: 200 μ m

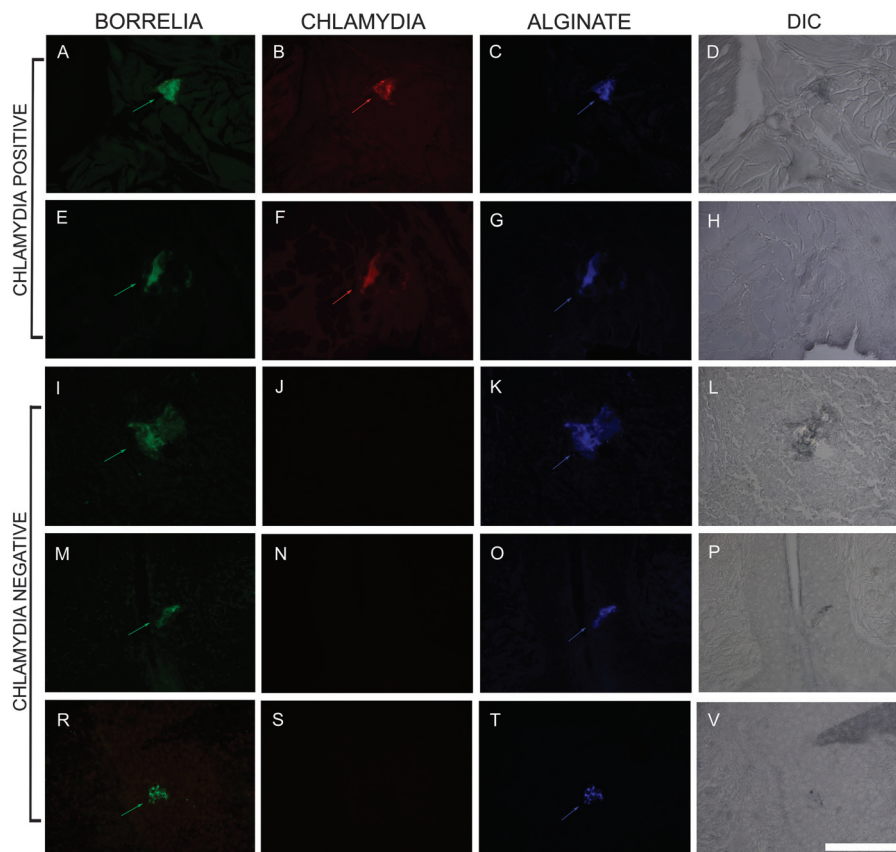


Figure 3. Representative images of IHC staining of BL biopsy skin tissues with *Borrelia*, *Chlamydia*, and alginate-specific antibodies. Panels A, E, I, M, and R show IHC positive staining for *Borrelia* (green arrows), and panels B and F show positive staining of *Chlamydia* (red arrows), while panels J, N, and S show negative staining for *Chlamydia* spp. Panel C, G, K, O, and T depict positive staining for alginate (blue arrows). Panel D, H, L, P, and V show DIC images. All images were taken at 400 \times magnification. Scale Bar: 200 μ m

Quantitative analysis of a total of 150 IHC stained slides was carried out to categorize the size and frequency of the co-localization of *Borrelia* biofilms with *Chlamydia* spp. in BL skin tissues by direct counting of the positive structures. Each slide contained 2–4 biofilms and each biofilm size varied from a range of 20–80 μ m.

Approximately 84% of *Borrelia* positive biofilms were positive for co-existence with *Chlamydia* spp. (Figure 4).

FISH Staining of Human Biopsy Skin Tissues for *Borrelia* and *Chlamydia*. To further confirm the results obtained

Quantitative Analysis of *Borrelia* biofilms

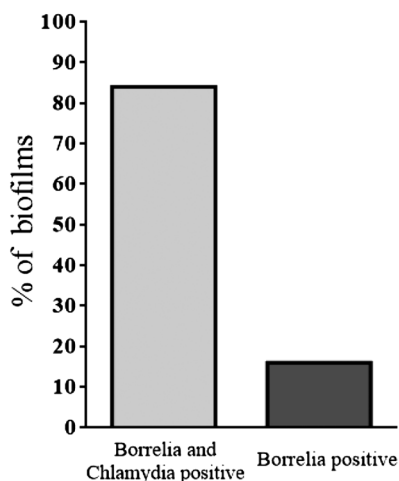


Figure 4. Quantitative analysis of *Borrelia* biofilms for positive *Borrelia* and *Chlamydia* IHC staining

by IHC staining, fluorescent in situ hybridization (FISH) methods were utilized. FISH probes specific for 16S rDNA of *Borrelia* and *Chlamydia* were chosen from previously validated studies [21, 70]. For each slide containing structures, IHC-positive for *Borrelia* (green staining, Figure 5, panel A) that co-stained with *Chlamydia* spp. antibody (red staining, Figure 5, panel B) and with the biofilm marker alginate (blue staining, Figure 5, panel C), the next consecutive slide was stained using a combined IHC and FISH technique. The *Borrelia*-species-specific 16S rDNA probe (green staining, Figure 5, Panel E) was co-localized with the *Chlamydia*-DNA-specific 16S rDNA probe (red staining, Figure 5, panel F). The *Borrelia/Chlamydia*-positive structures also stained positive for IHC staining using anti-alginate antibody which confirmed the co-localization of *Borrelia* biofilms with *Chlamydia* spp. in the BL skin tissues. Several negative controls were included in the study to confirm the specificity of the chosen FISH probes with our target organisms. Competing oligonucleotide probes showed no significant staining for both *Borrelia* (Figure 5, panel I) and *Chlamydia* (Figure 5, panel J). As additional negative controls, a random DNA probe (Figure 5, panel K) and a DNase I pre-treated sample (Figure 5, panel L) were used which resulted in no significant staining. The tissue morphology was visualized using the DIC images, which show how the biofilm is embedded in the tissue (Figure 5, panels D and H).

Confocal Imaging of *Borrelia* and *Chlamydia* Positive Tissues. A tissue section that was IHC positive for co-existence of *Borrelia* and *Chlamydia* and for the biofilm marker alginate (Figure 6, panels A, B, and C) were scanned with a confocal scanning laser microscope (Leica DMI6000) to further analyze the structure of the biofilm in the BL skin tissues

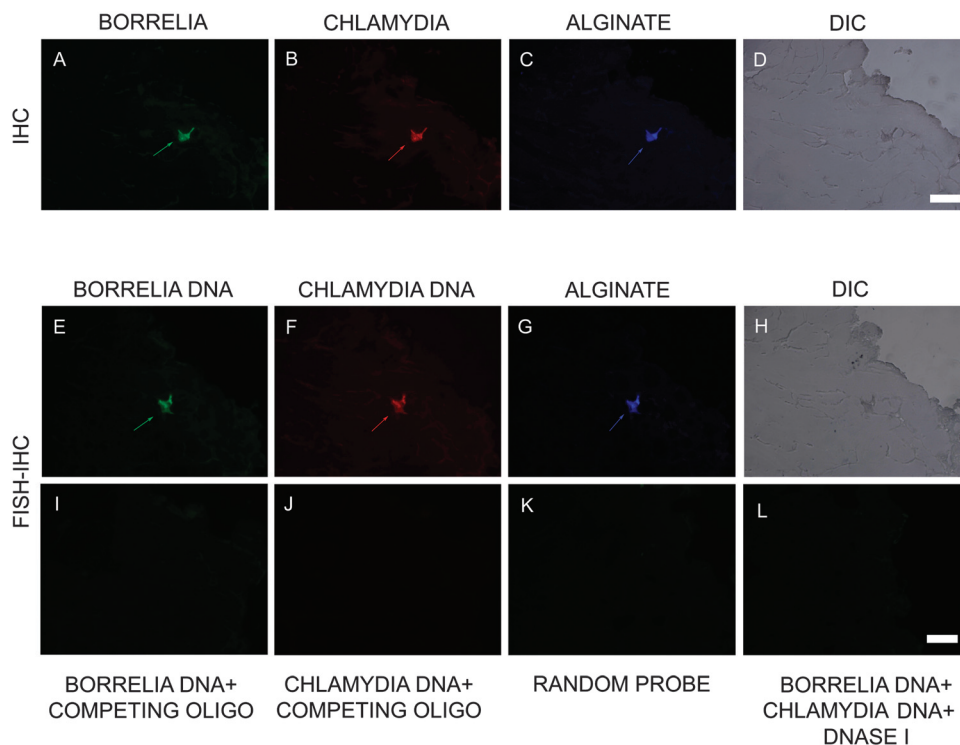


Figure 5. Representative images of the IHC staining on BL skin tissue section and the images of the consecutive slides stained with combined fluorescent in situ hybridization (FISH) and IHC techniques. Panels A, B, and C are the results of skin tissues stained with antibodies against *Borrelia* (green arrow), *Chlamydia* (red arrow), and alginate (blue arrow), respectively. Panels E and I show the staining results of skin tissues with 16S rDNA probe for *Borrelia burgdorferi* (green arrow). Panels F and J show the staining results of skin tissues with 16S rDNA probe for *Chlamydia* spp. (red arrow). Panel G is stained with antibodies for alginate (blue arrow). Panels D and H depict the morphology of the skin tissues using DIC microscopy methods. As comprehensive negative controls, a competing oligonucleotide (panels I and J for *Borrelia* and *Chlamydia*, respectively), a random DNA probe (panel K), and a DNase-treated samples (panel L) were used on consecutive tissue sections to further show the specificity of the 16S rDNA probe (for further details of the experimental conditions can be in Materials and Methods). All images were taken at 400× magnification. Scale bar: 100 μm

in a three-dimensional view. The obtained image shows the spatial distribution and the integrity of the biofilm along with the individual Z stacks further providing evidence for *Borrelia* and *Chlamydia* co-existence in the *Borrelia*/alginate positive structure (Figure 6, panel E, F, and G). The individual Z stacks show aggregates of *Chlamydia* enclosed within the center of *Borrelia* biofilm (Figure 6, panel F, red arrows). The individual Z stacks of *Borrelia* and alginate show how alginate,

a component of the EPS layer, surrounds the *Borrelia* biofilm (Figure 6, panel G, blue arrow).

Discussion

Previous studies have shown that *Borrelia burgdorferi* sensu stricto and the sensu lato group are capable of forming biofilms in vitro [19, 20]. Recently, we also provided in vivo evidence for the presence of *Borrelia burgdorferi* biofilms in

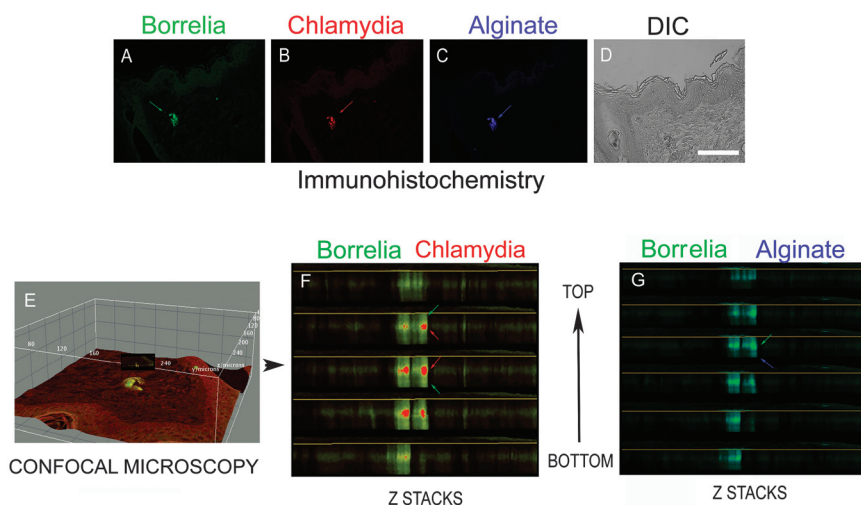


Figure 6. Three-dimensional (3D) analyses of *Borrelia* and *Chlamydia* mixed biofilm in human BL skin biopsy tissue using confocal microscopy. Panels A, B, and C are the results of skin tissues positively immunostained with antibodies against *Borrelia* (green arrow), *Chlamydia* (red arrow), and alginate (blue arrow), respectively. Panel D shows the DIC image to depict the morphology of the tissue. Confocal microscopy shows the 3D distribution of mixed biofilms and the individual Z stacks focus on the biofilms showing *Borrelia* and *Chlamydia* (panel F) and *Borrelia* and alginate (panel G) spatial distribution. Scale bar: 100 μm

Borrelia-infected skin lesions called *Borrelia* lymphocytoma (BL) [21]. However, the question of co-existence of *Borrelia* biofilms in the multi-species form is yet to be answered. This study investigated the presence of potential co-infections of *Borrelia* biofilms with *Chlamydia* spp. It is among the first to document the co-existence of *Borrelia* biofilms with the intracellular pathogen *Chlamydia* spp. in infected human skin tissues, and to the best of our knowledge, this is the first study to show *Chlamydia* within the biofilm.

Our PCR and sequencing analyses showed that *Borrelia* positive BL tissue samples are also positive for *Chlamydia* DNA, and the obtained sequencing was mapped to several chlamydial strains and was found to have the best match to 2 human pathogens, *C. pneumoniae* and *C. trachomatis* strains. Studies conducted in Finland and Australia reported *Chlamydia*-like DNA in skin biopsies of patients suspected to have a tick bite and who were PCR-positive for *Borrelia* DNA as well [50–52]. A very recent study provided evidence that IgM and IgG antibodies for both *C. pneumoniae* and *C. trachomatis* can be detected in 20–30% of patients with tick bite history [71]. Those studies strongly indicated that co-infection of *Borrelia* with *Chlamydia* spp. is possible.

After finding chlamydial DNA in BL skin biopsies, the question became whether they exist in biofilm form. To examine BL skin lesions for co-existence of *Borrelia* and *Chlamydia* in biofilm form, IHC staining and FISH techniques were used.

As previously reported, alginate is successfully being adapted as a biofilm marker and was used to confirm the co-existence of both bacterial species in the biofilm form [19]. Alginate has been reported to be a key component of the EPS layer in *Borrelia burgdorferi* sensu stricto and sensu lato biofilms [19–21]. Although no direct evidence suggests the existence of *Chlamydia* individually in a biofilm form, they could be a part of a microbial community with other bacterial biofilms. Biofilm forming bacteria can promote the participation of strains of non-biofilm forming bacteria in a community as is observed in dental plaques with *Actinomyces* spp. [72].

In fact, our IHC and FISH data suggest that *Chlamydia* spp. can exist in aggregate forms as suggested on other systems [60, 66]. Furthermore, environmental stressors are known to push *Chlamydia* into a state of persistence, in which they are viable but non-infectious [73]. Persistent like morphological characteristics of *Chlamydia* have been identified in vivo [74] and several studies have shown resistance of chlamydial infection to antibiotics both in vitro and in vivo [75].

Our confocal microscopy data suggest a very specific spatial distribution of *Chlamydia* in the *Borrelia* biofilm. Previous studies suggested that the different bacteria in multi-species biofilms could have specific spatial distribution which supports our confocal image findings showing that *Chlamydia* is localized in the middle of *Borrelia* biofilm rather than randomly distributed [42, 77, 78]. Our confocal analyses also demonstrated that the *Borrelia/Chlamydia*-positive biofilm structure is surrounded by alginate. The observation raises the question about which organism secretes alginate rich protective matrix. While studies show that *Chlamydiae*-infected cell cultures express a glycolipid that is similar to alginate in its polysaccharide content and molecular weight [76], our data suggests that the alginate being expressed is probably secreted by *Borrelia burgdorferi* and not by *Chlamydia* because all *Chlamydia* negative biofilms are positive for alginate.

Ticks are capable of inoculating and harvesting several different pathogens upon infection to the host organism. A study conducted in Switzerland and Algeria evaluated ticks and fleas for the presence of *Chlamydiales* DNA and found ticks to be a possible vector for transmission of *Chlamydia* spp. [50]. The

same group in 2015 then reported a higher prevalence and diversity of *Chlamydiales* DNA in ticks [51]. Another study supported and confirmed the presence of *Chlamydia*-related organism in ticks [52], and they also found sequences similar to *Chlamydia* DNA in human skin biopsies. The study screened skin biopsies of patients with suspected history of tick bite and reported *Chlamydia* DNA in 85% *Borrelia* PCR positive biopsies and 71% positive for *Chlamydia* DNA in *Borrelia* PCR negative skin biopsies [52].

Mono-species biofilms alone have proven to be 100 to 1000 times more resistant to antibiotics, leading to persistent infections [79]. Our research group has demonstrated the extraordinary resistance of *Borrelia* biofilms to several antibiotics in vitro [22, 80], which may explain the persisting symptoms observed in Lyme patients. Multi-species biofilms are being studied extensively in relation to several chronic infections. Chronic wound infections in a porcine model showed increased resistance to antimicrobial activity upon infection with *Staphylococcus aureus* in a multi-species biofilm form [39, 81, 82]. Pulmonary infections in cystic fibrosis patients have been suggested to contain several different airway pathogens making them more complex and resistant to treatments [40]. Studies have identified *Dolosigranulum pigrum* and *Pseudomonas aeruginosa* in biofilm form in pulmonary infections and have shown increased resistance to antimicrobial treatments [40]. Diabetic foot ulcers show polymicrobial infection involving *S. aureus*, *P. aeruginosa*, and *E. coli* at the site of infection, slowing the healing process and, in some cases, leading to antimicrobial resistance [83]. These findings strongly suggest that microbial communities behave synergistically with each other in a mixed biofilm form.

The symptoms observed during Lyme infection are very similar to those of chlamydial infection [62, 63]. Arthritis is one of the major symptoms observed in both of these bacterial infections, and a study suggested the intra-articular co-infection of *Chlamydia trachomatis* and *Borrelia burgdorferi* in patients with oligoarthritis [63]. Furthermore, *Chlamydia* and *Borrelia* DNAs were found in the synovial fluid of patients with undifferentiated oligoarthritis [84].

Another example for skin infections, which can be caused by *Borrelia* or *Chlamydia*, is erythema nodosum, a condition leading to skin inflammation with painful, red deep-seated nodules [62, 85]. The skin condition erythema multiforme has been also associated with *Borrelia* and *C. pneumoniae* infections [86, 87].

Furthermore, *C. pneumoniae* infections have been linked to atherosclerosis and well characterized in atherosclerotic plaques [58]. Lyme carditis is one of the chronic infections of Lyme disease, and an independent study reported seropositivity results for anti-*Borrelia* IgG antibodies in carotid atherosclerosis [88]. In addition, a recent study observed biofilm formation in atherosclerotic plaques, which indeed suggests that biofilms could be present in cardiac tissues and be a part of the biofilm community with several other species [89, 90].

The obvious question is whether multi-species biofilms could have even higher antibiotic resistance for antibiotics than mono-species biofilm. In a synergistic relationship, both biofilm partners should provide advantage for the whole community [42]. The obvious question is why *Borrelia* and *Chlamydia* can be found together so frequently and how they can build symbiotic relationships. *Chlamydia*, for example, cannot produce the ATP molecule for its energetic processes [58–61]. Therefore, it is possible that *Borrelia* must provide ATP inside the biofilm structure. Furthermore, *Borrelia* biofilm is known to have a very organized structure that confers high resistance to environmental stressors [19, 20, 21]; therefore, *Borrelia* could also provide the necessary shelter for *Chlamydia*.

Conversely, *Chlamydia* could supply iron necessary for *Borrelia*. Several studies have reported that *Borrelia* uses manganese instead of iron for its own biological processes [91, 92]. Yet, iron appears to play a crucial role in biofilm formation by stabilizing the polysaccharide matrix, as was shown in *S. aureus* and *P. aeruginosa* biofilms [93–95]. Moreover, in a multi-species biofilm of *Candida albicans* and *P. aeruginosa*, iron triggers virulence of the bacterial pathogens and can cause significant damage to the host [96]. Relating the role of *Chlamydia* in the biofilm form with *Borrelia* could suggest that they have a symbiotic relation.

In summary, our data provides strong evidence for the co-existence of *Chlamydia* spp. with *Borrelia* biofilms in human skin biopsies of BL lesions with their involvement in *Borrelia* biofilms. This study warrants further research to understand the physiological role of mixed biofilms in chronic Lyme disease.

Abbreviations

- ATCC - American Type Culture Collection
- BL - Borrelial lymphocytoma
- BSA - bovine serum albumin
- BSK-H - Barbour-Stoner-Kelly H
- DIC - differential interference contrast microscopy
- EM - erythema migrans
- EDTA - ethylenediaminetetraacetic acid
- FAM - 6-fluorescein amidite
- FFPE - formalin-fixed, paraffin-embedded
- FISH - fluorescent in situ hybridization
- FITC - fluorescein isothiocyanate
- H&E - hematoxylin and eosin
- IHC - immunohistochemistry
- OmpA - major outer membrane protein A
- PBS - phosphate-buffered saline
- PCR - polymerase chain reaction
- RT - room temperature
- SSC - saline sodium citrate

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Authors' Contribution

ES conceptualized, designed, and supervised the study, analyzed and interpreted data, obtained funding, and wrote the manuscript. KG designed and performed experiments, analyzed and interpreted data, and wrote manuscript. KW, JT, and GG designed and performed experiments. AM analyzed and interpreted data. BZ conceptualized and designed the study. All authors had full access to all data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

Conflict of Interest

The authors have declared that no competing interest exists.

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