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Systematic review

SARS-CoV-2 seroprevalence worldwide: a systematic review and meta-analysis

Ali Rostami ^{1, *}, Mahdi Sepidarkish ², Mariska M.G. Leeflang ³, Seyed Mohammad Riahi ⁴, Malihe Nourollahpour Shiadeh ⁵, Sahar Esfandyari ⁶, Ali H. Mokdad ⁷, Peter J. Hotez ⁸, Robin B. Gasser ^{9,**}

¹⁾ Infectious Diseases and Tropical Medicine Research Centre, Health Research Institute, Babol University of Medical Sciences, Babol, Iran

²⁾ Department of Biostatistics and Epidemiology, School of Public Health, Babol University of Medical Sciences, Babol, Iran

³⁾ Department of Epidemiology and Data Science, Amsterdam Public Health, Amsterdam UMC/University of Amsterdam, Amsterdam, the Netherlands

⁴⁾ Cardiovascular Diseases Research Center, Department of Epidemiology and Biostatistics, School of Medicine, Birjand University of Medical Sciences,

Birjand, Iran

⁵⁾ Sexual and Reproductive Health Research Centre, Mazandaran University of Medical Sciences, Sari, Iran

⁶⁾ Department of Physiology and Biophysics, College of Medicine, University of Illinois at Chicago, Chicago, IL, USA

⁷⁾ Institute for Health Metrics and Evaluation, University of Washington, Seattle, WA, USA

⁸⁾ Texas Children's Hospital Center for Vaccine Development, Department of Pediatrics and Molecular Virology and Microbiology, National School of

Tropical Medicine, Baylor College of Medicine, Houston, TX, USA

⁹⁾ Department of Veterinary Biosciences, Melbourne Veterinary School, The University of Melbourne, Parkville, Victoria, Australia

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ABSTRACT

Objectives: COVID-19 has been arguably the most important public health concern worldwide in 2020, and efforts are now escalating to suppress or eliminate its spread. In this study we undertook a metaanalysis to estimate the global and regional seroprevalence rates in humans of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), and to assess whether seroprevalence is associated with geographical, climatic and/or sociodemographic factors.

Methods: We systematically reviewed PubMed, Scopus, Embase, medRxiv and bioRxiv databases for preprints or peer-reviewed articles (up to 14 August 2020). Study eligibility criteria were populationbased studies describing the prevalence of anti-SARS-CoV-2 (IgG and/or IgM) serum antibodies. Participants were people from different socioeconomic and ethnic backgrounds (from the general population), whose prior COVID-19 status was unknown and who were tested for the presence of anti-SARS-CoV-2 serum antibodies. We used a random-effects model to estimate pooled seroprevalence, and then extrapolated the findings to the global population (for 2020). Subgroup and meta-regression analyses explored potential sources of heterogeneity in the data, and relationships between seroprevalence and sociodemographic, geographical and/or climatic factors.

Results: In total, 47 studies involving 399 265 people from 23 countries met the inclusion criteria. Heterogeneity ($l^2 = 99.4\%$, p < 0.001) was seen among studies; SARS-CoV-2 seroprevalence in the general population varied from 0.37% to 22.1%, with a pooled estimate of 3.38% (95%CI 3.05–3.72%; 15 879/ 399 265). On a regional level, seroprevalence varied from 1.45% (0.95–1.94%, South America) to 5.27% (3.97–6.57%, Northern Europe), although some variation appeared to relate to the serological assay used. The findings suggested an association of seroprevalence with income levels, human development indices, geographic latitudes and/or climate. Extrapolating to the 2020 world population, we estimated that 263.5 million individuals had been exposed or infected at the time of this study.

Conclusions: This study showed that SARS-CoV-2 seroprevalence varied markedly among geographic regions, as might be expected early in a pandemic. Longitudinal surveys to continually monitor seroprevalence around the globe will be critical to support prevention and control efforts, and might indicate levels of endemic stability or instability in particular countries and regions. **Ali Rostami, Clin Microbiol Infect 2021;27:331** © 2020 European Society of Clinical Microbiology and Infectious Diseases. Published by Elsevier Ltd. All

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 Corresponding author. Ali Rostami, Infectious Diseases and Tropical Medicine Research Center, Health Research Institute, Babol University of Medical Sciences, Babol, Iran.
Corresponding author. Robin B. Gasser, Department of Veterinary Biosciences, Melbourne Veterinary School, The University of Melbourne, Parkville, Victoria, Australia. *E-mail addresses: alirostami1984@gmail.com* (A. Rostami), robinbg@unimelb.edu.au (R.B. Gasser).

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Introduction

Coronavirus 19 disease (COVID-19)-a severe, acute respiratory syndrome caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)-was first identified in Wuhan, China, in December 2019 [1,2], and spread within months to most nations of the world [3]. By 16th August 2020, this pandemic disease was affecting people in 213 countries and territories, with about 21 million confirmed cases and around 800,000 deaths reported globally [4]. The diagnosis and management of COVID-19 are based on the detection of SARS-CoV-2 in nasopharyngeal swabs from patients presenting with clinical signs (including fever, dry cough and/or shortness of breath), or in suspected cases, by reverse transcription polymerase chain reaction (RT-PCR) [5,6]. Since the manifestation of SARS-CoV-2 infection ranges from asymptomatic to fatal, the surveillance of confirmed COVID-19 cases might not be representative for a particular community [7,8]. Although RT-PCR is currently recognized as 'reference standard' for the diagnosis of SARS-CoV-2 infection [5], a significant number of asymptomatic or subclinically infected individuals is likely to remain undetected. Therefore, it is plausible or likely that the actual number of people exposed to, or infected with, is underestimated [7–9]. Serological screening represents a critical adjunct to PCR-based detection/diagnosis and is a key tool to evaluate the cumulative prevalence of SARS-CoV-2 infection, and to monitor seroconversion [10] and seroreversion [11,12] in individuals and a community; such screening is useful to gain insight into the dynamics of specific antibody responses during and after the spread of the virus and, if undertaken routinely, to inform health authorities, politicians and policy-makers about seroprevalence at any given stage during an epidemic [13,14]. The prevalence of specific serum antibodies (IgG and/or IgM) against SARS-CoV-2 can provide a sound indication of exposure to SARS-CoV-2 in a population [7,9]. Due to an apparent persistence of antibodies to SARS-CoV-2 (particularly IgG) after viral clearance [7], it is expected that serological monitoring and surveillance provide relevant datasets to estimate the cumulative prevalence of SARS-CoV-2 infection/exposure in a population [7,15], and may even indicate the immune status of individuals or populations [8,9].

Several commercial and in-house immunoassays are being used for the detection of IgG and/or IgM serum antibodies to SARS-CoV-2; these are mainly enzyme-linked immunosorbent assays (ELISAs), chemiluminescence immunoassays (CLIAs) or lateral flow assays (LFIAs) [16,17]. The diagnostic specificity and sensitivity of these methods vary and depend on the use of recombinant or purified protein antigens—e.g. spike (S), envelope (E), membrane (M), nucleocapsid (N) or receptor binding domain (RBD) proteins—and the rigor of assay optimization [18,19].

Since April 2020, sero-epidemiological studies have been reported from a number of countries most affected by COVID-19, including Brazil, China, France, Germany, Iran, Italy, Spain, England and the USA [9,20–27]. As the pandemic spreads, it is crucial that a rapid and thorough analysis be undertaken to estimate global seroprevalence at a moment in time. In this study, 6 months after the commencement of the pandemic, we undertook a meta-analysis to estimate the global and regional seroprevalences of SARS-CoV-2 in people of the general population (whose prior COVID-19 status was unknown), and assessed whether geographical, climatic and socio-demographic factors impact on seroprevalence.

Methods

Search strategy and selection criteria

This study followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines (cf. Fig. 1). We performed a systematic literature search in the databases PubMed, Scopus, Embase, medRxiv and bioRxiv in August 2020 using the following terms: "SARS-CoV-2", "COVID-19", "coronavirus", "antibody", "ELISA", "seroprevalence" and "population", without language or geographical restriction (Supplementary Material Fig. S1). Additional related articles were retrieved manually from Google Scholar and critically evaluated. All articles were imported to Endnote software X8 (Thompson and Reuters, Philadelphia, USA). and duplicates were removed. Two independent reviewers (AR, MS) studied all titles and abstracts for eligibility. Included were all peerreviewed population-based studies, preprints, and research reports which reported the prevalence of anti-SARS-CoV-2 serum antibodies in the 'general population' (i.e. randomly selected people of different ages, occupations, educational and ethnic backgrounds, and socioeconomic status, living in a defined geographical region, whose prior COVID-19 status was unknown). Articles were excluded if they (a) involved suspected, confirmed or hospitalized COVID-19 patients, (b) were performed in at-risk populations (e.g. healthcare workers) or individuals with known diseases (e.g. cancer or dialysis patients), (c) recorded prevalence based on clinical manifestation, computed tomography scan or PCR, (d) were comparative studies of diagnostic methods, (e) used datasets that overlapped with those of other articles, (f) were case reports or case studies, or (g) were editorials, commentaries, reviews or systematic reviews.

Extraction of data and quality evaluation

After the screening of published articles for eligibility, relevant data and information from each eligible study were entered into a specific form in Microsoft Excel (version 2016; Microsoft Corporation, Redmond, USA). Two co-authors (AR and MNS) independently collated data from all eligible studies, and two (MS and SE) independently evaluated these data. Any inconsistencies were discussed and a consensus decision was made. The following items were obtained from each study (if described): primary author; publication year; country; city; study design and period; type of serological methods used; sensitivity and specificity of diagnostic methods; number of people screened; the number of people seropositive for SARS-CoV-2 antibodies; and data regarding age, sex and ethnicity.

All geographical areas (i.e. cities and countries) investigated were classified according to 'Sustainable Development Goal' (SDG) regions or subregions defined by the United Nations [28]. For individual countries, we recorded information on the total numbers of confirmed cases and deaths (up to 15th August 2020) reported by the World Health Organization (WHO) [29], World Bank's income category [30], gross national income per capita [31], and the human development index (HDI) [32]. Furthermore, we recorded total global, regional and national populations (both sexes combined) in 2020, estimated by the United Nations [33]. If sample size(s) and the numbers of seropositive people were specified in studies, we extracted and critically appraised data for separate geographic regions. We also recorded latitude, longitude, mean relative humidity, and mean environmental temperature in geographic regions/ subregions during the study period using the database timeanddate.com (weblink: https://www.timeanddate.com). The quality of studies included in the meta-analysis was assessed using the Joanna Briggs Institute (JBI) Prevalence Critical Appraisal Tool [34]. Individual articles were assessed as to whether they adequately described the following: sample collection, recruitment method, subjects and the setting, number of subjects, information on subjects, results, reliability of results, statistical analysis method(s), subpopulation analysis and confounder adjustment ('yes' or 'no' answer). For each study, the number of 'yes' answers to these ten criteria was counted; the higher the number of 'yes' answers, the lower the risk of bias in a study.



Fig. 1. Search strategy and study selection process, indicating numbers of studies (and associated datasets) excluded or included.

Meta-analysis

All analyses were carried out using Stata statistical software (v.13 Stata Corp., College Station, TX, USA). To conservatively estimate the pooled seroprevalence of SARS-CoV-2 in the general population, we used a DerSimonian and Laird random-effects model (REM) [35]. For this purpose, first, we estimated the seroprevalence in individual countries by synthesizing the seroprevalence rates of all studies from the same country, and then we calculated the seroprevalences of SARS-CoV-2 for the WHO-defined regions (if studies were available for at least two countries) by synthesizing the data for countries within the same SDG region. We calculated the pooled seroprevalence rates at a 95% confidence interval (CI) using the 'metaprop' command in Stata software. We estimated heterogeneity using the I^2 statistic; an $I^2 > 75\%$ and p < 0.05 were considered to represent substantial heterogeneity [36]. To estimate the number of people exposed to SARS-CoV-2, we extrapolated seroprevalence estimates to the total human population (in 2020) living in a country and a region according to the UN Population Division [28].

To explore possible sources of heterogeneity and also effects of sociodemographic, geographical and climatic parameters on SARS-CoV-2 seroprevalence, we undertook several subgroup analyses by REM as well as random effects meta-regression ecological analyses using the 'metareg' command in Stata [37]. These analyses were performed considering the following: SDG regions; serological method used; age, sex and ethnicity of people; country income level, country HDI; latitude, longitude; mean environmental temperature; mean relative humidity; and time during the pandemic. To assess the effect of these variables on seroprevalence, we carried out random effects meta-regression analyses using the 'metareg' command in Stata [37]. Further meta-regression analyses were

performed to assess whether seroprevalence was associated with the total number of confirmed cases or deaths in individual countries. As publication bias is not relevant for prevalence studies [38], it was not assessed. Results were considered as statistically significant if p < 0.1.

Results

Study characteristics

Our search of electronic databases identified a total of 4912 articles; following the removal of duplicate articles and a critical appraisal of article titles and abstracts, 133 potentially relevant articles were identified for full-text evaluation (Fig. 1). After applying the eligibility criteria, 47 articles were included in the quantitative synthesis; these 47 eligible articles contained 107 datasets representing 399 265 people from 23 countries in six SDG regions. Of these datasets, 74 were from Europe and Northern America, 17 from Latin America and the Caribbean, 13 from Eastern and South-Eastern Asia, one from Central and Southern Asia, one from North Africa and Western Asia, and one from Sub-Saharan Africa. We did not identify a published study from Oceania. Information on the studies included is provided in the Supplementary Material Table S1. Most articles included (44 studies) had a low risk of bias (score: 7-10/10), and only three studies had a moderate risk (6/10) of bias (Table 2).

SARS-CoV-2 seroprevalence

Analysis of the 107 datasets selected from the 47 articles showed that 15 879 people from a general population of 399 265 had specific serum antibodies to SARS-CoV-2, indicating a pooled

Table 1

Global, regional and national pooled prevalence of serum antibodies to severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in the general population (results from 47 studies containing 107 datasets performed in 23 countries)

WHO regions/country Number datasets	Number of people screened (total)	Number of seropositive people	Pooled seroprevalence % (95%Cl)	Estimated global or country's population (2020)	Estimated number of people exposed to SARS-CoV-2 (95%CI)
Global 107	399 265	15 879	3.38 (3.05–3.72)	7 794 799 000	263 565 606 (237 741 369
Europe and northern 74 America	272 265	13 109	4.21 (3.52–4.90)	1 116 506 000	-285 500 523) 47 004 902 (39 301 011 -54 708 794)
Northern America 22	51 544	3146	4.41 (3.03–5.79)	368 870 000	16 267 167 (11 176 761 -21 357 573)
United states 22	51 544	3146	4.41 (3.03-5.79)	331 003 000	14 597 232 (10 029 390 -19 165 073)
Western Europe 13	16 933	658	3.17 (1.96-4.38)	196 146 000	6 217 828 (3 844 461–8 591 194)
Belgium 2	7391	293	3.46 (3.04-3.88)	11 590 000	401 014 (352 336-449 692)
France 5	1198	30	2.19 (1.20-3.18)	65 274 000	1 429 500 (783 288–2 075 713)
Germany 4	3806	81	2.23 (0.79-3.67)	83 784 000	1 868 388 (661 893-3 074 872)
Switzerland 1	2766	219	7.92 (6.94-8.99)	8 655 000	685 476 (600,657-778,084)
Luxembourg 1	1862	35	1.88 (1.31-2.60)	626 000	11 768 000 (8 200-16 276)
Southern Europe 26	71 478	3242	4.41 (2.20-6.61)	152 215 000	6 712 681 (3 348 730-10 061 411)
Croatia 2	1494	19	1.05 (0.56-1.60)	4 105 000	43 102 (22 988-65 680)
Italy 4	2323	145	7.27 (2.48-11.9)	60 462 000	4 395 587 (1 499 457-7 249 393)
Spain 19	61 075	3054	5.01 (4.83-5.18)	46 755 000	2 342 425 (2 258 266-2 421 909)
Greece 1	6586	24	0.36 (0.23-0.54)	10 423 000	37 522 (23 972-56 284)
Eastern Europe 1	10 474	69	0.66 (0.51-0.83)	293 013 000	1 933 885 (1 494 366-2 432 007)
Hungary 1	10 474	69	0.66 (0.51-0.83)	9 660 000	63 756 (49 266-80 178)
Northern Europe 12	121 836	5994	5.27 (3.97-6.57)	106 261 000	5 599 954 (4 218 561-6 981 347)
England 9	99 908	5544	5.65 (4.61-6.69)	67 886 000	3 835 559 (3 129 544–4 541 573)
Denmark 2	21 715	418	1.77 (1.60-1.95)	5 792 000	102 518 (92 672-112 944)
Sweden 1	213	32	15.0 (10.5-20.5)	10 099 000	1 516 869 (1 061 405-2 074 334)
Eastern and south-eastern 13	89 648	1855	2.02 (1.56-2.49)	2 346 709 000	47 403 521 (36 608 660-
Asia					58 433 054)
Eastern Asia 12	88 832	1852	2.02 (1.56–2.49)	1 678 090 000	33 897 418 (26 178 204-
					41 784 441)
China 8	86 416	1756	1.63 (1.13–2.13)	1 439 324 000	23 460 981 (16 264 361 – 30 657 601)
Japan 3	2218	81	3.62 (2.84-4.39)	126 476 000	4 578 431 (3 591 918 – 5 552 296)
South-Korea 1	198	15	7.58 (4.30–12.2)	51 269 000	3 886 190 (2 204 567 - 6 249 691)
South-Eastern Asia 1	816	3	0.37 (0.08-1.07)	668 620 000	2 473 894 (534 896–7 154 234)
Malaysia 1	816	3	0.37 (0.08-1.07)	32 366 000	119 754 (25 893–346 316)
Latin America and the 17 Caribbean	33 596	618	1.45 (0.95–1.94)	653 962 000	9 482 449 (6 212 639–12 686 862)
South America 17	33 596	618	1.45 (0.95-1.94)	430 760 000	6 246 020 (4 092 220-8 356 744)
Brazil 15	32 352	479	0.96 (0.52-1.40)	212 559 000	2 040 566 (1 105 306- 2 975 826)
Chile 2	1244	139	10.78 (9.1-12.5)	19 116 000	2 060 704 (1 731 909 -2 389 500)
Sub-Saharan Africa 1	3098	174	5.62 (4.83-6.49)	1 094 366 000	61 503 369 (52 857 878 -71 024 353)
Kenya 1	3098	174	5.62 (4.83-6.49)	53 771 000	3 021 930 (2 597 139–3 489 738)
Central and southern Asia 1	528	117	22.16 (18.7–26.0)	2 014 709 000	446 459 514(376 549 112- 522 816 985)
Iran 1	528	117	22.16 (18.7–26.0)	83 993 000	18 612 848 (15 698 291
Northern Africa and western 1	130	6	4.62 (1.71–9.78)	525 869 000	24 295 147(8 992 359- 51 429 988)
Libya 1	130	6	4.62 (1.71-9.78)	6 871 000	317 440 (117 494 - 671 983)

seroprevalence of 3.38% (95%CI 3.05–3.72%). Significant heterogeneity ($I^2 = 99.4\%$, p < 0.001) was seen among studies. An extrapolation to the global population (2020) indicated that ~263.5 million (range: 237 741 369 to 289 966 523) people had been exposed to SARS-CoV-2 (14th July 2020). More details on the overall and regional SARS-CoV-2 seroprevalences and burdens are given in Table 1. According to SDG subregions (for which two or more countries were represented), seroprevalences were: 5.27% (3.97–6.57%) in Northern Europe; 4.41% (2.20–6.61%) in Southern Europe; 4.41% (3.03–5.79%) in Northern America; 3.17% (1.96–4.38%) in Western Europe; 2.02% (1.56–2.49%) in Eastern Asia; and 1.45% (0.95–1.94%) in South America. Countries with

the highest seroprevalences were Iran (22.1%), Sweden (15.02%), Chile (10.7%), Switzerland (7.9%), Italy (7.27%), South Korea (7.5%), Spain (5.0%) and the USA (4.4%). Fig. 2 shows the SARS-CoV-2 seroprevalence estimates for individual countries.

Seroprevalence according to sex, age and population

Of the 47 studies included, 29 reported separate, pooled seroprevalences for males and females. Of 145 368 males and 151 790 females, 6186 males (5.33%, 4.35–6.31%) and 6958 females (5.05%, 4.06–6.04) had specific serum antibodies against SARS-CoV-2. Fifteen studies reported pooled seroprevalences for

Table 2

Prevalence of serum antibodies to severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in the general population according to a priori defined subgroups

Variable/subgroups	Number of datasets	Number of people screened (total)	Number of seropositive people	Pooled seroprevalence % (95%CI)
Gender				
Male	29	145 368	6186	5.33 (4.35–6.31)
Female	29	151 790	6958	5.05 (4.06-6.04)
Age				
≤19	11	18 333	535	2.28 (1.01-3.56)
20-49	15	96 109	4268	3.22 (1.90-4.55)
50-64	15	75 589	3769	2.98 (1.59-4.36)
≥65	12	41 421	1634	2.57 (1.39-3.76)
Type of population				
General	68	227 428	6483	2.43 (2.16-2.70)
General adult	18	169 016	9201	5.31 (4.12-6.50)
General children	2	1821	162	8.76 (7.46-10.06)
Serological method				
LFIA	58	224 922	10 023	3.95 (3.17-4.74)
ELISA	23	38 159	1417	3.53 (2.65-4.40)
CLIA	15	80 435	1907	2.73 (2.03-3.42)
Virus neutralisation assay	10	40 648	645	1.32 (0.90-1.74)
Microsphere immunoassay	1	15 101	1887	12.50 (11.97-13.03)
Type of procedure				
Commercial kit	83	334 334	13 870	3.33 (2.95-3.71)
In-house	24	64 931	2009	3.63 (2.79-4.48)
Race/ethnicity				
White, non-Hispanic	7	114 544	5662	3.76 (1.43-6.08)
Black, non-Hispanic	7	7287	649	9.96 (2.95-16.97)
Brown/Hispanic	7	14 347	1016	8.76 (0.01-18.65)
Multiple race/Asian/other/unknown	7	8139	709	5.78 (1.76-9.79)

LFIA, lateral flow immunoassay; ELISA, enzyme-linked immunosorbent assay; CLIA, chemiluminescence immunoassay.



Fig. 2. Estimated seroprevalence rates of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in the general human population in different countries using the geographic information system (GIS).

different age groups; subgroup analyses revealed pooled seroprevalences of 2.28% (1.01–3.56%), 3.22% (1.90–4.55%), 2.98% (1.59–4.36%) and 2.57% (1.39–3.76%) in people aged \leq 19, 20–49, 50–64 and \geq 65 years, respectively (Table 2).

Of the 47 studies, 36 tested people of all age groups, whereas nine and two studies tested only adults and children, respectively (Table 2). Subgroup analysis revealed pooled seroprevalences of 2.43% (2.16-2.70%) in people of all ages, 5.31% (4.12-6.50%) in adults only, and 8.76% (7.46-10.06%) in children only (Table 2).

Seroprevalence in relation to serological assay used

Of 47 studies, 18 utilized rapid LFIAs to detect specific serum antibodies against SARS-CoV-2, 11 used ELISA, 13 used CLIAs, four studies employed a virus neutralization assay, and one used a microsphere immunoassay. Thirty-seven studies used commercial kits and ten employed in-house serological methods. Subgroup analyses, conducted considering the type of serological method employed, revealed pooled seroprevalences of 3.95% (3.17–4.74%), 3.53% (2.65–4.40%), 2.73% (2.03–3.42%) and 1.32% (0.90–1.74%)

using LFIA, ELISA, CLIA and neutralization assays, respectively. One study in the USA, which used a microsphere immunoassay, indicated a seroprevalence of 12.5% (11.97–13.03%). Subgroup analysis revealed pooled seroprevalence rates of 3.33% (2.95–3.71%) using commercial assays and 3.63% (2.79–4.48%) employing in-house assays (Table 2).

Seroprevalence in relation to ethnicity

Seven studies (five from the USA, one from England and one from Brazil) had datasets that were stratified according to ethnicity. Subgroup analysis revealed pooled seroprevalences of 3.76% (1.43–6.08%), 9.96% (2.95–16.97%), 8.76% (0.01–18.65%) and 5.78% (1.76–9.79%) in people of white, black, Hispanic and other ethnic backgrounds (Asian/other), respectively (Table 2). In the USA, subgroup analysis revealed pooled seroprevalences of 4.11% (1.45–6.78%), 10.83% (4.81–16.85%), 12.79% (2.33–27.91%) and 5.86% (1.12–10.60%) in people of white/non-Hispanic, black/non-Hispanic, Hispanic and other backgrounds (Asian/other), respectively.

Relationship between seroprevalence and sociodemographic variables

Thirty-five studies represented countries with high income and very high HDI levels; 11 represented countries with upper-middle income levels and high HDIs, and one country had lower-middle income and medium HDI levels. No study was from a low-income or low-HDI country. Subgroup analysis (Table 3), according to income and HDI level, revealed higher seroprevalences in countries with high income (4.44%, 3.77–5.1%) and very high HDI levels (4.37%, 3.71–5.02%) than in countries with upper-middle income (1.31%, 1.02–1.59%) and high HDI levels (1.35%, 1.06–1.64%). Random-effects meta-regression analyses showed a significant, increased trend in seroprevalence with higher income levels (coefficient, C = 3.10e-07; p = 0.09) and HDI levels (C = 0.131; p = 0.01) (Figs. 3A,B).

Relationship between seroprevalence and geographical location, climate or time

At geographical latitudes of $0-20^{\circ}$, $20-40^{\circ}$ and $40-60^{\circ}$, seroprevalences were 2.99% (0.71-5.28%), 2.29% (2.03-2.56%) and 4.68% (3.92-5.43%), respectively; the highest and lowest seroprevalences were at longitudes $60-90^{\circ}$ (6.36%, 3.07-9.66%) and $\geq 120^{\circ}$ (1.63%, 1.01-2.25%). In relation to climate, seroprevalences were 5.48% (3.81-7.87%), 3.41% (2.96-3.85%) and 2.77% (2.01-3.55%) in regions with mean relative humidities of <60%, 60-80%, and >80\%, respectively. Subgroup analysis indicated that the highest and lowest seroprevalence rates occurred in climes with average environmental temperatures of < 7° C (7.87%,

Table 3

Prevalence of serum antibodies against severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) in the general population based on subgroups according to different sociodemographic geographic parameters and time during, calculated using a random effects model

Parameters/subgroups	Number of datasets	Number of people screened (total)	Number of seropositive people	Pooled seroprevalence % (95%Cl)
Income				
Lower middle	1	3098	174	5.62 (4.83-6.49)
Upper middle	26	120 242	2361	1.31 (1.02-1.59)
High	80	275 925	13 344	4.44 (3.77-5.1)
Human development index				
Medium	1	3 098	174	5.62 (4.83-6.49)
High	26	119 426	2358	1.35 (1.06-1.64)
Very high	80	276 741	13 347	4.37 (3.71-5.02)
Latitude				
0–20°	5	18 007	496	2.99 (0.71-5.28)
20–40°	49	160 890	4034	2.29 (2.03-2.56)
40–60°	53	220 368	11 349	4.68 (3.92-5.43)
Longitude				
0-30°	53	220 851	9969	4.15 (3.49-4.82)
30-60°	16	35 478	769	1.76 (1.18-2.34)
60–90°	10	27 927	2435	6.36 (3.07-9.66)
90–120°	18	102 378	2497	2.80 (2.37-3.22)
≥120	10	12 631	209	1.63 (1.01-2.25)
Relative humidity (%)				
<60	15	62 692	3763	5.84 (3.81-7.87)
60-79	76	306 057	11 159	3.41 (2.96-3.85)
≥80	16	30 516	957	2.77 (2.01-3.55)
Mean temperature (°C)				
<7	4	1765	102	7.87 (1.54–14.20)
7.1–13	36	111 683	5351	4.27 (3.23-5.32)
13.1–19	43	232 763	9332	4.16 (3.53-4.78)
19.1–25	18	29 550	303	0.85 (0.60-1.11)
25.1-30	6	23 504	791	3.79 (1.75-5.84)
The time from the beginning				
of the pandemic (days)				
<15	5	8222	129	3.54 (1.84-5.23)
16-30	2	1943	69	3.05 (2.29-3.81)
31-45	12	68 370	1470	2.51 (2.05-2.97)
46-60	24	49 663	1009	1.76 (1.28-2.24)
60-75	15	22 452	614	2.59 (1.83-3.34)
76–90	27	105 317	5419	3.97 (2.98-4.96)
90-105	8	36 945	1189	3.80 (2.22-5.39)
106-120	2	3557	389	8.63 (7.72-9.54)
121-135	2	411	47	10.34 (7.42-13.26)
136-150	9	99 908	5544	5.65 (4.61-6.69)



Fig. 3. Ecological random effects meta-regression analyses of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) seroprevalence in the general population in relation to: (A) a country's income level (a statistically significant upward trend in seroprevalence in countries with higher income levels); (B) human development index (HDI) (a statistically significant upward trend in seroprevalence in higher HDI countries); (C) geographical latitude (a statistically significant upward trend in seroprevalence with increasing geographical latitude); and (D) the mean temperature during study implementation (a statistically significant downward trend in seroprevalence with increasing mean temperature).

1.54–14.20%) and 19–25°C (0.85%, 0.60–1.11%), respectively (Table 3). There was a significant (C = 0.0007, p = 0.03), increasing trend in seroprevalence with increasing geographical latitude (Fig. 3C), and a non-significant (C = -0.00008, p = 0.316) decreasing trend with geographical longitude (Fig. S2A). Furthermore, there was a significant (C = -0.0017, p = 0.02), decreasing seroprevalence trend with increasing average environmental temperature (Fig. 3D) and a non-significant (C = -0.0006, p = 0.12), decreasing trend with increasing

relative humidity (Supplementary Material Fig. S2B). Another subgroup analysis was conducted to explore SARS-CoV-2 seroprevalence over time from the start of the pandemic to the time of sampling/testing in individual studies. The results indicated that seroprevalence in a country was lowest at the beginning of a COVID-19 epidemic, higher at 70 days, and highest 4 months after the start of such an epidemic (p = 0.001, Table 3). Random-effects meta-regression analysis showed a significant increasing trend in seroprevalence over time (C = 0.002, p = 0.02, Fig. 4).



Fig. 4. Random effects meta-regression analysis of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) seroprevalence in the general human population in relation to time from the start of the pandemic to the time of sampling/testing in individual studies (articles) included in the present review. A statistically significant upward trend in seroprevalence is seen over time (C = 0.002, p 0.02).

Association between seroprevalence and confirmed COVID-19 cases (i.e. disease) and death

Meta-regression analyses revealed a non-significant increasing trend in the number of confirmed cases (C = 0.0002, p = 0.921) and of deaths (C = 0.0001, p = 0.640) with increasing seroprevalences (Supplementary Material Fig. S3A,B).

Discussion

Currently, COVID-19 is the number one public health concern worldwide. Here we provide a comprehensive appraisal of SARS-CoV-2 seroprevalence in the 'general' human population from continents from which peer-reviewed investigations have been published (up to 14th August 2020), and excluding studies of highrisk patient groups to avoid a overestimation of seroprevalence. The meta-analysis revealed a pooled SARS-CoV-2 seroprevalence of 3.38% (95%CI 3.05–3.72%) relating to ~264 million individuals worldwide at the time of drafting this manuscript. Our findings are in accord with the World Health Organization (WHO) report prediction that 2–3% of the global population might have been infected by the end of the first epidemic wave [39]. Thus, our findings suggest that (at the time of this study) ~97% of the world's population was susceptible to SARS-CoV-2 and COVID-19.

Overall seroprevalence varied markedly among countries and regions, which may be attributable to many factors, including chance variation, cultural practices, political decision-making, policies, mitigation efforts, health infrastructure and prevention/ control measures and/or the effectiveness of the implementation of such measures [40,41]. Subgroup analysis suggested higher seroprevalences rates in countries with higher income levels and HDIs. Due to a lack of data for many disadvantaged countries, findings need to be interpreted with caution, but possible explanations might include increased urbanization and population density, higher levels of social interaction and intensity of international travel. Morever, our analysis did not extend to a time when COVID-19 will accelerate in the Southern Hemisphere, especially in Africa and South America, or in South Asia.

Due to variability in the data and the lack of detailed reporting, the present findings should be interpreted with some caution. We did see a lower seroprevalence in white people than in other ethnic minority groups, which is in accord with previous studies [42–45] reporting that minority groups are being disproportionately impacted by COVID-19. According to the Centers for Disease Control and Prevention (CDC) [46], factors suggested to contribute to this disproportionate impact include discrimination in health care, housing, education and finances; communication and language barriers; cultural differences between patients and healthcare providers; lack of health insurance; increased employment of ethnic minority groups in essential work settings such as healthcare facilities, farms, factories, grocery stores, and public transportation; and living in more crowded families or conditions. In this analysis we did not attempt to distinguish prevalence rates within different regions of the USA or other nations. Doing so might have revealed increased seroprevalence in lower-income areas due to the factors mentioned above. Indeed, it was noted that the 'blue marble health' concept of poverty-related diseases amongst the poor living in high-income nations might apply to COVID-19, just as it does to neglected tropical diseases, tuberculosis and other poverty-related conditions [47,48].

Regarding the serological tests, our analysis indicated some variation in diagnostic sensitivity (detecting IgG and/or IgM) among the serological assays used in published studies. A recent investigation indicated sensitivity and specificity of 85% and 99% for both antibody isotypes [49]. This review showed that similar seroprevalences were established by ELISA (3.9%) and LFIA (3.5%), while lower seroprevalence rates were obtained using CLIA (2.7%) and virus neutralization (1.3%) assays. Two recent metaanalyses [50,51] showed that sensitivities were consistently lower for the LFIA (66-80%) assay compared with ELISA (84-93%) and CLIA (90-97%), while a specificity of >95% was calculated for all methods. Variation in sensitivity could be attributable to differences in the antigens used (i.e. recombinant or purified protein), the antibody conjugate employed, and cutoff set for an assay [50,52]. A Cochrane review indicated that the combination of the detection of IgG and IgM achieved a sensitivity of 30.1% 1-7 days, 72.2% for 8-14 days, 91.4% for 15–21 days after the onset of symptoms [53]. In the present study [22,25,54,55], four studies used virus neutralization to detect serum antibodies to SARS-CoV-2, all exhibiting a sensitivity and specificity of >98%. Neutralization assays are more time-consuming to perform (3-5 days) and are carried out in biosafety level 3 (BSL-3) laboratories [56]; therefore, these assays might be less suited for routine use. One study [57] used a microsphere immunoassay to detect serum antibodies to SARS-CoV-2 and indicated a high seroprevalence (12.5%). Although this method has been approved by the Food and Drug Administration (FDA), results might be interpreted with caution, given that only one study has been published to date.

The present analyses indicate an increasing trend for seroprevalence at higher latitudes and lower mean environmental temperatures and relative humidities. This trend seems consistent with some previous laboratory, epidemiological and mathematical modelling studies [58–61], showing that environmental temperature and humidity play key roles in the survival and transmission of seasonal respiratory viruses. The highest seroprevalences were estimated for latitudes between 40°N and 56°N, in accordance with a previous study [61], indicating a substantial community spread of SARS-CoV-2 up to March 2020 in areas located in a narrow band in the 30°N and 50°N 'corridor'. The finding of higher seroprevalence rates in areas with a low mean relative humidity and temperature accords with recent epidemiological [61] and laboratory [62] studies of coronavirus survival. Both temperature and humidity are known to be critical factors in determining survival and community transmission of SARS-CoV, MERS-CoV and influenza [61,63,64]. Processes or mechanisms proposed to be linked to cold temperatures and low humidity include airborne droplet stabilization, increased viral replication in the nasopharyngeal mucosa or respiratory epithelium, and/or reduced local innate immune responses, as evidenced for other respiratory viruses [58,61,65-67]. However, much more research is needed to explore these proposals and the effects of geographical locations and/or climate factors on SARS-CoV-2 seroprevalence and COVID-19 prevalence.

As the present study represents a first 'snapshot' of SARS-CoV-2 seroprevalence based on a critical evaluation of published information, it has a number of limitations. First, there is a lack of peerreviewed, population-based studies from many countries across the globe at an early phase of the pandemic, and some studies included here lacked data on sex and age of subjects tested. We hope that these limitations can be addressed over the coming months and years, so that longitudinal investigations will provide future estimates that will be more representative of the situation worldwide, and so that, eventually, conclusions might be reached regarding endemic stability and instability in particular countries and regions. Second, different serological methods/assays (with varying sensitivities and specificities) were employed in different studies, which will have some effect on our global estimate, although subgroup analyses were undertaken to assess a potential effect of the serological methods used. Third, pooled analyses showed significant heterogeneity. As such heterogeneity was expected in meta-analyses of global prevalence estimates [68–70], we explored possible sources of heterogeneity, including geographic region and diagnostic methods. However, we did not find the source of this heterogeneity.

This study reinforces the major global health threat posed by SARS-CoV-2 infection and its very rapid spread, with the global seroprevalence rising to 3.38% only months after the commencement of the pandemic. This prevalance suggests, though, that ~96% of the world's population are still susceptible to infection, which is alarming. This means that many countries could still face multiple surges in cases, overwhelming medical systems. We have seen in many locations that hospital beds, intensive care units (ICUs) and ventilators have reached capacity. For instance, early on in New York City the USA had to send mercy ships to handle the surge in need. Therefore, countries should have plans and medical resources in place for future, unexpected waves of COVID-19.

There are indications from some countries that mortality rates for COVID-19 are higher than those officially reported [71–73]. Hence, until a vaccine or vaccines is/are available, the focus needs to be on education and prevention and strict guarantine measures. Presently, masks and safe physical distancing are our key means of reducing exposure, infections, disease and deaths. A global metaanalysis [74] showed that applying physical distancing of ≥ 1 m and usage of personal protective equipment (PPE, including face mask, eve and body protection) results in a major reduction in transmission/infection risk. However, the lack of preparedness in many countries to control a rapidly spreading, highly virulent and pathogenic virus, combined with limited or no biosecurity strategies/policies on how to deal with pandemics in populations, meant that such simple measures were not introduced initially. Our study calls for routine surveys to monitor temporal changes in seroprevalence in a location. In the context of epidemics and pandemics, such surveys might be conducted on a monthly or 2-weekly basis to allow authorities to assess the spread of the virus and exposure levels in populations. A global plan is required to monitor SARS-CoV-2 seroprevalence to assist prevention and control efforts. We aim to continue to follow the global seroprevalence situation over time, and to report on trends and changes.

Author contributions

AR, RBG and PJH conceived the study. AR, MS, MNS and SE conducted the searches and collected data. AR, MS, SMR and ML analysed and interpreted the datasets. AR, AHM, RBG and PJH drafted and edited the manuscript. All authors commented on or edited drafts and approved the final version of the manuscript.

Transparency declaration

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Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.cmi.2020.10.020.

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