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Atopic dermatitis-like skin lesions are suppressed in *fat-1* transgenic mice through the inhibition of inflammasomes

Hyun-Young Jang¹, Jeung-Hyun Koo¹, Sang-Myeong Lee² and Byung-Hyun Park¹

Abstract

Previous clinical trials have addressed the beneficial effects of fish oil supplementation on atopic dermatitis. Recently, we reported that *fat-1* mice, which can convert n-6 to n-3 polyunsaturated fatty acids (PUFAs), are protected against allergic airway inflammation because their Th2 immune responses are suppressed. Here, we examined the effects of endogenously synthesized n-3 PUFAs on atopic dermatitis, a representative Th2-dominant allergic inflammatory disease. Mouse models of atopic dermatitis-like skin lesions were prepared by epicutaneous application of 2,4-dinitrochlorobenzene (DNCB) or house dust mite (HDM) extract to the ears. DNCB-treated *fat-1* mice exhibited markedly reduced epidermal thickening, lower mast cell infiltration, and lower serum IgE and histamine compared with wild-type mice. The draining lymph nodes of *fat-1* mice were substantially smaller and contained significantly smaller proportions of activated CD4⁺ T cells and IL-4-producing Th2 cells than those of wild-type mice. Consistent with these findings, the mRNA levels of Th2 cytokines were significantly decreased in DNCB-sensitized skin lesions of *fat-1* mice. Lastly, inflammasome activation, IL-1 β production, and pyroptotic cell injury were suppressed in *fat-1* mice. Similar results were observed in HDM-challenged *fat-1* mice. This study confirms the results of previous clinical studies and suggests fish oil supplementation as a therapeutic strategy for atopic dermatitis-like skin lesions.

Introduction

Atopic dermatitis is a multifactorial chronic inflammatory disease that results from complex interactions between genetic and environmental factors¹. Atopic dermatitis is also considered a T-helper 2 (Th2)-mediated allergic disease because interleukin (IL)-4, IL-5, and IL-13 produced by Th2 cells play key roles in its onset and development²⁻⁴. These cytokines stimulate B cells, mast cells, and epidermal cells, leading to IgE production and mast cell degranulation as well as the production of various cytokines. Thymic stromal lymphopoietin (TSLP), a cytokine produced mainly by epidermal keratinocytes and mast cells, promotes the differentiation of naïve T cells

into Th2 cells⁵. TSLP is highly expressed in skin lesions of atopic dermatitis patients^{6,7}. Interestingly, T cell polarization in atopic dermatitis is biphasic: there is a predominantly a Th2 response in the acute phase, while high levels of interferon (IFN)- γ and the appearance of Th1 cells have been observed in the chronic phase⁸. In addition to adaptive immune responses, the innate immune system is activated via evolutionarily conserved pathogen-recognition receptors, such as Toll-like receptors (TLRs) and nucleotide-binding oligomerization domain receptors (NLRs)^{6,9}. The most well known of these is NLR family pyrin domain-containing protein 3 (NLRP3), which recruits apoptosis-associated speck-like protein containing a caspase recruitment domain (ASC) and pro-caspase-1. Inflammasome assembly then activates caspase-1 and leads to the release of IL-1 β and IL-18¹⁰. These ILs are important in innate immune functions and in the regulation of adaptive immune responses.

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Indeed, single-nucleotide polymorphisms (SNPs) in the *Nlrp3* gene are associated with atopic dermatitis^{11–13}.

Based on the pathology of atopic dermatitis, immunomodulating strategies have been developed to treat the disease. These strategies include corticosteroids, calcineurin inhibitors, and IgE-neutralizing antibodies^{14–16}. However, prolonged use of these drugs often produces adverse effects in atopic dermatitis patients. Therefore, a safe and long-term therapeutic strategy is required. Several epidemiological studies have shown that dietary fish oil supplementation decreases the prevalence of atopic dermatitis and alleviates the severity of the disease¹⁷. Fish oil is an important source of n-3 polyunsaturated fatty acids (PUFAs), such as eicosapentaenoic acid (EPA, 20:5) and docosahexaenoic acid (DHA, C22:6). The incorporation of n-3 PUFAs into the membranes of immune cells, at the expense of arachidonic acid, is thought to be important for the anti-inflammatory effects of n-3 PUFAs¹⁸, which gives rise to fewer inflammatory eicosanoids. This shift ultimately affects cytokine production. n-3 PUFAs suppress T-cell activation¹⁹, monocyte chemotaxis²⁰, macrophage M1 polarization²¹, and dendritic cell maturation²², resulting in a decrease in local tissue inflammation. However, it is difficult to ascertain the contribution of n-3 PUFAs *per se* without the potential confounding effects of other dietary components, such as the nutrient composition, total caloric intake, duration of feeding, and contamination of trace elements. To address this issue, Kang et al.²³ developed *fat-1* mice, which contain the *fat-1* gene from *Caenorhabditis elegans* and are able to convert n-6 to n-3 PUFAs *in vivo*. As a result of the endogenously synthesized n-3 PUFAs in blood and tissues, these mice exhibit the beneficial effects of n-3 PUFAs in various inflammatory disease models, such as pancreatitis²⁴, allergic airway inflammation¹⁹, and rheumatoid arthritis²⁵. In this study, we investigated whether atopic dermatitis-like symptoms and skin lesions observed in 2,4-dinitrochlorobenzene (DNCB)- or house dust mite (HDM) extract-exposed mice would be alleviated in *fat-1* mice. Special attention was paid to the effects exerted by endogenously synthesized n-3 PUFAs on inflammasome activation in skin tissues.

Materials and methods

Animals

Dr. JX Kang of Harvard Medical School (Boston, MA, USA) kindly provided the *fat-1* transgenic mice. Mice were housed in a laminar flow cabinet and maintained on an AIN-76A diet containing 5% corn oil provided *ad libitum*. All animal experiments were performed in accordance with the Guide for the Care and Use of Laboratory Animals, published by the US National Institutes of Health (NIH Publication No. 85-23, revised 2011). The current study protocol was also approved by the

Institutional Animal Care and Use Committee of Chonbuk National University (Permit No. CBNU 2017-0085).

Induction of experimental atopic dermatitis

To induce experimental atopic dermatitis-like skin lesions, the surfaces of both ears were very gently stripped five times with surgical tape (Tegaderm; 3 M, St Paul, MN, USA). Mice were sensitized by applying 20 μ l of 1% DNCB (Sigma-Aldrich, St. Louis, MO, USA) or vehicle alone to the ear on Day -7. On Day 0, mice were challenged again by applying 20 μ l of 0.5% DNCB to the ears every other day for up to 42 days. Changes in ear thickness were measured weekly. The mice were sacrificed on Day 43. In the HDM (*Dermatophagoides farinae* extract, Greer Laboratories, Lenoir, NC, USA)-induced atopic dermatitis model, both surfaces of the ear lobes were very gently stripped three times with Tegaderm. After stripping, 20 μ l of HDM (10 mg/ml) was painted on each ear. The application of HDM was repeated 3 times per week for 8 weeks. Two weeks after the first induction, blood was collected from the tail vein to measure serum IgE.

Histology

Ear tissues were fixed with 10% formalin and embedded in paraffin. Fixed tissues were cut into 5 μ m sections and deparaffinized. Sections were stained with hematoxylin-eosin (H&E) or toluidine blue for light-microscopic examinations or mast cell infiltration assays, respectively. The epidermis and dermis thicknesses were measured using the iSolution DT36 software (Carl Zeiss, Oberkochen, Germany). The inflammation severity was scored as follows:²⁶ 0, none; 1, minimal; 2, mild; 3, moderate; and 4, marked. Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining was performed using a commercial kit (Promega, Madison, WI, USA). For confocal microscopic analysis, sections were stained with antibodies against caspase-1 (14F468) or ASC (N-15) (both from Santa Cruz Biotechnology). Images were acquired with an LSM510 confocal laser scanning microscope (Carl Zeiss).

Enzyme-linked immunosorbent assay (ELISA)

The levels of IgE, IgG1, IgG2a, IL-1 β , TNF- α , IFN- γ , IL-4, IL-13, IL-17 (eBioscience, San Diego, CA, USA), histamine (Enzo Life Sciences), high-mobility group box 1 (HMGB1, Chondrex, Redmond, WA, USA), and lactate dehydrogenase (LDH) activity (Biovision, Milpitas, CA, USA) in mouse serum were measured using commercial ELISA kits.

Cell surface staining and intracellular cytokine staining for flow cytometry

Single-cell suspensions prepared from draining lymph nodes (dLNs) were stained with anti-CD4-PerCP/Cy5.5

and anti-CD69-FITC antibodies (eBioscience) for 30 min on ice and washed with fluorescence-activated cell sorting buffer (2% FBS in PBS). The cell surface expression of CD69 and percentage of IL-4-producing CD4⁺ T cells were evaluated by flow cytometry on an Accuri flow cytometer (BD Biosciences, San Jose, CA, USA). All of the antibodies used were purchased from eBioscience.

Statistical analysis

Data are expressed as the means \pm SEMs. Significant differences between groups were determined using Student's unpaired *t*-test followed by Fisher's post-hoc analysis. A value of $p < 0.05$ was accepted as an indication of statistical significance.

Results

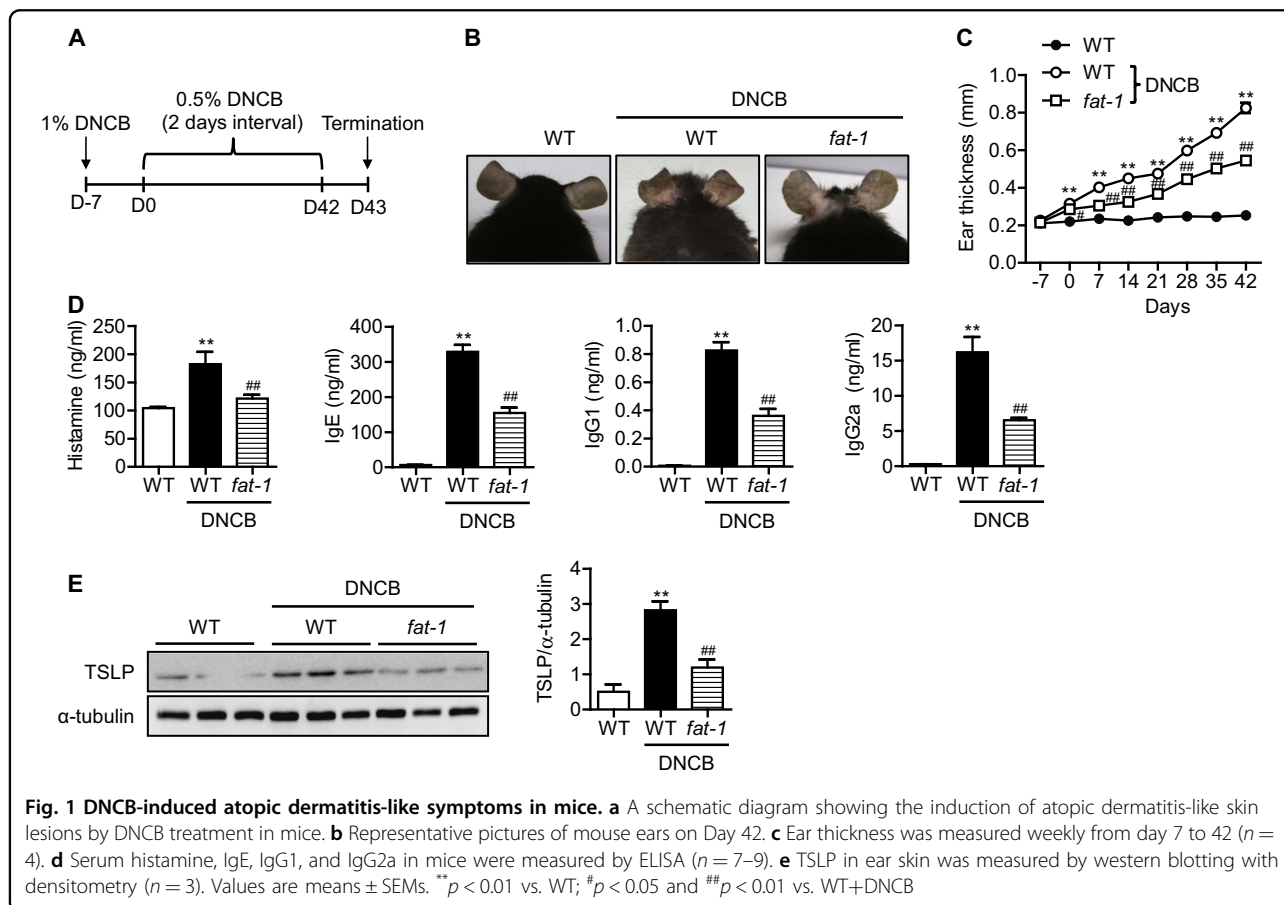
Liquid chromatographic analysis shows increased n-3 PUFA content in *fat-1* mice

We first quantified the major n-3 and n-6 PUFAs in skin tissues of *fat-1* mice and their wild-type (WT) littermates. The n-3 PUFA (ALA, EPA, and DHA) content was significantly different between the genotypes, with higher levels in the serum and skin tissues of *fat-1* mice (Table S1). Conversely, the n-6 PUFA (AA and LA)

contents were lower in *fat-1* mice compared with WT mice. *Fat-1* mice had a skin tissue n-6/n-3 ratio of 5.6 compared to the ratio of 12.5 in WT mice.

Fat-1 gene overexpression ameliorates the symptoms of atopic dermatitis in mice

To validate the effects of endogenously synthesized n-3 PUFAs on atopic dermatitis, a DNCB-induced atopic dermatitis model was used (Fig. 1a). Following DNCB treatment, the ears of wild-type mice became red and swollen. On day 42, the ears of DNCB-treated wild-type mice showed severe erythema, erosion, and dryness (Fig. 1b). However, these atopic skin lesions were markedly attenuated in *fat-1* mice. When ear thickness was measured over time and compared between genotypes, we found that thickness increased as atopic dermatitis developed. Consistent with the photographic images of the skin lesions, ear thickness was significantly reduced beginning on Day 7 (Fig. 1c). As IgE production, histamine release, and TSLP expression are markers for the development of atopic dermatitis, we also measured those levels in serum. As expected, *fat-1* mice produced significantly less histamine, IgE, IgG1, and TSLP than wild-type mice at Day 43 (Fig. 1d, e). These data indicate



that endogenously synthesized n-3 PUFAs effectively ameliorate atopic dermatitis-like skin lesions in mice.

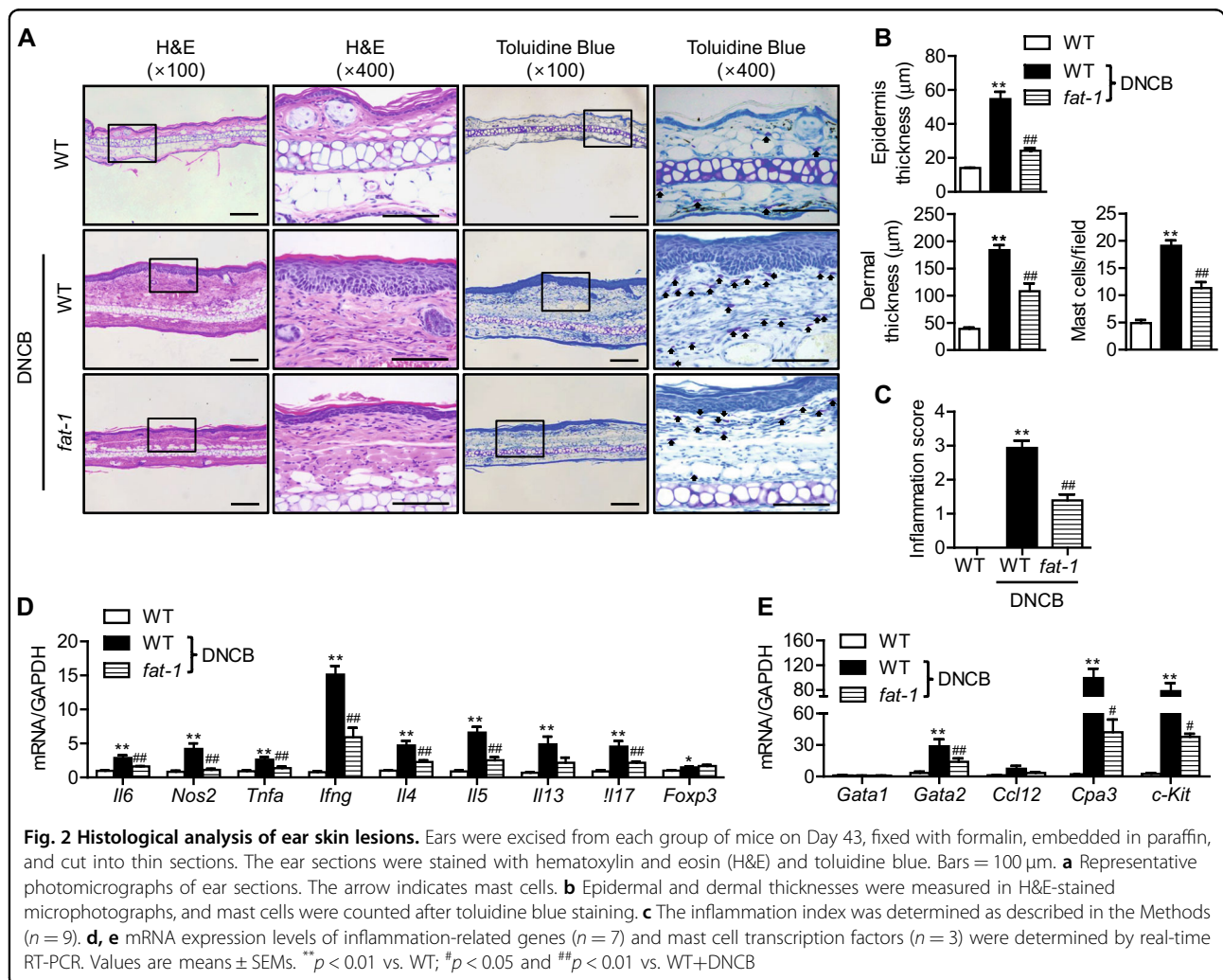
Tissue inflammation and immune cell infiltration are diminished in *fat-1* mice

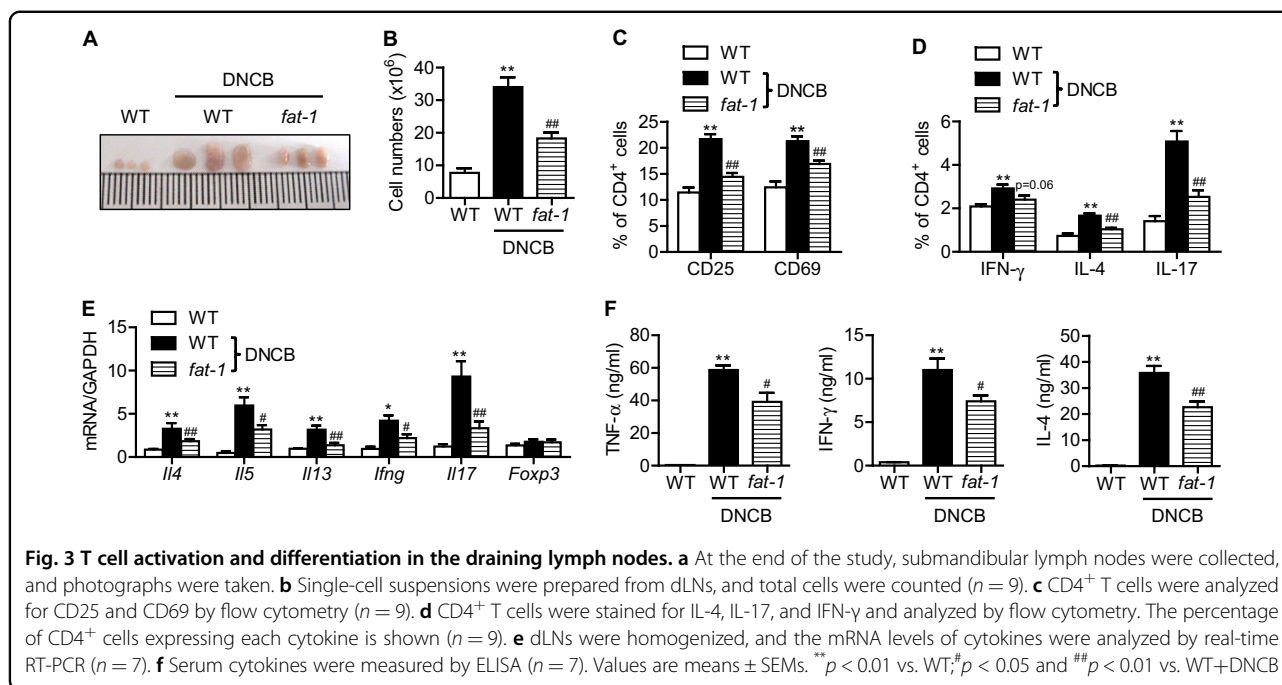
Improvements in the atopic symptoms of *fat-1* mice were also confirmed by microscopic analysis of H&E-stained sections from ears removed at the end of the study. Wild-type mice under DNCB treatment exhibited the typical microscopic characteristics of atopic dermatitis, which include hyperkeratosis, parakeratosis, and acanthosis, along with infiltration of inflammatory cells (Fig. 2a, b). Toluidine blue staining of ear tissue sections revealed mast cell infiltration into the dermis of wild-type mice (Fig. 2a, b). However, in skin tissues from *fat-1* mice, the epidermal and dermal tissues were significantly thinner and the infiltration of inflammatory cells into the dermis was significantly reduced. Accordingly, the inflammation score and mRNA levels of inflammation-related genes were changed (Fig. 2c, d). These results

suggest that reductions in inflammation and mast cell infiltration in *fat-1* mice might attenuate the symptoms of atopic dermatitis. Since histamine release was markedly downregulated in *fat-1* skin tissues (Fig. 1d), we hypothesized that endogenously synthesized n-3 PUFAs improved atopic dermatitis-like skin symptoms through downregulation of mast cell function. To test this possibility, we focused on the transcription factors required for mast cell activation. Gene expression analysis showed that *Gata2*, but not *Gata1*, was markedly increased by DNCB treatment in WT mice and significantly downregulated in *fat-1* mice (Fig. 2e). The expression of the GATA2 target genes *Cpa3* and *c-Kit* was altered accordingly.

T cell activation and Th2 cytokine production are suppressed in draining lymph nodes of *fat-1* mice

To investigate whether skin inflammation increased the number of Th2 cells in the dLNs of the ear, sub-mandibular lymph nodes were collected. We first observed that the lymph nodes in *fat-1* mice were





substantially smaller than those from wild-type mice (Fig. 3a). Lymph nodes were homogenized, and single cells were prepared and counted. Consistent with the lymph node size, the total cell numbers were significantly decreased in the lymph nodes of *fat-1* mice (Fig. 3b). Next, single cells prepared from lymph nodes were analyzed for T cell activation. Flow-cytometric analysis showed that the percentages of T cells expressing $CD25^+$ and $CD69^+$ were significantly lower in the dLNs of *fat-1* mice (Fig. 3c), indicating that *fat-1* expression suppressed DNCB-induced $CD4^+$ T cell activation in dLNs. Moreover, $CD4^+$ T cells from *fat-1* mice showed lower percentages of Th1, Th2, and Th17 cells after DNCB treatment (Fig. 3d), but no difference in the percentage of Tregs (data not shown). Real-time RT-PCR analysis of cytokines in dLNs revealed an inhibition of $CD4^+$ T cell differentiation into Th1, Th2, or Th17 in *fat-1* mice (Fig. 3e). ELISA analysis in serum further revealed an inhibition of $CD4^+$ T cell differentiation in *fat-1* mice (Fig. 3f).

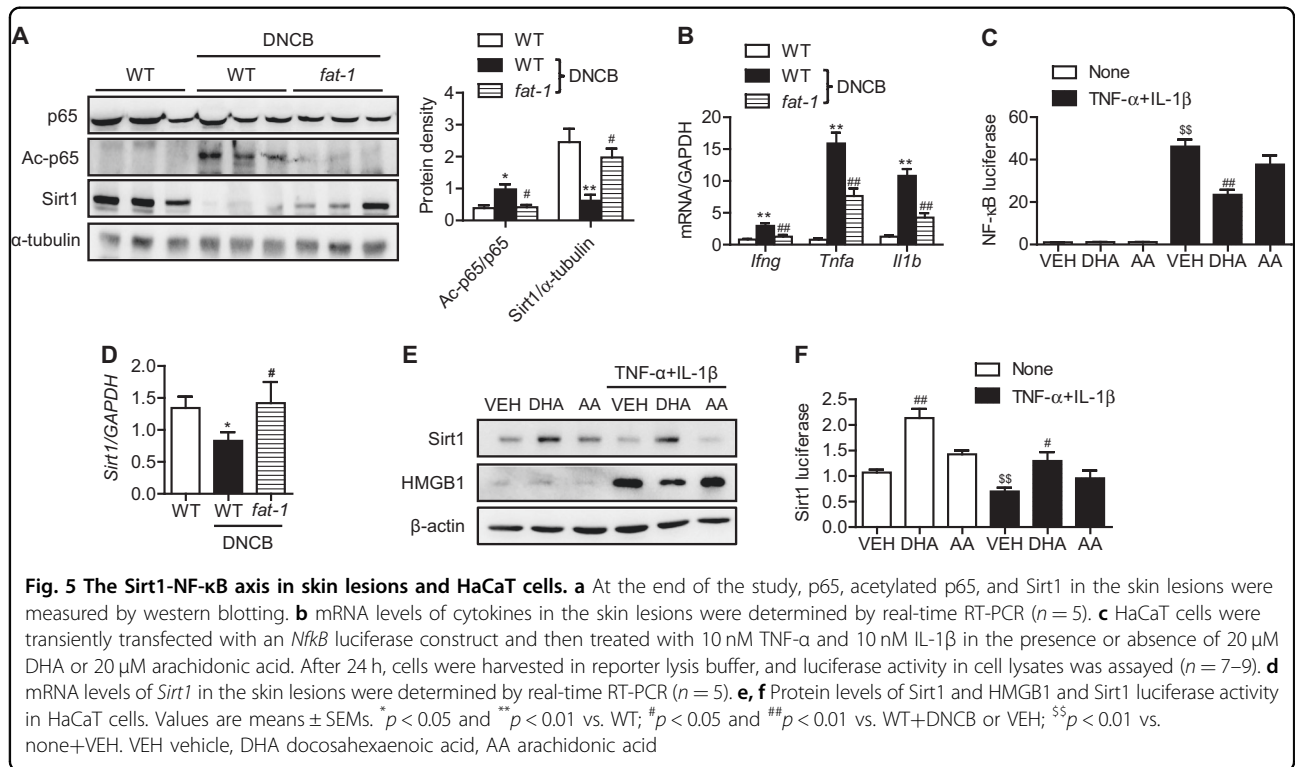
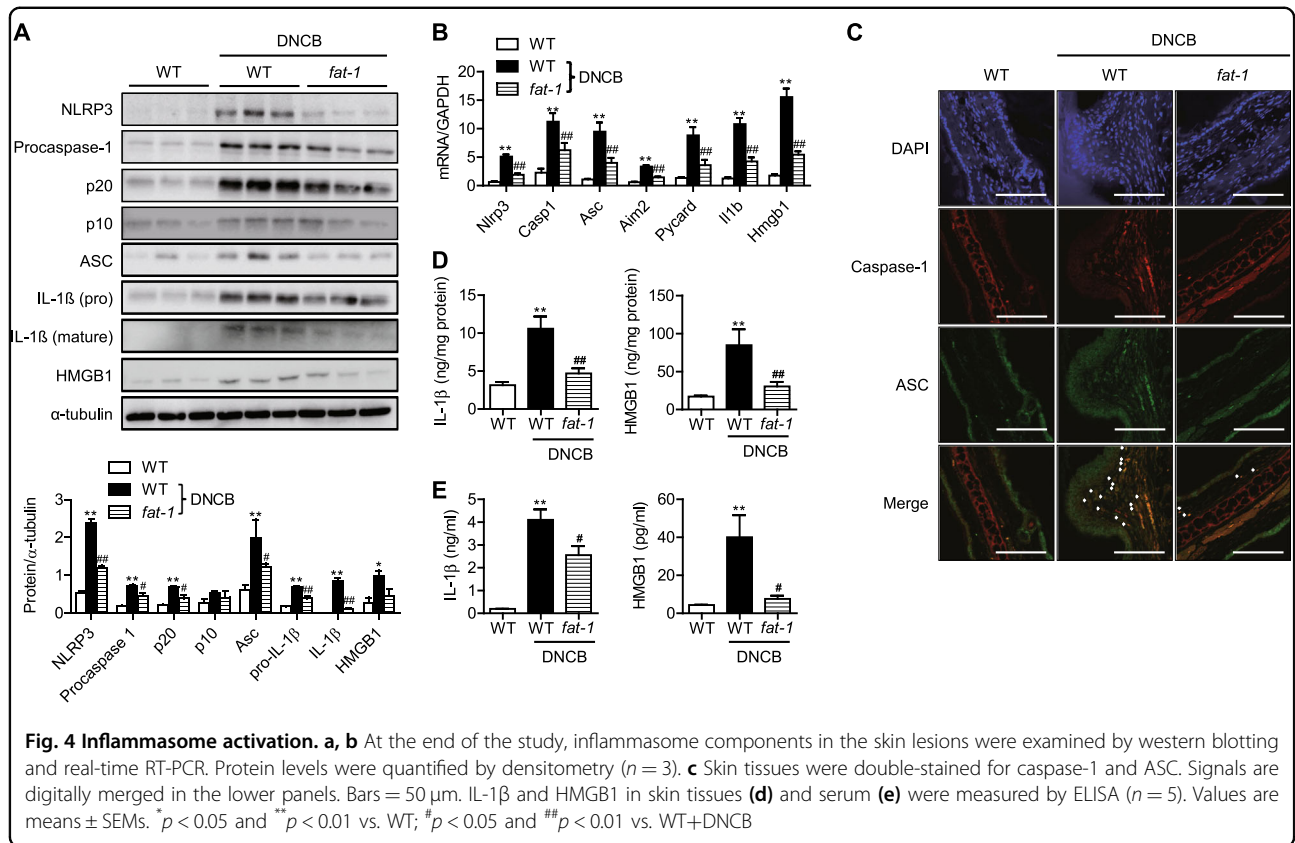
n-3 PUFAs alleviate NLRP3 inflammasome-mediated pyroptosis by inhibiting NF- κ B activation

Since inflammasomes play important roles in skin inflammation, including atopic dermatitis^{27,28}, we hypothesized that endogenously synthesized n-3 PUFAs would ameliorate the symptoms of atopic dermatitis by suppressing inflammasome activation. To test this hypothesis, we compared the protein and mRNA levels of NLRP3, ASC, and caspase-1, which are three key components of inflammasomes, in the skin of ears. NLRP3,

procaspase-1, its proteolytic cleavage products p20 and p10, and ASC were markedly increased by DNCB treatment of WT mice (Fig. 4a, b). In agreement with the results of western blotting, immunofluorescence staining showed that p20 caspase-1 and ASC were elevated in DNCB-treated WT skin tissues (Fig. 4c). We further determined the protein levels of IL-1 β and HMGB1, hallmarks of inflammasome activation. DNCB treatment increased the expression of IL-1 β and HMGB1 in the skin tissues as well as their secretion into the systemic circulation (Fig. 4d, e). However, all of the aforementioned findings of inflammasome activation were remarkably suppressed in *fat-1* mice.

Activation of inflammasomes culminates in a special type of cell death called pyroptosis, a proinflammatory programmed cell death. Cell death by pyroptosis is characterized by the loss of the plasma membrane integrity and eventual cell lysis²⁹. We observed a significant decrease in TUNEL-positive cells in *fat-1* mice compared with WT mice (Fig. S1A). LDH activity was also decreased in both the skin and serum of *fat-1* mice, suggesting maintenance of membrane integrity (Figs. S1B and S1C).

Because NLRP3 expression is under transcriptional control of NF- κ B, we next evaluated changes in NF- κ B under our experimental conditions. Acetylated p65 (Ac-p65) was markedly increased by DNCB, while no change was observed for total p65 (Fig. 5a). DNCB-mediated NF- κ B activation was followed by an increase in the mRNA levels of two of the NF- κ B-dependent proinflammatory molecules, *Trfa* and *Il1b* (Figs. 4b and 5b). We further confirmed NF- κ B activation by these cytokines in HaCaT cells



(Fig. 5c). Endogenously synthesized n-3 PUFAs in *fat-1* mice and exogenous treatment with DHA in HaCaT cells significantly suppressed DNCB- and cytokine-induced NF- κ B activation, respectively (Figs. 5a and 5c). However, arachidonic acid, an n-6 PUFA, had no effect on NF- κ B activation.

We previously reported that *fat-1* gene overexpression increased Sirt1 expression and decreased p65 acetylation²¹. We therefore investigated whether Sirt1 expression was linked to the acetylation status of p65 in our experimental conditions. Our results revealed a significant reduction in Sirt1 expression and/or activity in DNCB-treated skin tissues and cytokine-treated HaCaT cells (Fig. 5d–f). Again, endogenous and exogenous n-3 PUFAs significantly upregulated the level of Sirt1 mRNA or protein.

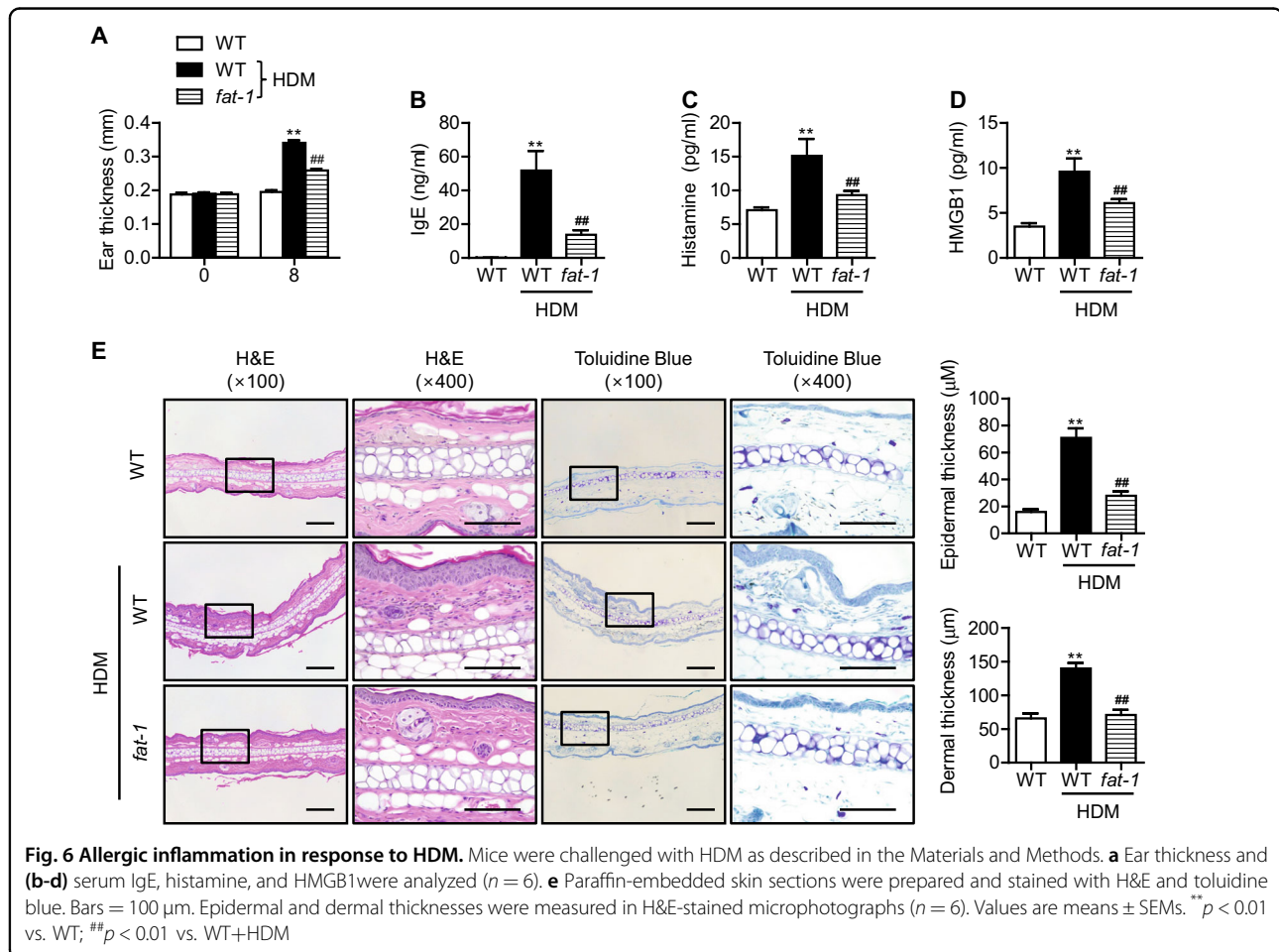
HDM-induced atopic dermatitis-like skin lesions are suppressed in *fat-1* mice

To explore the relevance of our findings to human disease, we reproduced our experiments using the HDM antigen, one of the most clinically important allergens for

atopic dermatitis. HDM exposure induced increases in ear thickness; increases in serum HMGB1, IgE, and histamine; and histological abnormalities (Fig. 6a–e). Similar to the results obtained with the DNCB model, all of these parameters were significantly suppressed in *fat-1* mice. The overall atopic symptoms and skin lesions observed in the HDM model were weaker than those in the DNCB model. Collectively, our experiments with HDM confirm our results with the DNCB model of atopic dermatitis.

Discussion

Several human clinical trials have addressed the beneficial effects of n-3 PUFAs on atopic dermatitis. Fish oil supplementation during pregnancy has resulted in improvements in the clinical severity of atopic outcomes for infants^{30,31}. Similarly, infants supplemented with DHA-rich formula during the first year of life had a reduced incidence of atopic dermatitis during early childhood³². Regulation of epidermal barrier function and modulation of the immune system have been suggested as underlying mechanisms³³. Since DHA and EPA are not major constituents of the epidermis because of



insufficient dietary consumption or increased cellular utilization, the restoration of skin permeability-barrier abnormality is not likely the main mechanism. Instead, substantial attention has been paid to the immunomodulatory function of n-3 PUFAs, especially T cell regulation^{34,35}. However, to our knowledge, a study on the inflammasome, a component of the innate immune system, has not been reported.

An *Nlrp3* gene polymorphism has been associated with increased risk of atopic dermatitis^{11–13}, and activation of inflammasomes triggers the allergic inflammatory response³⁶. Consequently, targeting the inhibition of NLRP3 inflammasomes is an attractive strategy for treating allergic diseases, including atopic dermatitis. Although there is growing evidence that nutrition is an effective modulator of the inflammasome, few attempts have been made to inhibit the NLRP3 inflammasome through diet. Interestingly, saturated fatty acids activate the NLRP3 inflammasome^{37,38}, while unsaturated fatty acids prevent its activation^{39,40}. Herein, we investigated whether endogenously synthesized n-3 PUFAs are effective in suppressing the NLRP3 inflammasome and mitigating the pathophysiological consequences of inflammation in mouse models of DNCB- and HDM-induced atopic dermatitis-like skin lesions. Our results showed that DNCB treatment resulted in activation of NLRP3 inflammasome signaling pathways, as evidenced by increases in NLRP3 and ASC expression, enhanced maturation of caspase-1 and IL-1 β , and induction of pyroptosis. However, *fat-1* gene overexpression increases Sirt1 expression, which allows for deacetylation of NF- κ B, resulting in the loss of its transcriptional activity. Given that NF- κ B activation is required for the transcription of inflammasome components, including *Nlrp3*⁴¹, n-3 PUFAs seem to inhibit the priming of the NLRP3 inflammasome based on its ability to suppress NF- κ B.

Most of the mechanistic studies on atopic dermatitis point to an imbalance between Th1 and Th2 responses in favor of Th2 responses^{2,3}. The characteristic Th2 responses observed in atopic dermatitis patients include abnormal IgE production, mast cell infiltration, peripheral eosinophilia, and induction of Th2 cells expressing IL-4 and IL-13. Interestingly, sequential biopsies from atopic dermatitis patients after exposure to aeroallergens show a biphasic immunologic response characterized by switching from a Th2 phenotype in the earlier phase to a Th1 phenotype in the later phase of the disease⁸. Concordantly, B cells switch their expression of immunoglobulin classes from IgE to IgG2a. Consistent with our previous report¹⁹, *fat-1* gene overexpression decreased IL-4, IL-5, IL-13, and IFN- γ as well as IgE, IgG1, and IgG2a, suggesting that n-3 PUFAs inhibit both Th2 and Th1 immune responses. In addition to the Th1/Th2 paradigm, the roles of Th17 and Treg cells in the pathogenesis of

atopic dermatitis have also been highlighted^{42,43}. IL-17 modulates innate immunity via keratinocytes, as IL-17 together with IFN- γ amplifies a nonspecific cytotoxic cascade that results in a severe and sustained cutaneous inflammatory reaction⁴⁴. To clarify this point, it was necessary to examine Th17 cell infiltration into skin lesions of *fat-1* mice. In the present study, *fat-1* gene overexpression successfully inhibited Th17 cell infiltration in the skin tissues and IL-17 production by draining lymph nodes, which was related to the decreased production of the inflammatory cytokines IFN- γ , TNF- α , and IL-6. Consistent with our previous report¹⁹, the present study strongly suggests that *fat-1* gene overexpression suppresses Th17 cell-mediated cutaneous inflammation in DNCB-treated mice. However, in contrast to the report by Han et al.³⁴, we did not observe an increase in Treg cells in *fat-1* mice. In their study, DHA upregulated the function of M2 macrophages and promoted the generation of Treg cells. Since we also observed an increase in M2 macrophages in *fat-1* mice²¹, differences in the n-3 PUFAs (DHA in their study vs. n-3 PUFAs in our study) might have produced the different outcomes.

In summary, our data demonstrate that DNCB treatment activates the NLRP3 inflammasome pathway, which induces the release of inflammatory cytokines and amplifies the inflammatory response to cause atopic dermatitis symptoms. Modulation of this pathway with n-3 PUFAs has clinical relevance and can be a useful strategy to attenuate atopic dermatitis.

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Conflict of interest

The authors declare that they have no conflict of interest.

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