



Atractylenolide I inhibited the development of malignant colorectal cancer cells and enhanced oxaliplatin sensitivity through the PDK1-FoxO1 axis

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Background: Colorectal cancer (CRC) is a type of ordinary malignancy of the gastrointestinal tract. Atractylenolide I (AT-I) has been shown to inhibit the process of CRC. However, the specific mechanism by which AT-I inhibits CRC is not yet well understood.

Methods: Cell Counting Kit-8 and colony formation assays were conducted to examine cell proliferation. The cell apoptosis was detected by terminal deoxynucleotidyl-transferase-mediated dUTP nick end labeling (TUNEL). Cell invasion and migration were evaluated by wound-healing and Transwell assay. The angiogenesis capabilities of the cells were examined by tube formation experiments. Western blot was conducted to examine the apoptosis and angiogenesis-associated proteins, pyruvate dehydrogenase kinase 1 (PDK1), and Forkhead box protein O1 (FoxO1) expression.

Results: We found that AT-I inhibited the proliferative, migratory and invasive abilities of Human colorectal cancer cell line HCT116 cells but stimulated cell death by promoting cell apoptosis via the PDK1/FoxO1 axis. In addition, the upregulation of PDK1 decreased the inhibitory effect of AT-I on HCT116 angiogenesis, and AT-I increased oxaliplatin sensitivity via the PDK1/FoxO1 axis.

Conclusions: Collectively, AT-I inhibited the malignant development of CRC cells and increased oxaliplatin sensitivity by decreasing PDK1 and inhibiting FoxO1 phosphorylation. Thus, AT-I has protective potential and could be a promising agent for CRC treatment.

Keywords: Colorectal cancer (CRC); atractylenolide I; malignant development; PDK1-FoxO1 axis

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Introduction

Colorectal cancer (CRC) is a highly invasive tumor in the mucosa and glands of the colon and rectum (1). The occurrence rate and death rate of CRC have increased in recent years (1,2). Indeed, the fatality rate of CRC ranks 2nd among all cancers (3). The early detection rate of CRC is low (4), and the surgical treatment effect of advanced CRC patients is poor. The primary treatment for unresectable metastatic CRC is systemic therapy (cytotoxic

chemotherapy, biologic therapy such as antibodies to cellular growth factors including cetuximab and panitumumab, immunotherapy and their combinations,) (5). Currently, chemotherapy is the common clinical treatment for patients with advanced CRC (5,6). Chemotherapeutic drugs can effectively kill tumor cells; however, they can also kill normal cells, which can lead to various adverse reactions such as chemotherapy resistance (7). Oxaliplatin resistance is the major obstacle to the anticancer effects of

chemotherapy in colorectal cancer patients. The molecular mechanisms of oxaliplatin resistance are proved to be associated with multifactorial activation at the same time, such as intracellular transport and detoxification, alterations in DNA repair mechanisms, epigenetic, and cell death mechanisms (8). The question of how to reduce the adverse reactions of chemotherapeutic drugs and improve patients' tolerance to chemotherapy is an important area of clinical research.

Atractylodes is the dried rhizome of *Atractylodes macrocephala* Koidz (*Atractylodes macrocephala* Koidz), which is the most effective part of Chinese herbal medicine in treating diseases (9). Modern medical research has showed that atractylodes have anti-aging and anti-tumor effects, promote cellular immunity, liver protection, diuresis, hypoglycemia, anticoagulant, and protein synthesis and benefit the gallbladder (10,11). The chemical components of the rhizome of the atractylode, Atractylenolide I (AT-I), include volatile oil, polysaccharides, and lactones (12). Among these chemical components, volatile oil has the most significant effect, while AT-I is a natural sesquiterpenoid that has an immunomodulatory effect (13). AT-I is a type of semi terpene lactone derivative that is commonly used in atractylodes. Studies have shown that AT-I effectively suppresses the CRC process by inducing apoptosis of human CRC cells through activation of the mitochondria-dependent pathway and suppressing proliferation and glycolysis (14-16). Thus, AT-I has important research significance in the treatment of CRC.

To gain a deeper understanding of the role of AT-I in CRC, we conducted a literature review and found that AT-I can inhibit the expression and promoter activity of pyruvate dehydrogenase kinase 1 (PDK1) in lung cancer cells (17). PDK1 is a serine-threonine kinase that promotes Forkhead box protein O1 (FoxO1) phosphorylation, and its expression is upregulated in CRC and promotes cell growth and glycolysis (18). PDK1 suppressors enhanced oxaliplatin sensitivity (19). Additionally, p-FoxO1 has been shown to be positively correlated with angiogenesis markers in CRC, and p-FoxO1-positive patients have a worse survival rate than p-FoxO1-negative patients (20). Inosine-5'-monophosphate dehydrogenase 2 (IMPDH2) has been shown to promote the development of CRC by promoting the phosphorylation of FoxO1 (21). In bladder cancer, p-FoxO1 expression is highly expressed in cisplatin-resistant strains (22). Thus, it was hypothesized that AT-I would inhibit the malignant development of CRC cells

and increase oxaliplatin sensitivity by inhibiting FoxO1 phosphorylation by decreasing PDK1. In this study, we demonstrated the inhibitory role of AT-I in CRC and explored the mechanism involved in enhancing oxaliplatin sensitivity through the PDK1-FoxO1 axis. We present the following article in accordance with the MDAR reporting checklist (available at <https://jgo.amegroups.com/article/view/10.21037/jgo-22-910/rc>).

Methods

Cell culture and treatment

Human colorectal cancer cells HCT116 cells supplied by Shanghai Chinese Academy of Science were cultured in Dulbecco's Modified Eagle Medium (DMEM) (Gibco) comprising 10% fetal bovine serum (FBS; Gibco) and 10% antibiotics (Hyclone, UT, USA) in 37 °C-incubator with 5% carbon dioxide (CO₂). AT-I (0, 25, 50, 100, and 200 μM) was used to treat the HCT116 cells at 37 °C for 72 h. Next, 1 μM of FoxO1 inhibitor (AS1842856) or 3 μmol/L of Oxaliplatin was used to treat the HCT116 cells for 24 h at 37 °C.

Cell transfection

The overexpression-PDK1 (Oe-PDK1) and negative control (Oe-NC) were acquired from Shanghai GenePharma Co., Ltd. As per the instructions for the Lipofectamine 2000 by Thermo Fisher Scientific, the aforementioned plasmids were transduced into cells plated in 6-well plates. Transfection efficacy was tested 48 h later.

Detection of cell viability

The density of the HCT116 cells inoculated in the 96-well plates was 8.0×10^3 cells per well. After 24 h of incubation, 10 μL of Cell Counting Kit-8 (CCK-8) reagent was used to treat the HT-22 cells at 37 °C for 1 h. A microplate reader (BioTek, Winooski, VT, USA) was used to record Optical Density (OD) 450 nm.

Colony formation assays

Following the incubation, the HCT116 cells plated in the 6-well plates were stained with 75% methanol immobilization for 30 min and 0.5% crystal violet staining for 15 min. An optical microscope (IX51; Olympus

Corporation) was used to monitor the stained cells.

TUNEL assays

The treated HCT116 cells were exposed to 4% paraformaldehyde and 0.1% Triton X-100 (Solarbio) at room temperature for 30 min and 5 min, respectively. As per the manufacturer's instructions, terminal deoxynucleotidyl-transferase-mediated dUTP nick end labeling (TUNEL) assay kit (Roche) was used. The apoptotic ratio was calculated as the ratio of the number of TUNEL-positive cells to the total number of 4',6-diamidino-2-phenylindole (DAPI)-positive cells.

Cell migration and invasion

After the cells inoculated in the 6-well plates (5×10^5 cells/well) reached 100% confluence, a scratch was made. The cells were then cultivated in serum-starved Roswell Park Memorial Institute medium (RPMI)-1640 medium for 24 h, after which the migratory distance of cells was observed under light microscope (Olympus, Japan) and analyzed by Image J software.

To examine the cell invasion, the upper chamber was coated with Matrigel (8.0 μm membrane, 24-well plate, Corning, USA). The cells in the upper chamber (1×10^4 cells/well) were cultured in 400 μL of serum-starved DMEM medium. RPMI-1640 (600 μL) comprising 10% FBS was added to the lower chamber. The cells in the bottom of the upper chamber were fixed in 90% ethanol for 30 min 24 h later. Crystal violet cell staining (0.1%) was performed for 10 min. Finally, a light microscope was used to photograph the invaded cells.

Tube formation assays

Matrigel (50 μL ; Becton Dickinson Labware, Bedford, MA) was used to coat the 96-well plate and left to solidify at 37 °C for 1 hour. Human umbilical vein endothelial cells (HUVECs) were seeded in the plates with Matrigel and treated with AT-I and cultured for 24 hours. A light microscope was used to photograph angiogenesis in 5 fields chosen at random.

Western blot analysis

The protein isolation of the tm HT-22 cells was performed by applying RIPA lysis buffer (Beyotime) supplemented

with protease inhibitor. The protein samples (20 μg) were subjected to 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) to separate it. After the polyvinylidene difluoride (PVDF) transfer, the cells were blocked with 5% skim milk for 2 h at room temperature. The cells were then cultivated overnight with primary antibodies at 4 °C and exposed for 2 h to goat anti-Rabbit IgG H&L (HRP) secondary antibodies (cat. no. ab6759; 1:5,000; Abcam) at room temperature. An enhanced chemiluminescence (ECL) kit was used, and Image J Software (NIH, Bethesda, MD, USA) was used to analyze the band intensities. The following primary antibodies were used: PDK1 (cat. no. ab202468; 1:2,000; Abcam), p-FoxO1 (cat. no. ab131339; 1:1,000; Abcam), FoxO1 (cat. no. ab179450; 1:1,000; Abcam), Bcl2 (cat. no. ab32124; 1:1,000; Abcam), Bax (cat. no. ab32503; 1:1,000; Abcam), MMP2 (cat. no. ab92536; 1:1,000; Abcam), vimentin (cat. no. ab92547; 1:1,000; Abcam), E-cadherin (cat. no. ab40772; 1:10,000; Abcam), VEGFA (cat. no. ab46154; 1:1,000; Abcam), and VEGFAR2 (cat. no. #96981; 1,000; Cell Signaling Technology).

Statistical analysis

SPSS 13.0 software was used for the statistical analysis. All the data are reported as the mean \pm standard error of mean. A 1-way analysis of variance and Dunnett's post-hoc test were used for the multiple group comparisons. A P value < 0.05 was considered statistically significant. All the experiments were independently repeated in triplicate, and all the experiments were repeated in triplicate.

Results

AT-I inhibits HCT116 cell viability through the PDK1/FoxO1 axis

The structure of AT-I was determined using PubChem (<https://pubchem.ncbi.nlm.nih.gov/>) (see *Figure 1A*). CCK-8 assays were used to detect the HCT116 cell activity based on the administration of increasing doses (25, 50, and 100 μM) of AT-I. As *Figure 1B* shows, AT-I inhibited cell activity. As *Figure 1C* shows, the expression of PDK1 and p-FoxO1 was downregulated by AT-I stimulation, but no obvious alterations in FOXO1 expression were observed. These results suggested that AT-I inhibited the viability of the HCT116 cancer cells, decreased the expression of PDK1, and inhibited FoxO1 phosphorylation in a

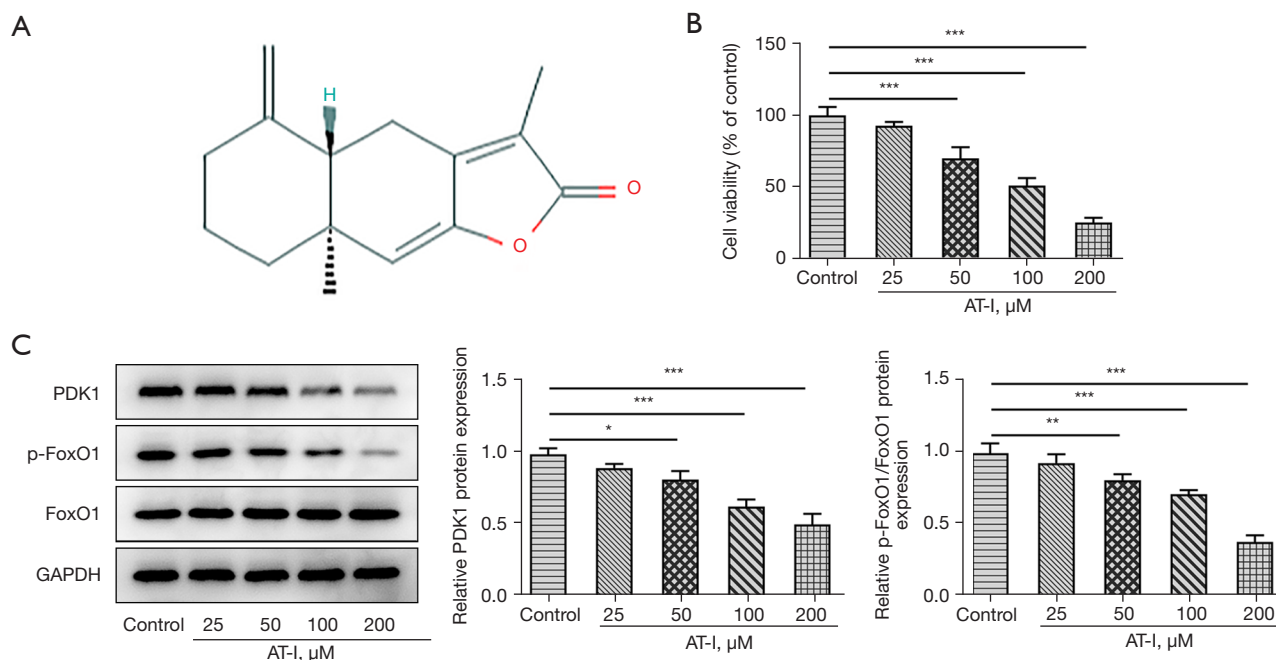


Figure 1 AT-I inhibits HCT116 cell viability. (A) PubChem database determined the structure of AT-I. (B) CCK-8 assays detected HCT116 cell activity. (C) Western blots were conducted to examine PDK1 and FoxO1 expression. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$.

concentration-dependent manner.

The concentration 100 μM was selected for the subsequent experiment. The function of AT-I is presented in *Figure 2A,2B*. The successful transfection of Oe-PDK1 in the HCT116 cells was established using western blot and RNA extraction and quantitative real-time PCR (qRT-PCR). Further, a FoxO1 suppressor (1 μM , AS1842856) was used to treat cells. As *Figure 2C* shows, the AT-I stimulation diminished cell viability. Notably, Oe-PDK1 increased the cell viability of the HCT116 cells, while AS1842856 reversed this effect. Additionally, the anti-proliferative activity of AT-I was further evaluated using colony formation assays. As *Figure 2D* shows, there was a significant decrease in the colony number after treatment with AT-I, and the colony number was increased in Oe-PDK1 group, but AS1842856 reversed this trend. These results suggested that AT-I inhibits HCT116 cell viability through the PDK1/FoxO1 axis.

AT-I inhibits HCT116 cell apoptosis through the PDK1/FoxO1 axis

Conversely, the TUNEL staining assay results showed that AT-I significantly increased the apoptosis of the

HCT116 cells, Oe-PDK1 reduced the apoptosis level, and AS1842856 reversed the apoptosis level of HCT116 in the T-I+Oe-PDK1 group (see *Figure 3A,3B*). AT-I significantly decreased anti-apoptotic protein Bcl-2 expression, but increased pro-apoptotic protein BAX expression relative to the control group (see *Figure 3C*). Thus, AT-I appears to increase HCT116 cell apoptosis. Collectively, these findings indicated that AT-I inhibits HCT116 cell apoptosis through the PDK1/FoxO1 axis.

AT-I inhibits HCT116 cell migration and invasion through the PDK1/FoxO1 axis

The results of the wound-healing and Transwell assays showed that AT-I significantly reduced the migration and invasion of HCT116 cells compared to the control group, while Oe-PDK1 reversed this trend, and the cell migration and invasion were decreased in the AT-I+Oe-PDK1+AS1842856 group (see *Figure 4A-4D*). Additionally, AT-I significantly decreased MMP2 and vimentin expression, and increased E-cadherin expression relative to the control group (see *Figure 4E*). Thus, the results showed that AT-I prevents CRC metastasis through the PDK1/FoxO1 axis.

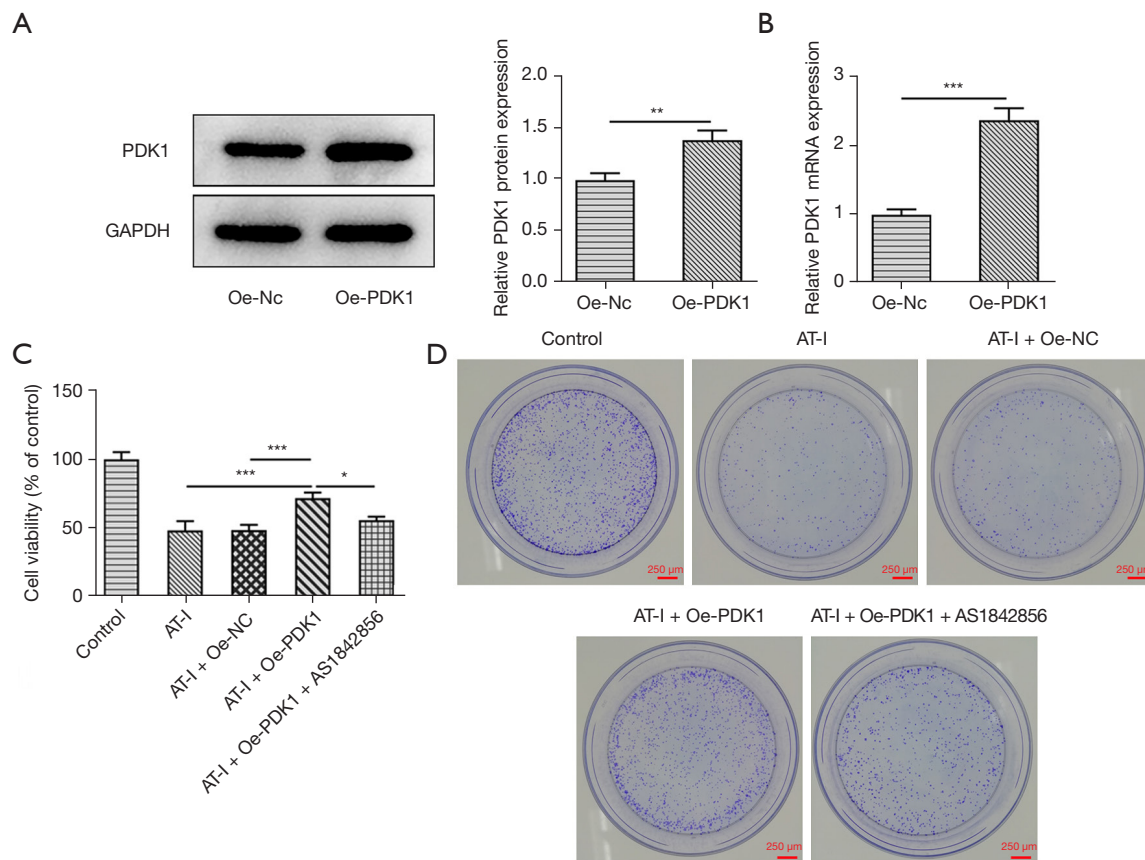


Figure 2 AT-I inhibits HCT116 cell viability through the PDK1/FoxO1 axis. The successful transfection of Oe-PDK1 in HCT116 cells was established using western blot (A) and RT-qPCR (B). (C) CCK-8 assays detected HCT116 cell activity. (D) The anti-proliferative activity of AT-I was further evaluated using colony formations assay, stained by crystal violet. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$. RT-qPCR, quantitative real-time PCR; NC, negative control. PDK1, pyruvate dehydrogenase kinase 1.

Upregulation of PDK1 reduces the inhibitory effect of AT-I on HCT116 angiogenesis

A tubule formation test was conducted to detect angiogenesis. The tubule formation rate of HUVECs of the AT-I group was significantly decreased compared to that of the control group, and the tubule formation rate was significantly increased after OE-PDK1 was added. AS1842856 reversed this trend (see *Figure 5A*). Further, AT-I significantly decreased VEGFA and VEGFR2 expression relative to the control group (see *Figure 5B,5C*). Thus, the results showed that the upregulation of PDK1 reduces the inhibitory effect of AT-I on HCT116 angiogenesis.

AT-I enhances oxaliplatin sensitivity via the PDK1/FoxO1 axis

We then examined the effect of AT-I on oxaliplatin sensitivity. The CCK-8 assay results showed that in the oxaliplatin-administrated HCT116 cells, the activity was further decreased after the AT-I treatment, but increased after PDK1 elevation. AS1842856 reversed this trend (see *Figure 6A*). Conversely, PDK1 decreased the AT-I administration-stimulated apoptosis of the oxaliplatin-administrated HCT116 cells. AS1842856 reversed this trend (see *Figure 6B,6C*). Thus, the results showed that AT-I enhances oxaliplatin sensitivity through the PDK1/FoxO1 axis.

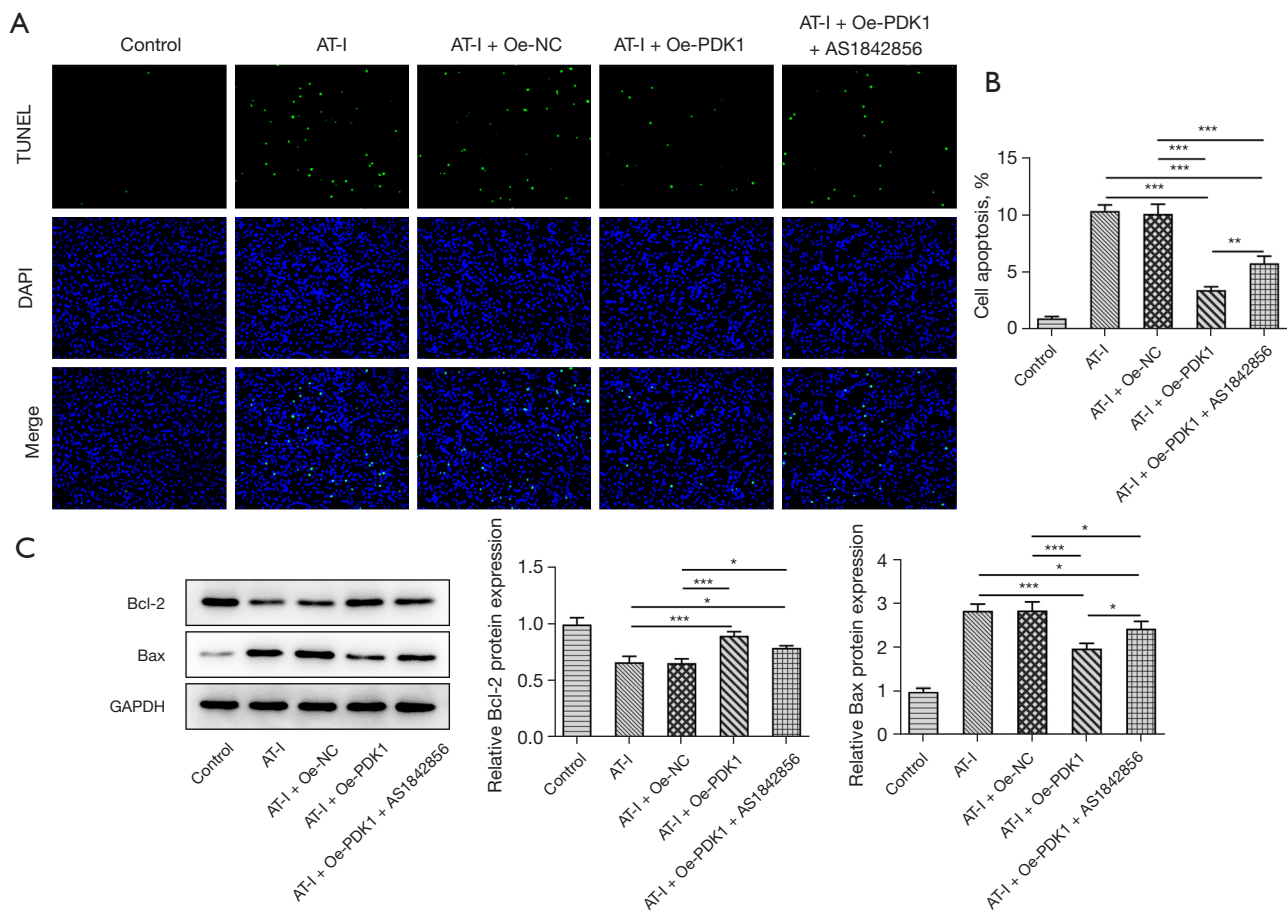


Figure 3 AT-I inhibits HCT116 cell apoptosis through the PDK1/FoxO1 axis. (A,B) TUNEL assays were conducted to examine the effect of AT-I on HCT116 cell apoptosis. Original magnification 200 \times . (C) Western blots were conducted to examine Bcl-2 and Bax expression. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$. NC, negative control; TUNEL, terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling; DAPI, 4', 6-diamidino-2-phenylindole. PDK1, pyruvate dehydrogenase kinase 1.

Discussion

Newly discovered natural drugs are gradually being applied in CRC therapy (23–25). AT-I has anti-cancer effects (15,26). In this study, we evaluated the role of AT-I in CRC and showed that AT-I mediated the PDK1/FoxO1 axis by inhibiting HCT116 cell viability, migration, and invasion. Additionally, the upregulation of PDK1 decreased the inhibitory effect of AT-I on HCT116 angiogenesis, and AT-I enhanced oxaliplatin sensitivity through the PDK1/FoxO1 axis, which provide a novel fundamental insight into how AT-I against CRC and gives us clues for future therapeutic strategy for CRC by reducing oxaliplatin resistance.

AT-I is one of the main natural ingredients of

atractylodes, and has received attention due to its anti-inflammatory, anti-allergic, and anti-tumor effects, and other properties (12,27). There is substantial evidence that AT-I effectively inhibits tumor cell proliferation and aggravates apoptosis by blocking the Notch pathway (28). Previous research has shown that AT-I can induce ROS-mediated apoptosis in leukemia cells (29). Additionally, AT-I has been shown to increase anti-proliferation, induce cell differentiation and inhibit cell migration in melanoma cells through the Ras/ERK and PI3K/Akt signal transduction pathways (30). A recent study has shown that the inhibition of PDK1 and lncRNA HOTAIR-mediated EZH2 gene expression increases the inhibitory effect of AT-I and erlotinib on human lung cancer cells and inhibits the

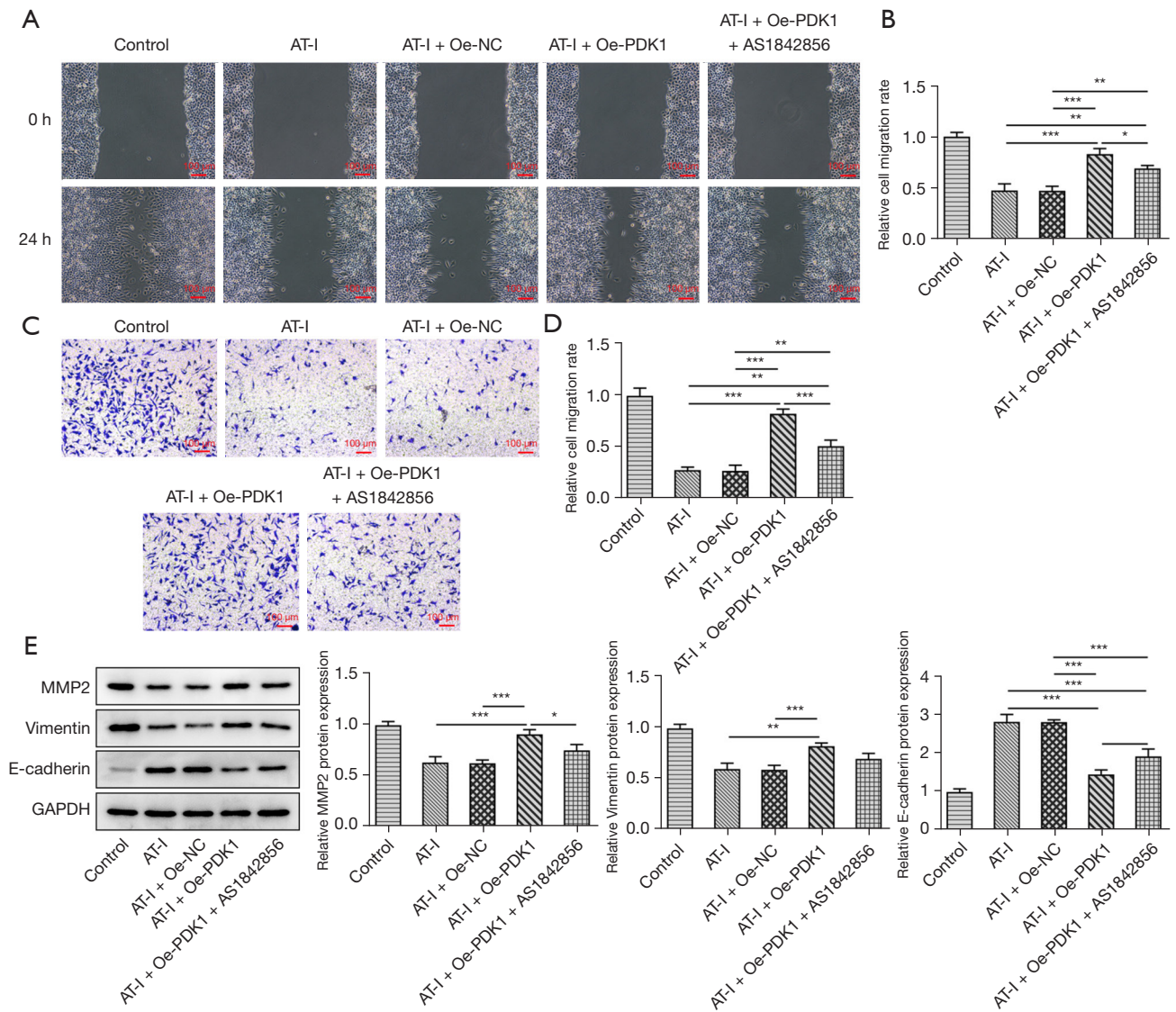


Figure 4 AT-I inhibits HCT116 cell migration and invasion through the PDK1/FoxO1 axis. Wound-healing (A,B) assays were conducted to examine the migratory capabilities of the cells. Transwell assays (C,D) were conducted to examine the invasive capabilities of the cells, stained by crystal violet. (E) Western blots were conducted to examine MMP2, vimentin and E-cadherin expression. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$. PDK1, pyruvate dehydrogenase kinase 1.

growth of lung cancer cells by activating ERK1/2 (31). This study confirmed that AT-I inhibited CRC process. We also showed that PDK1-FoxO1 expression was decreased in the group treated with AT-I. Thus, AT-I affects the occurrence and development of CRC through the PDK1-FoxO1 pathway.

Platinum-based drugs, a class of classic anti-cancer

drugs, play a pivotal role in clinical chemotherapy and are commonly used in the treatment of cancers (32). Following improvements in 1st-generation cisplatin and 2nd-generation carboplatin, 3rd-generation platinum-based drugs, which use oxaliplatin as a substitute, have been developed (33). Oxaliplatin exerts anti-cancer effects by interfering with deoxyribonucleic acid (DNA) replication

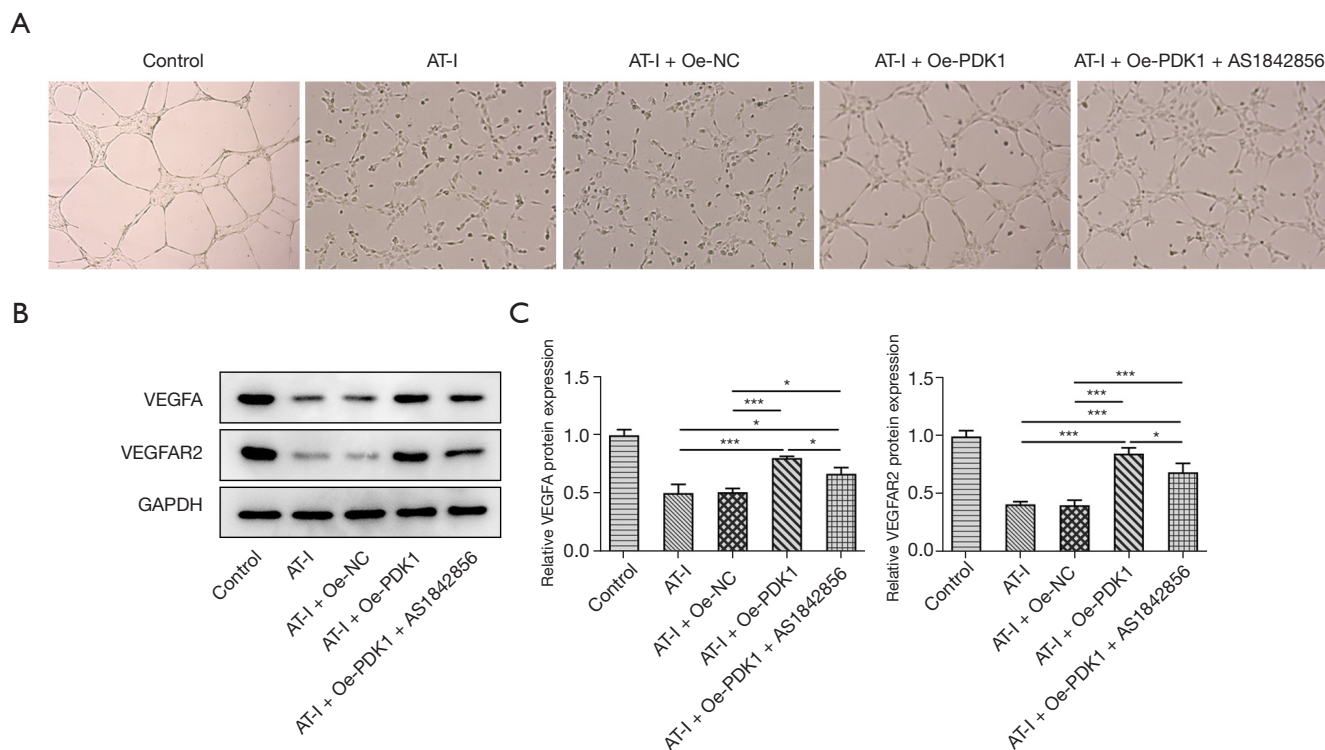


Figure 5 Upregulation of PDK1 reduces the inhibitory effect of AT-I on HCT116 angiogenesis. (A) Tubule formation tests were used to detect angiogenesis, observed by a light microscope. Original magnification 40 \times . (B,C) The expression levels of VEGFA and VEGFAR2 were detected by Western Blot. * $P < 0.05$, *** $P < 0.005$. PDK1, pyruvate dehydrogenase kinase 1.

and the transcription system through the formation of cross-forks with nuclear DNA (19,34). Oxaliplatin is widely used, as it is better tolerated and has less toxic effects and side effects than other platinum compounds, but it still has some toxic effects and side effects, such as neurotoxicity, blood and gastrointestinal toxicity, neutropenia and vomiting, which undoubtedly limit the available dose range (35). Often, a combination of drugs is used to combat the toxicity and drug resistance of chemotherapy drugs. Our study showed that the upregulation of PDK1 reduces the inhibition of angiogenesis of HCT116 by AT-I, and AT-I enhances oxaliplatin sensitivity through the PDK1/FoxO1 axis, further demonstrating the suppressive role of AT-I in CRC process. Here, there are several limitations in our study. Our results were only supported by *in vitro* experiments. Thus, further experiments using animals, as well as clinical studies, are required to confirm our findings. In addition, the effects of AT-I in enhancing oxaliplatin

sensitivity in CRC might be associated with glycolysis as previous study has revealed AT-I inhibited CRC by suppressing glycolysis. We will perform experiments on the effect of AT-I on glycolysis in the future study. Moreover, AT-I concentration used in this study is different from that in animals and human, thus the result of this study might not be suitable for *in vivo* experiments and clinical trials. We will explore the suitable concentration of AT-I for further experiments in animals and clinical studies to confirm our findings.

Conclusions

Our study showed that AT-I inhibits the malignant development of CRC cells and increases oxaliplatin sensitivity by decreasing PDK1 and inhibiting FoxO1 phosphorylation. Our findings may provide novel targets for CRC therapy.

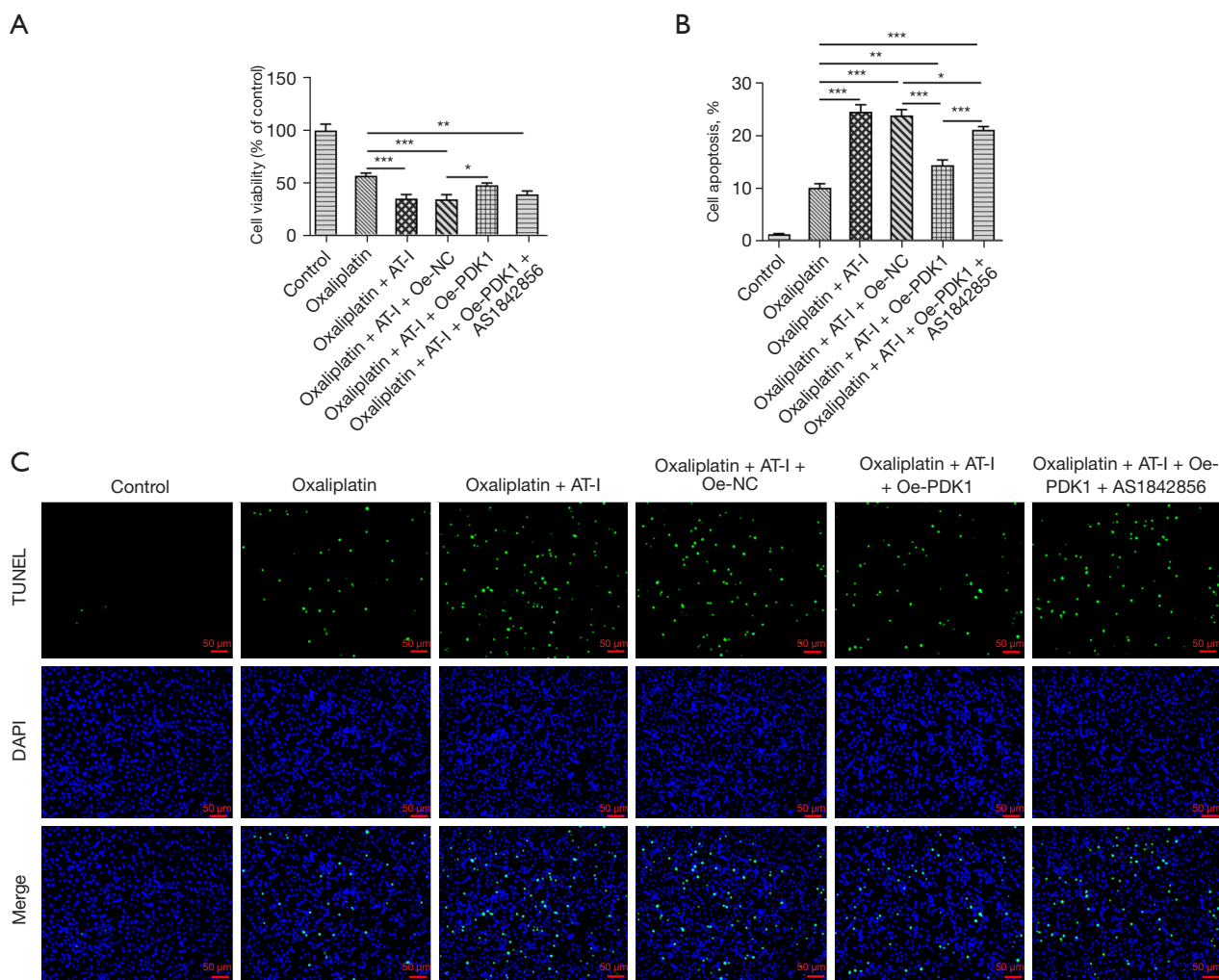


Figure 6 AT-I enhances oxaliplatin sensitivity via the PDK1/FoxO1 axis. (A) The effect of AT-I on oxaliplatin sensitivity was explored, and CCK-8 assays were used to detect HCT116 cell activity. (B,C) TUNEL assays were used to examine HCT116 cell apoptosis, stained by TUNEL assay kit and DAPI. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.005$. NC, negative control; TUNEL, terminal deoxynucleotidyl transferase-mediated dUTP nick end labeling; DAPI, 4', 6-diamidino-2-phenylindole.

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Footnote

Reporting Checklist: The authors have completed the MDAR reporting checklist. Available at <https://jgo.amegroups.com/article/view/10.21037/jgo-22-910/rc>

Data Sharing Statement: Available at <https://jgo.amegroups.com/article/view/10.21037/jgo-22-910/dss>

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://jgo.amegroups.com/article/view/10.21037/jgo-22-910/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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