

## Case report

## Hepatic adenomatosis in liver cirrhosis

Sonja Gordic<sup>a,e</sup>, Swan N Thung<sup>b</sup>, Sasan Roayaie<sup>c</sup>, Mathilde Wagner<sup>a,f</sup>, Bachir Taouli<sup>d,\*</sup><sup>a</sup> Translational and Molecular Imaging Institute, Icahn School of Medicine at Mount Sinai, New York, NY, USA<sup>b</sup> Department of Pathology, Icahn School of Medicine at Mount Sinai, New York, NY, USA<sup>c</sup> Liver Cancer Program, Hofstra-North Shore Long Island Jewish School of Medicine, Lenox Hill Hospital, New York, NY, USA<sup>d</sup> Department of Radiology and Translational and Molecular Imaging Institute, Icahn School of Medicine at Mount Sinai, One Gustave L. Levy Place, Box 1234, New York, NY, 10029-6574, USA<sup>e</sup> Institute of Diagnostic and Interventional Radiology, University Hospital Zurich, Zurich, Switzerland<sup>f</sup> Sorbonne Universités, UPMC, Department of Radiology, Hôpital Pitié-Salpêtrière, Assistance Publique-Hôpitaux de Paris, Paris, France

## ARTICLE INFO

## Keywords:

Hepatocellular adenoma

Hepatic adenomatosis

Liver cirrhosis

Magnetic resonance imaging

## ABSTRACT

Hepatocellular adenoma (HCA) is a benign liver tumor most frequently occurring in women using oral contraception. HCA develops in normal or nearly normal livers and is extremely rare in cirrhosis. The authors present magnetic resonance imaging and histopathologic findings in a 57-year-old man with liver cirrhosis and hepatic adenomatosis.

As the differentiation between HCA and hepatocellular carcinoma (HCC) can be difficult with imaging, we would like to highlight the importance of ancillary findings such as the presence of iron on MRI, which can be observed in HCA.

## 1. Introduction

Hepatocellular adenoma (HCA) is a benign liver tumor most frequently occurring in women using oral contraception. HCA develops in normal or nearly normal livers and is extremely rare in cirrhosis. Here, we report a case of a patient who has undergone abdominal magnetic resonance imaging (MRI) with the incidental finding of hepatic adenomatosis (HA) in the setting of liver cirrhosis.

## 1.1. Case

A 57-year-old man with abdominal pain was referred to our hospital. His medical history included alcohol abuse, tobacco use and elevated BMI (27.4 kg/m<sup>2</sup>). He had no history of diabetes or anabolic steroid use. The physical exam revealed no stigmata of advanced liver disease.

Laboratory tests showed elevated gamma-glutamyltransferase (1466 U/l) and alkaline phosphatase (211 U/l); aspartate transaminase, alanine transaminase, international normalized ratio, albumin, bilirubin, and alpha-fetoprotein were normal. Viral hepatitis serologies were negative.

MRI of the abdomen revealed a liver with nodular surface compatible with cirrhosis. There were multiple (> 10) non-fat containing liver lesions measuring up to 5 cm, appearing hyper- or isointense on pre-

contrast fat suppressed T1-weighted imaging (T1WI), mildly hyper-, iso- or hypointense on fat suppressed T2WI with intense enhancement on T1WI obtained during the arterial phase after injection of a gadolinium-based contrast agent (gadopentetate dimeglumine, Magnevist, Bayer Healthcare) with washout on portal venous phase and a pseudocapsule. Some of these lesions showed signal intensity drop on in-phase compared to out-of-phase images, indicating iron content (Fig. 1). No vascular invasion was identified. There were no signs of portal hypertension. The lesions were interpreted as multifocal HCC. After an inconclusive fine needle aspiration, a laparoscopic surgical resection of two lesions revealed HCAs with positive serum amyloid A (SAA) and C-reactive protein (CRP) on immunohistochemical stains (Fig. 2). The  $\beta$ -catenin stain was negative. There was background liver cirrhosis, presumed to be due to alcohol abuse. Follow-up computed tomography (CT) 6 months later showed stable remaining lesions.

## 2. Discussion

HCA develops in normal or nearly normal livers and is extremely rare in cirrhosis. The predisposing factors for developing HCA include excessive hormonal or metabolic exposures, such as oral contraceptives, anabolic steroids, glycogen storage disease, and type 2 diabetes. Case-reports of HCA have been reported in cardiac cirrhosis [1] and in fibrosis without known risk factors of HCA [2], all in male patients, as in

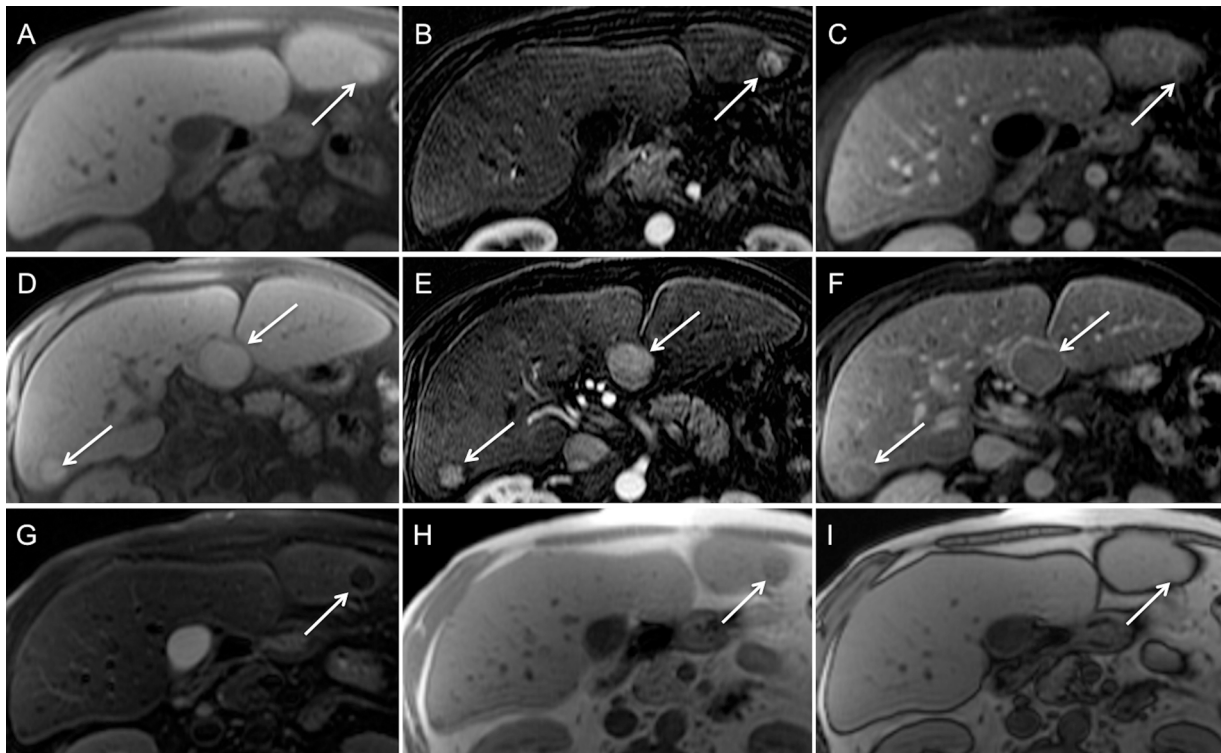
\* Corresponding author.

E-mail addresses: [gordic.sonja@gmail.com](mailto:gordic.sonja@gmail.com) (S. Gordic), [swan.thung@mountsinai.org](mailto:swan.thung@mountsinai.org) (S.N. Thung), [sasan.roayaie@gmail.com](mailto:sasan.roayaie@gmail.com) (S. Roayaie), [wagner.mathilde@gmail.com](mailto:wagner.mathilde@gmail.com) (M. Wagner), [bachir.taouli@mountsinai.org](mailto:bachir.taouli@mountsinai.org) (B. Taouli).<http://dx.doi.org/10.1016/j.ejro.2017.08.001>

Received 12 March 2017; Received in revised form 15 August 2017; Accepted 29 August 2017

Available online 09 September 2017

2352-0477/ © 2017 The Author(s). Published by Elsevier Ltd. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

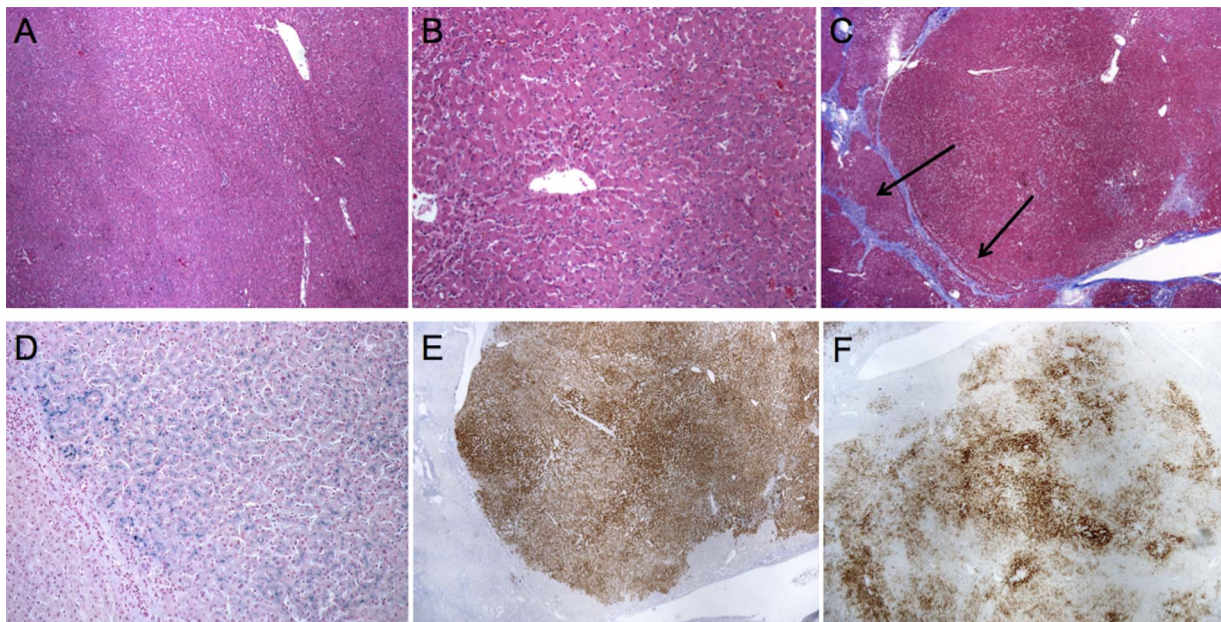


**Fig. 1.** Contrast-enhanced magnetic resonance imaging in a 57-year-old patient with alcoholic cirrhosis shows multiple mildly T1 hyperintense lesions in the right and left hepatic lobes (arrows) on pre-contrast T1-weighted images (A, D at different levels) with enhancement on subtracted arterial phase images (B, E) and washout on the subtracted portal venous phase images with pseudo-capsule enhancement (C, F). The lesion in segment III (seen on A, B, C, G, H, I) is hypointense on T2-weighted fat suppressed image (G) and shows signal drop on in-phase (H) compared to out-of-phase images (I), indicating iron content. The lesion in segment III was resected. Note liver surface nodularity compatible with cirrhosis.

our case.

Whereby HCA may contain iron, it is very unusual for HCC [3]. HCA may lack portal venous inflow and thus can be hypervascular on arterial phase on CT or MRI. It is often difficult to differentiate between HCA and HCC on imaging, due to overlapping appearances, and HCC is the main diagnosis to consider in cirrhosis.

Liver specific gadolinium based contrast agents [such as gadobenate disodium (Gd-BOPTA, Multihance®) and gadoxetate disodium (Gd-EOB-DTPA), Primovist or Eovist®] facilitate the differentiation of HCA from FNH [4]. While the majority of FNHs shows an equal or stronger OATP1B3 expression relative to the surrounding liver with an iso-/hyperintensity in the hepatobiliary phase of gadoxetic acid-enhanced



**Fig. 2.** Histopathologic images of resected hepatocellular adenoma show: (A) on H & E stain (x40), monotonous hepatocytes without atypia, and absence of portal tracts. (B) on H & E stain (x100) the hepatocytes are arranged in two cell-thick plates. (C) on Trichrome stain (x20), cirrhotic nodules encircled by fibrous septa (arrows), (D) on Perl stain (x100) coarse iron granules in the adenoma, but not in the surrounding liver. The adenoma is diffusely and strongly positive for CRP (immunostain, x20) (E) with patchy serum amyloid A reactivity (immunostain, x20) (F).



MRI [5,6], most HCAs have a decreased expression of OATP1B3 resulting in an hypointense signal on delayed hepatobiliary phase images [7,8]. Diffusion-weighted (DW) MRI can be used for liver lesion characterization, with better results compared with T2-weighted imaging [9–12] and with potential additional value to contrast-enhanced sequences. HCAs, however, have intermediate ADC values that can overlap with those of malignant lesions and normal liver parenchyma [13–16]. As DW MRI is a marker of cellularity HCAs may sometimes display restricted diffusion. On the other hand, necrotic malignant lesions can demonstrate high ADC values.

Using molecular markers and immunohistochemistry, HCAs can be classified in eight main subtypes: hepatocyte nuclear factor-1 $\alpha$  (HNF1 $\alpha$ )-mutated, SAA/CRP-positive inflammatory HCA (IHCA),  $\beta$ -catenin exon 7/8,  $\beta$ -catenin exon 3, mixed b<sup>ex7,8</sup> IHCA, mixed b<sup>ex3</sup> IHCA, sonic hedgehog and unclassified [17]. HCAs in men were shown to be usually SAA/CRP-positive, occur singly, and arise from factors also found in development of HCC in non-cirrhotic liver such as alcohol use, tobacco use and elevated BMI [18]. Our patient was SAA/CRP-positive, similar to a prior report [2] and had HA. However, SAA or CRP expression is not specific for IHCA, these proteins are known to be produced by hepatocytes and may be overexpressed in cirrhotic nodules under local or systemic inflammatory conditions [19].

The estimated risk for malignant transformation of HCA is between 4% and 8% [20]. All subtypes of HCA may demonstrate borderline features of typical foci of HCC. However, the  $\beta$ -catenin mutated HCA and mixed b<sup>ex3</sup>IHCA subgroups are the most prone to malignant transformation [21–23].

During hepatocarcinogenesis, iron may accumulate in low-grade dysplastic nodules (DNs) and in some high-grade DN. These nodules containing an iron deposit are referred to as ‘siderotic nodules’. In hepatocytes of siderotic nodules, the iron transporter system, such as the transferrin transporter, are upregulated [24]. However, as these nodules progress into HCCs, the iron-transportation system also alters, and iron utilization increases, thus causing iron deficiency in HCCs [25]. However, HCAs may deposit iron [26–28] and Cheng et al. [27] even proposed the term siderotic hepatic adenoma in these cases.

### 3. Conclusion

Our case supports the existence of HCA/HA in the setting of cirrhosis. As the differentiation between HCA and HCC is often difficult with imaging, it is advisable to perform a short-term follow-up imaging and/or tissue sampling for a definitive diagnosis.

### Conflicts of interest

The authors declare that they have no conflict of interest.

### Financial support

Sonja Gordic: Swiss National Science Foundation, Fellowship P2ZHP3\_161691

### References

- [1] A.A. Ghaferi, G.M. Hutchins, Progression of liver pathology in patients undergoing the Fontan procedure: chronic passive congestion, cardiac cirrhosis, hepatic adenoma, and hepatocellular carcinoma, *J. Thorac. Cardiovasc. Surg.* 129 (2005) 1348–1352.
- [2] J. Watkins, C. Balabaud, P. Bioulac-Sage, D. Sharma, A. Dhillion, Hepatocellular adenoma in advanced-stage fatty liver disease, *Eur. J. Gastroenterol. Hepatol.* 21 (2009) 932–936.
- [3] H.A. Edmondson, P.E. Steiner, Primary carcinoma of the liver: a study of 100 cases among 48,900 necropsies, *Cancer* 7 (1954) 462–503.
- [4] L. Grazioli, M.P. Bondioni, H. Haradome, U. Motosugi, R. Tinti, B. Frittoli, S. Gambarini, et al., Hepatocellular adenoma and focal nodular hyperplasia: value of gadoxetic acid-enhanced MR imaging in differential diagnosis, *Radiology* 262 (2012) 520–529.
- [5] H. Fujiwara, S. Sekine, H. Onaya, K. Shimada, R. Mikata, Y. Arai, Ring-like enhancement of focal nodular hyperplasia with hepatobiliary-phase Gd-EOB-DTPA-enhanced magnetic resonance imaging: radiological-pathological correlation, *Jpn. J. Radiol.* 29 (2011) 739–743.
- [6] N. Yoneda, O. Matsui, A. Kitao, R. Kita, K. Kozaka, W. Koda, S. Kobayashi, et al., Hepatocyte transporter expression in FNH and FNH-like nodule: correlation with signal intensity on gadoxetic acid enhanced magnetic resonance images, *Jpn. J. Radiol.* 30 (2012) 499–508.
- [7] T. Fukusato, Y. Soejima, F. Kondo, M. Inoue, M. Watanabe, Y. Takahashi, T. Aso, et al., Preserved or enhanced OATP1B3 expression in hepatocellular adenoma subtypes with nuclear accumulation of beta-catenin, *Hepatol. Res.* 45 (2015) E32–42.
- [8] A. Ba-Ssalamah, C. Antunes, D. Feier, N. Bastati, J.C. Hodge, J. Stift, M.A. Cipriano, et al., Morphologic and molecular features of hepatocellular adenoma with gadoxetic acid-enhanced MR imaging, *Radiology* 277 (2015) 104–113.
- [9] M. Bruegel, J. Gaa, S. Waldt, K. Woertler, K. Holzapfel, B. Kiefer, E.J. Rummeny, Diagnosis of hepatic metastasis: comparison of respiration-triggered diffusion-weighted echo-planar MRI and five T2-weighted turbo spin-echo sequences, *AJR Am. J. Roentgenol.* 191 (2008) 1421–1429.
- [10] K. Coenegrachts, J. Delanote, L. Ter Beek, M. Haspelslagh, S. Bipat, J. Stoker, F. Van Kerkhove, et al., Improved focal liver lesion detection: comparison of single-shot diffusion-weighted echoplanar and single-shot T2 wted turbo spin echo techniques, *Br. J. Radiol.* 80 (2007) 524–531.
- [11] Y. Okada, K. Ohtomo, S. Kiryu, Y. Sasaki, Breath-hold T2-weighted MRI of hepatic tumors: value of echo planar imaging with diffusion-sensitizing gradient, *J. Comput. Assist. Tomogr.* 22 (1998) 364–371.
- [12] C.J. Zech, K.A. Herrmann, O. Dietrich, W. Horgor, M.F. Reiser, S.O. Schoenberg, Black-blood diffusion-weighted EPI acquisition of the liver with parallel imaging: comparison with a standard T2-weighted sequence for detection of focal liver lesions, *Invest. Radiol.* 43 (2008) 261–266.
- [13] M. Bruegel, K. Holzapfel, J. Gaa, K. Woertler, S. Waldt, B. Kiefer, A. Stemmer, et al., Characterization of focal liver lesions by ADC measurements using a respiratory triggered diffusion-weighted single-shot echo-planar MR imaging technique, *Eur. Radiol.* 18 (2008) 477–485.
- [14] T. Parikh, S.J. Drew, V.S. Lee, S. Wong, E.M. Hecht, J.S. Babb, B. Taouli, Focal liver lesion detection and characterization with diffusion-weighted MR imaging: comparison with standard breath-hold T2-weighted imaging, *Radiology* 246 (2008) 812–822.
- [15] B. Taouli, V. Vilgrain, E. Dumont, J.L. Daire, B. Fan, Y. Menu, Evaluation of liver diffusion isotropy and characterization of focal hepatic lesions with two single-shot echo-planar MR imaging sequences: prospective study in 66 patients, *Radiology* 226 (2003) 71–78.
- [16] J.A. Vossen, M. Buijs, E. Liapi, J. Eng, D.A. Bluemke, I.R. Kamel, Receiver operating characteristic analysis of diffusion-weighted magnetic resonance imaging in differentiating hepatic hemangioma from other hypervascular liver lesions, *J. Comput. Assist. Tomogr.* 32 (2008) 750–756.
- [17] J.C. Nault, G. Couchy, C. Balabaud, G. Morcrette, S. Caruso, J.F. Blanc, Y. Bacq, et al., Molecular classification of hepatocellular adenoma associates with risk factors, bleeding, and malignant transformation, *Gastroenterology* 152 (2017) 880–894 (e886).
- [18] P. Bioulac-Sage, H. Laumonier, G. Couchy, B. Le Bail, A. Sa Cunha, A. Rullier, C. Laurent, et al., Hepatocellular adenoma management and phenotypic classification: the Bordeaux experience, *Hepatology* 50 (2009) 481–489.
- [19] M. Sasaki, N. Yoneda, Y. Sawai, Y. Imai, F. Kondo, T. Fukusato, S. Yoshikawa, et al., Clinicopathological characteristics of serum amyloid A-positive hepatocellular neoplasms/nodules arising in alcoholic cirrhosis, *Histopathology* 66 (2015) 836–845.
- [20] P. Bioulac-Sage, C. Sempoux, C. Balabaud, Hepatocellular adenoma: classification, variants and clinical relevance, *Semin. Diagn. Pathol.* 34 (2017) 112–125.
- [21] G. Hale, X. Liu, J. Hu, Z. Xu, L. Che, D. Solomon, C. Tsokos, et al., Correlation of exon 3 beta-catenin mutations with glutamine synthetase staining patterns in hepatocellular adenoma and hepatocellular carcinoma, *Mod. Pathol.* 29 (2016) 1370–1380.
- [22] S. Rebouissou, A. Franconi, J. Calderaro, E. Letouze, S. Imbeaud, C. Pilati, J.C. Nault, et al., Genotype-phenotype correlation of CTNNB1 mutations reveals different ss-catenin activity associated with liver tumor progression, *Hepatology* 64 (2016) 2047–2061.
- [23] J. Zucman-Rossi, E. Jeannot, J.T. Nhieu, J.Y. Scoazec, C. Guettier, S. Rebouissou, Y. Bacq, et al., Genotype-phenotype correlation in hepatocellular adenoma: new classification and relationship with HCC, *Hepatology* 43 (2006) 515–524.
- [24] R.M. Pascale, M.R. De Miglio, M.R. Mironi, M.M. Simile, L. Daino, M.A. Seddaiu, Pusceddu S, et al: transferrin and transferrin receptor gene expression and iron uptake in hepatocellular carcinoma in the rat, *Hepatology* 27 (1998) 452–461.
- [25] P. Holmstrom, M. Gafvels, L.C. Eriksson, V. Dzikaite, R. Hultcrantz, G. Eggertsen, P. Stal, Expression of iron regulatory genes in a rat model of hepatocellular carcinoma, *Liver Int.* 26 (2006) 976–985.
- [26] I. Abdulkader, J.M. Suarez-Penaranda, E. Perez-Becerra, J. Baltar, G. Pazos, J. Forteza, Liver-cell adenomas with heavy iron deposition, *Int. J. Surg. Pathol.* 12 (2004) 245–250.
- [27] Y.F. Cheng, C.C. Huang, H.H. Weng, T.Y. Lee, Magnetic resonance imaging of siderotic hepatic adenoma, *J. Formoson Med. Assoc.* 94 (1995) 138–140.
- [28] O. Matsui, M. Kadoya, T. Kameyama, J. Yoshikawa, K. Arai, T. Gabata, T. Takashima, et al., Adenomatous hyperplastic nodules in the cirrhotic liver: differentiation from hepatocellular carcinoma with MR imaging, *Radiology* 173 (1989) 123–126.