

ORIGINAL RESEARCH

Surgical Outcomes of Children with Unilateral Congenital Cataract and Persistent Fetal Vasculature

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Purpose: To delineate the characteristics, surgical interventions, and visual outcomes among children diagnosed with congenital cataract and persistent fetal vasculature (PFV).

Patients and Methods: Retrospective observational single-center study was conducted between January 1, 2009, and December 31, 2019, at Helsinki University Hospital. The national cohort encompassed 82 children aged from birth to 15 years who underwent lensectomy, 3-port vitrectomy, or a combined procedure, with the objective of achieving visual rehabilitation. Among the surgical cohort, paediatric cases with International Classification of Disease (ICD-10) codes Q14.0 for PFV and Q12.0 for congenital cataract were identified and analyzed. Data were collected through a comprehensive review of medical records, encompassing clinical history (birth weight), gender distribution, ocular parameters (laterality, intraocular pressure [IOP], visual acuity [VA]), details of cataract and vitreoretinal surgical interventions, indications for surgery, postoperative ophthalmic complications, as well as evaluations of functional and anatomical outcomes.

Results: The cohort consisted of 11 children, ranging in age from 6 months to 12 years. Surgical intervention resulted in the attainment of at least light perception vision in nine of the operated eyes, representing 81.8% of cases. Among these, two eyes (18.2%) achieved hand motion vision, while 5 eyes (55.6%) achieved vision of finger counting or better. Additionally, two eyes (18.2%) achieved visual acuity measurable on the Snellen chart. However, one eye (9.1%) experienced complete vision loss, while the contralateral eye developed sympathetic ophthalmia.

Conclusions: Congenital cataract with PHV without anterior segment pathology associated with best postoperative VA, while eyes with anterior segment pathology or a complex posterior segment pathology had poor visual prognosis. Case selection for surgery is considered of great importance, since sympathetic ophthalmia may occur postoperatively. Understanding more deeply pathogenesis of PFV is warranted.

Keywords: tractional retinal detachment, pediatric ophthalmology, congenital eye disorders, ocular abnormalities, visual impairment, retinal surgery

Introduction

Congenital cataract with persistent fetal vasculature (PFV) represents a complex and challenging condition in paediatric ophthalmology. PFV, formerly known as persistent hyperplastic primary vitreous, is a rare developmental anomaly characterized by incomplete regression of the primary vitreous and embryonal hyaloid vasculature, leading to a spectrum of ocular abnormalities, including cataract and retinal detachment.^{1,2} In the worst case, the persistent hyaloidal stalk is integrated anteriorly into the posterior lens capsule and posteriorly to the vascular bundle of the optic nerve head (ONH) and exerts tractional forces radially in all directions.³ Ultimately, tractional retinal detachment (TRD) may occur due to retrolental fibrovascular tissue proliferation and contraction.⁴ In PFV eyes, concomitant retrolental stalk, avascular peripheral retina, and regional capillary dropout have been observed with fluorescein angiography examination.⁵

The management of unilateral congenital cataract with PFV poses unique therapeutic challenges. Surgical intervention is often required to address the congenital cataract and associated PFV-related anterior and/or posterior segment

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complications, with techniques such as lensectomy, vitrectomy, membranectomy, and retinal detachment repair.^{6,7} And in many cases multiple surgical interventions are needed. However, in cases with advanced pathology, including ONH hypoplasia, severe tractional retinal detachment, or microphthalmia, surgery is generally not a preferred choice since post-operative vision is often modest.⁸ Postoperatively, achieving optimal visual outcomes in the PFV cases can be hindered by factors including amblyopia, nystagmus, glaucoma, proliferative vitreoretinopathy (PVR), and refractive errors. Case selection for surgical treatment is of great importance, since long-standing complications such as sympathetic ophthalmia, ie, bilateral granulomatous panuveitis, may occur postoperatively and need to be considered. 9,10

In this real-world single-centre study, the aim was to provide a comprehensive overview of the clinical features, management strategies and final visual outcomes for eyes with unilateral congenital cataract and PFV. By elucidating the complexity of this rare paediatric condition, clinicians could enhance their understanding and improve the individually tailored management of affected children, ultimately optimizing visual outcomes and quality of life.

Material and Methods

Study Design and Cohort

Among the cohort of 82 paediatric patients, 11 paediatric cases (11 eyes) aged from birth to 15 years were diagnosed with International Classification of Disease (ICD-10) codes Q14.0 for PFV and Q12.0 for congenital cataract during an elevenyear study period, covering years from January 1st, 2009, to December 31st, 2019.

Register Data Sources and Data Collection

Case identification was through data collection via a tertiary eye clinic archive. Cases were reviewed for demographic and ophthalmic data, including ages at diagnosis and at the time of vitreoretinal surgical intervention, gender, eye involved (laterality), location of PFV, associated ocular abnormalities (microphthalmos, hypoplastic ONH, hypoplastic fovea, macular detachment, traction retinal detachment), postoperative visual acuity (VA), intraocular pressure (IOP), performed surgical procedures (combined vitrectomy and retinal procedure (CKD92); and combined phacoemulsification with or without intraocular lens (IOL) implantation together with PPV (CKD94) including reoperations), location of vitrectomy incisions (pars plicata or pars plana), late onset complications related to surgery (loss of the eye ball, secondary glaucoma, sympathetic ophthalmia), and length of post vitrectomy follow-up (in months).

Deeper demographic characteristics of the study children (eg consanguinity of parents, parents age at conception), or other antenatal history could not be checked from archives.

Diagnosis of congenital cataract and PFV was made based on a combination of clinical examination by biomicroscopy and/or indirect ophthalmoscopy as well as clinical examination performed under general anaesthesia documented with RetCam pediatric ocular imaging and ultrasound findings. In all PFV eyes, there was an elevated fibrovascular membrane or stalk from the ONH to the posterior lens capsule. A non-surgical follow-up was used in cases with non-central lens opacity and surgery was performed first when there was increasing development of cataract. Preoperatively, all children were evaluated by an experienced pediatric ophthalmologist, cataract surgeon and/or vitreoretinal surgeon to determine the timing of surgical intervention.

Children underwent lensectomy, 3-port vitrectomy, or combined lensectomy-vitrectomy procedure through a limbal or pars plicata/plana approach aimed at visual rehabilitation. Vitrectomies were performed through the immature pars plicata or, in older children, through the pars plana approach. The postoperative IOL power was targeted for hyperopia.

Post vitrectomy, all operated eyes were followed by Optos ultra-widefield (UWFTM, Nikon Co. Ltd, Japan) retinal imaging and by table mounted Optical Coherence Tomography imaging (Heidelberg Engineering, Heidelberg Engineering GmbH).

In infants, the fixation patterns were recorded, but in older children VA was assessed with age-appropriate Snellen test, hand movement (HM), finger counting (FC), or light perception (LP).

Ethics

The study was approved by the HUH (HUS/58/2020) and central hospital's Institutional Review Boards and adhered to the tenets of the Declaration of Helsinki. Informed consent was waived due to retrospective register-based design of the study. Register-based patient data was handled with confidentiality.

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Statistical Analysis

All data analysis was performed with Excel. Since the study children received individually tailored management, no statistics could be performed.

Results

The present study comprised eleven children, each representing a single eye with unilateral congenital cataract and PFV, as described in Table 1. The mean birth weight of the cohort was 3589 grams, with a range spanning from 3230 to 4000 grams. Regarding ethnicity, all participants were of Finnish descent, except for one individual. Notably, all births occurred as full-term single pregnancies, with the sole exception being a full-term twin pregnancy. This case 11 (the A-twin) was diagnosed with pneumothorax, microphthalmos, and PFV immediately following birth (Table 2).

Six children were born in Helsinki and Uusimaa hospital district, five cases elsewhere in Finland (Satakunta, Varsinais-Suomi, Kymenlaakso, Pohjois-Savo). Four out of eleven children (36.3%) exhibited microphthalmos, while one child (9.1%) presented with hypoplastic ONH, and another child (9.1%) displayed hypoplastic fovea. It is noteworthy that none of the children enrolled in the study exhibited documented systemic abnormalities (Table 1). PFV was identified in ten infants (91%) within the first 3 months of life, primarily manifesting through clinical indicators such as leukocoria, microphthalmos, and/or strabismus. In one instance, however, leukocoria was observed later, at the age of 8 months (Case 9).

One eye (Case 7) was diagnosed with secondary glaucoma and received intraocular pressure lowering medication prior to vitrectomy surgery. In addition, two eyes developed secondary glaucoma post vitrectomy.

Anterior Segment Surgery

Most children in the cohort were male (Table 1). Initially, four children underwent anterior segment phacoaspiration procedures, encompassing either lens suction or lensectomy. Among these four cases, two eyes underwent primary posterior capsulotomy. However, the primary posterior capsulotomy was not performed in Cases 6 and 11. Following anterior segment interventions, three eyes remained aphakic, while one eye received an intraocular lens (IOL) placed in the capsular bag (Case 5, Table 1). Notably, this case underwent anterior segment surgery twice, with the second procedure necessitated by the dislocation of the previously inserted IOL.

Combined Anterior and Posterior Segment Surgery

A combined anterior segment procedure involving phacoaspiration with or without IOL implantation, alongside posterior segment 3-port pars plicata/plana vitrectomy was undertaken in six children, as detailed in Table 2.

In total, among the eleven operated children included in the study, a foldable IOL was implanted in six cases, constituting 54.5% of the cohort. Specifically, five out of these six eyes received the three-piece ZA9003 IOL, while one eye was implanted with the single-piece ZCB00 hydrophobic acrylic IOL.

Out of eleven study eyes, one eye with TRD and subretinal fibrosis underwent vitrectomy with the adjunctive placement of an encircling band and silicone oil (SO) endotamponade (Case 1). Subsequently, the SO endotamponade was successfully removed after a period of 4 months, and the retina remained attached.

Surgery of PFV Stalk

Two out of the eleven eyes with persistent retrolental fibrovascular tissue connecting the ONH to the posterior lens capsule underwent endodiathermy (ED) as a preliminary measure to control intraocular bleeding before proceeding with stalk division (Case 6 and 11, Table 2). In the remaining nine eyes, the PFV stalk was severed using a vitrectomy probe without endodiathermy.

Child with Sympathetic Ophthalmia

One child presented with microphthalmos, PFV, and dense cataract from birth (Case 8). Due to the estimated unfavorable visual prognosis, this child underwent only monitoring until six months of age. Subsequently, vitrectomy surgery was pursued, albeit the eye had progressed to total TRD with tent-shaped funnel formation, resulting in complete loss of

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Table I Characteristics of Children with Unilateral Congenital Cataract and Persistent Fetal Vasculature: Patient Data at Baseline Including Details of Anterior Segment Surgery

Case	Hospital District	Gender, Laterality, Age at First Surgery	Birth Weight (g)	Initial VA	IOP (mmHg)	Time of PFV Diagnosis	Ocular Comorbidity	Type of Anterior Segment Surgery:Corneal/ Limbal Cataract Extraction
I	Satakunta	M, right, 7 y 9 mo	-	НМ	7	One year	Lens coloboma and subluxation,	Lens suction, posterior capsulotomy, aphakia, transection
						postpartum	exotropia	of the fibrovascular stalk with anterior vitrectomy
2	Helsinki and Uusimaa	M, left	4000	Fixate	14	7 weeks postpartum	Dense cataract, esotropia	None
3	Helsinki and	M, left	3850	НМ	13	3 months	Dense cataract, esotropia	None
	Uusimaa					postpartum		
4	Varsinais-	F, left	3630	HM	8	3 months	Exotropia, spontaneous posterior	None
	Suomi					postpartum	capsule rupture (empty bag)	
5	Kymenlaakso	F, left, 2 y 11 mo	3685	FC	10	6 months	Dense cataract	Lens suction, IOL ZA9003 bag, optic in sulcus followed
						postpartum		by two additional anterior segment operations
6	Helsinki and	M, left	3500	Fixate	11	7 weeks	Strabismus, iris bombee post lens	Lens suction without posterior capsulotomy, aphakia
	Uusimaa					postpartum	suction	
7°	Helsinki and	M, left	3430	Fixate	3	Since birth	Red reflex white since birth,	None
	Uusimaa						anterior chamber shallow	
8	Kymenlaakso	M, right	3390	LP	8	Since birth	Red reflex white since birth, dense	None
							fibrotic membrane behind lens	
9	Helsinki and	F, left	_	Fixate	_	8 months	Red reflex abnormal and dense	None
	Uusimaa					postpartum	cataract	
10	Helsinki and	M, left	3230	0.05	16		Cataract	None
	Uusimaa							
П	Pohjois-Savo	F, right, 1.5 mo	_	Fixate	6	Since birth	Dense fibrotic membrane behind lens	Lens suction without posterior capsulotomy, aphakia

Notes: Case 7°. used topical glaucoma medication.

Abbreviations: F, female; FC, finger counting: G, gauge; HM, hand motion; IOP, intraocular pressure; LP, light perception, M, male; mo, month; ON, optic nerve. Operated eyes were coded with International Classification of Disease (ICD-10) codes: Q14.0 code for Persistent Fetal Vasculature (PFV) and Q12.0 code for Congenital cataract.

Table 2 Characteristics of Eyes with Unilateral Congenital Cataract and Persistent Fetal Vasculature: Type of Posterior Segment Vitreoretinal Surgeries

Case	Laterality, Gender, Age at VitRet Operation	Macular On/Off	Another Ocular Pathology	Vitrectomy Pars Plana or Plicata (CKD92 or CKD94)	First Reoperation	Second Reoperation	Final Postop VA and Final SE	Late Sequalae	Post Vitrectomy Follow-up
I	Right, M, 12 years	Macular off	None		encircling band, subretinal fibrosis removal, SO endotamponade (CKD93)	SO removal, 23 G, Subretinal Octane-removal, EL, ERM- peeling, C2F6-gas endotamponade	НМ	Amblyopia	3 mo
2°	Left, M, 2 years	Macular off	None	Corneal Phaco, IOL ZA9003 bag optic capture, 23G anterior PPV, PFV stalk cut (CKD94)	None	None	LP (-0.5)	Severe amblyopia	5 mo
3	Left, M, 3 years 6 months	On	None	Corneal Phaco, IOL ZA9003 bag, 23G anterior PPV, PFV stalk cut (CKD94)	None	None	FC 10 cm (-1.5)	Severe amblyopia	3.5 y
4°	Left, F, 5 years 4 months	On	None	Corneal Phaco, IOL ZA9003 bag optic capture, 25G anterior PPV, PFV stalk cut (CKD94)	None	None	-	Not known	23 days
5	Left, F, 4 years 2 months	Partial macular off	Microphthalmos	IOL reposition, 25G anterior PPV, PFV stalk cut (CKD92)	None	None	FC 50 cm (-5.5)	Increased esotropia post ppv	I y 9 mo
6	Left, M, 4 months	On	Microphthalmos	20G anterior PPV, ED, PFV stalk cut (CKD92)	None	None	FC (+14.75 aphakia)	Amblyopia	10 y
7	Left, M, 1.5 month	On	Shallow anterior chamber, hypotony	25G PPV, iris hooks, limbal lensectomy, aphakia, PFV stalk cut (CKD94)	3-week post CKD94 total TRD, encircling band, 25 G PPV, Octane, EL 360°, SO endotamponade (CKD93)	SO removal, encircling band removal	LP (+10.5 aphakia)	Increased exotropia post ppv, secondary glaucoma	2 y 10 mo
8	Right, M, 6 months	Macular off	Microphthalmos, total TRD with tunnel formation	20G PPV/SO, lensectomy, MP, 360° retinectomy, EL (CKD94)	Enucleation	None	Lost	Sympathetic ophthalmia	9 y 3 mo
9	Left, F, I y	On	Macular RPE granules	Corneal Phaco, IOL- implantation in the bag, 25 G anterior PPV, PFV stalk cut (CKD94)	7 months later 27 G ppv and removal of secondary cataract	None	0.5-0.63 (-7.0)	None	6 y 2 mo
10	Left, M, 3 y 10 mo	On	Foveal hypoplasia	Corneal Phaco, IOL- implantation in the bag, 23 G anterior PPV, PFV stalk cut (CKD94)	None	None	0.05 (+/- 0)	Strabismus surgery	9 y 4 mo
П	Right, F, 7 mo	On	Microphthalmos, ONH hypoplasia	25G anterior PPV, PFV stalk cut, ED (CKD92)	None	None	HM (+8.5 aphakia)	Severe amblyopia	3 y 7 mo

Notes: Operated eyes were coded with International Classification of Disease (ICD-10) codes: Q14.0 code for Persistent Fetal Vasculature and Q12.0 code for Congenital cataract. All eyes had originally fibrovascular PFV traction between ON and posterior lens capsule. The primary vitreoretinal surgical procedure was recorded as follows http://urn.fi/URN:ISBN:978-952-245-858-2 (in Finnish and Swedish): combined vitrectomy and retinal procedure (CKD92); and combined phacoemulsification with or without intraocular lens (IOL) implantation together with PPV (CKD94). Two eyes (Cases I and 7) underwent combined procedure on vitreous body and retina including encircling scleral band (CKD93) due to complex retinal pathology. Case 2° follow-up was lost since follow-up continued elsewhere (in Pohjois-Savo) and Case 4° was lost since follow-up continued elsewhere (in Varsinais-Suomi).

Abbreviations: ED, endodiathermy; EL, endolaser; F, female; FC, finger counting; G, gauge; HM, hand motion; IOL, intraocular lens; LP, light perception, M, male; MP, membrane peel; mo, month; ONH, optic nerve head; PFV, persistent fetal vasculature, PPV, pars plicata/plana vitrectomy; SE, spherical equivalent; SO, silicone oil; TRD, tractional retinal detachment; VR, vitreoretinal; y, year.

visual acuity (VA). At six months post vitrectomy, at the age of one year and two months, the contralateral healthy eye of this child developed sympathetic ophthalmia. Initially, treatment for sympathetic ophthalmia comprised systemic corticosteroids, followed by the administration of the biologic agent Humira® (adalimumab) at a dosage of 20 mg every second week subcutaneously, alongside Trexan® (methotrexate) at 5 mg systematically once a week. Finally, the microphtalmic vitrectomized SO filled blind eye was enucleated one year and 10 months post primary vitrectomy causing poor cosmesis and the contralateral eye with sympathetic ophthalmia encountered secondary glaucoma necessitating a glaucoma drainage implant (Molteno).

Reoperations

In addition to the case requiring enucleation, three other children necessitated reoperation in the vitreoretinal unit (Table 2). Among these three eyes, two eyes underwent reoperation due to complicated TRD (Case 1 and 7), while one required intervention for secondary cataract (Case 9). Out of these two eyes, Case 1 had undergone posterior capsulotomy at the time of cataract surgery (Table 1), but case 7 had undergone primary combined anterior and posterior segment surgery. Post vitrectomy, one eye underwent strabismus surgery as part of the comprehensive management approach (Case 10).

Postoperative Follow-Up and Visual Outcomes

The median length of postoperative follow-up after vitreoretinal surgery varied among the operated cases. Notably, two children (Cases 2 and 4, as detailed in Table 2) were lost to follow-up postoperatively, with their subsequent care managed elsewhere in another hospital district.

Postoperatively, the spherical equivalent was very differing among the operated cases (Table 2).

Surgical intervention provided at least light perception vision in nine (81.8%) of the operated eyes, out of which two eyes (18.2%) obtained HM, 5 eyes (55.6%) FC (Figure 1) or better vision and two eyes (18.2%) visual acuity on Snellen (Figures 2 and 3).

The most favorable visual outcome, achieving 0.5 on the Snellen chart, was noted in a child diagnosed with congenital cataract and PFV, alongside subtle macular abnormalities, ie, retinal pigment epithelial mottling in the macula (Case 9, Figure 3). This child underwent combined surgical intervention at the age of 1 year, followed by secondary cataract removal at 1 year and 7 months of age.

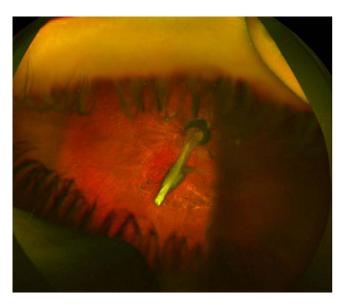


Figure 1 A retinal image captured by Optos ultra-widefield ® presents a 7-year-old female patient with stalk PFV fibrous membrane over disc three years after vitrectomy in left eye (Case 5). No peripheral vascular abnormalities. The final visual acuity was finger counting.

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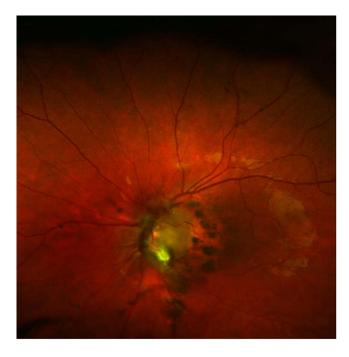


Figure 2 A retinal image captured by Optos ultra-widefield ® presents a 9-year-old male patient with remnants of PFV over disc five years after vitrectomy in left eye (Case 10). Optic nerve head hypoplasia with peripapillary RPE mottling. No peripheral vascular abnormalities. The final visual acuity was 0.05 on Snellen testing.

As anticipated, children presenting with complex PFV with macular TRD exhibited poor visual outcomes following surgery. Among the PFV eyes with associated optic nerve head hypoplasia or macular TRD, the most favorable postoperative visual acuity achieved was finger counting.

Prior to and following surgery, amblyopia therapy, combined with aphakic refraction correction utilizing contact lenses on spectacle lenses, was administered to six out of eleven children, constituting 54.5% of the cohort. Despite diligent implementation of amblyopia treatment, the final visual acuity outcomes remained suboptimal, with successful amblyopia treatment observed only in one case (Case 9).

Discussion

Congenital cataract stands as a notable contributor to childhood visual impairment on a global scale, impacting an estimated 1 to 6 per 10,000 live births. The etiology of congenital cataract is multifactorial, involving genetic predispositions, maternal infections during gestation, metabolic dysregulations, and exposure to certain pharmacological agents or environmental toxins. Furthermore, congenital cataract may manifest in isolation or as a component within syndromic contexts marked by systemic aberrations. However, in comparison to simple congenital cataract, the underlying causes of unilateral congenital cataract with PFV remain relatively obscure. Notably, children presenting with congenital (infantile) cataract alongside PFV exhibit a spectrum of clinical manifestations. ¹³

Surgical management of congenital cataract complicated by PFV is advocated prior to the onset of associated complications, such as angle-closure glaucoma, intraocular hemorrhage, and TRD. Recent findings from a meta-analysis incorporating randomized controlled trials have demonstrated that anterior vitrectomy significantly diminishes the incidence of posterior capsular opacification, secondary glaucoma, and uveitis. ¹⁴ Notably, surgical outcomes exhibit variability contingent upon the anterior, posterior, or combined phenotypic presentations of PFV. ^{15,16} Generally, posterior, or combined forms of PFV tend to mean a poorer visual prognosis compared to anterior PFV. ^{16,17}

It is noteworthy that premature infants with a history of PFV undergoing cataract surgery without IOL implantation face an elevated risk of retinal detachment. ^{18,19} In this investigation, one eye subjected to primary lens suction due to lens coloboma and subluxation, along with stalk transection, developed TRD with subsequent subretinal fibrosis. Of note, in

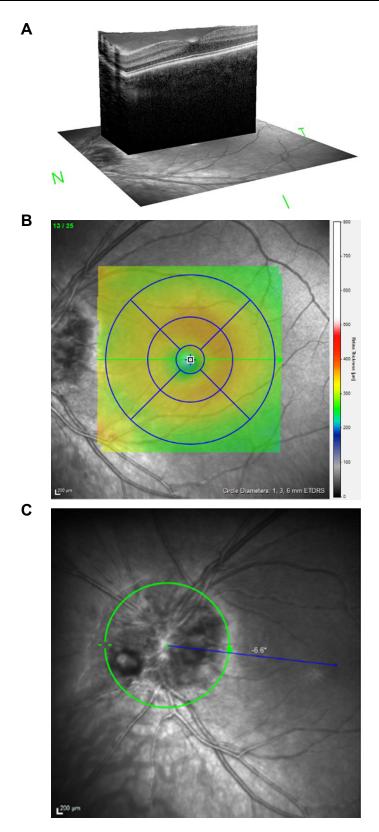


Figure 3 Retinal images captured by Optical Coherence Tomography (OCT) imaging (Heidelberg Engineering, Heidelberg Engineering GmbH) present a 4-year-old female patient with PFV remnants over disc three years after vitrectomy in left eye (Case 9). The final visual acuity was 0.5–0.63 on Snellen testing (with spectacle correction -7.0). (A). 3 D macular OCT image of the left macula shows normal foveal structure. (B). In the tomography central retinal thickness was normal 266 µm. (C) Papilla HRT image shows PFV stalk remnants inferonasally at 8 o'clock.

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this small cohort, the proportion of PFV eyes undergoing primary IOL implantation was 54.5%, which surpassed the previously reported rate of 35% by Solebo et al.²⁰

Despite advancements in surgical techniques and instrumentation, achieving optimal visual acuity remains a considerable clinical challenge in eyes with congenital cataract and PFV. Factors influencing surgical outcomes cover the age at the time of intervention, extent of ocular involvement, presence of associated ocular abnormalities such as microphthalmia, and adherence to rigorous postoperative amblyopia management protocols. In the future, long-term multicenter follow-up studies are imperative to comprehensively assess the efficacy and sustainability of surgical outcomes in the PFV cases. Continual monitoring for potential late onset complications and the implementation of appropriate interventions including vigorous amblyopia treatment and strabismus surgery are essential components of good postoperative care aimed at optimizing visual outcomes and enhancing the quality of life for affected children.

While this real-world study presents the most extensive cohort of vitrectomized pediatric eyes with congenital cataract and PFV to date in Finland, caution is warranted in extrapolating conclusions regarding optimal management due to the relatively limited number of pediatric cases. Within this study, certain eyes were monitored, and surgical intervention was deferred until occlusion of the visual axis, progression of anatomical anomalies, and/or compromise of the anterior chamber angle were observed.

Given the generally suboptimal visual outcomes observed in our surgical cohort, with one case resulting in devastating sympathetic ophthalmia, caution should be exercised in advocating surgical intervention for pediatric eyes with light perception vision, PFV, and a tent-shaped funnel configuration of TRD.⁸ In contrast to adults, pediatric patients often exhibit a heightened ocular immune response following cataract surgery.²¹ Furthermore, there is evidence suggesting that vitreoretinal surgery may serve as a precipitating factor for sympathetic ophthalmia, thus warranting careful consideration prior to ocular procedures in children with a dismal visual prognosis.²²

In recent years, particularly with pars plana vitrectomy, there has been an escalating recognition of sympathetic ophthalmia as a rare yet noteworthy complication, occurring in approximately 0.038% of all cases.²³ In a juvenile rabbit model undergoing lensectomy with IOL insertion, it was demonstrated that agitation of the lens, rather than a mere corneal incision, can trigger a robust postoperative immune response.²¹

In Finland, a comprehensive screening protocol is in place for early detection of congenital cataract and other ocular anomalies in newborns. Within 72 hours of birth, all neonates undergo a red reflex test, followed by a secondary examination conducted by a general practitioner as part of routine infant physical examination screening. Unlike some other regions, genetic testing for unilateral congenital cataract with PFV is not routinely employed for diagnostic confirmation within the Finnish healthcare system.

Conclusion

Congenital cataract with PFV devoid of anterior segment pathology tends to correlate with the most favorable post-operative visual outcomes. 16,17 Conversely, eyes presenting with anterior segment pathology, such as microphthalmia, or exhibiting complex posterior segment pathologies like macular TRD, optic nerve hypoplasia, or foveal hypoplasia, are associated with a less promising visual prognosis. Most children undergoing surgical intervention achieve only modest improvements in vision. Given the potential occurrence of sympathetic ophthalmia following surgery, meticulous case selection for surgical management is paramount. Furthermore, delving deeper into the pathogenesis of PFV is imperative to enhance our understanding of this condition.

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Disclosure

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