

Among patients with established HF_rEF and diabetes, sudden death followed by HF death are the most common causes of CV death. In addition, ethnic variations among patients with and without diabetes were observed regarding the risk of cause-specific CV mortality. Future studies focusing on the prevention of sudden death and HF death should be prioritized among patients with HF_rEF and diabetes.

*Abhinav Sharma, MD, PhD
Carolyn S.P. Lam, MBBS, PhD
Wan Ting Tay, BSc
Jonathan Yap, MBBS, MPH
Michael R. MacDonald, MBChB
Amir Razaghizad, MSc
Lauren B. Cooper, MD
Christopher O'Connor, MD
David J. Whellan, MD, MHS
Inder S. Anand, MD, PhD†
Jasper Tromp, MD, PhD
Robert J. Mentz, MD

*Division of Cardiology
McGill University Health Centre
1001 Decarie Boulevard
Montreal H4A 3J1, Quebec, Canada
E-mail: Abhinav.Sharma@mcgill.ca
<https://doi.org/10.1016/j.jacasi.2022.05.002>

© 2022 The Authors. Published by Elsevier on behalf of the American College of Cardiology Foundation. This is an open access article under the CC BY license (<http://creativecommons.org/licenses/by/4.0/>).

†On behalf of the ASIAN-HF investigators. The ASIAN-HF registry was funded by research grants from the Boston Scientific Investigator-Sponsored Research Program, National Medical Research Council of Singapore (R-172-003-219-511), the A*STAR Biomedical Research Council ATTRACTION (Asian Network for Translational Research and Cardiovascular Trials) program (SPF2014/003, SPF2014/004, SPF2014/005), and Bayer. Dr Sharma is supported by the Canada Institute for Health Research-175095 and Fonds de La Recherche en Sante Quebec-Junior 1 clinician scientist program; and has received support from Bayer-Canadian Cardiovascular Society, Alberta Innovates Health Solution, Roche Diagnostics, Takeda, Boehringer Ingelheim, and Akcea. Dr Lam is supported by a Clinician Scientist Award from the National Medical Research Council of Singapore; has received research support from AstraZeneca, Bayer, Boston Scientific, and Roche Diagnostics; has served as a consultant or on the Advisory Board, Steering Committee, or Executive Committee for Actelion, Amgen, Applied Therapeutics, AstraZeneca, Bayer, Boehringer Ingelheim, Boston Scientific, Cytokinetics, Darma, Us2.ai, Janssen Research and Development, Medscape, Merck, Novartis, Novo Nordisk, Radcliffe Group, Roche Diagnostics, Sanofi, and WebMD Global; and has served as cofounder and nonexecutive director of Us2.ai. Unrelated to the present work, Dr Anand has served as a consultant for Novartis, Amgen, Cyberonics, and Zensun. All other authors have reported that they have no relationships relevant to the contents of this paper to disclose. The authors attest they are in compliance with human studies committees and animal welfare regulations of the authors' institutions and Food and Drug Administration guidelines, including patient consent where appropriate. For more information, visit the [Author Center](#).

REFERENCES

- O'Connor CM, Whellan DJ, Lee KL. Efficacy and safety of exercise training in patients with chronic heart failure: HF-ACTION randomized controlled trial. *JAMA*. 2009;301(14):1439-1450.
- Lam CSP, Anand I, Zhang S, et al. Asian sudden cardiac death in heart failure (ASIAN-HF) registry. *Eur J Heart Fail*. 2013;15(8):928-936.
- Sharma A, d Souza Brito F, Sun J-L, et al. Noncardiovascular deaths are more common than cardiovascular deaths in patients with cardiovascular

disease or cardiovascular risk factors and impaired glucose tolerance: insights from the Nateglinide and Valsartan in Impaired Glucose Tolerance Outcomes Research (NAVIGATOR) trial. *Am Heart J*. 2017;186:73-82.

- Sharma A, Green JB, Dunning A, et al. Causes of death in a contemporary cohort of patients with type 2 diabetes and atherosclerotic cardiovascular disease: insights from the TECOS trial. *Diabetes Care*. 2017;40(12):1763-1770.
- Lam CSP, Teng T-HK, Tay WT, et al. Regional and ethnic differences among patients with heart failure in Asia: the Asian sudden cardiac death in heart failure registry. *Eur Heart J*. 2016;37(41):3141-3153.
- Tromp J, Tay WT, Ouwkerk W, et al. Multimorbidity in patients with heart failure from 11 Asian regions: A prospective cohort study using the ASIAN-HF registry. *PLoS Med*. 2018;15(3):e1002541. <https://doi.org/10.1371/journal.pmed.1002541>

TO THE EDITOR

Homocysteine and Thrombophilia in Pulmonary Hypertension



In a recent issue of *JACC: Asia*, Lian et al¹ reported on thrombophilia in patients with thromboembolic pulmonary hypertension. They did not study plasma total homocysteine nor genetic factors that predispose to hyperhomocysteinemia, such as the T allele of methylenetetrahydrofolate reductase (MTHFR). Both hyperhomocysteinemia and the T allele of MTHFR are more common in China than elsewhere,² and are more common than the hereditary clotting factors that they studied.

Can the authors tell us the prevalence of hyperhomocysteinemia and the allele distribution of MTHFR and of other genes that predispose to hyperhomocysteinemia, such as cystathionine gamma lyase (CTH/CGL), methionine synthase (MTR), and methionine synthase reductase (MTRR)?

*J. David Spence, MD

*Stroke Prevention and Atherosclerosis Research Centre
Robarts Research Institute
Western University
1400 Western Road
London, Ontario N6G 2V4, Canada
E-mail: dspence@robarts.ca
<https://doi.org/10.1016/j.jacasi.2022.08.013>

© 2022 The Authors. Published by Elsevier on behalf of the American College of Cardiology Foundation. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

The author has reported that he has no relationships relevant to the contents of this paper to disclose.

REFERENCES

- Lian T-Y, Liu J-Z, Guo F, et al. Prevalence, genetic background, and clinical phenotype of congenital thrombophilia in chronic thromboembolic pulmonary hypertension. *JACC: Asia*. 2022;2:247-255.

2. Spence JD, Hankey GJ. Problem in the recent American Heart Association guideline on secondary stroke prevention: B vitamins to lower homocysteine do prevent stroke. *Stroke*. 2022;53(8):2702-2708. <https://doi.org/10.1161/STROKEAHA.122.038640>

REPLY: Homocysteine and Thrombophilia in Pulmonary Hypertension



We thank Dr Spence for his interest in our study of congenital thrombophilia in patients with chronic thromboembolic pulmonary hypertension (CTEPH).¹ The study is a continuation of our research of congenital thrombophilia in patients with pulmonary embolism (PE),² in which we found that the prevalence of congenital thrombophilia in Chinese patients with PE is 7.2%, with a predominance of anticoagulant protein deficiency. We are therefore interested in the prevalence of thrombophilia in CTEPH, which is considered a rare sequela of PE.

As Dr Spence mentioned in his letter, hyperhomocysteinemia is much more common in Chinese patients with venous thromboembolism (VTE). Zhang³ showed that the prevalence of hyperhomocysteinemia in Chinese patients with PE was 34.57%, significantly higher than that in healthy control subjects (10%; $P < 0.001$). Hyperhomocysteinemia increased the risk of PE (OR: 5.146; 95% CI: 1.945-13.617; $P = 0.001$). A study by Lu et al⁴ similarly showed that total plasma homocysteine levels were significantly higher in patients with PE than in healthy control subjects ($16.6 \pm 1.8 \mu\text{mol/L}$ vs $12.5 \pm 1.5 \mu\text{mol/L}$; $P < 0.01$), and hyperhomocysteinemia was an independent risk factor for PE in the Chinese population. Wang et al⁵ studied the genotype distribution of MTHFR C667T in Chinese patients with VTE, and the distribution of T/T, C/T, and C/C genotypes in the VTE group was 29.3%, 48.3%, and 22.4%, respectively.

We are very concerned about the impact of VTE risk factors in patients with CTEPH. The prevalence and clinical characteristics of antiphospholipid antibody syndrome⁶ and congenital thrombophilia¹ in Chinese patients with CTEPH have been reported. Additional issues for investigation, as noted by Professor Spence, are the prevalence of

hyperhomocysteinemia and polymorphisms of genes that predispose to hyperhomocysteinemia in patients with CTEPH. We plan to publish the epidemiologic and genetic data of hyperhomocysteinemia, as well as the interaction model for multiple VTE risk factors in CTEPH patients, in future research.

Tian-Yu Lian, MD
Yu-Ping Zhou, MD
Yong-Jian Zhu, MD
Fan Guo, MD

*Zhi-Cheng Jing, MD

*Department of Cardiology
State Key Laboratory of Complex Severe and Rare Diseases
Peking Union Medical College Hospital
Chinese Academy of Medical Sciences and
Peking Union Medical College
No. 1, Shuaifuyuan
Dongcheng District, Beijing 100730, China
E-mail: jingzhicheng@vip.163.com

Twitter: [@Jing_ZhiCheng](https://twitter.com/Jing_ZhiCheng)

<https://doi.org/10.1016/j.jacasi.2022.09.001>

© 2022 The Authors. Published by Elsevier on behalf of the American College of Cardiology Foundation. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

The authors have reported that they have no relationships relevant to the contents of this paper to disclose.

The authors attest they are in compliance with human studies committees and animal welfare regulations of the authors' institutions and Food and Drug Administration guidelines, including patient consent where appropriate. For more information, visit the [Author Center](#).

REFERENCES

1. Lian T-Y, Liu J-Z, Guo F, et al. Prevalence, genetic background, and clinical phenotype of congenital thrombophilia in chronic thromboembolic pulmonary hypertension. *JACC: Asia*. 2022;2:247-255.
2. Lian T-Y, Lu D, Yan X-X, et al. Association between congenital thrombophilia and outcomes in pulmonary embolism patients. *Blood Adv*. 2020;4:5958-5965.
3. Zhang C. Correlations Between Hyperhomocysteinemia and Pulmonary Thromboembolism. Master's thesis. Jilin University; 2019;5.
4. Lu Y-H, Hui R-T, Zhao Y-F, et al. Plasma total homocysteine and pulmonary thromboembolism. *Natl Med J China*. 2000;12:20-22.
5. Wang M-T, Li Q, Han F-L, et al. Relationship of plasma homocysteine and folic acid levels and 5,10-methylenetetrahydrofolate reductase gene mutation with venous thromboembolism. *Chin J Intern Med*. 2004;8:41-44.
6. Jiang X, Du Y, Cheng C-Y, et al. Antiphospholipid Syndrome in Chronic Thromboembolic Pulmonary Hypertension: A Well-Defined Subgroup of Patients. *Thromb Haemost*. 2019;119:1403-1408.