



# Early changes in circulating tumor DNA (ctDNA) predict treatment response in metastatic KRAS-mutated colorectal cancer (mCRC) patients

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## ABSTRACT

The detection of RAS mutations and co-mutations in liquid biopsy offers a novel paradigm for the dynamic management of metastatic colorectal cancer (mCRC) patients.

Expanding the results of the prospective OMITERC (OMICs application from solid to liquid biopsy for a personalized ThERapy of Cancer) project, we collected blood samples at specific time points from patients who received a first-line chemotherapy (CT) for KRAS-mutated mCRC. CTC quantification was performed by CellSearch® system. Libraries from cfDNA were prepared using the OncoPrint™ Colon cfDNA Assay to detect tumour-derived DNA in cfDNA. The analysis involved >240 hotspots in 14 genes.

Twenty patients with KRAS-mutated mCRC treated at the Medical Oncology Unit of Careggi University Hospital were prospectively enrolled. Nine patients had available data for longitudinal monitoring of cfDNA. After 6 weeks of first-line CT an increase of KRAS-mutated clone was reported in the only patient who did not obtain disease control, while all patients with decrease of KRAS clones obtained disease control. Overall, in patients with a short (<9 months) progression-free survival (PFS) we registered, at 6 weeks, an increase in cfDNA levels and in KRAS mutations or other co-mutations, i.e. PIK3CA, FBXW7, GNAS, and TP53. In selected cases, co-mutations were able to better anticipate radiological progressive disease (PD) than the increase of KRAS-mutated clones.

In conclusion, our study confirms plasma ctDNA as a crucial tool for anticipating PD at an early time point and highlights the value of a comprehensive assessment of clonal dynamics to improve the management of patients with mCRC.

## 1. Introduction

The management of patients with metastatic colorectal cancer (mCRC) is highly dependent on the molecular signature of the tumor

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at the diagnosis and throughout the continuum of care [1]. Although the one-size-fits-all approach is still widely used, an increasing number of patients receive tailored treatments [2–4]. Approximately half of mCRCs harbor mutations in the RAS genes and such mutations confer resistance to anti-EGFR monoclonal antibodies (moAbs); therefore, in microsatellite stable (MSS) RAS-mutated CRC, anti-angiogenic agents combined with standard chemotherapy (CT) are the backbone of the first-line of treatment [5].

Although the predictive role of RAS mutations has been well established, their prognostic role is still controversial [6,7]. Recently, the detection of RAS mutations in liquid biopsy, i.e. plasma, has offered a novel tool for diagnostic purposes, prognostication, and, last but not least, monitoring treatment response [8,9]. Beyond RAS, other mutations including PIK3CA, FBXW7 and SMAD4 can be longitudinally detected in plasma of mCRC patients; however, the clinical and prognostic implication of these mutations remains to be fully elucidated [10,11].

As advances in mCRC treatment move in the direction of precision medicine, tools for longitudinal molecular profiling and real-time monitoring of drug resistance are eagerly awaited [12]. We recently showed the results of the prospective OMITERC (OMics application from solid to liquid biopsy for a personalized ThERapy of Cancer) study, in which we confirmed the presence of circulating tumor cells (CTCs) at baseline as a negative prognostic factor for survival and cell-free DNA (cfDNA) as a promising biomarker for the longitudinal monitoring of treatment effect in patients with KRAS-mutated mCRC. Additionally, we highlighted the value of the dynamic changes of cfDNA over time in a higher number of patients [13].

Here, we report the results of the longitudinal analysis of RAS mutations and other co-mutations in cfDNA from patients with KRAS-mutated mCRC.

## 2. Patients and methods

### 2.1. Study population

We analyzed a subgroup of patients within the OMITERC study, for whom we examined a hotspot panel of cancer-associated gene mutations to identify tumor-specific variants in plasma at baseline and during treatment. OMITERC study was approved by Institutional review board of Azienda Ospedaliero-Universitaria Careggi (Comitato Etico Regionale for clinical experimentation of Toscana region – Italy - Area Vasta Centro). All patients gave written informed consent. Inclusion and exclusion criteria were previously described in the OMITERC study. <sup>13</sup>

### 2.2. Study design and procedures

A complete description of the study design and procedures has been previously reported.<sup>13</sup> Briefly, all procedures were adopted in accordance to international standards. Blood samples were collected from each patient in a cfDNA BCT (Streck) tube and in a CellSave Preservative tube (CellSearch; Menarini Silicon Biosystems) for molecular analysis and CTC assessment, respectively. Time points for collecting the blood samples were: baseline (T0), 6 weeks (T1), 3 months (T2), 6 months (T3) and 9 months (T4).

For CTCs, the Cell Search system was used for enrichment and counting, followed by CTC isolation by dielectrophoresis (DEParray) in samples with a number of CTCs > 5. Isolated single CTCs have been submitted to WGA before NGS sequencing.

CfDNA was extracted from 2 mL plasma using the QIAAsymphony Circulating DNA Kit (Qiagen, Hilden, Germany), according to the manufacturer's instructions. CfDNA quantification was performed using the Qubit 3.0 fluorometer (Thermo Fisher Scientific). Libraries from cfDNA were prepared using the Oncomine™ Colon cfDNA Assay to detect colon (or other related gastrointestinal) tumour-derived DNA in cfDNA. The panel allows the analysis of single nucleotide variants and short indels that are frequently detected in colon/gastrointestinal cancers, involving >240 hotspots in 14 genes (AKT1, APC, BRAF, CTNBN1, EGFR, ERBB2, FBXW7, GNAS, KRAS, MAD4, MAP2K1, NRAS, PIK3CA, TP53). Ten nanograms of cfDNA were used to prepare barcoded libraries using the Ion AmpliSeq™ Library kit 2.0 and Ion Xpress™ barcode adapters (ThermoFisher Scientific). Library purification was performed using the Agencourt AMPure XP reagent (Beckman Coulter). Libraries were checked by capillary electrophoresis on the Agilent Bioanalyzer using the Agilent High Sensitivity DNA kit and quantified by the Ion Library Quantitation Kit (ThermoFisher Scientific) on the StepOne Plus system (ThermoFisher Scientific). Ion 520™ & Ion 530™ Kit-OT2 (ThermoFisher Scientific) on the Ion OneTouch™ 2 System and Ion One Touch ES were used for template preparation. Sequencing of both cfDNA and DNA obtained from GWA of single CTCs was performed on the Ion S5 using Ion 520 Chips (ThermoFisher Scientific). The run was set in order to obtain at least 1000 × coverage for each sample. For CTC obtained DNA, data analysis was performed using the Ion Reporter Software 5.10 and the workflow AmpliSeq CHPv2 single sample with a careful exclusion of usual single white blood cells and/or gDNA variants. Instead, for cfDNA data analysis was carried out using the Ion Reporter Software 5.10 and the workflow Oncomine Colon Liquid Biopsy-w1.4-DNA-Single Sample. The uniformity of coverage (a quality parameter of sequencing) was 100 % in all the analyzed samples.

### 2.3. Clinical data and outcomes

Clinical data including all available demographic information, medical history, diagnosis, sites of metastatic disease, type of first-line and subsequent lines of CT, surgery, pathological features, molecular analysis, clinical outcomes, laboratory tests were collected from patients' medical records and analyzed using descriptive statistics. Radiological response was carefully assessed according to RECIST, version 1.1 [14]. For target lesions, partial response (PR) was defined as a decrease in the sum of the longest diameter of at least 30 %, taking as reference the baseline sum of the longest diameter. PD was defined as the onset of new lesions and/or 20 % or greater increase in the sum of the longest diameter of measured lesions, taking as reference the nadir. Complete response (CR) was

defined as the disappearance of all target lesions for at least one month. Stable disease (SD) was defined as neither a sufficient tumor reduction to qualify for PR nor a sufficient increase to qualify for PD. Overall survival (OS) was defined as the time from the start of treatment to death from any cause. Progression-free survival (PFS) was defined as the time from the start of treatment to PD, or death from any cause, whichever occurred first.

### 3. Results

Twenty patients with KRAS-mutated mCRC treated at the Medical Oncology Unit of Careggi University Hospital, Florence, Italy, from April 2016 to October 2018, were enrolled in the OMITERC study.<sup>13</sup> Nine patients had available data for longitudinal monitoring of cfDNA at baseline and during treatment. All patients were dead at the data cutoff analysis (October 2022). Patient characteristics are shown in Table 1. The median age was 68 years (range 53–84). Five patients were male and 4 females. All except one had an Eastern Cooperative Oncology Group (ECOG) performance status of 0. Primary tumor site was right colon in 3, left colon or rectum in 5, and transverse colon in 1. Four patients had single organ metastases, while 5 patients had a multi-organ involvement.

Liver metastases were present at the beginning of treatment in the vast majority of patients (8 out of 9). All patients received a first-line treatment: 5-fluorouracil (5FU), oxaliplatin (FOLFOX) in 1 patient, FOLFOX plus bevacizumab in 6, FOLFOXIRI (5FU, oxaliplatin, and irinotecan) plus bevacizumab in 1, and 5FU as single agent in 1. The distribution of KRAS hotspot variants from formalin fixed paraffin embedded tissue samples was as follows: 2 pts G12D, 2 pts G12A, 1 pt G12C, 1 pt G12S, 1 pt G13D, 1 pt G13V, and 1 pt A146K. 17 COSMIC mutations were identified, at baseline or on-treatment, in the 9 selected patients of KRAS-mutated mCRC. These 17 mutations included 6 mutations of TP53, 3 of PIK3CA, 3 of FBXW7, 2 of APC, and one each of MAPK21 and GNAS. Detailed data for each gene are shown in Fig. 1 (A, B). The median number of significant mutations for each patient was two (2.8 range; 2–7). Of note, OncoPrint™ Colon cfDNA Assay used varying cfDNA input concentrations and subsequently determined varying limits of detection (LODs). The median input was 16,8 ng cfDNA (range 6,1–20 ng) and the LODs varied from 0,16 % to 0,69 %.

All 9 patients had at least one measurable lesion. Disease reassessment was performed every 2–3 months according to clinical practice. The evaluation of treatment response, according to RECIST 1.1 criteria, revealed the following best responses: CR in 1 patient (11.1 %), PR in 5 patients (55.6 %), SD in 2 patients (22.2 %), and PD in 1 patient (11.1 %) (Table 1). Then, we calculated the depth of response selecting maximum 2 target lesions per organ. Four patients (i.e. #ptCOL6, #ptCOL12 and #ptCOL15, #ptCOL17) were deep responders achieving a reduction in tumor size of 36 %, 40 %, 54 % and 100 %, respectively (radiological assessment for #ptCOL12, #ptCOL15, and #ptCOL17 was reported in Fig. 2 B, E, C).

#### 3.1. Longitudinal analysis

After 6 weeks of first-line CT (T1) a decrease in cfDNA levels has been observed in 67 % patients (6 out of 9; #ptCOL3, #ptCOL4, #ptCOL7, #ptCOL12, #ptCOL15, #ptCOL17), and at the same time we registered a decrease in KRAS mutations (Fig. 3 B, C, F–I). The level of cfDNA seems not to be closely associated with treatment response (X-squared test p-value = 0.3173).

Additionally, we observed an increase of KRAS-mutated clone at T1 in the only patient (#ptCOL5) who did not obtain disease control; in contrast, all patients with decrease of KRAS clones, at this early time point, obtained disease control. These preliminary results may suggest that an early radiological tumor assessment may be carefully evaluated in mCRC patients who experience an early increase of the driver mutation.

Median PFS was 9.1 months (range 3.8–15.6). In patients with short PFS (<9 months) we registered, at an early time point, an increase in cfDNA levels and in KRAS mutations or other co-mutations, i.e. PIK3CA (#ptCOL5, #ptCOL6), FBXW7 and GNAS (#ptCOL4), TP53 (#ptCOL3, #ptCOL6) (Fig. 3 B - E). Overall, DNA clonality elevation was observed at an earlier time point than radiological progression in 6 out of 9 patients. On average, the time from DNA clonality elevation and disease progression was 3 months.

Interestingly, the increase of co-mutations was able to anticipate the increase of RAS-mutated clones and, consequently, radiologic

**Table 1**  
Patient characteristics.

ID	Age	Sex	PS ECOG	Primary tumor location	Metastatic sites	KRAS	I Line CT	Best response	PFS (months)
COL001	67	M	0	Transverse colon	Liver, peritoneum	pG12D	FOLFOX bevacizumab	SD	10.0
COL003	76	F	0	Left colon/rectum	Liver, peritoneum	pG12A	FOLFOX bevacizumab	PR	8.0
COL004	84	M	1	Left colon/rectum	Liver	pG12D	5-FU	SD	8.2
COL005	61	M	0	Left colon/rectum	Liver, lung, lymph nodes	pG13D	FOLFOX bevacizumab	PD	3.8
COL006	75	M	0	Left colon/rectum	Lung, local recurrence	pG12C	FOLFOX bevacizumab	PR	10.0
COL007	53	F	0	Left colon/rectum	Liver, lung, lymph nodes	pG12S	FOLFOXIRI bevacizumab	PR	12.2
COL012	60	F	0	Right colon	Liver	pG12A	FOLFOX bevacizumab	PR	7.0
COL015	62	F	0	Right colon	Liver	pG13V	FOLFOX	CR	15.6
COL017	78	M	0	Right colon	Liver	pA146K	FOLFOX bevacizumab	PR	9.1

Abbreviations: CR: complete response; CT: chemotherapy; FOLFOX: 5-fluorouracil, oxaliplatin; FOLFOXIRI: 5-fluorouracil, oxaliplatin, irinotecan; PD: progressive disease; PFS: progression-free survival; PR: partial response; SD: stable disease; 5-FU: 5-fluorouracil.

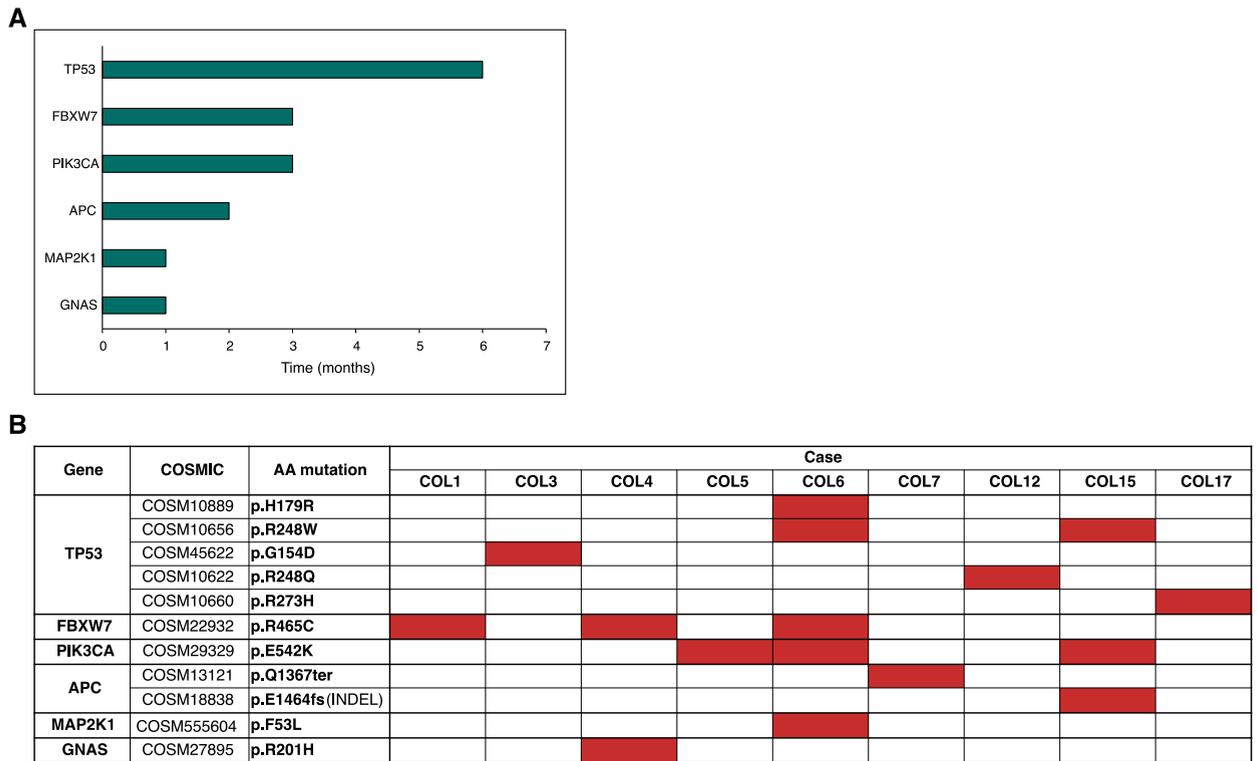


Fig. 1. A, B. Distribution and frequency of co-mutations at baseline or on-treatment in the patient population.

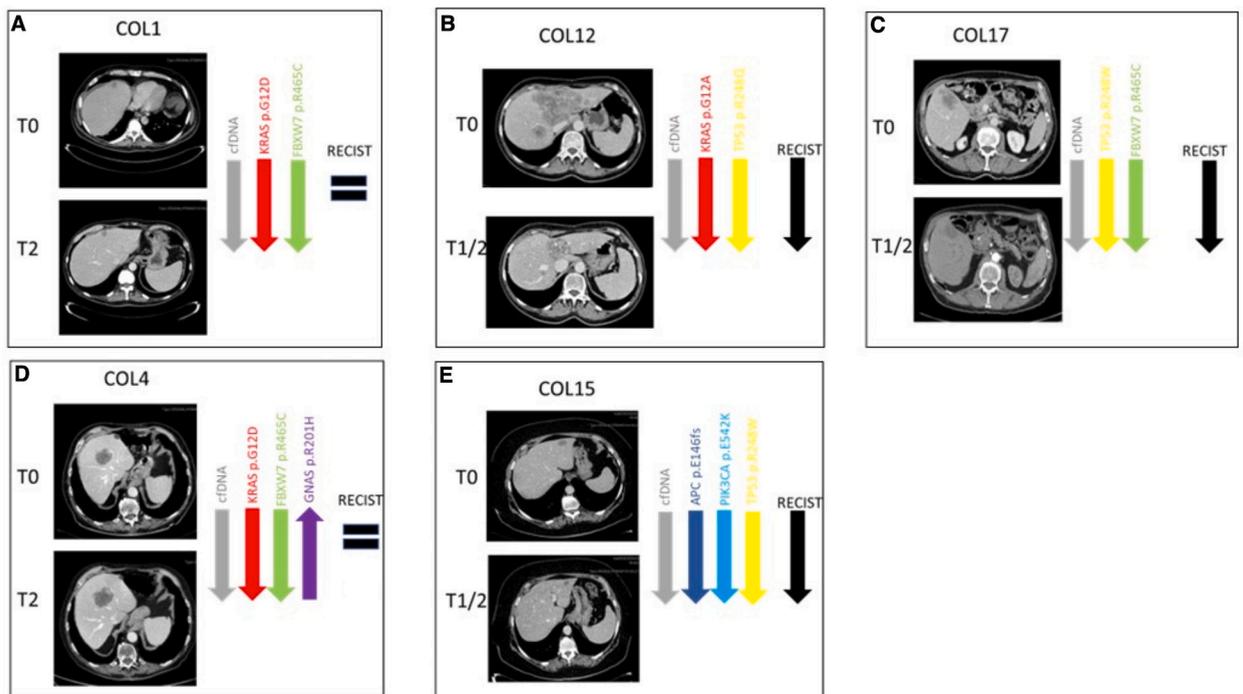
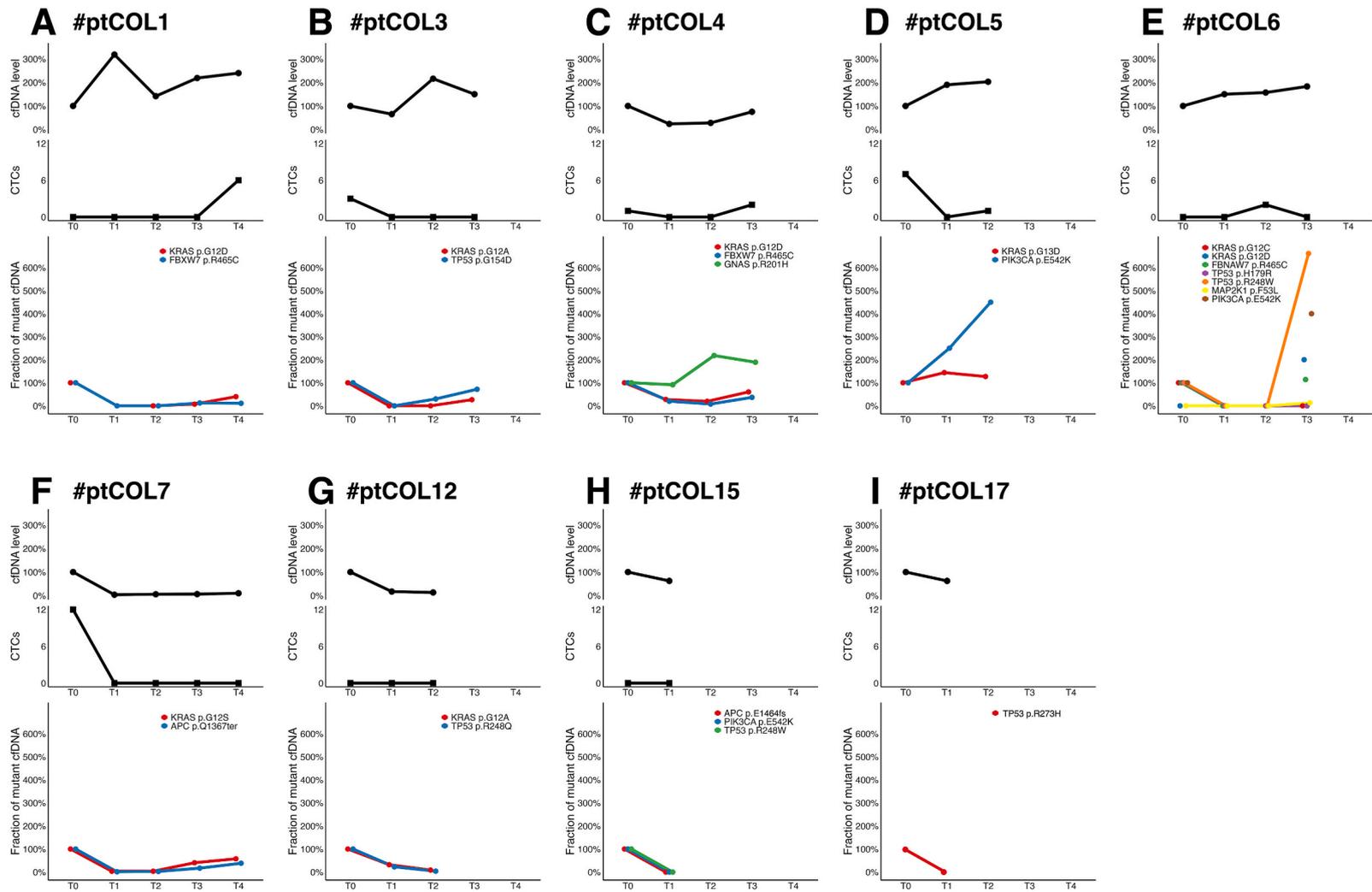


Fig. 2. A - E. A summary of longitudinal assessment with detailed computed tomography scans and molecular clone trends in five patients (A #ptCOL1, B #ptCOL12, C #ptCOL17, D #ptCOL4, and E #ptCOL15) for whom radiographic data were available. Radiological evaluation was performed according to RECIST criteria, version 1.1. #ptCOL12 (B), #ptCOL15 (E), and #ptCOL17 (C) obtained a PR; #ptCOL1 (A), #ptCOL4 (D) obtained a SD.



**Fig. 3.** A - I. Longitudinal assessment of CTC, ctDNA levels, KRAS-mutated clones and co-mutations. An increase of KRAS-mutated clone at T1 was observed in #ptCOL5 (D) who was the only patient experiencing PD as best response. In selected cases (#ptCOL3 [B], #ptCOL4 [C] and #ptCOL6 [E]), PD was anticipated by the increase/emergence of co-mutations before the increase of KRAS-mutated clones.

PD in #ptCOL3, #ptCOL4 and #ptCOL6. In particular, in #ptCOL3 a restart of value of the TP53 p.G154D was registered at T2, while the increase of KRAS p.G12A was evident later (at T3); in #ptCOL4 an increase of GNAS p.R201H was registered at T2, while the increase of KRAS p.G12D at T3; in #ptCOL6 the emergence p.G12D and the increase of TP53 p.R248W and PIK3CA p.E542K anticipated PD, while the baseline driver clone KRAS p.G12C remained undetectable.

Regarding CTCs, they were evaluated at baseline and during treatment simultaneously with cfDNA level and emerged that they were present at baseline in 50 % of patients (4 out of 9; #ptCOL3, #ptCOL4, #ptCOL5 and #ptCOL7) and in all cases they decreased to zero at T1.

In #ptCOL1 and #ptCOL6 CTCs were not detectable at baseline while emerged for the first-time during treatment (at T4 and T2, respectively) along with an increase in cfDNA levels; in #ptCOL12 and #ptCOL15 CTCs were never detected. Details of this trial have been previously reported in OMITERC study, where we showed that overall, the presence of CTCs at baseline was associated with poor PFS, OS and treatment response. <sup>13</sup>

#### 4. Discussion

The assessment of RAS mutational status at baseline is not sufficient to fully exploit the possibilities that this biomarker could offer. Some efforts have been made to elucidate the prognostic effect of mutant allele frequency (MAF) at baseline. In a retrospective and prospective multicentric study, Elez et al. showed that plasma RAS MAF was not associated with primary tumor location or metastatic tumor burden. In contrast, patients with peritoneal metastases had lower levels of MAF than those with liver ( $p = 0.0003$ ), lung ( $p = 0.044$ ) or lymph node ( $p = 0.025$ ) metastases. In addition, reduced OS and PFS were observed in patients with high MAF ( $p = 0.005$  and  $p = 0.009$ , respectively) [15].

To date, given the recent advances in liquid biopsy, understanding tumor temporal heterogeneity has become challenging for clinicians [16,17]. In particular, the longitudinal assessment of RAS mutational status in mCRC has found potential application in selecting RAS and BRAF wild-type (WT) patients who may benefit from the rechallenge with anti-EGFR moAbs, since the emergence of RAS mutations has been described as one of the main mechanisms of acquired resistance to anti-EGFR-based CT [18]. In addition, in RAS and BRAF WT patients, the detection of oncogenic fusions or other oncogenic drivers offers the opportunity to select targeted therapies [19]. However, even in RAS-mutated CRC patients, quantification of RAS at various time points facilitates the real-time treatment monitoring [20].

A prospective study conducted by Tie et al. identified the early decrease in circulating tumor DNA (ctDNA) as a reliable predictor of therapeutic response. ctDNA levels before cycle 2 anticipated radiological response assessed at 8–10 weeks [21]. Similarly, Osumi et al. found an association between change in ctDNA levels at early time points during CT (2 weeks and 8 weeks after treatment start) and clinical outcomes in patients with mCRC, suggesting the possibility of predicting tumor response by analyzing longitudinal change in ctDNA [22].

Consistent with previous observations, in our study, the assessment of RAS cfDNA mutations at an early time point (day 40) was associated with treatment response at the radiological assessment performed, on average, two months later. A prospective study conducted by Klein-Scory et al. combined BEAMing and ddPCR to detect RAS mutations in liquid biopsy in patients with mCRC treated with first-line CT. Results were in line with our study, confirming the longitudinal assessment of RAS mutational status in cfDNA as a feasible biomarker for treatment monitoring. In this case series, all patients with a rapid disappearance of RAS mutations in cfDNA obtained disease control, while no decrease of RAS in cfDNA was observed in the patient who experienced a rapid PD [23].

Given the observational nature, our study has several limitations, including the lack of longitudinal data in 11 patients, because blood samples had not been obtained due to clinical issues, the heterogeneous assessment of disease response (every 2–3 months according to clinical practice) and the lack of blinded independent radiologic evaluation. Although limited in sample size, our study suggests broadening the horizon of longitudinal monitoring from the analysis of RAS to the comprehensive analysis of all the other clones that may emerge or change during the therapy. As consequence, the opportunity to monitor other concomitant or acquired mutations (i.e. PIK3CA, FBXW7, GNAS, TP53) aims at predicting PD and short PFS anticipating radiological assessment. In selected cases of our cohort, PD was not only due to KRAS-mutation clones but also to concomitant or acquired mutations in other genes. However, the real impact of mutations beyond RAS in treatment resistance for KRAS-mutated CRC patients is little explored. Less than 10 % of CRCs harbor mutations in the tumor suppressor FBXW7 gene. To date, the prognostic role of these mutations is not fully understood, although several retrospective studies suggested a negative impact on survival in metastatic patients. <sup>11</sup> PIK3CA mutations occur in approximately 20 % of CRCs. Although evidence is still limited, PIK3CA mutations have been reported to confer resistance to anti-EGFR moAbs, but further studies are needed to fully elucidate their prognostic and predictive role. <sup>10</sup>, [24] Since the limited sample size of this study precluded an extended statistical analysis, larger studies based on liquid biopsy are required to provide a precise estimate of the contribution of non-KRAS clones in first-line CT failure. These results, if validated in prospective cohorts, could raise awareness among clinicians to modify the timing of radiologic reassessment in certain clinical contexts. However, the exact timing of longitudinal sampling still remains to be defined in order to appreciate clinically relevant changes. In our study, an early timepoint suitable for predicting response was 6 weeks.

In conclusion, the results obtained are extremely relevant since they may enable early detection of PD, which may affect the planning for combination treatments or treatment switching, thereby providing the potential to hasten disease management decisions.

Our study reinforces the potential application of plasma cfDNA for efficiently anticipating PD in patients with mCRC and highlights the value of NGS in revealing clonal dynamics of tumors in response to therapy.

## Ethics approval and consent to participate

The study was approved by the Local Ethical Committee (Comitato Etico di Area Vasta Centro AOU Careggi, Firenze, Italy), reference number CEAVC BIO 16.028\_10033\_bio. Written informed consent to participate was obtained from all patients. The study was performed in accordance with the Declaration of Helsinki.

## Data availability

The data presented in this study are available on request to the corresponding author.

## CRedit authorship contribution statement

**Daniele Lavacchi:** Writing – review & editing, Writing – original draft, Visualization, Validation, Investigation, Formal analysis, Data curation. **Stefania Gelmini:** Writing – review & editing, Methodology, Formal analysis, Data curation. **Adele Calabri:** Writing – review & editing, Methodology, Formal analysis, Data curation. **Gemma Rossi:** Writing – review & editing, Investigation, Formal analysis, Data curation. **Lisa Simi:** Methodology, Formal analysis. **Enrico Caliman:** Writing – review & editing, Investigation, Data curation. **Irene Mancini:** Methodology, Formal analysis, Data curation. **Francesca Salvianti:** Writing – review & editing, Writing – original draft, Methodology, Investigation, Formal analysis, Data curation. **Giulia Petroni:** Investigation, Formal analysis, Data curation. **Alessia Guidolin:** Investigation, Data curation. **Federico Scolari:** Software, Methodology, Formal analysis, Data curation. **Luca Messerini:** Validation, Supervision, Investigation, Formal analysis, Data curation. **Serena Pillozzi:** Writing – review & editing, Writing – original draft, Supervision, Methodology, Investigation, Formal analysis, Data curation. **Pamela Pinzani:** Writing – review & editing, Writing – original draft, Validation, Supervision, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Lorenzo Antonuzzo:** Writing – review & editing, Writing – original draft, Validation, Supervision, Resources, Project administration, Methodology, Investigation, Formal analysis, Data curation, Conceptualization.

## Declaration of competing interest

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Lorenzo Antonuzzo reports financial support was provided by Tuscany Region. Lorenzo Anronuzzo reports a relationship with Tuscany Region that includes: funding grants. If there are other authors, they declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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## Abbreviations

cfDNA	cell-free DNA
CRC	colorectal cancer
CR	complete response
ctDNA	circulating tumor DNA
CT	chemotherapy
CTC	circulating tumor cell
ECOG	Eastern Cooperative Oncology Group;
FOLFOX	5-fluorouracil, oxaliplatin
FOLFOXIRI	5-fluorouracil, oxaliplatin, irinotecan
LOD	limits of detection
mCRC	metastatic colorectal cancer patients
MAF	mutant allele frequency
moAb	monoclonal antibody
MSS	microsatellite stable
OMITERC	OMics application from solid to liquid biopsy for a personalized ThERapy of Cancer
OS	overall survival
PD	progressive disease
PFS	progression-free survival
PR	partial response
SD	stable disease
WT	wild-type

## 5-FU 5-fluorouracil

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