

Figure 8.1 Pain intensity comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences (SMD) with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Lower absolute values mean reduction in pain intensity after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

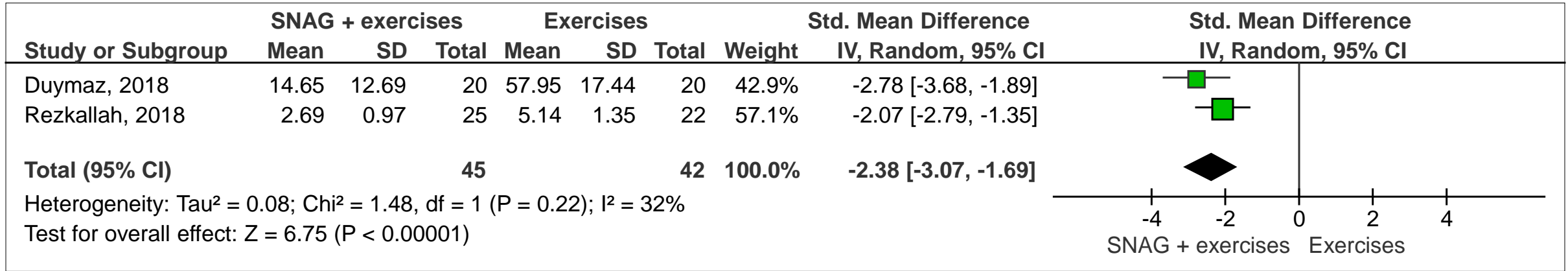


Figure 8.2 Pain intensity comparing SNAG + Exercises vs. Exercises at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences (SMD) with random effects.
 The effect sizes for comparisons were calculated using post treatment means.
 Lower absolute values mean reduction in pain intensity after treatment.
 SNAGs: Sustained Natural Apophyseal Glides;

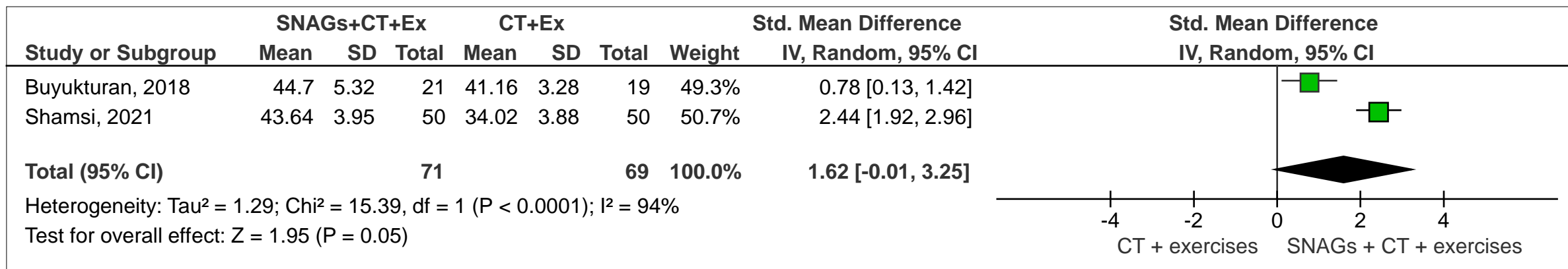


Figure 8.3 Neck flexion comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: Conventional therapy; Ex: exercise

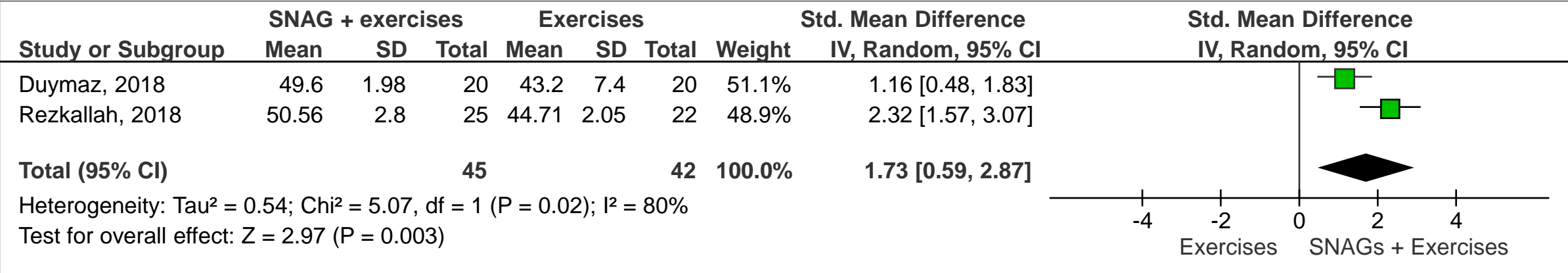


Figure 8.4 Neck flexion comparing SNAG + Exercise vs. Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences (SMD) with random effects.
The effect sizes for comparisons were calculated using post treatment means.
Higher absolute values mean cervical range of motion improvement after treatment.
SNAGs: Sustained Natural Apophyseal Glides; Ex: exercise

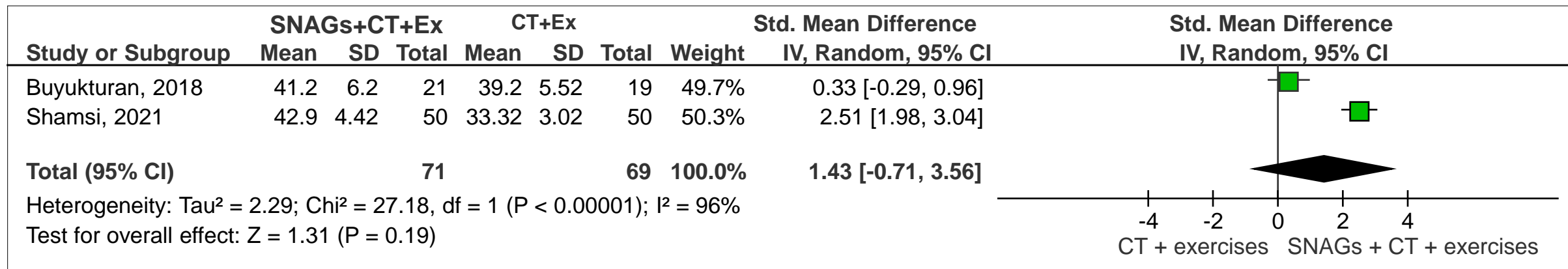


Figure 8.5 Neck extension comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: Conventional therapy; Ex: exercise

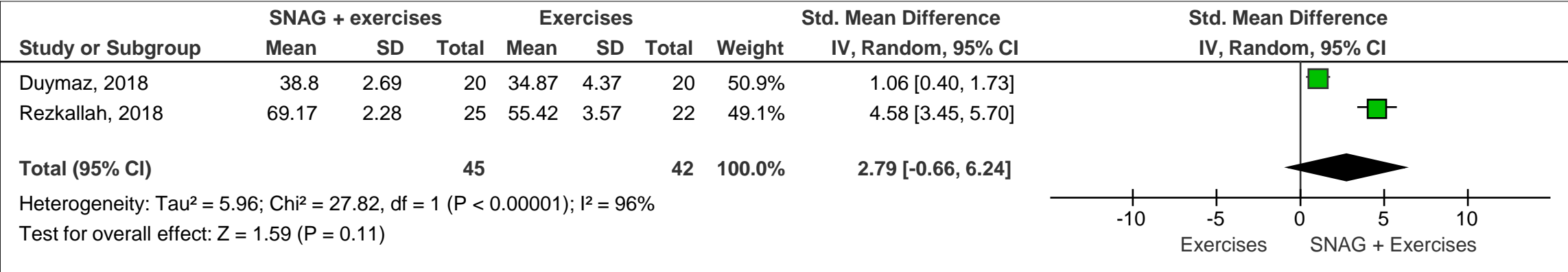


Figure 8.6 Neck extension comparing SNAG + Exercise vs. Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences (SMD) with random effects. The effect sizes for comparisons were calculated using post treatment means. Higher absolute values mean cervical range of motion improvement after treatment. SNAGs: Sustained Natural Apophyseal Glides; Ex: exercise

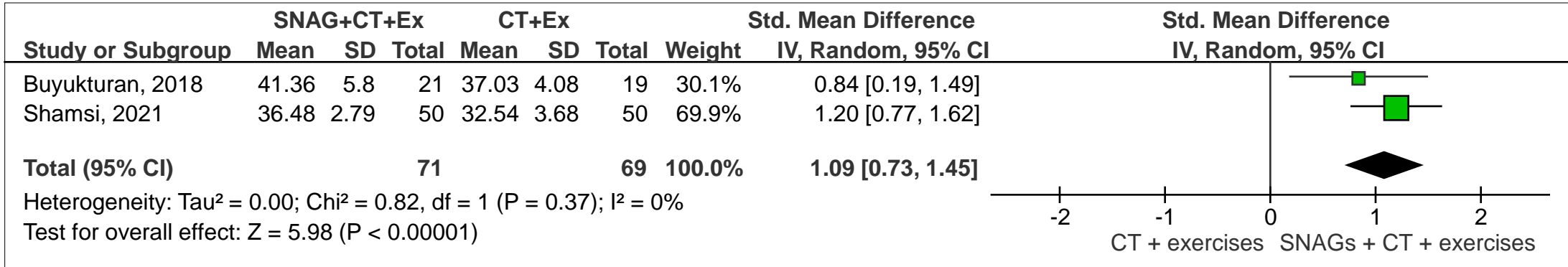


Figure 8.7 Left lateral flexion comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: Conventional therapy; Ex: exercise

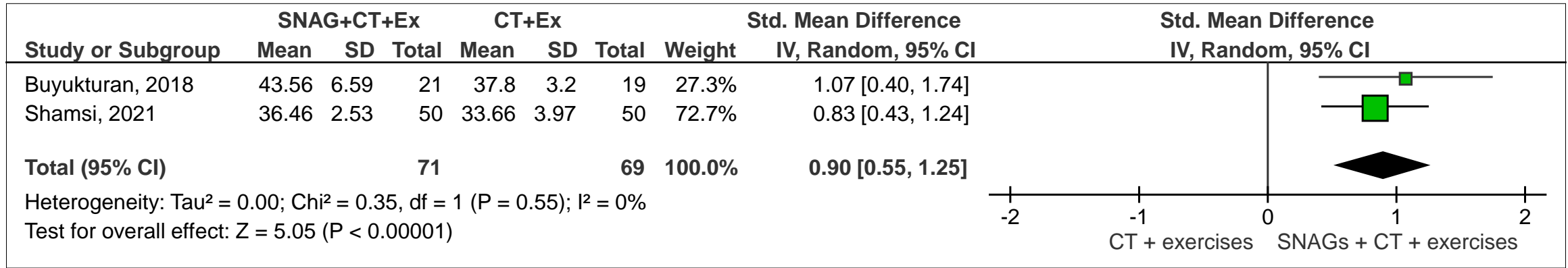


Figure 8.8 Right lateral flexion comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: Conventional therapy; Ex: exercise

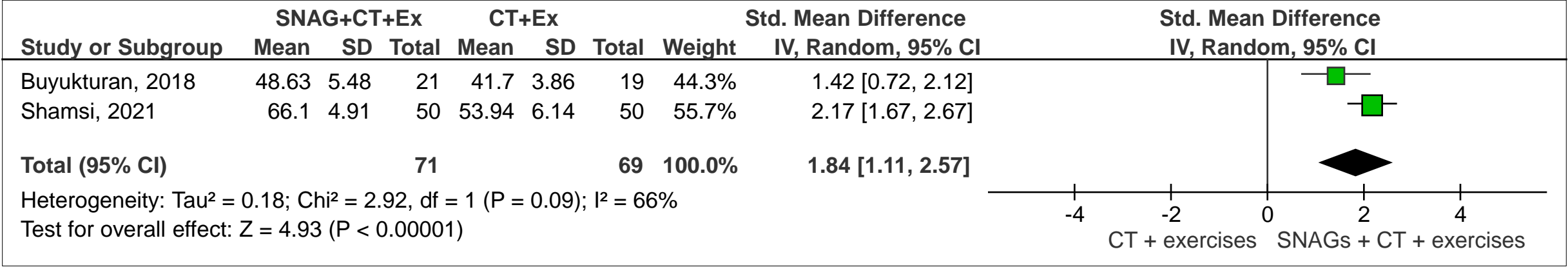


Figure 8.9 Left rotation comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: Conventional therapy; Ex: exercise

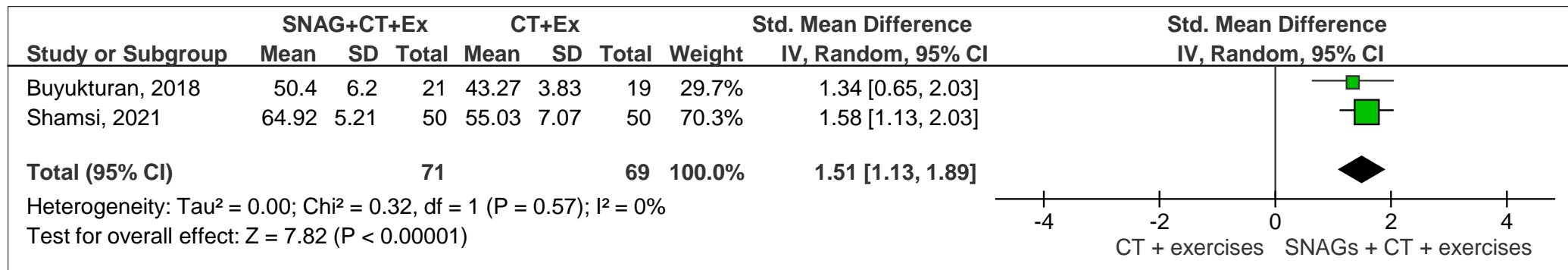


Figure 8.10 Right rotation comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2-4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: Conventional therapy; Ex: exercise

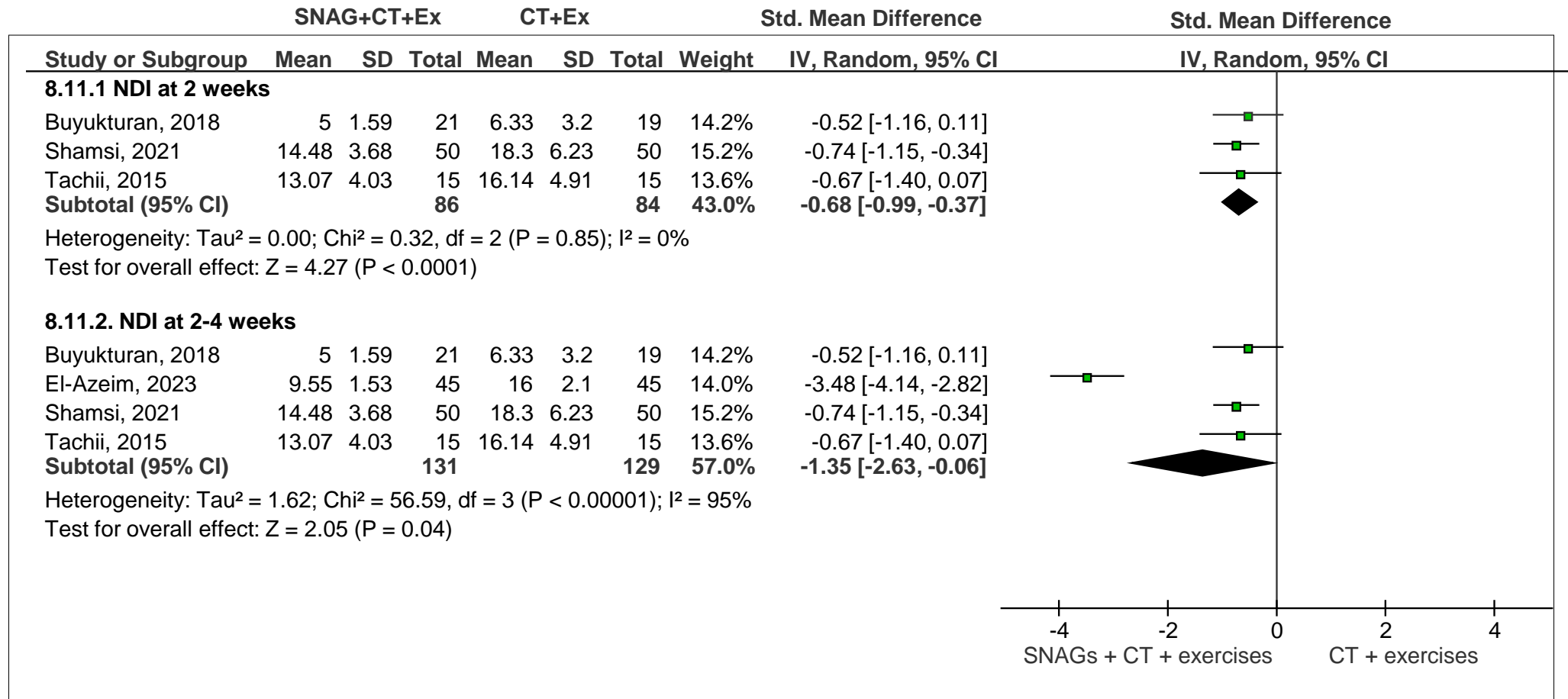


Figure 8.11 Neck disability comparing SNAG + Conventional Therapy + Exercise vs. Conventional Therapy + Exercise at 2/4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Lower absolute values mean improvement on disability after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

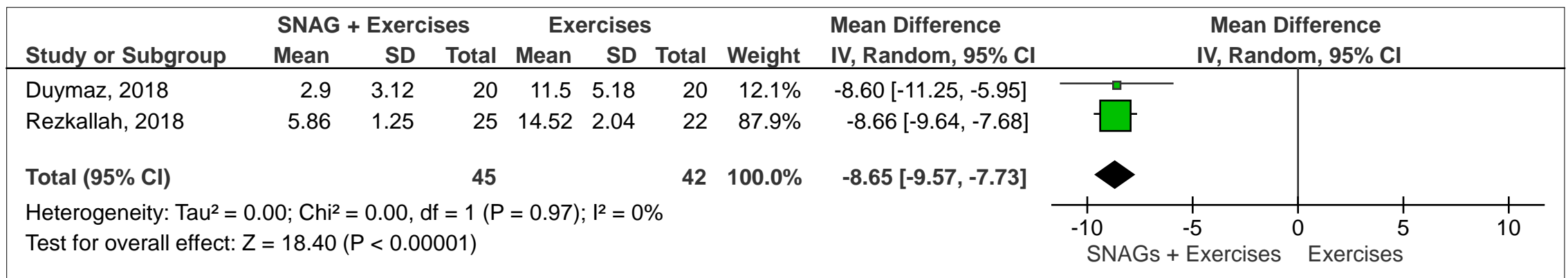


Figure 8.12 Neck disability comparing SNAG + Exercise vs. Exercises at 2/4 weeks (end of the treatment) in patients with chronic neck pain.

All analyses are described as standardized mean differences with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Lower absolute values mean improvement on disability after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

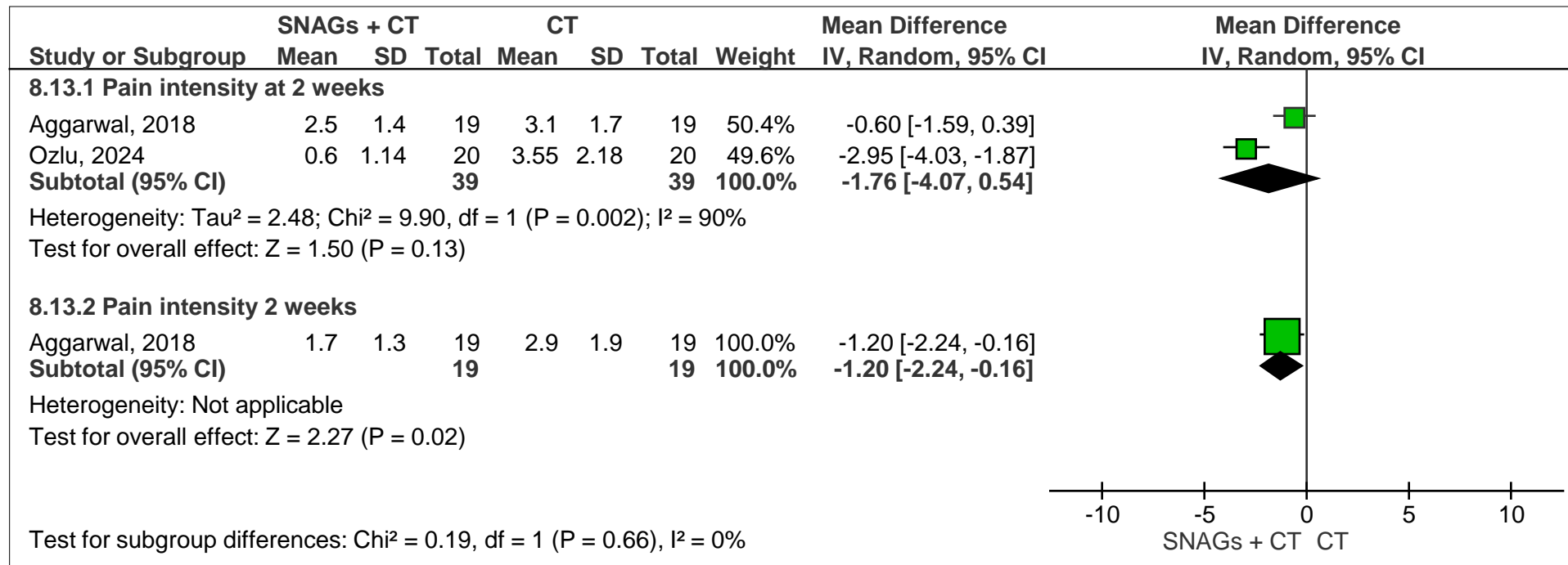


Figure 8.13 Pain intensity comparing SNAG + CT vs. CT at 2 weeks (end of the treatment), non-specified chronicity.

All analyses are described as standardized mean differences with random effects. The effect sizes for comparisons were calculated using post treatment means. Lower absolute values mean improvement on pain after treatment. SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy

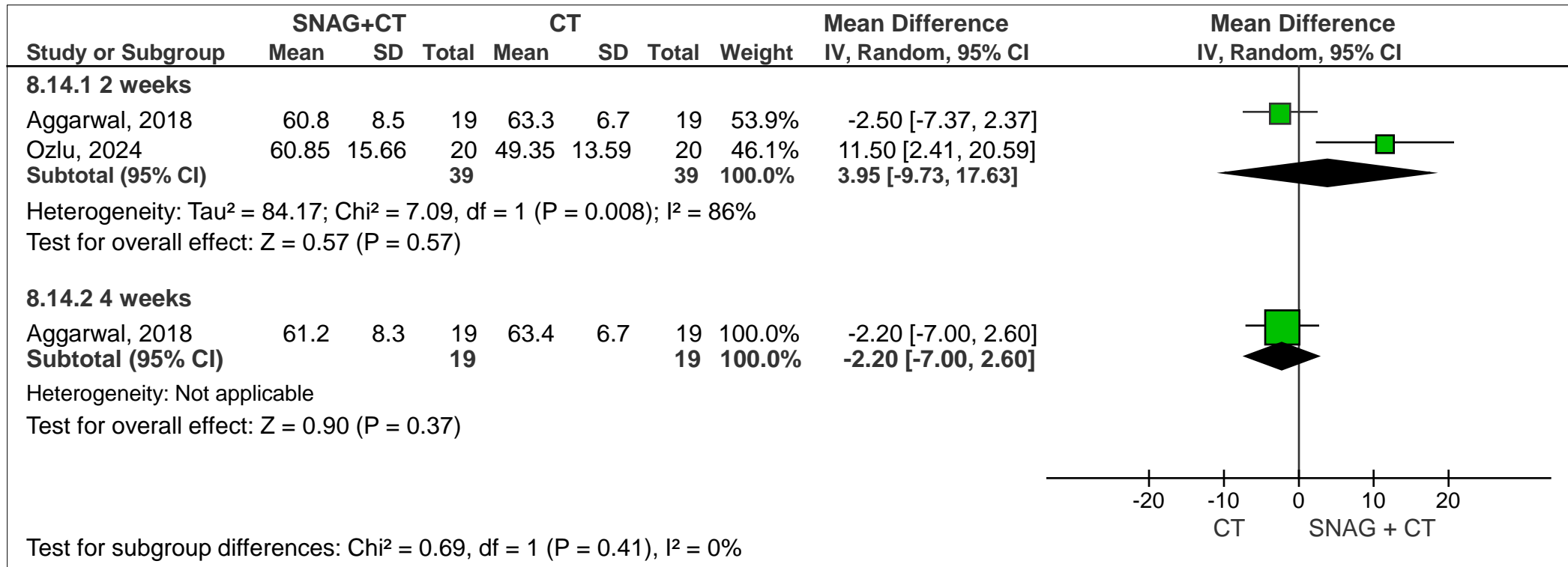


Figure 8.14 Extension comparing SNAG + Conventional Therapy vs. Conventional Therapy at 2/4 weeks (end of the treatment), non-specified chronicity.

All analyses are described as mean differences in degrees with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

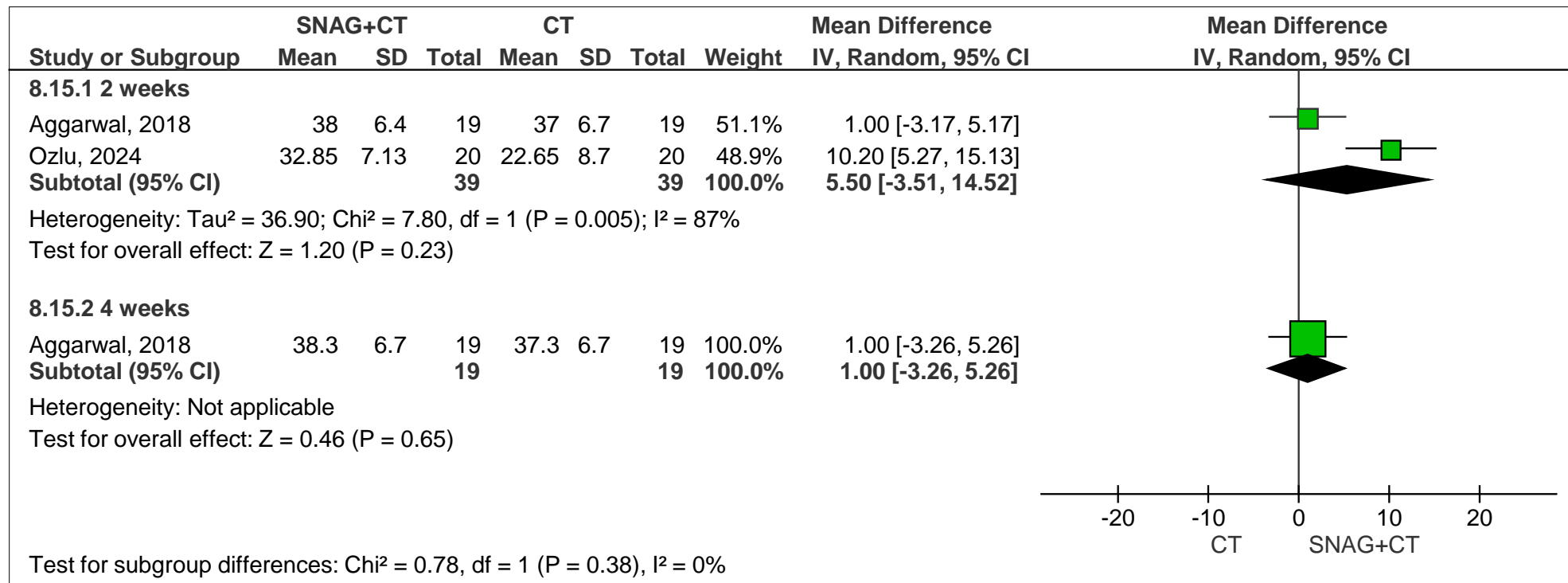


Figure 8.15 Left lateral flexion comparing SNAG + Conventional Therapy vs. Conventional Therapy at 2/4 weeks (end of the treatment), non-specified chronicity.

All analyses are described as mean differences in degrees with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

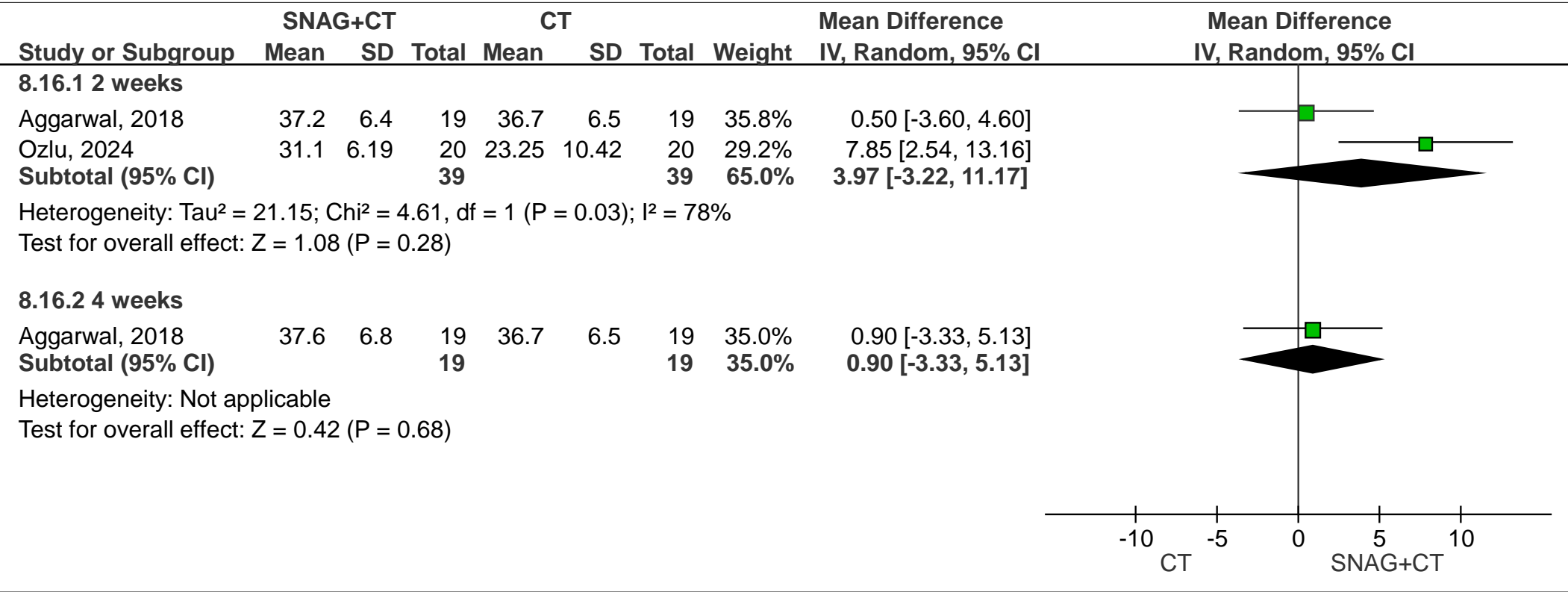


Figure 8.16 Right lateral flexion comparing SNAG + Conventional Therapy vs. Conventional Therapy at 2/4 weeks (end of the treatment), non-specified chronicity.

All analyses are described as mean differences in degrees with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

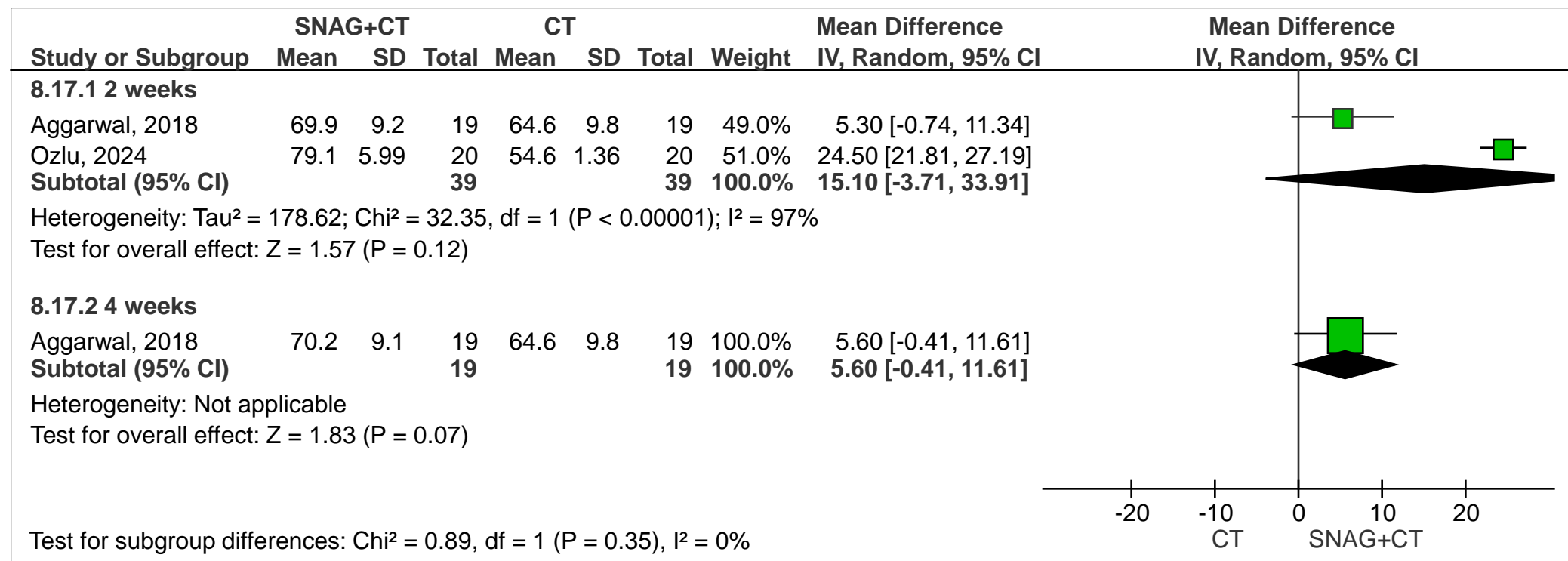


Figure 8.17 Left rotation comparing SNAG + Conventional Therapy vs. Conventional Therapy at 2/4 weeks (end of the treatment).

All analyses are described as mean differences in degrees with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

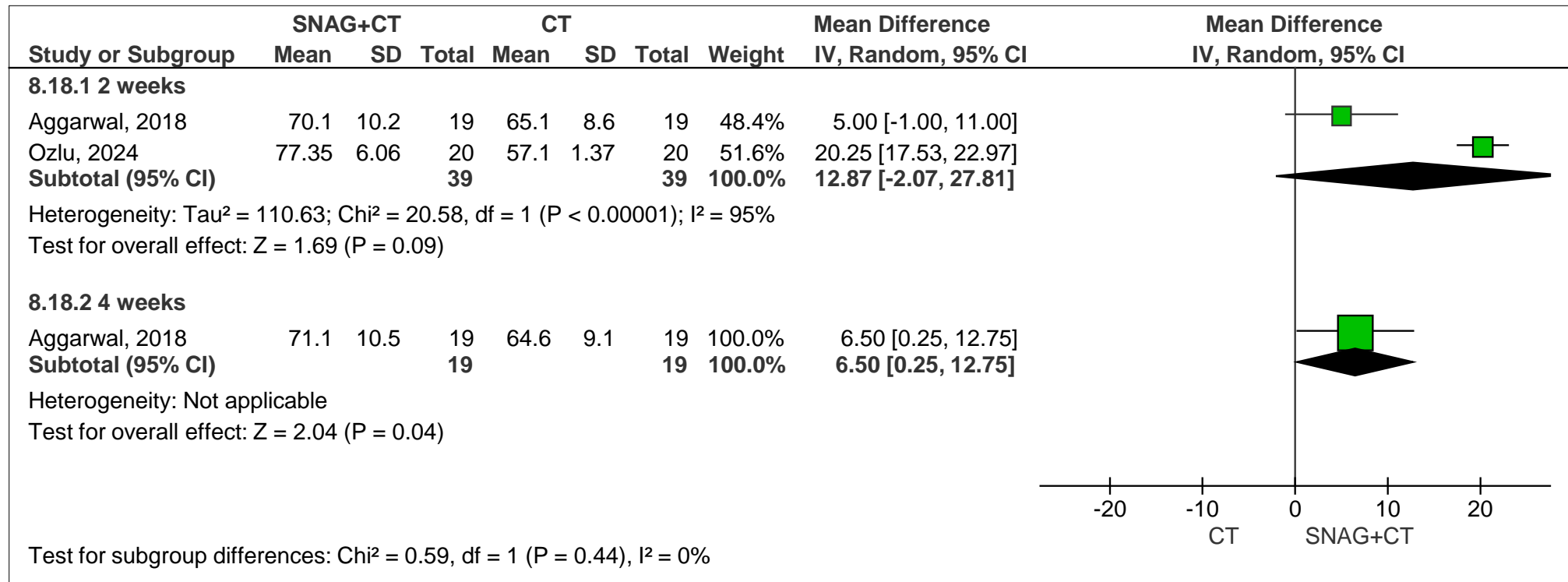


Figure 8.18 Right rotation comparing SNAG + Conventional Therapy vs. Conventional Therapy at 2/4 weeks (end of the treatment).

All analyses are described as mean differences in degrees with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Higher absolute values mean cervical range of motion improvement after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise

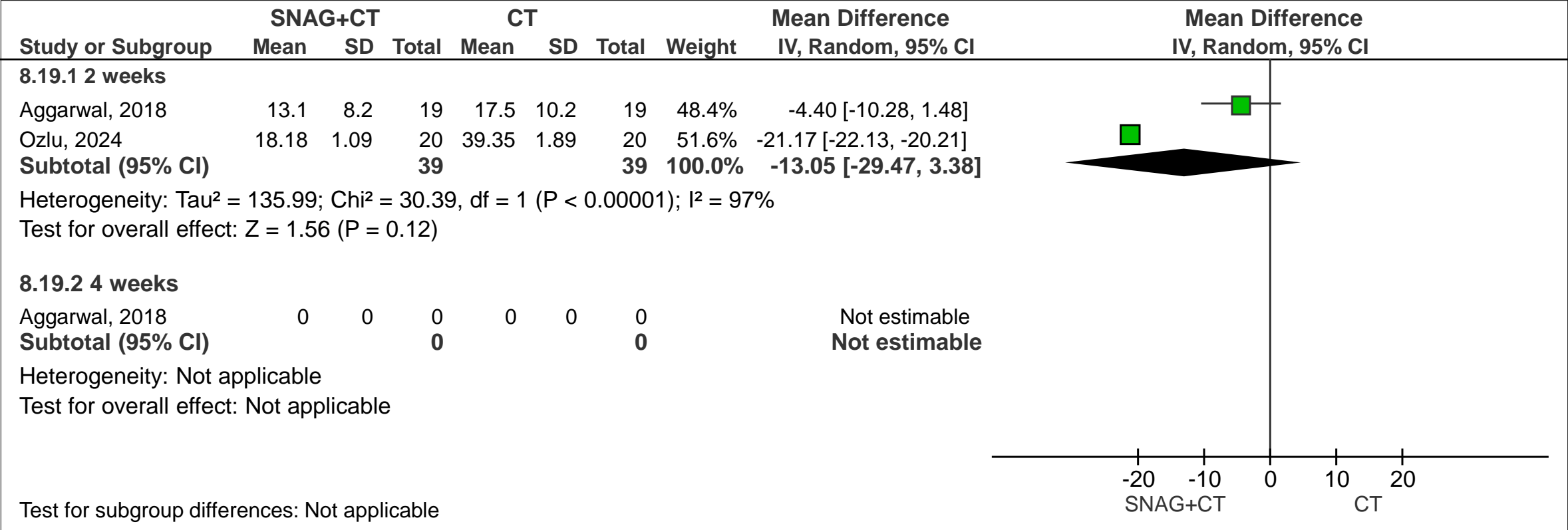


Figure 8.19 Disability comparing SNAG + Conventional Therapy vs. Conventional Therapy at 2 weeks (end of the treatment).

All analyses are described as mean differences in degrees with random effects.

The effect sizes for comparisons were calculated using post treatment means.

Lower absolute values mean improvement on disability after treatment.

SNAGs: Sustained Natural Apophyseal Glides; CT: conventional therapy; Ex: exercise