

# Future Imaging Alternatives: The Clinical Non-invasive Modalities in Diagnosis of Oral Squamous Cell Carcinoma (OSCC)

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**Abstract:** *Background:* Oral squamous cell carcinoma (OSCC) has a remarkably high incidence worldwide, and a fairly serious prognosis. This is encouraging further research into advanced technologies for non-invasive methods of making early diagnoses, ideally in primary care settings. *Method:* In this article, the available objective Non-imaging methods for diagnosing OSCC have been reviewed. MEDLINE, EMBASE, the Cochrane Library, and CINAHL have been searched for advanced technologies of non-invasive methods in diagnosis of OSCC, including oral brush biopsy, optical biopsy, saliva-based oral cancer diagnosis and others. *Results:* Toluidine blue, one of the oldest non-invasive methods for diagnosing OSCC, is unreliable because of its subjectivity, as it is dependent on the experience of the examiner. The diagnosis of Oral carcinoma by Oral brush biopsy with exfoliative cytology based on nano-bio-chip sensor platform shows 97–100% sensitivity and 86% specificity. Another promising non-invasive technique for OSCC diagnosis is saliva-based oral cancer diagnosis, which is an alternative to serum testing. Optical biopsy, which uses the technology of spectroscopy, can be used to detect changes at a sub-cellular level; thus, it provides information that may not be available with conventional histology with reliable sensitivity and specificity. *Conclusion:* It is clearly evident that screening and early effective detection of cancer and pre-cancerous lesions have the potential to reduce the morbidity and mortality of this disease. The imaging technologies are subjective procedures since all of them require interpretation and significantly affected by the examiner experience. These make further research for advanced objective procedures. Saliva-based oral cancer diagnosis and optical biopsy are promising objective non-invasive methods for diagnosing OSCC. They are easy to perform clinically at primary care set. They show promising pathways for future development of more effective method for the diagnosis of OSCC.

**Keywords:** Non-invasive methods, optical biopsy, Oral Cancer, saliva based diagnosis.

## INTRODUCTION

Oral cancer is the eighth most common cancer worldwide and represents a significant disease burden. If detected at an early stage, survival from oral cancer is more than 90% at 5 years, whereas survival of patients presenting with late stage disease is only 30% [1]. There is a strong need to develop new non-invasive methods for diagnosing OSCC that can be used by primary care providers: these would improve the outcome of this disease. One of the oldest non-invasive techniques is the application of toluidine blue (TB), which has an affinity for nucleic acids, and therefore binds to nuclear material in tissues with a high DNA and RNA content [1]. However, because it is highly subjective, inexperienced practitioners cannot use this technique to diagnose OSCC. In 1986, Bouquot noted that as many as 10% of American adults have some form of oral abnormality that requires histopathological assessment. A reliable method for diagnosing oral mucosal abnormalities has been and remains the scalpel biopsy. Because most patients are fearful and stressed about the prospect of scalpel biopsies, oral brush biopsy has been developed as a less invasive substitute [2]. For decades, dental healthcare professionals have measured

the buffering capacity and bacterial content of saliva to assess a person's risk of developing tooth decay. Today, scientific and technological advances in biochemistry, microbiology, and immunology are leading to the discovery of new biomarkers in saliva that can be used to detect systemic illnesses such as ischemic heart disease and heart failure and cancer [3, 4]. Saliva received a major boost in 2002 when the National Institute of Dental & Craniofacial Research funded a project under title of (development and validation technologies for salivary based diagnostic). They have created a collaborated team of engineers, experts in nano-technology and biomedical diagnostic fluids with scientists in oral biology to develop a point of care (lap-on ship) that is automated, miniaturized and multiplexed platform [3, 4]. Optical biopsy is based on the nature of light–tissue interactions, and involves different types of spectroscopy. These interactions include [5]:

- When energy from a radiating source is absorbed by a material, its absorption can be determined by measuring the fraction of energy transmitted through the material: absorption is inversely proportional to the energy transmitted.
- Emission indicates that radiative energy has been released by a material. A material's blackbody spectrum, a spontaneous emission spectrum, is determined by that material's temperature. Emission can be induced by vari-

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ous sources of energy, including flames, sparks, or electromagnetic radiation in the case of fluorescence.

- Elastic scattering and reflection spectroscopy determine how incident radiation is reflected or scattered by a material. Crystallography employs the scattering of high-energy radiation, such as X-rays and electrons, to examine the arrangement of atoms in proteins and solid crystals.
- Impedance spectroscopy studies the ability of a medium to impede or slow the transmission of energy. For optical applications, this is characterized by the index of refraction.
- Inelastic scattering phenomena involve an exchange of energy between the radiation and the matter that shifts the wavelength of the scattered radiation. These phenomena include Raman and Compton scattering.
- Coherent or resonance spectroscopy involves techniques in which radiating energy couples two quantum states of a material in a coherent interaction that is sustained by the radiating field. Because the coherence can be disrupted by other interactions, such as particle collisions and energy transfer, high intensity radiation is often required to sustain it. Nuclear magnetic resonance (NMR) spectroscopy is a widely used resonance method. Ultrafast laser methods are also now possible in the infrared and visible spectral regions. Many different technologies for optical biopsy have been developed according to the nature of light-tissue interactions. The most common non-invasive methods for diagnosing OSCC are summarized in Table 1.

**Table 1. Summary of the most common non-invasive methods for diagnosing oral squamous cell carcinoma.**

• Toluidine blue
• Oral brush biopsy
• Saliva-Based Oral Cancer Diagnosis
• Light-based detection systems: <ul style="list-style-type: none"> <li>- Chemiluminescence (ViziLite Plus; Microlux/DL, Orascoptic-DK)</li> <li>- Tissue fluorescence imaging (VELscope)</li> </ul>
• Optical Biopsy: <ul style="list-style-type: none"> <li>- Tissue fluorescence spectroscopy</li> <li>- Raman spectroscopy</li> <li>- Elastic scattering Spectroscopy</li> <li>- Differential path-length spectroscopy</li> <li>- Nuclear magnetic resonance spectroscopy</li> <li>- Confocal reflectance microscopy (CRM)</li> <li>- Optical Coherence Tomography</li> <li>- Others</li> </ul>
• Biomarkers: <ul style="list-style-type: none"> <li>- DNA-analysis</li> </ul>
• Laser capture microdissection

**TOLUIDINE BLUE STAINING**

Vital staining is the staining of living cells or tissues. The earliest technique was developed by Paul Ehrlich in 1885 and involved immersion of freshly removed tissue in methylene blue. There are two techniques for vital staining; namely, intravital staining within the living body (*in vivo*) and supravital staining outside the body, which usually involves preparation of slides of detached cells [6, 7]. Toluidine blue (TB) is a basic thiazine metachromatic dye with high affinity for acidic tissue components, thereby staining tissues rich in DNA and RNA. TB staining is a simple, inexpensive and sensitive tool for identifying early OSCC and high-grade dysplasias [8]. A 1% aqueous TB solution is applied for 30 seconds, this acidophilic metachromatic nuclear stain helps to differentiate areas of carcinoma *in situ* or invasive carcinoma from normal tissue. TB staining is highly sensitive and moderately specific for malignant lesions. It has less sensitivity for premalignant lesions, up to 58% false negatives having been reported for identifying mild-to-moderate dysplasia [8, 9]. Rosenberg and Cretin stated that the sensitivity of TB staining in oral cancer screening ranges from 93.5% to 97.8%, and the specificity from 73.3% to 92.9% [6].

**ORAL BRUSH BIOPSY**

The goal of the highly sensitive and specific technique of oral brush biopsy is to provide a sample by a less painful and simpler means than scalpel or punch biopsy. The accuracy of brush tests has been the subject of many published studies. In every study in which oral lesions have been simultaneously assessed by both a brush biopsy and surgical biopsy, this test has been shown to have both sensitivity and specificity well over 90% [10, 11]. Oral brush biopsy uses a specially designed circular bristled brush that has been designed to access and sample all epithelial layers, including the basal cell layer and the most superficial aspects of the lamina propria [11]. Brush biopsy has many advantages: it is a chair-side, easy to perform, painless test that can be used to evaluate any suspicious lesion, including common small white and red oral lesions, and to rule out dysplasia. Gupta *et al.* combined conventional oral brush biopsy with the application of TB to localize suspect mucosal areas [12]. Scully *et al.* stated that the sensitivity of brush biopsy in detection of dysplasia or OSCC is 71.4%, whereas the specificity is only 32% [13]. Oral brush biopsy coupled with computer-assisted analysis has been developed as a technique for evaluating unexplained clinically detectable alterations of the surface epithelium of the oral mucosa; where cancer or pre-cancer is suspected, the sensitivity is up to 40% [11]. This technique is based on quantitative cytomorphometry and DNA aneuploidy with computer-assisted analysis [11]. However, the limited specificity of current cytology-based analysis is still a major impediment to early oral cancer detection and intervention [10, 14]. Given that exfoliative cytology also gathers cellular DNA, RNA, and protein biomarkers, new diagnostic techniques targeting early tumour biomarkers and molecular transformation could enhance the role and utility of oral cytology in clinical diagnostics. Exfoliative cytology based on a nano-bio-chip sensor platform for oral cancer detection was described [10, 14, 15]. The diagnosis of Oral carcinoma by Oral brush biopsy with exfoliative cytology based on

nano-bio-chip sensor platform shows 97–100% sensitivity and 86% specificity [10, 14, 15].

### SALIVA-BASED ORAL CANCER DIAGNOSIS

Saliva is considered a mirror of bodily health. The multifarious components of saliva not only protect the integrity of oral tissues, but also provide clues to various local and systemic conditions and diseases. These salivary components are constantly being explored as markers of various diseases and for monitoring general health [16]. In the past few years, multiplex biomarker detection systems have emerged through remarkable progress in the development of lab-on-a-chip and point-of-care technologies [17]. The goal of these efforts is to use nano/micro-electrical–mechanical development to build automated, miniaturized, and multiplexed platforms for rapid assays and readouts. In general, the principles of conventional enzyme-linked immunosorbent assay and/or nucleic acid hybridization are applied, often with either electrochemical sensors [18] or a microbead reactor [19, 20]. The electrochemical approach uses gold electrode arrays (multiplex chips) in which one set of electrodes (working, counter and reference electrodes) is applied, with a cyclic square wave electrical field to facilitate chemical reaction, for one analyte measurement, followed by amperometric readout [18].

Tumour cells may inhabit or produce biochemical substances referred to as tumour markers. These can be normal endogenous products that are produced at a greater rate in cancer cells or the products of newly switched on genes that remain quiescent in normal cells [21]. Tumour markers may be present as intracellular substances in tissues or as released substances in circulating body fluids such as serum, urine, cerebrospinal fluid, and saliva. Until recently, analyses for tumour markers were carried out in fluids other than saliva such as cerebrospinal fluid, blood and urine. However, with recent diagnostic technological advances, the role of saliva as a tool for diagnosis has advanced exponentially. Saliva-based oral cancer diagnosis is a non-invasive alternative to serum testing with an overall accuracy rate of about 85%. It is an effective modality for diagnosis, determining prognosis of oral cancer and monitoring post-therapy status [22-31].

### Genomic Substances

Markers in the form of changes in the host DNA of dysplastic or cancer cells include point mutation, deletion, translocation, amplification, methylation, cyclin D1, epidermal growth factor receptor, microsatellite instability, and presence of human papillomavirus. Loss of heterozygosity (LOH) in chromosomes 3p, 9q, 13q, and 17p is considered an early event in oral carcinogenesis. In their study, Rosin *et al.* [32] found that allelic loss at 3p and 9q increases the risk of malignant transformation by 3.8-fold and further increases the risk to 33-fold when LOH occurs in chromosomes 4q, 8p, 11q, 13q and 17p in addition to the former. Mitochondrial DNA mutations have also been useful for detecting exfoliated OSCC cells in saliva [33]. Mutations have been identified by direct sequencing in 67% of saliva samples from OSCC patients [34]. p53 gene, which is located on chromosome 17p13.1, exhibits mutation in 50–70% of epithelial tumours [35, 36] and LOH of p53 allele has

been reported in 22% of pre-cancer and 20% of oral cancer. Other genes related to p53 and the cell cycle, such as p16, p27, p63, and p73 have been found to be altered to varying degrees in oral cancer. [35, 36] Cyclin-dependent kinase inhibitor 2A, which is, involved in the retinoblastoma pathway of the cell cycle appears to be methylated in 23–67% of primary OSCC's. CDH1 a gene is responsible for cell adhesion, promotes metastasis when mutated, and shows promoter methylation in up to 85% of tumours [37]. Rosas *et al.* [38] identified aberrant methylation of at least one of these genes (p16, O6-methylguanine-DNA methyltransferase, death-associated protein kinase) in OSSC and detected promoter hypermethylation in 65% of matched saliva samples in OSCC patients. Amplification and over-expression of c-MYCIN-MYC has been observed in 20–40% of oral cancers. Das *et al.* [39] have reported amplification of 11q13, which contains 1NT2, HST1, and cyclin D oncogenes, in 30–50% of patients with oral cancer. However, the specificity and positive predictive value were higher for saliva than for serum (88.0% vs. 59.8% and 54.2% vs. 28.8%, respectively) [40].

### Transcriptomic Substances

It has been speculated that salivary mRNA is contained in apoptotic bodies [41, 42] or actively released in exosomes or microvesicles. [43-45] Researchers [46] have compared the clinical accuracy of saliva versus blood RNA biomarker for oral cancer detection and found four RNA biomarkers that have a sensitivity and specificity of 91% and 71%, respectively, and a collective receiver operator characteristic value of 0.95. A study by Speight and Morgan found seven mRNA molecules to be significantly higher in OSCC patients than in healthy controls [47]: these included the following: (1) IL-8, [30, 48]; (2) IL-1 $\beta$ , which takes part in signal transduction, proliferation, inflammation, and apoptosis [30, 48]; (3) dual specificity phosphatase 1, which has a role in protein modification, signal transduction, and oxidative stress [30]; (4) H3 histone, family 3A, which has DNA binding activity [30]; (5) ornithine decarboxylase antizyme 1, which plays a part in polyamine biosynthesis [30, 48]; (6) S100 calcium binding protein P, which has a role in protein binding and calcium ion binding [30]; and (7) spermidine/spermine N1-acetyltransferase, which takes part in enzyme and transferase activity [30, 48].

### Proteomic Substances

There is reportedly a substantial increase in salivary carbonyls (246%) in OSCC patients, indicating that their epithelial cells are being exposed to significant free radical attack [49]. The sensitivity and specificity for carbonyls are 90% and 80%, respectively. MMP-9 polymorphism has been shown to be strongly associated with increased risk of developing OSCC [50]. Shpitzer *et al.* [49-54] found a 39% increase in MMP-9 with a sensitivity of 100% and specificity of 79% in OSCC patients.

### LIGHT-BASED SYSTEMS

Light-based systems depend on the assumption of absorption and reflection of light that differs between normal tissues and those with metabolic or structural changes. Vizil-

ite Plus with TBlue system (Zila Pharmaceuticals, Phoenix, AR, USA), VELscope (LED Dental, White Rock, BC, Canada) Microlux/DL (AdDent, Danbury, CT, USA) and Orascoptic DK (Orascoptic, Middleton, WI, USA) are light-based oral cancer screening aids that have been developed with the aim of assisting identification of early stage precancerous and cancerous lesions. VELscope (LED Dental), a handheld device with an illuminated chemiluminescent stick, emits visible light in the 430 nm wavelength that causes fluorescent excitation of certain compounds in tissues. After the patients have rinsed their mouths with acetic acid, the oral cavity is examined. With Microlux (AdDent) and Vizilite (Zila Pharmaceuticals), the oral cavity is examined with a battery-powered fiberoptic visible light source rather than a chemiluminescent stick; again, prior rinsing with acetic acid is required. These devices are not sensitive or specific for diagnosing any type of oral lesion. Only examination of tissue can definitively determine the biologic behaviour of a lesion [55].

## OPTICAL BIOPSY

### Fluorescence Spectroscopy

*Auto-fluorescence spectroscopy:* Several mathematical methods have been proposed for evaluating recorded spectral features of fluorochromes and correlating these with disease states as a form of diagnostic optical biopsy [56, 57]. Compared with normal tissues, there are changes in the physical and chemical characteristics of malignant tissues caused by sub-cellular architectural changes, such as nuclear grade and nuclear to cytoplasm ratio, mitochondrial size and density, amount of keratin, and elastin to collagen ratio. It is well known that all tissues fluoresce and that malignant tissues fluoresce less than normal tissues: thus, they have different spectral characteristics. Studies have shown that normal oral mucosa emits more green fluorescence than neoplastic lesions when an ultraviolet or near ultraviolet light source is used [56, 57]. Auto-fluorescence imaging has recently been shown to improve detection of premalignant and malignant oral lesions [56, 57]. This method is based on absorption of ultraviolet and visible spectrum light by tissue fluorophore molecules (*nicotinamide adenine dinucleotide [NAD]* and hydrogen *flavin adenine dinucleotide* [56, 57] [FADH] in the epithelial layer and collagen and elastin in the stroma), which leads to emission of lower energy photons that can be detected as fluorescence from the oral mucosa. Optical fibres may be introduced into tissues through a hollow needle and the tissue signals interpreted by spectrometers [56, 57]. The reported sensitivity of fluorescence spectroscopy technologies is up to 81% and the specificity 100% [58].

*Enhanced dye fluorescence:* Fluorescence can be slightly enhanced by exogenously applying fluorescent drugs such as 5-aminolevulinic acid, which induces protoporphyrin IX (protoporphyrin IX is an important precursor to biologically essential prosthetic groups such as heme, cytochrome c, and chlorophylls). Recent advances include the possibility of extracting true spectra of single fluorophores (chemical compounds that can re-emit light upon light excitation) by mathematically eliminating the undesired influences of scattering and absorption. In addition, it will soon be possible to precisely target tumour-specific enzymes with fluorescent

markers ("smart probes"), which will improve both sensitivity and specificity [59-61]. Ebenezar *et al.* reported that a diagnostic algorithm based on discriminant function scores obtained by fluorescence excitation spectroscopy was able to distinguish well differentiated squamous cell carcinoma from normal lesions with a sensitivity of 100% and specificity of 100% [62].

*Ratio imaging:* This technique compares a photochemical or end metabolic product that is known to be increased in disease states with another product that is known to be depleted. For example, as described above, 5-aminolevulinic acid enhances protoporphyrin IX, which fluoresces red after excitation with blue light. The same excitation results in green fluorescence of molecules such as NAD and FADH, which are depleted in malignant tissues with a high metabolic rate [59-61]. Shin *et al.* have reported that the sensitivity of the fluorescence imaging techniques ranges from 60 to 97% and specificity from 75 to 99% [63].

### Raman Spectroscopy

The Raman effect occurs when light impinges on a molecule and interacts with the electron cloud and bonds of that molecule. In the spontaneous Raman effect, which is a form of light scattering, a photon excites a molecule from the ground state to a virtual energy state. When the molecule relaxes, it emits a photon and goes into a different rotational or vibrational state. The difference in energy between the original state and this new state leads to a shift in the emitted photon's frequency away from the excitation wavelength [59-61, 64]. This laser-based spectroscopic technique is used to observe vibrational, rotational, and other low-frequency modes in a system, thus enabling chemical characterization and structure of molecules in a sample. Laser light interacts with molecular vibrations, phonons or other excitations in the system, resulting in the energy of the laser photons being shifted up or down. These shifts in energy give information about the vibrational modes in the system. This technique delivers a vibrational spectroscopic picture of tissue content, thus providing immediate real time histology ([59-61]. Raman is being investigated as a diagnostic tool for characterising cancer cells and early malignant changes and distinguishing these cells from normal cells. Raman spectroscopy has a distinct advantage over other optical techniques: it provides information on molecular composition and structure of living tissue [59-61, 64]. A significant problem associated with using Raman applications is that signals produced by the Raman effect are inherently weak. Raman bands generally overlap because of biological constituents, making it difficult to identify individual components correctly. The strong fluorescent background produced by biomedical samples may completely obscure the true Raman signals. The reported sensitivity of this technique is 80.5% and specificity 86.2% [64].

### Elastic Scattering Spectroscopy

Elastic scattering spectroscopy (ESS) makes diagnoses by objective statistical and analytical methods, rather than by subjective interpretation of images. ESS provides optical geometrical information that is based on white light reflectance. In ESS, photons hit tissue and are backscattered with-

out changes in wavelength. The relative intensity of this backscattering is influenced by the composition of the interrogated tissue, specifically the relative concentration of scatterers (e.g. nuclei, mitochondria, connective tissue) and absorbers (e.g. haemoglobin). A scattering event carries with it all the characteristics of the cellular components, which are called “scattering centres”, pathological scattering centres may originate from disorganized epithelial orientation and architecture, changes in morphology of epithelial surface thickness and texture, cell crowding, increased distance from sub-epithelial collagen layer, enlargement and hyperchromicity of cell nucleus, increased concentration of metabolic organelles, and presence of abnormal protein packages or particles [65, 66]. The ESS method senses micromorphology changes at the level of sub-cellular architectural changes, such as nuclear grade, nuclear to cytoplasm ratio, mitochondrial size and density, without actually imaging the microscopic structure. Because ESS detects changes at a sub-cellular level, it conveys information that may not be provided by conventional histology. Thus, ESS provides an optical signature of the tumour that greatly depends on the tumour’s morphology [67, 68]. The ESS system covers a range of 300–900 nm and uses a pulsed xenon arc lamp as the light source. The light emitted by cellular and sub-cellular organelles ranges from 330–850 nm. The system has two fibre-optic probes, one for transmitting light into the tissue and the other for collecting scattered light. The tip of the probe is placed in direct contact with the lesion, a background measurement is taken, and then the lamp is activated. This is followed immediately (within 100 ms) by taking an ESS measurement with the pulsed lamp. The background spectrum is then subtracted from the ESS spectrum. The entire measurement processing display takes less than 1 second [59–61]. In summary, ESS is a point measurement that uses appropriate optical geometry and is sensitive to the size and packing of dense subcellular components such as the nucleus, nucleolus, and mitochondria as well as absorption by haemoglobin [69–71]. Lovat *et al.* reported that the sensitivity for diagnosis of OSCC is 92% and specificity 60% and that ESS differentiates high risk sites from inflammation with a sensitivity and specificity of 79% [72]. Muller *et al.* compared histopathologic findings with data obtained by ESS for normal and abnormal tissue in the oral cavity; they reported the accuracy of ESS was 91.6% for normal and 97% for abnormal tissue [73].

### Differential Path-length Spectroscopy

Differential path-length spectroscopy (DPS), a recently developed fibre-optic point measurement technique, measures scattered photons that have travelled in predetermined path lengths. DPS is considered to be a form of ESS that has fixed photon path length, fixed photon visitation depth, and absolute measurement of absorbers. This technology was developed at the Erasmus Medical Centre, Rotterdam, the Netherlands [74]. The system uses a fibre-based diffuse reflection spectrometer with a tungsten-halogen lamp as a white light source. The first spectrometer uses a bifurcated fibre for illumination and collection. A second fibre carries diffusely reflected light to a second spectrometer. Each spectrometer records a spectrum with a slightly different wavelength scale. Subtraction of the two measurements selects

superficially scattered light [74]. The spectrum is analysed mathematically and translated into a set of parameters that are related to the microvasculature and intracellular morphology. The signals give information about cell biochemistry, intracellular morphology and microvascular properties such as oxygen saturation and average vessel diameter. The reported sensitivity is 69% and specificity 85% [75].

### OPTICAL TOMOGRAPHY

This technology uses light scattering either to construct an image, as in optical coherence tomography (OCT), or to measure the average size of different cell structures, thus providing objective information about degree of dysplasia, as in angle-resolved low coherence interferometry (a/LCI).

#### Optical Coherence Tomography

This is analogous to ultrasound imaging except that it uses light rather than sound. The high spatial resolution of OCT enables non-invasive *in vivo* “optical biopsy” and provides immediate and localized diagnostic information. The recent development of a Fourier domain mode lock swept source-based OCT system has helped to simultaneously achieve a high speed (>100 kHz A-scan rate) and good spatial resolution (<4  $\mu\text{m}$ ). In addition, the development of various miniature scanning probes that provide high-speed three-dimensional OCT pictures has been reported [59–61].

#### Angle-resolved low Coherence Interferometry (A/LCI)

A/LCI, an emerging biomedical imaging technology that uses the properties of scattered light to measure the average size of different cell structures, including cell nuclei, directly measures diagnostically relevant sub-cellular features of epithelial tissues up to 500  $\mu\text{m}$  below the surface. Unlike OCT, which is a subjective method because it requires image interpretation, a/LCI performs an objective analysis of tissue and delivers direct confirmation of precancerous disease to the physician. The technology shows promise as a clinical tool for *in situ* detection of dysplastic or precancerous tissue. The reported sensitivity is up to 100% and specificity 85% [76].

### NUCLEAR MAGNETIC RESONANCE SPECTROSCOPY

Nuclear magnetic resonance spectroscopy (NMR) exploits the magnetic properties of certain atomic nuclei to determine the physical and chemical properties of atoms or the molecules in which they are contained. It relies on the phenomenon of nuclear magnetic resonance and can provide detailed information about the structure, dynamics, reaction state, and chemical environment of molecules. This technology allows three-dimensional study of atoms in molecules: the larger the magnet, the more sensitive the device. Using NMR, it is possible to view how protein links with DNA [59–61]. NMR has been used to identify metabolic signatures of oral squamous cell carcinoma compared with normal tissues [77–79]. Clinical studies have confirmed that the choline/creatine ratio is significantly higher in OSCC than in normal tissue [79, 80]. An NMR study of *ex vivo* tumour tissue has reported higher concentrations of taurine, choline,

glutamic acid, lactic acid, and lipids in squamous cell tissue than in normal tissue [81]. In addition, overexpression of glucose transporters, especially of glucose transporter 1, which is associated with increased glycolytic metabolism, has been reported in OSCC [82]. Other authors who have examined the role of advanced glycated end products and increased numbers of their receptors in patients with primary gingival carcinoma have shown that expression of these receptors is correlates closely with the invasiveness of OSCC [83, 84].

### INFRARED SPECTROSCOPY

This distinguishes different biomolecules by probing chemical bond vibrations and using these molecular and sub-molecular patterns to define and differentiate pathological from normal tissues [85, 86].

### BIOMARKERS (DNA ANALYSIS)

DNA ploidy analysis after staining with Feulgen dye can determine the malignant potential of cells by comparing the findings with those of a reference group of cells. Computer-assisted analysis to identify deviations in cellular DNA content has recently been designed [87].

### LASER CAPTURE MICRODISSECTION

This allows precise study of cancer biology, thus helping to identify the molecular basis of malignancy [55]. This technology is based on extraction of cells from specimens in which the exact morphology of both the captured cells and the surrounding tissue are preserved. When rapid immunohistochemical staining techniques are combined with laser capture microdissection, more accurate microdissection of cellular subsets can be obtained [88]. It may also help to detect biomarkers and protein fingerprint models for early detection of OSCC.

### LAB-ON-A-CHIP

This term refers to the adaptation, miniaturization, integration, and automation of analytical laboratory procedures into a single device or electronic chip. Lab-on-a-chip utilizes membrane-associated cell proteins to detect dysplastic changes that are singularly expressed on the cell membranes of dysplastic and cancer cells, as well as their unique gene transcription profiles [89].

### CONCLUSION

The imaging technologies are subjective procedures since all of them require interpretation and significantly affected by the examiner experience. TB is one of the oldest non-invasive methods for diagnosing OSCC. Being highly sensitive and moderately specific for malignant lesions, it can be used for screening and ruling out of suspicious areas. However, it is an unreliable technique because it is highly subjective and depends on the experience of the investigator. Unlike sampling of uterine cervix cells, analysis of surface epithelial cells of the oral cavity and oropharynx by standard exfoliative cytology (brush biopsy) has proven to be unreliable, identifying as few as 31% of dysplastic tissues [12]. Computerized analysis of oral brush biopsy specimens

within the context of premalignant lesions reportedly has a positive predictive value of 58.3% and, with the support of molecular markers including tenascin and cytokeratins, accurate diagnoses are achievable [11]. Saliva-based oral cancer diagnosis and optical biopsy are promising non-invasive methods for diagnosing OSCC with high sensitivity and reliable specificity that are easy for primary care practitioners to perform clinically. These technologies provide objective information and do not require special experience for interpretation of the information obtained. They could be widely used in the near future as reliable routine modalities for oral cancer diagnosis and evaluation of the degree of dysplasia of pre-cancerous lesions. It is clearly evident that screening and early detection of cancer and its precursors have the potential to reduce the morbidity and mortality of this disease. These technologies may change the consequences of this disease in the near future.

### CONFLICT OF INTEREST

The authors confirm that this article content has no conflict of interest.

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