

## Original research

# Trends in hepatitis C virus seroprevalence and associated risk factors among men who have sex with men in Montréal: results from three crosssectional studies (2005, 2009, 2018)

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## ABSTRACT

**Objectives** To eliminate the hepatitis C virus (HCV) by 2030, Canada must adopt a microelimination approach targeting priority populations, including gay, bisexual and other men who have sex with men (MSM). Accurately describing HCV prevalence and risk factors locally is essential to design appropriate prevention and treatment interventions. We aimed to estimate temporal trends in HCV seroprevalence between 2005 and 2018 among Montréal MSM, and to identify socioeconomic, behavioural and biological factors associated with HCV exposure among this population.

**Methods** We used data from three cross-sectional surveys conducted among Montréal MSM in 2005 (n=1795), 2009 (n=1258) and 2018 (n=1086). To ensure comparability of seroprevalence estimates across time, we standardised the 2005 and 2009 time-location samples to the 2018 respondent-driven sample. Time trends overall and stratified by HIV status, history of injection drug use (IDU) and age were examined. Modified Poisson regression analyses with generalised estimating equations were used to identify factors associated with HCV seropositivity pooling all surveys.

**Results** Standardised HCV seroprevalence among all MSM remained stable from 7% (95% CI 3% to 10%) in 2005, to 8% (95% CI 1% to 9%) in 2009 and 8% (95% CI 4% to 11%) in 2018. This apparent stability hides diverging temporal trends in seroprevalence between age groups, with a decrease among MSM <30 years old and an increase among MSM aged ≥45 years old. Lifetime IDU was the strongest predictor of HCV seropositivity, and no association was found between HCV seroprevalence and sexual risk factors studied (condomless anal sex with men of serodiscordant/ unknown HIV status, number of sexual partners, group sex).

**Conclusions** HCV seroprevalence remained stable among Montréal MSM between 2005 and 2018. Unlike other settings where HCV infection was strongly associated with sexual risk factors among MSM, IDU was the pre-eminent risk factor for HCV seropositivity. Understanding the intersection of IDU contexts, practices and populations is essential to prevent HCV transmission among MSM.

#### **INTRODUCTION**

Canada is not on track to eliminate the hepatitis C virus (HCV) as a public health threat by 2030.<sup>1 2</sup> Gay, bisexual and other men who have sex with men (MSM) have been identified as a priority population for HCV microelimination.<sup>3-5</sup> Since 2000, HCV epidemics have been reported among MSM living with HIV in industrialised countries.<sup>6</sup> In this population, global HCV incidence has increased from 2.6 per 1000 person-years pre-2000 to 8.1 per 1000 person-years post-2010,<sup>7</sup> with high reinfection rates,<sup>6</sup> and global HCV seroprevalence was estimated at 6.4% from 2002 to 2015.8 Comparatively, the HCV burden has remained stable among HIV-negative MSM, with estimates of seroprevalence ranging from 0.0% to  $3.4\%^{9-13}$  and a global incidence of 0.4 per 1000 person-years.<sup>14</sup> Nevertheless, acute HCV infections have recently been reported among HIVnegative MSM without a history of injection drug use (IDU) in Europe,<sup>15</sup> the USA<sup>16</sup> and Vancouver, British Columbia (Canada).<sup>17</sup> These data may mask variations across geographical settings, highlighting the importance of local contexts and related risks.

In industrialised countries, most HCV infections have been attributed to the use of unsterile needles and drug paraphernalia, and receipt of blood or blood products before the introduction of HCV screening.<sup>18</sup> In parallel, evidence from Europe, the USA and Vancouver shows that sexual transmission can account for a substantial proportion of incident HCV infections among MSM.<sup>6</sup><sup>17</sup> <sup>19-21</sup> Two other overlapping population groups may be at increased risk of being chronically infected with HCV: individuals born between 1945 and 1975, due to exposures to HCV-contaminated blood and blood products before 1990,<sup>22</sup> and immigrants originating from HCV endemic countries.<sup>23</sup> Socioeconomic factors such as education and income can also influence the risk of acquiring HCV among MSM.<sup>19 24-26</sup> The impact of these factors on HCV transmission among MSM subgroups is context-dependent and may vary by HIV status. Additionally, sexual and injecting behaviours may interact, for example through the practice of chemsex, a form of sexualised drug use associated with a higher risk of HCV infection among MSM.<sup>27 28</sup> To date, there has been little evidence of sexual transmission of HCV among MSM in Canada.<sup>12 13 17 29 30</sup>



The variability in HCV incidence and prevalence among MSM populations, as well as the diversity of potential routes of transmission reflect the importance of using locally valid epidemiological evidence to inform tailored interventions targeting microelimination. Scarce evidence exists on HCV prevalence and risk factors among MSM subgroups in Canadian cities. In Vancouver, HCV seroprevalence among all MSM was estimated at 5% in a cross-sectional study conducted in 2008–2009.<sup>12</sup> In this city, 17% of MSM living with HIV tested HCV seropositive, against 10% in a similar study conducted in Toronto, Ontario in 2010–2012.<sup>13</sup> Temporal trends in HCV seroprevalence among MSM have not been assessed in Canada, and available crosssectional data suggest potential within-country variability in seroprevalence. In Montréal, Québec (Canada), up-to-date and comprehensive information is required to inform HCV elimination interventions among MSM.

In this study, we aimed to (1) investigate temporal trends in HCV seroprevalence among MSM living in Montréal from 2005 to 2018, overall and stratified by HIV status, IDU status and age group; and (2) identify the social, behavioural and biological factors associated with HCV exposure among this heterogeneous population.

#### **METHODS**

#### Data sources and harmonisation

Three cross-sectional surveys of sexually transmitted and bloodborne infections were conducted among Montréal MSM in 2005, 2009 and 2018: Argus 1, Argus 2 and the first wave of the *Engage cohort* study, respectively. These surveys have been previously described.<sup>[w1,w2]</sup> Briefly, they combined HIV, HCV and syphilis surveillance and behavioural monitoring through self-administered questionnaires. In 2005 (n=1957) and 2009 (n=1873), locations where MSM can be found were identified. In 2005, venues were selected using convenience sampling, and in 2009 time-location sampling was used, where sampling probabilities are generated at the location and individual level.<sup>[w3,w4]</sup> In 2018, a community-based sample of 1179 MSM were recruited using respondent-driven sampling (RDS), a link-tracing method that uses information about participants' social networks to estimate their probability of being recruited and adjust for the biases associated with oversampling/undersampling of certain groups.<sup>[w5]</sup> Eligibility criteria varied slightly across the three surveys (online supplementary file 2).

To compare the three surveys, we first harmonised the eligibility criteria across data sets. Our analyses were restricted to cisgender men aged  $\geq 18$  years who reported sexual activity with a man in the past 6 months (P6M) and resided in Montréal. The sensitivity and specificity of the assays used for anti-HCV antibody detection in the three surveys were comparable (sensitivity: 100% in 2005, 2009 and 2018; specificity: 99.95% in 2005 and 2009, and 99.69% in 2018).<sup>[w1,w2,w6]</sup>

#### Temporal trends in HCV seroprevalence

We estimated HCV seroprevalence in 2005, 2009 and 2018, among all MSM, stratified by HIV status, lifetime history of IDU and age group, and among HIV-negative MSM without a history of IDU. To ensure comparability of the samples across time, regression-based standardisation was performed. The RDSweighted 2018 survey was used as the standard and the other surveys were adjusted to yield the same distribution of age, sexual orientation, annual income and first language. This was achieved by first fitting multivariable logistic regression models with HCV seropositivity as the outcome (defined as a positive anti-HCV

antibody test) to the 2005 and 2009 data, separately. Age was modelled using a restricted cubic spline,<sup>[w7]</sup> and we investigated the presence of multiplicative statistical interaction between each pair of covariates. For the stratified analyses, the same model was fitted separately among each subgroup of interest. Using these models, we then predicted the individual probability of testing HCV seropositive using the covariate patterns observed in the 2018 standard sample, among all MSM and by subgroup. Finally, we computed the weighted mean of these individual probabilities using Volz-Heckathorn weights<sup>[w8]</sup> to estimate standardised HCV seroprevalence among the different groups at all time points. We obtained 95% CIs using cluster-level block bootstrap, with clusters corresponding to the recruitment site in 2005 (n=40 sites) and 2009 (n=39 sites) and to the initial seed of the recruitment chain in 2018 (n=27 seeds). We performed complete case analyses as only 5% of observations had any missing value for the variables used in these estimations.<sup>[w9]</sup>

#### Factors associated with HCV seropositivity

Pooling data from the three surveys, we examined potential determinants of HCV seropositivity using prevalence ratios. We used univariable and multivariable modified Poisson regression models with generalised estimating equations (with exchangeable correlation structures), accounting for clustering.<sup>[w10-w12]</sup> The following predictors were selected a priori based on their potential association with HCV: survey year, lifetime history of IDU, HIV seropositivity, history of syphilis (defined as a reactive serological test), age (categorical), birth outside of Canada, annual income  $\geq$  \$C30000, education level higher than high school, sexual orientation other than gay/homosexual, self-identification as Indigenous, first language other than French/English, and specific sexual practices reported in the P6M: transactional sex (defined as having given/received money, drugs, or other goods or services in exchange for sex), condomless anal sex (CAS) with a man of serodiscordant/unknown HIV status, >5 male sexual partners and group sex. We used multiple imputation by chained equations for missing values as 33% of observations had at least one missing value for these variables, principally information regarding CAS (23%).<sup>[w13,w14]</sup>

We also investigated whether the impact of sexual practices on HCV varied by HIV status, and quantified the joint association of lifetime IDU and sexual behaviours with the outcome. We assessed the presence of additive and multiplicative interactions between the following terms: (1) HIV seropositivity and four sexual risk factors reported in the P6M (ie, transactional sex, CAS with a man of serodiscordant/unknown HIV status, number of sexual partners and group sex); and (2) history of IDU and the same four factors. To evaluate multiplicative interaction, we included the product term of each selected pair of factors in the main analysis model separately and examined the estimate and CI of each product term coefficient.<sup>[w15]</sup> Additive interaction was assessed by obtaining the relative excess risk due to interaction and its CI.<sup>[w16,w17]</sup> All analyses were conducted using R V.3.5.3,<sup>[w18]</sup> with the *RDS*,<sup>[w19]</sup> geepack,<sup>[w20]</sup> mice<sup>[w14]</sup> and *dplyr*<sup>[w21]</sup> packages.

Written informed consent was obtained from all participants.

#### RESULTS

#### Characteristics of participants (prestandardisation)

A total of 4139 MSM were included in our analyses (1795 in 2005; 1258 in 2009; 1086 in 2018) (figure 1). The prestandardised proportion of participants living with HIV was 13% (95% CI 11% to 14%) in 2005, 15% (95% CI 13% to

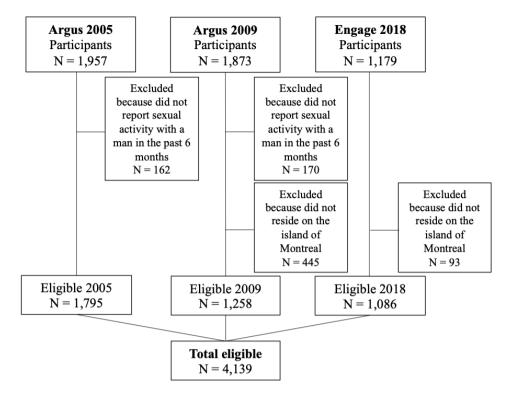


Figure 1 Study eligibility flow chart. Individuals missing values on any eligibility criteria were excluded from our analyses.

17%) in 2009 and 18% (95% CI 16% to 21%) in 2018 (table 1). Unadjusted HCV antibody prevalence was 5% in 2005, 4% in 2009 and 5% in 2018. The raw percentage of participants with a history of IDU was 7% (95% CI 6% to 8%) in 2005, 12% (95% CI 10% to 14%) in 2009 and 10% (95% CI 8% to 12%) in 2018.

#### Temporal trends in HCV seroprevalence (poststandardisation)

Standardised HCV seroprevalence among all MSM remained stable, ranging from 7% (95% CI 3% to 10%) in 2005, to 8% (95% CI 1% to 9%) in 2009 and 8% (95% CI 4% to 11%) in 2018 (figure 2, online supplementary file 3).

Stratification by HIV and IDU status did not reveal consistent temporal trends in HCV seroprevalence among these subgroups. We observed a drop in estimates for MSM living with HIV and MSM with a history of IDU in 2009 and obtained relatively wide CIs among these two groups due to smaller numbers of observations. The highest HCV seroprevalence point estimates were obtained among participants with a history of IDU, with 74% (95% CI 62% to 85%) in 2005, 37% (95% CI 8% to 48%) in 2009 and 60% (95% CI 42% to 77%) in 2018. In contrast, HCV seroprevalence among MSM without a history of IDU was estimated at 3% (95% CI 1% to 4%) in 2005, 2% (95% CI 0% to 3%) in 2009 and 2% (95% CI 1% to 4%) in 2018. HCV seropositivity was also far more common among MSM living with HIV at 17% (95% CI 6% to 25%) in 2005, 8% (95% CI 2% to 16%) in 2009 and 17% (95% CI 6% to 29%) in 2018, than among HIV-negative MSM at 6% (95% CI 3% to 8%) in 2005, 8% (95% CI 0% to 9%) in 2009 and 6% (95% CI 3% to 9%) in 2018. Finally, HCV seroprevalence remained relatively stable among HIV-negative MSM without a history of IDU at 2% (95%) CI 1% to 3%) in 2005, 2% (95% CI 0% to 4%) in 2009 and 1% (95% CI 0% to 2%) in 2018.

When stratifying by age group, we observed a decrease in HCV seroprevalence among MSM <30 years old over time,

from 6% (95% CI 2% to 9%) in 2005, to 3% (95% CI 0% to 3%) in 2009 and 0% (95% CI 0% to 1%) in 2018. We noted no clear temporal trend in HCV seroprevalence among MSM aged 30–44 years (9%, 95% CI 3% to 12% in 2005; 10%, 95% CI 1% to 12% in 2009; and 8%, 95% CI 2% to 15% in 2018). Among MSM aged  $\geq$ 45 years, HCV seroprevalence increased from 6% (95% CI 1% to 9%) in 2005, to 9% (95% CI 0% to 12%) in 2009 and to 17% (95% CI 9% to 24%) in 2018.

#### Factors associated with HCV seropositivity

Lifetime history of IDU was the strongest predictor of HCV seropositivity in our population (table 2). Increased age, recent transactional sex, HIV seropositivity and sexual orientation other than gay/homosexual were also associated with increased HCV seroprevalence. Our results suggest an association between socioeconomic factors and the outcome: MSM with higher income and education level were less likely to test HCV-seropositive. Being born outside of Canada was also associated with lower HCV seroprevalence. Few participants identified as Indigenous (1%–2% across surveys), leading to wide uncertainty around the adjusted prevalence ratio for this population group. We found no association between the recent sexual behaviours examined and HCV seropositivity. Finally, first language other than French/English was not associated with variation in the outcome.

#### Sensitivity analyses

We detected negative additive and multiplicative interactions between HIV seropositivity and transactional sex in the P6M (online supplementary file 4). The presence of negative additive and multiplicative interactions means that the association with HCV seropositivity when both factors are present is smaller than, respectively, the sum and product of the individual associations of the two factors with the outcome. We also identified

| Table 1   | Description of participants included in three cross-sectional biobehavioural surveys of men who have sex with men conducted in Montréal, |  |  |  |
|---|--|--|--|--|
| Québec (Canada) (2005–2018, before any imputation or standardisation) |  |  |  |  |

|  | 2005        | 2009        | 2018        |
|--|-------------|-------------|-------------|
|  | (n=1795)    | (n=1258)    | (n=1086)    |
| Characteristics  | n (%)       | n (%)       | n (%)       |
| HCV seropositivity   | 95 (5)      | 49 (4)      | 58 (5)      |
| HIV seropositivity   | 224 (13)    | 193 (15)    | 200 (18)    |
| Reactive syphilis serology                                     | 93 (5)      | 116 (9)     | 194 (18)    |
| Age  | 38 (28–47)* | 40 (30–47)* | 34 (28–49)* |
| Income ≥\$C30 000 in the past year                             | 891 (50)    | 763 (61)    | 461 (42)    |
| Education level higher than high school                        | 1217 (68)   | 537 (43)    | 806 (74)    |
| Sexual orientation other than gay/homosexual                   | 336 (19)    | 107 (9)     | 205 (19)    |
| Born outside of Canada   | 244 (14)    | 194 (15)    | 348 (32)    |
| Self-reported ethnicity or family background                   |             |             |             |
| Indigenous   | 33 (2)†     | 16 (1)      | 9 (1)       |
| English Canadian   | 146 (8)†    | 108 (9)     | 103 (9)     |
| French Canadian  | 1219 (68)†  | 865 (69)    | 537 (49)    |
| European   | 105 (6)†    | 119 (9)     | 157 (14)    |
| Asian  | 31 (2)†     | 14 (1)      | 40 (4)      |
| Arab or North African  | 28 (2)†     | 20 (2)      | 44 (4)      |
| Sub-Saharan African  | 3 (<1)†     | 3 (<1)      | 9 (1)       |
| Latin, South or Central American                               | 60 (3)†     | 29 (2)      | 92 (8)      |
| Caribbean  | 20 (1)†     | 7 (1)       | 9 (1)       |
| Oceanian (eg, Australian, Pacific Islander)                    | 2 (<1)†     | 0           | 1 (<1)      |
| Other  | 84 (5)†     | 61 (5)      | 74 (7)      |
| First language other than French/English                       | 125 (7)     | 101 (8)     | 74 (7)      |
| Transactional sex in the P6M‡                                  | 329 (18)†   | 187 (15)†   | 108 (10)    |
| CAS with a man of serodiscordant/unknown HIV status in the P6M | 200 (11)†   | 251 (20)†   | 395 (36)†   |
| >5 male sexual partners in the P6M§                            | 664 (37)    | 569 (45)    | 533 (51)    |
| Group sex in the P6M   | 479 (27)    | 407 (32)†   | 252 (23)    |
| History of injection drug use¶                                 | 128 (7)†    | 147 (12)    | 110 (10)    |

\*Median (IQR).

†More than 2% of observations were missing for this variable, in this data set.

‡Transactional sex was defined as having given/received money, drugs, or other goods or services in exchange for sex in the P6M.

§Male sexual partners included both oral and anal sexual partners.

¶Lifetime injection of any non-prescribed drug was considered as a previous experience of injection drug use.

CAS, condomless anal sex; HCV, hepatitis C virus; P6M, past 6 months.

negative additive interactions between history of IDU and each sexual risk factor studied, separately, and a positive multiplicative interaction between history of IDU and group sex in the P6M. A positive multiplicative interaction indicates that the association when both factors are present is stronger than the product of the individual associations.

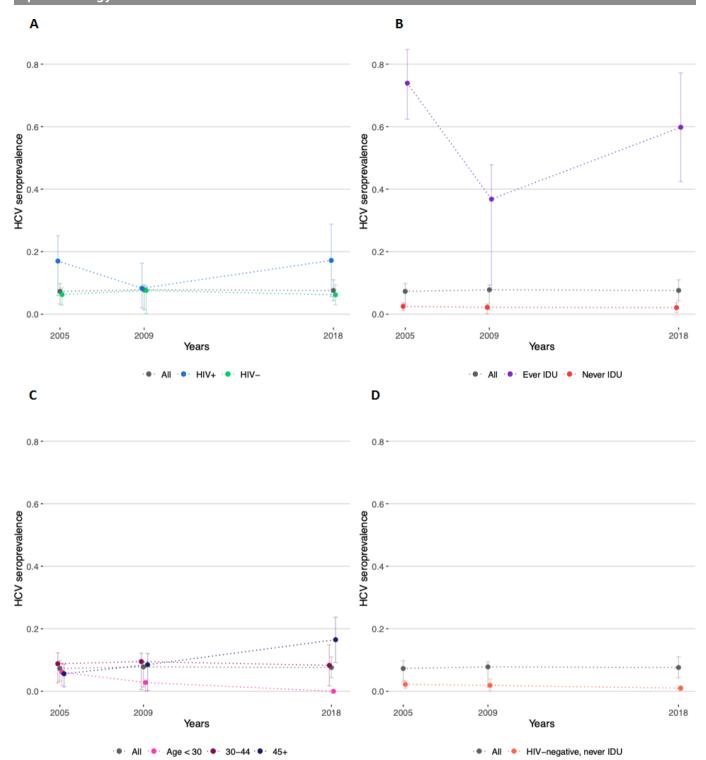
#### DISCUSSION

Standardising and pooling three large cross-sectional surveys of MSM from 2005 to 2018, our results suggest that HCV seroprevalence has remained stable around 8% in Montréal, at a higher level than in other North American settings (3%-5%).<sup>12</sup> [w2,w23] Despite this overall stability, we observed diverging trends among age groups. Monitoring changes in HCV seroprevalence among young adults has been used to gauge trends in HCV incidence in the general population.<sup>3</sup> The decrease observed in HCV seroprevalence among younger participants may therefore indicate a decline in new HCV infections among MSM from 2005 to 2018. In contrast, the increase in HCV seroprevalence among MSM aged  $\geq 45$  years may reflect birth cohort effects (ie, men born between 1945 and 1975<sup>22</sup>), temporal changes in injecting and/or sexual behaviours among older MSM, or changes in intergenerational transmission of HCV over time.

HCV seroprevalence was particularly high among MSM living with HIV and those with a history of IDU. The drop in seroprevalence observed in 2009 among these groups could indicate temporal changes in injecting behaviours (eg, increased number of new injectors never exposed to HCV). However, these results could reflect remaining differences in the composition of the samples post-standardisation. HCV seroprevalence among HIVnegative MSM in Montréal ranged from 6% to 8% between 2005 and 2018, on the high end of estimates from Canada,<sup>13</sup> the USA<sup>[w23]</sup> and Europe.<sup>10</sup> The seroprevalence estimated among MSM without a history of IDU (2%-3%) was also twice as high as that estimated in Vancouver for the same group.<sup>12</sup> These numbers are greater than the 1% HCV seroprevalence estimated for the general Canadian population.<sup>[w24]</sup> Yet, the seroprevalence observed among HIV-negative MSM without a history of IDU (1%-2%) was comparable with that among the general population, in line with previous findings from Argus 1.<sup>[w25]</sup> The relatively high HCV seroprevalence observed among all MSM may therefore reflect frequent exposure to the virus among subgroups with particular vulnerabilities (eg, HIV infection) or risk behaviours (eg, IDU).

Reporting a history of IDU was the strongest predictor of HCV seropositivity among Montréal MSM between 2005 and

## Epidemiology



**Figure 2** HCV seroprevalence estimates among gay, bisexual and other MSM overall and stratified by (A) HIV status, (B) lifetime history of IDU, (C) age group and (D) HIV-negative MSM without history of IDU in 2005, 2009 and 2018 in Montréal, Québéc (Canada). HCV, hepatitis C virus; IDU, injection drug use; MSM, men who have sex with men.

2018. This is concerning given that the proportion of MSM who reported lifetime IDU in *Engage*  $(6\%^{[w2]})$  is 12 times that reported among the general population in Montréal  $(0.5\%^{[w26]})$ . Aside from recent transactional sex, which encompasses having given/received drugs in exchange for sex, we observed no association between sexual behaviours and HCV seroprevalence. These results are consistent with those obtained in Toronto<sup>13</sup> and a study conducted in 2001 among Montréal MSM.<sup>29</sup> However,

they contrast with emerging evidence from Vancouver<sup>17</sup> and with studies conducted in Europe<sup>6</sup> and the USA,<sup>14</sup> where sexual risk factors were strongly associated with new HCV infections among MSM.

We observed no positive interactions between HIV positivity and sexual behaviours. One potentially important risk factor that we could not directly investigate is chemsex. Nevertheless, the positive multiplicative interaction observed between group sex Table 2HCV seroprevalence ratios obtained by pooling threecross-sectional surveys of men who have sex with men conducted inMontréal, Québec (Canada) (2005, 2009, 2018)

| Covariates   | Univariable<br>prevalence ratio<br>(95% CI) | Multivariable<br>prevalence ratio<br>(95% CI) |  |  |  |
|--|---|---|--|--|--|
| History of IDU   | 18.2 (12.2 to 27.2)                         | 8.0 (5.5 to 11.5)                             |  |  |  |
| Age  |   |   |  |  |  |
| <30  | 1   | 1   |  |  |  |
| 30–44  | 2.1 (1.4 to 3.2)                            | 2.2 (1.5 to 3.3)                              |  |  |  |
| ≥45  | 1.9 (0.9 to 4.1)                            | 2.5 (1.6 to 3.9)                              |  |  |  |
| Transactional sex (P6M)                                      | 4.6 (3.0 to 7.1)                            | 2.1 (1.7 to 2.5)                              |  |  |  |
| HIV seropositivity   | 2.9 (1.8 to 4.8)                            | 1.7 (1.3 to 2.3)                              |  |  |  |
| Sexual orientation other than gay/homosexual                 | 5.4 (3.2 to 9.2)                            | 1.6 (1.3 to 2.1)                              |  |  |  |
| Income $\geq$ \$C30000 in the past year                      | 0.3 (0.2 to 0.4)                            | 0.5 (0.4 to 0.7)                              |  |  |  |
| Born outside of Canada                                       | 0.2 (0.0 to 0.6)                            | 0.5 (0.3 to 0.9)                              |  |  |  |
| Year of data collection                                      |   |   |  |  |  |
| 2005   | 1   | 1   |  |  |  |
| 2009   | 0.4 (0.2 to 0.8)                            | 0.5 (0.3 to 0.8)                              |  |  |  |
| 2018   | 0.9 (0.3 to 2.4)                            | 1.0 (0.7 to 1.4)                              |  |  |  |
| Education level higher than high school                      | 0.2 (0.1 to 0.3)                            | 0.4 (0.3 to 0.6)                              |  |  |  |
| Self-identified Indigenous ethnicity or family<br>background | 1.1 (0.1 to 23.7)                           | 1.4 (0.4 to 4.5)                              |  |  |  |
| Reactive syphilis serology                                   | 0.9 (0.4 to 1.9)                            | 1.1 (0.7 to 1.6)                              |  |  |  |
| First language other than French/English                     | 0.4 (0.1 to 1.0)                            | 1.0 (0.5 to 2.0)                              |  |  |  |
| >5 male sexual partners (P6M)                                | 0.8 (0.5 to 1.4)                            | 1.0 (0.7 to 1.3)                              |  |  |  |
| Group sex in the P6M   | 0.8 (0.5 to 1.2)                            | 0.8 (0.6 to 1.2)                              |  |  |  |
| CAS with a man of serodiscordant/unknown<br>HIV status (P6M) | 0.7 (0.3 to 1.6)                            | 0.7 (0.5 to 1.1)                              |  |  |  |

CAS, condomless anal sex; HCV, hepatitis C virus; IDU, injection drug use; P6M, past 6 months.

and IDU could partly capture the association of chemsex practices with HCV seroprevalence, although we could not measure the concomitance of injecting and sexual behaviours. No positive interaction was observed between history of IDU and other sexual risk factors.

Altogether, higher socioeconomic status (ie, income and education) was associated with lower HCV seroprevalence. Our data did not allow us to specifically examine the relationship between birth in HCV endemic countries and HCV seropositivity. In this regard, interpreting the negative association between birth outside of Canada and HCV seroprevalence is challenging. Having a first language other than French/English, another proxy for country of origin, was not associated with the outcome. Reporting a sexual orientation other than gay/ homosexual was positively associated with HCV seropositivity. Because data on sexual orientation were categorised differently across our three surveys, the 'other' category represents varied self-reported sexual orientations (bisexual, heterosexual and queer). Few studies have examined the distribution of sexually transmitted and bloodborne infections by sexual orientation among MSM populations.<sup>[w27-w29]</sup> Understanding these complex links remains challenging and studies did not consistently identify groups most at risk or with unmet prevention needs.

Our results should be interpreted considering the study's main limitations. First, cross-sectional data render the interpretation of observed associations challenging due to temporality bias. However, pooling the available data allowed us to produce robust, comparable estimates of HCV exposure across time and to investigate the plausibility of different modes of transmission of the virus among these groups. Second, we could not investigate the relationship between lifelong sexual practices and HCV

### Key messages

- Standardised hepatitis C virus (HCV) seroprevalence remained stable at approximately 8% among Montréal men who have sex with men (MSM) from 2005 to 2018.
- ► We observed diverging temporal trends in HCV seroprevalence across age groups, with a decrease among men <30 years and an increase among men aged ≥45 years.</p>
- Lifetime history of injection drug use was the pre-eminent risk factor for HCV seropositivity among MSM living in Montréal.
- Recent sexual behaviours did not exhibit strong associations with HCV exposure in our population.

seropositivity due to data limitations. Yet we could quantify the adjusted association of numerous recent sexual behaviours with HCV exposure.

Strengths of this study include its large sample size, resulting from the pooling of three comparable surveys. To maximise internal validity, we standardised our three samples on variables whose distributions should have remained relatively stable over time. Although generalisability to the target population cannot be directly assessed, we used the community-based, RDS-adjusted Engage sample as a standard. Additionally, recent epidemiological data on HCV exposure and determinants among MSM living in Montréal are lacking, and very few population-based studies have examined HCV prevalence trends among MSM subgroups globally. As such, our work provides a unique opportunity to inform local public health interventions. Canadian guidelines recommend HCV screening among people born from 1945 to 1975, with a history of IDU and/or living with HIV, and treat-ment for all chronically infected people.<sup>[w30]</sup> In addition, specific efforts should be directed towards understanding and reducing harms associated with IDU practices among MSM.

#### CONCLUSIONS

HCV seroprevalence remained high among Montréal MSM between 2005 and 2018, likely reflecting frequent exposure to the virus among MSM living with HIV and MSM with a history of IDU. Unlike other settings where HCV infection was strongly associated with sexual risk factors among MSM subgroups, history of IDU was the pre-eminent risk factor for HCV seropositivity among Montréal MSM. Understanding the intersection of IDU contexts, practices and populations is essential to prevent HCV transmission among these overlapping populations.

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**Data availability statement** Data may be obtained from a third party and are not publicly available. Deidentified participant data used in this analysis are stored at the Direction régionale de santé publique Montréal and BCCFE. For information regarding these databases, and related access, please contact JC (joseph.cox@mcgill. ca; ORCID ID https://orcid.org/0000-0002-7041-1556), a principal investigator on both studies.

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