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Association of remnant cholesterol with coronary artery ectasia: a cross-sectional study

Jing Mu^{1,2†}, Yihan Weng^{2,3†}, Jiquan Xiao^{2,4}, Yusi Huang^{2,4}, Xiang He^{1,2}, Zhixin Xie⁵ and Huimin Yu^{1,2,6*}

Abstract

Objective Coronary artery ectasia (CAE) is a condition characterized by the localized or widespread dilation of one or more coronary arteries. The majority of CAE patients do not present with clinical symptoms, and the exact cause of CAE remains unclear. Therefore, a retrospective analysis was conducted to explore the potential causes of CAE.

Methods This study was a retrospective analysis of patients who underwent coronary angiography at Guangdong Provincial People's Hospital between January 2017 and July 2022, of whom 679 patients were ultimately enrolled in the study. Among them, 260 patients were diagnosed with CAE, whereas 419 patients with normal coronary results composed the control group. Remnant cholesterol (RC) was calculated as total cholesterol (TC) minus high-density lipoprotein cholesterol (HDL-C) minus low-density lipoprotein cholesterol (LDL-C). The association between RC levels and the risk of CAE was assessed via multivariable logistic models.

Results Out of the 679 patients who participated in this study, with an average age of 59.9 years, 38.3% were diagnosed with CAE. Patients with CAE had higher RC levels than did those without CAE ($P=0.001$). A significant positive association was observed between RC levels and the risk of CAE, with a multivariable adjusted odds ratio (OR) of 1.950 (95% confidence interval [CI]: 1.163–3.270). There was a significant positive association between RC levels and the risk of CAE in both single-vessel and multivessel dilation cases, as well as in isolated CAE and dilation secondary to coronary atherosclerosis. According to the subgroup analyses, RC levels were positively associated with the risk of CAE in participants with hypertension (OR, 1.065; 95% CI, 1.034–1.098).

Conclusion RC levels are positively correlated with CAE, implying that a focus on RC could be beneficial in CAE research.

Keywords Remnant cholesterol, Coronary artery ectasia, Coronary artery aneurysm

[†]Jing Mu and Yihan Weng have contributed equally to this work.

*Correspondence:

Huimin Yu

yuhuimin@gdph.org.cn

¹Department of Cardiology, Guangdong Provincial People's Hospital (Guangdong Academy of Medical Sciences), Southern Medical University, Guangzhou, China

²Guangdong Cardiovascular Institute, Guangdong Provincial People's Hospital, Guangdong Academy of Medical Sciences, Guangzhou, China

³Shantou University Medical College, Shantou, China

⁴School of Medicine, South China University of Technology, Guangzhou, China

⁵The First Affiliated Hospital of Guangdong Pharmaceutical University, Guangzhou Guangdong, China

⁶Department of Cardiology, Guangdong Provincial People's Hospital's Nanhai Hospital, Foshan, China



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Introduction

Coronary artery ectasia (CAE), also known as coronary artery aneurysm (CAA), is characterized by the abnormal dilation or widening of one or more coronary arteries, where the affected artery's diameter exceeds 1.5 times that of the adjacent normal segment [1, 2]. CAE is often discovered incidentally during coronary angiography or computed tomography, with estimated incidence rates ranging from 0.3 to 5%. Clinical symptoms vary from incidental findings to acute coronary syndrome, which is associated with an increased risk of acute myocardial infarction [3–5]. Men are more commonly affected than women are, and the condition tends to be more prevalent in the proximal segments of the coronary bed than in the distal segments [2]. The cause of CAE remains unknown, but it is believed to be associated with a combination of genetic predisposition and various risk factors, including atherosclerosis, inflammation, connective tissue disorders, abnormal lipoprotein levels, and vasculitis [6–9].

Sudhir et al. reported that patients with CAE presented a significant decrease in HDL-C levels, an increase in LDL-C levels, and a significant increase in the LDL/HDL ratio. Research by Jafari and collaborators revealed that HDL-C levels were inversely associated with the progression of CAE, whereas an increase in hemoglobin significantly influences the onset of CAE [10–12]. Therefore, the occurrence of CAE is closely associated with lipid levels.

Remnant cholesterol (RC) is derived by deducting both high-density lipoprotein cholesterol (HDL-C) and low-density lipoprotein cholesterol (LDL-C) from total cholesterol (TC), including intermediate-density lipoprotein (IDL), very-low-density lipoprotein (VLDL), and chylomicron remnants [13–15]. RC circulates in the plasma and accumulates in the subendothelial space, leading to vascular inflammation, which might serve as a mechanism for vascular dilation [13]. No research has previously investigated the relationship between RC levels and CAE. In this study, the objective was to explore the correlation between RC levels and the occurrence of CAE.

Methods

Study population

This study was a retrospective analysis of patients who underwent coronary angiography (CAG) at Guangdong Provincial People's Hospital from January 2017 to July 2022. The Guangdong Provincial People's Hospital performs approximately 5000 coronary angiography procedures annually, resulting in an estimated total of 30,000 CAG procedures performed from January 2017 to July 2022.

The study population was categorized into three groups: isolated CAE, CAD with dilation, and control. The inclusion criteria were as follows: for patients

who underwent coronary angiography, isolated CAE was defined as one or more coronary arteries that were ≥ 1.5 times larger than their adjacent normal counterparts. CAD with dilation was diagnosed in patients who had partial stenosis of more than 50% and partial dilation ≥ 1.5 times larger than the adjacent normal segments in the same vessel. The control group consisted of individuals who underwent coronary angiography with the same operator and during the same period as the CAE patients and who had negative results. The exclusion criteria were as follows: age < 18 years, previous coronary artery bypass grafting or stenting, severe valvular disease, malignancy, Kawasaki disease, and acute or chronic inflammatory disease.

According to the inclusion and exclusion criteria, 306 patients with coronary artery dilatation were included. Among these patients, 143 had isolated CAE, 21 of whom had missing data, and the remaining 163 had coronary artery disease (CAD) with dilation, 25 of whom had missing data. Thus, 260 patients were selected for inclusion in this study. The control group comprised 419 individuals with normal coronary angiograms.

The study was approved by the Guangdong Provincial People's Hospital Ethics Committee. Since this retrospective study involved only chart review, the patient consent requirement was waived.

Data collection

The demographics, clinical characteristics and cardiovascular risk factors (age, sex, drinking or smoking status, and medication use) of patients were collected by a resident physician. Upon admission, blood was extracted from patients' veins for the purpose of conducting biochemical and routine blood tests. The following blood biochemical parameters were measured: triglyceride (TG), total cholesterol (TC), HDL-C, LDL-C, apolipoprotein A1 (ApoA1), apolipoprotein B100 (ApoB100), lipoprotein a, glucose, high-sensitivity C-reactive protein (hsCRP), and creatinine. RC was calculated as TC minus HDL-C minus LDL-C, with the values for TC, HDL-C, and LDL-C measured by the laboratory department of Guangdong Provincial People's Hospital. Smoking status was categorized as current (smoking more than one pack per day for more than six months), former, or never. Drinking status data were collected by experienced resident physicians and categorized as current (alcohol consumption once or more per week), former, or never. Diabetes mellitus was defined as a fasting glucose level ≥ 126 mg/dL, a nonfasting glucose level ≥ 200 mg/dL, a self-reported diagnosis of diabetes mellitus, or a history of using hypoglycemic medications [16]. Hypertension was defined as having 3 consecutive SBP readings ≥ 140 mm Hg or DBP ≥ 90 mm Hg, self-reported a diagnosis of hypertension or a history of using

antihypertensive medications [17]. Hyperlipidemia was defined as a total serum cholesterol level ≥ 200 mg/dL, a self-reported diagnosis of hyperlipidemia or a history of use of lipid-lowering medications. The UHR is the uric acid/HDL ratio.

Statistical analysis

Categorical variables are presented as numbers (percentages). Continuous variables with a normal distribution are presented as the means \pm SDs, whereas nonnormally distributed variables are presented as the medians (interquartile ranges). For continuous variables, either analysis of variance (ANOVA) or the Kruskal–Wallis h test was applied as appropriate. For categorical variables, differences between groups were assessed via the χ^2 test. RC was categorized into four quartiles, with the lowest quartile serving as the reference group. The relationship between RC concentrations and the risk of CAE was assessed through forwards logistic regression analysis, yielding OR and 95% CI. Restricted cubic spline regression was also used to assess the association between RC levels and the risk of CAE. Statistical analyses were conducted via SPSS software (version 26.0).

Results

As shown in Fig. 1, the cohort study included 679 patients over 6 years. The CAE group consisted of 260 patients, whereas the control group comprised 419 patients without CAE (Fig. 1).

Baseline characteristics

The clinical characteristics of the patients in the study group are shown in Table 1. The mean \pm SD age of all the patients was 59.9 ± 10.8 years, 444 (65.4%) were men, 121 (17.8%) were current smokers, 67 (9.9%) were current drinkers, 307 (45.2%) had hypertension, 115 (16.9%) had diabetes, and 96 (14.1%) had hyperlipidemia. Compared with those without CAE, individuals with CAE were more likely to be male ($P < 0.001$), have a higher BMI ($P = 0.009$), and be smokers ($P = 0.016$). Additionally, they had a greater proportion of patients with hypertension ($P < 0.001$), diabetes ($P = 0.003$), and hyperlipidemia ($P < 0.001$), along with a greater use of antihypertensive medications ($P < 0.001$), hypoglycemic medication ($P = 0.015$), and lipid-lowering medication ($P < 0.001$). Moreover, no notable differences in age, SBP, DBP, or alcohol consumption status were observed between the two groups (Table 1).

Biochemical and hematological measurements

Table 2 shows the biochemical and hematological characteristics of the study population. RC was greater in the CAE group ($P = 0.001$), whereas the HDL-C and ApoA1 levels were greater in the control group ($P < 0.001$). Additionally, lipoprotein(a), triglyceride, and the LDL-C/HDL-C ratio were elevated in the CAE group ($P = 0.044$, $P = 0.006$, and $P < 0.001$, respectively). The serum creatinine level, hsCRP level, fibrinogen level, hemoglobin level, white blood cell count, uric acid level, and UHR

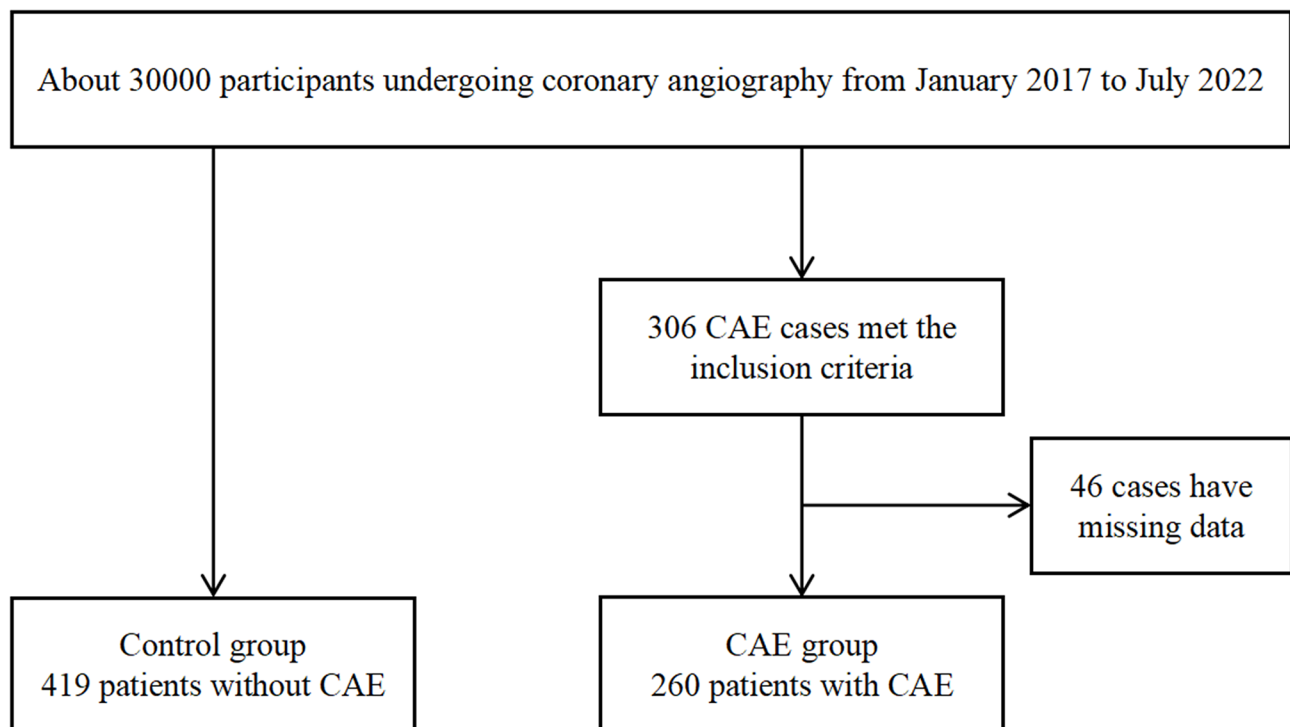


Fig. 1 The flowchart of this study. CAE, coronary artery ectasia

Table 1 Clinical characteristics of the study group

Characteristics	Total (n=679)	With CAE (n=260)	Control group (n=419)	P value
Age, years	59.9±10.8	59.2±11.9	60.3±10.0	0.331
Male, n (%)	444 (65.4)	208 (80.0)	236 (56.3)	<0.001
BMI, kg/m ²	24.9±3.7	25.3±3.8	24.7±3.7	0.009
SBP, mmHg	131.1±16.2	131.1±17.0	131.2±15.6	0.821
DBP, mmHg	78.8±11.3	79.2±12.4	78.5±10.5	0.448
Smoking status, n (%)				0.016
Never smoker	484 (71.3)	169 (65.0)	315 (75.2)	
Former smoker	74 (10.9)	36 (13.8)	38 (9.1)	
Current smoker	121 (17.8)	55 (21.2)	66 (15.8)	
Drinking status, n (%)				0.261
Never drinker	601 (88.5)	224 (86.2)	337 (90.0)	
Former drinker	11 (1.6)	6 (2.3)	5 (1.2)	
Current drinker	67 (9.9)	30 (11.5)	37 (8.8)	
Hypertension, n (%)	307 (45.2)	148 (56.9)	159 (37.9)	<0.001
Diabetes, n (%)	115 (16.9)	58 (22.3)	57 (13.6)	0.003
Hyperlipidemia, n (%)	96 (14.1)	54 (20.8)	42 (10.0)	<0.001
Antihypertensive medication, n (%)	241 (35.5)	116 (44.6)	125 (29.8)	<0.001
Hypoglycemic medication, n (%)	88 (13.0)	44 (16.9)	44 (10.5)	0.015
Lipid-lowering medication, n (%)	106 (15.6)	90 (34.6)	16 (3.8)	<0.001

BMI, body mass index; SBP, systolic blood pressure; and DBP, diastolic blood pressure.

were also greater in the CAE group (all $P < 0.05$). Total cholesterol, LDL-C, non-HDL-C, ApoB, and fasting glucose levels were similar among the groups.

Association between RC levels and CAE

Logistic regression analysis was performed to identify factors that independently predict the existence of ectatic arteries in the 4 different adjusted models (Table 3). The baseline characteristics of the participants stratified by RC quartiles are shown in Table S1. All the models

Table 2 Biochemical and hematological measurements of the study group

Characteristics	Total (n=679)	With CAE (n=260)	Control group (n=419)	P value
RC, mg/dL	20.2±10.2	22.3±11.4	18.9±9.1	0.001
Quartile 1, n (%)	173 (25.5)	58 (22.3)	115 (27.4)	
Quartile 2, n (%)	164 (24.2)	57 (21.9)	107 (25.5)	
Quartile 3, n (%)	176 (25.9)	64 (24.6)	112 (26.7)	
Quartile 4, n (%)	166 (24.4)	81 (31.2)	85 (20.3)	
TC, mg/dL	172.7±41.9	174.3±46.9	171.7±38.5	0.889
HDL-C, mg/dL	43.5±10.5	39.8±9.4	45.8±10.6	<0.001
LDL-C, mg/dL	109.0±32.2	112.2±36.0	107.1±29.5	0.158
Non-HDL-C, mg/dL	129.2±39.4	134.5±44.3	126.0±35.7	0.051
ApoA1, mg/dL	126.1±23.4	118.8±21.7	130.5±23.3	<0.001
ApoB, mg/dL	84.3±24.5	86.2±26.1	83.1±23.4	0.288
Lipoprotein(a), mg/dL	11.6 (5.8–24.0)	13.8 (5.9–27.9)	10.6 (5.8–21.5)	0.044
Triglyceride, mg/dL	121.3 (88.6–170.9)	127.5 (95.0–187.8)	119.6 (85.9–162.1)	0.006
LDL-C/HDL-C ratio	2.6±0.9	2.9±1.0	2.4±0.8	<0.001
Fasting glucose, mg/dL	100.7±28.5	100.1±27.4	101.1±29.2	0.943
Serum creatinine, mg/dL	0.9 (0.7–1.0)	0.9 (0.8–1.1)	0.8 (0.7–0.9)	<0.001
hsCRP, mg/L	0.5 (0.5–2.7)	0.7 (0.5–3.0)	0.5 (0.5–1.9)	0.002
Fibrinogen, mg/dL	327.0 (281.0–377.0)	338.5 (286.3–407.3)	318.0 (279.0–370.0)	0.006
Hemoglobin, g/dL	13.6±1.5	13.9±1.7	13.4±1.4	<0.001
White blood cell count, ×10 ⁹	6.6 (5.5–7.9)	6.9 (5.6–8.4)	6.5 (5.4–7.7)	0.004
Uric acid (mg/dl)	6.6±1.8	7.1±2.0	6.3±1.6	<0.001
UHR (%)	0.2±0.1	0.2±0.1	0.1±0.1	<0.001

RC, remnant cholesterol; TC, total cholesterol; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; hsCRP, high-sensitivity C-reactive protein; UHR, uric acid/HDL ratio.

Table 3 Association between RC concentrations and the risk of CAE

	Unadjusted Model OR (95% CI)	P value	Model 1 OR (95% CI)	P value	Model 2 OR (95% CI)	P value	Model 3 OR (95% CI)	P value
Quartile 1	1 (Reference)	/	1 (Reference)	/	1 (Reference)	/	1 (Reference)	/
Quartile 2	1.056 (0.673–1.657)	0.812	0.948 (0.595–1.509)	0.821	1.118 (0.667–1.874)	0.672	1.029 (0.609–1.738)	0.915
Quartile 3	1.133 (0.729–1.760)	0.578	1.072 (0.679–1.692)	0.765	1.302 (0.786–2.158)	0.305	1.196 (0.715–2.002)	0.495
Quartile 4	1.889 (1.219–2.929)	0.004	1.675 (1.061–2.645)	0.027	1.950 (1.163–3.270)	0.011	1.819 (1.079–3.067)	0.025
RC, mg/dL	1.033 (1.017–1.049)	<0.001	1.032 (1.015–1.049)	<0.001	1.034 (1.015–1.054)	<0.001	1.032 (1.013–1.052)	0.001

Model 1: adjusted for age, body mass index, and sex

Model 2: adjusted for age, body mass index, sex, systolic blood pressure, fasting glucose, antihypertensive medication use, lipid-lowering medication use, smoking status, and drinking status

Model 3: adjusted for Model 2 plus HDL-C.

demonstrated a statistically significant positive association between RC levels and the risk of CAE. According to the unadjusted model, the OR (95% CI) for the highest group compared with the lowest was 1.889 (1.219–2.929). Moreover, in Model 1, which was adjusted for RC quartiles, age, sex and body mass index, the OR (95% CI) for the highest group compared with the lowest was 1.675 (1.061–2.645). In Model 2, which was the fully adjusted model, further adjustments were made on the basis of Model 1. These adjustments included those for systolic blood pressure, fasting glucose, use of antihypertensive medication, use of lipid-lowering medication, smoking status, and drinking status. The OR (95% CI) for the highest group compared with the lowest was 1.950 (1.163–3.270). In Model 2, with RC levels included as a continuous variable, a one-unit increase in RC was correlated with a 3.4% higher risk of CAE (OR, 1.034; 95% CI, 1.015–1.054). The significant associations between RC levels and the risk of CAE remained after further adjustment for HDL-C levels (Model 3 in Table 3). When HDL-C, ApoA1, and triglyceride concentrations were considered continuous variables, in the fully adjusted Model 2, the significant associations of HDL-C and ApoA1 concentrations with the risk of CAE remained evident; however, the significant association between triglyceride concentrations and the risk of CAE was no longer evident (Table S2). Multivariable-adjusted spline regression models indicated that RC levels were linearly associated with the risk of CAE (Fig. 2).

Associations between RC concentrations and the risk of different types of CAE

The correlation between the number of dilated vessels and RC in individuals with CAE is shown in Table 4. RC levels were associated with the risk of CAE in both single-vessel dilation cases and multivessel dilation cases (all $P < 0.05$, Table 4). The analysis depicted in Table 5 revealed associations between RC levels and the risk of different types of CAE. The risk of both isolated CAE and dilation secondary to coronary atherosclerosis were associated with RC levels (all $P < 0.05$, Table 5).

Subgroup analyses

Further subgroup analysis was conducted, and the results are presented in Fig. 3. The participants were stratified by age, sex, body mass index, and diabetes status, and the association between RC levels and the risk of CAE remained evident (Fig. 3). However, a differential association was observed if the subgroups were divided by hypertension, indicating that the relationship was stronger in those with prevalent hypertension (interaction $P = 0.002$; Fig. 3).

Discussion

This research demonstrated a connection between RC concentrations and the risk of CAE for the first time, independent of conventional cardiovascular risk factors. Higher RC levels were positively associated with the occurrence of CAE. Additionally, an association between RC levels and the risk of CAE was discovered in both single-vessel and multivessel dilation cases. Moreover, the risk of both isolated CAE and dilation secondary to coronary atherosclerosis were correlated with RC levels. Subgroup analysis revealed a stronger association between RC levels and the risk of CAE among participants with hypertension. Additionally, individuals with CAE presented lower HDL-C levels and a greater LDL-C/HDL-C ratio than did the control individuals. These findings are consistent with cases of familial hypercholesterolemia and the findings reported in the study by Jafari et al. [10, 11]. Furthermore, ApoA1 levels were decreased in patients with CAE, whereas triglyceride levels were increased. After full adjustment, the significant associations of HDL-C and ApoA1 concentrations with the risk of CAE remained evident, whereas the significant association between triglyceride concentrations and the risk of CAE disappeared. Patients with CAE had a higher prevalence of hypertension. Moreover, in the subgroup analysis, the relationship between RC levels and the risk of CAE was stronger in those with hypertension. Hypertension might lead to turbulent blood flow and increased shear stress, resulting in enhanced remodelling and dilation of the coronary arteries [18]. In this study, consistent with the findings of Sincer et al., elevated hsCRP levels and an increased white blood cell count were observed in the CAE group [19]. Moreover, several studies have posited that inflammation is a key mechanism underlying CAE [18, 20]. The present study also revealed that uric acid concentrations and the UHR were greater in the CAE group than in the control group, which is consistent with the findings of Mansiroglu et al. [21].

Increasing evidence indicates that triglycerides, or RC, which are predominantly carried in plasma by TGRL, might play an important role in CVD risk. RC, a crucial cholesterol component, constitutes one-third of total cholesterol and contributes to 50% of the cholesterol found in atherosclerotic plaques. As the main protein constituent of HDL-C particles, both ApoA1 and HDL-C are generally considered to offer protection against atherosclerosis [22, 23]. CAE, a relatively rare cardiovascular condition, has been noted in various other conditions, such as Kawasaki disease; autoimmune diseases (including scleroderma, lupus erythematosus, and polyarteritis nodosa); connective tissue disorders (such as Marfan and Ehlers–Danlos syndrome); bacterial infections (such as Lyme disease and syphilis); and infrequent cases related to trauma, cocaine, or congenital factors [24]. Indeed,

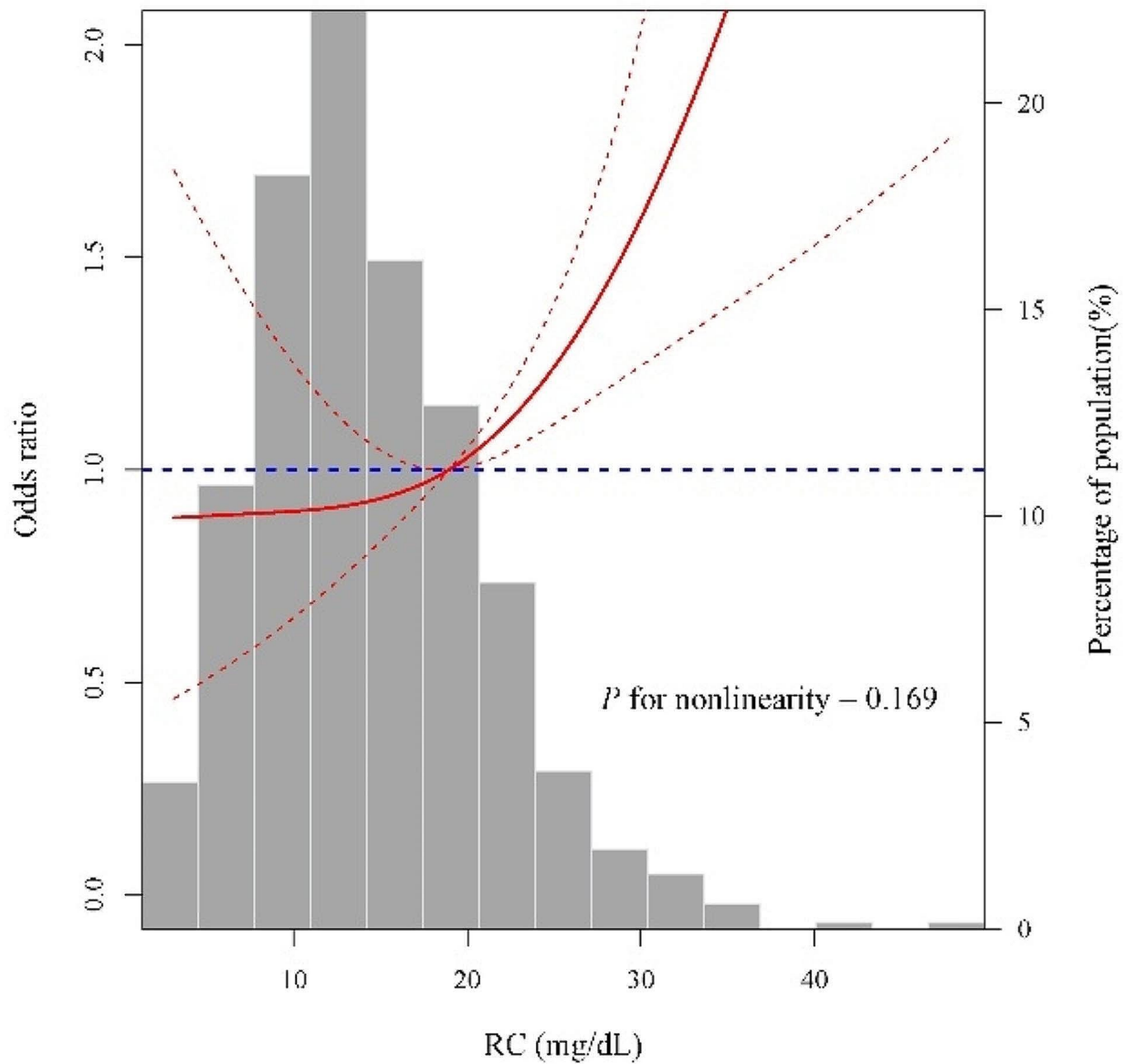


Fig. 2 Adjusted odds ratios of incident CAE by RC. The odds ratio was adjusted for age, body mass index, sex, systolic blood pressure, fasting glucose, antihypertensive medication use, lipid-lowering medication use, smoking status and drinking status. The red solid line represents the odds ratio of RC across the whole range. The red dotted line represents the 95% CI. The black dotted line is the reference line, with an odds ratio of 1. Histograms represent the frequency distributions of RC

Table 4 Associations between RC concentrations and the number of dilated vessels in CAE patients

RC	Unadjusted Model OR (95% CI)	P value	Model 1 OR (95% CI)	P value	Model 2 OR (95% CI)	P value	Model 3 OR (95% CI)	P value
Control	1 (Reference)	/	1 (Reference)	/	1 (Reference)	/	1 (Reference)	/
Single-vessel dilatation	1.033 (1.013–1.052)	0.001	1.035 (1.015–1.055)	0.001	1.035 (1.012–1.058)	0.002	1.033 (1.010–1.056)	0.005
Multivessel dilatation	1.034 (1.014–1.055)	0.001	1.029 (1.008–1.051)	0.006	1.034 (1.011–1.057)	0.003	1.032 (1.009–1.055)	0.005

Model 1: adjusted for age, body mass index, and sex

Model 2: adjusted for age, body mass index, sex, systolic blood pressure, fasting glucose, antihypertensive medication use, lipid-lowering medication use, smoking status, and drinking status

Model 3: adjusted for Model 2 plus HDL-C.

Table 5 Associations between RC concentrations and the risk of different types of CAE

RC	Unadjusted Model OR (95% CI)	P value	Model 1 OR (95% CI)	P value	Model 2 OR (95% CI)	P value	Model 3 OR (95% CI)	P value
Control	1 (Reference)	/	1 (Reference)	/	1 (Reference)	/	1 (Reference)	/
Isolated CAE	1.027 (1.007–1.048)	0.007	1.025 (1.005–1.046)	0.016	1.029 (1.007–1.051)	0.009	1.027 (1.006–1.050)	0.014
CAE with obstruction	1.038 (1.019–1.058)	< 0.001	1.039 (1.019–1.060)	< 0.001	1.040 (1.014–1.067)	0.003	1.038 (1.011–1.066)	0.006

Model 1: adjusted for age, body mass index, and sex

Model 2: adjusted for age, body mass index, sex, systolic blood pressure, fasting glucose, antihypertensive medication use, lipid-lowering medication use, smoking status, and drinking status

Model 3: adjusted for Model 2 plus HDL-C.

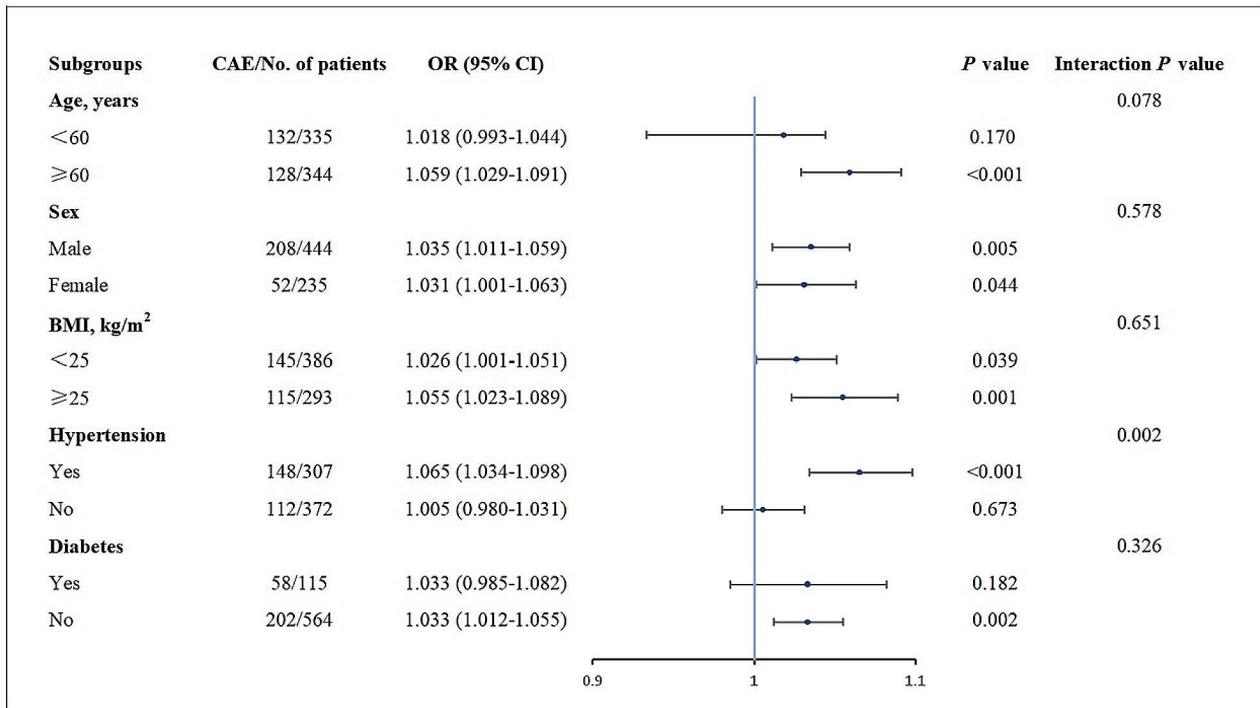


Fig. 3 Subgroup analyses of the association between RC concentrations and the risk of CAE. Adjusted for age, body mass index, sex, systolic blood pressure, fasting glucose, antihypertensive medication use, lipid-lowering medication use, smoking status, drinking status, hypertension, and diabetes, except for the stratification factor itself

there is debate over whether CAE should be viewed as a subset of atherosclerosis or as a distinct condition [7, 25]. While increasing evidence suggests that lipoproteins play a significant role in atherosclerosis development, their impact on CAE remains unclear. These results indicate that RC could be a potential therapeutic target for reducing CAE risk. Consequently, further research is needed to uncover new mechanisms that elucidate the relationship between RC levels and the risk of CAE.

Strengths and limitations

This study has several strengths. This is the first study to demonstrate the association between RC concentrations and the risk of CAE. Additionally, RC concentrations were independently associated with an increased CAE risk, even after adjusting for various confounders.

However, there are several limitations to this study. First, the number of enrolled patients was relatively small due to the low incidence of CAE. Second, this was a cross-sectional study, which allowed for the description of the condition but did not allow for the determination of causality. Third, the patients included in this study were exclusively inpatients at Guangdong Provincial People’s Hospital, which may have resulted in selection bias. Finally, although adjustments for relevant covariates were made as much as possible, the results may still have been influenced by multiple confounding factors. Hence, further studies are needed to validate these findings.

Conclusion

This cross-sectional analysis revealed a positive correlation between fasting RC levels and the risk of CAE. These findings suggest that lowering RC levels might be beneficial for preventing and managing CAE in patients. Further research is needed to confirm these results, elucidate the mechanisms linking RC to CAE, and explore the benefits of long-term RC-lowering treatments for CAE patients.

Abbreviations

CAE	Coronary Artery Ectasia
RC	Remnant cholesterol
TC	Total cholesterol
HDL-C	High-density lipoprotein cholesterol
LDL-C	Low-density lipoprotein cholesterol
OR	Odds ratio
CI	Confidence interval
IDL	Intermediate-density lipoprotein
VLDL	Very-low-density lipoprotein
CAG	Coronary angiography
CAD	Coronary artery disease
TG	triglyceride
ApoA1	Apolipoprotein A1
ApoB100	Apolipoprotein B100
hsCRP	high-sensitivity C-reactive protein
UHR	Uric acid/HDL ratio
BMI	Body mass index

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12944-024-02225-7>.

Supplementary Material 1

Supplementary Material 2

Acknowledgements

Not applicable.

Author contributions

These should be presented as follows: JM participated in data collection, data analysis and article writing. YW participated in data collection and data analysis. ZX and JX participated in data collection. YH and XH participated in data analysis. HY participated in design of study, supervision and project administration. All authors read and approved the final manuscript.

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Data availability

The data that support the findings of this study are available from Guangdong Provincial People's Hospital but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of Guangdong Provincial People's Hospital. No datasets were generated or analysed during the current study.

Ethics declarations

Ethics approval and consent to participate

The study was conducted according to the guidelines of the Declaration of Helsinki and approved by the Research Ethics Committee of Guangdong Provincial People's Hospital (KY2023-699-01).

Consent for publication

Before participating in the study, all participants signed up with informed permission.

Competing interests

The authors declare no competing interests.

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