

# Age-related changes in liver metabolism and antioxidant capacity of laying hens

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**ABSTRACT** This study aimed to investigate the age-related changes of hepatic metabolism and antioxidant capacity of laying hens at 3 different ages. A total of 192 Hy-line Brown laying hens were assigned into 3 groups: 1) 195-day-old (D195 group); 2) 340-day-old (D340 group); 3) 525-day-old (D525 group). Each group replicated 8 times with 8 hens at the same age. Higher activity of aspartate aminotransferase and lower contents of total protein and globulin were observed in the serum of 525-day-old hens in comparison with their 195-day-old counterparts ( $P < 0.05$ ). The 525-day-old hens accumulated higher contents of total cholesterol and triglyceride in the liver than 195-day-old birds. Additionally, compared with hens from D195 or D340 group, 525-day-old birds exhibited a lower circulating estradiol level ( $P < 0.05$ ). For antioxidant capacity, birds in the D525 group showed a higher malondialdehyde concentration in both

serum and liver as compared with D195 or D340 group ( $P < 0.05$ ). The 525-day-old hens also exhibited lower glutathione peroxidase activities in both serum and liver when compared with 195-day-old birds ( $P < 0.05$ ). Simultaneously, there was a decline of hepatic superoxide dismutase activity in the D525 group in comparison with D195 group ( $P < 0.05$ ). Compared with 195-day-old counterparts, 340-day-old birds upregulated the mRNA abundance of nuclear factor erythroid-2 related factor 2 and glutathione peroxidase 1 in the liver ( $P < 0.05$ ). In contrast, hens from D525 group showed the downregulation of hepatic nuclear factor erythroid-2 related factor 2, NAD(P)H quinone dehydrogenase 1, and superoxide dismutase 1 when compared with D340 group ( $P < 0.05$ ). These results indicated that increasing age can adversely affect liver metabolism and function of laying hens.

**Key words:** age, antioxidant capacity, laying hen, liver function, metabolism

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## INTRODUCTION

The laying hens undergo a temporary period of high egg production rate and then experience a gradual decline of productive performance after entering their peak laying stage (Tumova et al., 2017). This phenomenon occurs due to various reasons from age-related changes of digestive and reproductive systems (Peebles et al., 2006; Gu et al., 2021), internal metabolic pathways (Wang et al., 2019), intestinal microbial flora (Wang et al., 2020), etc. Of them, lipid metabolism constitutes an essential aspect in the process of egg formation, and it is also closely correlated with molecular actors and physiological characteristics of liver, the primary metabolic organ for laying hens (Gloux et al., 2019). A recent study has reported that the common structural changes naturally occurring in the aging

hepatocytes are the declined cellular volume and accumulation of cytoplasmic lipofuscin, one kind of highly oxidized and cross-linked protein that can induce oxidative stress (Pinto et al., 2020). In accordance with an investigation performed on the mice with different ages, the aging liver of old mice (28-mo-old) is characterized by the activated endoplasmic reticulum unfolded protein response, and increased immunological stress and hepatic damage compared with their 6-mo-old counterparts (Pagliassotti et al., 2017). Simultaneously, the disorders of lipid metabolism and related metabolic diseases can be exacerbated by the hepatic stress and damage during the aging process (Xiong et al., 2014). In addition, a previous report has revealed that an age-specific pattern of genes and proteins involving in the hepatic lipid metabolism can account for the underlying mechanism of fatty liver, which has a high incidence in the aging individuals (Li et al., 2008).

Aging is a natural and irreversible physiological process that can progressively produce harmful reactive oxygen species (ROS) (Lee et al., 2004). As a result, when endogenous antioxidants are insufficient to neutralize the excessive free radicals and peroxides in the organisms, the disruption of redox homeostasis and

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oxidative stress would inevitably occur (Estevez, 2015). In a cell culture trial, in comparison with younger mice (2-mo-old), liver progenitor cells from aging mice (24-mo-old) have been observed to exhibit degenerated activating and proliferating capacity due to the higher ROS production from neutrophils, leading to the impaired regenerative ability on the injury (Cheng et al., 2017). Sverko et al. (2004) also demonstrated that aging can trigger the oxidative stress in the liver tissues of male mice, as evidenced by the increment of indicators of lipid peroxidation (thiobarbituric acid reactive substances) and antioxidant capacity (glutathione peroxidase [GSH-Px] and catalase [CAT] activities). Similarly, elevated biomarker levels of oxidative stress response, antioxidant defence, and chronic inflammation were observed in the senescence-accelerated rodent models (Bayram et al., 2013). Further, mRNA abundance of antioxidant-related genes has been proven to alter from prenatal stage to adulthood (60-day-old) of mice, suggesting that age-dependent pattern of antioxidant genes could exist in the liver (Wu et al., 2019), and some changes can also be predicted to occur when animals enter their senior ages. Besides, during aging, ROS inducer (i.e., hydrogen peroxide) can increase the lipid synthesis and accumulation, coupled with the upregulated mRNA levels of genes related to cholesterol synthesis and uptake in the hepatocytes, indicating the negative effects of age-related oxidative stress on the fat deposition (Seo et al., 2019).

For domestic laying hens, it has been identified that the decline of egg production rate is correlated with decreased levels of gonadotrophin hormones and associated neuroendocrine mRNA expression (Cicccone et al., 2005), as well as the hepatic yolk precursors (Liu et al., 2018). Based on the prerequisite that older laying birds could be more vulnerable against the internal and external stimulation than their younger counterparts, substantial published papers have concentrated on the ameliorative effects of bioactive additives on the productive performance and physiological function of aged laying hens (Jia et al., 2016; Jiang et al., 2020; Liu et al., 2020). In fact, however, little is known about the effects of aging on the organ function or metabolism of laying hens. This study was, therefore, conducted to evaluate and compare the liver metabolism and antioxidant capacity with increasing age after the peak laying stage of hens, providing a foundation for the application of additives in the poultry industry.

## MATERIALS AND METHODS

### *Animals, Experimental Design, and Housing*

The experiment was carried out under the guidelines issued by the Animal Care and Use Committee of Nanjing Agricultural University, and the management of birds complied with an ethics committee-approved protocol established by the Jiangsu Provincial Department of Science and Technology (SYXK (SU) 2017-0007).

A total of 192 Hy-line Brown laying hens with different ages were obtained from Tiancheng Group (Jiangsu Province, P. R. China) where these birds were reared in 3 different houses. Each age was composed of 8 replicates of 8 hens. All birds were from the same parental generation. The age of them was 195-day-old (D195 group), 340-day-old (D340 group), and 525-day-old (D525 group), and the egg production rate was 95.8, 90.3, and 81.5%, respectively. The data of egg quality could be found in our previous research (Gu et al., 2021). Each bird was provided with the same maize-soybean meal basal diet of around 110 g per day. After being transferred to the experimental sites, hens were kept together in one house for a 2-wk adaptation period. Every 4 birds were raised in one cage, which was 60 cm in length, 50 cm in width, and 40 cm in height, in a temperature-controlled chicken room with a lighting schedule of 16 h of light and 8 h of darkness. Throughout the entire trial, the mash diets and water were provided ad libitum, and average ambient temperature and relative humidity were kept at 18 to 25°C and 40 to 60%, respectively.

### *Sample Collection*

After the 2-wk period, one bird from each replicate was selected for body weighing and sampling. The blood samples (around 5.0 mL each) were collected from the wing vein into sterile tubes to coagulate, and then centrifuged at 4,000 *g* for 15 min for serums. The serums were divided into 4 aliquots (around 0.5 mL each) and stored at −20°C for subsequent determination. Thereafter, the birds were euthanized and exsanguinated by cervical dislocation before the postmortem. The whole liver was then dissected immediately from other tissues and rinsed off with phosphate-buffered saline solution. After being dried by the filter paper, liver samples were weighed for the calculation of relative liver weight following the formula: relative liver weight (g/kg) = liver weight (g) / live body weight (kg). The right lobe of liver was then separated, collected, and frozen at −80°C until the further analysis.

### *Serum Biochemical Index and Hepatic Lipid Accumulation Analysis*

The levels of alanine aminotransferase (ALT), aspartate aminotransferase (AST), albumin, glucose, high density lipoprotein cholesterol, low density lipoprotein cholesterol, total cholesterol, total protein, and triglyceride in the serum were determined by colorimetric commercial kits purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing City, Jiangsu Province, P. R. China), as per the recommendations of the manufacturer. The serum globulin concentration was calculated as the difference between total protein and albumin contents.

Prior to the determination of lipid accumulation in the liver, around 0.5 g of thawed liver sample was homogenized with pre-cooled phosphate-buffered saline

solution at a ratio of 1: 9 (wt/vol) using an Ultra-Turrax homogenizer (Tekmar Co., Cincinnati, OH). The supernatant, obtained through a centrifugation at 4000 *g* at 4°C for 15 min, was used for the measurement of total cholesterol and triglyceride with the same kits aforementioned. The results were normalized against the total protein concentration in the supernatant.

### Measurement of Serum Reproductive Hormone Concentration

The contents of serum estradiol (**E<sub>2</sub>**), follicle stimulating hormone, luteinizing hormone, and progesterone were detected using commercial enzyme-linked immunosorbent kits (Nanjing Jiancheng Bioengineering Institute), strictly in accordance with protocols of manufacturer.

### Redox Status Determination

As described above, the hepatic antioxidant capacity assay also required the preparation of supernatants from liver tissues. The levels of CAT, malondialdehyde (**MDA**), glutathione, GSH-Px, superoxide dismutase (**SOD**), and total antioxidant capacity in both serums and liver supernatants were assayed with the commercial reagent kits (Nanjing Jiancheng Bioengineering Institute). The total protein concentration in the liver supernatant was also measured for the normalization and comparison. All experimental procedures were totally in accordance with manufacture's manuals.

### RNA Extraction and Qualification

The liver samples were homogenized in the TRIzol reagent (TaKaRa Biotechnology, Dalian City, Liaoning Province, P. R. China) for extracting the total RNA. The RNA concentration was quantified using a NanoDrop 1000 UV spectrophotometer (NanoDrop Technologies, Wilmington, DE), depending on the absorbance at the wavelength of 260/280 nm. Thereafter, RNA was adjusted to a concentration of 0.5 g/L, and 1.0  $\mu$ g RNA was immediately reversely transcribed into complementary deoxyribonucleic acids using the PrimeScript RT reagent kits (TaKaRa Biotechnology). The primer sequences of nuclear factor-erythroid 2-related factor 2 (**Nrf2**), kelch-like epichlorohydrin-associated protein 1 (**Keap1**), heme oxygenase-1 (**HO-1**), NAD(P)H quinone dehydrogenase 1 (**NQO1**), superoxide dismutase 1 (**SOD1**), superoxide dismutase 2 (**SOD2**), CAT, glutathione peroxidase 1 (**GPX1**), and  $\beta$ -actin were presented in Table 1. The  $\beta$ -actin was used as a housekeeping gene. Detection of amplified products was performed on an ABI StepOnePlus Real-Time PCR System (Applied Biosystems, Grand Island, NY). The reagents used for the PCR reaction were from the commercial TB Green Premix Ex Taq kits (TaKaRa Biotechnology). Subsequently, the quantitative real-time PCR was performed with the initial denaturation at 95°C for 30 s, followed by 40 cycles of 95°C for 5 s, and then

**Table 1.** Sequences for real-time PCR primers.

Items	Gene bank ID	Primer sequence, forward/reverse
Nrf2	NM_205117.1	CGCTTTCTTCAGGGGTAGCA AGTTCGGTGCAGAAGAGGTG
Keap1	XM_025145847.1	CCATCGACTGTTACAACCCCA ATACTCACCTCTCACGCTGC
HO-1	NM_205344.1	GTCGTTGGCAAGAAGCATCC GGGCCTTTTGGGCGATTTTC
NQO1	NM_001277619.1	GAGCGAAGTTCAGCCCAGTA AGAGGTTTTCTCAGGGTGCG
SOD1	NM_205064.1	GAGCGGGCCAGTAAAGGTTA CCCTTTCAGTCACATTGCC
SOD2	NM_204211.1	TGGGGGTGGCTTGGGTATAA CCCATACATCGATTCCCAGCA
CAT	NM_001031215.2	GCCACATGGTGACTACCCTC TGTTGCTAGGGTCATACGCC
GPX1	NM_001277853.2	AGTACATCATCTGGTCCGCG CTCGATGTCGTCCTGCAGTT
$\beta$ -actin	NM_205518.1	TGCTGTGTTCCCATCTATCG TTGGTGACAATACCGTGTTC

Abbreviations: CAT, catalase; GPX1, glutathione peroxidase 1; HO-1, heme oxygenase-1; Nrf2, nuclear factor-erythroid 2-related factor 2; NQO1, NAD(P)H quinone dehydrogenase 1; Keap1, kelch-like epichlorohydrin-associated protein 1; SOD1, superoxide dismutase 1; SOD2, superoxide dismutase 2.

the annealing stage at 60°C for 30 s. The end of PCR reaction was a melting curve analysis starting at 1 cycle at 95°C for 10 s, followed by the temperature from 65 to 95°C with an increase of 0.5°C per second in the PCR plate. All reactions were performed in triplicate. The amplification efficiency of each gene was close to 100% in the exponential phase of reaction. The quantities of mRNA expression of target genes relative to  $\beta$ -actin were measured by using  $2^{-\Delta\Delta CT}$  method (Livak and Schmittgen, 2001), and fold changes over the control group were presented as results.

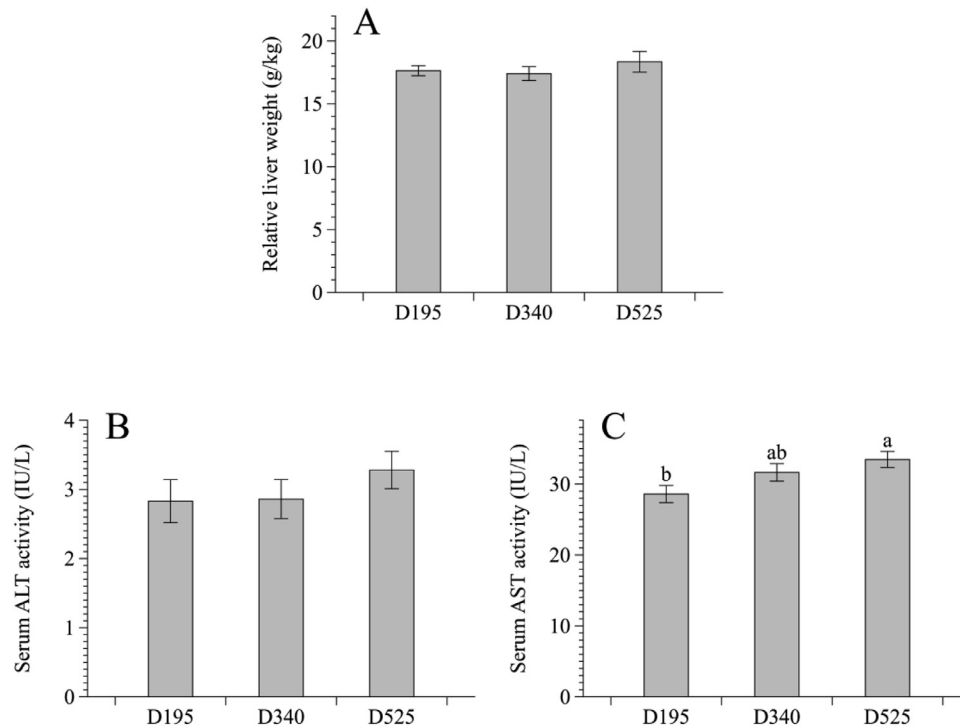
### Statistical Analysis

The data were analyzed by the one-way analysis of variance (**ANOVA**) under a completely randomized design using SPSS 19.0 statistical software (SPSS Inc., Chicago, IL). The experimental unit was defined as the individual bird from each replicate for measured parameters. The means of all variables among 3 ages were compared with Tukey's multiple range test. The probability (*P*) values less than 0.05 were considered statistically significant. Results were presented as means with pooled standard errors.

## RESULTS

### Liver Weight, Serum Biochemical Parameters, and Hepatic Lipid Accumulation

As shown in Figure 1, 525-day-old hens exhibited a higher AST activity in the serum in comparison with their 195-day-old counterparts (*P* < 0.05). However, age did not affect serum ALT activity and relative liver weight of birds, although there was a numerical increasing trend of these 2 indices in the D525 group compared with other 2 groups (*P* > 0.05).



**Figure 1.** Age-related changes in relative liver weight (A), and serum ALT (B) and AST (C) activities of laying hens. Data are presented as mean with the pooled standard error of each experimental group (8 replicates). <sup>ab</sup>Different letters above the error bar indicate significant difference ( $P < 0.05$ ). Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; D195, 195-day-old laying hens; D340, 340-day-old laying hens; D525, 525-day-old laying hens.

Compared with birds in the D195 group, lower contents of total protein and globulin were observed in the serum of 525-day-old hens (Table 2,  $P < 0.05$ ), whereas other serum parameters did not differ among 3 groups ( $P > 0.05$ ). In the liver, triglyceride, and total cholesterol contents were both higher in the D525 group than D195 group ( $P < 0.05$ ), with the level of D340 group being intermediate among 3 groups ( $P > 0.05$ ).

**Table 2.** Age-related changes in serum biochemical parameters and hepatic lipid accumulation of laying hens.

Items	Treatments			SEM	P-value
	D195	D340	D525		
<b>Serum</b>					
Albumin (g/L)	26.44	26.00	26.51	0.291	0.756
Globulin (g/L)	36.74 <sup>a</sup>	35.56 <sup>ab</sup>	31.99 <sup>b</sup>	0.789	0.030
Glucose (mmol/L)	13.03	13.11	12.81	0.347	0.943
HDL-C (mmol/L)	0.78	0.77	0.66	0.056	0.657
LDL-C (mmol/L)	0.20	0.21	0.24	0.020	0.794
Total cholesterol (mmol/L)	2.79	3.01	3.64	0.170	0.101
Total protein (g/L)	63.17 <sup>a</sup>	61.56 <sup>ab</sup>	58.49 <sup>b</sup>	0.806	0.047
Triglyceride (mmol/L)	9.41	9.55	10.58	0.428	0.501
<b>Liver</b>					
Total cholesterol (mmol/g protein)	0.190 <sup>b</sup>	0.215 <sup>ab</sup>	0.242 <sup>a</sup>	0.008	0.021
Triglyceride (mmol/g protein)	0.398 <sup>b</sup>	0.424 <sup>ab</sup>	0.451 <sup>a</sup>	0.008	0.027

Abbreviations: D195, 195-day-old laying hens; D340, 340-day-old laying hens; D525, 525-day-old laying hens; HDL-C, high density lipoprotein cholesterol; LDL-C, low density lipoprotein cholesterol.

<sup>ab</sup>Mean values within a row with different superscripts letters are significantly different at  $P < 0.05$ .

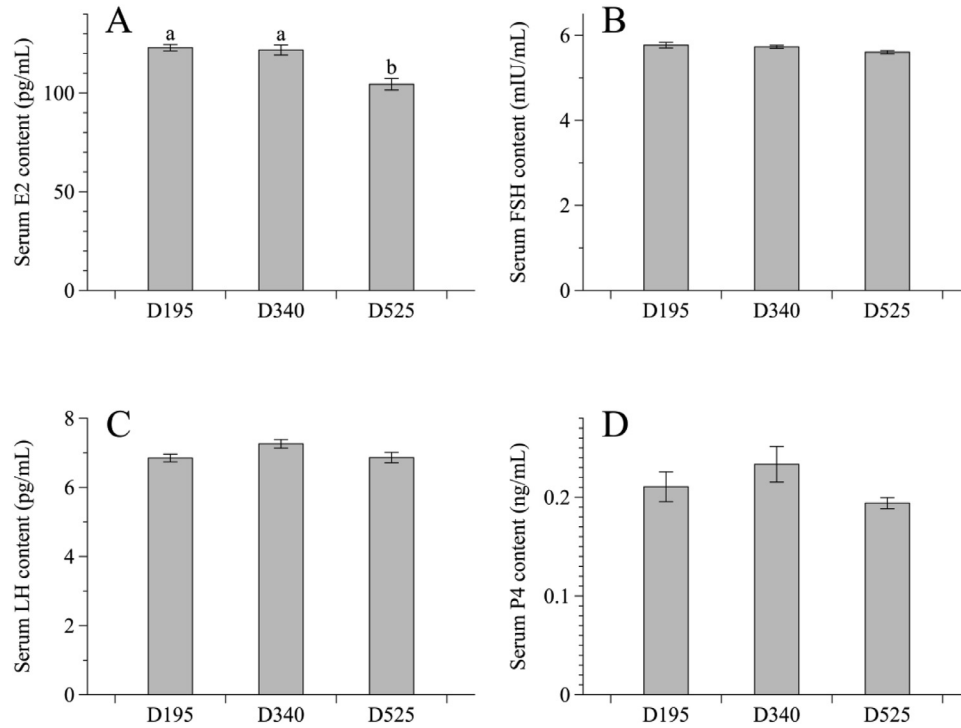
### Circulating Hormone Contents

Compared with D195 or D340 group, hens in the D525 group showed a lower  $E_2$  concentration in the serum (Figure 2,  $P < 0.05$ ), whereas no significant difference was observed in the levels of other serum reproductive hormones (follicle stimulating hormone, luteinizing hormone, and progesterone) among 3 ages ( $P > 0.05$ ).

### Serum and Hepatic Antioxidant Capacity

The serum MDA concentration of birds kept constant from D195 to D340 group (Table 3,  $P > 0.05$ ), whereas it increased significantly in the D525 group ( $P < 0.05$ ). The 525-day-old hens exhibited a lower serum GSH-Px activity than their 195-day-old counterparts ( $P < 0.05$ ), with the value of D340 group being intermediate among groups ( $P > 0.05$ ). Also, there was a trend of numerical decrease in serum total antioxidant capacity from 195-day- to 340-day- or 525-day-old birds ( $P = 0.055$ ). No significant difference or clear trends were observed in other serum antioxidant-related indices ( $P > 0.05$ ).

For hepatic antioxidant capacity, the birds from D525 group showed a higher MDA level in the liver tissues in comparison with other 2 groups (Table 4,  $P < 0.05$ ). The oldest laying hens exhibited the lower activities of GSH-Px and SOD in the liver than those birds from D195 group ( $P < 0.05$ ). However, other antioxidant-related data in the liver were similar among 3 ages ( $P > 0.05$ ).



**Figure 2.** Age-related changes in serum hormone concentrations of E<sub>2</sub> (A), FSH (B), LH (C), and P<sub>4</sub> (D) of laying hens. Data are presented as mean with the pooled standard error of each experimental group (8 replicates). <sup>ab</sup>Different letters above the error bar indicate significant difference ( $P < 0.05$ ). Abbreviations: D195, 195-day-old laying hens; D340, 340-day-old laying hens; D525, 525-day-old laying hens; E<sub>2</sub>, estradiol; FSH, follicle stimulating hormone; LH, luteinizing hormone; P<sub>4</sub>, progesterone.

**Table 3.** Age-related changes in serum antioxidant capacity of laying hens.

Items	Treatments			SEM	<i>P</i> -value
	D195	D340	D525		
CAT (U/mL)	1.41	1.56	1.33	0.064	0.321
MDA (nmol/mL)	3.59 <sup>b</sup>	3.66 <sup>b</sup>	4.99 <sup>a</sup>	0.233	0.014
GSH (mg/L)	6.15	4.38	4.41	0.431	0.162
GSH-Px (U/mL)	234.42 <sup>a</sup>	196.90 <sup>ab</sup>	178.66 <sup>b</sup>	7.688	0.005
SOD (U/mL)	253.55	260.00	244.15	6.012	0.578
T-AOC (U/mL)	2.22	1.72	1.70	0.102	0.055

Abbreviations: CAT, catalase; D195, 195-day-old laying hens; D340, 340-day-old laying hens; D525, 525-day-old laying hens; GSH, glutathione; GSH-Px, glutathione peroxidase; MDA, malondialdehyde; SOD, superoxide dismutase; T-AOC, total antioxidant capacity.

<sup>ab</sup>Mean values within a row with different superscripts letters are significantly different at  $P < 0.05$ .

**Table 4.** Age-related changes in hepatic antioxidant capacity of laying hens.

Items	Treatments			SEM	<i>P</i> -value
	D195	D340	D525		
CAT (U/mg protein)	22.97	22.66	22.22	0.428	0.787
MDA (nmol/mg protein)	2.00 <sup>a</sup>	2.25 <sup>a</sup>	2.39 <sup>b</sup>	0.057	0.012
GSH (mg/g protein)	26.09	24.57	24.50	0.380	0.156
GSH-Px (U/mg protein)	64.21 <sup>a</sup>	61.31 <sup>ab</sup>	59.02 <sup>b</sup>	0.769	0.014
SOD (U/mg protein)	266.41 <sup>a</sup>	267.52 <sup>ab</sup>	256.80 <sup>b</sup>	1.934	0.037
T-AOC (U/mg protein)	3.56	3.36	3.33	0.057	0.200

Abbreviations: CAT, catalase; D195, 195-day-old laying hens; D340, 340-day-old laying hens; D525, 525-day-old laying hens; GSH, glutathione; GSH-Px, glutathione peroxidase; MDA, malondialdehyde; SOD, superoxide dismutase; T-AOC, total antioxidant capacity; .

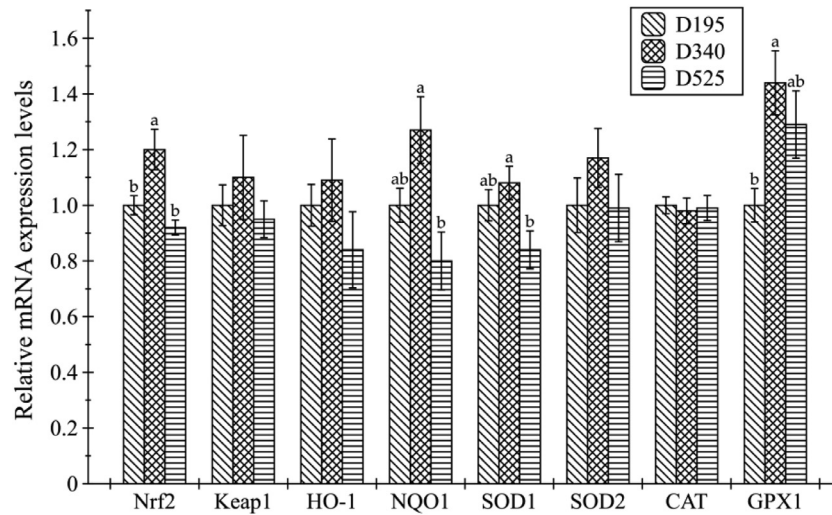
<sup>ab</sup>Mean values within a row with different superscripts letters are significantly different at  $P < 0.05$ .

## Hepatic mRNA Abundance

Compared with the youngest group, the mRNA abundance of hepatic Nrf2 and GPX1 increased in the D340 group (Figure 3,  $P < 0.05$ ). Conversely, birds showed the downregulation of Nrf2, NQO1, and SOD1 mRNA expression in the liver as the age increased from 340-day- to 525-day-old ( $P < 0.05$ ). However, no significant statistical difference was observed in the expression of other 4 genes, although there was a numerical increase of Keap1, HO-1, and SOD2 mRNA levels in the D340 group when compared with other groups ( $P > 0.05$ ).

## DISCUSSION

In cell and mice models, it has been widely proven that age has a close relationship with metabolism and organ function in accordance with in vitro and in vivo researches (Bonomini et al., 2015; Gong et al., 2017; Allaire and Gilgenkrantz, 2020). In this study, in comparison with younger counterparts, 525-day-old hens exhibited the higher AST activity but lower protein (total protein and globulin) levels in the serum, indicating that aging liver might have been injured (Hanley et al., 2004), and have poor protein synthesis efficiency (Papet et al., 2003). As liver is the primary metabolic organ for laying hens (Li et al., 2015a), these changes may influence the material synthesis and transfer through multiple pathways. Subsequently, we found that aged birds had higher concentrations of triglyceride and cholesterol deposited in their livers. Similarly, a



**Figure 3.** Age-related changes in mRNA expression levels of genes related to the hepatic antioxidant capacity of laying hens. Data are presented as mean with the pooled standard error of each experimental group (8 replicates). <sup>ab</sup>Different letters above the error bar indicate significant difference ( $P < 0.05$ ). Abbreviations: CAT, catalase; D195, 195-day-old laying hens; D340, 340-day-old laying hens; D525, 525-day-old laying hens; GPX1, glutathione peroxidase 1; HO-1, heme oxygenase-1; Keap1, kelch-like epichlorohydrin-associated protein 1; Nrf2, nuclear factor-erythroid 2-related factor 2; NQO1, NAD(P)H quinone dehydrogenase 1; SOD1, superoxide dismutase 1; SOD2, superoxide dismutase 2.

report has demonstrated that aging could promote lipid accumulation in the liver and white adipose tissues via increasing plasma insulin concentrations in senescence-accelerated rodent models (Honma et al., 2011). In accordance with substantial data, the excessive fat in the liver is responsible for the metabolic syndrome and diseases, thereby affecting the growth and productive performance of animals (Kuhla et al., 2011; Moradi et al., 2013; Shini et al., 2019). In addition, the present study indicated that aged hens exhibited a lower concentration of circulating  $E_2$ , which is a main category of estrogen and secreted from follicles in the ovary of laying hens. This alteration may imply the degenerative status of reproductive organs in older birds. In consistent with our finding, a similar result has been observed by Liu et al. (2018), who also demonstrated that  $E_2$  could influence lipid precursor formation by binding to the specific receptors in the liver (Liu et al., 2018). Meanwhile, a report has revealed that  $E_2$  can upregulate the expression of long noncoding RNAs, which are associated with hepatic lipid metabolism, especially for triglyceride biosynthesis and transport (Li et al., 2018). Besides, circulating  $E_2$  can also act as regulators of antioxidant-related gene expression and redox biology, and the decrease of it might lead to the degenerated antioxidant system of older individuals (Pajovic and Sagic, 2008; Bellanti et al., 2013).

Oxidative stress has been considered as a key factor contributing to the lipid accumulation and liver injury through complex signal transduction pathways (Czaja, 2007; Morita et al., 2012; Li et al., 2015b; Zhao et al., 2020), hence, the age-related antioxidant capacity has also been measured for evaluating the hepatic function of birds in the current study. In the antioxidant defence system, SOD is regarded as the first-line to detoxify superoxide radicals to hydrogen peroxide, which is then converted to water by CAT or to

nontoxic hydroxyl compounds by GSH-Px by using glutathione as a redundant (He et al., 2017). Accumulating evidence has suggested that aging can induce lipid peroxidation and protein oxidation, and lead to the delayed production and recovery of antioxidants, suppressing the hepatocyte proliferation, and liver tissue repair (Hanada et al., 2012; Cheng et al., 2017; Tanimizu et al., 2020). In line with these data, the present study also witnessed a decline of several antioxidant enzyme (SOD and GSH-Px) activities with increasing age in both serum and liver tissues. These findings implied that aging layers have regressive antioxidant capacity in response to stress conditions, rendering them more susceptible to the attack from reactive oxygen and free radicals, probably because of the inactive adaptive regulation of redox system (Surai and Kochish, 2019). Also, MDA, a final product of lipid peroxidation, was observed to increase in the serum and liver of birds in the D525 group, further indicating the adverse consequences of aging on the redox biology of laying hens. It was in accordance with a previous research of Coban et al. (2014), who have demonstrated that MDA, diene conjugate, and protein carbonyl all increase in the liver of aged Wistar rats (20-mo-old) compared with young rats (3-mo-old). Besides, as aforementioned, the elevated hepatic lipid deposition observed in this study can also be a possible explanation for the degenerated antioxidant capacity of aged birds (Aikawa et al., 2002). To further verify the effects of age on hepatic redox status in laying hens, the mRNA abundance of associated genes in the liver were also detected in this study. The Nrf2-Keap1 signaling pathway provides an efficient and vital protection against harmful oxidants (Huang et al., 2015). Upon activating the code gene Nrf2, the coordinated genes related to antioxidation and detoxication, such as NQO1, HO-1, SOD1, SOD2, CAT, GPX1, etc., are triggered and transcribed to resist against the

oxidative stress (Huang et al., 2002; Jung and Kwak, 2010). In the present study, the relatively lower levels of Nrf2, NQO1, and SOD1 were observed in the D525 group compared with D340 group, and it was parallel with the changes of the associated antioxidant enzymes in the serum and liver, providing a more convincing interpretation for the compromised antioxidant defence system in the aging liver. However, we also saw a rise in the expression of Nrf2 and GPX1 from D195 to D340 group, although there was no difference in the protein levels of antioxidant enzymes between these 2 groups. The upregulated expression of antioxidant genes can be explained by the fact that more severe redox imbalance has occurred with increasing age at an adult stage, and thus more members in the gene reservoir need to be mobilized for counterbalancing the adverse consequences (Wu et al., 2019). With respect to the discrepancy in antioxidant enzymes, it might have something to do with the increase of circulating ROS and protein carbonyl levels at the middle age compared with the younger age, resulting in a higher consumption of antioxidants (Luceri et al., 2018). Additionally, for older (525-day-old) laying hens, our results indicated that they might have lacked the ability of upregulating the associated antioxidant genes, and a similar result has been reported in a previous research (Collins et al., 2009).

In conclusion, the results of this study suggested that age can affect the metabolic process and lead to the impairment of liver function of laying hens, including the increased lipid deposition and degenerated antioxidant capacity from the peak at young age to the late laying stage. These findings will provide a guideline for ameliorating feeding program and management of older laying hens to improve their productive performance.

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## DISCLOSURES

The authors declare no conflict of interest with respect to the authorship and publication of this article.

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