

ORIGINAL RESEARCH

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Does team leader gender matter? A Bayesian reconciliation of leadership and patient care during trauma resuscitations

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Abstract

Objective: Team leadership facilitates teamwork and is important to patient care. It is unknown whether physician gender-based differences in team leadership exist. The objective of this study was to assess and compare team leadership and patient care in trauma resuscitations led by male and female physicians.

Methods: We performed a secondary analysis of data from a larger randomized controlled trial using video recordings of emergency department trauma resuscitations at a Level 1 trauma center from April 2016 to December 2017. Subjects included emergency medicine and surgery residents functioning as trauma team leaders. Eligible resuscitations included adult patients meeting institutional trauma activation criteria. Two video-recorded observations for each participant were coded for team leadership quality and patient care by 2 sets of raters. Raters were balanced with regard to gender and were blinded to study hypotheses. We used Bayesian regression to determine whether our data supported gender-based advantages in team leadership.

Results: A total of 60 participants and 120 video recorded observations were included. The modal relationship between gender and team leadership ($\beta = 0.94$, 95% highest density interval [HDI], -.68 to 2.52) and gender and patient care ($\beta = 2.42$, 95% HDI, -2.03 to 6.78) revealed a weak positive effect for female leaders on both outcomes. Gender-based advantages to team leadership and clinical care were not conclusively

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supported or refuted, with the exception of rejecting a strong male advantage to team leadership.

Conclusions: We prospectively measured team leadership and clinical care during patient care. Our findings do not support differences in trauma resuscitation team leadership or clinical care based on the gender of the team leader.

KEYWORDS

Bayesian analysis, gender, leadership, resuscitation, teamwork, trauma

1 | INTRODUCTION

1.1 | Background

There is a growing body of research evaluating physician gender-based differences in health care delivery,^{1,2} including 2 studies specifically evaluating the relationship between team leader gender and resuscitation performance.^{3,4} Resuscitation team leadership is a critical skill for physicians from a variety of health care specialties.

Effective team leadership is linked to better patient care,⁵ and failures in team leadership can lead to adverse events and present a threat to patient safety.^{6,7} Significant gender-based differences in team leadership could have major implications for physician training, team dynamics, workplace culture, and patient preferences.

Research demonstrates there are gender-based differences in medical education assessment and feedback practices.^{8–11} Specific to team leadership, Ju et al demonstrated that physician trainees scored female team leaders less favorably than male team leaders acting in a standardized simulation-based resuscitation.¹² In other words, male and female actors portraying the same, scripted, team leader role were evaluated differently, with male actors scoring more favorably.

1.2 | Importance

Understanding whether there are inherent gender-based differences in team leadership skills, separate from any superimposed bias in assessment practices, is important. A true difference in leadership skills should prompt modifications to current leadership training efforts within medical education to close this gap. However, if differences stem primarily from gender bias in assessment practices, efforts should focus on the assessment tools themselves, as well as training medical educators and others who use them. Two existing studies explore the relationship between team leader gender and patient care during resuscitations; however, these studies have conflicting results and neither provide a prospective evaluation of team leadership in the clinical setting.^{3,4}

1.3 | Goals of this investigation

We prospectively evaluated both team leadership and patient care in emergency department (ED) trauma teams led by male and female physicians during actual trauma resuscitations. We used Bayesian methodology to expand on previous efforts^{3,4} evaluating the relationship between gender and both team leadership and patient care to more accurately determine the likelihood of gender-based advantages to team leadership.

2 | METHODS

2.1 | Study design

We performed a secondary analysis of data from a larger randomized controlled trial to examine the relationship between team leader gender and the quality of (1) team leadership and (2) patient care.⁵ In the original study we evaluated the impact of a simulation-based team leadership training on these same outcomes using video recordings of actual ED-based trauma resuscitations (ClinicalTrials.gov Identifier: NCT03155490). The current study uses the preintervention data collected from April 2016 to December 2017. The University of Washington Institutional Review Board approved this study.

2.2 | Participants and setting

Participants included 60 second- and third-year emergency medicine and general surgery residents assigned to the trauma resuscitation team leader role at Harborview Medical Center, an urban, Level 1 trauma center within the University of Washington that serves a 5state region (AK, WA, WY, MT, ID), and has over 5000 trauma-related admissions per year. Per institution protocol, all participants were certified in Advanced Trauma Life Support before functioning as trauma team leaders. Study participation was voluntary and a research coordinator obtained written consent before video recording. Participants completed a demographic survey at the time of enrollment.

2.3 | Data collection

Adult trauma resuscitations were included if (1) they were led by an enrolled study participant and (2) they met trauma team activation criteria as outlined in the Harborview Medical Center Trauma Registry.¹³ Resuscitations were excluded if the patient was (1) pregnant, (2) pronounced dead or left the ED within 5 minutes of arrival, (3) under do not resuscitate or comfort care orders, (4) in police custody, or (5) found to have non-traumatic mechanisms or isolated burns as a primary diagnosis. Videos were blurred to obscure patient identity. Two video-recorded observations were included for each participant, resulting in 120 observations. Patient characteristics and patientrelated covariates (eg, injury severity score [ISS])¹⁴ were extracted from the Harborview Medical Center trauma registry for each patient. We included ISS as a covariate in this team leadership study because ISS reflects the scope of tasks required by the team and team leader.

2.4 | Outcome measures and coding

The team leadership and patient care measures were developed through an iterative process that provided evidence of validity as described by Cook et al.¹⁵ The specific steps included a thorough review of the literature and input from subject experts (content validity), as well as rater training and duplicate coding of a portion of the observations to determine interrater reliability (internal structure) across a range of performance levels.^{5,16} Additionally, scores from the team leadership measure were shown to correlate with patient care measure scores as predicted by conceptual models of functional team leadership (relationship to other variables).^{5,17}

The leadership measure targeted important team leadership behaviors identified through 2 systematic reviews and subject matter expert input.^{18,19} Example behaviors that were captured before and during the resuscitation included information sharing, stating a plan, seeking input, task assignment, and initiating a team huddle. The maximum composite team leadership score was 38. The measure, as well as additional information regarding the supporting validity evidence, was published with the original study.⁵

The patient care measure was based on existing trauma care guidelines and checklists as well as input from subject matter experts.²⁰⁻²⁵ The patient care measure was flexible, containing some conditional items that were dependent on patient condition. Example items that were universal to all observations included assessing the airway, assessing mental status, and obtaining/confirming vascular access. Example items that were conditional (ie, dependent on patient condition) included transfusing blood products and performing a focused assessment with sonography for trauma. The maximum composite patient care score ranged from 20 to 38. Scores were normalized to a 100-point scale to allow comparison across observations. The measure, as well as additional information regarding the supporting validity evidence, was published with the original study.¹⁶

Two independent groups of trained raters coded the observations for team leadership (n = 4) and patient care (n = 2). Raters were balanced with regard to gender and blinded to the study hypotheses. For the team leadership measure 56% of the observations (n = 67) were coded in duplicate. Following recommendations by Byrt et al, we calculated the probability and bias adjusted kappa (PABAK) for each item to adjust for prevalence given the measure was targeting low base rate events.²⁶ The mean PABAK was 0.97 across all items. For the patient care measure 15% of the observations (n = 18) were coded in dupli-

The Bottom Line

Prior studies suggest that female team leaders perform less favorably than male team leaders in simulation-based resuscitation. This study used updated assessment strategies, including Bayesian analysis, to appraise leader performance during live clinical trauma resuscitations. The study found no gender-based performance advantages in either leadership quality or clinical care.

cate, with a mean Cohen's κ of 0.72 across all items. Additional details regarding rater training and the coding process are available in the original study.⁵

2.5 | Analysis

Team leader demographics and resuscitation characteristics were compared between female and male team leaders. Categorical data were compared using Pearson chi-square test of independence. Interval data were compared using independent-samples *t* test.

We elected to examine the effects of gender on leadership and patient care outcomes in our data using a Bayesian analytic framework.^{27,28} In contrast to null hypothesis significance testing which conventionally involves choosing a *single* "null" hypothesis (eg, the difference between male and female leadership skills = 0) and examining the probability that one's data/findings would be observed if that null hypothesis were true (eg, p(data|hypothesis))—Bayesian approaches attempt to summarize the probability of *all* possible hypotheses given the observed data/findings and prior beliefs about the plausibility of those possible hypotheses (p(hypothesis|data)).²⁹ Bayesian inference is particularly useful for interpreting the questions raised in the present study because (1) there are conflicting results in the literature about the magnitude and direction of gender differences in leadership and patient care and (2) it allows us to evaluate the plausibility of different hypotheses about these effects based on our data.

Consistent with standard practices for conducting a Bayesian analysis, our analyses proceeded as follows.²⁹ First, the statistical model for examining the effects of gender on our outcomes of interest was defined. Our data involved multiple observations of leadership skill and patient care for each participant; consequently, we specified a 2-level random effects regression model to account for non-independence in these nested data:

Level1 (observation/patient) : $DV_{ij} = \pi_{0i} + \pi_{1i} (ISS_{ij}) + e_{1i}$ Level2 (participant) : $\pi_{0i} = \beta_{00} + \beta_{01} (Gender_i) + e_{2i}$ $\pi_{1i} = \beta_{10}$

where DV_{it} represents the team leadership behavior or patient care dependent variable for leader *i* on patient *j*, ISS_{ij} is a control variable for the injury severity of the patient, and leader gender is a dummy-coded

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variable (men = 0 and women = 1). β_{01} is the term of principal interest, specifying the average difference between genders on the dependent variable. Statistical analyses were conducted in RStan, an R interface for Stan (Stan Development Team, 2019).³⁰

Second, we selected diffuse normal distributions centered at 0 to represent our prior beliefs for each of the modeled parameters (ie, β 's). The selection of this prior distribution meant that we did not privilege any credible hypothesis regarding the magnitude or direction of gender effects on leadership or patient care scores as more plausible (ie, the believability of hypotheses within the normally expected range for these gender effects were essentially equal). We chose this non-committal prior given that the previous work by Amacher et al and Meier et al offered conflicting results regarding the magnitude and direction of gender differences and neither study specifically evaluated team leadership during actual patient care.^{3,4}

We fit our regression model to the data to compute the posterior distribution for each of the modeled parameters. The posterior distribution in Bayesian statistics summarizes the plausibility of all possible values for each modeled parameter given the observed data/findings and the prior beliefs (eg, how plausible is $\beta_{01} = .5$? $\beta_{01} = 1$? $\beta_{01} = -2$?). A highest density credibility interval (HDI) can be computed for this posterior distribution to summarize the range of most credible/believable estimates from the analysis. For the present analyses, the modal posterior parameter estimates (ie, the β_{01} with the highest plausibility) and 95% HDI for the effects of gender on each outcome are reported.

In addition to interpreting the 95% HDI of the posterior distributions, we also sought to examine the extent to which the magnitude and direction of the gender differences in leadership and patient care observed in our study were consistent with those reported by Amacher et al and Meier et al, respectively.^{3,4} To do so we first transformed the effects reported by these authors into standardized effect sizes so that they could be meaningfully compared against our results.³¹ For team leadership, we used the odds ratios reported by Amacher et al for the primary outcome to calculate a standardized effect size of a Cohen's d = 0.58 in favor of men.³ For patient care, we used the odds ratios reported by Meier et al for 2 primary outcomes: likelihood of return of spontaneous circulation (d = 0.17) and survival to discharge (d = 23).⁴ We averaged these findings to calculate and overall standardized effect size of a Cohen's d = 0.20 in favor of women. These computed effect sizes for leadership and patient care were subsequently translated into β estimates so that they could be placed on the same scale as the regression coefficients computed in our analyses and used for comparison.

Rather than compare the plausibility of a single possible effect size/point estimate for a hypothesis (ie, $\beta = .5$), it is common in Bayesian statistics to evaluate the plausibility of a *range* of plausible values that are, for all intents and purposes, equivalent (ie, any value for β between .4 and .6 is functionally the same as $\beta = .5$).²⁹ This is most easily accomplished by evaluating the extent to which the 95% HDI of a posterior distribution overlaps with a "region of practical equivalence" (ROPE)

specifying a range of values that are practically indistinguishable from one another.

For the present analyses, we established a ROPE around the effect sizes for team leadership and patient care computed from Amacher et al and Meier et al that could be compared against the posterior HDI computed from our findings.^{3,4} To inform our choices for the size of the ROPEs, we relied on Cohen's guidelines to identify a range of parameter values around both effect sizes that would differ by less than a conventionally small effect size (ie, the difference between the lower and upper limit of the ROPE corresponds with a small effect).³²

Although the specific purpose for comparing the posterior HDI and ROPEs in our analyses was to compare our conclusions to those reported in the literature on gender differences in leadership and patient care, a unique value of Bayesian statistics is the potential to evaluate the extent to which one's results are consistent with alternative conclusions as well. That is, although we sought to evaluate the extent to which our findings support Amacher et al's conclusion of a male advantage in team leadership,³ we can also examine the extent to which our results are instead supportive of a female advantage or no gender differences in leadership. Similarly, although we sought to evaluate the extent to which our results were consistent with Meier et al's conclusion of a female advantage in patient care,⁴ we can examine the extent to which our findings are instead suggestive of a male advantage or no gender differences in this outcome. This is accomplished by simply "moving" the ROPEs, which serve as the point of comparison, such that they are centered on parameter estimates consistent with a particular conclusion. Consequently, we compared the posterior HDI computed for gender differences in both the leadership and clinical care metrics against ROPEs reflecting a male advantage, female advantage, or no difference in these outcomes.

The extent to which our data supported these different conclusions was assessed by examining the overlap between the posterior HDI and each corresponding ROPE. By convention, if the 95% HDI shares no overlap with the ROPE, the target value is rejected as a credible estimate and if the 95% HDI is completely contained within the ROPE, the target value is accepted as a credible estimate.²⁹ If the 95% HDI and ROPE partially overlap, there are insufficient data to determine whether the target value is a credible estimate.

3 | RESULTS

Team leader demographics by team leader gender are provided in Table 1. Patient and resuscitation characteristics by team leader gender are provided in Table 2. There were no significant differences in the leader, patient, or resuscitation characteristics between male and female team leaders, with the exception of patient ethnicity. Team leadership and patient care scores were weakly correlated (r = 0.22, 95% confidence interval, 0.4–0.38).

Correlations between other variables, including gender and ISS, were not significant. Descriptive statistics and correlations for the study variables are provided in Table 3.

TABLE 1	Characteristics of participants by gender
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Team leader characteristic	Male (n = 40)	Female (n = 20)	
Age, year; mean (SD)	30 (2.6)	29 (1.4)	
Race, % (n)			
American Indian or Alaskan Native	0	0	
Black or African American	2.5 (1)	5 (1)	
Native Hawaiian or Other Pacific Islander	0	0	
Asian	20 (8)	5 (1)	
White	70 (28)	85 (17)	
Other	7.5 (3)	5 (1)	
Ethnicity, % (n)			
Hispanic or Latino	7.5 (3)	0	
Not Hispanic or Latino	92.5 (37)	100 (20)	
Residency year, % (n)			
Postgraduate training year 2	52.5 (21)	60 (12)	
Postgraduate training year 3	47.5 (19)	40 (8)	
Specialty, % (n)			
General surgery	25 (10)	25 (5)	
Emergency medicine	75 (30)	75 (15)	

SD, standard deviation.

3.1 | Parameter estimation: team leadership

The posterior estimates for the relationship between gender and team leadership are presented in Figure 1. The modal relationship between

gender and team leadership was $\beta_{01} = 0.94$ (95% HDI, -.68 to 2.52). The intercept value was 7.14 (5.74, 8.50) and the ISS estimate was 0.03 (-.02, .08). The extent to which the observed relationship between gender and team leadership supported the effect reported by Amacher et al³ was assessed by comparing the overlap between the posterior HDI with ROPEs reflecting a male-advantage effect ($\beta_{01} = -2.63$, lower bound = -3.54, upper bound = -1.72), a null effect ($\beta_{01} = 0$, lower bound = -0.91, upper bound = 0.91), and a female-advantage effect ($\beta_{01} = 2.63$, lower bound = 1.72, upper bound = 3.54). The present data do not support a male-advantage effect consistent with the size observed by Amacher et al.³ The extent to which the observed results were more consistent with a null or female-advantage leadership effect is inconclusive.

3.2 | Parameter estimation: patient care

The posterior estimates for the relationship between gender and patient care are presented in Figure 2. The modal relationship between gender and patient care was $\beta_{01} = 2.42$ (95% HDI, -2.03 to 6.78). The intercept value was 59.9 (55.4, 64.2) and the ISS estimate was 0.13 (-0.04, 0.29). The extent to which the observed relationship between gender and patient care supported the effect reported by Meier et al⁴ was assessed by comparing the overlap between the posterior HDI with ROPEs reflecting a male-advantage effect ($\beta_{01} = -2.52$, lower bound = -5.04, upper bound = 0), a null effect ($\beta_{01} = 0$, lower bound = -2.52, upper bound = 2.52), and a female-advantage effect ($\beta_{01} = 2.52$, lower bound = 0, upper bound = 5.04). The posterior HDI partially overlapped the ROPEs for all 3 comparisons, indicating that the observed effects fail to offer conclusive support for a male, female, or null advantage.

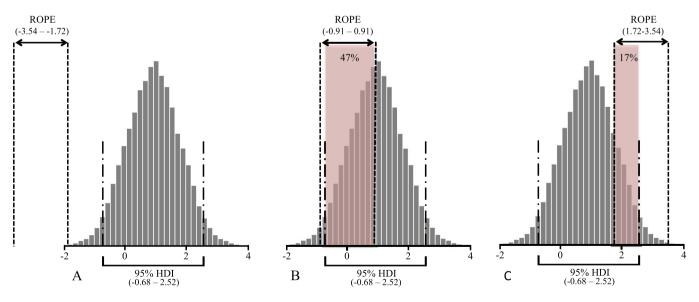


FIGURE 1 Posterior distribution of relationship between gender and team leadership behaviors comparing plausibility of male-advantage, null, and female-advantage effects. Each plot presents the same posterior distribution with a mean of 0.94 (95% HDI, -0.68 to 2.52). Plot (A) displays a ROPE centered on a male-advantage effect, plot (B) displays a ROPE centered on a null effect, and plot (C) displays a ROPE centered on a female-advantage effect. By convention, a model is rejected if 0% of the ROPE lies within the 95% HDI and is inconclusive if the ROPE partially overlaps the 95% HDI.²⁹ ROPE, region of practical equivalence; HDI, highest density interval

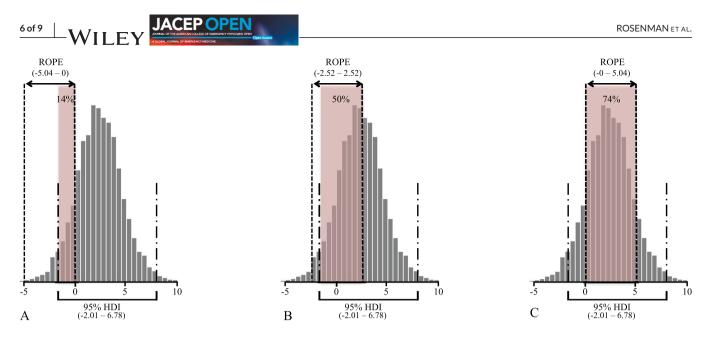


FIGURE 2 Posterior distribution of relationship between gender and patient care comparing male-advantage, null, and female-advantage effects. Each plot presents the same posterior distribution with a mean of 2.42 (95% HDI: -2.03 to 6.78). Plot (A) displays a ROPE centered on a male-advantage effect, plot (B) displays a ROPE centered on a null effect, and plot (C) displays a ROPE centered on a female-advantage effect. By convention, a model is inconclusive if the ROPE partially overlaps the 95% HDI.²⁹ ROPE, region of practical equivalence; HDI, highest density interval

The parameter estimates presented here are informed by previously published work; however, a summary table of potential credible parameter estimates for both sets of analyses is provided in Table S1. Parameter estimates for the 2 constructs are strongly convergent.

3.3 Limitations

Our study has several limitations. First, team leaders were assessed in the clinical setting within actual health care teams. Although this increases the relevance of the findings, it also introduces team variability. The resuscitation teams varied in size and composition, factors we were unable to include in statistical models. Furthermore, team interdependence makes it difficult to isolate an individual's performance. We included 2 observations for each team leader to mitigate this threat; however, we cannot exclude team factors as a potential influence on the team leader. Another potential limitation is the use of novel team leadership and patient care assessment measures. The development and application of these measures provide supporting evidence of validity specific to this study setting; however. they have not been used in other contexts. Finally, this study was conducted at a single academic institution using resident team leaders in trauma resuscitations. As a result, these findings may not be generalizable to more experienced physicians, different practice sites, or different types of resuscitations.

There are also limitations specific to Bayesian analyses. For parameter estimation, using priors that inadequately represent the phenomenon under consideration can result in misleading inferences.³³ We used diffuse uninformed priors instead of potentially flawed priors from the extant literature. Doing so ensured that the posterior distribution for our parameter estimates were primarily informed by our observed data, rather than building on an assumption of a genderbased advantage to team leadership. Although this practice is reasonable when a study is the first of its kind, future research should use the present results to inform prior distributions involving gender effects on leadership and patient care behaviors. Finally, the sample size for the present study was relatively small. The HDI was wider than the ROPEs used in our parameter estimation, which precluded us from accepting a parameter estimate as reasonable, beyond rejecting a strong maleadvantage effect.

4 DISCUSSION

Prior work suggesting inherent gender-based differences in team leadership skills was controversial.^{3,4} Amacher et al demonstrated that within medical student teams, male team leaders made more "secure" team leadership statements and their teams maintained more handson time during the first 3 minutes of cardiopulmonary resuscitation.³ However, their work was conducted in a simulated setting with novice participants. In contrast, Meier et al reviewed 1082 in-hospital cardiac arrests and found that resuscitations led by females had higher rates of return of spontaneous circulation and survival to discharge.⁴ The work by Meier et al found a difference in patient outcomes but not in the quality of the cardiopulmonary resuscitation delivered (eg, compression rate and depth), leaving the mechanism for the difference in clinical outcomes unknown.

In our study we address several limitations present in prior work. We prospectively assessed the performance of designated team leaders during 2 unique clinical events using metrics that focus on behaviors rather than on leadership style. Furthermore, we measured both performance (patient care) and process (team leadership)

TABLE 2	Patient and resuscitation characteristics by gender of
team leader	

Patient characteristics	Resuscitation with male team leader (n = 77) ^a	Resuscitation with female team leader (n = 41)ª	
Patient gender, % (n)			
Male	84.4 (65)	80.5 (33)	
Female	15.6 (12)	19.5 (8)	
Patient age, mean (SD), years	42 (17.4)	46 (18)	
Patient race, % (n)			
White	81.8 (63)	68.3 (28)	
Black	7.8 (6)	14.6 (6)	
Asian	2.6 (2)	7.3 (3)	
Pacific Islander/Native Hawaiian	1.3 (1)	0 (0)	
Native American	1.3 (1)	9.8 (4)	
Other or not identified	5.2 (4)	O (O)	
Patient ethnicity, $^{\rm b}$ % (n)			
Hispanic	16.9 (13)	4.9 (2)	
Non-Hispanic	77.9 (60)	95.1 (39)	
Not reported	5.2 (4)	O (O)	
Injury severity score ^c , mean (SD)	20.4 (14.2)	22.6 (15.8)	
Trauma team activation level ^d , % (n)			
Full	58.4 (45)	63.4 (26)	
Modified	41.6 (32)	36.6 (15)	
Cause of trauma, % (n)			
Blunt	72.7 (56)	75.6 (31)	
Penetrating	27.3 (21)	24.4 (10)	
Primary transport mode ^e , % (n)			
Ground transport	56.6 (43)	65.9 (27)	
Aeromedical transport	42.2 (32)	24.2 (14)	
Self-presentation	1.3 (1)	0 (0)	
Type of response ^f , % (n)			
Transfer	37.3 (29)	36.6 (15)	
Field	62.3 (48)	63.4 (26)	

SD, standard deviation.

 $^{a}N = 118$, patient and resuscitation characteristic data missing for 2 observations.

^bSignificant difference between groups (P = 0.047).

^cBaker et al.¹⁴.

^dAs per trauma activation criteria¹³.

 $^{e}N = 117$, 1 event had no arrival mode reported.

^fTransfer patients arrived from another healthcare facility, whereas field responses did not receive care at another facility before arrival.

simultaneously as recommended in the team science literature.³⁴ Our results do not support previously reported gender-based advantage to team leadership.

Our work adds to the body of literature examining the role of gender in resuscitation team leadership and clinical performance; however, JACEP OPEN

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TABLE 3 Descriptive statistics and correlations of study variables, including patient care and leadership performance

Variable	М	SD	1	2	3
1. Gender	0.33	0.47			
2. ISS	21.01	14.71	.09		
			[10, .26]		
3. Patient care score	63.34	12.88	.10	.15	
			[08, .27]	[03, .33]	
4. Leadership score	8.10	3.98	.13	.12	.22*
			[05, .30]	[07, .29]	[.04, .38]

ISS, injury severity score; M, mean; SD, standard deviation.

Values in square brackets indicate the 95% confidence interval for each correlation.

*Indicates P < 0.05.

we would suggest that ongoing attempts to identify gender-based superiority or inferiority in team leadership are misplaced. Effective team leadership consists of a set of discrete behaviors that can be defined, trained, and assessed. Thus we agree with Meier et al that all appropriately trained physicians, regardless of gender, can provide high-quality resuscitation care.⁴

Studies in other domains report gender-based differences in leadership style that affect leadership emergence in various contexts, with male leaders favored in task-related events.³⁵ However, leadership style does not equate with leadership effectiveness³⁶ and current approaches to evaluating team leadership may be contributing to the reported gender gap in performance. Although society and perceptions have evolved over time, gender-based expectations still exist.³⁷ In health care, effective resuscitation team leadership is often described as "assertive," "dominant," or "directive," and residents from both emergency medicine and internal medicine have described challenges faced by female team leaders attempting to fit a prescribed leadership style.^{38,39}

Team leadership is a complex construct and effective team leaders do more than just delegate and command. It is crucial that training initiatives and assessments account for the numerous ways in which a team leader can promote team performance. This includes supporting the attitudes, behaviors, and cognition of the team.⁴⁰ A rigorous evaluation of trauma teams characterized leadership as (1) contingent, depending on the needs of team; (2) functional, with the team leader picking up tasks or roles to ensure the job is done; (3) flexible, adapting to changing team and patient conditions; and (4) shared, allowing for emergence of leadership behaviors from other team members.⁴¹ Although this work was specific to trauma teams, it may be applicable in other resuscitation teams that face similar challenges, such as variability in team composition. Regardless of team type, leadership assessments that rely on leadership style can contaminate outcomes when evaluating gender-based performance, such as the focus on directive leadership leading to the conclusion of "inferior female leadership" in work by Amacher et al.³ To advance resuscitation team leadership practices we must focus on training and assessing effective leadership skills in an equitable manner.

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In conclusion, our prospective evaluation of team leadership and patient care during trauma resuscitations does not support a strong gender-based advantage in resuscitation team leadership. Team leadership is a complex construct, and it is crucial that training initiatives and assessments account for the numerous ways in which a team leader can promote team performance. Focusing on the behaviors, not inherent traits,⁴² that constitute effective team leadership will allow resuscitation leaders to optimize their individual and team performance, irrespective of gender.

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CONFLICTS OF INTEREST

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AUTHOR CONTRIBUTIONS

EDR, JAG, and RF conceived of the study concept and design. RF obtained research funding. EDR, AM, JO, SMB, AKC, MCV, and RF acquired the data, with AM, GTC, and SWJK providing statistical expertise. EDR, AM, JO, SMB, GTC, SWJK, JAG, RF performed the analysis and interpretation of the data. EDR, AM, and JAG drafted the article. EDR, AM, JO, SMB, AKC. MCV, GTC, SWJK, and RF all performed critical revision of the article for important intellectual content.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of the article.

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