#### **ORIGINAL ARTICLE**



# The ratio of serum C-reactive protein level on postoperative day 3 to day 2 is a good marker to predict postoperative complications after laparoscopic radical gastrectomy for gastric cancer

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Received: 12 October 2021 / Accepted: 14 February 2022 / Published online: 23 February 2022 © The Author(s) 2022

#### Abstract

**Purpose** Study reported that C-reactive protein (CRP) would peak at 48 h after the initiation of an acute inflammatory response. We proposed that the ratio of CRP level on postoperative day 3 to day 2 (POD3/2 CRP) can be used to early predict major postoperative complications (PCs) for patients who underwent laparoscopic radical gastrectomy.

**Methods** Patients were randomized into training cohort and validation cohort at a ratio of 7:3. PCs greater than grade II or more, according to Clavien-Dindo classification, were defined as major PCs. Three predictive models for major PCs based on CRP level were constructed, including POD3/2 CRP, the CRP level on POD3 (POD3 CRP), and the ratio of CRP level on POD3 to POD1 (POD3/1 CRP). The performances of three prediction models were assessed by AUC. Univariate and multivariate logistic regression analyses were performed to identify risk factors of major PCs.

**Results** 344 patients were included. Major PCs were observed in 57 patients (16.6%). In the training cohort, POD3/2 CRP provided the best diagnostic accuracy with an AUC of 0.929 at an optimal cut-off value of 1.08, and the sensitivity and specificity were 0.902 and 0.880, respectively. In the validation cohort, the corresponding AUC was 0.917. BMI  $\ge$  25 kg/m<sup>2</sup> and POD3/2 CRP > 1 were identified as risk factors for major PCs.

**Conclusion** POD3/2 CRP is a reliable marker to predict major PCs after laparoscopic radical gastrectomy. If CRP is higher on POD3 than on POD2, major PCs are highly likely.

Keywords C-reactive protein · Postoperative complications · Laparoscopic radical gastrectomy · Gastric cancer

# Introduction

Gastric cancer (GC) is the fifth most common malignant tumor worldwide [1]. Even though significant improvements have achieved in surgical techniques and perioperative management, the morbidity rate after laparoscopic gastrectomy is still high [2–6]. Major postoperative complications (PCs) prolonged the hospitalization and increased mortality rate. It is reported that major PCs were also a risk factor of poor prognosis [7–10]. However, major PCs are often diagnosed

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<sup>2</sup> Shantou University Medical College, No. 22, Xinling Road, Shantou 515041, China after the patient develops severe clinical symptoms, which makes patient requires major clinical interventions such as intensive care and reoperation. Therefore, it is of great importance to diagnose major PCs at early time.

C-reactive protein (CRP) is an important systemic inflammatory marker. Elevated CRP level was ahead of the onset of descriptive clinical manifestation and positive imaging findings. There are several studies utilizing serum CRP level at a certain day to early predict major PCs for patients who underwent gastrectomy. However, the reported cut-off value varied greatly [11–15]. Study reported that CRP would peak at 48 h after the initiation of an acute inflammatory response [16]. So, we proposed that the ratio of CRP level on POD3 to day 2 (POD3/2 CRP) can be used to early predict major PCs for patients who underwent laparoscopic radical gastrectomy.

In this study, we aimed to investigate whether POD3/2 CRP can be used as an early predictor for major PCs, and to

		Distal gastrectomy	Total gastrectomy	Proximal gastrec- tomy
Gastrectomy-specific ERAS	Preoperative nutrition for malnourished patients	0	0	0
care	Preoperative oral pharmaconutrion			
	Laparoscopic access	0	0	0
	Transversus abdominis plane block	0	0	0
	Nasogastric/nasojejunal decompression	0		
	Avoiding the use of abdominal drains			
	Early postoperative diet and artificial nutrition	0		
	Audit	0	0	0
General ERAS care	Dedicated preoperative counselling	0	0	0
	Abstinence of smoking and alcohol consumption	0	0	0
	Do not use mechanical bowel preparation	0	0	0
	Preoperative fasting and preoperative treatment with carbohydrates	0	0	0
	Optimal anaesthetic management	0	0	0
	Preanaesthetic medication			
	Antithrombotic prophylaxis	0	0	0
	Antimicrobial prophylaxis and skin preparation	0	0	0
	Epidural analgesia			
	Intravenous analgesia through PCA	0	0	0
	Multimodal intervention for PONV	0	0	0
	Avoiding intraoperative hypothermia	0	0	0
	Postoperative glycemic control	0	0	0
	Near-zero fluid balance	0	0	0
	Removing urinary drainage on POD1-2	0	0	0
	Stimulation of bowel movement	0	0	0
	Early and scheduled mobilization	0	0	0

ERAS enhanced recovery after surgery; PCA patient-controlled analgesia; PONV postoperative nausea and vomiting; POD postoperative day

compare the diagnostic accuracy of POD3/2 CRP for major PCs with other reported predictive models.

# **Materials and methods**

# **Patients and data**

Patients who underwent laparoscopic radical gastrectomy for gastric cancer from January 2017 to December 2020 were included in this study. Patients with missing value for CRP levels on POD1 to POD3 were excluded from this study. Patients who suffered from infectious diseases with elevated CRP levels before surgery were also excluded. Patients' data were retrieved from a prospectively maintained database which was updated by surgeon monthly, including age, gender, body mass index (BMI), preoperative serum albumin level, American Society of Anesthesiologists (ASA) score, neoadjuvant chemotherapy, TNM stage according to the 8th edition of AJCC/UICC classification for gastric cancer, type of resection, combined resection, operation time, blood loss, PCs, and postoperative hospitalization.

# Classification and diagnosis of postoperative complications

In this study, pneumonia, pleural effusion, anastomotic leakage, bleeding, duodenal stump leakage, abdominal abscess, ileus, chylous leakage, and surgical site infection were analyzed. The Clavien-Dindo classification was adopted for the classification of postoperative complications. Major PCs were defined as PCs of grade II or more. Patients with PCs of grade I, or who had no PCs, were classified into the minor/no PCs group. Pneumonia, pleural effusion, ileus, and abdominal abscess were confirmed by the computer tomography (CT) scan. Anastomotic leakage and duodenal stump leakage were diagnosed by CT and abnormal drainage.

Table 2 Patients' characteristics and differences between major complications group and minor/no complications group in training cohort

Characteristics	Total	Major complications <sup>a</sup>	Minor/no complications <sup>a</sup>	p value	
	N = 240 (%)	n = 41 (%)	n = 199 (%)	1	
Age					
< 65 years	126 (52.5)	21 (51.2)	105 (52.8)	0.857	
$\geq$ 65 years	114 (47.5)	20 (48.8)	94 (47.2)		
Gender					
Male	164 (68.3)	30 (73.2)	134 (67.3)	0.296	
Female	76 (31.7)	11 (26.8)	65 (32.7)		
BMI (kg/m <sup>2</sup> )	22.15 (19.71-24.01)	23.20 (21.78-26.15)	21.78 (19.38-23.70)	$0.002^{b}$	
Preoperative serum albumin level (g/L)	$37.71 \pm 4.20$	$38.51 \pm 3.32$	$37.55 \pm 4.35$	0.719	
ASA score					
Ι	26 (10.8)	4 (9.8)	22 (11.1)	0.949	
II	207 (86.3)	36 (87.8)	171 (85.9)		
III	7 (2.9)	1 (2.4)	6 (3.0)		
Neoadjuvant chemotherapy					
Yes	26 (10.8)	4 (9.8)	22 (11.1)	1.000	
No	214 (89.2)	37 (90.2)	177 (88.9)		
TNM stage					
Ι	79 (32.9)	16 (39.0)	63 (31.7)	0.143	
II	58 (24.2)	5 (12.2)	53 (26.6)		
III	103 (42.9)	20 (48.8)	83 (41.7)		
Type of resection					
Distal gastrectomy	104 (43.3)	12 (29.3)	92 (46.2)	0.017	
Total gastrectomy	121 (50.4)	23 (56.1)	98 (49.3)		
Proximal gastrectomy	15 (6.3)	6 (14.6)	9 (4.5)		
Combined resection					
Yes	7 (2.9)	1 (2.4)	6 (3.0)	1.000	
No	233 (97.1)	40 (97.6)	193 (97.0)		
Operation time (min)	312.5 (255–312.5)	360 (295-442.5)	300 (250-340)	< 0.001	
Blood loss (ml)	50 (30-100)	100 (50-200)	50 (30-100)	0.010 <sup>b</sup>	
Postoperative hospitalization (day)	8 (6–10)	8 (6–9)	19 (11–37.5)	< 0.001	

BMI body mass index; ASA American Society of Anesthesiologists

<sup>a</sup>The major complication group was defined as patients with postoperative complications (PCs) of grade II or more according to the Clavien-Dindo classification. Patients with PCs of grade I, or who had no PCs, were classified into the minor/no PCs group

<sup>b</sup>Mann-Whitney test

#### Surgical procedure and postoperative management

Most patients received D2 lymph node dissection. Additional mediastinal lymph nodes resection was performed for patients with Siewert type II adenocarcinoma of esophagogastric junction. Billroth II anastomosis was adopted for distal gastrectomy. Roux-en-Y anastomosis was carried out during total gastrectomy. As for proximal gastrectomy, double-tract anastomosis was the most common. The procedure of anastomosis was performed through laparoscopic approach or open approach. Patients who underwent distal gastrectomy were managed according to the enhanced recovery after surgery (ERAS) principle [17]. For patients who received total gastrectomy or proximal gastrectomy, oral diet was permitted only if esophageal dynamic radio-graphy demonstrated no evidence of anastomotic leakage on POD4 (Table 1).

#### **Statistical analysis**

Patients were randomized into a training cohort and a validation cohort at a ratio of 7:3.

The Wilcoxon rank-sum test was used for non-normally distributed data. The  $\chi^2$  test was performed to compare the enumeration data. The diagnostic accuracy of predictive models for major PCs was assessed by the area under the receiver operator curve (AUC). The optimal cut-off values were calculated by maximizing Youden's index (sensitivity + specificity - 1). Univariate and multivariate logistic

 Table 3
 Patients' characteristics and differences between major complications group and minor/no complications group in validation cohort

Characteristics	Total	Major complications <sup>a</sup>	Minor/no complications <sup>a</sup>	p value	
	N = 104 (%)	n = 16 (%)	n = 88 (%)		
Age					
< 65 years	63 (60.6)	8 (50.0)	55 (62.5)	0.347	
$\geq 65$ years	41 (39.4)	8 (50.0)	33 (37.5)		
Gender					
Male	67 (64.4)	12 (75.0)	55 (62.5)	0.406	
Female	37 (35.6)	4 (25.0)	33 (37.5)		
BMI (kg/m <sup>2</sup> )	21.62 (19.91-24.17)	22.12 (20.54-25.05)	21.48 (19.64-23.62)	0.136 <sup>b</sup>	
Preoperative serum albumin level (g/L)	$38.25 \pm 3.86$	$37.76 \pm 3.61$	$38.34 \pm 3.91$	0.585	
ASA score					
Ι	11 (10.6)	1 (6.3)	10 (11.4)	0.394	
II	89 (85.6)	15 (93.7)	74 (84.1)		
III	4 (3.8)	0 (0.0)	4 (4.5)		
Neoadjuvant chemotherapy					
Yes	12 (11.5)	2 (12.5)	10 (11.4)	1.000	
No	92 (88.5)	14 (87.5)	78 (88.6)		
TNM stage					
Ι	39 (37.5)	3 (18.8)	36 (40.9)	0.213	
II	30 (28.8)	6 (37.5)	24 (27.3)		
III	35 (33.7)	7 (43.7)	28 (31.8)		
Type of resection					
Distal gastrectomy	45 (43.3)	4 (25.0)	41 (46.6)	0.090	
Total gastrectomy	52 (50.0)	9 (56.3)	43 (48.9)		
Proximal gastrectomy	7 (6.7)	3 (18.7)	4 (4.5)		
Combined resection					
Yes	1 (1.0)	0 (0.0)	1 (1.1)	1.000	
No	103 (99.0)	16 (100.0)	87 (98.9)		
<b>Operation time (min)</b>	300 (270–345)	345 (277.5–405)	300 (266.25–335)	0.030 <sup>b</sup>	
Blood loss (ml)	50 (50-100)	50 (50–150)	50 (50-100)	0.184 <sup>b</sup>	
Postoperative hospitalization (day)	8 (6–10)	29.5 (11.5–38.5)	7 (6–9)	< 0.001	

BMI body mass index; ASA American Society of Anesthesiologists

<sup>a</sup>The major complication group was defined as patients with postoperative complications (PCs) of grade II or more according to the Clavien-Dindo classification. Patients with PCs of grade I, or who had no PCs, were classified into the minor/no PCs group

<sup>b</sup>Mann-Whitney test

regressions were utilized to identify risk factors for postoperative complications. A two-side p value < 0.05 was considered significant. Statistical analysis was performed on SPSS (version 22.0 for Windows; SPSS Inc., Chicago, IL) and R software (version 4.0.3; http://www.r-project.org).

# Results

## **Clinicopathologic characteristics**

A total of 344 patients were enrolled in this study. Three hundred forty-four patients were randomized into a training cohort and a validation cohort at a ratio of 7:3.

As shown in Table 2, the training cohort was comprised of 164 males and 76 females with a median age of 64 (54.25–70) years. The median BMI was 22.15 (19.71–24.01) kg/m<sup>2</sup>, and the average preoperative serum albumin level was 37.71  $\pm$  4.20 g/L (reference range: 40–55 g/L). The proportions of patients of stages I, II, and III were 32.9%, 24.2%, and 42.9%, respectively. 10.8% patients received neoadjuvant chemotherapy, and 2.9% patients underwent combined resection, including cholecystectomy, partial transverse colectomy, and splenectomy. 50.4% patients underwent laparoscopic total gastrectomy.

The validation cohort consisted 67 males and 76 females with a median age of 61.5 (51.25–67) years. The median BMI was 21.62 (19.91–24.17) kg/m<sup>2</sup>, and the average

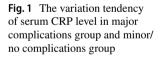
#### Table 4 Information about major complications

Type of postoperative complications	No. (%)	Clavien- Dindo clas- sification			
		II	III	IV	V
Anastomotic leakage	24 (7.0)	4	12	6	2
Pneumonia and pleural effusion	10 (2.9)	6	4		
Ileus	7 (2.0)	5	2		
Bleeding	4 (1.2)	1	2	1	
Duodenal stump leakage	2 (0.6)	1	1		
Abdominal abscess	4 (1.2)	1	3		
Chylous fistula	1 (0.3)	1			
Surgical site infection	1 (0.3)	1			
Other	4 (1.2)	1	2	1	
Total	57 (16.6)	21	26	8	2

preoperative serum albumin level was  $38.25 \pm 3.86$  g/L. The proportions of patients of stages I, II, and III were 37.5%, 28.8%, and 33.7%, respectively. 11.5% patients received neoadjuvant chemotherapy. The rate of combined resection was 1.0%. About 50% patients underwent laparoscopic total gastrectomy (Table 3).

# Relationship between major PCs and clinical characteristics

As shown in Table 4, major PCs were observed in 57 patients (16.6%), including anastomotic leakage in 24 (7.0%), pneumonia and pleural effusion in 10 (2.9%), ileus in 7 (2.0%), and bleeding in 4 (1.2%).

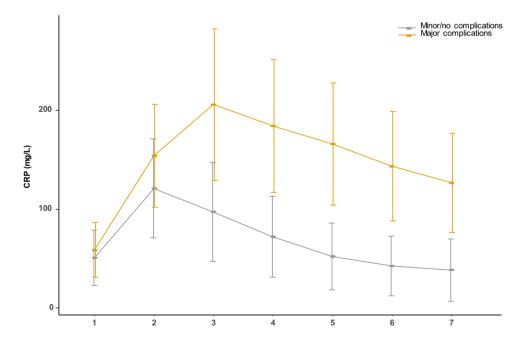


In the training cohort, 41 patients developed major PCs and 199 patients had minor or no PCs. Patients in the major PCs group had higher BMI (23.20 kg/m<sup>2</sup> vs. 21.78 kg/m<sup>2</sup>, p = 0.002), higher rate of total gastrectomy and proximal gastrectomy (70.7% vs. 53.8%, p = 0.017), longer operation time [360 (295–442.5) min vs. 300 (250–340) min, p < 0.001], and greater blood loss [100 (50–200) ml vs. 50 (30–100) ml, p = 0.010], than minor/no PCs group. There were no significant differences in age, gender, preoperative serum albumin level, ASA score, neoadjuvant chemotherapy, and TNM stage. Furthermore, the postoperative hospitalization of major PCs groups was significantly prolonged than minor/no PCs group [19 (11–37.5) days vs. 8 (6–9) days, p < 0.001] (Table 2).

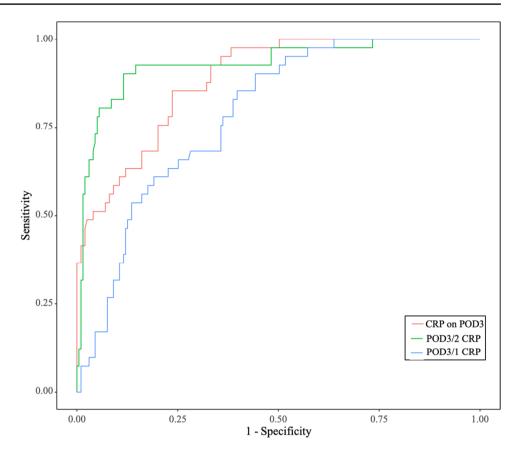
In the validation cohort, 16 patients developed major PCs and 88 patients had minor or no PCs. Significant differences in BMI, operation time, and postoperative hospitalization were observed between the two groups. However, there were no significant differences in resection range and blood loss between the two groups.

#### The variation tendency of serum CRP level

As shown in Fig. 1, for patients with minor or no PCs, the serum CRP level peaked on POD2, and reduced to normal range, gradually. However, the serum CRP level for patients developed major PCs continued to increase on POD2 and maintained at a high level, even though effective antibiotics had been used.



**Fig. 2** ROC curves for the diagnostic accuracy of prediction models based on CRP in training cohort



### Diagnostic accuracy of different predictive models for major PCs

Based on above analysis, we proposed that POD3/2 CRP can be used to early predict major PCs.

As shown in Fig. 2, in the training cohort, the AUC of POD3/2 CRP was 0.929, with an optimal cut-off value of 1.08, and the sensitivity and specificity were 0.902 and 0.880, respectively. The AUC of POD3 CRP was 0.886, with an optimal cut-off value of 128.1 mg/L. The corresponding sensitivity and specificity were 0.854 and 0.764, respectively. Another predictive model based on serum CRP level, POD3/1 CRP, was reported to be a good predictor for major PCs [18]. We utilized this model in the training cohort. The AUC of POD3/1 CRP was 0.786, with an optimal cut-off value of 1.890, and the sensitivity and specificity were 0.912 and 0.558, respectively (Table 5).

In the validation cohort, the AUC of POD3/2 CRP was 0.917, the corresponding false positive rate and false negative rate were 14.8% and 18.8%, respectively. In detail, among the validation cohort of 104 patients, there were 26 patients whose POD3/2 CRP value was higher than the cut-off value. Of those, 13 patients developed major PCs, and 7 patients received over-diagnosis. The AUCs of POD3 CRP and POD3/1 CRP were 0.872 and 0.796, respectively (Fig. 3). In addition, we utilized reported cut-off values in

the validation cohort and compared them with POD3/2 CRP approach, and we found that POD3/2 CRP provided the best Youden's index (Table 6) [11–15, 18].

#### **Risk factors analysis for major PCs**

In the univariate logistic analysis, BMI  $\geq 25$  kg/m<sup>2</sup> (OR = 2.872, 95% CI 1.478–5.580, p = 0.002), proximal gastrectomy (OR = 5.755, 95% CI 2.126–15.575, p = 0.001), operation time longer than 300 min (OR = 3.009, 95% CI 1.614–5.608, p = 0.001), and POD3/2 CRP > 1 (OR = 37.422, 95% CI 15.971–87.687, p < 0.001) were identified as risk factors for major PCs. Further analyzed by multivariate logistic analysis, BMI  $\geq 25$  kg/m<sup>2</sup> and POD3/2 CRP > 1 were identified as risk factors for major PCs (Table 4).

## Discussion

In this study, we found that the serum CRP level peaked on POD2 in patients with minor or no PCs, and proposed that this feature could be used to early predict major PCs. Then, we compared the diagnostic accuracy of POD3/2 CRP with other reported predictive models, such as POD3 CRP and POD3/1 CRP, and found that POD3/2 CRP can provide the best performance in early predict major PCs with an optimal Table 5Risk factors formajor complications based onunivariate and multivariatelogistical regression analyses

Characteristics	Univariate logistical analysis			Multivariate logistical analysis		
	OR	95% CI	p value	OR	95% CI	p value
Age						
< 65 years	Reference					
$\geq$ 65 years	1.216	0.688-2.149	0.500			
Gender						
Female	Reference			Reference		
Male	1.452	0.767-2.748	0.252	0.989	0.423-2.314	0.980
BMI						
$< 25 \text{ kg/m}^2$	Reference			Reference		
$\geq 25 \text{ kg/m}^2$	2.872	1.478-5.580	0.002	2.936	1.088-7.928	0.034
Preoperative serum all	oumin level					
≥ 40 g/L	Reference					
< 40 g/L	0.867	0.469-1.602	0.648			
ASA score			0.681			
Ι	Reference					
II	1.332	0.495-3.584	0.570			
III	0.640	0.067-6.142	0.699			
Neoadjuvant chemothe						
No	Reference					
Yes	0.891	0.373-2.358	0.891			
T stage	01071	01070 21000	01071			
T1-2	Reference					
T3-4	1.003	0.562-1.790	0.992			
N stage	1.005	0.502 1.790	0.772			
NO	Reference					
N0 N1–3	1.259	0.706-2.244	0.435			
Type of resection	1.237	0.700-2.244	0.002			0.148
Distal gastrectomy	Reference		0.002	Reference		0.140
Proximal gastrectomy	5.755	2.126-15.575	0.001	4.933	0.931-26.124	0.061
Total gastrectomy	1.887	0.990-3.596	0.001	4.933 1.309	0.430–3.982	0.636
Combined resection	1.00/	0.990-3.390	0.034	1.509	0.430-3.982	0.030
	Dafamanaa					
No	Reference	0.096 5.000	0.755			
Yes	0.714	0.086-5.920	0.755			
Operation time	D.C			D.C		
$\leq$ 300 min	Reference	1 (14 5 (00	0.001	Reference	0.504 4.000	0 101
> 300 min	3.009	1.614-5.608	0.001	2.108	0.706-6.293	0.181
Blood loss	Defe			Defe		
< 100 ml	Reference	0.000 0.105	0.055	Reference	0.054.0.150	0.020
$\geq 100 \text{ ml}$	1.751	0.988-3.105	0.055	0.958	0.374–2.452	0.928
POD3/2 CRP						
$\leq 1.0$	Reference					
> 1.0	37.422	15.971-87.687	< 0.001	42.548	16.967-106.700	< 0.001

*OR* odds ratio; *CI* confidence interval; *BMI* body mass index; *ASA* American Society of Anesthesiologists; *POD3/2 CRP* the ratio of CRP level on postoperative day 3 to day 2

cut-off value of 1.08 (AUC = 0.929, sensitivity = 0.902, specificity = 0.880).

CRP was an acute-phase protein first reported in 1930 [19]. CRP was synthesized by hepatocytes quickly upon the

**Fig. 3** ROC curves for the diagnostic accuracy of prediction models based on CRP in validation cohort

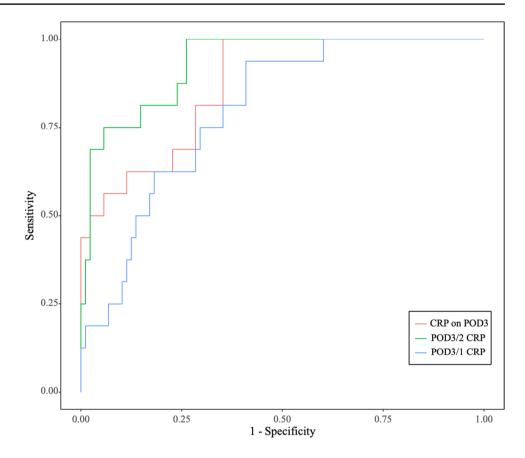


 Table 6
 Receiver operating characteristic analysis for the diagnosis of major PCs in validation cohort

Characteristics	Sensitivity	Specificity	Youden's index
Ratio			
POD3/2 = 1.08	0.812	0.852	0.664
POD3/1 = 2.13 [18]	0.938	0.523	0.461
Value			
167 mg/L on POD5 [13]	0.455	1.000	0.455
168 mg/L on POD4 [14]	0.385	0.963	0.348
177 mg/L on POD3 [11]	0.563	0.909	0.472
114 mg/L on POD3 [12]	0.981	0.602	0.583
177 mg/L on POD2 [15]	0.438	0.830	0.268

inflammatory stimulation, and would peaked at 48 h after the initiation of an acute inflammatory response [16, 19]. This feature was consistent with our result that the mean CRP level in patients with no/minor PCs peaked at POD2 and reduced to baseline gradually. Another study, comparing the differences in CRP level for patients who underwent emergency or elective colorectal surgery, also reported this feature [20]. Other studies investigating the value of CRP level in early predicting major PCs did not detect CRP level on POD2 routinely. We recommended that serum CRP level should be tested routinely on POD 1, 2, and 3, and then examined according to patients' status. In addition, the variation tendency of serum CRP level is a reliable marker to indicate the presence of major PCs.

There were several studies using the cut-off value of CRP at a certain day to early predict the onset of PC [11–15]. As a systematic inflammatory factor, serum CRP level varied individually according to age, sex, nutrient status, and operation [21-24]. Therefore, the diagnostic accuracy of postoperative serum CRP level on a certain day was not very precise. The reported cut-off value of CRP level varied greatly. Shishido et al. found that CRP level on POD3 had the highest diagnostic accuracy for PCs with a cut-off value of 177 mg/L [11]. The optimal cut-off value of CRP level on POD3 reported by Okubo et al. was 114 mg/L [12]. Utilizing the variation tendency of CRP for early prediction of major PCs can avoid above limitation caused by individual heterogeneity. Tanaka et al. used POD3/1 CRP to predict the onset of PCs [18]. In their study, they reported a cut-off CRP ratio of 2.13 with 55% sensitivity and 82% specificity for major PCs. In our study, we also constructed the POD3/1 CRP model. We found that POD3/1 CRP had slight superiority in sensitivity (0.912 vs. 0.902), but significant shortage in specificity (0.558 vs. 0.880), compared with POD3/2 CRP. This means patients would receive extra examinations if treatment strategy was made based on POD3/1 CRP model.

Some studies tried to use the CRP level on POD5 to increase the specificity and negative predictive value [13, 25]. However, with the increasing popularity of ERAS, more and more patients underwent laparoscopic distal gastrectomy discharged on POD4. This method is not suitable for hospitals which have rich experience in ERAS because of short postoperative hospitalization.

The multivariate analysis suggested that BMI  $\geq 25 \text{ kg/m}^2$ significantly increased the risk of major PCs (OR 2.936, 95% CI 1.088–7.928, p = 0.034). Because extended lymph node dissection may be hampered by excess bodyweight [26-28], this finding was consistent with other studies [29, 30]. Interestingly, our research revealed that proximal gastrectomy with double-tract anastomosis (PG-DTR) may increase the risk of major PCs (OR 4.933, 95% CI 0.931–26.124, p = 0.061). Compared with Roux-en-Y reconstruction for total gastrectomy, one more anastomosis, gastrojejunostomy, is performed. This procedure prolongs the operation time and double anastomotic stoma means double risk of leakage. However, PG-DTR was considered superior to total gastrectomy with Roux-en-Y reconstruction in terms of nutrition [31]. Hence, PG-DTR procedure may be performed by experienced surgeon in not fat patients.

The limitations of this study included its retrospective and single-institution design. Prospective studies should be performed to investigate whether early diagnostic or therapeutic approaches based on POD3/2 CRP could actually lead to earlier detection of infectious complications and improve outcomes.

#### Conclusion

POD3/2 CRP is a reliable marker to predict major PCs after laparoscopic radical gastrectomy. If CRP is higher on POD3 than on POD2, major PCs are highly likely.

BMI  $\geq$  25 kg/m<sup>2</sup> and POD3/2 CRP >1 were identified as significant independent risk factors for major PCs.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s00423-022-02469-w.

**Acknowledgements** We acknowledged Miss Zhan for contribution to figure editing.

**Authors' contributions** B Luo and QC Liao collected the data. B Luo reviewed the literature, analyzed the data, and contributed to the manuscript drafting; JB Zheng, WX Hu, and XQ Yao participated in drafting the article. Y Li revised the manuscript and was the co-corresponding author; JJ Wang is responsible for research design and revision of the manuscript; all authors issued final approval for the version to be submitted.

**Funding** This research was supported by Science and Technology Support Program of Guangzhou (NO: 201904010020), and Funding for Outstanding Young Medical Talents of Guangdong Province (KJ012019439).

**Data availability** The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

#### Declarations

**Ethics approval and consent to participate** Due to the retrospective nature of the study, informed consent was waived, but this research was approved by the Research Ethics Committee of Guangdong Provincial People's Hospital, Guangdong Academy of Medical Sciences.

Competing interests The authors declare no competing interests.

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