# Comprehensive RNA expression profile of therapeutic adipose-derived mesenchymal stem cells co-cultured with degenerative nucleus pulposus cells

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Abstract. Stem cell-based therapy is a promising alternative to conventional approaches to treating intervertebral disc degeneration (IDD). However, comprehensive understanding of stem cell-based therapy at the gene level is still lacking. In the present study, we identified the expression profiles of messenger RNAs (mRNAs) and long non-coding RNAs (lncRNAs) expressed within a co-culture system of adipose-derived mesenchymal stem cells (ASCs) and degenerative nucleus pulposus cells (NPCs) and explored the signaling pathways involved and their regulatory networks. Microarray analysis was used to compare ASCs co-cultured with degenerative NPCs to ASCs cultured alone, and the underlying regulatory pattern, including the signaling pathways and competing endogenous RNA (ceRNA) network, was analyzed with robust bioinformatics methods. The results showed that 360 lncRNAs and 1757 mRNAs were differentially expressed by ASCs, and the microarray results were confirmed by quantitative PCR. Moreover, 589 Gene Ontology terms were upregulated, whereas 661 terms were downregulated. A total of 299 signaling pathways were significantly altered. A Path-net and a Signal-net were built to show interactions among differentially expressed genes. An mRNA-lncRNA co-expression network was constructed to reveal the interplay among differentially expressed mRNAs and lncRNAs, whereas a ceRNA network was built to investigate their connections with microRNAs involved in IDD. To the

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best of our knowledge, this original and comprehensive exploration reveals differentially expressed lncRNAs and mRNAs of ASCs stimulated by degenerative NPCs, underscoring the regulation pattern within the co-culture system at the gene level. These data may further understanding of NPC-directed differentiation of ASCs and facilitate the application of ASCs in future treatments for IDD.

### Introduction

Intervertebral disc degeneration (IDD), the leading cause of low back pain and spinal disabilities (1-3), poses a significant social and medical burden on adults worldwide. Various diseases secondary to IDD, namely, degenerative disc diseases (DDD), occur in approximately 71% of males and 77% of females older than age 50 and in more than 90% of the older population (4,5).

Traditional surgical interventions that remove degenerative nucleus pulposus (NP) tissue and are dependent on internal fixation are not able to fully restore spinal function and may result in various complications, including deep infection and neurological impairment (1,2,6-9). New stem cell-based therapies are promising alternatives to traditional interventions targeting early to middle-stage IDD before its irreversible progression requires open intervention. Specifically, stem cell-based therapies for IDD introduce exogenous or autologous mesenchymal stem cells (MSCs) into the target intervertebral disc via injection (8,10-12). The rationale for this treatment is two-fold. First, MSCs can differentiate into NP-like cells, express NP marker genes (e.g., SOX9, type II collagen, and aggrecan), and stimulate the formation of the extracellular matrix (ECM), which partially enforces the biomechanical property of the disc and further protects the MSCs from the harsh intra-disc microenvironment. Second, the functioning of degenerative NPCs needs to be restored under the influence of cytokines and growth factors produced by the MSCs.

The potential of MSCs to treat disc degeneration has been proven in many *in vitro* (6,8,13) and *in vivo* (9-11) studies. Adipose-derived mesenchymal stem cells (ASCs)

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can be induced to differentiate into NP-like cells with significantly higher expression of specific markers, including aggrecan, SOX9, and type II collagen (14). Animal studies have confirmed such *in vitro* evidence and shown that ASCs injected into injured lumbar discs increase secretion of the ECM and decrease the ossification of damaged cartilage in the NP compared to untreated controls (15). Accumulating encouraging data on ASCs as well as their relatively ample availability and clinical safety make them one of the most promising candidates for stem cell therapy for IDD (16). However, the underlying cellular mechanisms of cross-talking between ASCs and degenerative target cells at the gene level have not yet been comprehensively investigated.

Long non-coding RNAs (lncRNAs) and microRNAs (miRNAs) have been increasingly investigated because of their regulatory functions in gene expression (17,18). lncRNAs are involved in various biological processes with high tissue specificity and low sequence conservation (19,20), and differentially expressed lncRNAs have previously been highlighted in the disc degeneration process (21,22). Previous findings showed that lncRNAs were differentially expressed by degenerative nucleus pulposus cells (NPCs) when they were co-cultured with ASCs (22). Furthermore, miRNAs regulate gene expression, influence various biological activities [e.g., cell proliferation, differentiation, and metabolism (23)], and play noteworthy roles in the disc degeneration process (24-27). For instance, miR-27b (24) and miR-93 (25) specifically promote matrix degradation and hasten disc degeneration. However, to the best of our knowledge, no study has underlined the specific roles of lncRNAs and miRNAs within a co-culture of ASCs and degenerative NPCs that mimics the microenvironments of clinical ASCs in the treatment of IDD.

Advanced gene expression microarray and bioinformatics modalities were used to identify lncRNA and mRNA mappings during the differentiation of ASCs into NP-like cells and to further show specifically involved signaling pathways and gene regulation networks.

## Materials and methods

*Ethics approval and patient consent.* All human tissue was obtained and used with patients' informed consent and under the approval of the institutional review broad of Shanghai General Hospital, Shanghai Jiao Tong University, Shanghai, China. A schematic of the study is shown in Fig. 1.

Isolation and culture of NPCs. The human NP tissue was obtained surgically from degenerative discs [grades III-IV according to the Pfirrmann grading system (12)] of three patients diagnosed with lumbar spondylosis. These patients (one female and two males, 46- to 58-years of age, with a mean age of 52) were enrolled and the tissue was collected at Shanghai General Hospital, Shanghai, China. NPCs were isolated according to a method previously reported (6,8,12). Briefly, the NP tissue was stored in cold phosphate-buffered saline (PBS) and then transferred to the lab. After being washed in PBS to remove all blood and annulus fibrous tissue, the NP tissue was cut into 1 mm sections amid serum-free medium, i.e., Dulbecco's modified Eagle's medium/F12 medium (DMEM/F12; HyClone), supplemented with 1% penicillin/streptomycin. Then the tissue was digested with 0.4 mg/ml collagenase II (Sigma-Aldrich; Merck KGaA) at 37°C for 5 h before normal medium was used to end the process. Thereafter, the cell suspension was passed consecutively through filters (100, 70, 40  $\mu$ m) to remove debris, then centrifuged at 400 x g for 5 min in room temperature to form the cell pellets. The supernatant was discarded, and cells were resuspended and cultured in DMEM supplemented with 10% fetal bovine serum (FBS) in an incubator at 37°C with 5% CO<sub>2</sub> then passaged at 80% confluency. The medium was changed every 2-3 days.

Isolation, culture, and identification of ASCs. ASCs were identified and isolated from adipose tissue based on reported methods (12,28,29). Briefly, adipose tissue was harvested from identical patients as the NP tissue, and then reserved in DMEM. After being carefully washed with PBS to remove blood, fat tissue was minced into 1 mm<sup>2</sup> sections, and then treated with 0.1% type I collagenase (Sigma-Aldrich; Merck KGaA) at 37°C for 60 min on a shaking bench. Subsequently, the cell tissue mixture was filtered as mentioned previously, followed by centrifugation (400 x g for 5 min at room temperature) and removal of the supernatant. The cell pellets were resuspended with and cultured in DMEM/F12 (HyClone) containing 10% FBS and 1% penicillin/streptomycin in an incubator at 37°C with 5% CO<sub>2</sub>. The medium was changed every 2-3 days, and the cells were passaged when confluency reached 80%.

Multilineage differentiation and flow cytometry were performed to identify the stemness of the isolated cells. Briefly, adipogenic medium was used to induce differentiation of candidate cells at passage 3. Adipogenic induction was performed by seeding cells in adipogenic medium supplemented with 0.5 mM isobutyl methylxanthine, 0.5 mM dexamethasone, and 60 mM indomethacin (Sigma-Aldrich; Merck KGaA) and culturing them for 7 days. ASCs were cultured with osteogenic medium (STEMCELL) for 2 weeks, then fixed with 4% paraformaldehyde for subsequent staining; the chondrogenic potential of isolated cells was tested by seeding and culturing them with a specific chondrogenic medium for 14 days (STEMCELL) and then fixing them for evaluation. All culture media were changed every 2-3 days.

*In vitro* differentiation of ASCs was evaluated by histological staining for adipogenesis (Oil Red O staining), osteogenesis (Alizarin Red staining), and chondrogenesis (Alcian blue and type II collagen staining). Furthermore, expression of surface markers, including CD105, CD73, CD29, CD34, CD45, and human leukocyte antigen (HLA)-DR, was investigated as described previously (12).

*Co-culture of ASCs and NPCs.* To imitate stem cell therapy *in vitro*, we established a cell-cell co-culture system using a 6-well plate with a 0.4  $\mu$ m pore size membrane. A total of 6.0x10<sup>4</sup> degenerative NPCs were seeded onto the base of the well, and the ASCs were seeded onto the upper surface of the membrane. Both NPCs and ASCs at passage 3 were used. The cell ratio was 1:1 and it was chosen based on the previous studies (6,8). The cells were co-cultured for 7 days in DMEM/F12 at 37°C and 5% CO<sub>2</sub> in a humidified atmosphere, and the medium was changed every 2 days. The co-cultured



Figure 1. Diagram of the workflow of the present study, including cell culture, gene microarray assay, and bioinformatics analyses.

ASCs (n=3) formed the experimental group, whereas ASCs cultured alone in the same conditions (n=3) acted as controls.

*RNA isolation and quality control.* Total RNA from co-cultured ASCs and ASCs was cultured alone using TRIzol (Invitrogen), then purified it with the RNase Kit (Bio-Rad Laboratories, Inc.). The quantity of RNA was measured using a spectrophotometer (NanoDrop-1000, Thermo Scientific Fisher) and tested its quality with 1% agarose gel electrophoresis as previously described (30).

*Microarray analysis*. A multistep strategy was used for the gene microarray and subsequent analyses (Fig. 1). ASCs co-cultured with degenerative NPCs (the experimental group) and ASCs cultured alone (the control group) were used to identify differentially expressed RNAs. Microarray analysis was performed by GMINIX Informatics Ltd. Co. (Shanghai, China). The data have been uploaded to the NCBI Gene Expression Omnibus and can be accessed via the GEO Series accession GSE118927 (ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE118927).

Differential expression of mRNAs and lncRNAs between the co-cultured ASCs and ASCs cultured alone was determined with a random variance model (RVM) t-test to increase the degrees of freedom in the small data sets. P<0.05 as the threshold for significance, these differentially expressed RNAs were further selected and evaluated with false discovery rate analysis. Unsupervised hierarchical clustering was performed to generate a cluster map. *Quantitative (q)PCR validation.* To verify the microarray data, six RNAs were randomly selected for qPCR validation. Briefly, cDNA was generated with the Taqman Reverse Transcription kit (Invitrogen; Thermo Fisher Scientific, Inc.) following the manufacturer's protocol. Gene expression was investigated by qPCR with the SYBR-Green Mastermix on a CFX96 Touch Real-time PCR Detection System (both Bio-Rad Laboratories, Inc.). The thermocycling conditions (totally 35 cycles) consisted of the initial denaturation of 30 sec at 95°C, followed by 60 sec annealing at 65°C, and the extension step lasted for 1 min/kb at 68°C. Human GAPDH was used as the housekeeping gene to determine the relative expression of selected genes, and relative changes in gene expression were compared to those of untreated cells by the  $2^{-\Delta Cq}$  method (12). All reactions were performed in triplicate, and the primer sequences are provided in Table I.

*Gene ontology (GO) analysis.* Using the GO Database (GO Consortium, geneontology.org), we performed GO analysis to explore the functions of the differentially expressed mRNAs using the two-sided Fisher's exact test and Chi-square test. Each differentially expressed gene was evaluated independently and marked as up- or downregulated. P-values of all differentially expressed genes were computed in all GO categories, and P<0.01 was considered to be significant.

Pathway analysis. The significance levels of pathways associated with differentially expressed genes were analyzed based on the Kyoto Encyclopedia of Genes and Genomes Table I. Primers used in qPCR.

Genes	Forward sequence 5'-3'	Reverse sequence 5'-3'	
IGF1	GCTCTTCAGTTCGTGTGTGGA	GCCTCCTTAGATCACAGCTCC	
XIST	TCTAGTCCCCCAACACCCTT	GGAGGACGTGTCAAGAAGACA	
TTTY15	CTCATCACCTGGAGTCCGTG	CAACGGCAAATACTTTAGGTTTTCT	
FABP3	TGGAGTTCGATGAGACAACAGC	CTCTTGCCCGTCCCATTTCTG	
TGFB2	CAGCACACTCGATATGGACCA	CCTCGGGCTCAGGATAGTCT	
GPC3	ATTGGCAAGTTATGTGCCCAT	TTCGGCTGGATAAGGTTTCTTC	
GAPDH	GGAGCGAGATCCCTCCAAAAT	GGCTGTTGTCATACTTCTCATGG	

IGF1, insulin-like growth factor 1; XIST, X inactive-specific transcript; TTTY1, testis-specific transcript Y-linked 15; FABP3, fatty acid binding protein 3; TGFB2, transforming growth factor, beta 2; GPC3, glypican 3; GAPDH, glyceraldehyde 3-phosphate dehydrogenase.



Figure 2. Characterization of ASCs by multilineage differentiation. Osteogenic (A) and adipogenic (B) differentiation is quantified by Alizarin Red S and Oil Red O staining, respectively. Chondrogenic differentiation from ASCs is evidenced by Alcian blue staining (C) and immunohistochemistry (D) of type II collagen. Surface markers of ASCs (E) are positive for CD73, CD105, and CD29 and negative for CD34, CD45, and HLA-DR. (F) Solely cultured ASCs at day 7. ASCs (G) before and (H) after co-culturing with NPCs. After 7 days of co-culturing with NPCs, ASCs became relatively round and small as NP-like cells.



Figure 3. Clustering heat map of differentially expressed mRNAs and lncRNAs. The x and y axes indicate the sample groups and probes, respectively. (A) A total of 1,757 genes and 360 lncRNAs were differentially expressed by ASCs under the influence of NPCs. Carboxypeptidase X (M14 family) member 1 (CPXM1) was the most upregulated gene (28-fold change; P<0.001), and mRNA coding cartilage oligomeric matrix protein (COMP) was the most downregulated gene (-61-fold change; P<0.001). (B) The expression of 360 lncRNAs were significantly altered, among which XIST (X-inactive specific transcript) was outpregulated (23-fold change), and SNAR-E was most downregulated (12-fold change). The red stripe shows high relative expression, and the green stripe shows low relative expression. E, experimental group of ASCs co-cultured with degenerated NPCs; C, control group of ASCs cultured alone.

database (KEGG; genome.jp/kegg/). Fisher's exact test and the Chi-square test were used to select the key pathways according to a significance threshold of P<0.05. Additionally, a Path-net, the interaction network consisting of the significant pathways, was generated based on information for those pathways from the KEGG database.

Signal-net analysis. Using the KEGG database, we constructed a Signal-net to reveal the gene-gene interplay among the significant differentially expressed genes in both the GO analysis and pathway analysis. The Signal-net shows molecular networks consisting of nodes and lines representing genes and regulatory patterns of activation or phosphorylation. We calculated the importance of each gene by counting the numbers of upstream and downstream genes in the form of in-degrees and out-degrees. The betweenness centrality of each gene was recorded according to its in-degree and out-degree; a higher betweenness centrality suggesting more importance in the regulation of the gene network.

*lncRNA-mRNA-net analysis*. The co-expression network of lncRNAs and mRNAs was investigated based on differentially expressed lncRNAs and intersectional mRNAs with both GO analysis and pathway analysis.



Figure 4. Validation of microarray data with real-time PCR. (A) Expression of IGF1, XIST, TGFB2, and GPC3 was significantly upregulated in the experimental group of ASCs co-cultured with degenerated NPCs compared to control ASCs cultured alone, whereas the expression of TTTY15 and FABP3 was significantly downregulated in the experimental group. (B) Expression levels of NPC specific maker genes. The expression of SOX9, type II collagen, and aggrecan were significantly higher in the Experimental group than these in the Control group (P=0.0153, P=0.0003, P<0.0001, respectively). \*P<0.05. IGF1, insulin-like growth factor 1; XIST, X inactive-specific transcript; TTTY15, testis specific transcript, Y-linked 15; FABP3, fatty acid binding protein 3; TGFB2, transforming growth factor, beta 2; GPC3, glypican-3.



Figure 5. Top 10 most significantly (A) up- and (B) downregulated GO terms during the co-culture of ASCs and degenerative NPCs. The cellular protein metabolic process (GO:0044267) was the most upregulated (LgP=41.8) GO term, and the small molecule metabolic process (GO:0044281) was the most downregulated (LgP=47.1). The length of the bars on the x axis represents the negative logarithm of the P-value (-LgP) of each GO term, and -LgP is significantly positively correlated with the regulation of specific GO terms.



Figure 6. KEGG pathway analysis identifying the 10 most significantly upregulated (A) and downregulated (B) pathways during the co-culture of ASCs and degenerative NPCs. A total of 299 pathways were significantly enriched, of which 144 pathways were upregulated and 155 were downregulated (all P<0.05). In particular, ribosome (Path ID: 03010) was the most upregulated (-LgP=25.4), whereas the metabolic pathways (Path ID: 01100) were the most downregulated (-LgP=37.0).

*Competing endogenous RNA (ceRNA) analysis.* miRNAs are single-strand non-coding RNAs shorter than 22 nucleotides responsible for regulating gene expression by binding to miRNA response elements (MREs) on mRNAs (31,32). IncRNAs are also non-coding RNAs but are longer than 200 nucleotides; they both harbor MREs and compete with RNAs for miRNA binding. IncRNAs regulate the number of miRNA by sequestering and binding to them (33); thus, they can participate in post-transcriptional regulation as ceRNAs.

We selected 25 miRNAs associated with disc degeneration that were differentially expressed by ASCs co-cultured with degenerative NPCs and investigated their roles in the regulation of mRNAs and lncRNAs (Table SI). The target mRNAs of miRNAs were predicted based on TargetScan (www.targetscan. org/) and miRanda (www.microrna.org/microrna/home.do) for the ceRNAs analysis. The ceRNA network was further constructed by those negatively regulated intersectional lncRNAs and mRNAs.

Statistical analysis. Data are presented as the mean  $\pm$  SD. Differences between groups were evaluated with unpaired Student's t-test in SPSS 20.0 (IBM). Statistical significance was set at P<0.05.

## Results

*Multilineage differentiation and identification of ASCs.* The cells isolated from the human adipose tissue were demonstrated to be MSCs with the stemness of multilineage differentiation (Fig. 2A-D) and mesenchymal markers (Fig. 2E). In particular,



Figure 7. Path-net characterizing interactions among pathways. The MAPK signaling pathway was upregulated with the highest betweenness centrality at 44, and the PI3K-AKT signaling pathway had the second highest betweenness centrality (degree=38), as it contained both up- and downregulated genes. Up- and downregulated pathways are highlighted in red and blue, respectively, and pathways with both up- and downregulated genes are indicated in yellow. The circle size represents the number of other pathways interacting with the specific pathway (i.e., the degree of the pathway).

the ASCs differentiated into osteocytes and adipose cells as shown by positive Alizarin Red (Fig. 2A) and Oil Red O (Fig. 2B) staining, respectively. In addition, the ASCs differentiated into chondrocytes (Fig. 2C) and produced type II collagen in the chondrogenic environment (Fig. 2D). Furthermore, MSC surface markers expressed by ASCs included CD73, CD105, and CD29; no hematopoietic stem cell markers (e.g. CD45, CD34 or HLA-DR) were detected (Fig. 2E).

Differentially expressed mRNAs and lncRNAs in co-cultured ASCs. A total of 1757 genes were found to be differentially expressed by ASCs, of which carboxypeptidase X (M14 family) member 1 (CPXM1) had the largest increase in expression (28-fold change; P<0.001) and mRNA coding cartilage oligomeric matrix protein (COMP) had the largest decrease in expression (-61-fold change; P<0.001; Fig. 3A).

A total of 360 lncRNAs were identified as differentially expressed by ASCs, of which XIST (X-inactive specific transcript) was maximally upregulated (23-fold change) and SNAR-E was greatly downregulated (12-fold change; Fig. 3B). *qPCR validation*. The microarray data were further validated through six differentially expressed RNAs (IGF1, XIST, TTTY15, FABP3, TGFB2, GPC3) that were randomly selected for qPCR analysis. Of these RNAs, upregulation of IGF1, XIST, TGFB2, and GPC3 in the microarray was validated (all P<0.05; Fig. 4). Similarly, in good agreement with gene-chip data, TTTY15 and FABP3 were demonstrated to be downregulated (both P<0.05; Fig. 4A). In addition, the expression levels of SOX9, type II collagen, and aggrecan were significantly higher in the Experimental group than these in the Control group (all P<0.05, Fig. 4B).

*GO analysis*. The GO analysis identified 589 upregulated and 661 downregulated GO terms among all differentially expressed mRNAs. In particular, cellular protein metabolic process (GO:0044267) was most significantly upregulated (-LgP=41.8; Fig. 5), and the small molecule metabolic process (GO:0044281) was most considerably downregulated (-LgP=47.1). Note that various GO terms related to gene translation could be observed among the 10 most upregulated

Path name	Style	Degree	Indegree	Outdegree
MAPK signaling pathway	Up	44	40	4
PI3K-Akt signaling pathway	Up, down	38	30	8
Apoptosis	Up	30	25	5
Cell cycle	Down	21	19	2
Calcium signaling pathway	Down	19	16	3
Focal adhesion	Down, up	18	11	7
p53 signaling pathway	Down	18	15	3
Jak-STAT signaling pathway	Up	17	12	5
Pathways in cancer	Up, down	15	0	15
TGF-beta signaling pathway	Down	15	12	3





Figure 8. Signal-net showing the interaction among 218 differentially expressed genes. The KRAS gene, which was downregulated, was the most critical player in the Signal-net (degree=20), and FOS was the most important upregulated gene in the network (degree=15). Up- and downregulated genes are indicated by red and green circles, respectively. The circle size represents the number of other genes interacting with the specific gene. Inter-gene interactions are reported as activation (a), binding/association (b), compound (c), phosphorylation (+p), repression (rep), ubiquitination (+u), inhibition (inb), expression (exp), dephosphorylation (-p), indirect effect (ind), missing interaction (miss), and dissociation (diss).

terms, including translational elongation (GO:0006414), translational initiation (GO:0006413), and translational termination (GO:0006415).

Pathway analysis. A total of 299 pathways were identified as significantly enriched during the co-culture of ASCs and

degenerative NPCs, of which 144 pathways were significantly upregulated and 155 were significantly downregulated (all P<0.05). Specifically, ribosome (Path ID: 03010) was the most upregulated, with a -LgP of 25.4, whereas the metabolic pathways (Path ID: 01100) were the most significantly downregulated, with a -LgP of 37.0 (Fig. 6).

Gene symbol	Style	Degree	Indegree	Outdegree
KRAS	Down	20	11	9
PLCB1	Down	17	16	1
PLCB4	Down	17	16	1
MAPK8	Down	16	5	11
FOS	Up	15	5	10
MAPK13	Up	15	8	7
LRP5	Up	12	8	4
RRAS2	Down	12	6	6
ACTN4	Down	11	1	10
COL6A2	Up	11	0	11

Table III. Top 10 genes in Signal-Net analysis.



Figure 9. lncRNA-mRNA co-expression network of 44 lncRNAs (yellow ring nodes) and 134 mRNAs (circles); a total of 875 pairs of co-expressed lncRNA-mRNA were identified. In the co-expression network, GPC3 (glypican-3; coding; downregulated) had the highest number of interactions (degree=34), whereas TCONS\_12\_00011557 was a non-coding RNA that had the highest degree of interaction. Positive and negative interactions are shown as solid and dashed lines, respectively. Up- and downregulated RNAs are highlighted in red and blue, respectively.

Gene symbol	Biotype	Style	Degree
GPC3	Coding	Up	34
SERPINE1	Coding	Down	32
ICMT	Coding	Down	32
DHCR24	Coding	Down	32
SLC38A1	Coding	Down	31
PPIF	Coding	Up	31
CD59	Coding	Down	31
SCD	Coding	Down	31
FGF7	Coding	Up	30
SEMA7A	Coding	Down	30
TCONS_12_00011557	Noncoding	Down	29
NR_002229	Noncoding	Down	28
NR_002944	Noncoding	Up	28
NR_003610	Noncoding	Down	20
NR_027406	Noncoding	Up	17
NR_003932	Noncoding	Up	14
NR_024397	Noncoding	Down	13
ENST00000504157	Noncoding	Up	12
TCONS_00025860	Noncoding	Down	12
NR_015431	Noncoding	Down	10

Table IV. Top 10 mRNAs and lncRNAs in lncRNA-mRNA co-expression network.

The Path-net was constructed to elucidate the complex interactions among all significantly enriched pathways and to represent all directly and systematically involved pathways during the co-culture of ASCs with NPCs (Fig. 7; Table II). The mitogen-activated protein kinase (MAPK) signaling pathway was found to play an important role in the differentiation of ASCs into NP-like cells, with the highest betweenness centrality at 44. The PI3K-AKT signaling pathway was both up- and downregulated during differentiation with the second highest betweenness centrality (degree=38). The cell cycle pathway was the most significantly downregulated signaling pathway.

Signal-net. The Signal-net was constructed to explore the interactions of all genes with significant alterations in both the GO and pathway analyses (Fig. 8, Table III). The *KRAS* gene was found to play the most important role (downregulated; degree=20) within the differentiation of ASCs into NP-like cells, followed by phospholipase C  $\beta$ -1 (PLCB1) and PLCB4 (both downregulated; degree=17). By contrast, FOS showed the most significant upregulation (degree=15). In good agreement with the results of the pathway analysis, MAPK family genes were also identified as playing critical roles in the Signal-net, including MAPK8 (downregulated; degree=16) and MAPK13 (upregulated; degree=15).

*lncRNA-mRNA co-expression network*. A lncRNA-mRNA co-expression network was established on the basis of 178 RNAs (44 lncRNAs and 134 mRNAs) converting into 875 pairs of co-expressed lncRNA-mRNA (Fig. 9; Table IV). In

the co-expression network, GPC3 (glypican-3; coding; downregulated; degree=34) had the highest number of interactions, followed by SERPINE1 (serpin peptidase inhibitor, clade E, member 1; coding; downregulated; degree=32) and ICMT (isoprenylcysteine carboxyl methyltransferase; coding; downregulated; degree=32), whereas TCONS\_12\_00011557 had the highest interaction (degree=29) among all non-coding RNAs.

*ceRNA network*. A ceRNA network was constructed from 25 IDD-related miRNAs to investigate their regulatory interplay with differentially expressed mRNAs and lncRNAs during the differentiation of ASCs into NP-like cells (Fig. 10; Table V). It is noteworthy that hsa-miR-27b-3p (degree of interaction=50) was the most important miRNA, followed by hsa-miR-93-5p (degree of interaction=43) and hsa-miR-27a-3p (degree of inter-action=30). NR\_002229, NR\_003610, and NR\_024397 were the three most important lncRNAs in the regulatory network, with degrees of interaction of 19, 16, and 11, respectively.

## Discussion

We identified 1,757 differentially expressed genes and 360 differentially expressed lncRNAs in ASCs co-cultured with degenerative NPCs. Among all the differentially expressed genes, 559 significantly upregulated and 661 significantly downregulated GO terms were identified involving 298 significantly enriched pathways. These results highlight the sophisticated interplay of these mRNAs and lncRNAs with miRNAs.

The MAPK and PI3K-Akt signaling pathways were identified as playing crucial roles within NPC-directed differentiation of ASCs. Three distinct MAPK subsets have been identified in mammalian cells: Classical MAPK (ERK), p38 kinase, and C-Jun N-terminal kinase/stress-activated protein kinase (JNK/SAPK) (34). In general, the MAPK signaling pathway is involved in many complex cellular processes, including proliferation, differentiation, development, and apoptosis. It can convey, amplify, and integrate external bio-signals and elicit cellular responses (34). Regarding IDD, the MAPK signaling pathway participates in many pathophysiological mechanisms and contributes to disc degeneration (35,36). Tian et al reported the increasing degradation of aggrecan with modulated expression of ADAMTS-4 (A dis-integrin and metalloproteinase with thrombospondin motifs 4) in NPCs through activation of MAPK and NF-KB signaling (37).

However, our data indicate that the MAPK signaling pathway was upregulated when the ASCs differentiated into NP-like cells *in vitro*, which suggests that this pathway is also important in the regeneration of a degenerated disc. Such a discrepancy between previous studies and the present one is possibly attributable to the diverse roles this signaling pathway plays in various cellular behaviors, including both metabolic (e.g., proliferation and differentiation) and catabolic (e.g., apoptosis) activity. Similar positive roles of the MAPK signaling pathway have been previously reported. For instance, the p38 MAPK signaling pathway is activated after estrogen-induced enhancement of matrix synthesis in NPCs, whereas inhibiting p38 MAPK signaling significantly abolishes such effects of estrogen on matrix synthesis in NPCs (38).



Figure 10. ceRNA network among 25 miRNAs, 152 mRNAs, and 58 lncRNAs. hsa-miR-27b-3 had the highest betweenness centrality at 50. In addition, NR\_002229 was the lncRNA in this regulatory network with the largest degree of interaction at 19. Upregulated RNAs are shown in red, and downregulated RNAs are shown in blue. miRNAs, mRNA, and lncRNAs are designated by rounded rectangles, circles, and yellow ring nodes, respectively.

The most important finding of the Signal-net analysis is that the COMP gene was closely associated with integrins (ITG) family members, including ITGB3, ITGA2, and ITGA3. COMP can interact with ECM proteins, bridging those molecules in a mesh pattern (39). Specifically, it binds to type II collagen in the presence of Zn<sup>2+</sup> at four defined sites on the collagen molecule (40), and it also connects to aggrecan in a concentration-dependent manner (41). The present study emphasizes a tight correlation between COMP and the ITG family, which is partially consistent with findings from Chen et al, where COMP mediates chondrocyte attachment through its interactions with integrins (42). In addition, COMP interacts with growth factors and acts as a 'lattice' to present them for utilization by the cells (39). In the present study, expression levels of COMP decreased in co-cultured ASCs may be biological because the ASCs stopped proliferation and began differentiation when they were co-cultured with NPCs, while the cell number and activity may have been suppressed by differentiation compared with solely-cultured ASCs. However, the pathological decrease of COMP may hinder the ECM assembly and further weaken the cell attachment. Therefore, the role COMP plays in ASCs differentiation towards NP-like cell remains to be further elucidated.

LncRNAs have recently gained widespread attention as novel and crucial players in biological regulation. Wan *et al* investigated the differentially expressed lncRNAs in human intervertebral disc degeneration with lncRNA-mRNA microarray analysis (22). They found 1,052 lncRNAs and 1,314 mRNAs were differentially expressed between healthy human NP and degenerative NP tissues, of which the ENST00000461676 was the most significantly upregulated lncRNA with the fold-change at 136 and the NR\_003716 was the top downregulated one with the fold-change at

Table V. Top10 mRNAs, microRNAs and lncRNAs in ceRNA network.

RNA symbol	Туре	Style	Degree
CDK6	mRNA	Down	7
EHD3	mRNA	Down	6
GSK3B	mRNA	Down	6
KPNA1	mRNA	Down	6
ATP6V0E1	mRNA	Down	5
FADS1	mRNA	Down	5
ICMT	mRNA	Down	5
KRAS	mRNA	Down	5
NEO1	mRNA	Down	5
NFASC	mRNA	Down	5
hsa-miR-27b-3p	miRNA	NO	50
hsa-miR-93-5p	miRNA	NO	43
hsa-miR-27a-3p	miRNA	NO	30
hsa-miR-98-5p	miRNA	NO	30
hsa-miR-140-3p	miRNA	NO	18
hsa-miR-21-3p	miRNA	NO	15
hsa-miR-202-3p	miRNA	NO	14
hsa-miR-146a-3p	miRNA	NO	12
hsa-miR-27b-5p	miRNA	NO	12
hsa-miR-455-3p	miRNA	NO	12
NR_002229	lncRNA	Down	19
NR_003610	lncRNA	Down	16
NR_024397	lncRNA	Down	11
NR_015431	lncRNA	Down	8
TCONS_00025860	lncRNA	Down	8
TCONS_12_00014703	lncRNA	Down	8
TCONS_00004015	lncRNA	Down	7
TCONS_00017578	lncRNA	Down	7
NR_001284	lncRNA	Down	6
TCONS_12_00020760	lncRNA	Down	6

149, despite the specific function of these lncRNAs in the IVDD not having been studied. Furthermore, we previously addressed the aberrantly expressed mRNAs and lncRNAs in degenerative NPCs co-cultured with ASCs, to determine the mRNAs and lncRNAs which may play a critical role during stem-cell-based therapy of IDD (12). In particular, we found that the secreted phosphoprotein 1 (SPP1), metallothionein 1F (MT1F) and ectonucleotide pyrophosphatase 1 (ENPP1) presented the top three differentially expressed mRNAs by the degenerative NPCs, after they were co-cultured with ASCs.

Our data identified XIST (fold change=23) as the most significantly altered lncRNA in the co-culturing process. XIST, a 17-20 kb non-coding RNA, is essential for whole-chromosome silencing (43) via its inactivation of the X chromosome (44,45). Additionally, XIST provides one of few tangible readouts of the stem cell quality and influences the pluripotent stem cell population (46). However, further investigations are required for a detailed functional characterization of XIST and other lncRNAs involved in NPC-directed differentiation of ASCs. Furthermore, the upregulation of IGF-1 and TGF $\beta$  was proven to protect the degeneration of IVD (47,48); the IGF-1 and TGF $\beta$ -2 was upregulated in the co-cultured ASCs in the present study (Fig. 4), indicating the protective function of ASCs to the NPCs. The expression of GPC3 was also upregulated in ASCs after co-culturing. GPC3 is known as a potential marker due to its higher gene expression and protein expression in NPCs compared with that in chondrocytes (49,50). Therefore, the increment of GPC3 expression suggests ASCs differentiated towards NP-like cells.

Additionally, the TTTY15 was significantly downregulated in the current study (Fig. 4A), yet its role in intervertebral disc degeneration has not been investigated. TTTY15 had been demonstrated to regulate hypoxia-induced injury of vascular endothelial cells (51). Similarly, Huang et al found suppression of TTTY15 could mitigate hypoxia-induced injury in cardiomyocytes. Therefore, we speculate that the decrease of TTTY15 expression may indicate the tolerance of co-cultured ASCs to hypoxia, the condition that NPCs regularly undergo within intervertebral discs (52). The FABP3 expression was decreased after co-culturing (Fig. 4A). FABP3 binds to fatty acid for the intracellular lipid droplet accumulation, and it increases MSC survival (53,54). It decreased possibly because the ASCs differentiated into NP-like cells after co-culturing. However, the contribution of these RNAs in the NPC-oriented differentiation of ASCs is currently unknown, and further investigation is required.

Regarding the ceRNA network, miR-27b-3p plays the most critical role in the network (degree of interaction=50), followed by hsa-miR-93-5p (degree of interaction=43). Specifically, miR-27b targets directly matrix metalloproteinase-13 (24), which is excessively expressed in degenerative disc tissue (55), and its downregulation leads to type II collagen loss and thus the development of IDD. Our data underline the critical role of miR-93 in the differentiation of ASCs into NP-like cells, which is in agreement with previous evidence. miR-93 was previously found to be expressed less in human degenerative NP tissue in a disc degeneration-dependent manner (25). These two miRNAs, miR-27b and miR-93, which are significantly altered during disc degeneration may also be markedly differentially expressed in NPC-guided differentiation of ASCs; however, further investigations are needed to validate any possible associations.

This study has several limitations. First, we investigated numerous RNAs via gene microarray assay but only validated results selectively by qPCR because of practicality and cost. In addition, we selectively interpreted the results based on previous studies and clinical implications. To the best of our knowledge, the present study was the second and the independent part of one project, which also included our previous study (12), which reported the differentially expressed mRNAs and lncRNAs between the NPCs cocultured with ASCs and the solely-cultured NPCs, thus the NPCs were not included as the control. Second, no further specific evaluations of particular roles were performed for NPC-directed differentiation of ASCs using overexpression or RNA interference. Similarly, the Path-net and the Signal-net were only outlined on the basis of a bioinformatics database, and comprehensive understanding of the specific key pathways or factors requires further sophisticated in vitro or in vivo studies.

In conclusion, findings of the present study revealed differentially expressed mRNAs and lncRNAs in ASCs co-cultured with degenerative NPCs and highlights sophisticated cross-talking among mRNAs, lncRNAs, and miRNAs. Our data provide valuable information for the further development and clinical translation of stem cell-based approaches to treating IDD.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## **Authors' contributions**

ZH, QW and JWu conceptualized and designed the study. ZH, QW, RG, XW and JWa performed the experiments and collected the data. ZH, LG, RG and JWu analyzed and interpreted the data. ZH, LG, XW and JWa drafted the manuscript. JWu supervised the study and revised the manuscript. All authors read and approved the final manuscript.

## Ethics approval and consent to participate

All human tissues were obtained and used with the patients' informed consent and under the approval of Institutional Review Broad of the Shanghai General Hospital, Shanghai Jiao Tong University, Shanghai, China (approval no. 2019SQ098).

## Patient consent for publication

Not applicable.

## **Competing interests**

The authors declare that they have no competing interests.

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