

Influence of hydrophilic additives on the supersaturation and bioavailability of dutasteride-loaded hydroxypropyl- β -cyclodextrin nanostructures

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Abstract: The objectives of this study were to develop a novel solid dutasteride formulation with improved physicochemical properties and oral bioavailability, and to examine the correlation between its *in vitro* dissolution and *in vivo* pharmacokinetic parameters. Hydroxypropyl- β -cyclodextrin (HP- β -CD) nanostructures with or without hydrophilic additives were manufactured using the supercritical antisolvent process. The dutasteride-loaded HP- β -CD nanoparticles formed aggregates with a mean particle size of less than 160 nm and a specific surface area greater than 100 m²/g. Increases in the supersaturation and dissolution rate for dutasteride were dependent on the type of additive; increases in maximum solubility and extended supersaturation were observed in dutasteride-loaded HP- β -CD nanostructures with hydroxypropylmethyl cellulose, whereas the dissolution rate was the highest for nanostructures containing d- α -tocopheryl polyethylene glycol 1000 succinate. In rats, the oral bioavailability of dutasteride increased with the supersaturation induced by the HP- β -CD nanostructures. In addition, compared with the *in vitro* drug release rate, the *in vivo* pharmacokinetic parameters were more closely correlated with *in vitro* parameters related to supersaturation (solubility). Further, the bioavailability of the dutasteride-loaded HP- β -CD nanostructures with hydroxypropylmethyl cellulose was similar to that of the commercially available soft gelatin capsule (Avodart®). In conclusion, preparation of dutasteride-loaded HP- β -CD nanostructures using the supercritical antisolvent process affords a viable alternative solid dosage form for dutasteride.

Keywords: solubility, bioavailability, dutasteride, nanostructure, supercritical antisolvent

Introduction

Dutasteride, a 4-azasteroid, is a potent inhibitor of 5 α -reductase types 1 and 2.¹ Currently, this agent is used for the treatment of benign prostatic hyperplasia and hair loss.² However, dutasteride is insoluble in water (<0.038 ng/mL),³ and in its commercial dosage form is formulated as a soft gelatin capsule containing monoglycerides and diglycerides of caprylic/capric acid as solubilizers. Although the oral bioavailability of the soft gelatin capsule is 60% (range 40%–94%) in humans, it must be swallowed whole and not chewed or opened because the contents may irritate the oropharyngeal mucosa.⁴ Further, the rate of drug release from the soft gelatin capsule is reduced by gelatin crosslinking.⁵ We have previously evaluated various formulation strategies, including a solid dispersion, a Eudragit E nanoparticle suspension, a self-microemulsifying drug delivery system, and the Soluplus® (BASF, Ludwigshafen, Germany)-coated colloidal silica nanomatrix system, for their ability to enhance the solubility and bioavailability of

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dutasteride.⁶⁻⁹ Among these formulations studied, the Eudragit E nanoparticle suspension afforded a dutasteride bioavailability 5.5-fold higher than that afforded by a 0.3% w/v Soluplus suspension (mean particle size 1.92 μm). However, use of the Eudragit E nanoparticle suspension was limited by its stability and difficulty in scaleup.¹⁰

Supersaturable dosage forms improve the solubility and oral bioavailability of water-insoluble drugs, and are now being widely explored in the pharmaceutical industry.¹¹⁻¹⁵ Amorphous solid dispersion and lipid-based formulations (eg, the supersaturable self-microemulsifying drug delivery system) containing polymeric precipitation inhibitors are regarded as supersaturable formulations. The supersaturated state is a thermodynamically unstable amorphous form and eventually reverts to a stable state because of drug precipitation. However, drug precipitation inhibitors help to maintain the supersaturated state by inhibiting nucleation and crystal growth by steric stabilization, surface stabilization, and/or specific interactions with the drug.¹⁶⁻¹⁸

Cyclodextrin and its derivatives have gained considerable attention in drug formulation because of their ability to increase solubility and stability by forming inclusion complexes,¹⁹ as well as by forming molecular aggregates and micelle-like structures.^{20,21} Studies have also reported enhanced supersaturation and inhibition of drug precipitation by cyclodextrin.^{22,23} Commercial supersaturable formulations such as solid dispersions are manufactured using hot-melt extrusion, spray-drying, and supercritical fluid processes.²⁴⁻²⁶ Among the supercritical fluid processes, the supercritical antisolvent process may be used for manufacturing nanoparticles and nanostructures of a solid supersaturable composition by using carbon dioxide as a green solvent.²⁷⁻²⁹

The objectives of this study were to develop a novel solid dutasteride formulation with improved physicochemical properties and higher bioavailability, and to establish a correlation between the *in vitro* dissolution and *in vivo* pharmacokinetic parameters for orally administered dutasteride. Hydroxypropyl- β -cyclodextrin (HP- β -CD) was used as a drug precipitation inhibitor to enhance the solubility and oral bioavailability of dutasteride. Dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives were manufactured using the supercritical antisolvent process. *In vitro* and *in vivo* evaluations were performed.

Materials and methods

Dutasteride and finasteride were purchased from Dr Reddy's Laboratories Ltd (Andhra Pradesh, India) and Sigma-Aldrich (St Louis, MO, USA), respectively.

Hydroxypropyl- β -cyclodextrin (HP- β -CD, Cavitron[®] W7 HP5 Pharma, ISP Pharmaceuticals, Wayne, NJ, USA), hydroxypropyl cellulose (Nippon Soda Co, Ltd, Tokyo, Japan), hydroxypropylmethyl cellulose (HPMC 2910, Shin-Etsu Chemical Co, Ltd, Tokyo, Japan), polyethylene glycol (PEG 6000, Sigma-Aldrich), polyvinylpyrrolidone (PVP K30, BASF Co, Ltd, Germany), Poloxamer 407 and polyvinylpyrrolidone vinyl acetate (PVP-VA 64, BASF Co, Ltd), and d- α -tocopheryl polyethylene glycol 1000 succinate (Vitamin E TPGS, Eastman Chemical Company, Kingsport, TN, USA) were used as hydrophilic additives. Avodart[®] soft gelatin capsules (GlaxoSmithKline, Middlesex, UK) containing 0.5 mg dutasteride were purchased from a pharmacy. The acetonitrile and methanol used were high-performance liquid chromatography grade; all other chemicals were analytical grade.

Preparation of drug-loaded HP- β -CD nanostructures

Dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives were prepared using SAS200 (Thar Technologies, Pittsburgh, PA, USA).³⁰ First, dutasteride/excipient solutions (1.0%, w/v) were prepared by dissolving the dutasteride with excipients in ethanol or a 50/50 (v/v) mixture of ethanol and dichloromethane. Compositions of the dutasteride-loaded HP- β -CD nanostructures are shown in Table 1. The flow rates for the supercritical carbon dioxide and dutasteride/excipient solutions were 11 g per minute and 1.0 mL per minute, respectively. During formation of the particles, the operating pressure and temperature were fixed at 40°C and 15 mPa, respectively, based on preliminary experiments (data not shown). The precipitated dutasteride-loaded HP- β -CD nanostructures were obtained from the particle collection basket. For comparison, physical mixtures were also prepared by simply mixing the drug with the excipients in a glass vial.

Characterization of drug-loaded HP- β -CD nanostructures

The morphology of the dutasteride-loaded HP- β -CD nanostructures was observed using scanning electron microscopy (JSM-7000F, JEOL Ltd, Tokyo, Japan). The size of the dutasteride-loaded HP- β -CD nanostructures was determined using a laser particle size analyzer (BI-9000, Brookhaven, Upton, NY, USA). The samples were dispersed in mineral oil and sonicated for 10 minutes. The specific surface area of the dutasteride-loaded HP- β -CD nanostructures was determined by nitrogen adsorption using a surface area analyzer (ASAP 2010, Micromeritics Instrument Corporation, Norcross, GA, USA). The crystal structure of the dutasteride

Table I Composition and physicochemical properties of dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process

Formulation (weight ratio)	Drug content (%)	Mean particle size (nm)	Specific surface area (m ² /g)
DT:HP- β -CD, 1:13.3	98.5 \pm 1.1	140.5 \pm 15.6	107.52 \pm 1.59
DT:HP- β -CD, 1:26.6	97.9 \pm 1.9	155.3 \pm 22.5	110.63 \pm 1.28
DT:HP- β -CD, 1:39.9	99.1 \pm 0.9	150.9 \pm 20.5	102.52 \pm 1.09
DT:HP- β -CD:HPC, 1:26.6:13.3	98.5 \pm 1.6	201.6 \pm 22.3	85.38 \pm 1.10
DT:HP- β -CD:HPMC 2910, 1:26.6:13.3	99.5 \pm 1.3	209.8 \pm 25.6	82.15 \pm 0.89
DT:HP- β -CD:PVP K30, 1:26.6:13.3	98.2 \pm 1.1	189.5 \pm 15.6	90.31 \pm 1.01
DT:HP- β -CD:PVP-VA 64, 1:26.6:13.3	98.5 \pm 1.5	215.3 \pm 26.7	87.21 \pm 0.75
DT:HP- β -CD:PEG 6000, 1:26.6:13.3	97.6 \pm 2.0	225.8 \pm 20.2	71.51 \pm 0.68
DT:HP- β -CD:Poloxamer 407, 1:26.6:13.3	99.6 \pm 2.1	230.2 \pm 35.2	60.71 \pm 0.59
DT:HP- β -CD:Ryotoester L1695, 1:26.6:13.3	98.6 \pm 0.9	278.5 \pm 50.5	66.61 \pm 0.58
DT:HP- β -CD:SLS, 1:26.6:13.3	99.2 \pm 0.9	170.2 \pm 15.9	96.51 \pm 0.89
DT:HP- β -CD:TPGS, 1:26.6:13.3	98.5 \pm 1.1	ND	48.59 \pm 0.47

Notes: Drug content (%) = weight of loaded drug/weight of feeding drug \times 100. Data are expressed as the mean \pm standard deviation (n = 3).

Abbreviations: DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPC, hydroxypropyl cellulose; HPMC, hydroxypropylmethyl cellulose; ND, not determined; PEG, polyethylene glycol; PVP, polyvinylpyrrolidone; PVP-VA, polyvinylpyrrolidone-vinyl acetate; SAS, supercritical antisolvent; SLS, sodium lauryl sulfate; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

within the HP- β -CD nanostructure was analyzed using a D8 Advance x-ray diffraction system (Bruker AXS GmbH, Karlsruhe, Germany). The scanning speed was 3°C per minute from 5°C to 50°C with a step size of 0.02°C. The drug content in the HP- β -CD nanostructure was determined using high-performance liquid chromatography (an LC 10ADvp pump with an SPD-10ADvp UV detector, Shimadzu Corporation, Kyoto, Japan). A sample of approximately 20 mg was dissolved in 100 mL of methanol. An analytical Luna C18(2) column (5 μ m, 250 \times 4.6 mm, Phenomenex, Torrance, CA, USA) was used, and the mobile phase consisted of a mixture of acetonitrile and water (60/40, v/v). A flow rate of 1.0 mL per minute was used. The injection volume was 20 μ L, and detection was performed at 210 nm.

Supersaturated dissolution tests were performed using a USP rotating paddle apparatus (USP apparatus II; VK 7000, Vankel, Cary, NC, USA). Different HP- β -CD nanostructures equivalent to 15 mg of dutasteride were added into a dissolution vessel containing 300 mL of simulated gastric fluids

without pepsin at a pH of 1.2, maintained at 37°C \pm 0.5°C, and stirred at 100 rpm. At different time intervals, 3 mL samples were drawn and filtered using a 0.11 μ m nylon syringe filter. The filtrate was diluted with methanol, and the concentration of dutasteride was analyzed using high-performance liquid chromatography.

Dissolution tests, using two different under-sink conditions, were performed in simulated gastric fluids (pH 1.2) containing sodium lauryl sulfate 0.1% or 2%. The sodium lauryl sulfate concentration was determined by the phase solubility study. The dissolution medium was maintained at 37°C with continuous stirring at 50 rpm. Accurately weighed nanostructures containing the equivalent of 0.5 mg dutasteride and the commercial product were added to the dissolution vessel. Next, 3 mL samples were taken at different time intervals, filtered using a 0.11 μ m nylon syringe filter, diluted using methanol, and analyzed using high-performance liquid chromatography. The phase solubility analysis was performed by adding excess amounts of dutasteride into a capped glass vial containing 5 mL of simulated gastric fluids (pH 1.2) with different concentrations of sodium lauryl sulfate. The samples were placed on a shaking water bath and agitated (60 rpm) at 37°C for 24 hours, which was previously determined to be an adequate time for equilibration. At the end of this period, an aliquot of the sample was collected and filtered through a 0.11 μ m nylon syringe filter. The filtrate was diluted with methanol, and the concentration of dutasteride was analyzed using high-performance liquid chromatography.

Pharmacokinetic study

The animal experiments were approved by the Committee on the Care and Use of Laboratory Animals at Inje University and performed according to the guidelines of the university. Male Sprague-Dawley rats (240–260 g) were purchased from Samtaco Bio Korea Inc (Osan-si, Korea) and randomly divided into six groups of four animals each. The rats were fasted for 24 hours prior to the study, and the jugular veins cannulated using a 23-gauge polyethylene cannula under zolazepam anesthesia (25 mg/kg, intramuscularly). The animals were allowed access to food four hours after dosing. Each group was given dutasteride-loaded HP- β -CD nanostructures or the commercial product by oral gavage at a dose of 2 mg/kg. The dutasteride-loaded HP- β -CD nanostructures or nanostructures modified with PVP-VA 64, TPGS, or HPMC were dispersed in 1 mL of water immediately prior to oral dosing; the selection of additives was based on the results of an in vitro supersaturation study. After administration

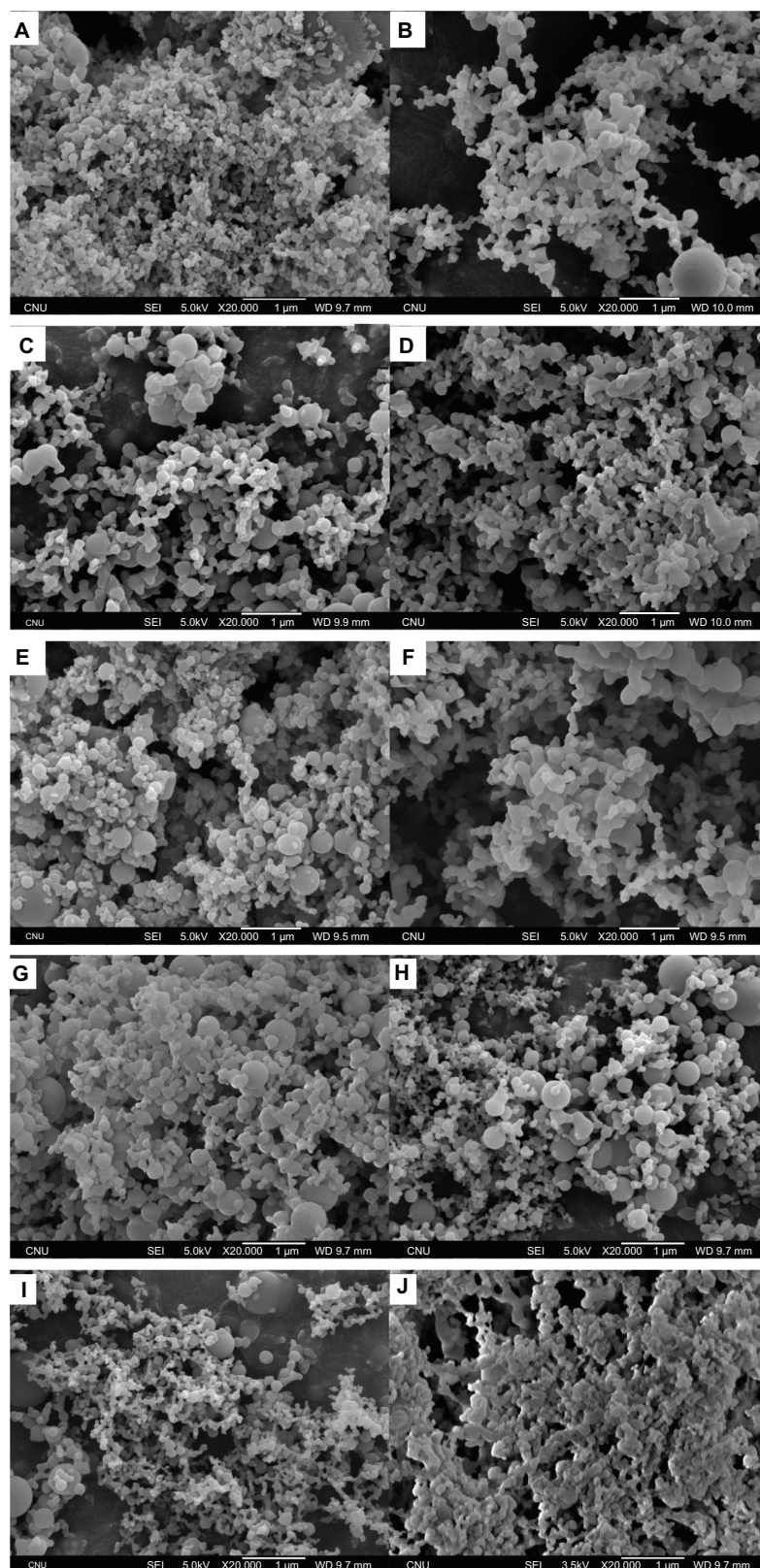


Figure 1 Scanning electron microscopic images of dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process. DT:HP- β -CD, 1:39.9 (A), DT:HP- β -CD:HPC (B), DT:HP- β -CD:HPMC 2910 (C), DT:HP- β -CD:PVP K30 (D), DT:HP- β -CD:PVP-VA 64 (E), DT:HP- β -CD:PEG 6000 (F), DT:HP- β -CD:Poloxamer 407 (G), DT:HP- β -CD:Ryotoester LI695 (H), DT:HP- β -CD:SLS (I), and DT:HP- β -CD:TPGS (J).

Abbreviations: DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPC, hydroxypropyl cellulose; HPMC, hydroxypropylmethyl cellulose; PEG, polyethylene glycol; PVP, polyvinylpyrrolidone; PVP-VA, polyvinylpyrrolidone-vinyl acetate; SLS, sodium lauryl sulfate; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

of the liquid content of the commercial product (equivalent to 2 mg/kg), the animals immediately received 1 mL of water. Blood samples (approximately 350 μ L) were collected into heparinized tubes at indicated time intervals. Plasma samples were obtained from blood by centrifugation at 12,000 rpm (16,582 \times g) for five minutes. Dutasteride was extracted from the plasma matrix by protein precipitation, and drug concentrations in the plasma samples were analyzed using liquid chromatography with tandem mass spectrometry as previously reported.⁶ The pharmacokinetic parameters, ie, $AUC_{0 \rightarrow 24h}$ (area under the concentration-time curve), C_{max} (peak concentration), and T_{max} (time to peak concentration), were calculated using noncompartmental analysis. Relative bioavailability was calculated using the following equation, with the commercial product used as a reference: relative bioavailability (%) = $AUC_{test} / AUC_{reference} \times 100$.

Statistical analysis

The data were analyzed by one-way analysis of variance followed by the least squares difference and Student-Newman-Keuls test using Statistical Package for Social Sciences version 19.0 software (IBM Corporation, Armonk, NY, USA). $P < 0.05$ was considered to be statistically significant.

Results and discussion

Scanning electron microscopic images showed that the dutasteride-loaded HP- β -CD nanostructures (Figure 1A–C) were composed of aggregated nanoparticles with a mean particle size of less than 160 nm, resulting in a very high specific surface area greater than 100 m²/g (Table 1). Hydrophilic additives decreased the mean particle size and increased the specific surface area of the nanostructures (Table 1). In particular, Poloxamer 407 or TPGS caused high particle aggregation and fusion (Figure 1G and J), which might be attributed to the lower melting temperatures of the surfactant used. The melting temperatures of Poloxamer 407 and TPGS were approximately 55°C and 37°C, respectively. Similar results were observed in previous studies.^{15,28,31} Dutasteride was not degraded during the supercritical antisolvent process, and the drug content of all the prepared nanostructures was at least 98% (Table 1). X-ray diffraction patterns for the nanostructures did not show any characteristic diffraction peaks corresponding to the raw material (dutasteride), suggesting that dutasteride existed in an amorphous form within the HP- β -CD nanostructures (Figure 2).

As shown in Figure 3 and Table 2, the dutasteride-loaded HP- β -CD nanostructures at a ratio of 1:13.3 showed a

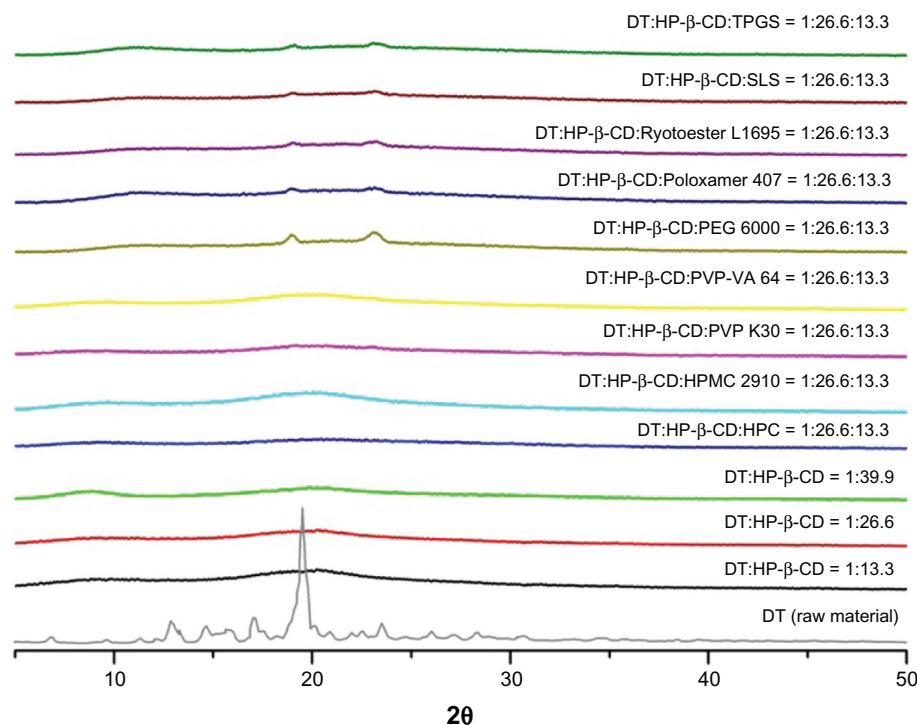


Figure 2 X-ray diffraction patterns of raw material and dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process.

Abbreviations: DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPC, hydroxypropyl cellulose; HPMC, hydroxypropylmethyl cellulose; PEG, polyethylene glycol; PVP, polyvinylpyrrolidone; PVP-VA, polyvinylpyrrolidone-vinyl acetate; SLS, sodium lauryl sulfate; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

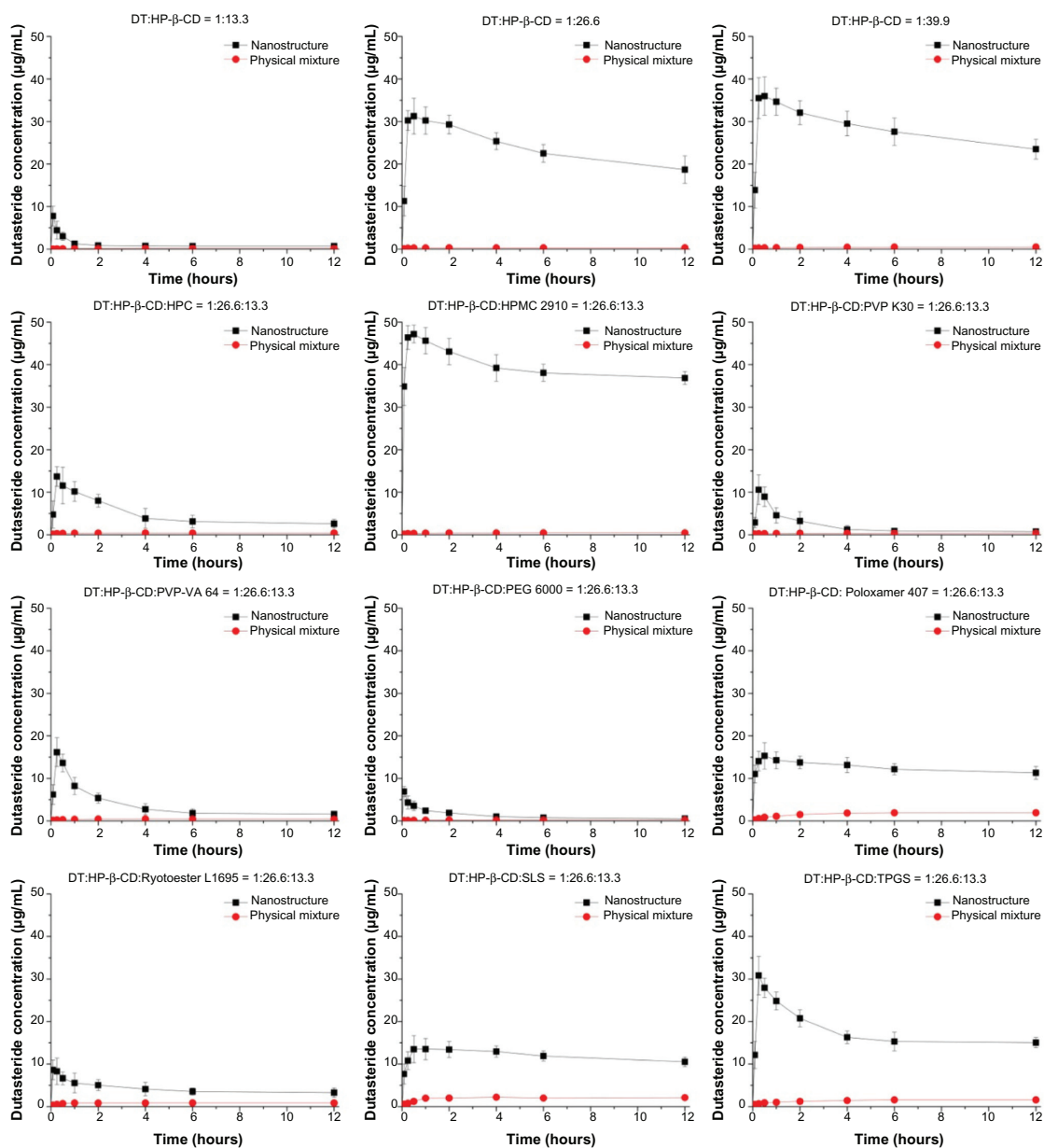


Figure 3 Supersaturated dissolution of a physical mixture and dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process.

Note: Data are expressed as the mean \pm standard deviation ($n = 3$).

Abbreviations: DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPC, hydroxypropyl cellulose; HPMC, hydroxypropylmethyl cellulose; PEG, polyethylene glycol; PVP, polyvinylpyrrolidone; PVP-VA, polyvinylpyrrolidone-vinyl acetate; SLS, sodium lauryl sulfate; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

maximum solubility of 7.77 $\mu\text{g/mL}$ and rapid subsequent drug precipitation. The solubility of dutasteride was maintained above 20 $\mu\text{g/mL}$ for 24 hours in dutasteride-loaded HP- β -CD nanostructures at ratios of 1:26.6 and 1:39.9; maximum solubility was not different at these ratios ($P > 0.05$). In fact, as an inhibitor of drug precipitation, the HP- β -CD nanostructure provided a high degree of supersaturation and extended supersaturation of dutasteride, suggesting that mechanisms other than simple complex formation were

responsible for the stabilization effects, such as inhibition of nucleation and/or crystal growth from a highly supersaturated state. In general, drug precipitation inhibitors inhibit nucleation and/or crystal growth by steric stabilization, surface stabilization by adsorption onto an active surface, and/or specific interactions with a drug (eg, by hydrogen bonding or hydrophobic interactions).^{32,33} Cyclodextrin can solubilize and stabilize drugs by forming an inclusion complex with a drug and/or by forming molecular aggregates and

Table 2 Supersaturated dissolution data for dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process

Formulation (weight ratio)	HP- β -CD nanostructure				Physical mixture
	Maximum solubility ($\mu\text{g/mL}$)	Degree of supersaturation ^a	Relative AUC (%) ^b	Relative C _{max} (%) ^c	Equilibrium solubility ($\mu\text{g/mL}$)
DT:HP- β -CD, 1:13.3	7.77 \pm 1.23	38.85	3.5	21.6	0.21 \pm 0.01
DT:HP- β -CD, 1:26.6	31.25 \pm 3.21	89.29	84.0	86.8	0.35 \pm 0.03
DT:HP- β -CD, 1:39.9	35.99 \pm 4.52	76.57	100.0	100.0	0.47 \pm 0.03
DT:HP- β -CD:HPC, 1:26.6:13.3	13.70 \pm 2.30	32.61	16.4	38.1	0.42 \pm 0.01
DT:HP- β -CD:HPMC 2910, 1:26.6:13.3	47.10 \pm 3.05	104.88	140.2	130.9	0.45 \pm 0.01
DT:HP- β -CD:PVP K30, 1:26.6:13.3	10.59 \pm 3.52	25.83	6.7	29.4	0.41 \pm 0.02
DT:HP- β -CD:PVP-VA 64, 1:26.6:13.3	16.16 \pm 3.41	34.39	12.2	44.9	0.47 \pm 0.03
DT:HP- β -CD:PEG 6000, 1:26.6:13.3	6.89 \pm 1.23	17.7	4.3	19.1	0.39 \pm 0.01
DT:HP- β -CD:Poloxamer 407, 1:26.6:13.3	15.30 \pm 3.16	7.97	44.6	42.5	1.92 \pm 0.23
DT:HP- β -CD:Ryotoester L1695, 1:26.6:13.3	8.94 \pm 3.12	10.34	14.6	24.8	0.86 \pm 0.11
DT:HP- β -CD:SLS, 1:26.6:13.3	13.52 \pm 2.58	6.44	42.7	37.6	2.11 \pm 0.31
DT:HP- β -CD:TPGS, 1:26.6:13.3	30.83 \pm 3.58	19.51	61.5	85.7	1.58 \pm 0.19

Notes: ^aDegree of supersaturation is defined as the maximum solubility of dutasteride (HP- β -CD nanostructure) in the dissolution medium divided by the equilibrium solubility of dutasteride (physical mixture) within medium; ^brelative AUC (%) = AUC_{0-6h} of sample / AUC_{0-6h} of the HP- β -CD nanostructure (1:39.9) \times 100. The AUC_{0-6h} was calculated using noncompartmental analysis from supersaturated dissolution data; ^crelative C_{max} (%) = C_{max} of sample / C_{max} of HP- β -CD nanostructure (1:39.9) \times 100. Data are expressed as the mean \pm standard deviation (n = 3).

Abbreviations: AUC, area under the concentration-time curve; C_{max}, peak concentration; DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPC, hydroxypropyl cellulose; HPMC, hydroxypropylmethyl cellulose; PEG, polyethylene glycol; PVP, polyvinylpyrrolidone; PVP-VA, polyvinylpyrrolidone-vinyl acetate; SLS, sodium lauryl sulfate; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

micelle-like structures.^{34,35} Recently, Makhlof et al reported that cyclodextrin could act as a surface stabilizer of nanocrystals by forming a cyclodextrin network via intermolecular interaction of cyclodextrin molecules.³⁶

Hydrophilic additives significantly influenced the maximum solubility and supersaturation of dutasteride. HPMC was the most effective hydrophilic additive examined, followed by TPGS, and PVP-VA 64. Of the hydrophilic additives used, only HPMC had a synergistic effect on the maximum solubility and extended supersaturation of the dutasteride-loaded HP- β -CD nanostructures. Conversely, compared with HP- β -CD alone, the other hydrophilic additives showed an antagonistic effect, resulting in a decreased degree of supersaturation and/or an increase in drug precipitation from the supersaturated state. In particular, rapid drug precipitation was observed in HP- β -CD nanostructures with PEG 6000, with a maximum solubility of 6.89 $\mu\text{g/mL}$. HP- β -CD nanostructures with TPGS also showed rapid drug precipitation compared with the HP- β -CD nanostructures alone at ratios of 1:26.6 and 1:39.9, but no difference in maximum solubility was observed ($P > 0.05$). Lastly, HP- β -CD nanostructures with sodium lauryl sulfate or Poloxamer 407 showed a decrease in degree of supersaturation, although it was maintained above 10 $\mu\text{g/mL}$ for 24 hours. Therefore, the surfactants added, with the exception of TPGS, inhibited supersaturation of the HP- β -CD nanostructures.

Conversely, the equilibrium solubility of the physical mixtures consisting of HP- β -CD and hydrophilic polymers was increased compared with that of the physical mixture with HP- β -CD and drug at a ratio of 1:26.6. Moreover, the hydrophilic additives, with the exception of TPGS and HPMC, inhibited supersaturation of the HP- β -CD nanostructures, but increased the equilibrium solubility of dutasteride. The effect of the hydrophilic additives on the degree of supersaturation might be attributed to specific and/or nonspecific interactions between dutasteride, HP- β -CD, and the hydrophilic additives, and/or the miscibility of the HP- β -CD and hydrophilic additives within the nanostructure matrix. According to classical nucleation theory, the nucleation rate would depend on the interfacial tension and degree of supersaturation.³⁷ The hydrophilic additives also affected the interfacial tension of the HP- β -CD nanostructures. However, the synergistic or antagonistic effects of the hydrophilic additives on the supersaturation of dutasteride require further study.

The dissolution rate of the dutasteride-loaded HP- β -CD nanostructures was determined in simulated gastric fluids (pH 1.2) containing 2% sodium lauryl sulfate. The dissolution test was performed according to US Pharmacopeia guidelines.³⁸ Dutasteride did not dissolve in the dissolution medium in the absence of sodium lauryl sulfate because it is insoluble in water (less than 0.038 ng/mL). As shown in Figure 4A, approximately 90% of the dutasteride from all the HP- β -CD nanostructures

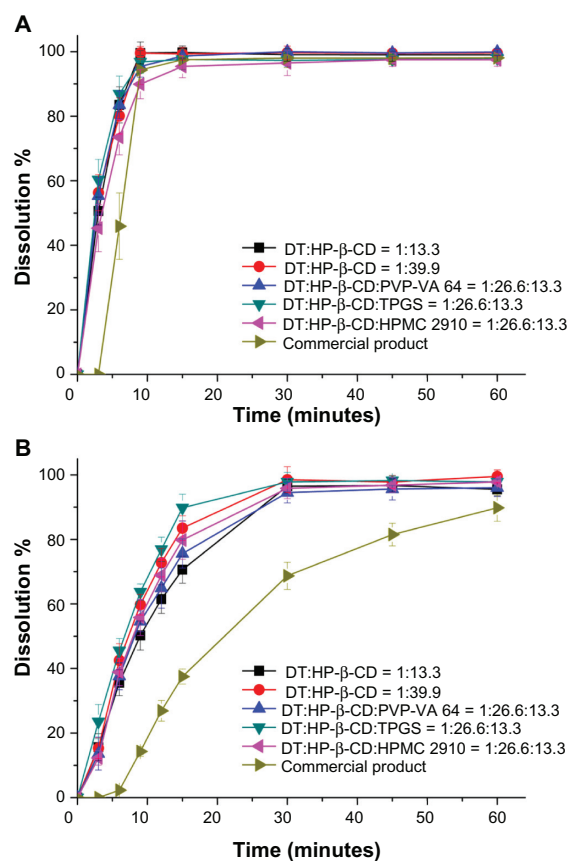


Figure 4 Dissolution profiles for the commercial product and dutasteride-loaded HP-β-CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process in a pH 1.2 dissolution medium containing two different concentrations of sodium lauryl sulfate, ie, (A) 2% and (B) 0.1%. **Note:** Data are expressed as the mean ± standard deviation (n = 3).

Abbreviations: DT, dutasteride; HP-β-CD, hydroxypropyl-β-cyclodextrin; HPMC, hydroxypropylmethyl cellulose; PVP-VA, polyvinylpyrrolidone-vinyl acetate; TPGS, d-α-tocopheryl polyethylene glycol 1000 succinate.

tested dissolved within nine minutes in the dissolution medium containing 2% sodium lauryl sulfate. Because the nanostructures showed a rapid dissolution rate in this condition, a phase solubility study was performed to modify the dissolution medium for comparison between the formulations. As shown in Figure 5, the equilibrium solubility of dutasteride increased linearly with increasing concentration of sodium lauryl sulfate because of micellar solubilization. Dissolution studies were performed in simulated gastric fluids (pH 1.2) containing 0.1% sodium lauryl sulfate for the sink condition ($C_s = 11.86 \mu\text{g/mL}$, $C_i < 0.1 C_s$); the in vitro dissolution parameter, drug release rate (k), and $t_{50\%}$ (time necessary to release 50% of the drug) were calculated using the Hixson-Crowell equation (Table 3). The most rapid dissolution rate was observed in HP-β-CD nanostructures with TPGS, followed by HP-β-CD nanostructures at a ratio of 1:39.9. Further, the percentage of dutasteride released from the HP-β-CD nanostructures was significantly

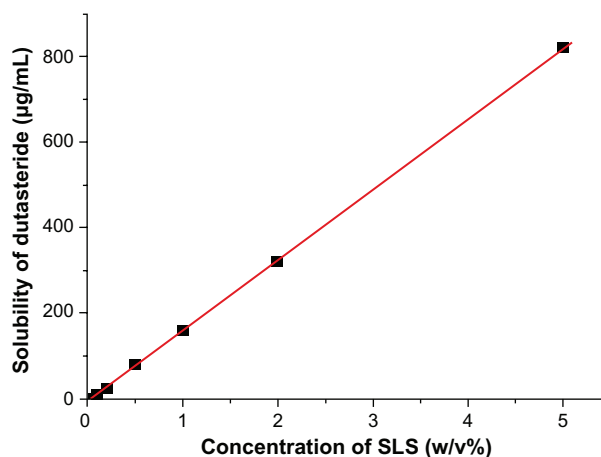


Figure 5 Effect of sodium lauryl sulfate concentration on the solubility of dutasteride.

Note: Data are expressed as the mean ± standard deviation (n = 3).

Abbreviation: SLS, sodium lauryl sulfate.

higher than that of the commercial product. Drug release from the commercial product was dependent on the sodium lauryl sulfate concentration in the dissolution medium, which might be attributed to emulsification of the liquid oil content, ie, monoglycerides and diglycerides of caprylic/capric acid and butylated hydroxytoluene,³ from the soft capsule by sodium lauryl sulfate.

The plasma concentration-time profiles and pharmacokinetic parameters ($AUC_{0 \rightarrow 24h}$, C_{max} , and T_{max}) are shown in Figure 6 and Table 4, respectively. Bioavailability of the drug from the dutasteride-loaded HP-β-CD nanostructures with HPMC was significantly improved compared with that from the other formulations. After oral administration of the dutasteride-loaded HP-β-CD nanostructures

Table 3 Dissolution kinetic parameters for dutasteride-loaded HP-β-CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process

Formulation (weight ratio)	k (mg ^{1/3} per minute)	$t_{50\%}$ (minutes)
DT:HP-β-CD, 1:13.3	0.0184 ± 0.0017	9.22 ± 0.68
DT:HP-β-CD, 1:39.9	0.0259 ± 0.0025	7.43 ± 0.61
DT:HP-β-CD:PVP-VA 64, 1:26.6:13.3	0.0213 ± 0.0021	8.52 ± 0.78
DT:HP-β-CD:TPGS, 1:26.6:13.3	0.0290 ± 0.0031	6.59 ± 0.55
DT:HP-β-CD:HPMC 2910, 1:26.6:13.3	0.0233 ± 0.0020	8.27 ± 0.71

Notes: Drug release rate was determined using the Hixson-Crowell equation: $W_0^{1/3} - W_t^{1/3} = kt + C$, where W_0 is the initial amount of drug, W_t is the remaining amount of drug at time t , k is the drug release rate, and C is a constant. The $t_{50\%}$ parameter corresponds to the time necessary for release of 50% of the drug and is calculated using the Hixson-Crowell equation. Data are expressed as the mean ± standard deviation (n = 4).

Abbreviations: DT, dutasteride; HP-β-CD, hydroxypropyl-β-cyclodextrin; HPMC, hydroxypropylmethyl cellulose; PVP-VA, polyvinylpyrrolidone-vinyl acetate; TPGS, d-α-tocopheryl polyethylene glycol 1000 succinate.

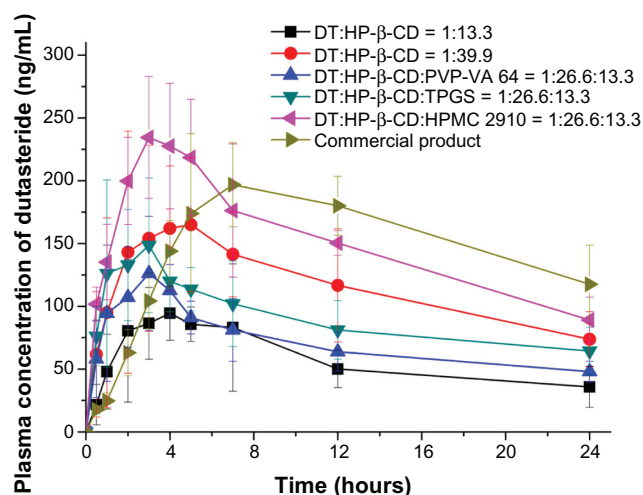


Figure 6 Plasma concentration-time profile for dutasteride in rats after oral administration of the commercial product and HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process.

Note: Data are expressed as the mean \pm standard deviation ($n = 4$).

Abbreviations: DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPMC, hydroxypropylmethyl cellulose; PVP-VA, polyvinylpyrrolidone-vinyl acetate; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

with HPMC, the $AUC_{0 \rightarrow 24h}$, C_{max} , and relative bioavailability were 3570.5 ± 443.3 ng \cdot h/mL, 255.5 ± 27.9 ng/mL, and 101.3%, respectively. Further, bioavailability of the dutasteride-loaded HP- β -CD nanostructures with HPMC was similar to that of the commercial soft gelatin capsule, indicating that dutasteride-loaded HP- β -CD nanostructures manufactured using the supercritical antisolvent process could help achieve a novel supersaturable solid formulation with a high oral bioavailability of dutasteride. This differed from the oil-based solubilization principle of the commercial product. Thus, the

soft gelatin capsule could be switched to a solid dosage form, such as a tablet.

The relationship between the in vitro dissolution and in vivo pharmacokinetic parameters was investigated for the various formulations of dutasteride-loaded HP- β -CD nanostructures. A good linear correlation was observed between the relative AUC in vitro and the relative AUC parameters in vivo (Figure 7A), and for the relative C_{max} parameters (Figure 7B). Interestingly, the oral bioavailability of dutasteride increased with maximum solubility, ie, supersaturation. After oral administration of the dutasteride-loaded HP- β -CD nanostructures, a highly supersaturated solution was generated within the gastrointestinal tract, which resulted in a higher local concentration, and consequently, higher movement through the gastrointestinal epithelial membrane.^{39,40} However, a poor correlation was observed between the drug release rate and relative bioavailability (Figure 7C). Therefore, these data suggest that it is more important to enhance maximum supersaturation by prolonged supersaturation than the dissolution rate under sink conditions to achieve an effective solid dosage form of dutasteride with high bioavailability.

Conclusion

The supersaturation and dissolution rate of dutasteride were significantly increased by preparing dutasteride-loaded HP- β -CD nanostructures using the supercritical antisolvent process. The maximum supersaturation and drug precipitation rate of dutasteride depends on the type of hydrophilic additive used. Among these, HPMC conferred a high maximum solubility with prolonged supersaturation. The oral

Table 4 Pharmacokinetic parameters for the dutasteride-loaded HP- β -CD nanostructures with or without hydrophilic additives prepared using the supercritical antisolvent process

Formulation (weight ratio)	$AUC_{0 \rightarrow 24h}$ (ng \cdot hour/mL)	C_{max} (ng/mL)	T_{max} (hours)	Relative AUC (%)	Relative C_{max} (%)	Relative BA (%)
DT:HP- β -CD, 1:13.3	1367.9 ± 286.0	124.0 ± 22.7	4.3 ± 2.1	49.9	59.8	38.8
DT:HP- β -CD, 1:39.9	$2738.7 \pm 413.7^{a-c}$	207.3 ± 24.7^{ab}	5.5 ± 4.5	100.0	100	77.7
DT:HP- β -CD:PVP-VA 64, 1:26.6:13.3	1746.4 ± 290.9^a	161.6 ± 20.1^a	3.8 ± 2.2	63.8	78.0	49.6
DT:HP- β -CD:TPGS, 1:26.6:13.3	2137.6 ± 387.2^a	195.7 ± 19.1^a	3.5 ± 2.4	78.1	94.4	60.7
DT:HP- β -CD:HPMC 2910, 1:26.6:13.3	$3570.5 \pm 443.3^{a-d}$	$255.5 \pm 27.9^{a-e}$	3.8 ± 1.0	130.4	123.3	101.3
Commercial product	$3523.9 \pm 402.1^{a-d}$	210.1 ± 29.5^{ab}	8.3 ± 2.5	128.7	101.4	100

Notes: ^aSignificant at $P < 0.05$ versus DT:HP- β -CD = 1:13.3; ^bsignificant at $P < 0.05$ versus DT:HP- β -CD:PVP-VA 64 = 1:26.6:13.3; ^csignificant at $P < 0.05$ versus DT:HP- β -CD:TPGS = 1:26.6:13.3; ^dsignificant at $P < 0.05$ versus DT:HP- β -CD = 1:39.9; ^esignificant at $P < 0.05$ versus commercial product. Relative AUC (%) = $AUC_{0 \rightarrow 24h}$ of sample/ $AUC_{0 \rightarrow 24h}$ of HP- β -CD nanostructure (1:39.9) \times 100. Relative C_{max} (%) = C_{max} of sample/ C_{max} of HP- β -CD nanostructure (1:39.9) \times 100. Relative bioavailability was calculated using the following equation, with the commercial product used as a reference: relative bioavailability (%) = $AUC_{test}/AUC_{reference} \times 100$. Data are expressed as the mean \pm standard deviation ($n = 4$).

Abbreviations: AUC, area under the concentration-time curve; BA, bioavailability; C_{max} , peak plasma concentration; DT, dutasteride; HP- β -CD, hydroxypropyl- β -cyclodextrin; HPMC, hydroxypropylmethyl cellulose; PVP-VA, polyvinylpyrrolidone-vinyl acetate; T_{max} , time to peak concentration; TPGS, d- α -tocopheryl polyethylene glycol 1000 succinate.

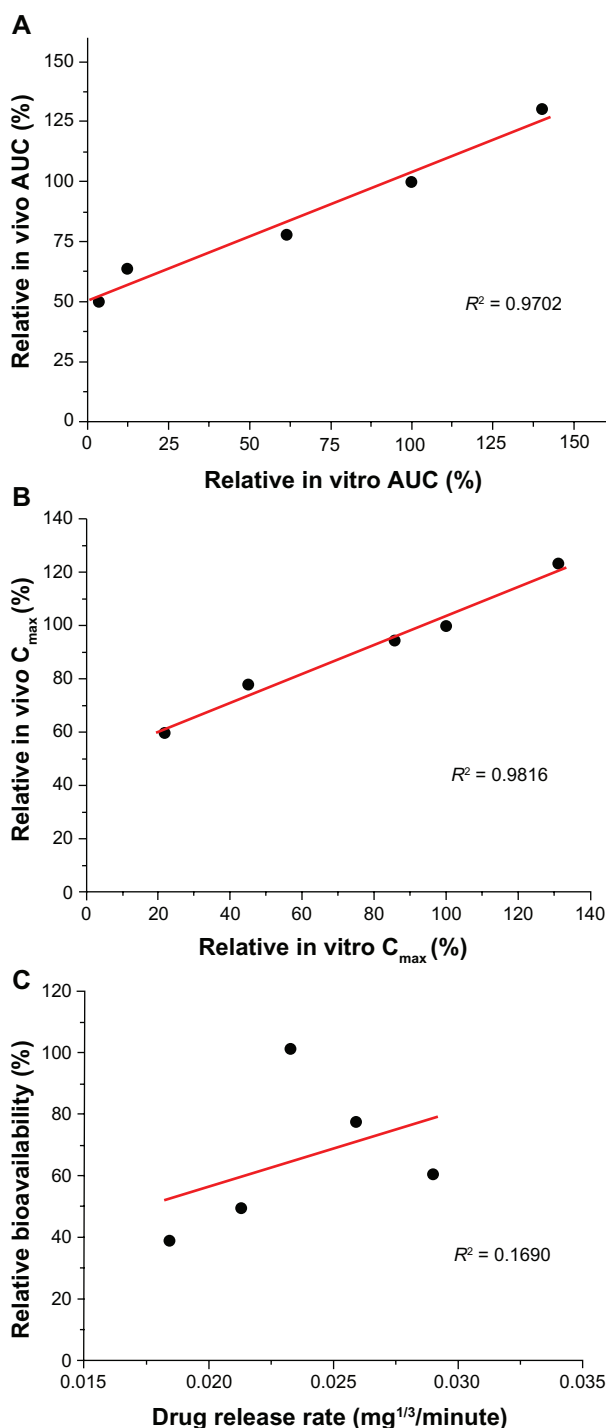


Figure 7 Correlation between in vitro dissolution and in vivo pharmacokinetic parameters. **(A)** relative AUC, **(B)** relative C_{max} , and **(C)** drug release rate.

Abbreviations: AUC, area under the concentration-time curve; C_{max} , peak concentration; R^2 , coefficient of determination.

bioavailability of dutasteride in rats increased with the supersaturation induced by the HP- β -CD nanostructures with or without hydrophilic additives. Furthermore, in vivo pharmacokinetic parameters were better correlated with in vitro parameters related to supersaturation (solubility) than with

in vitro drug release rate. Further, the bioavailability of the dutasteride-loaded HP- β -CD nanostructures with HPMC was similar to that of the commercial soft capsule formulation. In conclusion, preparation of dutasteride-loaded HP- β -CD nanostructures using the supercritical antisolvent process is a feasible strategy for developing a new solid dosage form containing dutasteride.

Disclosure

The author reports no conflicts of interest in this work.

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