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# Linear Association Between Hypoalbuminemia and Increased Risk of Acute Respiratory Distress Syndrome in Critically III Adults

**OBJECTIVES:** We hypothesized that low serum albumin would contribute to pulmonary edema formation, thereby independently increasing the risk of developing acute respiratory distress syndrome in critically ill patients.

**DESIGN:** Retrospective analysis of prospective cohort.

**SETTING:** Medical, surgical, and cardiovascular ICUs at Vanderbilt University Medical Center.

**PATIENTS:** Patients (n = 993) with serum albumin measured for clinical reasons within 24 hours of study enrollment on ICU day 2 were included.

**MEASUREMENTS AND MAIN RESULTS:** The primary outcome was presence of acute respiratory distress syndrome at any time during the first 4 days in the ICU, as defined by the Berlin definition. Secondary outcomes included ventilator-free days and ICU length of stay. In an unadjusted analysis, lower serum albumin levels were associated with a higher occurrence rate of acute respiratory distress syndrome (p < 0.001). In a multivariable analysis controlling for prespecified confounders, lower serum albumin was independently associated with an increased risk of acute respiratory distress syndrome (odds ratio, 1.48 per 1-g/dL decrease in albumin; 95% Cl, 1.14–1.94; p = 0.004). Additionally, lower serum albumin was associated with increased mortality (odds ratio, 1.56 per 1-g/dL decrease in albumin; 95% Cl, 1.19–2.04; p = 0.001), increased ICU length of stay (incidence rate ratio, 1.19; 95% Cl, 1.15–1.23; p < 0.001), higher Sequential Organ Failure Assessment score (p < 0.001), and fewer ventilator-free days (incidence rate ratio, 1.21; 95% Cl, 1.19–1.24; p < 0.001).

**CONCLUSIONS:** Among adult ICU patients, lower serum albumin was independently associated with increased risk of acute respiratory distress syndrome after controlling for severity of illness and potential confounders. These findings support the hypothesis that low plasma oncotic pressure contributes to pulmonary edema formation in patients at risk for acute respiratory distress syndrome, independent of severity of illness.

**KEY WORDS:** acute respiratory distress syndrome; albumin; critical illness; hypoalbuminemia; low serum albumin

he acute respiratory distress syndrome (ARDS) is an inflammatory lung condition that is characterized by increased permeability of the alveolar capillary barrier, resulting in exudation of protein-rich edema fluid into the lung interstitium and airspace (1). Multiple mechanisms contribute to maintaining a dry airspace including high plasma oncotic pressure, low pulmonary microvascular pressure, and relatively impermeable lung endothelial and epithelial barriers. In addition, filtered fluid can be cleared from the airspace by alveolar epithelial ion transport and from the lung interstitium through lymphatic drainage. In the setting of ARDS, disruption of the alveolar capillary J. Brennan McNeil, MS<sup>1</sup> Karen E. Jackson, MD<sup>1</sup> Chunxue Wang, PhD<sup>1</sup> Edward D. Siew, MD<sup>2,3</sup> Andrew J. Vincz, AA<sup>2</sup> Ciara M. Shaver, MD, PhD<sup>1</sup> Julie A. Bastarache, MD<sup>1,4,5</sup> Lorraine B. Ware, MD<sup>1,4</sup>

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barrier and impairment of alveolar fluid clearance (2) lead to accumulation of protein-rich pulmonary edema in the interstitium and alveolar compartment. Edema formation is further compounded in some patients by increased hydrostatic pressure in the lung microvasculature.

Serum albumin accounts for roughly 80% of the colloid oncotic pressure in the circulation (3). Reduced levels of serum albumin (hypoalbuminemia) and the resultant reduced colloid osmotic pressure are key features of critical illness that could contribute to pulmonary edema formation by decreasing the oncotic forces that favor retention of fluid in the microvasculature. The relationship between low serum albumin and ARDS has been well established in the literature (4-10) and is incorporated as an element of the Lung Injury Prediction Score (11). However, the nature of the relationship between ARDS and serum albumin has not been well characterized. We, therefore, hypothesized that lower levels of serum albumin would be independently associated with increased incidence of ARDS among critically ill patients at risk for ARDS. Furthermore, we theorized that the relationship between ARDS and serum albumin would be dosedependent, with increasingly lower levels of serum albumin being associated with increasingly higher incidence of ARDS.

# **MATERIALS AND METHODS**

#### Patient Selection and Study Design

This was a secondary analysis of critically ill patients (age  $\geq$  18 years) who were enrolled in the Validating Acute Lung Injury markers for Diagnosis (VALID) study (12) from 2006 to 2016. VALID is a singlecenter prospective observational cohort study, which has enrolled critically ill patients admitted to the Medical, Surgical, Trauma, and Cardiovascular ICUs at Vanderbilt University Medical Center from 2006 to present day. Inclusion criteria for the VALID study are in the Supplemental Information (http://links.lww. com/CCX/A793). The study protocol was approved by the Vanderbilt Institutional Review Board (051065), and patients or their surrogates provided informed consent. A waiver of informed consent was also approved for this minimal risk study in the event that the patient was unable to consent and no surrogate was available. Inclusion and exclusion criteria for VALID have been

previously described (13). For the current study, additional exclusions included admission to the Trauma ICU (due to a high percentage of missing albumin data in trauma patients), lack of a serum albumin measured within 1 day before or after enrollment, or failure to remain in any ICU for at least 2 days (**Fig. 1**).

### **Data Collection and Definitions**

Patients were enrolled on the morning of ICU day 2. At the time of enrollment, clinical data including demographics, medical history, prehospital medications, admission diagnoses, and the Acute Physiology and Chronic Health Evaluation II (APACHE II) (14) were collected. Laboratory values, hemodynamic variables, ventilator settings, inhospital medications, fluid intake and output, ARDS according to the Berlin definition (by two physician investigator reviews) (15), and evidence of organ failures according to Sequential Organ Failure Assessment scores (SOFA) (16) were recorded daily for the first 4 ICU days. All study patients had daily chest radiographs for evaluation. Clinical outcomes including duration of mechanical ventilation, ventilator-free days (days alive and free of mechanical ventilation over the 28 days after ICU admission), ICU length of stay (LOS), and inhospital mortality were also recorded.

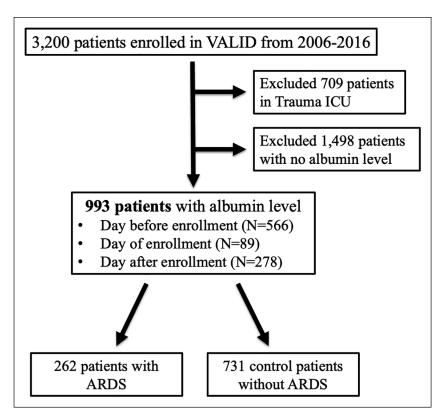
Presence of sepsis (17), pneumonia, and chronic liver disease were determined by systematic chart review. Cumulative fluid balances were calculated as the net positive or negative fluid intake in liters in the 72 hours following ICU admission. Baseline estimated glomerular filtration rate (eGFR) was calculated from creatinine and demographic data (18). Time-stamped clinical laboratory serum albumin levels within 1 day of study enrollment were extracted retrospectively from the electronic medical record. The albumin value for each patient was selected from the earliest qualifying day with available data; if more than one albumin value was measured on that day, the lowest value was selected.

## **Statistical Analysis**

The primary independent variable was the lowest, earliest available serum albumin level measured within 1 day before or after enrollment in VALID. The primary dependent variable was presence of ARDS on at least 2 consecutive ICU days during the first 4 days in the

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**Figure 1.** Flowchart for inclusion of patients in the current study who were enrolled in VALID during the study period.

ICU. Patients who had ARDS on only 1 day or only on nonconsecutive days were included in the control group. To control for potentially confounding variables, we performed a multivariable logistic regression analysis with inclusion of age, gender, APACHE II score, presence of sepsis, chronic liver disease, vasopressor use, baseline eGFR, and positive cumulative fluid balance in the first 72 hours in the ICU. For some analyses, serum albumin levels were expressed as quintiles to examine threshold effects. A Mann-Whitney U test was used to compare the lowest serum albumin level in patients who did and did not develop ARDS. For comparison of incidence of ARDS and mortality by quintile of albumin, we used a chi-square test with linear-by-linear association. A univariate Poisson regression was used to examine the association between lower serum albumin and ICU LOS and ventilatorfree days. We used Fisher exact tests to examine the associations between categorical variables and ARDS incidence and Mann-Whitney U tests to examine associations between ARDS incidence and continuous variables in Table 1. We also conducted three sensitivity analyses. The first sensitivity analysis excluded all patients without a documented risk factor for ARDS (n = 156 excluded). For the second sensitivity analysis, patients with albumin values from the day before or of enrollment were included, but those with albumin measured the day after enrollment were excluded (n = 153 excluded). The third analysis analyzed only patients without chronic liver disease (n = 195)excluded) due to possibility for reduced albumin synthesis in patients with cirrhosis (19). All statistical analyses were performed using the R Version 3.3.0 software (R Foundation for Statistical Computing, Vienna, Austria) (20). A p value of less than 0.05 was considered statistically significant.

## RESULTS

### **Patient Characteristics**

There were 993 critically ill patients with serum albumin measured included in the study (Fig. 1). The majority of patients (n = 552, 56%) had serum al-

bumin measured on the day prior to enrollment (ICU day 1). The remainder had serum albumin measured on the day of enrollment (n = 331, 33%) or the day following enrollment (n = 216, 22%). Demographic data and clinical outcomes data are listed in Table 1. Among these 993 patients, 835 (84%) had at least one risk factor for ARDS including 391 (39%) with nonpulmonary sepsis, 176 (18%) with pneumonia, and 251 (25%) with other risk factors (Supplementary Table 3, http://links.lww.com/CCX/A773). A full list of "other" risk factors in the VALID study may be found in the Supplementary Information (http:// links.lww.com/CCX/A793). Overall, 262 (26%) of the 993 patients had or developed ARDS. Only two patients (1.3%) without a risk factor for ARDS developed ARDS. To determine whether patients who had serum albumin measurements available were systematically different from patients who did not, we compared their clinical characteristics (Supplementary Table 3, http://links.lww.com/CCX/A773). The group without a serum albumin measurement was more likely to be in the surgical ICU and was less likely to have a risk factor for ARDS. In addition, this group had a lower severity of illness and better clinical

# TABLE 1.

# Characteristics of 993 Patients From the Medical, Surgical, and Cardiovascular ICU With Serum Albumin Measured Within 1 Day of Enrollment

Characteristics	No ARDS ( <i>n</i> = 731)	ARDS ( <i>n</i> = 262)	Overall ( <i>n</i> = 993)	p	
Age, yr, median (IQR)	56 (45–67)	56 (47–65)	56 (47–56)	0.868	
Male sex, <i>n</i> (%)	394 (54)	135 (52)	529 (53)	0.517	
Albumin, g/dL, median (IQR)	2.7 (2.3-3.2)	2.5 (2.2-3.0)	2.8 (2.3–3.1)	< 0.001	
ICU location, n (%)					
Surgical	79 (11)	33 (13)	112 (11)	0.053	
Medical	622 (85)	226 (86)	848 (85)		
Cardiovascular	30 (4)	3 (1)	33 (3)		
Risk factors for ARDS at enrollment, n (%)					
Nonpulmonary sepsis	283 (39)	108 (41)	391 (39)	< 0.001	
Pneumonia	98 (13)	78 (30)	176 (18)		
Multiple transfusions	93 (13)	11 (4)	104 (10)		
Aspiration	44 (6)	48 (18)	92 (9)		
Pancreatitis	20 (3)	2 (1)	22 (2)		
Drug overdose	32 (4)	1 (0)	33 (3)		
Other	8 (1)	11 (4)	19 (2)		
None	116 (16)	2 (1)	118 (12)		
Not available/missing	37 (5)	1 (0)	38 (4)		
Acute Physiology and Chronic Health Evaluation Score II score, median (IQR)	26 (21–32)	30 (25–36)	27 (22–33)	< 0.001	
72-hr cumulative fluid balance liters, median (IQR)	+3.0 (0.0-6.1)	+4.1 (1.2–7.7)	+3.2 (0.5-6.6)	0.001	
Inhospital AKI by Kidney Disease Improving Global Outcomes stage, n (%)					
No AKI (stage 0)	138 (19)	24 (9)	162 (16)	< 0.001	
AKI present (stages 1–3)	584 (80)	235 (89)	819 (82)		
Insufficient data	9 (1)	3 (1)	12 (1)		
Baseline estimated glomerular filtration rate, mL/min/1.73 m <sup>2</sup> , median (IQR)	75 (45–103)	82 (55–108)	77 (48–105)	0.013	
Inhospital death, n (%)	163 (22)	107 (42)	270 (27)	< 0.001	
Days in ICU, median (IQR)	5 (3–9)	8 (5–13)	5 (3–10)	< 0.001	
Days on ventilator, median (IQR)	2 (0-5)	5 (3–9)	3 (0-6)	< 0.001	
Ventilator-free days, median (IQR)	25 (11–28)	13 (0–23)	23 (5–27)	< 0.001	

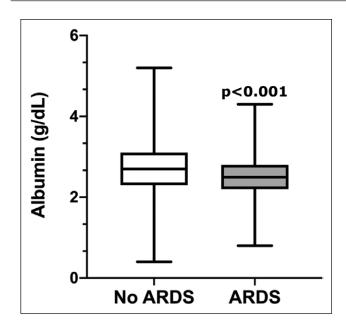
AKI = acute kidney injury, ARDS = acute respiratory distress syndrome, IQR = interquartile range.

p values compare ARDS with non-ARDS group with Fisher exact test for categorical variables and Mann-Whitney U test for continuous variables. Bold font indicates significant p values (p < 0.05).

outcomes. Among patients with a measured serum albumin, higher 72-hour cumulative fluid balance was associated with lower serum albumin levels by quintile (**Supplementary Fig. 1**, http://links.lww. com/CCX/A767). For this reason, we chose to control for fluid balance in our multivariable models.

## Albumin Levels and Risk for ARDS

The median serum albumin level was 2.7 g/dL (interquartile range, 2.3–3.1). In an unadjusted analysis, patients who developed ARDS had significantly lower serum albumin levels than those without ARDS (**Fig. 2**).



**Figure 2.** Critically ill patients with ARDS had lower levels of serum albumin compared with critically ill patients without ARDS (non-ARDS n = 708, ARDS n = 285, p < 0.001 by Mann-Whitney U test; data represented as median [*line*], IQR [*box*], and minimum and maximum values [*whiskers*]).

In a multivariable logistic regression analysis controlling for prespecified confounders (age, gender, APACHE II score, presence of sepsis, chronic liver disease, vasopressor use, baseline eGFR, and positive fluid balance), lower serum albumin remained independently associated with increased risk of ARDS (odds ratio [OR], 1.48 per 1-g/dL decrease in albumin; 95% CI, 1.14-1.93; p = 0.004) (Table 2). When examined by quintile, patients with the lowest albumin levels had the highest incidence of ARDS, with significantly decreasing incidence of ARDS as albumin level increased (p = 0.01)(Fig. 3). This relationship appears linear in nature. When 158 patients without a risk factor for ARDS were excluded from the regression analysis, lower serum albumin was similarly associated with higher incidence of ARDS (OR, 1.38 per 1-g/dL decrease in albumin; 95% CI, 1.06–1.80; *p* = 0.016) (Supplementary Table 1, http://links.lww.com/CCX/A771).

### **Albumin Levels and Clinical Outcomes**

In a multivariable logistic regression analysis controlling for prespecified confounders (age, gender, APACHE II score, presence of sepsis, chronic liver disease, vasopressor use, baseline eGFR, and positive fluid balance), lower serum albumin levels were independently associated with higher inhospital mortality (OR, 1.56 per 1-g/dL decrease in albumin; 95% CI, 1.20–2.23; p = 0.001) (**Supplementary Table 2**, http://links.lww.com/CCX/A772). An analysis by albumin quintiles confirmed that lower serum albumin was associated with significantly higher inhospital mortality (p = 0.006) (**Supplementary Fig. 2**, http://links.lww.com/CCX/A768); inhospital mortality was more than two-fold higher in the lowest quintile of serum albumin compared with the highest quintile.

ICU LOS was longer (p = 0.007) (Supplementary Fig. 3, http://links.lww.com/CCX/A769) in patients with lower quintiles of serum albumin. In a univariate Poisson regression model comparing serum albumin and ICU LOS, a decrease of 1-g/dL serum albumin was associated with an incidence rate ratio (IRR) of 1.19 (95% CI, 1.15-1.23). This finding suggests that for each 1-g/dL decrease in serum albumin, there is a 19% increase in the probability of a 1-day increase in ICU LOS. Ventilator-free days were fewer (p < 0.001) (Supplementary Fig. 4, http://links.lww.com/CCX/ A770) in the lowest quintile of serum albumin. In the univariate model comparing serum albumin and ventilator-free days, a decrease of 1-g/dL serum albumin was associated with an IRR of 0.82 (95% CI, 0.81-0.84), suggesting that for each 1-g/dL decrease in serum albumin, there is a 22% increase in the in the probability of a 1-day decrease in days alive a free of mechanical ventilation. Low serum albumin was also associated with organ failure as measured by SOFA score (21). This analysis is included in the Supplementary Information (http://links.lww.com/CCX/A793). We performed a sensitivity analysis excluding patients who only had serum albumin measured the day after enrollment to demonstrate that hypoalbuminemia increases the risk for ARDS when it precedes or coincides with ARDS onset, lessening the possibility that ARDS may be driving the signal by causing hypoalbuminemia after onset of the syndrome. The final sensitivity analysis excluded those with chronic liver disease as these patients have different basal serum albumin levels. The results of these analyses can be found in the Supplementary Information (http://links.lww.com/ CCX/A793).

## DISCUSSION

In this retrospective analysis of critically ill patients enrolled in a prospective observational cohort study, hypoalbuminemia was independently associated with

# TABLE 2.

Logistic Regression of Incidence of Acute Respiratory Distress Syndrome and Minimum Serum Albumin Levels Within 1 Day of Enrollment Controlling for Covariates

Incidence of Acute Respiratory Distress Syndrome	OR (95% CI)	p
Variable		
Age (per year)	0.999 (0.987–1.011)	0.910
Male sex	0.789 (0.571-1.089)	0.149
Acute Physiology and Chronic Health Evaluation II (per 1 point increase)	1.071 (1.048–1.096)	< 0.001
Sepsis	3.399 (2.271-5.207)	< 0.001
Chronic liver disease	0.856 (0.550-1.311)	0.480
Vasopressor use	0.774 (0.546–1.091)	0.146
Baseline eGFR (per mL/min/1.73 m <sup>2</sup> )	1.007 (1.002–1.012)	0.004
Positive 72-hr fluid balance	1.126 (0.743–1.732)	0.580
Serum albumin (per 1 g/dL decrease)	1.48 (1.138–1.934)	0.004

OR = odds ratio.

OR per 1 g/dL decrease in serum albumin. Bold font indicates significant p values (p < 0.05).

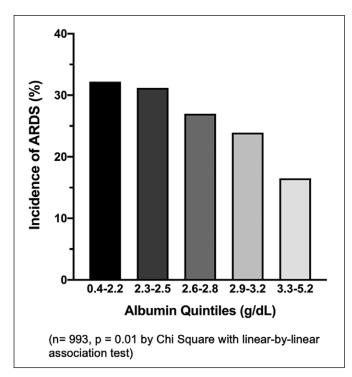
risk of ARDS. The importance of this work is underscored by the fact that the prevalence of hypoalbuminemia exceeds 80% in older hospitalized patients (22). In our study, 88% of patients had hypoalbuminemia at enrollment (< 3.5 g/dL). Low serum total protein (< 6g/dL) has been associated with development of ARDS in patients with sepsis (23), and low levels of serum albumin are strongly associated with mortality across a wide array of cohorts (24-26). The association between hypoalbuminemia and ARDS is described in numerous instances in the literature (5, 8–10), and serum albumin is included as a variable in the Lung Injury Prediction Score (11). However, few reports have systematically characterized the association between hypoalbuminemia and risk of ARDS across the full spectrum of albumin levels, and very few have been adequately powered for a comprehensive multivariable analysis. Jia et al (10) reported an unadjusted association between serum albumin and ARDS incidence but did not perform multivariable regression controlling for potential confounders. Hoeboer et al (8) also reported an association between serum albumin and ARDS in a relatively small cohort of 101 critically ill patients but did not include multivariable analysis. By contrast, the current study includes a relatively large cohort, allowing sufficient power for a multivariable analysis controlling for potential confounders to

examine the association between serum albumin and development of ARDS and other organ dysfunction in the ICU.

In our study, we documented for the first time the possible linear relationship of serum albumin levels and ARDS incidence. With each gram decrease of serum albumin, there was an associated OR of 1.56 for development of ARDS. Additionally, serum albumin was associated with hospital mortality, ICU LOS, and ventilator-free days in a linear fashion, as suggested by Supplementary Figure 1 (http://links.lww.com/CCX/A767); Supplementary Figure 2 (http://links.lww.com/CCX/A768); Supplementary Figure 3 (http://links.lww.com/CCX/A769); and Supplementary Figure 4 (http://links.lww.com/CCX/A770).

The equation by Starling (27) stipulates that the net fluid movement out of the vasculature is a function of the hydrostatic pressures of the vasculature and the interstitium as well as the capillary and interstitial colloid oncotic pressures. Under normal conditions, albumin generates roughly 80% of the colloid oncotic pressure in the circulation (28). A decrease in colloid oncotic pressure gradient between the intravascular and interstitial spaces can lead to edema formation even when hydrostatic pressures are low, and vascular permeability is not altered (29, 30). This effect is magnified in the setting of

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**Figure 3.** Lower serum albumin levels by quintile are associated with higher incidence of ARDS (n = 993, p = 0.01 by chi-square with linear by linear association test).

ARDS-induced disruption of lung endothelial and epithelial barriers. Concomitant degradation of the endothelial glycocalyx can also alter the molecular selectivity of the wall of the microvessel and allowing larger solutes to extravasate more quickly (31). Thus, in the setting of a disrupted alveolar capillary barrier, lower serum albumin will contribute to the driving forces that favor edema formation. Considering this information and the pervasiveness of hypoalbuminemia in critically ill patients, several clinical trials have sought to improve ARDS outcomes using albumin therapies.

It remains unclear whether administration of exogenous albumin to patients with ARDS is beneficial. A meta-analysis of three randomized controlled trials comparing albumin with crystalloid fluid therapy in ARDS patients (n = 206) found that albumin improved oxygenation but did not have a significant effect on mortality (32). The Albumin Italian Outcome Sepsis trial (6) randomized 1,818 patients with sepsis to receive 300 mL of 20% albumin and crystalloid or crystalloid alone. Neither 28- nor 90-day mortality improved with albumin infusion. However, the mean arterial pressure was higher, and the net fluid balance was lower in the group that received albumin. These findings suggest that correction of hypoalbuminemia may promote a less positive fluid balance in the setting of critical illness, an effect that might help prevent formation of pulmonary edema in the setting of ARDS.

Serum albumin also has beneficial effects beyond generation of colloid oncotic pressure that may contribute to the observed negative impact of hypoalbuminemia in critical illness. Among these, albumin can bind and transport ligands including vasoactive molecules such as nitric oxide (33). This binding activity can reduce microvascular permeability and inhibit endothelial cell apoptosis (34), which favor retention of fluid in the vasculature in the setting of ARDS. The 17 disulfide bonds and free thiol at Cysteine-34 position on the albumin molecule have antioxidant (35) and anti-inflammatory (36) functions. Albumin can also scavenge free radicals and prevent lipid peroxidation, a process that has been implicated in the pathogenesis of ARDS (37, 38). These noncolloid functions of albumin could also contribute to the benefit of higher serum albumin levels we observed.

Hypoalbuminemia may also be a marker of both acute and chronic severity of illness or inflammation. Hypolbuminemia is commonly observed in acute inflammatory diseases (39) due to contributions of decreased albumin synthesis (40, 41), altered clearance or degradation, and dilutional effects. Hypoalbuminemia is also a marker of chronic malnutrition and inflammation. However, in the current study, serum albumin levels retained their association with development of ARDS in multivariable models controlling for acute and chronic severity of illness (APACHE II score), suggesting that albumin is more than just a marker of severity of illness. Additionally, an increase in permeability of the microvascular barrier in the setting of critical illness can contribute to albumin flux into the extravascular space, potentiating serum albumin depletion and leading to a vicious cycle of hypoalbuminemia-potentiated edema formation.

Our study has several strengths. It was performed in a large cohort of prospectively enrolled heterogeneous critically ill patients, enhancing generalizability. ARDS was phenotyped by review from two experienced physician investigators with strict adherence to Berlin criteria. Serum albumin levels were quantified using clinical laboratory tests as directed by the medical team, increasing the potential clinical applicability of these findings in a variety of cohorts. Furthermore, this study controls for numerous potentially confounding variables, establishing an independent association between hypoalbuminemia and risk of ARDS. The association of low serum albumin with increased mortality and reduced ventilator-free days replicates prior reports (7, 42–46). Although other studies have demonstrated the association between serum albumin and ARDS (5), this study is the first to systematically explore the role of hypoalbuminemia in a large cohort of patients at risk for ARDS while controlling for confounding variables. Furthermore, we showed a possible linear relationship of serum albumin concentration and ARDS incidence.

Our study also has some limitations. Serum albumin levels were only available if measured for clinical purposes; patients enrolled in the VALID cohort who did not have a serum albumin level measured within 1 day of enrollment were excluded. Furthermore, the role of colloid oncotic pressure in pulmonary edema formation is influenced by multiple factors that cannot be easily measured in the current data set. The patient's blood volume, lymphatic return rate, efflux of albumin to the extravascular space, pulmonary microvascular pressures, and rates of albumin synthesis and catabolism both acutely and chronically may each impact lung fluid balance. These variables were not measurable in this observational trial. The logistic regression analyses performed in this work included a priori confounders with potential for multicollinearity. We report the variance inflation factors for each variable in the Supplemental Information (http://links.lww.com/CCX/A793), and while all are below 10, some collinearity may exist in these models. Finally, this study was observational in nature, and therapeutic administration of albumin, although uncommon in our ICUs, was not captured during the study period, limiting conclusions concerning the effects of possible albumin interventions.

# CONCLUSIONS

In conclusion, among a large cohort of adult ICU patients, lower serum albumin was independently associated with increased risk of developing ARDS, even after controlling for severity of illness and other potential confounders such as chronic liver disease. These findings support the hypothesis that low plasma oncotic pressure independently contributes to pulmonary edema formation in patients who are at risk for ARDS.

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*Mr.* McNeil collected, analyzed, and interpreted patient data and was a major contributor in writing the article. Dr. Jackson analyzed and interpreted patient data and was a major contributor in writing the article. Dr. Wang performed statistical analysis, provided statistical expertise, and helped write the article. Dr. Siew and Mr. Vincz provided renal data and scientific reasoning, and contributed to article writing. Drs. Shaver and Bastarache suggested expanded analytic approaches, improved the article, and contributed to article writing. Dr. Ware directed the project, interpreted patient data, and was a major contributor in writing the article.

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The study protocol was approved by the Vanderbilt Institutional Review Board (051065).

Patients or their surrogates provided informed consent. A waiver of informed consent was also approved for this minimal risk study in the event that the patient was unable to consent and no surrogate was available.

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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