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Usefulness of a Rapid Real-time PCR Assay in Prenatal Screening for Group B Streptococcus Colonization

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Background: Group B streptococcus (GBS) infection is a leading cause of neonatal morbidity and mortality worldwide. Here, we present the analytical and diagnostic usefulness of a new real-time PCR-based assay (Xpert GBS; Cepheid, USA) for rapid and accurate prenatal GBS screening.

Methods: We enrolled 175 pregnant women who were between 35 and 39 weeks of gestation. The analytical performance of the Xpert GBS assay was first tested using a reference GBS strain. Next, to test diagnostic performance, rectovaginal swabs were obtained from pregnant women who visited the hospital for regular antenatal screening after 34 weeks of gestation. The results of the Xpert GBS assay were compared to those of standard culture for the detection of prenatal GBS colonization.

Results: When any positive result from Xpert GBS or culture was considered a true positive, the sensitivity of the Xpert GBS assay and culture were 91% (20/22; 95% CI [confidence interval], 72-98) and 68% (15/22; 95% CI, 47-84), respectively. The specificity of both methods was 100% (153/153; 95% CI, 97-100). The sensitivity and specificity of the Xpert GBS assay, using the culture results as a reference, were 86.7% and 95.6%, respectively. In the Xpert GBS assay, the median threshold cycle of vaginally colonized samples was significantly lower than rectally colonized samples (P<0.01).

Conclusions: The Xpert GBS assay is an accurate, rapid, easy-to-use test for the detection of maternal GBS colonization in prenatal screening that might be especially useful in clinical settings where standard culture is not feasible.

Key Words: Streptococcus agalactiae, Prenatal diagnosis, Real-time PCR

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INTRODUCTION

Group B streptococcus (GBS) infection causes neonatal sepsis and postpartum infection. In Korea, the incidence of GBS infection in newborns is much lower than in other countries because of the low prevalence of GBS colonization in pregnant women [1-4].

However, these rates vary widely between socioeconomic and ethnic groups [5]. In Korea, the GBS colonization rate among pregnant women was estimated to be about 8%, which resulted

in physicians' diminished attention to the CDC (Centers for Disease Control and Prevention) recommendations for universal GBS screening [2, 6, 7]. However, the most recently reported rate, at approximately 8%, is higher than that reported 10 yr ago (2.61%) [8], although the longitudinal change in this rate has not been followed well in Korea. In addition, GBS is a leading cause of neonatal sepsis and meningitis [9]. For these reasons, prenatal GBS screening will be more important in Korean in the future

The current gold standard GBS detection method is incuba-



tion of a specimen in selective medium followed by subculture on a blood agar plate [10]. However, the sensitivity of this standard culture method for the detection of GBS colonization is only 54-87% [11, 12]. It has long turnaround time, and requires up to 36-72 hr before the results can be reported [10, 11]. It also requires an experienced technician to identify non-beta-hemolytic GBS. To overcome these problems, more rapid and sensitive techniques have been developed, including DNA probe and nucleic acid amplification tests (NAAT) [13, 14]. Ke et al. [15] developed an RT-PCR method based on amplification of a *cfb* gene fragment that is present in virtually every strain of GBS.

In this study, we demonstrated the analytical and diagnostic performance of an RT-PCR assay that amplifies the *cfb* gene (Xpert GBS; Cepheid, Sunnyvale, CA, USA) and compared it to the standard culture method in the setting of prenatal GBS screening. In addition, we compared the threshold cycle (C_T) values of the samples from the subjects to clarify the quantitative difference in GBS according to colonization site.

METHODS

1. Participants

We enrolled 175 pregnant women who visited our hospital for regular prenatal care after 34 weeks of gestation. This study was approved by the research ethics committees of Seoul National University Hospital and Cheil General Hospital, and all the study subjects gave written informed consent.

2. Specimen collection

All specimens were collected with a Copan Venturi Transystem collection device (Copan innovation, Corona, CA, USA), which consists of a pair of rayon swabs and liquid Stuart transport medium. For standard culture, separate vaginal and rectal specimens were obtained; for the Xpert GBS assay, a single, combined, rectovaginal specimen was obtained. A vaginal specimen was obtained from the mucosa of the lower third of the vagina after excessive secretions or discharge was wiped away. A rectal specimen was obtained from the rectal mucosa at approximately 2.5 cm beyond the anal sphincter. For a combined rectovaginal specimen, a swab was first inserted into the vagina and then into the anus. All specimens were tested within 24 hr after collection.

3. Analytical sensitivity, specificity, and reproducibility

The limit of detection was determined by probit analysis [16]. Suspensions of *Streptococcus agalactiae* (American Type Cul-

ture Collection 27956) were prepared as serial dilutions of 3,000, 1,000, 300, 100, 30, 10, 3, and 1 colony forming unit (CFU)/swab. Each dilution was analyzed with 6 replicates.

Analytical specificity was determined by testing isolated bacterial colonies from cell suspension-soaked swabs. The bacteria tested were as follows: a mixed fecal flora (*Bacteroides fragilis, Lactobacillus, Clostridium perfringens, Escherichia coli, Klebsiella oxytoca,* and *Enterobacter aerogenes*), a mixed urogenital flora (*Staphylococcus epidermidis, Enterococcus faecalis, Escherichia coli, Corynebacterium,* and *Candida albicans*), *Streptococcus bovis, Streptococcus pyogenes, Streptococcus viridans* group, *Streptococcus anginosus* group, *Streptococcus pneumoniae,* methicillin-resistant *Staphylococcus aureus*, methicillinsensitive *S. aureus*, β-hemolytic *Enterococcus,* vancomycin-resistant *Enterococcus, Enterococcus faecalis,* and coagulasenegative *Staphylococcus*.

To determine the reproducibility of intra- and inter- Xpert GBS assay measurements, a *S. agalactiae* suspension (550 CFU/swab) was examined 6 times a day (intra-assay) and on 4 consecutive days (inter-assay). The swabs were produced by adding 100 μL of a bacterial cell suspension containing 5,500 CFU/mL daily just before testing.

4. Xpert GBS assay

The diagnostic usefulness of the Xpert GBS assay was evaluated in comparison to the standard culture method. For each sample, laboratory turnaround time (TAT; the time from receipt to results reporting) was recorded. For the Xpert GBS assay, a sample swab and two reagent solutions are placed into appropriate chambers of Xpert GBS cartridge, which is then loaded into a GeneXpert Dx module to complete sample preparation, target amplification, and product detection. The invalid or error results in Xpert GBS assay are retested until positive or negative results are obtained.

5. GBS culture

For the culture method, swab specimens were inoculated into a selective broth medium that consisted of Todd-Hewitt broth supplemented with gentamicin (8 μ g/mL) and nalidixic acid (15 μ g/mL) [17]. Inoculation was followed by overnight incubation and subculture on 5% sheep blood agar for 18-24 hr at 35°C in an atmosphere containing 5% CO₂. Specific identification of colonies suggestive of GBS was initially evaluated using a Vitek-2 apparatus (bioMérieux, Hazelwood, MO, USA) with additional tests, and then stored at -80°C in 10% skim milk. Additionally, a commercial slide agglutination kit (Seroiden Strepto Kit; Eiken,



Tokyo, Japan) was used to determine Lancefield group. If GBS was not identified after incubation for 18-24 hr on a sheep blood agar plate, the plate was reincubated and reexamined at 48 hr.

6. Confirmation of discrepant results

The cases that were Xpert GBS positive and culture negative were confirmed by retesting of the archived swabs by culture. The cases that were Xpert negative and culture positive were confirmed by retesting of the stored frozen isolates by Xpert GBS.

7. Statistical method

Probit analysis and the Mann-Whitney U test were used to compare C_T values between the colonized groups. All statistical analysis was performed using SPSS 12.0 for Windows (SPSS, Chicago, IL, USA).

RESULTS

1. Analytical performance

The lowest concentration at which all replicates yielded positive results in the Xpert GBS assay was 300 CFU/swab (Table 1). The limit of detection as determined by probit analysis was 270 CFU/swab (95% confidence interval [CI], 170-810). In intra-assay analysis using samples with 550 CFU/swab, the mean C_T was 38.3 ± 1.6 with CV of 4.2%. In inter-assay analysis, the mean C_T was 38.6 ± 0.9 with CV of 2.2%. No cross-reactivity was observed among 22 bacterial strains representing 19 different species.

2. Diagnostic performance

The mean TAT was 19.3 ± 10.2 hr (range, 3-48). Among all 175 participants, the results for 47 (27%) could be reported the same day, the results for 120 (69%) could be reported the next day, and the results for 8 (4%) could be reported on the following day.

Table 1. Limit of detection of the Xpert GBS assay

GBS load, (CFU/swab)	N. of replicates	N. of positive	% Positive
3,000	6	6	100
1,000	6	6	100
300	6	6	100
100	6	2	33
30	6	1	17
10	6	2	33
3	6	0	0
1	6	1	17

Abbreviations: GBS, group B streptococcus; CFU, colony forming unit.

Among all 175 pregnant women, 22 (13%) were identified as GBS carriers, based on a positive culture and/or Xpert GBS results. Of the 22 carriers, 13 (59%) were positive by both Xpert GBS assay and culture, and 7 (32%) were positive by Xpert GBS assay and negative by repeated culture using archived swabs, while the remaining 2 (9%) were positive only by culture. These 2 were positive by repeated Xpert GBS assay using stored frozen isolates (Table 2). When considering any positive result from culture and/or the Xpert GBS assay as a true positive, the sensitivity of culture and the Xpert GBS assays were 68% (15/22; 95% CI, 47-84) and 91% (20/22; 95% CI, 72-98), respectively. Analysis of the specificity of culture and the Xpert GBS assay was meaningless.

Using the culture results as a reference, the Xpert GBS assay had a sensitivity of 86.7% (13/15), a specificity of 95.6% (153/160), a positive predictive value of 65.0% (13/20), and a negative predictive value of 98.7% (153/155; Table 3).

In initial testing, no Xpert GBS results were obtained in 34 of the 175 (19%) cases. Of these cases, 24 were invalid, and 10 were errors. After retesting, 2 results were confirmed as positive and 32 results were confirmed as negative.

Table 2. Diagnostic performance of the Xpert GBS assay and the standard culture method for the detection of GBS colonization

Positive GBS colonization*		Initial		Final [†]			
		Positive	Negative	Total	Positive	Negative	Total
Culture	Positive	15	0	15	15	0	15
	Negative	7	153	160	7	153	160
	Total	22	153		22	153	
Xpert GBS	Positive	20	0	20	22	0	22
	Negative	2	153	155	0	153	153
	Total	22	153		22	153	

*Positive GBS colonization was defined as a case for which either the Xpert GBS assay, standard culture method, or both yielded positive results.
†Final diagnostic performance was determined after retesting samples from 9 discrepant cases between the Xpert GBS and culture. While 7 cases with negative culture results remained negative upon repeated culture of the ar-

chived swabs, 2 cases with negative Xpert GBS results were confirmed to

be positive upon repeated testing of stored frozen isolates. Abbreviation: GBS, group B streptococcus.

Table 3. Comparison of Xpert GBS and standard culture results

	Culture positive	Culture negative	Total
Xpert GBS positive	13	7	20
Xpert GBS negative	2	153	155
Total	15	160	175

Abbreviation: GBS, group B streptococcus.



Table 4. The sources of colonized samples and C_T for the Xpert GBS assay of the 22 positive samples

Sample No.	Cul	ture	Xpert GBS		
Sample No.	Vagina	Rectum	Result	C _T , cycle	
Vaginally colonized					
75	+	+	+	18.8	
160	+	+	+	27.9	
73	+	-	+	29.0	
130	+	-	+	26.3	
166	+	-	+	23.4	
Rectally colonized					
4	-	+	+	31.5	
15	-	+	+	34.1	
47	-	+	+	35.5	
52	-	+	+	36.9	
86	-	+	+	25.9	
124	-	+	+	34.0	
149	-	+	+	31.3	
168	-	+	+	31.3	
39	-	+	-	N/A	
65	-	+	-	N/A	
Culture negative					
31	-	-	+	35.2	
43	-	-	+	34.0	
60	-	-	+	32.7	
101	-	-	+	33.4	
138	-	-	+	29.3	
140	-	-	+	37.8	
154	-	-	+	34.9	

Abbreviations: C_T , threshold cycle; GBS, group B streptococcus; N/A, not assayed.

Regarding the source of the 15 culture positive results, 5 (33%) were vaginally colonized and 10 (67%) were rectally colonized (Table 4). The median C_T of samples that were vaginally colonized was significantly lower than that of samples that were rectally colonized: 26.3 (interquartile range [IQR], 21.2-28.5) vs. 32.8 (IQR, 31.3-35.2; P=0.001). The median C_T of the 7 culture negative and Xpert GBS positive cases was 34.0 (IQR, 32.7-35.2). The difference in the median C_T between the vaginally colonized subjects and culture-negative subjects was significant (P=0.003). The difference of the median C_T between the rectally colonized subjects and culture-negative subjects was not significant (P>0.05).

DISCUSSION

The number of culture positive specimens from the rectum outnumbered those from the vagina by about 2 times. Previous studies reported higher carriage rates in the rectum than in the vagina, which suggests that the gastrointestinal tract is the primary GBS reservoir, and that vaginal colonization represents dissemination from this gastrointestinal source [18, 19]. However, the vaginal GBS colonizers do not always also colonize the rectum [20]. This finding demonstrates the complex pattern of GBS colonization; therefore, to obtain the highest detection rate of GBS colonization in prenatal screening, a combined rectovaginal swab is the sample of choice.

In this study, the median C_T of the vaginally colonized subjects was significantly lower than that of the non-vaginally colonized or culture negative cases. This means the vaginally colonized subjects were heavily colonized with GBS. This is the first study to demonstrate the difference in bacterial load between those who are vaginally colonized and those who are rectally colonized using RT-PCR. A previous study reported a tendency toward detection of heavier colonization in vaginal swab samples, with increasing colonization of the corresponding anal-rectal swab samples by semi-quantitative analysis [21]. The intensity of maternal GBS colonization is known to be a risk factor for recurrent colonization and vertical transmission of GBS [22, 23]. However, previous data on whether there is a differential neonatal sepsis rate from GBS colonization of the vagina compared to GBS colonization of the rectum are lacking. Further study will be needed to determine this relationship.

We retested samples with discrepant results between the Xpert GBS assay and standard culture to determine which test reported the true result. In the 2 cases that were Xpert GBS negative and culture positive, retesting of stored frozen isolates by Xpert GBS assay yielded positive results. In these cases, low bacterial loads in the initial specimen that were below the limit of detection may have caused the initial false results. A previous study reported a clear association between low GBS numbers in specimens shown to contain GBS by culture and a negative PCR result [24]. In 7 cases that were Xpert GBS positive and culture negative, retesting of the archived swabs by culture showed heavy growth of enterococci colonies on the blood agar plate. It is highly possible that the lack of selectivity of the enrichment broth, particularly against enterococci, hindered the isolation of GBS. In fact, this phenomenon has been well documented by others [25]. Another possibility is detection of the cfb gene in nonviable GBS using the Xpert GBS assay in participants that might have re-



cently received antimicrobial chemotherapy.

In this study, the prenatal GBS colonization rate of pregnant women was 13% (22/175), which is the highest rate ever reported in a Korean population [6, 7]. This high rate can be explained by the use of the more sensitive Xpert GBS assay because the colonization rate in this study by the culture method (15/175, 8.6%) is comparable to the previously reported rate (8.3%), which was based on the standard culture method [7]. Although the false positivity of the Xpert GBS assay could not be ruled out, this finding might indicate that the sensitivity of the Xpert GBS assay surpasses that of standard culture for GBS detection. To date, 3 studies that evaluated the Xpert GBS assay have been published in peer-reviewed journals [26-28]. These studies reported that the sensitivity and specificity of intrapartum Xpert GBS assay compared to intrapartum culture were 95.8-98.5% and 64.5-99.6%, respectively [27, 28].

Interestingly, initial Xpert GBS results were not available for 34 (19%) cases. This invalid (24 cases, 14%) or error (10 cases, 5%) rate is much higher than the 10.8% reported by El Helali et al. [27] or the 8.2% claimed by the manufacturer [29]. After retesting according to the manufacturer's instructions, 2 cases were confirmed as positive and the remaining 32 cases were confirmed as negative. The major causes of invalid and error results were PCR inhibition and high syringe pressure exceeding the cut-off point, respectively. Generally, the presence of significant amounts of mucus or feces in a sample is known to inhibit PCR and block the microfluidic channel in the cartridge [27]. This explanation is supported by the observation that the invalid or error rate in our analytical study, which used cell suspension soaked swabs, was approximately 8%. This finding highlights the need to collect specimens in a manner that reduces excessive mucus and feces to avoid unnecessary retesting by the Xpert GBS assav.

The TAT was much shorter for the Xpert GBS assay than for culture; however, the Xpert GBS assay was performed in batch mode, not in real-time mode. If a specimen was tested in real-time mode, the TAT for the Xpert GBS assay can be decreased to less than 3 hr. In a Korean study, the average delivery time for Korean pregnant women was about 5 hr [30]. In fact, because GBS carriage in pregnant women may be intermittent, a prenatal culture might be a poor predictor of maternal GBS carriage at the time of delivery [11, 27, 31]. As a feasible alternative to intrapartum culture, an intrapartum molecular test could change the current practice of prenatal screening between 35 and 37 weeks of gestation. The complete automation and short TAT of the Xpert GBS assay makes it uniquely suited for intrapartum

testing. It is simple to perform as an on-demand test by less trained persons, and the results should be available in time for administration of intrapartum antibiotic prophylaxis [27].

In conclusion, we demonstrated that the RT-PCR-based Xpert GBS assay is a rapid and sensitive tool for prenatal diagnosis of GBS compared to the standard culture method, and it could be especially useful for clinical settings where culture is not feasible.

Authors' Disclosure of Potential Conflicts of Interest

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