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ARTICLE

# Enhanced Anti-inflammatory Effects of y-irradiated Pig Placenta Extracts

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### Abstract

Porcine placenta extract (PPE) is known to possess anti-inflammatory properties owing to its high concentration of bioactive substances. However, the need to eliminate blood-borne infectious agents while maintaining biological efficacy raises concerns about the optimal method for sterilizing PPE. Therefore, the objective of this study was to compare the effects of the standard pressurized heat (autoclaving) method of sterilization with  $\gamma$ -irradiation on the anti-inflammatory effects of PPE. The anti-inflammatory actions of these two preparations of PPE were evaluated by measuring their inhibitory effects on the production of NO, the expression of iNOS protein, and the expression of iNOS, COX2, TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 mRNA in lipopolysaccharide-stimulated RAW 264.7 cells. Compared with autoclaved PPE,  $\gamma$ -irradiated PPE showed significantly greater inhibition of NO production and iNOS protein expression, and produced a greater reduction in the expression of iNOS, COX2, TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 mRNA. These results provide evidence that the sterilization process is crucial in determining the biological activity of PPE, especially its anti-inflammatory activity. Collectively, our data suggest that  $\gamma$ -irradiated PPE acts at the transcriptional level to effectively and potently suppresses the production of NO and the expression of pro-inflammatory cytokines.

Keywords: porcine placenta, anti-inflammation, pro-inflammatory cytokine, gamma irradiation

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# Introduction

A number of chemicals have been developed as antiinflammatory pharmaceutical agents. However, these drugs are associated with unwanted side effects, such as gastric bleeding, with long-term use. As an alternative, studies have explored the development of medicines based on natural products. Placenta extract possesses antioxidant activity (Shinde *et al.*, 2006) and has been shown to remove hydroxyl radicals, superoxide radicals, and inhibit the production of nitric oxide (NO) (Rozanova *et al.*, 2010). The various active components of placenta are known to exert anti-inflammatory effects (Jash *et al.*, 2011;

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McLachlan *et al.*, 1986; O'Keefe and Chiu, 1988; Togashi *et al.*, 2002). However, the wide use of placenta extract *per se* is limited owing to the presence of blood, which can transmit blood-borne infectious agents.

To minimize safety concerns, researchers have studied several methods for sterilizing placenta extract. Among the various methods for eliminating bacteria or viruses, the application of high pressure and temperature-autoclavinghas been widely used because it offers the advantage of complete sterilization. However, the harsh conditions of autoclaving can also affect the biological activity of temperature-sensitive components of placenta extract. Moreover, the previous study has shown that treatment with homogenized PPE significantly improved the cell viability of  $H_2O_2$  treated human keratinocyte (HaCaT) cells, whereas heated PPE (110°C for 5 h) treatment had no obvious effect (Choi *et al.*, 2014). Thus, a milder method capable of killing microorganisms without disrupting the activity of temperature-sensitive components would be desirable.

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In this study, we tested how sterilization with the new method of  $\gamma$ -irradiation affected the anti-inflammatory properties of porcine placenta extract (PPE) compared with those of PPE prepared by conventional autoclaving. Here, we report that  $\gamma$ -irradiated PPE exerted more effective and potent anti-inflammatory effects compared with autoclaved PPE.

# **Materials and Methods**

### **Preparation of PPE**

Porcine placenta tissues (500 g) in 500 mL of phosphate buffered saline (PBS) were disrupted using a tissue homogenizer (Tissue Tearor; Biospec Products Inc., USA). Homogenized tissues were centrifuged for 15 min at 6,000 g and supernatants were lyophilized, yielding a powdered form of PPE. PPE was then sterilized by autoclaving for 15 min at 121°C under pressure (15 psi) or by  $\gamma$ -irradiation. The  $\gamma$ -irradiation of PPE was performed in air using isotope source of Cobalt 60°C at Greenpia technology Co. (Korea), and the absorbed dose for  $\gamma$ -irradiation of PPE was 25 kGy at a dose rate of 1 kGy/h.

#### **Cell culture**

Murine macrophage RAW 264.7 cells were obtained from the Korean Cell Line Bank (Korea). RAW 264.7 cells were cultured at 37°C in Dulbecco's modified Eagle medium (Gibco-BRL, USA) containing 10% fetal bovine serum, and 1% penicillin and streptomycin.

#### **Determination of NO production**

Concentrations of NO in cell culture medium were quantified using Griess reagent, as described previously (Green *et al.*, 1982). Briefly, RAW 264.7 cells were seeded onto 6-well plates at a density of  $2.5 \times 10^5$  cells/well and treated with 0.1, 0.5, or 1.0 mg/mL of autoclaved or  $\gamma$ -irradiated PPE for 24 h. The cells were then further treated with 2 µg/mL of lipopolysaccharide (LPS; Sigma, USA) for 24 h. Cell culture medium (100 µL) was mixed with the same volume of Griess Reagent (1% sulfanil-amide and 0.1% naphthylenediamine dihydrochloride in 2.5% phosphoric acid) and left at room temperature for 10 min. Color development was measured spectrophotometrically at 540 nm. The concentrations of NO in the medium were calculated by reference to a standard curve established using known concentrations of sodium nitrite.

#### Western blot analysis

RAW 264.7 cells pretreated with autoclaved or y-irradi-

ated PPE for 24 h were cultured for an additional 24 h in the presence of 2 µg/mL of LPS. Cells were washed twice with ice-cold PBS and incubated at 4°C for 30 min in lysis buffer (50 mM Tris-HCl [pH 7.5], 150 mM NaCl, 1% NP-40, 2 mM ethylenediaminetetraacetic acid [EDTA], 1 mM ethylene glycol tetraacetic acid [EGTA], 1 mM NaVO<sub>3</sub>, 10 mM NaF, 1 mM dithiothreitol, 1 mM phenylmethylsulfonyl fluoride [PMSF], 25 µg/mL aprotinin, 25 µg/mL leupeptin). The lysed cells were centrifuged at 14,000 gfor 10 min, and the supernatant was stored at -70°C. The concentration of proteins in PPE was measured using the Bradford assay (Bradford, 1976). Samples, containing 50 µg of protein each, were electrophoresed on a 10% sodium dodecyl sulfate-polyacrylamide gel, and transferred to a nitrocellulose membrane. The membrane was incubated for 1 h in 5% nonfat dried milk to block non-specific protein binding. Next, the membrane was incubated overnight at 4°C with a mouse anti-iNOS (inducible nitric oxide synthase) primary antibody (1:1,000; Calbiochem, USA) and then for 2 h with a peroxidase-conjugated goat antimouse IgG secondary antibody (1:5,000; Amersham Pharmacia Biotech, UK). iNOS expression was visualized using enhanced chemiluminescence (ECL) detection reagents (Thermo Scientific, Pierce Biotechnology, USA).

# Reverse transcription-polymerase chain reaction (RT-PCR)

The expression levels of genes encoding pro-inflammatory proteins in RAW 264.7 cells treated with PPE and lipopolysaccharide were measured by RT-PCR. Total RNA was extracted from treated cells using an RNeasy mini kit (Qiagen, USA) according to manufacturer's protocol and stored at -70°C until use. One microgram of total RNA was reverse transcribed using M-MuLV reverse transcriptase (Promega, USA), oligo-dT primer, 0.5  $\mu$ M dNTP, and 1 U RNase inhibitor. The resulting cDNA was amplified by PCR using 30 cycles of 94°C for 45 s (denaturation), 55°C for 45 s (annealing), and 72°C for 60 s (extension). The sequences of primers for iNOS, COX2, IL-1 $\beta$ , IL-6, and TNF- $\alpha$  are listed in Table 1. PCR products were electrophoresed on a 1.2% agarose gel and stained with ethidium bromide.

## Results

# Effect of sterilization process on PPE-mediated inhibition of NO production

RAW 264.7 cells were treated with PPE sterilized by autoclaving or  $\gamma$ -irradiation, with or without subsequent



Fig. 1. Inhibitory effect of γ-irradiated and autoclaved PPE on NO production in LPS-stimulated RAW 264.7 cells. The production of NO in PPE-pretreated RAW 264.7 cells was assayed in the culture medium of cells stimulated with LPS (2 µg/mL) for 24 h. Results are means± SEM of three independent experiments (\*p<0.05, \*\*p< 0.01 vs. LPS alone).

LPS stimulation. In the absence of LPS stimulation, PPE sterilized by either method had no effect on NO production in RAW 264.7 cells. PPE sterilized by either method retained the ability to inhibit NO production by LPS-stimulated cells (Fig. 1). However, the efficacy of  $\gamma$ -irradiated PPE was greater than that of autoclaved PPE. In cells treated with autoclaved PPE, NO production was reduced to 19.2% only after treatment with a high dose of PPE (1.0 mg/mL). In contrast,  $\gamma$ -irradiated PPE decreased NO production by 50.2%, 54.3%, and 65.2% at concentrations of 0.1, 0.5, and 1.0 mg/mL, respectively.

# Inhibition of iNOS expression in RAW 264.7 cells by γ-irradiated, but not autoclaved, PPE

Expression of iNOS in PPE-pretreated cells was measured at protein and mRNA levels by Western blotting and RT-PCR, respectively. In the absence of LPS stimulation, there was little expression of iNOS protein in RAW 264.7 cells; however, after stimulation with LPS, iNOS protein expression substantially increased. Autoclaved PPE did not decrease iNOS protein expression in LPS-stimulated cells. However,  $\gamma$ -irradiated PPE (0.5 and 1.0 mg/ mL) significantly attenuated the induction of iNOS protein in RAW 264.7 cells (Fig. 2A), which was consistent with its inhibitory effect on NO production (Fig. 1). RAW 264.7 cells did not express iNOS mRNA in the absence of stimulation, but highly expressed iNOS mRNA upon stimulation with 2 µg/mL of LPS. Autoclaved PPE at a concentration of 1.0 mg/mL failed to attenuate LPS-



Fig. 2. Inhibitory effects of γ-irradiated and autoclaved PPE on iNOS protein (A) and mRNA (B) expression. RAW 264.7 cells (2.5×10<sup>5</sup> cells/well) were pretreated with different concentrations of PPE for 24 h, and further stimulated with LPS (2 µg/mL) for 24 h. The levels of iNOS protein were determined by Western blotting. β-actin levels were used as a control.

induced increases in iNOS mRNA expression in RAW 264.7 cells. In contrast, this same concentration of  $\gamma$ -irradiated PPE inhibited LPS-induced iNOS mRNA expression in these cells; notably,  $\gamma$ -irradiated PPE was effective at 0.1 mg/mL, the lowest concentration tested (Fig. 2B).

# Inhibition of COX2 mRNA expression in RAW 264.7 cells by γ-irradiated, but not autoclaved, PPE

Inhibition of cyclooxygenase (COX)-2 is one of the known working mechanisms of anti-inflammatory drugs (Kim *et al.*, 2010; Rocca and FitzGerald, 2002). We thus tested whether PPE sterilized by different methods exerted inhibitory effects on COX2. Stimulation of RAW 264.7 cells with LPS increased COX2 mRNA levels (Fig. 3). This increase in COX2 mRNA expression was not nearly decreased by pretreatment of cells with a high concentration (1.0 mg/mL) of autoclaved PPE. In contrast, pretreatment of RAW 264.7 cells with  $\gamma$ -irradiated PPE at a concentration of 0.1 mg/mL inhibited LPS-induced COX2 mRNA expression. Neither PPE preparation affected COX2 mRNA levels in unstimulated RAW 264.7 cells.

# Altered expression of mRNA for pro-inflammatory cytokines by pretreatment with PPE

The pro-inflammatory cytokines tumor necrosis factor (TNF)- $\alpha$ , interleukin (IL)-1 $\beta$  and IL-6, secreted by lymphocytes and macrophages, have been implicated in inflammation. Accordingly, we tested whether sterilization



Fig. 3. Inhibitory effects of γ-irradiated and autoclaved PPE on COX2 mRNA expression. RAW 264.7 cells (2.5×10<sup>5</sup> cells/well) were pretreated with different concentrations of PPE for 24 h, and further stimulated with LPS (2 µg/ mL) for 24 h. β-Actin levels were used as a control.

method affected the ability of PPE to alter the expression of these pro-inflammatory cytokines, measuring the mRNA expression levels of pro-inflammatory cytokines by RT-PCR using the primers shown in Table 1. Pretreatment of RAW 264.7 cells with 1.0 mg/mL of autoclaved PPE had little effect on LPS-induced TNF- $\alpha$  expression (Fig. 4). Unlike autoclaved PPE, y-irradiated PPE inhibited LPSinduced TNF- $\alpha$  expression in concentration-dependent manner. LPS-induced IL-1 $\beta$  and IL-6 expression were reduced by both autoclaved and  $\gamma$ -irradiated PPE (Fig. 4), although the potency of this inhibitory effect depended on the sterilization process. Pretreatment with autoclaved PPE inhibited the production of IL-6 in LPS-stimulated cells only at a high concentration (1.0 mg/mL). However, yirradiated PPE almost completely inhibited the production of IL-1 $\beta$  and IL-6 in LPS-stimulated cells at the lower concentration of 0.1 mg/mL.

### Discussion

This study demonstrated the importance of the sterilization process in the retention of PPE biological activity. We found that NO production, iNOS induction, and exp-





ression of the pro-inflammatory cytokines TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 in LPS-stimulated RAW264.7 cells was more effectively inhibited by pre-treatment with  $\gamma$ -irradiated PPE than with autoclaved PPE.

We observed that  $\gamma$ -irradiated PPE, but not autoclaved PPE, inhibited NO production by LPS-stimulated RAW 264.7 cells (Fig. 1). NO, an active oxygen species involved in the initiation of inflammatory reactions (Min *et al.*, 2010; Weisz *et al.*, 1996), is produced by NO synthase (NOS) during the biosynthesis of L-citrulline from L-arginine. There are three known NOS isoforms: endothelial NOS, neuronal NOS and iNOS (Kim *et al.*, 2011). Of these, iNOS has specifically been implicated in inflammation and shown to be induced by stimulation with LPS or pro-inflammatory cytokines (Stuehr *et al.*, 2010; Weisz *et al.*, 1996). The inhibitory effect of  $\gamma$ -irradiated PPE on NO production in LPS-stimulated RAW 264.7 cells suggests that  $\gamma$ -irradiated PPE could inhibit iNOS transcription and/or translation. Consistent with this, we found that

Table 1. Primer sequences and fragment sizes in RT-PCR analyses of target genes

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Gene	Primer sequence	Size
iNOS	F: 5'-CCCTTCCGAAGTTTCTGGCAGCAGC-3'	496
	R: 5'-GGCTGTCAGAGCCTCGTGGCTTTGG-3'	
COX2	F: 5'- CACTACATCCTGACCCACTT-3'	696
	R: 5'- ATGCTCCTGCTTGAGTATGT-3'	
IL-1β	F: 5'-CAGGATGAGGACATGAGCACC-3'	447
	R: 5'-CTCTGCAGACTCAAACTCCAC-3'	
IL-6	F: 5'-GTACTCCAGAAGACCAGAGG-3'	308
	R: 5'-TGCTGGTGACAACCACGGCC-3'	
TNF-α	F: 5'-TTGACCTCAGCGCTGAGTTG-3'	364
	R: 5'-CCTGTAGCCCACGTCGTAGC-3'	
β-Actin	F 5'-GTGGGCCGCCCTAGGCACCAG-3'	603
	R 5'-GGAGGAAGAGGATGCGGCAGT-3'	

 $\gamma$ -irradiated PPE inhibited iNOS expression in these cells at both the mRNA and protein level (Fig. 2). These results support the conclusion that  $\gamma$ -irradiated PPE inhibits iNOS production in LPS-stimulated cells at the transcriptional, rather than the translational level. The mechanism by which  $\gamma$ -irradiated PPE inhibits iNOS transcription is not yet known and will require further investigation. As expected based on the results of NO production experiments, autoclaved PPE did not alter iNOS expression at the mRNA or protein level. These differences in the biological effects of autoclaved and  $\gamma$ -irradiated PPE underscore the importance of sterilization process in maximizing the efficacy of PPE.

In addition to iNOS, COX2 expression in LPS-stimulated RAW 264.7 cells was also suppressed by y-irradiated PPE (Fig. 3). Like NO, prostaglandin E2 (PGE), which is produced from arachidonic acid via COX, is known to provoke inflammation. There are two COX isoforms, COX-1 and COX2; of these, COX2 plays a role in the inflammation (Choy et al., 2008; Murakami and Ohigashi, 2007). Currently available anti-inflammatory chemical agents act, at least in part, through suppression of PGE or COX2 production (Vane and Booting, 1995; Willoughby, 1988). The induction of COX2 in RAW 264.7 cells by LPS stimulation was suppressed by pretreatment with y-irradiated, but not autoclaved, PPE. The inhibition of COX2 mRNA expression in cells pretreated with yirradiated PPE suggests that the PPE could act by suppressing COX2 transcription.

We further found that PPE differentially regulated the expression of the pro-inflammatory cytokines TNF- $\alpha$ , IL- $1\beta$ , and IL-6 depending on the sterilization process (Fig. 4). Studies have shown that TNF- $\alpha$  mediates inflammation through stimulation of the acute phase reaction (Walsh et *al.*, 1991). IL-1 $\beta$  has been reported to play a role in inducing or sustaining inflammation (Largoet et al., 2003). IL-6 is known to stimulate the release of inflammatory mediators, such as NO and PGE, as well as matrix metalloproteinases (Hernández-Díaz and García-Rodríguez, 2001). Importantly, IL-6, a pivotal pro-inflammatory cytokine, is known to mediate LPS-induced fever symptoms (Stein and Sutherland, 1998). The more potent suppression of these pro-inflammatory cytokines by pretreatment with yirradiated PPE highlights the importance of sterilization process for retention of PPE anti-inflammatory effects.

In conclusion, we report that the sterilization process is crucial for the biological efficacy of PPE, especially its anti-inflammatory actions. Our results suggest that  $\gamma$ -irradiated PPE acts at the transcriptional level to effectively and potently suppress the expression of NO and pro-inflammatory cytokines. Moreover, our results support the use of  $\gamma$ -irradiation as the method of choice for preparing PPE.

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