

Differential expression of microRNAs and their possible roles in patients with chronic idiopathic urticaria and active hives

Ching-Kow E. Lin, Ph.D.,¹ John S. Kaptein, Ph.D.,¹ and Javed Sheikh, M.D., F.A.A.A.A.I.²

ABSTRACT

Background: Chronic idiopathic urticaria (CIU) is a complicated skin disease with unknown pathophysiology. MicroRNAs (miRNA) have been shown to be active in cellular regulation. The goal of this pilot study was to examine whether miRNAs may be involved in the regulation of CIU or as biomarkers for CIU.

Methods: Four groups of three patients each were selected: patients with either active hives or no hives and with positive or negative chronic urticaria (CU) index results. MiRNAs were isolated from patient plasma and analyzed by using miRNA microarray technology to determine the amount of each of the 2567 known human miRNAs.

Results: A total of 16 miRNAs were found to be differentially expressed in patients with active hives. Among them, five (2355–3p, 4264, 2355–5p, 29c-5p, and 361–3p) were significantly increased in samples with positive CU index results, which could be useful biomarkers for patients with chronic autoimmune urticaria. The miRNA data bases were used to find the targets of these selected miRNA sequences. These potential targets were then compared against a list of 154 urticaria-related genes. Twenty-five genes were found to match. These included eight that were significantly downregulated and eight that were significantly upregulated; however, seven of the eight downregulated genes (FBXL20, OPHN1, YPEL2, STARD9, EZH1, KLHL24, ING4) and five of the eight upregulated genes (BYSL, PNO1, ADAMTS9, STEAP4, SRGN) have no reported roles in signaling. For the 13 genes with reported roles in signaling, the following pathways were found: transforming growth factor beta signaling pathway (NRC31, KITLG, THBS1, CCL2), glucocorticoid receptor signaling pathway (NR3C1, SELE, CCL2), p53 signaling pathway (CCNG2, THBS1, CCL2), p21-activated kinase pathway (PAK1IP1, KITLG, CCL2), phosphoinositide-3 kinase protein kinase B signaling pathway (KITLG, CHRM, THBS1), and neuroactive ligand-receptor interaction (NRC31, HRH1, CHRM), which could play important roles in CIU.

Conclusion: A better understanding of those genes with undefined function and simultaneous quantitation of both miRNAs and messenger RNAs are needed to fully understand CIU disease.

(Allergy Rhinol 8:e67–e80, 2017; doi: 10.2500/ar.2017.8.0199)

Chronic idiopathic urticaria (CIU) is a complicated skin disease. It is defined by ≥ 6 weeks with itchy red bumps and/or welts, which could be associated, in some patients, with a positive autologous serum skin test result, thyroid autoimmunity, and profound basopenia.¹ Current findings indicate that one subgroup of chronic autoimmune urticaria (CAU) is due to circulating immunoglobulin G autoantibodies against Fc ϵ receptor 1 (Fc ϵ R1) or immunoglobulin E.² In fact, chronic spontaneous urticaria is represented in a majority of patients with

CIU, and more than half of these patients with chronic spontaneous urticaria might have CAU.³

MicroRNAs (miRNA) represent an important class of small noncoding RNAs.⁴ MiRNAs usually induce gene silencing by binding to target sites in the 3' untranslated region of the targeted messenger RNA (mRNA), which results in disruption of normal gene expression and protein production.^{5,6} MiRNAs are highly conserved throughout evolution across species.⁷ At least 2567 unique mature miRNAs have been identified for humans in miRBase 20.⁸ A given miRNA can have thousands of potential mRNA targets because the miRNA seed sequence is very short. Conversely, a given mRNA can be targeted by many miRNAs. Overall, $\sim 60\%$ of the human genome could be targeted by the known miRNAs.^{7,9} However, the effect on protein expression by transfected miRNAs is often mild.¹⁰ Extracellular miRNAs are found in all body fluids. They are relatively stable in biologic samples and have been reported as promising biomarkers for cancer and other nonmalignant diseases.¹¹ But whether they play significant clinical roles remain to be evaluated.¹²

The etiology of CIU is unknown. Studies were performed that tried to link stomach ulcers caused by

From the ¹Regional Allergy Immunology Laboratory, Southern California Permanente Medical Group, Los Angeles, California, and ²Allergy Department, Kaiser Foundation Hospitals, Los Angeles, California

Supported by Southern California Permanente Medical Group

The authors have no conflicts of interest to declare pertaining to this article

Address correspondence to Javed Sheikh, M.D., Allergy Department, Los Angeles Medical Center, Kaiser Foundation Hospitals, 1515 N. Vermont Ave. 5th Floor, Los Angeles, CA 90027

This work is published and licensed by OceanSide Publications, Inc. The full terms of this license are available at <https://www.allergyandrhinology.com/terms> and incorporate the Creative Commons License Deed: Attribution – Non-Commercial – NoDerivs 4.0 Unported (CC BY-NC-ND 4.0). By accessing the work you hereby accept the terms. Non-commercial uses of the work are permitted without any further permission from OceanSide Publications, Inc., provided the work is properly attributed. Any use of the work other than as authorized under this license or copyright law is prohibited. Copyright © 2017, OceanSide Publications, Inc., U.S.A.

Helicobacter pylori infection to CIU, but it has not been substantiated.¹³ Alterations in miRNA expression have been reported to be associated with several diseases, including asthma and allergic rhinitis,^{14–17} but it is unknown in CIU. A recent review indicates that miRNAs may be involved in skin disorders by influencing regulatory mechanisms of inflammation.¹⁸ In this study, we investigated whether the anticipated differential expression of miRNAs in CIU are similar or different from that shown in allergy and asthma.^{15,17} After identifying the differentially expressed (DE) miRNAs in the patients with CIU and with active hives, the next approach was to find out which mRNAs could be affected by these miRNAs. We relied on miRNA data bases to identify potential targets.^{19,20}

Next, for validation of these potential miRNA targets, we compared them with reported urticaria-related genes. From “Gene expression profiles in chronic idiopathic (spontaneous) urticaria,” by Patel *et al.*,²¹ and other sources,^{22,23} we created an urticaria gene panel, which consisted of 154 genes. We then compared these two gene groups with identified candidate mRNAs in CIU during active hives. Also, these selected candidate genes were subjected to several online gene function search engines such as the KEGG (Kanehisa Laboratories, Kyoto, Japan) gene pathway data base²⁴ and PathCards (Weizmann Institute of Science, Rehovot, Israel)²⁵ to examine their possible roles in pathways and cellular functions. This approach allowed us to look at how these DE miRNAs could be involved in patients with CIU and with active hives.

METHODS

Patients were recruited, during office visits, as part of a CIU study approved by Kaiser Permanente Institutional Review Board. Hive status was diagnosed at the time. Patients consented to have additional blood drawn for a chronic urticaria (CU) index test (a functional anti-FcεR test that supports an autoimmune basis for the disease) and other tests for further investigation. Subjects with no active hives and with negative CU index were invited to participate in the study as volunteers. The patients were divided into four groups, those with (1) active hives and with positive CU index results; (2) active hives and with a negative CU index; (3) a positive CU index but no active hives; and (4) normal, negative CU index and with no active hives. Three samples from each of the four groups were used in this pilot study. The plasma was separated from blood samples and kept frozen at -70°C . Isolation of miRNAs was performed by using Qiagen miRNeasy serum/plasma kit (Qiagen, Germantown, MD) in an RNase free environment. The isolated miRNAs were quantitated by using a Qubit microRNA assay kit (Molecular Probes by Life Technologies, Eu-

gene, OR). The miRNA samples were stored at -70°C immediately and were processed by LC Sciences, LLC (Houston, TX) by using microarray technology for quantitation of the 2567 known human miRNAs.

Relative levels of miRNAs between the hive and the nonhive groups or among the four different groups of patients were determined and analyzed by using analysis of variance. DE miRNAs were selected based on the significance of the p value and at least twofold changes in the group mean. The potential targets of these identified miRNA sequences were then investigated by using various data bases, such as TargetScan-Human (Whitehead Institute for Biomedical Research, Cambridge, MA)¹⁹ and miRDB (Washington University, School of Medicine, St. Louis, MO).²⁰ In general, hundreds to thousands of potential targets were proposed for each miRNA. Therefore, we used a more stringent selection criterion, such as three or more selected miRNAs that target a certain mRNA to consider it as a likely target. These potential targets were further narrowed to known CIU-related genes. Based on the report by Patel *et al.*²¹ of gene expression profiles in CIU that identified significant upregulation of 506 genes and downregulation of 51 genes in the CIU lesions and other online resources,^{22,23} we were able to generate a highly reliable urticaria-related gene panel, which consisted of 154 genes.

Finally, by matching these miRNA targets and urticaria-related genes, a candidate gene set for CIU in active hives was found. These candidate genes were then subjected to online search engines such as KEGG pathway²⁴ and PathCards²⁵ to explore what pathways and cellular functions could be involved in CIU with hives. In addition, the following three application programs were evaluated: (1) Diana Tool’s mirPath v.3 (Diana Lab, Athens, Greece),²⁶ which allows direct pathways search from a set of miRNAs; (2) Qiagen’s Ingenuity Pathway Analysis (IPA),²⁷ which uses its miRNA target filter to analyze miRNA data, prioritize mRNA targets, and examine miRNA–mRNA pairings to explore canonical pathways; and (3) Advaita Bioinformatics iPathwayGuide (Advaita Bioinformatics, Plymouth, MI),²⁸ which performs meta-analyses of genes for predicted miRNA, pathways, and gene ontology (GO) analysis, to simulate the connection between the selected miRNAs, mRNAs, and their downstream effects on signal pathways and cellular functions. This approach may provide useful information that links miRNAs to possible causes or effects in CIU.

RESULTS

DE miRNAs During Active Hives

Our primary goal was to identify which miRNAs in circulating blood were DE in patients with CIU and with active hives. Twelve subjects were included in the study,

Table 1 Demographics of patients with CIU

Patient Identifier	Age, y	Sex	Active Hives	CU Index (F ϵ antibody)	Response to Antihistamines	Atopy*	Group Notation
1	40	F	Y	19 (H)	Y (high dose)	N	A1
2	39	F	Y	13.3 (H)	Y (high dose)	Y	A2
3	41	M	Y	>50 (H)	Y	N	A3
4	21	M	Y	<2.0 (N)	Y (high dose)	Y	B1
5	33	M	Y	<2.0 (N)	Y	N	B2
6	20	M	Y	<2.0 (N)	Y	Y	B3
7	56	M	N	10.5 (H)	Y	Y	C1
8	29	F	N	42 (H)	Y (high dose)	N	C2
9	42	M	N	22.2 (H)	Y	N	C3
10	66	F	N	6.2 (N)	N/A	Y	D1
11	61	M	N	<2.0 (N)	N/A	N	D2
12	29	M	N	4.8 (N)	N/A	N	D3

CIU = Chronic idiopathic urticaria; CU = chronic urticaria; F ϵ = Fc region of immunoglobulin E; Y = yes; (H) = high; N = no; (N) = normal; N/A = not available; A1, A2, A3 = subjects 1, 2, and 3 in group A; B1, B2, B3 = subjects 1, 2, and 3 in group B; C1, C2, C3 = subjects 1, 2, and 3 in group C; D1, D2, D3 = subjects 1, 2, and 3 in group D.

*Indicates patients who had a history of either allergic rhinitis or food allergy with a previous positive allergy testing result.

divided into four groups as described in the Methods section. The demographic details of these patients are shown in Table 1. DE miRNAs could be useful biomarkers for patients with active hives. To evaluate this, we compared blood samples from these 12 patients by using a microarray platform against the latest 2567 known mature human miRNAs. The relative miRNA level results are illustrated in the heat map in Fig. 1, which shows that miR-4649-5p and miR-6769a-5p differed the most between patients with hives and patients without hives with a *p* value of <0.01. We further analyzed these data by using analysis of variance to take the actual fold changes into consideration.

Twelve DE miRNAs were found to have at least twofold changes in miRNA expression between active hives and no hives. Among these, only miR-6769-5p showed an increase of more than twofold, whereas the other 11 miRNAs all showed decreases of more than twofold, as shown in Table 2. This was somewhat unexpected because, for miRNAs to act as inhibitors of mRNA function, these would have been expected to be increased in patients with CIU and with hives. Next, we compared the differential expression of miRNAs among the four groups to specifically evaluate the active hives with a positive CU index (*i.e.*, CAU) group. When this CAU group was compared with the other groups, we found five DE miRNAs: 2355-3p, 2355-5p, 4264, 29c-5p, and 361-3p were all increased between 3- to 10-fold in mean values, as listed in Table 3. This result implied that genes targeted by these five miRNAs could be greatly inhibited and that they could be useful as biomarkers for the pathophysiology of CAU.²⁹

Potential mRNA Targets by the Selected DE miRNAs

Next, we investigated potential genes targeted by the miRNAs characteristic of active hives. Several miRNA target data bases, such as TargetScanHuman 7.1, TarBase, Diana-microT-CD, miRDB, were found by using a Wikipedia (The Free Encyclopedia, Wikimedia Foundation, San Francisco, CA) search.³⁰ The number of potential targets identified by each databases differed, as shown in Table 4. We elected to use the TargetScanHuman 7.1 miRNA data base because it was used by Qiagen's IPA simulation program and because it shows the largest number of possible targets for each miRNA. Because miRNA data bases predict targets based on sequence alone, there is some element of chance involved. To avoid this pitfall, we decided to consider only those potential targets that were reported to be related to CIU, as shown in Table 5, with the gene names and references listed for those matched gene symbols.

For each of the selected 16 DE miRNAs, we first created a gene set of potential targets found in the TargetScanHuman 7.1 miRNA data base.¹⁹ We then compared them with the 154 urticaria-related genes. The matched genes, in rank order by the miRNA data base, are shown in Table 6. To weigh the importance of these selected targets, we counted the number of times that these genes were targeted by the selected DE miRNAs. The result is shown in Fig. 2. Among them, *FBXL20* shows the highest count and is targeted by 13 of the 16 DE miRNAs, followed by *EZLN1* and *OPHN1* as targets of 9 of the 16 DE miRNAs.

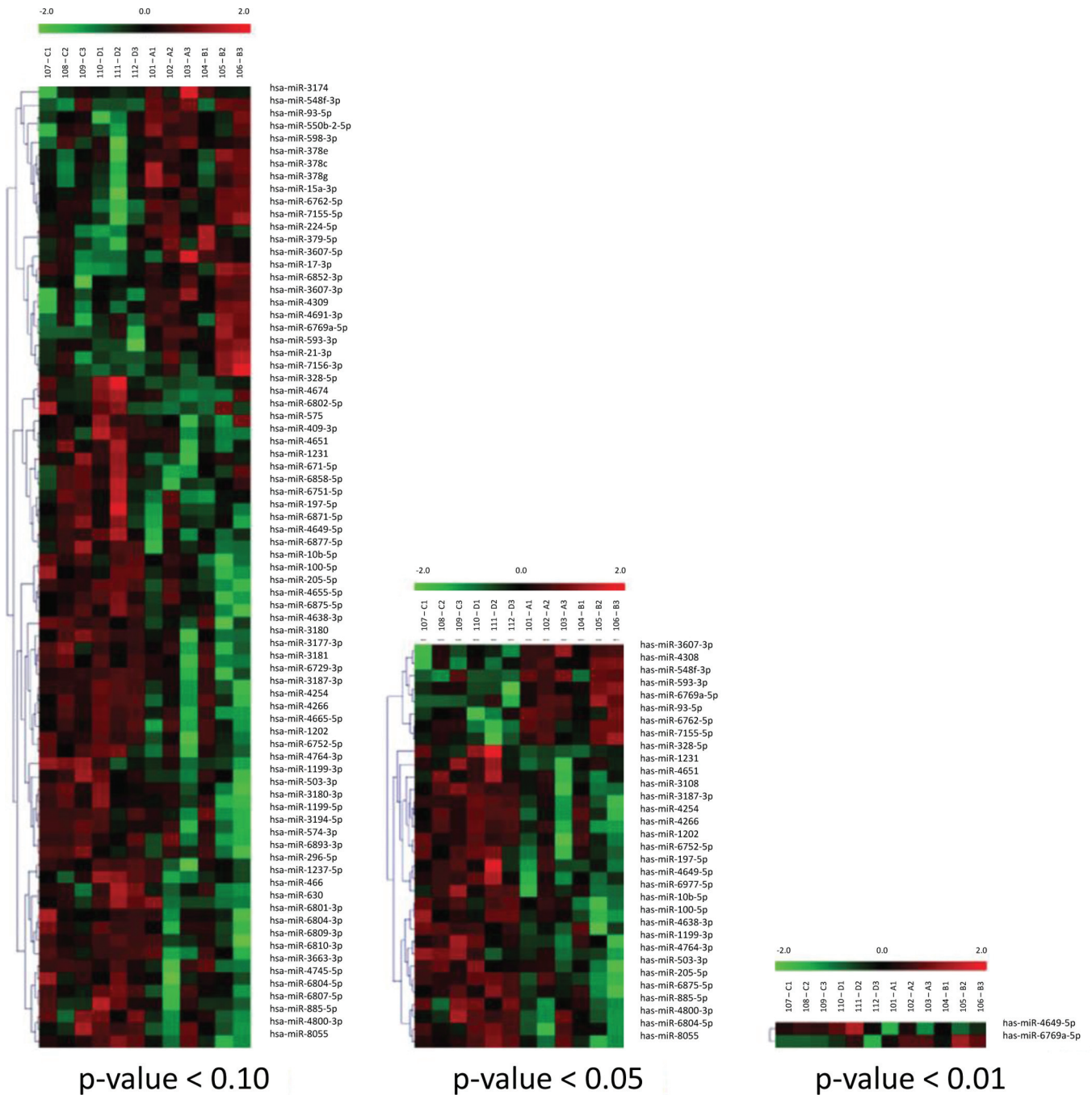


Figure 1. Heat map of differentially expressed microRNAs (miRNA) by hives status. Only those miRNAs whose level of expression differed at a given p value are shown. The first six columns represent patients who were negative for hives; the last six columns represent patients with active hives. Different miRNAs are clustered according to the degree of similarity in the level of expression. Red represents miRNAs with up to two-fold or greater increased expression; green represents miRNAs with up to two-fold or greater decreased expression; and different levels of shading (from red to black, or green to black, with black indicating no difference) indicate values between these extremes. The average for all 12 patients is taken as the reference value. Each colored column is labeled with the sample number as well as the group and patient identity corresponding to Table 1.

These three genes, along with five other genes (*CCNG2*, *YPEL2*, *KLHL24*, *STARD9*, and *ING4*), which were targeted by at least three different DE miRNAs, were reported as the most differentially downregulated genes in CIU.²¹ Three genes (*BYSL*, *THBS1*, and

PNO1) were found to be targeted by seven DE miRNAs, followed by five other genes (*ADAMT59*, *STEAP4*, *CCL2*, *SELE*, and *SRGN*), which were targeted by at least three different DE miRNAs were reported by Patel *et al.*²¹ as the most differentially

Table 2 Differential expression of miRNAs between patients with active hives and patients negative for hives by ANOVA analysis

hsa-miR	p Value	Positive for Hives, mean ± SD	Negative for Hives, mean ± SD	Fold Changes
miR-6769a-5p	0.005454	17.91 ± 8.82	5.75 ± 4.25	3.12-fold increase
miR-3691-3p	0.000903	1.97 ± 1.47	9.34 ± 3.59	4.75-fold decrease
miR-1184	0.007058	2.85 ± 2.79	12.28 ± 6.25	4.31-fold decrease
miR-302c-5p	0.009217	3.16 ± 4.04	12.42 ± 5.94	3.93-fold decrease
miR-6799-3p	0.002512	4.35 ± 5.32	16.88 ± 5.51	3.88-fold decrease
miR-4733-5p	0.007494	4.56 ± 4.53	13.51 ± 4.75	2.97-fold decrease
miR-205-5p	0.007383	9.06 ± 9.65	25.28 ± 6.89	2.79-fold decrease
miR-3187-3p	0.003867	10.59 ± 9.16	28.71 ± 7.56	2.71-fold decrease
miR-6800-3p	0.006485	8.40 ± 6.24	19.18 ± 4.52	2.28-fold decrease
miR-3180	0.003653	11.46 ± 6.09	25.31 ± 6.62	2.21-fold decrease
miR-4649-5p	0.007991	21.71 ± 9.48	46.71 ± 17.25	2.15-fold decrease
miR-1910-5p	0.007885	11.75 ± 6.10	23.73 ± 6.43	2.02-fold decrease

miRNA = MicroRNA; ANOVA = analysis of variance; hsa-miR = homo sapiens related miRNA; SD = standard deviation.

Table 3 Differential expression of miRNAs in different groups of patients by ANOVA analysis

hsa-miR	p Value	Active Hives with Positive CU Index, mean ± SD	Active Hives but Negative CU Index, mean ± SD	Negative for Hives with Positive CU Index, mean ± SD	Negative for Hives and Negative CU Index, mean ± SD	Group Specificity
miR-2355-3p	0.000245	54.45 ± 9.76	5.56 ± 9.62	5.93 ± 7.65	6.28 ± 7.17	A*
miR-4264	0.001642	11.00 ± 1.30	1.53 ± 1.78	1.84 ± 1.87	2.54 ± 3.12	A*
miR-2355-5p	0.006449	12.37 ± 3.04	1.66 ± 2.69	3.11 ± 4.27	1.25 ± 1.63	A*
miR-29c-5p	0.006870	131.15 ± 25.91	29.31 ± 30.52	45.55 ± 32.63	36.62 ± 21.52	A*
miR-361-3p	0.015906	96.48 ± 33.88	33.41 ± 17.60	33.80 ± 18.23	32.07 ± 9.30	A*
miR-549a	0.000022	1.40 ± 2.41	12.87 ± 1.71	0.18 ± 0.29	0.58 ± 0.93	B#
miR-99b-3p	0.001337	14.49 ± 9.52	71.61 ± 19.93	14.68 ± 10.43	26.33 ± 3.45	B#
miR-548bb-3p	0.001470	0.02 ± 0.02	5.20 ± 2.33	0.11 ± 0.10	0.20 ± 0.27	B#
miR-939-3p	0.001582	3.34 ± 4.48	33.40 ± 8.01	15.85 ± 7.05	12.63 ± 1.88	B#
miR-377-5p	0.001766	13.12 ± 4.30	29.73 ± 1.65	10.63 ± 4.91	9.72 ± 5.84	B#
miR-379-3p	0.004437	8.23 ± 7.85	24.61 ± 6.29	7.29 ± 4.03	1.30 ± 1.61	B#
miR-4764-3p	0.000153	25.40 ± 16.60	14.68 ± 6.96	118.90 ± 16.51	31.57 ± 20.63	C§
miR-1305	0.000055	0.47 ± 0.77	0.28 ± 0.48	2.16 ± 2.39	12.32 ± 2.11	D¶
miR-8061	0.000069	0.56 ± 0.93	1.04 ± 1.34	0.01 ± 0.01	6.49 ± 0.75	D¶
miR-3163	0.000159	0.13 ± 0.16	0.01 ± 0.01	1.07 ± 1.84	10.57 ± 2.88	D¶
miR-1304-5p	0.000539	3.79 ± 3.41	1.16 ± 1.61	4.04 ± 2.15	17.10 ± 3.70	D¶
miR-1183	0.002170	5.61 ± 3.86	1.81 ± 2.38	3.69 ± 4.39	19.83 ± 4.98	D¶
miR-567	0.002564	1.70 ± 2.88	0.36 ± 0.63	1.30 ± 1.05	7.64 ± 1.12	D¶
miR-524-5p	0.002971	2.26 ± 3.56	1.09 ± 1.75	3.74 ± 4.07	13.23 ± 0.36	D¶
miR-1307-3p	0.004398	572.20 ± 108.67	783.22 ± 173.33	454.35 ± 213.08	1732.38 ± 563.17	D¶
miR-3187-5p	0.006410	9.13 ± 6.02	4.45 ± 4.93	9.84 ± 3.99	25.65 ± 6.27	D¶
miR-1237-5p	0.009264	68.33 ± 47.49	70.90 ± 11.76	82.33 ± 25.84	175.67 ± 31.38	D¶

miRNA = MicroRNA; ANOVA = analysis of variance; hsa-miR = homo sapiens related miRNA; CU = chronic urticaria; SD = standard deviation.

*Active hives, positive CU index.

#Active hives, negative CU index.

§Negative for hives, positive CU index.

¶Normal, negative for hives and negative CU index.

Table 4 Sequence of selected miRNAs and the number of proposed target genes in various miRNA data bases

hsa-miR	miRNA Sequence*#	No. Reported Target Genes by Data Bases				
		TSH7§	Tb¶	μTC	TS**	miRD##
miR-2355-3p	AUUGUCCUUGCUGUUUGGAGAU	3437	272	379	81	261
miR-2355-5p	AUCCCCAGAUACAAUGGACAA	5871	442	409	385	560
miR-4264	ACUCAGUCAUGGUCAUU	4027	0	55	65	577
miR-29c-5P	UGACCGAUUUCUCCUGGUGUUC	409	58	8	22	10
miR-361-3p	UCCCCAGGUGUGAUUCUGAUUU	5163	508	114	650	447
miR-6769a-5p	AGGUGGGUAUGGAGGAGCCCU	4664	0	200	286	262
miR-3691-3p	ACCAAGUCUGCGUCAUCCUCUC	3967	0	51	94	216
miR-1184	CCUGCAGCGACUUGAUGGCUUCC	5648	0	649	275	530
miR-302c-5p	UUUAACAUGGGGGUACCUGCUG	5620	40	1420	6	718
miR-6799-3p	UGCCCUGCAUGGUGUCCCCACAG	4388	0	401	556	365
miR-4733-5p	AAUCCCAAUGCUAGACCCGGUG	3636	60	347	71	284
miR-205-5p	UCCUUCAUCCACCGGAGUCUG	4431	368	821	38	269
miR-3187-3p	UUGGCCAUGGGGUGCGCGG	4743	189	453	132	215
miR-6800-3p	CACCUCUCCUGGCAUCGCCCC	3193	0	131	88	149
miR-4649-5p	UGGGCGAGGGGUGGGCUCUCAGAG	1562	0	26	163	34
miR-1910-5p	CCAGUCCUGUGCCUGCCGCCU	3790	0	154	126	271

miRNA = MicroRNA; hsa-miR = homo sapiens related miRNA; mRNA = messenger RNA.

*miRBase (from Ref. 20).

#The seed sequences for mRNA binding are shown in bold.

§TargetScan Human 7.1 (from Ref. 19).

¶Tarbase (from Ref. 26).

||microT-CDS (from Ref. 26).

**TargetScan (from Ref. 26).

##miRDB (from Ref. 20).

upregulated genes in CIU. In addition, 11 genes not known to be DE in CIU were also targeted by at least three different DE miRNAs. In all, we found 25 (when considering *CHRM1*, *CHRM2*, *CHRM3* as one *CHRM* family) of 49 targets as common targets by three or more selected DE miRNAs. These were considered as essential CIU candidate genes in active hives.

Role of Candidate Genes Targeted by the Selected DE miRNAs in Signal Pathways and Cellular Functions

With having found these 25 candidate genes for active hives, the question arises regarding what their roles are in signal pathways and cellular functions, and whether they can shed some light on understanding the mechanism of CIU. We first looked into the bioinformatics of each of these genes by using the KEGG pathway data base²⁴ and the PathCards data base.²⁵ Surprisingly, seven of the eight reported downregulated genes (*FBXL20*, *EZH1*, *OPHN1*, *YPEL2*, *KLHL24*, *STARD9*, *ING4*) and five of the eight upregulated genes (*BYSL*, *PNO1*, *ADAMTS9*, *STEAP4*, *SRGN*) reported by Patel *et al.*²¹ have no known roles in signal-

ing pathways and, hence, are unknown as to their subsequent cellular functions. The missing information about these 12 genes is a major setback for understanding the cause and mechanism of CIU because they are not only 12 of 16 most differentially regulated genes in CIU but, also, 9 of these 12 genes account for 18 of the most common targets by at least five or more DE miRNAs.

Only one significantly downregulated gene, *CCNG2*, and three significantly upregulated genes, *THBS1*, *SELE*, and *CCL2*, are known to be involved in certain signaling pathways that may be relevant to immune pathophysiology of CIU, which, in turn, are related to a variety of cellular functions, as shown in Table 7. However, 9 of the remaining 25 candidate genes (*PA2G4*, *PAK1IP1*, *NR3C1*, *KITLG*, *HRH1*, *CHRM*, *MS4A2*, *PTGS1*, *SELP*), which are uncertain of their differential expression status, are known to be associated with certain pathways, but most of their roles in cellular functions remain uncharacterized.

Because every pathway consists of many genes, enzymes, and proteins, we specifically searched for those pathways that engaged at least 3 members of these 13 candidate genes with known functions because it could

Table 5 A list of 154 CIU-related genes with gene names shown for those potential microRNA targets*

Gene Symbol	Gene Name	Reference No.
ADAMTS9	ADAM metalloproteinase with thrombospondin type 1 motif, 9	21
ADRB1	Adrenoceptor β 1	21
ALOX5	Arachidonate 5-Lipoxygenase	23
BYSL	Bystin-like	21
CCL2	Chemokine (C-C motif) ligand 2	21
CCNG2	Cyclin G2	21
CD69	CD69 molecule	21
CHRM1, 2, 3	Cholinergic receptors, muscarinic 1, 2, 3	22,25
CPN1	Carboxypeptidase N, polypeptide 1	23
DCAF6	DDB1 and CUL4 associated factor 6	21
EZH1	Enhancer of zeste homolog 1 (<i>Drosophila</i>)	21
FBXL20	F-box and leucine-rich repeat protein 20	21
FCER1A	Fc fragment of IgE receptor 1a	23
HNMT	Histamine N-methyltransferase	23
HRH1, H2	Histamine receptors H1, H2	23,27
HTR2C	5-Hydroxytryptamine (serotonin) receptor 2C, G protein-coupled	21
ING4	Inhibitor of growth family, member 4	21
ITGB2	Integrin, β 2 (complement component 3 receptor 3 and 4 subunit)	23
KIT	V-Kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog	23
KITLG	KIT ligand	23
KLHL24	Kelch-like 24 (<i>Drosophila</i>)	21
MS4A2	Membrane-Spanning 4-domains, subfamily A, member 2, FCER1B	27
MT1M	Metallothionein 1M	21
NLRP3	NLR family, pyrin domain containing 3	23
NR3C1	Nuclear receptor subfamily 3, group C, member 1, glucocorticoid receptor	22
NPR2	Natriuretic peptide receptor B/guanylate cyclase B	21
OPHN1	Oligophrenin 1	21
OSMR	Oncostatin M receptor	21
PA2G4	Proliferation-associated 2G4, 38 kDa	21
PAK1IP1	PAK1 interacting protein 1	21
PNO1	Partner of NOB1 homolog (<i>Saccharomyces cerevisiae</i>)	21
PTGS1	Prostaglandin-endoperoxide synthase 1	23
S100A8	S100 calcium binding protein A8	21
SELE	Selectin E	21
SELP	Selectin P (antigen CD62)	21
SLC25A27	Solute carrier family 25, member 27	21
SRGN	Serglycin	21
STARD9	StAR-related lipid transfer (START) domain containing 9	21
STEAP4	STEAP family member 4	21
THBS1	Thrombospondin 1	21
TNC	Tenascin C	21
UAP1	UDP-N-acetylglucosamine pyrophosphorylase 1	21
YPEL2	Yippee-like 2 (<i>Drosophila</i>)	21

CIU = Chronic idiopathic urticaria.

*Other CIU-related genes not listed are the following: ACE, ADORA3, ATR, BCL2, CCL11 (Eotaxin), CCL13, CCL17 (TARC), CCL22 (MDC), CCL24 (Eotaxin-2), CCL26 (Eotaxin-3), CCL5 (RANTES), CCL8 (MCP-2), CCR1, CDKN1A, CH25H, CISH, CLC, CLEC4A, CMA1, CSF1, CSF2 (GM-CSF), CTSL1, CYP2C9, CysLTR1, E2F4, FAR5B, FCGR2A, GARS, GNL3, GPR44 (CRTH2), HDAC2, HSP90AA1, HSPA5, HSPA8, HSPA9, HSPD1, IARS, ICAM1, ICOS, IFNAR, IFNAR2, IFNF (IL10), IFNGR1, IFNGR2, IGHE, IL-12A, IL-12B, IL-13, IL-17A, IL-18, IL1R1, IL1RL1, IL-21, IL-25 (IL-17E), IL-3, IL-31, IL-33, IL-4, IL4R, IL-5, IL-9, IPO5, IRF1, JAK3, KPNA1, KPNA2, KPNA4, KPNB1, LARS, LTC4S, MAP3K14, MARS, MARS2, MCEE, MMP12, MT2A, MYC, MYD88, NFKB1, PDCD1, PMCH, PTGER4, PTPN2, PTPN22, RAN, RANBP1, RANBP2, RNASE3, SGK1, SMARCA2, SOCS2, SOCS3, SRA1, STAT1, STAT3, TARS, TGFB1, TGFB1, TGFB1, TNFAIP6, TNFRSF1A, TNF- α , TNSF4 (OX40L), TSLP, VCAM1, WARS, YARS, and YPEL2NPR2.

boost their involvement due to possible synergic effects. Based on this consideration, we found the following pathways in transforming growth factor β (TGF- β)

signaling pathway (via NRC31, KITLG, THBS1, CCL2), glucocorticoid receptor signaling pathway (NR3C1, SELE, CCL2), p53 signaling pathway

Table 6 Matched candidate genes between CIU-related genes and miRNA targets for each of the selected miRNAs in active hives

	Matched Genes
miR-2355-3p	ADAMTS9,* OPHN1,* YPEL2,* SRGN,* NLRP3,* CCNG2, CD69, CHRM3, FBXL20, NR3C1, THBS1
miR-2355-5p	SELE,* CHRM1,* BYSL,* CCL2,* STARD9,* NR3C1, FBXL20, OPHN1, KLHL24, MS4A2, PNO1
miR-29c-5p	CHRM3,* PNO1,* STARD9,* TNC
miR-361-3p	OPHN1,* PA2G4,* ING4,* CCNG2,* EZH1, ITGB2, KIT, NLRP3, FBXL20, CHRM1, YPEL2, NR3C1, PTGS1
miR-4264	YPEL2,* STEAP4,* THBS1,* BYSL,* OPHN1,* FBXL20,* PTGS1, UAP1, EZH1, PNO1
miR-6769a-5p	PA2G4,* HRH2,* ITGB2, CHRM2, OPHN1, EZH1, ADRB1, FBXL20, STEAP4, BYSL, PTGS1
miR-1184	THBS1,* OPHN1,* SELP,* YPEL2,* HRH1,* S100A8, CHRM5, ADAMTS9, FBXL20, EZH1, CHRM3, PTGS1
miR-1910-5p	BYSL,* ING4,* OPHN1,* FBXL20,* KITLG,* HTR2C, CHRM5, ALOX5, STARD9, KLH24, THBS1, MS4A2, PNO1
miR-205-5p	ADAMTS9,* CHRM2,* EZH1,* SELE,* SELP,* SLC25A27, ADRB2, CHRM3, KIT, OPHN1, HRH1, KITLG, KLHL24, THBS1, NR3C1, PAK1IP1, FBXL20
miR-302c-5p	CCL2,* PAK1IP1,* MT1M, KLHL24, THBS1, ADAMTS9, YPEL2, CHRM3, ADRB1, FBXL20, CHRM2, SLC25A27, HRH1, MS4A2, SELE, STEAP4, HNMT, KITLG, CCNG2
miR-3187-3p	BYSL,* SRGN,* OPHN1,* HRH1, NPR2, NR3C1, FBXL20, CHRM3, EZH1, HRH3, HRH4, STARD9, CCNG2, CPN1, MS4A2, PTGS1
miR-3691-3p	SRGN,* CCL2,* ING4,* PA2G4,* HRH2,* KITLG,* FBXL20, ADAMTS9, CHRM3, NR3C1, CCNG2, MS4A2, PNO1
miR-4649-5p	CHRM2,* BYSL,* KLHL24,* THBS1*
miR-4733-5p	FBXL20,* SELP,* OSMR, DCAF6, HNMT, HTR2C, CHRM2, EZH1, KITLG, NR3C1, PANK1IP1, PNO1, TNC, CCNG2
miR-6799-3p	YPEL2,* EZH1,* STARD9,* CHRM1,* BYSL, PTGS1, CHRM3
miR-6800-3p	EZH1,* HRH1,* PNO1,* FBXL20,* STEAP4,* NR3C1,* HRH4, PTGS1, CCNG2

CIU = Chronic idiopathic urticaria; miRNA = microRNA.
*Higher-ranked genes.

(CCNG2, THBS1, CCL2), p21-activated kinase (PAK) pathway (PAK1IP1, KITLG, CCL2), phosphoinositide-3 kinase and protein kinase B (PI3K-Akt) signaling pathway (KITLG, CHRM, THBS1), and neuroactive ligand-receptor interaction (NRC31, HRH1, CHRM) all fit into this category and could be relevant in the pathophysiology of active hives in CIU.

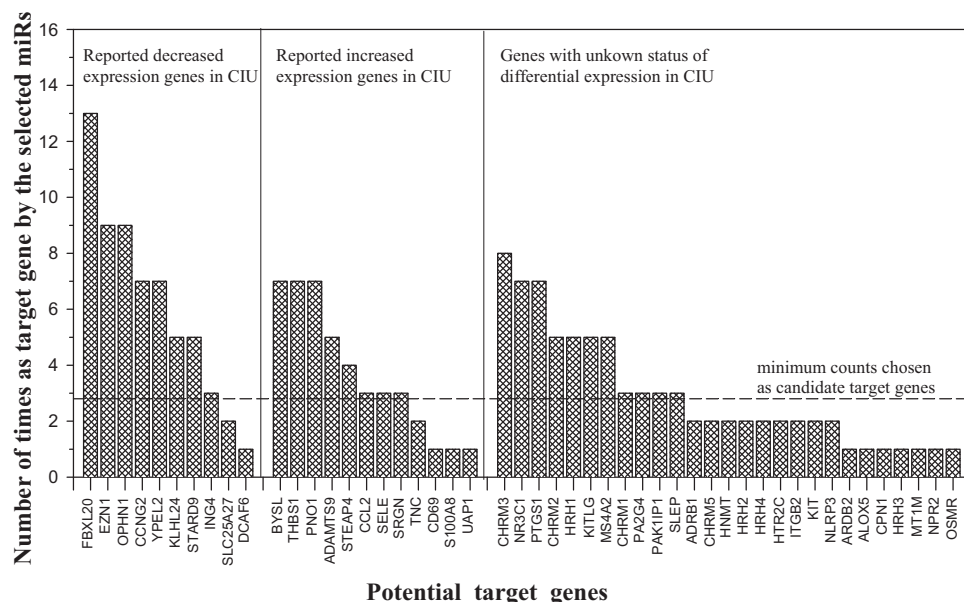
In addition, we tried three pathway simulation programs:

1. Qiagen Bioinformatics IPA program.²⁷ We uploaded our selected 16 DE miRNAs into the IPA program and found that the IPA automatically identified MS4A2 and HRH1 genes as the pivotal link for urticaria. This program seems to be ideal for the miRNA-mRNA analysis if both comparable differential expression results for miRNA and mRNA are available.

2. Advaita's iPathwayGuide.²⁸ This program analyzes RNA genes and predicts pathways based on the KEGG pathway data base²⁴ as well as cellular function assessment based on GO biologic process analysis.³¹ We uploaded the selected 25 candidate genes and found it only returned limited information, such as SELE and CCL2 as involved in the tumor necrosis factor (TNF) signaling pathway and in the regulation of leukocyte migration. This program will be convenient to show the overall effect of the selected genes if all of them have defined roles in signal pathways and cellular functions.

3. Diana-miRPathv3.0. This program provides a free tool to directly decipher miRNA function for potential pathways and genes regulated by the selected miRNAs.²⁶ We uploaded the selected five DE miRNAs specific for CAU

Figure 2. The potential number of microRNA (miRNA) that targets each gene. Genes are grouped as either differentially decreased or differentially increased in expression in chronic idiopathic urticaria (CIU) (reported in Ref. 21). The last panel is of genes not known to be differentially expressed in CIU. The dashed line indicates the cutoff for selection of potential targets that are targeted by at least three different selected miRNAs.



into the program and found that it returned 965 genes that can be targeted by these miRNAs. It also listed four KEGG pathways and 18 GO categories. Overall, this program was a good start to look for the roles of miRNAs in pathways and cellular functions based on miRNAs alone; however, without knowing their roles within specific genes related to the disease, the results will seem to be too broad to explain the actual mechanisms that define that disease.

Due to the lack of information about involvement of certain genes in pathways and because we do not have parallel mRNA differential expression results, these simulation programs could not be applied to provide answers about CIU disease in this study. Nevertheless, because of the complexity of the miRNA network, a simplified diagram is shown in Fig. 3 to illustrate the links between the DE miRNAs found in this pilot study and their candidate targets as well as between these mRNAs to their possible roles in signal pathways and cellular functions.

DISCUSSION

miRNA is a new player in the field of molecular biology. Since the first discovery of lin-4 in 1993,³² miRNA research has been booming and the volume of publications has increased greatly. However, although thousands of miRNAs have been found and tens of thousands of miRNA reviews have been reported, the real functions of these small noncoding miRNAs remain largely unsettled. The main reason could be in the difficulty of defining their roles directly and effectively. Nevertheless, deregulation of miRNAs were found to be associated with human diseases, e.g., miR-21 was reported in chronic lymphocytic leukemia³³ and allergic diseases.¹⁴ The broad posttranscrip-

tional regulation of mRNA was proposed as an alternate for the treatment of various diseases, as shown in ~369 miRNA studies currently under various stages of clinical trials.³⁴ Two miRNA studies have been reported in asthma and allergic rhinitis,^{15,35} but, to our knowledge, there is no published miRNA study for CIU to date. We found 16 of 2567 known human miRNAs that were DE with more than twofold changes in patients with active hives. Fourteen of these are mature miRNAs, which were indicated by suffix of -3p or of -5p.⁴ But only 6 of these 16 miRNAs showed an increase in expression in patients with active hives. Moreover, five of these six differentially increased miRNAs were found in patients with CAU, which implied that these miRNAs (2355-3p, 2355-5p, 29c-5p, 361-3p, and 4264) could be useful biomarkers for the CAU subtype of CIU.

We then screened for potential targets of these 16 DE miRNAs directly by using the TargetScanHuman 7.1 miRNA data bases and then compared the selected potential targets with the 154 CIU-related genes listed in Table 5 and found 49 matches. Furthermore, we found that 25 of these 49 genes were targets by at least 3 of the selected 16 miRNAs, which could be real candidate genes involved in active hives. We then investigated further what was known about these candidate genes. Unfortunately, in half of these 25 candidate genes, it is unclear what their roles are in signaling pathways. The lack of information about these genes presents a drawback in exploring the obscure mechanisms of CIU. Nevertheless, we examined the 13 candidate genes that are known to be involved in signaling pathways to survey what could be concluded in CIU, as shown in Table 7.

Table 7 Role of active hives candidate genes with known canonical signal pathways and cellular functions

Gene Name	Canonical Pathways in which Gene is Involved	Cellular Functions in which Gene is Involved*
<i>CCNG2</i>	p53 signaling pathway#§ FoxO signaling pathway#§ Wnt signaling pathway§ Mitotic G1-G1/S phases§	Cell cycle arrest, cellular senescence or apoptosis# Cellular growth and proliferation (A)¶
<i>PA2G4</i>	Cell cycle: G1/S checkpoint regulation¶	Cellular growth and proliferation (A)¶
<i>PAK1IP1</i>	Cell cycle: G1/S checkpoint regulation¶ PAK Pathway§	Cellular growth and proliferation (A)¶
<i>NR3C1</i>	Neuroactive ligand-receptor interaction# Glucocorticoid pathway§ IL-2, 6 signaling pathways§ Proteolysis putative SUMO-1 pathway§ Nuclear receptor transcription pathway§ TGF- β signaling pathways§ SIDS susceptibility pathways§ Prolactin signaling pathway§	
<i>KITLG</i>	Ras signaling pathway#§ Rap1 signaling pathway# Phospholipase D signaling pathway#§ PI3K-Akt signaling pathway#§ Cytokine-cytokine receptor interaction# Kit Receptor signaling pathway§ NF-kB family pathway§ TGF- β pathway§ Phospholipase-C pathway§ CREB pathway§ GPCR pathway§ PAK pathway§	
<i>HRH1</i>	Calcium signaling pathway#§ Neuroactive ligand-receptor interaction#	
<i>CHRM1, 2, 3</i>	Calcium signaling pathway#§ cAMP signaling pathway#§ PI3K-Akt signaling pathway#§ Neuroactive ligand-receptor interaction#	
<i>THBS1</i>	TGF- β signaling pathway#§ Rap1 signaling pathway#	Cellular growth and proliferation (A)¶ Hematologic system development and function (B)¶

Table 7 Continued

Gene Name	Gene Involvement in Canonical Pathways	Gene Involvement in Cellular Functions*
	p53 signaling pathway#§ PI3K-Akt signaling pathway#§ Ras signaling pathway§ Integrin pathway§	Immune cell trafficking (C)¶ Cell to cell signaling and interaction (C)¶ Tissue development (C)¶ Cellular movement (D)¶ Inflammatory response (D)¶ Regulation of leukocyte migration§
<i>SELE</i>	Glucocorticoid receptor signaling§¶ Cell adhesion molecules#§ cGMP-PKG signaling pathway# Metabolic pathways# TNF signaling pathway#§	Cellular growth and proliferation (A)¶ Hematologic system development and function (B)¶ Immune cell trafficking (C)¶ Cell to cell signaling and interaction (C)¶ Tissue development (C)¶ Cellular movement (D)¶ Inflammatory response (D)¶ Regulation of leukocyte migration§
<i>CCL2</i>	Hepatic fibrosis, hepatic stellate cell activation¶ Glucocorticoid receptor signaling¶ Cytokine-cytokine receptor interaction# Chemokine signaling pathway# TNF signaling pathway#§ NOD-like receptor signaling pathway# NF-κB signaling pathway#§ Selenium pathway§ p53 pathway§ IL-23 signaling pathway§ TWEAK pathway§ Toll-like receptor signaling pathway§ Integrin pathway§ TGF-β pathway§ PAK pathway§	Cellular growth and proliferation (A)¶ Hematologic system development and function (B)¶ Immune cell trafficking (C)¶ Cell-to-cell signaling and interaction (C)¶ Tissue development (C)¶ Cellular movement (D)¶ Inflammatory response (D)¶ Infectious disease (E)¶ Regulation of leukocyte migration§

CIU = Chronic idiopathic urticaria; NF-κB = nuclear factor kappa light chain enhancer of activated B cells.

*Other CIU related genes which also involved in this cellular function as reported by Patel (21) are: (A) ALOX5, CD69, OSMR, S100A8, SGRN, SLC25A27, TNC; (B) ALOX5, CD69, S100A8; (C) CD69, S100A8; (D) ALOX5, CD69, S100A8; (E) ALOX5, CD69, S100A8, UAP1.

#From Ref. 24.

§From Ref. 25.

¶From Ref. 21.

||From Ref. 27.

For 4 of these 13 candidate genes, the *CCNG2* gene was significantly downregulated and the 3 others (*THBS1*, *SELE*, *CCL2*) were significantly upregulated, as reported by Patel *et al.*²¹ *CCNG2* is one of several genes, including *MDM2*, *COP-1*, *PIRH-2*, *WIP1*, *SIAH1*, *TP73*, that act as a p53 negative feedback regulator; p53 activation is induced by a number of stress signals, including DNA damage and oxidative stress. Because of its role *via* the p53 pathway, *CCNG2* is reported to be associated with cell cycle arrest, cellular apoptosis, cel-

lular growth, and proliferation functions. *THBS1* is also involved in p53 signaling pathway; however, it plays a different role in inhibition of angiogenesis and metastasis. Upregulation of *THBS1* does not seem to be in conflict with downregulation of *CCNG2*, which could imply collaboration in their effects on p53 activation. Also, *THBS1* is also involved in the TGF-β signaling pathway, Rap1 signaling pathway, and PI3K-Akt signaling pathway. Thus, not only can an miRNA target multiple mRNAs, but a certain mRNA can also partic-

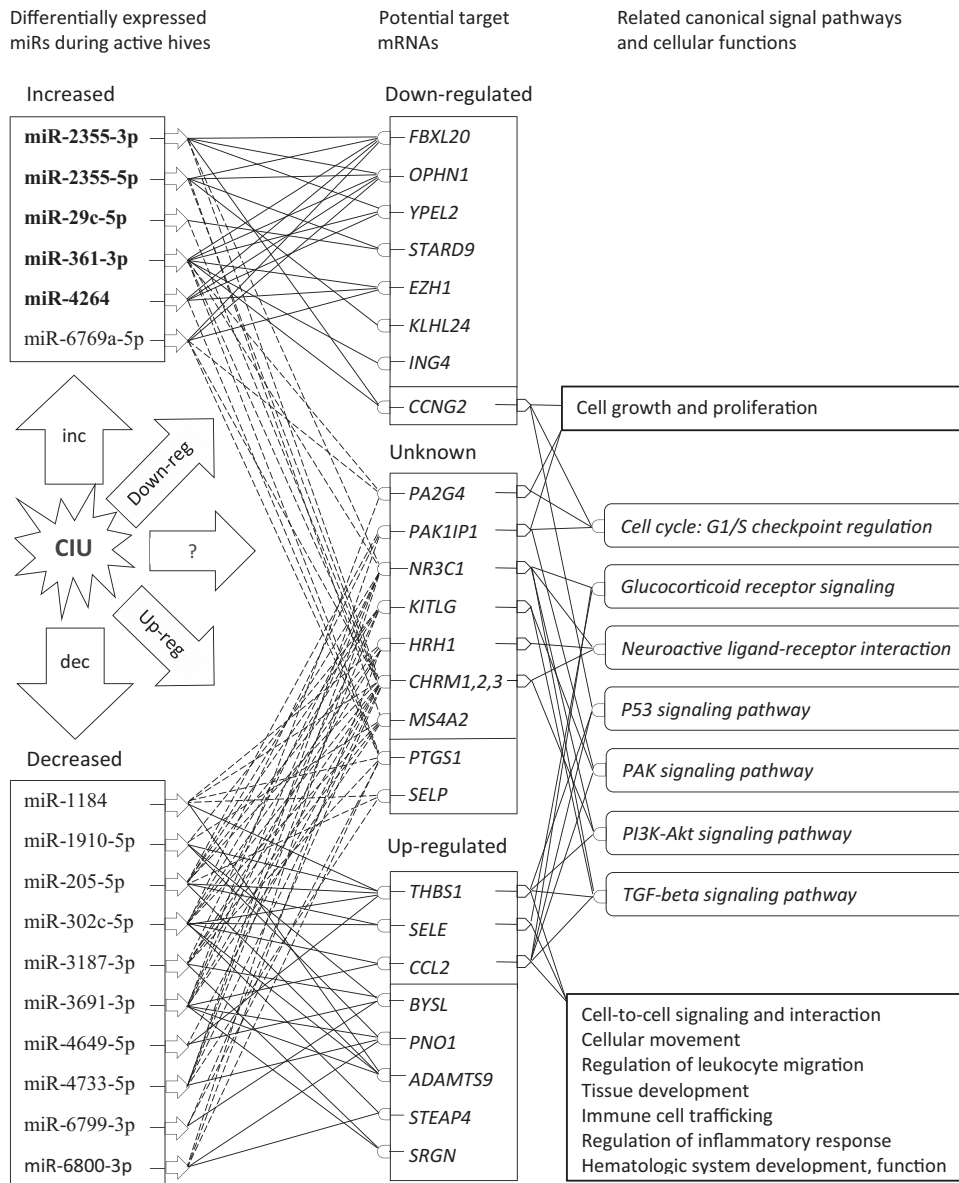


Figure 3. Simplified diagram, illustrating linkage between selected microRNAs (miRNA) and their potential target messenger RNAs (mRNA) and potential signaling pathways and cell functions. Differentially expressed miRNAs in active hives are placed together in either increased (five miRNAs as potential chronic autoimmune urticaria [CAU] biomarkers are shown in bold) or decreased boxes in the left-hand side. Likewise, the candidate target mRNAs are grouped as either down- or upregulated, or in the unknown boxes in the middle. Due to the complexity of the miRNA-mRNA network, only connections among miRNAs and the chosen candidate genes that were targets of three or more different miRNAs are shown in solid lines if they are in accordance (i.e., increased miRNA expression that corresponded to mRNAs decreased in chronic idiopathic urticaria [CIU], or decreased miRNA expression that corresponds to mRNAs increased in CIU) or in dashed lines if the status between them is unknown. Similarly, only pathways (in round boxes and italic) and possible cellular functions (in rectangular boxes) were shown if they were involved with at least three of the candidate genes with known functions.

ipate in multiple signaling pathways. Therefore, for similar reasons, as we reasoned, potential targets should be targeted by three or more selected miRNAs to be a trustworthy candidate gene, a signaling pathway should also comprise ≥ 3 different genes from these 13 candidate genes to be a trustworthy canonical signaling pathway. With this assumption, p53 signaling seemed to be one of the valid pathways in CIU by means of *CCNG2*, *THBS1*, and *CCL2* contribution.

SELE is reported to be involved in glucocorticoid receptor signaling, the cyclic 3',5'-guanosine monophosphate dependent protein kinase G signaling pathway, metabolic pathways, and TNF signaling pathway. *CCL2* is also reported to be associated with glucocorticoid receptor signaling, the TNF signaling pathway, chemokine signaling pathway, nucleotide-binding, oligomerization domain-like receptor signaling pathway, NF- κ B signaling pathway, p53 signaling pathway, and others.

When comparing the roles of *SELE* and *CCL2*, we found that two common pathways in glucocorticoid receptor signaling and TNF signaling were shared by these two genes but with different attributes. For example, in the TNF signaling pathway, *SELE* is related to cell adhesion in the same group with *ICAM1*, *VCAM1*; however, *CCL2* is related to leukocyte recruitment propelled by *CCL5*, *CCL20*, and other chemokine motifs. The other nine selected essential genes (*PA2G4*, *PAK1IP1*, *NR3C1*, *KITLG*, *HRH1*, *CHRM*, *MS4A2*, *PTGS1*, and *SELP*) are unknown regarding their differential expression status in CIU. *PA2G4* and *PAK1IP1* were reported by Patel *et al.*²¹ to be involved in G1/S checkpoint regulation in cell cycle. Along with the *CCNG2* gene, which is also involved in mitotic G1-G1/S phases, these three genes are related to cell growth and proliferation.

Three genes (*NR3C1*, *HRH1*, *CHRM1,2,3*) are related to neuroactive ligand-receptor interaction reported in the KEGG pathway data base, but their roles are different. *NR3C1* is associated with cortisol in glucocorticoid receptor signaling, *HRH1* is associated with histamine, and *CHRM1*, *CHRM2*, and *CHRM3* are associated with acetylcholine. *CHRM1* and *CHRM2* are also associated with the PI3K-Akt signaling pathway through the chemokine signaling pathway down to G protein-coupled receptors. The PI3K-Akt signaling pathway is also linked to *THBS1* through extracellular matrix receptor interaction and to *KITLG*, which acts as a growth factor through *KIT*, a receptor tyrosine kinase. Also, three genes (not shown in Table 7) are the following: *PTGS1* is involved in metabolic pathway but has a different role from that of *SELE* in the metabolic pathway; *SELP*, like *SELE* which is shown in Table 7, is a cell adhesion molecule involved in leukocyte migration; and *MS4A2* is a lone essential gene that links to the FcεRI signaling pathway, phospholipase D signaling pathway, and sphingolipid signaling pathway.

When taking the 13 candidate genes together, we found the following six pathways in the TGF-β signaling pathway (*NRC31*, *KITLG*, *THBS1*, *CCL2*), glucocorticoid receptor signaling pathway (*NR3C1*, *SELE*, *CCL2*), p53 signaling pathway (*CCNG2*, *THBS1*, *CCL2*), p21-activated kinase (PAK) pathway (*PAK1IP1*, *KITLG*, *CCL2*), phosphoinositide-3 kinase and protein kinase B (PI3K-Akt) signaling (*KITLG*, *CHRM*, *THBS1*), and neuroactive ligand-receptor interaction (*NRC31*, *HRH1*, *CHRM*) all contain at least 3 of these chosen 13 genes that could play important roles in active hives.

CONCLUSION

From the GO biologic process analysis by IPA and iPathwayGuide simulation programs,^{27,28} these 13 genes and their affiliated signaling pathways were

found to be associated with several biologic functions. For example, the three significantly upregulated genes *THBS1*, *SELE*, and *CCL2* were reported to be associated with many cellular functions, including cell-to-cell signaling and interaction, cellular movement, tissue development, regulation of leukocyte migration, immune cell trafficking, inflammatory response, and hematologic system development and function, as shown in Fig. 3. Overall, the GO biologic process analysis in the disease of CIU pointed to cellular movement, cell migration, cell-cell interaction, and cell growth of the immune cells; however, it is still unclear as to the exact role in CIU mechanisms because the functions of the 12 most prominent CIU-related genes are still unknown.

ACKNOWLEDGMENTS

We thank John Chase, M.D., for his contribution in recruiting patients and providing the needed patient information for this research project.

REFERENCES

1. Magen E, Zueva E, Mishal J, and Schlesinger M. The clinical and laboratory characteristics of acute spontaneous urticaria and its progression to chronic spontaneous urticaria. *Allergy Asthma Proc* 37:394–399, 2016.
2. Greaves MW. Chronic idiopathic urticaria. *Curr Opin Allergy Clin Immunol* 3:363–368, 2003.
3. Azkur D, Civelek E, Toyran M, et al. Clinical and etiologic evaluation of the children with chronic urticaria. *Allergy Asthma Proc* 37:450–457, 2016.
4. Bartel DP. MicroRNAs: Genomics, biogenesis, mechanism, and function. *Cell* 116:281–297, 2004.
5. Lewis BP, Shih IH, Jones-Rhoades MW, et al. Prediction of mammalian microRNA targets. *Cell* 115:787–798, 2003.
6. Mazière P, and Enright AJ. Prediction of microRNA targets. *Drug Discov Today* 12:452–458, 2007.
7. Friedman RC, Farh KK, Burge CB, and Bartel DP. Most mammalian mRNAs are conserved targets of microRNAs. *Genome Res* 19:92–105, 2009.
8. Kozomara A, and Griffiths-Jones S. miRBase: annotating high confidence microRNAs using deep sequencing data. *Nucleic Acids Res* 42(Database issue):D68–D73, 2014.
9. Lewis BP, Burge CB, and Bartel DP. Conserved seed pairing, often flanked by adenosines, indicates that thousands of human genes are microRNA targets. *Cell* 120:15–20, 2005.
10. Baek D, Villén J, Shin C, et al. The impact of microRNAs on protein output. *Nature* 455:64–71, 2008.
11. Ortiz-Quintero B. Cell-free microRNAs in blood and other body fluids, as cancer biomarkers. *Cell Prolif* 49:281–303, 2016.
12. Singh R, Ramasubramanian B, Kanji S, et al. Circulating microRNAs in cancer: Hope or hype? *Cancer Lett* 381:113–121, 2016.
13. Rasooly MM, Moye NA, and Kirshenbaum AS. *Helicobacter pylori*: A significant and treatable cause of chronic urticaria and angioedema. *Nurse Pract* 40:1–6, 2015.
14. Lu TX, and Rothenberg ME. Diagnostic, functional, and therapeutic roles of microRNA in allergic diseases. *J Allergy Clin Immunol* 132:3–13; quiz 14, 2013.
15. Rebane A, and Akdis CA. MicroRNAs in allergy and asthma. *Curr Allergy Asthma Rep* 14:424, 2014.
16. Pua HH, and Ansel KM. MicroRNA regulation of allergic inflammation and asthma. *Curr Opin Immunol* 36:101–108, 2015.

17. Panganiban RP, Wang Y, Howrylak J, et al. Circulating microRNAs as biomarkers in patients with allergic rhinitis and asthma. *J Allergy Clin Immunol* 137:1423–1432, 2016.
18. Mannucci C, Casciaro M, Minciullo PL, et al. Involvement of microRNAs in skin disorders: A literature review. *Allergy Asthma Proc* 38:9–15, 2017.
19. Agarwal V, Bell GW, Nam JW, and Bartel DP. Predicting effective microRNA target sites in mammalian mRNAs. *eLife* 4, 2015.
20. Wong N, and Wang X. miRDB: An online resource for microRNA target prediction and functional annotations. *Nucleic Acids Res.* 43(Database issue):D146–D152, 2015.
21. Patel OP, Giorno RC, Dibbern DA, et al. Gene expression profiles in chronic idiopathic (spontaneous) urticaria. *Allergy Rhinol (Providence)* 6:101–110, 2015.
22. MalaCards: Human Disease Database, Weizmann Institute of Science, Rehovot, Israel. Available online at <http://www.malacards.org/card/urticaria>
23. GeneAnalytics: Gene set analysis, LifeMap Sciences, Alameda, CA. Available online at <http://geneanalytics.genecards.org/>
24. KEGG: Kyoto Encyclopedia of Genes and Genomes, Kanehisa Laboratories, Kyoto University, Kyoto, Japan. Available online at <http://www.genome.jp/kegg/pathway.html>
25. PathCards: Pathway unification database, Weizmann Institute of Science, Rehovot, Israel. Available online at <http://pathcards.genecards.org/>
26. Vlachos IS, Zagganas K, Paraskevopoulou MD, et al. DIANA-miRPath v3.0: Deciphering microRNA function with experimental support. *Nucleic Acids Res* 43:W460–W466, 2015.
27. IPA, Qiagen, Redwood City, CA. Available online at <http://www.ingenuity.com/products/ipa#/?tab=overview>
28. iPathwayGuide, Advaita Bioinformatics, Plymouth, MI. Available online at <https://apps.advaitabio.com/oauth-provider/login>
29. Goh CL, and Tan KT. Chronic autoimmune urticaria: Where we stand? *Indian J Dermatol* 54:269–274, 2009.
30. MicroRNA and microRNA Target Database. Available online at https://en.wikipedia.org/wiki/MicroRNA_and_microRNA_target_database
31. Gene Ontology Consortium. Available online at <http://www.geneontology.org/>
32. Lee RC, Feinbaum RL, and Ambros V. The *C. elegans* heterochronic gene *lin-4* encodes small RNAs with antisense complementarity to *lin-14*. *Cell* 75:843–854, 1993
33. Musilova K, and Mraz M. MicroRNAs in B-cell lymphomas: How a complex biology gets more complex. *Leukemia* 29:1004–1017, 2015.
34. U.S. National Institutes of Health. Available online at <https://clinicaltrials.gov/ct2/results?term=microRNA&Search=Search>
35. Suojalehto H, Lindström I, Majuri ML, et al. Altered microRNA expression of nasal mucosa in long-term asthma and allergic rhinitis. *Int Arch Allergy Immunol* 163:168–178, 2014. □