ORIGINAL RESEARCH

Physiochemical, sensorial, and rheological characteristics of sauce developed from Kashmiri apples: Influence of cultivars and storage conditions

Rayees Ahmad Bakshi¹ | Afra Aslam² | Zakir S. Khan² | Shumaila Fayaz² | B.N. Dar^{2}

¹Department of Food Science &, Technology University of Kashmir, Srinagar, Jammu and Kashmir, India

²Department of Food Technology, Islamic University of Science and Technology, Pulwama, Jammu and Kashmir, India

Correspondence

Zakir S. Khan, and B. N. Dar, Department of Food Technology, Islamic University of Science and Technology, Pulwama, Jammu and Kashmir. India.

Emails: khanzakir204@gmail.com; zakir. khan@islamicuniversity.edu.in (ZSK) and darnabi@gmail.com; dar.nabi@ islamicuniversity.edu.in (BND)

Abstract

The present investigation was undertaken to develop sauce from different cultivars of apples. Apple sauce of 5 cultivars was developed and effect of the storage conditions on the pH, acidity, TSS, total sugar, color, sensory, and rheological behavior of different apple sauce cultivars was studied. Analytical determinations were made after 0, 15, 30, and 45 days at both refrigerated and ambient conditions. The observed range of TSS was 30 to 30.14° brix for refrigerated and 27.4 to 30.7° brix for sauces stored at ambient storage conditions.. The pH decreased during the overall storage period from 4.07 to 3.96 in refrigerated samples, while as pH decreased from 4.06 to 3.92 in ambient stored samples. Rheological properties of sauces were evaluated using a parallel plate rheometer that showed the storage modulus, G' higher than the loss modulus, G" for all the sauce samples indicating the dominance of the elastic behavior. The viscosity decreased with an increase in the shear rate for both, refrigerated and ambient stored sauce samples at the end of the storage period. Organoleptic characteristics (taste, color, aroma, and appearance) were examined by a semi-trained panelist using 5 point hedonic scale. The sauce samples from Mollies Delicious and Chamure apple cultivars showed the highest acceptance.

KEYWORDS

apples, processing, rheology, sauce, sensory evaluation

1 | INTRODUCTION

In India, Jammu and Kashmir is the main apple producing state and produces around 60% of the apples of the country. India lacks efficient post-harvest systems, which lead to the loss of around 30% agricultural and horticultural produce, therefore, conversion to related processed products can be the best option to minimize the losses (Bhardwaj & Pandey, 2011). Apple is considered as 4th important fruit throughout the world (Zarein et al., 2015). Apple (*Malus domestica*) is consumed throughout the world as it contains vitamins, dietary fiber, and bioactive compounds (phenolic compounds) besides carbohydrates, proteins, and lipids (Sun et al., 2002). Consumption of apple is usually in natural form; however, the service life of apple is limited and decline in quality attributes is rapid during storage (Vieira et al., 2009). Preservation of apples for optimum periods can be achieved by processing apple into different processed products, like jams, jellies, and even sauces (Gould, 2000). Processed products like fruit sauces are considered

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

 $\ensuremath{\mathbb{C}}$ 2022 The Authors. Food Science & Nutrition published by Wiley Periodicals LLC

FV_Food Science & Nutrition

a big turn in the food industry and are an important part of the infant diet. These processed products are a valuable source of micronutrients, antioxidants, and fiber fostering health benefits for infants (Patras et al., 2009). There is an increase in the demand for apple sauce throughout the world by around 13% and more than 13% in Asia and the Middle East (Parker, 2011). Apple sauce is mainly used as snacks, it can also be used as a functional alternative to chocolate. It is also used as between-meal food particularly by children (Colin-Henrion et al., 2009). Besides being a rich source of nutrients, these sauces must be acceptable to the consumers from the sensory point of view. Nowadays, consumers are apprehensive about the quality attributes of processed food product; therefore, it is necessary to have an understanding of physiochemical changes and rheological parameters as processing (cooking) and storage can modify the characteristic parameters of the processed product (Nindo et al., 2007). Furthermore, there is limited literature available on apple sauce developed from indigenous cultivars of apple. Therefore, considering the above facts the objectives of the research are to study the physicochemical and rheological properties of five different Kashmiri cultivars of apple sauce during the storage period of 45 days at ambient and refrigerated temperatures.

A0, A1, B0, B1, C0, C1, D0, and D1) with each cultivar consisting of two groups for both refrigerated and ambient storage study as shown in Table 1.

2.3 | Physicochemical analysis of the sauce

2.3.1 | Determination of pH

The pH of the apple pulp was determined using a digital pH meter (the pH meter, mod. Cyberscan 510). The calibration of the pH meter was done before sample analysis, then the required amount of sample was taken and brought into contact with the electrode of the pH meter, and reading was noted.

2.3.2 | Determination of titratable acidity

The method used for calculating *titratable* acidity was done as per the procedure of (Horwitz, 2000). The percentage of *titratable* acidity was calculated as below.

 $Acidty \% (g/L) = \frac{Titrevalue \times Normality of alkali \times Volmadeup \times Equivalent wt. of acid \times 100}{volume of Sample taken for estimation \times wtorvol. of sample \times 1000 \times 100}$

2 | MATERIALS AND METHODS

2.1 | Procurement of raw material

Fresh, ripe, and sound fruits of 5 apple cultivars American Apirouge, Delicious, Red Delicious, Mollies Delicious, Chamure, devoid of any microbial infection or mechanical fissures were procured from the local market of Srinagar and then bought to the food processing and training center of Islamic University of Science and Technology, Awantipora for further processing.

2.2 | Preparation of samples

Apple processing was done according to Wani et al., (2009). Apples were first sorted and damaged fruits were discarded. The selected apples were washed, peeled, and followed by the removal of core and seeds. The pulp was obtained by fruit pulper, strained, and cooked with 1/3rd amount of sugar followed by spice addition (bag method) to the desired consistency (Wani et al., 2009). The standard recipe used for apple sauce making was as follows: apple pulp 1 kg, sugar 250 g, salt 10 g, onion (chopped) 200 g, ginger (chopped) 100 g, garlic (chopped) 50 g, red chili powder10 g, clove (headless) 5 numbers, cinnamon, cardamom (large), aniseed (powdered) 15 g each, vinegar/ acetic acid 50 ml, and sodium benzoate or KMS 0.7 g per kg sauce. The final product was filled hot in sterilized bottles stored and divided into ten groups (T0, T1, 2.3.3 | Determination of total solid soluble solids and total solids

Calibrated refractometer (Atago) was used for estimation of total soluble solids and total solids in Brix according to (Wani et al., 2009).

2.3.4 | Determination of color

A hunter laboratory color spectrophotometer (Colorflex, Hunterlab) was used to measure the L, a* and b* values of the four samples. The colorimeter was calibrated using standard white and blackboards. The color values were expressed as L (whiteness to darkness), a (redness to greenness), and b (yellowness to blueness). The samples were placed in a transparent petri dish covered with a standard black cup and placed against the light source for color measurement. For each sample, three measurements were taken at different positions of the sample.

2.3.5 | Determination of rheological characteristics

The rheological properties were studied using Rheometer Physica MCR 101 (Anton Paar). The parallel plate geometry with 0.5 mm gap was used, and tests were conducted at a constant temperature of 25°C. To evaluate visco-elastic characteristics (loss modulus, G", and storage modulus, G'), the dynamic oscillatory frequency sweep test with a frequency range of 0.1 to 20 rad/s at a strain value of 2%

TABLE 1 Treatment formulation

S. No.	Apple cultivar	Refrigerated storage Treatments	Ambient storage
1	American Apirouge	Τ _o	T ₁
2	Delicious	A ₀	A ₁
3	Red Delicious	B ₀	B ₁
4	Mollies Delicious	C ₀	C ₁
5	Chamure	D ₀	D ₁

(within the linear visco-elastic region) was conducted. Following parameters were observed during the rheological study:

1. Storage modulus (G'), 2. Loss modulus (G''), and 3. Shear Stress 4. Shear rate.

2.3.6 | Sensory evaluation

Sensory quality attributes such as color, flavor, taste, and overall acceptability of apple sauce were evaluated by semi-trained panelists. The panelists were provided with a sample of apple sauce and were requested to assign scores based on color, flavor, taste, and overall acceptability using 5 point scale. Panelists were screened for oral lesions, specific anosmia, and cigarette use. A positive response to any of the questions resulted in exclusion. Each panelist tasted 10 apple sauce samples presented in a random order using an incomplete block design, which included the 2 treatments listed. The panelists were given a break of twenty minutes after each sample test. The overall scores were recorded in a blank A4 size sheet with a ball pen, and the mean was calculated.

2.3.7 | Statistical analysis

The data were analyzed by analysis of variance (ANOVA) using statistical software SPSS 16. A multiple comparison procedure of the means was performed by Post hoc test. The significance of the differences was defined at $p \le .05$.

3 | RESULTS AND DISCUSSIONS

3.1 | Total Soluble Solids (TSS) and Total Solids (TS)

From Table 2, it is clear that TSS and TS increased throughout the storage period of 45 days for refrigerated samples; however, increase in TSS is non-significant. The samples stored at ambient temperature show an increase in TSS up to 30 days, and at the end of the storage period, there was a significant decrease in TSS and a similar trend was reported by Levent and Alpaslan (2018). The increase in TSS and TS can be explained by the fact that during the storage period

breakdown of higher sugars into lower or simpler sugars takes place (Hussain et al., 2015). The TSS content of sauces was the lowest in ambient stored Chamures, and the TSS content of sauce was highest in refrigerated sample Mollies Delicious (CO) as shown in Table 2. The main factors affecting the TSS are storage duration (Hussein et al., 2020), chemical reactions, and temperature of storage that can change both pH and TSS of the stored product (Kaushik et al., 2014; Saleem et al., 2011). The increase in TS and TSS may also be due to hydrolysis of starch or other complex carbohydrates resulting in the formation of mono and disaccharides, and subsequently, a decline in these parameters is predictable as they are primary substrates for respiration (Aly et al., 1981; Wills et al., 1980).

3.2 | pH

It is evident from Table 2 that the pH showed a decreasing trend while titratable acidity increases with the advancement in storage periods. American Apirouge cultivar showed the highest acidity at both refrigerated and ambient conditions. The difference in titratable acidity for different apple cultivar sauces was very little as the percentage of acetic acid ranges between 3.3 and 4.6. There were little differences in pH in all cultivars. However, with the advancement of the storage period (30 days) difference in pH became significant for red delicious with respect to all other cultivars. pH values and titratable acidity values show a slight change during first 30 days of storage, however, change in titratable acidity and pH became significant at 45 days of storage period for all the cultivars with respect to zero days of storage. A slight increase in titratable acidity with the advancement of the storage period was also observed by (Touati et al., 2014; Levent and Alpaslan, 2018). The overall increase in titratable acidity was more for ambient samples as compared to refrigerated samples for all the cultivars. The observation resembles the study of (Wisal et al., 2013) for strawberry juice. The increase in acidity can be explained by the fact that with the advancement of the storage period enzymes can catalyze the breakdown of sugars into acids and hence can increase the acidity (Kumhar et al., 2014).

3.3 | Color

As is evident from Table 3 the values for lightness (L*), decreases slightly for 45 days of storage at refrigerated and ambient conditions. "L*" values of sauce show slight change during the storage period as the sauce becomes darker, which corresponds to the decrease in "L" value (Wickramarachchi & Ranamukhaarachchi, 2005). The highest decrease in the "L" value has been observed in samples D0 and D1 (Chamure cultivar). The a* and b* values did not show any significant differences and increased slightly with storage time. The decrease in the L* value and increase in a* and b* values can be related to the increase in reducing sugars and amino groups because of higher temperatures during processing and similar findings

Cultivar0 dayCultivar0 dayChange in TSS during storage30.01 ± 0American Apirouge30.01 ± 0Belicious30.10 ± 0Mollies Delicious30.20 ± 0Chamure30.10 ± 0.1Mean30.11Change in Total sugars during storage	0 day e 30.01 ± 0.1 ^{ªA} 30.20 + 0.2 ^{bC}									
Change in TSS during storage American Apirouge 30. Delicious 30. Red Delicious 30. Mollies Delicious 30. Chamure 30.1 Mean Mean Change in Total sugars during st	01 ± 0.1 ^{aA} 20 + 0.2 ^{bC}	15 day	30 day	45 day	Mean	0 day	15 day	30 day	45 day	Mean
American Apirouge30.0Delicious30.2Red Delicious30.2Mollies Delicious30.2Chamure30.4Mean30.4Change in Total sugars during st	0.1 ± 0.1^{aA}									
Delicious 30.2 Red Delicious 30.3 Mollies Delicious 30.3 Chamure 30.4 Mean Change in Total sugars during st	20 + 0.2 ^{bC}	30.03 ± 0.1^{aA}	30.06 ± 0.02^{bA}	30.11 ± 0.02^{cA}	30.05	30.26 ± 0.25^{bC}	$30.5\pm0.1^{\mathrm{cB}}$	30.50 ± 0.35^{cA}	28.6 ± 0.2^{aC}	29.96
Red Delicious 30.3 Mollies Delicious 30.3 Chamure 30.1 Mean Change in Total sugars during st		$30.3\pm0.1^{\rm cC}$	$30.5\pm0.2^{\mathrm{dB}}$	30.11 ± 0.02^{aA}	30.28	$30.16\pm0.15^{\mathrm{bA}}$	30.4 ± 0.2^{cA}	$30.50 \pm 0.35 b^{dA}$	28.6 ± 0.2^{a} C	29.91
Mollies Delicious 30.3 Chamure 30.1 Mean Change in Total sugars during st	$30.10 \pm 0.1^{a B}$	$30.3\pm0.1^{\mathrm{bC}}$	30.6 ± 0.2^{cC}	30.11 ± 0.02^{aA}	30.28	30.26 ± 0.25^{bC}	30.5 ± 0.2^{cB}	30.7 ± 0.2^{dB}	28.6 ± 0.2^{aC}	30.01
Chamure 30.10 Mean Change in Total sugars during st	30.20 ± 0.2^{bC}	$30.3\pm0.1^{\rm cC}$	30.6 ± 0.2^{dC}	30.11 ± 0.02^{aA}	30.30	30.26 ± 0.25^{bC}	30.5 ± 0.20^{cB}	30.7 ± 0.2^{dB}	27.6 ± 0.2^{aB}	29.76
Mean Change in Total sugars during st	30.10 ± 0.10^{aB}	$30.1\pm0.20^{\mathrm{aB}}$	30.7 ± 0.2^{cD}	30.14 ± 0.02^{bA}	30.26	30.21 ± 0.20^{bB}	30.5 ± 0.20^{cB}	30.7 ± 0.2^{dB}	$27.4 \pm 0.2^{a A}$	29.70
Change in Total sugars during st	30.12	30.21	30.49	30.12		30.23	30.48	30.62	28.16	
	orage									
American Apirouge 18.3	$18.14\pm0.0^{\mathrm{aC}}$	18.26 ± 0.02^{bC}	$18.34 \pm 0.02^{\rm cC}$	$18.44 \pm 0.02^{\rm dC}$	18.29	18.9 ± 0.02^{dC}	18.30 ± 0.02^{aC}	18.41 ± 0.02^{bC}	18.51 ± 0.02^{cC}	18.53
Delicious 20.1	20.14 ± 0.02^{aE}	20.26 ± 0.02^{bE}	20.36 ± 0.02^{cE}	20.48 ± 0.02^{dE}	20.31	20.16 ± 0.02^{aE}	20.27 ± 0.02^{bE}	20.38 ± 0.02^{cE}	20.5 ± 0.02^{dE}	20.33
Red Delicious 15.1	15.14 ± 0.02^{aA}	15.18 ± 0.02^{aA}	15.28 ± 0.02^{bA}	15.38 ± 0.02^{cA}	15.24	$15.18\pm0.01^{\rm aA}$	$15.28\pm0.01^{\rm bA}$	15.37 ± 0.02^{cA}	15.38 ± 0.01^{cA}	15.30
Mollies Delicious 19.7	19.70 ± 0.02^{ad}	19.72 ± 0.02^{aD}	19.84 ± 0.02^{bD}	19.96 ± 0.02^{cD}	19.80	19.74 ± 0.02^{aD}	19.84 ± 0.02^{bD}	19.97 ± 0.02^{cD}	20.1 ± 0.02^{dD}	19.91
Chamure 17.8	17.8 ± 0.02^{aB}	17.92 ± 0.02^{bB}	18.14 ± 0.02^{cB}	18.26 ± 0.02^{dB}	18.03	17.89 ± 0.02^{aB}	17.98 ± 0.02^{bB}	$18.17\pm0.02^{\rm cB}$	$18.28\pm0.02^{\rm dB}$	18.08
Mean	18.18	18.27	18.39	18.50		18.37	18.33	18.46	18.55	
Changes in pH during storage										
American Apirouge 4.05	4.05 ± 0.02^{bA}	4.03 ± 0.02^{bA}	4.01 ± 0.02^{bB}	3.97 ± 0.02^{aA}	4.01	4 ± 0.02^{bA}	$3.98 \pm 0.02^{\mathrm{bA}}$	3.94 ± 0.02^{aA}	$3.92\pm0.02^{\mathrm{aA}}$	3.96
Delicious 4.04	4.04 ± 0.02^{cA}	4.02 ± 0.02^{bA}	4.00 ± 0.02^{bB}	3.97 ± 0.02^{aA}	4.01	$4.02 \pm 0.02^{\text{bA}}$	4.00 ± 0.02^{bA}	3.98 ± 0.02^{abB}	3.96 ± 0.02^{aB}	3.99
Red Delicious 4.04	4.04 ± 0.02 ^{bA}	4.02 ± 0.02^{bA}	3.98 ± 0.02^{aA}	3.95 ± 0.02^{aA}	3.99	4.01 ± 0.02^{cA}	3.99 ± 0.02^{bA}	$3.97\pm0.02^{\mathrm{bB}}$	3.94 ± 0.03^{aB}	3.98
Mollies Delicious 4.06	4.06 ± 0.02^{cA}	4.04 ± 0.02^{cA}	4.00 ± 0.02^{bB}	3.96 ± 0.02^{aA}	4.01	4.06 ± 0.02^{cB}	4.04 ± 0.02^{cB}	$3.98\pm0.02^{\mathrm{bB}}$	3.95 ± 0.03^{aB}	4.01
Chamure 4.07	4.07 ± 0.02^{cA}	4.05 ± 0.02^{cA}	$4.01\pm0.02^{\rm bB}$	3.97 ± 0.02^{aA}	4.02	$4.06\pm0.02^{\rm bB}$	$4.04\pm0.02^{\mathrm{bB}}$	4.03 ± 0.02^{bC}	3.95 ± 0.02^{aB}	4.02
Mean	4.05	4.03	4.00	3.96		4.03	4.01	3.98	3.94	
Changes in titratable acidity during storage	ing storage									
American Apirouge 4.27	4.27 ± 0.02^{aD}	4.27 ± 0.02^{aD}	4.31 ± 0.02^{bE}	4.35 ± 0.02^{cD}	4.30	4.58 ± 0.02^{aC}	$4.60 \pm 0.02^{a D}$	$4.64 \pm 0.02^{\text{bD}}$	4.68 ± 0.02^{cD}	4.62
Delicious 3.58	3.58 ± 0.02^{aB}	3.60 ± 0.02^{aB}	3.64 ± 0.02^{bB}	$3.68\pm0.02^{\mathrm{cB}}$	3.62	3.70 ± 0.02^{aA}	$4.06\pm0.02^{\text{bB}}$	$4.10\pm0.02^{\mathrm{cB}}$	$4.13\pm0.02^{\mathrm{cB}}$	3.99
Red Delicious 3.31	$3.31 \pm 0.03^{\mathrm{aA}}$	3.34 ± 0.03^{aA}	3.39 ± 0.02^{bA}	3.43 ± 0.02^{cA}	3.37	3.57 ± 0.02^{aA}	3.59 ± 0.02^{aA}	$3.63\pm0.02^{\mathrm{bA}}$	3.67 ± 0.02^{cA}	3.615
Mollies Delicious 4.05	4.05 ± 0.02^{aC}	4.07 ± 0.02^{aC}	$4.14\pm0.02^{\mathrm{bD}}$	4.17 ± 0.02^{cC}	4.11	4.11 ± 0.03^{aB}	$4.14\pm0.03^{\mathrm{aC}}$	4.19 ± 0.02^{bC}	4.23 ± 0.02^{cC}	4.17
Chamure 4.02	4.02 ± 0.02^{aC}	4.04 ± 0.02^{aC}	4.08 ± 0.02^{bC}	$4.14 \pm 0.02^{\rm cC}$	4.07	4.11 ± 0.03^{aB}	4.14 ± 0.03^{aC}	4.19 ± 0.02^{bC}	4.25 ± 0.02^{cC}	4.17
Mean	3.846	3.864	3.912	3.954		4.01	4.11	4.15	4.19	

Note: Values are mean \pm standard deviation (n = 3).

a-b: Within a row, different letters indicate significant differences among the storage period (p <.05). A-B: Within a column, different letters indicate significant differences among different cultivars of apple (p <.05).

	Refrigerated					Ambient				
Cultivar	0 day	15 day	30 day	45 day	Mean	0 day	15 day	30 day	45 day	Mean
Changes in "L*" value's during storage	luring storage									
American Apirouge	31.38 ± 0.53^{dA}	30.84 ± 0.02^{cD}	30.74 ± 0.02^{bD}	29.93 ± 0.02^{aD}	30.72	32.08 ± 0.02^{dB}	31.97 ± 0.01^{cE}	30.04 ± 0.02^{bD}	$28.12\pm0.04^{\mathrm{aD}}$	30.55
Delicious	32.08 ± 0.03^{dC}	$30.16\pm0.02^{\mathrm{cB}}$	$28.05\pm0.02^{\mathrm{bA}}$	27.95 ± 0.03^{aC}	29.56	$32.08\pm0.01^{\rm dB}$	30.64 ± 0.02^{cD}	28.60 ± 0.02^{bC}	27.73 ± 0.02^{aC}	29.76
Red Delicious	32.08 ± 0.01^{dC}	30.09 ± 0.02^{cA}	$28.14\pm0.02^{\mathrm{bB}}$	27.32 ± 0.03^{aA}	29.41	32.08 ± 0.02^{dB}	30.04 ± 0.02^{cA}	28.05 ± 0.02^{bA}	27.52 ± 0.02^{aB}	29.42
Mollies Delicious	32.01 ± 0.02^{dB}	30.60 ± 0.02^{cC}	28.44 ± 0.02^{bC}	27.32 ± 0.02^{aA}	29.59	$31.99 \pm 0.01^{\text{dA}}$	30.09 ± 0.02^{cB}	28.60 ± 0.02^{bC}	27.75 ± 0.01^{aC}	29.61
Chamure	32.04 ± 0.02^{dB}	$30.16\pm0.02^{\mathrm{cB}}$	28.15 ± 0.02^{bB}	27.46 ± 0.02^{aB}	29.45	$31.98\pm0.01^{\rm dA}$	30.14 ± 0.02^{cC}	28.11 ± 0.02^{bB}	27.26 ± 0.02^{aA}	29.37
Mean	31.92	30.37	28.70	27.99		32.04	30.57	28.68	27.67	
Changes in "a*" value's during storage	luring storage									
American Apirouge	24.14 ± 0.02^{aB}	24.12 ± 0.01^{aA}	24.12 ± 0.02^{aA}	24.14 ± 0.02^{aAA}	24.13	24.10 ± 0.02^{aA}	24.1 ± 0.02^{aAA}	24.11 ± 0.02^{aA}	$24.15\pm0.02^{\text{bAB}}$	24.12
Delicious	24.14 ± 0.01^{aB}	24.13 ± 0.02^{aA}	24.16 ± 0.01^{bA}	24.21 ± 0.02^{cB}	24.16	$24.11\pm0.01^{\mathrm{aA}}$	$24.18\pm0.01^{\text{bB}}$	24.1 ± 0.02^{aA}	24.1 ± 0.02^{aBA}	24.12
Red Delicious	$24.15\pm0.0^{\mathrm{bB}}$	24.21 ± 0.02^{cD}	24.15 ± 0.02^{bA}	24.11 ± 0.01^{aCA}	24.15	24.14 ± 0.02^{aB}	24.15 ± 0.02^{aB}	24.26 ± 0.02^{bC}	24.29 ± 0.01^{cD}	24.21
Mollies Delicious	24.16 ± 0.01^{aB}	$24.18\pm0.01^{\mathrm{aB}}$	24.23 ± 0.02^{bC}	24.26 ± 0.02^{cC}	24.21	24.13 ± 0.02^{aAB}	$24.16\pm0.02^{\text{bB}}$	24.23 ± 0.02^{cB}	24.26 ± 0.02^{dC}	24.19
Chamure	24.07 ± 0.02^{aA}	24.15 ± 0.02^{bC}	24.18 ± 0.02^{cB}	24.24 ± 0.02^{dC}	24.16	24.15 ± 0.02^{aB}	$24.18\pm0.02^{\text{bB}}$	24.21 ± 0.02^{cB}	24.24 ± 0.02^{dC}	24.19
Mean	24.13	24.16	24.17	24.19		24.13	24.15	24.18	24.21	
Changes in "b*" value's during storage	during storage									
American Apirouge	42.05 ± 0.02^{aA}	42.06 ± 0.02^{aA}	42.08 ± 0.01^{aA}	$42.07 \pm 0.01^{\mathrm{aA}}$	42.06	42.06 ± 0.02^{aA}	$\begin{array}{c} 42.08 \pm 0.02^{aA} \\ {}^{A}\end{array}$	$42.14\pm0.02^{\text{bB}}$	$42.13\pm0.02^{\mathrm{bA}}$	42.10
Delicious	42.08 ± 0.02^{bA}	42.15 ± 0.02^{cB}	$42.11\pm0.02^{\text{aB}}$	$42.16\pm0.01^{\rm cB}$	42.12	42.14 ± 0.02^{bB}	42.16 ± 0.02^{bC}	42.06 ± 0.02^{aBA}	42.15 ± 0.02^{aA}	42.12
Red Delicious	42.17 ± 0.01^{cC}	42.14 ± 0.02^{bB}	42.08 ± 0.02^{aA}	42.13 ± 0.02^{bC}	42.13	42.14 ± 0.02^{aB}	42.22 ± 0.01^{bD}	42.26 ± 0.02^{cD}	42.25 ± 0.02^{cB}	42.22
Mollies Delicious	$42.10\pm0.02^{\mathrm{aB}}$	$42.16\pm0.02^{\text{bB}}$	42.23 ± 0.02^{cC}	42.26 ± 0.02^{dD}	42.19	42.16 ± 0.01^{aB}	42.18 ± 0.02^{aC}	42.20 ± 0.01^{bC}	42.25 ± 0.02^{cB}	42.19
Chamure	42.16 ± 0.02^{aC}	42.19 ± 0.02^{bB}	42.22 ± 0.02^{cC}	42.25 ± 0.0^{dD}	42.20	42.05 ± 0.03^{aA}	$42.13\pm0.02^{\text{bB}}$	42.2 ± 0.02^{c} C	42.23 ± 0.02^{cB}	42.15
Mean	42.11	42.14	42.14	42.17		42.11	42.15	42.17	42.20	
Note: Values are mean \pm standard deviation ($n = 3$).	standard deviation (n	i = 3).								

 TABLE 3
 Color parameter of apple sauce during storage (Color analysis)

a-b: Within a row, different letters indicate significant differences among the storage period (p <:05).

A-B: Within a column, different letters indicate significant differences among different cultivars of apple (p <:05).

WILEY

	Refrigerated				Overall	Mean	Ambient				Overall	
Cultivar	Color	Taste	Aroma	Appearance	acceptability	Mean	COLOR	Taste	Aroma	Appearance	acceptability	Mean
Zero-day analysis												
American Apirouge	4.25 ± 0.02	4.04 ± 0.02	4.36 ± 0.02	4.04 ± 0.01	4.34 ± 0.02	4.21	4.23 ± 0.02	4.02 ± 0.02	4.34 ± 0.02	4.02 ± 0.02	4.32 ± 0.02	4.19
Delicious	4.26 ± 0.03	4.65 ± 0.02	4.36 ± 0.02	4.22 ± 0.02	4.44 ± 0.02	4.39	4.21 ± 0.01	4.63 ± 0.02	4.34 ± 0.02	4.18 ± 0.02	4.40 ± 0.02	4.35
Red Delicious	4.20 ± 0.02	4.34 ± 0.02	4.35 ± 0.01	4.25 ± 0.02	4.26 ± 0.02	4.28	4.16 ± 0.02	4.30 ± 0.02	4.33 ± 0.02	4.23 ± 0.02	4.22 ± 0.02	4.25
Mollies Delicious	4.22 ± 0.02	4.40 ± 0.02	4.34 ± 0.02	4.23 ± 0.02	4.38 ± 0.02	4.31	4.18 ± 0.02	4.34 ± 0.02	4.32 ± 0.02	4.22 ± 0.02	4.36 ± 0.02	4.28
Chamure	4.24 ± 0.02	4.42 ± 0.02	4.33 ± 0.02	4.26 ± 0.02	4.40 ± 0.02	4.33	4.20 ± 0.02	4.40 ± 0.02	4.30 ± 0.02	4.22 ± 0.02	4.34 ± 0.02	4.29
Mean	4.23	4.37	4.35	4.20	4.36		4.20	4.34	4.33	4.17	4.33	
45 days analysis												
American Apirouge	4.07 ± 0.02	3.84 ± 0.02	4.19 ± 0.02	3.86 ± 0.02	3.98 ± 0.02	3.988	4.05 ± 0.02	3.82 ± 0.02	4.17 ± 0.02	3.82 ± 0.02	3.94 ± 0.02	3.96
Delicious	4.16 ± 0.03	4.44 ± 0.02	4.28 ± 0.02	4.30 ± 0.02	4.28 ± 0.02	4.292	4.21 ± 0.01	4.63 ± 0.02	4.34 ± 0.02	4.18 ± 0.02	4.40 ± 0.02	4.35
Red Delicious	4.06 ± 0.02	4.44 ± 0.02	4.04 ± 0.01	3.94 ± 0.02	4.16 ± 0.02	4.128	3.93 ± 0.02	4.08 ± 0.02	4.10 ± 0.02	3.95 ± 0.02	3.96 ± 0.02	4.00
Mollies Delicious	3.86 ± 0.02	3.00 ± 0.02	4.03 ± 0.02	3.93 ± 0.02	3.94 ± 0.04	3.752	3.92 ± 0.02	4.10 ± 0.02	4.04 ± 0.02	3.93 ± 0.02	4.08 ± 0.02	4.01
Chamure	3.88 ± 0.02	4.04 ± 0.02	4.02 ± 0.02	3.92 ± 0.02	4.08 ± 0.02	3.988	3.90 ± 0.02	4.10 ± 0.02	4.00 ± 0.02	3.92 ± 0.02	4.04 ± 0.02	3.99
Mean	4.01	3.93	4.11	3.99	4.09		4.00	4.15	4.13	3.96	4.08	

Food Science & Nutrition

were reported by (Sunthanont, 1998; Gonzalez-Buesa et al., 2011; Schweiggert et al., 2011).

BAKSHI ET AL.

3.4 | Sensory evaluation

Overall acceptability (OA) for Molis and Chamure was highest as compared to other cultivars as shown in Table 4. The increase in overall acceptability can be correlated with an increase in TSS and increase in titratable acidity, highest OA value 4.314 and 4.33 was observed for Mollies Delicious and Chamure cultivar, respectively (Kumhar et al., 2014; Vidhya & Narain, 2011).

3.5 | Rheological evaluation

3.5.1 | Frequency sweep

A frequency sweep was performed within the viscoelastic region. The mechanical spectra obtained from frequency sweep tests for apple sauces are shown in Figures 1, 2, 3, and 4. These rheological properties are measurements of the elastic modulus (G') and the viscous modulus (G") of foods when stress is applied to them. As is represented by the figures, G' is greater than G" for almost all the samples that are indicative of the apple sauce being more elastic as compared to the viscous nature. Similar observations were noted for Apricot sauce(Levent and Alpaslan, 2018; Augusto et al., 2012) Jabuticaba pulp by (Sato and Cunha, 2009; Tanon et al., 2009) and sorbitol cherry jam (Bakshi et al., 2020). The graphical representation G' and G'' for the samples A1, D1 shows a greater slope for G' and G", while C1 and B1 show a lower slope. With the advancement of the storage period, there is a change in G' and G" and the change can be associated with the changes in pH and TSS during storage. The highest decrease in G' and G" has been observed in C1 and C2 samples because these show the highest change in pH during storage. The ambient storage samples show a high change in rheological parameters than refrigerated stored samples. The

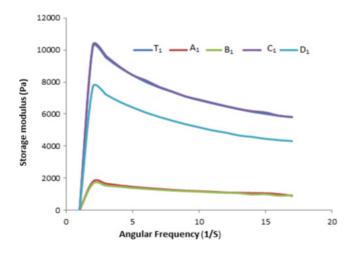


FIGURE 1 Zero-day analysis frequency versus Storage modulus

 TABLE 4
 Sensory analysis of Zero-day and 45-days sample

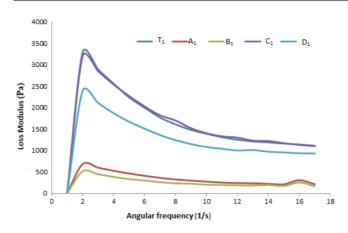


FIGURE 2 Zero-day analysis frequency versus Loss modulus

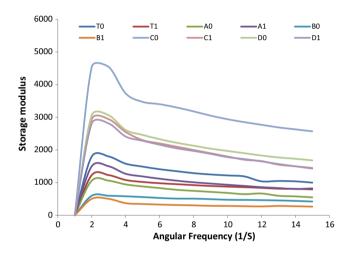


FIGURE 3 Forty-five (45) day analyzed of angular frequency versus storage modulus

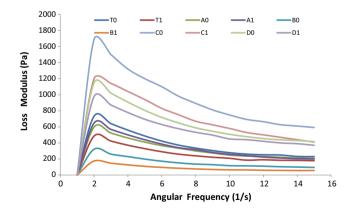


FIGURE 4 Forty-five (45)-day analysis of angular frequency versus Loss modulus

reason might be that at ambient storage change in chemical parameters is more as compared to refrigerated storage which in turn affects the rheological parameters. The study resembles the study of Guerrero and Katlijn (Guerrero and Alzamora, 1998; Katlijn et al., 2013).

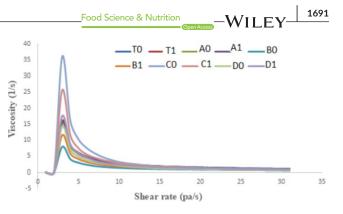


FIGURE 5 Zero-day analysis of apparent viscosity versus Shear rate

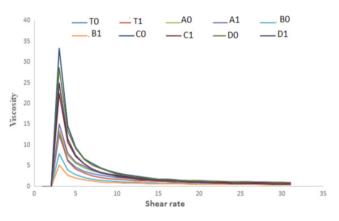


FIGURE 6 Apparent viscosity of both refrigerated and ambient stored samples at the end of storage (45 days)

3.5.2 | Shear rate versus viscosity

From Figures 5 and 6, it is clear that with the increase in the shear rate the apparent viscosity decreases and the decrease in viscosity shows linear relation with the shear rate which indicates the shearthinning behavior of apple sauce. The reason behind the decrease in viscosity can be attributed to the fact that heating during the sauce preparation can modify cellular structure especially cell wall structure, which can result in the softening of the pectin and thus changing the rigidity of the cells. Redgwell (Redgwell et al., 2008) and Abd-Elhady (Abd-Elhady, 2014) in their studies on apple pulp and strawberry, respectively, reported that the decrease in viscosity can be explained by the fact that during the preparation of sauces heating can destabilize the cellulose network, which results in the decrease in viscosity of apple samples. The sample of apple sauce with the highest Brix showed the lowest consistency. A similar study was reported by Ditchfield et al. (2004). At the end of storage (Figure 4), the sample shows a gradual decrease in a rheological value. The highest decrease has been observed in C_1 and C_0 . The decrease in the rheological behavior can be because of the structural breakdown of molecules that occurs initially during the preparation of the samples due to the generation of the different operating forces and also because of the increased alignment of constituted molecules in the **FV**_Food Science & Nutrition

later stages. In all the samples, the rate of the structural breakdown was higher in the initial phase and the decrease was marginal in later stages (Nindo et al., 2007).

4 | CONCLUSION

The results of our study indicated that the apple sauces stored at refrigerated conditions prompted less physiochemical changes as compared to the storage at a temperature of 25°C (ambient conditions). Interaction of storage time and the temperature had a significant effect on the stability of apple sauce. An increase in acidity has been observed in both cases, while ambient storage shows the highest increase than that of refrigerated storage. the highest acidity has been found in the D_0 sample while the lowest acidity has been observed in B₀. Sensory analysis of sauces has shown A0 as the highest acceptable product. Frequency sweep tests demonstrated that the elastic modulus was greater than the viscous modulus for all the samples, and both the moduli decreased with a decrease in frequency. Viscosity showed a linear decrease with the increasing shear stress. The knowledge provided by the study can be used for the development of sauces from different cultivars of apple in terms of storage behavior and consistency for industrial applications.

ACKNOWLEDGMENT

The authors are highly thankful to the Department of Food Technology, Islamic University of Science and Technology Awantipora Pulwama J and K for providing facilities for the current research.

CONFLICT OF INTEREST

The authors declare that there are no conflicts of interest regarding the publication of this paper.

ETHICAL APPROVAL

This study did not involve any animal or human testing.

ORCID

Zakir S. Khan D https://orcid.org/0000-0002-3501-9137 B.N. Dar D https://orcid.org/0000-0003-4120-3616

REFERENCES

- Abd-Elhady, M. D. (2014). Effect of citric acid, calcium lactate and low temperature prefreezing treatment on the quality of frozen strawberry. Annals of Agricultural Sciences, 59, 69–75. https://doi. org/10.1016/j.aoas.2014.06.010.
- Aly, M. M., El-Agamy, S. Z. A., & Biggs, R. H. (1981). Ethylene production and firmness of Peach and nectarine fruits as related to storage. *Proceedings of the Annual Meeting of the Florida State Horticultural Society*, 94, 291–294.
- Augusto, P. E. D., Cristianini, M., & Ibarz, A. (2012). Effect of temperature on dynamic and steadystate shear rheological properties of siriguela (Spondias purpurea L.) pulp. *Journal of Food Engineering*, 108(2), 283– 289. https://doi.org/10.1016/j.jfoodeng.2011.08.015.

- Bakshi, R. A., Khanday, S., Khan, Z. S., & Dar, B. N. (2020). Physiochemical and rheological characteristics of sorbitol low sugar cherry jam. *Journal of Postharvest Technology*, 8(3), 61–70.
- Bhardwaj, R. L., & Pandey, S.(2011). Juice blends-a way of utilization of under-utilized fruits, Vegetables and spices: A review. Critical Reviews in Food Science and Nutrition, 51(6), 563–570. https://doi. org/10.1080/10408391003710654.
- Colin-Henrion, M., Mehinagic, E., Renard, C. M. G. C., Richomme, P., & Jourjon, F. (2009). From apple to applesauce: Processing effects on dietary fibres and cell wall polysaccharides. *Food Chemistry*, 117(2), 254–260. https://doi.org/10.1016/j.foodchem.2009.03.109.
- Ditchfield, C., Tadini, C., Singh, R., & Toledo, R. (2004). Rheological properties of banana Puree at high temperatures. *International Journal of Food Properties*, 7(3), 571–584. https://doi.org/10.1081/JFP-20003 2973.
- Gonzalez-Buesa, J., Arias, E., Salvador, M. L., Oria, R., & Ferrer-Mairal, A. (2011). Suitability for minimal processing of non-melting clingstone peaches. *International Journal of Food Science & Technology*, 46, 819– 826. https://doi.org/10.1111/j.1365-2621.2011.02572.x.
- Gould, G. W. (2000). Emerging Technologies in food preservation and processing in the last 40 years. In G. V. Canovas, & G. W. Gould (Eds.), *Barbosa* (pp. 1–11). Innovations in food processing. Technomic Publishing Co.
- Guerrero, S. N., & Alzamora, S. M. (1998). Effect of pH, temperature and glucose addition on flow behaviour of fruit purees: II. Peach, papaya and mango puree's. *Journal of Food Engineering*, 37(1), 77–101.
- Horwitz, W. (2000). Acidity titratable of fruit products (AOAC Official Method 942.15). Official Methods of analysis of AOAC International.
- Hussain, P. R., Suradkar, P. P., Wani, A. M., & Dar, M. A. (2015). Retention of storage quality and post-refrigeration shelf-life extension of plum (Prunusdomestica L.) cv. Santa Rosa using combination of carboxymethyl cellulose (CMC) coating and gamma irradiation. *Radiation Physics and Chemistry*, 107, 136–214. https://doi.org/10.1016/j.radph yschem.2014.10.007.
- Hussein, Z., Fawole, O. A., & Opara, U. O. (2020). Effects of bruising and storage duration on physiological response and quality attributes of pomegranate fruit. *Scientia Horticulturae*, 267, 109306. https://doi. org/10.1016/j.scienta.2020.109306.
- Kaushik, N., Kaur, B. P., Rao, P. S., & Mishra, H. N. (2014). Effect of high pressure processing Oncolor, biochemical and microbiological characteristics of mango pulp (Mangiferaindica cv. Amrapali). *Innovative Food Science & Emerging Technologies*, 22, 40–50. https://doi. org/10.1016/j.ifset.2013.12.011.
- Kumhar, D. S., Pareek, S., & Ameta, K. D. (2014). Effect of antioxidants and storage temperatures on browning and quality of custard apple (Annona squamosal L.) pulp. *Journal of Scientific & Industrial Research*, 73, 622–626.
- Levent, O., & Alpaslan, M. (2018). Effect of processing parameters on some physicochemical properties, sugar profile and rheological characterization of apricot sauce. *Journal of Food Measurement and Characterization*, 12(2), 1072–1083. https://doi.org/10.1007/s1169 4-018-9723-6.
- Moelants, K. R. N., Jolie, R. P., Palmers, S. K. J., Cardinaels, R., Christiaens, S., Van Buggenhout, S., Van Loey, A. M., Moldenaers, P., & Hendrickx, M. E. (2013). The effects of process-induced pectin changes on the viscosity of carrot and tomato sera. *Food and Bioprocess Technology*, 6(10), 2870–2883. https://doi.org/10.1007/s11947-012-1004-5.
- Nindo, C. I., Tang, J., Powers, J. R., & Takhar, P. S. (2007). Rheological properties of blueberry puree for processing applications. *LWT-Food Science and Technology*, 40(2), 292–299. https://doi.org/10.1016/j. lwt.2005.10.003.
- Parker, P. M. (2011). The 2011-2016 world outlook for canned apple sauce. Retrieved May/5, 2013, from http://web.ebscohost.com/ehost/pdfviewer/pdfviewer?vid=5&sid=b232fe0 bd62e-4329-8587-5496c5 739ceb%40sessionmgr111&hid=112.

- Patras, A., Brunton, N. P., Da Pieve, S., & Butler, F. (2009). Impact of high pressure processing on total antioxidant activity, phenolic, ascorbic acid, anthocyanin content and colour of strawberry and blackberry purees. *Innovative Food Science & Emerging Technologies*, 10(3), 308–313.
- Redgwell, R. J., Curti, D., & Gehin-Delval, C. (2008). Physicochemical properties of cell wall materials from apple, kiwifruit and tomato. *European Food Research and Technology*, 227(2), 607–618. https://doi.org/10.1007/s00217-007-0762-1.
- Saleem, N., Kamran, M., Shaikh, S. A., Tarar, O. M., & Jamil, K. (2011). Studies on preparation and processing of peach squash. *Pakistan Journal of Biochemistry Molecular Biology.*, 44(1), 12–17.
- Sato, A. C. K., & Cunha, R. L. (2009). Effect of particle size on rheological properties of jaboticaba pulp. *Journal of Food Engineering*, 91(4), 566– 570. https://doi.org/10.1016/j.jfoodeng.2008.10.005.
- Schweiggert, R. M., Steingass, C. B., Heller, A., Esquivel, D., & Carle, R. (2011). Characterization of chromoplasts and carotenoids of red and yellow fleshed papaya. *Planta*, 234, 1031–1044.
- Sun, J., Chu, Y., Wu, X., & Liu, R. H. (2002). Antioxidant and antiproliferative activities of common fruits. *Journal of Agricultural and Food Chemistry*, 50, 7449–7454. https://doi.org/10.1021/jf0207530.
- Sunthanont, K. (1998). Evaluation of processing quality of selected apple cultivars grown in Michigan. https://doi.org/10.25335/M5ZS2KR0B.
- Sunthanont, Korada (1998). Evaluation of processing quality of selected apple cultivars grown in Michigan. Masters thesis, Food Science and Human Nutrition, Michigan State University, https://doi.org/10.25335/ M5ZS2KROB.
- Tanon, R. V., Alexandre, D., Hubinger, M. D., & Cunha, R. L. (2009). Steady and dynamic shear Rheological properties acai pulp (*Euterpe oleraceae* Mart.). *Journal of Food Engineering*, 92, 425–431.
- Touati, N., Tarazona-Díaz, M. P., Aguayo, E., & Louaileche, H. (2014). Effect of storage time and temperature on the physicochemical and sensory characteristics of commercial apricot jam. *Food Chemistry*, 145, 23–27. https://doi.org/10.1016/j.foodchem.2013.08.037.
- Vidhya, R., & Narain, A. (2011). Formulation and evaluation of preserved products utilizing under exploited fruit, wood apple

(Limoniaacidissima). American-Eurasian Journal of Agricultural and Environmental Sciences, 10(1), 112–118.

- Vieira, F. G. K., Borges, G. D. C., Copetti, C., Amboni, R. D. M. C., Denardi, F., & Fett, R. (2009). Physico-chemical and antioxidant properties of six apple cultivars (*Malus domestica*Borkh) grown in southern *Brazil. Scientia Horticulturae*, 122, 421–425. https://doi.org/10.1016/j.scien ta.2009.06.012.
- Wani, S. M., Ahsan, H., Dalal, M. R., Dar, B. N., & Malik, A. R. (2009). Chemical characteristics of different formulations of apple sauce under ambient storage. SKUAST Journal of Research, 11, 106–111.
- Wickramarachchi, K. S., & Ranamukhaarachchi, S. L. (2005). Preservation of fiber-rich banana blossom as a dehydrated vegetable. *Science Asia*, 31, 265–271. https://doi.org/10.2306/scienceasia1513 -1874.2005.31.265.
- Wills, R. B. H., Bembridge, P. A., & Scott, K. J. (1980). Use of flesh firmness and other objective tests to determine consumer acceptability of Delicious apple. *Australian Journal of Experimental Agriculture*, 20(103), 252–256.
- Wisal, S., Ullah, J., Zeb, A., & Khan, M. Z. (2013). Effect of refrigeration temperature, sugar concentrations and different chemicals preservatives on the storage stability of strawberry juice. *International Journal* of Engineering and Technology, 13(2), 160–168.
- Zarein, M., Samadi, S. H., & Ghobadian, B. (2015). Investigation of microwave dryer effect on energy efficiency during drying of apple slices. *Journal of the Saudi Society of Agricultural Sciences*, 14(1), 41– 47. https://doi.org/10.1016/j.jssas.2013.06.002.

How to cite this article: Bakshi RA, Aslam A, Khan ZS, Fayaz S, Dar BN. Physiochemical, sensorial, and rheological characteristics of sauce developed from Kashmiri apples: Influence of cultivars and storage conditions. *Food Sci Nutr.* 2022;10:1685–1693. https://doi.org/10.1002/fsn3.2239