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Scanning focused refractive-index microscopy

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We present a novel scanning focused refractive-index microscopy (SFRIM) technique to obtain the refractive index (RI) profiles of objects. The method uses a focused laser as the light source, and combines the derivative total reflection method (DTRM), projection magnification, and scanning technique together. SFRIM is able to determine RIs with an accuracy of 0.002, and the central spatial resolution achieved is 1 µm, which is smaller than the size of the focal spot. The results of measurements carried out on cedar oil and a gradient-refractive-index (GRIN) lens agree well with theoretical expectations, verifying the accuracy of SFRIM. Furthermore, using SFRIM, to the best of our knowledge we have extracted for the first time the RI profile of a periodically modulated photosensitive gelatin sample. SFRIM is the first RI profile-resolved reflected light microscopy technique that can be applied to scattering and absorbing samples. SFRIM enables the possibility of performing RI profile measurements in a variety of applications, including optical waveguides, photosensitive materials and devices, photorefractive effect studies, and RI imaging in biomedical fields.

n recent years, materials and devices with spatial refractive-index (RI) distributions that demonstrate characteristic functionalities have drawn extensive attention in a wide range of fields. Invisible cloaking using a properly designed RI profile is a topic of considerable interest, and the feasibility of these metamaterials is determined by their actual RI profile¹⁻³. Waveguides, particularly optical fibers, are an important transmission medium that is widely used in research labs and daily life. The RI profile of a waveguide is an indispensable index in the assessment of their quality and performance⁴⁻⁶. Based on the detailed RI profile of these materials and devices mentioned above, researchers can obtain more direct and reliable information that can assist in their related research. The RI profile of bio-tissues and cells are traditionally and widely considered in the biomedical field⁷⁻¹¹. In contrast, experimental RI profiles of devices based on photosensitive materials¹²⁻¹⁴, which play an important role in information optics, are rarely reported. Thus far, a large number of RI profile measurement technologies have been developed. The refracted near-field (RNF) method, first demonstrated by Stewart¹⁵ in 1977, is widely used at present, having undergone many years of development^{16,17}. Although RNF provides the basis for the design of many commercial index-profiling instruments, it requires critical calibration to obtain an accurate measurement of the change in the RI. Many other techniques, such as quantitative phase microscopy (QPM)^{18,19}, differential interference contrast (DIC) microscopy²⁰, scanning near-field microscopy (SNOM)²¹, atomic force microscopy (AFM)²², digital holographic microscopy (DHM)²³ and differential near-field scanning optical microscopy²⁴, are described and can be applied in certain fields. The total internal reflection (TIR) method²⁵⁻²⁹ plays an important role in RI measurements and has been widely adopted. Its spatial resolution is rather low because of its dependence on the commonly millimeter-level spot size of the beam. The low spatial resolution limits its application for the measurement of spatially resolved RI profile. Most traditional TIR methods must measure the angle-dependent reflectance curve, from which the base average RI of the illuminated area (mm² level) is obtained. In addition, the acquisition of each RI requires a series of data to be collected for rotations of the sample stage. However, the TIR method has the advantages of being both non-destructive and accurate. The excellent TIR method has advantages in RI measurement, and is a potential technique waiting to be applied in RI profile measurement.

In this study, we propose a novel scanning focused refractive-index microscopy (SFRIM) technique for quantitatively measuring RI profiles. The central spatial resolution of SFRIM is better than 1 μ m, which is smaller than the size of the focal spot; and the RI accuracy is 0.002. With a focused laser serving as the light source, SFRIM combines the derivative total reflection method (DTRM), projection magnification and the scanning technique to



Figure 1 Structure diagram of SFRIM. L is a He-Ne laser, O is the long work distance objective lens, S is the sample, P is the prism, D is the detector, and T is the translation stage. ϕ is the apex angle of the prism. *XY*-plane is horizontal. Central beam of the collimated beam is in *YZ*-plane, and the prism-sample interface is parallel to the *XY*-plane. The collimated beam out from the laser is focused on the prism-sample interface by the objective lens. Intensity of the reflected light is recorded by linear detector. The computer receives and analyzes data from the detector and controls movement of the translation stages. The enlarged diagram shows the relationship between the detected area and the illuminated spot. *IAD* is the imager area of the detector. *IA* is the illuminated area on the sample and *CDA* is the correspondingly detected area. The spatial resolution of SFRIM is defined as the length on each direction of the detected area, which is S_x along *X*-axis, and S_y along *Y*-axis.

obtain the RI profile of objects. Based on the TIR method, using a focused laser beam incident on a sample surface, the RI profile of the sample can be obtained by successive scanning as the focal spot of the beam moves across the sample surface. The spatial resolution of SFRIM is considerably enhanced, and the SFRIM technique also avoids the necessity of time-consuming rotation in RI measurements. Moreover, as a TIR-based technology, SFRIM has the advantages of being non-destructive and accurate. In this work, measurements carried out on cedar oil, a GRIN lens, and photosensitive gelatin were used to experimentally verify the high spatial resolution and accuracy of SFRIM. This technique exhibits several appealing advantages, such as non-destructive, repeatable, and label-free measurement and ease of handling for a wide variety of RI profile measurement.

Microscopy can be simply classified into transmission-type and reflection-type. Current RI profile-resolved technologies, such as QPM, DHC and DIC microscopy, detect the transmitted light from the sample. To the best of our knowledge, SFRIM is the first RI profile-resolved reflecting microscopy that can be applied to scattering and absorbing samples, and is therefore supplementary to the existing RI profile microtechniques. Specimens for transmitted light microscopies are usually required to be transparent or semi-transparent and cut into slices, while SFRIM can be applied to thick and non-transparent samples.

Although TIR is used in SFRIM, surface plasmon resonance (SPR) sensors and total internal reflection microscopy (TIRF), there are many differences between these techniques. TIRF does not detect the TIR light and therefore it is not applied in the RI measurement. SPR sensors are highly sensitive to the RI change by detecting the intensity of optical wave near the resonance, while SFRIM records the reflectance curve and obtains RI values by determining critical angles. Moreover, SPR is not an RI profile-resolved technique. As the first RI profile-resolved reflected light microscopy, SFRIM is unique compared with the other TIR-based techniques.

Results

A schematic diagram of a SFRIM system is shown in Fig. 1. A He-Ne laser (HN4.0P, Newopto Technology Co.,Ltd, China) with a wavelength of $\lambda = 632.8$ *nm* serves as the light source, and the laser beam

is focused with a $50 \times \text{long-working-distance objective lens}$ (WJ1050, focal length 4 cm, working distance 20.5 mm, N.A. 0.42. Beijing PaiVeiDi Technology Co., Ltd, China). A sample attached to an equilateral prism is fixed on a pair of translation stages (M126, Physik Instrumente, Germany), and the focal spot lies on the horizontal interface. The translation stages can move along the X-axis or the Y-axis; therefore the sample together with the prism moves horizontally. The central axis of the focused beam is perpendicular to the airprism interface. A one-dimensional linear detector (Hamamatsu S3903-512Q) parallel to the prism-air interface is used to receive the reflected light. The polarization of the incident light is transverse-magnetic (TM) wave. Because the samples measured in this paper are isotropic, similar RI results would be obtained if the incidence light was transverse-electric (TE). When the sample is anisotropic, more consideration should be paid to the different polarization of incident light.

Because the diameter of the reflected light on the detection plane is wider than that of the detector, only a portion of the reflected light is detected. For each detected spot, the measurement time is only approximately 10 *ms*, which is primarily determined by the response time of the detector. A computer controls the motorized stage and automated data collection, while the RI profile is calculated using MATLAB, making the SFRIM measurement simple and efficient. Because a large saturation exposure leads to a high signal-to-noise ratio and guarantees accurate measurement, we used an n-type metal-oxide-semiconductor (NMOS) detector with a high saturation exposure.

Figure 2 shows the propagation of the light through the SFRIM system. The angle-dependent reflectance curve I_r can be calculated using:

$$I_r = (I_s - I_b) / (I_0 - I_b)$$
(1)

where I_b is the intensity distribution of the background light in the absence of an incident laser, and I_0 and I_s are the reflected light distributions of the reference sample and target sample, respectively (Fig. 3(a)). We use air ($n_{air} = 1.0003$) as the reference sample. The incident angle of the focused beam should be varied across a range that covers the critical angle θ_c at the sample-prism interface, and the angle-dependent reflectance curve can be directly recorded by the detector. The critical angle θ_c is located at the peak of the first deriv-



Figure 2 | Propagation of the light through the SFRIM system. *c* is the distance between the objective and the prism. *d* is the distance between the prism and the detector. b_1 and b_2 are the distances from the focal spot to the air-prism and prism-air interface, respectively. Propagation direction of the central beam of the collimated beam is along the *j*-axis and illuminate pixel N_0 . φ_i and θ_i are incident angle of the light that illuminated pixel N_i on the air-prism interface and prism-sample interface, respectively.

ative of the reflectance curve²⁸ (see Fig. 3(b)). The RI of the sample n_s can then be calculated using Snell's law:

$$n_s = n_p \sin \theta_c \tag{2}$$

where n_p is the RI of the prism. By successively changing the position of the focal spot during scanning, the measurement of the RI profile is obtained.

The detector only records the relationship between the light intensity and the pixel coordinate. The value of θ_c can be calculated using (see Supplementary theory):

$$b\tan(\theta_c - \phi) + a \frac{n_p \sin(\theta_c - \phi)/n_{air}}{\sqrt{1 - [n_p \sin(\theta_c - \phi)/n_{air}]^2}} = \gamma(N_s - N_0) \quad (3)$$

where N_0 and N_s denote the pixel coordinate corresponding to the center of the incident beam, and light beam with an incident angle θ_c , respectively. Additionally, γ is the distance between adjacent pixels; $\phi = 60^\circ$ is the prism apex angle, which has an angle tolerance of 1'; b_1 and b_2 are the distance between the focal spot and the air-prism interface for the incident and reflected light, respectively; *b* is the altitude of the ZF4 prism ($n_p = 1.723$; side length tolerance = 0.05 mm) that satisfies $b = b_1 + b_2$; and *a* is a constant distance parameter. Calibration of the system is performed using two standard samples with known RIs to calculate *a* and N_0 .

The systematic error can be theoretically calculated according to the well-known error-propagation formula. The maximum systematic error of the RI is calculated to be less than 0.002 and gradually reaches its minimum when $\theta_c \rightarrow \beta$ ($N_s \rightarrow N_0$) (see Supplementary theory). The use of the derivative method enables the simply-structured SFRIM to be applied to both transparent samples and non-transparent samples with weak absorbing or scattering²⁸, which has shown great potential to be a widely used microscopy technique.

To experimentally verify the theoretical accuracy, a measurement was performed using cedar oil at room temperature. The RI of cedar oil is 1.5150 \pm 0.0002 according to the data provided in the product manual. Glycol (n = 1.4318) and glycerol (n = 1.4746) were chosen as standard samples for the system calibration. Using equation (3), the constant parameters a and N_0 were calculated to be a =0.1158 cm, $N_0 = 251.5463$. Fig. 3(c) shows the normalized reflected intensity distributions of glycol, glycerol, cedar oil, and the background. The reflectance curves and derivatives of the reflectance



Figure 3 | (a) Normalized intensity of reflected light curves for air, sample and background. The curves are normalized with respect to the maximum value of the intensity of the air. (b) Reflectance curve of sample and its first derivative curve. (c) Normalized reflected intensity of glycol, glycerol, cedar oil and background. (d) Distribution of reflectance curves for glycol, glycerol and cedar oil. (e) First derivative of reflectance curves for glycol, glycerol and cedar oil. It shows that information of reflected light with $\theta_i \in (\theta_c - 1^\circ, \theta_c + 1^\circ)$ is sufficient to confirm the peak of first derivative of reflectance-angle curve.

curves of each sample are shown in Figs. 3(d) and (e), respectively. The RI of cedar oil was measured ten times to calculate the random error and the standard deviation, which was calculated to be 1.5148 \pm 0.0001.

To demonstrate the accuracy of SFRIM in an RI profile measurement, a GRIN lens (Thorlabs, GRIN 2906) was chosen as a typical sample with a known theoretical RI profile. According to the product manual, the theoretical expression for the RI profile of the GRIN lens is $n_r = 1.6073 \times \left[1 - (r \times 0.339 mm^{-1})^2/2\right]$, where *r* is the radial distance. We scanned a few lines near the center of the sample to measure the RI profile. Measurements were made in intervals of 1 μm along the *X*-axis and 45 μm along the *Y*-axis. The coordinate $Y = 0 \ \mu m$ indicates the central line. The 2-D RI profile of the GRIN lens is shown in Fig. 4 (a). The theoretical values and the measured results at a fixed *X* or *Y* coordinate are compared in Fig. 4 (b) and (c). There is fairly close agreement between the theoretical values and the measured RI profile.

Furthermore, in addition to traditional uniform materials and optical waveguide devices, SFRIM opens up the possibility to measure RI profiles of photosensitive materials. Without the modulation and development process, the RI values for doped and undoped gelatin were previously measured by SFRIM to be 1.541 ± 0.002 and 1.551 ± 0.002 , respectively. Figure 5 shows the experimental RI profile of a photosensitive gelatin sample with a modulation period of 40 μ m. The measured intervals were 1 μ m along the X-axis and 15 μ m along the Y-axis. A noticeable decrease was observed after the development process, and the RI of the sample was periodically reduced to $1.413 \sim 1.435$. As observed from the 2-D scan of the RI profile and the measured results at a fixed Y coordinate in Fig. 5 (b), the period of the RI is in close agreement with the modulated period, while the valleys and peaks of the RI values remained nearly the same (Figs. 5(c) and (d)).

Discussion

As an RI profile-resolved technique, the accuracy of SFRIM is important. Potential sources of systematic error include errors in the tolerance of the prism (mainly involving the angle tolerance and the side-length tolerance), background, dark current of the detector, fluctuations in the laser intensity, mechanical errors, and calculation error of the derivative method. The influence of the background is eliminated by equation (1). Although fluctuations in the laser power affect the integral light intensity of the reflectance curve, the peak position of the first derivative of the curve is unaffected. The maximum dark current of the detector is 0.08 *pA* and contributes little to the total error. Mechanical error that arises during the scanning process only affects the measured light distribution and does not alter the RI accuracy.

Therefore the accuracy of SFRIM is primarily affected by the tolerance of the prism and the calculation error of the derivative method. The tolerances of the apex angle and the side length of a given prism are constant and are provided in the product manuals. If these parameters are determined more precisely, their effects on the total experimental error can be lower. The calculated values of N_s and N_0 are integers; therefore, the value of the measured RI is discrete, which is the main source of the calculation error of the derivative method. Because the errors of both N_s and N_0 are within \pm 0.5, the total error of $N_0 - N_s$ is ± 1 , which corresponds to an RI error of approximately $\pm 4 \times 10^{-4}$. Therefore, the accuracy of SFRIM can be improved by using a detector with smaller a pixel size.

SFRIM offers unique advantages over other traditional TIR techniques for measuring RI profiles with high spatial resolution, which in this case is much smaller than the size of the focal spot. The reflected light at the focal spot (infinitely close to the prism-sample interface) is projected and magnified onto the detection plane. The theoretical magnification factor M_t is defined as

$$M_t = w/w_0 \tag{4}$$

where *w* is the radius of the reflected light spot on the detection plane and w_0 is the beam waist of the reflected light. During the propagation of the Gaussian beam from air into the prism, the position of the focal spot changes, but the waist size remains constant in the prism. Instead of measuring the waist in the prism, we measured it in the air and found that $w_0 \approx 3.5 \ \mu m$ (see Supplementary theory). If the detector is not far from the focal spot, the interference of the reflected light from adjacent areas can be ignored. The intensity distribution of the reflected light on the detection plane corresponds to that of the reflected light at the focal spot, which means the detected area is a portion of the reflected light (see the enlarged diagram in Fig. 1).



Figure 4 | (a) Central part of RI profile of a GRIN lens scanned by SFRIM. (b) Measured and theoretical RI profile of the GRIN lens along the *X*-axis at $Y = 90 \ \mu m$. There is slight departure at the fringe area. Photo of the arc-shaped area is shown in supporting material. (c) Measured and theoretical RI profile along the *Y*-axis at $X = 835 \ \mu m$. The measured data departure from theoretical expectation is less than 0.001.



Figure 5 | (a) RI profile of the modulated gelatin. (b) Detailed RI profile of the modulated gelatin along the *X*-axis at $Y = 135 \ \mu m$, $X \in [250,450] \ \mu m$. (c) RIs for the valley of the modulated gelatin. (d) RIs for the peak of the modulated gelatin.

Assuming that the center of the focal plane is the origin of the coordinate system and that the light propagates along the *j*-axis, the beam radius w(j) is³⁰:

$$w(j) = w_0 \cdot \sqrt{1 + \left(\frac{j \cdot \lambda}{\pi \cdot n_{air} \cdot w_0^2}\right)^2}$$
(5)

On the detection plane, $j \approx 40 \ mm, w(j) \approx 2.3 \ mm$. By equation (4), the calculated $M_t \approx 658$. The experimental magnification factor M_e was determined using a resolution plate with a period of 2 μm and a duty cycle of 1 : 1. The image of the resolution plate that appeared on the detection plane was recorded. The width of the brightest light stripe in the center was approximately 650 μm (see Supplementary Fig. S3 online), which means that $M_e \approx 650$.

The spatial resolution of SFRIM is defined as the length along each direction of the detected area, which is denoted as S_x along *X*-axis, and S_y along *Y*-axis. The width and the length of the detector are q = 0.5 mm and p = 12.8 mm, respectively. The diameter of the reflected light spot on the detection plane is 4.6 mm, which is larger than q and smaller than p (the enlarged diagram in Fig. 1). Therefore, S_x is calculated using:

$$S_x = q/M_e \tag{6}$$

and is found to be equal to 0.8 μm .

The spatial resolution along the *Y*-axis S_y equals the length *l* of the illuminated area on the sample. The illuminated area is the cross section of the Gaussian beam and the prism-sample interface. S_y is calculated using:

$$S_y = |j_1 - j_2| / \cos \phi \tag{7}$$

where j_1 and j_2 are the roots of the equation set:

$$\begin{cases} \left(\frac{w(j)}{w_0}\right)^2 - \left(\frac{j \cdot \lambda}{\pi \cdot n_p \cdot w_0^2}\right)^2 = 1\\ w(j) = j \cdot \cot \phi \end{cases}$$
(8)

The calculated value of S_y is found to be 14.0 μm .

The information obtained with reflected light in the range $\theta_i \in (\theta_c - 1^\circ, \theta_c + 1^\circ)$ is sufficient to obtain the RI. This indicates that if the sample is previously measured to roughly determine the range of θ_c , a diaphragm can be added in front of the detector to ensure that the incident angle of the transmitted light covers θ_c . This procedure is equivalent to the shortening of *l* and improves S_y to approximately 3.8 μm . The spatial resolution along the *Z*-axis can be defined as the depth of penetration of the evanescent wave³¹:

$$d = \frac{\lambda}{4\pi \sqrt{n_p^2 \sin^2 \theta_i - n_s^2}} \tag{9}$$

which is on the order of the wavelength of light used³².

When the translation stage moves along the Y-axis, the size of the illuminated area increases hyperbolically and both S_x and S_y decreases slightly. When the translation stage moves 250 μm along the Y-axis, S_x and S_y worsens to 1.8 μm and 7.8 μm , respectively, which indicates that both S_x and S_y change slightly over a fairly large range. Below the diffraction limit, the S_x and S_y of SFRIM can be improved by several methods, including increasing the distance between the distance between the detector and the focal spot.

Current RI profile-resolved techniques, such QPM, DHM and DIC microscopy, commonly have diffraction-limited (~1 μ m) transverse resolution, RI accuracies of 0.01 to 0.0002^{20,23}. The spatial resolution of SFRIM is similar to that of the techniques mentioned above and the RI accuracy of SFRIM is at an intermediate level compared with these transmission-based microscopies. Moreover, SFRIM has unique advantages over current techniques because it can be widely

applied to thick and non-transparent samples with scattering and absorption effect. The RI sensitivity of SFRIM is defined as $d\theta/dn$ or dN/dn, which are approximately 104.2 deg/RIU or 3472.2 RIU⁻¹, respectively, for our apparatus. This figure of merit is reported to be 5.7×10^4 nm/RIUfor an SPR sensor³³. However, the SPR technique has not been used for RI profile measurements. Because the minimum distinguishable angle for SFRIM is 0.03° , the minimum distinguishable RI change is approximately 2.88×10^{-4} .

For the cedar oil and modulated gelatin samples, which were made on the surface of the prism, it is difficult to only move the sample. Theoretically, it is better to move the sample alone to avoid the variation of the illuminated area. However, flatness of the prism and the sample are not ideal. The sample can't move absolutely horizontal. For solid samples, the thickness change of the matching liquid during movement will affect the results. Besides, when the prism moves together with the sample in the Y-axis, both S_x and S_y slightly change over a fairly large area. Therefore, it is unavoidable that the sample and prism move together in our setup.

The RI profile of the GRIN lens is inhomogeneous and can be considered to be continuously varying along the Y-axis of the detected area. Therefore, the measured RI is the mean RI over each detected area. It is notable that the shift of the measured RI is regular to a certain extent rather than random spread along the radial direction (see Fig. 4(b)). It is therefore unlikely that the deviation from the theoretical profile is caused by random measurement errors. Figure 4(c) shows the deviation between the experimental and theoretical profile in the central part of the GRIN lens, which is clearly less than 0.001. The fringe area is polished to be arc-shaped, which is unavoidable during production; therefore, the slight departure of the measurement from theory is most likely attributed to the geometrical irregularities of the GRIN lens at the fringe area. The shift of the experimental values to larger values than compared with the central part can be attributed to the non-uniform thickness of the matchingliquid between the GRIN lens and the prism, which is thicker near the fringe area (see Supplementary Fig. S4 online). Several fluctuations are observed in the central area (see Fig. 4(b)), which are most likely caused by scratches on the prism or the end face of the GRIN lens. The effect of these scratches is similar to the geometric irregularities at the fringe area. Apart from the influence of geometric irregularities, the effect of the angle and side-length tolerances introduces a constant error, so all of the measured data exhibited a tendency to increase unidirectionally. This finding serves as evidence that the accuracy of SFRIM can be further improved. Additionally, because the GRIN lens is placed on the prism directly, no polishing or other destructive manipulation is needed, making SFRIM non-destructive and repeatable. By adding an index-matching liquid, SFRIM is capable of extracting the RI profile of a solid sample as well as a liquid sample with high accuracy.

The RI of the periodic modulated gelatin also varies continuously along the X-axis, so the results are again the mean RI over each detected area. As shown in Figs. 5 (a) and (b), there are slight irregularities in the periodically modulated RI profile. Gelatin was poured directly onto the prism surface to minimize the effect of geometric irregularities. The slight irregularities in the curve are likely due to dust-based non-uniformities mixed into the gelatin solution or by laser speckles illuminating irregular spots during the exposure process. The measured period is identical to the period of the mask plate. To the best of our knowledge, this is the first experimentally measured RI profile of a modulated photosensitive gelatin. The measured data provide direct and reliable information on which to base further studies and theoretical analyses of photosensitive gelatin and will help facilitate the studies of photonic crystals³⁴ and photonic bandedge lasing³⁵. The quantitative RI profile of other photosensitive materials can also be mapped using SFRIM.

In conclusion, we have developed the first RI profile-resolved reflecting microscopy that can be applied to scattering and absorbing samples with high spatial resolution and accuracy. We have demonstrated that this setup has a spatial resolution of 1 μm and an RI measurement accuracy of 0.002. Experimental values of both liquid and solid samples have been presented, which demonstrate both the feasibility and the advantages of the proposed RI profile microscopy technique. Moreover, for the first time we have measured the RI profile of a periodically modulated gelatin. SFRIM offers advantages such as non-destructive, repeatable measurements and ease of handling. It can be applied in many fields, including measurements of the RI profile of optical waveguides and photosensitive materials, studies of the characteristics of photorefractive materials, and label-free, non-destructive in vivo RI imaging in biological applications.

Methods

Derivative total reflection method. The refractive index (RI) values are obtained by determining the critical angle, beyond which total internal reflection (TIR) will occur. There is a sudden change in the reflected light intensity at the critical angle for a non-absorbing sample. However, most samples are weakly absorbing and/or induce scattering, which makes the critical angle difficult to determine visually using the reflectance curve.

Based on the Fresnel equation, the reflectance R for s-polarized light is:

$$R = \frac{\left(n_p \cos \theta - \mu_2\right)^2 + v_2^2}{\left(n_p \cos \theta + \mu_2\right)^2 + v_2^2}$$
(10)

where the parameters μ_2 and ν_2 are the intermediate variables

$$2\mu_{2}^{2} = n_{s}^{2}(1-\chi^{2}) - n_{p}^{2}\sin^{2}\theta + \sqrt{\left[n_{s}^{2}(1-\chi^{2}) - n_{p}^{2}\sin^{2}\theta\right]^{2} + 4n_{s}^{4}\chi^{2}}$$

$$2v_{2}^{2} = -\left[n_{s}^{2}(1-\chi^{2}) - n_{p}^{2}\sin^{2}\theta\right] + \sqrt{\left[n_{s}^{2}(1-\chi^{2}) - n_{p}^{2}\sin^{2}\theta\right]^{2} + 4n_{s}^{4}\chi^{2}}$$
(11)

x is the extinction coefficient, $x = (\mu_s + \mu_a)\lambda/4\pi$, and μ_s and μ_a are the scattering coefficient and the absorption coefficient, respectively. The critical angle is located at the maximum of the first derivative of equation $(10)^{28}$. Because equation (10) contains the scattering coefficient and the absorption coefficient, DTRM and therefore SFRIM are applicable to scattering and absorbing samples. The above result is also suitable for p-polarized light.

Preparation of cedar oil. The samples chosen for traditional RI measurement methods are typically uniform liquid materials, such as NaCl or sucrose solutions. The prism-sample interface was oriented horizontally in our setup, and the cleanup procedure can be easily performed with the prism fixed on the translation stage. One drop (approximately 0.05 *ml*) of cedar oil surrounding the beam spot on the prism is sufficient for the measurement, thus avoiding the potential mechanical error arising from replacement of the prism.

Preparation of a gradient-refractive-index (GRIN) lens. The index-matching liquid used in this study was manufactured by Cargille Laboratories and had an RI of 1.7320 \pm 0.0002. It was added to the interface of the prism and the GRIN lens, and the end face of the latter was carefully cleaned beforehand. The weight of the GRIN lens was approximately 0.04 g, and the microscope scans in a smooth manner; therefore, no relative movement occurred during the measurement process.

Preparation of the photosensitive gelatin. The preparation process for the photosensitive gelatin can be mainly divided into four steps: (1) preparation of the formulated solution, (2) coating the solution of 300 μ l onto the prism and dry, (3) exposure, (4) development process based on Ying's procedure³⁶. Our exposure process differs from Ying's in that the mask plate with a period of 40 μ m and a duty cycle of 1:1 is placed closely in front of the coated gelatin film. The exposure time is 30 s using a laser wavelength of 488 μ m and an energy density of 0.611 *J/mm*².

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Author contributions

The experiment were conceived, designed and carried out by T.Q.S., Q.Y. and Z.C.D., X.W.W. prepared the samples. T.Q.S., Q.Y., X.W.W. and J.C.M. contributed to the the interpretation of the data and developed analytical and computational theoretical tools. J.G.T., Q.Y., C.P.Z., W.Y.Z. and J.W. analyzed and interpreted the data. Q.Y., T.Q.S. and J.G.T. wrote the manuscript with the assistance of all other co-authors.

Additional information

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