## 1 NR2F2 Reactivation in Early-life Adipocyte Stem-like Cells Rescues Adipocyte

## 2 Mitochondrial Oxidation

- 3 Snehasis Das<sup>1</sup>, Rohan Varshney<sup>1</sup>, Jacob W. Farriester<sup>1</sup>, Gertrude Kyere-Davies<sup>1</sup>, Alexandrea E.
- 4 Martinez<sup>1</sup>, Kaitlyn Hill<sup>1</sup>, Michael Kinter<sup>2</sup>, Gregory P. Mullen<sup>1</sup>, Prabhakara R. Nagareddy<sup>3</sup>,
- 5 Michael C. Rudolph\*1
- 6

<sup>1</sup>Department of Biochemistry and Physiology, Harold Hamm Diabetes Center, The University of
 Oklahoma Health Science Center, Oklahoma City, OK 73104, USA.

- 10 <sup>2</sup>Aging and Metabolism Research Program, Oklahoma Medical Research Foundation, 11 Oklahoma City, OK.
- <sup>3</sup>Deptartment of Internal Medicine, Cardiovascular Section, The University of Oklahoma Health
   Science Center, Oklahoma City, OK 73104, USA.

15 16

12

Keywords: NR2F2, early-life adipocyte development, omega-3 fatty acids, adipocyte stem-like
 cells, beige adipocyte metabolism

- 19
- 20 \*Corresponding author: Dr. Michael C. Rudolph, Email- Michael-rudolph@ouhsc.edu 21

## 22 ABSTRACT

23 In humans, perinatal exposure to an elevated omega-6 (n6) relative to omega-3 (n3) Fatty Acid 24 (FA) ratio is associated with the likelihood of childhood obesity. In mice, we show perinatal 25 exposure to excessive n6-FA programs neonatal Adipocyte Stem-like cells (ASCs) to 26 differentiate into adipocytes with lower mitochondrial nutrient oxidation and a propensity for 27 nutrient storage. Omega-6 FA exposure reduced fatty acid oxidation (FAO) capacity, coinciding 28 with impaired induction of beige adipocyte regulatory factors PPARy, PGC1a, PRDM16, and 29 UCP1, ASCs from n6-FA exposed pups formed adjpocytes with increased lipogenic genes in 30 vitro, consistent with an in vivo accelerated adipocyte hypertrophy, greater triacylglyceride 31 accumulation, and increased % body fat. Conversely, n6-FA exposed pups had impaired whole 32 animal <sup>13</sup>C-palmitate oxidation. The metabolic nuclear receptor, NR2F2, was suppressed in 33 ASCs by excess n6-FA intake preceding adipogenesis. ASC deletion of NR2F2, prior to 34 adipogenesis, mimicked the reduced FAO capacity observed in ASCs from n6-FA exposed 35 pups, suggesting that NR2F2 is required in ASCs for robust beige regulator expression and 36 downstream nutrient oxidation in adipocytes. Transiently re-activating NR2F2 with ligand prior to 37 differentiation in ASCs from n6-FA exposed pups, restored their FAO capacity as adipocytes by 38 increasing the PPARy-PGC1 $\alpha$  axis, mitochondrial FA transporter CPT1A, ATP5 family 39 synthases, and NDUF family Complex I proteins. Our findings suggest that excessive n6-FA 40 exposure early in life dampens an NR2F2-mediated induction of beige adipocyte regulators, 41 resulting in metabolic programming that is shifted towards nutrient storage.

42

## 43 INTRODUCTION

44 The prevalence of obesity in children and adolescents in the United States is approaching 20%, and approximately 40% of U.S. children are either overweight or obese<sup>1</sup>. 45 46 Predictions suggest that half of American children may reach clinical obesity by age  $35^2$ , 47 underscoring the urgency of this public health crisis. The onset of obesity is not only occurring at 48 younger ages but is frequently accompanied by a range of comorbidities typically associated 49 with adulthood, such as non-alcoholic fatty liver, type 2 diabetes, cardiovascular disease, psycho-social consequences, and even premature mortality<sup>3-5</sup>. Although obesity has a complex 50 51 etiology, including genetic, epigenetic, environmental, and behavioral characteristics, emerging 52 evidence points to early-life nutrition as central to obesity risk, not merely as substrates and 53 fuels for fetal and postnatal development, but as programming cues that can establish enduring consequences for adult metabolism<sup>6-10</sup>. For example, maternal intake of a Western-style diet, 54 55 rich in omega-6 fatty acids (n6-FA) and processed sugars, has been implicated in metabolic 56 programming changes in offspring, potentially increasing risks for non-communicable metabolic diseases<sup>3</sup>. In recent years, the balance of dietary lipids consumed by pregnant and lactating 57 58 mothers has come into focus, particularly the ratio of pro-adipogenic n6-FA relative to antiadipogenic omega-3 (n3) FA<sup>11-14</sup>. 59

60 Maternal transmission of a high ratio of n6/n3 FA to offspring is recognized for its influence in shaping adipocyte development and adipose tissue accumulation<sup>11,12,15-18</sup>. Our 61 62 research, and that of others, shows that a high n6/n3 FA ratio in breast milk accelerates infant 63 body fat deposition and increases the likelihood of greater childhood adiposity<sup>18-24</sup>. For 64 example, in a cohort of 48 exclusively breastfeeding mother infant dyads, we showed an 65 elevated n6/n3 FA ratio in the milk predicted the change in infant body fat accumulation in the 66 first four months of life, controlling for maternal prepregnancy BMI, fish oil supplementation, gestational weight gain, infant sex, and breastfeeding exclusivity<sup>25</sup>. In neonates particularly, 67 adipose tissue is not merely a nutrient-storage reservoir of lipid-laden adipocytes<sup>26</sup>, it is a critical 68

69 metabolic and signaling organ that contributes to thermogenesis, through nutrient oxidation, to defend the body temperature of offspring<sup>27-29</sup>. Consistent with our human infant findings, we 70 71 reported that mouse pups exposed to n6-FA during the fetal and postnatal window had greater 72 body fat at postnatal day (PND) 14, and an inquinal subcutaneous adipose tissue (SAT) with larger, unilocular adipocytes, indicating a nutrient storage phenotype<sup>30</sup>. Molecularly, a high 73 74 n6/n3 FA ratio exposure increased master adipogenic regulator Peroxisome Proliferator 75 Activated Receptor gamma (PPARy), lipogenic enzyme mRNA and protein levels, and produced 76 an activated mRNA signature for the "adipogenesis pathway"<sup>30</sup>. 77 Adipocyte Stem-like Cells (ASCs) commit to become determined preadipocytes, and then terminally differentiate, giving rise to functional adipocytes<sup>31-35</sup>. More recently, we 78 79 investigated whether a high n6/n3 FA ratio exposure, specifically during postnatal development, 80 affected adipogenesis by patterning the molecular signature of Adipocyte Stem-like Cells (ASCs)<sup>36</sup>. Through bulk and single-cell RNA-sequencing analyses, we found ASCs from high 81 82 n6/n3 FA ratio exposed pups had an inhibited b-Catenin (CTNNb1) and Wingless-type MMTV 83 integration site (WNT) mRNA signature, and significantly decreased mRNA and protein levels of Nuclear Receptor 2 group F member 2 (NR2F2, also known as COUP-TF2)<sup>36</sup>. NR2F2 is a 84 85 ligand-activated transcription factor that is known to be induced by activation of the WNT/CTNNb1 signaling pathway in 3T3L1 preadipocyte cells<sup>37,38</sup>. NR2F2 plays a pivotal role in 86 87 regulating metabolism across various tissues, by either activating or repressing transcription through direct DNA binding or dimerization with other nuclear receptors <sup>39-44</sup>. For example, 88 89 NR2F2 interaction with PPARα regulates lipid metabolism in the liver, where NR2F2-PPARa cooperativity mediates expression of fatty acid oxidation (FAO) target genes <sup>45</sup>. Others showed 90 that NR2F2 can bind PPARg, or sequester binding partners such as RXR away from PPARg<sup>46</sup>. 91 92 We reported distinct ASC responses to *in vivo* n6-FA exposure, in that isolated inguinal SAT 93 ASCs had altered mitochondrial gene expression patterns, fewer "mitochondrial-high" ASCs, 94 and reduced FAO prior to differentiation, which coincided with increased fat mass and larger,

95 unilocular nutrient-storing adipocytes<sup>36</sup>.

Given these early-life high n6/n3 FA ratio effects on inguinal ASCs, we hypothesize that 96 97 fetal and postnatal exposure to high n6-FA levels trigger ASCs to differentiate into nutrient-98 storing rather than nutrient-oxidizing adjocytes, which might be overcome by activating NR2F2. 99 We provided pregnant and lactating dams with a specialized diet rich in n6-FA relative to dams 100 provided a balanced, control-FA specialized diet to test the molecular signatures, adjpocyte 101 cellular fuel utilization, whole-body metabolic responses, and whether activation of NR2F2 could 102 rescue adipocyte metabolism in ASCs programmed in vivo by n6-FA exposure in PND12 pups. 103 Our findings indicate that in undifferentiated ASCs, NR2F2 acts upstream to establish key 104 regulators of nutrient-oxidizing adipocytes. Furthermore, transient activation of NR2F2 in ASCs 105 isolated from n6-FA exposed pups reignited nutrient-oxidizing metabolism, in part, by restoring 106 mitochondrial protein levels. Our data suggest a model whereby early-life n6-FA exposure limits 107 WNT/CTNNb1 activation, diminishing NR2F2 abundance and robust induction of metabolic 108 regulators, resulting in formation of nutrient-storing adipocytes.

109

#### 110 MATERIALS AND METHODS

111 Mouse study: Animal procedures were approved by the IACUC at the University of Oklahoma 112 Health Sciences Center. Wildtype C57BL/6J mice were purchased from Jackson Laboratories 113 (Bar Harbor, MN, USA). The study design used wildtype mothers to assess the effect of 114 different PUFA ratio exposures on offspring development. Prospective dams were provided with 115 the control diet until mating, during which they were divided into control (balanced n6/n3 ratio) 116 and n6-FA (high n6/n3 ratio) groups, provided with appropriate diets, and underwent normal 117 gestation and lactation. At PND12, litters were assessed for body composition, and pups were 118 sacrificed for histology, collection of stromal vascular fractions (SVF), ASC flow cytometry, and

assessment of gene expression, protein levels, and circulating hormones, glucose, and fattyacid composition.

Body composition and indirect calorimetry. Body composition was assessed using
 quantitative magnetic resonance (qMR; Echo MRI Whole Body Composition Analyzer 4in1-500;
 Echo Medical Systems, Houston, TX, USA) on PND 12 for dams and litters, as previously
 described <sup>30</sup>. Individual litters were weighed before undergoing three consecutive body
 composition scans, and averages of returned values for fat and lean mass were utilized for
 analysis.

127 Dam-litter dyads were placed in indirect calorimetry (IDC, Sable Systems International, 128 Las Vegas, Nevada) cages housed inside the environmental cabinet maintained at 26°C at PND 129 10. On PND 11, dams were separated from their respective litters for 2 hours, placed back with 130 their litters for 1 hour, then removed from their litters again for 3 hours before finally being 131 placed back with their litters until PND 12. The litters were weighed and body composition 132 measured before the first and second separation of the dam using a weigh-suckle-weigh 133 paradigm to estimate the amount of milk consumed by the pups during the 1 hour feeding 134 window. During the period from PND 10 to PND 12, the dyads (and isolated litters intermittently 135 during weigh-suckle-weigh) in the IDC were monitored for metabolic parameters, including 136 respiratory exchange ratio (RER).

In separate experiments, independent dam-litter dyads were placed in IDC chambers at PND 10. At PND 11, litters were gavaged with  $500\mu g$  ( $50\mu L$ ) of uniformly ( $^{13}C_{16}$ ) labeled palmitate (dissolved in peanut oil). The dam was separated from the pups for four hours, during which litter respirometry was measured in the IDC to analyze the amount of labeled ( $^{13}C$ ) CO<sub>2</sub> exhaled by the litter per minute using a stable isotope analyzer (Sable Systems International). This gave a measure of palmitate oxidation by the litters. Litters were euthanized on PND 12, and tissues collected to measure the  $^{13}C_{16}$  palmitate uptake by GC-MS.

Histology and Immunohistochemistry (IHC). Histological blocks were prepared from
Subcutaneous White Adipose Tissue (SAT). Inguinal SAT pads were gathered from perinatal
(PND 10–13) mice, fixed in 10% neutral buffered formalin (NBF), rinsed, and stored in 70%
EtOH, and embedded in paraffin. Slides mounted with 5–10 µm sections were analyzed using
Immunohistochemistry (IHC) and Hematoxylin and Eosin (H&E) staining. Brightfield and
Immunofluorescence whole-slide imaging was conducted using a ZEISS Axio Scan. Z1 Slide
Scanner, and composite images were compiled using Zeiss's Zen Blue software.

151 Slides used for Hematoxylin and eosin (H&E) staining were prepared following the 152 standard Leica Biosystems' "Best Practices" protocol. Quantification of adipose cellularity was 153 accomplished through digital analysis of scanned histological sections using the Adiposoft plugin<sup>47,48</sup> for ImageJ/Fiji<sup>49</sup>. Brightfield whole-tissue scans of H&E-stained slides were optimized 154 155 for ImageJ processing—including sharpening/clarification and masking of nontarget tissues to 156 reduce artifacts—using Adobe Photoshop. Adipocyte cellularity (diameter, um) was quantified 157 from each optimized section with Adiposoft. After manually removing any remaining Adiposoft 158 artifacts from the output data, diameter values within a set threshold (15-200 µm) were binned 159 and imported into GraphPad PRISM, where the percentage of adipocytes within each bin was 160 analyzed.

161 Slides for IHC staining were processed following a standard multi-color immunofluorescence staining protocol<sup>50,51</sup> and counterstained with DAPI (200 ng/mL). For each 162 163 sample, multi-channel, shading-corrected images rendered by ZEN Blue were exported into 164 Adobe Photoshop for preparation for image analysis. The tissue sample was isolated from the 165 composite scan by masking background space, nontarget tissues, and instances of highlight 166 clipping, using DAPI and Perilipin-1-stained area for reference when demarking tissue 167 boundaries. Final images used for quantitative analysis were rendered by applying this mask to 168 each color channel image. Additional images were rendered from masked composite scans by 169 creating separate masks that visually isolated beige and white adipose tissue, allowing relative

intensity to be quantified independently. Using ImageJ, relative intensity of each fluorophore
was determined by finding the quotient of the total area of the tissue sample and the integrated
density (the product of the area and the mean grey value, or average gray value of pixels, within
a selection) of fluorescence.

Primary antibodies used on SAT sections for IHC were UCP1 (1:200) and Rabbit Perilipin-1 mAb (1:500). Secondary Antibodies utilized were Alexa Fluor 594 Anti-Rat IgG, Alexa Fluor 594 Anti-Rabbit IgG, and Alexa Fluor 488 Anti-Rabbit IgG. Alexa Fluor 594 was analyzed for relative intensity quantification. Adipocytes within white and beige tissue were quantified by exporting the DAPI-Channel image with phenotype masks applied into ImageJ and analyzing using the built-in "Analyze Particles" function. From this, cell density (nuclei/µm<sup>2</sup>) was found by dividing the nuclei count by the area of the target tissue.

181 Flow cytometry sorting and analysis. Flow sorting and analyses were performed as 182 previously described<sup>36</sup>. Briefly, subcutaneous adipose tissue was minced and digested in Hanks 183 Balanced Salt Solution (HBSS) (Sigma, H8264) containing 3% BSA, 0.8 mg ml<sup>-1</sup> collagenase 184 type 2 (Worthington Biochemical, LS004174), 0.8 mM ZnCl<sub>2</sub>, 2.5 mM glucose and 0.2 µM adenosine for 45 minutes at 37°C in an orbital shaker at 150 RPM, and samples were shaken 185 186 vigorously by hand for one minute after digestion. The resulting suspension was filtered through 187 a 70µm filter. Cells in the stromal vasculature fraction were pelleted at 300xg, washed with 188 HBSS buffer containing 3% BSA, and stained with primary antibodies on ice for 30 minutes. The 189 following antibodies were used: CD45 FITC at 1:1,000 (BioLegend; 103108), CD31 PE-Cy7 at 190 1:500 (BioLegend, 102417), CD29 Alexa Fluor 700 at 1:200 (BioLegend, 102218), CD34 APC 191 at 1:50 (BioLegend, 119310), Sca-1 BV510 at 1:200 (BioLegend, 108129), and CD24 PE at 192 1:100 (BioLegend, 138504). Following antibody incubation, cells were washed, and unfixed cell 193 preparations were treated with DAPI (Invitrogen) at 1µg/ml to exclude dead cells. Cells were 194 sorted using a FACS Aria Fusion equipped with FACS DiVA software (BD Biosciences) using a

specific gating strategy (Suppl Fig 2). Cell populations were selected based on forward scatter
(FSC) and side scatter (SSC), and dead cells were excluded. Single cells were isolated or
analyzed based on cell surface markers. Data was analyzed using BD FACS DiVA and FlowJo.

198 **Cell culture and differentiation.** The immortalized adipocyte precursor (mAPC) cell line was 199 purchased from Kerafest (MA, USA). mAPCs were cultured in High Glucose Dulbecco's 200 Modified Eagle Medium 1:1 with Hams F-12 (DMEM/F12) containing 10% FBS supplemented 201 with penicillin (100 U/mL) and streptomycin (100 µg/mL) at 37°C in a humidified incubator with 202 5% CO<sub>2</sub>. Primary ASCs were cultured under similar conditions in High Glucose Dulbecco's 203 Modified Eagle Medium (DMEM) containing 10% fetal bovine serum (FBS) supplemented with 204 penicillin and streptomycin. For differentiating cells into beige adjpocytes, mAPCs and ASCs 205 were cultured in their respective mediums until nearly confluent and the medium was then 206 changed to induction medium (5 µg/mL insulin, 1 nM T3, 125 µM indomethacin, 2 µg/mL 207 dexamethasone, 0.5 mM IBMX, 0.5 µM rosiglitazone) when cells are 80-90% confluence (day 208 2). After 48h (Day 4), the medium was changed to maintenance medium (5 µg/mL insulin, 1 nM 209 T3) with 0.5  $\mu$ M rosiglitazone). On day 6 and 8, spent medium was replaced with fresh 210 maintenance medium with 1 µM rosiglitazone. On termination of differentiation at day 10, cells 211 were utilized for the various assays described herein. For some experiments, 1-DSO (300 nM) 212 was added to ASCs and mAPCs for four days flanking induction (two days before the induction 213 to two days after). This is depicted schematically in the figures.

For NR2F2 knockdown experiments, ASCs isolated from NR2F2<sup>f/f</sup> mice were transduced with adeno-Cre (AdCre) or adeno control (AdCon) virus. 5-6 days after transduction, the cells were treated with induction media to initiate differentiation. For other experiments, 70-80% confluent ASCs from n6-FA pups were treated with Wnt agonist 1 for 48h to induce Wnt-CTNNb1 pathway.

#### Live cell staining for mitochondrial potential, fatty acid oxidation, and lipid accumulation

220 Primary ASCs were cultured as described above. For staining with tetramethylrhodamine ethyl

ester (TMRE, Biotium) live cell mitochondrial potential dye and LipidSpot<sup>™</sup> 488 (Biotium), media

- were changed to fresh DMEM/10% FBS containing these stains diluted 1:1,000. Cells were
- incubated at 37°C for 15 minutes before fluorescent data was collected using a Zoe<sup>™</sup>
- 224 Fluorescent Cell Imager (BioRad). For staining with FAOBlue (Funakoshi), TMRE, and
- LipidSpot 488, cells were washed twice in serum-free DMEM and then incubated for 15 min. at
- 226 37°C in fresh DMEM (no serum) containing FAOBlue (1:1,000). TMRE and LipidSpot<sup>™</sup> 488
- were added and cells incubated 15 min. at 37°C before imaging.

Quantitative PCR and Western blotting. Total RNA was extracted using the RNeasy Plus Mini
 Kit (Qiagen, Hilden, Germany, 74134) according to the manufacturer's protocol, and 500ng of

total RNA was reverse transcribed into cDNA using iScript Reverse Transcription Supermix

231 (Bio-Rad, Hercules, CA, USA) or the Verso cDNA Synthesis Kit (ThermoFisher, MA, USA).

cDNA representing 25ng of total RNA was added to each qPCR reaction containing TaqMan

233 Fast Advanced Master Mix and primers (ThermoFisher, MA, USA) specific for Pparγ, Pgc1α,

Ucp1, PRDM16, Cidea, Cox8b, Cox7a1, Acly, Acc1, Fasn, Srebp1, Srebp2, Dgat1, or Nr2f2

were used for quantitative real time PCR (Applied Biosystem, 589 Ca, USA). Ef1 $\alpha$  was used as

236 a housekeeping gene. mRNA levels were determined using the  $\Delta\Delta$ CT method and normalized

237 to the housekeeping gene Ef1 $\alpha$ .

238 For Simple Westerns using JESS, flow-sorted primary ASCs, mature adipocytes or

whole iWAT were homogenized in RIPA buffer with protease and phosphatase inhibitors.

240 Lysates were run on a ProteinSimple JESS instrument for PPARγ (CST- 2435), PGC1α (CST-

241 2178), C/EBPα (CST- 2295), UCP1 (CST- 14670), CPT1A (Protein Tech- 15184-1-AP), CPT1C

242 (Protein Tech- 12969-1-AP), FABP4 (CST- 2120), NR2F2 (CST- 6434), SOD2 (CST-13141),

TOM20 (CST- 42406), and PLIN1 (CST- 9349) antibodies. All antibodies were diluted 1:50 and

3 µL of 1.2mg/ml protein/well was loaded for JESS Westerns. Protein from primary ASCs from
six different SVFs for each dietary condition (high n6 or control) were used for each JESS
assay.

Seahorse Cellular Metabolic Assays. Seahorse substrate oxidation assays were conducted using the manufacturer's instructions with some modifications described below, utilizing the glucose/pyruvate oxidation stress test kit (103673-100), glutamine oxidation stress test kit (103674-100), and palmitate oxidation stress test kit (103693-100). Modifications include adding inhibitors (20µL per well) directly to the cells both 15 minutes before the assay and following the standard mito stress test protocol.

253 Targeted Lipid Analysis. 500µL of 0.1M potassium phosphate buffer, pH 6.8 was added to 254 13x100mm borosilicate glass culture tubes (Fisher Scientific, #14-961-27), to which 6µL of pup 255 serum was added. The mixture was then acidified with 10µL of 1N HCI (prewashed with 256 Hexanes) and vortexed briefly. 500µL of methanol was added to this solution and vortexed 257 briefly. Total lipids were extracted twice by adding 1mL of isooctane:ethyl acetate 3:1 (vol/vol) 258 and once with 1mL Hexane; for each extraction, samples were vortexed vigorously for 10-15 259 sec and centrifuged at 2000g for 1 minute to complete phase separation. The organic layer from 260 each extraction was combined into a new 13x100 mm borosilicate glass tube. Extracted lipids 261 were brought to dryness and resuspend in 300µL 2,2,4-Trimethylpentane (isooctane). For the 262 non-esterified fatty acid (NEFA) fraction, 100µL of resuspended total lipids was transferred to a 263 new borosilicate glass tube, mixed with (25 ng) blended stable isotope internal standard, taken 264 to dryness under gaseous  $N_2$ , and resuspended in 25µL of 1% pentafluorobenzyl bromide in 265 acetonitrile (vol/vol), to which 25µL of 1% diisopropylethylamine in acetonitrile (vol/vol) was 266 added, and samples were incubated at room temperature for 30 minutes. Pentafluorobenzyl-267 fatty acid derivatives were taken to dryness under gaseous  $N_2$  and resuspended in 100µL 268 hexane for injection into the GC/MS. For the total fatty acid fraction (TFA), 50µL of the original

269 300µL total lipid extract was transferred to a separate Teflon lined screw cap glass tube, mixed 270 with (66.7 ng) blended stable isotope internal standard, and taken to dryness under gaseous N<sub>2</sub>. 271 TFA samples were resuspended in 500µL of 100% ethanol, to which 500µL of 1M NaOH was 272 added to saponify the TFA fraction at 90°C for 30 minutes, followed by acidification using 550µL 273 of 1M HCI. Saponified samples were then extracted twice with 1.5mL of Hexanes, taken to 274 dryness under gaseous N<sub>2</sub>, and derivatized as above. Derivatized TFA samples were 275 resuspended in 267µL hexanes for injection into the GC/MS. For  $^{13}C_{16}$ -palmitate measurement 276 in tissues from tracer gavaged pups, the tissues were homogenized in a bead mill (Fisher 277 Scientific) in 2mL bead mill tubes in 1mL of 66% methanol (in pH 6.8 KPhos buffer). The 278 homogenates were transferred to 13x100mm borosilicate glass tubes and 40µL of prewashed 279 HCI was added mixed briefly. Lipids were extracted as above and reconstituted in 300µL 280 Isooctane. 50µL of resuspended total lipids was transferred to a new Teflon lined screw cap glass tube, mixed with (66.7 ng)  $^{2}D_{31}$ -palmitate internal standard and taken to dryness under 281 282 gaseous N<sub>2</sub>. Samples were saponified, extracted, and derivatized as above. Derivatized 283 samples were resuspended in 267µL hexanes for injection. For the NEFA, TFA and tracer 284 fractions, 1µL of pentafluorobenzyl-fatty acid derivatives was injected and data were collected 285 on the GC-MS (8890 GC, 5977B MSD, Agilent) DB-1MS UI column (122-0112UI, Agilent) with 286 the following run program: 80°C hold for 3 minutes, 30°C/minute ramp to 125°C, no hold, 25°C 287 ramp to 320°C and hold for 2 minutes. The flow rate for the methane carrier gas was set at 288 1.5mL/minute. Data were acquired in full scan negative chemical ionization mode to identify 289 fatty acids of acyl chain length from 8 to 22 carbons. Peak areas of the analyte or standard were 290 measured, and the ratio of the area from the analyte-derived ion to that from the internal standard was calculated<sup>52</sup>. <sup>13</sup>C<sub>16</sub>-palmitate was analyzed relative to the quantitative <sup>2</sup>D<sub>31</sub>-291 292 palmitate internal standard<sup>53</sup>.

293 **Proteomics.** ASCs were isolated from control and n6-FA pups and plated in 6-well plates,

followed by differentiation into beige adipocytes, with or without 1-DSO exposure flanking beige

induction in the n6-FA ASCs. After differentiation, cells were washed twice with PBS and lysed

in 100ml RIPA buffer per well and used for proteomics.

Sample processing for proteomics: A GeLC approach was used, in which each sample was run approximately four cm into an SDS-Page gel, fixed, and stained with Coomassie blue. Each lane of the gel was cut top to bottom as a series of seven broad molecular weight fractions. ach fraction was chopped into smaller pieces, washed, reduced with DTT, alkylated with iodoacetamide, and digested with 1µg trypsin overnight at room temperature. Peptides were extracted from the gel in 50% acetonitrile, the extracts taken to dryness by Speedvac, and reconstituted in 200µL 1% acetic acid for analysis.

## 304 LC-MS for proteomics:

305 We used a ThermoScientific QEx Plus instrument interfaced to an Ultimate 3000 nanoflow

306 HPLC system with 75um x 20xm C18 (Phenomenex Aeris XB-18 3.6um beads) capillary

307 columns packed in CoAnn tips. 10uL samples are injected and loaded on the column at

308 1.5uL/min for 8minutes. Peptides are eluted with a linear gradient of acetonitrile in water with

309 0.1% formic acid from 1% to 50% in 60min at a flow rate of 150nL/min.

Data dependent acquisition (DDA)- The DDA experiments used a top 20 strategy where one
full scan MS spectrum was acquired followed by 20 CID spectra. The full scan mass spectra
were acquired with an m/z resolution of 70,000 and CID spectra with an m/z resolution of
17,500. Ion source settings included a spray voltage of 2.2 kV, ion transfer tube temperature of
300° C, and positive ions mode.

315 DDA data are searched against the Uniprot proteome database from Embl. Mascot matches 316 each CID spectrum to a peptide sequence in the database, considering the digestion with 317 trypsin, cysteine alkylation, and variable methionine oxidation. The identifications are ranked 318 based on a total score determined by the program based on the quality and number of peptide 319 matches. Only proteins with two or greater matching peptides are included in the results.

320 Enzyme linked immunosorbent assay (ELISA). ELISAs for high molecular weight (HMW) and

- total adiponectin (ALPCO, 47-ADPMS-E01), Acylation Stimulating Protein (ASP, MyBioSource,
- 322 MBS263213), Complement C3 (Abcam, ab157711), Insulin (Crystal Chem, 90080), Leptin
- 323 (R&D, DY498) and Retinol-Binding Protein 4 (RBP4, R&D, DY3476) were performed following
- 324 manufacturers' instructions. Pup serum was collected from trunk blood (pooled from two to three
- 325 pups per group) and diluted 1:8181, 1:200, 1:50000, 1:1, 1:1 and 1:2000 for HMW and total
- adiponectin, ASP, Complement C3, Insulin, Leptin and RBP4, respectively.
- **Statistical Analyses**. Results are presented as mean  $\Box \pm \Box$  SEM with *p* values less than 0.05 considered significantly different. Two-way ANOVA, repeated measures two-way ANOVA, oneway ANOVA, t-test, or multiple comparison t-test were performed for the analyses of differences between groups. Tukey post-hoc comparisons were done where appropriate using GraphPad Prism Software, Version 9.

## 332 DATA AVAILABILITY

Source data are provided with this paper. Source data for Figures 4L and 5H are included with
this paper as source data file 1. Source data for Table 1 is included in this paper as Source data
file 2. No publicly available data sets were generated or analyzed for this study.

336

## 338 RESULTS

339 Omega-6 FA accelerates fat accumulation and reduces lipid acid oxidation. Female mice 340 were randomized and provided either a control-FA diet based on soy oil or a safflower oil diet 341 rich in n6-FA at the time of mating (Fig 1A). All dams went through normal gestation and parturition, and litters were standardized to 7-8 pups per dam. All mating pairs, dams, and litters 342 343 were housed in a temperature-controlled satellite facility maintained at 25°C. Gas 344 Chromatography-Mass Spectrometry (GC-MS) analysis of plasma confirmed that n6-FA 345 exposed litters (i.e., offspring of dams consuming diet rich in n6-FA) had significantly higher 346 circulating levels of n6-FA, including arachidonic acid (20:4 n6), adrenic acid (22:4 n6), 347 alongside reduced n3 fatty acids, including linolenic acid (18:3 n3), eicosatrienoic acid (20:3 n3), 348 eicosapentaenoic acid (EPA 20:5 n3), docosapentaenoic acid(20:5 n6), and docosahexaenoic 349 acid (DHA 22:6 n3; Table 1, Source Data File 2). 350 On PND12, body composition analysis by quantitative magnetic resonance (qMR) was 351 assessed prior to pup sacrifice. Litters in the n6-FA exposure group had approximately 9% more 352 body fat (p=0.029, n=15 litters/group) and a significantly greater fat-to-lean mass ratio 353 (p=0.0322) than control-FA exposed pups, while no differences were observed in overall total 354 body weight or lean mass (Fig 1B). Using indirect calorimetry with the environmental cabinet 355 maintained at 25°C, PND12 litters in the n6-FA group had a significantly higher respiratory 356 exchange ratio (RER, VCO<sub>2</sub>/VO<sub>2</sub>; p<0.0001, n=7-9 litters/group) compared to control-FA litters, 357 both before and after suckling (Fig 1C). FAO calculated using the VO<sub>2</sub> and VCO<sub>2</sub> data in the 358 post feeding window indicate reduced lipid oxidation in n6-FA litters (Fig 1D). A separate cohort of n6-FA and control-FA litters were administered <sup>13</sup>C<sub>16</sub>-palmitate (100) 359 360 mg/kg body weight) by gavage, placed into calorimetry cages, and whole-body FAO was used 361 to quantify <sup>13</sup>CO<sub>2</sub> emission by stable isotope gas exchange. The n6-FA exposed pups had 362 significantly lower <sup>13</sup>CO<sub>2</sub> vpdb emission, indicating diminished whole-body FAO (Fig 1E,

363 *p*<0.001, n=4 litters/group). No differences were observed in blood glucose, triacylglycerides, or

insulin concentrations between groups, and  ${}^{13}C_{16}$ -palmitate uptake, quantified by GC/MS, into

inguinal SAT, brown adipose tissue (BAT), liver, and muscle was equivalent (Suppl Fig 1A, B).

### 366 **Omega-6 FA pups have less beige fat and reduced UCP1 levels.**

367 We investigated the cellular morphology of inguinal SAT using H&E-stained sections.

368 Consistent with our previous findings<sup>36</sup>, n6-FA adipocytes were significantly larger than those

from control pups (Fig 1F, *p*<0.05, n=6). Total TAG accumulation in the dissected inguinal SAT

depot was significantly increased (*p*=0.021, n=3), consistent with the larger unilocular

adipocytes and 9% increased body fat in the n6-FA pups (Fig 1G). No significant changes were

372 observed in serum levels of key adipokines such as high molecular weight and total adiponectin,

373 leptin, and retinol-binding protein 4 (RBP4) (Suppl Fig 1C).

374 Immunofluorescence for Perilipin1 (PLIN1), a coat protein for cytoplasmic lipid droplets 375 within adipocytes, suggested that multilocular beige adipose tissue (BeAT) in inguinal SAT of 376 n6-FA exposed pups was reduced (Fig 1H). Portions of adipose tissue having multilocular BeAT 377 adipocyte regions, assessed by PLIN1 morphological inspection, were selected to quantify 378 mitochondrial uncoupling protein 1 (UCP1), a marker of nutrient-oxidizing BeAT (Fig 2A). The 379 distribution of UCP1 high staining overlapped with multilocular septa of beige adipocytes in 380 inguinal SAT. Levels of UCP1 in multilocular adipocytes were significantly decreased within 381 BeAT septa (p=0.0008, n=9/condition) in n6-SA SAT, followed by a trend of decreased UCP1 in 382 the whole section (p=0.052), in the n6-FA sections. We confirmed the significant UCP1 383 decrease by immunoblotting, using the contralateral inguinal SAT from n6-FA and control-FA 384 pups (Fig 2B, p=0.027, n=3/group). The ratio of mitochondrial superoxide dismutase 1 (SOD2) 385 to mitochondrial import receptor subunit TOM20 in adipocytes is an indicator of mitochondrial dysfunction in obesity<sup>54</sup>. By PND12, inquinal SAT of n6-FA exposed pups had a significant 386 387 increase in the SOD2/TOM20 ratio (Fig 2C, p=0.047, n=6/group), despite equivalent 388 mitochondria amounts based on total TOM20 levels.

## 389 Isolated adipocytes of n6-FA SAT have diminished BeAT regulators.

390 We collected mature adjocytes from SVF preparations to assess protein levels and gene 391 expression. The principal regulators of the nutrient-oxidizing adjpocyte gene expression 392 program, PPARy and PPARy coactivator 1 alpha (PGC1a)<sup>55</sup>, were significantly decreased at the 393 protein level in isolated adipocytes of the n6-FA exposed pups (Fig 2D, p=0.018 and 0.0007, 394 respectively, n=4 individual litters/group). Moreover, critical transporters necessary for 395 mitochondrial FAO, carnitine palmitoyl transferase 1A (CPT1A) and CPT1C, were also 396 significantly decreased (p=0.002 and 0.013, respectively). Interestingly, the lower band for 397 cytoplasmic lipid droplet protein PLIN1, which coordinates lipase access to the TAG droplet, 398 was sharply increased in isolated adipocytes from n6-FA exposed pups (p=0.0007). The 399 expression of genes necessary for nutrient-oxidation in beige adipocytes, Pgc1 $\alpha$ , Ucp1, and 400 Cell Death Inducing DFFA Like Effector A (Cidea), was notably decreased (p<0.05), while 401 mRNA levels for PPARy did not differ in isolated adipocytes from n6-rich pups (Fig 2E). Similar 402 gene expression differences were observed in the whole inguinal adipose tissue (Suppl Fig 1D). 403 Given these findings, we investigated whether in vivo n6-FA exposure alters the differentiation 404 potential of ASCs by impacting the adipogenic regulators of BeAT.

## 405 **Omega-6 FA program ASCs with decreased nutrient-oxidation and increased lipogenesis.**

406 We isolated inguinal SAT ASCs for blood and endothelial lineage negative (CD45-, CD31-),

407 mesenchymal stem cell positive (CD29+, CD34+), and adipocyte precursor positive (Sca1+)

408 cells from n6-FA and control-FA exposed PND12 pups by fluorescence activated cell sorting

from stromal vascular fraction (SVF) preparations<sup>36</sup>. ASCs were plated, allowed to adhere, and

410 reach confluency, and then differentiated using standard adipogenic hormones, followed by six

- 411 days in adipocyte maintenance media (Fig 3A). Differentiated adipocytes were stained using
- 412 live-cell dyes for FAO (FAO blue), mitochondrial activity (TMRE), and triacylglyceride
- 413 accumulation (LipidSpot). ASCs from the n6-FA exposed inguinal SAT that were differentiated

414 in vitro had significantly decreased FAO staining and mitochondrial activity (p=0.028 and 0.022. 415 respectively), while overall lipid accumulation was not significantly changed (Fig 3B). Consistent 416 with observations in isolated inguinal SAT adipocytes (Fig 2D and E), following in vitro 417 differentiation of isolated ASCs, PPARy, PGC1a, UCP1, and CPT1A protein levels were 418 significantly decreased by in vivo n6-FA exposure (Fig 3C). Interestingly, no significant difference was observed for C/EBPa, which is needed for induction of PPARy<sup>56</sup>, and equivalent 419 420 levels of FABP4 indicated both n6-FA and control ASCs differentiated into adipocytes. Given the 421 sharp reduction in PPARy and PGC1a protein levels in the n6-rich *in vitro* differentiated 422 adipocytes, we measured gene expression for additional BeAT specific markers. In addition to 423 significantly decreased Ppary, Pgc1a, and Ucp1, we observed significantly lower expression of 424 Cidea, Prdm16, Cox8b, and Cox7a1, in n6-FA ASCs following differentiation (Fig 3D). In 425 contrast to the beige adipocyte program, the lipogenic markers, ATP-citrate lyase (Acly), Acetyl-426 CoA Carboxylase (Acc1), and Fatty Acid Synthase (Fasn) were significantly increased, as was 427 expression of Adiponectin (AdipoQ), while Srebp2, the key player for cholesterol biosynthesis tended to increased expression (Fig 3D). Together, these findings suggest that in vivo n6-FA 428 429 exposure programs the adipogenic potential of ASCs for nutrient storage, due to the less robust 430 induction of beige adipocyte gene regulators.

### 431 ASCs programmed by n6-FA differentiate into less oxidative adipocytes.

Given the decreased FAO and mitochondrial activity measured by live cell stains, we investigated the cellular fuel preferences and oxidative capacities of ASCs isolated from inguinal SAT and differentiated *in vitro*. Adipocytes differentiated from n6-FA ASCs exhibited a marked reduction in FA fuel utilization when administered palmitate, as indicated by the energy map (Fig 4A, red arrow). A sizeable decrease in basal respiration, maximal respiration, ATP production coupled respiration, and spare respiratory capacity was observed in the *in vitro* differentiated adipocytes from n6-FA exposed ASCs, although non-mitochondrial respiration was same for 439 both groups (Fig 4B and C). Furthermore, when treated with mitochondrial FA transporter 440 inhibitor etomoxir, which is used to demonstrate mitochondrial FAO specificity, in vitro 441 differentiated adjocytes from n6-FA ASCs were less sensitive (Fig 4D, 20% compared to 55%), 442 suggesting less reliance on FA as mitochondrial fuel. A similar oxygen consumption rate (OCR) 443 profile occurred when glucose was the mitochondrial fuel substrate, with significant decreases 444 basal respiration, and maximal respiration and spare respiratory capacity in the n6-FA group 445 (Fig 4E and F). Addition of the pyruvate carrier inhibitor UK5099 indicated the n6-FA 446 differentiated adipocytes were less sensitive to inhibiting pyruvate entry into mitochondrial 447 oxidative phosphorylation (Fig 4G, 50% relative to 75%). No significant differences were 448 observed when glutamine was the mitochondrial fuel substrate (Fig 4H-J). While nutrient-449 oxidizing adipocytes are specialized to uptake and oxidize both glucose and fatty acid, nutrient-450 storing adipocytes divert carbon away from respiration into nutrient storage pathways.

## 451 Omega-6 FA ASCs have low NR2F2 levels, giving rise to adipocytes with reduced

## 452 mitochondrial ETC and FAO enzymes.

NR2F2 expression in metabolic tissues has been recognized since 2002<sup>42</sup>. Elegant work by 453 454 Wang et al. demonstrated that the high-affinity ligand of NR2F2 is an atypical sphingolipid, 1deoxysphingosine (1-DSO)<sup>37</sup>. We recently reported that NR2F2 is significantly decreased in 455 456 PND12 pup ASCs following postnatal n6-FA exposure, and that 1-DSO treatment of 457 undifferentiated immortalized ASCs increased beige adipocyte genes prior to differentiation<sup>36</sup>. 458 This finding indicated that activated NR2F2 might alter ASC differentiation to a nutrient-oxidative 459 differentiation trajectory. In isolated primary undifferentiated ASCs, NR2F2 protein was 460 significantly reduced in pups exposed to n6-FA, and following in vitro adipocyte differentiation, 461 NR2F2 levels declined equivalently (Fig 4K). In contrast to our previous finding, we 462 differentiated ASCs isolated from control and n6-FA litters into adipocytes for proteomics 463 analyses. Using the significant differentially expressed proteins (DEP), pathway enrichment

analysis identified decreased enzymes for lipid metabolism (LPL, PLIN1, ABHD5, SLC27A1),
fatty acid oxidation (ACADS, ACSL1, SLC25A20), mitochondrial electron transport chain, and
oxidative phosphorylation (ATP5F1A, UQCRC1. COX6C, ATP5MG), glucose metabolism
(Mitochondrial Pyruvate Carrier1/2), and cholesterol biosynthesis in n6-FA adipocytes (Fig 4L,
Source data file 1). Too few proteins were upregulated to return enriched pathways with an
adjusted p-value less than 0.05 (Fig 4M).

#### 470 Transient NR2F2 activation before differentiation enhanced FAO after differentiation.

471 Given that NR2F2 protein levels decline following in vitro differentiation, we reasoned that ligand

472 activation of NR2F2 prior to differentiation would confer its function. We treated immortalized

473 ASCs transiently with a 1-DSO pulse (300nM) flanking adipocyte differentiation induction,

474 followed by maintenance media without 1-DSO for six days (Fig 5A). Activating NR2F2 in

475 immortalized ASCs with transient 1-DSO enhanced the energetic profile and significantly

476 increased basal, maximal OCR, and spare respiratory capacity compared to untreated controls

477 (Fig 5B, C). Importantly, transient NR2F2 activation before adipocyte differentiation led to

478 increased beige adipocyte regulators PPARγ, PGC1α and CPT1A after differentiation (Fig 5D).

479 Using primary ASC isolated from n6-FA exposed pups, transient 1-DSO activation of NR2F2 (as

in 5A) significantly restored the energetic profile, basal, and maximal FAO and spare respiratory

481 capacity following *in vitro* differentiation into adipocytes (Fig 5E-G). In addition to enhancing

482 FAO and regulators of beige adipogenesis, transient activation of NR2F2 led to persistent

483 protein increases after differentiation for enzymes of mitochondrial ETC, oxidative

484 phosphorylation, sphingolipid metabolism, ATP5 family of ATP synthases, and the NDUF family

485 of mitochondrial Complex I components (Fig 5H, Source data file 1, proteomics, n=3,

486 *pAdj*<0.05). Proteins that were significantly downregulated in response to the transient

487 activation of NR2F2 in n6-FA ASCs included modulators of glucose metabolism, the TCA cycle,

488 and lipid metabolism, including the de novo lipogenic enzymes ACLY, ACACA, ACACB, and

FASN (Fig 5I). Together, these findings indicate lasting changes to cellular metabolism resulting
from transient NR2F2 activation prior to differentiation in the n6-FA ASCs, ultimately leading to
broad changes in the mitochondrial enzymes and function.

#### 492 NR2F2 ablation before differentiation phenocopies the n6-FA nutrient storing adipocytes.

493 Rescue of the diminished FAO in n6-FA exposed pup ASCs by transient NR2F2 ligand 494 activation suggests that NR2F2 operates upstream of, or parallel to, the beige differentiation 495 program during adipogenesis. To test the loss of NR2F2 function and specificity of 1-DSO activation, we isolated ASCs from PND12 inguinal SAT (as above) using NR2F2<sup>*i*//</sup> litters from 496 497 the control-FA condition and deleted NR2F2 *in vitro* using Adeno-Cre (ΔNR2F2 ASCs) (Fig 6A). 498 These ASCs grew and developed as wildtype ASCs under the *in vivo* control-FA exposure that 499 produces BeAT, robust induction of BeAT regulators, and high levels of mitochondrial 500 metabolism (Figures 2-4). After viral recovery and one passage of the ASCs, they were 501 differentiated into adipocytes (as above), and differentiation potential, protein levels, and cellular 502 metabolism were assessed. NR2F2 loss in ASCs resulted in significantly reduced FAO and 503 mitochondrial activity by FAOBlue and TMRE live cell staining, while lipid droplet accumulation 504 in adjpocytes remained unchanged (Fig 6B). Importantly, immunoblotting confirmed that NR2F2 505 was efficiently deleted following Adeno-Cre transduction in ASCs, and following differentiation, 506 that induction of BeAT regulator proteins, PGC1 $\alpha$  and PPAR $\gamma$ , were reduced similarly to the n6-507 FA exposed inguinal ASCs (Fig 6C). In vitro deletion of NR2F2 also resulted in reduction of 508 gene expression for Ppary, Pgc1a, Cidea, Prdm16, Ucp1, and beige adipogenic regulator Ebf2 509 (Fig 6D). Deletion of NR2F2 prior to differentiation significantly reduced the OCR using 510 palmitate as the fuel substrate, and transient treatment with 1-DSO failed to restore FAO (Fig 511 6E,F). These findings demonstrate the specificity of 1-DSO in activating NR2F2 in ASCs and 512 support that NR2F2 is needed for FAO in the n6-FA adipocytes (Fig 5E-F).

513 We evaluated the activation status of the Wnt-CTNNb1 pathway using ASCs from the n6-FA 514 and control-FA exposed pups for the known Wnt-Ctnnb1 responsive gene Axin2<sup>57</sup>. 515 In undifferentiated ASCs, Axin2 gene expression was significantly decreased, indicating that 516 Wnt-CTNNb1 pathway was less active in n6-FA ASCs compared to the ASCs isolated from the 517 control-FA pups. Continuous stimulation of the WNT/CTNNb1 signaling pathway in the 3T3L1 preadipocyte cell line led to chronic overexpression of NR2F2<sup>38</sup>. In alignment with the NR2F2 518 519 protein levels (Fig 4K), gene expression level of Nr2f2 was significantly decreased in the n6-FA 520 ASCs, and mRNA for the SptIc2 enzyme responsible for synthesizing 1-DSO was not 521 significantly different (Fig 7A). Importantly, in n6-FA ASCs administered a selective CTNNb1 522 stabilizer to mimic WNT signal transduction activation of CTNNb1, the expression of Nr2f2, 523 SptIc2, and Axin2 were induced in ASCs isolated from the n6-FA exposed pups. Taken 524 together, this indicates that CTNNb1 activation in primary ASCs induces Nr2f2 in the n6-FA 525 exposed ASCs, linking WNT-CTNNb1 signal transduction to NR2F2 induction in primary ASCs. 526

#### 527 **DISCUSSION**

528 Lipids transmitted from mother to infant provide energy dense nutrients, structural components, and potent signaling molecules for adipogenesis<sup>58</sup>. Over the first six months, infants significantly 529 530 increase their body fat<sup>59</sup>. Early-life body fat accumulation serves dual roles, nutrient storage and 531 oxidation, the latter of which is needed to defend core body temperature and supply energy needed for growth<sup>60,61</sup>. Both n6- and n3-FA are essential early in life for brain and eye 532 533 development, but they also shape the development of the fat depots, possibly setting the stage 534 for future obesity risk<sup>62,63</sup>. We investigated whole body and cellular energetics of PND12 pups 535 using a model of excessive perinatal n6-FA exposure, at a point in life when metabolically active 536 BeAT is highly abundant<sup>64</sup>. Litters exposed pre- and postnatally to a disproportionately high 537 n6/n3 FA ratio during adipose development had a higher RER, reduced lipid oxidation

538 calculated by the equation  $1.70 \times VO_2 - 1.69 \times VCO_2$ , and diminished whole-body FAO by 539 tracing <sup>13</sup>C-palmitate oxidation at 26°C (Fig 1C-E). The diminished FAO in litters occurred in the 540 face of equivalent palmitate levels present in both milk from dams (i.e., FA intake) and in 541 circulating plasma of the pups (Table1), suggesting that n6-FA exposed litters had sufficient palmitate to oxidize but did not utilize it as a preferred fuel source. Analysis of the <sup>13</sup>C-palmitate 542 543 uptake indicated no differences for metabolic tissues, including BAT, liver, inguinal SAT, and 544 muscle (Supp Fig 1B). Together, these findings suggest that the high n6-FA exposure changed 545 the fuel utilization preference away from lipid oxidation, because the capacity to oxidize lipid as 546 a fuel source was blunted by exposure to high levels of n6-FA in vivo. A shift away from lipid 547 fuel preference is consistent with the metabolic programming we previously reported in the adult 548 setting, where pups exposed to a high n6/n3 FA ratio during the perinatal window, had 549 significantly higher RER and predisposition for adipose accumulation in adulthood<sup>30</sup>.

550 This metabolic phenotype characterized by diminished whole-body FAO is, at least in 551 part, due to a defective metabolism within the SAT, given that n6-FA exposed SAT had a white 552 adipocyte morphology, size distribution, and 40% increase in stored triacylglycerides (Fig 1F-H). 553 The SAT morphology and lower whole-body FAO is consistent with the n6-FA pups having less overall BeAT in vivo. The molecular signature of isolated adipocytes from PND12 n6-FA 554 555 exposed pups supports this observation, with less PGC1 $\alpha$ , PPARy, CPT1A, CPT1C, and UCP1, 556 which are key regulators of adipose mitochondrial FAO. PPARy is necessary for both beige and 557 white adipogenesis, and zinc finger protein 423 (ZFP423) is thought to act as a molecular "switch" between these two developmental programs<sup>65</sup>. In the beige program, EBF2 binds beige 558 559 gene promoters and recruits co-activators, which mediate decondensation of chromatin 560 structure and recruitment of PPARy, promoting expression of beige loci and therefore beige 561 adipogenesis. In the white program, ZFP423 binds to EBF2, recruiting the NuRD corepressor 562 complex to block EBF2-dependent chromatin decondensation and subsequent PPARy 563 recruitment, thereby promoting the nutrient storing white adipocyte program and not the nutrient

oxidizing beige one<sup>65</sup>. Conditional ablation of ZFP423 in inguinal white adipocytes increased 564 565 levels of Pgc1 $\alpha$ , Prdm16, and Ucp1 expression, leading to a beige adipocyte morphology in the presence of the potent PPARy agonist rosiglitazone<sup>65</sup>. Intriguingly, NR2F2 has recently been 566 567 shown in a chicken model of adipogenesis to repress expression of ZFP423 by binding to sites in the ZFP423 promoter, toggling to the beige adipocyte program<sup>66</sup>. In this study, we show that 568 569 NR2F2 levels are reduced in ASCs following perinatal exposure to high levels of n6-FA. 570 associating with a significant reduction of PGC1 $\alpha$ , UCP1, and PPARy *in vivo* (Fig 2), as well as 571 numerous beige genes (Fig 3) following *in vitro* differentiation. Taken together, our results 572 suggest a model for NR2F2 in which reduction of NR2F2 permits expression of ZFP423, which 573 in turn, blocks EBF2 function, promoting the white adipogenesis program. Consistent with our 574 current understanding of the beige and white adipogenesis is the loss of beige gene expression 575 and reciprocal induction of lipogenic genes, including Acly, Acc1, Fasn, and the principal 576 regulator of the cholesterol biosynthesis pathway, Srebf2 (Fig 3).

In alignment with the diminished whole-body FAO observed by <sup>13</sup>C-palmitate tracing 577 578 was the marked decrease in cellular FAO of in vitro differentiated ASCs isolated from the n6-FA 579 exposed pups (Fig 4). When provided palmitate as the fuel source, adjpocytes differentiated in 580 vitro had a 50% reduction in basal, maximal, and ATP-coupled respiration, with less sensitivity 581 to the mitochondrial FA uptake inhibitor etomoxir. Interestingly, when glucose was provided as 582 the cellular metabolic fuel substrate, both basal and maximal respiration rates were also 583 reduced, while minimal differences were observed with glutamine (Fig 4). Together, this finding 584 suggests a fundamental difference in the oxidative phosphorylation capacity of adjpocyte 585 mitochondria following a high n6-FA perinatal exposure. The pathway enrichment analyses of 586 the proteome from *in vitro* differentiated ASCs supports this notion, in that, downregulation of 587 OXPHOS and ETC proteins ATP5F1A, ATP5MG, ACOX, ACADS, COX6C, and UQCRC1 was 588 observed (Fig 4). This indicates a significant difference in the key enzymes responsible for 589 mitochondrial oxidation and energy production, which is a well-documented characteristic of

590 mitochondrial dysfunction of adipocytes in obesity<sup>67,68</sup>, which is established as early as PND12 591 in mice. The observations of impaired *in vitro* palmitate and glucose substrate oxidation, the loss 592 of beige adipocyte regulator levels (Fig 3), and 40% more triacylglyceride in the PND12 fat pad 593 (Fig 1), is consistent with adipogenic programming that is prone to store nutrients rather than 594 oxidize them.

595 We identified previously that NR2F2 was reduced in isolated inguinal fat pad ASCs from 596 n6-FA exposed pups, alongside an altered mitochondrial gene expression profile<sup>36</sup>. We extend 597 those findings to show that ligand activation of NR2F2 in ASCs leads to persistent formation of 598 nutrient oxidizing adjpocytes. NR2F2 is expressed during development and is critical for energy homeostasis and adipocyte biology<sup>39-43</sup>. As a nuclear receptor type 2 family member, NR2F2 599 600 can bind DNA directly, as well as dimerize with other nuclear receptors to either activate or repress transcription, depending on the cellular context<sup>69</sup>. While NR2F2 is known as a metabolic 601 602 regulator, defining the mechanisms of NR2F2 function *in vivo* has remained a challenge. There is conflicting evidence of NR2F2 function during adipogenesis<sup>39-44</sup>. Genomic loss of Nr2f2 is 603 embryonic lethal in mice<sup>70</sup>, and the genomic heterozygous mice are viable but smaller in size 604 than WT littermates<sup>71</sup>, have more skeletal muscle, less white AT, and greater bone 605 formation<sup>39,40</sup>. Paradoxically, the genomic Nr2f2 heterozygous adult mice had greater energy 606 607 expenditure, glucose clearance, and resistance to diet-induced obesity, thought to be due to the imbalance of metabolic tissues <sup>39,40,42,69,71</sup>. 608

609 Metabolically active adipocytes are established by known regulatory factors, most 610 prominently PPARy, PGC1 $\alpha$ , and PRDM16, which cooperate to implement mitochondrial gene 611 expression as part of the beige adipocyte metabolic program<sup>55,72</sup>. Here, the perinatal n6-FA 612 exposure led to isolated ASCs with significantly lower NR2F2 protein levels (Fig 4K). We found 613 that transient NR2F2 activation in ASCs led to persistent increases of metabolic activators 614 PPARy, PGC1 $\alpha$ , and CPT1A, along with partially restoring the diminished FAO capacity due to 615 perinatal n6-FA programming (Fig 5). Although NR2F2 activation with 1-DSO was transient, the

616 whole cell proteome revealed installation of lasting increases in mitochondrial complex I,

617 oxidative phosphorylation, and electron transport chain components (Fig5 H, I).

618 The increase in mitochondrial complex components supporting FAO corresponded to 619 decreases in proteins for glycolysis, TCA cycle, *de novo* fatty acid synthesis, and curiously, 620 some enzymes for FAO and fatty acid transport. In other words, NR2F2 activation increased 621 levels of some enzymes responsible for FAO, while simultaneously decreasing enzymes 622 involved in the same process. Perhaps this dual effect resulted in adjpocyte mitochondria with 623 an increased ability to handle fatty acids nearly as effectively as adipocytes differentiated from 624 control ASCs. Importantly, 1-DSO treatment is specific to NR2F2 activation in ASCs, because 625 transient treatment failed to boost FAO following in vitro ablation of NR2F2 (Fig 6). Instead, ASCs isolated from NR2F2<sup>t/f</sup> pups, which developed normally as wildtype ASCs under the 626 627 control-FA perinatal exposure, accumulated lipid droplets equivalently to AdCon-transduced 628 control ASCs, but lacked robust induction of Ppary, Pgc1a, Cidea, Prdm16, and Ucp1 beige 629 genes when NR2F2 was knocked down. Altogether, ASC-specific decreases of NR2F2 that 630 occur during perinatal n6-FA exposure coincided with diminished FAO, which could be partially 631 restored by activating NR2F2 with ligand 1-DSO in the undifferentiated state.

632 It remains unclear what regulates the levels of NR2F2 mRNA and protein in ASCs from 633 our model of perinatal FA exposures. In the 3T3-L1 preadipocyte cell line, chronic WNT3a-634 stimulated activation of CTNNb1 in undifferentiated cells and throughout 10-days of adipocyte 635 differentiation, induced and sustained NR2F2 levels in adipocytes, suppressing adipogenesis via modifications of chromatin architecture<sup>38</sup>. Because NR2F2 normally decreases during 636 637 adipocyte differentiation (Fig4K), sustaining its levels throughout differentiation may have 638 influenced those findings. Despite the evidence that CTNNb1 activation opposes adipogenesis, 639 key effectors of WNT signaling (CTNNb1 and TCF7L2) are expressed in mature adipocytes, 640 and disrupting them leads to adipocyte hypertrophy, inflammation, glucose intolerance, and insulin resistance<sup>73-75</sup>. Recent findings highlight the potential of "WNT positive ASCs" in 641

642 promoting beige adjocyte formation and recruitment, and when transplanted, WNT positive ASCs enhanced glucose metabolism in recipients<sup>76</sup>. We previously reported that ASCs from n6-643 FA pups expressed an mRNA signature consistent with inhibited CTNNb1, including 644 645 downregulated Wingless-type MMTV integration site 6 and 9a (Wnt6 and Wnt9a), its receptor Frizzled 1 (Fzd1), and signal transducer Akt1, which have been shown to activate CTNNb1<sup>76</sup>. 646 647 Conversely, n6-FA exposed ASCs had upregulated secreted Frizzled Related Protein 2 and 4 648 (Sfrp2 and Sfrp4), which have been shown to antagonize the WNT/CTNNb1 signaling 649 pathwav<sup>77</sup>.

650 Interestingly, n3-FA supplementation has been shown to increase Wnt/CTNNb1 levels 651 and signaling *in vitro* and in animal models. For example, pregnant female rats that were 652 induced to have preeclampsia had increased Wnt and b-catenin protein levels in their brain 653 tissue when they were supplemented with n3-FA using both eicosapentaenoic and docosahexaenoic acids blended at 4:1<sup>78</sup>. In another study, supplementation of docosahexaenoic 654 655 acid in doses above 10mM increased WNT/CTNNb1 signaling in human iPSC-derived neuronal progenitor cells *in vitro* in the presence of Wnt ligand (Wnt3a)<sup>79</sup>. In our study, ASCs from n6-FA 656 657 exposed pups had significantly downregulated Axin2, a known CTNNb1 target gene. Stimulation 658 of n6-FA ASCs with a selective CTNNb1 stabilizer significantly increased Axin2, which 659 coincided with induced gene expression of Nr2f2 and SptIc2, an enzyme responsible for 660 synthesizing 1-DSO<sup>37</sup>, the endogenous ligand for NR2F2 (Fig 7A). Upregulation of Nr2f2 mRNA 661 following CTNNb1 activation in the n6-FA primary ASCs is consistent with NR2F2 being 662 downstream of WNT/CTNNb1 gene regulation. 663 Cumulatively, our findings support a model in which ASCs exposed to a high n6- relative 664 to n3-FA ratio tapers WNT mediated activation of CTNNb1, leading to reduced induction of 665 NR2F2 and less robust expression of beige regulators PPARy, PGC1 $\alpha$ , Cidea, Prdm16, and 666 Ucp1. These ASCs, when differentiated, give rise to mature adipocytes with diminished electron 667 transport chain and oxidative phosphorylation protein components, blunted nutrient oxidation,

while retaining enhanced triacylglyceride accumulation (Fig 7B). Our findings suggest that, from
as early as PND12 in mice, inguinal SAT may be programmed for nutrient storing white
adipocytes, potentially leading to an obesity-prone phenotype that persists into adulthood,
possibly via epigenetic regulation<sup>30</sup>.

### 672 LIMITATIONS AND FUTURE RESEARCH

673 This study differed from our previous studies of early-life FA exposures and SAT development 674 <sup>30,36</sup>, in that maternal dietary FA composition was based on extremely n6-FA rich safflower oil. 675 Although dams and sires were provided the safflower oil diet at the time of pairing, thereby 676 confining the FA exposure within the perinatal setting, we cannot exclude the possibility of germline effects<sup>80</sup>. Moreover, this dietary FA composition is not representative of the US 677 678 maternal dietary n6- relative to n3-FA ratio, which has escalated dramatically over the decades 679 due to an overload of n6-FA<sup>11</sup>, reaching an n6/n3 ratio between 20:1 and 40:1<sup>81</sup>. Because 680 dietary oil sources, such as corn, soybean, sunflower oils, are typically high in n6-FA, an 681 important issue will be to lower maternal consumption of n6-FA containing sources while increasing dietary sources containing n3-FA, such as flax and fish oils<sup>62</sup>. The current study did 682 683 not investigate the classes of signaling lipids, which are enzymatic products of both n6- and n3-684 FA. For example, our group recently identified 12,13-diHOME, an oxylipin derivative of linoleic acid (18:2 n6) that is inversely related to infant fat mass at 1-month of age<sup>82</sup>. Interestingly, 685 686 NR2F2 activating ligand 1-DSO was not detected in either the dam's milk or pup's plasma by 687 lipid mass spectrometry, suggesting that it is synthesized as an intracellular ligand or acts as a 688 localized paracrine signaling lipid. To that end, it would be important to evaluate the intracellular 689 signaling lipids, including the NR2F2 ligand 1-DSO, within ASCs isolated from n6-FA and 690 control-FA exposures, for differences in lipids influencing adipogenic potential. Critically, NR2F2 691 binds CTNNb1<sup>83</sup>, suggesting that direct CTNNb1-NR2F2 interaction may play a key role in 692 modulating how ASCs respond during adipogenesis early in life. Although we suggest that

693 NR2F2 acts upstream of the beige regulator genetic program, it is unclear whether NR2F2 is

694 upstream of, or acting in parallel to, these other important regulators. Future work will focus on

defining the sequential timing of NR2F2 action and any ASC-specific NR2F2 interacting proteins

696 that might differ between control and n6-FA perinatal exposures.

697

#### 698 CONCLUSION

699 Obesity, defined by excessive white adipose tissue accumulation, is a complex gene-nutrient-

700 lifestyle interaction disease, with roots in early-life development. The metabolic regulator NR2F2

701 plays a key role in establishing adipocytes with the capacity to oxidize nutrients, at least in the

mouse pup. While still somewhat controversial in humans, activating beige adipocytes in

rodents offsets metabolic dysfunction associated with diet-induced obesity. Understanding

704 mechanisms governing how metabolically active adipogenesis is established, especially in

response to dietary bioactive FA and their signaling lipid derivatives, could pave the way for

706 promising interventions that protect against childhood obesity.

707

## 708 ACKNOWLEDGEMENT

709 We would like to thank the Flow cytometry core at The University of Oklahoma health Sciences

center (OUHSC). We are also thankful to the Flow cytometry core at Oklahoma Medical

711 Research Foundation for assistance with Aurora Spectral Flow Cytometry (Grant number:

1S10OD028479-01). This work is supported by grants: R24GM137786 (IDeA National

713 Resource for Quantitative Proteomics) and P20GM103447 (Oklahoma INBRE) to MK, NIH (HL

156856, HL 137799) and AHA (TPA97002) to PRN, and Oklahoma Center for Adult Stem Cell

715 Research (OCASCR) and the Presbyterian Health Foundation Equipment Grant to MCR.

## 717 AUTHOR CONTRIBUTION

- 718 Conceptualization- MCR, SD. Methodology-SD, RV, GPM, AEM, JWF, MK. Investigation-
- 719 MCR, SD, RV, GPM. Data Curation- SD, RV, AEM, GPM, GKD, KH, MK, JWF. Formal
- 720 analysis- MCR, SD, RV, JWF, MK. Resources- MCR, PRN. Writing-Original Draft- SD, MCR,
- 721 GPM, RV. Writing-Review and Editing- MCR, GPM, RV, PRN. Visualization- MCR.
- 722 Supervision- MCR. Funding acquisition- MCR.
- 723
- 724 ETHICS DECLARATIONS
- 725 Competing Interests
- 726 The authors declare no competing interests.

### 727

- 728 INCLUSION AND DIVERSITY
- 729 One or more of the authors of this paper self-identifies as an underrepresented ethnic minority

30

- in their field of research.
- 731
- 732

## 749 Figure legends

# 750 Figure 1. High n6 exposure alters fat mass percentage, RER, and adipocyte cellularity. (A)

- Diagram of experimental design. (B) Body composition of control and high n6-FA exposed pups
- at Postnatal day 12 (PND12). Each data point is the mean mass, lean body mass, fat mass,
- ratio of fat to lean mass, or fat mass percentage of one litter of pups at PND12 (n=13-15 litters).
- (C) Indirect calorimetry of control and high n6-exposed litters. Dams were removed for the 2h
   pre- and 3h post-nursing periods to measure the Respiratory Exchange Ratio (VCO2/VO2:
- Scale 0.5-1.0) of pups in a litter. Data are presented as means  $\pm$  SEM (n=7-9). (D) Fatty acid
- oxidation (FAO) calculated using the equation  $(1.70 \times VO_2 1.69 \times VCO_2)$  (n=7-9). (E) Pups
- were administered  ${}^{13}C_{16}$ -palmitate (100 mg/kg body weight) and the litters placed into cages in
- an Indirect Calorimeter cabinet held at 25°C to quantify  ${}^{13}CO_2$  stable isotope gas exchange as a
- 760 measure of whole-body FAO (n=3 per group). (F) H&E staining of control and n6-FA exposed
- pup SAT (inguinal fat) and quantification of cellularity (n=7-8). Scale bar is 100  $\mu$ m. (G)
- 762 Quantification of SAT triglyceride (TAG) levels (n=5). (H) Immunofluorescence staining of
- SAT sections from independent litters per control/n6-FA group). The scale bar is 100 µm. Data
- are expressed as mean  $\pm$  SEM, statistical significance is denoted by \*p < 0.05, \*\*p < 0.01, \*\*\*p <
- 766 0.001, \*\*\*\*p < 0.0001 by t-test.

# 767 Figure 2. Expression of beige adipocyte proteins in SAT and adipocytes. (A)

768 Immunofluorescence staining of inguinal SAT from PND12 mice with anti-UCP1 (red) and anti-

- 769 PLIN1 (green) antibodies. Nuclei (blue) were stained with DAPI. Morphologically defined white
- and beige regions were quantified separately for UCP1 staining, which was significantly
- decreased in n6-FA group (n=8-11 neonatal SAT section from independent litters per control/n6
- group). (B, C) Analysis of UCP1, SOD2, and TOM20 in inguinal fat pads through Western
- blotting. CypA was used as the reference protein to normalize loading (n=3-6 neonatal SAT
   tissue from independent litters per control/n6-FA group). (D, E) Levels of key adjocyte proteins
- tissue from independent litters per control/n6-FA group). (D, E) Levels of key adipocyte proteins
   and mRNA were measured through Western blotting and gPCR in mature adipocytes isolated
- from inguinal fat from control and n6-FA pups. (n=3-4 pooled adipocytes from neonatal SAT
- tissue from independent litters per control/n6-FA group). Data are expressed as mean  $\pm$  SEM,
- statistical significance is denoted by p < 0.05, p < 0.01, p < 0.001, p < 0.001, p < 0.001 by t-test.

# 779 Figure 3. High n6-FA exposure reduces expression of beige markers while upregulating

780 **lipogenic markers in adipocytes generated from them.** (A) Experimental design. (B)

781 Differentiated beige adipocytes were stained with LipidSpot (green; lipid droplets), TMRE (red;

- 782 mitochondria), and FAOBlue (blue; fatty acid oxidation). n=3 wells containing ASCs isolated
- 783 from inguinal SAT from independent litters per control/n6-FA group. Intensity of LipidSpot,
- TMRE, and FAOBlue staining was quantified using image J software (n=6. Two images per
- well). Scale bar 100  $\mu$ M. (C, D) Protein levels and mRNA expression in differentiated adipocytes
- were quantified through semiquantitative Western blots and qPCR (n=3 wells containing ASCs
- isolated from inguinal SAT from independent litters per control/n6-FA group). Data are
- expressed as mean  $\pm$  SEM, statistical significance is denoted by \*p < 0.05, \*\*p < 0.01, \*\*\*p <
- 789 0.001, \*\*\*\*p < 0.0001 by one-way ANOVA and Tukey's correction.
- 790

# 791 Figure 4. High n6-FA exposure in ASCs inhibits fatty acid oxidation in adipocytes. ASCs

were isolated from control and n6-FA exposed pups, plated, and differentiated to beige

- adipocytes, which were used for metabolic assays in Fig A-J (n=5-7 ASC pools from
- independent litters per control/n6-FA group). (A) Energy map of control and high n6-FA exposed
- adipocytes when palmitate was supplied as fuel. (B) Kinetic graphs for oxygen consumption rate
- (OCR) and extracellular acidification rate (ECAR). (C) OCR for basal, maximal, ATP production coupled respiration, and spare respiratory capacity in differentiated adipocytes. (D) Sensitivity to
- 798 Etomoxir during maximal respiration (E, F) Energy map, OCR for basal, maximal, ATP
- 799 production-coupled respiration, and spare respiratory capacity when glucose was supplied as
- fuel source. (G) Sensitivity to UK5099 during maximal respiration (H, I) Energy map, OCR for
- basal, maximal, ATP production-coupled respiration, and spare respiratory capacity when
- glutamine was supplied as fuel source. (J) Sensitivity to BPTES during maximal respiration (K)
   Analysis of NR2F2 protein levels in undifferentiated and differentiated beige adipocytes derived
- from flow-sorted ASCs from control and n6-FA pups through. (L, M) Proteomics data from
- 805 differentiated beige adipocytes derived from control and n6-FA primary ASCs, followed by
- pathway enrichment analyses. (n=3 wells containing differentiated ASCs isolated from inguinal
- 807 SAT from independent litters per control/n6-FA group for all the experiments: K-M). Data are
- expressed as mean  $\pm$  SEM, statistical significance is denoted by \*p < 0.05, \*\*p < 0.01, \*\*\*p <
- 809 0.001, \*\*\*\*p < 0.0001 by multiple comparison t-test for B, one-way ANOVA for F, I, K, and t-test
- 810 for the rest.

# 811 Figure 5. Transient NR2F2 activation in n6-FA ASCs improves fatty acid oxidation and

812 alters mitochondrial proteins in adipocytes. (A) Experimental design. Immortalized adipocyte

- 813 precursor cells (APCs) were differentiated to beige adipocytes ± a 4-day pulse treatment with 1-
- DSO in the early phase of differentiation, as shown in the schematic. Following differentiation,
- 815 cells were assayed for metabolic activity and protein abundance (n=3-7 wells containing
- immortalized ASCs for Con and 1-DSO; Fig A-D). (B, C) Energy map, basal, maximal
   respiration and spare respiratory capacity in control and 1-DSO treated beige adjocytes wher
- respiration and spare respiratory capacity in control and 1-DSO treated beige adipocytes when
   palmitate was used as the fuel source. (D) Treatment with NR2F2 ligand 1-DSO increased
- 819 expression of beige markers in beige adipocytes differentiated from APCs evaluated through
- 820 Western blotting. (E-G) OCR kinetic graph, energy map, basal, maximal respiration and spare
- respiratory capacity in beige differentiated ASCs (± 1-DSO during differentiation as in panel A)
- isolated from control and n6-FA pups, when palmitate was supplied as fuel source (n=5-11 wells
- 823 per group). (H, I) Proteomics data from beige differentiated ASCs (± 1-DSO during
- differentiation as in panel A) isolated from n6-FA pups, followed by pathway enrichment
- 825 analyses, showing important metabolic pathways were altered significantly between groups
- 826 (n=3 wells per group). Data are expressed as mean ± SEM, statistical significance is denoted by
- <sup>827</sup> \*p < 0.05, \*\*p < 0.01, \*\*\*\*p < 0.001, \*\*\*\*p < 0.001 by one-way ANOVA for C, G, multiple
- 828 comparison t-test for E and t-test for the rest.

# 829 Figure 6. Ablation of NR2F2 *in vitro* suppresses expression of beige proteins following

- 830 **differentiation.** (A) Diagram of experimental design. ASCs were isolated from Nr2f2<sup>f/f</sup> pups,
- 831 plated, treated with Adeno-Cre (AdCre) or control adenovirus (AdCon) to ablate NR2F2,
- 832 followed by differentiation into beige adipocytes. Following differentiation, cells were assayed for
- 833 adipogenic markers. (B) Differentiated adipocytes were stained with LipidSpot (green; lipid

droplets), TMRE (red; mitochondria), and FAOBlue (blue; fatty acid oxidation) and quantified in Image J (n=4 wells containing ASCs isolated from inguinal SAT from independent litters). (C, D) Protein and mRNA levels of NR2F2 and other key regulators were quantified in ASCs ± in vitro ablation of NR2F2 through Western blotting and gPCR (n=3 wells per group). (E, F) Basal, maximal respiration, and OCR (kinetic graph) of beige differentiated ASCs (n=6-8 wells per group). Data are expressed as mean  $\pm$  SEM, statistical significance is denoted by \*p < 0.05, \*\*p < 0.01 by t-test for B and one-way ANOVA for the rest. Figure 7. (A) mRNA expression of Nr2f2, Axin2, and SptIc2 in ASCs ± Wnt agonist 1(48h) quantified through qPCR (n=3 wells per group). (B) Model showing effects of excess n6-FA exposure on ASCs and how that affects adjpocyte metabolism. ASCs exposed to n6-FA ratio have a diminished WNT mediated activation of CTNNb1 gene signature, leading to poor induction of NR2F2 and lower expression of beige regulators PPARy, PGC1 $\alpha$ , Cidea, and Prdm16. These ASCs differentiate, give rise to mature adipocytes with diminished electron transport chain and oxidative phosphorylation protein components, blunted nutrient oxidation, while retaining an enhanced capacity for triacylglyceride accumulation. Data are expressed as mean  $\pm$  SEM, statistical significance is denoted by \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001, \*\*\*\*p < 0.0001 by one-way ANOVA. 

## 879 Table 1

	Mom Milk (pmoles/mg protein)						Pup Plasma (pmoles/ul)					
Fatty Acids	Con			n6		Co	6					
	Mean	SD	Mean	SD	p value	Mea n	SD	Mea n	SD	p value		
8:0	849	474	645	407	0.4272	298	94	932	550	0.0365		
10:0	23110	1081 6	26672	1768 0	0.6659	274	188	88	41	0.0605		
12:0	15825	7195	13706	6962	0.6020	470	231	326	111	0.2092		
14:0	14030	5274	13224	6902	0.8160	1111	317	725	224	0.0373		
16:0	22821	7801	20184	7905	0.5585	586	118	462	149	0.1435		
16:1 n-7	5352	1910	2867	1260	0.0250	377	81	184	105	0.0057		
18:0	3503	1262	2940	1198	0.4300	111	22	109	10	0.8985		
18:1	32363	1447 7	21442	1279 4	0.1827	2002	277	1552	615	0.1470		
18:2 n-6	6789	2103	12556	5713	0.0387	703	122	809	207	0.3111		
18:3 n-6	222	96	400	203	0.0697	29	6	37	15	0.2633		
18:3 n-3	2181	684	181	108	0.0007	205	65	87	78	0.0180		
20:1 n-6	2344	835	1411	597	0.0487	61	36	30	30	0.1390		
20:2 n-6	1850	591	2863	1125	0.0672	75	38	85	39	0.6484		
20:3 n-6	1037	381	1353	531	0.2391	104	22	104	33	0.9905		
20:4 n-6	858	336	1385	552	0.0609	520	84	670	117	0.0309		
20:3 n-3	230	70	12	5	0.0006	30	6	18	6	0.0048		
20:5 n-3	121	42	7	3	0.0011	45	8	17	18	0.0105		
22:4 n-6	319	129	547	221	0.0437	29	6	49	16	0.0269		
22:5 n-6	63	24	205	79	0.0026	56	8	115	41	0.0162		
22:3 n-3	5	1	0	0	0.0004	5	0	5	0	0.1645		
22:5 n-3	177	65	12	6	0.0015	42	6	21	16	0.0234		
22:6 n-3	180	59	40	19	0.0015	231	35	124	79	0.0200		
MCFA	53815	2251 9	54246	3143 0	0.9776	2153	692	2070	502	0.81		
SatFA	80138	2994 5	77370	3985 3	0.8891	2850	798	2642	630	0.62		
MUFA	40060	1698 2	25721	1447 8	0.1357	2453	312	1766	745	0.07		
PUFA	14032	4446	19561	8363	0.1623	2107	281	2142	449	0.87		
LC-PUFA	4839	1647	6424	2483	0.1987	1169	136	1209	229	0.72		
n-6 PUFA	11138	3598	19308	8235	0.0433	1542	202	1870	415	0.12		
n-3 PUFA	2894	895	252	140	0.0007	565	83	272	197	0.01		
n6/n3	3.84	0.44	81.15	14.55	0.0000	2.74	0.12	9.12	4.49	0.01		
AA/(EPA+DHA)	2.76	0.37	30.44	5.88	0.0000	1.87	0.10	6.23	3.08	0.01		
SatFA/MUFA	2.13	0.55	3.54	2.61	0.2075	1.16	0.24	1.62	0.45	0.05		
SatFA/(MUFA+PUF A)	1.54	0.33	1.85	1.12	0.5041	0.62	0.12	0.69	0.10	0.28		

18:1/18:0	8.96	2.28	7.11	2.30	0.1740	18.73	4.69	14.04	5.11	0.1292
16:1/16:0	0.23	0.02	0.15	0.05	0.0034	0.65	0.14	0.38	0.11	0.0043
20:4n-6/20:3n-6	0.82	0.05	1.02	0.10	0.0010	4.82	1.10	6.68	1.07	0.0137
18:3n-6/18:2n-6	0.03	0.01	0.03	0.01	0.8243	0.04	0.01	0.04	0.01	0.7065
Total FA	13423	4948	12265	5776	0.7045	7365	131	6550	171	0.3776
	0	9	1	1			0		0	

**Table 1:** GC-MS analyses of mother's milk and plasma from the pups for quantifying levels of omega-3 (n3) and omega-6 (n6) fatty acids (n=5-7).

## 888 **REFERENCES**

- Lister, N.B., Baur, L.A., Felix, J.F., Hill, A.J., Marcus, C., Reinehr, T., Summerbell, C., and Wabitsch, M. (2023). Child and adolescent obesity. Nat Rev Dis Primers *9*, 24.
   10.1038/s41572-023-00435-4.
- Ward, Z.J., Long, M.W., Resch, S.C., Giles, C.M., Cradock, A.L., and Gortmaker, S.L.
   (2017). Simulation of Growth Trajectories of Childhood Obesity into Adulthood. N Engl J
   Med 377, 2145-2153. 10.1056/NEJMoa1703860.
- 895 3. Heymsfield, S.B., and Wadden, T.A. (2017). Mechanisms, Pathophysiology, and 896 Management of Obesity. N Engl J Med 376, 1492. 10.1056/NEJMc1701944.
- 897 4. O'Connor, E.A., Evans, C.V., Burda, B.U., Walsh, E.S., Eder, M., and Lozano, P. (2017).
  898 Screening for Obesity and Intervention for Weight Management in Children and
  899 Adolescents: Evidence Report and Systematic Review for the US Preventive Services
  900 Task Force. JAMA *317*, 2427-2444. 10.1001/jama.2017.0332.
- 901 5. Rankin, J., Matthews, L., Cobley, S., Han, A., Sanders, R., Wiltshire, H.D., and Baker,
  902 J.S. (2016). Psychological consequences of childhood obesity: psychiatric comorbidity
  903 and prevention. Adolesc Health Med Ther 7, 125-146. 10.2147/AHMT.S101631.
- 9046.Widdowson, E.M., and McCance, R.A. (1975). A review: new thoughts on growth.905Pediatric research 9, 154-156. 10.1203/00006450-197503000-00010.
- 9067.Rasmussen, K.M. (2001). The "fetal origins" hypothesis: challenges and opportunities for<br/>maternal and child nutrition. Annu Rev Nutr 21, 73-95. 10.1146/annurev.nutr.21.1.73.
- Friedman, J.E. (2018). Developmental Programming of Obesity and Diabetes in Mouse, Monkey, and Man in 2018: Where Are We Headed? Diabetes 67, 2137-2151.
   10.2337/dbi17-0011.
- 9. Koletzko, B., Brands, B., Grote, V., Kirchberg, F.F., Prell, C., Rzehak, P., Uhl, O.,
  912 Weber, M., and Early Nutrition Programming, P. (2017). Long-Term Health Impact of
  913 Early Nutrition: The Power of Programming. Ann Nutr Metab *70*, 161-169.
  914 10.1159/000477781.
- 915 10. Wesolowski, S.R., El Kasmi, K.C., Jonscher, K.R., and Friedman, J.E. (2017).
  916 Developmental origins of NAFLD: a womb with a clue. Nature Reviews Gastroenterology
  917 & Hepatology *14*, 81-96. 10.1038/nrgastro.2016.160.
- 918 11. Muhlhausler, B.S., and Ailhaud, G.P. (2013). Omega-6 polyunsaturated fatty acids and
  919 the early origins of obesity. Curr Opin Endocrinol Diabetes Obes 20, 56-61.
  920 10.1097/MED.0b013e32835c1ba7.
- Massiera, F., Barbry, P., Guesnet, P., Joly, A., Luquet, S., Moreilhon-Brest, C., Mohsen-Kanson, T., Amri, E.Z., and Ailhaud, G. (2010). A Western-like fat diet is sufficient to
  induce a gradual enhancement in fat mass over generations. J Lipid Res *51*, 2352-2361.
  10.1194/jlr.M006866.
- Ailhaud, G., Guesnet, P., and Cunnane, S.C. (2008). An emerging risk factor for obesity:
  does disequilibrium of polyunsaturated fatty acid metabolism contribute to excessive
  adipose tissue development? Br J Nutr *100*, 461-470. 10.1017/S0007114508911569.
- Ailhaud, G., Massiera, F., Weill, P., Legrand, P., Alessandri, J.M., and Guesnet, P.
  (2006). Temporal changes in dietary fats: role of n-6 polyunsaturated fatty acids in excessive adipose tissue development and relationship to obesity. Prog Lipid Res 45, 203-236. 10.1016/j.plipres.2006.01.003.
- 932 15. Donahue, S.M., Rifas-Shiman, S.L., Gold, D.R., Jouni, Z.E., Gillman, M.W., and Oken,
  933 E. (2011). Prenatal fatty acid status and child adiposity at age 3 y: results from a US
  934 pregnancy cohort. Am J Clin Nutr *93*, 780-788. 10.3945/ajcn.110.005801.
- 935 16. Novak, E.M., and Innis, S.M. (2011). Impact of maternal dietary n-3 and n-6 fatty acids
  936 on milk medium-chain fatty acids and the implications for neonatal liver metabolism. Am
  937 J Physiol Endocrinol Metab *301*, E807-817. 10.1152/ajpendo.00225.2011.
  - 36

bioRxiv preprint doi: https://doi.org/10.1101/2024.09.09.611047; this version posted September 9, 2024. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY-NC-ND 4.0 International license.

938 17. Pedersen, L., Lauritzen, L., Brasholt, M., Buhl, T., and Bisgaard, H. (2012). 939 Polyunsaturated fatty acid content of mother's milk is associated with childhood body composition. Pediatr Res 72, 631-636. 10.1038/pr.2012.127. 940 Moon, R.J., Harvey, N.C., Robinson, S.M., Ntani, G., Davies, J.H., Inskip, H.M., Godfrey, 941 18. 942 K.M., Dennison, E.M., Calder, P.C., Cooper, C., and Group, S.W.S.S. (2013). Maternal 943 plasma polyunsaturated fatty acid status in late pregnancy is associated with offspring 944 body composition in childhood. J Clin Endocrinol Metab 98, 299-307. 10.1210/jc.2012-945 2482. 946 19. Young, B.E., Levek, C., Reynolds, R.M., Rudolph, M.C., MacLean, P., Hernandez, T.L., 947 Friedman, J.E., and Krebs, N.F. (2018). Bioactive components in human milk are 948 differentially associated with rates of lean and fat mass deposition in infants of mothers 949 with normal vs. elevated BMI. Pediatr Obes. 10.1111/ijpo.12394. 950 20. Rudolph, M.C., Young, B.E., Lemas, D.J., Palmer, C.E., Hernandez, T.L., Barbour, L.A., 951 Friedman, J.E., Krebs, N.F., and MacLean, P.S. (2016). Early infant adipose deposition 952 is positively associated with the n-6 to n-3 fatty acid ratio in human milk independent of 953 maternal BMI. Int J Obes (Lond). 10.1038/ijo.2016.211. 954 21. de Vries, P.S., Gielen, M., Rizopoulos, D., Rump, P., Godschalk, R., Hornstra, G., and 955 Zeegers, M.P. (2014). Association between polyunsaturated fatty acid concentrations in 956 maternal plasma phospholipids during pregnancy and offspring adiposity at age 7: the 957 MEFAB cohort. Prostaglandins Leukot Essent Fatty Acids 91, 81-85. 958 10.1016/i.plefa.2014.04.002. 959 Massiera, F., Saint-Marc, P., Seydoux, J., Murata, T., Kobayashi, T., Narumiya, S., 22. 960 Guesnet, P., Amri, E.Z., Negrel, R., and Ailhaud, G. (2003). Arachidonic acid and 961 prostacyclin signaling promote adipose tissue development: a human health concern? J 962 Lipid Res 44, 271-279. 10.1194/jlr.M200346-JLR200. 963 23. Korotkova, M., Gabrielsson, B., Lonn, M., Hanson, L.A., and Strandvik, B. (2002). Leptin 964 levels in rat offspring are modified by the ratio of linoleic to alpha-linolenic acid in the 965 maternal diet. J Lipid Res 43, 1743-1749. 966 Korotkova, M., Gabrielsson, B.G., Holmang, A., Larsson, B.M., Hanson, L.A., and 24. 967 Strandvik, B. (2005). Gender-related long-term effects in adult rats by perinatal dietary 968 ratio of n-6/n-3 fatty acids. Am J Physiol Regul Integr Comp Physiol 288, R575-579. 969 10.1152/ajpregu.00342.2004. 970 25. Rudolph, M.C., Young, B.E., Jackson, K.H., Krebs, N.F., Harris, W.S., and MacLean, 971 P.S. (2016). Human Milk Fatty Acid Composition: Comparison of Novel Dried Milk Spot 972 Versus Standard Liquid Extraction Methods. J Mammary Gland Biol Neoplasia. 973 10.1007/s10911-016-9365-4. 974 Kahn, C.R., Wang, G., and Lee, K.Y. (2019). Altered adipose tissue and adipocyte 26. 975 function in the pathogenesis of metabolic syndrome. J Clin Invest 129, 3990-4000. 976 10.1172/JCI129187. 977 Symonds, M.E., Pope, M., Sharkey, D., and Budge, H. (2012). Adipose tissue and fetal 27. 978 programming. Diabetologia 55, 1597-1606. 10.1007/s00125-012-2505-5. 979 28. Desoye, G., and Herrera, E. (2021). Adipose tissue development and lipid metabolism in 980 the human fetus: The 2020 perspective focusing on maternal diabetes and obesity. Prog 981 Lipid Res 81. ARTN 101082 982 10.1016/i.plipres.2020.101082. 983 Puche-Juarez, M., Toledano, J.M., Ochoa, J.J., Diaz-Castro, J., and Moreno-Fernandez, 29. 984 J. (2023). Influence of Adipose Tissue on Early Metabolic Programming: Conditioning 985 Factors and Early Screening. Diagnostics 13. ARTN 1510 986 10.3390/diagnostics13091510. 987 Rudolph, M.C., Jackman, M.R., Presby, D.M., Houck, J.A., Webb, P.G., Johnson, G.C., 30. 988 Soderborg, T.K., de la Houssaye, B.A., Yang, I.V., Friedman, J.E., and MacLean, P.S.

bioRxiv preprint doi: https://doi.org/10.1101/2024.09.09.611047; this version posted September 9, 2024. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY-NC-ND 4.0 International license.

989 (2018). Low Neonatal Plasma n-6/n-3 PUFA Ratios Regulate Offspring Adipog	ienic
990 Potential and Condition Adult Obesity Resistance. Diabetes 67, 651-661. 10.2	
991 0890.	
992 31. Berry, R., and Rodeheffer, M.S. (2013). Characterization of the adipocyte cellu	ılar
993 lineage in vivo. Nat Cell Biol <i>15</i> , 302-308. 10.1038/ncb2696.	
994 32. Berry, R., Jeffery, E., and Rodeheffer, M.S. (2014). Weighing in on adipocyte p	precursors.
995 Cell Metab <i>19</i> , 8-20. 10.1016/j.cmet.2013.10.003.	L'an an an d'a
<ul> <li>996 33. Church, C.D., Berry, R., and Rodeheffer, M.S. (2014). Isolation and study of a precursors. Methods Enzymol 537, 31-46. 10.1016/B978-0-12-411619-1.0000</li> </ul>	
997 precursors. Methods Enzymol <i>537</i> , 31-46. 10.1016/B978-0-12-411619-1.0000 998 34. Jeffery, E., Church, C.D., Holtrup, B., Colman, L., and Rodeheffer, M.S. (2015	
999 depot-specific activation of adipocyte precursor cells at the onset of obesity. N	
1000 17, 376-385. 10.1038/ncb3122.	
1001 35. Jeffery, E., Wing, A., Holtrup, B., Sebo, Z., Kaplan, J.L., Saavedra-Pena, R., C	hurch
1002 C.D., Colman, L., Berry, R., and Rodeheffer, M.S. (2016). The Adipose Tissue	
1003 Microenvironment Regulates Depot-Specific Adipogenesis in Obesity. Cell Me	
1004 142-150. 10.1016/j.cmet.2016.05.012.	
1005 36. Varshney, R., Das, S., Trahan, G.D., Farriester, J.W., Mullen, G.P., Kyere-Dav	/ies, G.,
1006 Presby, D.M., Houck, J.A., Webb, P.G., Dzieciatkowska, M., et al. (2023). Nec	natal
1007 intake of Omega-3 fatty acids enhances lipid oxidation in adipocyte precursors	
1008 26, 105750. 10.1016/j.isci.2022.105750.	
1009 37. Wang, T., Wang, Z., de Fabritus, L., Tao, J., Saied, E.M., Lee, H.J., Ramazan	
1010 Jackson, B., Burkhardt, D., Parker, M., et al. (2021). 1-deoxysphingolipids bind	
1011 COUP-TF to modulate lymphatic and cardiac cell development. Dev Cell 56, 3	128-3145
1012 e3115. 10.1016/j.devcel.2021.10.018.	<b>-</b>
1013 38. Okamura, M., Kudo, H., Wakabayashi, K., Tanaka, T., Nonaka, A., Uchida, A.,	
1014 S., Sakakibara, I., Naito, M., Osborne, T.F., et al. (2009). COUP-TFII acts dow	
1015of Wnt/beta-catenin signal to silence PPARgamma gene expression and representation1016adipogenesis. Proc Natl Acad Sci U S A 106, 5819-5824. 10.1073/pnas.09016	
1017 39. Xie, X., Qin, J., Lin, S.H., Tsai, S.Y., and Tsai, M.J. (2011). Nuclear receptor c	
1017 39. Ale, X., Gill, S., Lin, S.H., Tsal, S. F., and Tsal, M.J. (2017). Nuclear receptor c 1018 ovalbumin upstream promoter-transcription factor II (COUP-TFII) modulates	IIICKEII
1019 mesenchymal cell commitment and differentiation. Proc Natl Acad Sci U S A <i>1</i>	08
1020 14843-14848. 10.1073/pnas.1110236108.	00,
1021 40. Li, Li, Xie, X., Qin, J., Jeha, G.S., Saha, P.K., Yan, J., Haueter, C.M., Chan, L.	. Tsai.
1022 S.Y., and Tsai, M.J. (2009). The nuclear orphan receptor COUP-TFII plays an	
1023 role in adipogenesis, glucose homeostasis, and energy metabolism. Cell Meta	
1024 87. 10.1016/j.cmet.2008.12.002.	
1025 41. Jeong, B.C., Kang, I.H., Hwang, Y.C., Kim, S.H., and Koh, J.T. (2014). MicroR	NA-194
1026 reciprocally stimulates osteogenesis and inhibits adipogenesis via regulating C	OUP-TFII
1027 expression. Cell Death Dis <i>5</i> , e1532. 10.1038/cddis.2014.485.	
1028 42. Ashraf, U.M., Sanchez, E.R., and Kumarasamy, S. (2019). COUP-TFII revisite	
in metabolic gene regulation. Steroids <i>141</i> , 63-69. 10.1016/j.steroids.2018.11.	
1030 43. Scholtes, C., and Giguere, V. (2022). Transcriptional control of energy metabol	lism by
1031 nuclear receptors. Nat Rev Mol Cell Biol. 10.1038/s41580-022-00486-7.	
<ul> <li>1032 44. Zhang, P., Bennoun, M., Gogard, C., Bossard, P., Leclerc, I., Kahn, A., and Va</li> <li>1033 Cognet, M. (2002). Expression of COUP-TFII in metabolic tissues during deve</li> </ul>	
1033 Cognet, M. (2002). Expression of COOP-TPH in metabolic tissues during deve 1034 Mech Dev <i>119</i> , 109-114. 10.1016/s0925-4773(02)00286-1.	iopment.
1035 45. Planchais, J., Boutant, M., Fauveau, V., Qing, L.D., Sabra-Makke, L., Bossard	P
1036 Vasseur-Cognet, M., and Pegorier, J.P. (2015). The role of chicken ovalbumin	
1037 promoter transcription factor II in the regulation of hepatic fatty acid oxidation a	
1038 gluconeogenesis in newborn mice. Am J Physiol Endocrinol Metab 308, E868-	
1039 10.1152/ajpendo.00433.2014.	

- 46. Robinson, C.E., Wu, X., Nawaz, Z., Onate, S.A., and Gimble, J.M. (1999). A corepressor and chicken ovalbumin upstream promoter transcriptional factor proteins modulate peroxisome proliferator-activated receptor-gamma2/retinoid X receptor alpha-activated transcription from the murine lipoprotein lipase promoter. Endocrinology *140*, 1586-1593.
  1044 10.1210/endo.140.4.6653.
- 104547.Galarraga, M., Campion, J., Munoz-Barrutia, A., Boque, N., Moreno, H., Martinez, J.A.,1046Milagro, F., and Ortiz-de-Solorzano, C. (2012). Adiposoft: automated software for the1047analysis of white adipose tissue cellularity in histological sections. J Lipid Res *53*, 2791-10482796. 10.1194/jlr.D023788.
- 104948.Schneider, C.A., Rasband, W.S., and Eliceiri, K.W. (2012). NIH Image to ImageJ: 251050years of image analysis. Nat Methods 9, 671-675. 10.1038/nmeth.2089.
- Schindelin, J., Arganda-Carreras, I., Frise, E., Kaynig, V., Longair, M., Pietzsch, T.,
  Preibisch, S., Rueden, C., Saalfeld, S., Schmid, B., et al. (2012). Fiji: an open-source
  platform for biological-image analysis. Nat Methods *9*, 676-682. 10.1038/nmeth.2019.
- Hong, G., Fan, S., Phyu, T., Maheshwari, P., Hoppe, M.M., Phuong, H.M., de Mel, S.,
  Poon, M., Ng, S.B., and Jeyasekharan, A.D. (2019). Multiplexed Fluorescent
  Immunohistochemical Staining, Imaging, and Analysis in Histological Samples of
  Lymphoma. J Vis Exp. 10.3791/58711.
- 105851.Im, K., Mareninov, S., Diaz, M.F.P., and Yong, W.H. (2019). An Introduction to1059Performing Immunofluorescence Staining. Methods Mol Biol 1897, 299-311.106010.1007/978-1-4939-8935-5\_26.
- 1061 52. Rudolph, M.C., Wellberg, E.A., Lewis, A.S., Terrell, K.L., Merz, A.L., Maluf, N.K.,
  1062 Serkova, N.J., and Anderson, S.M. (2014). Thyroid hormone responsive protein Spot14
  1063 enhances catalysis of fatty acid synthase in lactating mammary epithelium. J Lipid Res
  1064 55, 1052-1065. 10.1194/jlr.M044487.
- 106553.Rudolph, M.C., Karl Maluf, N., Wellberg, E.A., Johnson, C.A., Murphy, R.C., and1066Anderson, S.M. (2012). Mammalian fatty acid synthase activity from crude tissue lysates1067tracing (1)(3)C-labeled substrates using gas chromatography-mass spectrometry. Anal1068Biochem 428, 158-166. 10.1016/j.ab.2012.06.013.
- 106954.Han, Y.H., Buffolo, M., Pires, K.M., Pei, S., Scherer, P.E., and Boudina, S. (2016).1070Adipocyte-Specific Deletion of Manganese Superoxide Dismutase Protects From Diet-1071Induced Obesity Through Increased Mitochondrial Uncoupling and Biogenesis. Diabetes107265, 2639-2651. 10.2337/db16-0283.
- 107355.Cheng, L., Wang, J., Dai, H., Duan, Y., An, Y., Shi, L., Lv, Y., Li, H., Wang, C., Ma, Q., et1074al. (2021). Brown and beige adipose tissue: a novel therapeutic strategy for obesity and1075type 2 diabetes mellitus. Adipocyte *10*, 48-65. 10.1080/21623945.2020.1870060.
- 1076 56. Wu, Z., Rosen, E.D., Brun, R., Hauser, S., Adelmant, G., Troy, A.E., McKeon, C.,
  1077 Darlington, G.J., and Spiegelman, B.M. (1999). Cross-regulation of C/EBP alpha and
  1078 PPAR gamma controls the transcriptional pathway of adipogenesis and insulin
  1079 sensitivity. Mol Cell *3*, 151-158. 10.1016/s1097-2765(00)80306-8.
- 108057.Jho, E.H., Zhang, T., Domon, C., Joo, C.K., Freund, J.N., and Costantini, F. (2002).1081Wnt/beta-catenin/Tcf signaling induces the transcription of Axin2, a negative regulator of1082the signaling pathway. Mol Cell Biol 22, 1172-1183. 10.1128/MCB.22.4.1172-1183.2002.
- 1083
   58.
   Bobinski, R., and Bobinska, J. (2020). Fatty acids of human milk a review. Int J Vitam

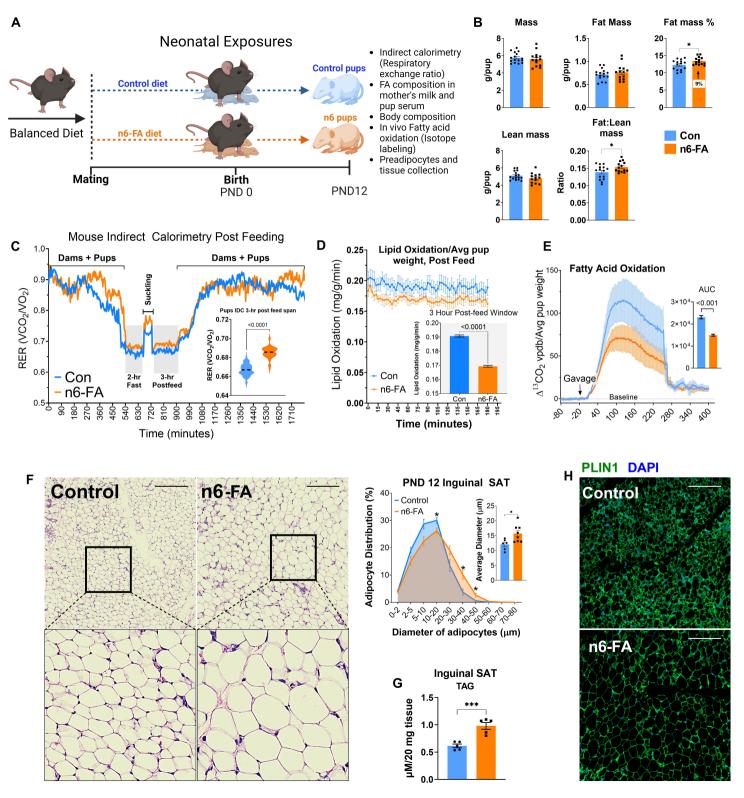
   1084
   Nutr Res, 1-12. 10.1024/0300-9831/a000651.
- Fields, D.A., Gilchrist, J.M., Catalano, P.M., Gianni, M.L., Roggero, P.M., and Mosca, F.
  (2011). Longitudinal body composition data in exclusively breast-fed infants: a
  multicenter study. Obesity (Silver Spring) *19*, 1887-1891. 10.1038/oby.2011.11.
- 1087Inditicenter study. Obesity (Silver Sping) 79, 1807-1891. 10.1036/069.2011.11.108860.Kuzawa, C.W. (1998). Adipose tissue in human infancy and childhood: an evolutionary1089perspective. Am J Phys Anthropol Suppl 27, 177-209. 10.1002/(sici)1096-10908644(1998)107:27+<177::aid-ajpa7>3.0.co;2-b.

1091 61. Roberts, S.B., and Young, V.R. (1988). Energy costs of fat and protein deposition in the 1092 human infant. The American journal of clinical nutrition 48, 951-955. 1093 10.1093/ajcn/48.4.951. 1094 62. Simopoulos, A.P. (2016). An Increase in the Omega-6/Omega-3 Fatty Acid Ratio 1095 Increases the Risk for Obesity. Nutrients 8, 128. 10.3390/nu8030128. Mennitti, L.V., Oliveira, J.L., Morais, C.A., Estadella, D., Oyama, L.M., do Nascimento, 1096 63. 1097 C.M., and Pisani, L.P. (2015). Type of fatty acids in maternal diets during pregnancy 1098 and/or lactation and metabolic consequences of the offspring. J Nutr Biochem 26, 99-1099 111. 10.1016/j.jnutbio.2014.10.001. Bruder, J., and Fromme, T. (2022). Global Adipose Tissue Remodeling During the First 1100 64. 1101 Month of Postnatal Life in Mice. Front Endocrinol (Lausanne) 13, 849877. 1102 10.3389/fendo.2022.849877. 1103 65. Shao, M., Zhang, Q., Truong, A., Shan, B., Vishvanath, L., Li, L., Seale, P., and Gupta, R.K. (2021). ZFP423 controls EBF2 coactivator recruitment and PPARgamma 1104 1105 occupancy to determine the thermogenic plasticity of adjpocytes. Genes Dev 35, 1461-1106 1474. 10.1101/gad.348780.121. Li, X., Sun, D., Wang, Z., Zhao, Q., Liu, Y., and Hou, Z. (2024). Transcriptional 1107 66. 1108 regulatory mechanism of NR2F2 and ZNF423 in avian preadipocyte differentiation. Gene 1109 897, 148106. 10.1016/j.gene.2023.148106. 1110 67. Song, H., Zhang, X., Wang, J., Wu, Y., Xiong, T., Shen, J., Lin, R., Xiao, T., and Lin, W. 1111 (2023). The regulatory role of adipocyte mitochondrial homeostasis in metabolism-1112 related diseases. Front Physiol 14, 1261204. 10.3389/fphys.2023.1261204. 1113 68. Das, S., Mukhuty, A., Mullen, G.P., and Rudolph, M.C. (2024). Adipocyte Mitochondria: 1114 Deciphering Energetic Functions across Fat Depots in Obesity and Type 2 Diabetes. Int 1115 J Mol Sci 25. 10.3390/ijms25126681. 1116 69. Polvani, S., Pepe, S., Milani, S., and Galli, A. (2019). COUP-TFII in Health and Disease. 1117 Cells 9. 10.3390/cells9010101. 1118 70. Pereira, F.A., Qiu, Y., Zhou, G., Tsai, M.J., and Tsai, S.Y. (1999). The orphan nuclear 1119 receptor COUP-TFII is required for angiogenesis and heart development. Genes Dev 13, 1120 1037-1049. 1121 71. Lin, F.J., Qin, J., Tang, K., Tsai, S.Y., and Tsai, M.J. (2011). Coup d'Etat: an orphan 1122 takes control. Endocr Rev 32, 404-421. 10.1210/er.2010-0021. 1123 72. Inagaki, T., Sakai, J., and Kajimura, S. (2017). Transcriptional and epigenetic control of 1124 brown and beige adipose cell fate and function. Nat Rev Mol Cell Biol 18, 527. 1125 10.1038/nrm.2017.72. 1126 73. Chen, M., Lu, P., Ma, Q., Cao, Y., Chen, N., Li, W., Zhao, S., Chen, B., Shi, J., Sun, Y., 1127 et al. (2020). CTNNB1/beta-catenin dysfunction contributes to adiposity by regulating the 1128 cross-talk of mature adipocytes and preadipocytes. Sci Adv 6, eaax9605. 1129 10.1126/sciadv.aax9605. 74. 1130 Bagchi, D.P., Li, Z., Corsa, C.A., Hardij, J., Mori, H., Learman, B.S., Lewis, K.T., Schill, R.L., Romanelli, S.M., and MacDougald, O.A. (2020). Wrtless regulates lipogenic gene 1131 1132 expression in adipocytes and protects against diet-induced metabolic dysfunction. Mol 1133 Metab 39, 100992. 10.1016/j.molmet.2020.100992. 1134 75. Chen, X., Ayala, I., Shannon, C., Fourcaudot, M., Acharya, N.K., Jenkinson, C.P., Heikkinen, S., and Norton, L. (2018). The Diabetes Gene and Wnt Pathway Effector 1135 1136 TCF7L2 Regulates Adipocyte Development and Function. Diabetes 67, 554-568. 1137 10.2337/db17-0318. 1138 76. Liu, Z., Chen, T., Zhang, S., Yang, T., Gong, Y., Deng, H.W., Bai, D., Tian, W., and 1139 Chen, Y. (2022). Discovery and functional assessment of a novel adipocyte population 1140 driven by intracellular Wnt/beta-catenin signaling in mammals. Elife 11. 1141 10.7554/eLife.77740.

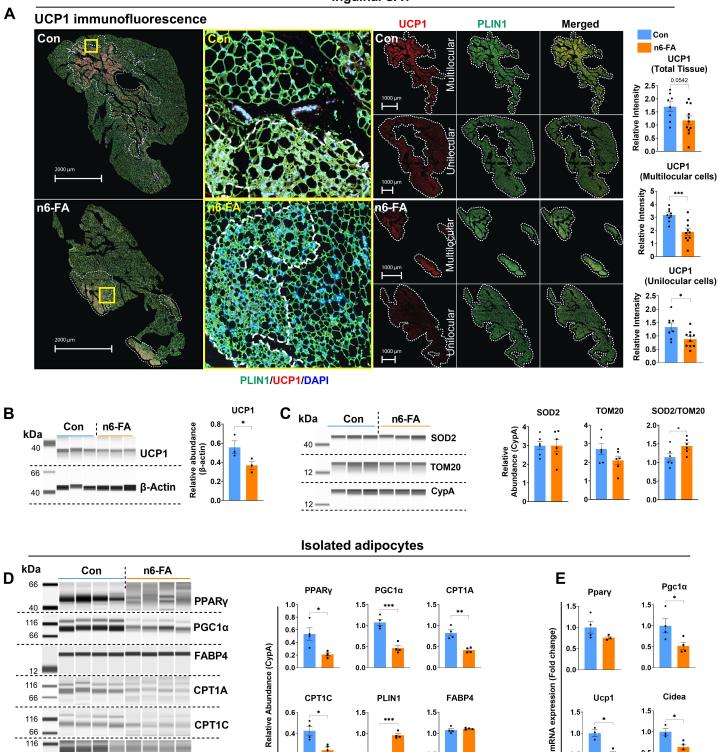
bioRxiv preprint doi: https://doi.org/10.1101/2024.09.09.611047; this version posted September 9, 2024. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY-NC-ND 4.0 International license.

- Park, J.R., Jung, J.W., Lee, Y.S., and Kang, K.S. (2008). The roles of Wnt antagonists
  Dkk1 and sFRP4 during adipogenesis of human adipose tissue-derived mesenchymal
  stem cells. Cell Prolif *41*, 859-874. 10.1111/j.1365-2184.2008.00565.x.
- 1145 78. ShamsEldeen, A.M., Mehesen, M.N., Aboulhoda, B.E., Rashed, L.A., Elsebaie, M.M.,
  1146 Mohamed, E.A., and Gamal, M.M. (2021). Prenatal intake of omega-3 promotes
  1147 Wnt/beta-catenin signaling pathway, and preserves integrity of the blood-brain barrier in
  1148 preeclamptic rats. Physiol Rep *9*, e14925. 10.14814/phy2.14925.
- Theorem 201 Sector 201 S
- 80. de la Rocha, C., Rodriguez-Rios, D., Ramirez-Chavez, E., Molina-Torres, J., de Jesus
  Flores-Sierra, J., Orozco-Castellanos, L.M., Galvan-Chia, J.P., Sanchez, A.V., Zaina, S.,
  and Lund, G. (2022). Cumulative Metabolic and Epigenetic Effects of Paternal and/or
  Maternal Supplementation with Arachidonic Acid across Three Consecutive Generations
  in Mice. Cells *11*. 10.3390/cells11061057.
- 1159 81. Mariamenatu, A.H., and Abdu, E.M. (2021). Overconsumption of Omega-6
  1160 Polyunsaturated Fatty Acids (PUFAs) versus Deficiency of Omega-3 PUFAs in Modern1161 Day Diets: The Disturbing Factor for Their "Balanced Antagonistic Metabolic Functions"
  1162 in the Human Body. J Lipids 2021, 8848161. 10.1155/2021/8848161.
- 1163 82. Wolfs, D., Lynes, M.D., Tseng, Y.H., Pierce, S., Bussberg, V., Darkwah, A., Tolstikov, V.,
  1164 Narain, N.R., Rudolph, M.C., Kiebish, M.A., et al. (2021). Brown Fat-Activating Lipokine
  1165 12,13-diHOME in Human Milk Is Associated With Infant Adiposity. J Clin Endocrinol
  1166 Metab *106*, e943-e956. 10.1210/clinem/dgaa799.
- 1167 83. Yan, X., Qu, X., Liu, B., Zhao, Y., Xu, L., Yu, S., Wang, J., Wang, L., and Su, J. (2021).
  1168 Autophagy-Induced HDAC6 Activity During Hypoxia Regulates Mitochondrial Energy
  1169 Metabolism Through the beta-Catenin/COUP-TFII Axis in Hepatocellular Carcinoma
  1170 Cells. Front Oncol *11*, 742460. 10.3389/fonc.2021.742460.

1171



## Inguinal SAT



1.0

0.5

0.0

:

0.4

0 2

0.0

1.0

0.5

0.0

1.0

0.5

0.0

1.0-

0.5

0.0



66

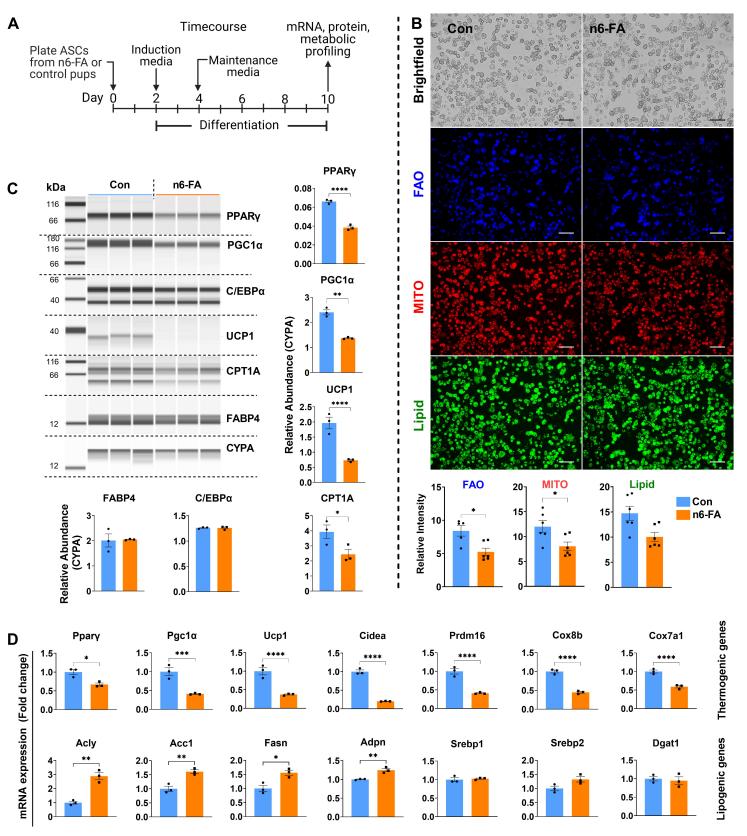
116

66

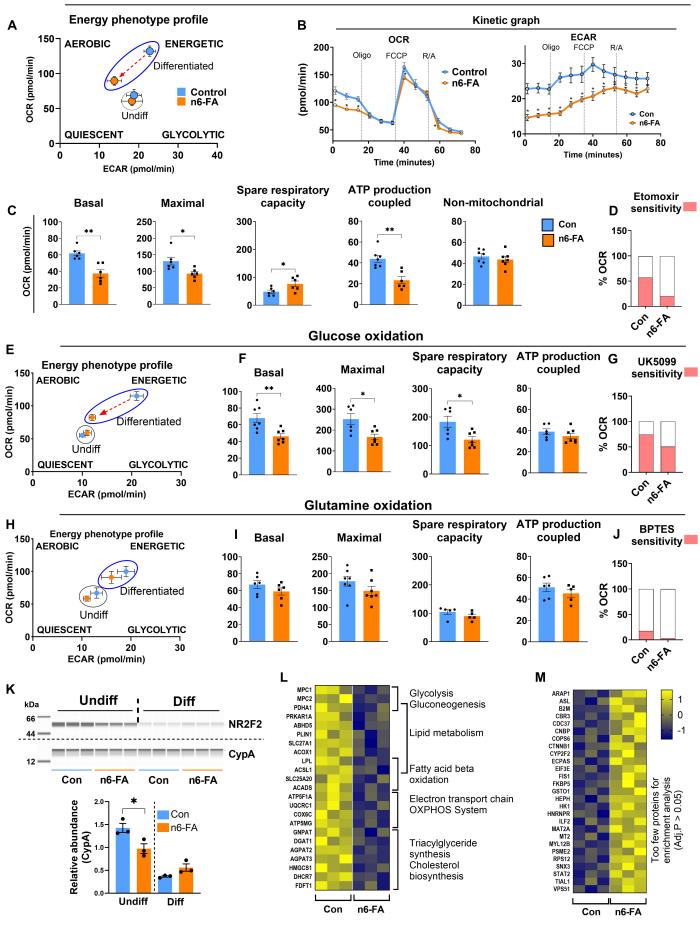
CPT1C

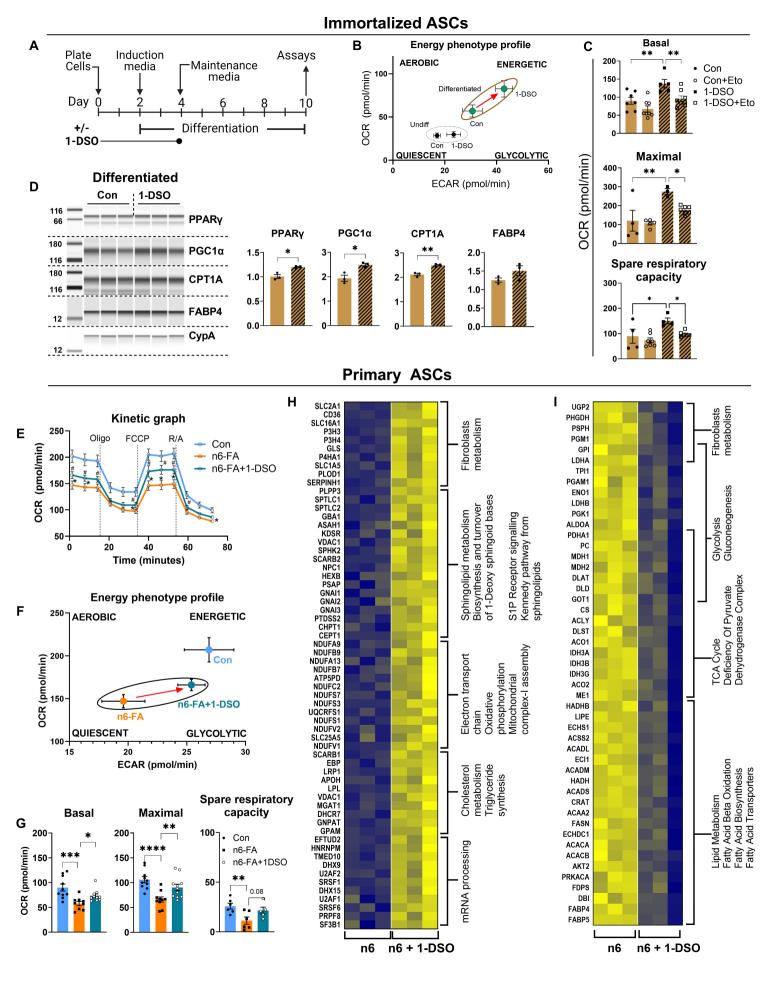
PLIN1

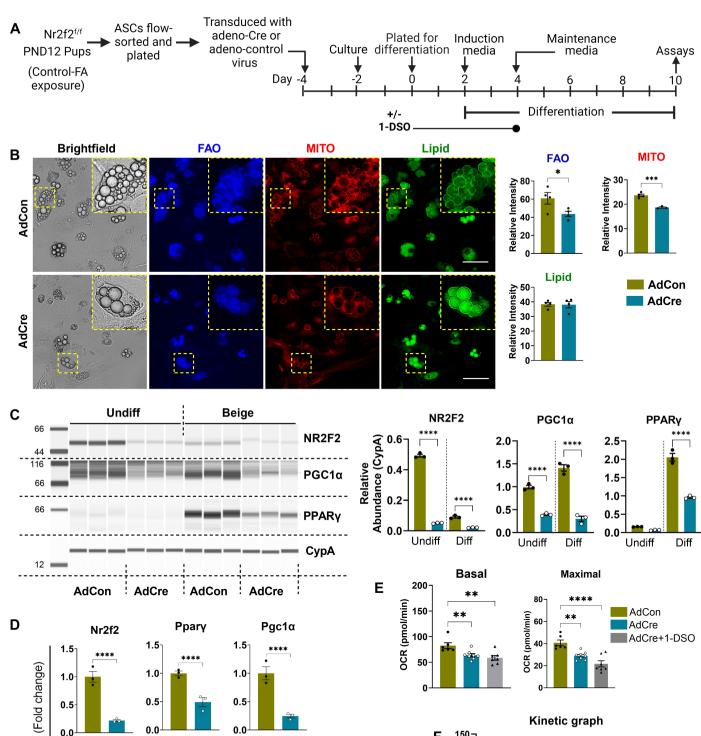
CYPA



**Palmitate oxidation** 







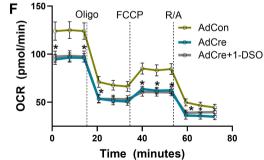
Ebf2

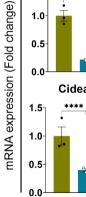
1.5

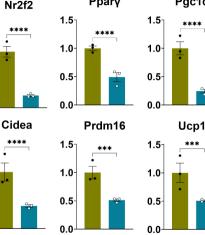
1.0

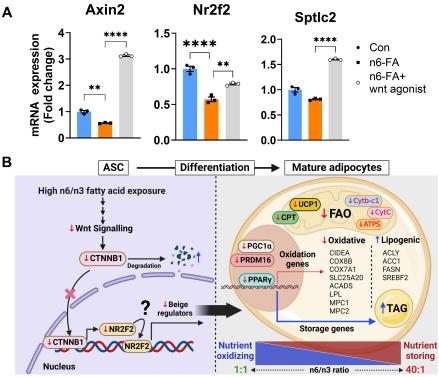
0.5

0.0









\*Red and blue colored arrows indicate effect of n6-FA exposure Red arrow- Decrease, Blue arrow- Increase.