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STATE OF THE ART REVIEW



Platelet CLEC-2 and lung development

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Abstract

In this article, the State of the Art lecture "Platelet CLEC-2 and Lung Development" presented at the ISTH congress 2019 is reviewed. During embryonic development, blood cells are often considered as porters of nutrition and oxygen but not as active influencers of cell differentiation. However, recent studies revealed that platelets actively facilitate cell differentiation by releasing biological substances during development. C-type lectin-like receptor 2 (CLEC-2) has been identified as a receptor for the platelet-activating snake venom rhodocytin. An endogenous ligand of CLEC-2 is the membrane protein podoplanin (PDPN), which is expressed on the surface of certain types of tumor cells and lymphatic endothelial cells (LECs). Deletion of CLEC-2 from platelets in mice results in death just after birth due to lung malformation and blood/ lymphatic vessel separation. During development, lymphatic vessels are derived from cardinal veins. At this stage, platelets are activated by binding of CLEC-2 to LEC PDPN and release trandforming growth factor- β (TGF- β). This cytokine inhibits LEC migration and proliferation, facilitating blood/lymphatic vessel separation. TGF-β released upon platelet-expressed CLEC-2/LEC PDPN also facilitates differentiation of lung mesothelial cells into alveolar duct myofibroblasts (adMYFs) in the developing lung. AdMYFs generate elastic fibers inside the lung, so that the lung can be properly inflated. Thus, platelets act as an ultimate natural drug delivery system that enables biological substances to be specifically delivered to the target at high concentrations by receptor/ligand interactions during development.

KEYWORDS

CLEC-2, lung development, lymphatic endothelial cells, platelets, podoplanin

Essentials

- C-type lectin-like receptor-2 (CLEC-2) is a podoplanin (PDPN) receptor on platelets.
- CLEC-2 null mice die due to lung malformation and show blood/lymphatic misconnection.
- Binding of CLEC-2 to PDPN on lymphatic endothelial cells facilitates TGF-β release.
- TGF-β differentiates myofibroblasts in the developing lung and separates blood/lymphatics.

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In thrombosis & haemostasis I INTRODUCTION

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During embryonic development, organogenesis starts at the end of gastrulation and continues until birth. The cells in the ectoderm, endoderm, and mesoderm undergo differentiation by cell signaling. Cell differentiation during organ development depends on exposure to bioactive substances released from adjacent cells (juxtacrine signaling) or neighboring cells (paracrine signaling). Blood and blood cells are considered porters of nutrition and oxygen but not active influencers of cell differentiation.

Among blood cells, platelets are the small anucleate cells that play a pivotal role not only in thrombosis and hemostasis but also in inflammation, wound healing, host defense, and tumor progression. Recent studies show that platelets also play a pivotal role in organogenesis including lymphangiogenesis and lung development.¹⁻⁴ The role of platelets in organogenesis has been revealed by the analysis of mice deficient in the platelet activation receptor C-type lectin-like receptor 2 (CLEC-2), which has been identified as a receptor for a platelet-activating snake venom, rhodocytin.¹⁻⁵ An endogenous ligand for CLEC-2 has been identified as a membrane protein: podoplanin (PDPN).^{6,7} PDPN is expressed on the surface of certain types of tumor cells and activates platelets by binding to CLEC-2, which facilitates hematogenous tumor metastasis.⁸⁻¹² PDPN is also expressed in normal lymphatic endothelial cells (LECs),¹² but PDPN in these cells cannot have access to CLEC-2 in platelets under normal conditions. However, platelet-expressed CLEC-2 can interact with LEC PDPN during embryonic development, which has been revealed to be a necessary step for lymphangiogenesis and lung development. In this review, we introduce these molecules, CLEC-2 and PDPN, and review their role in organogenesis.

2 | CLEC-2 AND PDPN

2.1 | CLEC-2

Snake venom contains a vast number of toxins that interact with human platelet membrane proteins and coagulation factors.¹³ Identification of receptors for these toxins has made an enormous contribution to our understanding of thrombosis and hemostasis. Similar to collagen, rhodocytin induces powerful platelet activation depending on protein tyrosine kinases.^{14,15} However, rhodocytin can induce platelet aggregation in mice lacking the collagen receptor glycoprotein (GP) VI/Fc receptor γ -chain (FcR γ), suggesting that GPVI/ FcRy is not a receptor for rhodocytin.^{14,16,17} Furthermore, some groups, including ours, proposed that rhodocytin interacts with integrin $\alpha 2\beta 1$ or GPIb and induces platelet aggregation based on biochemical analysis using antibodies or recombinant proteins.^{14,16} However, Bergmeier et al¹⁷ showed that rhodocytin induces platelet aggregation in mice deficient in either integrin $\alpha 2$ or the ligandbinding site of GPIb. Their study demonstrated that rhodocytin may bind to integrin $\alpha 2\beta 1$ or GPIb but does not induce platelet activation via these receptors. Additionally, they determined that there must

be an activation receptor for rhodocytin other than $\alpha 2\beta 1$ and GPIb. Finally, pulldown assays using platelet lysate and rhodocytin-coated CNBr beads and subsequent tandem mass spectrometry analysis identified CLEC-2 as a receptor for rhodocytin.⁵ CLEC-2 protein is highly expressed in platelets and megakaryocytes and at lower levels in liver Kupffer cells and liver sinusoidal endothelial cells in humans.¹⁸⁻²¹ In mice, CLEC-2 is also expressed in neutrophils, dendritic cells, and macrophages at low levels.²²⁻²⁶

Signal transduction pathways mediated through CLEC-2 were investigated using genetically modified mice deficient in signaling molecules in platelets and immunoprecipitation/western blotting. CLEC-2 contains a single YxxL (x represents any amino acid) motif called hemi-ITAM (immunoreceptor tyrosine-based activation motif).²⁷ Upon CLEC-2 clustering by rhodocytin, a tyrosine residue in hemi-ITAM is phosphorylated by the Src family kinase. This is followed by binding of spleen tyrosine kinase (Svk) to the phosphorylated hemi-ITAM with its SH2 domain.^{5,28} The binding activates Syk, leading to phosphorylation of the downstream adaptor proteins, LAT and SLP76, and phosphorylation/activation of the downstream tyrosine kinase Btk and phospholipase $C\gamma 2$ $(PLC\gamma 2)$.^{5,28} PLC $\gamma 2$ activation generates inositol trisphosphate and diacylglycerol, resulting in Ca²⁺ mobilization and protein kinase C (PKC) activation. Intracellular Ca²⁺ mobilization and PKC activate integrin allbß3, which leads to fibrinogen binding and platelet aggregation (Figure 1). At the same time, activated platelets release extracellular matrix and growth factors from the α granules. The resulting growth factors aid wound healing and include a platelet-derived growth factor, fibroblastic growth factor, and transforming growth factor- β (TGF- β). They also release platelet-activating small molecules in dense granules including ADP, serotonin, and Ca²⁺, which further activate platelets nearby.²⁹

2.2 | PDPN

It has long been recognized that PDPN expressed on the surface of certain types of cancer cells facilitates hematogenous metastasis by activating platelets in the bloodstream.⁹ Platelet aggregates surrounding cancer cells protect them from shear stress or immune cells in the blood stream and provide them with the scaffolding to invade outside of the vessels.³⁰ Growth factors or angiogenic factors released from activated platelets facilitate cancer growth or angiogenesis in cancer.³⁰ Targeting PDPN binding to platelets would be a good strategy to inhibit cancer metastasis. Thus, PDPN receptors on the surface of platelets have been intensively studied. We noticed that podoplanin-expressing CHO cells induced platelet aggregation with a long lag phase before eliciting platelet aggregation similar to rhodocytin and identified CLEC-2 as a receptor for PDPN.⁶ PDPN is a type I transmembrane sialomucin-like glycoprotein with short cytoplasmic tail.¹¹ In addition to cancer cells, it is expressed on the surface of several normal tissues including type I lung alveolar cells, kidney podocytes, fibroblastic reticular cells in the lymph nodes, and LECs.¹¹ Because PDPN in these cells cannot interact with platelet-expressed



FIGURE 1 Signal transduction pathway mediated through C-type lectin-like receptor 2 (CLEC-2). Upon CLEC-2 clustering by rhodocytin, a tyrosine residue in hemi-ITAM (immunoreceptor tyrosine-based activation motif) is phosphorylated by the Src family kinase, followed by binding of spleen tyrosine kinase (Syk) to the phosphorylated hemi-ITAM with its SH2 domain. This binding results in activation of Syk, leading to phosphorylation of the downstream adaptor proteins, LAT and SLP76, and phosphorylation/activation of the downstream tyrosine kinase Btk and phospholipase Cy2 (PLCy2). PLCy2 activation generates of inositol trisphosphate (IP3) and diacylglycerol, resulting in subsequent Ca²⁺ mobilization and protein kinase C (PKC) activation. Intracellular Ca²⁺ mobilization and PKC activate integrin α Ilb β 3, which leads to fibrinogen binding and platelet aggregation. pY, phosphorylated tyrosine

CLEC-2 and PDPN is not expressed in vascular endothelial cells, the role of CLEC-2/PDPN interaction in normal conditions remained unknown.

3 | ROLE OF PLATELET CLEC-2/LEC PDPN IN LYMPHATIC VESSEL DEVELOPMENT

CLEC-2 and PDPN can interact with each other during embryonic development when the primitive lymphatic vessels (lymph sacs) are derived from the cardinal vein. Mice deficient in either PDPN or signaling molecules downstream of CLEC-2 including Syk, SLP-76, PLC γ 2, and Btk/Tec show abnormalities in lymphatic vessels.³¹⁻³⁴ We hypothesized that the interaction between platelet CLEC-2 and LEC PDPN plays a role in lymphatic vessel development. Both CLEC-2 null mice (Clec1b-/-) and platelet/megakaryocyte-specific CLEC-2-deficient mice (Clec1b flox/flox; PF4-Cre) (CLEC-2 Aplt) show impaired blood/lymphatic vessel separation and blood-filled lymphatic vessels¹⁻³ (Figure 2). This suggests that platelet CLEC-2 is required for blood/lymphatic vessel separation during embryonic development. We proposed the following mechanism, but other hypotheses have also been proposed.³⁵⁻³⁷ At the separation zone of lymph sacs and cardinal veins, TGF- β family members, among which we proposed TGF- β and bone morphogenetic protein-9, are released from activated platelets by the platelet CLEC-2/LEC PDPN interaction. These cytokines inhibit migration and proliferation of LECs, facilitating blood-lymphatic vessel separation.² The second hypothesis is that clustering of PDPN leads to the inhibition of migration in LECs by PDPN-mediated signaling through ezrin/radixin/moesin family proteins.³⁶ The third hypothesis is that at the site of the lymphovenous (LV) junction, platelet CLEC-2/LV valve PDPN interaction stimulates the formation of platelet thrombi, which prevents the backflow of blood.³⁵ This theory is widely accepted in the field of hematology. However,

these mechanisms are not mutually exclusive, and all mechanisms may be spatiotemporally regulated.

4 | ROLE OF PLATELET CLEC-2/PDPN IN LUNG DEVELOPMENT

4.1 | The lung malformation in CLEC-2 null mice

CLEC-2 null mice die just after birth.^{1,38} CLEC-2 null neonates showed cyanosis, although respiratory movement was observed.³⁸ Therefore, we hypothesized that CLEC-2 null mice resulted in death by respiratory failure due to lung malformation. We placed the lung from CLEC-2 null fetuses or wild-type fetuses at embryonic day (E) 18.5 inside syringes and pulled the plungers to give negative pressure. We found that the lung from CLEC-2 null fetuses were poorly inflated compared with that from wild-type fetuses (unpublished observation, Tsukiji N. et al). We hypothesized that CLEC-2 null mice die of respiratory failure due to lung malformation and analyzed lung phenotypes of CLEC-2 null mice. In E16.5, there is no difference in the appearance of the lung between wild-type and Clec1b-deficient mice. However, after E17.5, the edge of the wild-type lung was sharp and translucent, but CLEC-2-null lungs showed a lumpy and unclear alveolar structure (Figure 3A). Hematoxylin-eosin (HE) (Figure 3B) and Elastica van Gieson staining (Figure 3C) of the lung revealed that CLEC-2 null lungs showed narrow alveolar space, thick alveolar septa, and decreased elastic fibers after E17.5 suggesting that insufficient inflation of the lung of CLEC-2 null mice is due to loss of elastic fibers.³⁸

In developing lungs, elastic fibers are produced by alveolar duct myofibroblasts (adMYFs). Immunohistological analysis by staining α -smooth muscle actin (α -SMA) as a marker of adMYFs showed that they were greatly reduced inside the lungs of CLEC-2-null mice at E17.5, but there was no difference observed at E16.5 (Figure 4A). No abnormality was found in type I/II lung alveolar cells, vascular/





Clec1b+/+

Clec1b-/-

FIGURE 2 C-type lectin-like receptor 2 (CLEC-2)-deficient mice show blood/ lymphatic vessel misconnection. (A) CLEC-2 null mice (*Clec1b-/-*) (lower E12.5 fetus), but not wild-type mice (*Clec1b+/+*) (upper E12.5 fetus), showed blood-filled

fetus), but not wild-type mice (Clec1b+/+) (upper E12.5 fetus), showed blood-filled lymphatic vessel due to blood/lymphatic vessel misconnection. (B) The small intestine from platelet/megakaryocytespecific conditional CLEC-2-deficient mice (CLEC-2 Δ plt, Clec1b flox/flox; PF4-Cre) (right panel) and control mice (CLEC-2 fl/fl, Clec1b flox/flox; WT) (left panel). Clec1b is a gene symbol of Clec-2. Lymphatic vessels on the surface of the small intestine are filled with blood and showed red reticular markings in the CLEC-2Aplt mouse. In this mouse, bloodfilled lymphatic vessels are also observed between the mesenteric artery and the vein

(B) Platelet/megakaryocyte-specific CLEC-2-deficient mice (CLEC-2∆plt)

CLEC-2 fl/fl (Clec1b flox/flox; WT)



CLEC-2∆plt (Clec1b flox/flox; PF4-Cre)



lymphatic endothelial cells, and surfactant secretion in CLEC-2deficient mice. Moreover, lung edema was not found in Clec1bdeficient mice.³⁸ These findings suggest that decreased elastic fibers are due to decreased adMYFs in the CLEC-2-null lung.

It is known that adMYFs are mainly derived from lung mesothelial cells (luMCs).^{39,40} In developing lungs, luMCs specifically express Wilms tumor 1 (WT-1), but this disappears with time. WT-1 is a transcription factor, which regulates cell proliferation and is essential for normal development of the urogenital system. It was initially isolated as the gene responsible for Wilms tumor in the kidney. LuMCs migrate into the lung, differentiate into adMYFs, and generate elastic fibers. To investigate luMCs on the surface of the lung, we performed whole-mount immunofluorescent microscopy of podoplanin and WT-1. LuMCs express podoplanin on the cell membrane and WT-1 in its nucleus. At E17.5, a significantly higher percentage of luMCs were WT-1 positive, and significantly more luMCs stayed on the surface of the lung in CLEC-2-null mice (Figure 4B, C). This difference was also found at E16.5 before the number of adMYFs decreased (Figure 4C). These findings suggest that CLEC-2 facilitate differentiation of luMCs into adMYFs through WT-1 downregulation.³⁸ AdMYFs generate elastic fibers inside of the lung, and the lung can be properly inflated. However, this process is impaired in the absence of CLEC-2, which causes lung malformation.

4.2 | CLEC-2 expressed in platelets is required for lung development

In mice, CLEC-2 is also expressed in neutrophils or dendritic cells at low levels.²²⁻²⁵ We generated CLEC-2 Δ plt mice and found that these mice are viable.² These findings in themselves indicate that CLEC-2 in cells other than platelets regulate lung development. However, neonatal lethality in these mice was slightly but significantly higher than normal mice (Figure 5A), and the lung was mildly lumpy (Figure 5B).³⁸

FIGURE 3 Morphological and histological abnormalities in C-type lectinlike receptor 2 (CLEC-2)-deficient lung. (A) Ventral views of E16.5/E17.5/E18.5 fetal lungs; magnified views of framed areas in images are shown on the right. (B) Hematoxylin and eosin staining of E16.5/ E17.5/E18.5 lung sections. (C) Elastica van Gieson staining of PO lung sections. Magnified views of framed areas in images are shown on the right. Black and open arrowheads: mature elastic fibers (dark purple) and alveolar septa without elastic fibers, respectively. Scale bars: 1 mm (A); 25 µm (B); 10 µm (C). Modified from Tsukiji et al,³⁸ Figure 1



We found that small amounts of CLEC-2 (2% compared with normal platelets) remains on the surface of platelets from CLEC-2 Δ plt mice (Figure 5C). We assume that mild phenotype in CLEC-2 Δ plt mice is due to the remaining CLEC-2 molecule on the surface of platelets from CLEC-2 Δ plt. We then depleted the remaining CLEC-2 by injection of the anti-CLEC-2 antibody, 2A2B10, into mice pregnant with the CLEC-2 Δ plt fetus. 2A2B10 is not a blocking antibody but a "depletion" antibody. It activates platelets and depletes CLEC-2 from platelets mainly by internalization and degradation.¹⁰ 2A2B10 injection did not result in CLEC-2 depletion in cells other than platelets, including natural killer cells, B cells, peripheral neutrophils, and macrophages.¹⁰

CLEC-2 Δ plt fetal platelets and greatly increased neonatal lethality (Figure 5D) and decreased adMYFs inside the lung (Figure 5E).³⁸ These findings suggest that platelet CLEC-2 is required for lung development.

4.3 | Mechanism of adMYF differentiation by platelet CLEC-2

To elucidate a counterpart of CLEC-2 necessary for lung development, we generated PDPN null mice (*Pdpn-/-*) and found a phenotype closely resembling the CLEC-2 null mice: high neonatal lethality, lumpy lung surface, decreased adMYFs, and increased luMCs on the



FIGURE 4 C-type lectin-like receptor 2 (CLEC-2) deficiency results in absence of alveolar duct myofibroblasts (adMYFs). lung mesothelial cell hyperproliferation, and abnormal differentiation. (A) Immunostaining of α -smooth muscle actin (α -SMA) (green) and DAPI (blue) in E16.5/E17.5 distal lung. Arrowheads: bronchial smooth muscle cells, which are not adMYFs. (B) Whole-mount immunohistochemistry of Wt1 (magenta) and Pdpn (green) in E17.5 lung mesothelial cells (luMCs). Arrowheads: Wt1-negative luMCs. (C) Quantification of Wt1-negative rate in luMCs at E15.5, E16.5, and E17.5; mean ± SD, n = 5-3 each. *P = .0001; **P = .0074, Tukey's test. Scale bars: 25 μ m (A, B). Modified from Tsukiji et al,³⁸ Figures 2 and 3

surface of the lung.³⁸ These findings suggest that binding between CLEC-2 and PDPN is required for lung development.

The next question is: Which is required for lung development activation signals downstream of CLEC-2 or those downstream of PDPN? Previous studies show that mice deficient in cytoplasmic domain of PDPN are viable²⁵ and that mice deficient in cytoplasmic Tyr in hemi-ITAM motif die just after birth.⁴¹ These reports suggest that activation signals downstream of CLEC-2 are required for lung development. To confirm this hypothesis, we generated mice deficient in Syk, which is a necessary signaling molecule downstream of CLEC-2. Syk-deficient mice,³⁸ further supporting this hypothesis.

Because platelet activation induces release of granule contents, we hypothesized that granule contents released from activated platelets facilitate lung development. To test this, we placed small pieces of lung specimen at E16.5 on microporous membrane in a

Boyden chamber and activated platelet supernatants (APSs) were added to the lower chamber. This procedure increased α -SMA expression in lung interstitium, suggesting that luMCs differentiate into adMYFs.³⁸ TGF- β is secreted by several cell types in a latent form in which it is complexed with 2 other polypeptides, latent TGF- β binding protein and latency-associated peptide. Proteinases, integrins, or reactive oxygen species are known to activate the latent form of TGF-β. Additionally, acidic conditions also resulted in increased activation of TGF- β . Acid-treated (TGF- β activated) APS more effectively increased α SMA expression, suggesting that TGF- β is an important component to facilitate adMYF differentiation. This is supported by significantly lower TGF-β1 concentration in the lungs of CLEC-2 null fetuses.³⁸ We then depleted TGF- β by the injection of anti-TGF- β blocking antibody into mice pregnant with CLEC-2 Aplt fetus. This procedure produced CLEC-2 null-like severe phenotypes in CLEC-2 Aplt fetus including increased neonatal lethality and decreased

FIGURE 5 Platelets are required for lung development. (A) Neonatal lethality of C-type lectin-like receptor 2 (CLEC-2) fl/fl and CLEC-2 Δ plt neonates. *P = .00127, Fisher's exact test. (B) Ventral views of CLEC-2fl/fl (wild-type), CLEC-2∆plt, and CLEC-2-/- fetal lungs at E17.5. (C) CLEC-2 expression on platelets in E17.5 CLEC-2fl/fl (wild-type), CLEC-2 ∆plt, and CLEC-2-/- fetuses. Red-filled and open histograms indicate isotype control and CLEC-2 antibody, respectively. (D) Neonatal lethality in CLEC-2fl/fl and CLEC-2 Aplt neonates treated with rat IgG (control), anti-CLEC-2. *P = .0021, Fisher's exact test. (E) Immunostaining of α -smooth muscle actin (α -SMA (green) and DAPI (blue) in E17.5 distal lung. AL, alveolar sac; M, lung mesothelium. Scale bars: 1 mm (B), 25 µm (E). Modified from Tsukiji et al,³⁸ Figures 4 and 5



adMYFs inside the lung.³⁸ These findings suggest that TGF- β released after CLEC-2 engagement is necessary for lung development.

4.4 | PDPN in LECs is necessary for lung development

Three types of cells express PDPN in the lung: type I lung alveolar cells, lymphatic endothelial cells, and lung mesothelial cells. We generated 3 kinds of conditional PDPN-deficient mice: type I lung alveolar cell-specific, LEC-specific, and luMC-specific PDPN-deficient mice, using transgenic mice are shown in Table 1. We found that only LEC-specific PDPN-deficient mice showed CLEC-2 null mice-like phenotype, including high neonatal lethality and an absence of

adMYFs.³⁸ These findings suggest that PDPN in lymphatic endothelial cells are required for lung development.

In summary, we proposed how platelets regulate lung development as follows: platelets are activated by binding between platelet CLEC-2 and LEC PDPN, and then release TGF- β . This cytokine facilitates differentiation of luMCs into adMYFs, which generate elastic fibers to confer elasticity to the lung (Figure 6).⁴²

5 | UNANSWERED QUESTIONS

We demonstrated a role of platelets in organogenesis, but several issues remain unsolved. Very low expression of CLEC-2 (only 2% expression compared with wild-type platelets) is almost enough for

lung development, but not enough for blood/lymphatic vessel separation.^{1,38} In the case of lung development, a kind of amplification mechanism may exist. TGF- β released from activated platelets acts on other cells, which release substances stimulating adMYF differentiation together with TGF- β . Alternatively, release of TGF- β may occur in lymphatic vessels in the vicinity of luMCs and very low levels of TGF- β from activated platelets expressing low levels of CLEC-2 may be enough for luMC differentiation into adMYFs.

Platelet activation during embryonic development appears to induce marked thrombus formation in embryos. However, platelets can induce secretion without platelet aggregation. Ollivier et al⁴³ showed that collagen at a low dose (0.25 µg/mL) selectively triggers a platelet secretory phenotype characterized by the release of dense- and α granule-derived soluble factors without causing substantial platelet changes that usually accompany thrombus formation. Similarly, PDPN may function in a local concentration-dependent manner on LECs by inducing secretion without causing complete platelet activation and thrombus formation. Moreover, Margraf et al showed physiologically low platelet numbers and hyporeactivity during the early stages of fetal development,⁴⁴ further indicating the potential nonhemostatic role of platelets in organogenesis.

Although we proved that association between PDPN in LECs and CLEC-2 in platelets are necessary for lung development, the sites in which platelets might directly contact LECs to promote lung development remain unclear. This interaction is possible when lymph

TABLE 1 Transgenic mice used to make the conditional PDPNdeficient mice

Cell types from which PDPN specifically deleted	Used transgenic mice
Type I lung alveolar cells	Shh-Cre transgenic mice
LECs	Tie2-Cre transgenic mice
luMCs	WT-1-Cre transgenic mice
Type I lung alveolar cells LECs luMCs	Shh-Cre transgenic mice Tie2-Cre transgenic mice WT-1-Cre transgenic mice

Abbreviations: LECs, lymphatic endothelial cells; luMCs, lung mesothelial cells; PDPN, podoplanin;Shh, sonic hedgehog; WT-1, Wilms tumor 1. sacs are sprouted from the cardinal vein at E12.5 to 13.5 in mice.⁴⁵ However, the lung phenotype in CLEC-2 null fetuses was observed at later stages, after E17.5.³⁸ Lung-specific lymphatic vessel development may be important. At E14.5, lymphatic vessels with lumen are observed in proximal and distal bronchovascular bundles, but no significant connections between these. At E18.5, a continuous lymphatic network is established.^{46,47} Thus, during the connection process, transient anastomosis between veins and lymphatic vessels may occur, which leads to contact with LECs and platelet activation. Alternatively, since the lung lymphatic system is abundant in the pleura,⁴⁶ the LEC PDPN/platelet CLEC-2 interaction and TGF- β release may occur specifically in the pleural lymphatics (ie, in the vicinity of luMCs) allowing effective delivery of TGF- β to luMCs. Further investigation is required for full elucidation of this aspect.

6 | A SPECULATIVE CONSIDERATION ABOUT "DELIVERED SIGNALING" BY PLATELETS DURING EMBRYONIC DEVELOPMENT AND ABOUT EVOLUTION OF PLATELETS AND THE LUNG

Why are platelets used for embryonic development? We speculate that platelets act as ultimate natural drug delivery systems, enabling biological substances to specifically act on the target in high concentrations. In the case of systemic drug administration such as intravenous injection or oral administration, high doses are required for sufficient efficacy. Unexpected effects on nontargets can be a problem with using high doses of drugs. On the other hand, platelets realize selective and local release of biological substances via specific interaction between platelet receptors and their ligands on the surface of target cells.

Platelets contain various kinds of biological substances in their granules and release them upon activation. Platelets also immediately generate them in the cytoplasm and release them in the extracellular space upon activation (eg, thromboxane A2 and



 α -smooth muscle actin-positive alveolar duct myofibroblasts (adMYFs)

FIGURE 6 Suggested mechanism of lung development regulated by platelet C-type lectin-like receptor 2 (CLEC-2). During development, platelets are activated by binding between CLEC-2 and lymphatic endothelial cell podoplanin (PDPN). Transforming growth factor- β $(TGF-\beta)$ is released from activated platelets and facilitates differentiation of lung mesothelial cells luMCs into alveolar duct myofibroblasts (adMYFs). AdMYFs generate elastic fibers so the lung can be properly inflated (cited from P.475 of Illustrated State-of-the-Art Capsules of the ISTH 2019 congress in Melbourne, Australia⁴²)

sphingosine-1-phosphate). Do platelets nonselectively release all the granule contents upon platelet activation by any kind of platelet agonists? Growing bodies of evidence show that distinct granule contents can be released differentially in response to individual platelet agonists. For example, proteinase-activated receptor (PAR) 1 (thrombin receptor), ADP, and GPVI stimulation favors proangiogenic (eg, vascular endothelial growth factor), whereas PAR4 and thromboxane A2 promotes antiangiogenic factor (eg, endostatin) release.^{48,49} It has been proposed that platelets differentially package pro- and antiangiogenic proteins in distinct α -granules that undergo differential release upon platelet activation.⁵⁰ Although evidence against these hypotheses has been reported,⁵¹ it may be possible that a specific association between platelet receptors and the corresponding ligands on the surface of cells differentially release necessary bioactive substances for the cells.

During development, platelets release biological substances in close vicinity to the targets. Therefore, it is possible to deliver sufficient concentrations of biological substances to the target. This is similar to juxtacrine/paracrine signaling, which are well-known methods facilitating embryonic development. We call these platelet-mediated signals during embryonic development "delivered signaling."

Although mammals, amphibians, and reptiles have lungs with alveolar cells and capillary beds, the latter 2 have simple septa (called faveoli, ediculi, or traveculi) but not grapelike clusters (alveoli) or lobular units.^{52,53} Moreover, only mammals have a dense lymphatic plexus in the subpleural region and interlobular space, which is extremely close to lung mesothelial cells.^{54,55} Platelets of mammals are small anucleate cells, whereas those of amphibians and reptiles are relatively large nucleate cells called thrombocytes. It is tempting to speculate that a well-developed lymphatic plexus in the interlobular space and smallsized platelets in mammals allows podoplanin-CLEC-2 interactions, leading to dense and complex alveolus formation. In other words, by using small anucleate platelets and lymphatic plexus for embryonic development, mammals are able to develop new organ structures, alveoli, and lobular units. Further investigation is required to address this issue.

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RELATIONSHIP DISCLOSURE

The authors have no conflicts of interest to report.

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