

# Salvianolic acid B and danshensu induce osteogenic differentiation of rat bone marrow stromal stem cells by upregulating the nitric oxide pathway

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**Abstract.** The aim of the present study was to investigate the effect of salvianolic acid B (Sal B) and danshensu (DSU) on the osteogenic differentiation of bone marrow mesenchymal stem cells (MSCs) and the mechanisms of the effects. The osteogenic differentiation of MSCs in culture was assessed by measuring alkaline phosphatase (ALP) activity, osteocalcin (OCN) production, nitric oxide (NO) production and the mRNA expression levels of osteoprotegerin (OPG) and its ligand by MSCs. MSCs were successfully induced to differentiate into osteoblasts and adipocytes. Sal B and DSU increased the ALP activity and the production of OCN in the absence of an ossification inducer. The increase in ALP activity was more pronounced when induction was combined with the osteogenic inducer, Sal B, which enhanced the expression of OPG; however, Sal B reduced the expression of receptor activator of nuclear factor- $\kappa$ B ligand (RANKL) by MSCs. Sal B reversed the inhibitory effect of N-nitro L-arginine methylester on the MSCs and increased ALP activity, OCN content and the OPG/RANKL ratio. Based on these results, it was concluded that Sal B increases the osteogenic differentiation of MSCs, most likely by regulating the nitric oxide pathway.

## Introduction

Long-term treatment with Glucocorticoids used for inflammatory and autoimmune diseases may lead to

glucocorticoid-induced osteoporosis. Currently, the administration of glucocorticoid-induced osteoporosis medications include calcium, vitamin D, bisphosphonates, raloxifene, parathyroid hormone (PTH), hormone replacement and calcitonin. These drugs do not solve the detrimental effect of glucocorticoid on bone marrow fat metabolism or the circulatory system. Therefore, further studies on these glucocorticoid induced effects may lead to the development of a novel treatment to treat and prevent glucocorticoid-induced osteoporosis. *Salvia miltiorrhiza* water extract is effective at preventing glucocorticoid-induced osteoporosis in rats (1). *S. miltiorrhiza* water extract and danshensu (DSU), one of its active components, promote the osteogenic differentiation of bone marrow mesenchymal stem cells (MSCs) and also inhibit their adipogenic differentiation (1). Salvianolic acid B (Sal B), the main water-soluble component of *S. miltiorrhiza*, may help to prevent atherosclerosis, protect cardiac muscle and reduce blood pressure (2). The antihypertensive effects of Sal B depend on the upregulation of kinin-releasing enzymes, prostaglandin (3) and nitric oxide (NO) by endothelial cells (4). Prostaglandins and NO are important molecules in the pathophysiology of osteoporosis; however, the effects of Sal B on bone pharmacology remain unknown. Previous work has demonstrated that Sal B is able to prevent bone loss by stimulating osteogenesis and bone marrow angiogenesis in prednisone-treated rats (1). The aim of the present study was to determine the anti-osteoporosis effects of Sal B and the potential mechanisms for those effects related to the NO pathway, as well as to provide experimental evidence for the anti-osteoporosis effects of Sal B.

## Materials and methods

**Reagents.** Sal B (111562-200403) and DSU (110855-200304) were provided by the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). Dulbecco's modified Eagle medium (DMEM) was purchased from Gibco (Thermo Fisher Scientific, Inc., Waltham, MA, USA).  $\beta$ -glycerophosphate, vitamin C, dexamethasone, trypsin, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium

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bromide, para-nitrophenylphosphate (PNPP), prostaglandin E2 and N-nitro L-arginine methyl ester (L-NAME) were purchased from Alexis Biochemicals (Enzo Life Sciences, Inc., Farmingdale, NY, USA). Hydroxyproline determination kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China), osteocalcin (OCN) radioimmunoassay kits (Tianjin Jiuding Medical Biological Engineering Co., Ltd., Tianjin, China) and Access reverse transcription-polymerase chain reaction (RT-PCR) kits (Promega Corp., Madison, WI, USA) were also purchased. All PCR primers (Table I) were synthesized by the Shanghai Biological Engineering Company (Shanghai, China).

**Animals.** A total of 12, 4-week-old Specific pathogen-free (SPF) Sprague-Dawley rats (100±20 g; 50:50 male: female) were obtained from the Experimental Animal Center of Guangdong Medical University (Foshan, China). Animal quality certification was provided by Guangdong Province (2003A030), as was an experimental animals, environment and facilities certification (2003B012). The animals were housed in a temperature and humidity controlled environment (22–24°C, 55±5% humidity and a standard 12 h light/dark cycle), and supplied with food and water *ad libitum*. A total of 12 rats were utilized in this study. All experimental protocols were approved by the Guangdong Medical University Animal Care and Use Committee (Zhanjiang, China).

**Instruments.** Various instruments were used for the present study, including a NAPCO carbon dioxide incubator (5420-1; Precision Scientific of America, Waltham, MA, USA), an XD-101 inverted phase contrast microscope (Guangdian LLC, Nanjing, China), a microplate reader (Bio-ELx-800; Cole-Parmer, Vernon Hills, IL, USA), a  $\gamma$ -counter (1470WIZARD; PerkinElmer, Inc., Waltham, MA, USA), a MSI Trace vibrator (IKA GmbH, Königswinter, Germany), a PCR System (9600 GeneAmp; PerkinElmer, Inc.), type DYY-5 stable voltage electrophoresis apparatus (Six One Instrument Factory, Beijing, China) and type WD-9403C ultraviolet analyzer (Six One Instrument Factory).

**Osteogenic induction of MSCs.** Passage three MSCs were cultured in high glucose Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS; Gibco; Thermo Fisher Scientific, Inc.) and 1% antibiotic cocktail (10,000  $\mu\text{g/ml}$  penicillin G sodium and 10,000  $\mu\text{g/ml}$  streptomycin sulfate). The isolation and proliferation of rMSCs was performed according to previously described methods (5). Briefly, all 12 of the 4-week-old SPF Sprague-Dawley rats (100 g) were sacrificed by cervical dislocation and the bone marrow was harvested by flushing their femoral cavities with PBS. Bone marrow cells were prepared by gradient centrifugation at 900  $\times$  g for 30 min on a Percoll-Paque gradient (Amersham Pharmacia Biotech, Inc., Piscataway, NJ, USA) at a specific gravity of 1.073 g/ml. The low-density mononuclear cells were washed twice in Hanks' balanced salt solution and cultured in DMEM supplemented with 10% FBS and 1% antibiotic (10,000 U/ml penicillin G sodium, 10,000  $\mu\text{g/ml}$  streptomycin sulfate) at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. The medium was changed every 3 to 4 days to remove the non-adherent hematopoietic cells. The adherent cell population was expanded and passaged every 12 to 14 days. All cells used for the experiments

have been through three passages. To identify the abilities of rMSCs with regard to osteogenesis and adipogenesis, the following studies were performed. Micrographs of osteoblasts isolated from the 4-week-old SPF SD rats *in vitro* were obtained on day 3, 4 and 7 under inverted phase-contrast microscope at  $\times 200$  magnification.

For induction, the culture medium was changed to osteoblast medium (OBM), composed of high glucose DMEM supplemented with 50  $\mu\text{g/ml}$  L-ascorbic acid, 10<sup>-2</sup> M  $\beta$ -glycerophosphate and 10<sup>-8</sup> M dexamethasone.

**MSC alkaline phosphatase (ALP) activity following osteogenic induction with PNPP.** Samples of high glucose DMEM supplemented with 1% FBS (low serum) were collected following culture with MSCs in plates for 48 h, while the osteoinductive culture medium was added to the induction group. Osteoinductive drugs were added to the OBM and PNPP at final concentrations of 5 $\times 10^{-8}$ , 1 $\times 10^{-7}$ , 5 $\times 10^{-7}$ , 1 $\times 10^{-6}$  and 2.5 $\times 10^{-6}$  M Sal B and at 2 $\times 10^{-6}$  M DSU. An additional Sal B group was incubated without the PNPP bone-inducing agent, with a final concentration of Sal B of 5 $\times 10^{-7}$  M. After 3, 5 and 7 days of osteogenic culture, the ALP content of the cells was assessed.

The experiment was conducted using nine groups in order to determine the effects of Sal B on the osteogenic differentiation of MSCs via regulation of the NO pathway. The groups included: A negative control group; osteogenic induction control group; nitric oxide inhibitor L-NAME group; Sal B group; DSU group; estradiol (E<sub>2</sub>) group; L-NAME + DSU group; L-NAME + Sal B group; and a L-NAME + E<sub>2</sub> group. The final concentration of L-NAME was 5 $\times 10^{-7}$  M, of DSU was 2 $\times 10^{-6}$  M, of Sal B was 5 $\times 10^{-7}$  M and of E<sub>2</sub> was 10<sup>-8</sup> M. On days 5 and 7, ALP activity was measured. Cultured cells were rinsed with PBS three times and 150  $\mu\text{l}$  of substrate buffer (6.7 mM disodium p-nitrophenylphosphate hexahydrate, 25 mM diethanolamine and 1 mM MgCl<sub>2</sub>) was subsequently added. Following incubation of the mixtures at 37°C for 30 min, 100  $\mu\text{l}$  of sodium hydroxide (0.1 M) was added to stop each reaction. Subsequently, the optical density of each mixture was determined using a microplate reader at 405 nm.

**OCN in the conditioned MSC media by radioimmunoassay.** High glucose DMEM supplemented with 10% FBS was applied to the cells following culture in plates for 24 h. Cells were cultured for a total of 22 days. Vitamin D<sub>3</sub> (10<sup>-7</sup> M) was added to each group on day 18. During the last 24 h of incubation, the culture medium was changed to serum-free DMEM. Before taking measurements, 100  $\mu\text{l}$  of labeled antigen and then 100  $\mu\text{l}$  of antibody were added to the conditioned media samples, which were incubated at 4°C for 18 h. Following this, 1,000  $\mu\text{l}$  of the secondary antibody was added and the samples were centrifuged at 4 000  $\times$  g at 4°C for 20 min. The radioactivity of each sample was determined on a scintillation counter.

**NO content of the conditioned MSC media after osteogenic induction using the nitrate reductase method.** High glucose DMEM supplemented with 10% FBS was added to the cells following culture in plates for 24 h, with control fluid, osteogenic induction agents. The cells were stimulated by

Table I. Primer sequences used for reverse transcription-polymerase chain reaction.

Gene	Direction	Primer sequence	Product length (bp)
β-actin	Forward	5'-AACCCCTAAGGCCAACCGTGAAAAG-3'	240
	Reverse	5'-TCATGAGGTAGTCTGTCAGGT-3'	
OPG	Forward	5'-TCCTGGCACCTACCTAAAACAGCA-3'	578
	Reverse	5'-CTACACTCTCTGCATTCACTTTGG-3'	
RANKL	Forward	5'-TCCCAAGTTCGCATAACCTGA-3'	140
	Reverse	5'-GTTGGACACCTGGACGCTAATT-3'	

OPG, osteoprotegerin; RANKL, receptor activator of nuclear factor κ-B ligand.

osteogenic induction medium (OIM) composed of high glucose DMEM supplemented with 50 μg/ml L-ascorbic acid, 10<sup>-2</sup> M β-glycerophosphate and 10<sup>-8</sup> M dexamethasone and the different drugs added to make the nine groups described above. On day 2 and 3 of culture, NO content of the conditioned media samples was measured.

*RT-PCR analysis of osteoprotegerin (OPG) and nuclear factor-κB ligand (RANKL) gene expression levels by MSCs following osteogenic induction.* High glucose DMEM supplemented with 1% FBS was added to the MSCs following culture in plates for 48 h, and the bone induction agent (PNPP) was added to the induction group. Drugs in various concentrations were added to the cells to create the nine experimental groups as described. Total RNA was extracted from the cells in each group after 7 days of culture and purified using a TRIzol kit (Invitrogen; Thermo Fisher Scientific, Inc., Waltham, MA, USA), according to the manufacturer's instructions. Total RNA (0.5 μg) was subjected to RT-PCR analysis using the 9600 GeneAmp PCR system (PerkinElmer Inc.) with PCR reagents from Invitrogen (Thermo Fisher Scientific, Inc.) and the primers listed in Table I. In the reaction for OPG, the RT step was performed at 50°C for 30 min. Total RNA was extracted from cultured cells with RNeasyMini Kit (Qiagen, Inc., Valencia, CA, USA) and first-strand cDNA was synthesized using M-MLV reverse transcriptase (Promega Corporation, Madison, WI, USA) according to the manufacturer's protocol. Real-Time PCR was performed using the Step One Plus Real-Time PCR System (Applied Biosystems; Thermo Fisher Scientific, Inc.). The reaction conditions consisted of 15 μl reaction volumes with diluted cDNA template 3 μl, 7.5 μl SYBR-Green Master Mix (2x), 3.9 l PCR-Grade water and 0.3 μl of each primer (10 μM). PCR amplification conditions were as follows: Denaturation at 94°C for 2 min; followed by 35 cycles of 94°C for 30 sec, 53°C for 30 sec and 70°C for 45 sec; and a 72°C extension for 8 min. In the reaction for RANKL, the RT step was performed at 50°C for 30 min. PCR amplification conditions were as follows: Denaturation at 94°C for 2 min; followed by 35 cycles of 94°C for 30 sec, 60°C for 45 sec and 70°C for 60 sec; and a 72°C extension for 8 min. For the blank control, the RNA sample was substituted with 0.5 μl of deionized water. The PCR products were subjected to 2% agarose gel electrophoresis, ethidium bromide staining and analysis with a gel imaging system. β-actin was used as an internal control reference.

*Statistical analysis.* Data were presented as mean ± standard deviation. The statistical differences among groups were evaluated using one-way analysis of variance. P<0.05 was considered to represent statistically significant differences.

## Results

*Morphology of rat MSCs following osteogenic induction.* The cultured primary MSCs presented a variety of cell morphologies, with two types of cells appearing most frequently. One was a fibroblast-like cell with a fusiform or triangular shape. The other was a pancake-shaped epithelioid cell with an appearance similar to that of epithelial cells (Fig. 1). Over time in culture, the MSCs first formed small isolated colonies, and then the colonies enlarged until they merged together. After 14 days, the cells were passaged for the first time, and the fusiform, triangular and polygonal cells were trypsinized, collected and seeded into fresh culture flasks. The epithelioid cells that remained adhered to the wall of the flasks were disposed of in order to help purify the cell population. After 2-3 passages, the cells in the flask were a homogeneous population of fibroblast-like cells. The majority of the cells displayed a parallel or swirl-like growth pattern (Fig. 1). Following induction of osteogenesis, the passage three cells lost the original fibroblast-like morphology and assumed triangular or polygonal shapes (Fig. 1). Following 21 days in culture, the appearance of nodules was observed.

*Effect of Sal B on ALP activity in MSCs treated with osteogenic induction agent.* ALP activities of the MSCs in all groups were measured on days 3, 5, and 7. Compared with the control group, Sal B at a concentration of 5x10<sup>-7</sup> M significantly enhanced the secretion of ALP on day 3 (P<0.01; Table II). When osteogenic induction agent was added, Sal B markedly increased the ALP activity; compared with the osteogenic induction group, the ALP activity was significantly increased at Sal B concentrations of 5x10<sup>-8</sup> M, 5x10<sup>-7</sup> M and 1x10<sup>-6</sup> M (all P<0.01). Additionally, DSU significantly increased the ALP activity of the cells at days 3, 5 and 7 compared with the control (P<0.01) and osteogenic induction group (day 3 and 7, P<0.01; day 5, P<0.05; Table II).

*Effects of Sal B and DSU on the OCN content in media conditioned by MSCs.* MSCs cultured for 22 days secreted a small amount of OCN. Even without the osteogenic induction



Table II. Effects of Sal B and DSU on alkaline phosphatase activity in mesenchymal stem cells.

Group	Day 3	Day 5	Day 7
Control	0.252±0.033	0.406±0.053	0.442±0.039
Sal B 5x10 <sup>-7</sup> mol/l (not OB-in)	0.408±0.075 <sup>a,b</sup>	0.436±0.025 <sup>b,c</sup>	0.569±0.071 <sup>b</sup>
Osteogenic induction	0.472±0.090 <sup>a,b</sup>	0.707±0.030 <sup>a</sup>	0.648±0.072 <sup>a,b</sup>
Sal B 5x10 <sup>-8</sup> mol/l (OB-in)	0.609±0.088 <sup>a,c</sup>	0.794±0.095 <sup>a,b,d</sup>	0.873±0.148 <sup>a,c</sup>
Sal B 10 <sup>-7</sup> mol/l (OB-in)	0.519±0.047 <sup>a,b</sup>	0.752±0.054 <sup>a,b</sup>	0.794±0.096 <sup>a</sup>
Sal B 5x10 <sup>-7</sup> mol/l (OB-in)	0.582±0.052 <sup>a,c</sup>	0.724±0.035 <sup>a,d</sup>	0.801±0.154 <sup>a,d</sup>
Sal B 10 <sup>-6</sup> mol/l (OB-in)	0.611±0.049 <sup>a,c</sup>	0.760±0.082 <sup>a,b,d</sup>	0.849±0.190 <sup>a,c</sup>
Sal B 2.5x10 <sup>-6</sup> mol/l (OB-in)	0.619±0.047 <sup>a,c</sup>	0.667±0.061 <sup>a</sup>	0.667±0.132 <sup>a,b</sup>
DSU 2x10 <sup>-6</sup> mol/l (OB-in)	0.654±0.092 <sup>a,c</sup>	0.791±0.082 <sup>a,d</sup>	0.887±0.163 <sup>a,c</sup>

Data are presented as the mean ± standard deviation (n=6). <sup>a</sup>P<0.01 vs. the control group; <sup>b</sup>P<0.01 vs. the DSU group; <sup>c</sup>P<0.01 and <sup>d</sup>P<0.05 vs. the osteogenic induction group. Sal B, salvianolic acid B; DSU, danshensu; OB-in, osteogenic-induced.

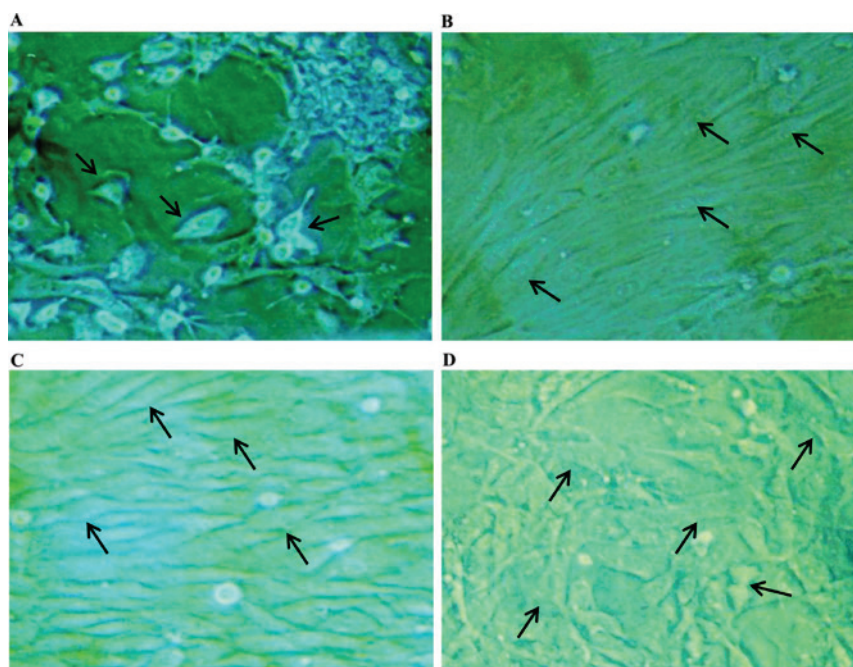


Figure 1. Rat mesenchymal stem cell morphology during (A) primary *in vitro* culture for 4 days, (B) passage two of *in vitro* culture after 3 days, (C) passage three of *in vitro* culture after 4 days and (D) after osteogenic induction *in vitro* for 7 days (alkaline phosphatase staining; magnification, x200).

agent, Sal B increased the content of OCN, with the largest, significant increase demonstrated at a drug concentration of 5x10<sup>-7</sup> M (P<0.05) compared with the control (Fig. 2). With the osteogenic induction agent, Sal B significantly increased the content of OCN at a Sal C concentration of 0.1 (P<0.05) and 0.5 μmol/l (P<0.01) compared with the cells cultured without the osteogenic induction agent. DSU significantly increased the OCN content compared with the control (P<0.01) and increased OCN content to a greater extent than the increase observed with Sal B (Fig. 2).

#### Effects of Sal B on OPG and RANKL expression levels.

Following osteogenic induction of MSCs, the expression levels of OPG significantly increased compared with the control (P<0.05; Fig. 3). Sal B at concentrations of 0.5 and 2.5 μM and DSU at a concentration of 2 μM significantly increased the

OPG expression levels in conditions with osteogenic induction compared with the control group.

RANKL expression levels significantly increased after osteogenic induction of the MSCs compared with the control group (P<0.05; Fig. 4). Sal B at concentrations of 0.05, 0.5 and 2.5 μM and DSU at a concentration of 2 μM significantly decreased the RANKL expression under conditions of osteogenic induction compared with the osteogenic induction group (P<0.05; Fig. 4). Furthermore, Sal B at concentrations of 0.5 and 2.5 μM and DSU at a concentration of 2 μM significantly increased the OPG/RANKL ratio compared with the control (P<0.05; Fig. 5).

*Effect of Sal B on NO content in the conditioned media of MSCs following osteogenic induction.* Compared with the control group, the content of NO was significantly increased in the osteogenic induction group (P<0.05; Table III). NO

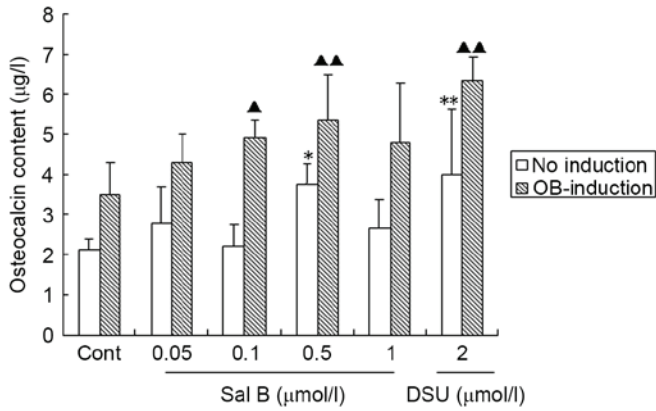


Figure 2. Effect of Sal B and DSU on osteocalcin content in the conditioned media from mesenchymal stem cells at day 22. Data are presented as the mean + standard deviation (n=6) \*P<0.05 and \*\*P<0.01 vs. the Cont group; ▲P<0.05 and ▲▲P<0.01 vs. the OB-induction group. Sal B, salviolic acid B; DSU, danshensu; Cont, control; OB-induction, osteogenic induction group.

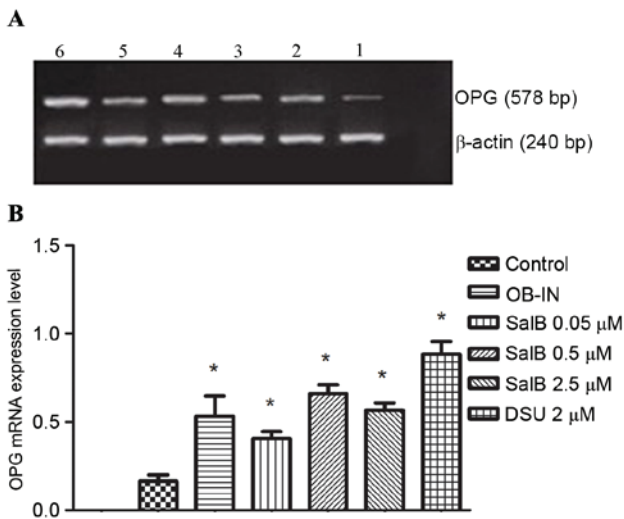


Figure 3. (A) Reverse transcription-polymerase chain reaction examination of OPG mRNA expression levels by mesenchymal stem cells cultured in (1) control media, (2) osteogenic induction media, (3) 0.05 µM Sal B, (4) 0.5 µM Sal B, (5) 2.5 µM Sal B and (6) 2 µM danshensu. (B) Quantification of the effects of Sal B on the mRNA expression level of OPG in mesenchymal stem cells. Data are presented as the mean ± standard deviation. \*P<0.05 vs. control. Sal B, salviolic acid B; OPG, osteoprotegerin; OB-IN, osteogenic induction; DSU, danshensu.

synthase inhibitor (L-NAME) at a concentration of  $5 \times 10^{-3}$  M significantly decreased the NO content compared with the osteogenic induction group on day 2 (P<0.05) and compared to the control and osteogenic group on day 3 (both P<0.01; Table III). Sal B, DSU and  $E_2$  all significantly increased the NO content compared with the control and osteogenic induction groups (P<0.01), particularly at day 3, significantly reversing the inhibitory effect of L-NAME on NO production (P<0.01; Table III).

**Effect of Sal B on ALP content after suppression by L-NAME.** Compared with the osteogenic induction group, L-NAME significantly decreased the content of ALP (P<0.01) on days 5 and 7, whereas both Sal B and  $E_2$  significantly increased the

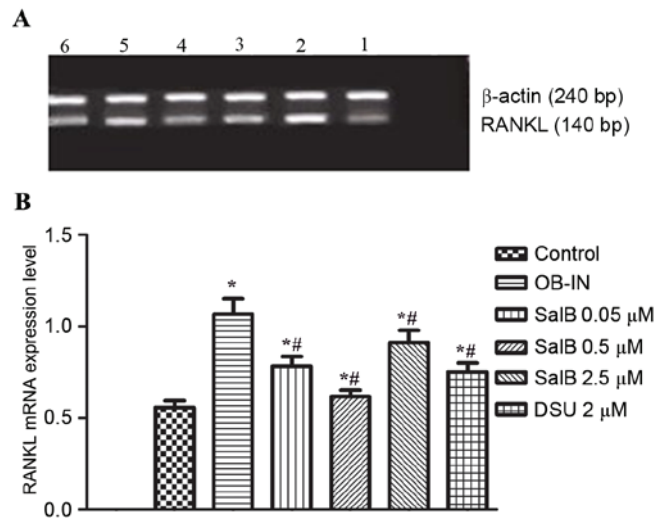


Figure 4. (A) Reverse transcription-polymerase chain reaction examination of RANKL mRNA expression levels by mesenchymal stem cells cultured in (1) control media, (2) osteogenic induction media, (3) 0.05 µM Sal B, (4) 0.5 µM Sal B, (5) 2.5 µM Sal B and (6) 2 µM danshensu. (B) Quantification of the effects of Sal B on the mRNA expression levels of RANKL in mesenchymal stem cells. Data are presented as the mean ± standard deviation. \*P<0.05 vs. the control, #P<0.05 vs. the OB-IN group. Sal B, salviolic acid B; RANKL, receptor activator of nuclear factor-κB ligand; OB-IN, osteogenic induction; DSU, danshensu.

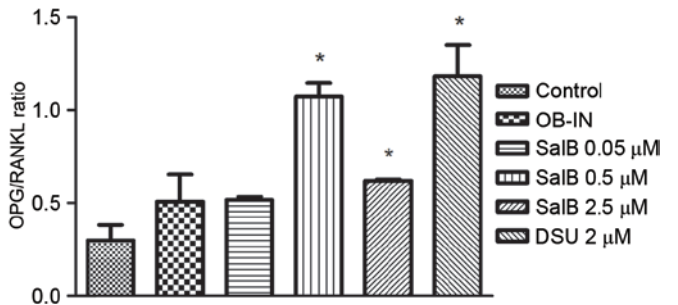


Figure 5. Effect of Sal B on the mRNA expression level ratio of OPG and RANKL by mesenchymal stem cells. Data are presented as the mean ± standard deviation. \*P<0.05 vs. control. Sal B, salviolic acid B; OPG, osteoprotegerin; RANKL, receptor activator of nuclear factor-κB ligand; OB-IN, osteogenic induction; DSU, danshensu.

content of ALP (P<0.01) on days 5 and 7, and DSU significantly increased the content of ALP on day 7 (P<0.05). Compared with the L-NAME group ( $5 \times 10^{-3}$  M), the ALP content was significantly increased in the L-NAME + Sal B group on day 7 (P<0.01), as well as in the L-NAME + DSU group on days 5 and 7 (P<0.05; Table IV).

**Effect of Sal B on OCN content after suppression by L-NAME.** Compared with the osteogenic induction group, L-NAME ( $5 \times 10^{-3}$  M) significantly decreased OCN content of the conditioned media (P<0.01). However, Sal B and DSU significantly increased OCN content compared with the osteogenic induction group (both P<0.01), and OCN content was also increased in the  $E_2$  group (Table V). Compared with the L-NAME group, OCN content in the L-NAME + DSU and L-NAME + Sal B groups was significantly increased (both P<0.01), and no

Table III. Effects of various drugs on nitric oxide secretion by mesenchymal stem cells in osteoblast medium.

Group	Day 2	Day 3
Control	110.185±4.839	105.741±4.182
Induction control	122.778±3.123 <sup>a</sup>	114.444±5.305 <sup>a</sup>
E <sub>2</sub> 10 <sup>-8</sup> mol/l	136.296±5.823 <sup>b,d</sup>	130.000±9.788 <sup>b,d,e</sup>
Sal B 5x10 <sup>-7</sup> mol/l	131.482±9.498 <sup>d</sup>	127.407±7.971 <sup>b,d,e</sup>
DSU 2x10 <sup>-6</sup> mol/l	129.259±4.077 <sup>b,d</sup>	131.852±7.687 <sup>b,d,e</sup>
L-NAME 5x10 <sup>-3</sup> mol/l	84.444±12.492 <sup>c</sup>	87.407±5.907 <sup>b,e</sup>
L-NAME + E <sub>2</sub>	99.444±9.129 <sup>c</sup>	110.185±5.040 <sup>d</sup>
L-NAME + Sal B	101.852±4.852 <sup>e</sup>	113.333±7.166 <sup>d</sup>
L-NAME + DSU	101.111±10.447	110.556±9.706 <sup>d</sup>

Data are presented as the mean ± standard deviation (n=6). <sup>a</sup>P<0.05 and <sup>b</sup>P<0.01 vs. the control group; <sup>c</sup>P<0.05 and <sup>d</sup>P<0.01 vs. the osteogenic induction group; <sup>e</sup>P<0.01 vs. the L-NAME group. E<sub>2</sub>, prostaglandin E<sub>2</sub>; Sal B, salvianolic acid B; DSU, danshensu; L-NAME, N-nitro L-arginine methyl ester.

Table IV. Effects of various drugs on the alkaline phosphatase activity of mesenchymal stem cells in osteoblast medium.

Group	Day 5	Day 7
Control	0.229±0.054	0.220±0.017
Induction control	0.390±0.027 <sup>a</sup>	0.361±0.042 <sup>a</sup>
E <sub>2</sub> 10 <sup>-8</sup> mol/l	0.451±0.035 <sup>a,c</sup>	0.412±0.023 <sup>a,c,d</sup>
Sal B 5x10 <sup>-7</sup> mol/l	0.460±0.043 <sup>a,c</sup>	0.420±0.045 <sup>a,c</sup>
DSU 2x10 <sup>-6</sup> mol/l	0.422±0.047 <sup>a,c</sup>	0.406±0.034 <sup>a,c,d</sup>
L-NAME 5x10 <sup>-3</sup> mol/l	0.273±0.037 <sup>a,b</sup>	0.238±0.030 <sup>b,e</sup>
L-NAME + E <sub>2</sub>	0.360±0.042 <sup>b</sup>	0.323±0.042 <sup>b,c,e</sup>
L-NAME + Sal B	0.315±0.037 <sup>a,b</sup>	0.290±0.036 <sup>a,c</sup>
L-NAME + DSU	0.326±0.036 <sup>a,b,f</sup>	0.293±0.037 <sup>a,c</sup>

Data are presented as the mean ± standard deviation of optical densities (n=6). <sup>a</sup>P<0.01 and <sup>b</sup>P<0.05 vs. the control group; <sup>c</sup>P<0.01 and <sup>d</sup>P<0.05 vs. the osteogenic induction group; <sup>e</sup>P<0.01 and <sup>f</sup>P<0.05 vs. the L-NAME group. E<sub>2</sub>, prostaglandin E<sub>2</sub>; Sal B, salvianolic acid B; DSU, danshensu; L-NAME, N-nitro L-arginine methyl ester.

significant effect was demonstrated in the L-NAME + E<sub>2</sub> group (Table V). These results suggest that Sal B and DSU may reverse the inhibitory effect of L-NAME on OCN secretion.

*Effect of Sal B on the mRNA expression levels of OPG and RANKL after suppression by L-NAME.* As demonstrated in Fig. 6 osteogenic induction increased OPG mRNA expression levels compared with the control (P<0.05). However, the expression levels of OPG mRNA decreased in the L-NAME group. Sal B, DSU and E<sub>2</sub> significantly increased OPG mRNA expression levels compared with the osteogenic induction (P<0.05; Fig. 6). In contrast with L-NAME alone, L-NAME + DSU, L-NAME + Sal B and L-NAME + E<sub>2</sub> all significantly increased the expression of OPG mRNA (P<0.05; Fig. 6).

Table V. Effects of various drugs on the osteocalcin content of conditioned osteoblast medium from mesenchymal stem cells.

Group	Osteocalcin (μg/l)
Induction control	2.876±0.410
E <sub>2</sub> 10 <sup>-8</sup> mol/l	4.767±0.678 <sup>a</sup>
Sal B 5x10 <sup>-7</sup> mol/l	4.450±0.768 <sup>b</sup>
DSU 2x10 <sup>-6</sup> mol/l	4.428±1.058 <sup>b</sup>
L-NAME 5x10 <sup>-3</sup> mol/l	1.737±0.816 <sup>b</sup>
L-NAME + E <sub>2</sub>	2.555±0.478
L-NAME + Sal B	3.921±0.539 <sup>c,d</sup>
L-NAME + DSU	3.932±0.343 <sup>b,d</sup>

Data are presented as the mean ± standard deviation (n=6). <sup>a</sup>P<0.05 and <sup>b</sup>P<0.05 vs. the L-NAME group; <sup>c</sup>P<0.01 and <sup>d</sup>P<0.05 vs. the osteogenic induction group. E<sub>2</sub>, prostaglandin E<sub>2</sub>; Sal B, salvianolic acid B; DSU, danshensu; L-NAME, N-nitro L-arginine methyl ester.

As demonstrated in Fig. 7, the mRNA expression level of RANKL was significantly increased in the osteogenic induction groups compared with the control (P<0.05). Sal B, DSU and E<sub>2</sub> significantly decreased the expression of RANKL, L-NAME and increased the expression of RANKL, compared with the osteogenic induction (P<0.05; Fig. 7). Compared with L-NAME alone, L-NAME + DSU, L-NAME + Sal B and L-NAME + E<sub>2</sub> all significantly decreased the expression of RANKL (P<0.05; Fig. 7).

As demonstrated in Fig. 8, the OPG/RANKL ratio was not significantly altered in the osteogenic induction group compared with the control group. L-NAME significantly decreased the OPG/RANKL ratio compared with the osteogenic induction control (P<0.05), whereas Sal B, DSU and E<sub>2</sub> increased the OPG/RANKL ratio (P<0.05). Compared with L-NAME alone, L-NAME + DSU, L-NAME + Sal B and L-NAME + E<sub>2</sub> significantly increased the OPG/RANKL ratio (P<0.05; Fig. 8).

## Discussion

MSC differentiation has a key role in the incidence and development of osteoporosis. Drugs that regulate the differentiation of MSCs, particularly those that promote the osteogenic differentiation of MSCs, may be beneficial for the treatment of osteoporosis. The osteogenic processes that MSCs undergo during *in vitro* culture include the transition phase, cellular proliferative stage, cell aggregate secretory period and the extracellular matrix calcification period. One indicator of the cell aggregate secretory period is the distinct increase in ALP level (6). Following the cell aggregate secretory period is the extracellular matrix calcification period, during which the expression of OCN reaches its peak (7). The results of the present study demonstrate that Sal B is able to increase the activity of ALP produced by MSCs following osteogenic induction, as well as increase the level of OCN. These results were consistent with a previous study that investigated the effects of Sal B on osteoblasts, which found that Sal B exerted its largest effects during the middle and later periods



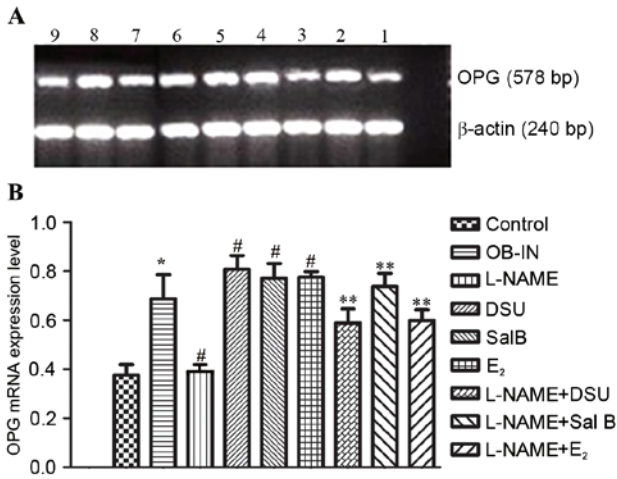


Figure 6. (A) Reverse transcription-polymerase chain reaction examination of OPG mRNA expression levels by mesenchymal stem cells cultured in (1) control media, (2) osteogenic induction media, (3) L-NAME, (4) DSU, (5) Sal B, (6) E<sub>2</sub>, (7) L-NAME+DSU, (8) L-NAME + Sal B and (9) L-NAME + E<sub>2</sub>. (B) Quantification of the effects of several drugs on the mRNA expression level of OPG by mesenchymal stem cells cultured in osteogenic induction media. Data are presented as the mean ± standard deviation. \*P<0.05 vs. control, #P<0.05 vs. OB-IN group, \*\*P<0.05 vs. L-NAME group. OPG, osteoprotegerin; OB-IN, osteogenic induction; L-NAME, N-nitro L-arginine methyl ester; DSU, danshensu; Sal B, salvi-anolic acid B; E<sub>2</sub>, prostaglandin E<sub>2</sub>.

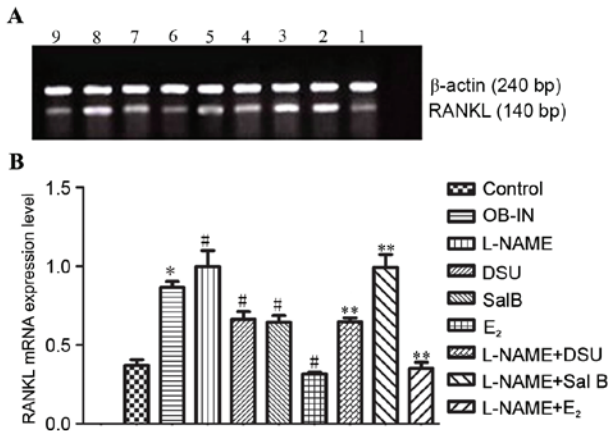


Figure 7. (A) Reverse transcription-polymerase chain reaction examination of RANKL mRNA expression levels by mesenchymal stem cells cultured in (1) control media, (2) osteogenic induction media, (3) L-NAME, (4) DSU, (5) Sal B, (6) E<sub>2</sub>, (7) L-NAME + DSU, (8) L-NAME + Sal B and (9) L-NAME + E<sub>2</sub>. (B) Quantification of the effects of several drugs on the mRNA expression level of RANKL by mesenchymal stem cells in osteogenic induction media. Data are presented as the mean ± standard deviation. \*P<0.05 vs. control, #P<0.05 vs. OB-IN group, \*\*P<0.05 vs. L-NAME group. RANKL, receptor activator of nuclear factor-κB ligand; OB-IN, osteogenic induction; L-NAME, N-nitro L-arginine methyl ester; DSU, danshensu; Sal B, salvi-anolic acid B; E<sub>2</sub>, prostaglandin E<sub>2</sub>.

of the bone formation process, when the MSCs differentiate towards osteoblasts (8). Sal B also promoted the differentiation of MSCs into osteoblasts and the differentiated functions of mature osteoblasts (8). Sal B has been reported to influence the expression of transforming growth factor (TGF)-β1 and its receptor protein in rats with liver fibrosis induced by

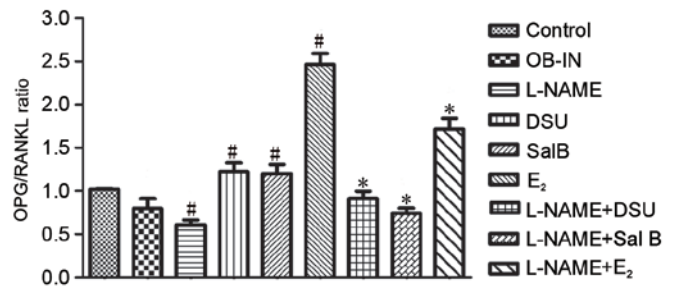


Figure 8. Effects of a number of different drugs on the mRNA expression level ratio of OPG and RANKL by mesenchymal stem cells in osteogenic induction media. Data are presented as the mean ± standard deviation. \*P<0.05 vs. OB-IN group, #P<0.05 vs. L-NAME group. OPG, osteoprotegerin; RANKL, receptor activator of nuclear factor-κB ligand; OB-IN, osteogenic induction; L-NAME, N-nitro L-arginine methyl ester; DSU, danshensu; Sal B, salvi-anolic acid B; E<sub>2</sub>, prostaglandin E<sub>2</sub>.

dimethyl nitrosamine administration (9). TGF-β1 and bone morphogenetic protein both belong to the TGF-β superfamily. In combination with the receptor, which has serine/threonine kinase activity, molecules in this superfamily induce cytological effects through signaling pathways involved in the osteogenic differentiation of MSCs (10). TGF-β1, a powerful factor that facilitates osteogenic differentiation, promotes the activity of ALP and stimulates the synthesis of type I collagen, osteonectin and osteopontin (11). These molecules may contribute to the regulation of TGF-β1 by Sal B, which may strengthen the osteogenic differentiation of MSCs.

Bone metabolism includes both bone formation and resorption. Under normal conditions, total bone mass remains in balance due to an equilibrium between the quantity and activity of osteoblasts and osteoclasts (12). The OPG/RANKL pathway is required to maintain the bone mass in dynamic equilibrium and the OPG/RANKL concentration ratio is a decisive factor for the induction of osteoclast differentiation (13). Several cytokines and hormones, which regulate the behavior of osteoclasts *in vivo*, act mainly by influencing the secretion of OPG and RANKL (14). The results reported in the present study demonstrated that Sal B is able to increase the OPG/RANKL ratio during osteogenic differentiation by MSCs. One explanation for this result may be related to the mediating effect of TGF-β1. TGF-β1 is a multi-functional cytokine that is able to both promote the expression of OPG and inhibit the expression of RANKL (15). Another explanation may be that Sal B affects the level of glutamic acid. Several articles have reported that total salvi-anolic acid, containing Sal B, decreased the release of glutamic acid at certain concentrations (16). Osteoblasts and MSCs display glutamate receptors, and glutamic acid works through glutamate receptors to alter the activity of nitric oxide synthase (NOS), thereby regulating the osteogenic differentiation of MSCs (17). A study by Foreman *et al* (18) reported that L-glutamic acid inhibits calcium channels, decreasing the concentration of calcium ions within cells. Ca<sup>2+</sup>-calmodulin affects the activity of NOS, which also declines with the concentration of calcium; however, this effect disappears in the presence of glutamate receptor inhibitor (18). Alterations to the activity of NOS result in changes in the levels of NO. This may help to explain why Sal B altered the expression of OPG/RANKL in the present study.

In addition, the ability of Sal B to reverse the suppressive effects of L-NAME was investigated in the present study to verify that Sal B works through the NO pathway. NO, an inorganic free radical gas is produced from L-arginine through the oxidation of guanidine nitrogen and is catalyzed by NOS. In a previous study it was demonstrated that NO and NOS have key roles in osteoporosis by participating in and promoting its pathophysiological processes (19). NO has an important role in the regulation of information transmission, both within individual cells and between neighboring cells, and thereby regulates the bone remodeling process (19). NO enhances cytokine-induced bone resorption that is closely related to the lack of estrogen in postmenopausal women with osteoporosis (20). NOS is predominantly present in bone tissue as inducible NOS (iNOS) and endothelial NOS (eNOS) (21). Osteoblasts and osteoclasts both secrete NO, which has autocrine and paracrine effects and is involved in the regulation of osteoblasts and osteoclasts (22). NOS and NO display bidirectional regulation of osteoclast function (23). A basal concentration of NO is essential for maintaining the normal resorption activity of osteoclasts; however, when the concentration of NO increases above a certain threshold, it may significantly increase the resorption activity of osteoclasts by stimulating the activity of cyclic guanosine monophosphate to induce cytotoxicity (24). Under normal physiological conditions, eNOS has a major role in the regulation of bone formation and has an important role in the occurrence of osteoblast differentiation and maturation (25). The NO donor sodium nitroprusside is able to increase the OPG/RANKL ratio in MSCs, thereby promoting osteogenesis, while the NO donor nitroglycerin is able to mitigate glucocorticoid-induced bone loss in rats (26). Exogenous arginine may increase the serum level of NO, indirectly increasing the bone mineral density of postmenopausal patients with osteoporosis (27); however, high concentrations of NO may inhibit the maturation, differentiation and function of osteoblasts.

As the experimental results of the present study demonstrated, non-induced MSCs secrete little NO, and NO secretion increases after osteogenic induction. L-NAME, an eNOS-specific inhibitor, is able to significantly decrease the level of NO secreted by MSCs after osteogenic induction. In the present study, the ALP activity and OCN content of the L-NAME group were significantly lower than those of the osteogenic induction control group. Sal B, DSU and E<sub>2</sub> are able to stimulate the secretion of NO and reverse the inhibitory effects of L-NAME on NO synthesis, promoting osteogenic differentiation of MSCs. E<sub>2</sub> not only promotes the secretion of NO, it also helps to regulate eNOS. The binding of estrogen and the estrogen receptor to osteoblasts activates eNOS through the mitogen activated protein kinase and phosphoinositide 3-kinase/protein kinase B pathways, which produces physiological levels of NO that regulate the activity of osteoblasts and osteoclasts (28). Estrogen is also able to increase eNOS gene expression levels and the *in vitro* activity of cultured human osteoblasts (29).

Furthermore, the results of the present study demonstrated that E<sub>2</sub> promotes the secretion of NO by MSCs, possibly by influencing eNOS, as L-NAME is an eNOS-specific inhibitor. The results also indicated that the NO content in the L-NAME + E<sub>2</sub> group was significantly lower than that in

the E<sub>2</sub> group. The L-NAME + Sal B and L-NAME + DSU groups also demonstrated similar effects. It is possible to speculate that Sal B and DSU promote the secretion of NO by MSCs by affecting eNOS. The low expression level of eNOS-dependent NO has been reported to be an important characteristic of the pathogenesis of glucocorticoid-induced osteoporosis (30). The effects of Sal B on NO may be beneficial for the treatment of glucocorticoid-induced osteoporosis. A previous study demonstrated that the NO concentration in patients with coronary heart disease was significantly higher after administration of the compound danshen, which helped to maintain myocardial perfusion (31). Magnesium lithospermate B has been demonstrated to reduce the endothelial cell damage caused by hypoxia and reoxygenation and increased endothelial NO release (32). Phenolic acids mainly consisting of Sal B have similar effects as angiotensin-converting enzyme-inhibitors (ACEIs) (33). ACEIs competitively inhibit the angiotensin-converting enzyme, thereby increasing NO production (34). These findings suggest that Sal B has a direct or indirect role in the promotion of NO secretion.

L-NAME suppresses the expression levels of OPG mRNA by MSCs under osteogenic induction, which increases the expression levels of RANKL mRNA, decreasing the OPG/RANKL ratio (35). Through the nuclear factor- $\kappa$ B and interferon- $\beta$  signaling pathways, RANKL induces the expression of iNOS and the production of NO, which decreases the generation of RANKL-stimulated osteoclasts, acting as a type of autocrine feedback signal (36). Estradiol is able to increase the OPG/RANKL ratio (37). Sal B and estradiol exhibit the same effects on the expression of OPG and RANKL genes with or without L-NAME (38). It has been demonstrated that NO donors may increase the OPG expression in the bone tissue of ovariectomized mice (39). At appropriate concentrations, NO donors promote the proliferation of mouse MSCs and the protein expression levels of OPG, while high doses of NO donors inhibit the proliferation of MSCs and the synthesis of OPG (40). The promotion of OPG synthesis by NO donors was related to the activation of the tyrosine kinase and Runx2 genes in MSCs by NO (40). Furthermore, cyclic guanosine monophosphate was reported to not mediate this process (39). Sal B is similar to other NO donors in its promotion of NO secretion and elevation of NO levels, which may increase the OPG/RANKL expression ratio. First, Sal B promotes the secretion of NO. A study assessing cardiovascular disease (coronary heart disease and high blood pressure) and osteoporosis reported that the water-soluble ingredients of *S. miltiorrhiza* promote the secretion of NO (41). Second, the NO level is significantly correlated with the expression of OPG and RANKL (42). Previously, it has been demonstrated that NO is able to alter the bone resorption activity of osteoclasts and is involved in the occurrence and development of bone loss after menopause (42). Furthermore, NO donors are able to increase the OPG/RANKL ratio in MSCs. Third, L-NAME is able to decrease the OPG/RANKL ratio in cells under osteogenic induction; however, Sal B is able to reverse this effect. Fourth, estrogen is recognized as an anti-osteoporosis drug, and its anti-osteoporosis effects are related to NO (43,44). In addition, estrogen achieves the regulation of osteoclasts through the NO pathway to alter the OPG/RANKL ratio,



and estrogen stimulation is able to mediate the formation of osteoclasts and rapid bone loss after menopause (42). Therefore, it is possible to conclude that Sal B and DSU have similar roles in the regulation of bone absorption as estradiol; they increase the OPG/RANKL expression ratio via the NO pathway, which indirectly regulates osteoclasts.

In conclusion, Sal B promotes the osteogenic differentiation of MSCs *in vitro*. Furthermore, it is able to increase the OPG/RANKL mRNA expression level ratio during the osteogenic differentiation phases, an effect that may be mediated by the NO pathway.

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