

GEFT aberrant expression in soft tissue sarcomas

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Background: Guanine nucleotide exchange factor T (GEFT) exhibits high amplification level using high-resolution array comparative genomic hybridization in rhabdomyosarcoma. The overexpression rate of GEFT protein is higher in rhabdomyosarcoma than in normal striated muscle tissues. This study evaluated the aberrant expression of GEFT in multiple subtypes of soft tissue sarcoma (STS) and compared the differences in clinical pathology, histological feature and expression levels of GEFT protein and mRNA between chromosomal translocation-associated sarcomas (CTAS) and non-chromosomal translocation-associated sarcomas (NCTAS).

Methods: GEFT protein expression was detected using immunohistochemistry (IHC) and tissue microarrays. Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR) was used to detect the expression of GEFT mRNA.

Results: The rates of GEFT positive expression (196/219, 89.50%) and overexpression (113/219, 51.60%) were higher in multiple subtypes of STS than in normal striated muscle tissues. The rates of GEFT positive expression and overexpression in all subtypes of STS detected were significantly higher than that in the controls. No difference of GEFT expression was detected between CTAS and NCTAS.

Conclusions: The abnormal expression of GEFT exists in various subtypes of STS, which may play an important role in tumorigenesis of STS.

Keywords: Guanine nucleotide exchange factor T (GEFT); soft tissue sarcoma (STS); chromosomal translocation; non-chromosomal translocation-associated; immunohistochemistry

Submitted Sep 15, 2018. Accepted for publication Jan 07, 2019. doi: 10.21037/tcr.2019.01.16

View this article at: http://dx.doi.org/10.21037/tcr.2019.01.16

Introduction

Soft tissue sarcoma (STS) is highly heterogenous and contributes to 10% of all childhood tumors (1,2). According to the classification of the World Health Organization (WHO), STS has more than 60 subtypes that are prone to form pseudocapsule and mistaken as benign (3). Therefore, identifying novel biomarkers of STS is crucial

for early diagnosis and treatment. STS may occur in all non-epithelial tissues, including muscle, bone, lymphatic, hematopoietic, and glial tissues. Based on the molecular genetics, these STSs generated from different tissues are categorized as chromosomal translocation-associated sarcomas (CTAS) and non-chromosomal translocation-associated sarcomas (NCTAS) (4).

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Generally, CTAS involves specific genetic alterations with simple karyotypes, including chromosomal translocations and gene fusions generated, such as alveolar rhabdomyosarcoma, Ewing's sarcoma, and myxoid liposarcoma (4). By contrast, NCTAS lacks specific genetic change and exhibits complex karyotypes, such as leiomyosarcoma, pleomorphic rhabdomyosarcoma, and undifferentiated sarcoma (4). These two subgroups of STS exhibit different gene expression profiles, histological morphologies, and karyotypes. Moreover, distinctions in tumor tumorigenesis, development, and prognosis may be apparent. Therefore, discovering new molecular markers, which can accurately distinguish the subgroups of STS for diagnosis, treatment, and prognosis assessment, is important.

Guanine nucleotide exchange factor T (GEFT) is a member of the guanine nucleotide exchange factor (GEF) family and is located on chromosome 12q13.3 (5). GEFT upregulate activity of Rho GTPases such as Rac1, and Cdc42, RhoA, by stimulating the exchange of an inactive GDP-bound state and an active GTP-bound state, which activates upstream receptor signaling (6-8). Ongherth et al. (9) have reported that GEFT involved in secretion in cardiac fibroblasts and influences cardiac remodeling. GEFT can enhance dendritic spine formation and neurite outgrowth in neuroblastoma cells by activating the Rac/Cdc42-PAK signaling pathway (10). GEFT plays a crucial role in breast cancer progression and metastasis (11,12). Furthermore, other members of the Rho GEF family can modulate various functions through targeting Rho GTPases (13) that are involved in tumorigenesis, invasion and metastasis of tumors (14-17).

High copy numbers of GEFT is identified by high-resolution array comparative genomic hybridization in rhabdomyosarcoma tissues (18). Moreover, the rate of GEFT protein expression is remarkably up-regulated in rhabdomyosarcoma tissues, the level of its expression is related to lymph node and distant metastasis, advanced disease stages (stages III/IV), and poor overall survival (19). In this study, we identified if GEFT also exhibits abnormal expression in various subtypes of STS.

In the present study, GEFT protein expression was detected in multiple subtypes of STS and normal striated muscle tissues and compared the differences in clinical pathology, histological feature, and expression levels of GEFT protein and mRNA between CTAS and NCTAS. The rates of GEFT positive expression and overexpression were higher in multiple subtypes of STS than in the controls. The differences between the levels of GEFT protein and mRNA expression were not statistically

significant between CTAS and NCTAS. GEFT may play an important role in tumorigenesis of STS.

Methods

Patient samples

A total of 219 FFPE STS samples (43 leiomyosarcoma, 38 dermatofibrosarcoma protuberans, 36 undifferentiated sarcoma, 21 liposarcoma, 18 fibrosarcoma, 18 Ewing's sarcoma, and 45 rhabdomyosarcoma) and their clinical data were collected from the department of pathology of the First Affiliated Hospital of Shihezi University School of Medicine between 1972 and 2015. The samples were divided into two major types based on molecular genetic studies. A total of 36 normal striated muscle tissues as control were available. All hematoxylin and eosin (H&E) stained sections underwent histological examination by two or more highly qualified pathologists, who also considered the patient age, location of tumor, tumor size, and the results of immunohistochemical staining for diagnosis and differential diagnosis. The results were reported in accordance with the World Health Organization classification of soft tissue and osteosarcoma fourth edition [2013]. The study was recognized by the institutional ethics committee at the First Affiliated Hospital of Shihezi University School of Medicine (Approval ID: 2015-076-01) and strictly conducted in accordance with the ethical guidelines of the Declaration of Helsinki.

Clinical pathology and histological study

Pathomorphological observation was mainly based on the volume, size, and shape of the tumor cells. All case studies were divided into three categories, including small round, spindle, and pleomorphic cell tumors.

Tissue microarray (TMA) construction

Samples of each paraffin-embedded tissue were sectioned and stained with H&E. On the screened HE sections, typical regions of STS were marked and the corresponding area on the wax block was searched as the target for TMA construction. Minicore instrument and TMS Designer2 software were utilized in the design and creation of tissue cores. A hollow needle with a diameter of 1.0 mm was used to collect the tissue blocks and inserted into a blank paraffin block with the tissue array. Each typical region was reviewed using the hollow needle to ensure that at least 70% of the samples can be unfolded.

Immunohistochemistry

GEFT expression was detected by subjecting paraffinembedded tissue sections to standard immunohistological staining techniques using the Envision system (Dako, Carpinteria, CA). The 3.5 µm-thick sections were prepared and incubated at 65 °C for 4-6 h and then deparaffinized by 3 consecutive treatments with xylene and alcohol. Endogenous peroxidase activity was blocked with 3% H₂O₂ for 10 min. Antigen sites were unmasked by heating the sections in a microwave oven under 750 W for approximately 8 min in a medlar yoghurt buffer. The slices were washed thrice with PBS for 5 min and blocked by treatment with anti-GEFT antibody (Abcam, Cambridge, USA; dilution 1:300) at 4 °C overnight. The EnVision kits (Abcam, Cambridge, USA) was used as the second antibody in accordance with experiment requirements and incubated for 30 min. The sections were stained with -diaminobenzidine, counterstained with Mayer's hematoxylin, and dehydrated with graded alcohol and xylene. Finally, the slides were cleared and mounted. Semiquantitative analysis of GEFT expression was performed using the sections obtained. Samples were defined as GEFT-positive when brownish-yellow particles in the nucleus were present. Signal intensity was scored as 0, 1-3, 4-6, or 7-9 for no staining, weak staining, medium staining, and strong staining, respectively. The total score was calculated by multiplying the score of positive cell range by nuclear staining intensity score. Nuclear staining intensity was scored as 0-3, which corresponded to no staining, buff, yellow, and brown staining, respectively. Similar to the nuclear staining intensity scores, the percentage of positive cell range was scored as 0, 1, 2 or 3 for $\leq 5\%$ of the cells range, 6-35% of the cell range, 36-65% of the cell range or ≥66% of the cells range, respectively. Two experienced pathologists reviewed the immunostaining results by randomly selecting 5 regions from each sample section using a 400× power microscope.

Quantitative real-time polymerase chain reaction (qRT-PCR) detection

Expression of the GEFT mRNA in STS was detected using qRT-PCR. RNA was extracted from tumor samples according to the specifications of the manufacturers using RNeasy FFPE Kit (Qiagen, Hilden, Germany). The mRNA was transcribed into single-stranded cDNA by reverse transcription using QuantiTect Reverse Transcription Kit

(Qiagen, Hilden, Germany). Quantitative RT-PCR was performed through SYBR green PCR Master Mix (Qiagen, Hilden, Germany) with the Applied Biosystems 7500. All PCR assays were performed in triplicates. Triplicate Ct values were averaged, and the relative expression levels of GEFT were determined as 2^{-ΔCt}.

Statistical analysis

The Statistical Package for the Social Science (SPSS) (IBM Corp., Armonk, NY, USA) version 17.0 was used for all statistical analyses. Correlations between GEFT staining were calculated using the χ^2 tests. Two-sample t-tests were conducted to compare GEFT mRNA expression between CTAS and NCTAS. P-values were calculated by the Epi-Info program, and P value of less than 0.05 were considered significant.

Results

Clinical and pathological characteristics

The clinicopathological data of all tumor samples are listed in *Table 1*. The mean age of all the patients was 39.72 years. CTAS occurred in 89 cases with younger age range (mean 34.22 years) compared with that of NCTAS cases, which occurred in 130 cases at an older age range (mean 45.22 years). Histopathological observation showed that CTAS was mostly composed of small round and spindle cells, whereas NCTAS comprised pleomorphic cells.

GEFT expression in STS

The results showed that the overall GEFT protein expression and overexpression rates were 89.50% (196/219) and 51.60% (113/219) in the 219 STS cases, respectively. The rate of 36 normal striated muscle control samples expressing GEFT (1+) were 13.89% (5/36). Statistically significant difference was observed between the rate of positive GEFT expression and the controls (χ^2 =105.89, P<0.05). Moreover, the overall percentages of CTAS and NCTAS samples expressing GEFT were 89.89% (80/89) and 80.99% (116/130), respectively. The percentages of samples overexpressing GEFT (categorized as 2+ or 3+ staining) were 48.31% (43/89) and 53.85% (70/130) for CTAS and NCTAS, respectively. The positive expression (χ^2 =0.02, P>0.05) and overexpression rates $(\chi^2=0.65, P>0.05)$ between CTAS and NCTAS did not exhibit any statistically significant difference. The rates of GEFT protein expression in CTAS and NCTAS are shown in Table 2.

Table 1 The histological types, age, and gender distribution in CTAS and NCTAS

| Organization type | Case (N) | Average age (year) | Male/female ratio |
|--|----------|--------------------|-------------------|
| CTASs | 89 | 35.62 | 1:1.2 |
| Alveolar rhabdomyosarcoma | 20 | 20.40 | 1:1 |
| Ewing's sarcomas | 18 | 26.21 | 1.5:1 |
| Dermatofibrosarcoma protuberans | 38 | 44.70 | 1:1.3 |
| Myxoid liposarcoma | 13 | 45.59 | 1:3 |
| NCTASs | 130 | 43.51 | 1:1 |
| Embryonal/pleomorphic rhabdomyosarcoma | 25 | 20.40 | 1:1 |
| Dedifferentiated liposarcoma | 8 | 59.29 | 1:1 |
| Leiomyosarcoma | 43 | 47.65 | 1:2.3 |
| Undifferentiated sarcoma | 36 | 46.96 | 2.3:1 |
| Adult fibrosarcoma | 18 | 51.78 | 2.3:1 |
| Total | 219 | 40.30 | 1:1.1 |

CTAS, chromosomal translocation-associated sarcoma; NCTAS, non-chromosomal translocation-associated sarcoma.

Table 2 The rates of GEFT protein expression in CTAS and NCTAS

| Organization type | Case (N) - | GEFT | | | |
|--|------------|------------|------------|------------|------------|
| | | - (%) | 1+ (%) | 2+ (%) | 3+ (%) |
| CTASs | 89 | | | | |
| Alveolar rhabdomyosarcoma | 20 | 0 (0.00) | 4 (20.00) | 8 (40.00) | 8 (40.00) |
| Ewing's sarcomas | 18 | 0 (0.00) | 6 (33.33) | 6 (33.33) | 6 (33.33) |
| Dermatofibrosarcoma protuberans | 38 | 4 (10.53) | 22 (57.89) | 12 (31.58) | 0 (0.00) |
| Myxoid liposarcoma | 13 | 5 (38.46) | 5 (38.46) | 3 (23.08) | 0 (0.00) |
| NCTASs | 130 | | | | |
| Embryonal/pleomorphic rhabdomyosarcoma | 25 | 3 (12.00) | 7 (28.00) | 8 (32.00) | 7 (28.00) |
| Dedifferentiated liposarcoma | 8 | 2 (25.00) | 4 (50.00) | 2 (25.00) | 0 (0.00) |
| Leiomyosarcoma | 43 | 9 (20.93) | 20 (46.51) | 13 (30.23) | 1 (2.32) |
| Undifferentiated sarcoma | 36 | 0 (0.00) | 7 (19.44) | 18 (50.00) | 11 (30.56) |
| Adult fibrosarcoma | 18 | 0 (0.00) | 8 (44.44) | 10 (55.56) | 0 (0.00) |
| Total | 219 | 23 (10.50) | 83 (37.90) | 80 (36.53) | 33 (15.07) |

GEFT, guanine nucleotide exchange factor T; CTAS, chromosomal translocation-associated sarcoma; NCTAS, non-chromosomal translocation-associated sarcoma.

GEFT expression in CTAS

GEFT protein expression in alveolar rhabdomyosarcoma

The rate of GEFT expression in alveolar rhabdomyosarcoma was 100% (20/20), including 8, 8, and 4 cases of strongly positive (3+), positive (2+), and weakly positive (+)

expressions, respectively. GEFT overexpression (2+/3+) occurred in 80% (16/20) of cases. The positive expression and overexpression rates were 13.89% (5/36) and 0.00% (0/36) in the control samples, respectively. The rates of GEFT expression (χ^2 =38.57, P<0.05) and overexpression

(χ^2 =40.32, P<0.05) in alveolar rhabdomyosarcoma were more significant than in the controls.

GEFT protein expression in Ewing's sarcoma

All 18 Ewing's sarcoma samples were positive for GEFT protein expression (18/18), including 6 cases each of strongly positive (3+), positive (2+), and weakly positive (+) expression. GEFT overexpression (2+/3+) occurred in 66.67% (12/18) of samples. The rates of GEFT expression (χ^2 =36.39, P<0.05) and overexpression (χ^2 =30.86, P<0.05) in Ewing's sarcoma were higher than in the controls.

GEFT protein expression in dermatofibrosarcoma protuberans

The rate of positive GEFT protein expression was 89.5% (34/38) in dermatofibrosarcoma protuberans, whereas that of the overexpression (2+/3+) was 31.58% (12/38). The positive (χ^2 =42.37, P<0.05) and overexpression rate differences (χ^2 =13.57, P<0.05) were statistically significant compared with those in the control group.

GEFT protein expression in myxoid liposarcoma

The percentages of samples expressing GEFT in experimental group were 61.54% (8/13) for myxoid liposarcoma, including positive (2+), weakly positive (1+), and GEFT overexpression (2+) in 3, 5, and 23.08% (3/13) cases, respectively. The rate of positive GEFT expression (χ^2 =14.58, P<0.05) and overexpression (χ^2 =8.85, P<0.05) in myxoid liposarcoma were significantly higher compared with those in the controls.

The rates of GEFT expression and overexpression in CTAS were 89.89% (80/89) and 48.31% (43/89), respectively. Statistically significant difference was observed between the rate of GEFT positive expression (χ^2 =68.03, P<0.05) and overexpression (χ^2 =26.51, P<0.05) in 93 CTAS cases compared with 36 normal controls. The results of CTAS are shown in *Figure 1*.

GEFT protein expression in NCTAS

GEFT protein expression in embryonal and pleomorphic rhabdomyosarcoma

The rate of positive GEFT protein expression and overexpression (2+/3+) were 88% (22/25) and 60% (15/25), respectively. Compared with the controls, the positive expression $(\chi^2=32.85, P<0.05)$ and overexpression rate $(\chi^2=28.64, P<0.05)$ differences were statistically significant.

GEFT protein expression in dedifferentiated liposarcoma

Two strongly positive and four weakly positive cases were observed in the eight enrolled samples. The rate of GEFT positive expression and overexpression (2+) was 75% (6/8) and 25% (2/8), respectively. The difference between positive expression (χ^2 =13.04, P<0.05) and overexpression rate (χ^2 =9.42, P<0.05) was statistically significant compared with that of controls.

GEFT protein expression in leiomyosarcoma

The rate of GEFT expression in the experimental group with leiomyosarcoma was 79.07% (34/43), including strongly positive (3+), positive (2+), and weakly positive (+) in 1, 13, and 20 cases, respectively. GEFT overexpression (2+/3+) occurred in 32.56% (14/43) of cases. The rate of GEFT expression (χ^2 =33.30, P<0.05) and overexpression (χ^2 =14.25, P<0.05) in leiomyosarcoma was higher than in the controls.

GEFT protein expression in undifferentiated sarcoma

A total of 36 undifferentiated sarcoma samples positively expressed GEFT protein, including 11, 18, and 7 strongly positive (3+), positive (2+), and weakly positive (+) samples, respectively. Approximately 80.56% (29/36) exhibited GEFT overexpression. The difference between positive expression (χ^2 =54.44, P<0.05) and overexpression (χ^2 =48.59, P<0.05) rates was statistically significant compared with the controls.

GEFT protein expression in adult fibrosarcoma

GEFT expression occurred in 100% of (18/18) adult patients with fibrosarcoma, including 10 and 8 cases of positive (2+) and of weakly positive (+) expressions, respectively. GEFT was overexpressed (2+/3+) in 55.56% (10/18) of samples. Compared with the controls, the positive expression (χ^2 =36.39, P<0.05) and overexpression (χ^2 =24.55, P<0.05) rate differences were statistically significant.

In general, the overall rates of GEFT expression and overexpression in NCTAS were 80.89% (116/130) and 53.85% (70/130), respectively. Compared with the control group, the positive (χ^2 =69.58, P<0.05) and overexpression (χ^2 =33.52, P<0.05) rate differences were statistically significant. The results of NCTAS are shown in *Figure 2*.

GEFT mRNA expression in STS tissues by qRT-PCR

We analyzed the expression of GEFT mRNA in 62 cases of STS by qRT-PCR. The analysis included 27 CTAS (fusion gene+) and 35 NCTAS specimens (fusion gene-). The differences of GEFT mRNA expression were not statistically

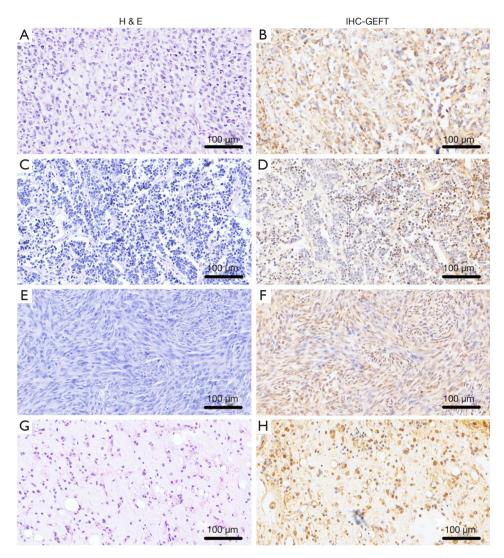


Figure 1 H&E and IHC staining of GEFT in CTAS (x200). H&E (A,C,E,G) and IHC (B,D,F,H) of (A,B) alveolar rhabdomyosarcoma; (C,D) Ewing's sarcoma; (E,F) dermatofibrosarcoma protuberans; (G,H) myxoid liposarcoma. IHC, immunohistochemistry.

significant between CTAS and NCTAS (P>0.05).

Discussion

With the development of molecular genetics, a large number of researchers have discovered chromosomal translocation and fusions genes formation in some types of STS, and these findings are crucial in early diagnosis, accurate identification, and targeted therapies. Based on molecular genetics, STS can be classified as CTAS and NCTAS. The two types of STS display obvious differences in terms of molecular pathogenesis, gene expression profiles, age of patients, and histopathological morphologies.

Given that accurately distinguishing different type of STS is critical for clinical diagnosis, we compared the differences in the age of the patients and histological features between CTAS and NCTAS. The results showed the age range of onset of CTAS patients (mean 34.22 years) was lower than the age range of onset of NCTAS patients (mean 45.22 years). The results are consistent with a study by Borden *et al.* (20) in which CTAS occurred with younger age range (mean 27 years) compared with that of NCTAS cases, which occurred at an older age range (mean 57 years). Histopathological observation suggested that CTAS was mostly composed of small round and spindle cells, whereas NCTAS comprised pleomorphic cells. These observations

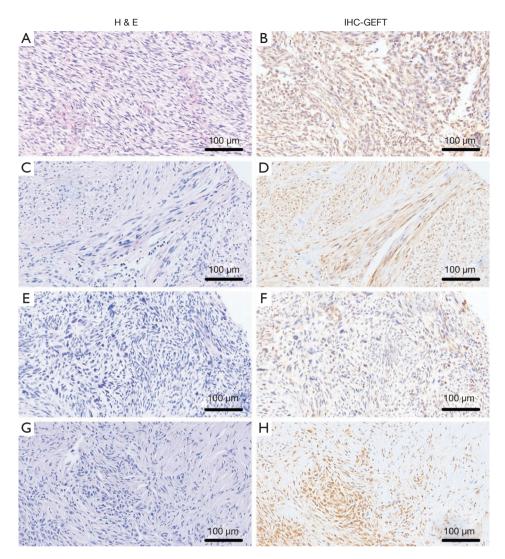


Figure 2 H&E and IHC staining of GEFT in NCTAS (x200). H&E (A,C,E,G) and IHC (B,D,F,H) of (A,B) embryonal rhabdomyosarcoma; (C,D) leiomyosarcoma; (E,F) undifferentiated sarcoma; (G,H) fibrosarcoma. IHC, immunohistochemistry; GEFT, guanine nucleotide exchange factor T; NCTAS, non-chromosomal translocation-associated sarcoma.

were also consistent with those of a previous study conducted by Borden *et al.* (20). However, distinguishing the type is still difficult when the tumors suggest very little evidence of differentiation. Thus, discovering biomarkers of distinguish STS is especially important for the diagnosis of STS.

GEFT is a critical regulator by cycling between a GDP-bound inactive form and a GTP-bound active form on Rho GTPases for cell processes. Targeting Rho GTPases of GEFT are mainly RhoA, Rac1, and Cdc42 (6,7,21). GEFT induces cell cytoskeleton reorganization and cell morphology change by activating Rac/Cdc42 Rho GTPase (5). In addition, GPR116 can regulate cell motility and morphology

through the GEFT-RhoA/Rac1 signaling cascades and involved in breast carcinoma progression and metastasis (11). GEFT plays an important role in a variety of cellular processes, including angiotensin II-mediated cell elongation, cell proliferation, and stress fiber formation (22). Obviously, the cellular functions of GEFT involved in regulation are associated with tumorigenesis and progression.

However, the role of GEFT in STS remains elusive. Previous studies have only revealed the role of GEFT in RMS. Sun *et al.* (19) have reported increased GEFT amplification in rhabdomyosarcoma. In this study, aberrant expression of GEFT exists in multiple subtypes of STS.

Moreover, the rates of GEFT positive expression and overexpression in all subtypes of STS detected were significantly higher than that in normal controls. These findings are consistent with our observation of increasing GEFT expression in RMS. To the best of our knowledge, this study is the first to reveal the expression levels of GEFT in various subtypes of STS. As the gene expression level is correlated with its tumorigenesis (18), GEFT may play an important role in tumorigenesis of STS.

In addition, several studies have reported the differences between CTAS and NCTAS in P53 gene changes, length of telomere, karyotype complexity, and maintenance mechanisms (4,23-25). The formation of fusion genes is more important in a number of differences between CTAS and NCTAS. CTAS may change certain genes and turn into fusion genes with new structures and oncogenic functions. Stoll et al. (26) have revealed that silencing of the EWS-FLI1 fusion gene produced by chromosomal translocation in Ewing's sarcoma leads to cell cycle changes and induction of apoptosis. The PAX3-FOXO1 fusion gene generated in alveolar rhabdomyosarcoma can promote proliferation, invasion, cell survival, and inhibition of terminal differentiation (27). Moreover, the gene fusion and the environment of cellular may interact with each other, where the environment of cells is involved in the choice of oncogenic fusion, fusion genes generated in turn alter the microenvironment of cells and influence tumorigenesis (28). Fusion-encoded proteins regulate the transcription of genes closely related to certain key functions of cells, such as cell proliferation (29). We further analyzed the difference in GEFT protein expression levels between CTAS and NCTAS. However, no significant difference between CTAS and NCTAS was present. Since fusion proteins often affect transcription factors involved in regulating certain key functions of cells, we detected the levels of GEFT mRNA in 27 CTAS and 35 NCTAS specimens. The differences of GEFT mRNA expression were not statistically significant between CTAS and NCTAS. Our results suggest that GEFT plays a similar role in CTAS and NCTAS. However, these observations are inconsistent with our expected results. The differences between the results may be due to the limitations of the small sample sizes and the diversity of tumor subtypes detected. Further study using increased sample sizes is necessary to clarify the relationship between GEFT expression and chromosome translocation.

In conclusion, the levels of GEFT expression in STS and its role in CTAS and NCTAS were preliminarily described. These results suggest aberrant expression of GEFT exists

in multiple subtypes of STS. No difference of GEFT expression was detected between CTAS and NCTAS. GEFT may play an important role in tumorigenesis of STS, which can provide some reference value for clinical diagnosis of STS. This study may lay a foundation for an in-depth understanding of the molecular mechanisms of STS.

Acknowledgments

Funding: This work was supported by National Natural Science Foundation of China (No. 81660441 and No. 81460404) and Shihezi University Initiative Research Projects for Senior Fellows (No. RCZX201447).

Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/tcr.2019.01.16). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was recognized by the institutional ethics committee at the First Affiliated Hospital of Shihezi University School of Medicine (Approval ID: 2015-076-01) and strictly conducted in accordance with the ethical guidelines of the Declaration of Helsinki (as revised in 2013). Written informed consent was obtained from all participants.

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Cite this article as: Liu Y, Qi S, Meng L, Zhang L, Pang Y, Cui W, Du J, Li Z, Liu Q, Shang H, Liu C, Li F. GEFT aberrant expression in soft tissue sarcomas. Transl Cancer Res 2019;8(1):141-149. doi: 10.21037/tcr.2019.01.16