



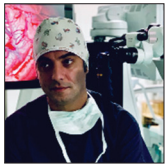
Original Article

Microneurosurgical management of aneurysms of the A1 segment of the anterior cerebral artery: Anatomy and surgical technique

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ABSTRACT

Background: Aneurysms of the A1 segment of the anterior cerebral artery (ACA) are rare and have characteristics differentiating them from other intracranial aneurysms. Their microsurgical management is challenging and requires different strategies. In this article, we review the surgical anatomy of the A1 segment of the ACA with cadaveric dissections and describe the microsurgical management of complex A1 aneurysms with illustrative cases.

Methods: A right pterional craniotomy and Sylvian dissection were performed on a formalin-fixed and silicone-injected cadaver head to depict the key anatomic structures and surgical corridors for microsurgical clipping of A1 segment aneurysms. The microneurosurgical management of ruptured and unruptured aneurysms of the A1 segment of the ACA is described with case illustrations.

Results: The A1 segment of the ACA can be subdivided into proximal, middle, and distal subsegments, the former having abundant perforating branches. Both patients treated with microsurgical clipping had excellent and durable outcomes and postoperative cerebral angiograms showed complete aneurysm occlusion.

Conclusion: Small A1 aneurysms may require early treatment as their rupture risk appears to be higher. A1 aneurysms are usually embedded in perforators, especially those arising from the proximal A1 subsegment, and require careful distal to proximal microdissection and strategic placement of the aneurysm clip blades. The approach, arachnoid dissection, and angles of attack are carefully planned after accounting for the aneurysm dome projection, precise location of the aneurysm neck and perforators, and the presence or absence of subarachnoid hemorrhage.

Keywords: Anterior cerebral artery, Cerebrovascular neurosurgery, Intracranial aneurysm, Microneurosurgery, Neuroanatomy

INTRODUCTION

Aneurysms of the proximal, precommunicating, or A1 segment of the anterior cerebral artery (ACA) are rare with a reported incidence of 0.59–4% and, therefore, are rarely reported in the literature.^[2,5-7,10,12-14,17,21,22,27,31,34,36,37,40] A1 aneurysms are characterized by their small size

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and weakened wall and are often associated with multiple aneurysms and ACA anatomic variations. Some of the more frequently reported anatomic variations associated with A1 aneurysms include aplasia or hypoplasia of the contralateral A1, ACA fenestration, anomalous origin of the ACA, and persistence of primitive arterial embryologic anastomoses.^[7,18,21,28,30,32,34,35] Microsurgical clipping of A1 aneurysms is challenging due to their complex location and proximity to basal perforating and lenticulostriate arteries.^[31] In this paper, we describe the microsurgical anatomy of the A1 segment of the ACA using a cadaveric dissection and describe the surgical technique of microsurgical clipping of A1 aneurysms using two illustrative cases.

MATERIALS AND METHODS

Anatomic dissections were performed at Dr. Albert Rhoton's lab (Gainesville, FL, USA) on a formalin-fixed adult cadaveric head, in which the vessels were injected with silicone dyes (arteries in red and veins in blue). A Midas Rex high-speed drill, Carl Zeiss microscope, and microsurgical instruments were used to complete a right pterional craniotomy and Sylvian fissure split. Photographs were taken using a Nikon D7200 camera with a Micro-NIKKOR 40 mm F2.8 lens and a ring light flash. The camera was set to a diaphragm velocity of 20, a shutter speed of 1/200 and ISO 205, and the ring light flash set to 1/128.

The microsurgical management of A1 aneurysms is illustrated with two cases that underwent successful microsurgical clipping. Intraoperative photographs were obtained on a TIVATO surgical microscope (Carl Zeiss, Oberkochen, Germany) using a 125 mm video adaptor and a Blackmagic Micro Cinema Camera: 1920 × 1080 p24fps (Blackmagic Design, Port Melbourne, Victoria, Australia).

RESULTS

Microsurgical anatomy

The internal carotid artery (ICA) bifurcates right under the anterior perforated substance into its terminal branches: the middle cerebral artery (MCA), which courses laterally, and the ACA, which is of smaller diameter and courses medially and slightly anteriorly over the optic nerve and chiasm and under the medial olfactory stria before entering the interhemispheric fissure and joining the contralateral ACA through the anterior communicating artery (AComA) [Figure 1a]. This first segment of the ACA is called the precommunicating or A1 segment and it traverses the following subarachnoid compartments from proximal to distal: (1) the carotid cistern, (2) the chiasmatic cistern, and finally the (3) *lamina terminalis* cistern before ending at the level of the AComA.

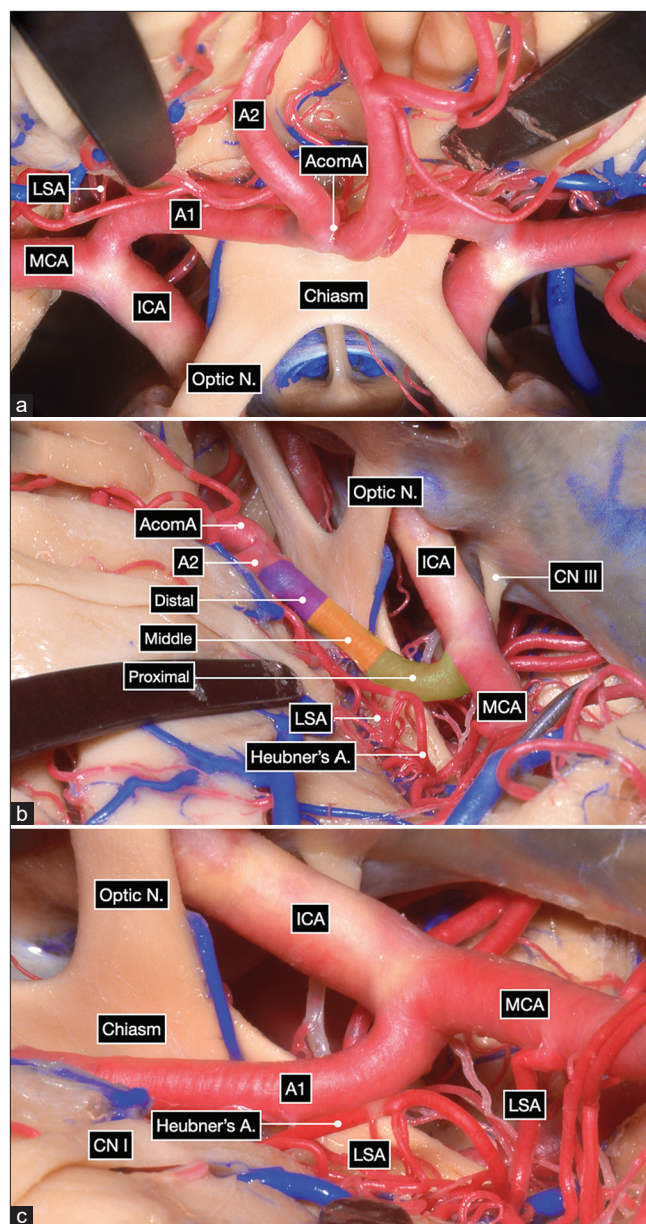


Figure 1: Anatomic dissection in a formalin-fixed and silicone-injected cadaveric head. (a) Anterior view after elevating the frontal lobes showing the bilateral optic nerves, optic chiasm and bilateral carotid bifurcations. The proximal, middle and distal subsegments of the first (precommunicating or A1) segment of the anterior cerebral artery (ACA) are delineated on the right side. (b and c) Surgeon's perspective in a right pterional craniotomy after exposing the internal carotid artery bifurcation. The A1 subsegments are colored as follows: proximal in green, middle in yellow and distal in purple.

Our anatomic dissections revealed bilateral A1 segments of similar external caliber. However, hypoplasia of one segment with contralateral dominance is not uncommon, especially in patients with A1 or AComA aneurysms. The recurrent artery of Heubner, which typically branches off the ACA

within 5 mm from the AComA, was found to originate from the proximal A2 (postcommunicating) segment of the ACA bilaterally in our anatomic specimen [Figures 1a-c]. The recurrent artery of Heubner is an important collateral branch of the ACA that doubles back on its parent artery courses parallel to A1 to then travel laterally over the ICA bifurcation and enters the anterior perforated substance medial the proximal or M1 segment of the MCA. Numerous (2-15) small basal perforating arteries arise from the A1 segment of the ACA to supply the anterior perforated substance (lenticulostriate arteries; LSA; or ganglionic branches), dorsal surface of the optic nerve, chiasm, and tract, suprachiasmatic hypothalamus, and Sylvian fissure [Figures 2a-f]. Most of these perforating arteries arise from the proximal (lateral) half of the A1.

From a microneurosurgical standpoint, the A1 segment of the ACA can be further subdivided into three subsegments [Figure 1]: (1) proximal (near the ICA bifurcation), (2) middle, and (3) distal (next to the AComA).^[17,39] The distal segment (medial end of A1) is further away from the anterior perforated substance and gives rise to fewer perforating branches, which ease microsurgical dissection and are the preferred segment for

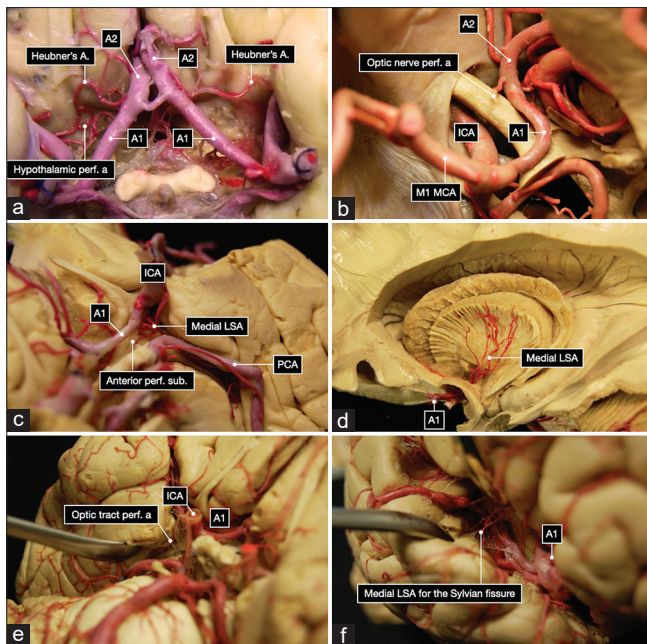


Figure 2: Anatomic dissection of the subarachnoid cisterns performed in a formalin-fixed and silicone-injected brain. (a) Overview of the A1 and A2 segment of the anterior cerebral arteries, Heubner's arteries, and perforating arteries to the hypothalamus from the right A1 segment. (b) Perforating artery to the left optic nerve. (c) Medial lenticulostriate arteries (LSA) to the left anterior perforated substance. (d) Dissection performed with Klinger's technique showing the distribution to the internal capsule of the medial lenticulostriate arteries (LSA). (e) Perforating arteries to the left optic tract. (f) Perforating arteries to the right Sylvian fissure.

the initial microsurgical "attack" in the setting of hemorrhage or thickened arachnoid membranes (i.e., old hemorrhage).

Illustrative case 1

The first case is a 30-year-old male who presented with a Hunt and Hess grade II, Fisher grade 2 subarachnoid hemorrhage (SAH) [Figures 3a-f]. A cerebral digital subtraction angiogram (DSA) revealed a 12 mm saccular dysmorphic aneurysm of the right A1 segment of the ACA. The patient underwent open microsurgical treatment through a right periorbital approach for aneurysm clipping within the first 24 h from the rupture. Sylvian fissure split and wide arachnoid dissection exposed the ICA bifurcation [Figures 4a-c]. Gentle bimanual technique with suction and microdissection exposed the aneurysm and the proximal and distal edges of its neck arising from the proximal subsegment and posterosuperior surface of

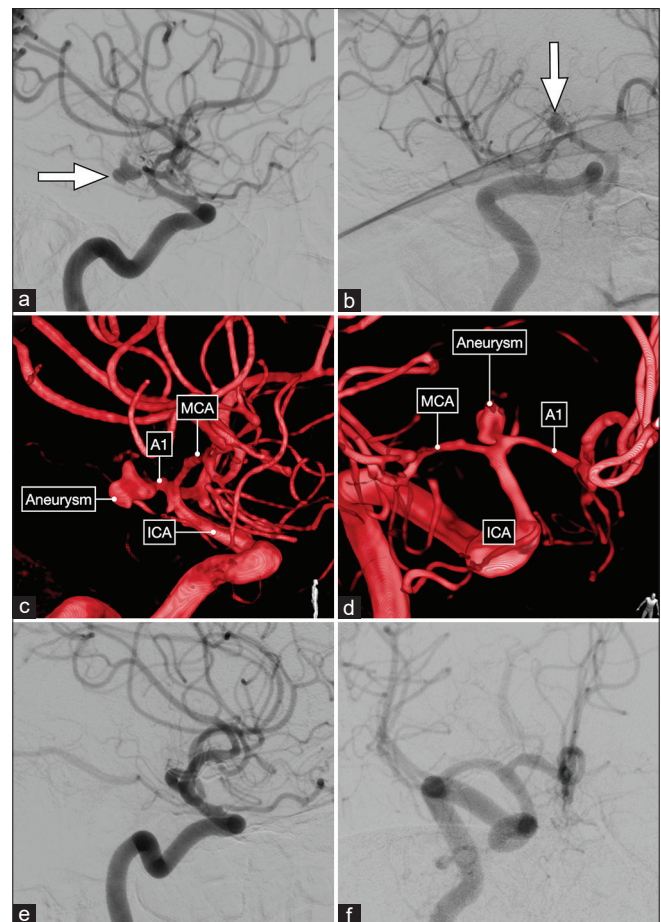


Figure 3: Lateral (a) and anterior oblique (b) views of a diagnostic cerebral angiogram showing a right-sided, dysmorphic, posteriorly-projecting A1 segment aneurysm (white arrow). (c and d) Three-dimensional reconstructions that better delineate the exact origin, neck and projection of this aneurysm on the proximal A1 subsegment. (e and f) Postoperative cerebral angiograms showing complete occlusion of the aneurysm and good flow across the ACA.

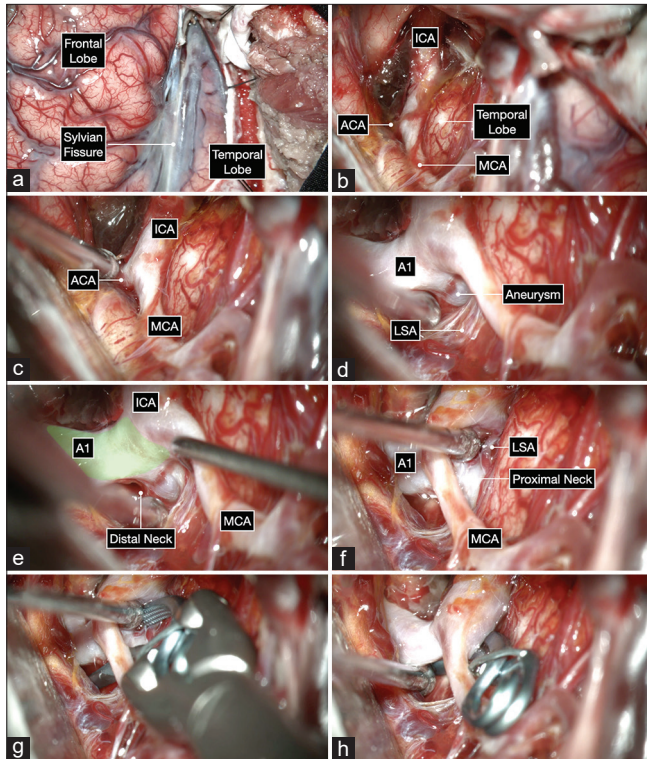


Figure 4: Intraoperative microphotographs of the first case. (a) A right pterional craniotomy was performed to expose the right Sylvian fissure and adjacent frontal and temporal lobes. (b and c) A wide Sylvian fissure and arachnoid dissection exposed the optic nerve and ICA bifurcation. (d-f) Further, microdissection after opening into the lamina terminalis cistern and working on the anterior and inferior surface of the A1 before exposing the aneurysm on the posterior surface of the proximal A1 subsegment (colored in green). The distal neck of the aneurysm is exposed first by working superior to the MCA and following the A1 proximally toward the ICA bifurcation. The proximal neck is then exposed by gently elevating the MCA and working inferior to it (f). This maneuver can help at identifying any hidden lenticulostriate arteries (LSA). (g and h) A 10 mm curved clip was applied parallel to A1 to occlude the aneurysm while protecting the LSAs using a trajectory under the MCA with good visualization of the proximal and distal neck of the aneurysm.

the A1, between perforating arteries [Figures 4d and e]. The proximal neck of the aneurysm was, further, dissected off by gently elevating the ICA to obtain a better angle anterior to the MCA for applying a 10 mm curved clip parallel to the A1 [Figures 4f-h]. The patient had an uneventful postoperative course and was discharged home at the end of the vasospasm window with an intact neurological exam. A postoperative DSA shows complete aneurysm occlusion, patency of the ACA, and no complications.

Illustrative case 2

The second case is a 38-year-old-female who presented with refractory headache and a magnetic resonance imaging was

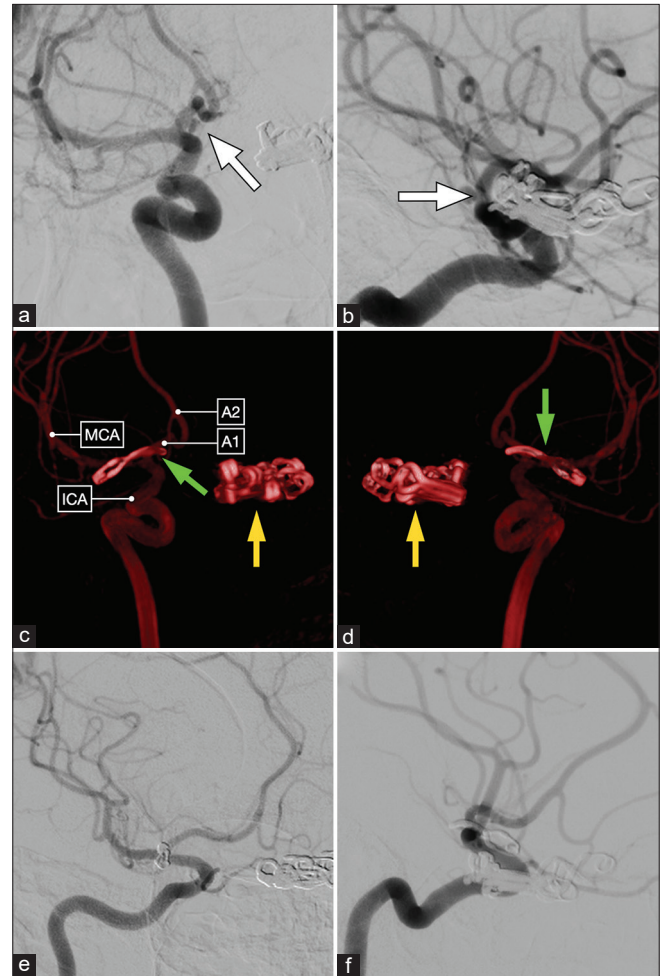


Figure 5: Anteroposterior (a) and lateral (b) views of a diagnostic cerebral angiogram showing a right-sided, posteriorly-projecting A1 segment aneurysm (white arrow). Tandem clips occluding a left-sided paraclinoid ICA aneurysm are also noted. (c and d) Postoperative 3D reconstruction showing a curved clip occluding the right-sided A1 segment aneurysm (green arrow) and multiple tandem clips occluding the left-sided paraclinoid aneurysm (yellow arrow). (e and f) Postoperative diagnostic cerebral angiogram demonstrating complete aneurysm clip occlusion.

suggestive of a vascular lesion on the left carotid ophthalmic region. A DSA revealed a left-sided paraclinoid and a right-sided 6 mm A1 segment aneurysm [Figures 5a-f]. After a lengthy discussion and given her young age, the patient decided to undergo a more definitive treatment with an open approach. We elected to treat the left paraclinoid aneurysm first with a left pterional craniotomy, intradural clinoidectomy, and tandem clipping, which attained a complete occlusion of the aneurysm. The patient had an uneventful postoperative course and we decided to treat her right A1 aneurysm electively in 6 months. We performed a right pterional craniotomy and wide Sylvian dissection to expose the ICA using dynamic retraction [Figures 6a and b]. Arachnoid microdissection

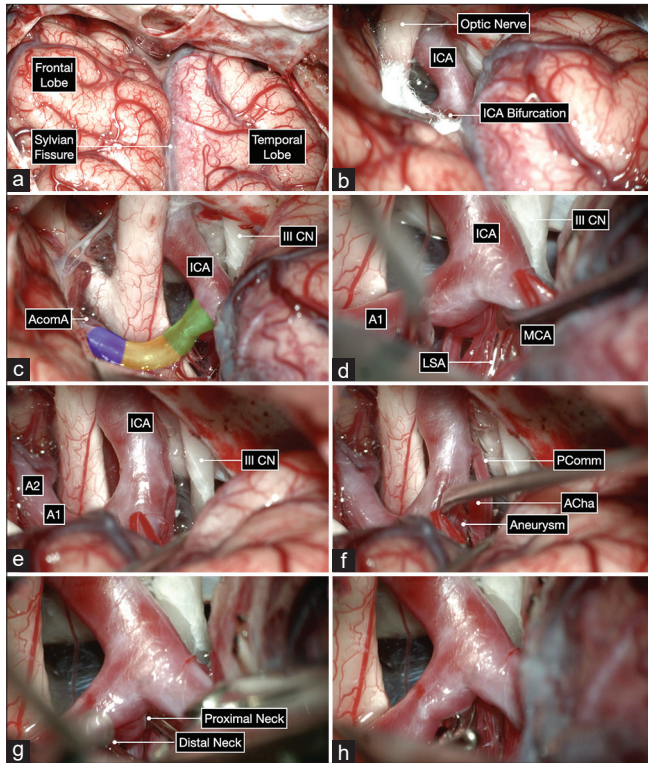


Figure 6: Intraoperative microphotographs of the second case. (a) A right pterional craniotomy was performed to expose the right Sylvian fissure and adjacent frontal and temporal lobes. (b and c) A wide Sylvian fissure and arachnoid dissection exposed the optic nerve, ICA bifurcation, and all subsegments of the A1: proximal (in green), middle (yellow), and distal (purple). (d-h) Meticulous arachnoid dissection skeletonized the lenticulostriate arteries (LSA) and exposed the aneurysm projecting posteriorly and medially. The proximal and distal neck of the aneurysm were also exposed and a clip was applied parallel to the parent A1 using a trajectory superior to the MCA.

freed up the frontal lobes and exposed the whole anterolateral A1 segment of the ACA and its subsegments [Figure 6c]: proximal (green), middle (yellow), and distal (blue). Further, bimanual microdissection exposed the proximal and distal neck of the aneurysm and dissected the aneurysm from the LSAs [Figures 6d-f]. A 10 mm curved clip was applied along the superior surface of the A1 to occlude the aneurysm [Figures 6g and h]. The patient had an uneventful course and was discharged home on postoperative day 3 with an intact neurological examination.

DISCUSSION

Aneurysms of the A1 segment of the ACA are rare and account for <1% of all intracranial aneurysms and locate more frequently on the right side.^[7,10,17,34,37,39] Most of the reported A1 aneurysms are smaller than 7 mm and present with ruptures regardless of their size.^[6,7,12,21] Aneurysms in

this location may have a weakened wall with higher rupture risk when compared to aneurysms in other locations and may require early surgical intervention, even when small and incidental, to reduce the morbidity and mortality associated with hemorrhage. The reasons for the known higher risk of bleeding of these aneurysms seem to be attributable to a couple of factors namely, the frequent inclusion of the neighboring perforating arteries by the neck and the higher hemodynamic stress at the transition between the aneurysm neck and tiny perforatings.^[16,21,38] Aneurysms of the A1 segment often occur in the setting of multiple intracranial aneurysms in about 18–73% and in the setting of anatomic variations of the ACA.^[6,7,14,21,31] The association with a paraclinoid ICA aneurysm, as in our second case, is not infrequent and has been already highlighted by our group elsewhere.^[23,26] At around the 18–43 mm stage of human embryologic development, the distal ACA forms plexiform anastomoses with the primitive olfactory artery (POA), which, ultimately, divides into lateral (future MCA) and medial (future ACA) olfactory arteries.^[33] These plexiform anastomoses between the ACA and POA ultimately coalesce into one AComA, but remnants from a failure of fusion of these anastomoses or an avascular remnant between the primitive precursors or a partial duplication of the A1 segment could result in A1 segment fenestrations that predispose to ACA aneurysms.^[11,29]

Hypoplasia of the contralateral A1 segment has been reported to have an incidence of 42.8%.^[12,20] The proposed mechanism for aneurysm formation in the setting of A1 fenestrations is the turbulent flow that occurs where the vessels split.^[19]

Aneurysms of the A1 segment can be missed on DSAs, because they tend to be small and project posteriorly and may have an overlapping ACA segment obscuring their view. These data were also confirmed by the series of Gill *et al.*^[12] Therefore, 3D reconstructions, multiplanar views, and repeat DSAs are recommended when the hemorrhagic culprit has not been identified or if there is a high degree of suspicion (i.e., anatomic variations).^[31] Furthermore, A1 segment aneurysms can be misdiagnosed as ICA bifurcation aneurysms if located in the proximal subsegment of the A1,^[15] or AComA aneurysms if located in the distal subsegment of the A1.^[12]

On a series of 100 aneurysms that involved the segment ranging between the ICA bifurcation and proximal A1, Jang *et al.* found that proximal A1 aneurysms were smaller in size, more frequently posterior projecting, regularly involving the medial LSA, and tended to be more prone to rupture.^[15] Given that A1 aneurysms are closely related to small LSA and these vessels cannot be readily visualized on biplanar DSA, the precise location of the aneurysm neck within a subsegment of the A1 should be readily studied for preoperative planning and safe and efficient microsurgical clipping.^[1,3,4,8,12,15,24,25,41]

Aneurysms of the A1 segment of the ACA can be classified based on their neck origin and dome projection into proximal, middle, and distal A1 aneurysms.^[2] The surgical strategy for proximal A1 aneurysms is similar to that of ICA bifurcation aneurysms, and the surgical strategy for distal A1 aneurysms is similar to that of AComA aneurysms. Kim and Lim.^[17] studied the dome projections of 31 aneurysms of the A1 segment and reported that proximal A1 subsegment aneurysms project posteriorly in about 93.8%, as with both of the cases reported here. Gill *et al.* reported similar findings.^[12]

A very important characteristic of A1 segment aneurysms is their close relationship with small basal perforating and lenticulostriate arteries, especially aneurysms of the proximal A1 subsegment that points posteriorly and superiorly. Basal perforating arteries arising from the proximal A1 range from 2 to 15 (8 on average) and supply the anterior perforated substance, anterior commissure, globus pallidus, anterior limb of the internal capsule, dorsal surface of the optic nerve, chiasm, and tract, suprachiasmatic region of the hypothalamus, thalamus, and Sylvian fissure, as shown in Figure 2. Large subarachnoid clots involving these perforating branches could result in delayed ischemic neurological deficit affecting this important vascular territory and be associated with high morbidity and mortality.^[7,31]

Nearly, all A1 aneurysms can be approached with a standard pterional craniotomy. In rare cases with large, superiorly projecting aneurysms, an orbital osteotomy, and orbitozygomatic approach may be advantageous for down to up visualization and to minimize frontal lobe retraction. The Sylvian fissure is split from distal to proximal, exposing the M1 and ICA bifurcation first. Microsurgical dissection of A1 aneurysms is more complex than that of AComA and ICA bifurcation aneurysms and extra care is taken to avoid intraoperative ruptures and perforator injury. A1 aneurysms tend to have a higher risk of intraoperative rupture given that their walls are weakened and may not endure manipulation or retraction, and the aneurysm dome usually adheres to the frontal lobe. Therefore, the frontal lobe should be widely untethered with meticulous arachnoid dissection to communicate the Sylvian and carotid cisterns with the suprachiasmatic and lamina terminalis cistern using dynamic retraction. Fixed retractors can be applied if needed to hold the frontal lobe in place with gravity assistance, but never forcefully retract the frontal lobe. The A1 segment of the ACA is dissected from distal to proximal, to protect the perforators in the proximal A1 subsegment. Once the MCA, ICA bifurcation, ACA, proximal and distal aneurysm neck, and perforators have been skeletonized, the ideal clip type, angle, and trajectory are chosen.

Given their rupture risk, we recommend treatment of all A1 segment aneurysms if there is no major contraindication to surgery. The expertise of the neurovascular team remains a key

step in the surgical treatment of these aneurysms, along with constant microvascular training as stressed by our group.^[9] In the case of ruptured A1 aneurysms, we recommend the earliest possible treatment (at least within the first 3 days) and before the vasospasm window to reduce re-rupture risk and more effectively treat vasospasm once the aneurysm is secured.^[8]

In an exhaustive review of the literature, Hou *et al.* reported that the endovascular treatment of A1 segment aneurysms is more complex than in other locations due to the before mentioned characteristics that include small size, weakened wall, wide neck, and numerous perforators, which preclude safe, complete, and durable endovascular occlusion.^[14] The endovascular occlusion of A1 aneurysms has been associated with a higher risk of intraprocedural rupture and higher conversion rate to open approaches, requires more frequent and long-term follow-up with DSAs (for up to 3 years), is more costly, is often incomplete (which increases the re-rupture risk in the acute phase and would require retreatments down the road), and has a higher risk of thrombotic complications (associated with the use of adjuvant stenting or if there is coil protrusion or migration into the parent artery) and hemorrhagic complications associated with antiplatelet therapy (which would be indicated if stents are placed or if there is a coil protrusion).

CONCLUSION

Aneurysms of the precommunicating or A1 segment of the ACA are rare and have unique characteristics that include their weakened walls with higher rupture risk despite their usually small size, their close relationship with important perforating branches, their association with anatomic variations of the ACA, and their occurrence in the setting of multiple aneurysms. A1 aneurysms are often misdiagnosed as ICA bifurcation or AComA aneurysms or missed on diagnostic cerebral angiograms due to their small size, superior projections, and the presence of obstructive overlapping ACA loops. Oblique views and three-dimensional reconstructions are recommended. The A1 segment can be subdivided into proximal, middle, and distal subsegments. The major challenge to microsurgical clipping of A1 aneurysms are protecting the numerous surrounding perforating branches (more abundant in the proximal subsegment), which requires careful preoperative localization of the aneurysm to its specific subsegment of the A1 and a distal to proximal dissection of the A1 to skeletonize the proximal and distal neck of the aneurysm as well as the perforators. However, careful planning and meticulous microneurosurgical technique are safe, effective, and durable.

Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent.

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Nil.

Conflicts of interest

There are no conflicts of interest.

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