

CASE REPORT AND REVIEW OF THE LITERATURE

Successful management of T-cell mediated rejection in a recent kidney transplant recipient with COVID-19 associated severe acute respiratory syndrome

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Abstract

COVID-19-associated vasculitis has been reported as a defining feature of systemic disease including acute kidney injury. However, the understanding of COVID-19 kidney transplant-related injuries is still evolving. We report a case of AKI with isolated vasculitis (v2 lesion) in a new kidney transplant recipient with COVID-19 pneumonia.

KEYWORDS

COVID-19, Kidney Transplant, microvascular injury, T-cell Mediated Rejection

1 | CASE REPORT

1.1 | Hospital course

A 35-year-old White woman with past medical history of End Stage Kidney Disease secondary to congenital single kidney and biopsy-proven minimal change disease, non-ischemic cardiomyopathy, and mitral valve repair on warfarin, obstructive sleep apnea, and failed living-related kidney transplant underwent deceased donor kidney transplant after being tested negative for SARS-CoV-2 (rT-PCR) 17 hours prior to the surgery. Donor upper respiratory SARS-CoV-2

rT-PCR was also negative twice prior to transplant. Pre-transplant virtual cross-match was negative for Donor Specific Antibodies (DSA) (cPRA 80%, KDPI 72%, Cold Ischemia time ~7.5 hours). CMV and EBV sero-status for donor and recipient were both positive. The patient received a deceased donor kidney transplant on August 25, 2020 with rabbit Anti-thymocyte globulin induction therapy (4.5 mg/kg total dose) and was started on triple immunosuppression with tacrolimus (12 hours trough goal 8 - 10 ng/ml), mycophenolate 720 mg twice daily and prednisone 30 mg followed by taper. Post-perfusion biopsy identified 20 glomeruli, three were sclerosed in the frozen section, otherwise none of those had sclerosis (Figure 1). The

Abbreviations: ah, arteriolar hyalinosis; AKI, Acute Kidney Injury; BiPAP, Bilevel Positive Airway Pressure; C4d, complement protein 4d; cg, glomerular double contour; ci, interstitial fibrosis; CMV, Cytomegalovirus; COVID-19, 2019 novel Corona Virus Disease; cPRA, calculated Panel Reactive Antibody; ct, tubular atrophy; cv, vascular fibrosis; EBV, Epstein-Barr Virus; Fio₂, fraction inspiration of oxygen; g, glomerulitis; H&E, Hematoxylin and eosin stain; i, interstitial inflammation; IFTA, Interstitial Fibrosis and Tubular Atrophy; i-IFTA, interstitial inflammation in areas of interstitial fibrosis and tubular atrophy; KDPI, Kidney Donor Profile Index; mm, mesangial matrix; PAM, Programmable Array Microscopy; PAS, periodic acid-Schiff; PCO₂, partial pressure of carbon dioxide; PCR, polymerase chain reaction; pO₂, partial pressure of oxygen; ptc, peritubular capillaritis; rT-PCR, Real time Polymerase Chain Reaction; SARS-Cov-2, Sever Acute Respiratory Syndrome Corona virus 2; SpO₂, oxygen saturation; t, tubulitis; ti, total inflammation; v, intimal arteritis.

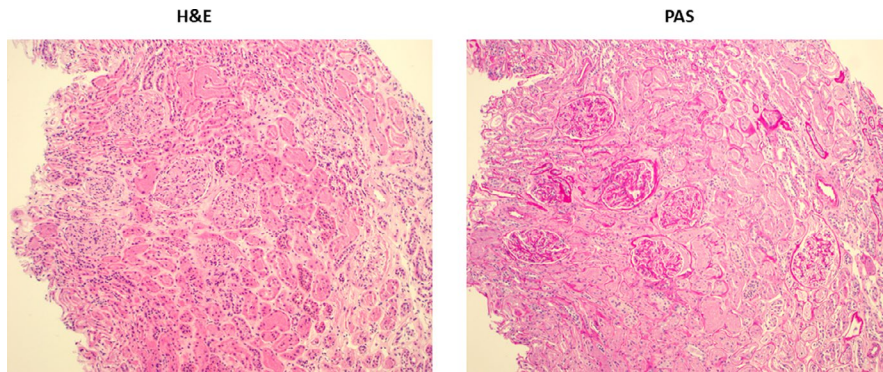


FIGURE 1 Post-reperfusion biopsy

| Laboratory values | Hospitalization days | | | |
|------------------------------------|----------------------|------|--------|-------|
| | 1 | 5 | 13 | 44 |
| White Blood cells (K/ul) | 11.7 | 11 | | 5.4 |
| Hematocrit (%) | 23 | 26 | | 30.8 |
| Hemoglobin (g/dl) | 7.6 | 8.7 | 7.6 | 9.7 |
| Creatinine (mg/dl) | 2.5 | 1.5 | 3.25 | 1.42 |
| eGFR (ml/min/1.73 m ²) | 27 | 44 | | 48 |
| UPC (mg/mg) | 2.35 | | 7.9 | 0.458 |
| B2MG (mg/L) | 14.2 | 11.8 | | |
| Urine WBC/hpf | 11 - 20 | | 6 - 10 | 0 - 2 |
| Urine RBC/hpf | > 50 | | 3 - 5 | 0 - 2 |
| CRP | 22 | 11.9 | | |
| LDH (U/L) | 844 | 679 | | |
| INR | 2.3 | 1.8 | 1.1 | |
| Tacrolimus trough (ng/ml) | 8 | | <2 | 11.8 |

TABLE 1 SARS-CoV-2 Laboratory Results

TABLE 2 Post-transplant course

| | 17-hrs pre-surgery | Post-operative day | | | | | | | | |
|--------------------------------|--------------------|--------------------|-----|-----|-----|-----|-----|-----|-----|-------------|
| | | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 Admission |
| COVID-19 rt-PCR Nasopharyngeal | Neg | | | | | | | | | |
| COVID-19 Ab, IgG | | | | | | | | | | |
| Remdesivir (mg) | | | | | | | | | | |
| Convalescent Plasma | | | | | | | | | | |
| Dexamethasone IV (mg) | | | | | | | | | | |
| Tacrolimus | | X | X | X | X | X | X | X | X | X |
| Myfortic (mg) BID | | 720 | 720 | 720 | 720 | 720 | 720 | 720 | 720 | 720 |
| Prednisone (mg) | | X | X | X | X | X | X | X | X | x |
| IVIg 500 mg/kg | | | | | | | | | | |
| Thymoglobulin 4.5 mg/kg | | X | X | X | | | | | | |
| Creatinine mg/dl | 8.2 | 8.2 | 6.8 | | | | 3.2 | | | 2.19 |
| UPC mg/mg | | | | | | | | | 2.3 | |
| Urine RBC /hpf | | | | | | | | | FF | |
| Allograft biopsy | | | | | | | | | | |
| DSA | Neg | | | | | | | | | |
| Mechanical Ventilation | | | | | | | | | | |

Abbreviations: Ab, Antibodies; BID, twice daily; dl, Deciliter; DSA, Donor Specific Antibodies; FF, full filed; hpf, high power field; IgG, Immunoglobulin G; IV, Intravenous; IVIG, Intravenous Immunoglobulin; Kg, Kilogram; mg, Milligram; Neg, negative; Pos, Positive; UPC, Urine Protein/creatinine ration.

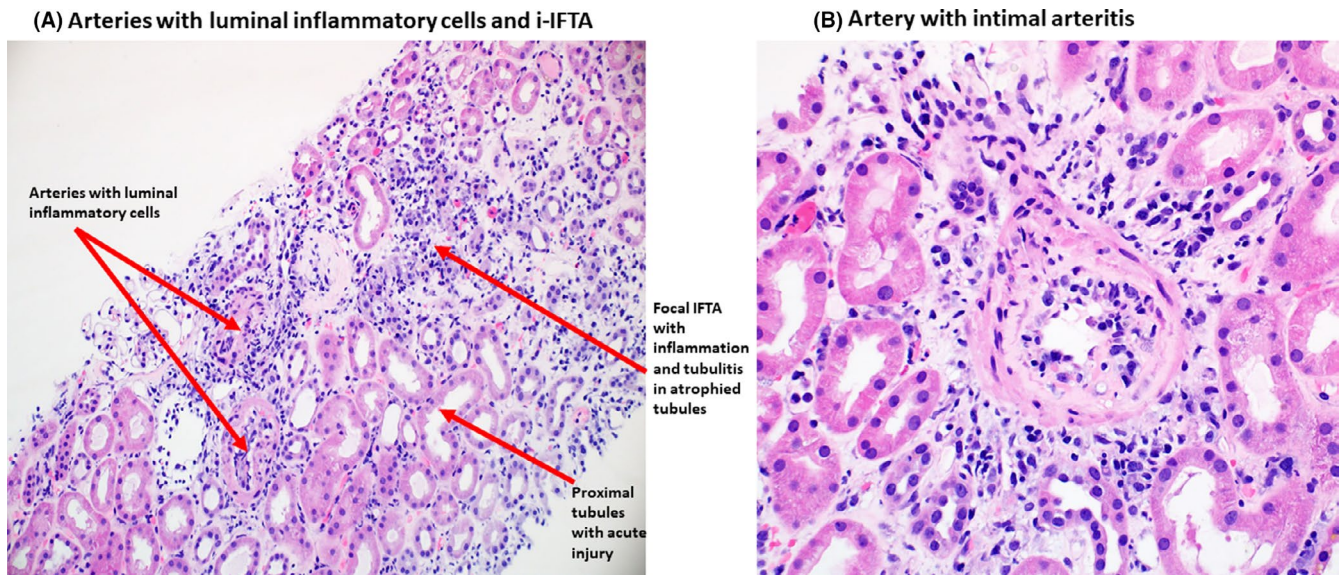


FIGURE 2 (A and B): Acute kidney transplant injury biopsy (H&E stain)

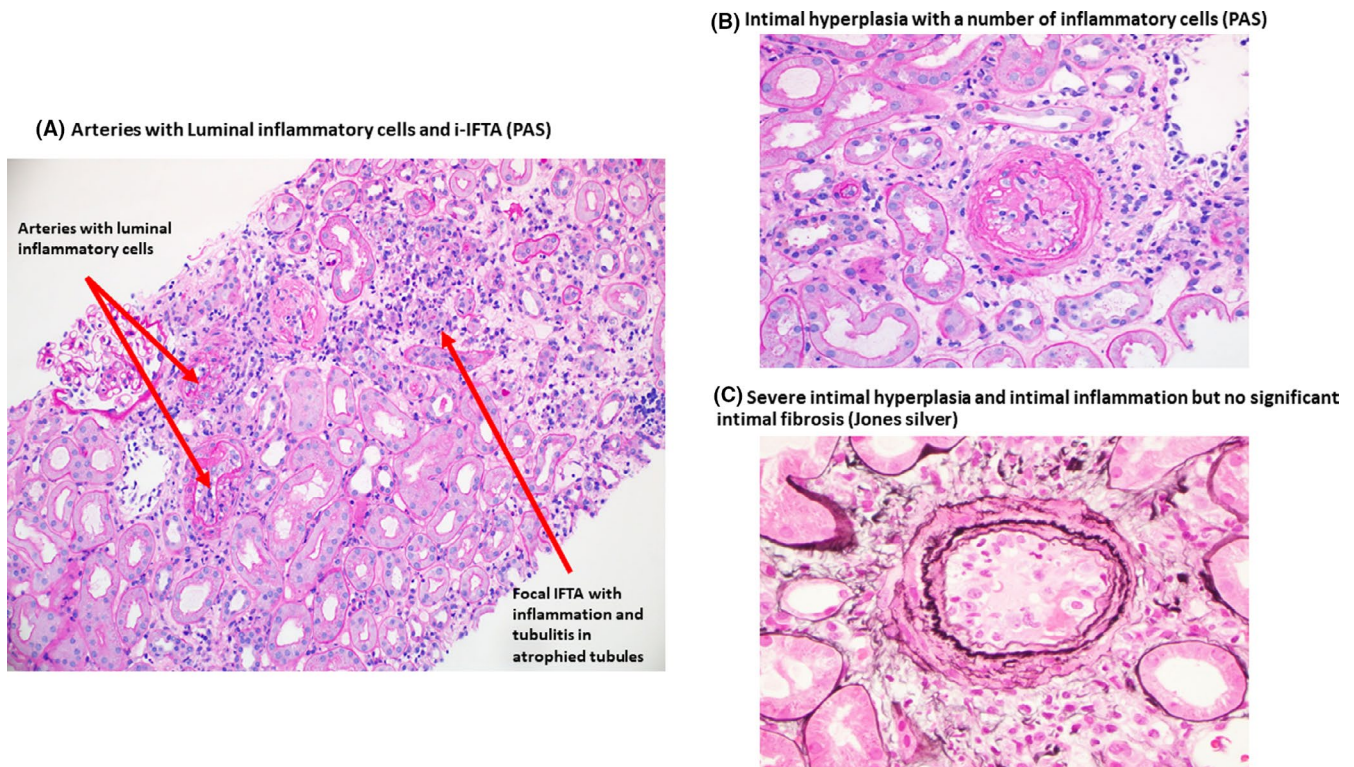


FIGURE 3 (A, B and C): Acute kidney transplant injury biopsy (PAS and Jones Silver stain)

Small arteries and arterioles showed endothelial cell swelling or hyperplasia (Figure 4C). COVID-19 virus particles were not identified. Peritubular capillaries were normal.

The patient was considered to have either T cell mediated rejection (TCMR) or virus related endothelial injury. Accordingly, the patient was treated relatively conservatively with pulse steroids (dexamethasone 50 mg) and taper. Her tacrolimus and mycophenolate sodium were resumed and she was discharged home 17 days

after re-admission with a SpO₂ of 94% on room air and a serum creatinine of 2.07 mg/dl. On the patient's most recent follow-up on January 14, 2021, laboratory testing demonstrated negative DSA, serum creatinine of 1.4 mg/dl and allograft follow-up biopsy showed mild interstitial fibrosis and tubular atrophy (Figure 5). She remains on mycophenolate sodium 540 mg twice daily, prednisone 5 mg daily and tacrolimus 0.5 mg twice daily with 12 hour tacrolimus trough levels of 6 - 7 ng/ml.

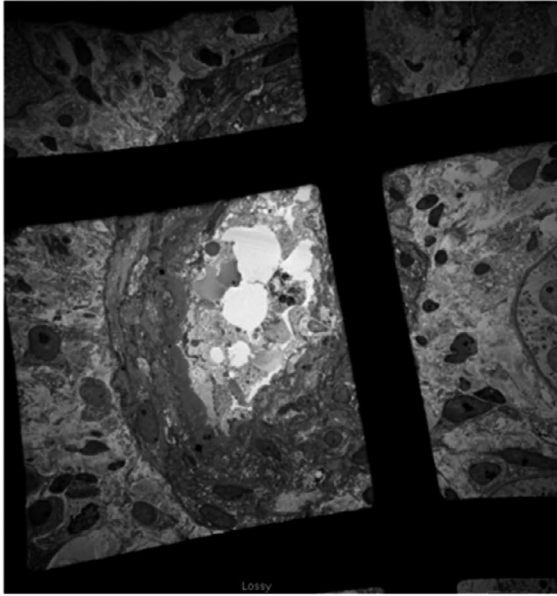
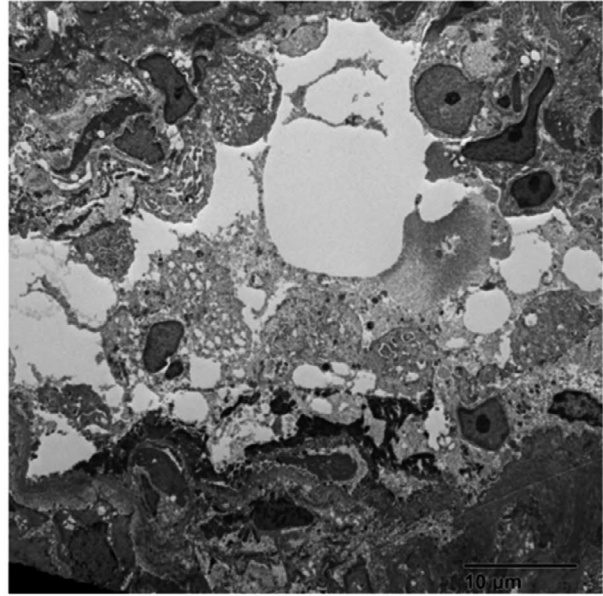
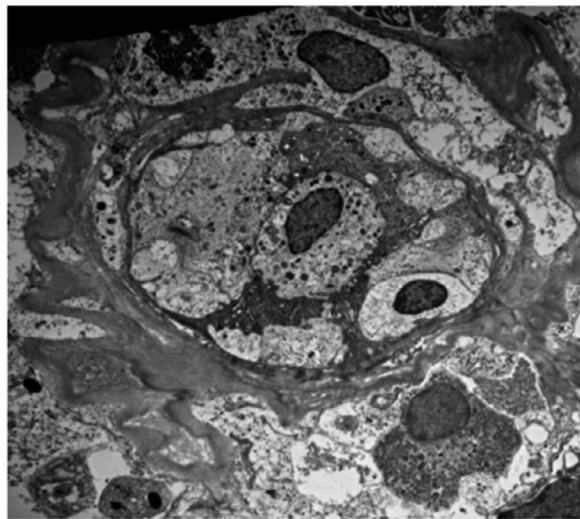
(A) Small artery with endothelial cell injury (low power)**(B) Small artery with endothelial cell injury (high power)****(C) Arteriole with severe endothelial cell hyperplasia**

FIGURE 4 (A and B): Acute kidney transplant injury, small artery with endothelial cell injury (high and low power E&M). C, Acute Kidney transplant injury, sever endothelial cell hyperplasia (E&M)

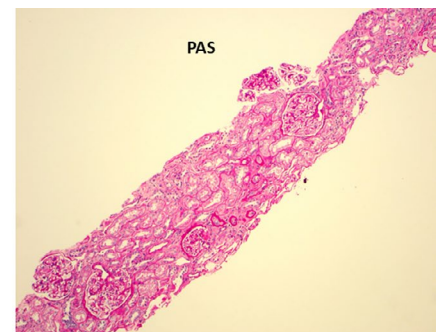
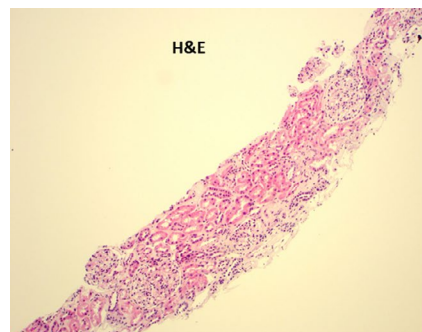


FIGURE 5 4 months follow-up biopsy

2 | DISCUSSION

We report a case of AKI and predominantly v2 lesion involving small arteries and arterioles in a kidney transplant recipient with COVID-19 pneumonia within 1 month after transplantation. At the time of biopsy, we were unable to clearly determine whether this pathological finding was related to TCMR or COVID-19 infection. However, as the patient responded to high dose IV steroids, the diagnosis of TCMR became more plausible.

Isolated intimal arteritis may be seen in rejection and typically involves medium-sized arteries, commonly in grade II TCMR and occasionally in ABMR. The biopsy in our case showed unusual pathological changes with predominantly endothelial cell hyperplasia involving multiple small arteries and arterioles which coexisted with inflammation in the i-IFTA area.⁵ Covid-19 infection has been reported to cause vasculitis and vasculopathy directly through tissue tropism, indirect innate immunity related inflammatory response, and leukocyte debris.⁶ Therefore, differential diagnosis in our patient includes acute TCMR and Covid-19-associated vasculitis. Tubular injury is most likely secondary to vascular changes. However, the clinical course and progression timeline which included immunosuppression minimization, response to pulse steroids with gradual maximization of the immunosuppressive regimen, and absence of viral inclusion bodies on the biopsy support that the AKI was more likely secondary to TCMR.

Banff i-IFTA2 or 3 score is an essential component of chronic active TCMR. However, it is not sufficient to make a diagnosis of chronic active TCMR as it also requires at least ti2 and t2 lesions involving cortical tubules other than severely atrophic tubules.^{5,7} i-IFTA itself is not a specific lesion and is seen in the context of tissue injury because of many causes other than TCMR, including BK virus nephropathy and ABMR.⁷ Arteritis with epithelial hyperplasia instead of intimal hyperplasia would favor acute TCMR, grade IIB if COVID-related vasculopathy can be ruled out, but it is not a feature of chronic TCMR. The presence of i-IFTA soon after transplant and in the setting of recent COVID-19 infection and the absence of neutrophils raises the question of whether i-IFTA is a feature of COVID-19 allograft infection and ongoing disease or a sequela of recent TCMR.⁸ However, the absence of viral inclusion bodies goes against COVID-19 related allograft endothelial cell inflammation, apoptosis and dysfunction occurrence with COVID-19 infection.^{6,9,10}

Kidney transplant recipients receiving depleting induction agents and additional immunosuppressive therapy are at high risk of severe illness from COVID-19 infection.¹¹ Multiple studies reported high mortality rates among kidney transplant recipients with COVID-19 infection compared with general population patients with COVID-19 infection (20 - 28% vs 1 - 5%).¹² Accordingly, the balance between timing, effective and safe utilization of induction therapy and maintenance immunosuppression and the intensity of the regimen plays a pivotal role in the management of these patients so as to achieve allograft survival without compromising the recipient survival.^{11,13} Our case highlights the possibility of TCMR in recently transplanted

patients whose immunosuppression is reduced in the context of severe COVID pneumonia. We further report that TCMR may be safely managed with pulse steroids in patients with early post-transplant COVID-19 pneumonia.

CONFLICT OF INTEREST

The authors of this case report certify that they have no conflict of interest to disclose as described by the Transplant Infectious Disease Journal.

AUTHORS' CONTRIBUTION

Mohamed: concept, design, data collection, analysis, manuscript preparation and editing; Smith: analysis and editing; Parajuli: analysis and editing; Garg: analysis and editing; Aziz: analysis and editing; Mandelbrot: analysis and editing; Djamali: analysis, manuscript preparation and editing; Zhong: analysis, manuscript preparation and editing.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

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