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Comparisons of clinical scoring systems among suspected pulmonary embolism patients presenting to emergency department

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Abstract

Introduction: Pulmonary embolism (PE) is among the most severe cardiovascular disorders worldwide. Timely and appropriate diagnosis of PE remains an important step in reducing PE related mortality and morbidity.

Methods: In this retrospective single‐center cohort study, we comprehensively compared the screening performances of several clinical scoring systems (Wells score [WS], Revised Geneva score [RGS], WS + ^D‐Dimer [D‐D], RGS + D‐D, WS + PE rule‐out criteria [PERC] and RGS + PERC) among PE suspected patients. Failure rates across different PE severity grades as well as overall sensitivity/specificity were considered in evaluating each screening strategy.

Results: A total of 3437 patients were included in this study and 698 of them were diagnosed with PE. Patients with and without PE were similar in demographics, while significantly different in respiration-related characteristics. Compared with WS or RGS alone, Integrating PERC or D‐D with WS or RGS significantly decreased the failure rates across all PE severity grades, and increased the overall sensitivity from 88.5% and 87.2% to 96.3% and 94.8% (D‐D) to 99.4% and 99.6% (PERC), respectively. However, compared with other four scoring approaches, using WS or RGS alone increased the specificity from 8.3% and 7.2%, 38.3% and 21.3%, to 63.5% and 34.8%, respectively, and increased the AUC from 0.54 to 0.54, 0.70 and 0.69, to 0.8 and 0.76, respectively. In general, all screening approaches achieved better performances among PE patients with respiratory distress compared to those without respiratory distress.

Conclusion: Combining PERC or D‐D with WS or RGS, and the presence of respiratory distress provide significantly better PE rule‐out performances.

KEYWORDS

D-Dimer, pulmonary embolism, pulmonary embolism rule out criteria, respiratory distress, revised Geneva score, Wells score

Luojia Tang and Yundi Hu contributed equally.

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1 | INTRODUCTION

Pulmonary embolism (PE) is among the most severe cardiovascular disorders and is responsible for over 50,000 annual deaths in the United States. 1 Most PE is caused by emboli that originated from venous thrombi and traveled to the arteries of lung, with various clinical presentations and symptoms, including arrhythmia, hemo-dynamic collapse and shock.^{[2](#page-7-1)} Undiagnosed PE can be lifethreatening, and patients surviving delayed PE diagnosis are at increased risk for chronic right ventricular dysfunction and decreased quality of life.^{[3](#page-7-2)} Therefore, timely diagnosis and appropriate therapeutic management of PE remains essential for reducing the mortality and morbidity associated with PE.

There have been several important improvements regarding the clinical diagnosis of PE. Among them, computed tomographic pulmonary angiography (CTPA), which generates three‐dimensional images demonstrating the presence and location of pulmonary emboli within arteries in the lung, remains the gold standard.⁴ However, CTPA is costly, time-consuming and often exposes patients to extra radiation. These limitations largely restrict their applications in emergency medical settings.^{[5](#page-7-4)} In the past 20 years, several clinical scoring systems, such as Well's score (WS), revised Geneva score (RGS), and pulmonary embolism rule‐out criteria (PERC) have proven to be an alternative screening tool for aiding the timely diagnosis of PE. $6-9$ These scoring systems evaluate the likelihood of PE via a combination of diagnostic modalities, including clinical signs, symptoms, and medical history, and have been validated by clinical trials and prospective cohort studies.^{[10](#page-7-6)-12} Unlike WS and RGS which both intend to stratify patients with suspected PE into different risk categories, PERC is designed to rule out PE in low‐risk patients. Therefore, PERC is rarely used alone in predicting PE pretest probability, but rather integrated with existing pretest scores to improve their clinical performance. In addition, the plasma level of p-Dimer (D-D), which is often elevated in the presence of acute thrombosis due to simultaneous activation of coagulation and fibrinolysis, is also used to rule out PE.^{13,14}

Existing research often utilizes these screening scores in multiple stages rather than integrate them into a single screening approach, which had limited their clinical applicability. In addition, it is well established that pulmonary artery embolism and multiple pulmonary arteriole embolism require a much more stringent diagnosis and treatment window than single pulmonary arteriole embolism. However, existing research rarely investigated the performances of these clinical scoring systems across different PE severity grades. Therefore, in this study, we aim to compare the screening performances of several well-known PE clinical prediction rules: WS alone, RGS alone, WS integrated with D-Dimer (WS + D-D), RGS integrated with ^D‐Dimer (RGS + D‐D), WS integrated with PE rule‐out criteria (WS + PERC), and RGS integrated with PERC (RGS + PERC) among patients suspected of PE from our single medical center. Screening performances are evaluated with respect to different PE severity grades to detect the consistency of their clinical performance. Further, since respiratory distress is a typical symptom of PE and to investigate its clinical significance in constructing scoring system, we

evaluated the performances of multiple screening approaches among patient subgroups with and without respiratory distress.

2 | MATERIALS AND METHODS

2.1 | Data collection

In this retrospective single‐center cohort study, we collected data from patients presenting to the emergency department of Zhongshan Hospital (tertiary hospital affiliated to Fudan University) from July 2018 to October 2022. During this period, an average of 295,608 patients attended the emergency department of Zhongshan Hospital annually. Patients were included if they were suspected of PE or could not be ruled out of PE by the attending physicians. Since the attending physicians were well‐educated and the clinical diagnosis of PE followed standard protocol, we define patients suspected of PE or could not be ruled out of PE as those who performed CTPA according to the medical order of the attending physicians. Patients were excluded if they were younger than 18 years old, or could not be confirmed of PE status by CTPA. Electronic medical records, CTPA, laboratory test results and vital signs were collected and reviewed.

2.2 | PE status and severity grades

The status of PE was determined based on CTPA. PE was divided into five severity grades: (1) pulmonary artery embolism; (2) multiple pulmonary arteriole embolism; (3) pulmonary artery branch embolism; (4) single pulmonary arteriole embolism; and (5) no PE. Supporting Information: Text [S2](#page-7-8) described how these severity grades were assessed in detail.

2.3 | Study design

The performances of four PE screening approaches were compared among patients included in the analysis, including WS, RGS, WS + D‐D, RGS + D‐D, WS + PERC, and RGS + PERC. Table [1](#page-2-0) shows a detailed description of the six screening approaches. Detailed indicators of WS, RGS, and PERC can be found in Supporting Information: Tables S1–S3. Comparisons were conducted comprehensively in terms of screening accuracy, efficiency and the concordance of clinical probabilities. In addition, since respiratory distress was a typical symptom of PE, subgroup analyses were conducted among patients with respiratory distress. We defined patients who have shortness of breath, breathing difficulty, or oxyhemoglobin saturation less than 95% as respiratory distress.

2.4 | Statistical analysis

Statistical analysis was performed using R statistical software (version 4.0.3). Continuous characteristics were described using mean ±

TABLE 1 Detailed description of four screening approaches.

Abbreviations: CTPA, computed tomography pulmonary angiography; D‐D, ^D‐Dimer; PERC, Pulmonary embolism rule‐out criteria; RGS, revised Geneva score; WS, Wells score.

standard deviation if normally distributed, or median (interquartile range) if normality was violated. Categorical characteristics were presented using frequency (percentage) per category. Statistical tests were performed using Student's t test or analysis of variance for continuous variables (Wilcoxon rank sum test for skewed distribution), and Chi‐square or Fisher's exact test for categorical variables. Failure rate, which was defined as the percentage of PE cases failed to be ruled out in each PE severity grade, of each screening approach was calculated and compared. Sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV) were also calculated and compared among different screening approaches. Predictive accuracy of each screening approach was calculated as the area under the receiver operating characteristics (ROC) area under the curve (AUC), and significance of difference was tested by DeLong test.^{[15](#page-7-9)} Concordance between the clinical probability of PE was described by Kappa coefficient.^{[16](#page-7-10)} 1 – Cohen's W effect sizes was calculated to further measure the difference among the scoring approaches. To detect the failure rate differences between different scoring strategies, following formulation was applied to calculate Z statistics. $|Z|$ > 1.96 means significant difference at 95% confidence.

$$
Z = \frac{FR_1 - FR_2}{\sqrt{\frac{FR_1(1 - FR_1) + FR_2(1 - FR_2)}{n}}}.
$$

3 | RESULTS

3.1 | Patient characteristics

A total of 3973 patients presenting to the emergency department of Zhongshan Hospital from July 2018 to October 2022 met the inclusion criteria and were included in the study. Among them, 17 were younger than 18 years old, 519 could not be confirmed of PE status by CTPA and were thus excluded from the following analy-ses. Supporting Information: Figure [S1](#page-7-8) provided a flow diagram for detailed patient inclusion process. Baseline characteristics for the remaining 3437 patients included in the final analysis were described in Table [2.](#page-2-1) Overall, patients with and without PE were significantly different in terms of most characteristics, especially

TABLE 2 Baseline characteristics among patients with and without pulmonary embolism (PE).

Note: Data are presented as n (%) for categorical characteristics, and median (IQR) or mean (standard deviation) for continuous characteristics. p‐Values were obtained using Student's t test for normally distributed variables, Wilcoxon rank sum test for skewed distributed variables and Chi‐square test for categorical variables.

those related to respiration, such as respiratory distress, heart rate, and oxygen saturation. Age, sex, syncope, palpitation, and temperature were found to be distributed similarly between PE and non‐PE patients.

3.2 | Comparison of screening performances among four scoring approaches

Failure rate decreased from 9.5% and 11.9% in WS and RGS, to 4.0% and 4.0% for WS + D‐D and RGS + D‐D, and to 1.6% and 0.8% for WS + PERC and RGS + PERC among patients with main pulmonary artery PE. Similar trends were observed among patients with multiple, branch, arteriole, and any PE (Table [3](#page-3-0)). WS + PERC and RGS + PERC had the highest sensitivity and NPV, while WS had the highest specificity and PPV. Transitioning from the WS to the WS + D-D, and subsequently to the WS + PERC, the scoring approaches become increasingly conservative, with a corresponding decrease in the failure rate. Figure [1](#page-4-0) showed the ROC curve and AUC for each of the screening approach. WS had the highest AUC (0.7999, 95% confidence interval [0.7831–0.8169]), followed by RGS (0.7555, [0.7351–0.7760]), while there was no statistically significant difference regarding the AUCs in WS + D-D (0.6974, [0.6819–0.7127]) and RGS + D‐D (0.6873, [0.6971–0.7036]), as well as AUCs in WS + PERC (0.5391, [0.5333–0.5451]) and RGS + PERC (0.5392, [0.5334–0.5451]).

The 3437 patients were divided into low and high clinical probability categories according to the corresponding risk scores in each screening approach. Concordance of the clinical probability categories between WS and RGS, WS + D‐D and RGS + D‐D, as well as WS + PERC and RGS + PERC approaches were provided in Table [4.](#page-5-0) Overall, there were 2484 patients with concordant clinical probability estimated using WS and RGS, including 955 patients with low clinical probabilities and 1529 patients with high clinical probabilities. The incorporation of D‐D has diminished the disparity in the screening performance between the WS and the RGS, number

of patients with concordant clinical probability increased to 2910, including 583 patients with low clinical probabilities and 2327 with high clinical probabilities. However, PERC further equalized this disparity that number of patients with concordant clinical probability further increased to 3713, including 199 patients with low clinical probabilities and 3204 with high clinical probabilities. Kappa coefficients between WS and RGS, WS + D‐D, and RGS + D‐D, as well as WS + PERC and RGS + PERC were 0.4580, 0.5964, and 0.9901, respectively, indicating moderate to almost perfect concordance. Negligible difference existed between WS + PERC and RGS + PERC (1 − Cohen's W = 0.084), and medium difference existed between WS + D‐D and RGS + D‐D (0.364), as well as between WS and RGS (0.490) (Supporting Information: Table [S4\)](#page-7-8). Supporting Information: Table [S5](#page-7-8) showed the Z statistics of failure rate in each PE severity grade.

3.3 | Comparison of screening performances between patients with and without respiratory distress

According to Table [2,](#page-2-1) patients with PE (22.8%) had significantly higher probability of respiratory distress symptoms than patients without PE (14.5%). Therefore, we conducted subgroup analysis regarding the performances of screening approaches in this subpopulation. 557 out of the 3437 patients were found to be presented with respiratory distress after reviewing their electronic medical records. For WS and RGS, failure rates increased from 7.0% and 8.5% for patients with respiratory distress, to 12.7% and 16.4% for patients without respiratory distress among patients with main

TABLE 3 Comparison of screening performances in four scoring strategies.

Abbreviations: D-D, D-Dimer; LR, likelihood ratio; NPV, negative predictive value; PE, pulmonary embolism; PERC, pulmonary embolism rule-out criteria; PPV, positive predictive value; RGS, Revised Geneva score; WS, Wells score.

FIGURE 1 ROC curve and AUC (95% confidence interval) in each of the six screening approaches. AUC, area under the curve; D‐D, ^D‐Dimer; PERC, pulmonary embolism rule‐out criteria; RGS, revised Geneva score; ROC, receiver operating characteristics; WS, Wells score.

 1.0

 $0.\overline{8}$

Sensitivity
 0.4 0.6

 0.2

 0.0

 1.0

 $0.\overline{8}$

Sensitivity
 0.4 0.6

pulmonary artery PE. Similar trends were observed among those with other PE severity grades (Table [5\)](#page-5-1). In other words, screening performances of WS and RGS increased among patients with respiratory distress, relative to those without. We also observed the similar results in RGS + D‐D. For WS + D‐D, we observed inverse results in patients with main pulmonary artery PE and multiple PE. However, the benefit among patients with respiratory distress was not significant for WS + PERC or RGS + PERC due to low failure rates. In addition, sensitivity and PPV decreased, while specificity and NPV increased among patients with respiratory distress. Overall, we found that all six screening approaches achieved higher accuracy but lower efficiency among patients with respiratory distress.

4 | DISCUSSION

In this article, we comprehensively compared the screening performances of six scoring systems commonly used to aid the clinical diagnosis of PE. Failure rates across all PE severity grades decreased significantly from WS alone and RGS alone to WS + D‐D and RGS + D‐D, to WS + PERC and RGS + PERC, respectively. The percentages of PE cases failed to be diagnosed by the corresponding screening strategies were minimized to less than 1% in WS + PERC and RGS + PERC. These two integrative screening strategies (WS + PERC and RGS + PERC) achieved near perfect performances in terms of sensitivity, however, their specificity remained much lower than the simple screening approaches (WS alone and RGS alone). 6 of 8 MILEY Health Science Reports TANGET AL.

WS + D‐D and RGS + D‐D were in balanced compared with other four scoring approaches. As the two most commonly used screening rules of PE, Wells score and RGS only achieved moderate screening concordance in dividing suspected PE patients into low and high‐risk categories, while integrating D‐D or PERC with WS or RGS could

TABLE 4 Concordance of clinical probability categories between WS and RGS, between WS + PERC and RGS + PERC, and between WS + D‐D and RGS + D‐D.

Abbreviations: D‐D, ^D‐Dimer; PERC, pulmonary embolism rule‐out criteria; RGS, Revised Geneva score; WS, Wells score.

significantly increase the screening concordance between them. In addition, all six screening strategies achieved lower failure rate among patients with respiratory distress compared to those without across all PE severity grades, except for the most severe case (main pulmonary artery PE), where none of the main pulmonary artery PE cases without respiratory distress were misdiagnosed using RGS + PERC and 1.4% main pulmonary artery PE with respiratory distress failed to be diagnosed. This suggests that RGS + PERC could serve as a potentially better diagnostic tool for suspected PE patients without respiratory distress.

Failure rate, which is defined as the number of PE cases out of the total number of suspected PE cases in the corresponding severity grade, is of particular clinical importance for the early and correct diagnosis of PE.^{[17](#page-7-11)} Since PERC is designed to safely rule out PE among suspected PE cases with lower clinical risk, it is expected to decrease the severity specific and overall failure rates when integrated with WS or RGS, which are designed to stratify patients with suspected PE into different risk categories. 18 18 18 Therefore, we observed significantly better screening performances in terms of sensitivity and failure rate using WS + PERC and RGS + PERC compared with WS and RGS alone. In other words, when combined with PERC, WS and RGS would be much more sensitive at diagnosing more suspected PE cases, which is desired for severe disorders such as PE with high mortality and morbidity.

Although integrating PERC would increase the sensitivity for diagnosing PE cases using WS or RGS, it comes with a compromise of decreasing the overall specificity. This would be expected since for any screening strategy, an increase of sensitivity would be accompanied with a decrease of specificity, that is, any screening tool would

Abbreviations: D‐D, ^D‐Dimer; LR, likelihood ratio; NPV, negative predictive value; PE, pulmonary embolism; PERC, pulmonary embolism rule‐out criteria; PPV, positive predictive value; RD, respiratory distress; RGS, Revised Geneva score; WS, Wells score.

be increasing the sensitivity by diagnosing more suspected cases at the cost of false positives. 19 Therefore, we observed much lower specificity when WS or RGS is combined with PERC. This could also explain the relatively lower AUCs in these two integrative screening strategies. Since AUC, which is calculated as the area under the ROC curve, is indicative of the discriminative power of the corresponding screening approach with sensitivity plotted against specificity when probability is thresholded sequentially between 0 and $1²⁰$ The poor discriminative performances of the integrative approaches are likely to be due to their relatively lower specificity. However, under disease screening scenarios in community setting or disease diagnosis scenarios in emergency medical setting, true disease status remains unknown and medical professionals would largely rely on the positive/negative predictive values, which predict the probability that a suspected PE patient would be truly PE given positive screening result (PPV) or that a suspected PE patient could be ruled out of PE given negative screening result (NPV). 21 The high NPVs and low PPVs of the integrative approaches suggest that, it is relatively safe to rule out of PE patients given the negative screening result, however, inadequate to confirm the PE diagnosis given the positive screening result.

Further, patients diagnosed with PE had significantly higher prevalence of respiratory distress compared to those without among the samples included in our study, which confirms that respiratory distress is among one of the most common symptoms occurring to PE. This can also be reflected in our subgroup analyses where almost all screening strategies achieved better performances among suspected PE patients with respiratory distress compared with those without. However, one should note that among patients with main pulmonary artery PE and without respiratory distress, the RGS + PERC approach achieved zero failure rate, a big improve than among those with main pulmonary artery PE but without respiratory distress. This suggests that RGS + PERC could potentially benefit the clinical diagnosis of this most difficult subgroup, which represent PE patients with untypical clinical symptoms and severe PE consequences.

There are several strengths associated with our study. First, we are the first to stratify PE patients into different PE severity grades using the gold standard diagnostic CTPA and evaluated the screening performances for each PE severity grade. The grade specific failure rates help to differentiate the clinical significance of each screening tool from the most severe PE cases to the mildest cases. Second, the screening performances of all four strategies are compared comprehensively using rule out criteria (such as failure rate), sensitivity/ specificity, as well as a compromise between them (AUC), which provides diverse angles toward different clinical usages. For example, medical professionals focusing on the clinical diagnosis might emphasize the performance on failure rate, while those working in the community screening of associated risk factors might consider specificity as more important. Thirdly, the large sample size and relatively high prevalence of PE cases among the suspected PE population make our results reliable and generally applicable to patients with moderate to high PE risks of east Asian ancestry.

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Nevertheless, there are several limitations related to our study. First, our study is retrospective in nature and could not avoid bias due to potentially unmeasured confounding. Second, all patients analyzed in our study are of East Asian ancestry, and thus the results and conclusions might not be generalizable to other population. Finally, our study is a single center investigation and results need to be validated using multicenter prospective cohorts.

5 | CONCLUSION

In this study, we comprehensively compared the screening performances of WS, RGS, WS + D‐D, RGS + D‐D, WS + PERC, and RGS + PERC among suspected PE patients across various PE severity grades. Results suggest WS + PERC and RGS + PERC as outstanding PE rule out method compared to other scoring approaches, with near perfect sensitivity and negative predictive values. And WS + D‐D and RGS + D-D balanced the sensitivity and specificity well. Finally, the performances of all approaches were improved among suspected PE patients with respiratory distress compared to those without respiratory distress, and RGS + PERC could potentially serve as a better screening tool for main pulmonary artery PE without respiratory distress.

AUTHOR CONTRIBUTIONS

Luojia Tang: Conceptualization; data curation; funding acquisition; investigation; methodology; validation; writing—original draft. Yundi Hu: Data curation; formal analysis; methodology; software; validation; visualization; writing—original draft. Min Min: Data curation; formal analysis; investigation. Jianyong Gu: Data curation; formal analysis; investigation. Dong Pan: Data curation. Xiaolei Lin: Formal analysis; methodology; methodology; supervision; supervision; validation; writing—review and editing; writing—review and editing. Chaoyang Tong: Conceptualization; data curation; investigation; supervision; writing—review and editing.

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CONFLICT OF INTEREST STATEMENT

The authors declare no conflict of interest.

DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

ETHICS STATEMENT

The study was registered (No. CJ0647) and approved by Human Genetic Resources of China in April 2022. Ethical approval was received from the Medical Ethics Committee of Zhongshan Hospital (NO. B2021‐839R).

TRANSPARENCY STATEMENT

The lead author Xiaolei Lin, Chaoyang Tong affirms that this manuscript is an honest, accurate, and transparent account of the study being reported; that no important aspects of the study have been omitted; and that any discrepancies from the study as planned (and, if relevant, registered) have been explained.

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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