



# Aging Relevant Metabolite Itaconate Inhibits Inflammatory Bone Loss

Yuting Wang, Song Li, Liming Zhao, Peng Cheng, Jian Liu, Fengjing Guo, Jun Xiao, Wentao Zhu<sup>\*†</sup> and Anmin Chen<sup>\*†</sup>

Department of Orthopaedic Surgery, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, China

## OPEN ACCESS

### Edited by:

Ting Zheng,  
Hospital for Special Surgery,  
United States

### Reviewed by:

Pengcheng Zhou,  
The Rockefeller University,  
United States  
Wonjong Jin,  
University of Wisconsin-Madison,  
United States  
Huifang Sun,  
Wuhan University, China  
Anjali P. Kusumbe,  
University of Oxford, United Kingdom

### \*Correspondence:

Wentao Zhu  
wentao-zhu@hotmail.com  
Anmin Chen  
anminchen@hust.edu.cn

<sup>†</sup>These authors have contributed  
equally to this work and share  
last authorship

### Specialty section:

This article was submitted to  
Bone Research,  
a section of the journal  
Frontiers in Endocrinology

Received: 04 April 2022

Accepted: 07 June 2022

Published: 22 July 2022

### Citation:

Wang Y, Li S, Zhao L,  
Cheng P, Liu J, Guo F, Xiao J,  
Zhu W and Chen A (2022) Aging  
Relevant Metabolite Itaconate  
Inhibits Inflammatory Bone Loss.  
*Front. Endocrinol.* 13:885879.  
doi: 10.3389/fendo.2022.885879

Progressive bone loss during aging makes osteoporosis one of the most common and life impacting conditions in geriatric populations. The bone homeostasis is maintained through persistent remodeling mediated by bone-forming osteoblast and bone-resorbing osteoclast. Inflammaging, a condition characterized by increased pro-inflammatory markers in the blood and other tissues during aging, has been reported to be associated with skeletal stem/progenitor cell dysfunction, which will result in impaired bone formation. However, the role of age-related inflammation and metabolites in regulation of osteoclast remains largely unknown. In the present study, we observed dichotomous phenotypes of anti-inflammatory metabolite itaconate in responding to inflammaging. Itaconate is upregulated in macrophages during aging but has less reactivity in responding to RANKL stimulation in aged macrophages. We confirmed the inhibitory effect of itaconate in regulating osteoclast differentiation and activation, and further verified the rescue role of itaconate in lipopolysaccharides induced inflammatory bone loss animal model. Our findings revealed that itaconate is a crucial regulatory metabolite during inflammaging that inhibits osteoclast to maintain bone homeostasis.

**Keywords:** osteoporosis, aging, inflammation, itaconate, osteoclast

## INTRODUCTION

Osteoporosis is a common age-related skeletal disorder characterized by decreased bone mineral density and bone micro-architectural change. These changes lead to bone strength decline and contribute to bone fractures which could be life-threatening for geriatric populations (1). Bone is an active tissue that undergoes persistent remodeling. The maintenance of bone homeostasis relies on the balance of osteoblast mediated bone forming and osteoclast mediated bone resorption (2). Osteoblasts derive from skeletal stem/progenitor cells, whereas osteoclasts derive from hematopoietic monocyte/macrophage lineages (3, 4). Due to age-related stemness loss and/or microenvironment change, the development and activity of osteoblast and osteoclast have been largely remodeled during aging, leading to progressive bone loss and onset of osteoporosis (5, 6).

Immune system serves as the most important protection of organisms, by resisting foreign pathogens and eliminating injured or senescent autologous cells to maintain the homeostasis of our body. Both innate and adaptive immune systems undergo remarkable changes during aging. The most outstanding feature of innate immune system change is low-grade stimulation at basal level, whereas immune incompetent when specific reaction is needed (7, 8). Inflammaging, an emerging

concept describing chronic, sterile, and low-grade inflammation during aging, has been shown to contribute to the pathogenesis of various age-related diseases (9, 10). In the skeletal system, aging induced circulating pro-inflammatory factors impair bone regeneration *via* decreased skeletal stem/progenitor cell number and osteogenic function (6). The role of inflammaging in regulating bone-resorbing osteoclast remains largely unknown.

Macrophages lie at the frontline of immune response, play crucial roles in both innate and adaptive immune systems. Accumulation of pro-inflammatory macrophages and release of cytokines in tissue have significant contributions to the inflammaging process (11, 12). Metabolic reprogramming of tricarboxylic acid cycle from oxidative phosphorylation to glycolysis is a hallmark of macrophage activation, generating endogenous metabolites which regulate inflammatory response (13, 14). Itaconate has been identified as one of the most highly induced metabolites during macrophage activation, playing an inhibitory role in inflammation (15, 16). Bone resorbing osteoclasts are derived from monocyte/macrophage lineages and governed by pro-inflammatory cytokines (3). Itaconate may therefore be involved in regulating bone homeostasis especially bone resorption during aging.

Here, we investigated the metabolic remodeling of macrophages during aging, provided insights into the regulatory role of macrophage derived metabolite itaconate in osteoclastogenesis and lipopolysaccharides (LPS) induced inflammatory bone loss.

## MATERIALS AND METHODS

### Reagents and Antibodies

Antibodies targeting NF- $\kappa$ B pathway (IKK $\beta$ , p-IKK $\alpha$ / $\beta$ , I $\kappa$ B $\alpha$ , p-I $\kappa$ B $\alpha$ , P65)P, p-P65) and MAPK pathway (JNK, p-JNK, ERK, p-ERK, P38, p-P38) were purchased from Cell Signaling Technology (Danvers, MA, USA). Recombinant murine M-CSF (Macrophage Colony-Stimulating Factor) and RANKL (Receptor Activator of Nuclear factor Kappa- $\beta$  Ligand) were purchased from PeproTech (Rocky Hill, NJ, USA). TRAP staining kit, dimethyl itaconate (DI), and other reagents were purchased from Sigma-Aldrich (St. Louis, MO, USA). Culture mediums and fetal bovine serum (FBS) were obtained from Thermo Fisher Gibco (Waltham, MA, USA).

### Osteoclast Differentiation and Function

Bone marrow derived macrophages (BMMs) were isolated as previously described (17). Briefly, femur and tibia from C57BL/6 mouse were carefully dissected and rinsed in cold PBS before flushing out the bone marrow with  $\alpha$ -MEM media containing 30ng/ml recombinant mouse M-CSF at day 0. After being left in a 10-cm dish for 16h in a 37°C incubator supplied with 5% CO<sub>2</sub>, supernatants with unattached cells were transferred to a new 10cm dish at day 1 and cultured for 2 more days to collect attached BMMs before a media change at day 3. BMMs were harvested with trypsin and replated for *in vitro* experiments at day 4. BMMs isolated from 2-month-old mice were used as

young BMMs, and BMMs isolated from 2-year-old mice were used as aged BMMs for *in vitro* experiments in this study.

For osteoclast differentiation, BMMs were digested and plated to 96-well plate at the density of 20,000 cells per well, complete  $\alpha$ -MEM media containing 30 ng/ml recombinant mouse M-CSF and 100 ng/ml recombinant mouse RANKL were applied to cells with daily media change until the end point designed by experiments. RAW264.7 cell lines were cultured in complete DMEM media containing 75 ng/ml RANKL for differentiation.

Trap staining kit was purchased from Sigma and performed following the manufacturer's protocol after being fixed by PFA for identification of mature osteoclasts. Multinuclear ( $\geq 3$ ) cells with positive trap staining were considered as mature osteoclast.

F-actin-ring and pit formation assay were performed to analyze the function of mature osteoclast as previously described (17). BMMs were plated on collagen coated plate for primary differentiation with  $\alpha$ -MEM media containing 30 ng/ml M-CSF and 100ng/ml RANKL for 6 days before digested with collagenase and replated in Corning osteo assay strip wells. Cells were cultured in  $\alpha$ -MEM media containing M-CSF and RANKL with indicated treatments for 3 more days before fixed for immunofluorescent staining and pit analysis. F-actin-tracker green purchased from Invitrogen were applied to the wells and incubated in 25°C for 1h after 4% PFA fixation and followed 0.1% triton-x perforation. 5 times of PBS wash were performed to remove nonspecific binding of actin tracker green and followed by 5 min DAPI staining to label the nuclear. F-actin-ring were imaged with Nikon microscope, and total number per wells were counted regardless of size. The wells were then bleached to remove the cells for pit analysis by quantifying the resorted area in the well.

### Quantitative Real-Time PCR and Western Blotting

Cells for Quantitative real-time PCR analysis were lysed with Trizol Reagent purchased from Invitrogen and RNA were extracted following the manufacturer's protocol. Then the extracted RNA was reversed with the RevertAid First Strand cDNA Synthesis Kit (Thermo Scientific, Waltham, MA, USA). cDNA was used for real-time-qPCR with KAPA SYBR FAST qPCR Kit Master Mix (Kapa Biosystems, Hallandale, FL, USA). The primers listed below were used in real-time PCR to detect indicated genes: GCGAACGCT-GCCACTCA and ATCCAGGCTTGAAGGTC for mouse IRG1; CTCCACTC TTCCACCTTCG and TTGCTGTAGCCGTATTTCATT for mouse GAPDH; GAAGAAGACTCACCAGAAGCAG and TCCAGGTTATGGGCAGAGATT for mouse CTSK; TCCTT GCAATGTGGATGTTT and CGTCCTT-GAAGA0AATGC AGA for mouse MMP9; TCTTCCGAGTTCACATCCC and GACAGCACCATCTT-CTTCC for mouse NFATc1; GATGCC AGC-GACAAGAGGTT and CATACCAGGGGATGTTG CGAA for mouse TRAP. The relative mRNA levels of target genes were calculated by the  $2^{-\Delta\Delta CT}$  method, with GAPDH as an internal control and normalized to the control group (18).

Cells for Western blotting were lysed in RIPA reagent from Invitrogen supplemented with protease and phosphatase

inhibitor. Cell lysates were sonicated and spined at 12000 g for 30 min at 4°C to remove cell debris, then boiled with SDS sample buffer and used for western blotting following CST's protocol. Antibodies listed above were used to detect target protein. Quantification of protein level was performed with Gel-Pro Analyzer software with at least 3 biological repeats.

## Animals and LPS Induced Inflammatory Bone Loss Model

The use of animals and design of animal experiments were approved by the Institutional Animal Care and Use Committee of Tongji Hospital. All animals were supplied by the University Laboratory Animal Center. LPS induced inflammatory bone loss models were used for the *in vivo* experiments. 24 8-week-old male C57BL/6 mice were randomly assigned to four groups with  $n=6$  in each group: Sham+Veh, Sham+DI, LPS+Veh, LPS+DI. No blinding was used during the experiment. 5mg/kg LPS (in LPS groups) or equal amount of PBS (in Sham groups) were subcutaneously injected on the middle cranial suture at day1 and day4, 30 mg/kg Dimethyl itaconate (in DI groups) or equivalent volume of PBS (in Veh groups) were given daily from day2 to day11 by intraperitoneal injection. The percentage of resorption area were calculated based on reconstructed CT scanning, Trap positive area per section in paraffin slides were used to evaluate osteoclast activity.

## Micro-Computed Tomography ( $\mu$ CT) Imaging

The skulls of mice from animal experiments were scanned with the vivaCT40  $\mu$ CT instrument (Scanco Medical, Bassersdorf, Switzerland), bone signals were obtained at 100kV and 98 $\mu$ A, with the resolution as 10.5 $\mu$ m. Three dimensional images were reconstituted and analyzed with the built-in software.

## RNA-Sequencing of BMMs

BMMs were cultured with  $\alpha$ -MEM in the absence of FBS for 12 h, then changed to complete media supplied with RANKL (100 ng/mL) and DI (20 $\mu$ M) or vehicle for 24 hours. Cells for RNA-sequencing were lysed with Trizol Reagent and submitted to Shanghai Biotechnology Corporation for the following process. Briefly, total RNA was extracted and checked for a RIN number to inspect RNA integrity. Qualified total RNA was further purified by RNAClean XP and RNase-Free DNase Set. The libraries were prepared with VAHTS mRNA-seq v2 Library Prep Kit for Illumina. The libraries were then sequenced with pair-end protocol, average raw bases data was 6Gb.

## Statistical Analysis

All *in vitro* experiments were performed independently with at least three biological repeats, and the results are presented as means  $\pm$  standard error of the mean (SEM). The animal study was performed under the ARRIVE guidelines. The sample size, randomization, blinding, outcome measures and statistical methods are described in Animals and LPS induced inflammatory bone loss model section. One-way-ANOVA

followed by Tukey *post hoc* corrections were used for multigroup comparison. Two-tailed Student's *t* test was used for comparisons between 2 groups. In all analyses,  $P < 0.05$  was taken to indicate statistical significance.

## RESULTS

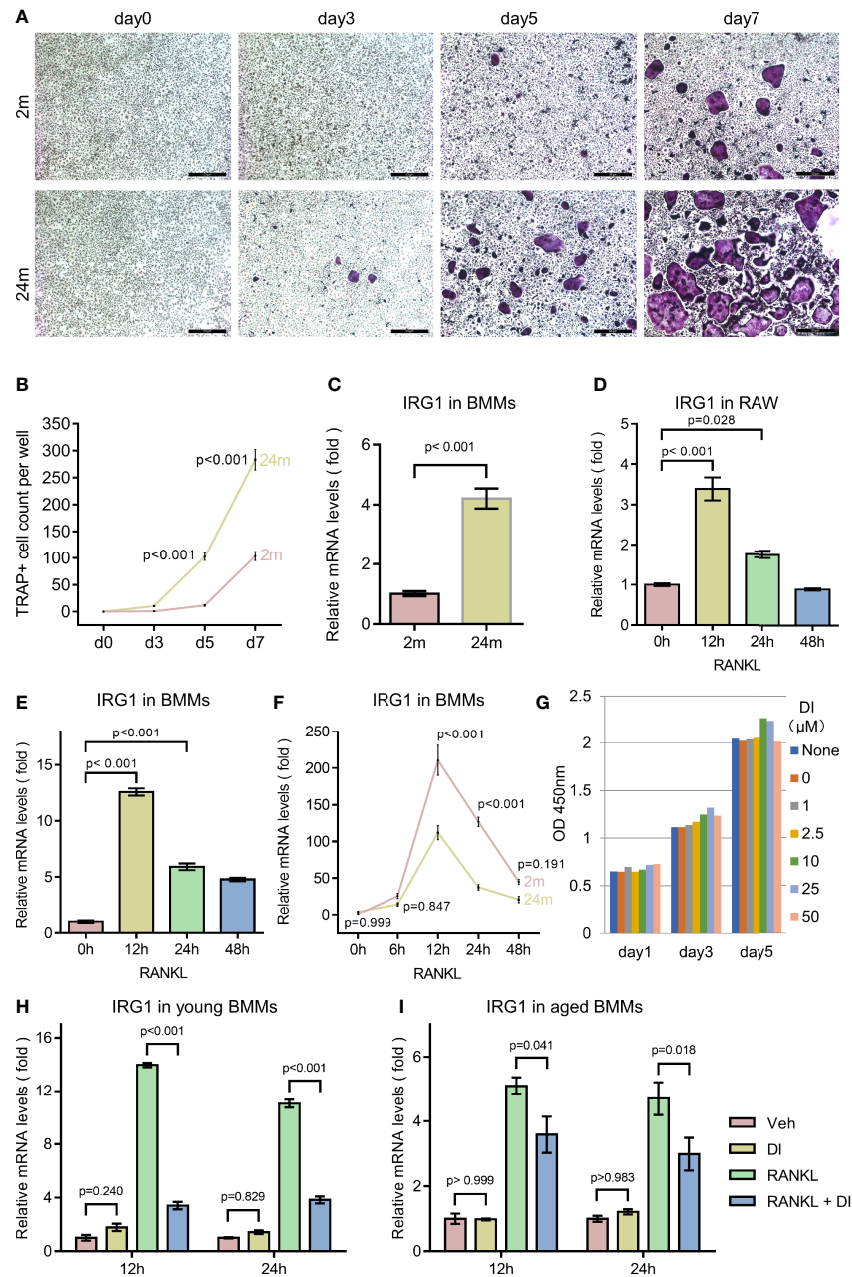
### Aging Associated Osteoclast Activation and Metabolism Remodeling

Osteoporosis is an age-related bone disorder that could be due to decreased bone formation and/or increased bone resorption. Here in this study, we focused on osteoclast and its precursor macrophage during aging. In agreement with previous reports (19, 20), we observed an age-related increase of osteoclastogenesis activity between BMMs isolated from 2-month-old and 2-year-old C57BL/6 male mice in our *in vitro* experiments, indicated by faster osteoclast formation and more osteoclast formed (Figures 1A, B).

Aging has been shown to play an important role both in skewing the osteoclast precursor pool and promoting pro-inflammatory cytokine release in the bone marrow niches (20). While in response to inflammation, macrophage can also initiate metabolic reprogramming of the tricarboxylic acid cycle from oxidative phosphorylation to glycolysis to generate an anti-inflammatory function. To confirm the metabolic remodeling of macrophages during aging, we first test the IRG1/itaconate metabolic pathway. Itaconate is produced during metabolic remodeling, catalyzed by IRG1 encoded enzyme cis-Aconitate decarboxylase. IRG1 gene expression level has been shown to be an indicator of itaconate level (21). We compared IRG1 expression level between BMMs isolated from young and aged mice, observed a significantly increased IRG1 expression level in aged BMMs, indicating a metabolic remodeling status (Figure 1C).

Further we wonder if similar metabolic remodeling happens during RANKL induced osteoclastogenesis. We treated primary BMMs as well as macrophage cell line RAW264.7 with RANKL for different time periods. The IRG1 gene expression level increased rapidly to the peak level after 12 h RANKL treatment, then gradually decreased to basal level after 48h (Figures 1D, E). Interestingly, when comparing the response of IRG1 expression to RANKL stimulation between young and aged BMMs, we noticed that young BMMs generated higher IRG1 expression level at all time points tested (Figure 1F).

These results together suggested that BMMs undergo metabolic remodeling during aging and RANKL induced osteoclastogenesis, however the IRG1/itaconate metabolic pathway is more responsive in young BMMs. Therefore, we suspected that the different basal level and responsive level of the IRG1/itaconate pathway between young and aged BMMs may lead to distinct osteoclast phenotype. Next, we tested if the metabolic remodeling product itaconate plays a role in regulating osteoclastogenesis and activity.



**FIGURE 1** | Aging associated osteoclast activation and metabolism remodeling. **(A, B)** BMMs isolated from 2-month-old mice (young) and 24-month-old mice (aged) were cultured with M-CSF and RANKL for the indicated time periods. TRAP staining was performed, and TRAP-positive cells with three or more nuclei were counted (scale bar = 50μm). **(C)** BMMs isolated from mice with indicated age were subjected to RNA extraction without any additional treatment, mRNA levels of IRG1 gene were assessed by q-PCR. **(D)** RAW264.7 cells were cultured in the presence of RANKL for indicated time before RNA extraction, mRNA levels of IRG1 were assessed by q-PCR. **(E)** BMMs isolated from 2-month-old mice were cultured with M-CSF and RANKL for the indicated hours before RNA extraction, mRNA levels of IRG1 were assessed by q-PCR. **(F)** BMMs isolated from young and aged mice were cultured with M-CSF and RANKL for indicated hours before RNA extraction, mRNA levels of IRG1 were assessed by q-PCR. **(G)** BMMs were plated 3000 cells per well with presence of M-CSF and treated with DI at indicated concentration, CCK8 assay were performed at day 1, 3, and 5. **(H, I)** The gene expression level of IRG1 in young **(H)** and aged BMMs **(I)** after DI treatment with or without RANKL was determined by qPCR. Data are presented as the mean ± SEM of three independent experiments with p value indicated in the figure.

## Itaconate Inhibits RANKL Induced Osteoclast Differentiation and Activation

To exclude the impact of itaconate on BMMs proliferation, we performed cell proliferation and cytotoxicity assay with Cell Counting Kit 8 (CCK8). Membrane permeable dimethyl itaconate (DI) was used in this study, as it has been shown to be the most potent itaconate derivate that stabilizes the anti-inflammatory transcription factor NRF2, inhibits  $\text{I}\kappa\text{B}\zeta$  and pro-interleukin (IL)-1 $\beta$  induction, as well as IL-6, IL-10 and interferon- $\beta$  secretion (22–24). In the presence of membrane permeable dimethyl itaconate (DI) up to 50 $\mu\text{M}$ , no reduction of cell counting was observed in BMMs (Figure 1G).

Several studies indicated that exogenous DI is insufficient to direct convert to endogenous itaconate. However, exogenous DI can increase endogenous itaconate accumulation in LPS stimulated macrophages (22, 25, 26). To test if exogenous DI can regulate the biosynthesis of endogenous itaconate, we performed qPCR for IRG1, the gene encoding enzyme cis-Aconitate decarboxylase which is responsible for itaconate biosynthesis. In resting BMMs, the IRG1 expression was not significantly affected by DI treatment, aligning with previous studies. Interestingly, upon RANKL stimulation, the IRG1 expression level was significantly downregulated by DI treatment in both young and aged BMMs (Figures 1H, I). So, it seems unlikely that DI can increase endogenous biosynthesis of itaconate through IRG1 expression in this case. If exogenous DI would be involved and occupy the endogenous itaconate degradation pathway, then prevent the degradation of endogenous itaconate remains unknown. But this could potentially explain the itaconate accumulation upon stimulation while not regulating the biosynthesis of itaconate.

To investigate whether exogenous addition of itaconate could regulate osteoclast formation, we treated both macrophage cell line RAW264.7 and primary BMMs with itaconate during RANKL induced osteoclast differentiation. With TRAP staining, we observed that itaconate treatment significantly inhibited osteoclast differentiation in a dose dependent manner in both RAW264.7 and BMMs (Figures 2A–D). At the concentration of 20 $\mu\text{M}$ , osteoclast formation was totally blocked in the RAW264.7 cell line. The inhibitory effect of itaconate on osteoclast formation was further verified by q-PCR test showing that the mRNA levels of both osteoclast master transcription factor NFATc1 and osteoclast marker genes CTSK, MMP9 and TRAP were downregulated in the presence of itaconate in the same trend as TRAP staining (Figures 2E–H).

To further study the potential effect of itaconate on osteoclast function, F-actin ring staining and bone resorption pit formation analysis were performed on matured osteoclast. BMMs were induced with RANKL to form matured osteoclasts, those osteoclasts were then plated into Corning osteo assay strip wells and treated with different concentrations of itaconate. F-actin ring staining results showed that the formation of F-actin ring was impaired under the treatment of itaconate at 5 $\mu\text{M}$  (Figures 3A, B). The quantification of the resorption pits showed

that itaconate had a dose-dependent inhibitory effect on osteoclast resorption activity (Figures 3C, D).

The *in vitro* results revealed that aging or RANKL induced metabolite itaconate serves as a negative regulator of osteoclast differentiation and resorption activity. Further we tested if itaconate could prevent inflammatory bone loss *in vivo*.

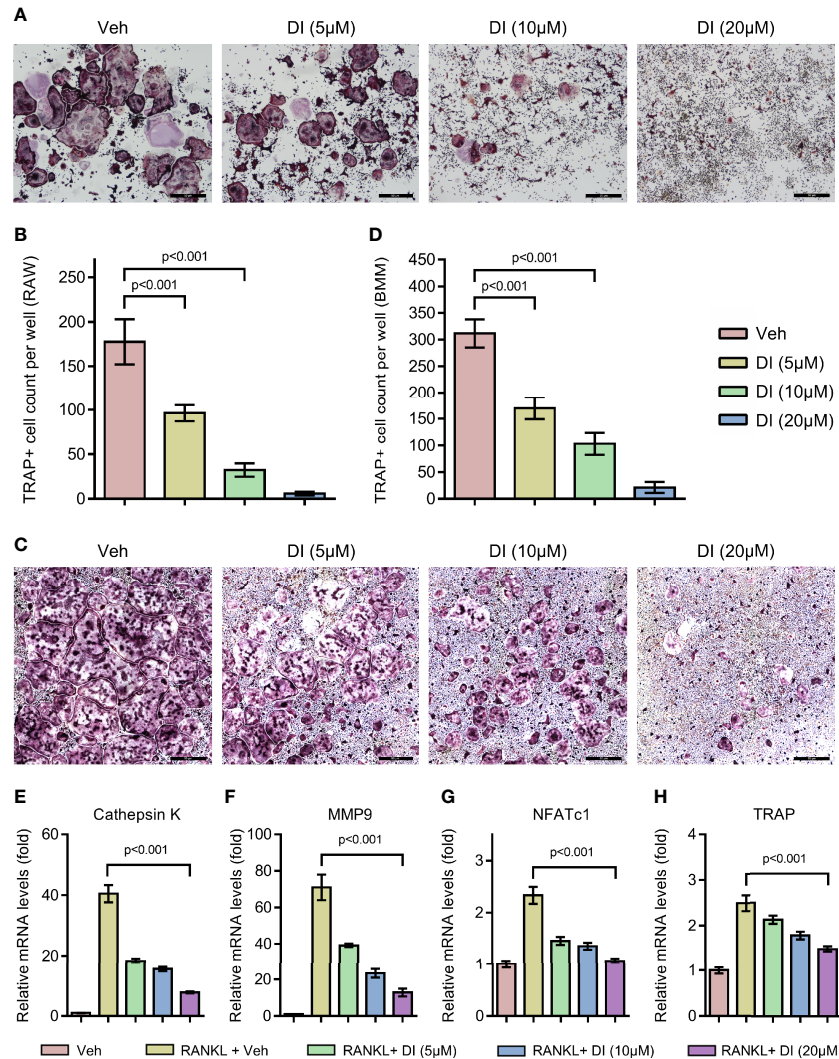
## Itaconate Attenuates LPS Induced Inflammatory Bone Loss *In Vivo*

Lipopolysaccharide (LPS) produced by bacteria has been identified as the key mediator of chronic inflammation and has been widely used as an inducer for inflammatory bone loss model (27). We tested whether itaconate treatment could rescue LPS induced inflammatory bone loss in the mouse model. LPS was given subcutaneously on the middle cranial suture and itaconate was given through intraperitoneal injection.  $\mu\text{CT}$  scanning and reconstructed images of skulls were used to evaluate bone loss severity. We observed significant bone resorption along the middle cranial suture on the skulls from LPS+Veh group, whereas DI treatment effectively rescued bone resorption induced by LPS in LPS+DI group (Figure 4A). The percentage of resorption area of skulls were quantified and showed that circulatory addition of itaconate protected inflammatory bone loss induced by LPS *in vivo* (Figure 4B). The inhibitory effect of itaconate on inflammatory bone loss was further confirmed by TRAP staining of sectioned skull slides. The results showed that DI treatment decreased the percentage of TRAP+ area and osteoclast formation induced by LPS (Figures 4C, D).

## Potential Mechanisms of Inhibitory Effect of Itaconate on Osteoclast

Itaconate has been reported as an anti-inflammation metabolite in macrophages by activating Nrf2 and inhibiting COX2 expression (24, 28). To explore the mechanism underlying itaconate regulated BMMs during osteoclastogenesis, two key signaling pathways related to osteoclast differentiation were assessed by western blot. The results showed that itaconate inhibits the activation of the NF- $\kappa\text{B}$  and MAPK pathways by inhibiting phosphorylation of IKKs,  $\text{I}\kappa\text{B}\alpha$ , P65, JNK, and P38, but not ERK protein (Figures 5A–C).

RNA-Sequencing of DI or vehicle treated BMMs during osteoclastogenesis was performed to reveal potential mechanisms. Differentially expressed gene assay highlighted significant gene profile alteration upon DI treatment as shown by volcano plot (Figure 5D). From the volcano plot, we selected 6 differentially expressed genes which might be involve in skeletal homeostasis and presented the heatmap for these differentially expressed genes, including 5 downregulated genes Akap6, Trim30c, Ocstamp, Scin, Phex and 1 upregulated gene Fstl3 (Figure 5E). The expression of these representative genes was then verified by qPCR (Figure 5F). KEGG classification enrichment analysis of differential genes indicated that genes related to signal transduction, immune system and metabolism were enriched after DI treatment (Figure 5G). KEGG pathway enrichment analysis of differential genes highlighted that Metabolism of xenobiotics by cytochrome P450, Glutathione



**FIGURE 2** | Itaconate inhibits RANKL induced osteoclast differentiation and activation. **(A, B)** RAW264.7 cells were seeded in 96-well plates overnight and then treated with different concentrations of DI or vehicle in the presence of RANKL for 4 days. TRAP staining was performed, and the TRAP-positive cells with three or more nuclei are counted in (scale bar = 50μm). **(C, D)** BMMs were cultured in the presence of M-CSF and RANKL and were treated with vehicle or DI with indicated concentration for 7 days. TRAP staining was performed, and TRAP-positive cells with three or more nuclei are counted in (scale bar = 50μm). **(E–H)** BMMs were treated with different concentrations of DI in the presence of M-CSF and RANKL for 3 days. The mRNA levels of osteoclast-related genes were assessed by qPCR. Data are presented as the mean ± SEM of three independent experiments with p value shown in the figure.

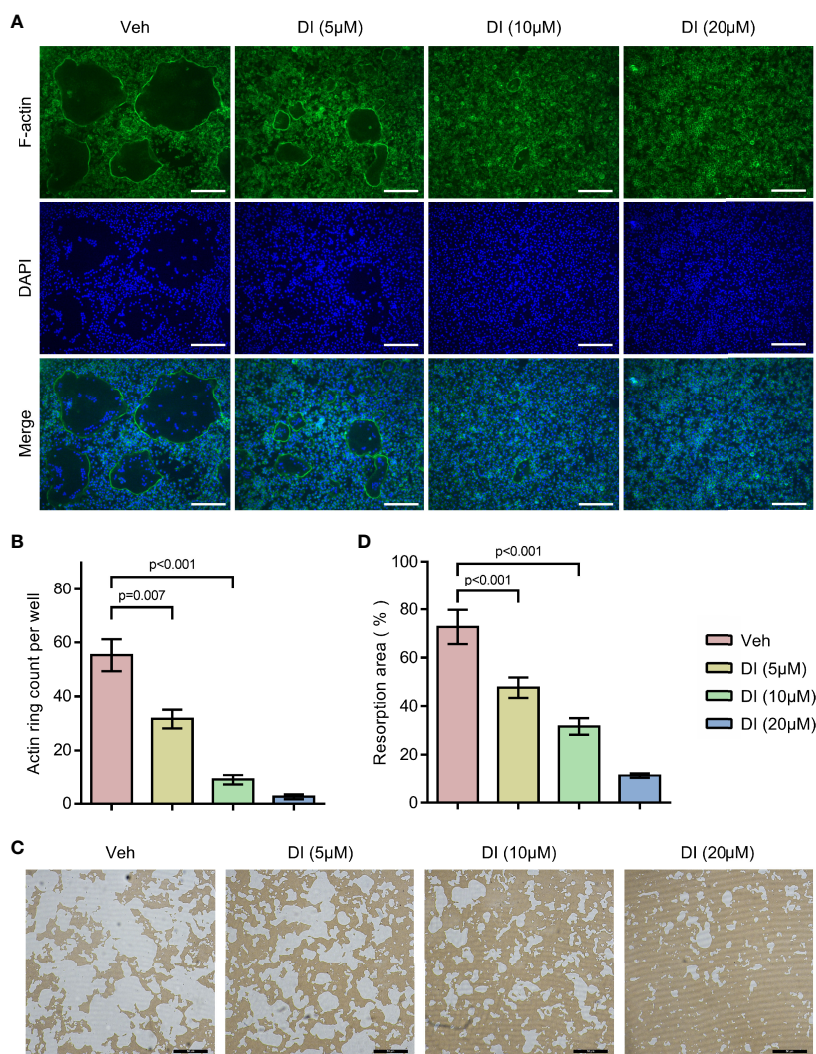
metabolism and Drug metabolism-cytochrome P450 pathways were heavily involved (**Figure 5H**).

## DISCUSSION

In the present study, we focused on the metabolic remodeling of osteoclast precursor macrophages during aging, and the impact of these changes on osteoclast differentiation and bone homeostasis. We observed that itaconate is accumulated in aged macrophages, indicating an increased basal inflammation level. Itaconate is responsive to RANKL stimulation during osteoclastogenesis in both bone marrow derived primary

macrophages and macrophage cell line RAW264.7 cells. Interestingly, the response of itaconate to RANKL stimulation is significantly impaired in aged macrophages. The inhibitory role of itaconate in osteoclast differentiation and activation was confirmed *in vitro*, and the rescue of LPS induced inflammatory bone loss by itaconate was verified *in vivo*. Mechanistically, itaconate treatment impaired NF-κB and MAPK signaling pathway, itaconate induced differentially expressed genes were enriched in KEGG classification of signal transduction and immune system.

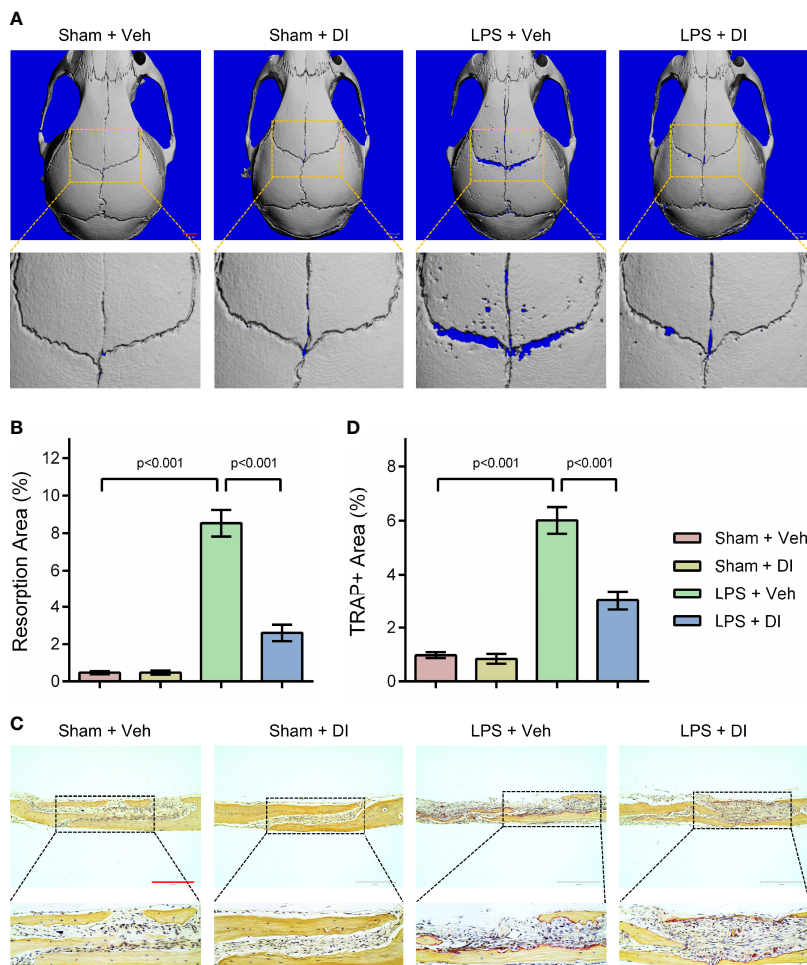
IRG1/itaconate metabolic pathway plays a central regulatory role in regulating macrophage activity and links metabolism to immunity (21, 24). Our data revealed a novel IRG1/itaconate



**FIGURE 3** | Itaconate inhibits the bone resorption activity of osteoclast. Mature osteoclasts from BMMs were seeded in Corning osteo assay strip wells, and they were treated with different concentrations of DI for 3 days in the presence of M-CSF and RANKL. **(A, B)** F-actin staining was performed. The number of actin rings was quantified (scale bar = 50µm). **(C, D)** Pit formation assays were performed. The resorption areas were quantified (scale bar = 50µm). Data are presented as the mean ± SEM of three independent experiments with p value shown in the figure.

expression pattern in young and aged macrophages, which indicate that this metabolic pathway is also involved in the aging process. On the one hand, higher basal level of IRG1/itaconate observed in aged macrophages may be associated with increased basal level of inflammation during aging, which is also known as inflammaging (9, 29). On the other hand, less responsive IRG1/itaconate metabolic pathway upon stimulation in aged macrophages could be associated with age-related immunosenescence (30, 31). Our findings revealed the dichotomous immune status of aged macrophages. However, this phenomenon could also be due to the heterogeneity of aged macrophages which has been observed during efferocytosis (32). Therefore, we anticipate that further characterization of aged macrophages by single cell sequencing will facilitate the understanding of age-related macrophages remodeling.

Recent studies have identified two osteoclast subtypes in bone marrow, the vessel-associated osteoclasts (VAO) which are highly associated with bone endothelial cells to regulate endochondral ossification, and the classical bone-associated osteoclasts (BAO) (33). Osteoclasts are derived from macrophage/monocyte lineage in bone marrow. The bone marrow is responsible for providing supportive microenvironments for hematopoiesis, osteogenesis, angiogenesis, as well as the interactions of these fundamental process to maintain the skeletal homeostasis. Upon aging, inflammation, and other stress factors, the remodeling of bone marrow niches could lead to impaired or imbalance skeletal homeostasis (34–36). The shifting of predominant osteoclast subtype from VAOs in early developing bones to BAOs in ageing bones has been observed during aging (33). In our study, we observed distinct osteoclastogenesis potentials of young and



**FIGURE 4** | Itaconate attenuates LPS induced inflammatory bone loss *in vivo* (A, B) Micro-CT scanning and subsequent 3D reconstruction of the calvaria bones from the Sham+Veh group, Sham+DI group, LPS+Veh group, and LPS+DI group (scale bar = 1mm). Representative 3D reconstructed images from each group were shown with a blue background. The region of interest was zoomed in and shown below the original 3D reconstructed image, the blue background within the interested area was quantified as a resorption area. (C) TRAP staining of calvaria sections from the Sham+Veh group, Sham+DI group, LPS+Veh group, and LPS+DI group (scale bar = 200 $\mu$ m). (D) Determination of TRAP (+) area. There were 6 randomly assigned mice in each group. Data are presented as the mean  $\pm$  SEM of three independent experiments with p value shown in the figure.

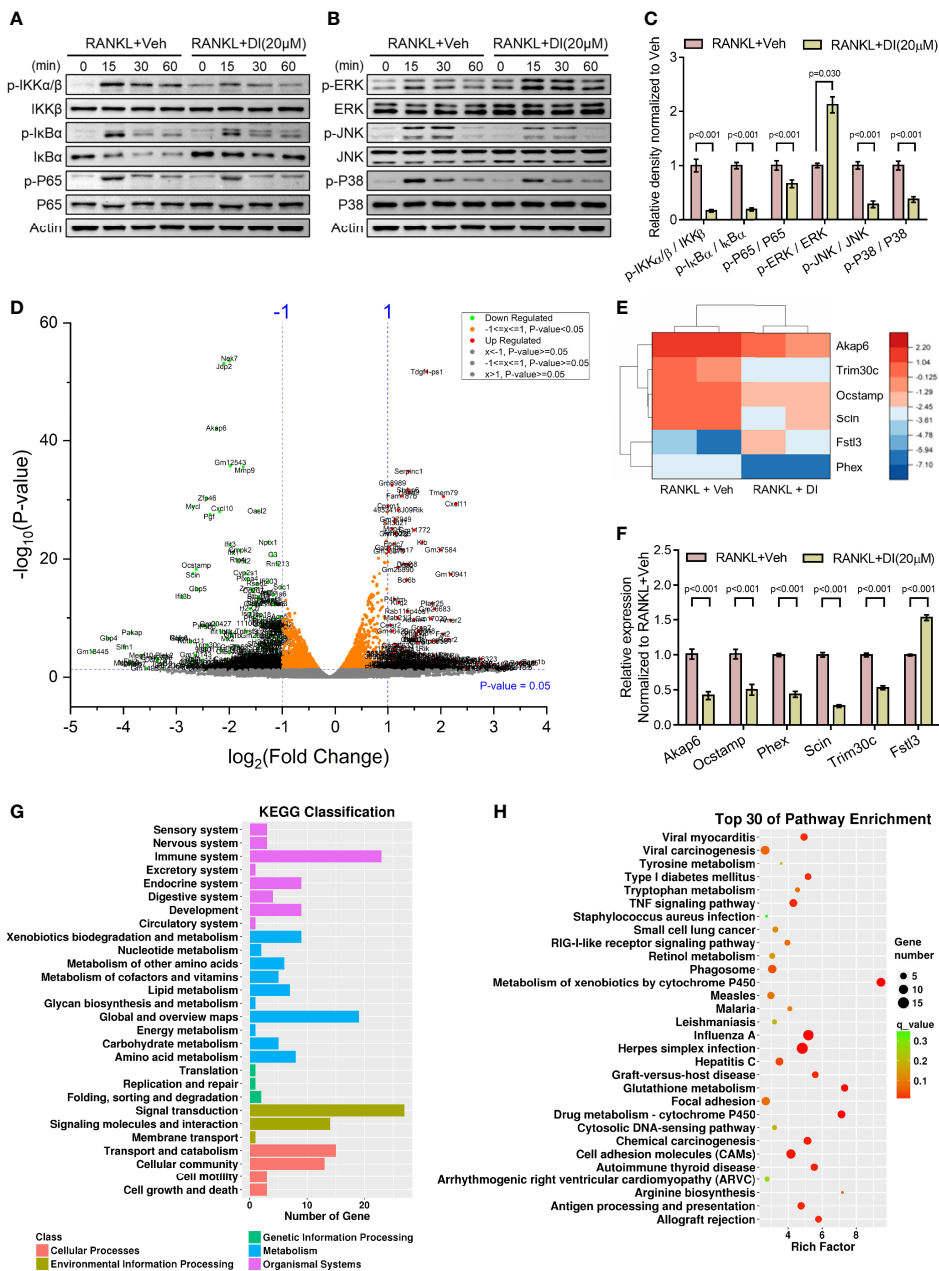
aged bone marrow macrophages, however we didn't verify the subtype and activity of these osteoclasts. It is possible that young and aged BMMs trend to differentiate to distinct subtype of osteoclasts and exhibit different activities in terms of resorbing cartilage or bone matrix.

Metabolic remodeling has been reported to be essential for osteoclast formation and activity (37, 38). Our data showed that the IRG1/itaconate metabolic pathway is involved in osteoclast formation and activity, supported by up regulated IRG1 expression during osteoclastogenesis. We further tested the impact of itaconate, IRG1 encoded enzyme aconitase decarboxylase produced metabolite, on osteoclast. Interestingly, itaconate exhibited an inhibitory effect on osteoclast differentiation and bone resorption. *In vivo* data showed that itaconate could rescue LPS induced inflammatory bone loss.

Given the inhibitory role of itaconate in regulating osteoclast, we propose that increased osteoclastogenesis activity of aged macrophages could be due to impaired IRG1/itaconate response to chronic inflammation.

Dimethyl itaconate (DI) was used in this study to explore the role of endogenous itaconate in regulating osteoclast, as itaconate acid has been considered to be negatively charged polar metabolite which has poor cell permeability. However, this derivative may not recapitulate exactly the same effects of the endogenous itaconate. In a recent comparative study evaluating unmodified itaconate and a panel of commonly used itaconate derivatives, the authors showed that neither dimethyl itaconate (DI), 4-octyl itaconate (4OI) nor 4-monoethyl itaconate (4EI) are converted to intracellular itaconate, while exogenous unmodified itaconic acid can actually enter macrophages. Besides, dimethyl





**FIGURE 5** | Potential mechanisms of inhibitory effect of itaconate on osteoclast (A–C) BMMs were cultured with  $\alpha$ -MEM in the absence of FBS for 12 h, and then pretreated with DI (20  $\mu$ M) or the vehicle for 2 h. Finally, BMMs were stimulated with or without RANKL (100 ng/mL) for the indicated times. Total and phosphorylated protein levels of NF- $\kappa$ B (A), and MAPK (B) signaling pathway components were analyzed by Western blotting. Quantification analysis of phosphorylated protein/total protein from (A, B) at time point 15 min of RANKL stimulation were presented in (C). (D) Volcano plot showing differentially expressed genes upon DI treatment. (E) The heatmap of 6 differentially expressed genes which might be involve in skeletal homeostasis, including 5 downregulated genes Akap6, Trim30c, Ocstamp, Scin, PheX and 1 upregulated gene Fstl3. (F) The expression of these representative genes was verified by qPCR. (G) KEGG classification enrichment analysis of differential genes. (H) KEGG pathway enrichment analysis of differential genes. Data are presented as the mean  $\pm$  SEM of three independent experiments with p value indicated in the figure.

itaconate and 4-octyl itaconate induce a stronger electrophilic stress response and this correlates with their immunosuppressive phenotype (22). The similarities and differences between dimethyl itaconate and endogenous itaconate in terms of regulatory mechanism need to be further addressed. To better

justify the role of endogenous itaconate, unmodified itaconate might be a better exogenous itaconate to use in the future.

While other studies have reported metabolic remodeling during osteoclast differentiation (37, 39), to our knowledge this is one of the first studies that has shown metabolites itaconate was

involved in inflammaging of skeletal system, and played negative role in the regulation of osteoclast formation and activity.

## DATA AVAILABILITY STATEMENT

The sequencing data presented in the study are deposited in the GEO database, the assigned GEO accession numbers is GSE206723.

## ETHICS STATEMENT

The animal study was reviewed and approved by Institutional Animal Care and Use Committee of Tongji Hospital.

## AUTHOR CONTRIBUTIONS

YW, SL, and LZ conceived the study, performed most of the experiments, analyzed the results, and prepared the manuscript. PC and JL performed experiments. FG, JX, WZ, and AC

supervised this study. All authors contributed to the article and approved the submitted version.

## FUNDING

This project was supported by Grant Number 81902262 and 81672168 from the National Natural Science Foundation of China.

## ACKNOWLEDGMENTS

The authors would like to acknowledge Dr. Xingli Du for her administrative support to this study.

## SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fendo.2022.885879/full#supplementary-material>

## REFERENCES

- Hendrickx G, Boudin E, Van Hul W. A Look Behind the Scenes: The Risk and Pathogenesis of Primary Osteoporosis. *Nat Rev Rheumatol* (2015) 11(8):462–74. doi: 10.1038/nrrheum.2015.48
- Raggatt LJ, Partridge NC. Cellular and Molecular Mechanisms of Bone Remodeling. *J Biol Chem* (2010) 285(33):25103–8. doi: 10.1074/jbc.R109.041087
- Feng X, Teitelbaum SL. Osteoclasts: New Insights. *Bone Res* (2013) 1(1):11–26. doi: 10.4248/BR201301003
- Long F. Building Strong Bones: Molecular Regulation of the Osteoblast Lineage. *Nat Rev Mol Cell Biol* (2011) 13(1):27–38. doi: 10.1038/nrm3254
- Kovtonyuk LV, Fritsch K, Feng X, Manz MG, Takizawa H. Inflamm-Aging of Hematopoiesis, Hematopoietic Stem Cells, and the Bone Marrow Microenvironment. *Front Immunol* (2016) 7:502. doi: 10.3389/fimmu.2016.00502
- Josephson AM, Bradaschia-Correa V, Lee S, Leclerc K, Patel KS, Muinos Lopez E, et al. Age-Related Inflammation Triggers Skeletal Stem/Progenitor Cell Dysfunction. *Proc Natl Acad Sci USA* (2019) 116(14):6995–7004. doi: 10.1073/pnas.1810692116
- Fulop T, Dupuis G, Baehl S, Le Page A, Bourgade K, Frost E, et al. From Inflamm-Aging to Immune-Paralysis: A Slippery Slope During Aging for Immune-Adaptation. *Biogerontology* (2016) 17(1):147–57. doi: 10.1007/s10522-015-9615-7
- Fulop T, Larbi A, Dupuis G, Le Page A, Frost EH, Cohen AA, et al. Immunosenescence and Inflamm-Aging As Two Sides of the Same Coin: Friends or Foes? *Front Immunol* (2017) 8:1960. doi: 10.3389/fimmu.2017.01960
- Ferrucci L, Fabbri E. Inflammaging: Chronic Inflammation in Ageing, Cardiovascular Disease, and Frailty. *Nat Rev Cardiol* (2018) 15(9):505–22. doi: 10.1038/s41569-018-0064-2
- Franceschi C, Garagnani P, Parini P, Giuliani C, Santoro A. Inflammaging: A New Immune-Metabolic Viewpoint for Age-Related Diseases. *Nat Rev Endocrinol* (2018) 14(10):576–90. doi: 10.1038/s41574-018-0059-4
- Hall BM, Balan V, Gleiberman AS, Strom E, Krasnov P, Virtuoso LP, et al. Aging of Mice Is Associated With P16(Ink4a)- and  $\beta$ -Galactosidase-Positive Macrophage Accumulation That Can be Induced in Young Mice by Senescent Cells. *Aging (Albany NY)* (2016) 8(7):1294–315. doi: 10.18632/aging.100991
- van Beek AA, Van den Bossche J, Mastroberardino PG, de Winther MPJ, Leenen PJM. Metabolic Alterations in Aging Macrophages: Ingredients for Inflammaging? *Trends Immunol* (2019) 40(2):113–127. doi: 10.1016/j.it.2018.12.007
- Liu Y, Xu R, Gu H, Zhang E, Qu J, Cao W, et al. Metabolic Reprogramming in Macrophage Responses. *biomark Res* (2021) 9(1):1. doi: 10.1186/s40364-020-00251-y
- Kelly B, O'Neill LA. Metabolic Reprogramming in Macrophages and Dendritic Cells in Innate Immunity. *Cell Res* (2015) 25(7):771–84. doi: 10.1038/cr.2015.68
- Lampropoulou V, Sergushichev A, Bambouskova M, Nair S, Vincent EE, Loginicheva E, et al. Itaconate Links Inhibition of Succinate Dehydrogenase With Macrophage Metabolic Remodeling and Regulation of Inflammation. *Cell Metab* (2016) 24(1):158–66. doi: 10.1016/j.cmet.2016.06.004
- O'Neill LAJ, Artyomov MN. Itaconate: The Poster Child of Metabolic Reprogramming in Macrophage Function. *Nat Rev Immunol* (2019) 19(5):273–81. doi: 10.1038/s41577-019-0128-5
- Zhao L, Guan H, Song C, Wang Y, Liu C, Cai C, et al. YAP1 is Essential for Osteoclastogenesis Through a TEADs-Dependent Mechanism. *Bone* (2018) 110:177–86. doi: 10.1016/j.bone.2018.01.035
- Livak KJ, Schmittgen TD. Analysis of Relative Gene Expression Data Using Real-Time Quantitative PCR and the 2<sup>-</sup>(Delta Delta C(T)) Method. *Methods* (2001) 25(4):402–8. doi: 10.1006/meth.2001.1262
- Cao JJ, Wronski TJ, Iwaniec U, Phleger L, Kurimoto P, Boudignon B, et al. Aging Increases Stromal/Osteoblastic Cell-Induced Osteoclastogenesis and Alters the Osteoclast Precursor Pool in the Mouse. *J Bone Miner Res* (2005) 20(9):1659–68. doi: 10.1359/JBMR.050503
- Ambrosi TH, Marecic O, McArdle A, Sinha R, Gulati GS, Tong X, et al. Aged Skeletal Stem Cells Generate an Inflammatory Degenerative Niche. *Nature* (2021) 597(7875):256–62. doi: 10.1038/s41586-021-03795-7
- Michelucci A, Cordes T, Ghelfi J, Pailot A, Reiling N, Goldmann O, et al. Immune-Responsive Gene 1 Protein Links Metabolism to Immunity by Catalyzing Itaconic Acid Production. *Proc Natl Acad Sci USA* (2013) 110(19):7820–5. doi: 10.1073/pnas.1218599110
- Swain A, Bambouskova M, Kim H, Andhey PS, Duncan D, Auclair K, et al. Comparative Evaluation of Itaconate and its Derivatives Reveals Divergent Inflammasome and Type I Interferon Regulation in Macrophages. *Nat Metab* (2020) 2(7):594–602. doi: 10.1038/s42255-020-0210-0
- Bambouskova M, Gorvel L, Lampropoulou V, Sergushichev A, Loginicheva E, Johnson K, et al. Electrophilic Properties of Itaconate and Derivatives Regulate

- the IkappaBzeta-ATF3 Inflammatory Axis. *Nature* (2018) 556(7702):501–4. doi: 10.1038/s41586-018-0052-z
24. Mills EL, Ryan DG, Prag HA, Dikovskaya D, Menon D, Zaslona Z, et al. Itaconate is an Anti-Inflammatory Metabolite That Activates Nrf2 via Alkylation of KEAP1. *Nature* (2018) 56(7699):113–7. doi: 10.1038/nature25986
  25. Lin J, Ren J, Gao DS, Dai Y, Yu L. The Emerging Application of Itaconate: Promising Molecular Targets and Therapeutic Opportunities. *Front Chem* (2021) 9:669308. doi: 10.3389/fchem.2021.669308
  26. ElAzzouny M, Tom CT, Evans CR, Olson LL, Tanga MJ, Gallagher KA, et al. Dimethyl Itaconate Is Not Metabolized Into Itaconate Intracellularly. *J Biol Chem* (2017) 292(12):4766–9. doi: 10.1074/jbc.C117.775270
  27. Abu-Amer Y, Ross FP, Edwards J, Teitelbaum SL. Lipopolysaccharide-Stimulated Osteoclastogenesis is Mediated by Tumor Necrosis Factor via Its P55 Receptor. *J Clin Invest* (1997) 100(6):557–65. doi: 10.1172/JCI119679
  28. Diskin C, Zotta A, Corcoran SE, Tyrrell VJ, Zaslona Z, O'Donnell VB, et al. 4-Octyl-Itaconate and Dimethyl Fumarate Inhibit COX2 Expression and Prostaglandin Production in Macrophages. *J Immunol* (2021) 207(10):2561–9. doi: 10.4049/jimmunol.2100488
  29. Franceschi C, Campisi J. Chronic Inflammation (Inflammaging) and its Potential Contribution to Age-Associated Diseases. *J Gerontol A Biol Sci Med Sci* (2014) 69 Suppl 1:S4–9. doi: 10.1093/gerona/glu057
  30. Aw D, Silva AB, Palmer DB. Immunosenescence: Emerging Challenges for an Ageing Population. *Immunology* (2007) 120(4):435–46. doi: 10.1111/j.1365-2567.2007.02555.x
  31. Goronzy JJ, Weyand CM. Understanding Immunosenescence to Improve Responses to Vaccines. *Nat Immunol* (2013) 14(5):428–36. doi: 10.1038/ni.2588
  32. Lantz C, Radmanesh B, Liu E, Thorp EB, Lin J. Single-Cell RNA Sequencing Uncovers Heterogeneous Transcriptional Signatures in Macrophages During Efferocytosis. *Sci Rep* (2020) 10(1):14333. doi: 10.1038/s41598-020-70353-y
  33. Romeo SG, Alawi KM, Rodrigues J, Singh A, Kusumbe AP, Ramasamy SK. Endothelial Proteolytic Activity and Interaction With non-Resorbing Osteoclasts Mediate Bone Elongation. *Nat Cell Biol* (2019) 21(4):430–41. doi: 10.1038/s41556-019-0304-7
  34. Stucker S, Chen J, Watt FE, Kusumbe AP. Bone Angiogenesis and Vascular Niche Remodeling in Stress, Aging, and Diseases. *Front Cell Dev Biol* (2020) 8:602269. doi: 10.3389/fcell.2020.602269
  35. Owen-Woods C, Kusumbe A. Fundamentals of Bone Vasculature: Specialization, Interactions and Functions. *Semin Cell Dev Biol* (2022) 123:36–47. doi: 10.1016/j.semcdb.2021.06.025
  36. Singh A, Veeriah V, Xi P, Labella R, Chen J, Romeo SG, et al. Angiocrine Signals Regulate Quiescence and Therapy Resistance in Bone Metastasis. *JCI Insight* (2019) 4(13):e125679. doi: 10.1172/jci.insight.125679
  37. Indo Y, Takeshita S, Ishii KA, Hoshii T, Aburatani H, Hirao A, et al. Metabolic Regulation of Osteoclast Differentiation and Function. *J Bone Miner Res* (2013) 28(11):2392–9. doi: 10.1002/jbmr.1976
  38. Taubmann J, Krishnacumar B, Bohm C, Faas M, Muller DIH, Adam S, et al. Metabolic Reprogramming of Osteoclasts Represents a Therapeutic Target During the Treatment of Osteoporosis. *Sci Rep* (2020) 10(1):21020. doi: 10.1038/s41598-020-77892-4
  39. Lemma S, Sboarina M, Porporato PE, Zini N, Sonveaux P, Di Pompo G, et al. Energy Metabolism in Osteoclast Formation and Activity. *Int J Biochem Cell Biol* (2016) 79:168–80. doi: 10.1016/j.biocel.2016.08.034
- Conflict of Interest:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.
- Publisher's Note:** All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.
- Copyright © 2022 Wang, Li, Zhao, Cheng, Liu, Guo, Xiao, Zhu and Chen. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.