

# Exploration into Plasma Hsa\_circ\_0052184 as a New Biomarker of Colorectal Cancer Prognosis

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**Background:** Circular RNAs (circRNAs) are strong modulators of tumor pathology. Herein, our goal was to examine the plasma hsa\_circ\_0052184 content among colorectal cancer (CRC) patients, and assess its association with patient clinicopathological profile and diagnostic values.

**Methods:** Overall, we collected 228 presurgical CRC and 146 normal plasma samples from The First People's Hospital of Wenling. Circulating hsa\_circ\_0052184 levels were assessed via qRT-PCR, and the diagnostic prediction was conducted with the receiver operating characteristic (ROC) curve.

**Results:** Relative to healthy controls, CRC patients exhibited markedly enhanced circulating hsa\_circ\_0052184 levels, which were closely correlated with advanced stage of disease and worse outcome. Based on our uni- (UA) and multivariate assessments (MA), elevated hsa\_circ\_0052184 levels were a stand-alone predictor of poor prognosis. The ROC curve depicted an area under the curve (AUC) for CRC diagnosis to be 0.9072.

**Conclusion:** Circulating hsa\_circ\_0052184 is a potential bioindicator of CRC outcome.

**Keywords:** hsa\_circ\_0052184, diagnostic biomarker, colorectal cancer

## Introduction

Colorectal cancer (CRC) is the third leading form of global malignancy, and is the second contributor to cancer-associated deaths.<sup>1</sup> Based on reports from the Global Cancer Statistics 2020, the year 2020 alone brought over 1.9 million new CRC incidences, with 935,000 associated fatalities from around the world. This accounted for approximately 10% of all cancer cases and associated mortalities.<sup>2</sup> Common CRC therapies include surgery, accompanied by radio-, chemo-, or targeted therapies. Notably, older patients with T4 CRC were more prone to severe postoperative complications, but age did not impact survival outcomes. For this reason, older patients should not be denied surgery for T4 CRC based on age alone.<sup>3</sup> Employing endogenous biomarkers in cancer diagnosis, like in CRC, holds great significance.<sup>4,5</sup> More recently, liquid biopsy is increasingly employed as a non-invasive approach to disease diagnosis in hospitals.<sup>6</sup> Moreover, with advancements in high-throughput omics (for example, genomics, proteomics, and metabolomics) as well as development of novel identification protocols, scientists have uncovered several novel tumor biomarkers, particularly, those involving noncoding RNAs (ncRNAs).<sup>7-9</sup> In contrast, linear RNAs are relatively unstable in vitro, and degrade easily, which restricts its clinical usage.

Circular RNAs (circRNAs) are a newly discovered group of ncRNAs, with a characteristic stable and circular configuration.<sup>10-12</sup> Several reports suggest circRNAs as potential disease bioindicators owing to their tissue- and disease stage-specific expression profile.<sup>13,14</sup> Their primary action is gene regulation via modulation of micro RNAs (miRNAs)<sup>15</sup> and protein.<sup>14</sup> Owing to their contribution to several cell transduction networks, circRNAs may be employed as diagnostic and/or prognostic agents in multiple cancers, including CRC.<sup>16,17</sup> Among its unique characteristics is its covalent cyclic configuration, which allows it to escape digestion by exonucleases. Moreover, its relatively stable nature,

especially in body fluids (namely, blood, urine, and saliva) it allows it to be a superior disease biomarker, compared to linear RNAs.<sup>18</sup>

Human hsa\_circ\_0052184 is a newly discovered circRNA harboring 221bp nt in spliced sequence length. Its gene resides on chr19:55603809–55604030, and its gene symbol is PPP1R12C. Herein, we attempted to assess the diagnostic power, as well as the tissue and plasma sensitivity of hsa\_circ\_0052184 in early-stage CRC diagnosis.

## Materials and Methods

### Samples Accumulation

Overall, we collected 228 presurgical CRC and 146 normal plasma samples from The First People's Hospital of Wenling. The following patients were included in our analysis: those (a) with primary CRC diagnosis, as evidenced by pathological examination; (b) between 18–80 years of age; (c) with complete tumor and survival information; and (d) with no neoadjuvant treatment prior to operation. Upon collection, samples were maintained at  $-80^{\circ}\text{C}$  until further analysis. The research strategy was formulated in accordance with the Declaration of Helsinki. This research received ethical approval (KY-2023-1004-01) from the The First People's Hospital of Wenling, and received informed consent from all participants before initiation of the investigation.

### Quantitative Real-Time Reverse Transcription-Polymerase Chain Reaction (qRT-PCR)

Total RNA isolation was conducted from collected plasma samples via TRIzol (Invitrogen), following kit protocols. Following RNA quantification and quality check via NanoDrop ND2000 spectrophotometer (NanoDrop), 1  $\mu\text{g}$  total RNA (in 20  $\mu\text{L}$  mixture) was converted to cDNA via PrimeScript RT-polymerase (Takara), followed by qRT-PCR with SYBR Green Premix Ex Taq (Takara Bio) and the ABI PRISM 7500 Sequence Detection System (Applied Biosystems, Life Technologies). Relative circRNAs levels were computed subsequently.

### Cell Culture

The CRC (HCT116, HT29, SW480, and SW620) and normal human colonic epithelial cells (NCM460) were purchased from Biobw (Beijing, China) and maintained in DMEM (Dulbecco's modified Eagle medium) with 10% FBS (fetal bovine serum) (Gibco, NY, USA) in an incubator with 5%  $\text{CO}_2$  and at  $37^{\circ}\text{C}$ .

### Cell Counting Kit-8 (CCK-8) Assay

Cell survival was assessed via the CCK-8 assay (Beyotime; C0037), following kit directions. In brief, 1000 cells/well were seeded in 96-well plates in medium containing 10% FBS and penicillin-streptomycin (PS) at  $37^{\circ}\text{C}$  with 5%  $\text{CO}_2$ . Absorbance was recorded at 450nm (reference wavelength: 650nm) via a microplate reader (Bio-Rad).

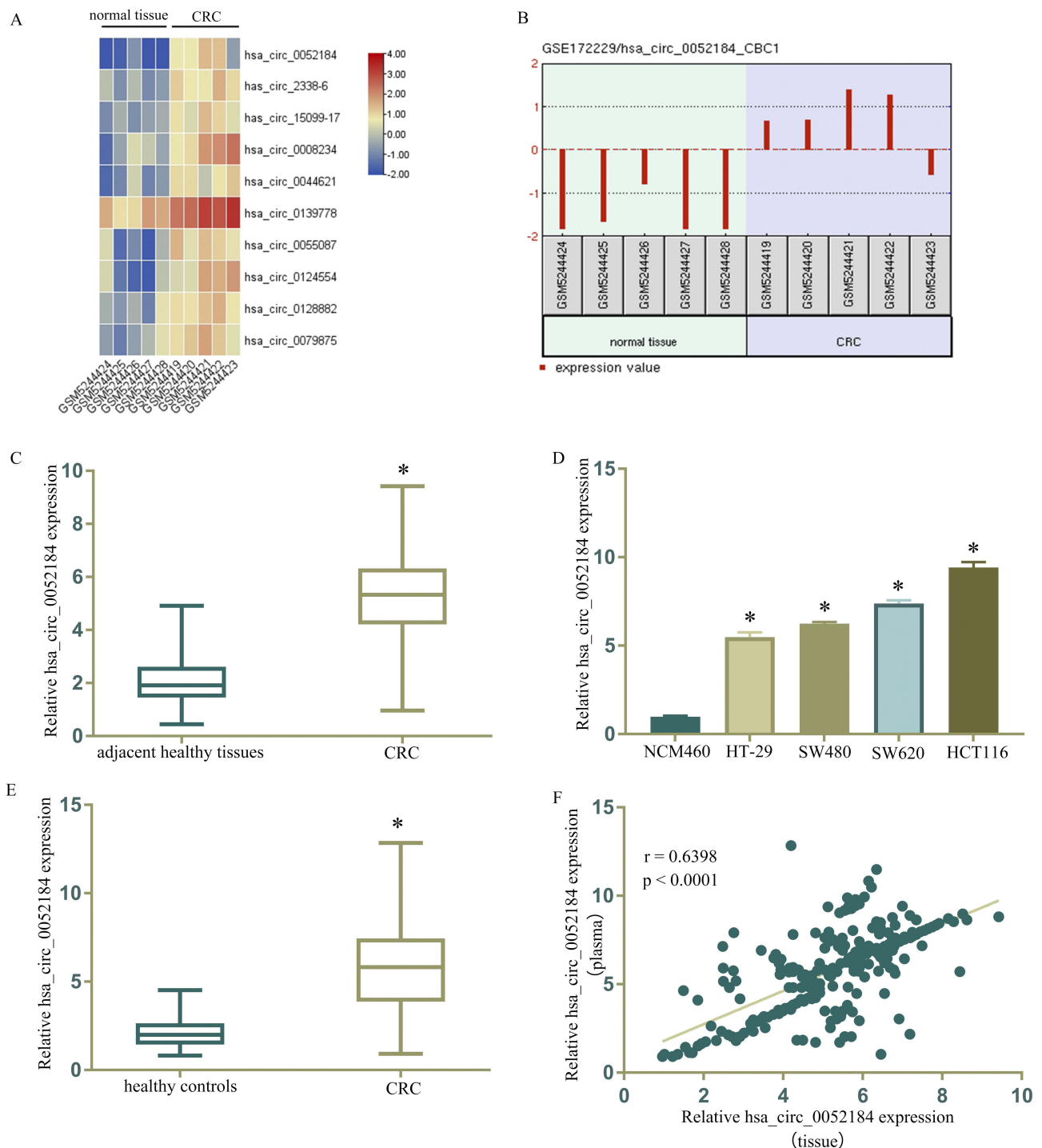
### Statistical Analysis

GraphPad 7.0 (GraphPad, Inc., CA, USA) and SPSS 16.0 software, in particular, the Chi-square and Student's t-tests were employed for data analyses, as needed. Pearson's correlation analyses were utilized for assessing variable-to-variable associations. Hsa\_circ\_0052184 AUC values, sensitivity, and specificity were computed via the receiver operating characteristic (ROC) analysis, which provided the predictive performance of hsa\_circ\_0052184 in delineating between CRC patients and healthy volunteers.  $p < 0.05$  was regarded as significant.

## Results

### Hsa\_circ\_0052184 Was Highly Expressed Among CRC Plasma Samples

Our analysis of the GEO dataset (GSE172229) revealed that the circRNAs accurately differentiated between CRC samples and paracancerous tissues (Figure 1A). More importantly, hsa\_circ\_0052184 displayed the highest level of expression among CRC versus normal tissue levels (Figure 1B). Hence, hsa\_circ\_0052184 was chosen for subsequent analysis. As expected, hsa\_circ\_0052184 was highly expressed among CRC tissues, as opposed to adjacent healthy tissues (Figure 1C). Moreover, hsa\_circ\_0052184 was strongly upregulated in all CRC versus normal colon epithelial



**Figure 1** Hsa\_circ\_0052184 is highly expressed among CRC versus normal plasma samples. (A) Genes upregulated in the GSE172229 dataset were subjected to cluster analysis. (B) Hsa\_circ\_0052184 was enhanced in CRC relative to normal tissues. (C) qRT-PCR identified hsa\_circ\_0052184 expression in CRC samples. (D) Hsa\_circ\_0052184 expression in CRC cell lines and human normal colorectal cell line NCM460. (E) qRT-PCR revealed the absolute hsa\_circ\_0052184 RNA expression. (F) Correlation between the relative hsa\_circ\_0052184 RNA expression in CRC tissues and the absolute RNA expression in the plasma. \* $p < 0.05$ .

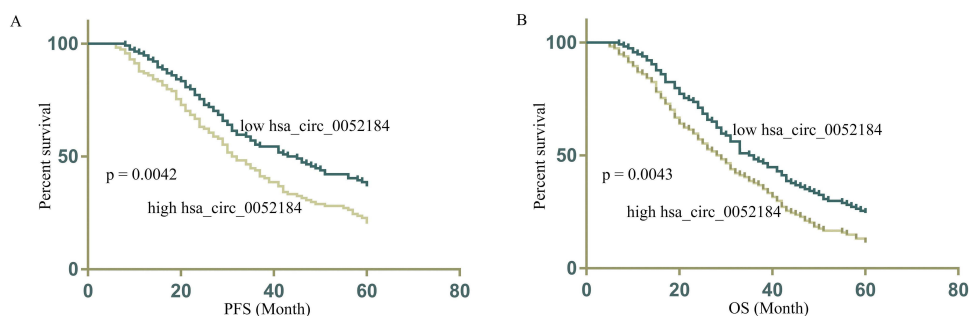
cells (NCM460, Figure 1D). Additionally, the circulating hsa\_circ\_0052184 levels were markedly enhanced among CRC patients, as opposed to healthy controls (Figure 1E). Herein, we demonstrated a direct relationship between the hsa\_circ\_0052184 content in CRC tissues and its levels in the circulation (Figure 1F). Hence, hsa\_circ\_0052184 may potentially be released into circulation by tumors.

## Baseline Profiles and Hsa\_circ\_0052184 Content in 228 CRC Patients

We also assessed the circulating hsa\_circ\_0052184 content in a validation cohort involving 228 CRC patients. Using correlation analysis, we demonstrated a strong association between plasma hsa\_circ\_0052184 levels and pN status, pM status, clinical stage and tumor size. Of note, there was no correlation between plasma hsa\_circ\_0052184 contents and other patient variables like age, gender, tumor location and pT status (Table 1). Moreover, circulating hsa\_circ\_0052184 contents were strongly correlated with diminished progression-free survival (PFS, Figure 2A) and overall survival (OS, Figure 2B) among CRC patients with elevated versus reduced hsa\_circ\_0052184 expression. Similarly, plasma hsa\_circ\_0052184 content was associated with PFS (Table 2) and OS (Table 3) in univariate analyses (UA), as well as strongly diminished patient PFS (Table 2) and OS (Table 3) in multivariate analyses (MA).

**Table 1** Association Between Hsa\_circ\_0052184 Expression and Clinicopathological Features

Variable	hsa_circ_0052184 Expression		p value
	Low	High	
Age			0.524
≥60	45	52	
<60	69	62	
Gender			0.644
Female	53	56	
Male	61	58	
Tumor location			0.384
Colon	52	55	
Rectum	62	59	
pT status			0.295
T1–T2	38	36	
T3–T4	76	78	
pN status			< 0.05
N0	72	32	
N1–N2	42	82	
pM status			< 0.05
M0	79	29	
M1	35	85	
Clinical stage			< 0.05
I + II	82	22	
III + IV	32	92	
Tumor size (cm)			< 0.05
< 5	75	35	
≥5	39	79	



**Figure 2** Baseline profile and hsa\_circ\_0052184 content of 228 CRC patients. Elevated plasma hsa\_circ\_0052184 levels were linked to significantly reduced PFS (A) and OS (B) among CRC patients.

## ROC Curve Assessment of the Predictive Performance of Hsa\_circ\_0052184

To assess the diagnosability of hsa\_circ\_0052184 in the early-stage CRC diagnosis, we employed ROC curve analysis. Based on our observation, The hsa\_circ\_0052184 AUC was 0.9072 (95% CI 0.8769–0.9374) among CRC patients, thus indicating that it may be a robust potential indicator of CRC early diagnosis (Figure 3).

## Hsa\_circ\_0052184 Deficiency Inhibited CRC Cell Proliferation and Metastasis

To elucidate the underlying mechanism behind hsa\_circ\_0052184 action in CRC, we silenced hsa\_circ\_0052184 in the HCT116 and SW620 cells (Figure 4A). Based on our CCK-8 analysis, hsa\_circ\_0052184 deficiency strongly suppressed cell proliferation (Figure 4B). Moreover, using transwell assay, we demonstrated that hsa\_circ\_0052184 silencing strongly inhibited HCT116 and SW620 cell migration and invasion (Figure 4C and D). Taken together, we revealed that hsa\_circ\_0052184 knockdown substantially reduces breast cancer cell proliferation and metastasis.

## Discussion

CRC is a widespread cancer with an elevated mortality rate, and it is mostly identified at a progressed stage of disease.<sup>19</sup> Microsatellite instability (MSI) is the molecular fingerprint of a deficient mismatch repair system. Approximately 15% of CRC display MSI owing either to epigenetic silencing of MLH1 or a germline mutation in one of the mismatch repair genes MLH1, MSH2, MSH6 or PMS2.<sup>20</sup> Moreover, TP53 mutation has been found in about 43% of sporadic CRC cases (IARC TP53 database; <https://p53.iarc.fr>), and MSI-L CRC patients show higher incidence of KRAS mutations.<sup>21</sup> Thus, screening for

**Table 2** Uni- (UA) and Multivariate Cox Analyses (MA) of Factors Related to the CRC Patient PFS

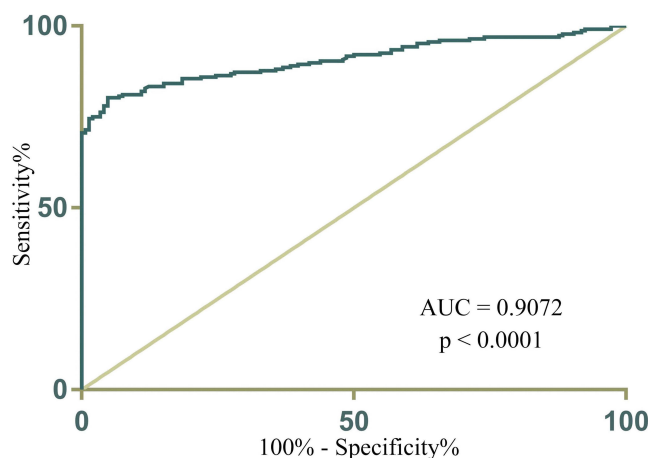
Characteristics	Univariate		Multivariate	
	HR (95% CI)	p	HR (95% CI)	p
Age ( $\geq 60$ vs $< 60$ )	0.854 (0.354–1.524)	0.352	–	–
Gender (Female vs Male)	0.674 (0.285–1.365)	0.541	–	–
Tumor location (Colon vs Rectum)	0.935 (0.524–1.468)	0.419	–	–
pT status (T1–T2 vs T3–T4)	0.452 (0.354–1.338)	0.291	–	–
pN status (N0 vs N1–N2)	1.674 (0.854–2.065)	0.035	1.854 (0.528–2.691)	0.024
pM status (M0 vs M1)	1.954 (0.595–2.224)	0.029	2.225 (0.419–2.854)	0.019
Clinical stage (I + II vs III + IV)	2.321 (1.275–3.025)	0.009	2.843 (1.425–3.516)	0.006
Tumor size ( $< 5$ cm vs $\geq 5$ cm)	2.165 (1.354–3.254)	0.011	2.654 (1.542–3.612)	0.008
hsa_circ_0052184 (low vs high)	2.854 (2.021–3.654)	0.006	3.251 (2.125–3.965)	0.003

**Table 3** Uni- (UA) and Multivariate Cox Analyses (MA) of Factors Related to the CRC Patient OS

Characteristics	Univariate		Multivariate	
	HR (95% CI)	p	HR (95% CI)	p
Age ( $\geq 60$ vs $< 60$ )	0.954 (0.415–1.365)	0.464	–	–
Gender (Female vs Male)	0.754 (0.654–1.522)	0.622	–	–
Tumor location (Colon vs Rectum)	1.022 (0.652–1.658)	0.314	–	–
pT status (T1–T2 vs T3–T4)	0.714 (0.519–1.647)	0.595	–	–
pN status (N0 vs N1–N2)	1.846 (0.954–2.451)	0.031	2.012 (1.025–2.655)	0.028
pM status (M0 vs M1)	2.022 (0.699–2.519)	0.024	2.254 (0.754–2.678)	0.019
Clinical stage (I + II vs III + IV)	2.518 (1.369–3.354)	0.006	2.854 (1.254–3.521)	0.004
Tumor size ( $< 5$ cm vs $\geq 5$ cm)	2.254 (1.458–3.524)	0.009	2.642 (1.528–3.845)	0.005
hsa_circ_0052184 (low vs high)	3.251 (2.254–3.954)	0.003	3.425 (2.541–4.281)	0.002

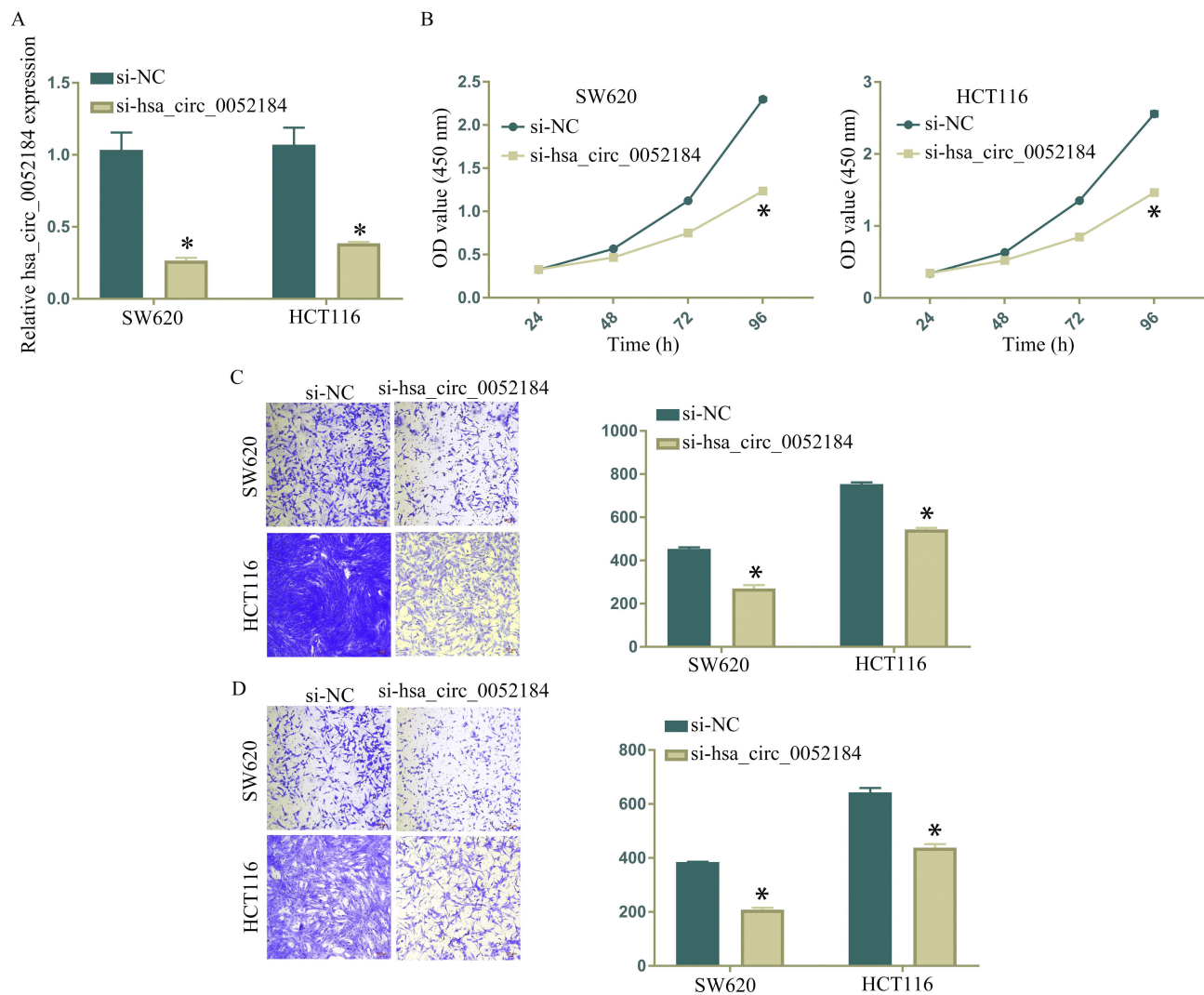
defective, DNA mismatch repair in CRC patients should include immunohistochemistry (IHC) and/or MSI test.<sup>22,23</sup> However, Serum biomarker identification is among the most ambitious pursuits of the current oncologic research.<sup>24</sup> At present, there are a few available biomarkers for CRC detection. However, these are not highly sensitive or specific, such as circulating tumor cells, cfDNA, etc.<sup>25</sup> Hence, over the last 3–4 years,<sup>26</sup> there has been much research on the application of circRNAs as potential bioindicators for certain tumors like breast cancer<sup>27</sup> and CRC,<sup>16</sup> primarily due to their enhanced stability in bodily fluids.<sup>28</sup>

CircRNAs are a novel group of O-shaped RNAs available within living cells. Compared to the classical linear RNAs, circRNAs do not undergo exonuclease- and RNase-mediated degradation as they lack the 5' end, 3' end, and poly(A) tail.<sup>29</sup> Owing to this unique feature, circRNAs have long half-lives, and can therefore be effective biomarker candidates. Moreover, human circRNA molecules are present in 10 times larger quantities than homogenetic linear isomer RNA molecules.<sup>30</sup> CircRNAs contain highly conserved sequences, long half-life, and tissue-specificity. Additionally, they are known to post-transcriptionally modulate gene expression<sup>5,31</sup> by sequestering target mRNAs.<sup>32</sup> Till now, multiple differentially regulated circRNAs have been identified in various tissues, blood,<sup>33</sup> saliva,<sup>34</sup> and other bodily fluid,<sup>35</sup> thereby indicating their candidacies as bioindicators in several diseases. CircRNAs, in combination other reported biomarkers, may enhance the accuracy of certain disease diagnoses. However, a majority of these studies investigated potential functions, while the circRNA-based diagnostic performance remains largely undetermined in CRC.



**Figure 3** ROC curve analysis depicting the clinical diagnostic value of plasma hsa\_circ\_0052184. Circulating hsa\_circ\_0052184 levels provided an effective differentiation between CRC patients and healthy controls.





**Figure 4** Hsa\_circ\_0052184 knockdown suppressed CRC cell proliferation and metastasis. **(A)** Hsa\_circ\_0052184 knockdown efficiency. **(B)** Influence of hsa\_circ\_0052184 knockdown on CRC cell proliferation, as evidenced by the CCK-8 assay. Influence of hsa\_circ\_0052184 knockdown on CRC cell migration **(C)** and invasion **(D)**, as evidenced by the Transwell assay. \* $p < 0.05$ .

Herein, we demonstrated elevated hsa\_circ\_0052184 levels in CRC plasma and tissues, as opposed to controls. Moreover, we showed a direct association between the high hsa\_circ\_0052184 content between tissues and circulation. This suggests the possibility of tumor cells releasing hsa\_circ\_0052184 into the circulation. Subsequently, using Kaplan–Meier analysis, we revealed that the elevated hsa\_circ\_0052184 content among CRC patients was intricately linked to worse outcome. Additionally, our UA and MA revealed that elevated hsa\_circ\_0052184 content was a stand-alone indicator of CRC risk. Hsa\_circ\_0052184 originates from the noncoding region of PPP1R12C, and it spans 221bp. Our findings revealed a strong tumorigenic role of hsa\_circ\_0052184 in CRC progression. Based on our ROC curves, circulating hsa\_circ\_0052184 has superior predictive performance for CRC diagnosis, thereby indicating that hsa\_circ\_0052184 has great potential as a robust and widely applied tumor biomarker. However, the limitation is that we have not conducted further research on the mechanism of hsa\_circ\_0052184 in the progression of CRC.

## Conclusion

In conclusion, herein, we revealed that circulating hsa\_circ\_0052184 content is relatively high among CRC patients, and it has potent predictive performance in early CRC diagnosis. Hence, circulating hsa\_circ\_0052184 can be employed as a potential candidate for CRC diagnosis.

## Funding

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## Disclosure

No conflicts of interest to declare.

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