

## Antipsychotics and rashes

Jessica Lin

UC Irvine School of Medicine, Irvine, CA, USA

Common side effects of antipsychotic medications include antidopaminergic and anti-HAM (histaminic, adrenergic, muscarinic) effects.<sup>1</sup> Antipsychotics' antidopaminergic side effects on the mesolimbic pathway are the therapeutic target; however, blockade of the nigrostriatal dopamine pathways causes extrapyramidal symptoms such as parkinsonism, akathisia, and dystonia.<sup>2</sup> Extrapyramidal symptoms may range from distressing (*e.g.*, torticollis) to life threatening (*e.g.*, glossopharyngeal spasms).<sup>3</sup>

Dermatological exanthems induced by antipsychotic use is uncommon but a rare

side effect that can be alarming to patients and can signal systemic reactions to the medications. The rashes associated with antipsychotic use are due to drug reactions and rashes due to injection sites. Rashes due to antipsychotic use that were reported in the literature are summarized in Table 1.<sup>4-20</sup>

In the psychiatric setting, rashes are most commonly associated with the mood stabilizer lamotrigine. However, it is important to realize the other skin manifestations after antipsychotic treatments. Discontinuation of the offending drug is important after identification of a drug reaction. Topical and oral medications can help alleviate the pruritus and erythema; however, no long-term consequences have been noted from the rashes associated with antipsychotic use.

We hope that by highlighting these dermatological side effects of antipsychotics will help with managing these occurrences in clinical practice.

Correspondence: Jessica Lin, UC Irvine School of Medicine, 1001 Health Sciences Rd, Irvine, CA 92617, USA.  
E-mail: linj19@uci.edu

Key words: antipsychotic treatments, rashes.

Conflict of interest: the author declares no potential conflicts of interest to disclose for this study.

Funding: none.

Received for publication: 2 August 2018

Accepted for publication: 2 August 2018

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Mental Illness 2018; 10:7808  
doi:10.4081/mi.2018.7808

**Table 1. Reported rashes with antipsychotic treatments**

Medication Route of administration		Types of rash	Location
Olanzapine	Long acting injection <sup>4</sup>	Unspecified	Site of injection
	Oral <sup>5</sup> Oral <sup>6</sup> Oral <sup>7</sup>	Pruritic, pigmented (allergic) Pustules, erythema, pruritus Erythematous (biopsy confirmed leukocytodastic vasculitis)	Whole body, especially on her neck, neckline and shanks Whole body, concentrated especially on her neck and face Dependent areas of body
	Oral disintegrating tablet <sup>8</sup>	Purpuric	Generalized
Clozapine	Oral <sup>9</sup>	Confluent, erythematous macules	Trunk and lower extremities
	Oral <sup>10</sup>	Erythematous macules	Diffuse around neck and chest
	Oral <sup>11</sup>	Itchy urticarial	Hands and limbs and the back, particularly in the pressurized area
	Oral <sup>12</sup>	Papular, pruritic, erythematous, and very well circumscribed	Started on torso and spread to extremities
	Oral <sup>13</sup>	Erythematopustular	Unspecified
Quetiapine	Oral <sup>14</sup>	Psoriatic	Unspecified
Aripiprazole	Oral <sup>15</sup>	Morbilloform maculopapular	Anterior aspect of the chest and abdomen to the upper and lower limbs sparing the face and scalp and mucosal areas (buccal cavity)
Levosulpiride	Oral <sup>16</sup>	Unspecified	Unspecified
Asenapine	Oral <sup>17</sup>	Unspecified	Unspecified
Promazine	Oral <sup>18</sup>	Maculopapular, pruritic	Face, limbs and trunk
Paliperidone	Oral <sup>19</sup>	Pruritic	Face and extremities
Risperidone	Oral <sup>20</sup>	Macular erythematous	Buttocks, anogenital area, pubic-suprapubic regions, inner thighs, and groins

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