

Methods: From 3/16/2020 to 5/19/2020, a follow-up was attempted for patients who were discharged alive from Henry Ford Hospital in Detroit and had recovered. Recovery was defined as being alive 30 days post symptom-onset. A telephone survey was conducted 30 days post-index admission and recorded in electronic medical records. Oxygen (O2) requirements, symptoms, readmissions and the need for antibiotics for secondary bacterial infections were evaluated.

Results: 585 patients met inclusion criteria and were contacted by phone; 303 answered their phone (Table 1), but only 266 (45%) completed a full telephone encounter and were included in the final analysis (Table 2). The majority were female (53%), black (80%), and discharged to home (84%). The clinical characteristics of those who completed the survey were as follows: 11% presented with O2 saturation < 90%, 16% had underlying lung pathology, and 57% had a BMI above 30. Patients' average age was 61 ± 14.3 years. At 30 days post-index admission, 49% were still symptomatic. Of the symptomatic patients, 86% had dyspnea on exertion and 15% required O2 supplementation. 18% of patients were readmitted within 30 days, and 9% developed a secondary infection prior to the phone encounter. No statistically significant differences in demographics or comorbidities were found between symptomatic and asymptomatic cohorts (Tables 1, 2).

Table 1. Results of Phone Encounters Performed on 303 Patients at 30 Days from Index Admission

	Number of Patients
Survival/answered phone call	303
Completed entire phone encounter	266
Disposition	
Unknown	10
Home	494
Subacute Rehab/Inpatient Rehab	35
Long Term Acute Care Hospital	9
Nursing Home	34
Other	3
Discharged on oxygen at 30 days	75
Requiring oxygen at 30 days	45
Symptoms at 30 days	
Fever	6
Fatigue	94
Dyspnea on exertion	18
Dyspnea at rest	113
Cough with purulence	60
Cough without purulence	129
Required readmission with 30 days	55
Required outpatient antibiotics for secondary infection	28

Table 2. Comparison of Symptomatic Versus Asymptomatic Patients at 30 Days from Index Admission

	All Patients (N = 266)	Asymptomatic (N = 135)	Symptomatic (N = 131)	P value
Demographics				
Age (Mean, SD):	61, 14.3	59.8, 14.6	62.4, 13.9	0.141
Gender (N,%):				0.793
Females	124, 47%	64, 47%	60, 46%	
Males	142, 53%	71, 53%	71, 54%	
Race (N,%):				0.642 ^b
White	15, 5.6%	8, 6%	7, 5%	
Black	214, 80%	108, 80%	106, 81%	
Other	16, 6%	10, 7%	6, 5%	
Declined	8, 3%	4, 3%	4, 3%	
Unknown	13, 5%	5, 4%	8, 6%	
Comorbidities^c (N,%)				
HTN	208, 78%	104, 77%	104, 79%	0.642
DM	128, 48%	63, 47%	65, 50%	0.630
CKD	69, 26%	29, 21%	40, 31%	0.092
BMI>30	151, 57%	78, 58%	73, 56%	0.735
HIV	4, 1.5%	2, 1%	2, 1.5%	1.000
Autoimmune	0	0	0	
Transplant	12, 5%	7, 5%	5, 4%	0.591
Cancer	23, 9%	12, 9%	11, 8%	0.887
COPD/ILD	42, 16%	22, 16%	20, 15%	0.818
CAD	43, 16%	20, 15%	23, 18%	0.544
CHF	47, 18%	21, 16%	26, 20%	0.359
ESRD	23, 9%	12, 9%	11, 8%	0.887
Admission (N,%)				
O2 saturation at presentation:				0.122
≥95	155, 58%	75, 56%	80, 61%	
90-94	81, 30%	39, 29%	42, 32%	
86-89	17, 6%	11, 8%	6, 5%	
≤85	13, 5%	10, 7%	3, 2%	

^a Standard deviation

^b Patients who declined to specify their race or for whom the race was unknown were excluded from analysis of the association of race with symptom status

^c HTN, hypertension; DM, Diabetes mellitus; CKD, Chronic kidney disease; BMI, Body mass index; HIV, Human immunodeficiency virus; COPD/ILD, Chronic obstructive pulmonary disease/interstitial lung disease; CAD, coronary artery disease; CHF, Congestive heart failure; ESRD, end stage renal disease

Conclusion: In our study, almost half of the discharged patients remained symptomatic after 30 days with a substantial proportion experiencing pulmonary symptoms. A better understanding of the long-term pulmonary sequelae following COVID-19 infection is needed to design interventions to reduce post-infectious morbidity.

Disclosures: Indira Brar, MD, Gilead (Speaker's Bureau) Janssen (Speaker's Bureau) ViiV (Speaker's Bureau)

387. Markers for Mortality in COVID-19 Patients with Atrial Fibrillation or Flutter

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Session: P-12. COVID-19 Complications, Co-infections, and Clinical Outcomes

Background: Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) infection can lead to many different cardiovascular complications, we were interested in studying prognostic markers in patients with atrial fibrillation/flutter (A. Fib/Flutter).

Methods: A retrospective cohort study of patients with confirmed COVID-19 and either with existing or new onset A. Fib/Flutter who were admitted to our hospital between March 15 and May 20, 2020. Demographic, outcome and laboratory data were extracted from the electronic medical record and compared between survivors and non-survivors. Univariate and multivariate logistic regression were employed to identify the prognostic markers associated with mortality in patients with A. Fib/Flutter

Results: The total number of confirmed COVID-19 patients during the study period was 350; 37 of them had existing or new onset A. Fib/Flutter. Twenty one (57%) expired, and 16 (43%) were discharged alive. The median age was 72 years old, ranged from 19 to 100 years old. Comorbidities were present in 33 (89%) patients, with hypertension (82%) being the most common, followed by diabetes (46%) and coronary artery disease (30%).

New onset of atrial fibrillation was identified in 23 patients (70%), of whom 13 (57%) expired; 29 patients (78%) presented with atrial fibrillation with rapid ventricular response, and 2 patients (5%) with atrial flutter. Mechanical ventilation was required for 8 patients, of whom 6 expired.

In univariate analysis, we found a significant difference in baseline ferritin (p=0.04), LDH (p=0.02), neutrophil-lymphocyte ratio (NLR) (p=0.05), neutrophil-monocyte ratio (NMR) (p=0.03) and platelet (p=0.015) between survivors and non-survivors. With multivariable logistic regression analysis, the only value that had an odds of survival was a low NLR (odds ratio 0.74; 95% confidence interval 0.53–0.93).

Conclusion: This retrospective cohort study of hospitalized patients with COVID-19 demonstrated an association of increase NLR as risk factors for death in COVID-19 patients with A. Fib/Flutter. A high NLR has been associated with increased incidence, severity and risk for stroke in atrial fibrillation patients but to our knowledge, we are first to demonstrate the utilization in mortality predictions in COVID-19 patients with A. Fib/Flutter.

Disclosures: Jihad Slim, MD, Abbvie (Speaker's Bureau) Gilead (Speaker's Bureau) Jansen (Speaker's Bureau) Merck (Speaker's Bureau) ViiV (Speaker's Bureau)

388. Multidrug Resistant Gram Negative Organisms Prevalence in Hospitalized Patients in an Italian Tertiary Level Hospital During COVID-19 Pandemic: First Detection is More Frequent in Clinical Samples than in Surveillance Rectal Swabs with Respect to the Previous 14-Month Period

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Session: P-12. COVID-19 Complications, Co-infections, and Clinical Outcomes

Background: In Italy the pandemic of COVID-19 infection has placed an enormous burden on health authorities: contact precautions are required to avoid viral transmission and people should be subjected to standard infection control procedures. This is crucial in a country experiencing a high number of confirmed cases of COVID-19 infection in Europe and where multidrug-resistant Gram-negative bacteria (MDR-GN) are endemic. The aim of this study was to compare the prevalence of MDR-GN in surveillance rectal swabs (SRS) and in clinical samples (CS) in the period March 1, 2020-April, 24 2020 with respect to the previous 2-month period and to the previous year.

Methods: The first SRS and the first CS with a MDR-GN isolate detected from 01/01/2019 to 24/04/2020 were included. Analysis was made by comparing three different study periods in 2019 and 2020 (Jan-Dec 2019, Jan-Feb 2020, and Mar-Apr 2020), for medical department, surgical department and intensive care department.

Results: Overall, 612 MDR-GN organisms were identified (399 SRS and 213 CS): carbapenemase-producing *Klebsiella pneumoniae* and *Acinetobacter baumannii* (CPAB) were the most frequently detected (Figure 1). We observed an increased relative frequency of patients with MDR-GN detected in CS respect to those found in SRS (32.7% vs 44.5% vs 70.6%, p=0.0005): 5/12 CS detected in the last period were isolated from the respiratory tract (Figure 2). Nine patients with COVID-19 pneumonia had MDR-GN. All but two patients had a previous negative SRS performed 4 days before (median value) and the median interval between COVID-19 positivity and MDR-GN