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Identification, technological and safety characterization of *Lactobacillus sakei* and *Lactobacillus curvatus* isolated from Argentinean anchovies (*Engraulis anchoita*)

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Abstract

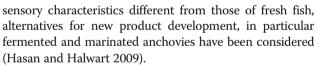
In this study, the identification and characterization of *Lactobacillus* previously isolated from fresh anchovies (*Engraulis anchoita*) are investigated. 16S rDNA partial sequencing assigned all the isolates to belong to the *Lactobacillus sakei/curvatus* group. Fourteen out of 15 isolates were identified as *L. sakei* by phenotypic traits: they exhibited catalase activity and fermented melibiose, although only 10 of them hydrolyzed arginine. These results were confirmed by multiplex PCR-based restriction enzyme analysis with *Hin*dlll and by restriction fragment length polymorphic (RFLP) analysis of the 16S-23S rDNA intergenic spacer region with *Taq*l. Among identified isolates, four *L. sakei* strains and the sole *L. curvatus* strain showing sensitivity to chloramphenicol, erythromycin and tetracycline and exhibiting high tolerance to NaCl (10-18%) were unable to produce neither dextran nor biogenic amines. Based on technological and safety features, *L. sakei* SACB₇04 and *L. curvatus* SACB03a naturally present in fresh anchovies may be promising strains for the development of a starter culture to accelerate and control the fermentation of salt fermented anchovy-based products.

Keywords: L. sakei, L. curvatus, Anchovy, Molecular identification, Safety and technological traits

Introduction

Fish has been one of the main foods for humans for many centuries and still constitutes an important part of the diet in many countries. The advantages of fish as a food are its easy digestibility and high nutritional value. Since more than half earth's surface is covered by water, there are plenty of fish sources; the range of fish products being very large including foods prepared using a broad spectrum of both traditional and modern food technologies. Anchovy (*Engraulis anchoita*) is one of the most abundant pelagic fish species in the Southwest Atlantic ocean, in the so-called "anchoita Bonaerense" stock, with a biomass of around 4,300,000 tons/year and a maximum sustainable yield of 1,140,000 tons/yr (Cabrer et al. 2002), being at present underexploited at 30,000 tons/year (SAGPyA 2008). In order to obtain products with typical

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Although the muscle of living fish is sterile, the skin, mucus, gills and gut contain significant bacteria, whose composition and quantity vary according to the fish species, temperature, salinity and dissolved oxygen of the water, degree of pollution, feed and stress among other (Gram and Huss 1996; Gram and Dalgaard 2002). Recently, a considerably diversity of lactic acid bacteria (LAB) has been reported to colonize live fish either regularly or transiently (Michel et al. 2007). Numerous studies confirmed LAB as part of the microbiota of healthy marine and freshwater fish and their surrounding environment (Seppola et al. 2006; Balcázar et al. 2007; Leroi 2010; Lauzon and Ringø 2012). Although a few LAB species have been described as fish pathogens (Ruiz-Zarzuela et al. 2005; Vendrell et al. 2006; Michel et al. 2007; Liu et al. 2009; Svanevik and Lunestad 2011),



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most indigenous LAB are harmless and are considered as potential functional cultures in the production of numerous fermented fish products or as probiotics that could improve fish health.

On the other hand, technological processes such as vacuum-packaging, drying, salting and marinating applied to fresh fish to extend shelf-life lead LAB to be the predominant microbiota (Lyhs et al. 2002; González-Rodríguez et al. 2002; Thapa et al. 2006; Najjari et al. 2008; Matamoros et al. 2009; Kopermsub and Yunchalard 2010). The presence and dominance of LAB is highly variable depending on fish species and aquatic environments, natural and aquacultural as well as processing conditions (Leroi 2010; Lauzon and Ringø 2012). In particular for anchovy, Pediococcus halophilus and Lactobacillus sakei were described as the predominant species of Argentinean salted anchovies (Villar et al. 1985) and Tunisian salted raw anchovies (Najjari et al. 2008), respectively. Recently, Leuconostoc mesenteroides and Leuc. carnosum were identified as the predominant LAB population in Argentinean anchovies from 2005-2006 catch season (Belfiore et al. 2010). Based on the available and abundant biomass of this small pelagic fish, the selection of competitive LAB strains should allow designing new fermented anchovybased products. In this study, a polyphasic approach was used for the identification and technological characterization of Lactobacillus strains in view to select an appropriate starter culture to improve stability and fermentation duration of salted anchovies

Material and methods

Sampling and LAB isolation

Anchovies (E. anchoita) caught between 34 and 36° Atlantic South latitude were provided by a fish processing factory from Mar del Plata (Argentina) and conditioning as previously reported (Belfiore et al. 2010). Ten grams of fresh anchovies were transferred into sterile stomacher bags; 90 ml of saline-peptone water (bacteriological peptone, 0.1% and NaCl, 7.5%) was added and mixed for 2 min in a stomacher machine (Stomacher Lab-Blender 400, A.J. Seward Lab. London, England). Tenfold dilution series were then prepared and the following analyses were carried out: total counts on Plate Count Agar (PCA) incubated for 48 h at 30°C and LAB on Man Rogosa and Sharpe (MRS) (de Man et al., 1960), incubated for 5 days at 25°C. Plates were inoculated using the spread plate technique and ten colonies were randomly picked from each sampling. After characterization by cell morphology, Gram reaction (Gram staining kit, Britania) and catalase activity (H₂O₂ 3% v/v was added to a glass slide containing fresh colonies from Petri plates; bubbles indicated positive result), a total of 15 isolates were collected for further analysis (SACB03a, SACB701, SACB702, SACB₇04, SACB₇05, SACB₇06, SACB₇08, SACB₇09, SACB₇010, SACB₇02a, SACB₇05a, SACB₇06a, SACB₇07a, SACB₇09a, SACB₇010a). Selected isolates were purified on MRS plates and then kept at -70° C in MRS broth containing 30% (v/v) glycerol.

DNA extraction/purification and 16S rDNA gene sequence analysis

Chromosomal DNA of the fifteen isolates was prepared as described by Pospiech and Neumann (1995). Universal primers PLB and MLB (Kullen et al. 2000), Bact 8 F (Edwards et al. 1989) and 1391R (Lane et al. 1985) were used to partially amplify the 16S rDNA gene by PCR (Table 1). Amplification products, purified from agarose gels with silica beads (Sambrook et al. 1989), were sequenced at Cornell University Life Sciences Laboratories Center (Cornell University, USA). The 16S rDNA sequences similarity was compared with the GenBank data library using the nucleotide BLAST program (http://www. ncbi.nlm.nih.gov). Sequences were aligned using ClustalW (http://workbench.sdsc.edu, San Diego Supercomputer Center, University of California, San Diego) and the phylogenetic analysis was done with the Ribosomal Database Project Release 10 (RDP) program (http://rdp.cme.msu.edu, Michigan University, Michigan; Cole et al. 2008). The 16S rDNA sequences of Lactobacillus curvatus DSM20019 (T), Lactobacillus sakei subsp. sakei DSM20017 (T), L. sakei subsp. carnosus CCUG34545 (T) were used as reference strains while Enterococcus casseliflavus AF039903 (T) was used as outgroup strain. The 16S rDNA sequences of isolates were deposited in the GenBank database under the following accession numbers: GQ205421, GQ205422, GQ205423, GQ205424, GQ205425, GQ205427, GQ205428, GQ205429, GQ205430, GQ205431, GQ205432, JQ653151, GQ303170, JQ653150 and GQ303174.

Phenotypic assays

For each isolate, melibiose and xylose fermentation was assessed inoculating 1% of an overnight culture into glucose-free MRS broth supplemented with 2% of melibiose or xylose and chlorine phenol red (0.0018%), while a MRS medium supplemented with arginine (3 g/L) was used for arginine hydrolysis evaluation (Berthier and Ehrlich, 1999). The presence of haemdependent catalase activity was detected upon addition of 20 μ L of H₂O₂ (10 vol) on isolates grown in MRS broth containing glucose (5 g/L) and haematin-porcine (30 μ g/L; Sigma). In all of cases, cultures were incubated at 30°C for 48 h. L. sakei 23 K (Unité Flore Lactique, INRA, Jouy-en-Josas, France), L. sakei CRL978 (ATCC15521), L. curvatus CRL705 (CERELA Culture Collection), L. curvatus subsp. curvatus CRL1000 (DSM20019) and Lactobacillus graminis DSM20719 were included as reference strains.

Table 1	PCR	primers	and	amplificati	ion	conditions
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Primer	Sequence 5'→3'	References	PCR conditions *					
			Denaturing	Annealing	Extension	Cycles		
PLB	AGAGTTTGATCCTGGCTCAG	Kullen et al. (2000)						
MLB	GGCTGCTGGCACGTAGTTAG		94°C, 1 min	50°C, 1 min	72°C, 1 min	30		
Bact 8 F	AGAGTTTGATCCTGGCTCAG	Edwards et al. (1989)						
1391R	GACGGGCGGTGTGTRCA	Lane et al. (1985)	94°C, 1 min	56°C, 1 min	72°C, 1 min	30		
16S/p2	CTTGTACACACCGCCCGTC	Gürtler and Stanisich (1996)						
23S/p7	GGTACTTAGATGTTTCAGTTC		94°C, 1 min	56°C, 1 min	72°C, 1 min	35		
CS-f	GAGCTTGCTCCTCATTGATAA	Lee et al. (2004)						
CS-r	TTGGATACCGTCACTACCTG							
Uni-f	GATAAACCAAATGTGTAGGG		94°C, 0.5 min	58°C, 0.5 min	72°C, 1 min	35		
M13	GAG GGT GGC GGT TCT	Huey and Hall (1989)	94°C, 1 min	45°C, 0.2 min	72°C, 2 min	40		
RAPD1	AGC AGG GTC G	Cocconcelli et al. (1995)	94°C, 1 min	29°C, 1 min	72°C, 2 min	20		
RAPD2	AGC AGC GTG G		94°C, 0.5 min	55°C, 0.5 min	72°C, 0.3 min	45		

*All PCR programs included a first step of 94°C, 5 min and a final extension at 72°C, 5 min.

Multiplex PCR-based restriction enzyme analysis and RFLP analysis of the 16S-23S rDNA intergenic spacer region (ISR)

Polymerase chain reactions (PCR; see conditions in Table 1) were performed in a total volume of 50 µL containing 200 µM of each deoxyribonucleoside triphosphate, 10 ng genomic DNA of each studied strain, 1.5 mM MgCl₂, buffer reaction (1×) and 1.25 U of Taq DNA polymerase (Invitrogen, Brazil). Reactions were carried out in a BioRad thermocycler and negative controls without DNA template were included. Multiplex PCR and restriction enzyme analysis (REA) were carried out as described by Lee et al. (2004) while the ISR PCR amplification was performed using primers 16S/p2 and 23S/p7 as reported by Gürtler and Stanisich (1996). Restriction enzymes, HindIII for REA and TaqI for RFLP analysis, were provided by Biodynamics (Argentina). Digestion reactions were performed in a final volume of 20 µL at the optimal temperature according to the manufacturer's protocols, using an AccuBlock digital dry bath (Labnet). Digestion products were run at 85 V in a 2% (w/v) agarose gel (Biodynamycs, Buenos Aires, Argentina); stained with ethidium bromide and visualized with UV light. Gel images were digitized with a charge-coupled camera (Canon) and stored as JPG files for further analysis.

Genotypic fingerprinting

Isolates were analyzed by Random Amplification of Polymorphic DNA (RAPD) PCR using primers RAPD1, RAPD2 (Cocconcelli et al. 1995) and M13 (Huey and Hall 1989) (Table 1). Each primer was singly used in RAPD reactions performed in a reaction volume of 50 μ L containing 3 mM MgCl₂, buffer reaction (1×), deoxyribonucleoside triphosphate (200 μ M each), 1 μ M

of each primer, DNA (10 ng) and *Taq* polymerase (0.5 units; Invitrogen, Brazil). RAPD products were electrophoresed at 85 V on 2.5% (w/v) agarose gel (Biodymanics, Buenos Aires, Argentina), stained with ethidium bromide and, after washing, photographed under UV illumination using a Canon (power shot G6) camera.

Technological and safety characterization of Lactobacillus

Bacterial growth of all isolates was tested in a muscle extract obtained from macerated fresh anchovy diluted with distilled water (1:10 v/v) and homogenized in a Stomacher 400 blender (London, UK) for 3 min. After centrifugation at $14000 \times g$ for 20 min at 4°C, glucose 1% (w/v) was added to the supernatant and finally filter sterilized through 0.22 µm membrane (Steritop® Filter Unit, Millipore). The obtained muscle extract was inoculated with 1% (v/v) of an overnight culture of each isolates and incubated at 30°C for 48 h. Dextran-producing colonies were assayed by streaking plate on McClesky-Fanville agar (McClesky et al. 1947) incubated at 30°C for 48 h. Mucoid colonies were considered as dextran (+) strain; L. sakei CRL1424 (CERELA Culture Collection) was used as indicator organism. Growth and survival of isolates in the presence of salt (NaCl) was assessed in the range of 10 to 18% (w/v) NaCl. Overnight culture of each strain was used to inoculate (1% v/ v) 25 ml of muscle extract with different NaCl concentrations. Samples were taken periodically (during seven months) and viability in MRS agar (30°C for 48 h) was determined.

Safety traits of isolates were investigated by the ability to produce antibacterial compounds using a semiquantitative modified well-diffusion assay (Castellano et al. 2010); *Lactobacillus plantarum* CRL691 (CERELA Culture Collection) and *Listeria innocua* 7 (from Unité de

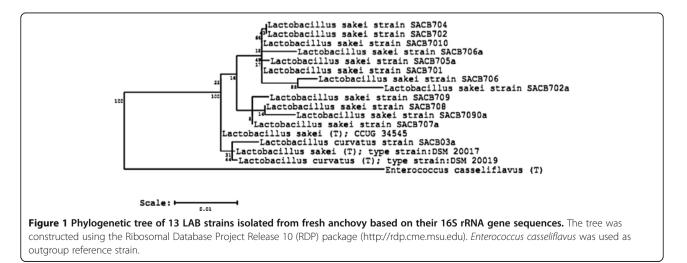
Recherches Latiéres et Genetique Appliqué, INRA, France) were used as indicator organisms. Biogenic amines formation was assayed using histidine and tyrosine as precursor amino acids according to Joosten and Northolt (1989). The strains were streaked on agar plates and incubated at 30°C for 2-5 days and color change from yellow to purple was considered as positive activity; L. plantarum CRL1485 (CERELA Culture Collection) was used as positive indicator organism. Antibiotic susceptibility test was performed applying the disk diffusion assay according to CLSI guidelines (CLSI 2006) using Mueller Hinton agar (Becton Dickinson, USA) and test disks for chloramphenicol (30 µg), erythromycin (15 µg) and tetracycline (30 µg). Sample preparations and analyses were performed in triplicate and two independents assays for each assay were carried out.

Results and discussion

As previously reported by Belfiore et al. (2010), total bacterial viable count in fresh anchovies was 5.87 ± 0.19 log CFU/g, while LAB counts were $4.43 \pm 1.67 \log$ CFU/ g. One hundred and twenty two isolates randomly picked from MRS agar plates were divided based on Gram reaction, morphology and catalase activity, into: i) Gram-positive, catalase-negative rods (15 isolates); ii) Gram-positive, catalase-negative cocci-bacilli (56 isolates); and iii) Gram-positive, catalase-positive cocci (50 isolates). Gram-positive, catalase-negative cocci-bacilli were identified by ribotyping as Leuc. mesenteroides and Leuc. carnosum (Belfiore et al. 2010). In the present study, the 15 Gram-positive, catalase-negative rod morphology isolates present in anchovies were identified and characterized phenotypically and technologically. Analysis of the partial (500-700 nt) 16S rDNA gene sequences of these isolates, blasted against the Genbank database, showed that all strains displayed a 97-99% similarity level with L. sakei and L. curvatus. The phylogenetic tree based on 13 of these sequences revealed close relationships among the isolates and other lactobacilli strains used as reference strains (Figure 1). The isolates SACB₇05 and SACB₇010a showed a 97% sequence similarity with L. sakei/L. curvatus strains; however, their nucleotide sequences were excluded since they were shorter than 380 nt. The occurrence of L. sakei/L. curvatus has also been previously reported in marinated fish products (Lyhs et al. 2002; Lyhs and Björkroth 2008). Even when the 16S and 23S rRNA genes have been widely used to define bacterial phylogenetic relationships (Fox et al. 1992), the diversity found in the 16S rRNA gene sequence of these two closely related species is insufficient for an accurate phylogenic distinction (Rachman et al. 2003; Najjari et al. 2008).

L. sakei and L. curvatus species are known to display a range of similar phenotypic traits that have resulted in difficulties for their differentiation (Samelis et al. 1995; Klein et al. 1996). These species only differ in the hydrolysis of arginine, fermentation of melibiose, xylose and haem-dependent catalase, among which atypical strains deviating from the standard patterns are often present (Berthier and Ehrlich 1999). In this study and based on those reported by these authors, 14 out of 15 isolates exhibited typical L. sakei phenotypic features: catalase activity, melibiose fermentation ability except that hydrolysis of arginine was absent in 4 of them (SACB₇01, SACB₇02a, SACB₇06a and SACB707a). Only SACB03a which was catalase-, melibiose- and argininenegative showed a typical L. curvatus profile (Table 2). Nevertheless, neither L. sakei nor L. curvatus fermented xylose as did L. graminis DSM20719 as previously reported by Berthier and Ehrlich (1999).

To confirm these results, two molecular methods previously proposed to discriminate between *L. sakei* and *L. curvatus* were applied. When the multiplex PCR-REA



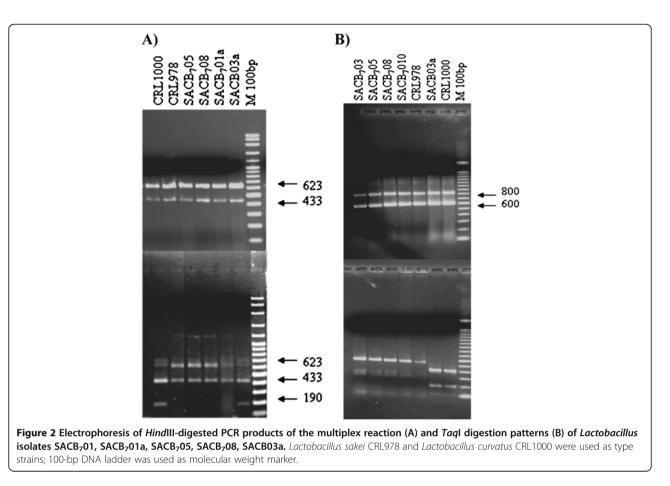
Strains	Antibacterial compounds against <i>Listeria</i>	Biogenic amines	Antibiotic susceptibility	Catalase activity	Arginine hydrolysis	Fermentation of		NaCl tolerance		
						Melibiose	Xylose	10%	15%	18%
23K ^a	ND	ND	ND	+	+	+	-	ND	ND	ND
CRL978 ^b	ND	ND	ND	+	ND	ND	-	ND	ND	ND
CRL705 ^c	+	ND	ND	-	-	ND	-	ND	ND	ND
CRL1000 ^d	ND	ND	ND	-	-	-	-	ND	ND	ND
DSM20719 ^T	ND	ND	ND	ND	ND	-	+	ND	ND	ND
SACB03a	-	-	-	-	-	-	-	+*	+	+§
SACB ₇ 01	-	-	-	+	-	W	-	+	-	-
SACB ₇ 02	-	-	-	+	+	+	-	+	-	-
SACB ₇ 04	-	-	-	+	+	+	-	+**	+	+§
SACB705	-	-	-	+	+	+	-	+	-	-
SACB ₇ 06	-	-	-	+	+	+	-	+	-	-
SACB ₇ 08	-	-	-	+	+	+	-	+	-	-
SACB709	-	-	-	+	+	W	-	+	-	-
SACB ₇ 010	-	-	-	+	+	+	-	+	-	-
SACB ₇ 02a	-	-	-	+	-	+	-	+	-	-
SACB ₇ 05a	-	-	-	+	+	+	-	+	+	+
SACB ₇ 06a	-	-	-	+	-	W	-	+	-	-
SACB ₇ 07a	-	-	-	+	-	+	-	+	+	+
SACB ₇ 09a	-	-	-	+	+	W	-	+	+	+
SACB ₇ 010a	-	-	-	+	+	W	-	+	-	-

Table 2 Phenotypic and technological characterization of LAB strains isolated from anchovies

a.b Lactobacillus sakei reference strains; ^{c.d} Lactobacillus curvatus reference strains; ^T Lactobacillus graminis type strain; w: weak; ND: not determined; strains still viable at 120 (*), 240 (**) and 15 (§) days.

method (Lee et al. 2004) was used, only the 623-bp amplified fragment from L. curvatus contained a single HindIII recognition site. As shown in Figure 2A, HindIII-restriction of the 623 bp PCR product into two fragments of 190 and 433 bp was only observed in the type strain L. curvatus CRL1000 and in the isolate SACB03a, whereas the 623 bp fragment from other anchovy isolates remained intact after enzyme treatment; this profile being characteristic of L. sakei. In the second method (Berthier and Ehrlich 1998), the species-specific primers 16S/p2 and 23S/p7 used were designed to amplify a DNA fragment containing the 16S-23S rDNA intergenic spacer region (ISR). RFLP of the PCRamplified 16S-23S rDNA has proven to be a rapid method to characterize bacterial isolates and populations (Ruiz et al. 2000; Kabadjova et al. 2002; Rachman et al. 2003). The PCR product from L. sakei, L. curvatus, L. graminis, L. paraplantarum, L. plantarum and L. pentosus always consist of two ISR amplicons designated as small (S-ISR; 600 bp) and large (L-ISR; 800 bp) (Berthier and Ehrlich 1998). As shown in Figure 2B, PCRamplified 16S-23S ISR of L. curvatus CRL1000, L. sakei CRL978 and anchovy isolates preliminary assigned as L.

sakei (SACB₇01, SACB₇05, SACB₇08 and SACB₇010) and L. curvatus (SACB03a) yielded an identical pattern containing S-ISR and L-ISR distinct bands. RFLP with TaqI generated two characteristic profiles: four bands (600, 290, 330 and 100 bp) and three bands (400, 200 and 100 bp) profiles were generated for L. sakei CRL978 and L. curvatus CRL1000 reference strains, respectively. Again, isolate SACB03a displayed a L. curvatus RFLP characteristic pattern (Figure 2B), while the remaining isolates exhibited a L. sakei profile (data not shown). The applied methods proved to be reliable for anchovy isolates showing a strong agreement with phenotypic approaches in terms of species delineation, data suggesting that isolate SACBO3a may be identified as L. curvatus, while the other 14 isolates may be assigned as *L. sakei*. When strains biodiversity was assessed, the fingerprints of RAPD reactions using primers M13, RAPD1 and RAPD2 showed differences in the number of bands, fragment size and intensity suggesting a considerable polymorphism among the strains identified as L. sakei (data not shown). The observed intraspecies diversity is in coincidence with those reported by Chaillou et al. (2009) who revealed that many different L. sakei



genotypes may be isolated from similar meat/fish products suggesting intraspecies genomic diversity may be required for successful adaptation.

From a technological standpoint and considering salt as a barrier to be overcome by LAB in anchovy-based products, the resistance of L. sakei isolates to NaCl was evaluated. Due to pelagic fish such as anchovies are excellent source of lipids, proteins, amino acids and vitamins and considering the high growth rate and biomass yield for LAB growing in a media supplemented with fish-based peptones (Horn et al. 2005), a slurry prepared from anchovy muscle added with glucose was used in this study to evaluate the growth ability of L. sakei strains in presence of NaCl (Table 2). Tolerance to 10% NaCl was observed for all isolates, L. curvatus SACB03a and L. sakei SACB704 being able to survive under this condition until 120 and 240 days, respectively. However, when tolerance to 15% and 18% NaCl was assayed, only four L. sakei strains (SACB704, SACB705a, SACB707a, SACB₇09a) and L. curvatus SACB03a were able to survive for 15 days in the presence of such high salt levels. Similar halotolerance was observed for Lactococcus lactis isolated from the gastrointestinal tract of coastal fish indicating that LAB are capable to adapt to continuously changing aquatic conditions such as periodic differences in osmotic pressure, dissolved oxygen and temperature (Itoi et al. 2009). Besides the lack of *L. curvatus* and *L. sakei* strains to produce dextran from sucrose, when safety traits were evaluated (Table 2), they were sensitive to chloramphenicol, tetracycline and erythromycin, suggesting they are free of potentially transferable resistance factors (EFSA 2007). In addition, no decarboxylation of tyrosine and histidine to produce biogenic amines was observed among anchovy strains and were unable to produce antibacterial compounds against the used indicator organisms.

Although many studies have described the natural and variable occurrence of LAB in fish (Ringø and Gatesoupe 1998; Ringø et al. 2002; Bucio et al. 2006; Michel et al. 2007), there are only a few studies reporting the presence of LAB in anchovies (*Engraulis anchoita*). *Pediococcus halophilus* (now classified as *Tetragenococcus halophilus*) has been described as the main species in salted anchovy by Villar et al. (1985) while more recently Najjari et al. (2008) reported the isolation of *L. sakei* from raw, salted and conserved in oils anchovies. In a previous study *Leuc. mesenteroides* and *Leuc. carnosum* were identified as part of LAB microbiota from fresh anchovies (Belfiore et al. 2010). Here, most of the identified lactobacilli were assigned to *L. sakei* species in coincidence with Najjari

et al. (2008). Among *Lactobacillus* identified strains, a high ability to survive in saline environment must be highlighted for *L. sakei* SACB₇04 and *L. curvatus* SACB03a. Since salt is often used as a hurdle to preserve fish and fish products, the high salt tolerance and the lack of negative safety traits exhibited by these strains may represent an advantage to be used as functional culture in salted anchovy-based products.

Competing interests

The authors declare that they have competing interests.

Authors' contributions

CB carried out the molecular genetic studies, RRR participated in the sequence alignment and GMVdrafted the manuscript. All authors read and approved the final manuscript.

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