

OPEN

Growing Teratoma Syndrome Secondary to Ovarian Giant Immature Teratoma in an Adolescent Girl

A Case Report and Literature Review

Song Li, Zhenzhen Liu, Chengyong Dong, Fei Long, Qinlong Liu,
Deguang Sun, Zhenming Gao, and Liming Wang

Abstract: Growing teratoma syndrome (GTS) is a rare clinical entity first described by Logothetis et al in 1982. Although it is unusual for GTS to be located in the ovary, this report is of a case of an adolescent girl who underwent a complete surgical resection of the mass. Histopathology confirmed only an immature teratoma had originated from the ovary and so she received adjuvant chemotherapy with bleomycin, etoposide, and cisplatin over 4 cycles. Results from an abdominal enhanced CT (computed tomography) 9 years later revealed a giant mass had compressed adjacent tissues and organs. Laparotomy was performed and a postoperative histopathology showed the presence of a mature teratoma, and so the diagnosis of ovarian GTS was made. One hundred one cases of ovarian GTS from English literature published between 1977 and 2015 were collected and respectively analyzed in large samples for the first time.

The median age of diagnosis with primary immature teratoma was 22 years (range 4–48 years, n = 56). GTS originating from the right ovary accounted for 57% (27/47, n = 47) whereas the left contained 43% (20/47, n = 47). Median primary tumor size was 18.7 cm (range 6–45 cm, n = 28) and median subsequent tumor size was 8.6 cm (range 1–25 cm, n = 25). From the primary treatment to the diagnosis of ovarian GTS, median tumor growth speed was 0.94 cm/month (range 0.3–4.3 cm/month, n = 21). Median time interval was 26.6 months (range 1–264 months, n = 41). According to these findings, 5 patients did have a pregnancy during the time interval between primary disease and GTS, making our patient the first case of having a pregnancy following the diagnosis of ovarian GTS. Because of its high recurrence and insensitivity to chemotherapy, complete surgical resection is the preferred

treatment and fertility-sparing surgery should be considered for women of child-bearing age.

Anyhow GTS of the ovary has an excellent prognosis. Patients with GTS had no evidence of recurrence or were found to be disease free during a 40.3-month (range 1–216 months, n = 48) median follow-up. Moreover, regular follow-ups with imaging and serum tumor markers are important and must not be neglected.

(*Medicine* 95(7):e2647)

Abbreviations: AFP = alpha fetoprotein, BEP = bleomycin etoposide and cisplatin, CA = carbohydrate antigen, CT = computed tomography, GP = gliomatosis peritonei, GTS = growing teratoma syndrome, HCG = human chorionic gonadotropin, HE = hematoxylin-eosin, NSGCT = nonseminomatous germ cell of the testis.

INTRODUCTION

The growing teratoma syndrome (GTS) was originally defined by Logothetis et al in 1982 as the phenomenon of subsequent growth of a benign tumor, following the removal of a primary malignant tumor during or after chemotherapy.¹ Growing teratoma syndrome (GTS) is a rare entity related to both testicular and ovarian carcinoma. The incidence of GTS in a nonseminomatous germ cell of the testis is 1.9% to 7.6%, while it has been reported to occur in 12% of ovarian germ cell tumors.^{2,3} Generally speaking, ovarian GTS typically occurs in young adults and adolescents.⁴ Some researchers have recommended 3 criteria according to the Logothetis definition. The criteria of GTS includes (1) normalization of serum tumor markers, alpha fetoprotein (AFP), and human chorionic gonadotropin; (2) enlarging or new masses despite appropriate chemotherapy for nonseminomatous germ cell tumors; (3) the exclusive presence of mature teratoma in the resected specimen.⁵ Herein, we report a rare case of an adolescent girl with ovarian GTS, and 101 cases of ovarian GTS from English literature published between 1977 and 2015 were collected and respectively analyzed in large samples for the first time. This contributed to the understanding of the clinical features of this disease.

CASE REPORT

A 16-year-old girl was presented in August 2005 with intermittent abdominal pain and distention for half a year. Ultrasonography revealed a right ovarian tumor that occupied the whole right upper abdominal cavity. She received the right oophorectomy and the giant tumor was completely resected, showing about a 40 cm × 25 cm × 15 cm mass with intact capsule. Histopathology revealed skin, cartilage, and a malignant immature teratoma. After surgery, she was treated with 4 cycles of bleomycin, etoposide, and cisplatin (BEP) chemotherapy

Editor: Kan He.

Received: November 24, 2015; revised and accepted: January 7, 2016.
From the Department of General Surgery (SL, ZL, CD, FL, QL, DS, ZG, LW), The Second Affiliated Hospital of Dalian Medical University, Dalian, Liaoning Province, China; and Dalian Medical University (SL, ZL, CD, FL), Dalian, Liaoning Province, China.

Correspondence: Liming Wang, Department of General Surgery, The Second Affiliated Hospital of Dalian Medical University, Dalian, Liaoning Province, China (e-mail: wanglimdoctor@sina.com).

Song Li and Zhenzhen Liu contributed equally to this work.

The authors have no funding and conflicts of interest to disclose.

The study was supported by clinical capability construction project for liaoning provincial hospitals(LNCCC-B03-2014) and the National Natural Science Foundation of China (81471755, 81272368). We really appreciate it if you could help us to add our Chinese funding.

Funding: The study was supported by clinical capability construction project for liaoning provincial hospitals(LNCCC-B03-2014) and the National Natural Science Foundation of China (81471755, 81272368).

Copyright © 2016 Wolters Kluwer Health, Inc. All rights reserved.
This is an open access article distributed under the Creative Commons Attribution- NonCommercial License, where it is permissible to download, share and reproduce the work in any medium, provided it is properly cited.

The work cannot be used commercially.

ISSN: 0025-7974

DOI: 10.1097/MD.0000000000002647

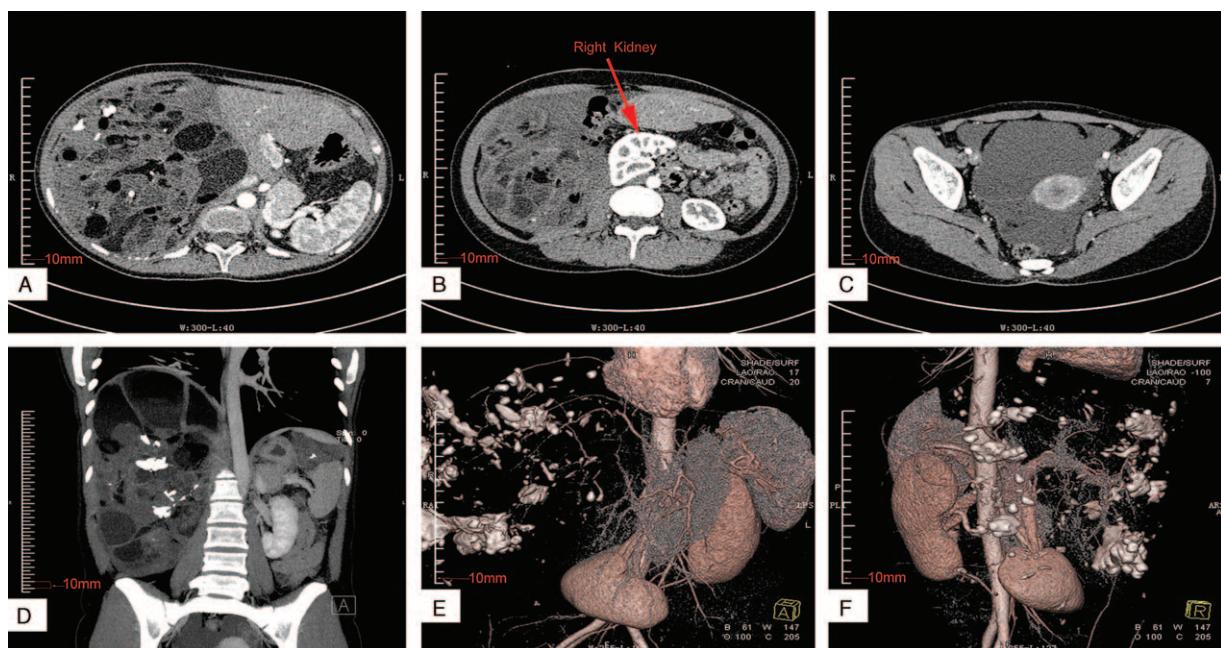


FIGURE 1. CT showed the mass occupying the right upper abdominal cavity, revealing multiple new masses containing cystic and necrotic elements surrounding the liver (A, D, E). Because of tumor compression, the giant mass had compressed the postcava, liver, pancreas, and the right kidney (B, C). The portal vein, right renal artery, superior mesenteric artery, and celiac trunk shifted to the left and was not invaded by the tumor through the technique of 3-dimensional CT image reconstruction (D, E, F). CT = computed tomography.

but refused any further treatment and missed her follow-up. In the following years, she had not felt any discomfort until August 2014. A mass in the whole right abdomen could be touched about $30 \text{ cm} \times 20 \text{ cm}$, without a clear boundary between surrounding tissues. Abdominal-enhanced CT revealed a giant mass in the retroperitoneum that compressed the postcava, the right hepatic vein, liver, pancreas, and the right kidney. Because of the compression, the portal vein, right renal artery, superior mesenteric artery, and celiac trunk had shifted to the left (Figure 1). Tumor markers, AFP, and human chorionic gonadotropin were normal while the carbohydrate antigen 125 level was 412.30 u/mL (normal, 0–35.00 u/mL), and carbohydrate antigen 199 level was over 7000 u/mL (normal, 0–37.00 u/mL). The rest of the laboratory tests were found to be negative. After a discussion by the departments of general surgery, obstetrics gynecology and urology, the patient underwent a resection of abdominal and pelvic lesions, around the liver and spleen. The giant tumor was completely resected and gross examination revealed a giant mass ($29 \text{ cm} \times 24 \text{ cm} \times 12 \text{ cm}$) containing lipid, hair, gelatinous material, and a few nodules (Figure 2). Histopathology revealed only a mature teratoma (Figure 3). Hence, a final diagnosis of “growing teratoma syndrome (GTS)” was made. During the 14-month follow-up, no evidence of recurrence or metastasis was observed and she became pregnant 2 months after her last follow-up.

DISCUSSION

This is an unusual case in which there were increasing masses 9 years after chemotherapy for an ovarian immature teratoma, but all the masses subsequently resected were shown to contain only mature teratoma. In 1977, DiSaia firstly

reported 3 cases of “chemotherapeutic retroconversion” in which benign distant metastasis appeared following adjuvant chemotherapy for immature teratoma of the ovary.⁶ However, the term GTS was originally defined by Logothetis in 1982, when he described 6 patients with nonseminomatous germ cell tumors who subsequently developed growing metastatic masses despite appropriate systemic chemotherapy and normal range of serum tumor markers.⁷ The histopathology revealed benign mature teratoma without viable germ cell elements.¹

GTS is characterized by an increase in metastatic mass after complete eradication of a primary malignant ovarian germ cell tumor and by normalization of serum tumor markers, either during or after chemotherapy.^{8,9} Some researchers considered that these 2 characters are in fact the same entity.^{7,8} There are 2 major inferences of GTS formation. The first hypothesis is that chemotherapy transforms malignant cells into “benign” teratomatous elements. The second hypothesis is that chemotherapy can only destroy malignant cells leaving chemoresistant teratoma behind.^{3,10} It remains, that there is much uncertainty around GTS due to the limited number of cases, and that either of the inference is in fact possible or that both can play an important roles in the development of GTS.

To the best of our knowledge, ovarian GTS is only 101 cases in published English literatures (Table 1). Most of the patients had abdominal symptoms, such as abdominal pain and distension when they first sought medical advice. In our study, the median age of the diagnosis of primary immature teratoma was 22 years (range 4–48 years, n = 56) (Table 1). While Bentivegna et al⁵ reported the median age at diagnosis was 26 years (range 8–41 years, n = 38). Because of the existence of 10 gliomatosis peritonei cases in 38, this data would not be

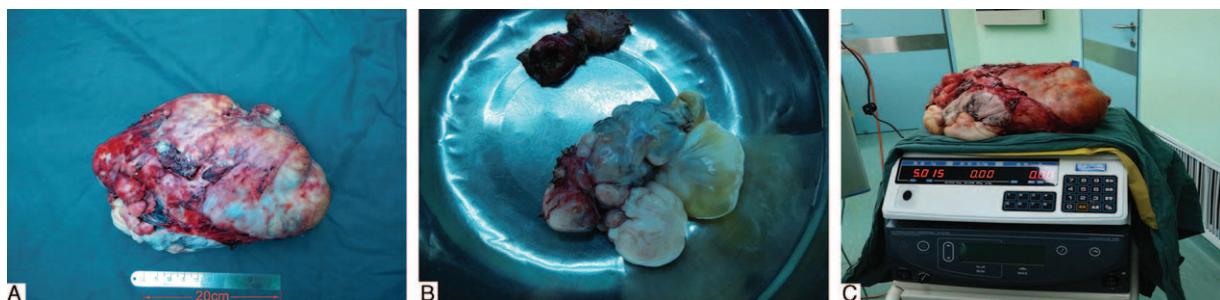


FIGURE 2. The whole abdominal lesion reached 29 cm × 24 cm × 12 cm in size (A, the ruler is 20 cm long), 5.015 kg in weight (C). A part of pelvic lesions, lesions in the hepatic envelop, and around the spleen (B).

suitable for pure GTS. GTS originating from the right ovary accounted for 57% (27/47, n=47) and the left contained 43% (20/47, n=47) (Table 1). Median primary tumor size was 18.7 cm (range 6–45 cm, n=28) and median subsequent tumor size was 8.6 cm (range 1–25 cm, n=25) (Table 1). Growing teratomas have a rapid expansion rate, with a median linear growth of 0.5 to 0.7 cm/month and volume increase of 9.2 to 12.9 cm³/month.^{11,12} While from the results of our study, the tumor growth was 0.94 cm/month (range 0.3–4.3 cm/month, n=21) (Table 1). The discrepancy could be explained by different sample sizes.

This behavior is unpredictable because of aggressive local spread as well as GTS having the potential for malignant degeneration.^{11,13,14} The GTS nodules can appear at any stage during or after chemotherapy, and in some cases can be delayed anything up to 8 years, with an average interval of 8 months.^{5,7,14} In our study, median time interval was 26.6 months (range 1–264 months, n=41) (Table 1) and our patient was delayed up to 9 years. Therefore regular follow-ups contributed to early detection, diagnosis, and treatment. It is reported that the retroperitoneum is the most common site for GTS, followed closely by the lung, cervical lymph nodes, and mediastinum.^{7,15} To date, there is no reliable indicator for GTS. Close attention should always be paid to an enlarged tumor and/or normalization of serum tumor markers during chemotherapy.^{16–18}

The preferred treatment is complete surgical resection, because of GTS having a high recurrence rate of 72% to 83% in patients with partial resection, against 0% to 4% in those who undergo complete resections, as teratomas are resistant to

chemotherapy and radiation therapy.¹¹ Early detection and reasonable complete resection of the primary lesion and implantation or metastasis are essential. Adjuvant chemotherapy with bleomycin, etoposide, and cisplatin was recommended for patients when diagnosed with immature teratoma following primary surgery. Palbociclib (PD0332991) is reported that it can stabilize the vascularization of the tumor in pediatric patients with an intracranial teratoma.¹⁹ But further investigation of the use of Palbociclib in patients with growing teratoma syndrome should be carried out.¹⁹ From these literatures, tumor markers AFP usually returned to within the normal range, with the exception of 2 cases reported by Pendlebury et al and Lorusso et al.^{18,20}

So far, no standardized management protocol has been established to diagnose and treat GTS.⁵ However it has shown, GTS has an overall good prognosis with a 5-year overall survival rate of 89% in patients who undergo surgery.^{3,7} This study has shown, patients with GTS had little or no evidence of recurrence or indeed were disease free for 40.3 months (range 1–216 months, n=48) median follow-up (Table 1). According to our study, 5 patients had a pregnancy during the time interval between primary disease and GTS, with our patient being the first case of having a pregnancy following the diagnosis of ovarian GTS. Therefore fertility-sparing surgery is recommended for women of child-bearing age if conditions allow. Until now, the mechanism of GTS is still unclear and the diagnosis of it has proven difficult. Consequently, the accumulation of additional data from more cases would be necessary to further elucidate this type of tumor and standardize optimal therapy.

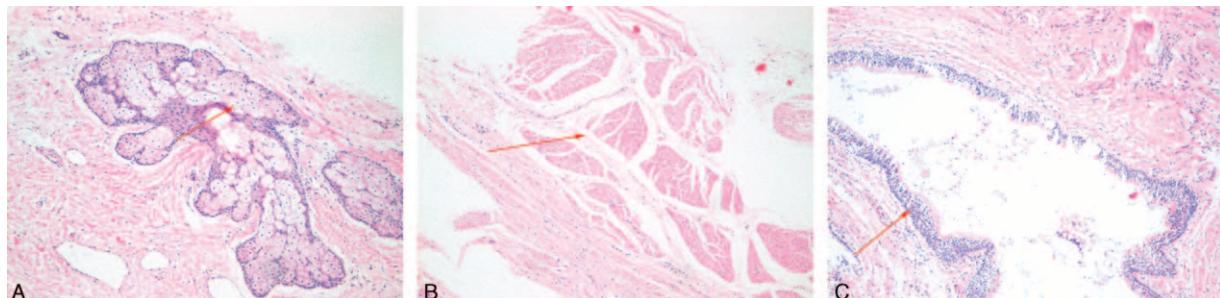


FIGURE 3. Histopathology of mature teratoma of the abdomen cavity at the age of 24. The carcinoids are distributed in various mature tissues derived from 3 germ cell layers (HE × 100). (A) sebaceous gland (red arrow); (B) muscular tissue (red arrow); (C) bronchus tissue (red arrow). HE = hematoxylin-eosin.

TABLE 1. Growing teratoma syndrome of ovary

Author	Year	No. cases	Age	Presentation	Right or Left ovary	Primary main tumor size, cm	Tumor markers before first treatment	Primary main treatment	Tumor markers after primary treatment	Time interval, mo	Subsequent main treatment	Subsequent tumor size, cm	Postoperative course	Follow-up after the diagnosis of GTs, mo	Successful pregnancy
Benivegna et al ⁵	2015	28	N/A	N/A	N/A	N/A	N/A	Fertility-preserving surgery, debulking surgery, chemotherapy for 27 patients except 1	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Shigeta et al ²¹	2015	1	20	Abdominal distention	Left	17	Elevated AFP and CA-125	LSO, 3 cycles of BEP	Negative	17	Laparoscopic surgery	5	No evidence of recurrence	12	N/A
Pendlebury et al ¹⁸	2015	1	21	Sabacute pelvic pain	Left	12 × 9.5 × 8	Elevated AFP and CA-125	Laparotomy, 2 cycles of EP	Elevated AFP	2	Laparotomy, EP	3.6 × 3.0	No evidence of recurrence	36	N/A
Menard et al ²²	2015	2	27	Abdominal and back pain	Left	19.4 × 10.3 × 15.3	Elevated LSO, 3 cycles of BEP, and 4 cycles of EP	CA-125	N/A	N/A	Hysterectomy, RSO	N/A	The patient developed a subcapsular liver deposit 8 months later, which was being monitored closely and has not been resected	8	Yes
Daher et al ⁷	2015	1	4	Vomiting, increasing abdominal girth	Left	17 × 12 × 7	Elevated AFP and CA-125	RSO, 4 cycles of BEP	Negative	5	Resection of the subcapsular liver lesion, 2 cycles of BEP	2	No further tumor recurrences have been identified on regular follow-up MRI scans over 9 years	108	No
Panda et al ¹⁰	2014	1	29	Abdominal distension	Right	6 × 5.5 × 4	Elevated AFP and HCG	RSO, 3 cycles of BEP	Negative	8	Three times' laparotomy	N/A	The patient remained healthy and was regularly monitored	N/A	N/A
Han et al ²³	2014	5	13	N/A	Right	N/A	Elevated AFP	RSO, BEP	Negative	12	N/A	N/A	The patient kept on clinical and biochemical follow-ups	N/A	N/A
De Cuypere et al ²⁴	2014	1	19	Abdominal and pelvic discomfort	Left	N/A	Elevated AFP	LSO, BEP	Negative	21	Second operation	N/A	No evidence of recurrence	24	N/A
Shibata et al ²⁵	2013	1	14	Abdominal fullness	Left	15	Elevated AFP and CA-125	RSO, 6 cycles of BEP	Negative	60	Laparotomy	3	The patient remained disease free 11 months after the second surgery	36	N/A
Kato et al ²⁶	2013	2	30	N/A	Right	N/A	N/A	Fertility-sparing surgery, BEP	Negative	96	Laparoscopic surgery	5	No evidence of recurrence	72	Yes
													A new mass was found	12	N/A
													The patient remained in complete remission for the next following 4 years	48	N/A
													The patient remained disease free 11 months after her last surgery	11	N/A
													The patient had no further treatment and was alive without recurrence 11 years after her last surgery	132	Yes

Author	Year	No. cases	Age	Presentation	Right or Left ovary	Primary main tumor size, cm	Tumor markers before first treatment	Primary main treatment	Tumor markers after primary treatment	Time interval, mo	Subsequent main treatment	Postoperative course	Follow-up after the diagnosis of GTS, mo	Successful pregnancies	
Byrd et al ⁹	2013	5	48	N/A	N/A	N/A	TAH, BSO, BEP	N/A	1	Suboptimal debulking	N/A	Uneventful follow-up for the following 18 months	18	N/A	
		24	N/A	Left	N/A	N/A	LSO, suboptimal debulking, BEP	N/A	6	IHP, hepatic resection, cholecystectomy, optimal debulking	N/A	The patient remained disease-free over the ensuing 7 years.	84	N/A	
		25	N/A	Left	N/A	N/A	LSO, suboptimal debulking, BEP	N/A	1	Suboptimal debulking	N/A	The patient remained disease-free for the following 15 months	15	N/A	
Kanpan et al ¹⁷	2012	1	48	N/A N/A Noticeable pelvic mass	Left Right Left	N/A N/A N/A	LSO, BEP RSO, BEP LSO	N/A Elevated CA-125	132	Optimal debulking, Laparoscopic surgery 6 courses of CP, staging laparotomy	N/A N/A	1-year disease-free 1-year stable disease	12	N/A N/A	
Al-Jumaily et al ²⁷	2012	1	12	Lower abdominal pain and distension	Right	N/A	Elevated AFP and HCG	RSO, BEP and VAC	Negative	6	Laparotomy	N/A	The patient remained with no recurrence 8 months after her last surgery	8	N/A
Mribti et al ²⁸	2011	1	18	Abdominal pain	Right	22 × 18	Elevated AFP	Hysterectomy, oophorectomy, 6 cycles of EP	Negative	6	Laparotomy with an optimal cytoreduction	25 × 21 × 11.5	The patient was in complete remission 32 months after presentation	32	N/A
Lounissou et al ²⁰	2011	2	33	Abdominal volume and pelvic pain	Right	11.4 × 9.9 × 9.6	N/A	Fertility-sparing surgery, 4 courses of BEP	Negative	N/A	Surgical excision of liver masses	5	The patient remained disease-free at median follow up of 6 months	6	N/A
Kikawa et al ²⁹	2011	1	36	Pelvic pain	Left	N/A	N/A	Fertility-sparing surgery, 4 courses of BEP	Elevated AFP	N/A	Surgical excision of liver masses	5	The patient remained healthy 60 months after the second surgery	60	N/A
Sengar et al ³⁰	2010	1	26	Abdominal pain	Right	N/A	Elevated AFP, CA-125, CA-199	LSO, 3 cycles of BEP	Negative	6	3 cycles of BEP, laparotomy	8.1	The patient remained disease-free at median follow up of 6 months	6	N/A
Rashmi et al ³¹	2010	1	19	Abdominal distension	Left	25 × 20	Elevated AFP and CA-125	Laparoscopic RSO chemotherapy	N/A	4	3 courses of BEP, surgical salvage with fertility preservation	17	The patient was disease-free at 6 months follow up	6	N/A
Matsushita et al ³²	2010	1	30	Increasing abdominal girth	Right	15	Elevated AFP and CA-125	Fertility-sparing surgery, RSO, 4 cycles of BEP	Negative	97	Laparoscopic surgery	5 × 3.3 × 2.5	The patient remained disease-free 20 months after her last surgery	20	N/A
Tzortzatos et al ³³	2009	1	20	Lower abdominal pain	Right	7 × 5	N/A	Laparoscopic surgery, RSO, 3 cycles of BEP	Negative	24	Second operation	1	The patient survived without evidence of disease 6 months after the second surgery	6	Yes
Hsieh et al ³⁴	2009	1	29	Abdominal discomfort, abdominal mass	Left	21 × 21 × 13	N/A	Laparotomy, LSO, 3 cycles of BEP	Negative	N/A	Laparotomy	8	The patient gave birth once and remained no recurrence 6 years after the last surgery	72	Yes
Hanprasud et al ³⁵	2008	3	18	N/A	Right	N/A	N/A	RSO	N/A	8	4 cycles of BEP, complete debulking surgery	N/A	The patient remained disease-free 6 months after the second debulking operation	36	N/A
		26	Abdominal pain	Right	15.3 × 14.3	N/A	TAH, 4 cycles of BEP	Negative	N/A	N/A	Laparotomy	N/A	The patient remained disease-free 3 years after her last surgery	60	N/A

Author	Year	No. cases	Age	Presentation	Right or Left ovary	Primary main tumor size, cm	Tumor markers before first treatment	Primary main treatment	Tumor markers after primary treatment	Time interval, mo	Subsequent main treatment	Postoperative course	Subsequent main tumor size, cm	Follow-up after the diagnosis of GTs, mo	Successful pregnancy
Djordjevic et al ¹⁴	2007	1	38	Abdominal pressure and weight loss	Right	45	Elevated AFP	RSO, debulking surgery chemotherapy	Negative	7	Debulking surgery, LSO, chemotherapy	N/A	N/A	18 years later, a trabecular carcinoïd tumor developed in a mature teratoma as associated with the liver	N/A
Zagame et al ²	2006	12	Median 15.5, range 9–29	Abdominal pain, distension	N/A	N/A	Elevated AFP	Laparotomy, chemotherapy	Negative	Median 9, range 4–55	N/A	N/A	Median 144, range 9–198	N/A	N/A
Tangigamol et al ³⁶	2006	1	5	Abdominal pain	N/A	11	N/A	SO. 2 cycles of BEP	Negative	N/A	Surgical resection	16	The patient remained disease-free 9 months after her last surgery	9	N/A
Dewdney et al ³⁷	2006	1	19	Abdominal pain, distension	Right	30	N/A	Laparotomy, 3 cycles of BEP	N/A	8	Laparotomy	25	The patient remained well with a new mass not resected	N/A	N/A
Umeda et al ³⁸	2005	1	34	Abdominal mass	Right	30	Elevated AFP and CA-125 N/A	Laparotomy, 5 cycles of BEP	Negative	6	Laparotomy	N/A	The patient remained disease-free 24 months after her last surgery	24	N/A
Rekha et al ³⁹	2005	1	26	Acute abdominal pain	Left	N/A	N/A	Laparotomy, 3 cycles of BEP	N/A	N/A	Laparotomy	N/A	The patient remained well with a new mass not resected	18	N/A
Nimkin et al ⁴⁰	2004	1	12	Abdominal girth	Right	25 × 25 × 20	Elevated AFP and CA-125	Laparotomy, chemotherapy	Negative	12	Laparotomy	N/A	The patient was alive for 18 months after the last operation	18	N/A
Amsalem et al ⁸	2004	1	12	Abdominal pain and swelling	Left	30	Elevated AFP, CA-125 and LDH	Left adnexectomy, 3 courses of BVP	Negative	7	Complete infarctic omentectomy and paraaortic lymph nodes dissections	3	The patient remained stable for 3 years	36	N/A
Inouka et al ⁴¹	2003	1	5	Abdominal bloating	Right	N/A	Elevated AFP and CA-125 N/A	Surgical resection, chemotherapy	Negative	6	Surgical resection	N/A	The patient presented no sign of recurrence during 3 years follow-up	36	N/A
Itani et al ²	2002	1	24	Abdominal distention	Right	16	N/A	Surgical resection, 3 cycles of PEP	Negative	15	Cytoreductive surgery	11 × 6	The patient remained stable for 3 years	17	N/A
David et al ⁴³	2002	1	24	Abdominal mass	Right	19 × 16 × 9.5	Elevated AFP and CA-125	Laparotomy, RSO, 4 cycles of BEP	Negative	8	Debulking surgery	4	The patient remained stable for 3 years	12	N/A
Andre et al ¹⁶	2000	3	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	The patient died 65 months after diagnosis	65	N/A
Geisler et al ⁴⁴	1994	3	20	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	17	N/A
Katin et al ⁴⁵	1993	1	22	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	28	N/A
Jumeau et al ⁴⁶	1992	1	20	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1	N/A
Moskovic et al ⁴⁷	1991	4	33	N/A	Right	N/A	N/A	Laparotomy, left ovarianectomy, chemotherapy	N/A	6	Laparotomy, chemotherapy	N/A	The patient remained well	84	N/A
		34	N/A	Left	N/A	N/A	N/A	TAH, BSO, chemotherapy	N/A	14	Laparotomy	5	The patient remained well	N/A	N/A
		12	N/A	Right	N/A	N/A	N/A	LSO	N/A	N/A	Laparotomy	N/A	N/A	N/A	N/A

Author	Year	No. cases	Age	Presentation	Right or Left ovary	Primary main tumor size, cm	Tumor markers before first treatment	Primary main treatment	Tumor markers after primary treatment	Time interval, mo	Subsequent main treatment	Postoperative course	Subsequent main tumor size, cm	Follow-up after the diagnosis of GTs, mo	Successful pregnancy
Aronowitz et al ¹⁸	1983	2	14	Lower abdominal pain	N/A	N/A	Laparotomy, chemotherapy	Laparotomy, RSO, chemotherapy	N/A	5	Laparotomy	N/A	The patient remained well	N/A	N/A
DiSaia et al ⁶	1977	3	Range 18–20	Lower abdominal pain	Right	16	N/A	N/A	Negative	N/A	Laparotomy	N/A	The patient presented no evidence of disease for more than a year	12	N/A
					Left	N/A	N/A	LSO, chemotherapy	N/A	12	RSO	12	The patient presented no evidence of disease	N/A	Range 18–42
						N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

AFP = alphafetoprotein, BEP = bleomycin + etoposide + cisplatin, BSO = bilateral salpingoophorectomy, BVP = bleomycin + VP-16 + cisplatin, CA-125 = carbohydrate antigen 125, CA-199 = carbohydrate antigen 199, CP = carboplatin + paclitaxel, CVA = carbonin + vincristine + actinomycin D, EP = etoposide + cisplatin, GTs = growing teratoma syndrome, HCG = human chorionic gonadotropin, IEP = ifosfamide + etoposide + cisplatin, LDH = lactate dehydrogenase, LSO = left salpingo-ooophorectomy, N/A = not available, PEP = peplomycin + etoposide + cisplatin, RSO = right salpingo-ooophorectomy, SO = salpingoophorectomy, TAH = total abdominal hysterectomy, VAC = vincristine + actinomycin + cyclophosphamide.

PATIENT CONSENT

Patient consent was obtained for this study.

REFERENCES

- Logothetis CJ, Samuels ML, Trindade A, et al. The growing teratoma syndrome. *Cancer*. 1982;50:1629–1635.
- Zagame L, Pautier P, Duvillard P, et al. Growing teratoma syndrome after ovarian germ cell tumors. *Obstet Gynecol*. 2006;108:509–514.
- Gorbaty V, Spiess PE, Pisters LL. The growing teratoma syndrome: current review of the literature. *Indian J Urol*. 2009;25:186–189.
- Lai CH, Chang TC, Hsueh S, et al. Outcome and prognostic factors in ovarian germ cell malignancies. *Gynecol Oncol*. 2005;96:784–791.
- Bentivegna E, Azais H, Uzan C, et al. Surgical outcomes after debulking surgery for intraabdominal ovarian growing teratoma syndrome: analysis of 38 cases. *Ann Surg Oncol*. 2015;22 (suppl 3):964–970.
- DiSaia PJ, Saltz A, Kagan AR, et al. Chemotherapeutic retroconversion of immature teratoma of the ovary. *Obstet Gynecol*. 1977;49:346–350.
- Daher P, Riachi E, Khouri A, et al. Growing teratoma syndrome: first case report in a 4-year-old girl. *J Pediatr Adolesc Gynecol*. 2015;28:e5–e7.
- Amsalem H, Nadjari M, Prus D, et al. Growing teratoma syndrome vs chemotherapeutic retroconversion: case report and review of the literature. *Gynecol Oncol*. 2004;92:357–360.
- Byrd K, Stany MP, Herbold NC, et al. Growing teratoma syndrome: brief communication and algorithm for management. *Aust N Z J Obstet Gynaecol*. 2013;53:318–321.
- Panda A, Kandasamy D, Sh C, et al. Growing teratoma syndrome of ovary: avoiding a misdiagnosis of tumour recurrence. *J Clin Diagnos Res*. 2014;8:197–198.
- Spiess PE, Kassouf W, Brown GA, et al. Surgical management of growing teratoma syndrome: the M. D. Anderson cancer center experience. *J Urol*. 2007;177:1330–1334 discussion 1334.
- Lee DJ, Djalalat H, Tadros NN, et al. Growing teratoma syndrome: clinical and radiographic characteristics. *Int J Urol*. 2014;21:905–908.
- Scavuzzo A, Santana Rios ZA, Noveron NR, et al. Growing teratoma syndrome. *Case Rep Urol*. 2014;2014:139425.
- Djordjevic B, Euscher ED, Malpica A. Growing teratoma syndrome of the ovary: review of literature and first report of a carcinoid tumor arising in a growing teratoma of the ovary. *Am J Surg Pathol*. 2007;31:1913–1918.
- Denaro L, Pluchinotta F, Faggin R, et al. What's growing on? The growing teratoma syndrome. *Acta neurochirurgica*. 2010;152:1943–1946.
- Andre F, Fizazi K, Culine S, et al. The growing teratoma syndrome: results of therapy and long-term follow-up of 33 patients. *Eur J Cancer*. 2000;36:1389–1394.
- Kampan N, Irianta T, Djuana A, et al. Growing teratoma syndrome: a rare case report and review of the literature. *Case Rep Obstet Gynecol*. 2012;2012:134032.
- Pendlebury A, Rischin D, Ireland-Jenkin K, et al. Ovarian growing teratoma syndrome with spuriously elevated alpha-fetoprotein. *J Clin Oncol*. 2015;33:e99–e100.
- Schultz KA, Petronio J, Bendel A, et al. PD0332991 (Palbociclib) for treatment of pediatric intracranial growing teratoma syndrome. *Pediatr Blood Cancer*. 2015;62:1072–1074.
- Lorusso D, Malaguti P, Trivellizzi IN, et al. Unusual liver locations of growing teratoma syndrome in ovarian malignant germ cell tumors. *Gynecol Oncol Case Rep*. 2011;1:24–25.

21. Shigeta N, Kobayashi E, Sawada K, et al. Laparoscopic excisional surgery for growing teratoma syndrome of the ovary: case report and literature review. *J Minim Invasive Gynecol.* 2015;22:668–674.
22. Merard R, Ganesan, Hirschowitz L. Growing teratoma syndrome: a report of 2 cases and review of the literature. *Int J Gynecol Pathol.* 2015;34:465–472.
23. Han NY, Sung DJ, Park BJ, et al. Imaging features of growing teratoma syndrome following a malignant ovarian germ cell tumor. *J Comput Assist Tomogr.* 2014;38:551–557.
24. De Cuypere M, Martinez A, Kridelka F, et al. Disseminated ovarian growing teratoma syndrome: a case-report highlighting surgical safety issues. *Facts Views Vis Obgyn.* 2014;250–253.
25. Shibata K, Kajiyama H, Kikkawa F. Growing teratoma syndrome of the ovary showing three patterns of metastasis: a case report. *Case Rep Oncol.* 2013;6:544–549.
26. Kato N, Uchigasaki S, Fukase M. How does secondary neoplasm arise from mature teratomas in growing teratoma syndrome of the ovary? A report of two cases. *Pathol Int.* 2013;63:607–610.
27. Al-Jumaily U, Al-Hussaini M, Ajlouni F, et al. Ovarian germ cell tumors with rhabdomyosarcomatous components and later development of growing teratoma syndrome: a case report. *J Med Case Rep.* 2012;6:13.
28. Mrabti H, El Ghissassi I, Sbitti Y, et al. Growing teratoma syndrome and peritoneal gliomatosis. *Case Rep Med.* 2011;2011:123527.
29. Kikawa S, Todo Y, Minobe S, et al. Growing teratoma syndrome of the ovary: a case report with FDG-PET findings. *J Obstet Gynaecol Res.* 2011;37:929–932.
30. Sengar AR, Kulkarni JN. Growing teratoma syndrome in a post laparoscopic excision of ovarian immature teratoma. *J Gynecol Oncol.* 2010;21:129–132.
31. Rashmi, Radhakrishnan G, Radhika AG, et al. Growing teratoma syndrome: a rare complication of germ cell tumors. *Indian J Cancer.* 2010;47:486–487.
32. Matsushita H, Arai K, Fukase M, et al. Growing teratoma syndrome of the ovary after fertility-sparing surgery and successful pregnancy. *Gynecol Obstet Invest.* 2010;69:221–223.
33. Tzortzatos G, Sioutas A, Schedvins K. Successful pregnancy after treatment for ovarian malignant teratoma with growing teratoma syndrome. *Fertil Steril.* 2009;91:936e1–e3.
34. Hsieh TY, Cheng YM, Chang FM, et al. Growing teratoma syndrome: an Asian woman with immature teratoma of left ovary after chemotherapy. *Taiwan J Obstet Gynecol.* 2009;48:186–189.
35. Hariprasad R, Kumar L, Janga D, et al. Growing teratoma syndrome of ovary. *Int J Clin Oncol.* 2008;13:83–87.
36. Tangjittgamol S, Manusirivithaya S, Leelahakorn S, et al. The growing teratoma syndrome: a case report and a review of the literature. *Int J Gynecol Cancer.* 2006;16:384–390.
37. Dewdney S, Sokoloff M, Yamada SD. Conservative management of chylous ascites after removal of a symptomatic growing retroperitoneal teratoma. *Gynecol Oncol.* 2006;100:608–611.
38. Umekawa T, Tabata T, Tanida K, et al. Growing teratoma syndrome as an unusual cause of gliomatosis peritonei: a case report. *Gynecol Oncol.* 2005;99:761–763.
39. Rekha W, Amita M, Sudeep G, et al. Growing teratoma syndrome in germ cell tumour of the ovary: a case report. *Aust N Z J Obstet Gynaecol.* 2005;45:170–171.
40. Nimkin K, Gupta P, McCauley R, et al. The growing teratoma syndrome. *Pediatr Radiol.* 2004;34:259–262.
41. Inaoka T, Takahashi K, Yamada T. The growing teratoma syndrome secondary to immature teratoma of the ovary. *Eur Radiol.* 2003;13:2115–2118.
42. Itani Y, Kawa M, Toyoda S, et al. Growing teratoma syndrome after chemotherapy for a mixed germ cell tumor of the ovary. *J Obstet Gynaecol Res.* 2002;28:166–171.
43. David YB, Weiss A, Shechtman L, et al. Tumor chemoconversion following surgery, chemotherapy, and normalization of serum tumor markers in a woman with a mixed type germ cell ovarian tumor. *Gynecol Oncol.* 2002;84:464–467.
44. Geisler JP, Goulet R, Foster RS, et al. Growing teratoma syndrome after chemotherapy for germ cell tumors of the ovary. *Obstet Gynecol.* 1994;84:719–721.
45. Kattan J, Droz JP, Culine S, et al. The growing teratoma syndrome: a woman with nonseminomatous germ cell tumor of the ovary. *Gynecol Oncol.* 1993;49:395–399.
46. Jumeau HG, Komorowski R, Mahvi D, et al. Immature teratoma of the ovary—an unusual case. *Gynecol Oncol.* 1992;46:111–114.
47. Moskovic E, Jobling T, Fisher C, et al. Retroconversion of immature teratoma of the ovary: CT appearances. *Clin Radiol.* 1991;43:402–408.
48. Aronowitz J, Estrada R, Lynch R, et al. Retroconversion of malignant immature teratomas of the ovary after chemotherapy. *Gynecol Oncol.* 1983;16:414–421.